

A Time Predefined Variable Depth Search for Nurse Rostering

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This paper presents a variable depth search for the nurse rostering problem. The algorithm works by chaining together single neighbourhood swaps into more effective compound moves. It achieves this by using heuristics to decide whether to continue extending a chain and which candidates to examine as the next potential link in the chain. As end users vary in how long they are willing to wait for solutions, a particular goal of this research was to create an algorithm that accepts a user specified computational time limit and uses it effectively. When compared against previously published approaches the results show that the algorithm is very competitive.

Keywords: Timetabling, personnel, local search, heuristics

1 Introduction

High quality nurse rosters benefit nurses, patients and managers. Patients receive better healthcare if nurses are able to spend more time with them and mistakes are less likely if nurses are not stressed, tired and overworked due to poor scheduling and understaffing. Improved rosters can not only decrease nurse fatigue but also help them maximise the use of their leisure time and satisfy more of their personal requests. From a management point of view, better and more flexible scheduling can help retain nurses and aid recruitment, reduce tardiness and absenteeism, increase morale and productivity and provide better patient service and safety. Costs can also be reduced through having to hire fewer agency nurses to fill gaps in rosters and lower staff turnover.

Creating rosters, however, is a difficult and challenging search problem which requires the satisfaction of many constraints and the balancing of a variety of requirements. This time consuming and frustrating duty often falls to a head nurse who would rather be concentrating on their primary duty of caring for patients. Regular rescheduling may also be required to deal with staff sickness and absences. Computerised, automated rostering can remove a significant amount of this workload and provides a number of additional benefits including being able to create much higher quality schedules which are fair, impartial and which satisfy more preferences. Legal requirements can also be checked, management statistics collected and monthly reports generated, all reducing paperwork. Other advantages range from linking to payroll systems to emailing out rosters or publishing them on the web once they are created.

Over the past 30-40 years, many different approaches have been used to solve nurse rostering problems of varying forms and complexity. Methods used include mathematical programming (Bard and Purnomo 2007, Jaumard et al. 1998, Mason and Smith 1998, Miller et al. 1976, Thornton and Sattar 1997, Warner 1976), constraint programming (Bourdais et al. 2003, Darmoni et al. 1995, Meisels et al. 1995, Meyer auf'm Hofe 2000), goal programming and multi-objective approaches (Arthur and Ravindran 1981, Azaiez and Al Sharif 2005, Berrada et al. 1996, Jaskiewicz 1997). Recent, novel approaches include case-based reasoning (Beddoe and Petrovic 2006, Beddoe and Petrovic 2007) and Bayesian optimisation algorithms (Aickelin et al. 2007, Aickelin and Li 2007). A great variety of local search and metaheuristic approaches have also been applied to the problem. A few recent examples are represented by (Bellanti et al. 2004, Burke et al. 2001, Dias et al. 2003, Meisels and Schaefer 2003, Valouxis and Housos 2000). Many more can be found in the literature reviews of Burke et al. (Burke et al. 2004b) and Ernst et al. (Ernst et al. 2004). There are, however, very few large-scale neighbourhood searches applied to nurse rostering problems.

As mentioned in a recent survey paper by Ahuja et al. (Ahuja et al. 2002) many successful very-large scale neighbourhood search techniques have appeared in various forms in the field of operations research. They commented, for example, that the well known Lin-Kernighan algorithm for the travelling salesman problem can be viewed as a very large-scale neighbourhood search technique. Ahuja et al. categorised very large-scale neighbourhood methods into three similar classes, one of which are variable depth methods. Variable depth searches (including some ejection chain methods (Glover 1996)) have been effectively applied to a number of optimisation problems, for example the travelling salesman problem (Pesch and Glover 1997), the vehicle routing problem (Rego 1998) and the generalised assignment problem (Yagiura et al. 1999). Many more examples of successful very-large scale neighbourhood searches can be found in the survey paper of Ahuja et al (Ahuja et al. 2002). More recent applications include educational timetabling (Abdullah et al. 2007a, Abdullah et al. 2007b, Meyers and Orlin 2006).

One paper that does introduce the application of such techniques to nurse rostering is that of Dowsland (Dowsland 1998). In her approach to providing an automated nurse rostering system, a tabu search is used that oscillates between decreasing cover violation and increasing the quality of schedules. In each of these phases, two types of ejection chains are used. The first consists of a sequence of on/off day swaps between nurses and the other is made up of sequences of swapping week long work patterns between nurses. The chains are able to escape from bad optima that single on/off day or pattern swaps would not be able to escape from.

Another example of using such techniques in solving a nurse rostering problem is the method of Louw et al. (Louw et al. 2005) who also use an ejection chain approach. The compound move used is similar to Dowsland's chain of on/off day swaps. They noted "*the compound move was able to achieve far superior reductions in the objective function value when compared to any of the elementary move types*".

Very large-scale neighbourhood searches face the problem of exploring an exponentially large neighbourhood. Therefore, the key to developing effective ones is identifying heuristics and other mechanisms which can efficiently narrow or direct the

search. This paper presents a variable depth search for nurse rostering and describes the heuristics that make it successful.

In developing this algorithm, we have also created test instances based on real world problems which are now publicly available and which are intended to become benchmark problems in this area. As has been mentioned in bibliographic surveys of nurse rostering problems, there is a great lack of test problems and benchmarks (Burke et al. 2004b) (particularly, real world benchmarks) and, as such, there is little comparative analysis of nurse rostering algorithms in the literature. Such analysis is very important to underpin scientific progress in this area. Although there are understandable reasons for this lack of publicly available problems (for example, there is no such thing as a typical nurse rostering problem and there is often an issue over the confidentiality of data) we hope our presentation of these problems goes some way to filling this void.

In Section 2, the problem is introduced. Section 3 presents the variable depth search and Section 4 contains the results of comparing this approach against previously published algorithms. Finally, Section 5 discusses conclusions and potential future work.

2 Problem Description

The data for this problem is based on and is similar to the data used in (Burke et al. 2001, Burke et al. 2004a, Burke et al. 1999). Some algorithms previously applied to this problem (Burke et al. 2001) were developed as part of a commercial system and as the data is from a real world environment it has been anonymized and any confidential information removed. Indeed, preserving confidentiality is the reason why the data is not identical to that used in (Burke et al. 2001, Burke et al. 2004a, Burke et al. 1999).

The problem requires the production of non-cyclical schedules. Typically, there are so many conflicting constraints and requests that if they were all hard constraints, a feasible solution would not exist. Instead, nearly all are modelled as soft constraints and assigned priorities using weights. In practice, if a constraint should never be violated it is simply assigned a very high weight.

2.1 Constraints

The one hard constraint is the shift coverage. These requirements must be satisfied. For example, if a certain day requires three night shifts then there must be three employees present at that time to work during that shift. Over coverage is not permitted either.

All other constraints are soft. Ideally they should be satisfied but it will almost always be necessary to violate some of them in order to provide a feasible solution (i.e. satisfy cover). When a soft constraint is broken, a penalty is incurred which is proportional to the importance of the constraint and the severity of its violation. The importance of each constraint is set using weights which are user-modifiable integer values. The higher the weight, the more important the constraint is.

With permission each employee can specify which constraints they wish to see imposed on their work schedule and also the specific parameters associated with that constraint. For example, one nurse may request not to work more than five consecutive days whereas another may wish to work no more than four consecutive days. Alternatively, some nurses may have part time contracts which stipulate less work than full time employees and so on. The large number and variety of rules which can be imposed makes it a very flexible system which can be used in many different environments. It also makes it possible to create problem instances which vary significantly in size and complexity. Therefore a problem solver which is robust and effective over a range of instances is paramount.

The soft constraints that have been implemented can be categorised into five groups:

Constraints related to workload

- Maximum number of shifts worked during the scheduling period.
- Maximum number of hours worked during the scheduling period.
- Minimum number of hours worked during the scheduling period.
- Maximum number of hours worked per week.
- Minimum number of hours worked per week.
- Maximum number of a specific shift type worked. For example, maximum zero night shifts for the planning period or a maximum of seven early shifts. This constraint can also be specified for each week. For example, a nurse may request no late shifts for a certain week.
- Maximum total number of assignments for all Mondays, Tuesdays, Wednesdays... For example, a nurse may request not to work on Wednesdays or may require to work a maximum of two Tuesdays during the scheduling period.
- Avoid a secondary skill being used by a nurse. Sometimes a nurse may be able to cover a shift which requires a specific skill but they may be reluctant to do so as it is not their preferred duty. An example would be a head nurse not wanting to stand in for a regular nurse.

Constraints related to sequences

- Maximum number of consecutive working days.
- Minimum number of consecutive working days.
- Maximum number of consecutive non-working days.
- Minimum number of consecutive non-working days.
- Restrictions on the numbers of consecutive shift types. For example, three or four consecutive early shifts may be valid but two or five consecutive early shifts may not.
- Shift type successions. For example, if shift rotation is allowed, is shift type A allowed to follow B the next day?

Constraints related to weekends

- Maximum number of weekends worked in four weeks (a weekend definition is also a user definable parameter i.e. Friday and/or Monday may be considered as part of the weekend).
- Maximum number of consecutive weekends worked.
- No split weekends, i.e. shifts on all days of the weekend or no shifts over the weekend.

- Identical shift types over a weekend. For example, if a nurse has an early shift on Saturday then he/she may prefer to have a early shift on Sunday also.

Constraints related to night shifts

- No night shifts before a weekend off.
- Minimum number of days off after night shifts.

Constraints related to personal requests

- Requests for days on or off or more specific requests for certain shifts on or off. Each request has an associated priority. For example, annual leave has a very high weight.
- Tutorship or oppositely, requiring two employees not to work at the same time. (This constraint is sometimes referred to as a ‘vertical’ constraint).

The definition and implementation of these constraints can be found in (Burke et al. 2008b, Vanden Berghe 2002). The formulation is not reproduced here due to its considerable size but it is also available from the benchmark website.

Let:

$penalty_r$ = the penalty for roster r .

$penalty_{r,n}$ = the penalty for the schedule of nurse n in roster r .

N_r = the number of nurses in roster r .

$$penalty_r = \sum_{n=1}^{N_r} penalty_{r,n}$$

The problem objective is to minimize $penalty_r$ for a given scheduling period with a fixed set of employees, cover requirements and a specific set of soft constraints and weights.

The algorithms presented in this paper are tested on ten instances which vary in the number of nurses, cover requirements, shift types, constraint types and priorities, personal requests and planning horizon. Table 1 provides some more information on the instances.

Table 1 Problem Instances

Instance	Nurses	Shift types	Skill levels	Planning horizon
BCV-1.8.1	8	4	2	28 days
BCV-2.46.1	46	4	1	28 days
BCV-3.46.1	46	3	1	26 days
BCV-4.13.1	13	4	2	29 days
BCV-5.4.1	4	4	1	28 days
BCV-6.13.1	13	4	2	30 days
BCV-7.10.1	10	6	1	28 days
BCV-8.13.1	13	4	2	28 days
BCV-A.12.1	12	4	2	31 days
ORTEC01	16	4	1	31 days

Data sets BCV-1 to BCV-8 are all based on real world data. Data set BCV-A.12.1 is a fictional test problem that uses all the possible constraint types available and contains

many conflicting requests. ORTEC01 was originally presented in (Burke et al. 2008a) (an IP formulation of this instance can also be found in (Burke et al. 2008 (accepted for publication))). All these instances and the best known solutions are available at <http://www.cs.nott.ac.uk/~tec/NRP/>.

3 The Variable Depth Search

Before discussing the variable depth search we will first introduce the basic neighbourhood swaps which the variable depth search uses to the form compound moves.

3.1 The Basic Search Neighbourhood

This neighbourhood operator can be defined as swapping all the assignments between two nurses over one or more *consecutive* days. Examples of these swaps are given in Figures 1 to 4. The figures show a ten day section of a roster with the schedules of employees A, B, C and D visible. The labels D, E and N represent day, evening and night shifts respectively. For example, on the first day of the planning period, nurse A has a day off, nurse B has a night shift, nurse C a day shift etc. Figures 1 and 2 illustrate swaps over a period of one day. Figure 3 shows a swap over a period of three consecutive days and Figure 4 illustrates a swap over a period of five consecutive days. The number of consecutive days to try can be regarded as a parameter which can range from one up to the length of the planning period. We refer to this parameter as *block length* due to the block-like appearance of consecutive days in a roster.

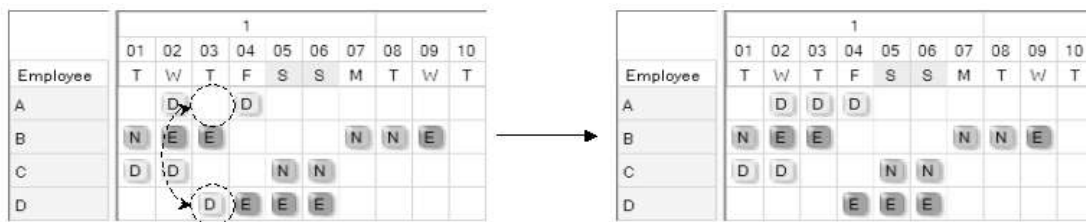


Figure 1 Example swap over one day

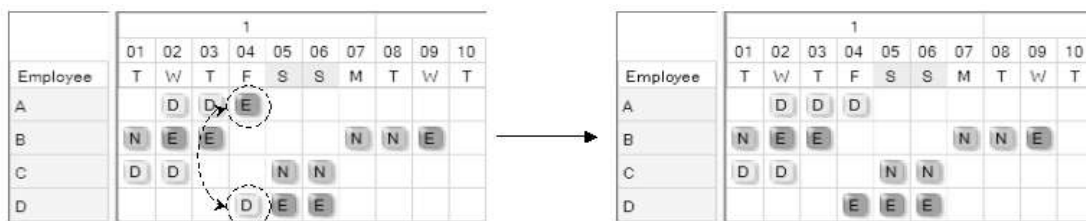


Figure 2 Example swap over one day

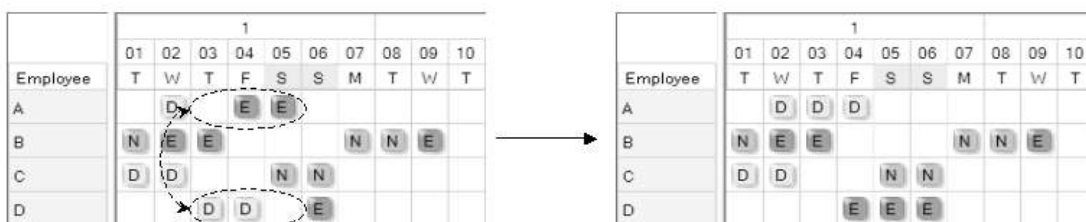


Figure 3 Example swap over three consecutive days

	1									
	01	02	03	04	05	06	07	08	09	10
Employee	T	W	T	F	S	S	M	T	W	T
A				E	E	E				
B	N	E	E				N	N	E	
C	D	D			N	N				
D										

	1									
	01	02	03	04	05	06	07	08	09	10
Employee	T	W	T	F	S	S	M	T	W	T
A		D	D	D						
B	N	E	E				N	N	E	
C	D	D			N	N				
D					E	E	E			

Figure 4 Example swap over five consecutive days

3.2 The Variable Depth Search

The first step of the algorithm is to create an initial roster. This is done using a randomised greedy assignment method. It operates as follows: for each shift which needs to be covered, assign it to the nurse who incurs the least gain in penalty for their schedule (or who receives the greatest decrease in penalty) on receiving this shift. In order to provide different starting solutions and allow the search to also be used with random restarts, the set of shifts to be assigned is shuffled. Once the initial roster is created, it is possible to proceed with the variable depth search. Figure 5 provides an outline of the algorithm.

The search is similar to a method used when attempting to manually improve rosters. When improving rosters by hand it was observed that first we would try and improve one nurse's individual schedule (that is lower the penalty for that nurse's schedule). Improving this nurse's schedule would usually be at the expense of another nurse so we then try and improve their schedule. If the second nurse's schedule is improved it may be at the expense of a third nurse's schedule so we then move on to the third nurse and so on until (hopefully) we have an overall roster penalty that is lower than the original penalty. If not, we would reverse all the changes we have just made and try a different first swap. This is the basic idea behind the algorithm.

Let:

$penalty_r$ = the penalty for roster r .

$penalty_{r,n}$ = the penalty for the schedule of nurse n in roster r .

0. set best roster := the current roster
1. set current roster := an unvisited neighbour in neighbourhood
for best roster
2. if no unvisited neighbour available
stop and return best roster
3. if $penalty_{current\ roster} < penalty_{best\ roster}$
goto 0.
4. if neither of the penalties decrease for the individual schedules of
the two employees involved in the swap OR maximum depth ≤ 1
goto 1.
5. set E1 := the employee with increased penalty
set current depth := 1
6. In the neighbourhood for the current roster where considering swaps
of blocks between employee E1 and all other employees (E2)

set current roster := neighbouring roster with lowest penalty where
 $penalty_{neighbour} < penalty_{best\ roster}$ OR
 $penalty_{neighbour} - penalty_{neighbour,E2} + penalty_{current\ roster,E2}$
 $< penalty_{best\ roster}$
7. if no such neighbour
goto 1.
8. else if current roster's penalty $<$ best roster's penalty
goto 0.
9. else if current depth $<$ a preset maximum depth
set E1 := E2
set current depth := current depth + 1;
goto 6.
10. else
goto 1.

Figure 5 Variable depth search outline

The neighbourhoods referred to in Figure 5 are identified by swaps of blocks up to a maximum block length (MBL). The neighbourhood at step 1 is defined by all possible swaps of blocks, on all days of the planning period, between all nurses. At step 6, the swaps are just between two nurses on all days of the planning period. It was found to be generally more efficient to set MBL at step 1 lower than at step 6 (e.g. at step 1, use two or three and at step 6, use five or six).

Step 6 is the most important step in the algorithm. Step 6 specifies which moves to examine as potential candidates to be added to the current chain of moves and also defines the rule for deciding which one (if any) to select. As outlined in Figure 5, a swap is only selected as a potential move to add to the current chain if *ignoring the change in E2's penalty, the neighbour's penalty is less than the best roster's penalty*. This rule is similar to, and inspired by, the 'Gain Criterion' of the Lin-Kernighan algorithm for the travelling salesman problem (Lin and Kernighan 1973).

To further improve the performance of the algorithm another heuristic was developed to restrict the set of candidate swaps to add to the current chain. It works as follows: during penalty recalculations for a nurse's schedule (e.g. after a swap), all days which need changing either through the removal, addition or changing of shift assignments, in order to remove a soft constraint violation are flagged. Only the swaps which involve at least one of these days are then tested. This heuristic is also applied at step 1.

3.3 Predefined Run Time

The running time for the algorithm depends on the size of the neighbourhoods at steps 1 and 6, the maximum depth used at step 9 and the structure of the instance being addressed. The size of the neighbourhoods at steps 1 and 6 depends upon the number of nurses, the number of days in the planning period and the maximum block length. The effects of the third factor (the instance structure) on the running time cannot be as easily predicted as factors such as the number of nurses and days. For some instances, it is possible that the structure (determined more by the soft constraints and their weights) is such that there is very often a valid neighbour found at step 6 with which to replace the current roster but which is not better than the best roster. This can mean that the chains examined reach great lengths which obviously affects the running time.

To reduce this effect, a maximum depth which is set beforehand is used at step 9. Initially the depth was set using a trial and error method of running the algorithm for a short time and observing its progress on the particular instance. Then altering the maximum depth value until a suitable setting is found (that is estimated) will restrict the algorithm to a satisfactory running time. This is clearly not a suitable approach for practical use. Therefore, an additional mechanism was added which takes the preferred running time as a parameter and attempts to use that time efficiently.

This mechanism works as follows: for the algorithm to finish, every neighbour in the neighbourhood at step 1 needs to be examined and potentially used as the first solution in a chain of moves. It is possible to calculate the size of the neighbourhood at step 1 using the number of nurses, the maximum block length and the number of days in the planning horizon. Given a preferred running time and the number of solutions to evaluate at step 1 (updated each time a new best solution is found), it is possible to calculate an average time to spend using each neighbour at step 1 as the first solution in a chain. Then at step 9, instead of testing whether a maximum depth will be exceeded in continuing the chain, we test whether the average time per chain will be exceeded if it continues.

To illustrate the kind of compound move that may be executed Figure 6 shows an example of an improving chain. The change in the roster consists of seven moves which, when performed simultaneously, provide an overall reduction in the roster's penalty. It can be seen that the second nurse of a swap is always the first nurse in the next swap.

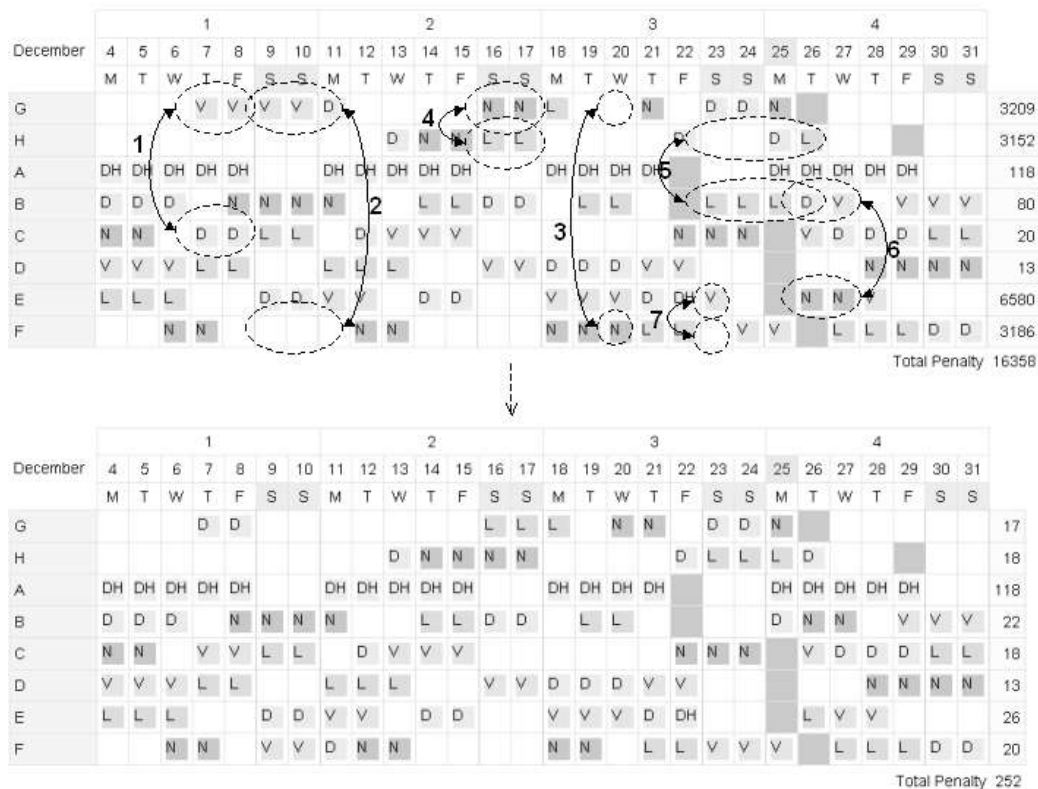


Figure 6 Example chain of swaps

3.4 Hashing and Caching

Increases in performance can be achieved as effectively through making the algorithm faster and more efficient as by using better heuristics. Therefore, we will briefly discuss some implementation issues which we found significantly improved performance. At step 6, there is a possibility that a neighbouring solution will be selected that has been visited previously and cycling could occur. To prevent this we use a Zobrist (Zobrist 1970) hashing method and maintain a hash table of all previously visited solutions. A Zobrist method is particularly suited to an algorithm which makes small incremental changes to a solution. As well as avoiding cycling by using a hash table of solutions examined there are also some other efficiency measures which are worth highlighting. Firstly, when a nurse's schedule has been altered it is only necessary to re-evaluate their schedule. Secondly, by far the most time consuming operation is calculating penalties (i.e. soft constraint evaluations). If there is a likelihood that a solution will be returned to (e.g. when reversing a chain of swaps), then the algorithm caches penalties (and violation flags) to avoid having to recalculate them. Finally, some soft constraint calculations can be speeded up by using data structures that are modified as assignments are made. A simple example is to update the total number of hours worked when a shift is (un)assigned rather than to add all the hours up when calculating the penalty. Some of the more complicated constraints benefit from a similar approach.

4 Results

The algorithm was tested on the ten publicly available data sets introduced in Section 2. To gauge the success of the approach we have compared it to a number of

previously published approaches. The experiments were performed using a desktop PC with an Intel P4 2.4GHz processor.

Brucker et al. (Brucker et al. 2009) developed a heuristic constructive approach and tested it on the benchmark instances. As it is a constructive method it is not possible to provide a comparison to the variable depth search by using the number of solutions examined metric. However, their experiments were performed on the same machine and a comparison can be provided by using computation times. The results in Table 2 are Brucker et al's best results from all experiments. The total computation time in obtaining these solutions for each instance was then set as the maximum run time for the variable depth search.

Burke et al's (Burke et al. 2008a) result for ORTEC01 using the hybrid variable neighbourhood search had a computation time of twelve hours. The result for the variable depth search on this instance is the best of five, five minute tests.

Table 2 Comparison of VDS with two other algorithms

	Time	(Brucker et al. 2009)	(Burke et al. 2008a)	Variable depth search
ORTEC01	12 hrs	-	541	360
BCV-1.8.1	136 sec	323	-	253
BCV-2.46.1	3424 sec	1594	-	1572
BCV-3.46.1	2888 sec	3601	-	3324
BCV-4.13.1	208 sec	18	-	10
BCV-5.4.1	16 sec	200	-	48
BCV-6.13.1	304 sec	890	-	768
BCV-7.10.1	216 sec	396	-	381
BCV-8.13.1	224 sec	148	-	148
BCV-A.12.1	944 sec	3335	-	1843

As can be seen, the variable depth search outperforms the constructive method, over the same computation times, on all instances except one, on which they are equal. It also beats the hybrid method of Burke et al. on instance ORTEC01.

To provide further comparisons, the hybrid tabu search of Burke et al. (Burke et al. 2001, Burke et al. 1999) was implemented and tested on the benchmark data sets. The best version of their tabu search (TS2) was applied five times to each instance. Table 3 contains the best and average results. The average execution time on each instance was also recorded. The variable depth search was then set a maximum run time identical to that used by the tabu search for each instance. Five repeats of the variable depth search were then performed to obtain average and best results.

Table 3 Comparison of the variable depth search with a hybrid tabu search

Instance	TS2 (Burke et al. 2001, Burke et al. 1999)			Variable depth search			Time (secs)
	Best	Average	Avg. Evals.	Best	Average	Avg. Evals.	
ORTEC01	1581	3201	2,363,828	480	1120	1,852,788	108
BCV-1.8.1	293	350	140,690	262	269	159,379	9
BCV-2.46.1	1573	1596	1,557,905	1574	1593	1,563,865	167
BCV-3.46.1	3410	3453	5,088,206	3334	3346	4,486,399	427
BCV-4.13.1	11	25	150,639	10	11	152,182	9
BCV-5.4.1	48	48	17,580	48	48	21,208	1

BCV-6.13.1	1010	1154	345,595	769	817	356,891	24
BCV-7.10.1	391	458	93,817	381	427	117,224	7
BCV-8.13.1	148	165	215,524	148	148	248,927	15
BCV-A.12.1	2065	2831	718,354	1835	1942	649,926	108

As shown in Table 2 and Table 3 the variable depth search nearly always outperforms or equals the other methods in comparable tests over all instances. The only time it was beaten was when TS2 found a best solution for BCV-2.46.1 with penalty 1573. The variable depth search could still manage a best with penalty 1574 though. Note also that the variable depth search is actually dynamically adjusting to the run time of the other approaches.

For a final comparison, the variable depth search was compared against the memetic algorithm, MEH, of Burke et al (Burke et al. 2001). MEH is a hybrid approach which performs a tabu search on individuals in the population between generations and a greedy shuffling step on the best solution at the end. It was shown to be a robust approach and the best method on more difficult instances. The same settings as described in the original paper were used (underlying memetic algorithm ME4, population size of twelve and stop criterion of no improvement during two generations). Five repeats of the algorithm were executed and the best and average solutions and average computation times were recorded. The variable depth search was then assigned a pre-defined maximum run time equal to the average time used by MEH for each instance and five runs also performed. The best and average results for both algorithms are shown in Table 4.

Table 4 Comparison of the variable depth search with a memetic algorithm

Instance	MEH (Burke et al. 2001)		Variable depth search		Time (secs.)
	Best	Average	Best	Average	
ORTEC01	1580	2904	355	377	3351
BCV-1.8.1	275	285	252	260	99
BCV-2.46.1	1574	1589	1572	1592	2560
BCV-3.46.1	3439	3471	3290	3313	10714
BCV-4.13.1	12	19	10	11	93
BCV-5.4.1	48	48	48	48	27
BCV-6.13.1	815	959	768	768	385
BCV-7.10.1	381	390	381	438	66
BCV-8.13.1	148	166	148	148	219
BCV-A.12.1	1990	2349	1495	1694	929

Comparing against MEH using average results, the variable depth search outperforms on seven of the ten instances, is equal on one and worse on the other two. Using best results, VDS is better on seven out of ten instances and equal on three. Again, the variable depth search is very competitive even when adjusting to the run times of the other algorithm.

5 Conclusions

This paper has presented a variable depth search for the nurse rostering problem. Variable depth search can be classified as a very large-scale neighbourhood search. It's basic operation is to chain together smaller neighbourhood swap operators in

order to escape the local optima they would otherwise be limited to. The key to its success are the rules and heuristics for deciding whether to continue a chain and which candidate swaps to examine as the next link in the chain. When compared against previously published algorithms using real world benchmark data sets it has been shown to be a very effective approach. To make the algorithm even more applicable to practice, we have suggested a simple but effective mechanism that dynamically adjusts the algorithm to a pre-defined maximum run time.

Although we believe the algorithm is relatively straightforward to understand it should also be noted it is not trivial to implement and has a significant potential for bugs. However, we have highlighted some ideas which we used to achieve a fast and efficient implementation.

There also a few possibilities for future work. It may be possible to develop a more powerful algorithm by using the variable depth search as the improvement method in a population based approach such as a memetic algorithm (Krasnogor and Smith 2005) or a scatter search (Glover et al. 2000). Additionally, we observed specific swap *block lengths* are particularly effective on certain instances. A method which can exploit this by, for example, intelligently selecting this parameter, may be able to contribute gains in performance. One possibility may be an algorithm which runs some short preliminary tests on the instance, testing different values in order to estimate the best parameter. An alternative approach may be to dynamically adjust the algorithm's parameters as the search progresses. This is somewhat akin to hyperheuristics (Burke et al. 2003, Ross 2005).

All the test instances and best solutions are publicly available at the research website: <http://www.cs.nott.ac.uk/~tec/NRP/>. We also plan to create more data sets taken from real world rostering scenarios which along with any new best known solutions will be published at the same location.

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