

Review

Adenosine, an endogenous distress signal, modulates tissue damage and repair

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Adenosine is formed inside cells or on their surface, mostly by breakdown of adenine nucleotides. The formation of adenosine increases in different conditions of stress and distress. Adenosine acts on four G-protein coupled receptors: two of them, A₁ and A₃, are primarily coupled to G_i family G proteins; and two of them, A_{2A} and A_{2B}, are mostly coupled to G_s like G proteins. These receptors are antagonized by xanthines including caffeine. Via these receptors it affects many cells and organs, usually having a cytoprotective function. Joel Linden¹ recently grouped these protective effects into four general modes of action: increased oxygen supply/demand ratio, preconditioning, anti-inflammatory effects and stimulation of angiogenesis. This review will briefly summarize what is known and what is not in this regard. It is argued that drugs targeting adenosine receptors might be useful adjuncts in many therapeutic approaches.

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Adenosine Formation and Adenosine Levels

Adenosine is always present both within and outside cells, since it is at a crossroads between different metabolic pathways. Levels of adenosine in cells and tissue fluids is in the nanomolar range under physiological conditions (estimates range between ten and a few hundred nanomolar), but rise substantially in different forms of cellular distress (see Figure 1). Adenosine is mainly formed by the breakdown of intra- or extracellular adenine nucleotides,² but hydrolysis of S-adenosyl homocysteine also contributes.³ Levels of intracellular ATP are high (several millimolar). Therefore, transient or permanent damage of cell membranes during trauma will lead to massive increase in extracellular ATP, and rapid formation of adenosine (Figure 1). There is also regulated release of ATP. It can be released by exocytosis, both when there is complete fusion between vesicle and cell membrane, and when it is transient, so-called 'kiss-and-run' release⁴; it can be released through connexin hemichannels⁵; and it is released from cell membranes subjected to stretch.⁶ The phosphate groups of extracellular ATP are rapidly split off by ecto-enzymes working in concert, first via nucleoside triphosphate diphosphohydrolases similar to CD39,⁷ followed by hydrolysis via ecto-5'-nucleotidase, CD73.⁸

Adenosine formation intracellularly increases with increasing cellular workload and the increase is related to indices such as oxygen consumption⁹ and excitatory transmitter release.¹⁰ Adenosine formed intracellularly will be transported

out of the cells by means of efficient equilibrative transporters. There are inhibitors for these transporters, including the drug dipyridamole. These inhibitors will increase extracellular adenosine if it derives from extracellular breakdown of adenine nucleotides, but decrease it if adenosine is formed intracellularly. In a tissue there may be little effect of such inhibitors, because both pathways occur simultaneously. For example, in both neurons and glial cells that are exposed to metabolic deprivation adenosine release is increased, but the mechanism may be partly different: neurons appear to mostly increase intracellular adenosine, whereas glial cells export adenine nucleotides.¹¹ An inhibitor of the equilibrative transporter would then be expected to reduce adenosine release from neurons, increase it from glial cells, and probably not affect total adenosine release very much.

Two enzymes play a key role in catabolizing adenosine: adenosine deaminase (ADA) and adenosine kinase (ADK). The former is a high capacity and high Km enzyme, the latter is low capacity and low Km. When ADA is blocked or genetically deleted, the capacity of ADK is exceeded and adenosine levels can rise markedly (at least in some tissues).¹² This is probably part of the reason why one form of severe combined immunodeficiency is caused by an ADA deficiency. ADK is critically important in maintaining the physiological levels of adenosine low, and also in maintaining depots of adenine nucleotides.¹³ Targeted deletions of these enzymes, as well as drugs inhibiting them are important tools to determine roles of adenosine.

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Abbreviations: ADA, adenosine deaminase; ADK, adenosine kinase; COX-2, cyclooxygenase type II (inducible); BDNF, brain-derived neurotrophic factor; cAMP, cyclic adenosine 3',5'-monophosphate; HIF-1 α , hypoxia-inducible factor 1 α ; IFN γ , interferon gamma; IL (-4; -12; -13), interleukin (-4; 12; 13); k-o, knock out; NF- κ B, nuclear factor kappa B; NK cell, natural killer cell; TLR, Toll-like receptor; VEGF (-A; -B), (-1; -2); VEGFR (-1; -2), vascular endothelial growth factor receptor (-1; -2)

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Adenosine Receptors

Adenosine acts on four G-protein coupled receptors that are well conserved among vertebrates.¹⁴ Their characteristics are summarized in Table 1. Three of the adenosine receptors, A₁,

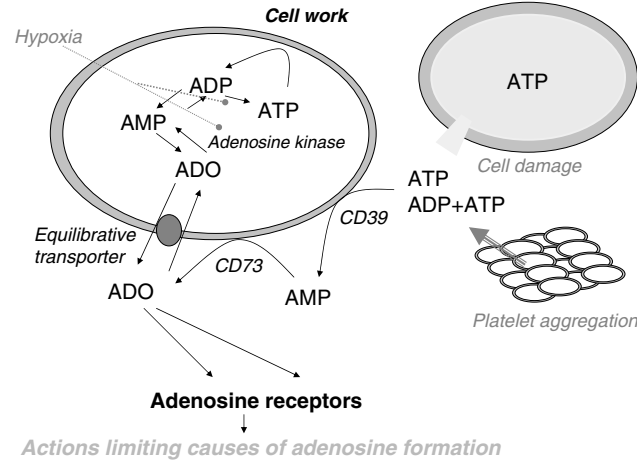


Figure 1 Some of the mechanisms regulating adenosine levels in response to physiological or pathophysiological reactions. Activation – intact line; inhibition – hatched line. For further details see text

A_{2A} and A_{2B}, are the major target for the most widely used of all drugs – caffeine. Already the concentrations achieved following a single cup of coffee or tea suffices to cause significant blockade of the three mentioned adenosine receptors.¹⁵ This will have biological consequences if the receptors are activated by the endogenous ligand, which happens where the receptors are very abundant and/or where adenosine levels are elevated. Mice with targeted deletions of each of the receptors exist and have been very important in the characterization of the physiological/pathophysiological roles that they play.

Adenosine in concentrations present under basal conditions are sufficient to activate A₁, A_{2A} and A₃ receptors, at least if they are abundantly expressed (Figure 2). By contrast, adenosine A_{2B} receptors require higher concentrations of adenosine to be significantly activated, concentrations that are believed to be present during more extreme or pathological conditions. It is also important to remember that the potency of adenosine as an agonist is very dependent on the density of receptors. For example, when the receptor number is decreased to half (as is the case in mice with only one copy of the receptor gene), about twice as much of the agonist is required to activate the receptor.¹⁶

There is evidence that various forms of stress as well as hypoxia can influence the expression of adenosine receptors.

Table 1 Summary of key properties of the four adenosine receptors with a brief summary of distribution, major roles and phenotype of relevant k-o mouse

Receptor	Adenosine A ₁ receptor	Adenosine A _{2A} receptor	Adenosine A _{2B} receptor	Adenosine A ₃ receptor
Previous/alternative names	ADORA1; R _i ; AA1R; A1R	A _{2a} ; R _s ; AA2AR; A2AR	A _{2b} ; R _s ; AA2BR; A2BR	AA3R; A3R
Structural information (Accession No.)	h 326 aa (P30542) m 326 aa (Q60612)	h 410 aa (P29274) m 409 aa (UO5672)	h 328 aa (P29275) m 332 aa (UO5673)	h 328 aa (P29275) m 332 aa (UO5673)
Chromosomal location (h)	1q32.1	22q11.2	17p11.2-12	17p11.2-12
Selective agonists	CPA, CCPA, CHA; S-ENBA	CGS 21680, HE-NECA, CV-1808, CV-1674, ATL146e SCH 58261 ZM241385 (KF 17387, CSC)	None readily available. (LUF 5853 very potent and selective) MRS1754, (enprofylline)	2-CI-IB-MECA
Selective antagonists	DPCPX; 8-cyclopentyltheophylline, WRC0571			MRS 1220, MRE 3008-F20, MRS 1191; MRS 1523; VUF 8504
Radioligands	[³ H]-DPCPX; [³ H]-CHA; [³ H]-CCPA	[³ H]-CGS 21680; [³ H]-SCH 58261; [³ H]-ZM-241385	([³ H]-ZM-241385; [³ H]-DPCPX)	[³ H]- MRE 3008-F20
G-protein coupling	G _i , G _o	G _s , G _{oif}	G _s , G _q	G _i
Some recognized physiological function(s)	Bradycardia; inhibition of lipolysis; reduced glomerular filtration; tubero-glomerular feedback; antinociception; reduction of sympathetic and parasympathetic activity; presynaptic inhibition; neuronal hyperpolarization; ischemic preconditioning	Regulation of sensorimotor integration in basal ganglia; inhibition of platelet aggregation and polymorphonuclear leukocytes; vasodilatation, protection against ischemic damage; stimulation of sensory nerve activity	Relaxation of smooth muscle in vasculature and intestine; inhibition of monocyte and macrophage function, stimulation of mast cell mediator release (some species)	Enhancement of mediator release from mast cells (some species); preconditioning (some species)
K-o phenotype	Anxiety, hyperalgesia, decreased tolerance to hypoxia, loss of tubero-glomerular feedback, altered insulin secretion, increased lipolysis, increased susceptibility to seizures, loss of preconditioning in several tissues	Anxiety, hypoalgesia, hypertension, increased tolerance to ischemia, altered sensitivity to motor stimulant drugs, decreased platelet aggregation	Hyperinflammation; vascular adhesion	Altered inflammatory reactions, decreased edema, altered release of inflammatory mediators

k-o, knock out.

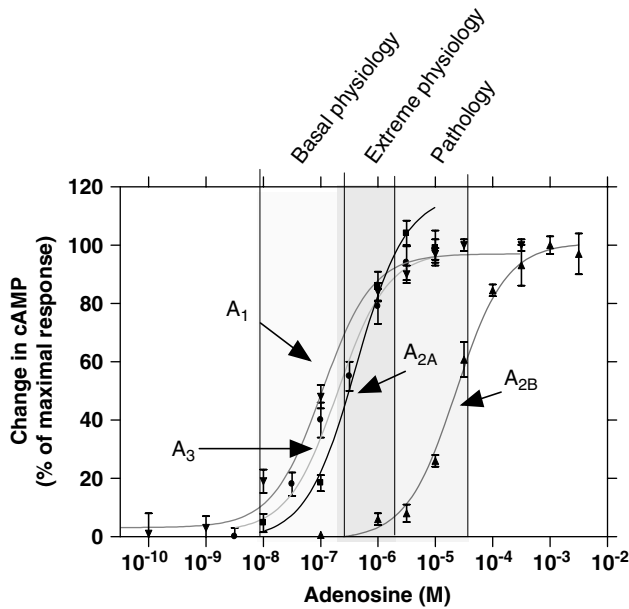


Figure 2 The ability of adenosine to activate the adenosine receptors. The human adenosine receptors were constitutively expressed in Chinese hamster ovary cells (20–150 000 receptors per cell). The potency of adenosine to stimulate or inhibit the formation of cAMP was examined after blocking the transport of adenosine into the cells. The experimental data are related to data measuring adenosine levels in body fluids under basal physiological conditions, in extreme physiological conditions (heavy work, mild hypoxia, etc.), or in pathophysiological conditions (ischemia, tissue damage, etc.)

Regulation of A_1 , A_{2A} and A_3 receptor expression by various immune-related stimuli are briefly touched upon below. Expression of adenosine receptors in nerve cells is also regulated by nerve activity. Hypoxia, which as noted above, can regulate adenosine levels in many ways and can also stimulate the expression of adenosine receptors. For example, hypoxia can directly increase the expression of A_{2B} receptors¹⁷ because there is a canonical hypoxia-inducible factor 1α (HIF- 1α) binding site in the promoter. A_{2A} receptor expression is not generally increased by hypoxia, but it must be remembered that several of the adenosine receptors have multiple promoters regulating alternative transcripts, and there could be cell differences in the regulation by hypoxia.¹⁸ Furthermore, in at least some cells adenosine receptor trafficking is stimulated by hypoxia¹⁹ and this is, interestingly, dependent on the phenotype of the cell.

Increasing Oxygen Supply and/or Decreasing Oxygen Demand by Adenosine

Vascular reactivity. The ability of adenosine to increase blood flow through tissues has long been known and adenosine has been proposed to be a major mediator of the adaptation of blood flow to metabolic demand.²⁰ Most blood vessels dilate in response to adenosine. Major exceptions are the afferent arterioles of the kidney, which contract in response to adenosine coming from the interstitium.²¹ This vasoconstriction is mediated via adenosine A_1 receptors. The A_1 receptor-mediated

vasoconstriction is part of an important feedback circuit whereby excess transport work in the kidney tubules cause enhanced adenosine formation. The adenosine is transported to the glomeruli where it reduces blood flow and thereby reduces tubular transport work. This is the well-known tubuloglomerular feed back mechanism, and it absolutely requires adenosine A_1 receptors.^{22,23} It has been suggested that A_1 receptors can mediate constriction also in other vascular beds, but these studies were carried out on aorta, hardly known for its role in regulating blood flow,²⁴ and evidence for a major role of A_1 receptors in regulating vascular tone is poor.^{16,25}

By contrast, there is excellent evidence that adenosine A_{2A} and A_{2B} receptors do regulate vascular reactivity. Adenosine, acting on these receptors, mediates vasodilatation, partly by a direct action on the smooth muscle cells, partly endothelium mediated. There is some increase in blood pressure in A_{2A} knock-out (k-o) mice.²⁶ Besides acting directly at blood vessels adenosine, A_{2A} receptors can regulate local blood flow by reducing platelet aggregation²⁶ and the adherence of leucocytes to endothelial cells (see below).

Temperature regulation. Body temperature in mammals is precisely regulated and neurons in the preoptic area play a particularly important role. There is intriguing evidence that this central temperature control is of major importance in the life span.²⁷ Perhaps body temperature affects proteins, including the so-called heat-shock proteins, that regulate i.a., the apoptotic pathways.²⁸ But this remains to be elucidated. It is, however, clear that body temperature is intimately connected with activity of the immune system and also with the rate of oxidative metabolism. Therefore it is possibly important that adenosine A_1 receptor activation is one of the most efficient means of lowering body temperature,¹⁶ and that mice lacking adenosine A_1 receptors have elevated body temperatures and decreased survival.^{25,29} Actually, the magnitude of the temperature reduction caused by systemic administration of an adenosine A_1 agonist could be used to adequately genotype mice into wild type, heterozygote and k-o.¹⁶

Decreasing cell work. An effect of adenosine on the amount of cellular work has been reported for many cells and organs. Sometimes the effect is indirect. For example, by reducing renal blood flow, tubular transport work is reduced. In other cases effects are more direct. The clearest examples may relate to the nervous system. Here the adenosine A_1 receptor, widely distributed in the brain, acts via two major mechanisms: inhibition of release of especially excitatory neurotransmitters and hyperpolarization of nerves leading to decreased rates of firing.³⁰ The first is achieved by limiting calcium entry in the nerve terminals, whereas the second by increasing potassium conductance in the cell body and dendrites. The adenosine levels are increased not only by metabolic stimuli such as hypoxia (see above) but also by activation of excitatory neurotransmission, especially by activating NMDA receptors^{16,31} (see also Figure 3). The release of adenosine during hypoxia limits the excitatory stimulation so that the neurons can survive the decreased energy

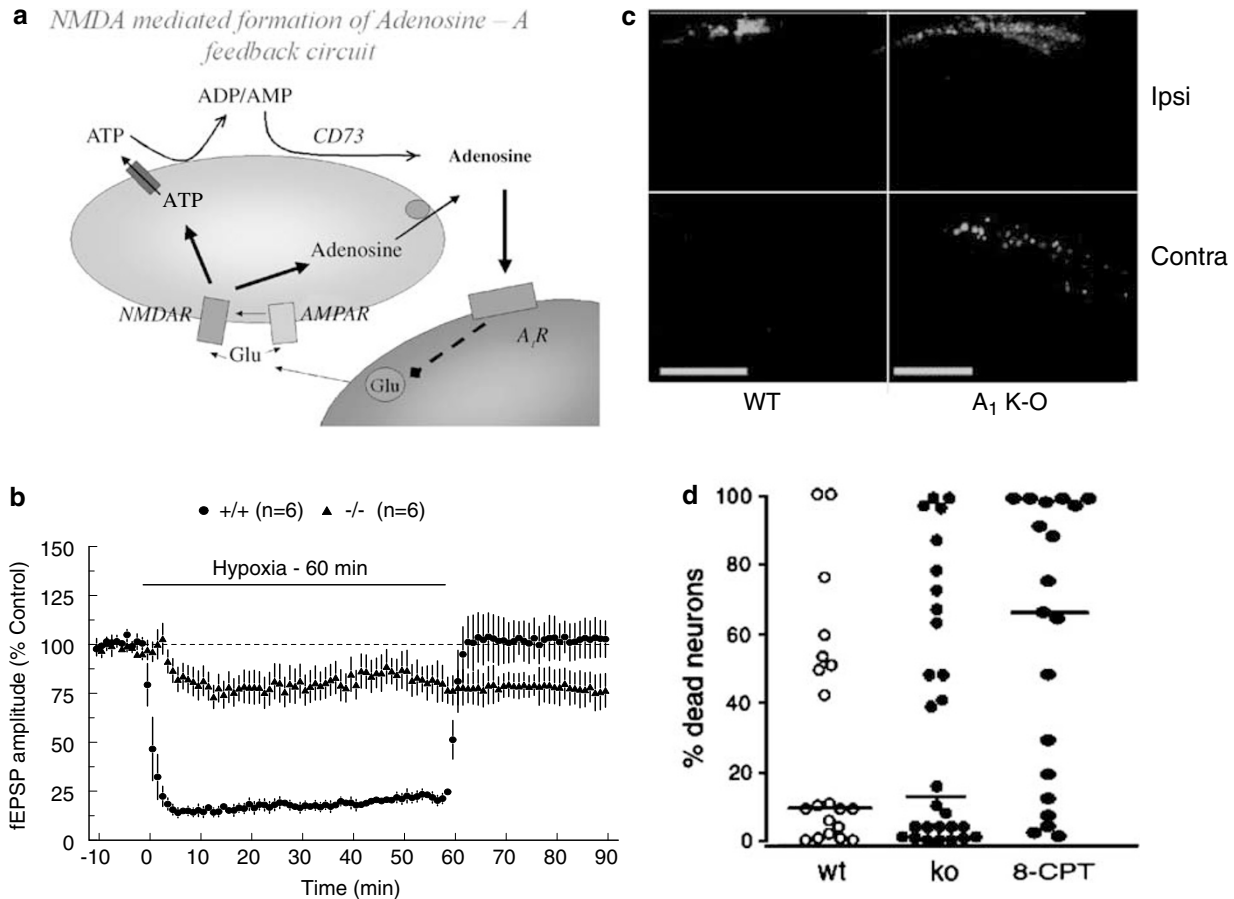


Figure 3 Adenosine A_1 receptors regulate excitatory neurotransmission and limit cell death after seizures, but play minimal role in postschismic cell death. (a) A glutamatergic nerve releases glutamate that acts on AMPA and NMDA receptors on the post-junctional neuron. NMDA receptors, which are only activated upon more intense stimulation, lead to release of adenosine into the extracellular environment. It is not known if this is caused primarily by release of ATP or adenosine. Adenosine is acting on the glutamatergic nerve ending to limit further excessive glutamate release. This provides a feedback regulation of excitatory neurotransmission. (b) Excitatory neurotransmission in the hippocampus is very constant, provided energy supply is maintained. If, however, oxygen supply is limited, the magnitude of the evoked response goes down quickly and is maintained at a low level until oxygen is readmitted. The magnitude of the transmission is then restored to the control value. Thus, the level of excitation is reduced to a level that can be maintained in the face of limited amounts of energy. However, if there are no adenosine A_1 receptors, this adaptive reaction no longer occurs: the magnitude of the excitatory response is reduced less and much later, and there is no restoration, suggesting irreversible damage. Data from¹⁶. (c) Adenosine A_1 receptors limit the negative consequences of excitatory neurotransmission. In the absence of adenosine A_1 receptors, cell death (determined by TUNEL staining) following induction of status epilepticus by injection of kainate in one hippocampus is spread to the other hippocampus. There are also more dead cells on the ipsilateral side. Data from³³. (d) Adenosine A_1 receptors do not play a critical role in limiting the extent of postschismic cell damage in the brain. However, a non-selective receptor antagonist does exacerbate the damage, indicating that other receptors are important. This implies that adenosine does not influence ischemic neurodegeneration by limiting excitatory neurotransmission. Data from⁷³

supply.¹⁶ Similarly, the release of adenosine by strong excitatory stimulation limits the risk for excitotoxicity (Figure 3).

In seizures, including epileptic, excitatory neurotransmission dominates and this is believed to be important for the loss of neurons following epileptic seizures.¹³ There is now very good evidence that adenosine, acting on A_1 receptors, plays an important role in limiting seizures, and seizure-dependent cell death.¹³ ADK present mainly in astrocytes could play a particularly important role in decreasing adenosine levels and thereby promoting cell death.¹³ Brain trauma can lead to astrogliosis, and by virtue of overexpression of ADK to reduced adenosine A_1 receptor-mediated inhibition of excitotoxicity. Indeed, cell death after seizures increases markedly in the absence of adenosine A_1 receptors.^{32,33}

Systemic adaptation to hypoxia. Adenosine is also important in the adaptive changes in respiration and circulation triggered by hypoxia sensing cells in the carotid body. Adenosine receptors of the A_{2A} type are found in type I cells of the carotid body.³⁴ These receptors play an important role in mediating respiratory stimulation to acute hypoxia.³⁵ Interestingly, these receptors appear to functionally interact with dopamine D_2 receptors, just as in the basal ganglia (see¹⁵). The increased firing in the afferent nerves from the carotid body stimulates respiration and also increases blood pressure. This response has been suggested to contribute to the cardiovascular morbidity of patients with sleep apnoea. More prolonged hypoxia will instead lead to respiratory depression. This is at least partly mediated via A_1 receptors.¹⁶ The switch between hypoxic stimulation and

depression is altered during early development, perhaps in parallel with regulated expression of the adenosine receptors.³⁴

Preconditioning

A prior hypoxic/ischemic insult in the same or in another organ can provide protection against a subsequent ischemic insult. This is a general phenomenon called preconditioning and can occur both acutely and over a long period of time.^{36,37} Late preconditioning depends on the expression of different gene products, but perhaps some of the same signaling events are involved in both early and late preconditioning. Adenosine has been clearly implicated (together with other ligands acting at G_i-coupled receptors) in mediating such preconditioning.³⁸ There is clear evidence that adenosine A₁ receptors are not only targets for exogenous agonists, but also is involved in mediating the physiological phenomenon itself, at least in mice.³⁹ This is true not only for the acute, so-called classical preconditioning,³⁹ but also for so-called remote preconditioning, where ischemia in another organ (in this case brain) leads to cardioprotection.⁴⁰ The signaling pathways remain poorly understood and the mere fact that preconditioning via adenosine can occur in many different organs in the body indicates that very tissue-specific processes are unlikely to play a major role.

Angiogenesis

Drugs aiming at inhibiting or stimulating angiogenesis could benefit large patient populations.⁴¹ Indeed, blockade of angiogenesis provides additional benefit in tumor therapy.⁴² The formation of functional blood vessels appears to require many different factors acting in an orderly cascade. Of these factors particular attention has been given to vascular endothelial growth factor (VEGF) (particularly VEGF-A and VEGF-B) that acts on two receptors, vascular endothelial growth factor receptor 1 (VEGFR-1) and VEGFR-2.⁴³ The fact that many of the same factors, including adenosine, play a role in regulating blood flow, angiogenesis and the immune system⁴⁴ is probably not only conceptually but also therapeutically important. Not only does this indicate the connection between multiple processes not normally considered together, but it also suggests that only by hitting a combination of targets can an appropriate effect be achieved. There is now strong evidence that adenosine, in addition to controlling oxygen delivery acutely by regulating vascular tone, serves a long-term role by enhancing vascular growth in areas with reduced oxygen tension.⁴⁵ Thus, adenosine in physiologically relevant concentrations can stimulate migration and proliferation of endothelial cells. Furthermore, adenosine can stimulate the expression of VEGF in many types of cells.⁴⁵ This may be achieved by stimulating A_{2A} and/or A_{2B} receptors and may utilize another signaling pathway than HIF-1 α activated by hypoxia,^{45,46} but there is also evidence for a role of HIF-1 and the A₃ receptor when other cells are studied.⁴⁷ There is reason to believe that the relative role(s) of these receptors differ with the cell type. Although adenosine may contribute rather little to the increase in VEGF induced by hypoxia, it may contribute as much as 50% to angiogenesis.⁴⁵ This could

mean that adenosine acts also independently of VEGF, something that is not unlikely given the involvement of multiple cell types and multiple angiogenic factors.^{41–43} For example, the effects of adenosine on macrophages regulating them in a state-dependent way (see below) could be an important factor also in angiogenesis.

Angiogenesis is also important in brain repair after stroke.⁴³ Therefore angiogenic factors, including VEGF and adenosine, may be useful in therapy. Here, as elsewhere, it is important to use an approach that generates functional vessels that do not show excessive leakage.⁴³ VEGF is also implicated in adult neurogenesis and in the proliferation of astrocytes, and VEGF has marked neurotrophic effects.⁴³ This is likely to be of pathophysiological significances as targeted deletion of the relevant VEGF receptor is associated with increased infarct volume and more neurological deficits after ischemia.⁴³ Since such effects are not an unmixed blessing, it is again possible that a combination of targets may be more useful than just hitting one and that one or more of the adenosine receptors could be part of a new therapeutic goal. This possibility has been explored for wound healing as it has been shown that activation of adenosine A_{2A} receptors can promote wound healing partly by promoting angiogenesis and vasculogenesis.⁴⁸

Immune System

Adenosine is known to regulate many immune functions.^{12,49–52} Thus, many of the cells of the immune system have abundant adenosine receptors, and endogenous adenosine influences their function.^{49,51,53}

Neutrophil leukocytes are important in the first line of defence against pathogens. Adenosine and the precursor ATP control neutrophil function.^{49,51,53} Neutrophils release both ATP and adenosine following activation (e.g., reference⁵⁴) and they express CD39 and CD73, hence rapidly convert ATP to adenosine.

They express all four adenosine receptors expressed, but the number of receptors may differ with the activation state (e.g., see reference⁵⁴). A₁ receptors have been shown to enhance adhesion, but the effect may be mainly due to A₁ receptors on endothelial cells rather than on the neutrophils themselves. Activation of adenosine A_{2B} receptors on endothelial cells instead inhibits leucocyte adhesion and this response appears to be operating already under basal physiological circumstances as A_{2B} receptor k-o mice have increased expression of endothelial adhesion molecules.⁵⁵ The A_{2B} receptors on endothelial cells are also important maintaining a barrier to leukocyte migration. Perhaps the first neutrophils that pass through the endothelium provide the signal to close the barrier, thereby limiting the number of neutrophils that enter a tissue in any specific section of the vasculature.

A_{2A} receptors on neutrophils play an important role in regulating some of the surface molecules on neutrophils that mediate vascular cell adhesion molecule-1-dependent adhesion. There are also A_{2A} receptors on endothelial cells that may act synergistically (but on endothelial cells A_{2B} receptors may be even more important). Activation of A_{2A} receptors on neutrophils also potentially inhibits phagocytosis, degradation

and formation of oxygen-centered free radicals important in bactericidal functions.^{49,51,53} Adenosine via A_{2A} receptors also reduces leukotriene formation while it increases cyclooxygenase type II (inducible)-mediated prostanoid formation. In all these ways, adenosine can also protect endothelium against neutrophil-mediated damage. Generation of proinflammatory cytokines and chemokines by neutrophils is suppressed by A_{2A} receptor stimulation. Migration of neutrophils has also long been known to involve adenosine and ATP. Recently it was shown that migration of neutrophils depends on release of ATP, which activates an ATP receptor as well as adenosine A_3 receptors on the leading edge of the migrating neutrophil leukocyte.⁵⁶ Indeed, the adenosine A_3 receptors were found to traffic from intracellular sites to the leading edge of the stimulated cell. It has previously been shown that adenosine receptors coupling to G_i proteins can act synergistically with P2Y receptors sensing ATP and coupling to G_q proteins.⁵⁷ By contrast, activation of A_2 receptors elsewhere on the neutrophil may instead facilitate retraction of membrane at the receding end. Thus, apparently opposing adenosine receptors may actually work in concert.

During hypoxia adenosine, formed from breakdown of released ATP by CD39 and CD73, provides an important signal to limit excessive infiltration of neutrophils and subsequent tissue damage.⁵⁴ It was found that in both CD39 and CD73 null mice neutrophil accumulation in hypoxia was much enhanced, thereby proving that the adenosine that inhibits neutrophils derives from released ATP. Hypoxia may actually increase not only ATP release but also expression of CD39 and CD73, as well as reduce the expression of nucleoside transporters that in this condition tend mainly to reduce adenosine levels. Thus adenosine is a very important modulator that tends to keep the activation of neutrophils low and thereby to prevent, for example, excessive vascular damage.

Monocytes and macrophages. The mononuclear phagocytic cells are found in the blood stream as monocytes or in tissues as macrophages (or microglial cells in the brain). They are the major producers of inflammatory mediators and are hence critically important in deciding the course of inflammatory processes. In tissues they display very different phenotypes depending on earlier exposure to, for example, inflammatory stimuli.⁵⁸ They can be activated via, for example, Toll-like receptors (TLR) to produce cytokines and microbicidal molecules, or by cytokines such as interleukin (IL)-4 and IL-13 or by phagocytosis of apoptotic cells to essentially counteract classical activation.⁵¹ These cells express CD39 as well as CD73 and they can release both ATP and adenosine upon activation. The expression of CD73 and CD39 increases upon differentiation. They also express all four adenosine receptor types, but the expression level varies with the phenotype.⁵¹

There are a large number of studies implicating adenosine in monocyte/macrophage/microglial cell function. These reports are sometimes conflicting, which is probably not surprising as it is difficult to study the important tissue resident cells in isolation in a defined activation state. Species differences could also be a complicating issue. It does seem

clear that migration of monocytes into tissues is reduced by adenosine via A_{2A} receptors.^{51,58} Indeed, in mice lacking CD73, and hence having reduced adenosine levels, macrophage levels in tissues increased after inflammatory stimuli.⁵⁹ Many studies also indicate that TLR-induced activation of nuclear factor kappa B (NF- κ B) is reduced by adenosine acting at A_{2A} receptors and the production of proinflammatory IL-12 and tumor necrosis factor α ,^{51,58} but other receptors may also contribute. Perhaps adenosine is involved in switching to the alternatively activated macrophages that are involved in repair. Indeed, adenosine seems to act in concert with other factors induced by hypoxia such as HIF 1 α in promoting formation of repair factors such as VEGF and brain-derived neurotrophic factor. Few studies *in vitro* implicate adenosine A_1 receptors. However, two *in vivo* studies using A_1 k-o mice have provided evidence that A_1 receptors, probably on macrophages, play a protective role in inflammation.^{60,61}

Dendritic cells. The dendritic cells are antigen-presenting cells that function to activate T cells. Both adenosine and its precursor ATP are known to influence dendritic cells.⁵¹ Like the macrophages, the expression of adenosine receptors on dendritic cells depends on the phenotype.⁶² Upon maturation, the A_{2A} receptor becomes upregulated and they apparently mediate inhibition of proinflammatory cytokine production. So far little is known about the role(s) of adenosine receptors (if any) in regulating the processing of antigen and its presentation. There is recent data suggesting a novel type of dendritic cell – the interferon-producing killer dendritic cell – with a potentially very important role in tumor immunosurveillance. It will be important to learn how adenosine affects these cells.

Lymphocytes. It has been known for a long time that adenosine can regulate several lymphocyte functions. All adenosine receptors can be detected in T lymphocytes, but expression of A_1 receptors is low.⁵¹ The bulk of the interest centers on A_{2A} receptors as it has been shown that mice with targeted deletions of A_{2A} receptors have a very altered T lymphocyte-mediated inflammatory response,⁶³ and because drugs that activate adenosine A_{2A} receptors strongly reduce the T cell-mediated inflammatory response in a variety of tissues.^{52,64,65} However, A_{2B} receptors also appear to play a role. These receptors couple to the same G protein as A_{2A} receptors and stimulation of cyclic adenosine 3',5'-monophosphate (cAMP) figures prominently in the signaling cascade, but nevertheless the ultimate effects can sometimes be quite different. Perhaps this is due to differences in the proteins with which the receptors associate. Interestingly, activation of T-cell receptors leads to a rapid upregulation of A_{2A} receptors and this is associated with inhibited interferon γ release by these cells.⁶⁶ There was a complete absence of adenosine effect in A_{2A} $-/-$ mice, and it was reduced to about half in A_{2A} $+/-$ mice. The latter emphasizes the importance of receptor number in determining the potency of the endogenous agonist. There are also reports of the adenosine-mediated alteration in the release of several other cytokines, and of cytokine-mediated changes in ecto-ADA. The possibility exists that adenosine,

acting mostly on A_{2A} receptors, may redress imbalances in balance between the two subsets of T-helper cells.⁵¹

Elevation of adenosine levels by genetic or drug-induced ADA deficiency leads to reduced B-cell responses. Again A_{2A} (and possibly A_{2B} receptors) are most strongly implicated. The inhibition may be related to a cAMP-mediated inhibition of NF- κ B, via inhibition of inhibitor of kappa B phosphorylation.¹² There is also evidence that natural killer (NK) cells may be regulated by adenosine.⁵¹ Both A_1 and $A_{2A/2B}$ receptors are suggested to play a role, perhaps via opposing actions on NK cell cAMP levels. Most studies have, however, used relatively non-selective agonists and much remains to be carried out to understand the different role(s) played by the different receptors. Recent data show the critical role of NKT cells, and of the A_{2A} receptors they possess, in mediating injury after ischemia and reperfusion.⁶⁷ Thus, a major part of the liver damage after prolonged ischemia and reperfusion depends on NKT cells and on interferon gamma (IFN γ). The NKT cell-dependent liver damage can be virtually eliminated by administering an agonist at A_{2A} receptors.⁶⁷ Furthermore, the release of IFN γ by NKT cells was abolished by A_{2A} stimulation.⁶⁷

Some Examples

Tumor defense. NK cells as well as cytotoxic T cells are believed to play a role in defense against tumor growth. A growing tumor is expected to produce a region of relative hypoxia, and also to release adenine nucleotides by various means, including induced death of cells. This micro-environment will be 'hostile' to the immune cells involved in surveillance, because it will generate elevated adenosine, which by activation of adenosine receptors will inhibit the activity of the immune cells.⁶⁸ Indeed, adenosine levels are higher within the tumor, and at its outer perimeter, than in surrounding tissues.⁶⁸ Immunogenic melanoma or lymphoma cells transplanted to mice lacking A_{2A} receptors grew much more slowly than when transplanted into wild-type mice. The k-o mice survived much better. When non-immunogenic tumors were transplanted there was no difference in rate of growth or in survival.⁶⁸ A drug that blocks A_{2A} receptors could mimic the effect of the k-o. Even the non-selective antagonist caffeine had protective effects, for example, on metastases.⁶⁸ Tumors also grew faster in mice lacking the receptor for IFN γ . This fact combined with the known ability of adenosine to reduce IFN γ production via A_{2A} (and A_{2B}) receptors provided a good explanation for the altered tumor growth.⁶⁸ Another contributing factor, which was covered before, is that A_{2A} receptors are involved in angiogenesis. The selective, local inactivation of A_{2A} receptors may therefore help to boost the host defense against tumor growth. Tumor tissue itself is also regulated by factors such as HIF 1 α and NF- κ B, and therapy directed toward these targets in immune cells may backfire. Again much additional work is needed.

Airway responsiveness. There is also considerable interest in the role of adenosine in inflammatory conditions in the lung – asthma and chronic obstructive lung disease.^{69–71}

Part of the reason for this is that the adenosine antagonist caffeine has been known since the work of Slater in the 19th century to be a useful therapeutic agent, replaced in the middle of last century by its monodemethylated metabolite theophylline. Another reason is that adenosine-induced bronchoconstriction is a diagnostic test for asthma.⁶⁹ Airway epithelia continuously release ATP at a rate of 250 fmol/min/cm². This leads to a local ATP level of about 1 μ M, but also because of high expression of ectonucleotidases to continuous formation of adenosine.⁶ Adenosine levels are increased in asthma and COPD and mice lacking ADA have elevated adenosine levels and pathological changes mimicking aspects of the human disease.⁷¹ Different adenosine receptors may play opposing roles. Thus, blockade of adenosine A_{2B} receptors decreases the pathological changes indicating that these receptors promote the pathology.⁷² By contrast, the adenosine A_1 receptor appears to play a protective role in adenosine-dependent pulmonary injury.⁶¹ Thus, in the absence of A_1 receptors increased adenosine causes much more infiltration with eosinophils, neutrophils and lymphocytes. Furthermore, adenosine A_1 receptors were upregulated in the ADA-deficient lung; there were also changes in the other adenosine receptors. By contrast, there were no adaptive changes in the other adenosine receptors when A_1 receptors were knocked out.^{39,61} This role of the A_1 receptor could not be easily predicted from the studies on isolated immune cells. It is, however, compatible with the results on a role of A_1 receptors in neuro-inflammation related to multiple sclerosis.⁶⁰ In rodents, A_3 receptors are involved in mast cell degranulation, but it is not clear if this is important in humans.⁶⁹

Whereas the A_1 receptor may thus reduce inflammation, at least acutely, there is some evidence that A_1 receptors may be involved in mediating bronchoconstriction. This is, however, contentious, as there are major differences between human asthma and the animal models where such an A_1 receptor-mediated constriction has been demonstrated. It is possible that a major reason for the adenosine A_1 receptor-mediated effects is related to sensitization of pulmonary C fibers⁷³ rather than to a direct effect on immune effector cells or smooth muscle cells.

It has even been demonstrated that oxygenation can aggravate the inflammatory reactions leading to tissue damage and acute respiratory distress.⁷⁴ This response was attributed to decreased levels of endogenous adenosine activating the A_{2A} receptors on activated immune competent cells, and could be partly mimicked by an A_{2A} agonist. It was therefore proposed that oxygen therapy should be combined with the administration of an adenosine A_{2A} agonist.⁷⁴ This concept is clearly related to the idea that adenosine A_{2A} agonists would be very useful in preventing various types of ischemia reperfusion damage for which there is considerable experimental support.⁶⁵

Neurodegeneration. As discussed above there is excellent evidence that A_1 receptors play an important role in limiting excitatory neurotransmission in, for example, hypoxia and following seizures. It has been speculated that excitotoxicity due to excess glutamate is of major importance in cell death

after stroke. One would therefore expect that changes in adenosine A₁ receptors should strongly influence the outcome after stroke or cerebral artery occlusion.^{30,75} It was therefore a major surprise when elimination of A₁ receptors was found not to affect the size of the infarct after vessel occlusion.⁷⁶ This shows that at least in this particular model of ischemic neurodegeneration excitotoxicity is not a major factor. In the same study we did observe that administration of an antagonist at mainly A₁ and A_{2B} receptors did cause aggravated damage. This could be explained either if A_{2B} receptors play a hitherto unsuspected role or if the drug blocks during a critical time window when A₁ receptors do protect.

There are additional surprises. As noted above there is very good evidence that activation of A_{2A} receptors on bone marrow-derived cells can protect against ischemic damage in several organs including liver, kidney and even spinal cord.⁶⁵ It was therefore unexpected when blockade of A_{2A} receptors or the targeted elimination of these receptors actually mediated protection against ischemic neurodegeneration.⁷⁷ The surprise was increased by the fact that the cerebroprotection occurred particularly in regions where there are very few A_{2A} receptors.³⁰ Even more surprising is the fact that the relevant A_{2A} receptors occur not in the brain parenchyma but derive from the bone marrow.⁷⁸

Together these results emphasize that at least some of the current hypotheses regarding ischemic brain damage are too simplistic, and they also highlight a surprising differences between tissues.

Conclusions

The level of adenosine and the expression of adenosine receptors are regulated so that the signaling via one or more of the receptors increases in cellular stress and distress. Adenosine via its receptors will tend to limit the consequences of the potentially damaging stimuli. This is achieved in multiple ways. There is a strong link between adenosine and signaling in hypoxia. In different ways adenosine can increase oxygen supply and decrease oxygen demand. This can occur both in the short term and in the long term. Angiogenesis is stimulated by adenosine and adenosine mediates some forms of preconditioning. A particularly intriguing role of adenosine is in the regulation of various aspects of inflammation. The precise roles of the different receptors appear to differ in a time- and tissue-dependent manner. What is beneficial in one tissue at one time may be detrimental at another time or place. For this reason, and because adenosine plays so many roles therapeutic efforts may be frustrated.

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