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A two-million-year-long hydroclimatic context for hominin evolution in southeastern Africa

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The past two million years of eastern African climate variability is currently poorly constrained, despite interest in understanding its assumed role in early human evolution¹⁻⁴. Rare palaeoclimate records from northeastern Africa suggest progressively drier conditions^{2,5} or a stable hydroclimate⁶. By contrast, records from Lake Malawi in tropical southeastern Africa reveal a trend of a progressively wetter climate over the past 1.3 million years^{7,8}. The climatic forcings that controlled these past hydrological changes are also a matter of debate. Some studies suggest a dominant local insolation forcing on hydrological changes⁹⁻¹¹, whereas others infer a potential influence of sea surface temperature changes in the Indian Ocean^{8,12,13}. Here we show that the hydroclimate in southeastern Africa (20-25° S) is controlled by interplay between low-latitude insolation forcing (precession and eccentricity) and changes in ice volume at high latitudes. Our results are based on a multiple-proxy reconstruction of hydrological changes in the Limpopo River catchment, combined with a reconstruction of sea surface temperature in the southwestern Indian Ocean for the past 2.14 million years. We find a long-term aridification in the Limpopo catchment between around 1 and 0.6 million years ago, opposite to the hydroclimatic evolution suggested by records from Lake Malawi. Our results, together with evidence of wetting at Lake Malawi, imply that the rainbelt contracted toward the Equator in response to increased ice volume at high latitudes. By reducing the extent of woodland or wetlands in terrestrial ecosystems, the observed changes in the hydroclimate of southeastern Africa—both in terms of its long-term state and marked precessional variability—could have had a role in the evolution of early hominins, particularly in the extinction of Paranthropus robustus.

Subtropical southeastern Africa is a region of critical interest because it contains hominin fossils that enable a comparison between continental indicators of hominin evolution and nearby marine records of past climate changes. Different modes of climate change have previously been proposed as major factors that influenced hominin speciation, adaptation or extinction. Some authors stress the effect of long-term trends towards aridity on hominin evolution^{1,2} whereas others suggest a crucial role of short periods of extreme climatic variability in driving hominin evolution^{3,4}.

P. robustus fossils have been found only in southeastern Africa and exclusively in the Limpopo River catchment, at the sites of Cooper's Cave D, Drimolen, Swartkrans, Sterkfontein, Kromdraai B and Gondolin, (Fig. 1) which date from at least about 2 million years ago (Ma) to 0.9 Ma (Extended Data Table 1). It is currently unclear whether climate stress could have had a role in the extinction of this species.

To investigate the hydroclimatic context of the environment in which *P. robustus* lived, we reconstructed changes in the Quaternary hydrological cycle in subtropical southeastern Africa (20–25° S) to determine the drivers of variability and to identify the long-term climate evolution of this region. We used marine sediment core MD96-2048 (26° 10′ 482″ S, 34° 01′ 148″ E, 660-m water depth) from offshore of the Limpopo River mouth (Fig. 1). The chronology of MD96-2048 is established by tuning the $\delta^{18}{\rm O}$ benthic foraminifera signal to the reference LR04 stack (Fig. 2, Methods), which confirms that the core covers the past 2.14 million years (Myr). We present a multiple-proxy record of hydrological changes in the Limpopo catchment together with a sea surface temperature (SST) record of the southwestern Indian Ocean (Fig. 2).

Modern precipitation in the Limpopo catchment is dominated by austral summer rainfall associated with the extension of the Intertropical Convergence Zone (ITCZ) southwards to 15–20° S (Fig. 1). Changes in the hydrological cycle in the catchment are imprinted on discharge from the Limpopo River. We observe large changes in sedimentary elemental ratios of terrestrial iron to marine calcium, which indicate changes in terrestrial discharge by the Limpopo River at orbital and longer timescales (Fig. 2, Extended Data Fig. 1). Maxima in ln(Fe/Ca) ratios are associated with a more-depleted stable hydrogen isotope composition of plant waxes (δD_{wax}) (Fig. 2), which reflects the isotopic composition of precipitation and is indicative of a higher amount of regional rainfall 10,12,14 (Extended Data Fig. 2, Methods). Maxima in ln(Fe/Ca) ratios are also associated with maxima in concentrations of branched glycerol dialkyl glycerol tetraethers (brGDGT), which are commonly found in soils and attributed to Limpopo River runoff 15 , and more enriched plant-wax $\delta^{13}\text{C.}$ A previous study of the past 0.8 Myr of core MD96-2048 interpreted shifts towards more-depleted $\delta^{13}C_{\text{wax}}$ as potentially reflecting more-humid conditions $^{16}.$ However, $\delta^{13}C_{\text{wax}}$ is a proxy for the contribution of waxes from C₃ versus C₄ plants to the sediments, which can be influenced by many other factors than aridity and humidity. We attribute the enriched plant $\delta^{13}C_{\text{wax}}$ at times of depleted δD_{wax} values, and increased ln(Fe/Ca) and concentrations of brGDGT, to stronger transport of C₄ plant material from the upper Limpopo catchment, in addition to the extension of riverine swamps and floodplains that contain abundant C4 sedges (Fig. 2, Extended Data Figs. 3, 4).

The ln(Fe/Ca) ratio has the highest temporal resolution—300 years on average—of the proxies that we used. Statistical analyses indicate significant 19- and 23-thousand-year (kyr) cycles (precession) and 100-kyr and 400-kyr cycles (eccentricity) but no significant 41-kyr cycle (obliquity) (Extended Data Fig. 5). The dominance of eccentricity and

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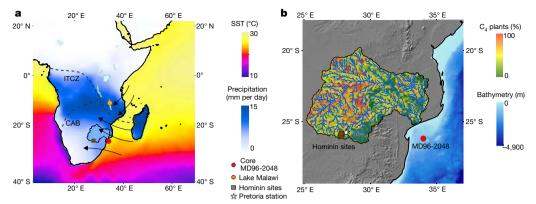


Fig. 1 | Modern climatology over southern Africa and vegetation types in the Limpopo catchment. a, Averaged precipitation rates for January and annual SST over the Indian Ocean Black arrows represent the atmospheric circulation over southern Africa during austral summer. The ITCZ and the Congo air boundary (CAB) are indicated. b, Modelled relative C_4 plant abundance in the Limpopo catchment with indications of topography (from SRTM, Shuttle Radar Topography Mission; https://

www2.jpl.nasa.gov/srtm/) and bathymetry (from GEBCO, General Bathymetric Chart of the Oceans; https://www.gebco.net). Location of core MD96-2048, the Lake Malawi records, the main sites of hominin finds for *P. robustus* (sites of Cooper's Cave D, Drimolen, Swartkrans, Sterkfontein, Kromdraai B and Gondolin) and *A. sediba* (Malapa) (Extended Data Table 1) and the Pretoria Global Network of Isotopes in Precipitation station are indicated.

precession cycles indicates a strong influence of low-latitude insolation on hydrological changes in the Limpopo catchment. Rainfall and precession maxima are in phase (that is, maxima of local insolation in the Southern Hemisphere) (Extended Data Figs. 3, 5).

Modern-day rainfall in the subtropical Limpopo region depends mainly on easterly waves and low-pressure cells that largely control summer rainfall (November to March, 72% of the rainfall in Pretoria; Extended Data Fig. 2), and on tropical-extratropical cloud bands and associated thunderstorms¹⁷. Convective rains are usually associated with the ITCZ and warm, humid easterly winds¹⁷. Numerical model experiments suggest southern summer insolation forcing exerts a strong and positive effect on monsoon rainfall^{11,18}. During precession maxima, higher levels of Southern Hemisphere summer insolation cause higher temperatures and lower surface pressure over the Southern Hemisphere, in particular over land 11. The contrast between land and ocean temperatures results in stronger easterly moisture inflow into southeastern Africa. Increased rainfall results from increased convection over, and increased humidity transport into, southeastern Africa¹¹. Because eccentricity modulates precession amplitudes, the increased summer insolation associated with eccentricity increases the variability in rainfall and fluvial discharge in the Limpopo catchment (Fig. 3).

In addition to this, it is thought that SST anomalies in the Indian Ocean have an influence on summer rainfall in the region¹⁹. To explore the potential relationship between hydrological cycle changes and oceanic conditions, we reconstructed SSTs for the southwestern Indian Ocean using two different methods (Extended Data Fig. 6, Methods). There is a significant correlation between SST and orbital parameters at the 100-kyr cycle (glacial–interglacial periodicity) and the 41-kyr cycle (obliquity) (Extended Data Fig. 5). The results confirm a previous study that revealed the absence of significant precessional variability in the SST record over the past 0.8 Myr¹⁵. This suggests that orbital-scale precipitation changes in southeastern Africa are more closely related to the contrast between land and ocean temperatures than to SST changes.

Superimposed on the orbital-scale changes, our record displays a long-term trend towards more arid conditions in southeastern Africa between about 1 and 0.6 Ma (Figs. 2, 3b, c). This period corresponds to the mid-Pleistocene transition (MPT), which is marked by ice-sheet expansion and global SST decrease²⁰ (Fig. 2). In terms of hydrological changes, the record from Lake Malawi that covers the past 1.3 Myr has previously been interpreted^{7,8} to show changes that are opposite to those that we observe for the Limpopo catchment. At Lake Malawi, the climate changed from a predominantly arid environment between 1.3 and about 1 Ma to generally wetter conditions after about 1 Ma^{7,8}. This opposing pattern in hydrological changes between the Limpopo

catchment and Lake Malawi suggests a gradual contraction of tropical rainfall from the Limpopo catchment towards lower latitudes in response to the ice sheet expansion during the MPT. This rainfall shift could be related to increased Antarctic ice volume during the MPT^{21,22}.

The long-term trend towards wetter conditions at Lake Malawi has been explained by a progressively less-positive Indian Ocean Dipole since approximately 1 Ma. The Indian Ocean Dipole can enhance or reduce the precessional variability in the low-latitude hydroclimate by modifying the Walker circulation over the Indian Ocean, with a diverse response in eastern Africa²³. A progressively less-positive Indian Ocean Dipole would have generated wetter conditions in southern Africa and increased the precession signal. Although the precessional signal increased over time in the Limpopo record, the observed progressive increase in aridity is contrary to what would be expected from Indian Ocean Dipole forcing alone (Fig. 3).

On the basis of our new records and comparisons with published records for Lake Malawi, we propose that low-latitude insolation forcing (precession and eccentricity) and changes in ice volume at high latitudes were the main drivers of the southeastern African hydroclimate over the past 2 Myr and that SST forcing had a secondary role. Our results also highlight a large regional variability in the southeastern African hydroclimate.

Changes in the hydrological cycle in southeastern Africa were probably one of multiple factors that influenced the dispersal and evolution of human relatives^{2,4}. The more-humid conditions observed between about 2 Ma and 1.75 Ma, associated with a maximum in eccentricity forcing, correspond to several occurrences of *P. robustus* (Fig. 3, Extended Data Table 1). P. robustus is a species that was tolerant of environmental variability (eurytopic), but multiple lines of evidence suggest that from its earliest to its last occurrence this species preferred the wooded or humid components—dominated by C₃ plants—of environments that were otherwise dominated by C₄, dry-adapted plants. This preference for habitats dominated by C₃ plants is well-corroborated by the data from palaeoecological studies of other contemporaneous animals that indicate that large quantities of C₄ vegetation were available, but that a more-wooded component and water sources were also present²⁴ (Fig. 3f, Extended Data Table 2, Methods). This morehumid period between about 2 Ma and 1.75 Ma is also characterized by the presence of Australopithecus sediba in the Limpopo catchment (so far known only from the Malapa site)²⁵. Multiple lines of evidence suggest A. sediba also lived in a wooded or humid habitat and had a diet dominated by C₃ plants, within an otherwise rather-open environment dominated by C_4 plants²⁵.

Our data raise the possibility that increasing long-term aridity associated with multi-millennial-scale changes after 1 Ma, driven by the

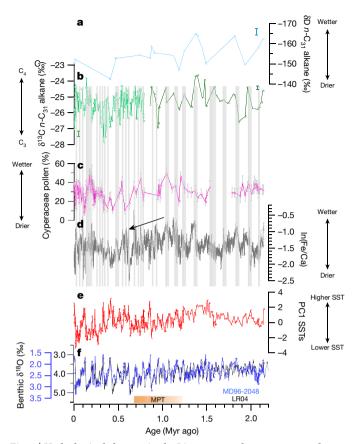


Fig. 2 | Hydrological changes in the Limpopo catchment compared to SSTs of the southwestern Indian Ocean over the past 2.14 Myr. a, δ D of the n-C₃₁ alkane of plant waxes. Mean analytical uncertainty of $\frac{3}{2}$ is indicated ($n = \frac{9}{2}$) b, $\frac{\delta}{1}$ of the n-C₁₁ alkane of plant waxes. Data

3% is indicated (n = 8). **b**, 8^{13} C of the n-C₃₁ alkane of plant waxes. Data from a previous study¹⁶ are shown in light green, and data from this study are shown in dark green. Mean analytical uncertainties of 0.2% (n = 15) and average reproducibility of $0.4\%^{16}$ are indicated. **c**, Pollen percentages of Cyperaceae (data from the past 342 kyr from a previous study¹³). Error bars represent 95% confidence intervals. **d**, $\ln(\text{Fe}/\text{Ca})$ X-ray fluorescence (XRF) ratios. Arrow indicates the long-term trend discussed in the text. Grey frames represent events of hydrological cycle intensification. **e**, Principal component of the SST records (Methods). **f**, 8^{18} O of benthic foraminifera compared to the reference LR04 curve (data from the past 790 kyr from a previously study¹⁵) (Methods). The MPT is indicated.

MPT (Fig. 3b–d), could have diminished the wooded and/or humid component of the habitat preferred by *P. robustus*. This is consistant with a trend towards more open and drier landscapes at Swartkrans (Fig. 3f, Extended Data Table 2, Methods).

It has previously been proposed that extinctions of large mammals are caused mainly by abiotic environmental changes²⁶. We propose as a speculative, but plausible, scenario that the geographic ranges of species that preferred wooded and humid habitats—including P. robustus—would have contracted and expanded according to precessional (approximately 21-kyr) dry and wet cycles. During the multimillennial dry periods, population ranges of these species would have contracted and often become fragmented. These isolated populations would have been especially prone to local extinction through lack of sufficient suitable food, water and shelter, and related increased competition and predation. During multi-millennial wet periods associated with precessional maxima, preferred woodland and humid habitats would have expanded again. The surviving populations would have expanded into their previously occupied range, replacing locally extinct populations. The long-term trend toward increased aridity implies that the dry periods became more and more pronounced between 1 and 0.6 Ma (Fig. 3b, d), increasing

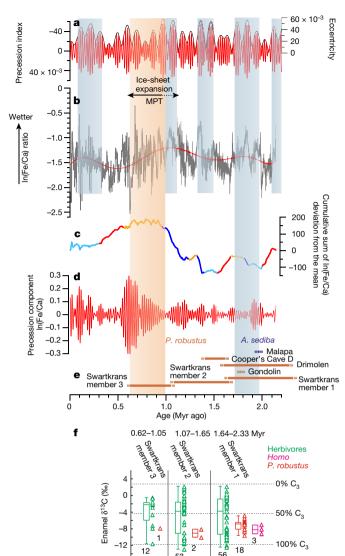


Fig. 3 | Forcings on the hydrological cycle changes in the Limpopo catchment and relationship with hominin evolution over the past **2.14 Myr. a**, Eccentricity and precession index³¹. **b**, ln(Fe/Ca) XRF ratios as a proxy for hydrological changes in the Limpopo catchment. Red curve denotes a polynomial fit (9th degree). The MPT and associated ice-sheet expansion is indicated (orange shading)^{20,21}. Grey shading indicates wetter conditions in the Limpopo catchment, associated with higher eccentricity. c, Cumulative sum of ln(Fe/Ca) showing deviation from the mean as indicator of hydrological variability in the Limpopo catchment (Methods) (red curves correspond to dry periods, yellow curves to drying periods, dark blue curves to wet periods and light blue curves to humidification periods). d, Precession component of the ln(Fe/Ca) ratios obtained by Gaussian filtering. e, Estimated ages for the main sites that yielded remains of the hominins P. robustus (Cooper's Cave D, Drimolen, Swartkrans and Gondolin) and A. sediba (Malapa) (Extended Data Table 1). f, Enamel δ¹³C (‰ Vienna Pee Dee Belemnite) of hominins and contemporaneous herbivores at Swartkrans (Extended Data Table 2). Triangles indicate raw data points. The box plots correspond to the median (horizontal line), the interquartile range (box) and the full range of data (vertical whiskers). Sample sizes are indicated by numbers below the plots. Dashed lines highlight the thresholds used to estimate the percentage of C₃ plantsderived foods in the diets.

the likelihood for more numerous extinctions of local populations until the last-remaining population—therefore the species—went extinct²⁷. Given that the C_3 component of the vegetation preferred by *P. robustus* was never dominant in the landscape, even during humid periods, populations of this species would have been especially prone to local extinction during dry periods.



Both the long-term state of aridification and the extreme precessional variability in hydroclimate (Fig. 3) could therefore have contributed to the extinction of *P. robustus*.

Online content

Any Methods, including any statements of data availability and Nature Research reporting summaries, along with any additional references and Source Data files, are available in the online version of the paper at https://doi.org/10.1038/s41586-

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Author contributions T.C. designed the study. T.C., T.E., M.W. and P.-Y.G. performed the Mg/Ca measurements. L.R. analysed the foraminifera assemblages, and T.C. and F.E. analysed the results and performed the transfer function. T.C., T.E., B.M. and K.C. performed the δ^{18} O analyses on foraminifera. T.C., J.G., P.M. and I.B. performed the XRF measurements and F.J.J.-E. and C.G.-C. conducted the statistical analyses on XRF. J.A.C. and E.S. performed plant-wax δD and $\delta^{13}C$ analyses. L.D. performed the pollen analysis. A.S. and T.C. produced the synthesis on the ecology and environments of South African hominins and conducted the comparisons to the marine record. T.C. and D.M.R. performed and analysed the iLOVECLIM model results. T.C. analysed the results and all authors participated in the interpretation. T.C. wrote the manuscript with contributions from all authors.

Competing interests The authors declare no competing interests.

Additional information

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METHODS

XRF measurements. Element intensities were measured using a XRF-Avaatech core scanner at EPOC. Before analysis, the sediment surface was flattened and covered with Ultralene film. The core sections were scanned at a 0.5-cm resolution at two different levels of energy (10 and 30 keV).

To easily identify periods in XRF ln(Fe/Ca) record, we computed the cumulative sum (cusum) of the deviations from the mean: cusum = sum(ln(Fe/Ca) - (mean(ln(Fe/Ca)). The cumulative sum method was developed for industrial control to detect changes in sequential production³². More recently, the cumulative sum has been extensively applied in biological oceanography (for example, ref. 33) following ref. ³⁴. We first confirmed the regularity of our time series—no periods with greater sampling effort; the average sampling effort was 283 years with only 8% of scattered time gaps greater than 500 years—and ensured that our periodicity matched that of regularized time series at 500-year and 1,000-year windows. The cumulative sum shows periods (that is, linear sequences) and their value with respect to the longterm average: a positive slope shows a period of values greater than the long-term average, and a negative slope shows a period of values smaller than the long-term average. The steepness of the slope reflects how different a period is from the longterm average. Furthermore, changes in the tendency (that is, sequential periodical changes in the slope) reflect periodical changes from a set of conditions to another (for example, a change from a positive slope to a flat slope in the XRF ln(Fe/Ca) record reflects a change from a humid period to a drier period). In the case of the 1 -0.6-Ma interval, this corresponds to a period of aridification because it is more arid than the previous period between 1.2 Ma and 1 Ma (that is, there is a change of slope from steeply positive to slightly negative). In addition, the period between 1 Ma and 0.6 Ma is very variable, because the slope is noisy rather than straight. The cumulative sum can be found under the function name local.trend, in the R package Pastecs (package of analysis of space-time ecological series).

Plant-wax \delta D and \delta^{13}C. Plant-wax analyses were carried out at MARUM. Samples were oven dried at 40 °C, homogenized and squalane was added as an internal standard before extraction. Lipids were extracted with a DIONEX accelerated colvent extractor using a 9:1 mixture of dichloromethane to methanol at 100 °C and 1,000 p.s.i. for five minutes, repeated three times. The saturated hydrocarbon fraction was obtained by elution of the dried lipid extract over a silica column with hexane and subsequent elution over AgNO₃-coated silica to remove unsaturated hydrocarbons.

Compound-specific stable carbon isotope (δ^{13} C) analyses were carried out using a Thermo Fisher Scientific Trace GC Ultra coupled to a Finnigan MAT 252 isotope-ratio-monitoring mass spectrometer via a combustion interface operated at 1,000 °C. Isotope values were calibrated against external CO₂ reference gas and are reported as parts per thousand (‰) against the Vienna Pee Dee Belemnite (V-PDB) standard. Samples were run in at least duplicate. The internal standards yielded a precision of \leq 0.3‰. Repeated analysis of an external n-alkane standard between samples yielded a root-mean-squared accuracy of 0.1‰ and a standard deviation of on average 0.2‰.

When possible, given the high amount of lipids necessary, compound-specific stable hydrogen isotope (δD) compositions were measured using a Thermo Fisher Scientific Trace GC coupled via a pyrolysis reactor operated at 1,420 °C to a Thermo Fisher MAT 253 isotope-ratio mass spectrometer. δD values were calibrated against external H $_2$ reference gas, the 3H+ factor was monitored daily (values vary between 6.7 and 6.9); δD values are reported in parts per thousand (‰) versus the Vienna Standard of Mean Ocean Water (VSMOW) standard. The internal standards yielded a precision of 2‰ on average. Repeated analysis of an external n-alkane standard between samples yielded a root-mean-squared accuracy of <1‰ and a standard deviation of on average 3‰.

The results of a method to adjust the δD_{wax} record for vegetation and ice-volume changes are given in Extended Data Fig. 4.

Pollen preparation. Samples of 1.5 to 8.5 ml were prepared at MARUM. The volume was measured using water displacement. Samples were decalcified with diluted HCl (~12%) and treated with HF (~40%) to remove silicates. Samples were sieved over a screen to remove particles smaller than 10–12 μm . When necessary the sample was decanted to remove remaining silt. Samples were stored in water, mounted in glycerol and microscopically examined (magnification 400× and 1,000×) for pollen and spores. Cyperaceae (sedges) pollen percentages were calculated based on the total number of pollen and spores, ranging from 53 to 365, and 95% confidence intervals were calculated according to a previously published method 35

 $\delta^{18}O$ analyses on foraminifera. Specimens of benthic *Planulina wuellerstorfi* foraminifera were picked from the 250–315-µm size fraction. Analyses were carried out by a coupled system Multiprep–Optima of Micromass at EPOC. The automated preparation system (Multiprep) transforms carbonate samples into CO_2 gas by treatment with orthophosphoric acid at a constant temperature of 75 °C. The CO_2 gas samples were then analysed by isotope mass spectrometry (Optima) in comparison with a calibrated reference gas to determine the isotopic ratio $^{18}O/^{16}O$

of the sample. For all stable oxygen isotope measurements a working standard (Burgbrohl CO₂ gas) was used, which was calibrated against the Vienna Pee Dee Belemnite (V-PDB) standard by using the NBS 19 standard. Analytical standard deviation is about 0.05% ($\pm 1\sigma$).

The chronology of the core was established by tuning the δ^{18} O benthic for aminifera signal to the reference LR04 stack³⁶ with the Analy Series software³⁷ and yielded a correlation coefficient of R=0.8 for the past 2.14 Myr. The core is about 36 m long and the sedimentation rate has a mean value of 2 cm per kyr $(\sigma=0.91)$ and is relatively constant.

SSTs reconstruction. Globigerinoides ruber sensu stricto were picked within the 250–315-\$\mu\$m size fraction for trace element analyses. Shells were cleaned at EPOC to eliminate contamination by clays and organic matter based on a previously published procedure³⁸. An Agilent inductively coupled plasma optical emission spectrometer (ICP-OES) was used for magnesium and calcium analyses following a previously established procedure³⁹. Reproducibility obtained from *G. ruber s. s.* on 80 samples from the complete core was better than 6% ($\pm 1\sigma$, pooled standard deviation). All new analyses for this study (n=217) were performed at EPOC. Measured Mg/Ca ratios were converted into temperature values applying a previously established equation 40 , yielding a precision of 1.2 °C.

Total assemblages of planktonic foraminifera were analysed at EPOC using an Olympus SZH10 binocular microscope following previously published taxonomy^{41,42}. About 300 specimens were counted in each level after splitting with an Otto microsplitter. Relative abundances of species were used to perform quantification of SST after an ecological transfer function⁴³ developed at EPOC. The method used here is based on the modern analogue techniques⁴⁴ running under the R software, using the ReconstMAT script developed by J. Guiot (BIOINDIC package, https://www.eccorev.fr/spip.php?article389). The modern database used is composed of 367 core tops and derived from core tops covering the southern Indian Ocean⁴⁵ in the MARGO project. Calculations of past hydrological parameters rely on a weighted average of SST values from the best five modern analogues, with a maximum weight given to the closest analogue in terms of statistical distance (that is, dissimilarity minimum)^{43,46}. This method permits the reconstruction of annual SST with a precision of 0.8 °C (Extended Data Fig. 7).

As each proxy has some uncertainty related to the calibration, non-temperature influences and lateral advection¹⁵, we applied empirical orthogonal function analysis⁴⁷ to the two SST records for the past 2.14 Myr (Extended Data Fig. 6). The first principal component (PC1) explains 74% of the total variance for the Mg/Ca and foraminifera transfer function records over the past 2.14 Myr. The correlation between SST proxies and PC1 over the past 2.14 Myr is R = 0.71.

Climate modelling. To investigate the control on the past δD composition of precipitation in the Limpopo catchment, we analysed the results of a transient run with the intermediate complexity isotope-enabled climate model iLOVECLIM^{48–50} over the past 150 kyr⁵¹. The atmospheric part of the coupled climate model was run at T21 spatial resolution⁵¹ (~5.65° latitude and longitude) and used accelerated forcing (irradiance, greenhouse gases and ice sheets were updated with an acceleration factor 10). Intermediate complexity models experience some weaknesses caused by the spatial resolution and simplified convective physics but have the advantage of efficient computation. iLOVECLIM was previously successfully applied in the Asian monsoon region⁵¹ and in the West African monsoon region⁵² to investigate past monsoonal precipitation changes and their links with changes in the isotopic composition of precipitation. For the current study, analysis of the present-day performance of the iLOVECLIM model for the region, together with results over the past 150 kyr, are shown in Extended Data Fig. 2.

Ecology and environment of the hominins P. robustus and A. sediba in the **Limpopo catchment.** Building on previous research^{53,54}, we produce a short synthesis of multiple lines of evidence to reconstruct the ecology and environmental context of the southern African robust australopith P. robustus. We also briefly discuss A. sediba. Much literature has been devoted to the ecology of the robust australopiths, and particularly to the ecological differences between P. robustus and P. boisei, another species that is found in eastern Africa. Given that our geographic scope is centred on South Africa, we here focus mostly on P. robustus. It remains a matter of debate whether the robust australopiths—P. robustus, P. boisei and P. aethiopicus (the probable ancestor of P. boisei, also found in eastern Africa)—are closely related to each other in a monophyletic genus or whether robust adaptive traits evolved independently by convergence or parallelism in eastern Africa and southern Africa, which would make the *Paranthropus* genus diphyletic^{54,55}. Authors who support the diphyletic hypothesis tend to classify the robust australopiths in the genus Australopithecus. Until the issue is settled, here we use the genus name Paranthropus as a convenient taxonomic label of a grade that groups these three taxa, which share similar robust adaptive features that differ from the more-gracile genera Australopithecus and Homo.

Craniomandibular and dental morphology. Species of *Paranthropus* are characterized by a suite of craniomandibular and dental morphological characters: reduced incisors and canines, molarized premolars, enlarged molars, thick

enamel, enlarged insertion areas for temporal muscles and a robust mandibular corpus 56 . This suite of robust morphological traits has been frequently interpreted as potential adaptations to diets including hard foods 57,58 . This interpretation is partly supported in P. robustus by dental microwear data that indicate occasional consumption of hard objects (see below). Other authors have suggested that these characters reflect the ability of Paranthropus to chew tough plant matter for prolonged periods 59,60 . This alternative interpretation is supported by dental microwear and stable carbon isotopic data in P. $boisei^{61,62}$. This interpretation could apply to P. robustus as well, even though this species probably fed on different kinds of plants to those eaten by P. boisei (C_4 herbaceous plants in P. boisei versus various C_3 and C_4 plants in P. robustus, see below).

Potential modern analogues of herbivorous mammals that evolved from omnivorous ancestors that have thick enamel and bunodont molars include the giant panda *Ailuropoda melanoleuca* and the red panda *Ailurus fulgens*, both of which have independently become highly specialized on a diet of tough bamboo leaves that require prolonged chewing and numerous repeated chewing cycles^{63,64}. Both examples illustrate phylogenetic inertia, with evolution acting on preexistent morphologies that limit the range of possible adaptive traits in response to functional selective pressure and result in seemingly suboptimal morphologies for the realized diet. A similar argument has been made for *Paranthropus*^{53,65}. Therefore, contrary to herbivorous ungulates that evolved long shearing crests and a more lateral mastication to reduce plant matter into small digestible fragments, the giant panda, the red panda and *Paranthropus* evolved alternative solutions combining thick enamel and increased dental surface with prolonged use of high masticatory forces.

It has also been suggested that an increased dental occlusal surface in mammals could be an adaptive trait for feeding on small bites of small-sized food items⁶⁶ by increasing the chance of efficiently masticating the food items with a reduced number of chewing cycles, and limiting the wear induced by a strong increased attrition (tooth-to-tooth contact) in addition to the wear induced by abrasion (tooth-to-food contact). Similar adaptive traits, most notably enlarged surfaces of third molars, evolved independently multiple times in African herbivorous suids⁶⁷.

Compared to *Paranthropus*, the craniomandibular and dental morphology of *A. sediba* is more gracile and more similar to that found in older species of *Australopithecus* and younger species of *Homo*. It has recently been argued that the morphology of the cranium was unsuited for feeding on hard objects⁶⁸, but that the morphology of the mandible was suited for this activity⁶⁹.

Postcranial morphology. Very little is known about the postcranial morphology of *P. robustus* but most studies indicate the retention of traits adaptive for arboreal climbing^{70,71}. Hand morphology suggests an ability to perform precision gripping during tool-making and tool-using activities⁷². Numerous bone tools are found in Swartkrans member 3 and Drimolen, sites that have yielded numerous specimens of *P. robustus*. Microscopic and macroscopic wear analyses as well as experimental data suggest that these tools were used for digging into termite mounds^{73–75}. The scarcity of *Homo* remains compared to those of *P. robustus* in sites bearing bone tools suggests that the latter species is most likely to be the tool maker and user^{73–75}. *A. sediba* is known by two partial skeletons that provide much information on its postcranial morphology. The upper limbs and shoulders of this species retained numerous adaptive traits for climbing and suspensory behaviours^{76,77}.

Microstructure and biomechanics of enamel. A study of the dental microstructure of *P. robustus* indicates that its enamel was decussated (contrary that of *P. boisei*⁷⁸), which is assumed to reflect a capacity to withstand strong and/or prolonged biomechanic constraints during mastication. Other mammals that feed on hard objects, such as hyaenids⁷⁹, and mammals that feed on tough vegetation, such as many ungulates, also display decussated enamel⁸⁰.

In addition, an experimental study of the behaviour of enamel under various biomechanic constraints suggests that thick enamel could be an adaptive trait to deal with foods that are either hard or tough, or laden with particulates, potentially including both grit and phytoliths⁸¹. A recent study observed a low frequency of enamel chipping in *P. robustus*, concluding that it was adapted to eating tough vegetation rather than hard foods⁸². This interpretation is at odds with the dental microwear data that indicate at least some consumption of hard objects (see 'Dental microwear'). Alternatively, we argue that it is equally plausible that this low frequency of chipping is related to the specialized decussated microstructure that reinforces the tooth enamel of *P. robustus* at a microscopic scale, making its teeth less prone to chipping and therefore more durable when consuming hard or tough foods.

Enamel biogeochemistry. Numerous data are available regarding the stable carbon and oxygen isotopic compositions (expressed as δ^{13} C and δ^{18} O, respectively) and the major elements (Sr, Ba and Ca) of the enamel of *P. robustus*, of other hominins and of other contemporaneous animals. The stable carbon isotope ratios enable the quantification of the proportions of food items deriving, directly or indirectly (through one or several trophic levels), from C_3 plants (mostly woody vegetation, but also sedges in humid environments) and C_4 plants (mostly grass and sedges, but also shrubs of the Amaranthaceae and Chenopodiaceae family). The δ^{13} C values of

the enamel of *P. robustus* indicate a diet that was dominated by foods derived from C₃ plants, with a substantial proportion (about 35–40%) of foods derived from C₄ plants (Fig. 3f and Extended Data Table 2). Much effort has been dedicated to identifying the food items that compose this substantial C₄ component in the diet of *P. robustus*^{83–86}. The most probable C₄-plant-derived food items include grass leaves and roots, insects such as grasshoppers and termites, and small vertebrates (birds, lizards, rodents and small ungulates) that consume either C4 plants or invertebrates that eat C₄ plants. Sedges are also considered to be a likely source of C₄ resources, notably through the consumption of their underground storage organs (USOs)^{87,88}. A previous study⁸⁴, however, has argued that C₄ sedges were rather scattered in South African riverine settings and that not many of them produced large palatable underground storage organs. This study therefore suggested that C4 sedges represented only a minor food resource for hominins. However, they only studied the sedges from four riverine sites located in the Kruger National Park and it remains unknown whether their conclusions are valid for the whole Limpopo catchment and larger scales.

More important in our opinion is the fact that the diet of *P. robustus* was dominated by C_3 -plant-derived food resources, which could include any parts (leaves, stems, fruits, nuts or underground storage organs) of C_3 plants (mostly trees, shrubs and bushes in wooded environments but also abundant sedges in humid environments). There is little data on the enamel $\delta^{13}C$ values of *A. sediba* ($n\!=\!2$) but both specimens display low values (-12.1% and -12.2%) that indicate a diet dominated by C_3 -plant-derived food resources²⁵.

Stable oxygen ratios of enamel are related to multiple factors, including behaviour, ecology, diet, physiology and climate 89 . A previous study 90 classified mammals into evaporation sensitive and evaporation insensitive taxa. The $\delta^{18}O$ values in evaporation sensitive taxa increase with aridity. Evaporation sensitive taxa do not drink much and get most of the water they require from the plants they consume. Conversely, $\delta^{18}O$ values of evaporation insensitive taxa track the $\delta^{18}O$ values of surface water that they drink abundantly and frequently 90,91 . Although hominins were not included in this classification scheme, they are probably water-dependent, as all large primates need to drink a lot of water every day. Hominins generally display relatively low $\delta^{18}O$ values on average compared to the rest of the fauna 62,92 , suggesting a high water dependence or consumption of plants containing little evaporated water. Those data support the preference of *P. robustus* for wooded and/or humid environments.

Intra-tooth variations of $\delta^{13}C$ and $\delta^{18}O$ also provide information about intraannual and inter-annual variation in ecology. Intra-tooth δ^{13} C and δ^{18} O profiles were measured using laser ablation on four teeth of *P. robustus* from Swartkrans member 1^{83} . The mean values of the $\delta^{13}C$ profiles are similar to those of other P. robustus individuals sampled previously, and they also reveal substantial intratooth variation with ranges varying from 2‰ to 5‰ over periods representing approximately one or two years (inferred from the number of perikymata). Significant positive correlations between the $\delta^{13}C$ and $\delta^{18}O$ in three out of four specimens of P. robustus also indicate that they consumed relatively more C4-plantderived foods during the dry season than during the wet season⁸³. This could suggest an opportunistic sampling of the environment, with a relative consumption of foods derived from C₃ or C₄ plants that depended in part on seasonal or interannual climatic differences. These data are also congruent with the identification of *P. robustus* as an evaporation insensitive taxon and are similar to the pattern observed in some extant evaporation insensitive herbivorous ungulates (for example, strong positive correlations of δ^{13} C and δ^{18} O profiles in an extant common hippopotamus Hippopotamus amphibius93).

Investigations of trace elements preserved in the enamel of *P. robustus* have also revealed interesting patterns^{24,94}. *P. robustus* is characterized by relatively high Sr/Ca ratios, lower than in grazing ungulates and slightly higher than in carnivores, browsing ungulates and omnivorous cercopithecid monkeys. Australopithecus africanus is characterized by even higher Sr/Ca ratios. Both hominins, but especially A. africanus, display low Ba/Ca ratios. Altogether, these data indicate that the proportion of animal matter in their diets is likely to have been low. The only extant animals that combine a high Sr/Ca ratio and a low Ba/Ca ratio are the mole rat (Cryptomys hottentotus), and to a lesser extent, the common warthog (Phacochoerus africanus). Both species consume large amounts of grass roots. This could indicate that grass root consumption was an important aspect of the diet of P. robustus, explaining part of the C4 component of the diet. However, the Sr/Ca and the Ba/Ca ratios of A. africanus and P. robustus are not as extreme as those found in the mole rat and the common warthog, suggesting that the consumption of grass roots was probably not as important as in those two species. As previously highlighted⁹⁴, one must, however, stress that the use of major element concentrations in enamel as an indication of the diet of extant and extinct animals still require further study. One previous study²⁴ observed Sr/Ca and Ba/Ca ratios for P. robustus that are intermediate between those of A. africanus and early Homo, and similar to those of browsers: these authors argue the diet of *P. robustus* was dominated by woody plants.

Dental microwear. Investigations of dental microwear have also provided useful information for reconstructing the diet of *P. robustus*^{61,95–97}. Dental microwear mostly results from a combination of abrasion (food-to-tooth contact) and attrition (tooth-to-tooth contact), both of which result in various microscopic scars left at the surface of the enamel facets. Among hominins, specimens of *P. robustus* are characterized by unique microwear textures that display strongly variable complexities, ranging from low to very high values, and low anisotropies. This pattern, originally observed on a few specimens, was later confirmed by a largescale study of dental microwear in P. robustus, including numerous specimens from various sites $^{98}.$ Similarities in dental microwear textures were noted between P. robustus and specimens of several extant primates that are known to consume hard objects such as nuts and seeds (grey-cheeked mangabeys, Lophocebus albigena or brown capuchins, Sapajus apella), indicating at least some consumption of hard objects by P. robustus. Dental microwear data available for A. sediba—although they are based on only two specimens—also show high complexities, suggesting a potential consumption of hard objects²⁵.

Stable carbon isotopes of contemporary mammals. Compiled data of δ^{13} C values for herbivorous mammals that were contemporary and sympatric with P. robustus indicate habitats encompassing a mix of C₃ and C₄ plants, suggesting a mix of woodlands and grasslands in all sites that were sampled (data for Swartkrans members 1, 2, and 383,84,99,100; Cooper's Cave D101; Gondolin102; Fig. 3f and Extended Data Table 2). The enamel δ^{13} C values of herbivorous mammals contemporaneous with *P. robustus* from all sites for which sufficient data are available display a bimodal distribution (Extended Data Table 2): the main mode indicates that the habitat was dominated by herbivorous mammals consuming mostly C4 plants, and the secondary mode indicates that a substantial portion of the remaining herbivorous mammals consumed C3 plants. Mammals displaying a strong C4 signal in their enamel probably consumed herbaceous plants, including mostly dry-adapted C4 grasses in open habitats and possibly C4 sedges in humid habitats. They are usually classified as grazers. Conversely, mammals displaying a strong C3 signal in their enamel probably fed mainly on woody plants (trees, shrubs or bushes) in woodlands, and possibly on C3 sedges in humid habitats. They are usually classified as browsers. Complicating factors of palaeodietary reconstructions include the potential consumption of CAM plants (mostly succulents in arid habitats, and epiphytic plants in closed forests) and C₄ dicot woody vegetation (for example, shrubs of the family Amaranthaceae or Chenopodiaceae). However, the classification of mammals using the dichotomy between C₃ browsers and C₄ grazers inferred from δ^{13} C values is generally confirmed by ecomorphological and dental wear studies 101 . δ^{13} C data of P. robustus are intermediate between the C₄ pole and the C₃ pole, but closer to the latter, indicating a preference of this hominin for the C₃ wooded and/ or humid component of its habitat.

The enamel $\delta^{13}C$ data of the herbivorous mammals found at the Malapa site with A. sediba indicate an environment dominated by C_4 plants, presumably grasses, and a few species consuming C_3 plants, presumably woody plants²⁵. The pattern is therefore similar to that observed in sites containing P. robustus, indicating a preference of P. robustus for the P0 component—presumably woodland—of the otherwise P1 component data of the otherwise P2 component data of the otherwise P3 component data of the otherwise P4 component data of the otherwise P4 component data of the otherwise P4 component data of the otherwise P5 component data of the otherwise P5 component data of the otherwise P5 component data of the otherwise P6 component data of the otherwise P8 component data of th

Ecomorphology and community structures. A previous analysis 103 quantified trophic and locomotor adaptive traits of mammals to compare the ecological diversity of modern and past faunal communities, and found evidence that P. robustus inhabited mosaic environments that included both woodlands and grasslands, always close to a water source. This study also detected a pattern of more-open habitats throughout the Swartkrans sequence. This observation supports the information provided by δ^{13} C values of the herbivorous mammals that—based on our data compilation—generally indicate more C₄ plants in the landscape, presumably grasses adapted to open and dry environments (Fig. 3f). Another previous study 104 conducted a correspondence analysis using the relative abundances of the different groups of mammals classified as woodland-adapted and grassland-adapted, on the basis of stable carbon isotopes and uniformitarian comparisons to extant relatives. This study observed that the relative abundance of P. robustus follows the relative abundances of woodland-adapted species and is negatively correlated to the relative abundances of grassland-adapted species. An ecomorphological analysis (L. C. Bishop et al., personal communication) of bovid postcrania from Sterkfontein member 5B 'Oldowan infill' concluded that most bovid species were adapted to open grasslands, and reconstructed the environment as dominated by grasslands but with a nearby more-wooded component. Finally, another previous analysis 106 has suggested that the absence of P. robustus in Sterkfontein member 5 west could be linked to a drier local habitat without water-dependent species. Overall, these studies indicate that grasslands were important and probably predominant in the environments occupied by P. robustus, but always with a more-wooded and humid component nearby. The ecological data gained from multiple lines of evidence suggest that P. robustus preferred this woodland and/or humid component.

Combining the multiple lines of evidence. Based on the evidence discussed above, we interpret *P. robustus* as a species that was tolerant of environmental

variability (eurytopic), especially in terms of dietary resources, but with a long-lasting preference for the wooded or humid components (characterized by C₃ plants) of environments that were otherwise dominated by C4 dry-adapted plants. Such a selective feeding behaviour—with scarce components of the vegetation that are over-represented in the diet of an animal—is frequently observed in extant mammals. For example, extant geladas (Theropithecus gelada) from the Guassa Plateau in the highlands of Ethiopia rely extensively on forbs (about 38% of annual diet, and up to 61% of monthly diet) although their preferred forbs represent only 8% of ground cover¹⁰⁷. A variable C₃-plant-dominated diet, including both hard and tough food items, and displaying strong seasonal or inter-annual variations, is supported by the stable carbon and oxygen isotopes, the dental microwear textures and the overall morphological adaptive traits displayed by P. robustus. The robust craniomandibular and dental traits appear as a reasonable compromise to efficiently process an extremely diversified diet including numerous tough parts of plants along with some hard foods, and probably a large number of small food items that had to be eaten in small bites, with some exogenous grit particulates adhering (for example, termites or grass roots).

The preference of *P. robustus* for habitats dominated by C₃ plants, either in woodlands or in humid environments, is well corroborated by the data gained from the study of other animals, indicating large quantities of C₄ vegetation but always with a more wooded component and the nearby presence of a water source. Frequent exploitation of the C₄-plant food resources in the more open component of the landscapes is demonstrated by stable carbon isotopes that indicate a substantial, but not dominant, C4 component in the diet. Prehensile hands and the possible use of bone tools would have enabled P. robustus to access a great variety of foods in both wooded and open habitats. P. robustus may be best characterized as an ecotonic species, exploiting intermediate habitats in which the edge effect is maximized, enabling it to forage on a maximal variety of foods in both wooded and open habitats within a limited area while retaining access to secure shelters in woodlands. Such an ecology is displayed by the forest hog (Hylochoerus meinertzhageni) that strongly depends on wooded humid forests for shelter, food and water, but which also frequently exploits open grasslands for additional plant resources 108. Data are scarcer for A. sediba but the multiple lines of evidence discussed above suggest an even stronger preference for C₃-plant-dominated wooded habitats, when compared to P. robustus. It is worth noting that a similar preference for the C₃-plant component, presumably woodlands, in overall C₄-grass-dominated landscapes is also documented in several other hominin species from eastern Africa^{109,110}

Extinction of *P. robustus.* It appears likely that the last documented occurrence of P. robustus is dated about 0.9 Ma, or even later (see Extended Data Table 1). Indeed, multiple lines of dating evidence point to a young age of Swartkrans member 3, probably around 0.9 Ma but possibly as young as 0.6 Ma. It is also worth noting the frequency of artificial range truncation of extinct taxa, often called the Signor and Lipps effect¹¹¹: owing to the imperfect nature of the fossil record, the extinction date of a particular taxon is most probably more recent than the last fossil occurrence of this taxon. Bearing in mind that this caution was formulated on the basis of the near-continuous and precisely dated marine palaeontological record, the Signor and Lipps effect is even more pertinent when considering extinction dates based on the spatio-temporally biased continental fossil record of terrestrial faunas (see details in ref. 112). This dating uncertainty most probably applies to P. robustus as the known geographic distribution of this species is extremely small. Most of the sites that contain P. robustus are located within a circle of about 3-km radius, and only Gondolin is located a bit further north, around 25 km from Swartkrans and Sterkfontein. A circle of 12.5-km radius encompassing all the known occurrences of P. robustus would therefore represent a distribution area of about 500 km². Large mammals tend to have much larger geographic distributions than 500 km². For comparison, the critically endangered eastern gorilla (Gorilla beringei)—the extant species of African great ape that has the smallest geographic distribution is found over an area of about 70,000 km². Other great apes have much larger distributions (Gorilla gorilla, over 700,000 km²; Pan paniscus: about 156,000 km²; Pan troglodytes, over 2,600,000 km²; all data are from the International Union for Conservation of Nature website, http://www.iucnredlist.org/). It is therefore most likely that the real distribution area of *P. robustus* was much larger than the area that is currently sampled by the available fossil record, making the true last occurrence of the species unlikely to be sampled, and the real extinction date of the species probably younger than 0.9 Ma.

The fossil record of South Africa indicates that numerous species became extinct during the Pleistocene. However, the paucity of the record after 1.4 Ma seriously hinders our understanding of the pattern and timing of the extinctions. Middle Pleistocene faunas such as those of Florisbad (about 0.25 Ma) are almost entirely composed of species that are similar to the extant species whereas older faunas (for example, Cornelia at around 1 Ma or Elandsfontein at 1–0.6 Ma) contain a substantial proportion of extinct species (see ref. ¹¹³). Neither a precise date nor a time interval (1–0.5 Ma versus later during the Pleistocene) can be

constrained for the extinction of those species based on their currently available fossil records.

Our marine record and previously published terrestrial records are indicative of a clear trend through time towards more-open and drier landscapes in the Limpopo catchment. Given that P. robustus preferentially thrived in the non-dominant component of its environment (either woodland or humid grassland) characterized by C₃ plants, and that the diet of this species was dominated by C₃-plant-derived food items, including occasional hard objects, we assume that the regional trend towards a more arid hydroclimate after 1 Ma and the marked precessional variability affected the abundance of this species and its resilience to environmental changes. As the regional hydroclimate became drier, the wooded and humid environments favoured by P. robustus probably became progressively scarcer, strongly affecting the fitness and survival of populations of mammals that depended on these habitats for food, water and shelter. We propose a speculative, but plausible, scenario inspired by previous theoretical work²⁷. According to this scenario, the geographic ranges of taxa adapted to woodlands and humid habitats, including P. robustus, contracted and expanded according to the precessional ~21-kyr dry and wet cycles. During multi-millennial dry periods, the range of populations of these taxa contracted and often became fragmented. The resulting isolated populations were especially prone to local extinction through increased competition and predation induced by the lack of sufficient and suitable food, water and shelters. During multi-millennial wet periods, preferred woodland and humid habitats would have expanded again and the surviving populations would have expanded into their previously occupied range, replacing locally extinct populations. The long-term trend to aridity, inferred from our marine record, implies that dry periods became more and more marked through time, increasing the likelihood for local extinction of numerous local populations, until the extinction of the last remaining local population and therefore the extinction of the species. Thus, both long-term state and the extreme precessional changes in hydroclimate could have affected the evolution of P. robustus. A recent synthesis of factors involved in the extinction of large mammals—spanning three continents and the whole Cenozoic period—concluded that abiotic changes, such as climatic changes, were key players in the extinctions of species²⁶.

What of *Homo*? Several authors (reviewed in ref. 114) have suggested that strong morphological, behavioural and ecological differences between P. robustus and the contemporary Homo gave an evolutionary advantage to the latter over the former. Given that Homo did not go extinct and remained extremely widespread in Africa and beyond, some authors have related these differences to the extinction of *P. robustus*. Notably different relative abundances of these two taxa do suggest they were occupying separate ecological niches in the sites where they co-occur (Swartkrans 96% P. robustus, 4% Homo; Drimolen 84% P. robustus 16% Homo, according to previous work¹¹⁵). However, these scenarios are speculative and clearly beyond the scope of our paper, which is focused on *P. robustus*. Regardless of any potential evolutionary advantage of Homo over P. robustus, whether or not Homo went extinct locally in the Limpopo catchment during the aridification period is meaningless to the subsequent evolutionary history of the genus *Homo*. Remains of Homo are known in other parts of South Africa at around 1 Ma (for example, Elandsfontein¹¹⁶ and Cornelia-Uitzoek¹¹⁷), as well as in other parts of Africa^{118,119}, which would have made any local extinction counterbalanced by subsequent dispersals from other regions. The survival of *Homo* could plausibly be explained solely through plain contingency, especially as our synthesis as well as recent literature 114 indicates a eurytopic ecology for both Homo and Paranthropus. Code availability. The iLOVECLIM source code is based on the LOVECLIM model version 1.2, for which code is accessible at http://www.elic.ucl.ac.be/modx/ elic/index.php?id=289. The developments of the iLOVECLIM source code are hosted at http://forge.ipsl.jussieu.fr/ludus, but are not publicly available owing to copyright restrictions. Access can be granted on demand by request to D.M.R. (didier.roche@lsce.ipsl.fr) to those who conduct research in collaboration with the iLOVECLIM users group.

Data availability. The datasets generated during and/or analysed during the current study are available from the corresponding author on reasonable request. Source Data for Fig. 2 is provided with the paper.

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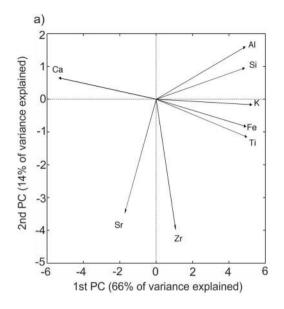
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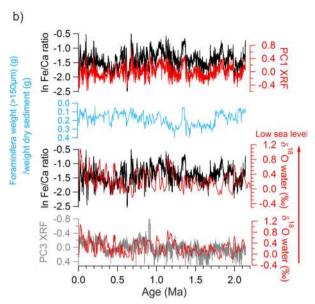
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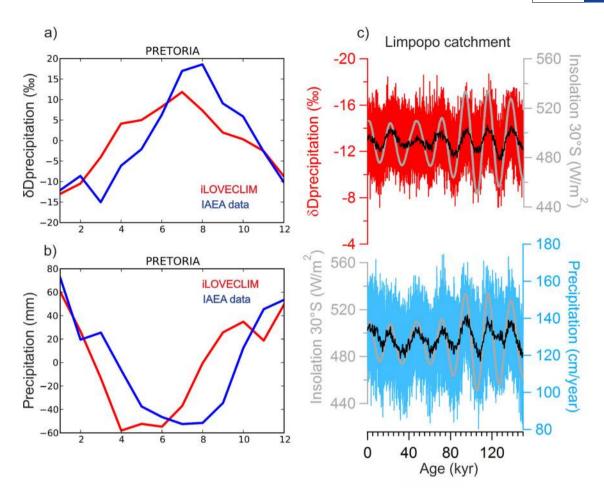
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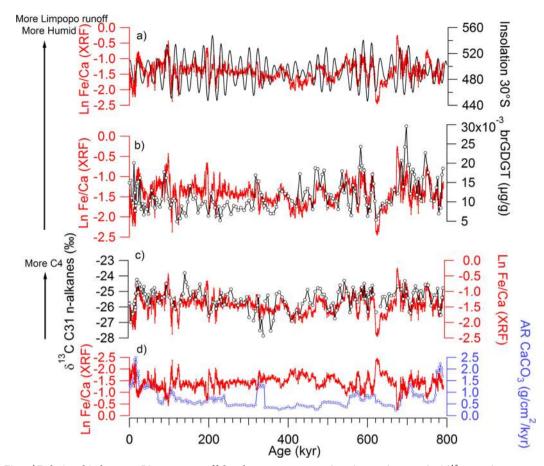
Extended Data Fig. 1 | ln(Fe/Ca) as a proxy for Limpopo runoff. Calcium and iron both have complex and multiple origins in marine sediments. Iron can be related to redox variations, detrital and fluvial input, among others, and calcium can be related to the biogenic fraction (foraminifera or nannofossils) and detrital input. To properly interpret the ln(Fe/Ca) ratio at our study location, we applied principal components analysis 120. a, PC1 describes 66% of the total variance for the entire site MD96-2048. The negative loadings for PC1 are calcium and strontium, and all other elements (aluminium, silicon, potassium, titanium, iron and zirconium) have positive loadings. Calcium and strontium are associated with biogenic carbonate and are mainly related to presence of foraminifera. Element matrix correlation shows a strong positive linear correlation (R > 0.70) between iron and typically detrital elements, such as aluminium, silicon, titanium and potassium. Calcium shows negative correlation with iron (R = -0.5). **b**, $\ln(\text{Fe/Ca})$ shows a strong correlation with PC1 (R = 0.94) and a strong relationship with Limpopo runoff

proxies (Extended Data Fig. 3). Iron and titanium elements are related to terrigenous and siliciclastic components (heavy minerals and oxides) and the variation in carbonate content (calcium) is mainly due to dilution by terrigenous sediment. $\ln(Fe/Ca)$ is therefore a proxy of Limpopo runoff, consistent with previous studies in riverine basins throughout the African continent $^{10,121-124}$. To confirm a weak influence of sea-level changes on the Fe/Ca record, we compared our $\ln(Fe/Ca)$ record with a previous reconstruction of the deep-water $\delta^{18}O$ component for relative sea level 125 , (b, bottom). Both records are plotted against the LR04 chronology. Visual inspection and statistical testing do not support a dominant effect of sealevel changes on the $\ln(Fe/Ca)$ record (R=0.05). PC3, which describes 11% of the total variance for the entire site MD96-2048, is closely related to sea-level changes. The negative loadings for PC3 are mainly strontium and, to a lesser degree, potassium and titanium, and the main positive loadings are zirconium and, to a lesser degree, silicon.



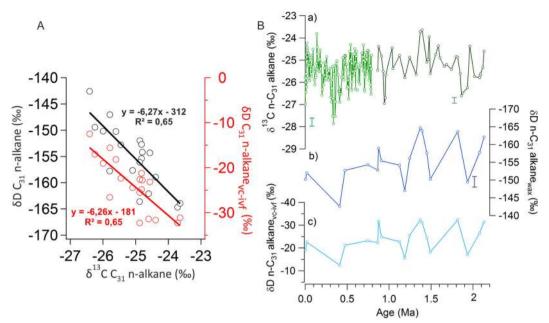
Extended Data Fig. 2 | Control on the δD composition of precipitation in the Limpopo catchment. a, b, Seasonal δD composition of precipitation (a) and amount of precipitation at Pretoria station 126 (b), in comparison to the results of the iLOVECLIM model at the corresponding latitude and longitude 48,49 . All data are centred on their annual average. Depleted δD values are indicative of increasing amounts of rainfall 127 . c, Results of the transient simulation with the isotope-enabled numerical climate model iLOVECLIM for the δD composition of precipitation and precipitation in

the Limpopo catchment (about -27.5° S to -22° S and 30° E to 36° E), for the past 150 kyr (Methods)⁵¹. Black curves show the results after filtering with a low-pass filter. The δ D composition of precipitation and precipitation amount in the Limpopo catchment are negatively correlated (R=-0.63, $P\ll 0.001$) for the past 150 kyr. Maxima of precipitation are phased with maxima in austral summer insolation at 30° S and lead to more-depleted δ D_{precipitation} (amount effect).



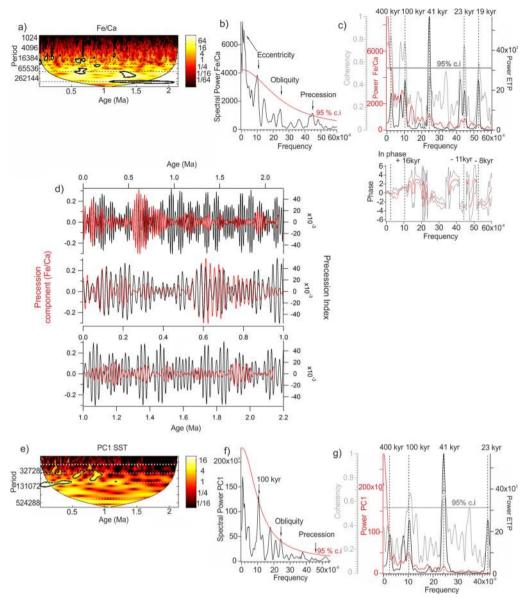
Extended Data Fig. 3 | Relationship between Limpopo runoff, local Southern Hemisphere insolation and the C_{31} *n*-alkane $\delta^{13}C$ record for the past 800 kyr. a, Comparison between the ln(Fe/Ca) XRF signal and austral summer local insolation at 30° S³¹. **b**, Comparison between the ln(Fe/Ca) XRF signal and the brGDGT concentration in the sediment 15. brGDGTs are commonly found in soil and can be attributed to Limpopo River runoff¹⁵. c, Comparison between the ln(Fe/Ca) XRF signal and the C_{31} *n*-alkane δ^{13} C record¹⁶. An increased amount of Limpopo River discharge is associated with more C₄ plant input and an increase in austral summer insolation at 30° S. d, Comparison between inverted ln(Fe/Ca) XRF signal and the accumulation rate (AR) of CaCO₃ as a measure of biogenic carbonate. The ln(Fe/Ca) XRF record is not primarily controlled by dilution due to biological productivity (R = 0.1). A previous study of the past 0.8 Myr of core MD96-2048 interpreted shifts towards more-depleted δ¹³C_{wax} as potentially reflecting more-humid conditions¹⁶. However, the anti-correlation between $\delta^{13}C_{wax}$ and δD_{wax} values (Extended Data Fig. 4)

in our study indicates that enriched $\delta^{13}C_{wax}$ values are associated with more-humid conditions. Because C_4 plants in the Limpopo catchment are dominant in the interior (Fig. 1), we propose that more-enriched $\delta^{13}C_{wax}$ values indicate a higher relative contribution from sources located farther upstream (more C_4 plants) during times of high runoff, compared to only downstream sources (more C_3 plants) during times of low discharge. In addition, humid conditions would have favoured the extension of sedge-rich vegetation (Cyperaceae, of which 20–60% are C_4 plants in this region 128) in riverine swamps and floodplains along the river course, explaining the detected increase in Cyperaceae pollen at times of increased fluvial discharge (Fig. 2). Studies of sediments from the adjacent Zambezi catchment similarly suggest the extension of swampy sedge-rich vegetation—including C_4 -Cyperaceae—when river discharge was high, and infer that more C_4 plant waxes are exported to the ocean when the flooding of floodplains occurs during rainfall maxima 10,129 .



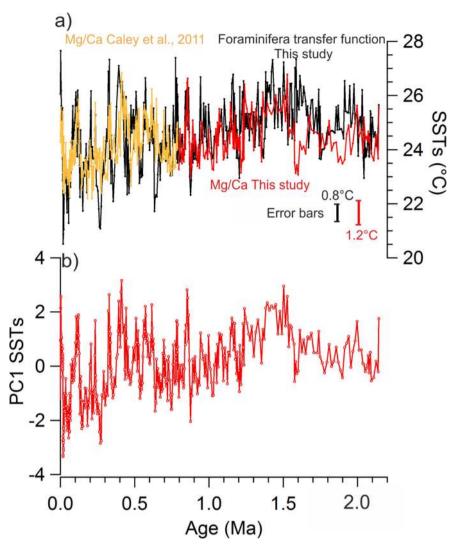
Extended Data Fig. 4 | Relation between the $\delta^{13}C$ C_{31} n-alkanes record and the δD C_{31} n-alkanes record. a, Correlation between the record of $\delta^{13}C$ C_{31} n-alkanes and the record of δD C_{31} n-alkanes, with or without vegetation and ice-volume correction (vc-ivf) over the past 2.14 Myr (n=19 samples). An anti-correlation exists between the $\delta^{13}C$ and the δD signals of the C_{31} n-alkanes. The C_{31} n-alkane is used because it is the most abundant homologue in the samples. **b**, Raw $\delta^{13}C_{\text{wax}}$, δD_{wax} data and δD_{wax} adjusted for ice-volume and vegetation changes from core MD96-2048. Mean analytical uncertainties are indicated. Top, $\delta^{13}C_{\text{wax}}$ of the C_{31} homologue (data from a previous study¹⁶ in light green, and data from this study in dark green). Middle, δD_{wax} of the C_{31} homologue. Bottom, δD_{wax} of the C_{31} homologue adjusted for ice-volume changes (ivf) using a seawater $\delta^{18}O$ curve¹²⁵ and converting to δD assuming an increase of 7.2‰ at the Last Glacial Maximum. We use 7.2‰ because measurements of sediment pore water $\delta^{18}O$ and δD suggest that the glacial ocean δD increase has a mean value of 7.2‰ ¹³⁰. We also adjusted the

 δD_{wax} record for vegetation changes (vc) using published fractionation factors ($-123\%\pm31\%$ for C_3 trees, $-139\%\pm27\%$ for C_4 grasses 131) and the $\delta^{13}C_{wax}$ signal following a previously published procedure 132 . End-member $\delta^{13}C_{wax}$ values used for C_3 and C_4 vegetation were -36% and -21.5%, respectively 133 . The error ranges for the vegetation fractionation factors are very large 131 . They derive from the compilation of a global dataset from individual plants, which is not comparable to an ecosystem fractionation in a specific catchment (such in the Limpopo) that will fractionate with a much smaller uncertainty. However, as we do not know the exact fractionation factor in the Limpopo catchment and regard the uncertainties from the global compilation as unrealistic for a specific ecosystem we refrained from propagating this uncertainty into the vegetation corrections. The vegetation and ice-volume-adjusted δD_{wax} record is very similar to the unadjusted record, highlighting the fact that the adjustments have a minor effect.



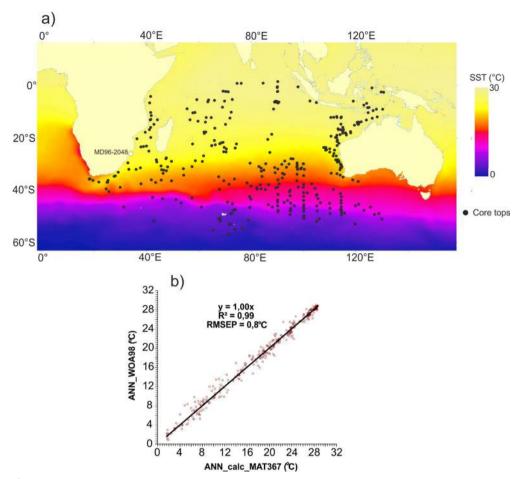
Extended Data Fig. 5 | Statistical analyses for the ln(Fe/Ca) XRF record and PC1 SST record. a, Spectral power for ln(Fe/Ca) by wavelet analysis realized with a previously published MatLab package 134. The thick contour designates the 5% significance level against red noise. Dashed black lines indicate the variability at the precession, obliquity and eccentricity periods. b, Spectral analysis of ln(Fe/Ca) with REDFIT¹³⁵ The red line shows the false-alarm level at the 95% confidence interval. Spectral peaks exceeding the false-alarm level can be considered significant¹³⁵. **c**, Blackman–Tukey cross correlation between ln(Fe/Ca) XRF and eccentricity-tilt-precession (ETP) realized with the Analyseries software³⁷ for the past 2.14 Myr. ETP is constructed by normalizing and stacking eccentricity, tilt (obliquity) and negative precession to evaluate coherence and phase (timing) relative to orbital extremes¹³⁶. The red curve shows the spectral power for ln(Fe/Ca) record. The black curve shows the spectral power for ETP. The coherency, which varies between 0 and 1, is represented by the grey curve and gives the interval within which the spectrum is significant. In our case, the non-zero coherency is higher than 0.55 and is significant at the 95% confidence interval (grey line). There

are significant spectral peaks for eccentricity and precession but not for obliquity. The ln(Fe/Ca) XRF record and ETP are in phase at the 400-kyr period, the eccentricity leads by 16 kyr the ln(Fe/Ca) record at the 100-kyr period and the ln(Fe/Ca) record is in anti-phase with negative precession (in-phase with positive precession) at the 19- and 23-kyr periods. The three statistical analyses are consistent and indicate significant variability at the 400-, 100-, 23- and 19-kyr periods and insignificant variability at the 41-kyr period. d, Comparison between the precessional component of the ln(Fe/Ca) record (Gaussian filter frequency 1/23,000; bandwidth: 5×10^{-6}) obtained with the Analyseries software³⁷ and the precession index. Maxima of the ln(Fe/Ca) precession component are in phase with precession index maxima. The precession cycles in the ln(Fe/Ca) record appear particularly strong between about 0.9 and 0.6 Ma. e-g, The same statistical analyses as in $\mathbf{a}-\mathbf{c}$, respectively, but for the PC1 SST record. In e, dashed white lines indicate the variability at the precession, obliquity and eccentricity periods. The three statistical analyses indicate significant variability at the 100- and 41-kyr periods but not significant power for the 400-kyr and 23-kyr (precession) periods.



Extended Data Fig. 6 | Reconstruction using SST proxies for core MD96-2048 for the past 2.14 Myr. a, Reconstruction of SST using two different methods: Mg/Ca reconstruction based on previous¹⁵ and new data (Mg/Ca ratios were converted into temperature values by applying a previously established equation⁴⁰) and foraminifera transfer function

reconstruction using the modern analogue technique. Error bars represent the error on the calibrations 40 (Extended Data Fig. 7). **b**, Empirical orthogonal function analysis 47 of the two SST records for the past 2.14 Myr. PC1 contains 74% of the total variance for the past 2.14 Myr. Correlation between SST proxies and PC1 for the past 2.14 Myr is R=0.71.



Extended Data Fig. 7 | Foraminifera transfer function used for core MD96-2048. a, Location of the modern database, composed of 367 core tops from the south Indian Ocean 45 with present-day SST from the World Ocean Atlas (WOA) 2009^{29} . b, Test for the modern database 45 yielding

to a precision of 0.8 °C for the annual SST reconstructions. Modern hydrological parameters were obtained from the WOA (1998) database using a previously developed tool (http://www.geo.uni-bremen.de/geomod/Sonst/Staff/csn/woasample.html).



Extended Data Table 1 | Fossil finds, their location and associated ages

Site/area	Taxon	Stratigraphic unit	Methods	References	Estimated age of fossils
Malapa	Australopithecus sediba		Biochronology	Dirks et al. (137)	From 1.95 Ma to 1.78 Ma
			U-Pb dating of flowstones: basal flowstone 1 at 2.026 \pm 0.021 Ma; capping flowtone 2 at 2.048 \pm 0.140 Ma	Pickering et al. (138)	From 2.188 Ma to 1.908 Ma
			Paleomagnetism : reversed polarity of flowstone 2, normal polarity of fossiliferous sediments	Pickering et al. (138)	Older than 1.95 Ma
			Synthesis of flowstone dating and paleomagnetism, 1.977 \pm 0.002 Ma	Pickering et al. (138)	From 1.979 to 1.975 Ma
Cooper's D	Paranthropus robustus		Biochronology	Berger et al. (139)	From 1.9 Ma to 1.6 Ma
			U-Pb dating of flowstones: basal flowstone CDD1 at 1.526 ± 0.088 Ma; younger flowstone CDD3, intercalated within fossiliferous sequence, at ca. 1.4 Ma (unprecise dating from 1.617 Ma to 1.413 Ma)	de Ruiter et al. (140)	From 1.615 Ma to ca. 1.4 Ma (upper facies A and C) and younger than 1.4 Ma (lower facies A and C)
Drimolen	P. robustus	Main Quarry Site	Biochronology Biochronology	Keyser et al. (141) Adams et al. (142)	From 2.0 Ma to 1.5 Ma From 2.3 Ma to 1.6 Ma
Kromdraai B	P. robustus		Paleomagnetism of flowstone above Mb. 3, reverse polarity, older than normal Olduvai event (between 1.95 Ma and 1.78 Ma)	rnackeray et al. (143)	Older than 1. 95 Ma
			Alternative interpretation of paleomagnetic data from Thackeray et al. (2002) Biochronology (including hominins) and paleomagnetism	Herries et al. (144); Herries & Adams (145) Braga et al. (146)	From 1.78 Ma to 1.65 Ma Older than 2.18 Ma
Gondolin	P. robustus	GD2*	Biochronology and paleomagnetism (Olduvai normal polarity event of fossiliferous sediments)	Herries et al. (147)	Slightly older than 1.78 Ma
	P. robustus	GD1*	Biochronology and paleomagnetism (end of Olduvai normal polarity event in basal flowstone)	Adams et al. (148)	Slightly younger than 1.78 Ma
Sterkfontein	P. robustus	Mb. 5B "Oldowan infill"	Biochronology and lithic typology ESR on bovid teeth (seven dates): 1.328 ± 0.087 Ma; 1.315 ± 0.295	Kuman & Clarke (106) Curnoe (149)	From 2.0 Ma to 1.7 Ma
		Mb. 5B "Oldowan infill"	Ma; 1.185 ± 0.96 Ma; 1.265 ± 0.125 Ma; 1.620 ± 0.626 Ma; 0.965 ± 0.147 Ma; 1.24 ± 0.28 Ma; weighed mean = 1.32 ± 0.08 Ma	reinterpreted in Herries & Shaw (150)	From 1.40 Ma to 1.24 Ma
		Mb. 5B "Oldowan infill"	Synthesis of ESR, U-Pb dating, paleomagnetism	Herries & Shaws (150)	From ca. 1.4 Ma to 1.2 Ma from 1.415 Ma to 1.241 Ma
		Mb. 5B "Oldowan infill"	ESR on teeth from 0.965 \pm 0.147 Ma to 1.328 \pm 0.087 Ma ; weighted mean LU-ESR (excluding one tooth with large internal errors) = 1.223 0.155 Ma	Curnoe (149) ± reinterpreted in Herries et al. (144)	(maximal); 1.112 Ma to 0.818 Ma (minimal); from 1.378 Ma to 1.223 (weighed mean)
		Mb. 5B "Oldowan infill"	Cosmogenic burial 66 Al/ 10 Be) dating of a quartz manuport 2.18 \pm 0.21 Ma	Granger et al. (151)	From 2.39 Ma to 1.97 Ma
		Mb. 5B "Oldowan infill" Mb. 5B "Oldowan infill"	Synthesis of paleomagnetism, U-Pb dating, and ESR Synthesis of biochronology and ESR	Herries & Adams (145) Herries et al. (144)	From 1.8 Ma to 1.5 Ma From 1.38 Ma to 1.07 Ma
Swartkrans	P. robustus	Mb. 1	Cosmogenic burial (**Al/**Be) dating on quartz 2.19 ± 0.08 Ma	Gibbon et al. (152)	From 2.27 Ma to 2.11 Ma
		Mb. 1	Cosmogenic burial (PSAI/10Be) dating on quartz 1.80 ± 0.09 Ma	Gibbon et al. (152)	From 1.89 Ma to 1.71 Ma
		Mb. 1 Hanging Remnar	ntSynthesis of U-Pb dating and ESR	Herries & Adams (145)	From 2.0 Ma to 1.8 Ma
		Mb. 1 Hanging Remnar	ESR 2.02 \pm 0.36 Ma; 2.07 \pm 0.37 Ma; 1.68 \pm 0.28 Ma; weighed mean = 1.96 Ma-1.70 Ma	Curnoe et al. (153) reinterpreted in Herries & Adams (145)	From 1.96 Ma to 1.70 Ma
		Mb. 1 Hanging Remnar	ntESR LU 1.39 ± 0.18 Ma	Herries et al. (144)	From 1.57 Ma to 1.21 Ma
		Mb. 1 Hanging Remnar	ntESR LU 1.92 ± 0.34 Ma	Herries et al. (144)	From 2.26 Ma to 1.58 Ma
		Mb. 1 Hanging Remnar	ntESR LU 1.21 ± 0.22 Ma	Herries et al. (144)	From 1.43 Ma to 0.99 Ma
		Mb. 1 Lower Bank Mb. 1	U-Pb dating U-Pb dating on tooth 1.83 ± 1.38 Ma	Pickering et al. (154) Balter et al. (155)	From 2.3 to 1.6 Ma From 3.21 to 0.45 Ma
		Mb. 1	Biochronology	Vrba (156, 157); Churcher & Watson	ca. 1.7 Ma
		1,70058.5		(158)	
		Mb. 1	U-Pb dating of basal flowstone 2.249 \pm 0.077 Ma; top flowstone 1.706 \pm 0.069 Ma ; closer to 2.0 Ma-1.8 Ma	Pickering et al. (154)	Maximal range from 2.326 Ma to 1.637 Ma; minimal range from 2.172 Ma to 1.775 Ma
Swartkrans	P. robustus	Mb. 2	U-Pb dating on tooth 1.36 ± 0.29 Ma	Balter et al. (155) Vrba (156, 157);	From 1.65 Ma to 1.07 Ma
		Mb. 2	Biochronology	Churcher & Watson (158)	ca. 1.5 Ma
		Mb. 2	Relative position to Mb. 1 dated by U-Pb	Pickering et al. (154)	Younger than ca. 1.7 Ma
Swartkrans	P. robustus	Mb. 3	Synthesis of U-Pb and ESR dating	Herries & Adams (145)	From 1.3 Ma to 0.6 Ma
		Mb. 3 Mb. 3	Cosmogenic burial on quartz 0.96 ± 0.09 Ma ESR 0.65 ± 0.15 Ma	Gibbon et al. (152) Cited in Herries and	From 1.05 Ma to 0.87 Ma From 0.8 Ma to 0.5 Ma
		Mb. 3	ESR 1.25 ± 0.09 Ma	Adams (145) Cited in Herries and	From 1.34 Ma to 1.16 Ma
		Mb. 3	U-Pb dating on tooth 0.83 ± 0.21 Ma	Adams (145) Balter et al. (155)	From 1.34 Ma to 1.16 Ma
			17	Vrba (156, 157);	
		Mb. 3	Biochronology	Churcher & Watson (158)	ca. 1.0 Ma
		Mb. 3	ESR LU on two bovid teeth (four dates): 0.71 \pm 0.90 Ma and 0.80 \pm 015 Ma; 0.65 \pm 0.15 Ma and 0.70 \pm 0.11 Ma; mean = 0.72 \pm 0.13 Ma	Blackwell (159)	From 0. 85 Ma to 0.59 Ma
				Herries et al. (144)	

Data in this table were taken from refs^{106,137-160}. We consider the ages in bold as the best estimate. The different dating methods did not yield any agreement regarding the age of Kromdraai B and Sterkfontein member 5 'Oldowan Infill'. Therefore, no estimate is highlighted in bold and the stratigraphic ranges are not shown in Fig. 3. We favour U–Pb dates and cosmogenic burial of quartz dates rather than biochronology or electron spin resonance, although dates produced using the latter two methods are generally not inconsistent with those produced using the other methods¹⁴⁵. *P robustus fossils were not found at Gondolin GD 1 and GD 2 but nearby ex situ. Given the close age between Gondolin GD 1 and GD 2 deposits and the limited extent of outcrops, it has been suggested¹⁴⁵ that the ex situ hominin specimens from Gondolin are dated to around 1.78 Ma.



Extended Data Table 2 $\mid \delta^{13}$ C enamel of hominin and contemporaneous herbivores and associated statistical parameters for different sites in the Limpopo catchment

		δ ¹³ C (%	o)						
Group	n	mean	median	mode(s) (2 ‰ interval)	SD	min	max	range	References
Cooper' D herbivores	45	-5,0	-4,7	int. 1: -12 to -10 %; int. 2: -2 to 0 %	3,9	-11,5	2,5	14,0	Steininger (101)
Gondolin GD2 herbivores	21	-2,9	1,0	int. 1: -10 to -8 ‰ ; int. 2: 0 to 2 ‰	5,3	-11,1	3,5	14,6	Adams (102) Lee-Thorp et al. (99); Sponheimer et al. (83);
Swartkrans Mb. 1 herbivores	56	-4,8	-3,8	int. 1: -10 to -8 %; int. 2: -4 to 0 %	4,2	-12,4	2,2	14,6	Steininger (160) Lee-Thorp et al. (99);
Swartkrans Mb. 1									Sponheimer et al. (84,
Paranthropus	18	-7,2	-6,9	int.: -8 to -6 ‰	1,2	-9,6	-4,9	4,7	83)
Swartkrans Mb. 1 Homo		-8,2	-8,2	int.: -10 to -8 % int. 1: -12 to -10 %; int. 2: -4 to -2	0,9	-9,2	-7,1	2,1	Lee-Thorp et al. (100) Lee-Thorp et al. (99,
Swartkrans Mb. 2 herbivores Swartkrans Mb. 2	53	-4,8	-3,8	‰	4,4	-12,9	2,2	15,1	100); Steininger (160)
Paranthropus	2	-9,1	-9,1			-10,0	-8,1	1,9	Lee-Thorp et al. (99)
Swartkrans Mb. 3 herbivores Swartkrans Mb. 3	12	-3,8	-2,2	int.: -4 to 0 %	3,3	-11,6	-0,5	11,1	Steininger (160)
Paranthropus	1	-7,9	-7,9			-7,9	-7,9		Lee-Thorp et al. (99)