

REVIEW

Abnormalities of T cell signaling in systemic lupus erythematosus

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Abstract

Systemic lupus erythematosus (SLE) is an autoimmune disease resulting from a loss of tolerance to multiple self antigens, and characterized by autoantibody production and inflammatory cell infiltration in target organs, such as the kidneys and brain. T cells are critical players in SLE pathophysiology as they regulate B cell responses and also infiltrate target tissues, leading to tissue damage. Abnormal signaling events link to defective gene transcription and altered cytokine production, contributing to the aberrant phenotype of T cells in SLE. Study of signaling and gene transcription abnormalities in SLE T cells has led to the identification of novel targets for therapy.

Introduction: T cells and systemic lupus erythematosus

Systemic lupus erythematosus (SLE) is an autoimmune disease that afflicts mainly women in the reproductive years. It is a multisystem disease affecting the joints, skin, kidneys and brain and is characterized by autoantibody production by dysregulated B cells, target organ infiltration by inflammatory T cells and aberrant immune cell activation due to abnormal antigen presenting cell (APC) function. While aberrant T cells provide help to autoreactive B cells, they also infiltrate target organs, causing damage, and thus are key players in SLE disease pathogenesis. Understanding the underlying defects within T lymphocytes is of utmost importance not only for understanding disease pathophysiology, but also for identifying predictive biomarkers and better therapeutic targets. T lymphocytes from SLE patients are unique in that they resemble naïve or somewhat anergic T cells in certain ways, such as their reduced ability to produce cytokines like interferon- γ and IL2, but simultaneously

bear characteristics reminiscent of activated/memory T cells, such as the overall increased tyrosine phosphorylation of signaling intermediates, accelerated calcium flux responses, altered expression of signaling subunits such as the T cell receptor (TCR) zeta and Fc γ R, and expression of adhesion or costimulatory molecules such as CD44 and CD40L. The following sections describe in detail these and other T cell signaling abnormalities that are responsible for their defective phenotype and function and may potentially contribute to disease pathogenesis.

Early signaling events

Lipid rafts

Lipid rafts are sphingolipid-cholesterol-GM1-rich microdomains bearing TCR-CD3 complexes and associated signaling molecules distributed on the T cell surface. In normal T cells, TCR stimulation leads to clustering of these rafts to aid formation of the immunological synapse, allowing for cognate interactions with corresponding molecules on APCs. Freshly isolated SLE T cells, however, display pre-clustered lipid rafts, indicating that the T cells are 'poised' for activation. In addition, these lipid rafts contain an altered composition of residing molecules on their surface. Alterations include the increased expression of Fc γ R, Syk, and phospholipase C (PLC) γ , with decreased expression of the lymphocyte kinase Lck. The localization of tyrosine phosphatase CD45 within the lipid rafts and its association with and activation of Lck are abnormal, leading to the degradation and thus reduced expression of Lck [1-4]. The costimulatory molecule cytotoxic T lymphocyte associated antigen 4 (CTLA4), a signaling component of the lipid raft, is an important negative regulator of TCR activation. Expression of CTLA4 is found to be increased in freshly isolated T cells from SLE patients [5]; paradoxically, however, it is unable to control the aberrant T cell activation. Blocking the CTLA4-B7 signaling pathway appears to impede disease progression in animal models of lupus, although timing of treatment is important, such that early treatment prevents or ameliorates disease [6,7]. Continuous exposure of T cells to autoantigen and/or circulating anti-CD3/TCR autoantibodies [8] may account for the observed aggregated lipid rafts on freshly

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isolated T cells from the peripheral blood of SLE patients. The pre-aggregated lipid rafts contribute to the pathogenesis of SLE, as evidenced in the lupus-prone MRL/lpr mouse. In this mouse, the percentage of T cells with clustered lipid rafts increases with age and peaks before lupus pathology development. More importantly, acceleration of lipid raft aggregation leads to disease advancement, whereas disruption of the aggregates delays pathology [9]. *Ex vivo* treatment of T lymphocytes from SLE patients with atorvastatin, an inhibitor of 3-hydroxy-3-methylgluteryl CoA reductase that disrupts lipid rafts, showed reduced co-localization of CD45 and Lck, thus reducing the active form of Lck within the rafts. Furthermore, TCR activation not only restored the ERK phosphorylation but also decreased their production of the cytokines IL6 and IL10, which are implicated in SLE pathogenesis. These results show that statins may have therapeutic value in restoring signaling defects in SLE T cells and potentially disease [10].

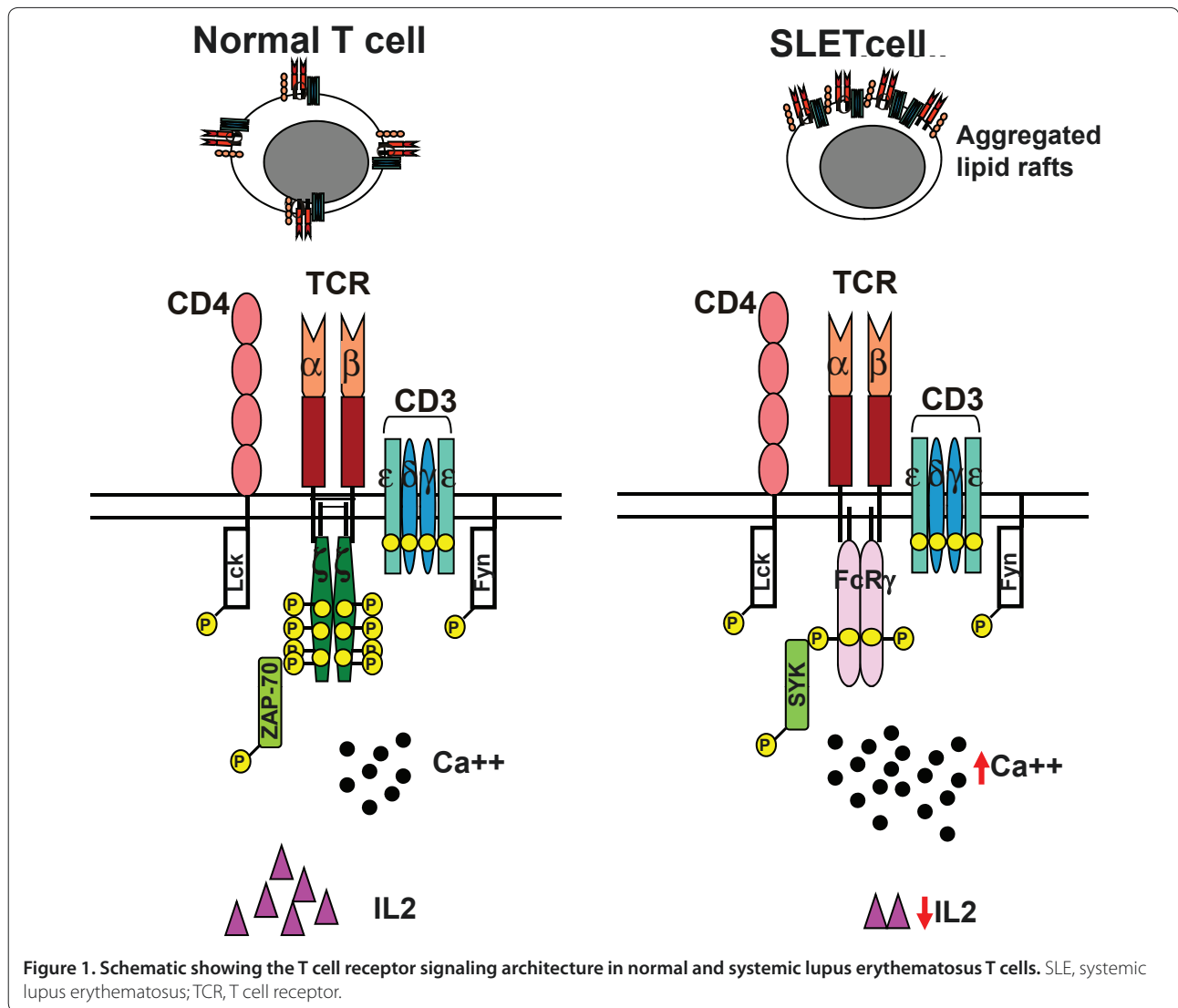
TCR-CD3 complex

The TCR is the surface sensor for antigens presented to lymphocytes in the context of the MHC molecule by APCs. The TCR α and β chains are closely coupled to the CD3 δ , ϵ , γ , and ζ chains to form the TCR-CD3 complex. Each subunit of the ζ chain bears three immunoreceptor tyrosine activation motifs (ITAMs); thus, the $\zeta\zeta$ homodimer bears a total of six ITAMs and is a critical signaling transducer of T cells. In naïve T cells, antigen recognition brings together the TCR, the co-receptor molecule (CD4 or CD8) and the tyrosine phosphatase CD45 on the T cell surface within cholesterol-rich domains called lipid rafts. CD45 removes inhibitory phosphates from the Src family lymphocyte kinase (Lck), and the CD3 ζ chain is phosphorylated at the six ITAMs by Lck. The CD3 ζ chain then recruits the zeta associated protein of 70 kDa (ZAP70) kinase, which is also phosphorylated by Lck. ZAP70 then phosphorylates the adaptor proteins Linker of activation in T cells (LAT) and SLP-76, thus transmitting the signal downstream into three distinct pathways. The adaptor proteins bind and activate the enzyme PLC γ on one hand and activate the Ras-mitogen-activated protein kinase (MAPK) pathway through guanine nucleotide exchange factors on the other. PLC γ cleaves phosphatidylinositol biphosphate into diacyl glycerol and inositol trisphosphate. Diacyl glycerol activates protein kinase C (PKC), which activates the transcription factor NF- κ B. Inositol trisphosphate leads to opening of the calcium channels, increased intracellular calcium concentrations and activation of the phosphatase calcineurin, which dephosphorylates and activates the transcription factor Nuclear factor of activated T cells (NFAT). Finally, the Ras-MAPK cascade induces and activates fos protein, a component of the transcription factor Activated protein 1 (AP1).

Activation of NF- κ B, NFAT and AP1 leads to nuclear translocation of these factors and activation of target gene transcription, cell proliferation and differentiation [11].

Triggering of the TCR in SLE T cells leads to an abnormally accelerated and heightened tyrosine phosphorylation of signaling intermediates, and increased calcium flux characterizing their hyper-responsive phenotype [12]. The stronger signaling is evidenced by the earlier and greater overall tyrosine phosphorylation of signaling intermediates. SLE T cells display a unique rewiring of the surface TCR-CD3 complex wherein expression of the CD3 ζ chain is decreased in cells from a majority of patients [12] (Figure 1). The lack of the CD3 ζ chain in the TCR-CD3 complex is structurally and functionally replaced by the homologous Fc receptor gamma (FcR γ) chain [13]. FcR γ was initially identified as the Fc portion of the IgE receptor in mast cells and has structural and functional similarity to the ζ chain, although the CD3 ζ chain has three ITAMs whereas FcR γ has only one. Upon stimulation of SLE T cells, the FcR γ chain recruits the spleen tyrosine kinase (Syk) instead of the normally recruited ZAP70. The FcR γ -Syk interaction is exponentially (>100-fold) stronger than that of the ζ chain-ZAP 70 combination, rendering a stronger downstream intracellular signal [14]. While this leads to abnormally increased calcium influx, it does not translate into higher IL2-producing capacity of these cells. Rather, the SLE T cells are poor producers of IL2, rendering their somewhat 'anergic' phenotype. Interestingly, replenishment of the CD3 ζ chain in SLE T cells *in vitro* normalizes the intracellular calcium flux and more importantly restores IL2 production [15], thus suggesting a key role for the CD3 ζ chain in the T cell defect. Thus, correction of a missing signaling molecule in SLE T cells may result in normalization of effector T cell function.

The decreased expression of the CD3 ζ chain in SLE T cells has been attributed to defects at multiple levels, including defective gene transcription [16], aberrant mRNA splicing [17], poor transcript stability of alternative splice variants [18], and increased protein degradation by caspase-mediated [19], ubiquitin-proteasome-mediated and lysosomal-mediated mechanisms [20]. The transcriptional activity of the CD3 ζ promoter is limited because of limited binding of the transcriptional enhancer E-74-like-factor (Elf)-1 and increased binding of the repressor c-AMP response element modulator (CREM) α [21], which is increased in SLE T cells. The CD3 ζ mRNA in SLE T cells is produced in many alternatively spliced forms lacking coding regions that may result in non-functional or unstable isoforms [17]. The CD3 ζ chain protein is degraded by ubiquitin-mediated proteolysis [22], lysosomal degradation [20] as well as by caspase 3, which is expressed at increased levels in SLE T cells [19]. Because replenishment of CD3 ζ results in



increased production of IL2, understanding the molecular mechanisms that lead to its decreased production has allowed the proposition of interventions that are expected to lead to normalized T cell function. For example, inhibition of caspase 3 [19], blocking of mammalian target of rapamycin (mTOR) with rapamycin [23] and silencing of the transcriptional repressor CREM α [21] may be considered as therapeutic tools in SLE.

Kinases

The restructuring of the SLE TCR is characterized by abnormally high expression of the Syk kinase. Normally, TCR stimulation leads to the recruitment of ZAP70 kinase to the CD3 ζ chain; in SLE T cells, however, the substituted FcR γ recruits Syk kinase. The FcR γ -Syk interaction is significantly stronger than that of the zeta-ZAP 70 association, and contributes to the stronger

downstream signaling as evidenced by hyper-phosphorylation of intermediate signaling molecules and increased calcium flux in SLE T cells. The increased expression and activity of Syk in SLE T cells is evidenced by its increased expression in the lipid rafts and increased association with downstream molecules involved in actin polymerization and calcium signaling, namely Vav-1 and PLC γ 1 [24]. Accordingly, Syk inhibition with the pharmacological agent R406 led to retardation of actin polymerization kinetics in SLE T cells. Inhibition of Syk using the R788 inhibitor not only suppresses the development of skin and kidney disease but also abolishes established disease in lupus-prone mice [25]. Therefore, Syk inhibition is under consideration for clinical trials in patients with SLE.

Phosphorylated PKB content is clearly increased in MRL-lpr CD4⁺ cells compared to control CD4⁺ cells and

it was considered a proper therapeutic target. Indeed, inhibition of phosphoinositide 3-kinase (PI3K) γ by the compound AS605240 led to significantly reduced severity of glomerulonephritis prolonged survival in lupus-prone MRL/lpr mice [26]. Should PI3K γ levels be found to be increased in human SLE T cells, it should also be considered for therapeutic targeting.

Adhesion/co-stimulation

CD44, phosphorylated ezrin/radixin/moesin

CD44 is a T cell surface adhesion molecule that recognizes and binds to its ligand hyaluronic acid in tissues and thus enables T cells to migrate into peripheral tissues. Naïve T cells express low levels of CD44 whereas activated and memory T cells express high amounts of this membrane receptor. The CD44 gene undergoes extensive alternative splicing of its variable exons, leading to the generation of numerous alternatively spliced isoforms. T cells from SLE patients express high amounts of certain CD44 isoforms (v3 and v6) and their expression correlates with a patient's disease activity [27]. Renal biopsy of patients with lupus nephritis revealed T cells from kidneys to express CD44, and also showed phosphorylated ezrin/radixin/moesin (pERM) proteins to be involved in the CD44 signaling cascade [28], suggesting that expression of these homing molecules may allow the T cells to migrate abnormally into the kidneys. pERM is responsible for the increased polarization, adhesion and migration of T cells in SLE patients, as evidenced by the presence of pERM⁺ T cells in kidney infiltrates. In addition, CD44 requires pERM in order to acquire adhesive capacity. ERM is phosphorylated by the rho-associated protein kinase (ROCK) and its inhibition makes SLE T cells unable to adhere to hemagglutinin-coated membranes [29]. The finding of CD44⁺pERM⁺ cells in both peripheral blood and diseased kidneys of SLE patients suggests that T cells become activated and acquire pathogenic potential while in the periphery and then migrate to target tissues and lead to pathology. More recently, ROCK was found necessary for the production of IL17, and treatment of lupus-prone mice with a ROCK inhibitor led to improved disease [30]. Therefore, the *ex vivo* human studies and the preclinical data strongly urge the consideration of ROCK inhibitors in the treatment of SLE patients.

Signaling lymphocytic activation molecule family

The signaling lymphocytic activation molecule (SLAM) family comprises nine transmembrane signaling proteins and is a subtype of the immunoglobulin superfamily. These proteins serve as co-stimulatory molecules on the surface of T cells and are involved in lineage commitment during hematopoiesis, T cell function as well as B cell activation and natural killer cell inhibition. Most have a

unique tyrosine-based switch motif that has high affinity for the SH2 domain-bearing molecules SLAM-associated protein (SAP) and EAT2. Genome-wide association studies in SLE patients' families have shown the presence of a susceptibility locus on chromosome 1q23 that also includes the SLAM genes [31]. A recent study found defects within the SLAMF such that co-engagement of SLAMF3 or 6 with CD3 in human SLE T cells failed to restore IL2 production [32]. Further understanding of the role of the SLAM family molecules in human SLE will reveal their role in disease and potential use in therapy.

CD40 ligand/inducible T cell co-stimulator

Activated T cells express CD40 ligand (CD40L) and provide cognate help to CD40-expressing B cells via the CD40-CD40L interaction. SLE T cells not only show increased and prolonged expression of CD40L upon activation but also exhibit increased levels of baseline CD40L, which correlated with disease activity in some patients [33,34]. Reciprocally, hyperactive B cells can stimulate T cells, which upregulate CD40L. Dysregulated T cells then provide help to autoreactive B cells, inducing the production of autoantibodies. The increased expression of CD40 in the kidneys in SLE patients was shown to correlate with the presence of CD40L-expressing peripheral blood mononuclear cells. Preliminary clinical trials using two different anti-CD40L antibodies, although showing promising results [35], led to severe unforeseen adverse effects [36]. Despite interesting preclinical data on the therapeutic potential of the disruption of the CD40-CD40L interaction, clinical efforts so far have not met the predictions.

Another co-stimulatory molecule - inducible T cell co-stimulator (ICOS) - is required for controlling the local inflammatory effector functions of T cells infiltrating the kidneys in MRL/lpr lupus-prone mice [37]. ICOS is also needed for IL21 secretion by extrafollicular helper T cells as well as plasma cell differentiation and IgG production in chronic autoimmunity evidenced in the lupus-prone mice lacking ICOS [38]. These studies suggest the potential importance of ICOS blockade as a therapeutic measure for autoimmune disease.

Intermediate signaling events

MAPK signaling pathway

Abnormalities in the MAPK signaling pathway have been reported in SLE T cells and include an impaired extracellular signal-regulated kinase (ERK) signaling cascade. The ERK signaling is diminished in SLE T cells [39]. Ras activation is shown to be abnormal in SLE patients [39], and altered Ras guanyl nucleotide releasing protein 1 (RasGRP1) and PKC δ activation are linked to this defect [40,41]. Defective PKC δ activation leads to abnormal ERK pathway signaling, resulting in DNA hypomethylation,

which seemingly contributes to the development of SLE [42]. Decreased phosphorylation of PKC δ , ERK, MEK and Raf affects DNA methylation of target genes by leading to decreased expression of the DNA methyltransferase (DNMT). Accordingly, T cells from SLE patients have reduced levels of the enzyme DNMT1. While the exact link between the defective MAPK signaling and autoimmunity is incompletely understood, two important consequences are the effect on DNA methylation and the effect on reduced c-fos expression, which is a component of the AP1 transcription factor.

mTOR

Production of reactive oxygen intermediates and ATP synthesis are critical determinants of T cell activation, proliferation, cytokine production and cell death. Reactive oxygen intermediate and ATP generation are tightly regulated by the mitochondrial transmembrane potential. Persistent mitochondrial hyperpolarization, increased reactive oxygen intermediate production and ATP depletion in SLE T cells are responsible for their increased spontaneous and decreased activation-induced apoptosis. mTOR, a serine threonine kinase member of the PI3K-related kinase family, is a sensor of the mitochondrial transmembrane potential and is increased in SLE T cells [20]. Furthermore, nitric oxide-induced mTOR activation leads to lysosomal degradation of the CD3 ζ chain through a HRES/Rab4-dependent pathway. HRES/Rab4 is a small GTPase that regulates endocytic recycling of surface receptors by the early endosomes [20]. mTOR inhibition in patients with SLE resulted in clinical improvement [23], and therefore a proper trial is warranted.

Gene transcription

CD3 ζ /FcR γ transcription

Elf-1 is a member of the Ets family of transcription factors and is shown to bind and activate transcription of the CD3 ζ gene. Examination of ELF-1 in SLE patients showed two subsets of patients - one that expressed reduced amounts of the 98-kDa DNA binding form of the ELF-1 protein and another that showed reduced binding capacity to the CD3 ζ promoter [16]. In addition, protein phosphatase (PP)2A dephosphorylates Elf-1 at Thr231, resulting in limited expression and binding activity of the 98-kDa form. Thus, the lack of a functional Elf-1 accounts for the reduced CD3 ζ transcription in SLE T cells. Normal T cells when stimulated generate effectors that downregulate CD3 ζ and concomitantly upregulate FcR γ in the TCR complex, thus functionally replacing the CD3 ζ chain [43]. In SLE T cells, reconstitution of the CD3 ζ chain reciprocally leads to downregulation of the FcR γ and restoration of calcium flux and IL2 production [15]. Interestingly, Elf-1 was also

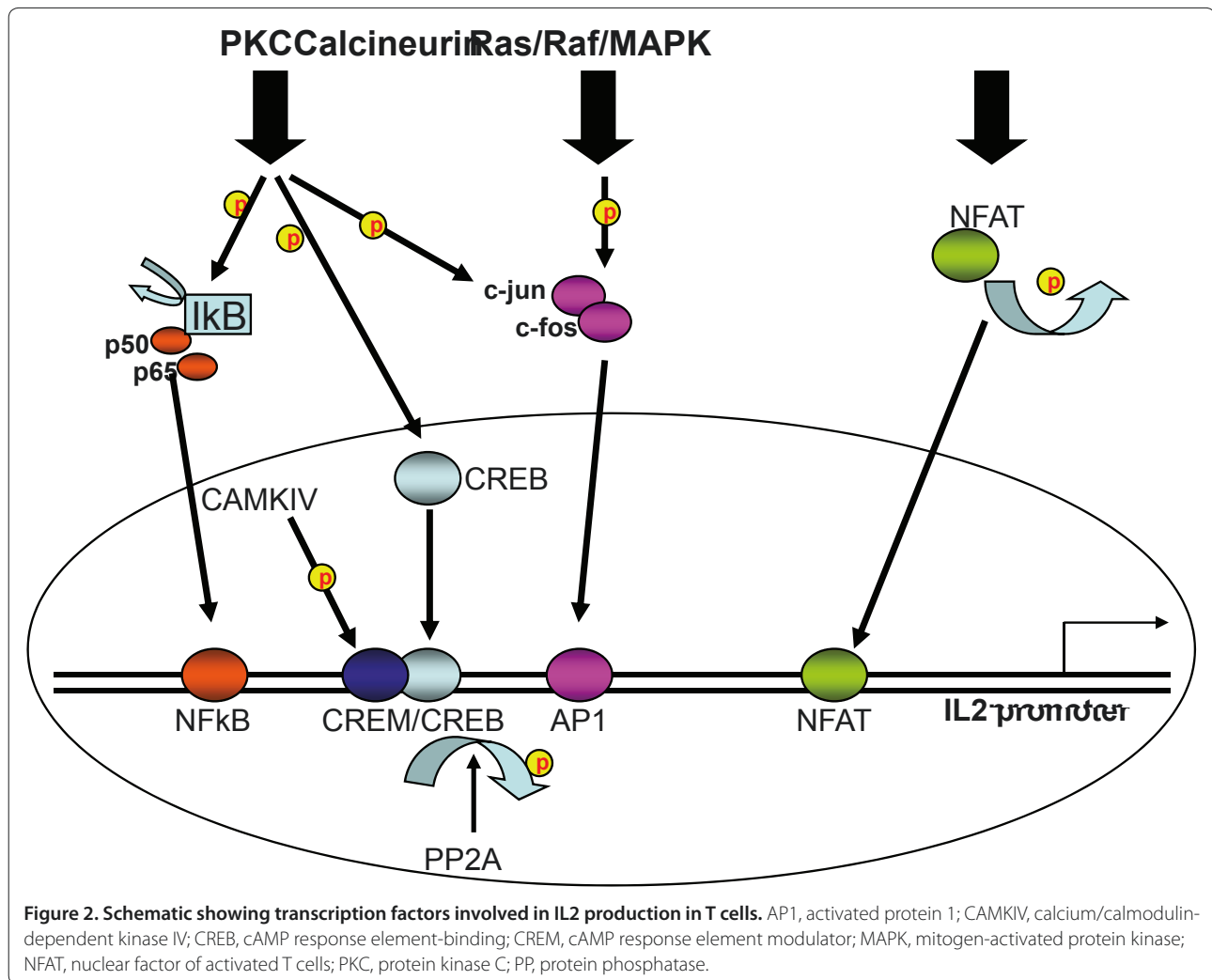
shown to bind GGAA elements in the FcR γ promoter and suppress FcR γ expression [44], indicating that Elf-1 may act as a molecular switch in the reciprocal regulation of CD3 ζ and FcR γ in SLE T cells. The reduced expression of Elf-1 in SLE T cells may partly explain the increased expression of FcR γ concomitant with the reduced expression of CD3 ζ .

IL2 transcription

TCR triggering induces intracellular signaling cascades, ultimately leading to gene transcription. In addition to the aberrations in signaling within SLE T cells a number of defects in the expression and/or function of transcription factors are observed in SLE T cells. SLE T cells are poor producers of the vital growth and proliferation-inducing cytokine IL2. Defective transcription is an important factor of this deficiency. NF- κ B, NFAT, AP1, CREB (cAMP response element-binding) and CREM are transcription factors involved in IL2 transcription (Figure 2). NF- κ B is a heterodimer of the p65/p50 subunits and the expression of the p65 subunit is decreased in SLE T cells [45].

The AP1 family of transcription factors is formed by heterodimers and homodimers of fos (v-fos, c-fos, fosB, fra1, and fra2) and jun (v-jun, c-jun, jun-b, jun-d) proteins [46]. Upon antigenic stimulation, the jun and fos proteins are expressed, and AP1 (especially the c-fos/c-jun heterodimers) binds to the IL2 promoter. Decreased c-fos expression is responsible for reduced AP1 binding activity to the IL2 promoter in SLE T cells [47].

An imbalance between the transcription factors CREB and CREM α plays an important role in the regulation of IL2 production in SLE T cells. The CREM gene undergoes alternative splicing to produce many isoforms, some of which are transcriptional activators, and others repressors such as CREM α . Both activated CREB and CREM α reciprocally bind to a CRE site at position -180 on the IL2 promoter. Active (phosphorylated) CREB is a transcriptional activator of IL2 while phosphorylated CREM α is a transcriptional repressor of the IL2 gene. Reduced production of IL2 by SLE T cells is regulated in part by the increased expression and activity of CREM α . Decreased protein kinase A activity leads to reduced phosphorylation of CREB [48], thus reducing the availability of phosphorylated CREB for binding the IL2 promoter. Additionally, abnormally increased expression of the PP2A enzyme, which dephosphorylates CREB, leads to reduced availability of phosphorylated CREB for binding to the IL2 promoter [49]. CREM α is phosphorylated by a number of kinases, including the calcium/calmodulin-dependent kinase IV (CAMKIV). Increased expression of CAMKIV is observed in the nucleus of SLE T cells. Treatment of normal T cells with SLE serum, which presumably leads to triggering of the TCR by



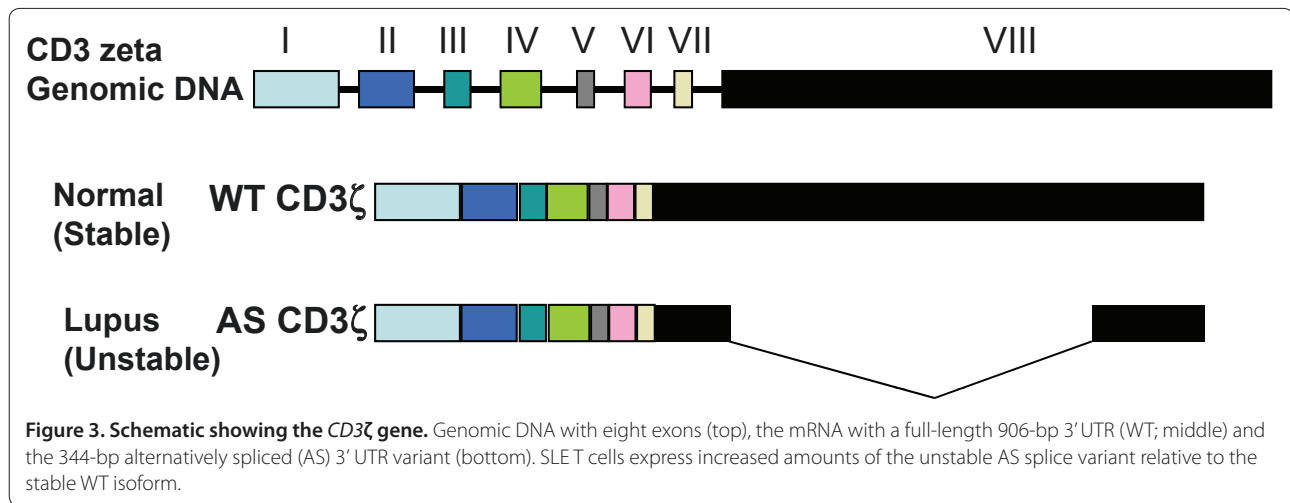
anti-CD3 autoantibodies in SLE serum, leads to the activation and nuclear translocation of CAMKIV and increased complex formation at the -180 site of the IL2 promoter [8]. CAMKIV is increased also in T cells from the MRL/lpr lupus-prone mouse. Administration of a CAMKIV inhibitor to these mice was able to prevent and even correct disease pathology [50].

NFAT binds to promoters of the genes encoding IL2 and CD40L and activates their transcription [51], and NFAT expression is abnormally high in SLE T cells. While this accounts for increased expression of CD40L, it does not promote increased IL2 production. The reason for this discrepancy is that while NFAT can alone bind to and activate the CD40L promoter, binding to the IL2 promoter requires AP1 binding to adjacent sites. Defective AP1 activity thus hampers the NFAT action on IL2 transcription. In resting T cells, NFAT is phosphorylated and inactive in the cytoplasm. Upon T cell stimulation, dephosphorylation by the calcium responsive

calcineurin phosphatase, NFAT translocates into the nucleus and activates gene transcription. In SLE T cells, the increased calcium flux with resultant increased calcineurin expression leads to increased dephosphorylation of NFAT and thus increased availability inside the nucleus and aberrant target gene expression.

IL17 transcription

IL17 has recently emerged as a key inflammatory cytokine, playing a central role in the pathogenesis of several autoimmune diseases, including SLE [52]. Serum IL17 levels are increased in patients with SLE [53] and the frequency of IL17-producing T cells is increased in peripheral blood of patients with SLE [54]. An expanded population of CD3+CD4-CD8- double negative T cells was shown to produce increased amounts of IL17 in SLE patients. Furthermore, T cell infiltrates in the kidneys were composed of double negative and IL17-producing T cells in patients with lupus nephritis [54]. Differentiation



of CD4 T cells into IL17-producing Th17 cells requires the presence of the inflammatory cytokines IL6, IL23, IL21 and transforming growth factor- β , although human memory T cells are capable of producing IL17 with only CD3 CD28 priming [55,56]. IL23 is required to drive this differentiation, while IL21 sustains and is required for maintenance of IL17 production. IL6, IL21 and IL23 all activate STAT3, which can bind and activate the *IL17* and *IL21* genes directly [57]. The expression and activity of STAT3 is increased in SLE T cells and is responsible in part for the enhanced chemokine-mediated migration of these cells [58]. The *IL17* gene transcription is regulated by the retinoid related orphan receptor ROR γ t and ROR α transcription factors. ROR γ t is expressed exclusively in Th17 cells and is necessary for IL17 production [59]. Aside from the pro-inflammatory effects mediated directly by IL17, it can also contribute to pathogenesis through its effect on other cell types. High levels of anti-dsDNA IgG and IL6 were produced by peripheral blood mononuclear cells from patients with lupus nephritis when cultured with IL17 [60], suggesting its role in B cell activation. Genetic disruption of the IL23 receptor in the lupus prone B6.lpr mouse results in reduction of the numbers of double negative cells, reduced IL17 production, and improved renal pathology. Similarly, blockade of IL23 with an anti-IL23 antibody improved disease manifestations [61]; therefore, disruption of the path from IL23 to IL17 may be of clinical value.

Alternative splicing in systemic lupus erythematosus

T cells from patients with SLE display abnormal alternative splicing of a number of genes involved in diverse functions, such as signaling, homing and transcription regulation. Examples include the signaling molecule CD3 ζ , adhesion molecule CD44 and the transcription

factor CREM. Polymorphisms and mutations in the *CD3 ζ* gene within the 5' UTR, the coding region as well as the 3' UTR have been reported. Notably, a 3' UTR splice variant with reduced mRNA stability is expressed in increased amounts in SLE T cells (Figure 3) [18], likely due to the reduced expression of the serine arginine splicing factor ASF/SF2, which has been shown to repress the generation of this unstable isoform [62]. The CREM gene undergoes splicing to produce distinct isoforms with opposing roles in transcription regulation - some being transcriptional activators, such as CREMtau2 α , while others repress transcription, such as CREM α and inducible cAMP early repressor ICER. Increased expression and activity of CREM α contributes to the defective IL2 transcription in SLE T cells [63]. Alternative splicing of CD44 leading to the expression of CD44v3 and CD44v6 in SLE T cells was discussed above. Understanding the regulation of alternative splicing of these molecules in SLE T cells may lead to identification of potential therapeutic targets.

Epigenetics

DNA methylation leads to chromatin inactivation and suppression of gene expression whereas hypomethylation of DNA regulatory elements activates gene expression. Hypomethylation is a characteristic of several genes involved in SLE T cell pathophysiology and contributes to the overexpression of genes responsible in lupus pathogenesis and disease development [64]. Typical examples of genes that are involved in the pathogenesis of SLE and have been found hypomethylated include CD11a, perforin, CD70 and CD40L [42]. Hypomethylation of the *PP2A* promoter is a contributing factor responsible for the overexpression of this enzyme in SLE T cells [65]. Expression and activity of the DNMT enzyme, responsible for DNA methylation, were reduced in T cells from

active SLE patients compared to healthy donors [66]. Recent evidence shows the role of the growth arrest and DNA damage-induced (GADD) 45alpha gene in promoting lupus-like autoimmunity by inducing gene hypomethylation in CD4+ T cells from SLE patients [67].

Conclusion

While there is a wide range of anomalies within SLE T cells, certain common themes emerge and provide clues to central molecular mechanisms linking these various defects. These include chronic activation, epigenetic mechanisms, such as defective DNA methylation, and aberrant gene regulation, such as defective alternative splicing. Several defects observed in the SLE TCR signaling pathway are suggestive of an activation state and may be due to activation by APC and/or autoantibodies. For example, activation induces changes in the expression of Lck, CD3 ζ , FcR γ , ZAP70, and Syk, phosphorylation of intermediates, and calcium fluxing, many of which are also observed in SLE T cells. However, SLE T cells concurrently exhibit unique features that do not occur in normal activated T cells. For example, while the activation of normal T cells induces downregulation of the ζ chain, there is no downregulation of the mRNA - this is not observed in SLE T cells wherein the transcription of the ζ chain is defective due to specific aberrations, such as reduced activity of the transcriptional enhancer Elf-1 and others as explained in the sections above. Aberrant DNA methylation affects a number of genes in SLE patients, such as those encoding CD40L, CD70, CD11a, and PP2A. Aberrant alternative splicing of many genes (*CD3 ζ* , *CD44*, *CREM*) is observed in SLE T cells and may reflect a global deregulation of this process, which may be of genetic origin or may reflect defects in the cellular microenvironment.

In summary, T cells from SLE patients have several biochemical abnormalities endowing them with a hyperexcitable phenotype but a defective gene transcription program. These result in a peculiar cell type with properties of activated/effector cells on the one hand but a somewhat anergic state on the other. Many molecules involved in the development of this phenotype have been identified and should eventually lead to better understanding and management of this complex disease. SLE is a heterogeneous disease, and it is likely that several molecular defects result in the same/similar clinical outcomes. It would be interesting and important to identify links between these signaling defects and clinical profiles of SLE patients. Simultaneous study of all abnormally expressed genes may provide additional insights into the identification of subgroups among patients with SLE who share common biochemical aberrations. Identification of such groups of patients may lead to the suggestion of specific treatment(s) able to correct defined abnormalities.

Our laboratory has initiated such an approach [68] and preliminary data along these lines are promising.

The elucidation of aberrant signaling and gene transcription in T cells from SLE patients is important, as this will lead to the identification of novel drug targets, gene therapeutic measures, and, importantly, disease-predicting biomarkers. In this review, we have discussed the signaling and gene transcription aberrations in T lymphocytes, and pointed out targets that can be exploited therapeutically. We have paid attention to abnormalities first detected in human SLE T cells and then validated in lupus-prone mice using drug inhibitors or genetic manipulations. Syk, ROCK and CAMKIV inhibition as discussed herein deserve proper clinical consideration. In addition, inhibition of the IL23-IL17 axis deserves consideration for clinical trials using either anti-IL17 or IL23 antibodies or a decoy IL23 receptor. While B cell depletion has benefited a number of SLE patients, a clinical trial on B cell depletion therapy has yielded negative results and some biologics such as anti-Blys therapy have had mild effects. This should direct our attention also to the development of therapeutic targets that correct T cell function. A subset of patients may respond well to B-cell-directed therapy, whereas another subset to T-cell-modifying approaches. The extremely complex nature of the disease, with heterogeneity not only at the clinical level but also at the molecular level, suggests the need for a case-by-case treatment modality rather than a blanket approach.

Autoimmune Basis of Rheumatic Diseases

This article is part of a series on *Systemic lupus erythematosus*, edited by David Pisetsky, which can be found online at <http://arthritis-research.com/series/lupus>

This series forms part of a special collection of reviews covering major autoimmune rheumatic diseases, available at: <http://arthritis-research.com/series/abrd>

Abbreviations

AP1, activated protein 1; APC, antigen presenting cell; CAMKIV, calcium/calmodulin-dependent kinase IV; CD40L, CD40 ligand; CREB, cAMP response element-binding; CREM, cAMP response element modulator; DNMT, DNA methyl transferase; ERK, extracellular signal-regulated kinase; ICOS, inducible T cell co-stimulator; IL, interleukin; ITAM, immunoreceptor tyrosine activation motif; MAPK, mitogen-activated protein kinase; mTOR, mammalian target of rapamycin; NF, nuclear factor; NFAT, nuclear factor of activated T cells; pERM, phosphorylated ezrin/radixin/moesin; PI3K, phosphoinositide 3-kinase; PKC, protein kinase C; PLC, phospholipase C; PP, protein phosphatase; ROCK, rho-associated protein kinase; SLAM, signaling lymphocytic activation molecule; SLE, systemic lupus erythematosus; TCR, T cell receptor; UTR, untranslated region.

Competing interests

The Tsokos lab has received a research grant to study the role of a Syk inhibitor from Rigel pharmaceuticals, San Francisco, CA.

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