

# A review of the use and potential of the GATE Monte Carlo simulation code for radiation therapy and dosimetry applications

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In this paper, the authors' review the applicability of the open-source GATE Monte Carlo simulation platform based on the GEANT4 toolkit for radiation therapy and dosimetry applications. The many applications of GATE for state-of-the-art radiotherapy simulations are described including external beam radiotherapy, brachytherapy, intraoperative radiotherapy, hadrontherapy, molecular radiotherapy, and *in vivo* dose monitoring. Investigations that have been performed using GEANT4 only are also mentioned to illustrate the potential of GATE. The very practical feature of GATE making it easy to model both a treatment and an imaging acquisition within the same framework

is emphasized. The computational times associated with several applications are provided to illustrate the practical feasibility of the simulations using current computing facilities. © 2014 American Association of Physicists in Medicine. [<http://dx.doi.org/10.1118/1.4871617>]

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## 1. INTRODUCTION

Monte Carlo (MC) simulation is widely recognized as an essential method to study the physics of nuclear medicine, radiology, and radiation therapy. The concepts of deposited energy and absorbed dose are of particular interest for radiotherapy applications<sup>1</sup> and imaging applications involving ionizing radiations.<sup>2</sup> In radiation therapy (RT), treatment planning requires an accurate assessment of the absorbed dose distribution throughout the organs and tissues of interest. This is true for a large variety of RT approaches (e.g., using photons, electrons, protons, carbon beams, radioisotopes) with different delivery conditions (broad beam, pencil beam, scanning, rotational, brachytherapy, and targeted radionuclide therapy). In diagnostic imaging applications involving ionizing radiation, such as computed tomography (CT), positron emission tomography (PET), or single photon emission tomography (SPECT), the assessment of the absorbed dose is important to better analyze the risk-benefit of the procedure. Imaging and therapy are increasingly tied together: cone-beam or portal imaging are associated with conventional linac RT, CT acquisitions are performed during tomotherapy, radiographs pairs are acquired during Cyberknife treatments, and new imaging systems are developed for treatment monitoring in hadrontherapy, such as hadron-PET,<sup>3,4</sup> prompt-gamma (PG) cameras,<sup>5,6</sup> and interaction vertex imaging (IVI) systems.<sup>7</sup> As a result, there is a need for a MC simulation platform supporting radiation transport modeling for (combined) imaging and dosimetry applications.

Many MC simulation tools have been developed for imaging (e.g., Refs. 8–10) or dosimetry (e.g., Refs. 11–16). At the moment, GATE (Refs. 17 and 18) is the only open-source MC simulation platform supporting the user-friendly simulation of imaging, RT and dosimetry in the same environment. GATE is an *application* based on the GEANT4 toolkit: GEANT4 manages the kernel that simulates the interactions between particles and matter, and GATE provides additional high-level features to facilitate the design of GEANT4-based simulations. GATE is developed by the OpenGate collaboration<sup>19</sup> and is a community-driven initiative, where every user can access the source code<sup>20</sup> and propose new features.

GATE is potentially useful for a broad range of simulations, including those where the absorbed dose is the principal observable. While GATE has been widely validated and used for a large variety of PET and SPECT studies, there are still a limited number of papers reporting its application and reliability in the context of dosimetry. The purpose of this paper is therefore to review the current status of GATE for dosimetry-related applications based on published validation works. Source macros for five applications discussed here (brachytherapy, external beam radiotherapy with photons/

electrons, molecular radiotherapy, and protontherapy) are provided as additional material for the interested readers. As GATE is based on GEANT4, validated GEANT4 applications related to dosimetry are mentioned as application fields where GATE could be successfully used. Upcoming developments in GATE regarding RT and dosimetry applications are also discussed.

## 2. ABSORBED DOSE CALCULATION IN GATE

In this paper, we focus on the absorbed dose  $D$ , defined as the deposited energy per unit mass of medium, reported in units of gray (1 Gy = 1 J/kg). In MC simulations, the energy deposited in a volume  $E_{dep}$  is usually expressed in eV (1 eV =  $1.60217646 \times 10^{-19}$  J). It can be converted to Gy by accounting for the volume of interest and the density:  $D[\text{Gy}] = (E_{dep}[\text{eV}] \times 1.60217646 \times 10^{-19} [\text{J/eV}]) / (\rho[\text{kg/cm}^3] / V[\text{cm}^3])$ .

The absorbed dose  $D$  is a physical quantity and does not reflect the biological effects of irradiation. However,  $D$  is the first step toward the assessment of the biological impact of radiation, both for stochastic and deterministic effects. GATE is provided with a mechanism, named `DoseActor`, which stores the absorbed dose in a given volume in a 3D matrix. In terms of GATE macros, the dose actor has to be *attached* to the volume of interest. The user can provide the matrix size and the matrix position is defined within the coordinate system of the monitored volume. Note that if the user defines a matrix size larger than the attached volume, the absorbed dose deposition occurring outside the volume but inside the matrix will *not* be recorded. The actor calculates the deposited energy in MeV ( $E_{dep}$ ), the absorbed dose  $D$  in Gy, the number of hits (a “hit” occurs each time a primary or secondary particle makes a step in a volume, with or without energy deposition), and the local statistical uncertainty according to Ref. 21. The squared sums of  $E_{dep}$  and  $D$  are also provided and can be used to compute the statistical uncertainty when the simulation is split into multiple jobs. Equation (1) defines the statistical uncertainty  $\varepsilon_k$  at pixel  $k$ , with  $N$  being the number of primary events,  $d_{k,i}$  the deposited energy in pixel  $k$  at primary event  $i$ . The absorbed dose can be calculated as *dose-to-water*, as traditionally performed in RT, and as *dose-to-medium* as in conventional MC simulations.<sup>22,23</sup> The conversion is performed on the fly by accounting for the relative stopping power and the energy transferred via nuclear interactions in the specific medium. Note that this conversion method may not be appropriate for some situations in brachytherapy<sup>24</sup>

$$D_k = \sum_i^N d_{k,i} \quad S_k = \sqrt{\frac{1}{N-1} \left( \frac{\sum_i^N d_{k,i}^2}{N} - \left( \frac{\sum_i^N d_{k,i}}{N} \right)^2 \right)}$$

$$\varepsilon_k = 100 \times \frac{S_k}{D_k} \quad (1)$$

During particle tracking, the deposited energy is summed in the matrix for each step occurring in the attached volume. The two endpoints of a step are called the PreStep point and PostStep point. For a charged particle, a position is randomly chosen along the step and the values are stored in the matrix at that position. For a photon, when secondary particles are not created because the energy is below the production threshold, energy is deposited at the PostStep position. The user has to make sure that the step length is not too large with respect to the matrix sampling. The output can be stored in *mhd* image file format, composed of a header file and a raw data file. This file format can be handled by several open-source image processing toolkits, such as ITK ([www.itk.org](http://www.itk.org)) and ImageJ ([rsbweb.nih.gov/ij](http://rsbweb.nih.gov/ij)). The coordinate system of the image (called “origin”) within the scene (named the “world”) is recorded. It therefore allows for positioning the absorbed dose matrix in relation to the attached volume for visualisation purposes. Other file formats, such as *hdr* (Analyze), *txt*, and *root* (<http://root.cern.ch>), are also supported.

The insertion of CT data into GEANT4 was described in Ref. 25. The influence of the calibration of the Hounsfield Units (HU) into material and density has also been reported.<sup>26</sup> In GATE, the user can manually assign a material to any HU range or use the Schneider method<sup>27</sup> based on a predefined group of materials (24 by default). Two mixtures with the same elemental composition but different densities are considered as two distinct materials. Each requires the computation of cross-section, stopping power, and other tables, which can be a problem if too many materials are used. In Ref. 25, the authors described a method to dynamically change the density at run time but this technique is not yet available in GATE. In GATE, the number of materials can be controlled with the *density tolerance* parameter.<sup>28</sup> It is used to split a material into two materials when its corresponding HU range is larger than the tolerance.

Variance reduction techniques (VRT) and the use of cuts to speed up simulations are available within GATE. Production cuts can be set for preventing secondary photons, electrons, positrons, or protons to be generated if their energy is below a user-defined threshold. Cuts are expressed in distance, thus depending on the material, or in energy. Cuts can be set to different values in different regions. Regarding VRT, splitting and Russian roulette methods are available. User can choose to use VRT only in selected situations by employing “filters.” For example, selective bremsstrahlung splitting (SBS) is described in Ref. 29. For photon tracking without modeling dose deposits, fast fictitious interaction tracking is available.<sup>30</sup> Particle tracking in voxelized geometry can also be accelerated with region-oriented CT representation.<sup>28</sup> Since the GATE V6.2 release, a specific VRT option is provided to accelerate absorbed dose calculations for low energy photons (from 1 keV to a few hundred keV) in the kerma approximation.<sup>31</sup> This method is based on the track length estimator (TLE).<sup>32</sup> Efficiency gains between 10 and  $10^3$  can be obtained depending on the simulated configuration. Two additional low energy photon VRT, force-detection,<sup>33</sup> and exponential TLE,<sup>34</sup> are currently being developed and will be available in future GATE releases.

Finally, a GPU (graphical processing units) option of the DoseActor is being developed by the OpenGATE collaboration.<sup>35</sup> With this option, particles within the attached volume are no longer tracked by GEANT4 but by a specific GPU process, highly reducing the simulation time. Although there are currently certain limitations in the GPU implementation (photon and electron processes only, no observables during the GPU tracking process), there is a significant impact in the overall resulting computational efficiency. This GPU option will be integrated within the GATE V7 version supporting combined CPU and GPU calculations in various applications.

### 3. APPLICATIONS

In this section, we present several types of dosimetric applications of GATE: molecular radiotherapy (MRT), brachytherapy, intraoperative radiotherapy (IORT), external beam RT (EBRT), particle therapy, and *in vivo* absorbed dose monitoring. We also mention dose-related applications that have only been addressed with GEANT4 so far, but where GATE, being based on the GEANT4 toolbox, could be potentially used with success.

#### 3.A. Molecular radiotherapy

##### 3.A.1. Dose point kernel

The use of MC in targeted radionuclide therapy or molecular radiotherapy has been first dedicated to the simulation of dose point kernels (DPK), i.e., the radial deposition of energy around a point source in a homogeneous medium,<sup>36</sup> for example, with EGS.<sup>37</sup> Any radioactive volume can be considered as a juxtaposition of independent point sources (superposition principle). Therefore, in a homogeneous medium, the variation of absorbed dose with the distance from a point source is sufficient to obtain, by convolution, the absorbed dose for any radioactive distribution. This is the rationale for the computation of DPKs that are used intensively in radiopharmaceutical dosimetry.<sup>38</sup> Interestingly, the simple assumptions (point source, usually monoenergetic particles, energy scoring in spherical shells, homogeneous material) make DPK results an interesting benchmark for MC codes.<sup>39–41</sup>

An early application of GATE for electron DPKs is described in Ref. 42. More recently, in Ref. 43 the authors studied the energy deposition for mono-energetic electrons using GATE V6. Comparisons with EGSnrc and MCNP4C showed good agreement for electrons with energies between 15 keV and 4 MeV, as long as parameters were correctly set, a point consistent with earlier observations.<sup>44</sup> At the moment, DPK-based algorithms are based on the assumption that the human body is equivalent to water, without taking into account tissue variations. The combination of DPKs with patient SPECT or PET data can provide a fast absorbed dose calculation, which takes into account patient specific anatomic information. A fast algorithm was proposed in Ref. 45. GATE V6.1 has been used for extending the existing DPKs in more tissues and for a variety of nuclear radio-isotopes. Specifically

in Ref. 46, DPKs were generated using GATE V6.1 for 10 keV to 10 MeV electrons and various radionuclides ( $^{177}\text{Lu}$ ,  $^{90}\text{Y}$ ,  $^{32}\text{P}$ ,  $^{111}\text{In}$ ,  $^{131}\text{I}$ ,  $^{125}\text{I}$ , and  $^{99\text{m}}\text{Tc}$ ), for water, bone, and lungs. A comparison between results and data from the literature obtained using different codes (MCNP, EGS, FLUKA, ETRAN, GEPTS, and PENELOPE) showed a general agreement within 6%. An additional DPK dataset was then generated for other radionuclides of interest ( $^{67}\text{Ga}$ ,  $^{68}\text{Ga}$ ,  $^{123}\text{I}$ ,  $^{124}\text{I}$ ,  $^{125}\text{I}$ ,  $^{153}\text{Sm}$ ,  $^{186}\text{Re}$ , and  $^{188}\text{Re}$ ). The conclusion is that current MC codes—including GATE—now provide equivalent results for “standard” situations, involving photon/electron transport for energies of interest in nuclear medicine. The application of DPKs in voxel-based geometries can be found in the computation of “Dose Voxel Kernels” or “Voxel S Values,” i.e., input data suited for a convolution with voxel-based activity estimate as obtained in digital imaging. Some work using GEANT4 was also recently reported by Amato *et al.*<sup>47</sup> with 3D arrays of  $11 \times 11 \times 11$  cubic voxels, 3 mm in size, for several emitters of interest in nuclear medicine ( $^{32}\text{P}$ ,  $^{90}\text{Y}$ ,  $^{99\text{m}}\text{Tc}$ ,  $^{177}\text{Lu}$ ,  $^{131}\text{I}$ ,  $^{153}\text{Sm}$ ,  $^{186}\text{Re}$ ,  $^{188}\text{Re}$ ), further demonstrating the potential of GATE for that kind of applications.

Alpha particle and low energy (Auger) electron targeted therapy corresponds to the specific and challenging situation of cellular radiopharmaceutical dosimetry. GATE has not been used for such applications so far, but GEANT4 has,<sup>48,49</sup> so GATE could support such applications. Moreover, another GEANT4-based tool, GEANT4-DNA<sup>50</sup> is being developed to deal with very low energy radiation transport at the molecular level.<sup>51</sup>

### 3.A.2. S values and absorbed dose calculations

MC codes are used to compute reference values for dosimetry, most often in terms of the “mean absorbed dose per decay,” i.e., the S value, or Dose Conversion Factor.<sup>52,53</sup> These values are then used to derive reference absorbed dose values for nuclear medicine practice (ICRP 1987, 2008). This relies on the acceptance of reference geometries described as anthropomorphic phantoms [ICRP 2009 (Ref. 54)]. The same approach can be used for preclinical experiments where rodent models have been proposed for radiopharmaceutical dosimetry.<sup>55</sup> Alternatively, direct absorbed dose calculation can be performed for a specific geometry/radiopharmaceutical distribution dataset. This is the basis of patient-specific dosimetry.

**Preclinical dosimetry.** GATE has been used for preclinical dosimetry<sup>56</sup> to study the energy deposition from  $^{18}\text{F}$ -labeled radiopharmaceuticals in mice. Four models were considered: a voxelized MOBY,<sup>57</sup> using a 400  $\mu\text{m}$  spatial sampling, and three high-resolution models of bladder, femur, and vertebra, with a spatial sampling of 50, 15, and 25  $\mu\text{m}$ , respectively. Absorbed dose per injected activity (mGy/MBq) was computed for the various organs of interest for FDG, FLT, and fluoride. Absorbed dose volume histograms were generated.

Using GEANT4 only, Keenan *et al.*<sup>55</sup> assessed the impact of various parameters (material definition/densities, fine sub-organ segmentation for airways, bones, heart, and stomach) on  $^{18}\text{F}$  S values.

A comparison of their results,  $^{18}\text{F}$  S values obtained for the MOBY 30g Nude Mouse model with MCNPX 2.7a and GATE V6.1, yielded very close results, with most relative differences in S values below 5%.<sup>58</sup> S value computation for positron emitting radionuclides with MOBY2 phantom (mouse/rat) using GATE V6.1 is ongoing.<sup>59,60</sup>

**Clinical dosimetry.** Aside from an early presentation in 2006,<sup>61</sup> clinical nuclear medicine dosimetry results using GATE are recent. In Ref. 62, GATE was used to compute specific absorbed fractions (SAF) for photon sources in selected organs of a reference anthropomorphic model. The Snyder mathematical model<sup>63</sup> was digitized and sampled ( $2 \times 2 \times 3$  mm) to generate GATE input files for photons (10 keV to 1 MeV). Six sources of interest were considered: kidneys, liver, lungs, pancreas, spleen, and adrenals. The results for self-irradiation are very close to values published in Ref. 63, except for energies below 30 keV. The same trend can be observed for cross-irradiation. It must be stressed that early results published for the Snyder phantom were obtained with simplifying assumptions and radiation transport was addressed with a methodology that has been markedly improved since. Therefore, it is not clear if values presented in Ref. 63 should still be considered as a reference.

GATE calculations (S values and SAFs) performed on the Zubal phantom ( $4 \times 4 \times 4$  mm sampling) have been compared with MCNP-4B and MCNPX published data.<sup>64–66</sup> Although fairly good agreement between the various datasets was reported, some discrepancies were observed, especially for very low S values where the associated statistical uncertainty was high. In a further study, the relevance of processing paired organs as a single entity for absorbed dose calculation was investigated. This work was performed using the Zubal phantom<sup>67</sup> and GATE V6 and concluded that paired organs should be treated separately for absorbed dose calculations. Other GATE-based dosimetry work using the Zubal phantom<sup>68</sup> demonstrated the importance of accounting for the dose volume histogram in addition to the mean and maximum absorbed dose when investigating the dose-response relationship in  $^{131}\text{I}$ -targeted radiotherapy. Another study<sup>69</sup> compared the results obtained on six healthy volunteers during a clinical study evaluating a new  $^{18}\text{F}$ -labeled PET/CT brain tracer. A patient-specific approach was employed using MCNPX 2.5 and GATE V6.1. The validation of MC calculations by comparing GATE and MCNPX results versus OLINDA S values for  $^{18}\text{F}$  on a voxelized MIRD phantom was successful with less than 8% relative difference for mean organ self-absorbed doses. Figure 1 illustrates an absorbed dose distribution computed with GATE in a mouse from a  $^{131}\text{I}$  source overlaid on the mouse CT.

## 3.B. Brachytherapy

### 3.B.1. Context

Since the 1990s, MC simulations have played an increasing role in the characterization of brachytherapy devices.<sup>70</sup> A dosimetry formalism for photon brachytherapy sources has been proposed in 1995, revised in 2004 by the AAPM

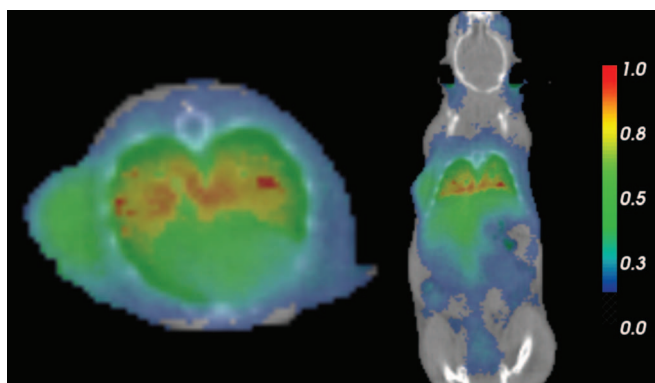


FIG. 1. Dose distribution (normalized to the maximum dose) overlaid on a mouse CT, obtained from an  $^{125}\text{I}$  source.

Radiation Therapy Committee Task Group No. 43 (Ref. 71) and updated again in No. 186.<sup>72</sup> MC simulations were used to calculate the dosimetry parameters such as the air kerma strength, radial absorbed dose function, anisotropy function and absorbed dose rate constant in liquid water. These simulations were validated by comparison with measurements, and consensus datasets were proposed for incorporation into brachytherapy treatment planning systems (TPS). Some MC studies have demonstrated limitations of the TG-43 formalism,<sup>73,74</sup> e.g., due to the effects of source shielding, interseed attenuation, and tissue heterogeneity. TG-186 provided guidance on the usage of model-based dose calculation algorithms (MBDCAs), such as collapsed-cone (CC) convolution, superposition convolution, MC methods, and more recently grid-based Boltzmann solver (GBBS) to simulate radiation transport in nonwater media. For beta particle brachytherapy sources, the AAPM TG-60 formalism is generally recommended to calculate the dosimetry parameters.<sup>75,76</sup>

### 3.B.2. GATE and GEANT4 studies

The only GATE application for brachytherapy involving gamma sources has been reported by Thiam *et al.*<sup>77</sup> who explored low energy  $^{125}\text{I}$  source dosimetry. The reported results agree with consensus values with a relative accuracy better than 2%, suggesting the validity of GATE for such

applications. Yet, the potential of GATE for brachytherapy application is mostly demonstrated by several studies regarding brachytherapy performed with the GEANT4 toolkit. Figure 2 shows an example of a dose distribution for a low dose rate brachytherapy treatment using  $^{125}\text{I}$  seeds.

Electromagnetic physics processes of GEANT4 at low energy (around few MeV) have been evaluated for brachytherapy in several publications. Several electromagnetic packages (standard, low energy, PENELOPE) and numerous parameters are available and recommendations have been provided. Some of those packages underwent changes between versions. To assist users, GEANT4 and GATE integrate predefined *physics lists*, i.e., preformatted setting of the physics models and associated parameters for dosimetry purposes.

Among the GEANT4 studies, Granero *et al.*,<sup>78</sup> compared GEANT4 to the Plaque Simulator TPS for ocular brachytherapy treatment using eye plaques loaded with  $^{125}\text{I}$  radioactive sources. They showed the lack of accuracy of the TPS around the border of the eye. Pérez-Calatayud *et al.*<sup>79,80</sup> demonstrated that the standard electromagnetic package of GEANT4 coupled with the low energy package for the Rayleigh scattering gave reliable results for  $^{137}\text{Cs}$  sources. All these packages are available in GATE and could thus be used for similar simulations. Meigooni *et al.*<sup>81</sup> obtained 5% agreement between measured and simulated radial absorbed dose and anisotropy functions. GEANT4 was also used to model  $^{192}\text{Ir}$  sources.<sup>79,82–85</sup> Other dosimetric studies regarding brachytherapy applicators in water have been performed with GEANT4 (Refs. 86–89) and new candidates for treatments have also been investigated, such as  $^{57}\text{Co}$  or  $^{170}\text{Tm}$ .<sup>90,91</sup> In Ref. 92, GEANT4 was used to characterize the x-ray source of an electronic brachytherapy system and comparisons with BEAMnrc simulations were reported. HVLs (half-value layers) and attenuation measurements obtained with the two codes mostly agreed within uncertainty limits, while discrepancies between simulations and measurements were observed in the transverse plane.

Most simulations have been performed in water in this brachytherapy context, in accordance with the TG-43 formalism. Yet, some recent studies focused on the influence of variations in the elemental composition of human tissues.<sup>93,94</sup> User interfaces such as BrachyGUI (Ref. 95) and the ALGEBRA (ALgorithm for heterogeneous dosimetry based

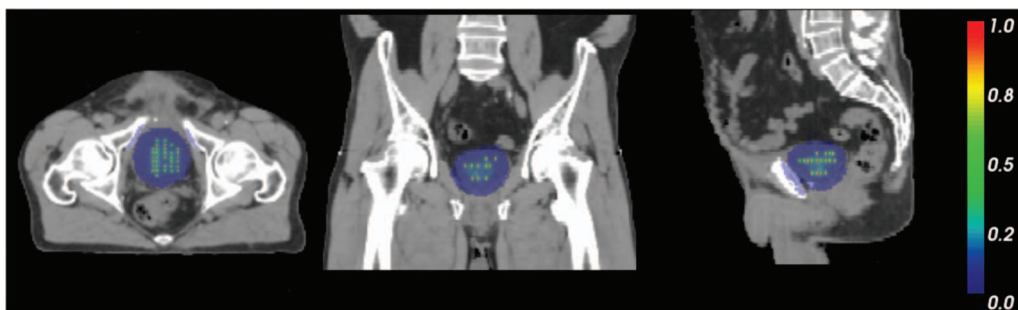


FIG. 2. Dose distribution (normalized to the maximum dose) for a low dose rate brachytherapy treatment using 79  $^{125}\text{I}$  seeds. The Best Medical model 2301  $^{125}\text{I}$  source (Best Medical International, Springfield, VA.) has been simulated. The seed is made of a double-walled titanium capsule surrounding a tungsten x-ray marker coated with an organic carbon layer impregnated with  $^{125}\text{I}$ .

on GEANT4 for BRachytherapy) platform<sup>96</sup> have been proposed.

Considering brachytherapy using beta sources, GATE was shown to agree with EGSnrc within less than 3% in the maximum absorbed dose estimates between 50 keV and 4 MeV, while pencil beam kernels agree within less than 4% between 15 keV and 20 MeV.<sup>43</sup> These results suggest that with an appropriate implementation of the electron multiple scattering algorithms, reliable results are obtained. This is contrary to previously reported disagreements between results obtained with GEANT4 using the low energy package (version 4.1 and later) and with other well-validated MC codes like PENelope.<sup>97</sup> This seemingly contradictory results only emphasize the fact that electron transport parameters should be set very carefully. The PENelope package used for GEANT4 simulations regarding electron brachytherapy<sup>90</sup> is included in the GEANT4 distribution and is thus available for GATE simulations.

### 3.C. Intraoperative radiotherapy

The main objective of IORT is to perform radiotherapy during surgery, directly after the removal of the tumor, to reduce the probability of recurrence. As an example, the INTRABEAM<sup>TM</sup> (Carl Zeiss Meditec, Oberkochen, Germany) is a widely used IORT device. It is based on the use of a 50 keV x-ray beam delivering nonfractionated doses of 5–20 Gy. Different applicators can be attached to the x-ray source in order to enable isotropic dose delivery depending on the clinical application. For example, for breast cancer treatment a single dose of 20 Gy is typically delivered to every patient irrespective of individual tissue characteristics or tumor location. A Monte Carlo dose planning system based on GATE has been recently proposed for this device.<sup>98</sup> GATE allowed for a detailed modeling of the system, including the applicators for both breast cancer and kyphoplasty-based IORT. For model validation, the depth-dose curve and anisotropy function were measured in a water phantom specifically designed for measuring the low energy x-ray source of the system by means of a soft x-ray ionization chamber. These measurements were compared with a GATE simulation of the same water phantom. The depth-dose curve and anisotropy function showed good agreement in water (<5%). A breast cancer patient was also scanned by CT with the applicator in place. In between the CT acquisition and the irradiation, a number of thermoluminescent dosimeters (TLDs) were placed on the patient skin at fixed distances around the applicator. The CT scan was subsequently incorporated into the proposed GATE based IORT dosimetry platform and doses at the same location as those of the TLDs were compared to the measured absorbed doses. The simulated and measured doses were found equal to within 1% (considering  $1 \times 10^9$  simulated particles), suggesting that GATE can be reliably used for such IORT treatment planning.

### 3.D. External beam radiotherapy

Dosimetric accuracy in advanced techniques of RT such as IMRT, arc-therapy, CyberKnife, TomoTherapy, DMLC, and

others is necessary to ensure reliable patient treatment. MC simulations have been extensively used in this field and interested readers may, for example, refer to Ref. 99. Different MC codes have been employed for modeling photon and electron based RT,<sup>1,100–106</sup> and the use of GATE in that context is rather recent.

Specific tools such as absorbed dose scoring (DoseActor) and Phase-Space (PhS, PhaseSpaceActor) management were implemented within GATE V6 to facilitate the use of GATE for modeling photon and electron based RT. The first study performed with GATE V6 for EBRT demonstrated the feasibility of simulating the whole RT experiment within GATE.<sup>107</sup> The different physical components of an ELEKTA linear accelerator were simulated and the proposed model was validated through a phantom-based dosimetry study. Three major components were included in the photon fluence model: the target, the primary collimator, and the flattening filter. The model was validated by comparing simulations with various depth-dose and dose profiles measured in water. Simulations and measurements in water agreed well, with relative differences of 1% and 2% for depth-dose and dose profiles, respectively. Gamma index comparisons led to more than 90% of the points for all simulations within the 3%/3 mm gamma criterion.

In Ref. 108, a 6 MV photon beam linear accelerator (Siemens Oncor Impression) was modeled and validated using percent depth-dose profile in water and tissue-equivalent phantoms. Simulations and measurements were also compared in terms of absolute and relative absorbed doses using IMRT dedicated quality assurance phantoms and patient datasets. In the validation of the accelerator model, tissue-phantom ratios obtained from GATE and from measurements were  $0.67 \pm 0.063$  and  $0.68$ , respectively. In terms of percent depth-dose and transverse profiles, discrepancies ranged from 0.04% to 0.1% and from 0.07% to 0.2%, respectively. When comparing absolute absorbed doses between simulated and measured beams based on the IMRT simulations using seven patient datasets, GATE yielded a relative difference of  $0.43\% \pm 0.25\%$ . For the whole set of beams that were studied, the mean gamma-index was  $0.5 \pm 0.152$ , and  $90.8\% \pm 0.6\%$  of the measurement points satisfied the 5% criterion in absorbed dose and the 4 mm criterion in distance criterion.

### 3.E. Particle therapy

As in conventional external beam therapy, MC simulations in particle therapy are generally used to characterize the treatment beam and compute absorbed dose distributions. To the best of our knowledge, only few publications have used GATE for beam line simulations in hadrontherapy to date.

In Ref. 109, the authors compared GATE (based on GEANT4 V9.2) to experimental measurements for a 100–203 MeV proton beam and reported a 0.3 mm range and 1% dose accuracy. However, differences in transverse profiles were up to 15%. Further investigations showed that dose discrepancies of more than 8% were observed between GEANT4 single and multiple scattering models suggesting

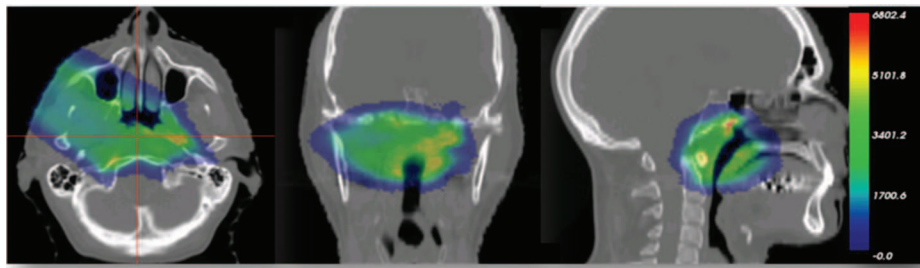


FIG. 3. Absorbed dose distribution (arbitrary unit) of a proton treatment plan computed with GATE. The plan is composed of two fields (single field shown here) with about 30 energy layers per field, with an energy range of 101–135 MeV, 1547 spots in total, and a spot sampling of 8 mm.

that GEANT4 tends to underestimate lateral absorbed dose spreading. The authors also found that the GEANT4 precompound model for inelastic hadronic collisions led to slightly more accurate results than the Binary Cascade model.

In Ref. 29, the authors proposed a methodology to use GATE V6.1 for modeling an IBA scanned proton beam delivery system without beam line description, using only measured data acquired for clinical commissioning. MC simulations were compared to measured data in various configurations. Pristine Bragg peaks were reproduced to within a 0.7 mm range and 0.2 mm spot size accuracy, while a 32 cm range SOBP with 10 cm modulation was reproduced to within 0.8 mm range accuracy and a maximum point-to-point dose difference of less than 2%. A 2D test pattern consisting of a combination of homogeneous and high-gradient dose regions passed a 2%/2 mm gamma index comparison for 97% of the points. In Ref. 23, this model was used to compute the absorbed dose distribution of a complete treatment plan that was then compared to the one obtained with a commercial TPS (XiO, Elekta). A satisfactory agreement was obtained between XiO and GATE, with more than 95% of the points passing a 2%/2 mm gamma evaluation. Yet, a maximum stopping power difference of 3% was observed in human tissue of 0.9 g cm<sup>3</sup> density and led to a range shift of 1–2 mm. Discrepancies near heterogeneous regions (gas in the rectum) were also observed. Figure 3 illustrates the dose distribution resulting from a proton treatment.

Before GATE was used for particle therapy applications, many simulations regarding particle therapy and involving GEANT4 were published, establishing the good adequacy of this tool box in the particle therapy field. For example, Paganetti *et al.*<sup>110,111</sup> used GEANT4 V5.2 to model and validate the treatment nozzle of the Northeast Proton Therapy Centre (NPTC), including an explicit model of the temporal variation of the beam energy by the range modulator wheel.<sup>112</sup> Since 2004, an official hadrontherapy GEANT4 example is also available with the source code,<sup>113</sup> describing the 62 MeV proton therapy beam line of the CATANA facility (Centro di AdroTerapia e Applicazioni Nucleari Avanzate). GEANT4 is also used in the VMCpro code dedicated to treatment planning in proton beam therapy.<sup>114–116</sup> GEANT4 was also used to describe magnetic beam scanning for proton<sup>117</sup> and carbon<sup>118,119</sup> compared a complete proton treatment plan calculated with GEANT4 V9.3.p01 with that from a TPS. All

these contributions provide a solid background to support the idea that GATE can play a significant role in particle therapy applications in the future. Agreements between computed dose and experimental measurements were usually very good, with range accuracy to within a mm. Yet, discrepancies in lateral dose spreading have been reported in several instances and should be investigated carefully.

Recently, a dedicated package called TOPAS (Ref. 14) has been described to simplify GEANT4 simulations of proton therapy beam lines. The TOPAS and GATE platforms have similar features and both rely on GEANT4. GATE is open source, while TOPAS is not. TOPAS can efficiently define proton beam lines, while GATE remains a more generic platform and allows for an easy combined simulation of treatments and imaging.

### 3.F. *In vivo* dose monitoring

#### 3.F.1. Context

In particle therapy, *in vivo* imaging can be used to verify the accuracy of the absorbed dose deposition inside the patient. To that end, 3D maps or 2D profiles of the location of production of the fragmentation products (prompt gammas, annihilation photons, secondary protons, etc.) are measured using an imaging system during or shortly after the irradiation. Possible errors in dose delivery can then be detected by comparing these measured maps with the expected maps of emitted particles simulated based on the treatment plan.<sup>120</sup> These errors can be due to uncertainties in the conversion from CT data to hadron interaction data, to mispositioning of the patient, to uncertainties in the beam features, and/or to anatomical modifications (e.g., weight loss) between the treatment plan calculation and the treatment delivery.

Imaging-based methods of treatment delivery monitoring heavily rely on simulated reference activity maps. This monitoring approach therefore strongly depends on the accuracy of the MC codes used to calculate these reference maps. As a result, several recent papers focused on the validation of the MC codes used in this field, including FLUKA,<sup>13</sup> GATE/GEANT4 (Refs. 17, 18, 121, and 122) and MCNPX.<sup>11</sup> Here, we mostly discuss applications and results obtained with GATE and possibilities offered by GEANT4.

### 3.F.2. Hadron-PET studies

Among the imaging-based methods for particle therapy delivery monitoring, PET has already been tested clinically. Using PET, 511 keV photons resulting from the annihilation of positrons produced by  $\beta^+$  emitters (mainly  $^{11}\text{C}$ ,  $^{10}\text{C}$ ,  $^{15}\text{O}$ , and  $^{13}\text{N}$ ) are detected and provide indirect information regarding dose deposit within the patient.

In Ref. 123, the authors simulated with GATE a carbon ion beam plan coupled with a complete PET ECAT EXACT HR+ system and demonstrated the need for simulating the full PET system instead of only smoothing the simulated positron emitter maps using a Gaussian function. Differences in the distal position of the signal fall-off of 20% were observed between the full PET system simulation and a simple convolution model. Robert *et al.*<sup>124</sup> used GATE to compare five PET system designs for inbeam treatment monitoring and showed that patient mispositioning of the order of 2 mm could be detected.

The relevance of GATE for these applications obviously depends on the accuracy of the physics models describing the hadronic interactions producing the  $\beta^+$  emitters that yield the PET signal. Significant efforts have thus been dedicated to the assessment of the hadronic physics model accuracy. In particular, Seravalli *et al.*<sup>125</sup> compared  $\beta^+$  emitter rates and profiles of depth production in a PMMA target using GATE V6.1 (based on GEANT4 V9.2), FLUKA, and MCNPX for proton irradiations. This study showed that, similar to the FLUKA code,<sup>120</sup> the GEANT4 internal hadronic models used by GATE led to discrepancies when compared to experimental PET results. An alternative method, consisting in convolving the fluence of the protons with experimental cross-sections, was proposed by<sup>120</sup> and implemented in GATE.<sup>125</sup> This latter study showed that when the same cross-section datasets are used, the depth profiles and yields computed by the three MC codes are comparable.

Other investigations of the accuracy of the hadronic physics models in the context of particle therapy monitoring have been reported using GEANT4 only. In 2006, Pshenichnov *et al.*<sup>126</sup> compared the depth distributions of positron-emitting nuclei produced in a PMMA target obtained experimentally and by simulation. The total production rates were also compared to the FLUKA and POSGEN MC codes. The Binary Cascade model was used in the GEANT4 simulations. For protons and carbon ions, differences lower than 30% were observed between experimental and GEANT4 total production yields for the most abundant  $\beta^+$  emitters, namely,  $^{11}\text{C}$  and  $^{15}\text{O}$ . In Ref. 127, several cross-section datasets available in the literature for the main reaction channels leading to the  $\beta^+$  emitters production in protontherapy [ $^{16}\text{O}(\text{p,pn})^{15}\text{O}$ ,  $^{12}\text{C}(\text{p,pn})^{11}\text{C}$ ,  $^{16}\text{O}(\text{p},3\text{p}3\text{n})^{11}\text{C}$ ] were investigated. Depending on the cross-section values used for a tissue-equivalent material, range differences up to 5 mm were observed for a 30 min acquisition performed 15 min after the irradiation (off-line imaging protocol). This study highlighted the need for new experimental campaigns to better characterize cross-section values in the energy ranges relevant to medical applications. In Ref. 3, GEANT4 simulations using optimized cross-section

datasets as identified in Ref. 127 were employed to compare inroom and offline PET experiments performed after two patient treatments (adenoid cystic carcinoma). In Ref. 128, the accuracy of different hadronic models available in GEANT4 to predict experimentally measured  $\beta^+$  emitting isotopes and prompt gamma-production rates has been investigated. Simulations reproduced experimental  $\beta^+$  emitting isotopes production rates within an accuracy of 24%, and the production rate change as a function of depth agreed well with experimental data. By tuning the tolerance factor of the photon evaporation model available in GEANT4, an excellent agreement between simulated and experimental prompt  $\gamma$ -ray production rates was also achieved.

For this PET-based particle therapy monitoring application, a confounding factor is introduced by the biological washout through the blood flow of the induced  $\beta^+$  emitters. The biological washout processes have been incorporated into GATE (*washoutActor*) and will be available in GATE V7. In particular, the model proposed by Mizuno *et al.* has been implemented.<sup>129</sup> This model accounts for the displacement of the  $\beta^+$  emitters due to the blood flow, the microcirculation and the trapping of the radioisotopes by stable molecules. Biological studies to further improve the modeling of the washout processes implemented in GATE are currently in progress. The influence of these effects on the measured PET activity distributions is being studied.

Recently,<sup>130</sup> introduced GEANT4 simulated  $\beta^+$  emitter distributions as inputs for the EGS4 simulation code. This latter code was used to analyze and optimize the parameters of a partial ring scanner suitable for inbeam PET. No information regarding the physical models used in the GEANT4 simulations was given. The authors concluded that with 600 ps timing resolution, at least an angular acceptance of  $4\pi/3$  was required to achieve satisfactory estimate of the proton range.

### 3.F.3. Prompt-gamma studies

PG imaging is another approach currently explored to monitor dose deposition in hadrontherapy.<sup>5,6,131</sup> To our knowledge only one paper using GATE has been published so far in this area,<sup>132</sup> but several GEANT4 studies have been used and give indications regarding the potential of GATE for such simulations.

In Ref. 132, the authors proposed a machine learning approach based on GATE simulations to create optimized treatment-specific classifiers that detect discrepancies between planned and delivered dose. The proposed method could help to evaluate performance and to optimize the design of PG monitoring devices.

Several GEANT4 studies regarding PG imaging-based hadron therapy monitoring focused on the investigation of the GEANT4 accuracy to model prompt gamma emissions. In Ref. 131, prompt gamma energy spectra acquired using a high-purity germanium detector shielded either with lead (passive shielding) or with a Compton suppression system (active shielding) were compared to simulated spectra for a proton irradiation. Results showed that GEANT4 properly predicted the oxygen, carbon, and calcium emission lines.



However, a precise modeling of the detector electronic, lacking in the paper, was needed to correctly reproduce the measurements for low energies. In Ref. 133, time-energy spectra corresponding to the irradiation of PMMA and water targets by monoenergetic carbon ions were acquired at the GSI and GANIL facilities with collimated scintillators (BaF2 or NaI) and compared with spectra simulated using GEANT4 V9.1 (Binary Cascade model). The simulations overestimated the prompt-gamma detection yields by a factor of 12, highlighting the need for an improvement of the GEANT4 de-excitation models. Recent results, obtained with GEANT4 V9.4 (Ref. 134) are more promising, but the prompt gamma yield was still overestimated by a factor of 2.

Although an extensive validation of GEANT4 is still needed to fully trust results in terms of prompt gamma emission predictions, GEANT4 simulations have also been used to investigate the feasibility of new systems to image prompt-gamma profiles using Compton camera techniques<sup>135–137</sup> or mechanical collimators such as knife-edge slits and multiparallel slits.<sup>138,139</sup> A time-resolved simulation was recently published exploring the potential use of time-of-flight rejection to suppress the background signal created by neutrons in prompt-gamma imaging.<sup>140</sup> To compare pros and cons of PET and gamma prompt imaging,<sup>141</sup> used GEANT4 V9.0 to study four patient cases treated for head and neck, prostate, spine, and abdomen cancers by proton therapy. The authors analyzed production yields of particles of interest as well as emission maps corresponding to prompt gammas and positron emitters. The biological washout was modeled. Results suggested that when accounting for washout correction and acquisition time delay, production yields corresponding to prompt-gammas were 60–80 times higher than rates of annihilation photons. For both PET and prompt-gammas, the correlation between the fall-off of the profiles of the secondary particles and the fall-off of the dose was especially intricate. The authors concluded that checking the accuracy of dose deposit only based on the imaging signal (without referring to simulations) would be extremely challenging, and that the simulation of the secondary particle distribution was needed to conclude at the accuracy of the dose delivery with respect to the treatment plan. These GEANT4 results illustrate the type of study that could be conducted with GATE, with the possibility of precisely and easily modeling highly realistic imaging devices. The importance of precise modeling of the detailed features of the imaging devices for ensuring accurate predictions from the simulations has been demonstrated in Ref. 123.

Simulations are also used to explore the feasibility of original methods for image-based hadrontherapy monitoring. In Ref. 7, imaging of secondary protons performed during carbon ion irradiations was investigated. Two detection techniques were studied: the double-proton detection using two forward-located trackers and the single-proton detection in coincidence with the incoming carbon ion detected by means of a beam hodoscope.

Last, some studies only focus on the validation of the GEANT4 hadronic models in the context of image-based therapy monitoring, without considering a specific imaging tech-

nique. In Ref. 142, the results obtained with the nuclear models implemented in GATE/GEANT4 and FLUKA were compared by analyzing the angular and energy distributions of secondary particles exiting a homogeneous target of PMMA for a proton and a C12 beam. Despite the very simple target and set-up, substantial discrepancies were observed between the two codes, especially in terms of produced high energy (>1 MeV) prompt gammas whatever the beam and in term of exiting neutrons for the proton beam. All these results call for further investigation of the physics models and of the impact these models have on the simulated data. Along the same line, but at the GEANT4 level only,<sup>143</sup> analyzed integral and differential yields of secondary fragments produced during carbon ion irradiations. The yields were simulated using GEANT4 (Binary Cascade and Quantum Molecular Dynamics models) and FLUKA MC codes. A reasonable accuracy was obtained for integrated yields but results suggested that hadronic models of GEANT4 should be improved to correctly reproduce secondary fragment angular distributions. The use of the QMD model to handle ion-ion interactions was also recommended.

A meta-analysis of the results related to the use of GEANT4 for hadrontherapy applications led to the definition of optimized GEANT4 physics lists and parameter settings relevant for imaging-based dose verification methods in hadrontherapy. The parameter settings can be found on the GATE website (<http://www.opengatecollaboration.org/UsersGuide>).

#### 4. DISCUSSION AND CONCLUSION

To further illustrate our review, we provided access to ready-to-use examples of realistic GATE simulations that include particle tracking in voxelized phantoms based on CT images and aim to provide 3D dose distributions. Five examples corresponding to EBRT (both photon and electron beams), brachytherapy, protontherapy, and molecular RT (MRT) are detailed on the web page of the OpenGate collaboration<sup>19</sup> (<http://wiki.opengatecollaboration.org/DosiGate>). Such examples might guide potential users in the settings of a specific simulation and are used by GATE developers to monitor changes in results introduced by changes in GEANT4 and in GATE versions. All examples were run on the same computer (single core Intel Xeon CPU E5-1660 3.3 GHz), and Table I summarizes the number of tracks generated by primary particles (events), the total number of steps (all particles included), the ratio between the numbers of geometrical steps (limited by a geometrical boundary) and physical steps (limited by a physical process), the approximate number of primary events needed to reach 2% statistical uncertainty in the target, the number of particle per seconds and the total simulation time. Results show that the computing time strongly depends on the physics involved in the simulation. For example, the protontherapy case produced 50 times more particles than the brachytherapy case. Also the ratio between the numbers of geometrical steps and physical steps depends on the energy and type of particles. To the best of our knowledge, this is the first time such a comparative

TABLE I. Simulation features and time durations for four examples of GATE simulations available online. Columns are: “tracks by p.” is the mean number of tracks by primary particle, “Steps by p.” is the mean number of steps by primary particle, “Steps phy/geo” is the ratio between the geometrical and physical steps, “uncert 2%” is the (approximate) number of primary particles needed to reach 2% statistical uncertainty in the target region, “PPS” is the number of particles per seconds, and “Time” the total needed time to reach 2% statistical uncertainty.

Example	Tracks by p.	Steps by p.	Steps phy/geo	Uncert. 2%	PPS	Time
EBRT photon	2.6	198	0.5	6e7	6300	2.7 h
EBRT electron	28.6	429	16	2e8	500	4.6 j
Brachytherapy	1.0	25	0.07	5e7	20 000	45 min
Protontherapy	58	535	8.23	3e6	270	3.1 h
Molecular RT	1.8	65	0.55	2e8	3500	16 h

analysis between different applications, using the same code and the same computer, is presented. It illustrates the computation time to be expected for a given application.

To obtain absorbed dose uncertainties below few percent in MRT dosimetry it is typically necessary to simulate about ten times the primary particles needed to obtain similar uncertainties in EBRT. The reason is mainly related to the different geometries of the radiation sources: while in EBRT the radiation source is well collimated, and the absorbed dose calculation is restricted to a relatively small region, in MRT the source distribution is usually heterogeneous and spread throughout the patient body. The dosimetry of organs with (source) and without (target) specific uptake is of equal importance. In target organs the absorbed dose is mainly due to photons generated in source organs. Since for ballistic reasons only a small percentage of the emitted photon radiation reaches the target organs, the simulation statistics in these regions converge slowly.

The ability of GATE to easily design both imaging and dosimetry simulations in the same framework is of paramount importance in molecular dosimetry as activity quantification is a prerequisite to absorbed dose calculation. It is now possible to consider the simulation of a complete clinical dosimetry study (i.e., from image generation to absorbed dose maps calculation) with the same MC code. This is the aim of a currently ongoing project, DosiTest,<sup>69</sup> for which the combined modeling of imaging and dosimetry is essential. Similarly, the fact that GATE supports both imaging and RT modeling makes it especially suitable for investigating the emerging field of *in vivo* dose delivery monitoring in hadrontherapy. Here, GATE may play an important role in the development of dedicated devices for imaging the secondary radiations induced by therapeutic hadrons within the patient. Moreover, the correlation of the dose distribution and the secondary emission reference map on a per-patient basis within a single, user-friendly software framework might prove to be crucial in the clinical evaluation and application of these new RT monitoring approaches.

Although GATE is mostly known for its imaging applications so far, this review aimed at demonstrating its versatility and potentials for dosimetry and radiotherapy applications,

based on an already significant amount of results and validation studies. Being an open-source, user-friendly and integrated tool enabling simulations of RT, dosimetry and imaging in the very same framework, it is expected that GATE will play an increasing role in the emerging domain of combined imaging and therapy. Advanced users are welcome to contribute to the source code.

To best meet the needs prompted by these new applications, developments by the OpenGATE collaboration are ongoing. A release supporting CPU and GPU architectures for specific applications (PET and photon RT) is being prepared.<sup>35</sup> Work is also in progress to include forced detection in GATE for kV imaging. Speeding up GATE simulations is also considered by combining MC and analytic algorithms within GATE,<sup>34</sup> first for absorbed dose distribution of low energy beams (imaging, synchrotron treatments, small animal treatments).

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