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# A Dark Hole in our Understanding of Marine Ecosystems and their Services: Perspectives from the Mesopelagic Community

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In the face of increasing anthropogenic pressures acting on the Earth system, urgent actions are needed to guarantee efficient resource management and sustainable development for our growing human population. Our oceans—the largest underexplored component of the Earth system—are potentially home for a large number of new resources, which can directly impact upon food security and the wellbeing of humanity. However, the extraction of these resources has repercussions for biodiversity and the oceans ability to sequester green house gases and thereby climate. In the search for “new resources” to unlock the economic potential of the global oceans, recent observations have identified a large unexploited biomass of mesopelagic fish living in the deep ocean. This biomass has recently been estimated to be 10 billion metric tons, 10 times larger than previous estimates however the real biomass is still in question. If we are able to exploit this community at sustainable levels without impacting upon biodiversity and compromising the oceans’ ability to sequester carbon, we can produce more food and potentially many new nutraceutical products. However, to meet the needs of present generations without compromising the needs of future generations, we need to guarantee a sustainable exploitation of these resources. To do so requires a holistic assessment of the community and an understanding of the mechanisms controlling this biomass, its role in the preservation of biodiversity and its influence on climate as well as management tools able to weigh the costs and benefits of exploitation of this community.

**Keywords:** mesopelagic community, food provision, climate regulation, biodiversity, benefits Risks

## INTRODUCTION

One of the most understudied regions in the world oceans is the twilight zone (200–100 m depth) which is the domain of the mesopelagic community. Lanternfishes (Myctophiids), which dominate the fish community, are a diverse group comprising around 245 species in 33 genera, distributed globally from polar to equatorial waters, with a maximum body size of 10–15 cm (Paxton, 1979). Along with an associated community of mainly mesopelagic crustaceans and cephalopods **Figure 1** (Feagans-Bartow and Sutton, 2014), the community forms distinct acoustic scattering layers at

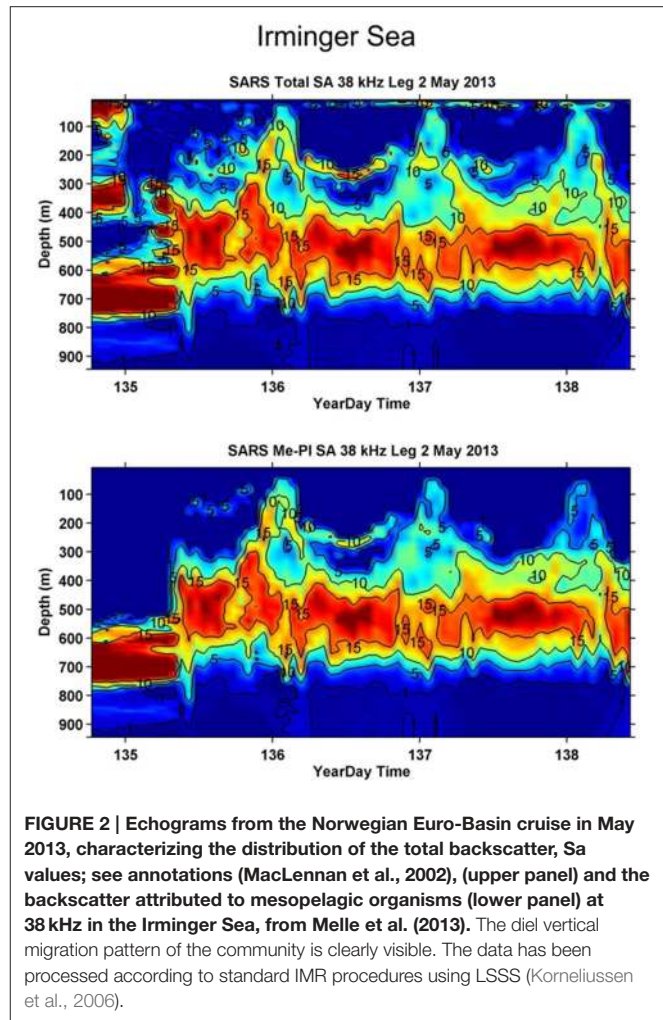


**FIGURE 1 |** Representative sample of mesopelagic fish including *Maurolicus muelleri*, *Sergestes arcticus*, and *Benthosema glaciale* and plankton e.g., *Meganyctiphanes norvegica* in the deep scatter layers of the Irminger Sea in November 2013.

around 500 m over large expanses of the ocean during day-time, ascending to the upper 150 m and dispersing at night (Figure 2). This diel migration has been referred to as the “largest daily migration of animals on earth” (Hays, 2003; van Haren and Compton, 2013). The discovery of new species from viruses to large vertebrates is regular in this oceanic zone, supporting estimates of a million undescribed species living in the deep pelagic (Robinson, 2004).

Resource strategists have identified the mesopelagic fish and plankton community, living in this twilight zone of the ocean (200–1000 m, depth), as a potential unexploited resource potentially contributing to the long term *Blue Growth* strategy set by the European Union, i.e., “smart, sustainable and inclusive economic and employment and growth from the oceans, seas and coasts”, (e.g., Gjoasaeter, 1980; FAO, 1997, 1998, 2001; Valinassab et al., 2007). Central to following a *Blue Growth* strategy for unlocking the potential of seas and oceans is the sustainable exploitation of the new resources provided by marine ecosystems tempered with the preservation of the existing services that the seas and oceans provide.

Despite the potential benefits, harvesting from this community (e.g., mesopelagic fish biomass recent estimates of 10 billion tons although still in question) is problematic and comes with a number of risks. For example, the community plays an integral role in carbon sequestration and thus climate regulation (e.g., Hidaka et al., 2001; Hudson et al., 2014) and is a key resource for higher trophic levels, serving as prey for marine mammals and key fisheries stocks such as tunas, billfish and sharks (e.g., Potier et al., 2007; Brophy et al., 2009) thereby influencing and maintaining biodiversity. Hence, the mesopelagic community potentially impacts upon traditional fisheries and ecotourism as well as climate via the biological carbon pump (Davison et al., 2013). By exploiting this community, we can potentially produce more food for



**FIGURE 2 |** Echograms from the Norwegian Euro-Basin cruise in May 2013, characterizing the distribution of the total backscatter, Sa values; see annotations (MacLennan et al., 2002), (upper panel) and the backscatter attributed to mesopelagic organisms (lower panel) at 38 kHz in the Irminger Sea, from Melle et al. (2013). The diel vertical migration pattern of the community is clearly visible. The data has been processed according to standard IMR procedures using LSSS (Korneliusson et al., 2006).

human consumption and nutraceutical products but there are potentially significant trade-offs related to climate regulation and conservation of biodiversity. Knowledge to assess these trade-offs is presently lacking and it is necessary to develop and apply an ecosystem based management framework for balancing the benefits, risks and trade-offs and to ensure sustainable management of the services that may be provided by the mesopelagic community. With this as the background, here we review some of the potential services, which the mesopelagic community can provide and the implications of exploitation.

## FOOD PROVISION

Food insecurity is a major global issue, with human populations across much of central Africa and southeast Asia facing significant hunger today. Presentations at the COP21 2015 Climate Summit indicate that human adaptation of agricultural production systems and supply chains is unlikely to overcome this problem in the face of increasing global population and changing climate, even with the most optimistic emissions scenarios. Lanternfishes which dominate the fish community,

229 have attracted attention as a potentially harvestable resource  
 230 since the 1970's (Gjøsæter and Kawaguchi, 1980; FAO, 1997,  
 231 1998, 2001). Some species are considered suitable for human  
 232 consumption, but mostly the aim has been to supply the  
 233 fishmeal market. The global biomass of this resource is very  
 234 large, but just how large is uncertain, due in part to the poor  
 235 sampling efficiencies of survey gears and partly to the low  
 236 acoustic target strengths at the sonar frequencies needed to  
 237 penetrate deep into the ocean interior (Koslow et al., 1997;  
 238 Kaartvedt et al., 2008, 2012; Heino et al., 2011; Davison et al.,  
 239 2015). Hence, past and current estimates of the biomass of  
 240 mesopelagic fish could be assumed to be an underestimate of  
 241 that available. Early estimates of mesopelagic fish biomass were  
 242 around 1 billion tons (Gjøsæter and Kawaguchi, 1980), with one  
 243 species *Benthoosema pterotum* suggested to be one of the most  
 244 dominant vertebrate species on earth (Karuppasamy et al., 2007).  
 245 Recent acoustic observations have suggested that this is a gross  
 246 underestimate and that the true figure may be 10 billion tons  
 247 (Irigoiien et al., 2014). Furthermore, at present there are no global  
 248 estimates of the mesopelagic invertebrate community biomass  
 249 (also suitable for meal production) though certain fractions  
 250 have been intensively surveyed and assessed, in particular the  
 251 Southern Ocean krill for which there is a well established fishery  
 252 (Constable et al., 2000). Although, there is an increase in the  
 253 economic interest around mesopelagic resources, the biomass  
 254 and yield potential and feasibility of exploitation has yet to be  
 255 assessed.

256 What is the potential for contributing to human nutrition?  
 257 Considering a human population on the order of 7.5 billion  
 258 people this equates to 1.3 metric tons of mesopelagic fish  
 259 biomass per human on the planet. Putting the estimate of  
 260 Irigoien et al. (2014) into a food provision context, first we  
 261 assume that harvested mesopelagic fish biomass is converted  
 262 to food for human consumption via fish meal. Assuming that  
 263 fish meal was the only source of raw material for aquaculture  
 264 feed, and employing the conversion factors of Naylor et al.  
 265 (2009; i.e., raw material input: aquaculture output of circa 4.0),  
 266 global aquaculture production in 2014 of 67 million tons (FAO,  
 267 2014) would require a harvested mesopelagic fish biomass of  
 268 268 million tons. This estimate represents circa 2.7 percent  
 269 of the most recent global estimate of mesopelagic fish. In  
 270 reality, vegetable protein is contributing an increasing fraction  
 271 of aquaculture feed material, though there remains a need  
 272 for wild-harvesting of essential fatty acids. As an academic  
 273 exercise if we assume that 50% of the existing biomass (5 billion  
 274 tons) could be sustainably extracted and converted to food  
 275 for human consumption via use in the aquaculture industry  
 276 without overfishing the community then, following Naylor et al.  
 277 (2009), 5 billion tons of mesopelagic biomass could result in  
 278 the production of circa 1.25 billion tons of food for human  
 279 consumption. Given a human population approaching 7.5 billion  
 280 this represents circa 4.6 kg of fish biomass per person per day at  
 281 the present population level.

282 There are some caveats however. From an industry  
 283 perspective, the Director General of IFFO (the Fish Meal  
 284 and Fish Oil producers and consumer's organization), Andrew  
 285 Mallison, has stated "*The industry is certainly in need of*

286 *more raw material – demand exceeds supply and demand is*  
 287 *forecasted to continue growing as global aquaculture (and feed)*  
 288 *increases. However, these deeper water fish will be more costly to*  
 289 *harvest, and there would have to be a good set of science based*  
 290 *harvest control rules to satisfy any environmental or ecosystem*  
 291 *impact concerns. If the science indicates a potential sustainable*  
 292 *fishery with a reasonable yield, there are several IFFO member*  
 293 *companies who could look at the economics of fishing effort and*  
 294 *return."*

## 295 NUTRACEUTICALS

296 Another key issue in human nutrition and aquaculture is  
 297 the availability of nutraceuticals. The growth of nutraceutical  
 298 products is partly based on a demand for "Omega-3" oils  
 299 as human dietary supplements, and partly on the expanding  
 300 aquaculture industry which has a requirement for n-3 LC-  
 301 PUFA in feed material which can currently only be met from  
 302 natural marine oils. Mesopelagic fisheries targeting nutraceutical-  
 303 rich species to meet these demands are a new and emerging  
 304 concept, convergent with the theme of *Blue Growth*. In the  
 305 North Atlantic the prime example of an already operational  
 306 commercial marine nutraceutical venture is "Calanus Oil," which  
 307 is extracted from the copepod *Calanus finmarchicus*, harvested  
 308 in the coastal waters of the Norwegian Sea (<http://calanus.no/en/products/>),  
 309 and marketed in various forms as being rich in  
 310 omega-3 fatty acids. Lanternfishes are recognized as being high  
 311 in fatty acids (e.g., Lea et al., 2002). For example, recently, three  
 312 species (*Diaphus watasei*, *Diaphus suborbitalis* and *Benthoosema*  
 313 *pterotum*) from the NW Pacific haven been analyzed and  
 314 found to have high levels of 20:5n-3 and 22:6n-3 fatty acids  
 315 (icosapentanoic acid (EPA) and docosahexaenoic acid (DHA)).  
 316 Thus Lanternfishes are a highly attractive source of raw material  
 317 to support the manufacture of nutraceutical products (Koizumi  
 318 et al., 2014).

319 On the Blue Growth nutraceutical potential of mesopelagic  
 320 fishes, the Director General of IFFO said "*The nutraceuticals*  
 321 *market does offer better returns for oil than animal feed—it would*  
 322 *be interesting to know what loading of PCB's and Dioxin-like*  
 323 *PCB's are present as some other North Atlantic fish oil sources*  
 324 *require filtering. This incurs a greater cost than South American*  
 325 *oils which are 'cleaner' but have to be shipped further to reach EU*  
 326 *markets".*

327 Hence, it seems that the *Blue Growth* potential of  
 328 Lanternfishes exploitation may be at a cusp between an  
 329 existing market (for bulk fishmeal) that seems to be barely  
 330 profitable using exiting harvesting and processing approaches  
 331 under existing demand conditions and an early-stage emerging  
 332 market (for nutraceuticals) that could be profitable in the future  
 333 (Koizumi et al., 2014).

## 334 CLIMATE REGULATION

335 As is clearly outlined at the COP 21 meeting in Paris in  
 336 2015, "Parties should take action to conserve and enhance,  
 337 as appropriate, sinks and reservoirs of greenhouse gases  
 338



343 in order to do so an improved knowledge base for the  
 344 assessment, monitoring and evaluation of the dynamics of  
 345 carbon sequestration and thus climate regulation is necessary.  
 346 The mesopelagic region of the ocean, and the community that  
 347 inhabits it, plays a significant role in the global carbon cycle.  
 348 The concentration of atmospheric carbon dioxide would be  
 349 ~50% higher without the biological carbon pump (BCP) fixing  
 350 inorganic carbon through photosynthesis by phytoplankton in  
 351 the surface waters and “exporting” it to depth in the ocean  
 352 (Parekh et al., 2006). In the North Atlantic alone the BCP  
 353 exports 0.5–2.7 GtC/year from the surface to depth (Sanders  
 354 et al., 2014). Models show that atmospheric CO<sub>2</sub> concentrations  
 355 can vary by ~100 ppm just by using the range of current  
 356 observations for how deep the organic carbon penetrates before  
 357 it is demineralized (Kwon et al., 2009). The mesopelagic (100–  
 358 1000m) is the region directly below the sunlit waters where  
 359 photosynthesis can occur and the first region to be traversed  
 360 by any “exported” organic material. The majority of organic  
 361 carbon is respired in this region (Giering et al., 2014). Its fate is  
 362 controlled by interactions of the mesopelagic community. Only  
 363 recently has it proved possible to balance the carbon budget  
 364 in this region, by taking into account the trophic interactions  
 365 of the organisms within it (Giering et al., 2014). Our relative  
 366 lack of understanding of this key region for climate regulation  
 367 is further highlighted by other recent work (e.g., Jónasdóttir  
 368 et al., 2015) showing that direct transport of organic carbon by  
 369 higher trophic level organisms may be a substantial, but hitherto  
 370 overlooked, pathway for the BCP. The seasonal migration to  
 371 depth by copepods may result in a downward transport of  
 372 organic carbon equivalent to that resulting from gravitational  
 373 sinking in the sub-polar North Atlantic (Jónasdóttir et al., 2015).  
 374 Vertical migration and excretion/respiration by mesopelagic fish  
 375 may also be significant. Regional studies have shown that such  
 376 “active flux” can account for ~10–20% at depths near the  
 377 top of the mesopelagic (Davison et al., 2014) but may be as  
 378 much as 70% near the bottom (Hudson et al., 2014). Modeling  
 379 predicts a decrease of ~40% in downward flux of organic  
 380 carbon at 1000 m (the base of the mesopelagic) in the North  
 381 Atlantic up to 2100 (Yool et al., 2013). However, current global  
 382 biogeochemical models, such as the one used for that study,  
 383 do not include the active flux. The role of the mesopelagic  
 384 community, particularly the higher trophic levels, in exporting  
 385 carbon to depth in the ocean away from the atmosphere therefore  
 386 potentially constitutes an order one uncertainty in how the  
 387 BCP will respond to regulate climate over the coming century.  
 388 Climate prediction models provide our primary tool for assessing  
 389 potential risks posed by future change, the likelihood of such  
 390 events happening and a testing way of mitigating against them.  
 391 Modeled scenarios should also investigate the feedback from  
 392 related pressures on the mesopelagic community: how will the  
 393 mesopelagic community and the manner in which it processes  
 394 organic carbon respond to projected changes in temperature,  
 395 stratification, pH and oxygen? may there be impacts on climate  
 396 if we over-exploit the mesopelagic fish stocks? The function  
 397 of the mesopelagic community in the BCP is therefore a  
 398 priority for biogeochemical research. Given that the service it  
 399 provides is global with its activity predominantly carried out in

the international waters of the deep ocean, research into and  
 maintenance of the BCP is an international responsibility. For  
 this reason, initiatives like the Galway Statement on Atlantic  
 Ocean Co-operation (2014), and activities that it has already  
 generated, such as the International Planning Workshop for  
 a North Atlantic-Arctic Science Cooperation (Benway et al,  
 2014), will be key in delivering the thorough investigation of  
 the mesopelagic community’s role in regulating climate that is  
 needed.

## BIODIVERSITY

The participating Nations at COP 21 noted the “importance  
 of ensuring the integrity of all ecosystems, including oceans,  
 and the protection of biodiversity.” Thus, Nations at COP 21  
 highlighted the need for improving our knowledge of the drivers  
 of biodiversity and ecosystems, conservation restoration and  
 sustainable management of the ecosystems, species and genetic  
 diversity.

There is, however, a major lack of knowledge of the  
 global composition and distribution of mesopelagic diversity,  
 which is under-sampled and sparse in data (Figure 1). An  
 additional problem is that we know very little about the  
 function of mesopelagic biodiversity in the oceanic ecosystems  
 and as providers of critical ecosystem services (Robison, 2009).  
 Potentially important ecosystem services are supported by a  
 largely unknown deep pelagic biodiversity and interactions  
 within the system (Tittensor et al., 2010; Webb et al., 2010),  
 which includes multiple components from microbes to marine  
 megafauna interacting with mesopelagic fish and invertebrates.  
 The ocean’s deep interior remains an unexplored frontier. The  
 regular discovery of new clades in this deep pelagic zone,  
 which is estimated to hold a million of undescribed species,  
 is subjected to the development of undersea technology providing  
 unprecedented access, new capabilities, and new perspectives  
 (Robinson, 2004). Present research on mesopelagic biodiversity  
 is scarce thus a large gap in our understanding of the global  
 distribution of overall mesopelagic diversity exists. Moreover,  
 the biological adaptations of the organisms to the high stability  
 of the mesopelagic environment make this ecosystem very  
 vulnerable to pressures such as global fisheries and climate  
 change.

This lack of knowledge impedes implementation of  
 international agreements such as: (i) UN Resolution 61/1054  
 to conserve Vulnerable Marine Ecosystems; (ii) Aichi targets,  
 related to the sustainable management of marine exploitation  
 (applying ecosystem based approaches, avoiding adverse impacts  
 on threatened species and vulnerable ecosystems and ensuring  
 that the impacts of fisheries on stocks, species and ecosystems are  
 within safe ecological limits); (iii) the Convention on Biological  
 Diversity (2009), to identify ecologically or biologically sensitive  
 areas; and (iv) the development of indicators required to assess  
 the environmental status of marine ecosystems under different  
 national and international legislation (i.e., Oceans Act, in US  
 and Canada; Marine Strategy Framework Directive, in Europe;  
 Regional Seas Conventions, worldwide; etc.).

## CONCLUSIONS AND SUGGESTIONS

The potential negative impacts of anthropogenic activities and climate change on marine ecosystems and human health must be addressed in a full realization of Blue Growth strategy of the mesopelagic. Exploitation of this community is a delicate problem in terms of the consequences for the ecosystem and its services. To tackle the global challenge of securing access to strategic but vulnerable food resources while coping with climate change risks, we need targeted innovation and sustainable development strategies that aim at preserving critical ecosystem services. This includes our oceans as providers, as claimed by the Intergovernmental Platform on Biodiversity and Ecosystem Services (IPBES <http://www.ipbes.net>). Hence, there is a need to improve resource management (through an ecosystem approach) and governance, to preserve them and to unlock their potential for the sustainable production of new products and industrial applications. To achieve this in relation to the mesopelagic community and its services we need knowledge on

- (i) Population vital rates (e.g., recruitment, natural mortality and the effects of abiotic and biotic stressors on growth and survival) with respect to latitude and environmental conditions as the basis for stock assessments and population dynamics modeling to predict the sustainability of harvest rates.
- (ii) Stock assessments to address fisheries policy. In the absence of a fishery, there are no existing data on which to base a conventional stock assessment, so we must use other methods relying on survey data and measurements of growth, maturity and natural mortality rates to generate assessments and forecasts of yields under different harvesting rates.
- (iii) The links between oceanographic regimes and mesopelagic biomass and biodiversity (species, traits, population genetics and habitats) thus enabling the prediction of species

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- dynamics relative to oceanographic regimes which will be impacted as their environment alters under climate change.
- (iv) The role of the community in the food web, in particular the dependence of top predators on mesopelagic prey and thus their influence on fisheries and ecotourism.
  - (v) The role of individual species and the community in the sequestration of green house gases.

Clearly the potential benefits of harvesting the mesopelagic community is immense, however the consequences of mismanagement, unlike for most fish stocks, have global ramifications. Prior to exploitation a scientifically based ecosystem approach to exploitation is needed in particular focusing on the ecosystem and climate controls on the populations in order to avoid an overexploited state as is observed in many marine fish stocks (e.g., Worm et al., 2009; Branch et al., 2011). In this article, we have outlined the issues that need to be considered and the research that needs to be attended to prior to embarking on a Blue growth exploitation strategy in the mesopelagic zone of the oceans.

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All authors listed, have made substantial, direct and intellectual contribution to the work, and approved it for publication.

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**Conflict of Interest Statement:** The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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