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1 A Review of Carotenoid Utilisation and Function in Crustacean Aquaculture

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3 Nicholas M Wade^{1*} Jacques Gabaudan² and Brett D Glencross¹.

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- CSIRO Food Futures Flagship, Division of Marine and Atmospheric Research, Ecosciences Precinct, Dutton Park, QLD 4102, Australia.
- 2. DSM Nutritional Products, Aquaculture Centre Asia Pacific, Bangkok, Thailand
- 8 * corresponding author <u>nick.wade@csiro.au</u>
- 9 Postal address: GPO Box 2583, Brisbane, QLD 4001, Australia
- 10 Phone +61 7 3833 5974

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- 12 Abstract
- 13 Studies over a number of years have consistently shown that dietary carotenoid
- 14 supplementation is beneficial for crustacean aquaculture across a range of
- commercially relevant parameters. Most obvious is the effect on pigmentation,
- where carotenoid inclusion levels in feeds and duration of feeding diets with
- carotenoids have been extensively optimised across many species to improve
- product colour, and subsequently quality and price. However, beneficial effects
- 19 of carotenoid inclusion have increasingly been demonstrated on other
- 20 parameters including survival, growth, reproductive capacity, disease resistance
- 21 and stress resistance. A number of natural and synthetic carotenoid sources have
- been utilised in crustacean aquaculture. This review focuses on the type,
- 23 metabolic conversion and function of carotenoids used in crustacean nutrition,
- 24 and explores the physiological benefits this class of molecules brings to these
- animals.

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- 30 Reviewers:
- 31 Dr Bjorn Bjerkeng <u>bjorn.bjerkeng@nofima.no</u>
- 32 Dr Jane Parisenti <u>janeparisenti@ibest.com.br</u>
- 33 Dr. Jaime Eduardo Vernon Carter jvc@xanum.uam.mx

1 Introduction

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35 Carotenoids form the basis of the pigmentation of a wide variety of aquatic 36 organisms (Matsuno, 2001, Britton and Goodwin, 1982, Maoka, 2011), and 37 marine animals extensively utilise a variety of properties that carotenoids 38 possess. Due to their diversity and broad distribution, carotenoid types, 39 structure, metabolism and function have been extensively studied across a wide 40 range of organisms (Britton et al., 2008). Among those organisms studied, 41 crustaceans utilise a range of different carotenoids that vary across species, 42 within individual crustacean tissues or are dependent on various physiological, 43 geographic or ecological parameters (Castillo et al., 1982). Very little attention has been paid to the specific effects of carotenoid 44 45 supplementation in crustacean aquaculture, aside from the affect on pigmentation (Bjerkeng, 2008). Up until recently, the physiological effects 46 47 beyond pigmentation have been inferred from other studies, mostly from fish. 48 The present review summarises the recent progress in the use of carotenoids as 49 a dietary nutrient in crustacean aquaculture, and outlines the effects of this 50 dietary carotenoid supplementation on various aspects specific to crustacean 51 physiology.

2 Carotenoids in Crustaceans

53 2.1 Tissue Distribution and Carotenoid Types

54 The majority of crustaceans and crustacean tissues attribute their colouration to 55 the presence of various carotenoids. This topic has largely been covered 56 extensively in the past (Castillo et al., 1982, Lenel et al., 1978) and is not the 57 focus of this review. All wild and cultured crustacean species report the presence 58 of free and esterified forms of various carotenoids, predominantly astaxanthin 59 (Axn) (Castillo et al., 1982, Lenel et al., 1978, Tanaka et al., 1976a). The 60 distribution of these forms of carotenoids also varies with species, life history 61 stages, developmental stage, moult stage and the organ or tissue of the animals (Ribeiro et al., 2001, Lenel et al., 1978, Sachindra et al., 2005, Okada et al., 1994, 62 63 Pan and Chien, 2000, Dall, 1995, Petit et al., 1998, Pan et al., 1999, Valin et al., 1987, Katayama et al., 1971, Petit et al., 1997). The esterification of Axn with 64 65 specific fatty acids and the presence of carotenoid isomers can significantly

increase the complexity of the interaction between the carotenoid and other biological molecules or membranes (Britton, 1995, Goodwin, 1986, Liaaen-Jensen, 1997). The accumulation of certain carotenoids in the tissues of different crustaceans not only indicates that these animals are able to interconvert one carotenoid to another, but also implies that there is a specific function for particular carotenoid in certain tissues.

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2.2 Carotenoid Interconversion and Metabolism

Like most animals, crustaceans cannot synthesise carotenoids and must obtain them from their diets (Goodwin, 1952). However, for some time there has been strong evidence that various Decapod crustaceans can convert different dietary carotenoids (including canthaxanthin, lutein or zeaxanthin) into the predominant carotenoid Axn (Castillo and Lenel, 1978, Castillo et al., 1980, Chien and Jeng, 1992, Kour and Subramoniam, 1992, Petit et al., 1991, Yamada et al., 1990, Castillo and Negre-Sadargues, 1995, Negre-Sadargues et al., 1993, Mantiri et al., 1995, Vernon-Carter et al., 1996, D' Abrahmo et al., 1983, Tanaka et al., 1976b, Tanaka et al., 1976a). Many years ago, the carotenoid metabolic transformative capacity of crustaceans was summarised (Negre-Sadargues, 1978, Schiedt et al., 1993, Castillo et al., 1982). The major pathway by which βcarotene is converted to Axn is summarised in Figure 1, although it would appear that crustaceans are able to perform a variety of other carotenoid transformations (Castillo et al., 1982). Crustaceans fall into two broad classes based on their metabolic conversion capacity: those that can convert β-carotene to Axn in their internal organs, such as Penaeid shrimp; or those that can convert β-carotene to Axn in their internal organs but also convert metabolic intermediates in other tissues of their body, such as lobsters and crabs(Katayama et al., 1973). Dietary paprika has been used as a source of carotenoids in *P. monodon* broodstock diets, suggesting that the carotenoids α carotene, α-cryptoxanthin and capxanthin present in paprika were converted into Axn (Wyban et al., 1997). Similarly, M. japonicus has been shown to produce Axn from α -carotene, canthaxanthin, echinenone or zeaxanthin (Chien and Jeng, 1992, Tanaka et al., 1976b, Yamada et al., 1990). Carotenoid metabolic capacity is active throughout crustacean early larval and post-larval development (Mantiri et al., 1995, Mantiri et al., 1996, Petit et al., 1991, Berticat et al., 2000), where the carotenoids may be metabolised as a source of retinoids (Dall, 1995). Yet despite the increase in genomic knowledge of crustaceans, including the sequencing of the complete genome of Daphnia, there has been very little progress in defining the biochemical pathways responsible carotenoid metabolism in this Class of animals. The variation in different carotenoid types across different developmental, physiological and ecological parameters strongly suggests that crustaceans utilise specific carotenoids for different functions during developmental processes or in response to environmental circumstances.

2.3 Carotenoid Sources in Crustacean Aquaculture

Sources of carotenoids that have been used in crustacean diets include synthetic carotenoids (Castillo and Negre-Sadargues, 1995, Chien and Jeng, 1992, Negre-Sadargues et al., 1993), Antarctic krill (Maoka et al., 1985), brine shrimp (Pan and Chien, 2003), shrimp by-products (Mandeville et al., 1991, Chakrabarti, 2002, Meyers and Bligh, 1981), microalgae (Sommer et al., 1991, Supamattaya et al., 2005, Armenta-Lopez et al., 2002, Chien and Jeng, 1992), blue green algae (Liao et al., 1993, Okada et al., 1991), and plant extracts (Vernon-Carter et al., 1996, D' Abrahmo et al., 1983, Arredondo-Figueroa et al., 2003). More recently, other potential sources of carotenoids for crustacean aquaculture have been investigated, including genetic engineering of higher plants to accumulate high levels of ketocarotenoids such as Axn (Han et al., 2013). Studies assessing the effect of different sources of carotenoids on pigmentation in crustaceans are summarised in Table 1.

Carotenoid Function in Crustaceans

Carotenoids are known to be involved in a large number of physiological functions in plants and animals, and these functions are largely based on the structure of the carotenoid (Britton, 2008, Goodwin, 1986). As the major carotenoid in crustacean tissues, Axn provides functions that include pigmentation, photoprotection, antioxidant and a source of provitamin A (Britton, 2008). Benefits to the animal include the enhancement of growth, higher survival, increased stress resistance and improved reproductive potential

(Kumar *et al.*, 2009, Supamattaya *et al.*, 2005, Niu *et al.*, 2014, Paibulkichakul *et al.*, 2008, Linan-Cabello *et al.*, 2002a). An example of these benefits was observed in crayfish exposed to pollution, which had lower levels of vitamins and carotenoids in the hepatopancreas, suggesting these may play a role in tolerating polluted environments (Barim and Karatepe, 2010). The conversion of carotenoids into other biologically active molecules, such as Provitamin A and retinoids has also been implicated (Linan-Cabello *et al.*, 2002a). Since the initial proposals of carotenoid function in crustaceans, there has been substantial progress in gathering scientific evidence to support the range of proposed functions of Axn and its effects on crustacean physiology, which will be discussed in further detail in the following sections.

3.1 Carotenoids and Crustacean Colouration

The best-established function of carotenoids in crustaceans is pigmentation. Colour plays a major role in consumer acceptability, perceived quality and price paid for commercial crustacean species (Parisenti et al., 2011b, Shahidi et al., 1998, Chien and Jeng, 1992, Erickson et al., 2007). Many species of crustacean lose or do not develop pigmentation if not supplied a diet with sufficient carotenoids. Among these included hermit crabs (Castillo and Negre-Sadargues, 1995), red king crabs (Daly et al., 2013), crayfish (Sommer et al., 1991), clawed lobsters (Tlusty and Hyland, 2005), spiny lobsters (D' Abrahmo et al., 1983, Barclay et al., 2006), and shrimp (Dall, 1995). In shrimp, poor pigmentation was initially described as a disease status (Howell and Matthews, 1991), although this was subsequently shown to be ameliorated by dietary carotenoid supplementation (Menasveta et al., 1993). Recently, pigmentation in banana shrimp has been shown to be heritable (Nguyen et al., 2014), potentially through improvements in pigment retention. Crustacean colour variations have also been observed that are unrelated to dietary carotenoids. Indeed, much of the colour variation between species is thought to be attributable to differences in the sequence and expression pattern of pigment gene crustacyanin (Wade et al., 2009), which will be discussed in more detail in later sections. Rare genetic colour mutations have been observed in clawed lobsters, predominantly Homarid species (Haggin, 2012), but also in prawns and crabs. The spiny lobster Panulirus cygnus undergoes a colour change from deep red to pale pink during a migratory period (Phillips, 1983). This colour change has been attributed to a developmental ontogenic change that provides protective camouflage during migration, as it was not prevented by dietary carotenoid supplementation or triggered by background substrate colour (Wade et al., 2008). In another example of colour variation, seasonal appearance of pink crab disease was shown to be caused by a parasitic infection (Stentiford et al., 2002). Similarly, colour transitions have been observed between juvenile and adult stages of crabs (Krause-Nehring et al., 2010).

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3.1.1 Carotenoid Type, Inclusion Levels and Feed Duration

The majority of the focus of dietary carotenoid inclusion has been on the effects on crustacean pigmentation, having been studied over many years across a range of crustacean species. These studies have been summarised in Table 1. In general, pigment development is largely dependent on the amount of carotenoid in the feed and the duration for which it is fed. Dietary Axn concentrations between 50-100 mg/kg fed for one month were sufficient to produce optimal pigmentation in a range of shrimp species (Niu et al., 2012, Niu et al., 2014, Yamada et al., 1990, Petit et al., 1997). However, 80-100 mg/kg dietary Axn supplementation produced a darker external colour more rapidly, although similar pigmentation levels were achieved over a longer duration of feeding at 50 mg/kg (Chien and Jeng, 1992, Tlusty and Hyland, 2005, Barclay et al., 2006). Pigmentation of red king crabs was also significantly improved over a 56 day period when diets were supplemented with 380 mg/kg Axn (Daly et al., 2013), but no lower inclusion levels or shorter feeding periods were tested. There is clear evidence that as dietary carotenoid levels increase, so does the Axn content of the animal, particularly the Axn esters (Yamada et al., 1990, Supamattaya et al., 2005, Boonyaratpalin et al., 2001, Barclay et al., 2006, Kumar et al., 2009, Wade et al., 2008, Wade et al., 2015b). In order to maintain initial carotenoid levels, spiny lobsters required 90 or 120 mg/kg dietary Axn (Barclay et al., 2006). In some cases, the body concentration of carotenoids (mg/kg dry weight) decreased as shrimp grew (Pan et al., 2001, Pan et al., 1999), while in others the carotenoid concentration was maintained as the animals grew (Yamada et al., 197 1990, Wade et al., 2015b). Accordingly, some studies report that the whole body 198 tissue Axn concentration is an appropriate indicator of body color of shrimp 199 (Menasveta et al., 1993, Negre-Sadargues et al., 2000), while others suggest Axn 200 concentration isn't necessarily reflective of body colour (Tume et al., 2009). 201 Clearly, further work is required to provide some clarity to the objectivity of this 202 method of assessment. 203 The type of dietary carotenoid also affects the rate at which pigmentation is 204 developed. Shrimp (P. monodon) fed dietary Axn at 100 mg/kg showed the 205 highest levels of tissue Axn (16.5 mg/kg body weight) which was 23% and 43% 206 higher than animals fed 100 mg/kg canthaxanthin or β-carotene, respectively 207 (Yamada et al., 1990). Pigmentation of juvenile Kuruma shrimp, Marsupenaeus 208 japonicus, was better when animals were fed 100 mg/kg Axn for one month, 209 compared with animals fed 50 mg/kg Axn or 20 – 200 mg/kg β-carotene (Chien 210 and Jeng, 1992). A similar improved carotenoid tissue deposition was also 211 observed in shrimp fed 100 mg/kg Axn, compared with either canthaxanthin or 212 an Axn-canthaxanthin mixture (Negre-Sadargues et al., 1993). For P. monodon to 213 achieve a similar colour to that achieved using 50 mg/kg dietary Axn over 4 214 weeks, β-carotene was required at 125 mg/kg over 7-8 weeks, which was 215 reduced to 5-6 weeks by using 175 mg/kg (Boonyaratpalin et al., 2001). Shrimp 216 fed a diet supplemented with Artemia nauplii (which were enriched with 80% 217 canthaxanthin) for 4 weeks had improved deposition of free and esterified Axn 218 compared with those fed a diet supplemented with mauxia shrimp (55% β-219 carotene) (Pan and Chien, 2003). Dietary supplementation of 200-300 mg/kg of 220 the β-carotene enriched microalgal pigment from *Dunaliella* was required for 221 optimal pigmentation in *Penaeus monodon* (Supamattaya et al., 2005). These 222 observations support that the efficiency with which carotenoid intermediates are 223 converted to Axn depends on their position in the relevant metabolic conversion 224 pathways. Dietary Axn levels greater than 200 mg/kg did not lead to 225 improvements in pigmentation or tissue carotenoid accumulation (Yamada et al., 226 1990, Merchie et al., 1998), but other potential benefits of these high dietary 227 carotenoid levels were not examined in these studies. Later sections of this 228 review will explore further research in this area.

3.1.2 Chromatophores and Pigmentory Effectors

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231 The colour of crustaceans is present in either the exoskeleton, or in pigment 232 structures within the underlying hypodermal layer known as chromatophores 233 (Rao, 1985). These structures are able to expand and contract, which strongly 234 contributes to the degree of individual colouration, particularly for species with 235 thin opaque shells like shrimp (Fingerman, 1965, Fingerman, 1966). Such physiological colour changes can be rapid, are reversible and often rhythmic in 236 237 some species of crustaceans. This expansion and contraction is controlled by 238 hormones secreted from glands in the eyestalks of crustaceans: pigment 239 dispersing hormone (PDH) and red pigment concentrating hormone (RPCH), as a 240 response to various physiological cues (Bagnara and Hadley, 1973, Rao, 2001). 241 These cues can span aspects such as background colour, light source and 242 photoperiod (Latscha, 1990, Rao, 1985). 243 Short-term exposure to black substrates has been shown to improve prawn 244 pigmentation through expansion of hypodermal chromatophores (Parisenti et 245 al., 2011a, Tume et al., 2009, Wade et al., 2015a). An example of the effect that 246 background exposure has on the chromatophores in shrimp epithelial tissue is 247 shown in Figure 2. In addition to expanding and contracting, the chromatophores 248 completely change their pigment content in response to different substrates. In 249 response to dark backgrounds, animals with expanded chromatophores 250 contained high levels of free Axn, while white adapted animals with contracted 251 chromatophores contained high levels of Axn mono-esters (Tume et al., 2009, 252 Wade et al., 2015b). This expansion was also shown to be linked with the 253 accumulation of the colour protein crustacyanin in the hypodermal tissues 254 (Wade et al., 2012), presumably bound to free Axn to create the darker 255 colouration. Tank colour was also shown to affect larval colour, survival and 256 development in crabs (Rabbani and Zeng, 2005). When exposed to constant light, 257 the body color of shrimp (P. aztecus) faded and chromatophores lost their 258 diurnal rhythm (Lakshmi et al., 1976). Similarly, the body color of P. monodon 259 also became faint when cultured indoors under low light intensity less than 1000 260 lx (Tseng et al., 1998). However, shrimp (P. monodon) subjected to constant light 261 maintained higher carotenoid levels as they grew (Pan et al., 2001). Without 262 addition of Axn in diet, metal halide illumination at 2500 lux resulted in the

- significant accumulation of Axn in whole body of L. vannamei to over 4 mg/kg,
- 264 compared with animals held in complete darkness at just over 2 mg/kg (You et
- 265 *al.*, 2006).
- 266 Lastly, the colour of *P. monodon* has been observed to become redder when
- subjected to thermal and hypoxic stress, but this pigment effect was reversible
- 268 when the stress was removed and hypoosmotic stress had no effect on colour (de
- la Vega et al., 2007). Hypoxia was shown to increase the levels of CRCN-C1
- abundance in the hepatopancreas of *Litopenaeus vannamei* (Jiang et al., 2009),
- 271 although why this may be occurring is not understood. Other reports of the effect
- of stress on pigmentation are largely anecdotal, and there is presently very little
- 273 understanding of why this might be occurring.
- 274 3.1.3 Carotenoproteins and Crustacyanin
- 275 Carotenoids and associated carotenoprotein complexes have been found in many
- invertebrate species with tissue distribution ranging from the skin and gonads to
- the blood, eggs and shell (Zagalsky, 1985, Lakshman and Okoh, 1993, Cheesman
- 278 et al., 1967, Bhosale and Bernstein, 2007). Carotenoprotein complexes can be
- 279 divided into two types: lipovitellins and true carotenoproteins. Lipovitellins
- possess a less stable and non-specific association of the carotenoid with the lipid
- portion of a lipoprotein and are responsible colouration of such tissues as the
- blood, epithelium, eggs and ovaries (Zagalsky, 1985, Cheesman et al., 1967). True
- 283 carotenoproteins display a highly specific and stoichiometric relationship
- between the carotenoid and a carotenoid binding protein (CBP), and appear to
- 285 be particularly widespread among the animals in class Crustacea as the
- 286 mechanism of shell colour production (Zagalsky, 1985, Lakshman and Okoh,
- 287 1993, Cheesman *et al.*, 1967).
- Pigmentation in crustaceans is produced by a combination of the abundance and
- degree of expansion of different coloured chromatophores, yellow, blue and red
- 290 (Rao, 1985), although visibility of chromatophores can be influenced by the
- thickness of the exoskeleton in some species. As noted earlier, dietary Axn
- supplementation increases the abundance of epithelial Axn, particularly Axn
- esters (Yamada et al., 1990, Supamattaya et al., 2005, Boonyaratpalin et al., 2001,
- 294 Barclay et al., 2006, Kumar et al., 2009, Wade et al., 2015b). Similarly,
- 295 background colour modifies pigment proportions in epithelial tissues, with

contracted chromatophores containing high levels of carotenoid esters, and expanded chromatophores containing high levels of free Axn (Tume et al., 2009, Wade et al., 2015b, Wade et al., 2015a) Within the exoskeleton and hypodermal tissue of crustaceans, free Axn is often bound within a multimeric protein complex called crustacyanin (CRCN) (Wald et al., 1948). CRCN is a member of the lipocalin protein family, a functionally diverse group of proteins that bind small hydrophobic molecules such as steroid hormones, carotenoids, odourants and pheromones (Flower, 1996, Flower et al., 2000). The interaction of CRCN and Axn modifies the naturally red carotenoid to blue or any other colour in the visible spectrum, producing the diverse array of colours seen in the exoskeleton of crustaceans (Cianci et al., 2002). During cooking, this interaction is disrupted, releasing the distinct red colouration of cooked seafood. The dimeric βcrustacyanin (β-CRCN) is formed by two types of CRCN subunits (A and C, also called H₁ and H₂) in association with two Axn molecules (Cianci et al., 2002). Eight of these dimers form a larger molecular weight complex known as α -(α-CRCN), which has crustacvanin been extensively studied crystallographic techniques (reviewed in, (Chayen et al., 2003, Zagalsky, 2003)). At present, two genes that encode CRCN-A and CRCN-C have been identified across a range of crustaceans (Wade et al., 2009, Ertl et al., 2013, Wang et al., 2007). Their expression is restricted to the outer layer of the hypodermis (Wade et al., 2009, Wang et al., 2007), and the spatial regulation of the CRCN genes is thought to define the species-specific shell colors and patterns that different crustaceans display (Wade et al., 2009). In further support of this theory, reconstitution of recombinant CRCN monomers (either A or C) formed complexes with distinct absorption spectra, and the presence of CRCN in various species correlated with the ability to produce certain shell colours (Ferrari et al., 2012). The development of colour over time in pigment deficient clawed lobsters (H. americanus) was dependent on dietary carotenoid concentration, and progressed over three months through either a predominantly red or a predominantly blue phase before achieving a colour considered equivalent to those from the wild (Tlusty and Hyland, 2005). In freshwater shrimp (M. rosenbergii), external colour was removed by specific knockdown of a CRCN

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329 homolog using RNAi (Yang et al., 2011). In this study, the blue pigment attributed 330 to the Axn-CRCN interaction was removed by decreasing CRCN gene expression, 331 and hence protein abundance, which modified the shrimp colour to red. 332 Although not directly measured, the red colour that remained was likely the 333 underlying red chromatophores containing predominantly Axn esters. This 334 suggests that colour could be preferentially deposited in different 335 chromatophores, although how this might be regulated is not understood. 336 Exposure to white substrates significantly decreased the amount of CRCN 337 protein in shrimp hypodermal tissue, along with decreased free Axn levels and increased Axn ester levels (Wade et al., 2012). Exposure to black substrates 338 339 significantly increased the abundance of epithelial CRCN protein (Wade et al., 340 2012), indicating the presence of this protein was critical to redistributing 341 hypodermal pigments and achieving optimal cooked colour (Wade et al., 2012). 342 However, CRCN gene expression did not vary across the moult cycle or in 343 response to substrate colour (Wade et al., 2012). Albino colour morphs of shrimp (F. merguiensis) displayed significantly reduced expression of the CRCN-A and C 344 345 genes compared with other shrimp, as well as a range of other genes potentially involved in the regulation of crustacean colour (Ertl et al., 2013). However, 346 347 expression levels of CRCN were not significantly different between light and dark 348 coloured shrimp, and there was no correlation between levels of CRCN gene expression and Axn content (Ertl et al., 2013). Despite extensive knowledge of 349 350 the mechanism by which CRCN binds Axn to produce crustacean colour, there is 351 very little known about how CRCN gene expression is regulated or how the CRCN 352 protein complexes form or are modified in the crustacean exoskeleton.

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3.2 Carotenoids and Growth and Survival

Reports of the effect of dietary carotenoid supplementation on growth and survival in crustaceans have been mixed, with virtually all research having been conducted on shrimp. Some studies reported no significant difference in growth in shrimp that had received dietary carotenoid supplementation (Pan *et al.*, 2001, Negre-Sadargues *et al.*, 1993, Boonyaratpalin *et al.*, 2001). However, an increasing number of studies have shown that either growth or survival, or both, are significantly improved when shrimp are fed a diet that contains carotenoids

362 compared with diets that do not (Niu et al., 2012, Niu et al., 2014, Supamattaya et 363 al., 2005, Yamada et al., 1990, Kumar et al., 2009, Chien and Shiau, 2005, Petit et 364 al., 1997, Darachai et al., 1998, Chien and Jeng, 1992, Flores et al., 2007, Zhang et 365 al., 2013). 366 Early reports describing the beneficial effects of Axn on shrimp growth were 367 assessed on postlarvae (Darachai et al., 1998, Chien, 1996) with evidence that 368 Axn supplementation shortened the moult frequency (Petit et al., 1997). Larval 369 stages and postlarvae of *P. monodon* showed greater survival and were longer 370 when fed algal Axn (Haematococcus pluvialis) supplemented diets (Darachai et al., 1998). Studies on M. japonicus juveniles demonstrated that growth 371 372 performance was similar in shrimp over 8-weeks whether or not 100 mg/kg 373 carotenoid was included (Yamada et al., 1990). However, by the end of 8 weeks 374 animals without dietary carotenoid contained significantly less total carotenoid 375 than those fed 100 mg/kg, and their survival had dropped from 91.3% to 57.1% 376 (Yamada et al., 1990). In a separate experiment by the same authors but using 377 smaller animals, animals that had received 100 mg/kg Axn for 8 weeks had 378 grown significantly better than those that had not been fed Axn, while survival 379 was unaffected (Yamada et al., 1990). Between these two experiments, there was 380 a marked difference in the total carotenoid content prawns at the beginning of 381 the experiment, with poor survival over 8 weeks recorded when initial 382 carotenoid content was low (15.6±0.8 mg/kg). Significant correlations have been 383 observed between tissue carotenoid concentration and survival (Chien and Jeng, 384 1992) or specific growth rate (You et al., 2006). 385 Since this initial work, the vast majority of studies have focussed on the giant 386 tiger shrimp, *Penaeus monodon*. Shrimp fed 125-300 mg/kg of algal extract for 8-387 weeks showed higher weight gain and survival compared with controls 388 (Supamattaya et al., 2005). When fed with 100mg/kg Axn combined with 1% 389 cholesterol for 74 days, shrimp showed higher weight gain and survival 390 compared with those fed diets without carotenoids (Niu et al., 2012), with 391 apparent Axn digestibility of approximately 98%. In a similar study, shrimp fed 392 100 mg/kg Axn combined with 1% cholesterol also showed significantly higher 393 weight gain and survival (Niu et al., 2014), and showed similarly high (>90%) 394 Axn digestibility. Although less studied, other species have shown a similar

response. Post-larval shrimp (L. vannamei) fed 80 mg/kg Axn for 6 weeks showed an increased daily growth coefficient and a reduced moult frequency compared with those animals that had not been fed dietary Axn, but survival was unaffected (Flores et al., 2007). Shrimp (L. vannamei) fed either 100, 200 or 400 mg/kg Axn for 30 days showed improved weight gain and survival compared with those without dietary carotenoids (Niu et al., 2009). After 56 days, shrimp (L. vannamei) fed 125 or 150 mg/kg Axn had higher weight gain than those fed 25, 50, 75 or 100 mg/kg Axn (Zhang et al., 2013), but survival was unaffected. In freshwater Macrobrachium, inclusion of 50, 100 or 200 mg/kg Axn improved growth over the reference (Kumar et al., 2009). Shrimp (M. japonicus) had improved survival from 37% to over 50% when fed diets containing carotenoids over 9 weeks, (Chien and Shiau, 2005), with a complementary increase in body Axn levels, but no effect on growth. Improved survival, but not growth, was also recorded in red king crab juveniles fed 380 mg/kg Axn for 56 days (Daly et al., 2013). Combined, these data suggest that survival is not affected when carotenoids are maintained at a certain level, perhaps between 10-15 mg/kg body weight for P. monodon, but survival is compromised below that level without carotenoid supplementation. Where tissue carotenoid levels are initially high, perhaps above 20 mg/kg, further carotenoid supplementation allows improved growth. Variability in animal performance in growth trials may be explained by a range of factors, including animal health, quality of feed ingredients, system design and animal husbandry. Detection of growth differences in shrimp fed dietary carotenoids in more recent studies may reflect improvements in trial maintenance and animal husbandry. The study by (Pan et al., 2001) had shown there was no significant increase in survival in animals fed carotenoids compared with those that were not, although overall survival was less than <30% across the experiment, and this low level of survival casts aspersions on the validity of this work. Despite this, it was demonstrated that higher tissue carotenoid levels were correlated with higher survival (Pan et al., 2001). Carotenoid levels in shrimp at the beginning of the study will also be critical, as carotenoid stores in animal tissues may compensate for the lack of dietary carotenoids at least through the initial stages of an experimental growth trial.

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429	3.3 Carotenoids and Tolerance to Disease and Stress
430	This section will focus on studies where dietary carotenoids have been supplied,
431	then the capacity to tolerate an induced stress has been directly tested under
432	controlled conditions, and the effects on survival or other biochemical
433	parameters assessed. The improved survival described in the previous section
434	was reported after a period of 8-9 weeks of a growth feeding trial in
435	experimental systems using different carotenoids (Axn, β -carotene or
436	canthaxanthin). However, more recent studies have been designed to specifically
437	assess whether responses to acute and chronic stresses, such as hypoxia, salinity
438	or viral infection, are improved after long periods of dietary carotenoid
439	supplementation. Analysis on shrimp (F. chinensis) showed that hypoxia alone
440	triggered significant up-regulation of proteins involved in immunity
441	(chymotrypsin and carboxypeptidase), and down regulation of proteins involved
442	in energy production (citrate synthase, ATP synthase), metabolism
443	(transketolase and esterases) and antioxidant capacity (glutathione peroxidase
444	and cMnSOD) (Jiang et al., 2009). Dietary levels of 125 and 150 mg/kg Axn fed to
445	shrimp (L. vannamei) for 56 days lowered total antioxidant status, superoxide
446	dismutase (SOD), and catalase activities than those animals fed 25, 50, 65 or 100
447	mg/kg (Zhang et al., 2013). Carotenoids were found to be less abundant in the
448	digestive gland and ovary of farmed <i>L. vannamei</i> compared with wild animals,
449	and levels were concluded to be insufficient to neutralise oxidative stress during
450	ovarian development (Linan-Cabello et al., 2003). Crayfish exposed to pollution
451	had lower levels of vitamins and carotenoids in the hepatopancreas, suggesting
452	these may play a role in tolerating polluted environments (Barim and Karatepe,
453	2010).
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455	Similar to growth and survival, the majority of work on tolerance to stress has
456	been performed on shrimp. Early studies showed that larval stages of
457	P. monodon supplemented with algal carotenoids were more resistant to low
458	salinity stress than those with synthetic Axn or controls (Darachai et al., 1998).
459	Similarly, survival of <i>P. monodon</i> postlarvae during a low salinity stress test
460	exposure to 4 hours of low dissolved oxygen (< 1.0 mg/L) was improved in

shrimp (P. monodon) fed 360 mg/kg Axn for one week (Chien et al., 1999). In a separate test, these shrimp were also shown to be more tolerant of lower oxygen levels in a lethal oxygen test (Chien et al., 1999). Dietary Axn supplementation at 80 mg/kg enhanced antioxidant capacity in tiger shrimp (*P. monodon*) postlarvae, which resulted in a significant improvement in recovery to both thermal and osmotic stress (Chien et al., 2003). In this study, higher body Axn levels were recorded, total antioxidant status (TAS) was reduced and superoxide dismutase (SOD) levels were reduced. The authors also speculated that hepatopancreas function was improved due to lower levels of aspartate aminotransferase (AST), a blood marker of liver integrity in mammalian systems, being identified in the circulating hemolymph. However, both AST and alanine aminotransferase (ALT) levels were reduced by thermal and osmotic stress, which was opposite to the expected effect of stress. The inclusion of 80 mg/kg in diets for 8-weeks improved shrimp (*P. monodon*) resistance to ammonia stress, and animals showed higher total antioxidant status and lower SOD levels (Pan et al., 2003). AST and ALT levels were lowered by Axn supplementation, and were negatively correlated with TAS. However, aminotransferase levels were not correlated with survival, and may indicate that shrimp mortality was unrelated to hepatopancreas damage. When fed 300 mg/kg of algal carotenoids for 8 weeks, P. monodon showed improved tolerance to a nine day period of daily hypoxic stress (<1.0 mg/L) and also higher resistance to WSSV infection (Supamattaya et al., 2005). Studies in other shrimp also showed similar effects. In M. japonicus, inclusion of at least 50 mg/kg dietary Axn, from either synthetic or algal sources, resulted in improved survival to low oxygen stress (Chien and Shiau, 2005). Significantly greater levels of Axn had accumulated during the 9-week feeding trial, along with a reduced oxygen consumption rate, suggesting that Axn may be acting as an intracellular oxygen reserve or as a potent cellular antioxidant. Total carotenoid levels were highest in animals that showed the highest survival, yet total hemocyte count was lower and hemolymph phenoloxidase activity was unchanged. Post-larval shrimp (L. vannamei) fed 80 mg/kg Axn for 6-weeks showed significantly higher osmoregulatory capacity than those without dietary Axn after salinity was reduced from 35 to 3 gL⁻¹ (Flores et al., 2007). This was

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coupled with significantly increased levels of hemocytes, hemocyanin and glucose in the hemolymph, and reduced levels of hemolymph lactate (Flores et al., 2007). In a hypoxia stress test, postlarval shrimp (L. vannamei) fed either 200 or 400 mg/kg Axn recorded significantly higher survival, but no other physiological parameters were measured (Niu et al., 2009). More recently, freshwater prawns showed a significant increase in phenoloxidase activity and total hemocyte count after 28 days of consuming carotenoid fortified diets (Kumar et al., 2009), although no direct stress test was performed on the animals in this study. Systemic injection of Axn into the same species caused an increase in the total hemocyte count and an increased resistance to bacterial infection, although there was no complementary increase in antioxidant indicators (Angeles et al., 2009). After low dissolved oxygen challenge, shrimp (*L. vannamei*) fed 75-150 mg/kg Axn for 56 days had higher survival than those animals fed 25 or 50 mg/kg Axn, and this was potentially linked with higher expression of hypoxia inducible factor 1 alpha (HIF- 1α), cytosolic manganese superoxide dismutase (cMnSOD) and catalase in Axn fed animals (Zhang et al., 2013). After 74 days feeding 100 mg/kg Axn or 250 mg/kg β-carotene, improved growth performance and survival in juvenile *P. monodon* was coupled with lower malondialdehyde levels (an indicator of lipid peroxidation) after a simulated live transport test (Niu et al., 2014). In addition, expression levels of heat shock protein 70 (Hsp-70) were significantly elevated under hypoxia compared with normoxia, and further up-regulated under hypoxic conditions without dietary carotenoids (Niu et al., 2014). Although counter-intuitive, the expression of hypoxia inducible factor 1 alpha (HIF-1α) was decreased under hypoxic condition, but were higher in animals fed β-carotene suggesting that the response to hypoxia had been alleviated (Zhang et al., 2013, Niu et al., 2014). In summary, data consistently demonstrate that dietary carotenoids increase the total antioxidant capacity in the haemolymph of crustaceans, coupled with decreased activity of other antioxidant enzymes. This may occur through increased Axn levels in the haemolymph and tissues, improved oxygen carrying capacity, decreased oxidation of polyunsaturated fatty acids or cellular proteins or decreased activation of stress response systems. Combined, these data suggest that the stress response is reduced in animals receiving dietary carotenoids

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which improves survival to that stress, and that Axn is performing a broad protective role against the detrimental effects of oxidative damage in tissues. Similar to growth, many factors can affect survival in experimental systems, which is especially problematic when survival is a key measure of performance against stress. However, clear experimental evidence now exists to show that carotenoid supplementation improves a range of factors to enable crustaceans to tolerate stresses such as disease, hypoxia, temperature and salinity. These effects appear to link the proposed antioxidant function of carotenoids themselves, with physiological improvements in antioxidant capacity in the animals, and improved performance under various stressful conditions. Some inconsistency exists in the physiological responses of animals to dietary carotenoids, which may highlight differences in the way different crustaceans deal with a variety of stressors.

3.4 Carotenoids and Reproductive Performance

Nutrition plays a critical role in the reproductive success of crustaceans, and the accumulation of nutrients in the developing ovaries, particularly lipids and carotenoids, has a direct effect on reproductive measures such as egg number, hatching rate and total nauplii produced (Wouters et al., 2001). Very little progress has been made in understanding the basis by which dietary carotenoids improve crustacean reproduction since it was summarised more than ten years ago (Linan-Cabello et al., 2002a). During early maturation, carotenoids accumulate in the hepatopancreas in both free and esterified form, after which they are transported via the haemolymph to the ovaries during secondary vitellogenesis (Harrison, 1990, Vincent et al., 1988). Carotenoid content and type varies greatly during ovarian development (Dall et al., 1995, Linan-Cabello et al., 2002b, Linan-Cabello et al., 2003, Vincent et al., 1988, Vincent et al., 1989). The darkening that occurs with this accumulation forms the basis of "staging" female ovaries during ovarian maturation (Wouters et al., 2001). Free and esterified Axn is known to accumulate in the hepatopancreas during ovarian maturation, while levels in the integument remain relatively constant (Dall et al., 1995). Captive shrimp contained less carotenoids, particularly in stage IV ovaries, than their wild caught counterparts (Linan-Cabello et al., 2003), strongly suggesting that broodstock nutrition was deficient. Paprika as a source of dietary carotenoids (αcarotene, α-cryptoxanthin and capxanthin) was shown to improve nauplii quality in *P. monodon* broodstock (Wyban et al., 1997), with the assumption that these carotenoids were able to be converted into Axn. Axn supplemented in broodstock diets for Penaeus monodon showed improved spawning and fecundity (Pangantihon-Kuhlmann et al., 1998). In the only recent study, high levels of dietary fish oil and Axn have been linked to improved reproductive performance, as measured by egg and spermatozoa number, in P. monodon broodstock (Paibulkichakul et al., 2008). As might be expected, increased dietary fish oil led to accumulation of polyunsaturated fatty acids (PUFAs) in hepatopancreas and ovary tissues, particularly 22:6n-3. However, extremely high levels of dietary Axn (300 mg/kg) also led to an accumulation of Axn along with these long chain PUFAs in ovary tissue (Paibulkichakul et al., 2008). Increased focus may be required on the use of carotenoids in conjunction with other nutrients of reproductive significance, such as long chain PUFAs. The positive effects of Axn can potentially be attributed its extremely high capacity to scavenge oxygen free radicals, and the prevention of peroxidation of PUFAs in tissues and diets (Britton, 2008, Miki, 1991). In various fish species, the accumulation of carotenoids in reproductive tissues through dietary carotenoid supplementation has been shown to improve a number of performance characteristics, such as egg number, egg quality and number of larvae (Bjerkeng, 2008). Oxygen free radicals have been shown to attack biomembrane lipids and proteins, leading to deterioration in egg quality (Bromage and Roberts, 1995). In crustaceans, in conjunction with a depletion of carotenoids in the hepatopancreas and ovary, an elevation of superoxide dismutase (SOD) activity was observed in the haemolymph of captive shrimp compared with wild shrimp (Linan-Cabello et al., 2003). This was suggested to reflect the insufficient scavenger activity to neutralize oxidative stress processes during spawning. Normal developmental and physiological processes, such as ovarian development and reproduction, are also potential sources of oxygen free radicals. Although not initially identified as necessary for embryonic development,

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stages (Bjerkeng, 2008, Dall *et al.*, 1995). This implies the carotenoids present in eggs and pre-feeding embryos are metabolised into other colourless molecules, that in turn potentially perform biological functions. Axn has been proposed to be an important source of Provitamin A and retinoids in eggs and early embryos (Dall *et al.*, 1995, Linan-Cabello *et al.*, 2002a, Miki, 1991). Evidence from a number of different crustaceans suggests that the retinols and other retinoid derivatives play a critical role in developmental processes of crustaceans, including ovarian and larval development (Linan-Cabello *et al.*, 2002a). Crustaceans possess a number of retinoids and retinoic acid receptors in crustaceans and the enhancement of the ovarian development in shrimp suggests an important role of these metabolites in shrimp physiology for their successful aquaculture. Carotenoids are the sole source of retinoids in crustaceans, and their role as bioactive molecules may have been largely overlooked (Linan-Cabello *et al.*, 2002a).

4 Conclusion

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Carotenoids are considered a semi-essential nutrient that promotes optimal survival and growth at low dietary inclusion levels, approximately 25 mg/kg dietary Axn. Studies demonstrate that some form of dietary carotenoid intake is required in order to maintain carotenoid levels over time as animals grow, whether that intake is from natural pond biota or formulated into feeds. This amount is estimated at 50 mg/kg dietary Axn to maintain between 20-25 mg/kg body weight Axn for juvenile *P. monodon*. Increasingly, evidence suggests that specific carotenoids accumulate in different crustacean tissues over various life history stages. At present this minimum body Axn level is poorly defined, but whole body Axn levels may improve survival and growth across various stages of commercial production. Optimal shrimp pigmentation can be achieved within several weeks by including Axn in the diet at levels of between 50-100 mg/kg, which can be reduced by using higher dietary inclusion levels. At these and even higher inclusion levels, utilisation efficiency of dietary carotenoids is extremely high and often exceeds 90%. In Penaeid shrimp, the amount of carotenoid required to be deposited in the tissues to achieve optimal colour is around 30-50 mg/kg body weight. However, this amount does not result in the same overall colour of different species, i.e. *P. monodon* is darker than *L. vannamei* at the same body Axn level. In other crustaceans, this body Axn level may need to be significantly higher. Background colour and light intensity are highly effective at redistributing carotenoid pigments, both to make shrimp darker or lighter in colour. Optimal pigmentation can lead to substantially higher sale prices, but there can be a preference for either darker or lighter shrimp depending on the target market. Although presently poorly defined, the carotenoid levels required to elicit the physiological improvements in disease resistance, hypoxia or reproductive performance may be considerably higher than those for pigmentation. These beneficial effects have been demonstrated on various physiological characteristics such as survival, growth and resistance to stress. However, unlike colour, accurate measurement of these effects is often difficult due to a range of external factors. Improvements in research methods and techniques have led to

a stronger understanding of the physiological mechanisms underlying carotenoid function in crustaceans. Very little is known about the genetic mechanisms that underlie the absorption, transport, tissue accumulation or metabolic transformations of carotenoids in any animal species. It is reasonable to assume that the accumulation of these carotenoids underpins the physiological changes that lead to improved performance of a variety of commercially relevant traits in aquaculture. More detailed studies are required to define the basis of the benefits of carotenoids in crustacean aquaculture. Although some functions of carotenoids may be preserved, we cannot continue to rely on research from vertebrate systems to draw conclusions on their effect in crustaceans.

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Figure 1. Schematic diagram of the major conversion pathway of β -carotene to astaxanthin in crustacean tissues.

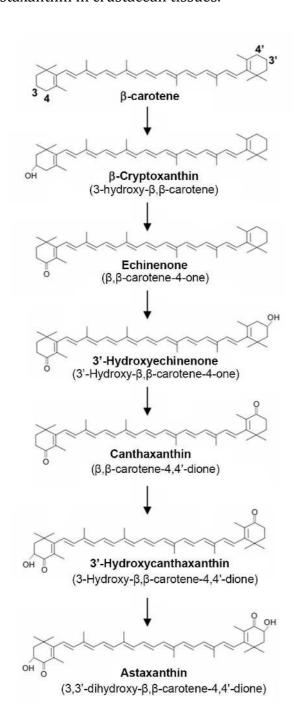


Figure 2 The response of crustacean abdominal epithelial chromatophores when exposed to black (A and C) or white (B and D) coloured substrates.

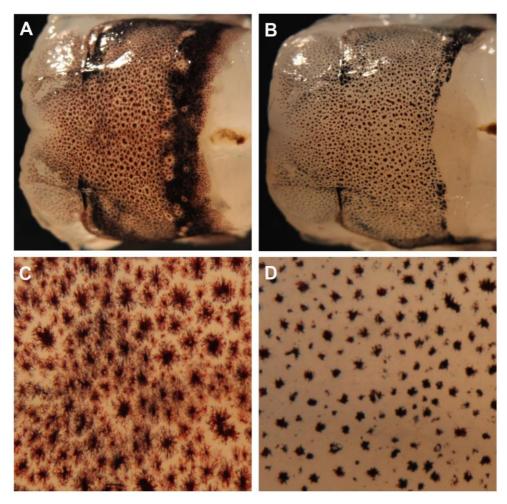


Table 1. Summary of carotenoid research in crustacean diets that improves pigmentation.

Reference	Inclusion range	Carotenoid	Source	Optimal Pigmentation
Giant Tiger Prawn (Penaeus monodon)				
(Yamada <i>et al.</i> , 1990)	0 – 400 mg/kg	Astaxanthin / β-carotene / Canthaxanthin	Synthetic	200 mg/kg Astaxanthin
(Liao <i>et al.,</i> 1993)	3%	β -carotene / Zeaxanthin	Spirulina / Krill Oil	3% Spirulina
(Menasveta et al., 1993)	0 – 50 mg/kg	Astaxanthin	Synthetic	50 mg/kg
(Merchie <i>et al.,</i> 1998)	230 - 810 mg/kg	Astaxanthin	Synthetic	inconclusive
(Boonyaratpalin et al., 2001)	125 – 175 mg/kg	β-carotene	Algal	125 mg/kg
(Supamattaya et al., 2005)	125 – 300 mg/kg	β-carotene	Algal	200 – 300 mg/kg
(Niu <i>et al.</i> , 2012)	70 – 200 mg/kg	Astaxanthin / Canthaxanthin	Synthetic	100 mg/kg Astaxanthin + cholesterol
(Niu <i>et al.,</i> 2014)	100 – 250 mg/kg	Astaxanthin / β-carotene	Synthetic	100 mg/kg Astaxanthin + cholesterol
Pacific White Shrimp (Litopenaeus vannamei)				
(Vernon-Carter et al., 1996)		Astaxanthin / Lutein	Synthetic / Marigold	Marigold
(Arredondo-Figueroa et al., 2003)	200-250 mg/kg	Capsanthin	Capsicum annuum	
(Niu <i>et al.,</i> 2009)	0 – 400 mg/kg	Astaxanthin	Synthetic	100 - 200 mg/kg
(Ju <i>et al.</i> , 2011)	25 – 150 mg/kg	Astaxanthin	Algal and Synthetic	75 – 100 mg/kg

Kuruma Shrimp (Marsupenaeus japonicus)				
(Chien and Jeng, 1992)	50 – 200 mg/kg	Astaxanthin / β-carotene	Synthetic / algal	100 mg/kg Astaxanthin
(Name Cadayaya et al. 1002)	100 //	Astaxanthin/	Synthetic	50 mg AX + 50 mg CX
(Negre-Sadargues et al., 1993)	100 mg/kg	Canthaxanthin		
(Datit at al. 1007)	0 – 220 mg/kg	Astaxanthin/	Synthetic / Artemia	60 mg/kg Astaxanthin
(Petit <i>et al.</i> , 1997)		Canthaxanthin		
(Chien and Shiau, 2005)	0 – 100 mg/kg	Astaxanthin	Synthetic / algal	100 mg/kg
Giant Freshwater Prawn Macrobrachium	rosenbergii)			
(Kumar <i>et al.</i> , 2009)	0 – 200 mg/kg	Astaxanthin	Synthetic	200 mg/kg
Hermit Crab (<i>Clibanarius erythropus</i>)				
(Castille and Nagra Sadanguas 1005)	200 mg/kg	Astaxanthin / β-carotene /	Synthetic	200 mg/kg Astaxanthin
(Castillo and Negre-Sadargues, 1995)		Canthaxanthin		
Red King Crab (Paralithodes camtschaticus)				
(Daly et al., 2013)	0 – 380 mg/kg	Astaxanthin	Synthetic / algal	380 mg/kg
American Clawed Lobster (Homarus americanus)				
(Tlusty and Hyland, 2005)	0 – 220 mg/kg	Astaxanthin	Synthetic	220 mg/kg
Tropical Spiny Crayfish (Panulirus ornatus)				
(Barclay <i>et al.</i> , 2006)	30 - 120 mg/kg	Astaxanthin	Synthetic	120 mg/kg

Table 2. Summary of carotenoid research in crustacean diets that improves physiological performance.

Reference	Inclusion level	Species	Response
Growth and Survival			
(Yamada et al., 1990)	100 mg/kg Axn	M. japonicus	Improved survival or growth
(Darachai <i>et al.</i> , 1998)	various	P. monodon	Improved post-larval survival
(Chien and Shiau, 2005)	50-100 mg/kg	M. japonicus	Improved survival
(Supamattaya et al., 2005)	300 mg/kg β-carotene	P. monodon	Greater weight gain and improved survival
(Flores et al., 2007)	80 mg/kg Axn	L. vannamei	Improved growth and moult frequency
(Kumar et al., 2009)	50-200 mg/kg Axn	M. rosenbergii	Greater weight gain and improved survival
(Niu et al., 2009)	100-400 mg/kg Axn	L. vannamei	Greater weight gain and improved survival
(Niu <i>et al.</i> , 2012)	100 mg/kg Axn + cholesterol	P. monodon	Greater weight gain and improved survival
(Daly et al., 2013)	380 mg/kg	Paralithodes camtschaticus	Improved survival
(Zhang et al., 2013)	125-150 mg/kg Axn	L. vannamei	Improved growth
(Niu <i>et al.,</i> 2014)	100 mg/kg Axn + cholesterol	P. monodon	Greater weight gain and improved survival
Tolerance to Disease and Stress			
(Darachai <i>et al.,</i> 1998)	various	P. monodon	Improved tolerance to low salinity
(Chien <i>et al.</i> , 1999)	360 mg/kg Axn	P. monodon	Improved survival to low dissolved oxygen
(Chien <i>et al.</i> , 2003)	80 mg/kg Axn	P. monodon	Improved recovery from thermal and osmotic stress, enhanced anti-oxidant capacity.

(Pan et al., 2003)	80 mg/kg Axn	P. monodon	Improved resistance to ammonia stress, higher
, ,			anti-oxidant status, lower SOD levels.
(Chien and Shiau, 2005)	50 mg/kg Axn	M. japonicus	Improved survival to low oxygen
(Supamattaya et al., 2005)	300 mg/kg Axn	P. monodon	Improved survival to daily hypoxia stress, increased resistance to WSSV infection
(Flores et al., 2007)	0-150 mg/kg Axn	L. vannamei	Improved tolerance to low salinity
(Niu et al., 2009)	200-400 mg/kg Axn	L. vannamei	Improved survival to daily hypoxia stress
(Angeles et al., 2009)	1.34 nmol g ⁻¹ Axn injected	M. rosenbergii	Improved survival to bacterial infection
(Zhang <i>et al.</i> , 2013)	75-150 mg/kg Axn	L. vannamei	Improved survival to hypoxia stress, increased HIF-1 α , cMnSOD and catalase expression.
(Niu <i>et al.</i> , 2014)	100 mg/kg Axn 250 mg/kg β-carotene	L. vannamei	Improved survival in live transport test, reduced malondialdehyde and HSP-70 levels
Reproductive Performance			
(Wyban <i>et al.,</i> 1997)	Various	L. vannamei	Improved nauplii quality
(Pangantihon-Kuhlmann <i>et al.,</i> 1998)	100 mg/kg Axn	P. monodon	Improved spawning and fecundity
(Paibulkichakul <i>et al.</i> , 2008)	50-300 mg/kg Axn	P. monodon	Increased number of eggs and spermatozoa, accumulation of Axn in ovary tissue