



# 21-Day Lockdown in India Dramatically Reduced Air Pollution Indices in Lucknow and New Delhi, India

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## Abstract

In December 2019, the outbreak of viral disease labeled as Novel Coronavirus started in Wuhan, China, which later came to be known as Covid-19. The disease has spread in almost every part of the world and has been declared a global pandemic in March 2020 by World Health Organization (WHO). The corona virus outbreak has emerged as one of the deadliest pandemics of all time in human history. The ongoing pandemic of COVID-19 has forced several countries of the world to observe complete lockdown forcing people to live in their homes. India also faced the phase of total lockdown for 21 days (in first phase) to avoid the spread of coronavirus to the maximum possible extent. This lockdown impacted the pollution levels of environment and improved air and water quality in the short span owing to very less human activities. The present work scientifically analyzed the available data for primary air pollutants (PM<sub>2.5</sub>, NO<sub>2</sub>, SO<sub>2</sub> and CO) from two major Indian cities, Lucknow and New Delhi. The analysis was based on air quality data for before lockdown and after lockdown (first phase of 21 days) periods of 21 days each. The results showed significant decline in the studied air pollution indices and demonstrated improvement of air quality in both the cities. The major impact was seen in the levels of PM<sub>2.5</sub>, NO<sub>2</sub> and CO. The levels of SO<sub>2</sub> showed less significant decline during the lockdown period. The results are presented with future perspectives to mitigate air pollution in near future by adopting the short and periodical lockdown as a tool.

**Keywords** Air pollution · Air quality · COVID-19 · Lockdown · PM2.5

Since the first case of coronavirus, named as COVID-19, in Wuhan, China (Zhu et al. 2020), COVID-19 became a pandemic in a short span of time. As on May 15, 2020 (2.00 am; Indian Standard Time; UTC + 05:30), total 4,258,666 coronavirus cases and 294,190 deaths of coronavirus patients

have been reported from 216 countries of the world (WHO 2020). India is hugely populated country with a population of 1.38 billion as of March, 2020, which is second most in the world (Ministry of Statistics and Programme Implementation 2020). The problem of huge population is worsened by the fact this population lives in a country, which is 7th largest in the world (Shabudeen 2011) entailing that the density of people residing in per square km area is high. Indian cities are hugely populated with New Delhi ranking 2nd most populated city in the world (World Urbanization Prospects 2020). Further, Indian healthcare system is also poor and lacks sophisticated facilities and specialized doctors especially in small towns and villages (Ramani and Mavalankar 2006; Banerjee et al. 2008). India, therefore, lies at huge risk from current pandemic of COVID-19. As a safety precautionary measure, Prime Minister of India, Shri Narendra Modi, took an extremely bold decision and declared 21 days complete lockdown in India from midnight of 24 March (25 March, 2020–14 April, 2020). Earlier, “Janta Curfew” (a sort of complete lockdown; maintained by the public for the public; Fig S1, S2) was performed on 22nd March, 2020 in

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India. Such a lockdown was enforced in China in Wuhan, China on 23rd January, 2020 and was lifted on 8th April, 2020 (total 76 days). This lockdown helped China to reduce the number of infections to close to zero.

During past 3 months, since coronavirus outbreak began, numerous studies have examined COVID-19 infection. A lot of research on the nature of its spread, the mechanisms of its transfer from human to human, the genome of COVID-19, the mechanisms of its infection in human cells and its effects on various tissues has been published (Chen et al. 2020; Guo et al. 2019; Baig et al. 2020; Gu et al. 2020; Driggin et al. 2020). It is apparent that the lockdown and consequent reduced mobility of people and industrial and almost all other human operations would have also impacted air pollution. In fact, several studies have been published during the last few weeks for Europe, China, Latin America (He et al. 2020; Ma et al. 2020; Wang et al. 2020; Nakada and Urban 2020). Indian lockdown is first such event locking almost 1.38 billion people in their homes and closing down almost all activities in such a large country. In India also, a few studies have shown the positive impact of the lockdown on air and water pollution (Sharma et al. 2020; Mahato et al. 2020; Gautam 2020). This article scientifically examines the impact of lockdown on air pollution indices in two major cities of India, New Delhi and Lucknow. New Delhi is the capital of India with an area of 1448 km<sup>2</sup> and total population of 21.8 million. Apart from this, seven other cities around New Delhi namely Noida, Ghaziabad, Karnal, Faridabad, Greater Noida, Meerut and Gurgaon make a huge cluster and contribute to human and industrial activities. Lucknow is the capital of Uttar Pradesh with an area of 349 km<sup>2</sup> and total population of 2.82 million. Both the cities are known to experience severe pollution load days during early winter for the past 2–3 years. During 05 November, 2019, the air quality index (AQI) in New Delhi and Lucknow ranged from 283–500 to 267–486, respectively, which was poor (Unhealthy) to severe as per National Air Quality Index (NAQI 2014) (Table S2). The present study analyzed air pollution indices for before and after lockdown periods (21 days each) for the two cities.

## Materials and Methods

Our present study used a comprehensive air quality data in two cities of India, Lucknow and New Delhi. Air quality data were collected from fourteen sites viz. Central School, Gomti Nagar, Lalbagh and Talkatora of Lucknow city and Anand Vihar, Bawana, CRRM Mathura Road, Dwarka-Sector 8, IGI Airport (T3), DU North Campus, Pusa, Rohini, Vivek Vihar and Wazirpur of Delhi city (Fig. 1). The main concern of the paper was to analyze the trend of concentration of PM<sub>2.5</sub>, SO<sub>2</sub>, NO<sub>2</sub> and CO at different sites for before

(01/02/2020 to 21/02/2020) and after lock down (25/03/2020 to 14/04/2020) periods of 21 days (first phase of lockdown in India). All the data were collected from National Air Quality Index, Central Pollution Control Board of India, website (CPCB 2020).

The air quality index (AQI) is defined as ratios of the measured concentration of the atmospheric pollutants to their standard prescribe values (Deep et al. 2019; Joshi and Mahadev 2011). Mathematically, the AQI can be evaluated by using following equation for primary pollutants, Eq. 1:

$$AQI = \frac{1}{3} \left[ \left( \frac{PM_{2.5}}{sPM_{2.5}} \right) + \left( \frac{SO_2}{sSO_2} \right) + \left( \frac{NO_2}{sNO_2} \right) \right] \times 100 \quad (1)$$

The sPM<sub>2.5</sub>, sSO<sub>2</sub>, sNO<sub>2</sub> are ambient air quality standards as given by the Central Pollution Control Board of India (CPCB) and PM<sub>2.5</sub>, SO<sub>2</sub> and NO<sub>2</sub> represent the actual observational values of pollutants (Punith and Nagarajappa 2017). The AQI was calculated by using mass concentration of these three primary pollutants (PM<sub>2.5</sub>, SO<sub>2</sub> and NO<sub>2</sub>) for all specified locations. The high AQI values represent a higher level of atmospheric pollutants at the monitoring site. According to Deep et al. (2019); Guttikunda et al. (2010) and NAQI (2014), the AQI scale can be divided into six different categories as per the range and associated health impacts (Table S2).

To understand the influence of long-range transportation of atmospheric pollutants at both monitoring zones, the air mass back trajectory analysis was also performed. The air mass back trajectory was extracted from National Oceanic and Atmospheric Administration (NOAA) Air Resources Laboratory (ARL) Hybrid Single-Particle Lagrangian Integrated Trajectory (HYSPLIT) model (Stein et al. 2015). The 5 days air mass back trajectories were calculated for local time 12:00 at the elevation of 800 m from mean sea levels (He et al. 2003; Rozwadowska et al. 2010) for both cities.

## Results and Discussion

The data of air quality parameters i.e. PM<sub>2.5</sub>, NO<sub>2</sub>, SO<sub>2</sub> and CO were taken for four locations of Lucknow and ten locations of New Delhi for before lockdown (01/02/2020 to 21/02/2020) and after lockdown (25/03/2020 to 14/04/2020) periods (Tables S1A, B). The level of PM<sub>2.5</sub> varied from avg 48–369 µg/m<sup>3</sup> in four locations of Lucknow before lockdown. On 25th March, 2020, PM<sub>2.5</sub> level was the lowest 105 µg/m<sup>3</sup> at Gomti Nagar and highest 217 µg/m<sup>3</sup> at Talkatora. On 30th March 2020, PM<sub>2.5</sub> levels declined to 58 and 76 µg/m<sup>3</sup>, respectively in these areas while to 54 and 222 µg/m<sup>3</sup>, respectively on 14th April, 2020 (Fig. 2a). In New Delhi, the PM<sub>2.5</sub> level ranged from 85 to 456 µg/m<sup>3</sup> during before lockdown period in different locations. On 25th March, 2020

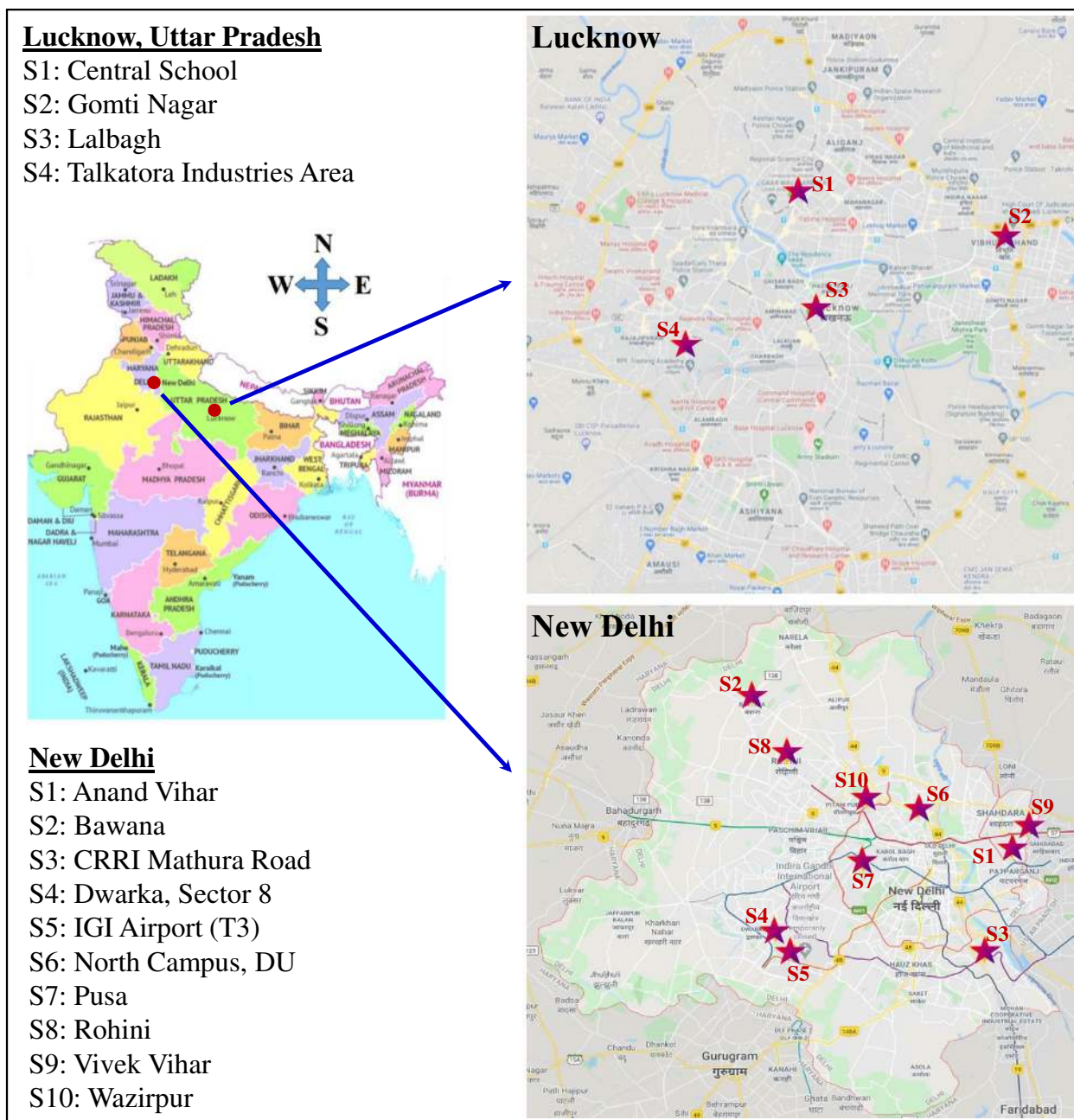


Fig. 1 Location of the study area in Lucknow (UP) and New Delhi, India

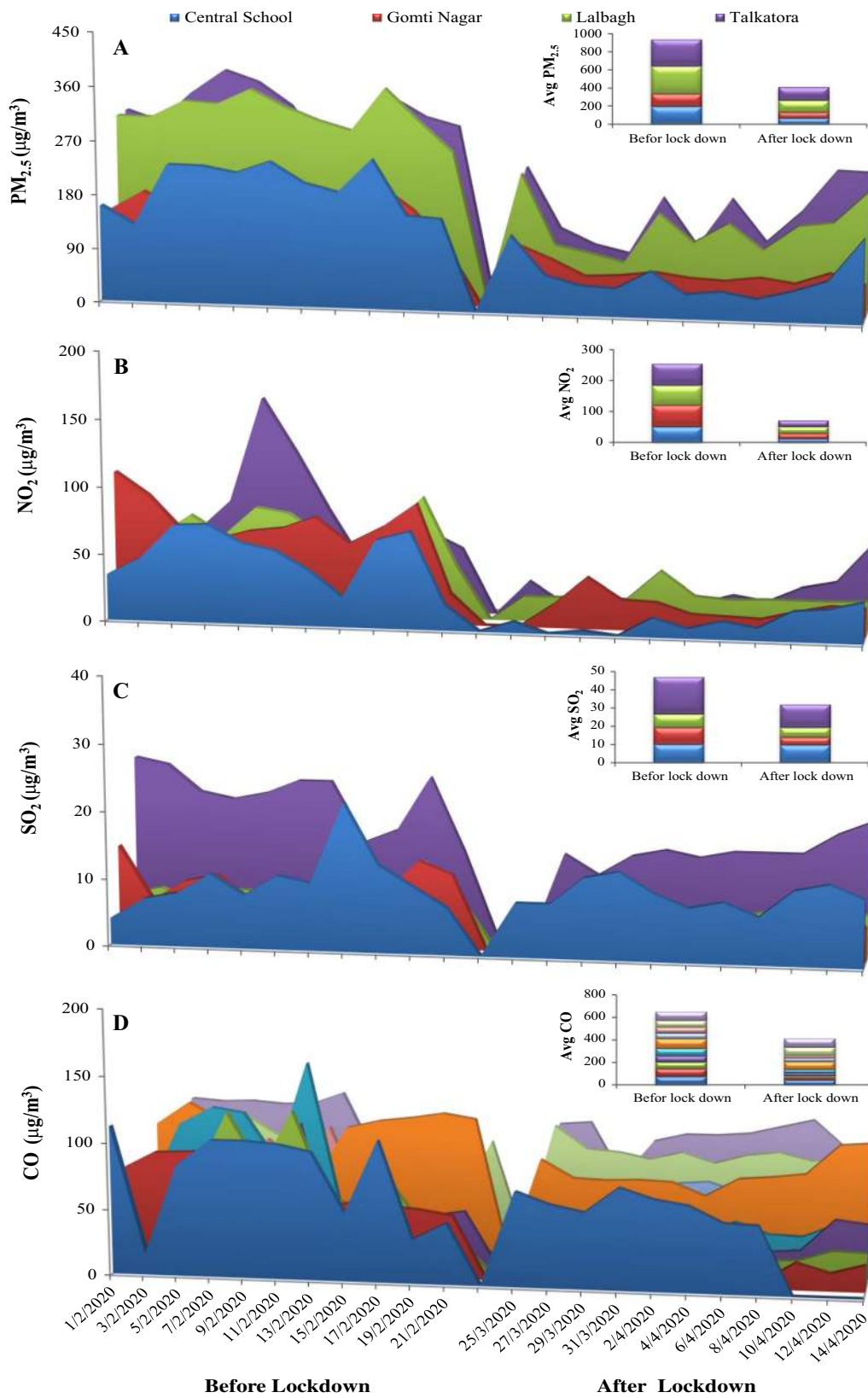
the range of PM<sub>2.5</sub> was 76 to 164 µg/m<sup>3</sup> and on 14th April, 2020, it was 47 to 204 µg/m<sup>3</sup> (Fig. 3a).

The range of NO<sub>2</sub> before and after lockdown period in Lucknow was 22–158 µg/m<sup>3</sup> and 3–59 µg/m<sup>3</sup>, respectively denoting a significant decline (Fig. 2b). In New Delhi also, before and after lockdown levels of NO<sub>2</sub> were significantly different. Before lockdown, NO<sub>2</sub> ranged from 4 to 158 µg/m<sup>3</sup> while after lockdown, it ranged from 9 to 112 µg/m<sup>3</sup>. The low value of 4 µg/m<sup>3</sup> in New Delhi before lockdown was from Indira Gandhi International Airport Terminal-3

(Fig. 3b). Thus, even before lockdown, some highly maintained and clean areas had low pollution levels. The levels of SO<sub>2</sub>, however, did not show much change before and after lockdown in both Lucknow and New Delhi (Figs. 2c, 3c). The level of CO showed decline from 20–199 µg/m<sup>3</sup> to 3–55 µg/m<sup>3</sup> in Lucknow while from 15–150 µg/m<sup>3</sup> to 5–98 µg/m<sup>3</sup> in New Delhi (Figs. 2d, 3d).

The average and median (Fig S3) values of all these four parameters were also calculated for both the cities for before and after lockdown period (21 days). The minimum





**Fig. 2 a–d** The effects of lockdown before and after  $PM_{2.5}$ ,  $NO_2$ ,  $SO_2$  and  $CO$  level at Lucknow city

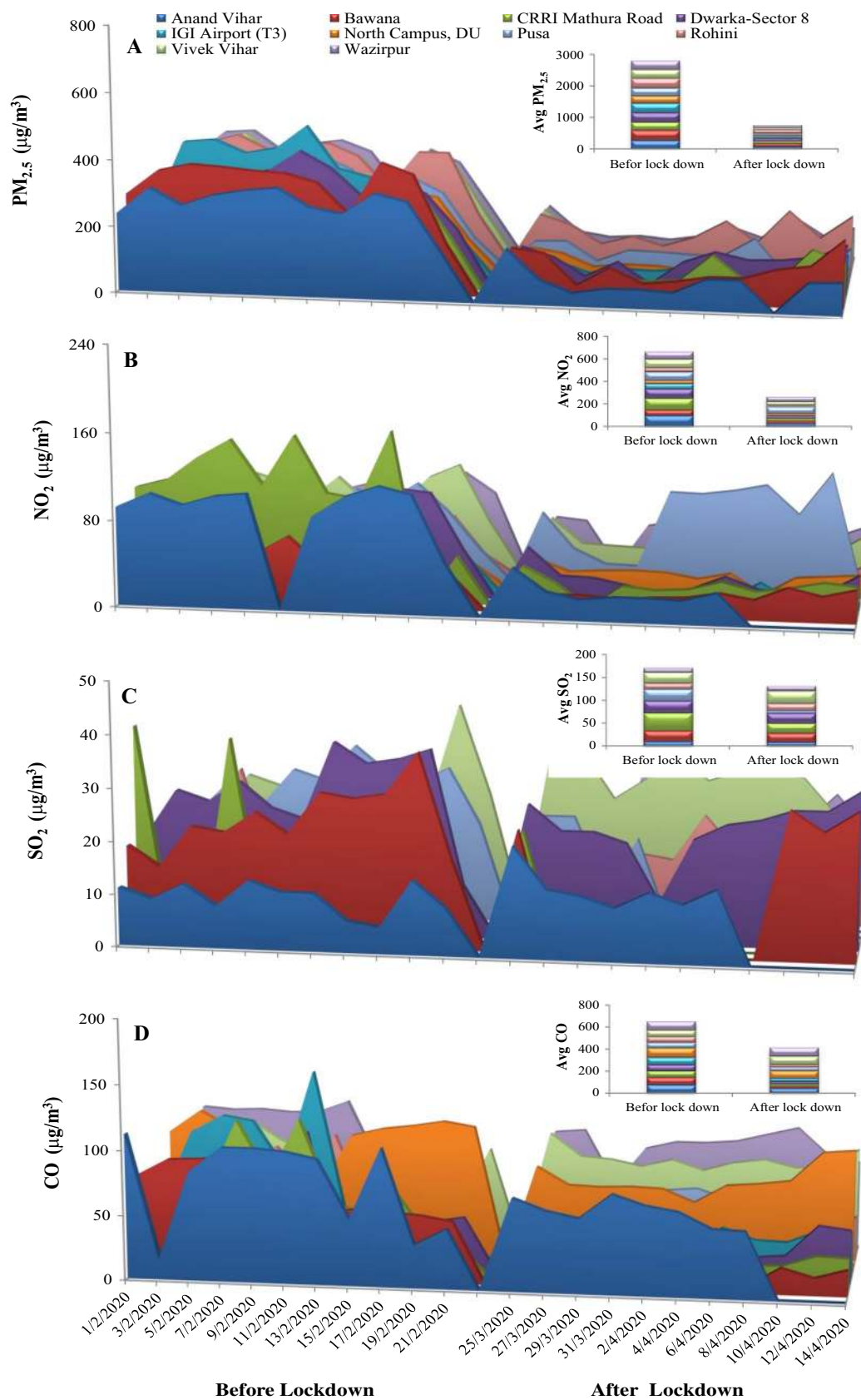


Fig. 3 a–d The effects of lockdown before and after  $\text{PM}_{2.5}$ ,  $\text{NO}_2$ ,  $\text{SO}_2$  and  $\text{CO}$  level at Lucknow and Delhi city

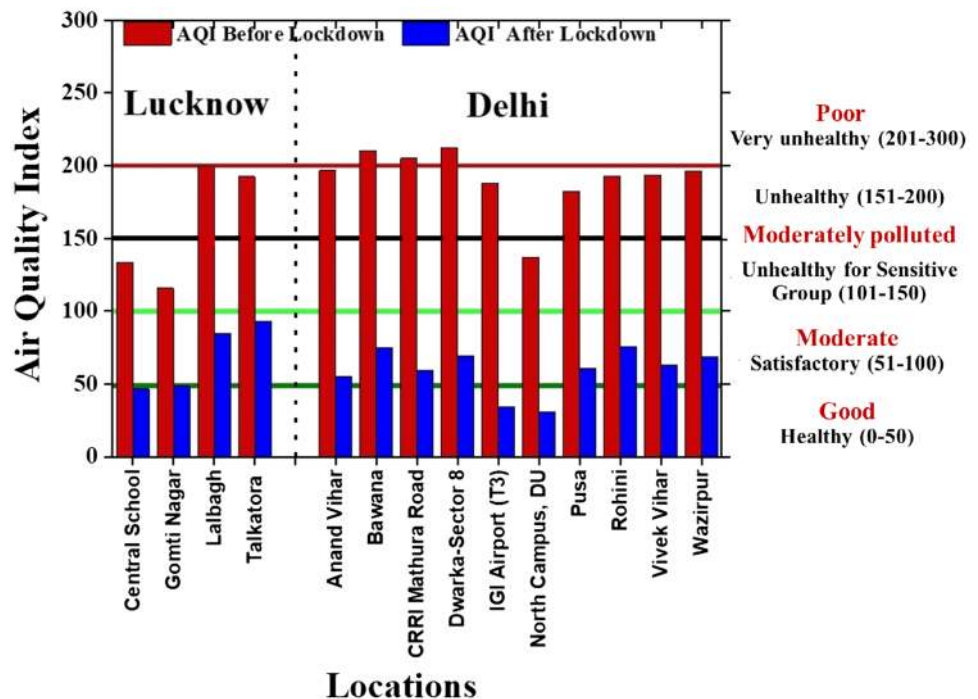
average value of  $PM_{2.5}$  was  $140.54 \mu\text{g}/\text{m}^3$  (Gomti Nagar) and  $65.09 \mu\text{g}/\text{m}^3$  (Gomti Nagar) before and after lockdown, respectively in Lucknow. For New Delhi, the minimum average values of  $PM_{2.5}$  were  $225.63 \mu\text{g}/\text{m}^3$  (North Campus, DU) and  $43.18 \mu\text{g}/\text{m}^3$  (North Campus, DU) before and after lockdown, respectively. In case of  $NO_2$  the average value was  $50.90 \mu\text{g}/\text{m}^3$  (before) and  $11.82 \mu\text{g}/\text{m}^3$  (after) in Central School, Lucknow and  $28.0 \mu\text{g}/\text{m}^3$  (North Campus DU) and  $4.36 \mu\text{g}/\text{m}^3$  (IGI Airport) in New Delhi before and after lockdown, respectively. The minimum average value of  $SO_2$  was found to be  $7.18 \mu\text{g}/\text{m}^3$  (Central School) and  $4.18 \mu\text{g}/\text{m}^3$  (Talkatora) in Lucknow before and after lockdown, respectively. The values of  $SO_2$  were  $9.90 \mu\text{g}/\text{m}^3$  (Anand Vihar) and  $6.0 \mu\text{g}/\text{m}^3$  (Pusa) in New Delhi before and after lockdown, respectively. In case of CO, the minimum average value was  $40.0 \mu\text{g}/\text{m}^3$  (Gomati Nagar) and  $35 \mu\text{g}/\text{m}^3$  (Gomti Nagar) in Lucknow and  $49.91 \mu\text{g}/\text{m}^3$  (Pusa) and  $17.18 \mu\text{g}/\text{m}^3$  (Bawana) in New Delhi before and after lockdown, respectively. These 21 days average values of all four major air contaminants for before and after lockdown periods clearly indicate the significant reduction in the concentration of primary air pollutants.

Hence, the trend analysis depicted a decline in air pollution indices in both the cities. However, some areas, like residential colonies, airport terminals and official localities, where the cleanliness is maintained in much better way and vehicular load is less, the pollution was found to be low even during normal phase. Hence, the minimum levels do not clearly indicate the extent of decline in overall pollution across the city during lockdown phase.  $PM_{2.5}$  are submicron

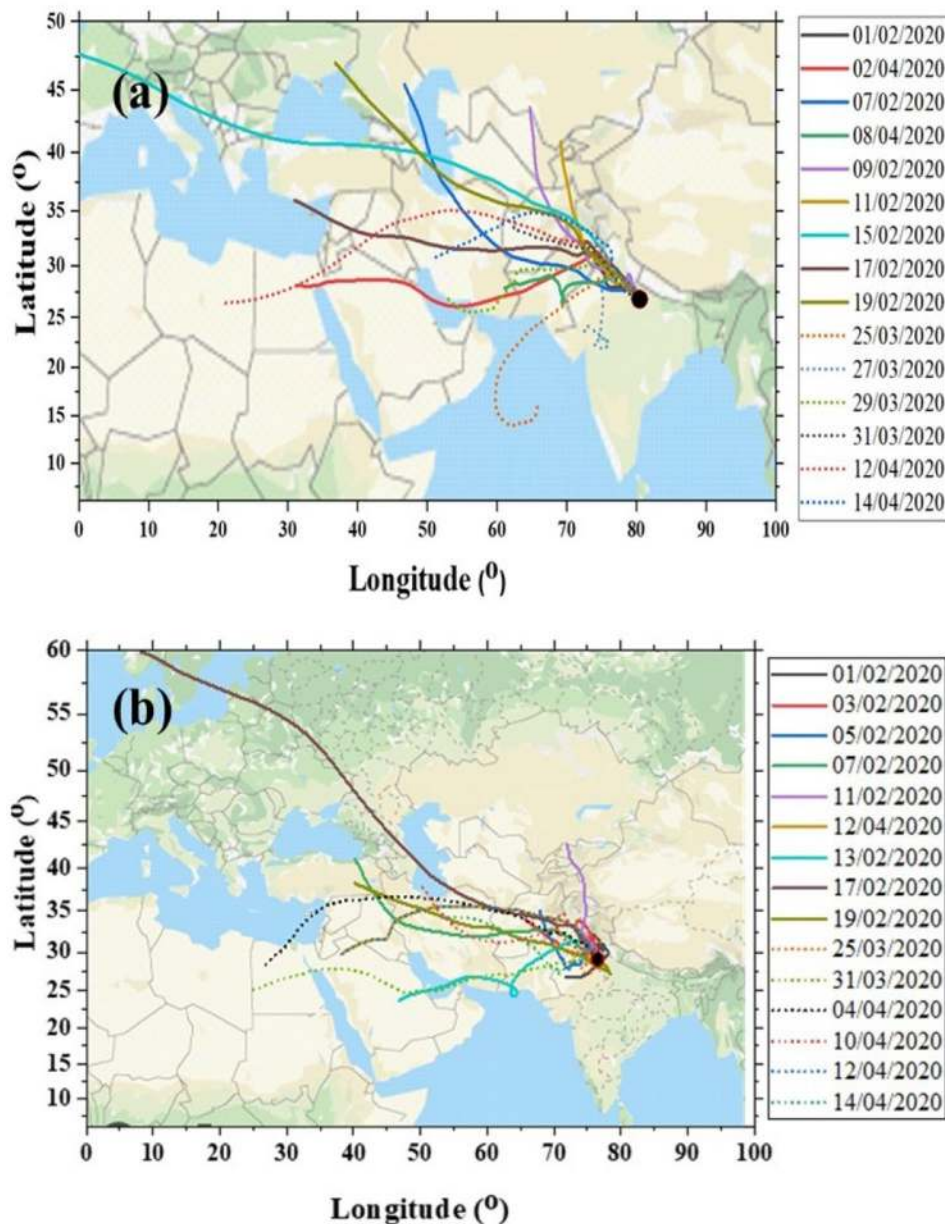
size particles, which affect health of people through congestion in lungs (Ma et al. 2017; Li et al. 2018).  $NO_2$ ,  $SO_2$  and CO affects human health severely and cause respiratory tract illness, asthma exacerbations and decreased lung function etc. (Harre et al. 1997; Oguntoke and Yussuf 2010). However, even after the decline, the level of  $PM_{2.5}$  remained higher than WHO recommended level of  $10 \mu\text{g}/\text{m}^3$  for the annual mean (WHO 2006). Same is true for other parameters, whose WHO safe limits are  $40 \mu\text{g}/\text{m}^3$  ( $NO_2$ ),  $20 \mu\text{g}/\text{m}^3$  ( $SO_2$ ) and  $25 \mu\text{g}/\text{m}^3$  (CO) for the annual mean. Nonetheless, such a significant decline in air quality is supposed to lead to improved health of people and avoid air pollution linked health problems and even deaths. He et al. (2020) in a similar study on lockdown induced air pollution effects in China indicated that improvement in air quality might avoid 24,000 to 36,000 premature deaths on a monthly basis. However, they suggested that if indoor air quality becomes toxic during lockdown, it might reduce the presumed benefits (He et al. 2020). The exact benefits of current air pollution decline would come to knowledge in due course of time. Presently, however, it is well clear that reduced human activities have created a much clear and clean air.

The AQI was also calculated for 14 locations for before and after lockdown in two cities (Fig. 4). The AQI of Lucknow was found to be in the range of 115.80 to 199.50 and remained in the unhealthy moderately polluted to poor range (AQI between 101 and 200) as described in the NAQI (Table S2). After the implication of lockdown, the AQI was significantly changed and was found to be in the range of 46.64 to 93.11 which falls in Good (0–50 at Central School

**Fig. 4** Air Quality Index in Lucknow and Delhi city (Before and After Lockdown). AQI were calculated using  $PM_{2.5}$ ,  $SO_2$  and  $NO_2$



**Fig. 5 a, b** Air mass back trajectory for Lucknow (a) and Delhi (b) The air trajectory before (solid line) and after lockdown (dotted line)



and Gomti Nagar) to satisfactory (51–100 Lalbagh and Talkatora) AQI range.

In New Delhi, the AQI was found to be poor at Bawana, CRRM Mathura Road and Dwarka-sector 8, as well as at some other monitoring site such as Anand Vihar, IGI airport (T3), North Campus Delhi University (DU), Pusa, Rohini, VivekVihar and Wazipur with the values (137–210) being in moderately polluted to poor AQI range (101 to 200) before the implication of lockdown. However, a dramatic reduction was observed in the AQI at all ten monitoring sites over Delhi with AQI range of 31.07 to 75.50 after lockdown. Thus, AQI values after lockdown fell in the range of good to satisfactory. The drastic change observed AQI values were mainly due to cut down in local anthropogenic

emission sources such as industrial units, vehicular movements, transportation, and construction work, etc.

To understand the influence of long-range transportation of atmospheric pollutants at both monitoring zones, the air mass back trajectory analysis was also performed. Air mass trajectories for four locations in Lucknow and ten locations in Delhi were very close to each other and so locations were considered as a single location in both cities. The mass concentration of  $PM_{2.5}$ ,  $SO_2$ ,  $NO_2$  and CO showed significant fluctuation during before lockdown and after lockdown periods (Fig. 5a, b). The air mass travelled from European, African, and Gulf countries as well Afghanistan, Tajikistan, Western Pakistan via Rajasthan, Punjab to Delhi and then to Lucknow during both events. However, few trajectories



also originated from the Arabian Sea and the Gujrat state of India in case of Lucknow. In New Delhi, significant contribution was also noticed from local emission entities located in National Capital Region (NCR). So the air quality in both cities was dominantly influenced by long-range transportation, which also contributed to variation in the pollutant load. Air back mass trajectory has been well documented and examined by Tiwari et al. (2016) and Yerramsetti et al. (2013) for ambient air of Delhi and Lucknow, respectively.

In conclusion, results of the present study indicate a sharp decline in overall air quality indexes and in the concentration of primary air pollutants. The study needs to be extended to analysis of secondary air pollutants, such as ozone, also. However, such a lockdown cannot be planned in normal conditions in such a huge country and therefore it cannot be considered as a permanent solution. Nevertheless, taking lessons from the present lockdown and emerging and foreseen environmental scenarios, we propose following prospective measures that can be adopted in future to mitigate air pollution.

1. In every 3 to 6 months, a short 3 to 5 days complete/partial lockdown can be practiced to mitigate environmental pollution especially air pollution. During such a lockdown, people should be encouraged to have regular walk and jogging in nearby areas without vehicular use. In this way, people would not only avoid continuous indoor air and mental stress of lockdown but would also enjoy outside clean air.
2. Weekly or fortnightly, one “no vehicle day” can be practiced.

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## Compliance with Ethical Standards

**Conflict of interest** The authors declare that they have no conflict of interest.

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