



⁷⁷Se-Enriched Selenoglycoside Enables Significant Enhancement in NMR Spectroscopic Monitoring of Glycan–Protein Interactions

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Abstract: Detailed investigation of ligand–protein interactions is essential for better understanding of biological processes at the molecular level. Among these binding interactions, the recognition of glycans by lectins is of particular importance in several diseases, such as cancer; therefore, inhibition of glycan-lectin/galectin interactions represents a promising perspective towards developing therapeutics controlling cancer development. The recent introduction of ⁷⁷Se NMR spectroscopy for monitoring the binding of a selenoglycoside to galectins prompted interest to optimize the sensitivity by increasing the ⁷⁷Se content from the natural 7.63% abundance to 99%. Here, we report a convenient synthesis of ⁷⁷Se-enriched selenodigalactoside (SeDG), which is a potent ligand of the medically relevant human galectin-3 protein, and proof of the expected sensitivity gain in 2D ¹H, ⁷⁷Se correlation NMR experiments. Our work opens perspectives for adding isotopically enriched selenoglycans for rapid monitoring of lectin-binding of selenated as well as non-selenated ligands and for ligand screening in competition experiments.

Keywords: ⁷⁷Se isotope; chemical synthesis; glycan; HSQMBC; lectin; ligand–protein binding; NMR spectroscopy; selenodigalactoside; TDG

1. Introduction

Mounting awareness in recent decades has highlighted the importance of molecular events in how lectins, a class of carbohydrate-binding proteins, recognize cell surface glycans [1]. Lectin–glycan interactions are involved in cellular processes such as adhesion, intercellular communication, growth and differentiation, cell cycle, and apoptosis. As a result, lectin-mediated processes are implicated in wide range of diseases such as cancer, inflammation and fibrosis, heart disease, and stroke [2–7]. Galectins, Gal-1, -3, -7, and -9 in particular, have been implicated in multiple ways in malignant cell proliferation processes [4,5,7,8]. Inhibition of glycan–galectin interactions thus offers a promising perspective towards developing therapeutics influencing these processes. Research on small-molecule- or multivalent glycomimetics as lectin inhibitors is especially worth mentioning in this aspect [9–11].

Several analytical techniques (surface plasmon resonance—SPR, isothermal titration calorimetry—ITC, nuclear magnetic resonance—NMR, or X-ray crystallography) are available to investigate these interactions. Among these methods, NMR spectroscopy stands out as it allows studying protein–glycan interactions in solution, i.e., close to physiological conditions at the molecular level [12,13]. Observation of NMR signals of the ligand molecules binding to protein receptors is one of the most powerful approaches to gain insight into



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Copyright: © 2022 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https:// creativecommons.org/licenses/by/ 4.0/). structural and dynamic aspects of these interactions [14,15]. NMR spectroscopy is plagued, however, with sensitivity issues, representing a double challenge because of low concentrations and typically weak interactions. Signal overlap is another problem to be dealt with, especially with carbohydrate ligands typically having narrow 1 H chemical shift ranges with consequent serious overlaps in the spectra [16]. Spectral overcrowding quickly becomes unmanageable with oligosaccharide ligands or with carbohydrate mixtures, such as in studies of potential competition with different ligands. ¹³C- or ¹⁵N-based NMR approaches are much less affected by spectral overlap, but suffer even more from low sensitivity at natural abundance of these NMR-active isotopes even in sensitivity-enhanced ¹H-detected versions. A continuous methodological challenge in NMR-spectroscopical monitoring is to expand the range of techniques and, here, the introduction of distinct NMR sensors beyond the commonly used ¹H, ¹³C, and ¹⁵N isotopes comes into play. Application of ¹⁹F as a reporter nucleus has been proposed as an alternative, combining high sensitivity (0.83%) compared with that of ¹H) with superior selectivity owing to a large chemical shift range, as well as specific labeling used to introduce this label just to a few predefined positions of the molecule of interest (typically substituting OH for F) [17–20]. It is to be noted, however, that fluorinated derivatives are chemically distinct from their natural counterparts; still, very often, they turn out to be good mimics of the parent molecules in terms of structure and binding properties.

The success of the ¹⁹F-approach prompted us to look for a further isotope to be introduced as an NMR reporter into lectin–oligosaccharide interaction analysis. Inspired by the discovery that thiodigalactoside (TDG) is a potent ligand for adhesion/growthregulatory galactose-binding lectins [21-23], we have tested selenodigalactoside (SeDG) as a binding partner and its ⁷⁷Se isotope as an NMR-spectroscopical sensor. As we have detected rather equal affinities of TDG and SeDG to human galectins-1 and -3 (Gal-1/-3) [24], we initiated ⁷⁷Se NMR-based monitoring of SeDG binding to these lectins [25,26]. ⁷⁷Se is a spin- $\frac{1}{2}$ NMR isotope with broad chemical shift range (ca. 3000 ppm), which makes it promising as a selective probe [25,27–29]. Direct ⁷⁷Se NMR detection [30,31] is, however, unfavorable owing to the low natural abundance (7.63%) and decreased sensitivity (0.7 of ¹H) of this nucleus. To improve sensitivity, we proposed a 2D¹H-⁷⁷Se HSQMBC (heteronuclear single quantum multiple-bond correlation) experiment via indirect ⁷⁷Se detection using CPMG-INEPT (Carr-Purcell-Meiboom-Gill insensitive nuclei enhanced by polarization transfer) out-and-back ${}^{1}H \rightarrow {}^{77}Se \rightarrow {}^{1}H$ polarization transfer. Theoretically, this approach can yield up to 60-fold $((\gamma_{\rm H}/\gamma_{\rm Se})^{2.5})$ sensitivity enhancement, but, owing to competing relaxation and other transfer processes, a sensitivity gain about 20 can be realized in practice [25,28,32].

A next step toward optimizing ⁷⁷Se sensor capacity is to prepare the lectin ligand as an isotopically enriched probe, that is, bringing isotope representation from the natural 7.63% abundance to close to 100%. To exploit this attractive potential, we provide an example by the synthesis of a sample of di(β -D-galactopyranosyl)selenide enriched to 99% in ⁷⁷Se isotope ([⁷⁷Se]DGal). Exploratory experiments reported here with this ⁷⁷Se enriched material indeed confirmed our expectations for a spectacular increase in NMR detection sensitivity. We will furthermore demonstrate that combining our advanced ¹H-⁷⁷Se HSQMBC NMR method with ⁷⁷Se enrichment enables rapid monitoring of lectin-binding of selenated as well as non-selenated ligands and high-throughput screening in competition experiments.

2. Materials and Methods

2.1. Synthetic Procedures

2.1.1. ⁷⁷Se-Enriched Di(2,3,4,6-tetra-O-acetyl-β-D-galactopyranosyl)selenide (2)

An ethanolic solution of NaH⁷⁷Se was prepared following a procedure described by Klayman and Griffin [33]. In a flame-dried flask, isotopically enriched (99%) 77-selenium powder (Laboratory Standards Kft. Budapest, Hungary, lot no. SELM-2445-PK) (50 mg, 0.65 mmol) was stirred in dry ethanol (5 mL) under argon atmosphere (Note). After cooling in an ice bath, sodium borohydride (50 mg, 1.3 mmol) was added and stirring continued

until the selenium was dissolved and gas evolution subsided (ca. 5 min). To this clear solution, 1-Br-2,3,4,6-tetra-O-acetyl- α -D-galactopyranose (1, 520 mg, 1.3 mmol) dissolved in dry methyl cyanide (2 mL) was added and stirring continued at room temperature until TLC (hexane/EtOAc 1:1) indicated consumption of 1 (2 h). The reaction mixture was evaporated under reduced pressure, the syrupy residue dissolved in dichloromethane, it extracted with water twice, the organic phase dried (MgSO₄), and the solvent was removed in vacuo to yield 2 as a pale-yellow solid at 323 mg (69%). According to its ¹H NMR spectrum, this product was judged to be sufficiently pure, apart from some residual signals from ethanol (1.23/3.70 ppm, see Figure S1, bottom), to be deacetylated in the next step (2.1.2). [α]_D²²—5.2 (c 0.2 CHCl₃); ¹H NMR (CDCl₃, 500 MHz): δ (ppm) 5.46 (br.d, 1H, H-4, J_{3.4} 3.0 Hz); 5.30 (t, 1H, H-2, J_{1.2} = J_{2.3} 10.3 Hz); 5.06 (d, 1H, H-1); 5.05 (br.d, 1H, H-3); 4.17 (dd, 1H, H-6a, J_{6a,6b} 11.2 Hz, J_{5,6a} 6.7 Hz); 4.12 (dd, 1H, H-6b, J_{5,6b} 6.5 Hz); 3.90 (m, 1H, H-5); 1.99; 2.05; 2.06; 2.17 (12H, 4 CH₃(CO)); ¹³C NMR (CDCl₃, 125 MHz): δ (ppm) 169.7; 169.9; 170.1; 170.3 (4 CH₃(CO)); 77.0 (C-1, ¹J_{Se,C1} 88.7 Hz); 75.8 (C-5); 71.6 (C-3, ³J_{Se,C3} 5.4 Hz); 68.1 (C-2, ²J_{Se,C2} 16.2 Hz); 67.2 (C-4); 61.6 (C-6); 20.74, 20.65(2x), 20.74 (4xCH₃(CO)); HRMS: calc. for $C_{28}H_{38}O_{18}^{77}$ Se: [M + Na]⁺:762.116, found: 762.115.

2.1.2. ⁷⁷Se-Enriched Di(β -D-galactopyranosyl)selenide (3)

To a solution of ⁷⁷Se-enriched di(2,3,4,6-tetra-*O*-acetyl-β-D-galactopyranosyl)selenide (**2**) (180 mg) in dry methanol (50 mL), a 25% solution of sodium methoxide in methanol (0.06 mL) was added. After 15 min at room temperature, 0.5 g of Amberlist[®] 15H ion exchange resin was added, the resin filtered off after 5 min of stirring, and the filtrate evaporated to dryness under reduced pressure. Recrystallization from methanol furnished 94 mg of white solid (96%). ¹H NMR (Figure S2) and ¹³C NMR (Figure S3) spectra of this product (**3**) are provided in the Supplementary Material. $[\alpha]_D^{22}$ —30.9 (c 0.2 H₂O); ¹H NMR (DMSO-*d*₆, 500 MHz): δ (ppm) 4.78 (dd, 1H, H-1, *J*_{1,2} 9.8 Hz, ²*J*_{H2,Se} 6.1 Hz); 3.70 (m, 1H, H-4); 3.45–3.53 overlapping signals (3H, H-2, H-6a, H-6b); 3.32 (m, 1H, H-5); 3.28 (m, 1H, H-3); ¹³C NMR (DMSO-*d*₆, 125 MHz): δ (ppm) 80.4 (C-5); 79.8 (C-1, ¹*J*_{Se,C1} 80.4 Hz); 74.6 (C-3, ³*J*_{Se,C3} 4.6 Hz); 71.0 (C-2, ²*J*_{Se,C2} 12.8 Hz); 68.4 (C-4); 60.4 (C-6); HRMS: calc. for C₁₂H₂₂O₁₀⁷⁷Se [M + Na]⁺: 426.030, found: 426.032.

Note: Exclusion of traces of water and of oxygen is important to avoid losses of selenium via formation of hydrogen selenide and/or oxidation. Any hydrogen selenide (which is very poisonous) that might have formed was trapped by passing it into a 5% aqueous solution of lead acetate.

2.2. Sample Preparation for NMR Measurements

For ⁷⁷Se-NMR-based monitoring of ligand binding to *h*Gal-3, 10 μ L of a 120 mM [⁷⁷Se]DGal ligand stock solution (in a 10 mM phosphate buffer in D₂O, pH 7.4, containing 0.5 M NaCl) and 590 μ l 10 mM phosphate buffer in D₂O, pH 7.4, containing 0.5 M NaCl) were pipetted into a 5 mm NMR tube to obtain a 2.0 mM final concentration of [⁷⁷Se]DGal ligand. In a second step, *h*Gal-3 protein was added as lyophilized powder to reach a *h*Gal-3/[⁷⁷Se]DGal ratio of 0.0145:1 (c_{hGal-3} = 29 μ M) in the NMR tube. This sample was used for binding studies with the ¹H-⁷⁷Se CPMG-HSQMBC experiment. Thiodigalactoside (TDG) was added as a solid material (0.43 mg) to the previous sample, resulting in a *h*Gal-3/[⁷⁷Se]DGal/TDG ratio of 0.0145:1:1 (29 μ M/2 mM/2 mM) in the NMR sample measured in the third step of the ¹H-⁷⁷Se CPMG-HSQMBC binding experiments. ¹H NMR spectra obtained on samples of each step of binding experiments can be seen in Figure S4. It is noteworthy that the protein–ligand concentration ratio in these NMR experiments should always be optimized in accordance with the pertinent binding affinity of the system being studied.

2.3. NMR Measurements

¹H-⁷⁷Se CPMG-HSQMBC NMR experiments were performed on a Bruker Avance I spectrometer (Bruker BioSpin GmbH, Rheinstetten, Germany) operating at 400 MHz ¹H frequency equipped with a BBI z-gradient probe. All experiments were carried out at 303 K, and NMR data were processed with TopSpin 2.1 or 3.5 (Bruker Biospin GmbH, Karlsruhe, Germany).

¹H-⁷⁷Se correlation spectra were measured by the refocused 2D ¹H-⁷⁷Se CPMG-HSQMBC pulse sequence with ⁷⁷Se decoupling [25]. Simultaneous composite π pulses on the ¹H and ⁷⁷Se channels were applied with an equal duration of 90° pulses (18 μ s) achieved with careful adjustment of power levels. The CPMG-INEPT delay Δ for longrange heteronuclear coupling evolution was adjusted to 45.1 ms. For ⁷⁷Se CPD decoupling during FID acquisition (183 ms), the WALTZ16 scheme with a 90° pulse length of 400 μ s was used. 2D ¹H-⁷⁷Se CPMG-HSQMBC spectra were recorded for sensitivity comparison on [⁷⁷Se]DGal and SeDGal samples, with 1024 total data points in the ¹H (t_2) dimension and 32 total points in the 77 Se (t_1) dimension, using spectral windows of 6.99 ppm (2796 Hz) for ¹H and 6.00 ppm (458 Hz) for ⁷⁷Se. On [⁷⁷Se]DGal sample, 8 scans per t_1 increment were accumulated; in contrast, 360 scans per t_1 increment were used for SeDGal sample. The polarization recovery delay between consecutive scans, d1, was set to 1.7 s. In binding experiments, each 2D 1H-77Se CPMG-HSQMBC spectrum was recorded with 1024 total data points in the ¹H (t_2) dimension and 2 total points in the ⁷⁷Se (t_1) dimension, using spectral windows of 6.99 ppm (2796 Hz) for ¹H and 6.00 ppm (458 Hz) for ⁷⁷Se. 32 scans per t₁ increment were accumulated and the polarization recovery delay between consecutive scans, d1, was set to 1.7 s.

3. Results and Discussion

3.1. Synthesis of ⁷⁷Se-Enriched Di(β-D-galactopyranosyl)selenide, [⁷⁷Se]DGal

Preparation of this compound was based on the reaction of 1-Br-2,3,4,6-tetra-*O*-acetyl- α -D-galactopyranose (1) with NaH⁷⁷Se, with the latter obtained by NaBH₄ reduction of elemental selenium [33] 99% enriched in ⁷⁷Se isotope. Reaction of (1) with NaH⁷⁷Se furnished ⁷⁷Se-enriched octa-*O*-acetyl-di(β -D-galactopyranosyl)selenide (2), which gave the desired product, ⁷⁷Se-enriched selenodigalactoside ([⁷⁷Se]DGal 3), upon Zemplén deacetylation (Scheme 1). This two-step synthesis was carried out with a good overall yield; further details of the reactions are given in Section 2.

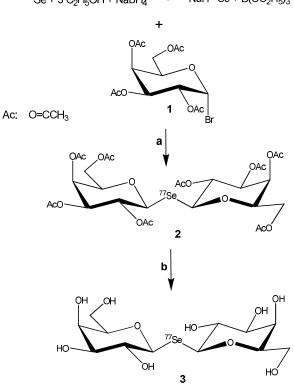
3.2. NMR Experiments

As mentioned in the introduction, we have recently proposed a 2D ¹H-⁷⁷Se heteronuclear correlation experiment to enhance the detection sensitivity of ⁷⁷Se NMR by replacing direct NMR observation on ⁷⁷Se for indirect observation on ¹H nuclei [25,26]. Our 2D ¹H-⁷⁷Se CPMG-HSQMBC pulse sequence is based on out-and-back ¹H \rightarrow ⁷⁷Se \rightarrow ¹H polarization transfer via ^{2,3}*J*(¹H,⁷⁷Se) long-range couplings. CPMG-INEPT long-range transfer eliminates signal phase modulation and significantly reduces intensity losses from co-evolving *J*(¹H, ¹H) couplings. Furthermore, it can suppress line broadening from chemical exchange, ensuring maximum detection sensitivity and clean signal phases, as was described earlier [25,26,32].

The sensitivity gain using 99% ⁷⁷Se-enriched SeDGal ([⁷⁷Se]DGal) versus the nonenriched specimen (SeDGal) was checked via comparative 2D ¹H-⁷⁷Se CPMG-HSQMBC experiments. Figure 1 shows two sets of data corresponding to [⁷⁷Se]DGal (A) and SeDGal (C), respectively, in terms of signal to noise (S/N) ratios and times of data acquisition (Acq) for samples of equal concentrations. The overall sensitivity improvement calculated from the experimental data in Figure 1 is 13.21 in terms of unit acquisition time (Equation (1)):

$$[S/N(A)/S/N(C)] * [(Acq(C)/Acq(A)]^{0.5} = (192.6/58.6) * (210/13)^{0.5} = 13.21$$
(1)

This figure compares well with the theoretical value of 12.98 based on isotopic abundances [(99.0/7.63)]. Conversion of this ratio into overall NMR experimental times results in a remarkable ~170-fold [(12.98)²] reduction in favor of the enriched specimen for samples of equal concentrations.



Reagents and conditions: a) dry EtOH/MeCN, Ar atmosphere, r.t., 2 h; b) NaOCH $_3$, MeOH, r.t.,10 min

Scheme 1. Synthesis of ⁷⁷Se-enriched selenodigalactoside ([⁷⁷Se]DGal, 3).

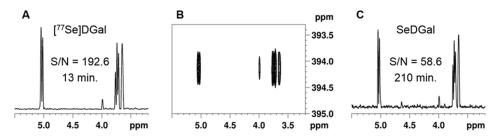


Figure 1. Comparison of signal-to-noise (S/N) ratios of 2D ¹H-⁷⁷Se CPMG-HSQMBC spectra obtained on [⁷⁷Se]DGal and SeDGal samples of 2 mM each. (**A**) ¹H (*F*2) projection of 2D ¹H-⁷⁷Se correlation spectrum of [⁷⁷Se]DGal recorded in 13 min, resulting in an S/N = 192.6; (**B**) representative 2D ¹H-⁷⁷Se correlation spectrum of [⁷⁷Se]DGal; and (**C**) ¹H (*F*2) projection of 2D ¹H-⁷⁷Se correlation spectrum of nonenriched SeDGal recorded in 3.5 h, resulting in an S/N = 58.6.

To demonstrate the usefulness of ⁷⁷Se-enriched ligand in binding experiments, Figure 2A shows the 1D cross section from a 3-minute 2D ¹H-⁷⁷Se CPMG-HSQMBC experiment of [⁷⁷Se]DGal (2 mM). This spectrum conveys the reference (100%) signal intensity. It is noteworthy that the S/N ratio is more than adequate in this 3-minute spectrum, leaving room to reduce the concentration of the ligand (and, consequently, that of the protein) in these experiments. The addition of human galectin-3 (*h*Gal-3, 29 μ M) to this sample resulted in a decrease in signal intensity (from 100% to 76%, Figure 2B) by line broadening, which indicated binding of the ligand to the protein [25]. The line broadening in Figure 2B was then partially reversed (from 76% to 86%, Figure 2C) with the introduction of thiodigalactoside (TDG, 2 mM) to the sample. This phenomenon is a consequence of reduced relaxation enhancement of [⁷⁷Se]DGal resonances via competition between the

⁷⁷Se + 3 C₂H₅OH + NaBH₄ → NaH⁷⁷Se + B(OC₂H₅)₃ + 3H₂

two ligands (TDG and SeDGal) for the same recognition site on *h*Gal-3, as explained earlier [25]. It also illustrates that [⁷⁷Se]DGal can be used via its competitive displacement to indirectly monitor the binding of even non-selenated compounds to *h*Gal-3 (or any other target proteins) by our sensitivity-optimized ¹H-⁷⁷Se CPMG-HSQMBC method.

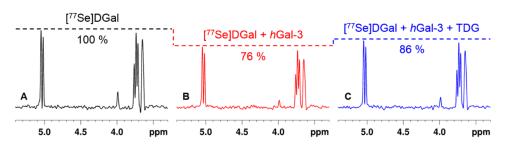


Figure 2. ⁷⁷Se-enriched selenodigalactoside ([⁷⁷Se]DGal) binding to *h*Gal-3 and its competitive displacement by thio-di-galactoside (TDG) monitored with the ¹H-⁷⁷Se CPMG-HSQMBC method. 1D ¹H (*F2*) cross sections of 2D ¹H-⁷⁷Se CPMG-HSQMBC experiments (3 min each) performed on samples of (**A**) [⁷⁷Se]DGal (2 mM) in the absence of *h*Gal-3; (**B**) [⁷⁷Se]DGal (2 mM) and *h*Gal-3 (29 μ M, i.e., molar ratio = 1:0.0145); and (**C**) [⁷⁷Se]DGal (2 mM), TDG (2 mM), and *h*Gal-3 (29 μ M, i.e., molar ratio = 1:1:0.0145). Each spectrum was measured and plotted with identical parameters. At the top of the spectra, dashed lines indicate the overall intensity change of correlation signals of [⁷⁷Se]DGal. In the presence of *h*Gal-3 (**B**), the signal intensity decreased compared with that of free [⁷⁷Se]DGal in (**A**). The addition of TDG causes a rebound of the attenuated [⁷⁷Se]DGal signals (**C**), indicating its competitive displacement by TDG.

In sum, we have demonstrated that the enhanced detection sensitivity inherent in our original ¹H-⁷⁷Se CPMG-HSQMBC sequence receives a further significant boost by using ⁷⁷Se-enriched ligands, such as [⁷⁷Se]DGal, described in this article. The illustrated straightforward introduction of ⁷⁷Se into the glycosidic bond opens wide applicability of ⁷⁷Se-enriched selenoglycosides for biomedically relevant tissue lectins and beyond. In terms of NMR experimental time, this enhancement allows to obtain data in much less time (a factor of about $170 (12.98^2)$ between solutions of identical concentrations), and this gain is further documented by the results of a ligand competition experiment. The significant sensitivity gain offered by ⁷⁷Se-enrichment, such as in [⁷⁷Se]DGal, enables, furthermore, a fast and specific detection approach for screening the binding of non-selenated ligands as well to hGal-3. The combined sensitivity advantage of this approach will likely aid NMR to become competitive for binding/screening studies at low concentrations nearing physiological/cellular levels with selenated and non-selenated ligands too. Our present study is a first step toward allowing ⁷⁷Se-enriched selenoglycosides to become versatile tools in interaction analysis by NMR spectroscopy, and inspires new approaches to combine it with synthetic carbohydrate chemistry, as illustrated herein. The current work opens perspectives for using isotopically enriched selenoglycans alone or in combination of ⁷⁷Se with ²D, ¹³C, ¹⁵N, ¹⁹F, and/or ³¹P for analyzing the structure and dynamics of ligand binding to proteins by taking advantage of different NMR time scales offered by distinct NMR frequencies of the individual isotopes. Therefore, our method has the potential to support drug development through the rapid and detailed investigation of glycanlectin interactions.

Supplementary Materials: The following are available online at https://www.mdpi.com/article/ 10.3390/pharmaceutics14010201/s1, Figure S1: 500 MHz ¹H NMR spectrum of di(2,3,4,6-tetra-*O*-acetyl- β -D-galactopyranosyl)selenide (**2**) (99% ⁷⁷Se-enriched, bottom), compared with the spectrum of the same compound with ⁷⁷Se in natural abundance (top) in CDCl₃; Figure S2: 500 MHz ¹H NMR spectrum of [⁷⁷Se]DG, **3** (99% ⁷⁷Se-enriched, bottom), compared with the spectrum of SeDG (⁷⁷Se in natural abundance, top) in D₂O; Figure S3: 125 MHz ¹³C NMR spectrum of [⁷⁷Se]DG, **3** (99% ⁷⁷Se-enriched, bottom), compared with the spectrum of SeDG (⁷⁷Se) DG, **3** (99% ⁷⁷Se-enriched, bottom), compared with the spectrum of [⁷⁷Se]DG, **3** (99% ⁷⁷Se-enriched, bottom), compared with the spectrum of [⁷⁷Se]DG, **3** (99% ⁷⁷Se-enriched, bottom), compared with the spectrum of [⁷⁷Se]DG, **3** (99% ⁷⁷Se-enriched, bottom), compared with the spectrum of [⁷⁷Se]DG, **3** (99% ⁷⁷Se-enriched, bottom), compared with the spectrum of [⁷⁷Se]DG, **3** (99% ⁷⁷Se-enriched, bottom), compared with the spectrum of [⁷⁷Se]DG, **3** (99% ⁷⁷Se-enriched, bottom), compared with the spectrum of SeDG (⁷⁷Se in natural abundance, top) in DMSO-*d*₆; Figure S4: 400 MHz ¹H NMR spectra obtained on samples of [⁷⁷Se]DGal (2 mM) in the absence of *h*Gal-3 (bottom, blue), [⁷⁷Se]DGal (2 mM), and *h*Gal-3 (29 μ M, i.e., molar ratio = 1:0.0145) (middle, red), as well as [⁷⁷Se]DGal (2 mM), TDG (2 mM), and *h*Gal-3 (29 μ M, i.e., molar ratio = 1:1:0.0145) (top, green), in D₂O.

Author Contributions: Conceptualization—I.T., K.E.K., and L.S.; chemical synthesis—S.B. and L.S.; NMR measurements and analysis—I.T. and K.E.K.; interpretation of the data and writing of the manuscript—I.T., K.F., K.E.K., and L.S.; funding acquisition—I.T. and K.E.K. All authors have read and agreed to the published version of the manuscript.

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Data Availability Statement: All data can be directly obtained by contacting the authors.

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Conflicts of Interest: The authors declare no conflict of interest.

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