

## A pharmacogenetic study to investigate the role of dietary carcinogens in the etiology of colorectal cancer

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**Susceptibility to colorectal cancer, one of the most common forms of cancer in the Western world, has been associated with several environmental and dietary risk factors. Dietary exposure to food derived heterocyclic amine carcinogens and polycyclic aromatic hydrocarbons have been proposed as specific risk factors. Many polymorphic Phase I and Phase II drug metabolizing enzymes are responsible for the metabolism and disposition of these compounds and it is therefore possible that inheritance of specific allelic variants of these enzymes may influence colorectal cancer susceptibility. In a multicenter case-control study, 490 colorectal cancer patients and 593 controls (433 matched case-control pairs) were genotyped for common polymorphisms in the cytochrome P450 (CYP1A1, CYP1A2, CYP1B1, CYP2A6, CYP2C9, CYP2C19 and CYP2D6), glutathione S-transferase (GSTM1, GSTP1 and GSTT1), sulfotransferase (SULT1A1 and SULT1A2), N-acetyl transferase 2 (NAT2), NAD(P)H:quinone oxidoreductase (NQO1), methylenetetrahydrofolate reductase (MTHFR), and microsomal epoxide hydrolase (EPHX1) genes. Matched case-control analysis identified alleles associated with higher colorectal cancer risk as carriage of CYP1A1\*2C (OR = 2.15, 95% CI 1.36–3.39) and homozygosity for GSTM1\*2/\*2 (OR = 1.53, 95% CI 1.16–2.02). In contrast, inheritance of the CYP2A6\*2 (OR = 0.51,**

**Abbreviations:** 95% CI, 95% confidence interval; AA, aromatic amine; CYP, cytochrome P450; EPHX1, microsomal epoxide hydrolase; GST, glutathione S-transferase; HA, heterocyclic amine; MTHFR, methylenetetrahydrofolate reductase; NAT2, N-acetyl transferase 2; NQO1, NAD(P)H:quinone oxidoreductase; OR, odds ratio; PAH, polycyclic aromatic hydrocarbon; PCR, polymerase chain reaction; PhIP, 2-amino-1-methyl-6-phenylimidazo[4,5-b]pyridine; RFLP, restriction fragment length polymorphism; SNP, single nucleotide polymorphism; SULT, sulfotransferase.

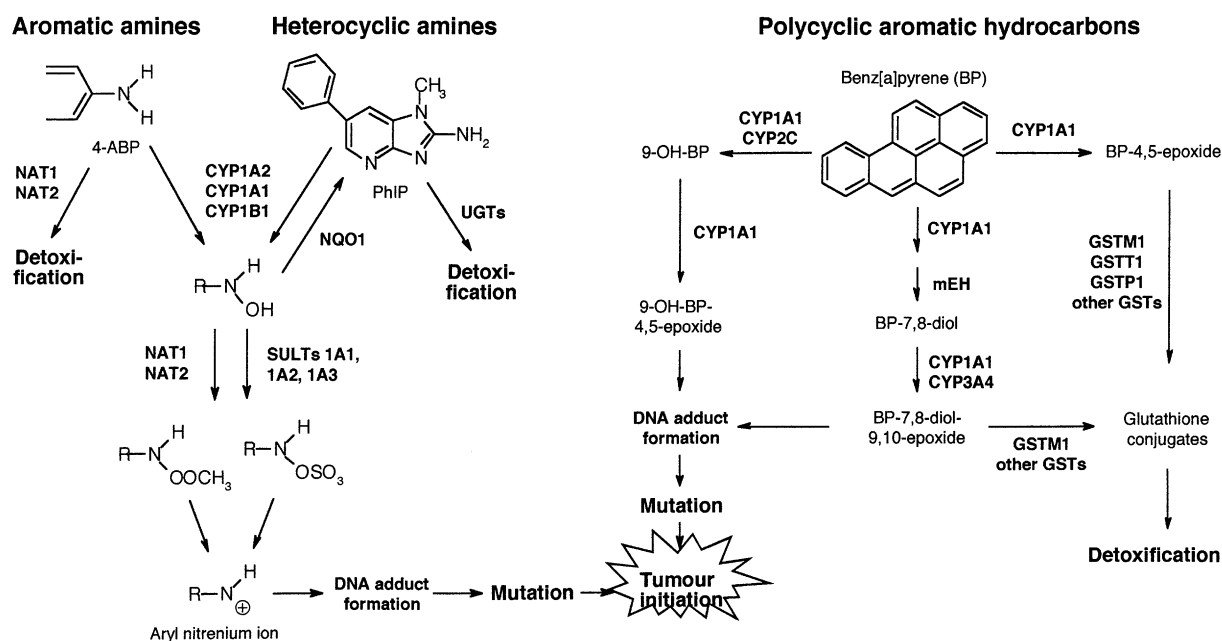
95% CI 0.28–1.06), CYP2C19\*2 (OR = 0.72, 95% CI 0.52–0.98) and the EPHX1<sub>His113</sub> alleles were associated with reduced cancer risk. We found no association with colorectal cancer risk with NAT2 genotype or any of the other polymorphic genes associated with the metabolism and disposition of heterocyclic amine carcinogens. This data suggests that heterocyclic amines do not play an important role in the aetiology of colorectal cancer but that exposure to other carcinogens such as polycyclic aromatic hydrocarbons may be important determinants of cancer risk.

### Introduction

Colorectal cancer, second only to lung cancer, is a major cause of cancer death in the western world (1). Comparison of colorectal cancer incidence rates in different countries reveals marked regional differences in disease incidence, suggesting that environmental factors including local carcinogen exposure and diet may be important determinants of cancer risk. Migrants from countries with relatively low colorectal cancer incidence (e.g. Asian countries) to 'western' societies rapidly assume the incidence rate of their adopted country (2), supporting the hypothesis that regional dietary or carcinogen exposures are important risk factors.

Specific components of the western diet including meat consumption (particularly red and/or well-done meat) and dietary fat (particularly polyunsaturated fatty acids) have been proposed as risk factors which influence susceptibility to colorectal cancer (3–5). Data from both *in vitro* and *in vivo* studies suggest that exposure to heterocyclic amines (HAs) such as 2-amino-1-methyl-6-phenylimidazo[4,5-b]pyridine (PhIP), aromatic amines (AAs) including 4-aminobiphenyl (4-ABP), and polycyclic aromatic hydrocarbons (PAHs) such as benzo[*a*]pyrene significantly increase colorectal cancer risk (6–8). Dietary HAs are formed during frying and broiling of meat and fish by the pyrolysis of amino acids and proteins (9), whereas PAHs are derived from vegetable oils (10,11). Both AAs and PAHs are also present at significant levels in tobacco smoke (12). AA, HA and PAH compounds are known to be metabolized by a variety of Phase I and Phase II drug metabolizing enzymes, including cytochrome P450s, glutathione S-transferases and N-acetyl transferases, which catalyse the various activation and detoxification pathways illustrated in Figure 1.

Glutathione S-transferases GSTM1 and GSTT1 facilitate the inactivation of toxic compounds by forming hydrophilic glutathione conjugates. In contrast, a number of enzymes including CYP1A1, CYP1A2, NAT2, SULT1A1 and SULT1A2 activate HAs and PAHs to mutagenic products (13–16). Several additional enzymes including CYP1B1, CYP2C9, CYP2C19 and CYP2D6 (17–19) as well as microsomal epoxide hydrolase (EPHX1) and NADPH:quinone oxidoreductase (NQO1) have also been shown to metabolize these compounds using hepatic



**Fig. 1.** Involvement of various polymorphic drug metabolizing enzymes in the metabolism and activation of AAs, HAs, and PAHs. For simplicity, not all pathways of metabolism are shown. UGTs, UDP glucuronosyltransferases.

microsomal preparations *in vitro* or using recombinant enzyme systems (20,21).

Dietary folate supplements have been shown to be protective against colorectal adenoma formation (22), while low folate diets in combination with high alcohol consumption have been associated with a significantly higher colorectal cancer risk (23). Methylene tetrahydrofolate reductase (MTHFR) catalyses the conversion of 5,10-methylene tetrahydrofolate, required for purine and thymidine synthesis, to 5-methylene tetrahydrofolate, required for the synthesis of methionine. A common polymorphism in MTHFR (677C→T) leading to reduced enzyme activity has previously been proposed to influence colorectal cancer susceptibility (24,25).

Extensive genetic polymorphism in these and other drug metabolizing enzymes results in a diverse population distribution of catalytic activities (26,27). For example, polymorphisms in GSTM1, GSTT1 and CYP2D6 result in 'null alleles' leading to a complete loss of enzyme function, while the other polymorphisms (e.g. CYP2C9, GSTP1) result in single amino acid changes with less predictable and often substrate-specific effects on catalytic activity. The inheritance of many DME alleles has now been associated with cancer susceptibility and is the subject of many recent review articles (28).

There are now several studies investigating the influence of genetic polymorphism on colorectal cancer susceptibility. In most cases, these investigations have focussed on only a limited number of candidate genes such as CYP1A1, the GSTs and NAT2 (Figure 1). Among previous studies, inheritance of the CYP1A1\*2C allele has been associated with increased colon cancer risk [e.g. Kiss *et al.* (29): OR = 1.57, 95% CI 0.9–2.7], as has the GSTM1 'null' genotype [e.g. Zhong *et al.* (30): OR = 1.90, 95% CI 1.3–2.8], the GSTT1 'null' genotype [e.g. Deakin *et al.* (31): OR = 1.88, 95% CI 1.28–2.77], and the NAT2 'fast acetylator' genotype [e.g. Lang *et al.* (32): OR = 2.48, 95% CI 1.0–6.0, Roberts-Thomson *et al.* (33): OR = 1.9, 95% CI 1.0–3.3]. Many of these studies were relatively small, however, while a recent large study of 1542 colorectal cancer cases and 1860 controls (34) failed to

show a significant effect of GSTM1 deficiency or fast NAT2 acetylation on colorectal cancer susceptibility. The ultimate determinant of 'genetic susceptibility' is likely to be complex, possibly arising from synergistic interactions between allelic variants of multiple genes including activating and detoxifying enzymes and the environment. This may explain why many previous studies have reported contradictory findings. These differences could arise from genetic differences in the populations studied, regional dietary differences and local carcinogen exposures. In addition, many previous studies have considered relatively small populations, leading to difficulties in assessing the true statistical significance of the data. There is therefore a need for larger, more comprehensive studies where multiple polymorphisms are studied simultaneously so that a true estimate of risk associated with these polymorphisms can be made within a defined population.

Here we describe a comprehensive case-control genotyping analysis, designed to investigate the influence of specific alleles of a wide range of polymorphic carcinogen metabolizing enzymes on colorectal cancer susceptibility.

## Materials and methods

### Patient and control recruitment

A total of 490 patients with colorectal cancer were recruited in the period August 1997–February 2001 at either Ninewells Hospital, Dundee, Perth Royal Infirmary, Leeds General Infirmary, St James's Hospital, Leeds or York District Hospital. The study was approved by the Tayside Committee on Medical Research Ethics, the York Research Ethics Committee and the Leeds Health Authority/St James's and Seacroft University Hospitals Local Research Ethics Committee. Written informed consent was obtained from all study participants.

Patients (45–80 years) were invited to participate if they were Caucasian, had incident colorectal cancer (ICD-9 classification 153.0–153.9, 154.0–154.1), and had no history of familial adenomatous polyposis coli (FAP), inflammatory bowel disease, ulcerative colitis, diverticular disease or previous malignancy. Healthy population-based controls (GP controls), with no history of previous cancer, were recruited by age, sex and general practitioner matching of incident cases. Multiple GP controls were recruited for some cases, while no matching control was available for a minority of cases. In total, 490 cases and 593 controls were recruited, with 433 matched

**Table I.** Demographic and descriptive statistics of cases and controls

	Cases n (%)	Controls n (%)
Participants by centre:		
Dundee	145 (30)	249 (42)
Leeds	240 (49)	232 (39)
York	105 (21)	112 (19)
Total	490 (100)	593 (100)
Mean age in years (SD)	67.70 (8.50)	68.61 (8.89)
Sex:		
Male	297 (61)	322 (54)
Female	193 (39)	271 (46)
Duke's stage:		
A	57 (12)	–
B	162 (33)	–
C1	148 (30)	–
C2	25 (6)	–
Cancer site:		
Colon	277 (57)	–
Rectum	213 (43)	–

case-control pairs. The demographic and descriptive statistics of cases and controls are given in Table I.

All patients and controls were mentally competent to be interviewed by an experienced research nurse in order to provide dietary and lifestyle information which was recorded in a Food Frequency Questionnaire.

#### Molecular genetic analyses of polymorphisms

All patients and controls gave a 10 ml venous blood sample, which was stored in EDTA blood containers at  $-20^{\circ}\text{C}$ . Genomic DNA was extracted from 200 ml of whole blood, using a QIAamp 96 spin blood kit (Qiagen), according to the Manufacturer's instructions and stored in 10 mM Tris-HCl, 1 mM EDTA at  $4^{\circ}\text{C}$ .

All study participants were genotyped for the most common and functionally relevant polymorphisms in drug metabolizing enzymes involved in HA and PAH carcinogen metabolism. A compilation of the alleles, primer sequences and reaction conditions for all genotyping methods are summarized in Table II and Table III.

PCR and PCR-RFLP assays (Table II) were adapted from literature methods (35–38) and used to identify the following alleles: *CYP1A2*\*1C ( $-3858_{\text{G}\rightarrow\text{A}}$ ), *CYP1A2*\*1D ( $-2464_{\text{delT}}$ ), *CYP1A2*\*1F ( $-164_{\text{C}\rightarrow\text{A}}$ ), *CYP1B1*\*3 ( $4326_{\text{C}\rightarrow\text{G}}$ ), *CYP2A6*\*2 ( $479_{\text{T}\rightarrow\text{A}}$ ), *CYP2A6*\*3 (*CYP2A6/CYP2A7* hybrid), *GSTT1*\*2, *GSTM1*\*2, *NQO1*\*2 (*Pro187Ser*), *NQO1*\*3 (*Arg139Trp*), *SULT1A1*\*2 (*Arg213His*), *SULT1A2*\*2 (*Asn235Thr*), *MTHFR*<sub>Ala222Val</sub>, *EPHX1*<sub>Tyr113His</sub>, *EPHX1*<sub>His139Arg</sub>. All PCR-RFLP tests were modified for small scale reactions (10  $\mu\text{l}$ ), and were optimized for high-throughput analysis using the MADGE gel system (Madge Biosystems) allowing simultaneous analysis of 96 samples on one microtitre plate formatted polyacrylamide gel.

The presence of additional alleles was detected using novel high-throughput *TaqMan* allelic discrimination tests: *CYP1A1*\*2 ( $3801_{\text{T}\rightarrow\text{C}}$ ), *CYP1A1*\*2B ( $2455_{\text{A}\rightarrow\text{G}}$ ), *CYP2C9*\*2 ( $430_{\text{C}\rightarrow\text{T}}$ ), *CYP2C9*\*3 ( $1075_{\text{A}\rightarrow\text{C}}$ ), *CYP2C19*\*2 ( $681_{\text{G}\rightarrow\text{A}}$ ), *CYP2D6*\*3 ( $2549_{\text{A}\rightarrow\text{del}}$ ), *CYP2D6*\*4 ( $1846_{\text{G}\rightarrow\text{A}}$ ), *GSTP1*<sub>Ile105Val</sub>, *GSTP1*<sub>Ala114Val</sub>, and the *NAT2* SNPs *NAT2*<sub>481C→T</sub>, *NAT2*<sub>590G→A</sub>, *NAT2*<sub>803A→G</sub> and *NAT2*<sub>857G→A</sub> (defining 'slow' *NAT2* alleles *NAT2*\*5A, *NAT2*\*5B, *NAT2*\*5C, *NAT2*\*6A and *NAT2*\*7B, respectively). *CYP2C9*\*2 and *CYP2C19*\*2 genotyping analyses were performed using pre-developed assay reagents for allelic discrimination of cytochrome P450 (PE Biosystems), according to the manufacturer's instructions. Primer and probe sequences for all other *TaqMan* genotyping assays are given in Table III. All *TaqMan* probes were synthesized by PE Applied Biosystems and oligonucleotide primers by MWG Biotech. Following PCR amplification, end-point fluorescence was read using an Applied Biosystems ABI PRISM 7700 Sequence Detector or 'Taqman'. Genotypes were assigned using Allelic Discrimination Software (Applied Biosystems SDS Software v1.7a). Appropriate controls representative of each genotype and multiple no template controls were included in each analysis.

#### Case-control analyses

Each polymorphism was initially tested for Hardy-Weinberg equilibrium in the control population. Genotype frequencies were then compared between all cases and controls using chi-squared tests using  $3 \times 2$  contingency tables. For polymorphisms with a low variant allele frequency, homozygotes for the variant allele were combined with heterozygotes. For certain genes, genotypes

were combined on the basis of a known phenotype-genotype relationship – for example, the combination of *CYP2D6* alleles *CYP2D6*\*3 and *CYP2D6*\*4 were classified as 'poor metabolizers', all combinations with allele *CYP2D6*\*1 were termed 'extensive metabolizers'. Similarly *GSTT1*\*1/\*1 + *GSTT1*\*1/\*2 were termed 'active metabolizers', while inheritance of the *GSTT1*\*2/\*2 genotype identified an individual as 'deficient metabolizer'. Combinations of alleles *NAT2*\*5A, *NAT2*\*5B, *NAT2*\*5C, *NAT2*\*6A and *NAT2*\*7B were classified as 'slow acetylators', while all genotypes containing allele *NAT2*\*4 were classified as 'fast acetylators'. The *NQO1* genotype *NQO1*\*1/\*1 was classified as an 'active metabolizer', genotypes *NQO1*\*1/\*2 and *NQO1*\*1/\*3 were 'intermediate metabolizers' and genotypes *NQO1*\*2/\*2, *NQO1*\*3/\*3, and *NQO1*\*2/\*3 were 'slow metabolizers'. *EPHX1* 'fast' genotypes were *Y*<sub>113</sub>*Y*/*H*<sub>139</sub>*R*, *Y*<sub>113</sub>*Y*/*R*<sub>139</sub>*R* and *Y*<sub>113</sub>*H*/*R*<sub>139</sub>*R*; 'intermediate' genotypes were *Y*<sub>113</sub>*Y*/*H*<sub>139</sub>*H*, *Y*<sub>113</sub>*H*/*H*<sub>139</sub>*R* and *H*<sub>113</sub>*H*/*R*<sub>139</sub>*R*; and 'slow' genotypes were *Y*<sub>113</sub>*H*/*H*<sub>139</sub>*H*, *H*<sub>113</sub>*H*/*H*<sub>139</sub>*H* and *H*<sub>113</sub>*H*/*H*<sub>139</sub>*R*.

For polymorphisms where the preliminary analysis demonstrated an association with colorectal cancer susceptibility (using a liberal cut-off of  $P = 0.10$ ), a matched analysis was carried out on a subset of 433 matched case-control pairs using conditional logistic regression. Case-control pairs were matched for age, sex, study centre and general practitioner, factors not considered in the preliminary analysis.

Effect sizes are presented as odds ratios, with 95% confidence intervals, treating homozygosity for the most common allele as the baseline risk category.

Several possible synergistic genotype/genotype interactions are suggested by the various HA and PAH metabolic pathways (Figure 1) or have been proposed in previous studies. The following combinations of alleles were therefore analysed – *GSTM1* 'deficient' plus *NAT2* 'slow', *GSTM1* 'deficient' plus *GSTT1* 'deficient', *GSTM1* 'deficient' plus *CYP1A1* (*CYP1A1*\*1/\*2C + *CYP1A1*\*2C/\*2C), and *NAT2* 'slow' plus *CYP1A1* (*CYP1A1*\*1/\*2C + *CYP1A1*\*2C/\*2C). Based on the matched case-control analysis, a logistic model allowing for interaction was compared with a model assuming that each gene was an independent modifier of risk, using the likelihood ratio test.

All analyses were carried out using the statistical analysis software Stata (Stata Statistical Software: Release 6.0. College Station, TX: Stata Corporation, 1999).

## Results

### Distribution of genotype frequencies in cases and controls

Results of the entire unmatched case-control analysis are presented in Table IV. All genotype distributions in the control group were in Hardy-Weinberg equilibrium with the exception of the *mEH*<sub>Tyr113His</sub> allele and *CYP1A1*\*2 (see Discussion).

In the unmatched case-control analysis, significant associations were found for carriage of the *CYP1A1*\*2C allele (OR = 1.84,  $P = 0.001$ ) and the *GSTM1*\*2/\*2 'null' genotype (OR = 1.33,  $P = 0.021$ ). In contrast, variant genotypes of *CYP2A6* (OR = 0.57,  $P = 0.070$ ) and *CYP2C19* (OR = 0.68,  $P = 0.007$ ) were associated with lower colorectal cancer risk. Inheritance of the homozygous *mEH*<sub>Tyr113Tyr</sub> genotype was also found to be a significant protective factor (OR = 0.68,  $P = 0.012$ ), although the Tyr<sub>113</sub>His allele distribution within our control population was not in Hardy-Weinberg equilibrium [observed (expected) frequencies were 270 (227) Tyr/Tyr, 193 (279) Tyr/His, 129 (86) His/His;  $P < 0.0001$ ]. *mEH*<sub>Tyr113His</sub> was therefore excluded from further matched case-control analysis.

There were no statistically significant differences in case and control allele frequencies for the other enzymes we investigated in this study (Table IV). In particular, we did not identify any statistically significant associations for any alleles of *CYP1A2* or *NAT2*, enzymes which are thought to be important determinants of the metabolic fate of heterocyclic amine carcinogens.

To confirm our initial observations, matched case-control analysis was performed for each of the genotypes which showed a significant effect in the unmatched analysis. As illustrated in Figure 2, inheritance of inactive or low activity alleles of *CYP2A6* (OR = 0.54, 95% CI 0.28–1.06) and



**Table II.** MADGE-gel based genotyping analysis

Gene Allele	Primer Name	Primer Sequence (5'→3')	PCR Program
CYP1A2 C <sub>-164</sub> A	11F 4R	TGAGGCTCCTTTCCAGCTCTCA AGAAGCTCTGTGGCCGAGAAGG	35× (30 s 94°C— 10 s 58°C—1 min 72°C)
CYP1A2 dT <sub>-4373</sub>	dTF dTR	TGAGCCATGATTGTGGCATA AGGAGTCTTTAATATGGACCCAG	35× (30 s 94°C— 10 s 49°C—1 min 72°C)
CYP1A2 G <sub>-3858</sub> A	R2 R3	GCTACACATGATCGAGCTATAC CAGGTCTCTTCACTGTAAAGTTA	35× (30 s 94°C— 10 s 52°C—1 min 72°C)
CYP1A2 T <sub>-740</sub> G	740F 740R	CACTCACCTAGAGCCAGAAGCTC AGAGCTGGGTAGCAAAGCCTGGA	35× (30 s 94°C— 10 s 49°C—1 min 72°C)
CYP1A2 C <sub>63</sub> G	chF chR	ATGAATGAATGAATGTCTC CTCTGGTGGACTTTTCAG	38× (30 s 94°C— 10 s 49°C — 40 s 72°C)
CYP1A2 T <sub>1545</sub> C	F01 R01	AGCCCTTGAGTGAGAAGATG GGTCTTGCTCTGTCACTCA	35× (30 s 94°C— 10 s 58°C—1 min 72°C)
CYP2A6 *2, *3	F03 R06	CTGATCGACTAGGCGTGGTA CGTCTGGGTGTTTTCTTC	40× (30 s 94°C— 10 s 51°C—1 min 72°C)
CYP1B1*2 Leu <sub>432</sub> Val	323F 1B1R	TAAGAATTTTGCTCACTTGC GTTCTCCGGGTTAGGCCACTTAA	33× (30 s 94°C— 10 s 55°C—1 min 72°C)
mEH Tyr <sub>113</sub> His	EH1 EH2	GACTTACACCAGAGGATCGATAAG GCCCTCAATCTTAGTCTTGAAGTGACGGT	34× (30 s 94°C— 25 s 56°C — 40 s 72°C)
mEH His <sub>139</sub> Arg	EH3 EH4	CCAGAGCCTGACCGTGCAGGG AACACCGGGCCACCCTTGGC	35× (30 s 94°C— 10 s 58°C—1 min 72°C)
NQO1*2 Pro <sub>187</sub> Ser	55F 56R	GAGACGCTAGCTCTGAACTGAT ATTTGAATTCGGGCGTCTGCTG	35× (30 s 94°C— 10 s 58°C—1 min 72°C)
NQO1*3 Arg <sub>139</sub> Trp	464A 464B	CTGGTCTTACCTCAATGATGTC CCTGCATCAGTACAGACCACC	35× (30 s 94°C— 10 s 56°C—1 min 72°C)
SULT1A1*2 Arg <sub>213</sub> His	7F 7R	GTTGGCTGTCAGGGTTTCTAGGA CCCAAACCCCTGCTGGCCAGCACCC	35× (30 s 94°C— 10 s 56°C—1 min 72°C)
SULT1A2*2 Asn <sub>235</sub> Thr	S1A2F S1A2R	GGTCGAGGAGCTGGCTCTAT CCTCATGAAGGGGGAGATGC	33× (30 s 94°C— 10 s 56°C—1 min 72°C)
GSTT1 *2/*2	T1P1F T1P2R betaGF betaGR	TTCCTTACTGGTCCACATCTC TCACCGGATCATGGCCAGCA CAACTTCATCCACGTTCCACC GAAGAGCCAAGGACAGTTAC	35× (1 min 93°C — 1 min 58°C—1 min 72°C)
GSTT1 *2	T1-0F T1-0F T1-0R T1-AF T1-AR	CAGTTGTGAGCCACCGTACCC CAGTTGTGAGCCACCGTACCC CGATAGTTGCTGGCCCCCTC CAGCACCCAGGCATCAGCTTCTG GGTGAGCCAGTATCTCCCCAGACAC	32× (30 s 94°C— 13s 69°C—1 min 72°C)
GSTM1 *2/*2	P1F P2R P3R	CGCCATCTTGTGCTACATTGCCCG ATCTTCTCCTCTCTGTCTC TTCTGGATTGTAGCAGATCA	30× (1 min 95°C— 1 min 52°C—1 min 72°C)
GSTM1 *2	tPA7 tPA13 M2F10 M5R16	GGAAGTACAGCTCAGAGTTCTGCAGCACCCCTGC TGTCTCCAGCACACAGCATGTTGTCGGTGAC AAGACAGAGGAAGGGTGCATTGATA ACAGACATTCATCCCAAAGCGACCA	35× (20 s 95°C— 20 s 56°C—5 min 68°C)

*CYP2C19* (OR = 0.72, 95% CI 0.52–0.98) both had a protective effect while inheritance of the *GSTM1* 'null' genotype (OR = 1.53, 95% CI 1.16–2.02) and the *CYP1A1*\*2C allele (OR = 2.15, 95% CI 1.36–3.39) identified individuals at increased risk of developing colorectal cancer.

#### Interactions between enzymes

Given that some of the genotypes tested were found to significantly influence colorectal cancer risk, we further investigated the joint effect of inheriting various genotype combinations including *GSTM1* null/*NAT2* slow, *GSTM1* null/*GSTT1*

null and *GSTM1* null/*CYP1A1*\*2B (Table V). We found no evidence for significant interactions between any of the allele combinations tested.

#### Discussion

We have carried out a detailed and comprehensive study on the association of metabolic polymorphisms and colorectal cancer susceptibility. Epidemiological evidence suggests that specific environmental factors including dietary carcinogen exposure may be significant determinants of colorectal cancer

**Table III.** Taqman-based genotyping analysis

Gene Allele	Primer/probe Name	Primer and probe sequences Sequence (5'→3')	Primer/probe concentration
CYP1A1 E7	F	TGTTAAGTGAGAAGGTGATTATCTTTGG	300 nM
	R	GCAGGATAGCCAGGAAGAGAAAAG	300 nM
	FAM	TATCGGTGAGACCATTGCCCGCT	100 nM
	VIC	TATCGGTGAGACCXTTGCCCGCT	100 nM
CYP1A1 Msp I	F	TGGTACCATTTTGTTCCTACTGTAACC	300 nM
	R	GCGGCCCAACTACTCAGA	900 nM
	FAM	CCACCTCCTGGGCTCACACGAT	100 nM
	VIC	CCACCTCCXGGGCTCACACGAT	100 nM
CYP2C9*3	F	GCCACATGCCCTACACAGATG	50 nM
	R	CATGGAGTTGCAGTGTAGGAGAAA	300 nM
	FAM	TCCAGAGATACCTTGACCTTCTCCCA	100 nM
	VIC	TCCAGAGATACATTGACCTTCTCCCA	100 nM
CYP2D6*3	F	AGGGCCGAGAGCATACTCG	300 nM
	R	GTCCCCGTCCTCCTGCAT	300 nM
	FAM	CAGGTCATCCTGTGCTCAGTTAGCAGC	100 nM
	VIC	CAGGTCATCCGTGCTCAGTTAGCAGC	100 nM
CYP2D6*4	F	ATGGGCAGAAAGGGCACA	300 nM
	R	AAGCCCGACTCCTCCTCAG	900 nM
	FAM	CACCCCAAGACGCCCT	100 nM
	VIC	CACCCCAAGACGCCCT	100 nM
GSTP1 a/b	F	CCTGGTGGACATGGTGAATG	50 nM
	R	CAACCCTGGTGCAGATGCT	300 nM
	FAM	CGCTGCAAATACATCTCCCTCATCTACA	100nM
	VIC	CGCTGCAAATACGTCTCCCTCATCTACA	100 nM
GSTP1 a/c	F	GGGCAGTGCCTTCACATAGTC	300 nM
	R	GAGTAGGATGATACATGGTGGTGTCT	300 nM
	FAM	TCCTTGCCCGCCTCTGC	100 nM
	VIC	TCCTTGCCCACTCTCTGC	100 nM
NAT2 Kpn I	F	TGCATTTTCTGCTTGACAGAAGA	300 nM
	R	CTTTGGCAGGAGATGAGAATTAAGA	300 nM
	FAM	CTCTCCTGATTTGGTCCAGGTACCAGATT	100 nM
	VIC	CTCTCCTGATTTGGTCCAAGTACCAGATT	175 nM
NAT2 Dde I	F	GGTGGGCTTCATCCTCACCTA	900 nM
	R	AGGTTTGGGCACGAGATTCT	900 nM
	FAM	AAGTGCTGAAAATATA	200 nM
	VIC	AAGTGCTGAGAAAATATA	200 nM
NAT2 Taq I	F	CATCTCCTGCCAAAGAAGAAAACA	300 nM
	R	AAGGAACAAAATGATGTGGTTATAAATG	900 nM
	FAM	TTACGCTTGAACCTCGAACAATTGAAGATT	100 nM
	VIC	TTACGCTTGAACCTCAAACAATTGAAGATT	100 nM
NAT2 Bam HI	F	GGAGAAATCTCGTGCCAAA	900 nM
	R	TTAGTGAGTTGGGTGATACATACACAAG	900 nM
	FAM	AAGGGATTCATCACCAG	200 nM
	VIC	AGGGATCCATCACC	200 nM

risk. In particular, red meat consumption and dietary fat intake have been proposed to modify cancer risk. In confirmation of this hypothesis, in a recent multi-centre collaborative case-control study in three centres in the UK, we have demonstrated that red meat consumption and smoking are significantly associated with increased colorectal cancer risk (Barrett *et al.*, in press).

It is of particular interest that we did not find the major enzymes involved in the activation and disposition of HA carcinogens to be associated with altered colorectal cancer risk. In particular and in contrast to previous studies, we did not find an association with NAT2 genotype. The majority of previous studies reported an increased cancer risk for NAT2 'fast acetylators' [(e.g. Lang *et al.* (32): OR = 2.48, 95% CI

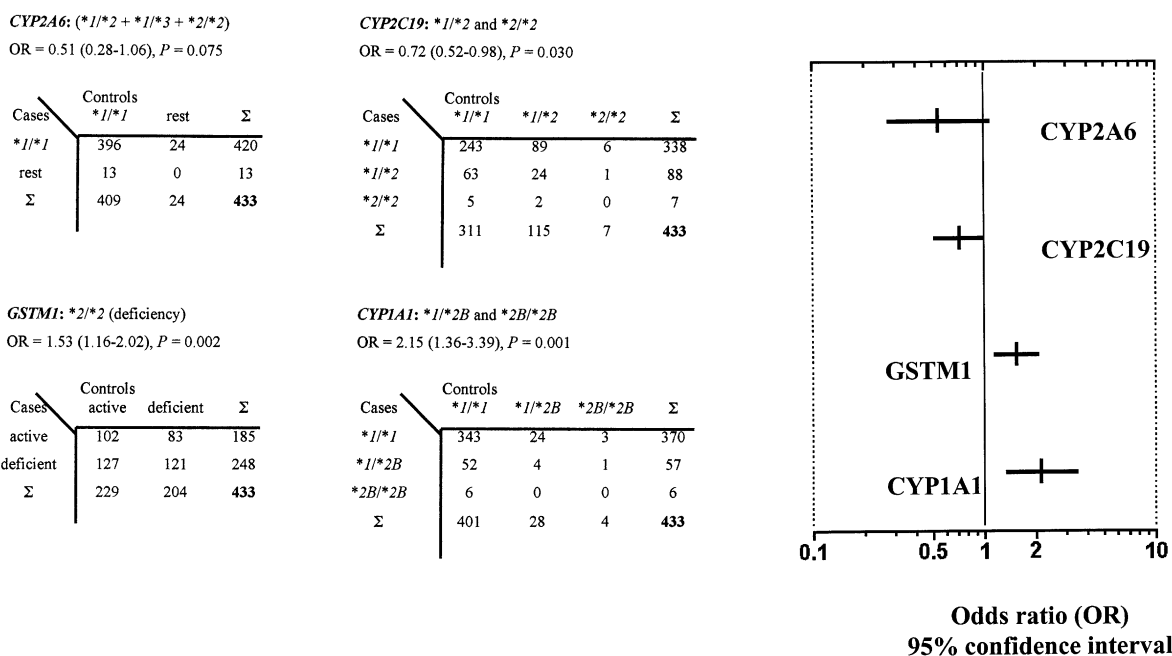
1.0–6.0; Roberts-Thomson *et al.* (33): OR = 1.9, 95% CI 1.0–3.3], although not all studies produced significant associations [e.g. Spurr *et al.* (55): OR = 1.22, 95% CI 0.7–2.3]. In addition, meta-analysis of six studies in Caucasian populations (56) gave an overall odds ratio of 1.31 (95% CI 1.08–1.59) suggesting that NAT2 genotype alone has only a small effect on colorectal cancer risk. In confirmation of this finding, a recent meta-analysis by Houlston and Tomlinson (57) found an odds ratio of 1.03 (95% CI 0.93–1.14) for the NAT2 fast acetylator genotype. It is important to note, however, that many meta-analyses have combined genotyping and phenotyping studies and have included data from different ethnic groups.

Several authors (33,58–60) have previously suggested that NAT2 fast acetylation is particularly associated with increased

**Table IV.** Unmatched case–control genotyping analysis (592 controls versus 490 cases)

Allele	–/– Genotype	–/+ Genotype	+/+ Genotype	–/+ Genotype	+/+ Genotype	P Note
	n (%) controls/cases	n (%) controls/cases	n (%) controls/cases	OR (95% CI)	OR (95% CI)	
<b>A. Cytochrome P450</b>						
<i>CYP1A1</i> *2 (m1)	*1/*1 476 (80.4) / 389 (79.4)	*1/*2 111 (18.8)/90 (18.4)	*2/*2 5 (0.84)/11 (2.24)	0.99 (0.73–1.35)	2.69 (0.97–7.48)	0.164
	*1/*1 as above	*1/*2 + *2/*2 116 (19.6)/101 (20.6)	–	1.07 (0.79–1.44)	–	0.677
<i>CYP1A1</i> *2 <i>B</i> (m2)	*1/*1 <b>539 (91.1)/415 (84.7)</b>	*1/*2 <i>B</i> <b>48 (8.11)/68 (13.9)</b>	*2 <i>B</i> /*2 <i>B</i> <sub>t</sub> <b>5 (0.84)/7 (1.43)</b>	<b>1.84 (1.25–2.72)</b>	<b>1.82 (0.61–5.46)</b>	<b>0.006<sup>a</sup></b>
	*1/*1 as above	*1/*2 <i>B</i> + *2 <i>B</i> /*2 <i>B</i> <b>53 (8.95)/75 (15.3)</b>	–	<b>1.84 (1.27–2.67)</b>	–	<b>0.001</b>
<i>CYP1A2</i> *1F	C/C 35 (5.90)/33 (6.73)	C/A 233 (39.3)/193 (39.4)	A/A 325 (54.8)/264 (53.9)	0.88 (0.53–1.46)	0.86 (0.52–1.42)	0.844 <sup>c</sup>
<i>CYP1A2</i> *1D	T/T 510 (86.0)/430 (87.8)	T/delT + delT/delT 83 (14.0)/60 (12.2)	–	0.86 (0.60–1.22)	–	0.397 <sup>c</sup>
<i>CYP1A2</i> *1C	G/G (only in –2464dT pos.) 72/51	G/A (only in –2464dT pos.) 1/9	A/A (only in –2464dT pos.) 0/0	–	–	–
<i>CYP1B1</i> *3	*1/*1 187 (31.5)/141 (28.8)	*1/*2 283 (47.7)/258 (52.7)	*2/*2 123 (20.7)/91 (18.6)	1.21 (0.92–1.59)	0.98 (0.69–1.39)	0.270 <sup>c</sup>
<i>CYP2A6</i> *2	*1/*1 561 (94.6)/474 (96.7)	*1/*2 + *2/*2 32 (5.40)/16 (3.27)	–	0.59 (0.32–1.08)	–	0.090 <sup>c</sup>
<i>CYP2A6</i>	*1/*1 560 (94.4)/474 (3.27)	*1/*2 + *1/*3 + *2/*2 33 (5.56)/16 (3.27)	–	0.57 (0.31–1.05)	–	0.070 <sup>c</sup>
<i>CYP2C9</i> *2	*1/*1 442 (74.7)/376 (76.7)	*1/*2 138 (23.3)/102 (20.8)	*2/*2 12 (2.03)/12 (2.45)	0.87 (0.65–1.16)	1.18 (0.53–2.60)	0.571
<i>CYP2C9</i> *3	*1/*1 517 (87.3)/422 (86.1)	*1/*3 + *3/*3 75 (12.7)/68 (13.9)	–	1.11 (0.78–1.58)	–	0.559
<i>CYP2C19</i> *2	*1/*1 <b>423 (71.5)/385 (78.6)</b>	*1/*2 <b>160 (27.0)/97 (19.8)</b>	*2/*2 <sub>t</sub> <b>9 (1.52)/8 (1.63)</b>	<b>0.67 (0.50–0.89)</b>	<b>0.98 (0.39–2.48)</b>	<b>0.021</b>
	*1/*1 as above	*1/*2 <sub>t</sub> + *2/*2 <b>169 (28.6)/105 (21.4)</b>	–	<b>0.68 (0.52–0.90)</b>	–	<b>0.007</b>
<i>CYP2D6</i> *3	*1/*1 566 (95.6) / 473 (96.7)	*1/*3 26 (4.39)/16 (3.27)	*3/*3 –	0.74 (0.39–1.38)	–	0.343
<i>CYP2D6</i> *4	*1/*1 379 (64.0)/315 (64.4)	*1/*4 181 (30.6)/145 (29.7)	*4/*4 32 (5.41) /29 (5.93)	0.96 (0.74–1.26)	1.09 (0.65–1.83)	0.899
<i>CYP2D6</i>	Active 554 (93.6)/456 (93.1)	Deficient 38 (6.42)/34 (6.94)	–	1.09 (0.68–1.75)	–	0.733
<b>B. Glutathione S-transferase</b>						
<i>GSTT1</i>	*1/*1 215 (36.3)/184 (37.6)	*1/*2 287 (48.4)/213 (43.5)	*2/*2 91 (15.4)/93 (19.0)	0.87 (0.67–1.13)	1.19 (0.84–1.69)	0.164 <sup>c</sup>
	*1/*1 + *1/*2 502 (84.7)/397 (81.0)	*2/*2 91 (15.4)/93 (19.0)	–	1.29 (0.94–1.77)	–	0.113 <sup>c</sup>
<i>GSTM1</i>	*1/*1 <sub>t</sub> + *1/*2 <b>291 (49.1)/206 (42.0)</b>	*2/*2 <b>302 (50.9)/284 (58.0)</b>	–	<b>1.33 (1.04–1.69)</b>	–	<b>0.021<sup>c</sup></b>
<i>GSTP1</i> Ile <sub>105</sub> Val	Ile/Ile 259 (43.8)/193 (39.4)	Ile/Val 256 (43.2)/240 (49.0)	Val/Val 77 (13.0)/57 (11.6)	1.26 (0.97–1.63)	0.99 (0.67–1.47)	0.169
<i>GSTP1</i> Ala <sub>114</sub> Val	Ala/Ala 479 (80.9)/401 (81.8)	Ala/Val 102 (17.2)/84 (17.1)	Val/Val 11 (1.86)/5 (1.02)	0.98 (0.72–1.35)	0.54 (0.20–1.51)	0.522
<b>C. Other genes</b>						
<i>NAT2</i>	slow fast 348 (58.9)/304 (62.0)	– 243 (41.1)/186 (38.0)	–	0.88 (0.69–1.12)	–	0.291 <sup>d</sup>
<i>NQO1</i> *2	Pro/Pro 398 (67.1)/316 (64.5)	Pro/Ser 173 (29.2)/157 (32.0)	Ser/Ser 22 (3.71)/17 (3.47)	1.14 (0.88–1.48)	0.97 (0.51–1.85)	0.592 <sup>c</sup>
<i>NQO1</i> *3	Arg/Arg 535 (90.2)/452 (92.2)	Arg/Trp + Trp/Trp 58 (9.78)/38 (7.76)	–	0.78 (0.51–1.19)	–	0.243 <sup>c</sup>
<i>NQO1</i>	fast 349 (58.9)/285 (58.2)	intermediate 212 (35.8)/181 (36.9)	slow 32 (5.40)/24 (4.90)	1.05 (0.81–1.35)	0.92 (0.53–1.59)	0.880 <sup>c</sup>
<i>SULT1A1</i> *2	*1/*1 275 (46.4)/217 (44.3)	*1/*2 255 (43.0)/209 (42.7)	*2/*2 63 (10.6)/64 (13.1)	1.04 (0.80–1.34)	1.29 (0.87–1.90)	0.444 <sup>c</sup>
<i>SULT1A2</i> *2	*1/*1 252 (42.5)/193 (39.4)	*1/*2 272(45.9)/231 (47.1)	*2/*2 69 (11.6)/66 (13.5)	1.11 (0.86–1.43)	1.25 (0.85–1.84)	0.485 <sup>c</sup>
<i>MTHFR</i> Ala <sub>222</sub> Val	Ala/Ala 271 (45.8)/238 (48.6)	Ala/Val 272 (46.0)/199 (40.6)	Val/Val 49 (8.28)/53 (10.8)	0.83 (0.65–1.07)	1.23 (0.81–1.88)	0.133
<i>EPHX1</i> : Tyr <sub>113</sub> His	Tyr/Tyr <b>270 (45.6) / 228 (46.6)</b>	Tyr/His <b>193 (32.6)/187 (38.2)</b>	His/His <b>129 (21.8)/74 (15.1)</b>	<b>1.15 (0.88–1.50)</b>	<b>0.68 (0.49–0.95)</b>	<b>0.012<sup>b</sup></b>
<i>EPHX1</i> His <sub>139</sub> Arg	His/His 378 (63.7)/329 (67.1)	His/Arg 200 (33.7)/142 (29.0)	Arg/Arg 15 (2.53)/19 (3.88)	0.82 (0.63–1.06)	1.46 (0.74–2.88)	0.139 <sup>c</sup>
<i>EPHX1</i>	Slow 246 (41.6)/197 (40.3)	Intermediate 240 (40.5)/208(42.5)	Fast 106 (17.9)/84 (17.2)	1.08 (0.83–1.41)	0.99 (0.70–1.39)	0.801

<sup>a</sup>Not in Hardy–Weinberg equilibrium ( $P = 0.01$ ); <sup>b</sup>not in Hardy–Weinberg equilibrium ( $P < 0.0001$ ), <sup>c</sup> $n = 593$  controls, <sup>d</sup> $n = 591$  controls.



**Fig. 2.** Matched case-control genotyping analysis (433 case-control pairs). Only genotypes which showed an association in the unmatched analysis (i.e. with  $P = 0.1$  in Table IV) were considered.

**Table V.** Analysis of potential interaction between susceptibility genotypes

Genotype	OR	(95% CI)	$P$ for interaction
<i>GSTM1</i> 'deficient'	1.52	(1.15–2.01)	0.91
<i>NAT2</i> 'slow'	1.11	(0.84–1.46)	
<i>GSTM1</i> 'deficient'	1.54	(1.17–2.03)	0.94
<i>GSTT1</i> 'deficient'	1.27	(0.88–1.84)	
<i>GSTM1</i> 'deficient'	1.53	(1.16–2.03)	0.44
<i>CYP1A1</i> (*1/*2B + *2B/*2B)	2.15	(1.36–3.41)	
<i>NAT2</i> 'slow'	1.10	(0.83–1.46)	0.92
<i>CYP1A1</i> (*1/*2B + *2B/*2B)	2.13	(1.35–3.37)	

colorectal cancer risk in individuals who consume well-done meat, as a direct consequence of increased exposure to heterocyclic amine carcinogens. We have confirmed the association between red meat consumption and colorectal cancer risk in our UK population, although our data does not identify *NAT2* genotype as a significant modifier of increased cancer risk, suggesting that heterocyclic amine carcinogens are not the primary causative agents (Barrett *et al.*, in press). In addition, we did not find any association between 'doneness' of meat, taken as a crude estimate of heterocyclic amine exposure and cancer risk.

*CYP1A2* is another candidate gene of particular interest because of its role in the activation of heterocyclic amines. One common *CYP1A2* polymorphism (*CYP1A2*\*F) has previously been associated with higher enzyme activity in smokers (37) suggesting that genetically determined variation in *CYP1A2* expression may influence susceptibility to smoking related cancers. Recently, we reported that multiple *CYP1A2* SNPs are in linkage disequilibrium (61), although the functional effect of each of the *CYP1A2* alleles on *CYP1A2* phenotype is still not clear. In this study, we screened for the most common *CYP1A2* alleles, *CYP1A2*\*1F and *CYP1A2*\*1D, (and additionally for *CYP1A2*\*1C in samples with *CYP1A2*\*1D since these sites are in linkage disequilibrium),

but failed to detect any influence of *CYP1A2* genotype on colorectal cancer risk.

Our analysis did however identify specific alleles of *CYP1A1* (*CYP1A1*\*2C), *CYP2A6* (*CYP2A6*\*2), *CYP2C19* (*CYP2C19*\*2) and *GSTM1* (*GSTM1*\*2) as statistically significant determinants of colorectal cancer risk, confirming a role for environmental mutagens in disease etiology (Figure 2, Table IV). Interestingly, some of these alleles have been implicated in the metabolism of PAH carcinogens (Figure 1). For example, *CYP1A1* activates PAH substrates to reactive epoxide intermediates, which are then detoxified by *GSTM1*. The *GSTM1*\*2 allele is a gene deletion resulting in loss of enzyme function in *GSTM1*\*2/\*2 homozygotes (39). Our finding that inheritance of the *GSTM1*\*2 allele is significantly associated with increased colorectal cancer risk [OR 1.53 (95% CI 1.16–2.02)] is consistent with our earlier study (30) which reported an odds ratio of 1.90 (95% CI 1.3–2.8).

In contrast to *GSTM1*, the functional consequences of the *CYP1A1*\*2C allele, arising from an isoleucine to valine substitution in Exon 7 of *CYP1A1* are less well defined. Schwarz *et al.* (40) reported that the protein encoded by the *CYP1A1*\*2C allele had a reduced ability to form phenols and quinones as well as the carcinogenic epoxide metabolites from benzo[*a*]pyrene. In contrast, Crofts *et al.* (41) proposed an increased inducibility phenotype for *CYP1A1*\*2C (but not for *CYP1A1*\*2A), which may rationalize our observed increase in cancer risk, particularly in smokers. *CYP1A1* has previously been considered as a susceptibility factor for several cancers (28). Although most previous studies focused on lung cancer, the *CYP1A1*\*2C genotype was identified as a significant risk factor for colorectal cancer by Kiss *et al.* (29) (OR = 1.57, 95% CI 0.9–2.7) but not by Ishibe *et al.* (42) (OR = 1.08, 95% CI 0.65–1.8). Consistent with our data, Sivaraman *et al.* (43) reported a higher colorectal cancer risk associated with inheritance of the *CYP1A1*\*2 allele in a Japanese population. There was some evidence of deviation from Hardy–Weinberg equilibrium for the *CYP1A1*\*2C allele in our control population



( $P = 0.01$ ), with fewer heterozygotes observed than expected (Table IV). The reasons for this are not clear, but may be attributable to the close proximity of the nucleotide changes defining the CYP1A1\*2C and CYP1A1\*4 alleles which may influence PCR efficiency in the minority of individuals inheriting both alleles.

In contrast to CYP1A1, the microsomal epoxide hydrolase (mEH) His<sub>113</sub>His genotype was associated with a decreased colorectal cancer risk in our unmatched case-control analysis (OR = 0.68, 95% CI 0.49–0.95,  $P = 0.012$ ), consistent with data from a recent study of 464 colorectal adenomas (44), but in contrast to the results of Harrison *et al.* (45) who described a higher colorectal cancer risk for the mEH<sub>His113</sub> allele. In our population, the mEH<sub>Tyr113His</sub> control genotype distribution was not in Hardy–Weinberg equilibrium ( $n = 592$ ; 45.6% Tyr/Tyr, 32.6% Tyr/His, 21.8% His/His;  $P < 0.0001$ ). This disequilibrium of the mEH<sub>Tyr113His</sub> genotype has also been reported by Cortessis *et al.* (44) ( $n = 277$ ; 50.2% Tyr/Tyr, 33.0% Tyr/His, 16.8% His/His;  $P = 0.0001$ ), but not by Harrison *et al.* (45) ( $n = 203$ ; 44.8% Tyr/Tyr, 48.8% Tyr/His, 6.40% His/His). Keicho *et al.* (46) suggested that this may be due to a silent polymorphism found in Japanese subjects in close proximity to mEH<sub>Tyr113His</sub> (AAG<sub>119</sub>AAA) in the primer binding region of commonly used genotyping assays, which could result in anomalous genotyping results. Although plausible, this mechanism would not explain the apparent discrepancies between the studies of Harrison *et al.* (45) and Cortessis *et al.* (44), who used the same genotyping assay (47) and it remains to be determined whether the AAG<sub>119</sub>AAA allele exists in Caucasian populations. We did, however, observe a statistically significant difference in mEH allele frequencies between colorectal cancer patients and controls, indicating that inheritance of the mEH<sub>Tyr113His</sub> allele represents a susceptibility factor for colorectal cancer.

The CYP2A6 polymorphism is of particular relevance to cancer epidemiology as the enzyme is known to metabolize a range of carcinogens including nitrosamines and Aflatoxin B1 (48,49). Inheritance of the CYP2A6\*3 allele has been proposed to influence desire to smoke (50), and may therefore be a significant determinant of cancer susceptibility in smokers. Both the population frequency and the optimal assay conditions required to uniquely identify the CYP2A6\*3 allele have been substantially revised in recent years, following the realization that published genotyping methods significantly over-estimated CYP2A6 allele frequencies. Using the revised genotyping assay of Chen *et al.* (51), CYP2A6\*3 was found in only one of 1083 subjects (allele frequency 0.046% in pooled cases and controls) in the current study. This is consistent with the data of Oscarson *et al.* (52) where CYP2A6\*3 was not found in 100 Spanish Caucasians, and suggests that routine screening for the presence of CYP2A6\*3 allele is not justified in Caucasian populations. Consistent with our own findings, CYP2A6\*2 was the only variant CYP2A6 allele which was found in the majority of previously published studies. A very recent report, however, suggests that the most frequent variant CYP2A6 allele in Caucasian populations which may be the most significant determinant of interindividual differences in CYP2A6 activity is CYP2A6\*9, a SNP in the TATA box motif of the CYP2A6 promoter which has been associated with reduced CYP2A6 activity (53). Studies on the influence of this allele on colorectal cancer susceptibility are in progress.

CYP2C19 has not previously been extensively studied as a determinant of cancer susceptibility and no carcinogenic

CYP2C19 substrates have been investigated or identified. There are no studies to date on the influence of CYP2C19 genotype on colorectal cancer susceptibility; although recent data suggests an under-representation of the CYP2C19\*2 allele in bladder cancer patients (54). While the bladder cancer data was not statistically significant, it is consistent with our observation that the CYP2C19\*2 allele associated with reduced CYP2C19 activity was under-represented in colorectal cancer.

CYP2C9 genotype was not found to be a determinant of colorectal cancer susceptibility in our population. We assayed for the presence of two allelic variants of CYP2C9 – CYP2C9\*2 which contains a single arginine to cysteine substitution (Arg<sub>144</sub>Cys) and CYP2C9\*3 in which an isoleucine residue is replaced by a leucine residue (Ile<sub>359</sub>Leu) (65). Both these alleles have been associated with decreased CYP2C9 activity towards a variety of substrates including warfarin (66). Like CYP2C19, CYP2C9 is not known to metabolize carcinogens or mutagens although murine Cyp2c enzymes have been implicated in PAH metabolism (67). A recent report suggests that there may be an interaction between the CYP2C9 and UGT1A6 polymorphisms both of which metabolize non-steroidal anti-inflammatory drugs (NSAIDs) like aspirin and which are known to be protective against colon cancer (68).

The MTHFR Ala<sub>222</sub>Val polymorphism has been proposed to alter folate metabolism and, as a consequence, influence DNA synthesis and repair (24). Consistent with previous reports, we did not find an association between MTHFR genotype and colorectal cancer susceptibility although, interestingly, alcohol consumption has been proposed to have a modifying effect on MTHFR genotype. We are currently correlating MTHFR genotype with alcohol and folate consumption in our study population (Forman *et al.*, manuscript in preparation).

In addition, our data did not indicate that inheritance of allelic variants of GSTT1, CYP1B1, CYP2D6, NQO1 and GSTP1 influenced colorectal cancer susceptibility (Table IV). We failed to find any significant association for the GSTT1 ‘null’ genotype (OR = 1.19, 95% CI 0.84–1.69 for GSTT1\*2/\*2 vs. GSTT1\*1/\*1 and OR = 1.29, 95% CI 0.94–1.77 for the ‘null’ vs. ‘active’ genotypes). This is comparable to previous reports of GSTT1 allele frequencies in colon cancer (63) (OR = 0.86, 95% CI 0.4–1.8) and colorectal cancer (64) (OR = 1.21, 95% CI 0.63–2.00), although one previous colorectal cancer study described a significantly increased cancer risk associated with the GSTT1 null genotype (31) (OR = 1.88, 95% CI 1.28–2.77). In contrast to our data, the CYP1B1<sub>Leu432Val</sub> polymorphism was previously associated with an increased risk of colorectal cancer (OR = 1.93, 95% CI 1.15–3.24) in a German population (69). CYP1B1 is known to be expressed in the GI tract and over-expressed in colorectal tumours (70) where one can speculate that it may contribute to local carcinogen activation. While GSTP1 and CYP2D6 genotypes have not been consistently associated with altered colorectal cancer susceptibility, the NQO1<sub>C609T</sub> allele has been associated with increased colorectal cancer risk (OR = 2.9, 95% CI 1.19–6.97), an association which was more pronounced in individuals with tumours containing K-ras mutations (71) (OR = 6.5, 95% CI 1.39–34.9). We have performed a detailed characterization of mutations in APC, K-ras and p53 in tumours from our cancer patients and are currently correlating genotype with tumour mutation spectra.

There are several additional drug metabolizing enzymes which have been shown to be involved in carcinogen activation



*in vitro*, e.g. CYP2B6, CYP3A4 and CYP3A5 (72,73), for which allelic variants have only recently been reported and detailed information on allele frequencies is not yet available. The CYP3A4\*1B allele (an A to G substitution in the CYP3A4 gene promoter) is very rare in Caucasians; in this study, we did not find any CYP3A4\*1B alleles in 207 samples randomly chosen from cases and controls (data not shown). Inheritance of the CYP3A4\*2 allele has previously been associated with susceptibility to prostate cancer (74) and treatment-associated leukaemia (75), although the sequence change associated with the CYP3A4\*2 allele was not associated with altered enzyme activity in *in vitro* experiments (76). The functional relevance of additional CYP3A4 alleles is not yet clear. Recently, a number of CYP2B6 alleles have been described (77) but which have not yet been studied as modifiers of cancer risk.

To date, more than 25 alleles of NAT1 have been reported (78). Due to limited information about the population frequencies and functional consequences of the various NAT1 alleles, we did not include NAT1 genotyping analysis in the current study.

In addition to the sulfotransferases SULT1A1 and SULT1A2, which showed no significant association with colorectal cancer risk in our population, SULT1A3 has also been implicated in the metabolism of HA carcinogens (16). The extent to which genetic polymorphisms influence SULT1A3 activity is not yet fully understood. Similarly, Malfatti and Felton (79) have suggested a role for the UDP-glucuronosyltransferases UGT1A1, UGT1A4 and UGT1A9 in PhIP glucuronidation. The role of UDP-GT polymorphisms on cancer susceptibility will be an interesting area for further study.

#### Combined effects and interactions

From the pathways of HA and PAH carcinogen metabolism illustrated in Figure 1, one might predict that inheritance of various allele combinations would lead to an increased cancer risk. From our data, assuming no interaction between genotypes, the theoretical maximum combined odds ratio for the GSTM1 'deficient' plus (CYP1A1\*1/\*2B or \*2B/\*2B) genotype compared with the baseline GSTM1 'active' plus CYP1A1\*1/\*1 would be 3.30 [1.53 (CYP1A1) × 2.15 (GSTM1)]. To investigate whether such combined effects occurred, we tested several interactions between the different susceptibility genotypes (Table V). Interactions were chosen based on the metabolic pathways of HA and PAH carcinogens and were genotype combinations which had previously been investigated in other epidemiological studies or were suggested by *in vitro* studies. For example, Vaury *et al.* (80) described increased CYP1A1 inducibility in GSTM1 deficient compared with GSTM1 active cell lines. In contrast, however, we found no evidence for significant interactions between the various susceptibility genotypes tested in our study population. Recently, a further synergistic interaction of the GSTM1 null allele GSTM1\*2/\*2 with the GSTM3\*A/\*B allele (a 3 bp deletion in intron 6) has been proposed (81).

In conclusion, therefore, we have performed a comprehensive study of the influence of inheriting various alleles of HA and PAH carcinogen metabolizing enzymes on susceptibility to colorectal cancer and have shown that inheritance of the cytochrome P450 CYP1A1\*2B allele or the glutathione S-transferase GSTM1\*2/\*2 'null' allele confers an increased risk of disease, while inheritance of the CYP2C19\*2, CYP2A6\*2 or EPHX1 His<sub>113</sub>His alleles appears to be protective.

Certain of these data are novel and others are consistent

with previous reports. Where our results contradict previous findings, this could indicate differences in environmental or dietary factors between study groups.

The influence of specific dietary and lifestyle factors (e.g. smoking and red meat consumption) on the development of colorectal cancer and the interaction of these factors with susceptibility genotypes has been proposed to be a critical determinant of colorectal cancer susceptibility (33). In order to address these issues, we are currently correlating the genotyping data presented here with individual dietary and environmental carcinogen exposures.

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