A UV and optical study of 18 old novae with *Gaia* DR2 distances: mass accretion rates, physical parameters, and MMRD*

Pierluigi Selvelli¹ and Roberto Gilmozzi²

¹ INAF – Ossservatorio Astronomico di Trieste, Via Tiepolo 11, 34143 Trieste, Italy e-mail: selvelli@oats.inaf.it

² European Southern Observatory, Karl Schwarzschild-Str. 2, 85748 Garching, Germany e-mail: rgilmozz@eso.org

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ABSTRACT

We combine the results of our earlier study of the UV characteristics of 18 classical novae (CNe) with data from the literature and with the recent precise distance determinations from the *Gaia* satellite to investigate the statistical properties of old novae. All final parameters for the sample include a detailed treatment of the errors and their propagation. The physical properties reported here include the absolute magnitudes at maximum and minimum, a new maximum magnitude versus rate of decline (MMRD) relation, and the inclination-corrected 1100–6000 Å accretion disk luminosity. Most importantly, these data have allowed us to derive a homogenous set of accretion rates in quiescence for the 18 novae. All novae in the sample were super-Eddington during outburst, with an average absolute magnitude at maximum of -7.5 ± 1.0 . The average absolute magnitude at minimum corrected for inclination is 3.9 ± 1.0 . The median mass accretion rate is $\log \dot{M}_{1M_{\odot}} = -8.52$ (using $1 M_{\odot}$ as WD mass for all novae) or $\log \dot{M}_{MVD} = -8.48$ (using the individual WD masses). These values are lower than those assumed in studies of CNe evolution and appear to attenuate the need for a hibernation hypothesis to interpret the nova phenomenon. We identified a number of correlations among the physical parameters of the quiescent and eruptive phases, some already known but others new and even surprising. Several quantities correlate with the speed class t_3 including, unexpectedly, the mass accretion rate (\dot{M}). This rate correlates also with the absolute magnitude at minimum corrected for inclination, and with the outburst amplitude, providing new and simple ways to estimate \dot{M} through its functional dependence on (more) easily observed quantities. There is no correlation between \dot{M} and the orbital period.

Key words. novae, cataclysmic variables – ultraviolet: stars – stars: distances – accretion, accretion disks

1. Introduction

Old novae are the quiescent stage of systems that have undergone a historical classical nova explosion. Classical novae (CNe) are members of the class of cataclysmic variables (CVs), that is, close binary systems in which a white dwarf (WD) accretes hydrogen-rich material through an accretion disk from a lowmass, near-main-sequence companion. The "classical nova" phenomenon is a thermonuclear runaway (TNR) event that occurs when the accreted mass on the surface of the WD is large enough for the pressure at the base of the semi-degenerate shell to initiate nuclear reactions; see Starrfield et al. (1985), Shara (1989), Bode & Evans (2008), and Jose (2016) for comprehensive reviews.

Theoretical models for the outburst (hereafter OB) of CNe (see Shara et al. 1986; Livio 1992a; Prialnik & Kovetz 1992) require low mass accretion rates (hereafter \dot{M}) during quiescence $(10^{-11}-10^{-9} M_{\odot} \text{ yr}^{-1})$. Only at these rates does the

material at the base of the H-rich envelope remain degenerate enough to ensure the observed strong "flash". Instead, the available observations of old novae indicate higher \dot{M} , of order $10^{-9}-10^{-8} M_{\odot} \text{ yr}^{-1}$. This apparent disagreement represents a disturbing problem in our understanding of the classical nova phenomenon (Prialnik & Kovetz 1992).

 \dot{M} is a fundamental parameter for our understanding of the evolution of CVs in general because these systems evolve under the effect of mass transfer. Angular momentum losses are required for mass transfer to occur at all (Hameury 1994). The standard paradigm of CV evolution assumes that angular momentum losses are driven by mechanisms such as magnetic wind braking (Verbunt & Zwaan 1981), dominating in systems with $P_{\rm orb} > 3$ h, and gravitational radiation (Paczyński 1967; King 1988), dominating in systems with $P_{\rm orb} < 3$ h, see also Spruit & Ritter (1983), Howell et al. (1997, 2001), Knigge (2006), and Knigge et al. (2011).

A major problem in the theory comes from the large spread (by at least one order of magnitude) in the mass transfer rates at a given orbital period (Patterson 1984; Warner 1995; Kolb 2001; Spruit & Taam 2001; Woudt et al. 2012). Explanations for this discrepancy requiring intermittent cycles produced by nova explosions (Shara et al. 1986) or by irradiation or mass loss effects (King et al. 1996) have been proposed.

It should be stressed, however, that reliable statements about \dot{M} – the *non plus ultra* of binary evolution according to Patterson (2011) – can be found only for objects with

^{*} Based mainly on INES data from the IUE satellite. Other UV data utilized in this paper were obtained from the Multimission Archive at the Space Telescope Science Institute (MAST), see Paper I. This work has made use of data from the European Space Agency (ESA) mission *Gaia* (https://www.cosmos.esa.int/gaia), processed by the *Gaia* Data Processing and Analysis Consortium (DPAC, https:// www.cosmos.esa.int/web/gaia/dpac/consortium). Funding for the DPAC has been provided by national institutions, in particular the institutions participating in the *Gaia* Multilateral Agreement.

well-determined distance and reddening, and by observations covering the satellite UV range (hereafter, simply UV) because the bulk of the accretion luminosity is emitted in this spectral region (Wade & Hubeny 1998). The homogeneous UV data on spectral energy distributions (SEDs) in Paper I are therefore of high relevance for this topic, and since old novae are (unlike other CVs, e.g., DNe) nearly stable accretors (Honeycutt et al. 1998; Retter & Naylor 2000; Puebla et al. 2007) their accretion luminosity and \dot{M} can be determined with higher precision.

We note that throughout this paper accretion rate is used to indicate the mass transfer rate through the disk (the one that we derive from the observed disk luminosity). Other kinds of accretion rates that may be at play in these systems, for example the mass-loss rate from the donor, the accretion rate on to the WD, or the mass loss from the disk (e.g., via a wind or outflow through the boundary layer) cannot be determined from our data, and should not be confused with the accretion through the disk.

In Paper I (Selvelli & Gilmozzi 2013), we studied all available UV spectra of old novae. This provided a homogeneous determination of several characteristics (and their errors) of the 18 objects in the sample: the reddening E(B - V), the SED (well described by a power law), and the total UV-integrated flux. Paper I concluded that the UV SED is associated to radiation emitted by an accretion disk, that the disk accounts for most of the observed UV and optical flux, and that the contributions by the WD and the cool companion are of second order. The data also indicated that the quiescent state of classical novae is characterized by a nearly constant UV luminosity over a time interval of decades.

In this paper we combine the results from Paper I with data in the literature to derive physical parameters, revisit some known relations (e.g., the MMRD) and determine precise values of for \dot{M} during the quiescence phase.

The second release of the *Gaia* data (Gaia Collaboration 2018) occurred while we were finalizing this paper and we decided to use the *Gaia* distances instead of the ones from HST/FGS or other parallax determinations (e.g., expansion) used earlier. The new distances mostly fall within the errors of the old ones, but with superior precision. We have propagated the new input to all derived physical quantities.

2. The basic parameters and their uncertainties

Table 1 contains the basic data for the novae of our sample obtained both from the literature (e.g., the magnitudes mv_{min} and mv_{max} , the rates of decline t_2 and t_3 , the orbital period *P*, the system inclination, and the time ΔT elapsed from the OB at time of the UV observations, etc.) and from Paper I (e.g., the reddening A_v and the UV-integrated flux distribution, etc). The orbital periods are mostly from Ritter & Kolb (2011). The orbital period of HR Lyr is quite uncertain; we adopted $P = 0.1^d$ from Leibowitz et al. (1995). For a discussion of the data regarding the system inclination see Sect. 8.

An important aspect of this paper is the determination of the uncertainties in the values of the basic physical quantities and their propagation to the final, most significant parameters, for example the accretion luminosity and \dot{M} . All basic and derived parameters in this study contain error bars. For the basic parameter data (mv_{\min} , mv_{\max} , t_3 , P_{orb} , etc.), we assumed as nominal value the average of the various values found in the literature (with some degree of personal judgement, e.g., in identifying multiple values in different old publications coming from the same source, sometime without attribution). We considered as "error bar" the semi-difference of their range; we are aware that

in doing so we are probably overestimating the errors, but using the range rms as if the values were homogenous and normally distributed did not appear to be warranted, and we preferred to follow McLaughlin (1941) precept of "erring on the side of conservatism" when dealing with error estimates.

We found in Paper I that the most important source of error in the estimate of the UV SED, which is fundamental for the calculation of the disk luminosity, derives from the uncertainty in the estimate of the reddening correction, since this quantity directly affects the value of the index α in the power-law approximation of the SED and, as a consequence, the λ -integrated flux. See Paper I for the relevant values.

A detailed description of the handling of the propagation of errors is in Appendix A.

2.1. A note on the fits in the figures

There are some figures showing correlations in this paper, and they include linear fits between variables (or their log). We have chosen to show both the direct (y vs. x) and inverse (x vs. y) fits (dotted lines) because in most instances it is not obvious which variable is the independent one and we felt that this way gives a clearer idea of the range of slopes. We also show Deming (1943) regressions (as dashed lines), which account for errors in both x and y and therefore are, in our opinion, more realistic than standard $1/\sigma_y^2$ weighted fits. The fit coefficients in the text refer to the Deming regressions.

Whenever possible, novae are identified in the figures by unique three-letter labels.

2.2. Comments on parameters derived from the WD mass

Physical parameters that depend on the WD mass are derived in this paper for two separate cases: that of an identical white dwarf mass ($M_{\rm WD} \equiv 1.0 M_{\odot}$) for all objects, and that of individual white dwarf masses, as determined from the literature and from the methods described in Sect. 10.

For clarity, the parameters are identified with subscripts $1 M_{\odot}$ or M_{WD} , respectively.

In this way we can explore the role played by the WD mass on the parameters depending on it, and check for possible bias associated to this assumption (in particular avoiding the possible degeneracy between the WD mass and the parameters, for example t_3 , used to derive it): if a correlation exists for the 1 M_{\odot} case it is highly unlikely that the one for the individual WD masses is due to parameter degeneracy.

3. The distances in Gaia Data Release 2

The *Gaia* Data Release 2 (Gaia Collaboration 2018) provides precise positions, proper motions, and parallaxes for an unprecedented number of objects, that is, more than 1.3 billion (Luri et al. 2018). Data for all 18 novae of our sample are contained in this release. Their uncertainties are in most cases below 20% and this would allow a simple inversion of the parallax to derive the corresponding distance. However, following the considerations contained in Luri et al. (2018) and Bailer-Jones et al. (2018), we avoided this "naive" approach, which is allegedly a biased and very noisy estimator and tends to overestimate the true distance. Therefore, the assumed distance values are the point distance estimates r_{est} in Table 1 of Bailer-Jones et al. (2018), contained in the table of geometric distance under the schema gaiadr2complements at the *Gaia* TAP service of the Astronomisches

Table 1. Data.

	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
Object	Р	ΔT	dist	<i>mv</i> _{max}	<i>mv</i> _{min}	t_3	t_2	A_V	incl	$\int_{1250}^{3050} F_{\rm IUE}$	$\int_{1100}^{6000} F_{\rm PL}$	$M_{ m WI}$
	(d)	(yr)	(pc)	(mag)	(mag)	(d)	(d)	(mag)	(rad)	(10^{-11} erg)	$cm^{-2} s^{-1}$)	(M _☉
V603 Aql	0.138	72	311 ± 7	-1.4 ± 0.2	11.7 ± 0.1	9 ± 2	5 ± 3	0.25 ± 0.06	0.26 ± 0.05	174 ± 25.4	270 ± 38	1.15 ± 0.15
T Aur	0.204	97	857 ± 38	4.2 ± 0.1	15.2 ± 0.3	100 ± 5	80 ± 3	1.3 ± 0.25	0.99 ± 0.14	25.2 ± 14.7	37.7 ± 21.1	0.7 ± 0.2
Q Cyg	0.42	113	1320 ± 43	3 ± 0.1	14.9 ± 0.6	11 ± 1	5 ± 1	0.81 ± 0.19	0.45 ± 0.16	7.3 ± 3.19	13.1 ± 5.5	1.13 ± 0.15
HR Del	0.214	20	932 ± 31	3.8 ± 0.5	12.1 ± 0.1	230 ± 4	160 ± 3	0.53 ± 0.06	0.7 ± 0.07	237 ± 34.5	356.9 ± 50	0.6 ± 0.1
DN Gem	0.128	78	1318 ± 146	3.5 ± 0.1	15.5 ± 0.5	37 ± 3	17 ± 2	0.53 ± 0.12	0.61 ± 0.17	5.3 ± 1.5	8.6 ± 2.4	0.93 ± 0.13
DQ Her	0.194	52	494 ± 6	1.35 ± 0.1	14.3 ± 0.3	94 ± 6	67 ± 4	0.16 ± 0.06	1.5 ± 0.03	2.8 ± 0.41	5.4 ± 0.7	0.66 ± 0.1
V446 Her	0.207	32	1308 ± 130	3 ± 0.1	16.9 ± 0.8	15 ± 2	6 ± 2	1.18 ± 0.12	0.99 ± 0.14	2.4 ± 0.70	3.4 ± 0.9	1.09 ± 0.15
V533 Her	0.148	23	1165 ± 44	3 ± 0.2	14.5 ± 0.5	44 ± 2	25 ± 2	0.09 ± 0.06	0.99 ± 0.1	6.8 ± 0.99	12.3 ± 1.7	0.95 ± 0.13
CP Lac	0.145	55	1129 ± 54	2.1 ± 0.1	15.5 ± 0.3	10 ± 1	5 ± 1	0.87 ± 0.19	1.05 ± 0.09	7.2 ± 3.1	11.7 ± 4.9	1.14 ± 0.13
DI Lac	0.544	80	1569 ± 51	4.6 ± 0.1	14.7 ± 0.3	40 ± 3	20 ± 2	0.81 ± 0.12	0.26 ± 0.17	16.4 ± 4.8	27.4 ± 7.7	0.91 ± 0.2
DK Lac	0.13	41	2296 ± 391	5.7 ± 0.3	16.8 ± 0.4	60 ± 15	40 ± 10	0.68 ± 0.19	0.72 ± 0.26	2.6 ± 1.1	3.6 ± 1.5	0.83±0.15
HR Lyr	0.1	71	4493 ± 684	6.5 ± 0.1	15.5 ± 0.3	80 ± 10	45 ± 7	0.56 ± 0.19	0.52 ± 0.26	3 ± 1.3	5.5 ± 2.3	0.78±0.15
BT Mon	0.339	51	1413 ± 97		15.8 ± 0.6			0.74 ± 0.19	1.45 ± 0.05	2.9 ± 1.3	4.4 ± 1.8	1.05 ± 0.1
GI Mon	0.18	72	2849 ± 460	5.4 ± 0.2	15.8 ± 0.8	30 ± 7	20 ± 5	0.31 ± 0.12	0.78 ± 0.26	1.9 ± 0.55	3.5 ± 1.0	0.95 ± 0.1
V841 Oph	0.601	139	805 ± 18	4.2 ± 0.3	13.5 ± 0.3	130 ± 10	54 ± 7	1.36 ± 0.19	0.52 ± 0.17	130 ± 56.7	198 ± 83	0.71 ± 0.13
GK Per	1.997	85	437 ± 8	0.2 ± 0.1	13.4 ± 0.4	13 ± 1	6 ± 1	1.05 ± 0.12	1.24 ± 0.09	11.9 ± 3.5	30.6 ± 8.9	1.0 ± 0.2
RR Pic	0.145	60	504 ± 8	2 ± 0.3	12 ± 0.2	250 ± 30	125 ± 20	0 ± 0.06	1.19 ± 0.09	72.4 ± 5.3	118 ± 16	0.62 ± 0.2
CP Pup	0.061	47	795 ± 13	0.4 ± 0.15	15 ± 0.5	8 ± 1	5 ± 1	0.62 ± 0.12	0.61 ± 0.26	9.8 ± 2.8	16.9 ± 4.7	1.16 ± 0.2

Notes. Values in italics for the WD masses in Col. 13 indicate the calibrators used in addition to V1500 Cyg. See also Sect. 8 for a discussion of individual values in Col. 10.

References. Basic data (Cols. 2–8 and 10) from: Bode & Evans (2008), Bruch & Engel (1994), Cohen & Rosenthal (1983), Collazzi et al. (2009), Diaz & Bruch (1997), Downes & Duerbeck (2000), Downes et al. (2001a,b), Duerbeck (1981, 1987), Kube et al. (2002), McLaughlin (1960), Ringwald et al. (1996), Ritter & Kolb (2011), Robinson (1975), Shafter (1997), Sparks et al. (2000), Strope et al. (2010), Warner (1985, 1987). Cols. 9, 11, and 12 from Paper I, Col. 13 from the present paper.

Rechen Institut (ARI)¹. The comparison between the $1/\pi$ and the r_{est} distance estimates indicates a progressive relative increase in the difference ratio $(1/\pi - r_{est})/r_{est}$ with larger distances, for example, from about 1% at 300 pc to about 10% near 3000 pc. It is worth noting that distances from the nebular expansion parallax for T Aur, V446 Her, V533 Her, and CP Lac are in fair agreement with *Gaia* distances

It is instead surprising, and worth reporting, that the *Gaia* distances of V603 Aql (311 ± 7) and DQ Her (494 ± 6) are in noticeable contrast with those derived from the HST-Fine Guidance Sensor, both ~25% lower at 249 ± 8 and 386 ± 31, respectively; see Harrison et al. (2013).

The *Gaia* r_{est} distances from Bailer-Jones et al. (2018), with the corresponding errors, are in Col. 4 of Table 1.

4. The nova magnitude at maximum

This quantity is derived from mv_{max} , Av, and the distance using the common relation $Mv_{\text{max}} = mv_{\text{max}} + 5 - 5 \log d - Av$. The three quantities on the right-hand side have uncertainties that are outlined below:

- $-mv_{max}$: Due to the uncertain definition of the peak visual magnitude. Here, the uncertainties are higher for objects with faster decline. For the peak magnitude we used the average of the values from the literature.
- -Av: Here one can find large uncertainties even for wellstudied objects, depending on the method adopted: that is, UV bump, IR maps, or Balmer decrement. We used the visual extinction Av (Paper I) from a homogeneous set of good-quality data, by the method of removal of the wide interstellar dust UV absorption bump centered around 2200 Å.

- Distance: The *Gaia* astrometric distances have errors that derive from the uncertainties in the parallax and possible systematic errors; see Bailer-Jones et al. (2018) and Riess et al. (2018) for details. In Table 1 we assumed as error the semidifference of $r_{est}^{upper} - r_{est}^{lower}$.

The derived values of Mv_{max} are reported in Col. 1 of Table 2. The average of the absolute magnitude at maximum for the novae in the sample (BT Mon excluded; see Sect. 11.2) is -7.51 ± 0.96 . This value is in excellent agreement with the results of Shafter et al. (2011) and Shafter (2013, 2017) who found -7.5 ± 0.8 for the average magnitude of Galactic novae.

5. The MMRD revisited with the new Gaia distances

The empirical relation between the absolute optical magnitude at maximum and the rate of decline t_n of a nova light-curve (MMRD) provides insight into the nova phenomenon (faster novae are intrinsically brighter than slower ones) and is a convenient method for estimating the distance of Galactic novae in the absence of other more direct estimates (although possibly not as relevant in the *Gaia* era). The MMRD gives an estimate of Mv_{max} , and hence the distance can be derived if the apparent magnitude at maximum, the t_n values, and the visual extinction are known. It should be stressed, however, that with *Gaia* the MMRD becomes better calibrated than ever before, making it an invaluable tool for extragalactic studies.

Since the pioneering work by Mclaughlin (1945) a number of MMRD relations for Galactic and extragalactic novae have been proposed by different authors (see della Valle & Gilmozzi 2002 for a review), the most recent ones being those of the S-shaped curve of della Valle & Livio (1995), and the linear relation of Downes & Duerbeck (2000). The first theoretical explanation of the MMRD relationship for CNe was proposed by Shara (1981). More recently, Hachisu & Kato (2006, 2007, 2010) proposed

¹ http://gaia.ari.uni-heidelberg.de/tap.html

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	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10
Object	<i>Mv</i> _{max}	$L_{\rm max}^{\rm bol}/L_{\rm Edd}$	$L_{\rm IUE}$	$L_{\rm disk}^{\rm ref}$	$\dot{M}_{1M_{\odot}}$	$\log \dot{M}_{1 M_{\odot}}$	$\dot{M}_{M_{ m WD}}$	$\log \dot{M}_{M_{ m WD}}$	$Mv_{\rm mir}^{\rm ref}$
	(mag)	$(L_{\rm Edd_1 M_{\odot}})$	(L_{\odot})	(L_{\odot})	$10^{-9} M_{\odot} \mathrm{yr}^{-1}$		$10^{-9} M_{\odot} \mathrm{yr}^{-1}$		(mag
V603 Aql	-9.11 ± 0.21	11.0 ± 2.2	5.23 ± 0.79	3.2 ± 0.5	1.69 ± 0.26	-8.77 ± 0.07	1.14 ± 0.52	-8.94 ± 0.20	4.92 ± 0.1
T Aur	-6.76 ± 0.28	1.26 ± 0.33	5.76 ± 3.40	8.9 ± 6.9	4.68 ± 3.60	-8.33 ± 0.33	10.1 ± 9.3	-8.00 ± 0.40	4.22 ± 0.5
Q Cyg	-8.41 ± 0.22	5.76 ± 1.21	3.96 ± 1.75	3.2 ± 1.4	1.68 ± 0.74	-8.77 ± 0.19	1.21 ± 0.73	-8.92 ± 0.26	4.30 ± 0.6
HR Del	-6.58 ± 0.50	1.06 ± 0.50	64.2 ± 10.2	59 ± 11	30.7 ± 5.9	-7.51 ± 0.08	81.6 ± 27.3	-7.09 ± 0.15	2.26 ± 0.1
DN Gem	-7.63 ± 0.28	2.80 ± 0.75	2.86 ± 1.04	2.5 ± 1.0	1.29 ± 0.54	-8.89 ± 0.18	1.52 ± 0.84	-8.82 ± 0.24	5.02 ± 0.6
DQ Her	-7.28 ± 0.12	2.02 ± 0.24	0.21 ± 0.03	6.5 ± 3.9	3.43 ± 2.05	-8.46 ± 0.26	7.77 ± 5.06	-8.11 ± 0.28	2.89 ± 0.6
V446 Her	-8.76 ± 0.26	7.96 ± 2.00	1.28 ± 0.45	1.9 ± 1.0	1.00 ± 0.51	-9.00 ± 0.22	0.80 ± 0.51	-9.10 ± 0.28	5.12 ± 0.9
V533 Her	-7.42 ± 0.22	2.31 ± 0.50	2.87 ± 0.47	5.2 ± 1.5	2.72 ± 0.80	-8.57 ± 0.13	3.07 ± 1.41	-8.51 ± 0.20	4.07 ± 0.5
CP Lac	-9.03 ± 0.23	10.2 ± 2.3	2.85 ± 1.27	5.7 ± 3.0	2.97 ± 1.58	-8.53 ± 0.23	2.07 ± 1.41	-8.68 ± 0.30	4.22 ± 0.4
DI Lac	-7.19 ± 0.17	1.86 ± 0.31	12.5 ± 3.8	7.8 ± 2.5	4.09 ± 1.30	-8.39 ± 0.14	5.07 ± 2.87	-8.29 ± 0.25	3.84 ± 0.3
DK Lac	-6.78 ± 0.51	1.29 ± 0.60	4.27 ± 2.37	3.7 ± 2.6	1.92 ± 1.36	-8.72 ± 0.31	2.86 ± 2.27	-8.54 ± 0.34	4.83 ± 0.6
HR Lyr	-7.32 ± 0.39	2.11 ± 0.77	18.9 ± 10.0	16.9 ± 10	8.82 ± 5.22	-8.05 ± 0.26	14.8 ± 10.3	-7.83 ± 0.30	2.42 ± 0.5
BT Mon			1.80 ± 0.82	24 ± 17.6	12.6 ± 9.2	-7.90 ± 0.32	11.1 ± 8.6	-7.95 ± 0.34	2.20 ± 0.8
GI Mon	-7.18 ± 0.42	1.85 ± 0.73	4.80 ± 2.08	6.0 ± 3.7	3.12 ± 1.96	-8.51 ± 0.27	3.52 ± 2.36	-8.45 ± 0.29	3.62 ± 0.9
V841 Oph	-6.69 ± 0.35	1.18 ± 0.40	26.2 ± 11.5	18.8 ± 9.7	9.85 ± 5.90	-8.01 ± 0.26	19.6 ± 12.5	-7.71 ± 0.28	3.36 ± 0.3
GK Per	-9.05 ± 0.16	10.4 ± 1.6	0.70 ± 0.20	4.1 ± 1.9	2.14 ± 0.99	-8.67 ± 0.20	2.14 ± 1.43	-8.67 ± 0.29	3.36 ± 0.5
RR Pic	-6.51 ± 0.30	1.00 ± 0.29	5.73 ± 0.45	18.1 ± 6.7	9.44 ± 3.51	-8.02 ± 0.16	23.7 ± 15.5	-7.62 ± 0.28	2.91 ± 0.3
CP Pup	-9.72 ± 0.19	19.2 ± 3.6	1.92 ± 0.56	1.8 ± 0.8	0.92 ± 0.40	-9.03 ± 0.19	0.61 ± 0.44	-9.22 ± 0.32	5.53 ± 0.0

Notes. For clarity in the table, the errors in the log values were computed as $\delta x/x$ even though the condition $\delta x \ll x$ is not always met.

a theoretical explanation of the general trend observed in the empirical MMRD curve, in the context of the "universal decline law" $Mv = 2.5 \log t_3 - 11.6$.

The validity of the MMRD relation for extragalactic novae, where the uncertainties in the distances are much lower, was confirmed by Darnley et al. (2006), Shafter et al. (2011, 2012), and Shafter (2013) from a photometric and spectroscopic study of a great number of novae in M 31, M 33, and the Large Magellanic Cloud. The peak nova luminosity appears clearly correlated with the rate of decline, that is, the more luminous novae generally fade the fastest.

Instead, Kasliwal et al. (2011), in a study of a more limited number of extragalactic novae found a subclass of faint and fast objects which fall below the MMRD relation. The presence of faint and fast extragalactic novae was confirmed by the observation of the recurrent nova M 31-12a (Darnley et al. 2015) and by the survey of novae in M 87 by Shara et al. (2017). Also, Cao et al. (2012), in a study of PTF- and Galex-based light curves of 29 novae in M 31, a subset of all the CNe in M 31, found significant scatter and a number of outliers in the MMRD distribution.

While some of this scatter is possibly due to the uncertainties in the determination of the visual extinction, in the case of Galactic novae there may be substantial uncertainties in the determination of distances from expansion parallaxes when the ejecta are not spherically symmetric (see Wade et al. 2000 for general considerations on this topic). Shore (2012, 2013, 2014) also pointed out the role played by the aspherical geometry of the ejecta near maximum light, with a range of opening angles and inclinations, on the observed scatter in the MMRD relation.

In view of the above, it is understandable that the availability of the new *Gaia* distances represents an irresistible temptation to test and recalibrate the MMRD relation using the data of our 17 novae with the reliable *Gaia* distances and the homogeneous E(B-V) values. We excluded BT Mon from this sample because of the uncertainties in its rate of decline, t_3 , and its mv_{max} value (see Sect. 11.2).

12), jitter and other fluctuations in the light curve, whose decline is rarely represented by a smooth curve (Strope et al. 2010; Burlak & Henden 2008). The t_3 values in Col. 7 of Table 1 were derived from the literature as our best estimates. As mentioned above, both the determination of the peak luminosity and that of t_3 is not a straightforward procedure, especially for objects with jitter in the light curve (see Burlak & Henden 2008; Strope et al. 2010

for details). Burlak & Henden (2008) derived the photometric parameter of their sample of novae from smoothed light curves that ignore small flares. Instead, Strope et al. (2010) in their classification of nova light curves choose to use the observed light curve and to use for t_3 the last time in the light curve for which the brightness was above the threshold. We also note that Strope et al. (2010) consider the jitter as "extra light" added onto the decline law.

The data in the MMRD diagram are affected by the uncer-

tainties in Mv_{max} discussed in Sect. 4, and by those in t_3 , that

is, the uncertainty on the exact time and value of the maximum

light and, because of its ambiguous definition, by the uncertainty

in estimating the magnitude at t_3 due to the frequent presence of

In our sample of stars, uncertainties associated with the presence of jitter are especially evident in RR Pic. In this case, we followed the method of Burlak & Henden (2008) and the procedure of Darnley et al. (2006) for novae in M 31 and derived the t_3 data from interpolation between points on the decline of the light curve, that is, from a smoothed curve between spikes, a method similar to the tracing of the continuum in a noisy spectrum. Careful examination of the first stages of the OB light curve of RR Pic, from the data published by Spencer Jones (1931) and Lunt (1926) led to an estimate of the maximum magnitude of close to 2.0, and to t_2 and t_3 values close to 125 and 250 days, respectively.

DK Lac is another object with an OB light curve characterized by jitter. The commonly reported value of t_3 in the literature varies between 24 and 32 days (Duerbeck 1981; Cohen 1985; Duerbeck & Seitter 1987; Downes & Duerbeck 2000). However, inspection of the original studies (see Ribbe 1951; Wellmann 1951; Bertaud & Baldet 1952; Larsson-Leander 1954) indicates that these t_3 values derive from an arbitrary extrapolation of the peak magnitude to a value about 0.5 mag brighter. Instead, Strope et al. (2010), based on AAVSO observations, give an exceptionally long t_3 value of 202 days. This probably derives from their treatment of the presence of jitter. In our estimate, by adopting a method similar to that described above, we derived a t_3 value of 60 ± 15 days, intermediate between the two extremes.

For the recalibration of the MMRD relation we adopted the $Mv - \log t_3$ "universal" decline law relation. The new MMRD (Fig. 2) is

$$Mv_{\rm max} = (2.12 \pm 0.20) \cdot \log t_3 - 11.08 \pm 0.33. \tag{1}$$

Even with only 17 data points this MMRD has a tight correlation (r = 0.93, rms = 0.38 mag) and thanks to the superior precision of the *Gaia* distances, confirms that the linear fit between $\log t_3$ and Mv_{max} is the appropriate functional dependence. We believe that this result strengthens the validity of the universal decline law as the correct description of the MMRD.

While the current paper was very close to submission, a study on nova distances and MMRD appeared (Schaefer 2018) in which the author concludes that the MMRD relation is too poor and should no longer be used.

We note here that out of our sample of 18 objects, 15 are in common with the larger sample of Schaefer (2018) and that for 10 of these objects our parameter values are close to those of Schaefer. For V603 Aql and V446 Her we have different mv_{max} , while for V446 Her, DK Lac, and RR Pic we have different t_3 values. As explained above, our mv_{max} and t_3 values come from careful examination of many sources in the literature data (including Strope et al. 2010) and all contain error bars, unlike those in Schaefer (2018). The difference in the t_3 values may perhaps be explained by the different method to estimate t_3 when jitter is present (as in the case e.g., of DK Lac and RR Pic).

Unlike Schaefer (2018) we have not included BT Mon in our MMRD because of the uncertainty in its mv_{max} and t_3 values (see Sect. 11.2 for a more detailed discussion). Schaefer instead included BT Mon in his "gold" sample, declared it a "confident outlier" and used it as a particularly clear example against the MMRD.

6. The absolute magnitude 15 days after maximum

Buscombe & de Vaucouleurs (1955) noted that about 15 days after maximum all novae have an absolute magnitude (Mv_{15}) close to -5.2 ± 0.1 , independent of the speed class. More recent studies are those of Pfau (1976; $Mb_{15} = -5.74 \pm 0.60$), Cohen (1985; $Mv_{15} = -5.60 \pm 0.45$), van den Bergh & Younger (1987; $Mv_{15} = -5.23 \pm 0.16$), Capaccioli et al. (1989; $Mv_{15} = -5.69 \pm 0.42$) and Downes & Duerbeck (2000; $Mv_{15} = -6.05 \pm 0.44$).

Ferrarese et al. (2003), using extragalactic novae in M 49, derived $Mv_{15} = -6.36 \pm 0.43$. Darnley et al. (2006), using the POINT-AGAPE microlensing survey of M 31, derived $Mr_{15} =$ -6.3 ± 0.9 and $Mi_{15} = -6.3 \pm 1.0$, for the SLOAN r' and i' filters, but because of the large scatter concluded that there was no evidence of a M_{15} relationship. Very recently, Shara et al. (2018), from a HST survey for novae in M87, found instead support for the M_{15} relation and derived $Mv_{15} = -6.37 \pm 0.46$.

Following a welcome suggestion by the referee we recalibrated the Mv_{15} relation using 17 Galactic novae of our sample (BT Mon excluded) with *Gaia* DR2 distances, homogeneous reddening correction from our UV-based study (Paper I),

Table 3. Apparent and absolute magnitude 15 days after maximum.

Object	mv_{15}	Mv_{15}
V603 Aql	2.7 ± 0.2	-5.01 ± 0.22
T Aur	4.8 ± 0.3	-6.17 ± 0.40
Q Cyg	6.0 ± 0.4	-5.41 ± 0.45
HR Del	5.1 ± 0.2	-5.28 ± 0.22
DN Gem	5.8 ± 0.4	-5.33 ± 0.48
DQ Her	2.5 ± 0.1	-6.13 ± 0.12
V446 Her	6.0 ± 0.2	-5.76 ± 0.32
V533 Her	4.3 ± 0.2	-6.12 ± 0.22
CP Lac	5.6 ± 0.2	-5.53 ± 0.29
DI Lac	6.0 ± 0.2	-5.79 ± 0.25
DK Lac	7.6 ± 0.3	-4.89 ± 0.51
HR Lyr	8.0 ± 0.3	-5.82 ± 0.48
GI Mon	7.7 ± 0.3	-4.88 ± 0.48
V841 Oph	5.0 ± 0.3	-5.89 ± 0.36
GK Per	3.3 ± 0.2	-5.95 ± 0.24
RR Pic	3.1 ± 0.2	-5.41 ± 0.21
CP Pup	4.7 ± 0.2	-5.42 ± 0.24

Notes. For the origin of the data, see text in Sect. 6. Absolute magnitudes derived using data of Table 1.

and mv_{15} data from the literature. For 11 objects the mv_{15} values are from Cohen (1985), Downes & Duerbeck (2000), and the compilation by Kantharia (2017). For the remaining 6 objects (Q Cyg, DN Gem, DI Lac, HR Lyr, GI Mon, V841 Oph) the mv_{15} data are derived from the light curves by Shapley (1933), Cecchini & Gratton (1942), Gaposchkin (1957), and McLaughlin (1960). We also used the AAVSO light curves, and additional information from Duerbeck (1987) and Shara et al. (1989). For the choice of the final values and the estimate of the errors, for which no information is given in the literature, we have taken into consideration the uncertainties in mv_{max} and its timing, and the scatter in the light curves, to derive conservative estimates of the errors.

Column 2 of Table 3 gives mv_{15} with associated uncertainties (typically 0.2–0.3 mag). The Mv_{15} values with their final errors (propagated from the relevant data in Table 1) are in Col. 3. The arithmetic mean is $Mv_{15} = -5.58 \pm 0.41$, while the weighted one is $Mv_{15} = -5.71 \pm 0.40$. A comparison with earlier data should be made using the first value since all previous averages were arithmetic ones.

We note that:

- 1. The small error of the mean (~0.40 mag) lends support to the use of Mv_{15} as a standard candle for Galactic novae.
- 2. Our average values are quite close to those of previous Mv_{15} estimates based on Galactic novae, in spite of the less reliable values for distance and A_v used in those studies.
- 3. Our average is substantially different from that of Shara et al. (2018) for novae in M 87 (-6.37 ± 0.46) and of Ferrarese et al. (2003) for novae in M 49 (-6.36 ± 0.43). In fact, none of our objects have an individual value as high as the average of either study. This may indicate possible issues with the distances to the two galaxies, or suggest some systematic differences between the properties of extragalactic CNe and those of our galaxy.
- 4. Our average value is close to the theoretical values derived by Hachisu & Kato (2015) for 0.7–1.05 M_{\odot} WDs using their "CO nova 4" models ($Mv_{15} = -5.4 \pm 0.4$) and for 0.7–1.3 M_{\odot} WDs with the "Ne nova 2" ones ($Mv_{15} = -5.6 \pm 0.3$).

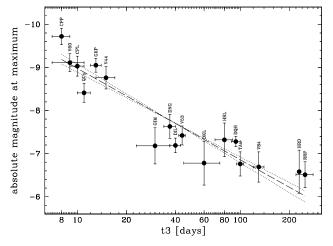


Fig. 1. A revision of the MMRD relation, using the new distances from *Gaia* DR2. See Sect. 2.1 for explanation of the fit lines.

7. The luminosity at maximum and the Eddington limit

It is generally assumed that the maximum emitted luminosity by a self-gravitating object in hydrostatic equilibrium cannot exceed L_{Edd} . However, nature has somehow found a way to circumvent this restriction and novae are well studied systems exhibiting super-Eddington luminosities for a relatively long period close to maximum light. See Hayes et al. (1990), Shaviv (1998), and Kato & Hachisu (2007) for general considerations.

The bolometric luminosity at maximum can be derived from $(Mv_{\text{max}} + \text{BC})$, where we use a bolometric correction of -0.15 ± 0.05 which is intermediate between the values commonly found in the literature (-0.25, Duerbeck 1981; -0.1, Livio 1994; -0.10, Duerbeck 1992a,b). Subsequently, $L_{\text{max}}^{\text{bol}}$ is computed using the standard relation $L_{\lambda} = 3.03 \times 10^{(35-0.4 M_{\lambda})}$. We note that the caveats in Sect. 5 on the sources of errors and uncertainties in the determination of Mv_{max} and t_3 apply here as well.

The value of $L_{\rm Edd}$ can be estimated using the relations given by MacDonald (1983), $L_{\rm Edd} = 2.5 \times 10^{38} (1 + X)^{-1} M_{\rm WD} \,{\rm erg \, s^{-1}}$, or by Warner (1995) and Shaviv (1998), $L_{\rm Edd} = 6.5 \times 10^4 M_{\rm WD} (1 + X)^{-1} L_{\odot} \,{\rm erg \, s^{-1}}$, where $M_{\rm WD}$ is in units of M_{\odot} and X is the hydrogen mass fraction. For X = 0.7 and $M_{\rm WD} = 1 M_{\odot}$, $L_{\rm Edd} \sim$ $1.4 \times 10^{38} \,{\rm erg \, s^{-1}}$. Iben & Tutukov (1984) give a slightly different relation: $L_{\rm Edd} = 4.6 \times 10^4 (M_{\rm WD} - 0.26) L_{\odot}$ that gives $L_{\rm Edd} \sim$ $1.31 \times 10^{38} \,{\rm erg \, s^{-1}}$ for a $1.0 M_{\odot}$ white dwarf.

In the following we adopt 1.4×10^{38} erg s⁻¹ for the average Eddington luminosity of a $1.0 M_{\odot}$ WD. Using the relation by Warner (1995) and Shaviv (1998), $L_{\rm Edd}$ was also computed for individual WD masses. Column 3 of Table 2 gives $L_{\rm max}^{\rm bol}/L_{\rm Edd}$ ratios for $M_{\rm WD} = 1 M_{\odot}$.

All objects appear super Eddington, with a clear dependence of the ratio on the speed class, fast objects being strongly super-Eddington; see also Yaron et al. (2005). For $L_{Edd}(1 M_{\odot})$ the ratio varies from ~19.2 for the fastest objects, for example CP Pup ($t_3 \sim 8$ days), to ~1.0 for the slowest novae, for example HR Del ($t_3 \sim 230$ days). The corresponding ratios for $L_{Edd}(M_{WD})$ are 16.6 and 1.1.

A clear correlation exists between $L_{\text{max}}^{\text{bol}}/L_{\text{Edd}}$ and $\log t_3$ (see Fig. 2) whose fits (computed as described in Sect. 2.2) give:

$$\log(L_{\rm max}^{\rm bol}/L_{\rm Edd})_{1\,M_{\odot}} = -0.84 \pm 0.08 \, \log t_3 + 1.83 \pm 0.14, \qquad (2)$$

$$\log(L_{\rm max}^{\rm bol}/L_{\rm Edd})_{M_{\rm WD}} = -0.64 \pm 0.09 \ \log t_3 + 1.56 \pm 0.15.$$
(3)

Fig. 2. Correlation between the bolometric luminosity at maximum (in units of Eddington luminosity) and the speed class t_3 . *Top panel*: L_{Edd} computed using individual WD masses. *Bottom panel*: L_{Edd} computed using $M_{WD} = 1 M_{\odot}$ for each nova.

The fact that such a definite relation exists could appear as trivial, because $L_{\text{max}}^{\text{bol}}$ is tightly associated to Mv_{max} , L_{Edd} is proportional to M_{WD} , i.e., almost a constant (~0.9 ± 0.2), and the MMRD is a relation between Mv_{max} and t_3 . However, while the MMRD "describes" the fact that faster novae are brighter in a way common to all, $L_{\text{max}}^{\text{bol}}/L_{\text{Edd}}$ vs. t_3 (thanks to the new *Gaia* distances) also gives physical information: it confirms that all novae are super-Eddington, the more so the faster they are.

8. The absolute magnitude at minimum

The absolute magnitude at minimum is derived from the apparent magnitude mv_{min} using the common relation $Mv_{min} = mv_{min} + 5 - 5 \log d - A_v$.

Warner (1986, 1987) defined this Mv_{min} as the apparent absolute magnitude since in CVs the observed flux depends on the system inclination angle.

Assuming that the visual radiation originates in a nonirradiated disk (see the results of Paper I), the "apparent" absolute magnitude Mv^{obs} must be corrected for the inclination angle of the disk (see Warner 1987) by a term $\Delta Mv(i)$ to obtain an absolute magnitude averaged over all directions, variously defined as the "standard", "reference", or "average" absolute magnitude (we use "reference" in the following):

$$Mv^{\rm ref} = Mv^{\rm obs} - \Delta Mv(i), \tag{4}$$

where $\Delta Mv(i) = -2.5 \log[(1 + 1.5 \cos i) \cos i]$ according to Warner (1987). This relation is derived from a more general λ dependent prescription of Paczynski & Schwarzenberg-Czerny (1980) in the specific case of a limb-darkening parameter $f^{-1} \sim 0.6$ for the V region (see Sect. 9). The $\Delta Mv(i)$ correction accounts for both geometrical and limb-darkening effects.

The visual reference magnitude would correspond to the "apparent" one if viewed at an angle of about 57°.

The correction for inclination to be applied to the apparent visual magnitude can reach -5 mag for systems seen at high inclination angles (eclipsing objects) while that for systems seen nearly pole-on is of about +1 mag.

Regrettably, the system inclination angle is, in general, not accurately determined, except for the few systems that exhibit definite or grazing eclipses. It is a fortunate circumstance, however, that the correction for inclination is critical only for systems with high inclination (eclipses) while it is not so critical for systems with uncertain (i.e., mid or low) inclination.

The adopted values for the inclination (see Table 1) are mostly from the compilation by Ritter & Kolb (2011), complemented with other information from the literature, i.e., Warner (1987), Duerbeck (1992a,b), Downes & Duerbeck (2000), Peters & Thorstensen (2006), Puebla et al. (2007), and Darnley et al. (2012). We assumed our best estimate from the various values in the literature as the nominal value of i, with an indicative "error" given by half the range of values. The errors extend to ±15 degrees for systems with uncertain inclination. A typical magnitude range associated with this error depends on the inclination, and varies between 0.5 (i = 30) and 0.9 mag (i = 45).

Column 10 of Table 2 gives the reference absolute magnitude Mv_{\min}^{ref} whose average value is 3.88 ± 1.01 . The intrinsically most luminous object in quiescence is BT Mon.

Comments on the inclination of individual objects

V446 Her, CP Lac, Q Cyg, DK Lac, HR Lyr and GI Mon lack reliable inclination values from the literature. However, from the absence of eclipses one can set an upper limit of about 60° for *i*. In a few cases, in order to derive an estimate of *i* we employed the method of Warner (1986), who pointed out that a definite correlation exists between the system inclination angle and the equivalent width of the hydrogen and helium emission lines observed in quiescence. Comments on individual objects are below.

- 1. In the case of V446 Her, an additional constraint comes from the high K1 value (about 106 km s^{-1}) reported by Thorstensen & Taylor (2000). Inserting this value in the mass function, with P = 0.207, $M_{WD} = 1.09$, $M_2 = 0.46 M_{\odot}$ (from the Period– M_2 relation, see Knigge 2006; Selvelli et al. 2008) one derives that $i \sim 57$ (i = 55 if $M_{WD} = 1.0$). We adopted $57 \pm 8^{\circ}$.
- 2. For CP Lac, similar considerations are based on the K1 value (about 100 km s⁻¹) reported by Peters & Thorstensen (2006). Inserting this K1 in the mass function, with P = 0.145, $M_{\rm WD} \sim 1.0$, $M_2 = 0.26 M_{\odot}$ one derives *i* values in the range 55–65 degrees, with a limited range for reasonable $M_{\rm WD}$ values. Smaller values of *i* would require unlikely small values of K1, less than 80 km s⁻¹, not compatible with the observed RV amplitude. We therefore adopted $i = 60 \pm 5^{\circ}$. This agrees with the possible detection of shallow eclipses in the light curve from time-resolved photometry of the system (Rodríguez-Gil & Torres 2005).
- 3. For Q Cyg, Warner (1987) gives $i \sim 50$, while Peters & Thorstensen (2006) give $i \sim 26 \pm 9$. The optical spectrum of Ringwald et al. (1996) shows weak H-alpha emission. We adopted $26 \pm 9^{\circ}$.
- 4. For DK Lac we adopted 41 ± 15 from Takei et al. (2013) and Honeycutt et al. (2011).

- 5. For HR Lyr we adopted 30 ± 15 based on the Warner (1987) estimate (0–30) and on the presence, although not prominent, of H and helium emission lines in the spectrum (Harrison et al. 2013).
- 6. For GI Mon we adopted 45 ± 15 . The optical spectrum (see Bianchini 1991; Bianchini et al. 1992; Liu & Hu 2000) shows weak hydrogen and HeII 4686 emission lines. A recent SALT spectrum of GI Mon (Tomov et al. 2015) also shows weak HeII 4686 and H-beta emission lines. The equivalent width of H-alpha suggests a moderately low inclination. This seems confirmed by the presence of modulations in the light curve (Woudt et al. 2004).
- 7. The inclination of V841 Oph is also uncertain: Diaz & Ribeiro (2003) give a wide possible range (38 ± 30) while Peters & Thorstensen (2006) give 30 ± 10 ; we adopted the latter value.

9. The UV and optical disk luminosity

One of the main results of Paper I was the observational confirmation that the UV flux, whose SED is well described by a single power-law (PL) distribution, comes from an accretion disk that accounts also for the observed optical flux.

Therefore, one can estimate the total disk flux, or at least provide a reliable (lower) limit for the sum of the UV and optical contributions by integrating the power law from 1100 to 6000 Å.

We reiterate, from Paper I, that the PL indexes were derived using the Cardelli et al. (1989) reddening correction and that the difference between the actual UV flux distribution and the corresponding PL approximation is small. We also found that the observed optical magnitude agrees with the extrapolation of the PL to the V band, although on average mv_{obs} is ~0.17 mag fainter than mv_{PL} , which we interpreted as due to the fact that the V light comes from the external region where the disk starts to be optically thin or has a physical edge. Alternatively it could be due to the presence of a Balmer jump, although one is not visible in the 1000–9000 Å spectrum of V603 Aql; see Fig. 15 of Paper I.

We therefore used the method described above to estimate the total flux of the disk and to derive its luminosity using the *Gaia* distances of Table 1.

We neglected the IR contribution to the disk luminosity by truncating the integral of the PL at 6000 Å. This is justified by the considerations above. In any case the PL contribution to this range would be small.

The UV correction for the disk inclination

If the observed SED (or its PL approximation) derives from a disk, a correction for inclination similar to that introduced in Sect. 8 for the visual magnitude is required. As mentioned there, Paczynski & Schwarzenberg-Czerny (1980) derived a general relation for the correction of the observed disk luminosity for *i*-related limb darkening and geometrical factors. The reference disk luminosity is

$$L_{\rm ref}^{\rm disk} = L_{\rm obs}^{\rm disk} f_{\lambda}^{-1}(i), \tag{5}$$

where

$$f_{\lambda}^{-1}(i) = \left(\left((1 - u_{\lambda} + u_{\lambda} \cos(i)) / (0.5 - u_{\lambda}/6) \right)^{-1} \right).$$
(6)

Here u_{λ} is the limb darkening coefficient, whose values vary from 0.2 (IR), 0.6 (V), and 0.8 (UV), up to 1.0 (far UV). Limb darkening is an important effect, especially for flat objects such

as accretion disks, and is especially important in the UV; see Diaz et al. (1996) for relevant considerations.

For physical reasons and for the sake of homogeneity in the treatment of the error propagation, rather than using separately the approximate coefficient in the relevant wavelength range, we chose to use the general equation of Paczynski & Schwarzenberg-Czerny (1980) with a limb-darkening coefficient that linearly varies with wavelength:

$$u(\lambda) = 0.85 - 4.1667 \times 10^{-5} \,\lambda,\tag{7}$$

where the two constants were derived by imposing u(1200) = 0.8 and u(5500) = 0.6. Equation (4) can also be re-written as :

$$L_{\rm ref}^{\rm disk}/L_{\odot} = 3.116 \times 10^4 \, d^2 \int_{1100}^{6000} F_{\lambda} f_{\lambda}^{-1}(i) \, \mathrm{d}\lambda,$$
 (8)

where *d* is from Table 1, $f_{\lambda}^{-1}(i)$ is given by Eq. (5), $F_{\lambda} = A \lambda^{-\alpha}$, and the constants *A* and α are determined from the PL approximation to the observed UV flux, as described in Paper I.

Columns 4 and 5 of Table 2 give, separately, the UV $\lambda\lambda$ 1250–3100 luminosity, as derived from the IUE reddening corrected λ -integrated flux, and the total *i*-corrected UV+optical disk luminosity as derived from Eq. (7).

10. The white dwarf mass and radius

A basic paradigm in the theoretical interpretation of the nova phenomenon (Starrfield et al. 1985; Livio et al. 1986; Shara 1989; Truran & Livio 1989; Livio 1994; Bode & Evans 2008) is that the OB characteristics, that is, the luminosity at maximum, the decline of the nova light curve (speed class), the mass of the ejecta, the outflow velocities, the OB recurrence time, and so on, depend primarily on the WD mass, and more weakly on other physical parameters like \dot{M} , the chemical composition of the accreted material, the temperature of the WD, magnetic fields, mixing processes in the WD, and so on (see also Yaron et al. 2005; Townsley & Bildsten 2005; Kato & Hachisu 2007; Kato et al. 2013).

The white dwarf mass M_{WD} (with its associated radius R_{WD}) plays an important role also in quiescence because the ratio R_{WD}/M_{WD} explicitly appears in the relation between \dot{M} and the accretion luminosity; see the following section.

Regrettably, M_{WD} is not accurately known by direct observations because of the several and severe problems one encounters in determining the primary mass and other system parameters from the observed radial velocity curves. One example is that the velocities may not be those of the star(s), for example if they originate in or above the disk (see Wade & Horne 1988; Thorstensen et al. 1991; Marsh & Duck 1996).

Due to the fact that reliable determinations of M_{WD} are only available for a few of our novae, and that even a rough estimate of M_{WD} is helpful to more accurately determine the nova OB and quiescent characteristics, we made an effort to derive the masses of the remaining objects using both a semi-empirical and an empirical approach.

Livio (1992b) derived a theoretical relation between t_3 and M_{WD} (his Eq. (12): $t_3 = A X^{-1} (X^{-2/3} - X^{2/3})^{3/2}$, where $X = M_{WD}/1.433$). The relation was calibrated using only the WD mass of V1500 Cyg, i.e., $1.25 M_{\odot}$, to derive A = 51.3.

Using data from Ritter & Kolb (2011) and additional literature (Horne et al. 1993; Arenas et al. 2000; Rodríguez-Gil & Martínez-Pais 2002; Smith & Vande Putte 2006; Hachisu & Kato 2007) on M_{WD} for the seven calibrators (V603 Aql, T Aur, HR Del, DQ Her, V533 Her, GK Per, V1500 Cyg) with

the "best", though admittedly not completely satisfactory, determinations of the primary mass, we assumed the shape of the relation to be correct and recalibrated the constant A in Livio's equation. The results are only partly satisfactory because the derived value of the constant A is relatively uncertain: 70 ± 20 . However, this range in A corresponds to uncertainties of about $\pm 0.1 \ M_{\odot}$ for the WD mass, a result that we consider acceptable.

In a different approach, we fitted the data of the seven calibrators with a simple linear regression of the form $M_{WD}(t) = a + b \log t$ for both t_2 and t_3 . The results give a = 1.384, b = -0.367 for t_2 , and a = 1.488, b = -0.388 for t_3 .

There is satisfactory agreement between the three methods. In the following we take the average of these three determinations as the value of $M_{\rm WD}$ for the objects without a direct $M_{\rm WD}$ estimate (see Col. 13 of Table 1, where the calibrators masses are in italics). We adopted as error bars the half difference between the minimum and maximum values.

We have not used as calibrator the reliable $M_{\rm WD}$ estimate of the eclipsing object BT Mon ($M_{\rm WD} = 1.05 M_{\odot}$) because regrettably and as mentioned above its t_3 value is poorly determined.

We recall that the observed white dwarf mass distribution M_1 in CVs is in the range 0.8–1.2 M_{\odot} , but see Wijnen et al. (2015), and considerations therein on possible selection effects and on the contrast with the standard theoretical scenario. In particular, Smith & Dhillon (1998) give 0.85 ± 0.05 M_{\odot} , Nelson et al. (2004) give 0.95 ± 0.05, Savoury et al. (2011) found 0.81 ± 0.04, Littlefair et al. (2008) give $M_{WD} \sim 0.8$, Zorotovic et al. (2011) give 0.83 ± 0.23, while Yuasa (2012) give $M_{WD} \sim 0.88 \pm 0.24$ in nonmagnetic CVs.

Instead, the white dwarf mass in classical nova systems, as estimated by nova frequency, is $\sim 1.04-1.24 M_{\odot}$ (Ritter et al. 1991). This led Ritter et al. (1991) to conclude that classical novae are a special sample of CVs, not representative of the intrinsic properties of CVs. We will return to this in Paper III where we will revisit the nova paradigm in light of correlations we found among the nova parameters.

One limitation of our sample of CNe, based as it is on the availability of good UV spectra, is that it cannot say anything about the highest-mass WDs and their more extreme outcomes (our highest WD mass being $1.16 \pm 0.2 M_{\odot}$).

The radius of the white dwarf

The radius R_{WD} of the white dwarf enters in the relation between the disk luminosity and \dot{M} . A theoretical nonrelativistic approximation of the relation between R_{WD} and M_{WD} gives $R_{WD} \sim M_{WD}^{-1/3}$. More accurate relations between R_{WD} and M_{WD} were proposed by Hamada & Salpeter (1961), Nauenberg (1972), Politano et al. (1990), Cannizzo (1994), Panei et al. (2000), Wade & Hubeny (1998), and Madej et al. (2004).

For this work we adopted the Nauenberg (1972) analytical relation, which is convenient for the calculations of the propagation of the uncertainties associated with M_{WD} :

$$R_{\rm WD} = 0.0115 \cdot (X^{-2/3} - X^{2/3})^{1/2} \tag{9}$$

where $X = M_{WD}/1.433$. This relation agrees well with previous and recent estimates of M_{WD} and R_{WD} . We have slightly modified the original constant (0.0112) given by Nauenberg in order to provide $R_{WD} = 8 \times 10^{-3} R_{\odot}$ in the case of a WD with $M_{WD} = 1 M_{\odot}$, as suggested by Panei et al. (2000), Althaus et al. (2013), Barstow et al. (2015), and Barstow et al. (2017).

11. The mass accretion rate

The calculation of this parameter, fundamental for our understanding of CV evolution, requires prior knowledge of the system distance, the *i*-corrected accretion flux, and the mass and radius of the primary, that is, the values of all parameters being affected by uncertainties.

In principle, \dot{M} can also be estimated from a comparison between the observed spectral distribution and that of synthetic models; see for example Wade & Hubeny (1998). In this case one compares the reddening-corrected (far UV) SED with that of accretion-disk models to derive the \dot{M} , the distance, and the inclination. However, accretion-disk modeling has not yet reached the sophistication of stellar-atmosphere modeling and since the number of parameters in any disk model is rather large, the fitting of the data to the models does not generally provide unequivocal results.

For this reason, and especially for the availability of precise *Gaia* distances, we preferred an approach based on the observed UV (and optical) luminosity, after careful treatment of the various uncertainties and their propagation.

11.1. M from the disk luminosity

In this section we confidently assume that in the quiescent state between OBs most of the observed UV and optical luminosity derives from an accretion disk heated by viscous dissipation of gravitational energy. Generally, the disk emission of a cataclysmic variable dominates in the UV decreasing at longer wavelengths. We note that CVs have additional radiation sources to the accretion disks itself: for example the white dwarf, the red dwarf, the hot spot, and the boundary layer. However in systems with high \dot{M} the disk is the dominating radiation source in the UV and optical ranges (Patterson 1984; Szkody 2008).

In this case, the estimate of \dot{M} is not model dependent but requires knowledge of the *i*-corrected disk luminosity $L_{\rm disk}^{\rm ref}$, and of $M_{\rm WD}$ and $R_{\rm WD}$. If these are known, \dot{M} can be calculated from the accretion luminosity:

$$\dot{M} = 2R_{\rm WD} L_{\rm disk}^{\rm ref} / (GM_{\rm WD}), \tag{10}$$

where it is assumed that half of the gravitational potential energy of the accreting material is liberated through viscosity in the accretion disk, the other half being released in the boundary layer between the innermost disk and the surface layer of the white dwarf (Prialnik et al. 1989; Frank et al. 2002).

In general, most of the disk accretion luminosity is emitted in the IUE UV range, while the boundary layer mostly radiates in the EUV and X-rays. Radiation at wavelengths short of $Ly\alpha$ is strongly absorbed and the energy is redistributed to longer wavelengths (Nofar et al. 1992).

Numerically, \dot{M} can be represented by

$$\dot{M} = 5.23 \times 10^{-10} \phi \ L_{\rm disk}^{\rm ref} / L_{\odot},$$
 (11)

where $\phi = 125 R_{WD}/M_{WD}$, with radius and mass in solar units.

The "efficiency" of accretion (i.e., the luminosity associated with a given \dot{M}) is strongly dependent on the compactness of the accreting object: the higher the ratio $M_{\rm WD}/R_{\rm WD}$, the greater the efficiency. In other words, for a given disk luminosity, \dot{M} will be lower in systems with a massive white dwarf.

The parameter ϕ gives the inverse efficiency in converting \dot{M} into luminosity. Clearly, this efficiency is greater than one in objects with $M_{\rm WD}$ less than $1 M_{\odot}$ and lower in objects with higher $M_{\rm WD}$ values. For a $1-M_{\odot}$ WD, $R_{\rm WD}$ is $\sim 8.0 \times 10^{-3} R_{\odot}$ and $\phi = 1.0$.

Columns 6–9 of Table 2 give \dot{M} separately for $M_{\rm WD} = 1 M_{\odot}$ and for individual $M_{\rm WD}$ values.

In particular for V603, HR Del, and RR Pic, the derived value for \dot{M} can be considered as very reliable because for these three objects, besides precise *Gaia* distances, we have access to high-quality UV spectra with high S/N ratios, accurate extinction correction close to zero, and reliable estimates of the system inclination.

To compare our \dot{M} values with the averages in the literature we prefer to use the median of the distribution rather than the mean because the number of points is not large, and there is no clear evidence to assume a normal distribution. One advantage of the median is that it is a more robust estimator than the mean as it is less sensitive to "outliers" in the distribution (Mana 2016; Bonamente 2013).

The median of $\dot{M}_{1M_{\odot}}$ is $3.05 \times 10^{-9} M_{\odot} \text{ yr}^{-1}$ (log $\dot{M}_{1M_{\odot}} = -8.52$), while the median of $\dot{M}_{M_{WD}}$ is $3.29 \times 10^{-9} M_{\odot} \text{ yr}^{-1}$ (log $\dot{M}_{M_{WD}} = -8.48$). These median values for \dot{M} are comparable to the average value (~-8.3) of log \dot{M} for novae only as given in Fig. 7 of Patterson (1984). It is worth noting that in that same figure the two objects with the highest \dot{M} in our sample (HR Del and BT Mon) were definite "outliers" due to their high \dot{M} .

Our median \dot{M} values are lower that the average $\dot{M} = 1.3 \times 10^{-8} M_{\odot} \text{ yr}^{-1}$ for quiescent novae found by Puebla et al. (2007) using accretion-disk models. They are also lower than the value (~10⁻⁸) found for CVs monitored immediately before or after a nova OB (Iben et al. 1992). This result seems to attenuate the need for the hibernation conjecture (Shara 1989) to interpret the nova phenomenon. One of the motivations at the origin of the hibernation idea was the alleged presence, in post novae, of a disturbingly high \dot{M} , of the order of $5 \times 10^{-8} M_{\odot} \text{ yr}^{-1}$.

11.2. Comments on individual objects

HR Del. Hr Del is an outlier in the sample, with \dot{M} higher by about one order of magnitude compared to the average value of the other objects in the sample. The high \dot{M} is close to the value $(10^{-7} M_{\odot} \text{ yr}^{-1})$ that would correspond to the steadyburning regime (see Fujimoto 1982; Nomoto 1982; Nomoto et al. 2007; Bode & Evans 2008). The reason for this continuing activity is not clear, but continuing weak thermonuclear burning may be involved (Friedjung et al. 2010). This peculiar behavior was pointed out by Selvelli & Friedjung (2003) who interpreted the presence of a strong P Cyg profile in the CIV λ 1550 resonance doublet as indicative of a strong steady outflow driven by the high disk luminosity.

V446 Her. V446 Her was considered as a low-mass transfer system (Tappert et al. 2013) and dwarf-nova behavior was reported by Honeycutt et al. (1995). Our data indicate that its \dot{M} (about $10^{-9} M_{\odot} \text{ yr}^{-1}$) is lower than the median, but within the dispersion of the distribution. It is surprising that dwarf-nova eruptions, which are usually interpreted as being a consequence of a thermal instability in a low- \dot{M} accretion disk, may take place also in the presence of the above-reported \dot{M} , a value that is close to that of other CNe in quiescence.

GK Per. Dwarf-nova behavior was reported also for GK Per (Sabbadin & Bianchini 1983). The same arguments as those of the previous paragraph are valid because \dot{M} in GK Per (~2.0 × $10^{-9} M_{\odot} \text{ yr}^{-1}$) is higher than in V446 Her and close to the average \dot{M} for CNe in quiescence. We recall that to estimate the \dot{M} of GK Per we used only the IUE spectra with the lowest flux, that is, those corresponding to the "quiescent" DN stage. The \dot{M} value for GK Per greatly exceeds the typical mass-transfer rate in DN

systems in quiescence and is above the critical line for thermal instability (Osaki 1996). We note that GK Per, in spectra taken during a DN OB stage, displayed an increase by a factor of ~70 in the UV luminosity and therefore a corresponding \dot{M} as high as ~1.4 × 10⁻⁷ M_{\odot} yr⁻¹.

In conclusion, the observed quiescent \dot{M} of GK Per (and V446 Her) contradict the basic assumption of the disk-instability model for the dwarf-nova phenomenon (Osaki 1996), that is, that there is no effective accretion from the disk to the WD during quiescence.

CP Pup. For the enigmatic CP Pup $\dot{M} \sim 1.0 \times 10^{-9} M_{\odot} \text{ yr}^{-1}$ is slightly lower than our median but higher than the one ($\leq 1.6 \times 10^{-10} M_{\odot} \text{ yr}^{-1}$) derived by Orio et al. (2009) via modeling of the X-ray emission only (and assuming a distance of 1600 pc, higher than the 794 pc from *Gaia*). Our result is in agreement with the indication of Naylor (2002) of high mass transfer.

The pre-nova magnitude (~19.4) was much fainter than the post-nova one (~15.0) (Schaefer & Collazzi 2010) making CP Pup the object with the highest pre-post Δm (~5.0) and therefore with an expected \dot{M} increase by a factor of about 100 in comparing the values of the pre- and post-OB phases. Our data, however, indicate $\dot{M} \sim 1.0 \times 10^{-9} M_{\odot} \text{ yr}^{-1}$, close to that of the other ex-novae, which all returned to the pre-OB magnitude ($\Delta m \sim 0$) and have longer orbital periods.

It is worth recalling that White et al. (1993) and Retter & Naylor (2000) suggested that CP Pup is a member of a permanent superhumps system (Osaki 1989; Patterson & Richman 1991), a new subclass of CVs with relatively short P and high mass-transfer rates.

BT Mon. This object has uncertain OB parameters: both mv_{max} and (consequently) t_3 . The nova was discovered some time after maximum light on Dec. 17, 1939, by Wachmann (1968) and independently by Whipple & Bok (1946) from plates on Dec. 23, 1939. On Harvard patrol plates the star was at 8.5 on Oct. 8, 1939, but on Sonneberg plates, Wachmann (1968) found mv = 7.6 on Sept. 24, 1939.

Schaefer & Patterson (1983) discovered five further plates providing data in OB back to Sep. 11, 1939, with an average $mb \sim 8.5$, which they took to be mb_{max} . A similar value, $mv_{max} =$ 8.1, is reported in Collazzi et al. (2009). These values are incompatible with the *Gaia* distance of 1412 pc: if $mv_{max} = 8.1$ and using our reddening E(B - V) = 0.24, Mv_{max} would have a disturbingly low value of -3.4, while novae in OB have an average $Mv_{max} = -7.5 \pm 1.0$; see Sect. 4.

Therefore, mv_{max} had to be close to 4.0 ± 1.0 , which would mean that the earliest observations were taken well after t_3 .

As an overdue tribute to the work of D. McLaughlin, it must be remembered that this value confirms his indication (McLaughlin 1941), based on the spectroscopic evolution and the presence of the emission lines of NIII λ 4640 when the nova was at V = 8.5, that the magnitude at maximum was about four to five magnitudes brighter than V = 8.5. Sanford (1940), based on similar considerations, also speculated that BT Mon "may well have been as bright as the third magnitude", while Smith et al. (1998), based on the spectroscopic considerations of McLaughlin (1941), also pointed out that 4.2 should have been the faintest observed magnitude at maximum.

We also incidentally note that any $mv_{\text{max}} > 5$ would imply an Eddington ratio lower than one, in contrast with the general behavior of novae; see Sect. 7. In particular, $mv_{\text{max}} = 8.1$ would give an Eddington ratio of $\sim 6 \times 10^{-2}$. Based on the discussion of Mv_{15} in Sect. 6, BT Mon should have had $mv_{15} \sim 6.0$, also brighter than the mv_{max} assumed by Schaefer (2018).

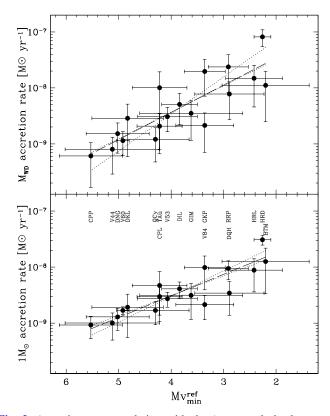


Fig. 3. Accretion-rate correlation with the *i*-corrected absolute magnitude at minimum, showing that in the absence of more information $M v_{\text{min}}^{\text{ref}}$ can act as a proxy for \dot{M} . *Top panel*: \dot{M} computed using individual WD masses. *Bottom panel*: \dot{M} computed using $M_{\text{WD}} = 1 M_{\odot}$ for each nova.

As mentioned in Sect. 5, Schaefer (2018) included BT Mon in his "gold" sample and used its apparent low brightness as an argument against the validity of the MMRD.

Schaefer assumed a low brightness at maximum based on the fact that "the spectral evidence places the time of maximum around the time of start of the flat maximum". This is surprising because it is in contradiction with his and Patterson's 1983 paper, which he uses as a reference for the statement (see also caption to their Fig. 5), where the "spectral evidence" (from Gaposchkin 1957) was quoted to say that the magnitude at maximum might have been 3.5 magnitudes brighter than the plateau one he uses now. All this is also in contrast with the well-documented consideration by McLaughlin and Sanford reported above on the spectral evolution of BT Mon.

12. Correlations (or not) with the accretion rate

The data contained in Tables 1 and 2 provide an opportunity to test the validity of some generally accepted theoretical relations but also to investigate the possible presence of new ones. Here we outline some outstanding results that show some unexpected absence and presence of correlation between \dot{M} and other system parameters. A comprehensive analysis of all correlations, using standard statistical procedures, will be presented in Paper III in the framework of revisiting the nova paradigm.

12.1. Correlation between M and the i-corrected Mvmin

It is clear from the results of Paper I and of the sections above that in old novae \dot{M} is high enough to mask both the WD and the

companion contributions. To quantitatively test this indication we compared the \dot{M} values derived in Sect. 11 with the Mv_{\min}^{ref} values derived in Sect. 8.

Figure 3 demonstrates the clear correlation that exists between Mv_{\min}^{ref} and $\log \dot{M}_{1M_{\odot}}$ and $\log \dot{M}_{M_{\text{WD}}}$. In Fig. 3 (and some other figures showing \dot{M} in the *y*-axis), the *x*-axis increases towards the left. This is done to maintain similarity with the \dot{M} - t_3 plot in Fig. 5.

Linear fits to the data, computed as described in Sect. 2.2, give

$$\log \dot{M}_{M_{\rm WD}} = -0.49 \pm 0.07 \ M v_{\rm min}^{\rm ref} - 6.49 \pm 0.30, \tag{12}$$

$$\log \dot{M}_{1\,M_{\odot}} = -0.38 \pm 0.05 \ Mv_{\min}^{\text{ref}} - 6.97 \pm 0.19, \tag{13}$$

for \dot{M} derived from the individual WD masses and for a common 1 M_{\odot} WD mass, respectively.

Therefore, in the absence of other spectral information, the *i*-corrected absolute visual magnitude of old novae and other CVs accreting at high rates (e.g., nova-like) can be used as a convenient proxy of the actual M.

It is worth comparing the results derived above with those of other estimates of \dot{M} from the visual magnitude Mv.

Lipkin et al. (2001) improved the $\dot{M}-Mv$ relations presented by Retter & Leibowitz (1998) and Retter & Naylor (2000) and derived the relation

$$\dot{M}_{17} = M_{\rm WD}^{-4/3} \, 10^{(5.69 - 0.4 M_{\nu}^{\rm ref})},\tag{14}$$

where \dot{M}_{17} is the mass accretion rate in 10^{17} g s⁻¹ and M_V^{ref} is the inclination-corrected absolute magnitude of the disk. The factor $M_{\text{WD}}^{-4/3}$ derives from the factor $R_{\text{WD}}/M_{\text{WD}}$ in the assumption, generally valid for WDs with $M \leq 1 M_{\odot}$, that MR³ = const. However, this $R_{\text{WD}}-M_{\text{WD}}$ relation (polytropes) is not accurate in the case of massive WDs because in this case R_{WD} decreases with a far steeper slope as M_{WD} increases. We have slightly modified the Lipkin et al. (2001) relation to account for a more reliable $R_{\text{WD}}/M_{\text{WD}}$ relation based on the Nauenberg $R_{\text{WD}}-M_{\text{WD}}$ formula.

A comparison between our values and those derived from the modified Lipkin et al. (2001) relation indicates that, on average, the $\dot{M}_{\rm WD}$ values by Lipkin et al. (2001) are higher by a factor of about 2.5 ± 1.4. It should be noted, however, that they made the implicit assumption that the ratio $Lv/L_{\rm bol}$ has a constant value of ~0.14; see also La Dous (1991, 1994) and Retter & Leibowitz (1998), Retter et al. (1999). Instead, our data indicate that the ratio is not constant because it depends on the slope of the SED.

12.2. No correlation between M and Porb

A long-standing and generally accepted paradigm for CVs associates higher \dot{M} to systems with longer orbital periods (Howell et al. 2001). Early studies of the observed \dot{M} in CVs (see Patterson 1984) indicated a strong dependence of \dot{M} on the orbital period (all \dot{M} values in this section are in M_{\odot} yr⁻¹):

$$\dot{M} = 5.1 \times 10^{-10} \ (P/4)^{3.2},\tag{15}$$

with *P* in hours. Patterson (2011) substantially revised this relation using a larger sample of DNe in OB, confirming the correlation between Mv (taken as a proxy for \dot{M}) and *P*, although with a weaker linear dependence (*P* again in hours):

$$Mv_{\rm max} = 4.95 - 0.199 \ P. \tag{16}$$

It should be stressed, however, that these results derive essentially from observations of DNe in OB and have been somewhat

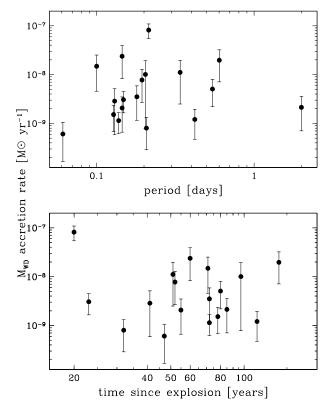


Fig. 4. No correlation between the accretion rate and either period *P* or time since explosion ΔT . Plots are in log–log for clarity.

arbitrarily extrapolated to CVs in general and to CNe in particular. Townsley & Bildsten (2005) claim that about 50% of CNe occur in binaries accreting at $\dot{M} \sim 10^{-9}$, with $P \sim 3-4$ h, with the remaining 50% split evenly between higher \dot{M} (longer *P*) and lower \dot{M} (shorter *P*); Patterson et al. (2013) take as round numbers 10^{-8} for CNe above the period gap and 10^{-10} for CNe below the gap, while Iben et al. (1992) consider that the time-averaged mass transfer rate decreases from 10^{-8} at $P \sim 6$ h to 10^{-11} at $P \sim 80$ min.

Our data (see Fig. 4, top) show instead a flat \dot{M} vs. P distribution with a relatively small scatter about a median log value close to -8.5.

We note that DN Gem and DK Lac fall within the P-gap of 2.15–3.18 h (Knigge et al. 2011; Retter et al. 1999), while for HR Lyr there is some evidence that $P \sim 2.4$ h also inside the gap (Leibowitz et al. 1995). However, the \dot{M} values of these three objects are close to the average of the other old novae of the sample. Also, the \dot{M} of CP Pup, whose P falls below the gap, is comparable to that of other novae and higher than that theoretically expected for CVs below the P-gap (see Patterson 1984; Ritter 2010; Patterson et al. 2013).

The observed flat $\dot{M}-P$ distribution of our objects apparently contradicts the generally accepted paradigm of CVs evolution. We reiterate, however, that Fig. 7 in Patterson (1984) contains mostly DNe in OB, with only eight ex-novae, and that these actually show a flat distribution of \dot{M} (with average log \dot{M} close to -8.3). The inclusion of these eight novae has the effect of an increase in the scatter of data in the upper part of the figure. The use of a homogeneous class of CVs (e.g., DN only) would have clearly reduced the scatter.

In conclusion, the ex-novae of our sample that fall above, inside, and below the P-gap have a median $\log \dot{M} \sim -8.5$ with a

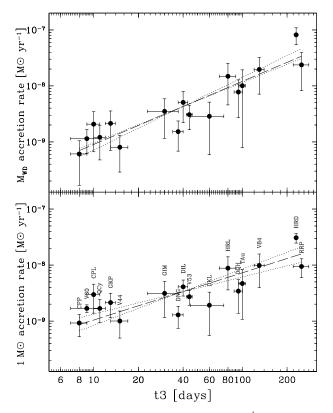


Fig. 5. Accretion rate correlation with t_3 . *Top panel*: \dot{M} computed using individual WD masses. *Bottom panel*: \dot{M} computed using $M_{\rm WD} = 1 M_{\odot}$ for each nova (to show that the correlation is not due to the possible degeneracy between t_3 and $M_{\rm WD}$).

nearly flat distribution with the orbital period P. This is a challenge to the generally accepted paradigm of CV evolution and indicates that CNe indeed represent a special class of CVs, confirming previous considerations by Ritter et al. (1991) and Livio (1994).

12.3. No correlation between \dot{M} and ΔT

Figure 4 (bottom) shows no obvious correlation between \dot{M} and the time elapsed since OB, HR Del being the only recent nova with high \dot{M} . Due to the fact that our CNe span an interval of more than one century of nova eruptions, this is a strong indication that after the explosion \dot{M} remains essentially constant during this time interval. This is in agreement with the results by Weight et al. (1994), Moyer et al. (2003), and Thomas et al. (2008) who found no correlation between \dot{M} (or $L_{\rm UV}$) and the time since OB.

The case of the very old nova V841 Oph that has a relatively high $\dot{M} \sim 1.8 \times 10^{-8} M_{\odot} \,\mathrm{yr^{-1}}$ and a steep continuum in spite of the 140 years elapsed from OB is remarkable. We note that Engle & Sion (2005) pointed out that of two UV spectra of V841 Oph taken 15 years apart, the later one had a higher flux.

Our data also indicate that if post novae enter a phase of hibernation (Shara 1989) \dot{M} does not begin to decline until at least 150 years post-OB, in agreement with Thomas et al. (2008). In a recent study of candidate old novae, Tappert et al. (2015) pointed out that the two oldest novae in their sample, GR Sgr (Nova Sgr 1917) and V999 Sgr (Nova Sgr 1910), appear to have the highest luminosity, contrary to what one would expect from models of nova evolution.

Our data show that there is a clear correlation between \dot{M} and the speed class t_3 (see Fig. 5), indicating that higher \dot{M} values are associated to objects with larger t_3 values.

After linearization, the logs of these two quantities, computed as described in Sect. 2.2, show the correlations:

$$\log \dot{M}_{M_{\rm WD}} = 1.13 \pm 0.12 \ \log t_3 - 10.17 \pm 0.21, \tag{17}$$

$$\log \dot{M}_{1M_{\odot}} = 0.84 \pm 0.12 \ \log t_3 - 9.83 \pm 0.20, \tag{18}$$

for \dot{M} derived from the individual WD masses and for a common 1 M_{\odot} WD mass, respectively. We note that via the MMRD this implies a correlation between \dot{M} and Mv_{max} as well.

In the past decade models of novae have "weakened" the role of the WD mass as the dominant parameter (e.g., Townsley & Bildsten 2005; Yaron et al. 2005), showing that for any given mass a large range of \dot{M} is possible. These in turn determine the ignition mass (lower for higher accretion) and the temperature at which the nova OB occurs, with the result that there is a continuum of possible OB amplitudes, and t_3 , for a given WD mass.

Within this context the correlation $\dot{M}-t_3$ is very surprising, as it clearly shows a one-to-one interdependence between \dot{M} and the speed class. This would be particularly intriguing if t_3 turns out to really be a proxy for the WD mass (as it is often assumed to be), because there are a priori no obvious reasons why novae with massive WDs should have lower \dot{M} than novae with lighter WDs. The fact that heavier WD novae require a smaller total accreted mass to ignite the thermonuclear explosion (Shara et al. 2010; Glasner & Truran 2009; Yaron et al. 2005) does not seem to provide any insight into how this would control \dot{M} between OBs. Furthermore, while binaries with massive WD and high \dot{M} may "disappear" from the diagram because they become common envelope systems (Nomoto 1982), there appears to be no obvious way to hide the other missing $M_{WD}-\dot{M}$ combinations (unless they become other kinds of CVs?).

A tempting speculation, if this distribution is confirmed, is that the strip populated by the old novae discussed here may define the range of \dot{M} and t_3 values where novae can occur. Observational \dot{M} determinations for more (old) novae are clearly needed before exploring this idea any further.

12.5. Correlation between M and OB amplitude

An interesting correlation exists between the OB amplitude and \dot{M} (see Fig. 6) that associates large amplitude to low \dot{M} . In hindsight, this is not completely surprising given the correlation between Mv_{\min}^{icorr} and \dot{M} reported in Sect. 12.1. Unlike that correlation, which requires knowledge of several physical parameters (distance, inclination, etc.), this one has as independent variable: the observed OB amplitude (i.e., the difference between two apparent magnitudes).

That the correlation exists without the correction for inclination is somewhat surprising, and may be due to the fact that for most of our novae the correction is relatively small. This would also explain why DQ Her, the nova in the sample with the largest *i* correction, appears as an outlier in Fig. 6.

Nevertheless, this correlation provides a direct way to estimate \dot{M} for any nova for which only the OB amplitude is known. Thus, the OB amplitude acts as a proxy for \dot{M} , much in the way that t_3 does (see Sect. 12.4). It should be noted that Schmidtobreick & Tappert (2015) suggested that novae with large OB amplitudes are candidates for low-mass-transfer-rate

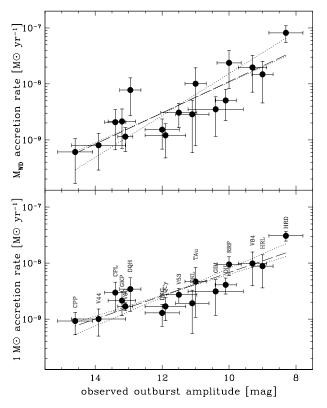


Fig. 6. Correlation between accretion rate and the OB amplitude. *Top* panel: \dot{M} computed using individual WD masses. *Bottom panel*: \dot{M} computed using $M_{\rm WD} = 1 M_{\odot}$ for each nova.

systems, but they assumed that the absolute magnitude of a nova explosion differs only slightly for different systems, unlike what is shown by the $L/L_{\rm Edd}$ and the MMRD relations; see Figs. 1 and 2.

The fits in terms of the explicit observables, computed as described in Sect. 2.2, are

 $\log \dot{M}_{M_{\rm WD}} = -0.28 \pm 0.04 \ (mv_{\rm max} - mv_{\rm min}) - 5.17 \pm 0.50, \ (19)$

 $\log \dot{M}_{M_{\odot}} = -0.21 \pm 0.03 \ (mv_{\rm max} - mv_{\rm min}) - 6.09 \pm 0.34. \tag{20}$

13. Concluding summary

The new and precise distances from *Gaia*, together with the data of Paper I and from the literature, allowed us do determine new system parameters for our sample of 18 old novae with UV data (e.g., $Mv_{\text{max}}, Mv_{\text{min}}^{i-\text{corr}}, L_{\text{OB}}/L_{\text{Edd}}, L_{\text{disk}}^{i-\text{corr}}, \dot{M}$). The final values include a detailed treatment of the errors

The final values include a detailed treatment of the errors and their propagation and are summarized in Table 2. Functional relations are provided in the text for all correlations (either revisited or new) presented in the paper. Our main results can be summarized as follows.

- 1. The average visual magnitude at maximum for the novae in the sample is -7.5 ± 1.0 .
- 2. The bolometric luminosity of all 18 objects at maximum is equal to or above the Eddington limit, with an Eddington ratio in the range ~1 to ~20 for $L_{\rm Edd}(1 M_{\odot})$, and ~1 to ~17 for $L_{\rm Edd}(M_{\rm WD})$.
- 3. Various parameters correlate with the speed class t_3 , for example Mv_{max} (the MMRD relation) and $L_{\text{bol}}^{\text{max}}/L_{\text{Edd}}$, showing that the brightest and most super-Eddington novae correspond to the shortest t_3 values.

These relations are (or were) also useful to derive other parameters (e.g., the distance from the MMRD since knowing t_3 provides an estimate of the absolute magnitude at max).

- 4. The median \dot{M} for the 18 old novae is $\log \dot{M} = -8.52$ for $M_{\rm WD} \equiv 1 M_{\odot}$, and $\log \dot{M} = -8.48$ for individual $M_{\rm WD}$ values. These results are not model dependent and are essentially based on the (reddening-corrected) UV luminosity after correction for inclination effects.
- 5. The \dot{M} values are lower than those so far assumed in the studies of CNe evolution, and appear to attenuate the need for a hibernation conjecture to interpret the nova phenomenon.
- 6. There is a surprising correlation between \dot{M} and the speed class t_3 (\dot{M} increasing with t_3). We cannot find a simple explanation that could account for this. How, for example, does t_3 , a likely proxy for the WD mass, control \dot{M} between OBs? Clearly this requires a more in-depth theoretical analysis. Yet, this is a useful relation that allows one to estimate \dot{M} directly, and marks t_3 as an extremely convenient observable to evaluate several critical parameters of classical novae.
- 7. The average *i*-corrected absolute visual magnitude at minimum of the old novae in our sample is 3.9 ± 1.0 . This parameter also correlates with \dot{M} , meaning that, in the absence of other spectral information, it can be used as a convenient proxy for \dot{M} in old novae and other CVs accreting at high rates (e.g., nova-like).
- 8. Another useful correlation is the one between the OB amplitude and \dot{M} . The advantage here is that the difference between two apparent magnitudes provides a direct way to estimate \dot{M} for any nova for which only the OB amplitude is known.
- 9. There is no apparent correlation between \dot{M} and the time elapsed from OB. Due to the fact that our CNe span an interval of more than one century of nova eruptions, this indicates that after the explosion \dot{M} remains essentially constant during this time interval. This also indicates that if ex-novae enter a phase of hibernation (Shara 1989) \dot{M} does not begin to decline until at least 150 years after OB.
- 10. In contrast with the commonly accepted paradigm of CV evolution based on the disrupted magnetic braking scenario (Rappaport et al. 1983; Howell et al. 2001) our data show a flat distribution with no correlation between \dot{M} and the orbital period *P*. This suggests that novae are a special class of CVs, and confirms previous considerations by Ritter et al. (1991) and Livio (1992c, 1994); see also Zorotovic et al. (2016).
- 11. GK Per and V446 Her, the two ex-novae in our sample that have undergone DN eruptions, have a rather high \dot{M} (~1-2 × 10⁻⁹ M_{\odot} yr⁻¹) during the DN quiescent phase, similar to that of the other remnants. This \dot{M} value is well above the critical line for thermal instability, (Osaki 1996) and is in severe contradiction with the basic assumption in the disk instability model of no effective accretion from the disk to the WD during quiescence.

It is possible that all the correlations are an indication that the quantities we have considered depend on the same hidden parameter. This can be traced back to the WD mass: since \dot{M} correlates with t_3 , and t_3 is a likely proxy for $M_{\rm WD}$, the correlation of a parameter with \dot{M} may imply a correlation with $M_{\rm WD}$. This would not be surprising, as $M_{\rm WD}$ is considered a dominant parameter in the theory of novae.

The range of fit coefficients of the various correlations may in fact help us to better understand the dependences between physical quantities. Indeed, the correlations may possibly even help clarify the physics of the nova phenomenon. We will further pursue this line of reasoning in Paper III of this series.

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Appendix A: The propagation of errors

We use here the term error to refer to the uncertainty in the value of a variable (this is what we have so-far referred to as a nova parameter, or a physical quantity). Propagation of errors is essential for understanding how the uncertainty in a variable affects the computations that use that variable. A basic assumption in the theory of error propagation is that that the individual variables are uncorrelated and independent and that the errors are symmetric (Gaussian), see Barlow (1989), Bevington & Robinson (1992), Taylor (1997). In this case, in the simple case of a sum (or product) of two quantities the errors (the relative errors) are added in quadrature. In the more general case of a complex function one has to compute the total derivative of that function, a task that, in some cases may be demanding.

As mentioned in Sect. 2, an important aspect of this study of novae derives from the effort we have made to estimate the errors associated to the basic physical quantities. The calculation of the error propagation up to the values of the most wanted parameters, for example the accretion disk luminosity and the accretion rate is a relatively onerous exercise. As an illustration of this we note that if one considers explicitly all the relevant parameters, the final expression for \dot{M} (Eq. (10)) can be written as

$$\dot{M} = 1.304 \times 10^{-7} \left(R_{\rm WD} / M_{\rm WD} \right) d^2 \int_{1100}^{6000} A \,\lambda^{-\alpha} f_{i,\lambda}^{-1} \,\mathrm{d}\lambda. \tag{A.1}$$

It is clear from the above equation that the final value of \dot{M} critically depends on quantities like the *i*-corrected or reference integrated flux, the distance, the white dwarf mass, and the white dwarf radius. In turn, the reference integrated flux depends on the color excess E(B - V) that determines the constant A and the index α of the PL approximation of the UV SED, and the $f_{i,\lambda}^{-1}$ factor that takes into account both the geometrical and the limb-darkening corrections for the inclination of the system. The values of these individual parameters are all affected by uncertainties whose propagation up to the final product, the disk

luminosity or \dot{M} , must be correctly evaluated. To do this we utilized two separate methods: the standard pencil and paper calculation of partial derivatives and their sum, and the use of the Python (Anaconda) environment that provides specific modules and packages² that allow a less cumbersome but "black box" calculation of complex operations in arrays with errors. Both methods yielded the same results within less than 1%. The numbers in the tables are from the Python output.

A special case is that of the power law approximation to the SED. The uncertainty in the color excess E(B - V) around the central value gives upper and lower limits of the index α and of the corresponding constant A of the PL approximation. Since alpha and A are not independent, we calculated the central value and the upper and lower limits of the integrated flux for each of the three pairs of (α, A) . These integrals are slightly asymmetric so we have taken as error for the PL integral the semi-difference between the upper and lower value of the lambda integrated flux. In this way we could quadratically combine them with the relative errors determined by the uncertainties in the inclination for every (α , A) pairs. This quadratic sum gives, for each star, the total error in what we define as the reference integrated flux due to the combined uncertainties in E(B - V) and the inclination. Finally the reference integrated flux with its error has been combined with the remaining, independent parameters of Eq. (A.1), that is, d, M_{WD} , R_{WD} , to determine the final values, with errors, of \dot{M} .

Of course, for Paper I we also explored fitting power law and reddening curve simultaneously to the UV flux. This would have had the advantage of providing symmetric fitting errors from the matrix inversion. However this method is very sensitive to the way emission and absorption lines (and in the case of IUE noise spikes) are either avoided or removed from the spectrum so that we felt more confident about the error determination through the more interactive method above.

The error propagation for all other final parameters (e.g., L_{Edd} , *i*-corrected absolute magnitude), has been estimated much more easily because the associated parameters (e.g., E(B - V), distance, mv_{max} , mv_{min}) are independent of each other.

² Numpy: see www.numpy.org, and unumpy-uncertainties: see http: //pythonhosted.org/uncertainties/