

# A rare challenging case of co-existent craniopharyngioma, acromegaly and squamous cell lung cancer

Athanasios Fountas<sup>1,2,3</sup>, Shu Teng Chai<sup>1,2,3</sup>, John Ayuk<sup>2,3</sup>, Neil Gittoes<sup>1,2,3</sup>, Swarupsinh Chavda<sup>4</sup> and Niki Karavitaki<sup>1,2,3</sup>

<sup>1</sup>Institute of Metabolism and Systems Research, College of Medical and Dental Sciences, University of Birmingham, Birmingham, UK, <sup>2</sup>Centre for Endocrinology, Diabetes and Metabolism, Birmingham Health Partners, Birmingham, UK, Departments of <sup>3</sup>Endocrinology, and <sup>4</sup>Radiology, Queen Elizabeth Hospital, University Hospitals Birmingham NHS Foundation Trust, Birmingham, UK

Correspondence  
should be addressed  
to N Karavitaki  
**Email**  
[n.karavitaki@bham.ac.uk](mailto:n.karavitaki@bham.ac.uk)

## Summary

Co-existence of craniopharyngioma and acromegaly has been very rarely reported. A 65-year-old man presented with visual deterioration, fatigue and frontal headaches. Magnetic resonance imaging revealed a suprasellar heterogeneous, mainly cystic, 1.9×2×1.9 cm mass compressing the optic chiasm and expanding to the third ventricle; the findings were consistent with a craniopharyngioma. Pituitary hormone profile showed hypogonadotropic hypogonadism, mildly elevated prolactin, increased insulin-like growth factor 1 (IGF-1) and normal thyroid function and cortisol reserve. The patient had transsphenoidal surgery and pathology of the specimen was diagnostic of adamantinomatous craniopharyngioma. Post-operatively, he had diabetes insipidus, hypogonadotropic hypogonadism and adrenocorticotrophic hormone and thyroid-stimulating hormone deficiency. Despite the hypopituitarism, his IGF-1 levels remained elevated and subsequent oral glucose tolerance test did not show complete growth hormone (GH) suppression. Further review of the pre-operative imaging revealed a 12×4 mm pituitary adenoma close to the right carotid artery and no signs of pituitary hyperplasia. At that time, he was also diagnosed with squamous cell carcinoma of the left upper lung lobe finally managed with radical radiotherapy. Treatment with long-acting somatostatin analogue was initiated leading to biochemical control of the acromegaly. Latest imaging has shown no evidence of craniopharyngioma regrowth and stable adenoma. This is a unique case report of co-existence of craniopharyngioma, acromegaly and squamous lung cell carcinoma that highlights diagnostic and management challenges. Potential effects of the GH hypersecretion on the co-existent tumours of this patient are also briefly discussed.

## Learning points:

- Although an extremely rare clinical scenario, craniopharyngioma and acromegaly can co-exist; aetiopathogenic link between these two conditions is unlikely.
- Meticulous review of unexpected biochemical findings is vital for correct diagnosis of dual pituitary pathology.
- The potential adverse impact of GH excess due to acromegaly in a patient with craniopharyngioma (and other neoplasm) mandates adequate biochemical control of the GH hypersecretion.

## Background

Craniopharyngiomas are rare benign epithelial sellar/parasellar tumours with annual incidence of 0.13–0.20 cases/100 000 (1, 2). They can be detected at any age (from the prenatal and neonatal period until late adulthood) and are associated with significant morbidity and mortality making them one of the most challenging tumours to manage (2). Acromegaly is also a rare condition with prevalence of 2.8–13.7 cases/100 000 people and annual incidence of 0.2–1.1 cases/100 000 (3).

Co-existence of a craniopharyngioma with pituitary adenomas or other (para)sellar tumours has been rarely described.

Herein, we present a challenging case of a patient with a craniopharyngioma co-existent with acromegaly who during the pre-operative assessment for the removal of the craniopharyngioma was also diagnosed with squamous cell lung carcinoma.

## Case presentation

A 65-year-old man presented with a three-month history of visual deterioration, fatigue and frontal headaches. His medical history included hypertension. He was a smoker (55 pack-years). Ophthalmological assessment revealed right optic neuropathy, decreased visual acuity (right and left eye 6/60 and 6/9, respectively) and defects in both temporal fields, as well as in the right nasal field. Subsequent head magnetic resonance imaging (MRI) disclosed a suprasellar heterogeneous, mainly cystic, 1.9 × 2 × 1.9 cm mass compressing and displacing the optic chiasm and expanding to the third ventricle without causing hydrocephalus; these findings were considered to be consistent with a craniopharyngioma (Fig. 1A), and he was referred for surgery. On initial clinical review, there were no typical manifestations consistent with acromegaly.

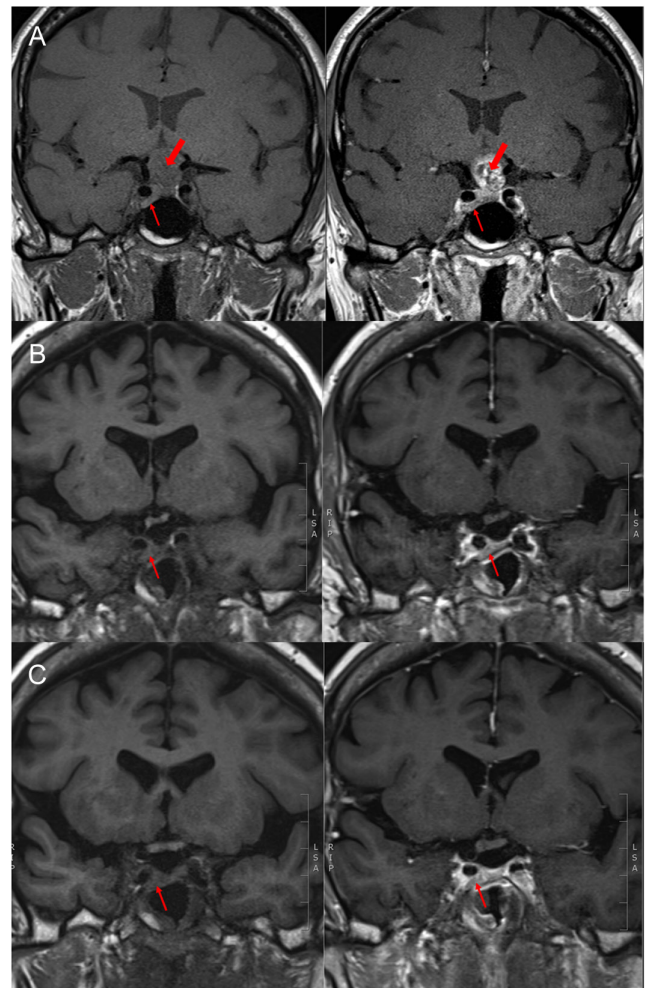
## Investigation

Hormonal investigations revealed hypogonadotropic hypogonadism, mildly elevated prolactin levels (334 mU/L, reference range 85–325), increased insulin-like growth hormone 1 (IGF-1) (365.6 ng/mL, reference range: 68.1–244.8) and normal thyroid function and cortisol reserve. There was no evidence of diabetes insipidus.

## Treatment

An endoscopic transsphenoidal resection of the suprasellar mass was performed and histopathological examination of the removed specimen was diagnostic of

an adamantinomatous craniopharyngioma WHO grade 1. After surgery, the patient's vision was markedly improved and he had diabetes insipidus, adrenocorticotrophic hormone (ACTH) deficiency, thyroid-stimulating hormone (TSH) deficiency and hypogonadotropic hypogonadism, requiring desmopressin, hydrocortisone, levothyroxine and testosterone replacement therapy. Post-operative MRI was reported as showing no residual craniopharyngioma tissue. Despite the hypopituitarism,



**Figure 1**

(A) Pre-operative T1-weighted images showing an isointense lesion at the suprasellar cistern (craniopharyngioma – thick arrow) and an isointense to marginally hyperintense lesion related to the right carotid artery (pituitary adenoma – thin arrow), with mixed intensity after contrast enhancement, (B) post-operative T1-weighted images, before and after gadolinium administration, showing the adenoma (thin arrow) and no residual craniopharyngioma tissue, (C) pre- and post-contrast-enhanced T1-weighted images one year after the initiation of long-acting somatostatin analogue treatment showing no craniopharyngioma regrowth and stable appearances of the adenoma (thin arrow).



the patient's IGF-1 levels remained elevated (369.5 ng/mL, reference range: 68.1–244.8) and GH was not suppressed on a 75 g oral glucose tolerance test (nadir: 1.18 µg/L). Notably, when manifestations of acromegaly were discussed at this stage, enlargement of the hands and development of more coarse facial features over the years were noticed. On further review of the pre-operative MRI, a 12×4 mm pituitary adenoma close to the right carotid artery was noted (Fig. 1); this was also evident in the post-operative scan (Fig. 1B). No signs of pituitary hyperplasia were demonstrated. During this period, the patient was also further investigated for a left lung upper lobe consolidation found incidentally in his chest X-ray performed in his pre-operative evaluation. Chest computed tomography demonstrated a 3×2.6 cm endobronchial tumour in the left upper lobe and bronchoscopy/fine-needle aspiration biopsy confirmed the presence of a necrotic tumour characterised as squamous cell lung carcinoma, T1bN1M0, with no neuroendocrine features; immunohistochemistry showed that tumour cells were negative for synaptophysin and strongly expressed p63. Staging positron emission tomography was not consistent with metastatic disease. Cardiac assessment had also revealed a non-specific cardiomyopathy (NYHA II) associated with mid-ventricular obstruction and apical akinesis. Due to the high peri-operative risk, surgical management was not considered a safe option and radical radiotherapy treatment was offered (55 Gy in 20 fractions). For the management of acromegaly, the pituitary multidisciplinary team also took into account the patient's co-morbidities and suggested medical treatment with long-acting somatostatin analogue, which the patient commenced (lanreotide autogel: 90 mg/4 weeks).

### Outcome and follow-up

Pituitary MRI one year after the long-acting somatostatin analogue initiation showed no craniopharyngioma regrowth and stable adenoma appearances (Fig. 1C). Somatostatin analogue treatment was well tolerated and led to biochemical control of the acromegaly (IGF-1 levels within the reference range and random GH <1 µg/L). On cardiology review, improvement of the breathlessness was documented with exercise tolerance of 300 yards before stopping. The patient has regular oncology follow-up and no evidence of lung cancer progression.

### Discussion

We have presented a very rare case of two co-existent (para) sellar tumours, an adamantinomatous craniopharyngioma

and one causing acromegaly. The latter, although not histologically proven, was an incidental and rather surprising diagnosis pointing out the importance of meticulous review of unexpected biochemical findings. Retrospective review of the pituitary MRI suggested the presence of an adenoma, which is most likely the source of GH hypersecretion.

Co-existence of craniopharyngioma and pituitary adenoma, either as collision tumours or as two clearly distinct lesions, has been very rarely reported. The published cases are mostly adamantinomatous craniopharyngiomas, whilst the pituitary adenomas are of various types, including prolactinomas, non-functioning gonadotroph adenomas, a TSH-secreting adenoma and a silent ACTH adenoma (4, 5, 6). There are only two reports of craniopharyngioma associated with acromegaly due to a GH-secreting adenoma, one as collision tumour (7) and the second with the diagnosis of craniopharyngioma established 18 years after the initial diagnosis of the adenoma (with the patient, however, being lost to follow-up during this period) (8).

Mutations in exon 3 of the *CTNNB1* gene that prevent phosphorylation and degradation of β-catenin, a component of the adherens junction and a mediator of Wnt signalling pathway have been identified in adamantinomatous craniopharyngiomas and are possibly implicated in their pathogenesis (9). On the other hand, pituitary adenomas are monoclonal in origin and their pathogenesis is complex and still unclear: genetic mutations and epigenetic modifications resulting in abnormal cell cycle regulation, defects in signalling pathways or loss of tumour suppressor factors have been proposed as possible underlying mechanisms (10). An aetiological link between these two entities seems unlikely and their co-existence in our patient may be entirely co-incidental.

The impact of GH excess on the evolution of craniopharyngioma cannot be excluded. Strong IGF-1 receptor expression has been demonstrated in cell lines and paraffin-embedded material in a subset of craniopharyngiomas; in this group, treatment of cells with an IGF-1 receptor inhibitor was associated with decreased Akt phosphorylation and growth arrest suggesting that the IGF-1 receptor may promote the proliferation of craniopharyngioma cells (11).

Furthermore, the GH-IGF axis regulates cell proliferation, differentiation, angiogenesis, motility, and apoptosis and may contribute to cancer development and progression (12). A variety of malignancies have been described in association with acromegaly and two



recent meta-analyses have demonstrated increased risk of colon and thyroid neoplasms in these patients (13, 14). Interestingly, over-expression of IGF-1 receptors has been suggested in squamous cell lung carcinoma, and this has been related with poor prognosis (15).

In our patient, medical treatment of acromegaly was considered to be the most pragmatic approach and proved to be beneficial for the control of the disease. Successful management of the GH hypersecretion was also deemed vital given the presence of other tumours (craniopharyngioma and lung cancer).

Our case is characterised by a very rare presentation of unexpected dual pituitary pathology and highlights challenges in its diagnosis and management, particularly, in a patient with co-existent lung malignancy.

#### Declaration of interest

The authors declare that there is no conflict of interest that could be perceived as prejudicing the impartiality of the research reported.

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#### Patient consent

Written informed consent has been obtained from the patient for publication of the submitted article and accompanying images.

#### Author contribution statement

A Fountas, S T Chai contributed to the writing of the manuscript. N Gittoes and J Ayuk were involved in the care of the patient. S Chavda conducted the imaging review and prepared the figures of the manuscript. N Karavitaki was involved in the care of the patient, contributed to the writing of the manuscript and supervised the preparation of this work. All listed authors contributed to the editing process.

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