

Table S-1

Sr. No	Mechanical property	Measured as	Units
1	Force of penetration (Gel strength)	Max + force	Kilogram (Kg)
2	Work of shear (Spreadability)	Area(+ve)	Kilogram. second (Kg. s)
3	Force of adhesion (Extrusion force)	Max - force	Kilogram (Kg)
4	Work of adhesion (Stickiness)	Area(-ve)	Kilogram. second (Kg. s)