



# A PET activation study of dynamic mechanical allodynia in patients with mononeuropathy

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## Abstract

The objective of this study was to investigate the central processing of dynamic mechanical allodynia in patients with mononeuropathy. Regional cerebral blood flow, as an indicator of neuronal activity, was measured with positron emission tomography. Paired comparisons were made between three different states; rest, allodynia during brushing the painful skin area, and brushing of the homologous contralateral area. Bilateral activations were observed in the primary somatosensory cortex (S1) and the secondary somatosensory cortex (S2) during allodynia compared to rest. The S1 activation contralateral to the site of the stimulus was more expressed during allodynia than during innocuous touch. Significant activations of the contralateral posterior parietal cortex, the periaqueductal gray (PAG), the thalamus bilaterally and motor areas were also observed in the allodynic state compared to both non-allodynic states. In the anterior cingulate cortex (ACC) there was only a suggested activation when the allodynic state was compared with the non-allodynic states. In order to account for the individual variability in the intensity of allodynia and ongoing spontaneous pain, rCBF was regressed on the individually reported pain intensity, and significant covariations were observed in the ACC and the right anterior insula. Significantly decreased regional blood flow was observed bilaterally in the medial and lateral temporal lobe as well as in the occipital and posterior cingulate cortices when the allodynic state was compared to the non-painful conditions. This finding is consistent with previous studies suggesting attentional modulation and a central coping strategy for known and expected painful stimuli. Involvement of the medial pain system has previously been reported in patients with mononeuropathy during ongoing spontaneous pain. This study reveals a bilateral activation of the lateral pain system as well as involvement of the medial pain system during dynamic mechanical allodynia in patients with mononeuropathy. © 1999 International Association for the Study of Pain. Published by Elsevier Science B.V.

**Keywords:** Positron emission tomography; Regional cerebral blood flow; Brain activation; Pain; Painful mononeuropathy; Dynamic mechanical allodynia

## 1. Introduction

Pain is a complex phenomenon involving sensory-discriminative, cognitive-evaluative and affective-motivational dimensions, which are processed in parallel (Melzack and Casey, 1968). It is currently believed that the lateral pain system is more involved in sensory-discriminative aspects of pain processing whereas the medial system is more involved in processing the affective-motivational component (Albe-Fessard et al., 1985; Vogt et al., 1993; Willis, 1995). Functional neuroimaging studies have identified

several networks, which are involved in pain processing in man. Acute phasic noxious stimulation has been used in most of these studies. Apart from some inconsistencies, there is a general consensus that such stimuli activate the anterior cingulate cortex (ACC) and the mid-/anterior insula of the medial pain system as well as the primary- and secondary somatosensory cortices (S1 and S2) of the lateral pain system (Jones et al., 1991; Talbot et al., 1991; Casey et al., 1994, 1996; Coghill et al., 1994; Apkarian, 1995; Davis et al., 1995, 1997; Hsieh, 1995; Vogt et al., 1996). These findings support the hypothesis that the experience of pain is processed in a parallel interactive and distributed fashion.

The pathophysiology of neuropathic pain due to peripheral nerve injury is not completely understood (Bennett, 1994). The peripheral nerve lesion may result in different clinical manifestations such as spontaneous ongoing pain

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and, in a minority of cases, allodynia (Hansson and Kinnman, 1996). The most common type of allodynia is pain due to a light dynamic mechanical stimulus (Hansson and Kinnman, 1996). We have previously reported changes in regional cerebral blood flow (rCBF) following the alleviation of pain in patients suffering from ongoing spontaneous pain due to chronic painful mononeuropathy (Hsieh et al., 1995a). Increased activity of the ACC and the anterior insula of the medial pain system were observed during spontaneous ongoing pain, which suggests an increased tone in the affective-motivational dimension of the pain experience. In accordance with other positron emission tomography (PET) studies of ongoing neuropathic pain, we also observed a decreased activity in the thalamus contralateral to the painful neuropathy (Di Piero et al., 1991; Iadarola et al., 1995). However, altered activity of the primary or secondary somatosensory cortex has not been reported in studies of ongoing neuropathic pain.

The objective of the present study was to examine the central processing of allodynia evoked by a dynamic mechanical stimulus. Dynamic mechanical allodynia is usually said to have an explosive, non-physiological character, which is often accompanied by aftersensations (Hansson, 1994). Affective and sometimes vegetative responses are reported during allodynia. Clinical and experimental data suggest that dynamic mechanical allodynia involves activation of low threshold A-beta mechanoreceptive afferents (A $\beta$ -fibres) (Gracely et al., 1992; Bennett, 1994). Several possible pathophysiological mechanisms have been disclosed; e.g. peripheral crosstalk between A $\beta$ -fibres and nociceptive fibres, opening of previously silent synapses in the spinal cord bridging the mechanoreceptive and the nociceptive system, sprouting of mechanoreceptive fibres in the dorsal horn to establish new synaptic connections between the large fibre system and nociceptive neurons, and sensitization of spinal dorsal horn neurons (Hansson and Kinnman, 1996). Thus, dynamic mechanical allodynia is likely to be composed by signals reaching the brain from both the nociceptive- and the mechanoreceptive systems. Therefore, we hypothesized that the activation of the primary somatosensory cortex would be more expressed during the allodynic experience than during a non-painful tactile sensation elicited by the same stimulus outside the allodynic area. We also hypothesized that tactile allodynia would activate the medial pain system reflecting the affective component of the painful experience.

## 2. Methods

### 2.1. Patients

Five patients with mononeuropathy and dynamic mechanical allodynia in the lower extremity participated in the study (Table 1). The patients were included if they had had at least a 6-month period of a lower extremity mononeuropathy and dynamic mechanical allodynia following a peripheral nerve lesion, with or without ongoing spontaneous pain. The allodynic experience had to be reproducible in clinical testing regarding intensity without any significant habituation during brushing for 60 s.

As described in Table 1, three of the patients had right-sided mononeuropathy and two had left-sided mononeuropathy. Two of the patients also reported spontaneous ongoing pain (one with a right-sided nerve-lesion and one with a left-sided nerve-lesion). One patient was on medication (see Table 1) during the study. They were all right-handed (Edinburgh handedness inventory) and reported no history of major psychiatric disorder or head trauma. None fulfilled the criteria for depression although one was in the border zone according to MADRS depression inventory (Montgomery and Åsberg, 1979). The local Ethics and Radiation safety committees at the Karolinska Hospital approved all procedures. Informed consent was given by all the subjects.

### 2.2. PET scanning

Repeated measurements of rCBF (12 scans/subject, 4 scans/state) were made using an Ecat Exact HR PET scanner in 3D-sampling mode and 500 MBq bolus injections of [<sup>15</sup>O]butanol producing 60 s tracer uptake images (Berridge et al., 1990; Ingvar et al., 1994; Wienhard et al., 1994). Scatter correction was performed and a 2D-transmission scan was used for attenuation correction. To ensure that the radioactivity levels in the subjects had returned to background before starting a new scan, at least 10 min elapsed between successive scans. Individual plaster head support was made for each patient to minimize head movements during the PET imaging (Bergström et al., 1981).

### 2.3. Experimental design

The patients were scanned in three different conditions (eyes closed):

Table 1  
Clinical characteristics of the patients with mononeuropathy and dynamic mechanical allodynia included in this study

Patient	Age	Sex	Injured nerve	Etiology	Duration (years)	Spontaneous ongoing pain	Treatment
MCL	28	M	Left sup. Peroneal	Traumatic/ Surgical	2	No	None
LW	42	F	Left Sural	Entrapment/Surgical	7	Yes	Ketobemidon
DS	27	M	Right Femoral/Saphenus	Traumatic	6	No	None
YZ	47	F	Right Saphenus	Surgical	4	No	None
MC	58	F	Right Cut. Fem. Lat.	Surgical	6	Yes	None

1. Reference condition in which the patients were lying still and were instructed to relax and not to think or do anything in particular but relax (Rest).
2. Brush stimuli were induced by lightly stroking of the allodynic skin with a soft camel hair brush with a diameter of 0.5 cm (Allodynia). The stimulation was performed with a rate of approximately 1 stroke/s. It began immediately following the injection of the flow tracer and stopped 45 s. later.
3. Brush stimuli as above on the contralateral homologous area to the allodynic region (Contralateral touch).

These states were scanned in the order: A-B-A-C-B-C-C-B-C-A-B-A. Prior to each scan the patients were informed which condition to expect. The subjects were instructed to use a numerical rating scale in which 100 equals the highest imaginable total pain intensity and 0 no pain at all. After each allodynic period the patients were asked to verbally rate the maximum total pain intensity during provocation. If present, they also rated the pain intensity of the spontaneous ongoing pain immediately before each scan. Following the final scan the subjects were interviewed in detail about the sessions and their pain ratings were reviewed and confirmed.

#### 2.4. Data analysis

In order to analyze all subjects as a group, the PET images of the two patients with left-sided mononeuropathy were mirrored across the midline. In addition, the data were analyzed separately for the three patients with right-sided nerve lesions and for the two patients with left-sided nerve lesions to compare the results with the group analysis. The PET images were realigned, spatially normalized and transformed into an approximate Talairach–Tournoux stereotactic space (Talairach and Tournoux, 1988), 3D Gaussian filtered (FWHM = 16 mm) and proportionally scaled to account for global confounders using the SPM95 (Friston et al., 1995). The coordinates of local maxima refer to the approximate Talairach–Tournoux space. The anatomical designations used below refer to the Karolinska Computerized Brain Atlas (Greitz et al., 1991).

The data analysis was performed in three steps. First, the contrasts Allodynia - Rest, Allodynia - Contralateral touch, Rest - Allodynia, Contralateral touch - Allodynia and Contralateral touch - Rest were analyzed, using a multi-subject with replications design (3 conditions, 5 blocks (subjects)). The rCBF increases were investigated in a pre-defined pain network based on previous functional imaging studies of pain (Di Piero et al., 1991, 1994; Jones et al., 1991; Talbot et al., 1991; Apkarian et al., 1992, 1995; Casey et al., 1994, 1996; Coghill et al., 1994; Davis et al., 1995; Drevets et al., 1995; Hsieh, 1995; Hsieh et al., 1995a,b; Iadarola et al., 1995; Craig et al., 1996; Vogt et al., 1996). The pain network included the contralateral S1 and, bilaterally, the thalamus, S2, insula, ACC and the periaqueductal gray (PAG). Similarly, the contralateral S1 and

S2 were chosen for the innocuous somatosensory control condition based on previous functional imaging studies of non-painful vibratory sensibility (Fox et al., 1987; Burton et al., 1993; Coghill et al., 1994). The location of the secondary somatosensory cortex (S2) has been defined anatomically in the dorsal bank of the lateral sulcus in the parietal operculum of the monkey (Roberts and Akert, 1963). This corresponds to the part of BA43/40 which is situated in the human operculum, and functional activations in these regions during pain studies have been regarded as S2 activations (Talbot et al., 1991). Activations in the predefined regions were considered significant if  $Z \geq 3.09$  (or  $P \leq 0.001$ , uncorrected). In addition, a global search was performed and activations containing significant local maxima ( $P \leq 0.05$ , corrected for multiple non-independent comparisons) that were not part of the pre-defined pain matrix are given in Tables 4 and 5.

Finally, in order to investigate whether allodynia provokes a more expressed activation in S1 compared to an identical tactile stimulation of the skin contralateral to the allodynic area, we placed a spherical ROI with a diameter of 5 mm in the postcentral gyrus contralateral to the respective site of stimulation. The exact positioning of the ROIs was guided by the regional analysis of the activation in the right postcentral gyrus evoked by the non-painful stimulation condition (see Fig. 3). At this site, the ROI representing innocuous touch ( $S1_{\text{right}}$ ) was chosen and the corresponding contralateral region ( $S1_{\text{left}}$ ), representing the allodynia, was chosen by mirroring the ROI across the midline. A two factor ANOVA (with subject and state as independent variables) was then performed between the increases in rCBF due to allodynia in the left S1 ROI ( $S1_{\text{leftallodynia}} - S1_{\text{leftrest}}$ ) and the increases in rCBF due to

**Pain intensity ratings  
(mm VAS)**

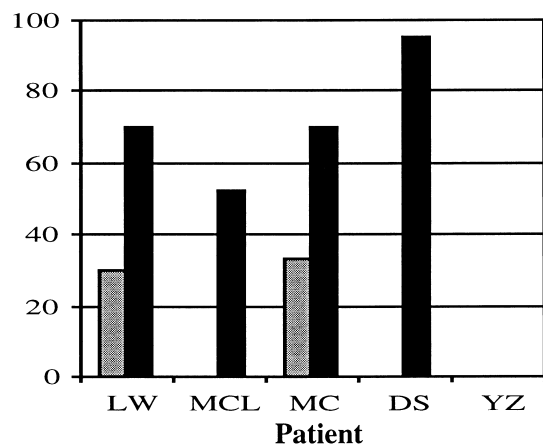


Fig. 1. Pain intensity ratings representing the allodynic and the non-allodynic contrasts. One of the patients (YZ) failed to rate the pain. Grey bars: Spontaneous ongoing pain immediately before the scanings of the non-allodynic states (mean of 8 ratings). Black bars: Maximum pain during the scanings of the allodynic states (mean of 4 ratings).

Table 2

Increases in rCBF during allodynia for the group of patients with mononeuropathy (the data were mirrored for the patients with left-sided pain). The search volume was restricted to the predefined pain matrix<sup>a</sup>

	XYZ-coordinates	Z-score		rCBF-increase (%)
<b>Thalamus</b>				
<i>Thalamus sin</i>				
Allodynia vs. Rest:	– 10, – 22, 4	3.83	S	3.4
Allodynia vs. Contralateral Touch:	– 12, – 20, 4	4.53	S	4.1
<i>Thalamus dx</i>				
Allodynia vs. Rest:	8, – 22, 4	3.39	S	3.2
Allodynia vs. Contralateral Touch:	8, – 20, 4	3.70	S	3.5
<b>Lateral pain system</b>				
<i>S1 sin</i>				
Allodynia vs. Rest:	– 16, – 44, 56	6.89	S	9.0
	– 22, – 50, 52	6.83	S	7.3
Allodynia vs. Contralateral Touch:	– 16, – 44, 56	7.03	S	9.3
	– 20, – 50, 52	6.23	S	6.7
<i>S2 sin</i>				
Allodynia vs. Rest:	– 54, – 38, 20	5.14	S	5.4
Allodynia vs. Contralateral Touch:	– 54, – 36, 20	3.47	S	3.3
<i>S2 dx</i>				
Allodynia vs. Rest:	42, – 36, 16	4.01	S	2.2
	54, – 42, 20	3.82	S	3.7
Allodynia vs. Contralateral Touch:	--	--		
<b>Medial pain system</b>				
<i>Anterior insula sin</i>				
Allodynia vs. Rest:	--	--		
Allodynia vs. Contralateral Touch:	--	--		
<i>Anterior insula dx</i>				
Allodynia vs. Rest:	30, 16, 4	2.96		2.2
Allodynia vs. Contralateral Touch:	36, 12, 4	1.73		1.2
<i>ACC (BA32/24)</i>				
Allodynia vs. Rest:	– 6, 14, 32	2.58		2.0
Allodynia vs. Contralateral Touch:	– 10, 12, 28	3.22	S	2.9
	– 2, 16, 32	3.18	S	2.1
<i>PAG/brainstem</i>				
Allodynia vs. Rest:	Significant activation without any peak activated voxel			
Allodynia vs. Contralateral Touch:	4, – 26, – 4	3.75	S	3.2

<sup>a</sup> The locations of the maximally activated voxels are given in the coordinates of the Talairach–Tournoux atlas (Talairach and Tournoux, 1988). The search for the exact location of the maximal activation was performed in the CBA atlas (Greitz et al., 1991). S = Significant activation. ACC = Anterior cingulate cortex. PAG = Periaqueductal gray. S1 = Primary somatosensory cortex. S2 = Secondary somatosensory cortex.

non-painful touch in the right S1 ROI ( $S1_{\text{righttouch}} - S1_{\text{rightrest}}$ ). Adjusted rCBF data for the ROIs were used for this analysis.

### 3. Results

#### 3.1. Behavioral results

In spite of instructions to try to avoid movements all but one patient were unable to control minor muscular activity in the extremities and face when the allodynic area was

brushed. This movement was observed as occasional muscle contractions of the extremities and in the face during allodynia. All patients rated the maximum total pain intensity as being greater than 50/100 mm during the painful brushing except for the patient who verbally failed to report the pain intensity (Fig. 1). They also reported brush-evoked pain only from the site of stimulation. Only two of the patients reported spontaneous ongoing pain. Due to technical problems, the heart rate of two patients could not be continuously monitored. For the remaining three patients the heart-rate during the scans increased significantly in the allodynic state compared to the other two states (mean

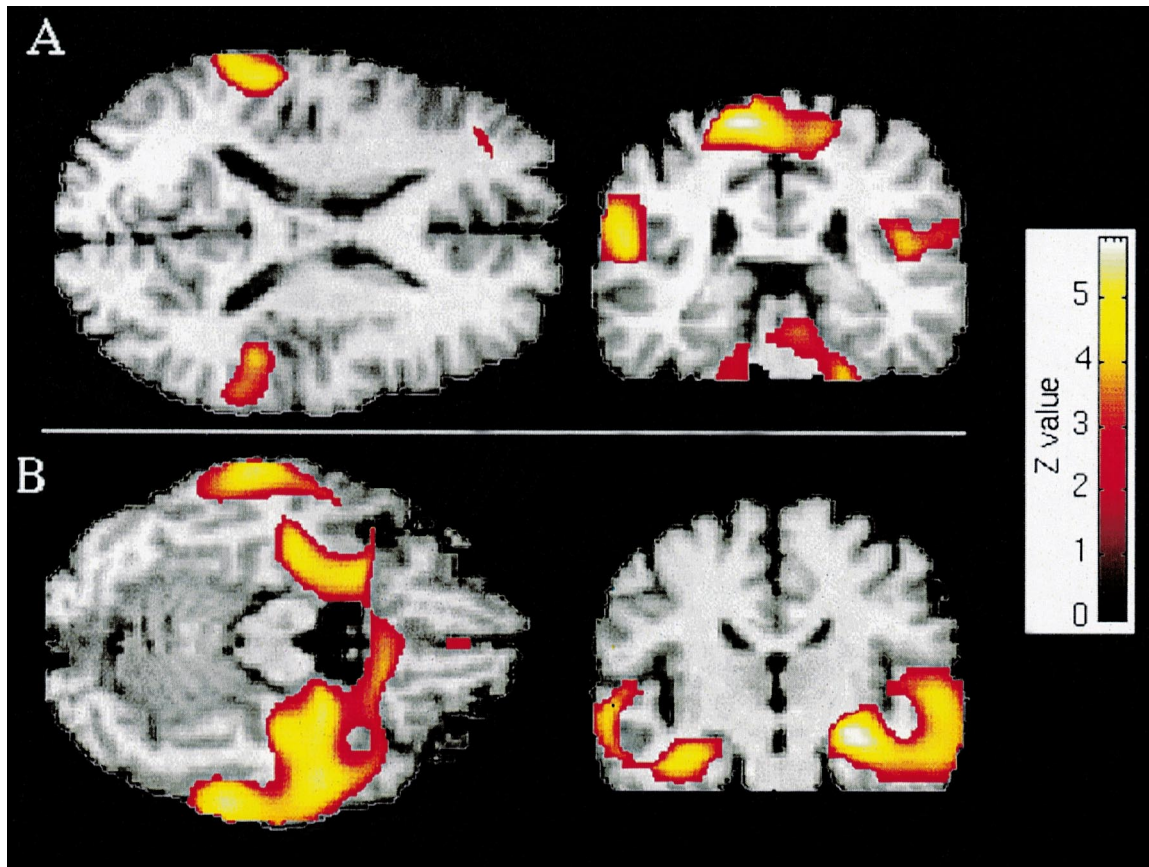


Fig. 2. (A) SPM (Statistical parametric mapping) results of increased rCBF in the S1, the S2, the brainstem and the cerebellum during Allodynia vs. Rest. Although there was a contralateral dominance, the activation was bilateral. (B) SPM results of decreased activity bilaterally in the medial temporal lobe and lateral temporal regions during Allodynia vs. Contralateral touch. All the data were thresholded at uncorrected  $P$ -value = 0.01. The images are shown in neurological convention; left is left and right is right in the coronal section and the horizontal section is shown from above.

heart-rate during allodynia = 74.12; mean heart-rate during conterlateral touch = 63.26; mean heart-rate during rest = 61.14; assessed by two factor ANOVA with state and subject as independent variables;  $P$ -value < 0.0001;  $F_{1,27} = 133.4$ .

### 3.2. Results of the search in the predefined matrix

Activations of the lateral pain system (with 9% rCBF increase in the contralateral S1) and the thalamus bilaterally

were observed during allodynia (Table 2; Fig. 2A). No significant activation was found in the ACC or the anterior insula of the medial pain system when the allodynic state was compared to the non-allodynic states except for an ACC activation just above the significance level in the contrast Allodynia - Contralateral touch. Non-painful touch activated a mirror site to one of the allodynia-induced maxima in the S1 and also activated the contralateral S2 (Table 3).

Allodynia provocation and contralateral touch evoked activations in mirror sites in the S1, as anatomically defined

Table 3

Increases in rCBF during non-painful brushing for the group of patients with mononeuropathy (the data were mirrored for the patients with left-sided pain). The search volume was restricted to S1 and S2 contralateral to the stimulated leg<sup>a</sup>

	XYZ-coordinates	Z-score		rCBF increase (%)
S1 dx				
Contralateral Touch vs. Rest:	14, - 52, 48	3.20	S	2.4
S2 dx				
Contralateral Touch vs. Rest:	42, - 36, 12	4.15	S	2.2

<sup>a</sup> The locations of the maximally activated voxels are given in the coordinates of the Talairach–Tournoux space (Talairach and Tournoux, 1988). The search for the exact location of the maximal activation was performed in the CBA atlas (Greitz et al., 1991). S = Significantactivation. S1 = Primary somatosensory cortex. S2 = Secondary somatosensory cortex.

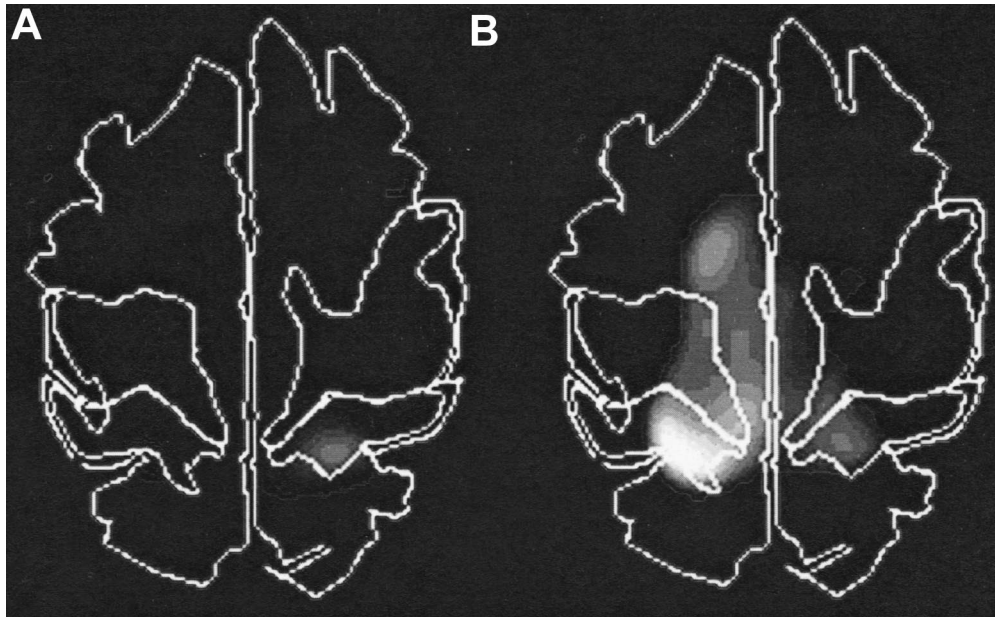


Fig. 3. (A) Increased rCBF in the postcentral gyrus (S1) during Contralateral touch vs. Rest shown in the CBA (thresholded at uncorrected  $P$ -value = 0.05). (B) Increased rCBF in the postcentral region (S1) and motor regions during Allodynia vs. Rest shown in the CBA (thresholded at uncorrected  $P$ -value = 0.001). The activity in the sensory-motor cortex was most expressed in the contralateral postcentral gyrus with the maximum corresponding to the contralateral activity induced by innocuous touch. Note that the activity is also present in the ipsilateral postcentral gyrus. The images are shown in neurological convention; the horizontal section is shown from above.

by the CBA (Fig. 3). The allodynic activation was situated deep in the medial-dorsal parts of the left postcentral gyrus (S1), most extensively within the borders of this gyrus but also extending into the left pre-central gyrus (M1).

### 3.3. Additional rCBF-changes in the global search

All additional changes in rCBF during allodynia revealed by the SPM analysis are presented in Tables 4 and 5, and Fig. 2. The ipsilateral S1 was also activated during the allodynic state vs. rest, although the most intensely elicited sites were contralateral to the stimulation. Activations were also observed in various motor regions, although no local maximum was observed in the primary motor cortex. Bilaterally deactivated areas included the medial temporal lobe, the lateral temporal lobe and the posterior occipital lobe.

### 3.4. Regional S1 ANOVA

The rCBF increase was more expressed during allodynia than during touch in the corresponding contralateral somatotopic S1 ROI (7.1% vs. 2.5%). This difference was significant for the five subjects when tested by two factor ANOVA between the increases due to non-painful touch in the right S1 ROI and the increases due to allodynia in the left S1 ROI ( $P$ -value < 0.0003;  $F_{1,30} = 17.2$ ).

### 3.5. Separate analyses of the left- and right mononeuropathy-sided patients

During allodynia, increased activity was found bilaterally

in S1 and S2 of the lateral pain system and also in the contralateral thalamus for the left- and right- sided mononeuropathy patients. Decreased activity was observed bilaterally in the medial temporal lobe, the occipital cortex and the lateral temporal lobe for both groups. These results for the two subgroups are in agreement with those from the group analysis of all five patients (data available upon request).

## 4. Discussion

This paper deals with dynamic mechanical allodynia, i.e. pain due to normally non-painful touch, in patients with mononeuropathy. The patients included in this study were carefully matched, which is of importance when averaging the results across subjects. The group results obtained from mirroring the data of the two patients with left-sided lesions must, however, be interpreted with some caution, i.e. only general conclusions can be made about the activations outside the predefined pain matrix. However, the same pattern of activations and deactivations were also revealed by the separate analyses of the patients with left- and right-sided mononeuropathy. The rCBF changes revealed by the group and subgroup analyses were predominantly bilateral. There is, of course, a possibility that the mirroring process may mask unilateral rCBF changes.

It is our experience that for most patients with clinically significant tactile allodynia it is impossible to suppress all movements during provocation. To reduce the number of

Table 4

Additional increases in rCBF outside the predefined pain network during allodynia for the group of patients with mononeuropathy (the data were mirrored for the patients with left-sided pain)<sup>a</sup>

	XYZ-coordinates	Z-scores	Corrected P-value
<b>Allodynia vs. Rest</b>			
<i>SMC/PMC/SMA/PPC</i>			
BA7 sin	– 26, – 52, 48	5.73	0.000
BA6 sin	– 14, – 8, 52	5.22	0.000
S1 dx	14, – 48, 52	4.57	0.009
<i>Cerebellum/Thalamus</i>			
Cerebellum sin	– 30, – 50, – 28	5.73	0.000
Vermis	0, – 60, – 12	5.29	0.000
Cerebellum dx	30, – 50, – 28	4.92	0.002
<b>Allodynia vs. Contralateral Touch</b>			
<i>PMC/SMA</i>			
BA 6 sin	– 12, – 6, 52	5.45	0.000
<i>Cerebellum/Thalamus</i>			
Vermis	– 2, – 60, – 12	6.62	0.000
Cerebellum sin	– 28, – 54, – 28	5.79	0.000
Cerebellum dx	32, – 46, – 28	5.24	0.000
Cerebellum dx	34, – 66, – 28	4.38	0.018

<sup>a</sup> The locations of the maximally activated voxels are given in the coordinates of the Talairach–Tournoux space (Talairach and Tournoux, 1988). The search for the exact location of the maximal activation was performed in the CBA atlas (Greitz et al. 1991). PMC = Premotor cortex. PPC = Posterior parietal cortex. SMA = Supplementary motor areas. S1 = Primary somatosensory cortex.

motor activations to a minimum the subjects were told to try to avoid movements during the stimulation. However, occasional muscular activity was observed in all but one of the patients during the scanning period. Separating movement related activations from pain related activations is a potential problem in all functional imaging studies of pain since any observed movement or unobserved muscle tension may activate the postcentral gyrus in concert with the motor cortex (Colebatch et al., 1991; Hsieh et al., 1995b). In addition, movement intention/preparation may increase the activity in the motor cortex (Hsieh et al., 1994; Deiber et al., 1996). The same potential problem applies to S2 since movement may activate this region (Weiller et al., 1996). Movement related activity in the somatosensory regions is not static or simply additive. Passive movements activate S2 significantly more than active movements (Weiller et al., 1996). The activity in these regions is also dependent on which sensory channel is attended (Ghatan et al., 1995; Shulman et al., 1997; Blakemore et al., 1998; Petrovic et al., 1998). Thus, it is not known how, or if, movement interacts with intense pain in S1 or S2 when attention is directed to the painful stimulus. However, there are several factors suggesting that the activation in the postcentral gyrus was mainly related to a sensory response to allodynia.

First, the most expressed activation of the sensory-motor cortex was located in the postcentral gyrus on the border to the posterior parietal cortex, extending into the motor cortex

(Fig. 3). There was no local maximum in the pre-central region. In comparison, in recent studies of motor activity there are local maxima in the pre-central region or in the central sulcus (Dettmers et al., 1995; Stephan et al., 1995; Fink et al., 1997).

Secondly, the extensive S1-activation during allodynia had one maximum at an almost identical but contralateral coordinate as compared to the non-painful stimulation (– 22, – 50, 52 during Allodynia vs. Rest and 14, – 52, 48 during Touch vs. Rest; Fig. 3). This suggests that the activations stem from the same peripheral site.

Thus, we conclude that the increased S1 activity during allodynia pertains primarily to the allodynic response but observable or unobservable motor activity can not be completely disregarded as a factor in the activity increase. This problem is shared with most studies of pain where subjects are awake and conscious (Coghill et al., 1994; Casey et al., 1996; Rainville et al., 1997; Peyron et al., 1998). To resolve this uncertainty, future studies need to investigate this possible confound with, e.g. electromyography (EMG).

Soft brushing on the non-allodynic side provoked a non-painful, low-intensity tactile sensation. In the regional analysis of increases during innocuous touch, activations of the contralateral S1 and S2 were observed, which is in agreement with previous PET studies of somatotactile sensation (Fox et al., 1987; Burton et al., 1993; Coghill et al., 1994).

Brushing the allodynic region provoked an acute painful sensation in the leg with a maximum total pain intensity which the patients rated between 50–100/100 mm. Significant bilateral activations of S1 and S2 were observed during the allodynic state compared to the habitual state. The ROI analysis of the S1 confirmed that the activation during the allodynic sensation was significantly more expressed than the activations during non-painful touch sensation provoked by the same stimulus but in the opposite leg (7.1% vs. 2.5% rCBF increase).

Neurons responding to noxious stimuli have been found in the primary and secondary somatosensory cortex of primates (Robinson and Burton, 1980a; Kenshalo and Isensee, 1983; Dong et al., 1989). A study of primates with a damaged primary somatosensory cortex and a case report of a patient with a tumor affecting the secondary somatosensory cortex have revealed clear deficits in pain discrimination (Kenshalo et al., 1991; Greenspan and Winfield, 1992) which supports the hypothesis that the lateral pain system plays an important role in the sensory/discriminative aspects of pain processing (Kenshalo et al., 1980; Kenshalo and Isensee, 1983; Albe-Fessard et al., 1985; Chung et al., 1986; Friedman and Murray, 1986; Vogt et al., 1993; Apkarian and Shi, 1994; Willis, 1995). Several functional imaging studies of phasic heat pain, tonic pain and electrically induced pain support the involvement of S1, S2 and the thalamus in pain processing (Talbot et al., 1991; Casey et al., 1994; Coghill et al., 1994; Hsieh, 1995; Casey et al.,

Table 5

Decreases in rCBF during allodynia for the group of patients with mononeuropathy (the data were mirrored for the patients with left-sided pain)<sup>a</sup>

	XYZ-coordinates	Z-scores	Corrected P-value
<b>Rest vs. Allodynia</b>			
<i>Medial temporal lobe dx/Lateral temporal lobe dx</i>			
Hippocampus dx	26, - 22, - 12	5.81	0.000
Amygdala/Hippocampus dx	22, - 14, - 12	5.74	0.000
Superior TG (BA38) dx	44, - 8, - 12	4.96	0.002
Middle TG (BA21) dx	56, - 46, - 12	4.90	0.002
Heschl's G/Planum temp (BA41/42) dx	54, - 16, 4	4.54	0.010
<i>Medial temporal lobe sin</i>			
Hippocampal gyrus/Uncus sin	- 36, - 20, - 20	4.35	0.021
Hippocampal gyrus/Uncus sin	- 34, - 22, - 16	4.33	0.02
<i>Lateral temporal lobe sin</i>			
Superior TG/Heschl's G (BA22/41) sin	- 54, - 14, - 4	4.62	0.007
<i>Occipital lobe sin</i>			
BA17/18 sin	- 18, - 84, - 8	5.00	0.001
BA18 sin	- 26, - 92, 4	4.31	0.024
<i>Occipital lobe/PCC</i>			
BA18 dx	24, - 58, 4	5.00	0.001
PCC (BA29/30) sin	- 14, - 48, 8	4.89	0.002
BA 19 dx	20, - 80, 24	4.83	0.003
Precuneus (BA31) dx	18, - 66, 12	4.42	0.016
BA 19 dx	34, - 78, 24	4.25	0.030
BA 18/19 dx	36, - 84, - 4	4.22	0.034
<b>Contralateral Touch vs. Allodynia</b>			
<i>Medial temporal lobe dx/Lateral temporal lobe dx/ACC sin</i>			
Hippocampus/Amygdala dx	26, - 22, - 12	6.07	0.000
Middle TG (BA21/37) dx	54, - 44, - 12	5.37	0.000
Middle/Superior TG (BA21/22) dx	54, - 36, 0	5.31	0.000
Middle/Superior TG (BA21/38) dx	44, - 14, - 16	5.21	0.000
Heschl's G (BA41) dx	54, - 14, 0	4.78	0.003
Inferior ACC (BA32) sin	- 4, 34, - 4	4.16	0.042
<i>Medial temporal lobe sin</i>			
Hippocampal gyrus/Uncus sin	- 32, - 18, - 20	4.84	0.003
Hippocampus/Hippocampal gyrus sin	- 30, - 20, - 16	4.78	0.003
Amygdala/Uncus sin	- 22, - 2, - 16	4.52	0.010
<i>Lateral temporal lobe sin</i>			
Middle TG (BA21) sin	- 58, - 40, - 12	5.47	0.000
Superior TG (BA22) sin	- 58, - 20, - 4	4.24	0.031
Superior TG/Heschl's G (BA22/41) sin	- 56, - 16, - 4	4.18	0.04
<i>Occipital lobe/PCC/Lateral temporal lobe dx</i>			
PCC/Precuneus (BA23/31)	6, - 56, 32	5.22	0.000
Middle TG (BA19) dx	48, - 66, 20	5.08	0.001
BA 19 dx	34, - 78, 24	4.62	0.007
BA 19 dx	18, - 80, 28	4.21	0.035
BA 19 dx	38, - 76, 24	4.59	0.01

<sup>a</sup> The locations of the maximally activated voxels are given in the coordinates of the Talairach–Tournoux space (Talairach and Tournoux, 1988). The search for the exact location of the maximal activation was performed in the CBA atlas (Greitz et al., 1991). ACC = Anterior cingulate cortex. PCC = Posterior cingulate cortex. TG = Temporal gyrus.

1996; Craig et al., 1996; Rainville et al., 1997). The studies above indicate that the increased activity in the lateral pain system during allodynia may contribute to the painful experience. It is also likely that extensive activation of S1 and S2 represents a co-activation of the mechanoreceptive and the nociceptive systems, consistent with previous suggestions from the experimental literature (Hansson and Kinnman, 1996). The results of the present study are in line with studies of experimental allodynia and allodynia following Wallenberg infarct where increased activity in S1 and

S2 were observed (Iadarola et al., 1998; Peyron et al., 1998). The extensive activation of the lateral pain system in dynamic mechanical allodynia contrasts with the lack of activation in these regions during spontaneous ongoing pain in patients with mononeuropathy (Hsieh et al., 1995a) as well as in other ongoing neuropathic pain states (Di Piero et al., 1991). The discrepancy may reflect that provoked allodynia represents an acute exacerbation of the pain that enhances the spatial localizing component. The rate of change in pain intensity as a factor determining the



cortical response may actually be one of the reasons to why there is a such a variability in the pain literature regarding the involvement of S1 and S2 (Apkarian, 1995).

S2 is a small area defined anatomically in primates as situated in the dorsal banks of the lateral sulcus in the parietal opercular cortex (Roberts and Akert, 1963). Thus, activations of the human operculum in PET studies of pain and other non-painful sensations have been regarded as S2 activations. However, contributions by the more posterior-lateral area involved in somatosensory processing, defined as 7b in monkeys, may also contribute to the increased activation (Coghill et al., 1994). The peak activation of the parietal operculum, including S2, was more posteriorly located than in most previously published PET studies of pain in which the stimuli have been induced in the arm (Talbot et al., 1991; Casey et al., 1994, 1996; Coghill et al., 1994; Craig et al., 1996; Rainville et al., 1997). In single neuron recordings of S2, it has been shown that the foot area is located more posteriorly than the face area in these structures (Robinson and Burton, 1980b). Andersson and co-workers (Andersson et al., 1997) reported increased activity in anterior parts of S2 when painful stimulation of the hand was compared with painful stimulation of the foot. A joint comparison (painful stimulation of the hand and foot vs. baseline) revealed a more posterior activation of the S2. Their results are congruent with our findings and support the existence of a somatotopic organization in S2.

Bilateral responses were observed in the thalamus, S1 and S2 during the allodynic state compared to rest. Only unilateral activation of the S1 in response to painful stimuli has been reported previously. The activation in the ipsilateral postcentral gyrus during allodynia had almost the same coordinates as the brush-evoked activation, which suggests that the ipsilateral response in S1 is somatotopic. However, pain was always reported only from the stimulated side. The bilateral responses in the primary somatosensory cortex may be mediated by a subgroup of neurons in S1 which normally respond to innocuous stimulation from a defined contralateral receptive field, but also respond to ipsilateral intense noxious stimuli (Kenshalo and Isensee, 1983). We confirm previous observations that the S2 area has a tendency to be activated bilaterally by unilateral painful stimuli (Casey et al., 1994). This is consistent with animal studies of S2 which have indicated bilateral receptive fields of neurons responding to experimental noxious input (Dong et al., 1989).

Several regions with decreased rCBF during the allodynic state were observed. Decreases in rCBF are generally regarded as a total net decrease in the neural activity of the involved region (Hsieh, 1995; Raichle, 1997, 1998). In this context it should be noted that the rCBF is an indirect measure of brain activity and can not separate inhibition from excitation but only measures the net result of neuronal activity. Decreased activity was found in the lateral parts of the temporal lobe bilaterally and in the occipital lobe/posterior cingulate gyrus. These areas are involved in general

auditory, language and visuospatial processing (Mazziotta et al., 1982; Ungerleider and Haxby, 1994; Ghatan et al., 1995; Price et al., 1996). A deactivation of such regions may reflect an attention-guided, top-down inhibition of processing of non-attended sensory components (Haxby et al., 1994; Ghatan et al., 1998). Thus, it is suggested that the observed deactivations in these sensory areas, during the allodynic state compared to the non-allodynic states, reflect increased attention towards the processing of allodynia. Bilateral deactivations were also observed in the hippocampus/parahippocampal gyrus, extending into the amygdala/uncus during the allodynic state. These structures are involved in declarative and emotional memory processing. The amygdala is also involved in behavioral and autonomic emotional response to aversive stimuli (LeDoux, 1993; Squire and Zola, 1996; Petersson et al., 1997). We suggest that these deactivations may represent a coping strategy for handling an acute, but well-known painful situation. The deactivations may reflect a meaningful suppression of brain systems subserving episodic memory and emotional response to aversive stimuli (Hsieh, 1995).

No significant activation was found in the ACC or the mid-anterior insula in the Allodynia vs. Rest comparison (although a significant activation was observed in the ACC during Allodynia vs. Contralateral stimulation). This is consistent with the results from a study of patients with allodynia following Wallenberg infarct (Peyron et al., 1998). Peyron et al. (1998) suggested that the absence of ACC activation could be a specific feature for patients with allodynia after Wallenberg infarct, which may also be the case for allodynia after peripheral nerve damage. The lack of activation in the medial pain system, in contrast to the massive activations in the lateral pain system (7–9% rCBF increase in S1), was still an unexpected finding since the patient descriptions of dynamic mechanical allodynia usually include affective components (Hansson, 1994) and since the medial system is considered to be involved in processing the affective and evaluative part of the pain experience (Albe-Fessard et al., 1985; Vogt et al., 1993; Craig et al., 1994; Talbot et al., 1995; Willis, 1995; Rainville et al., 1997).

There were large differences in the total pain intensity ratings during the non-allodynic scans (VAS ratings of spontaneous pain ranging from 0 to 45 mm) and during allodynia (VAS ratings ranging from 50 to 100 mm). A continuous activation of the medial pain system has been demonstrated in ongoing spontaneous pain (Hsieh et al., 1995a) and the ACC response shows correlation with the subjectively perceived pain intensity and unpleasantness (Davis et al., 1997; Derbyshire et al., 1997; Rainville et al., 1997). The variability of the perceived pain intensity may have been paralleled by a variable response in the medial pain system during both the allodynic and the rest states which may explain the lack of significant activation in these structures when directly comparing the rCBF in the allodynic with the non-allodynic states. Thus, the discre-

pancy in the activation of the medial pain system between the present PET study of allodynia and several other PET studies of pain (Jones et al., 1991; Talbot et al., 1991; Casey et al., 1994, 1996; Coghill et al., 1994; Hsieh et al., 1995a,b; Craig et al., 1996; Vogt et al., 1996; Rainville et al., 1997; Iadarola et al., 1998) may be due to a heterogeneous patient material in the clinical allodynia study. The same may be the case in the study of Peyron and colleagues (Peyron et al., 1998) since half of the included patients had an ongoing spontaneous pain and displayed a variable response to the induced allodynia.

Previously, a within condition correlation has been observed between the reported unpleasantness of pain and rCBF in the ACC (Rainville et al., 1997). Also, when the rCBF was regressed on the rated pain intensity across conditions a significant correlation was observed in the ACC (Davis et al., 1997; Derbyshire et al., 1997; Silverman et al., 1997). Thus, subjectively perceived pain intensity/unpleasantness may be more important for the level of activity in the ACC than the type of pain. In order to test this hypothesis we performed a post-hoc analysis in which the rCBF was regressed on the reported pain intensity ratings (irrespective if it refers to spontaneous pain or induced allodynia) across the rest and allodynia conditions, i.e. we used the reported total pain intensity as a covariate of interest in the general linear model. The results of the linear regression showed several significant activation foci, i.e. covariations between the total pain rating and the rCBF, in the ACC ( $[x,y,z] = [2,6,40]$ ,  $Z\text{-score} = 3.32$ ;  $[x,y,z] = [-6,18,24]$ ,  $Z\text{-score} = 3.34$ ;  $[x,y,z] = [-4, -16,44]$ ,  $Z\text{-score} = 4.87$ ). This is consistent with the previously observed significant regressions and suggests that the ACC maintains the previously observed pattern of response to the overall perceived pain, but that inhomogeneities in spontaneous pain and also in the induced pain response may obscure effects unless appropriately accounted for. Similarly, there was a covariation between the pain intensity rating and the rCBF in the ipsilateral anterior insula ( $[x, y, z] = [28, 18, 12]$ ,  $Z\text{-score} = 4.1$ ) and in the contralateral anterior insula (non-significant tendency,  $[x, y, z] = [-32, 6, 4]$ ,  $Z\text{-score} = 2.21$ ). Hence, there seems to be a covariation between subjective pain intensity rating and rCBF also for other areas of the medial pain system. In addition, it should be noted that the results for the lateral pain system were similar with the results previously described above.

A decrease was also observed in the inferior part of the ACC in the contrast Contralateral touch vs. Allodynia. This region of the ACC is involved in attention and the observed decrease may represent altered attention-dependent activity (Hsieh et al., 1995a). This finding is in line with the study of tactile allodynia after Wallenberg infarct (Peyron et al., 1998).

PAG is involved in behavioral and autonomic emotional responses during noxious stimulation (Carrive, 1993; LeDoux, 1993) and has been activated in experimental traumatic pain (Hsieh et al., 1995b). In the present study, an

increased activation in the brainstem/PAG was observed during the allodynic state, which was not unexpected given the high intensity, the nature of the experienced pain and the increased heart rate during this state.

## 5. Conclusions

In this study of dynamic mechanical allodynia in patients with mononeuropathy, an extensive activation of the lateral pain system was observed. The activation in the somatotopic projection of the leg in S1 was significantly more expressed during allodynia than during non-painful touch. Bilateral activations were observed in the lateral pain system. Also, the activity of the medial pain system covaried positively to pain intensity ratings. This activation pattern contrasts to previous studies of ongoing spontaneous neuropathic pain where no increased activity of the lateral pain system was observed. Finally, an extensive pattern of deactivation was found during the allodynic state, which may represent attention-based inhibitions and central coping modulations during a severe, but well-known painful situation.

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