

# Aging in Place: A State Survey of Livability Policies and Practices



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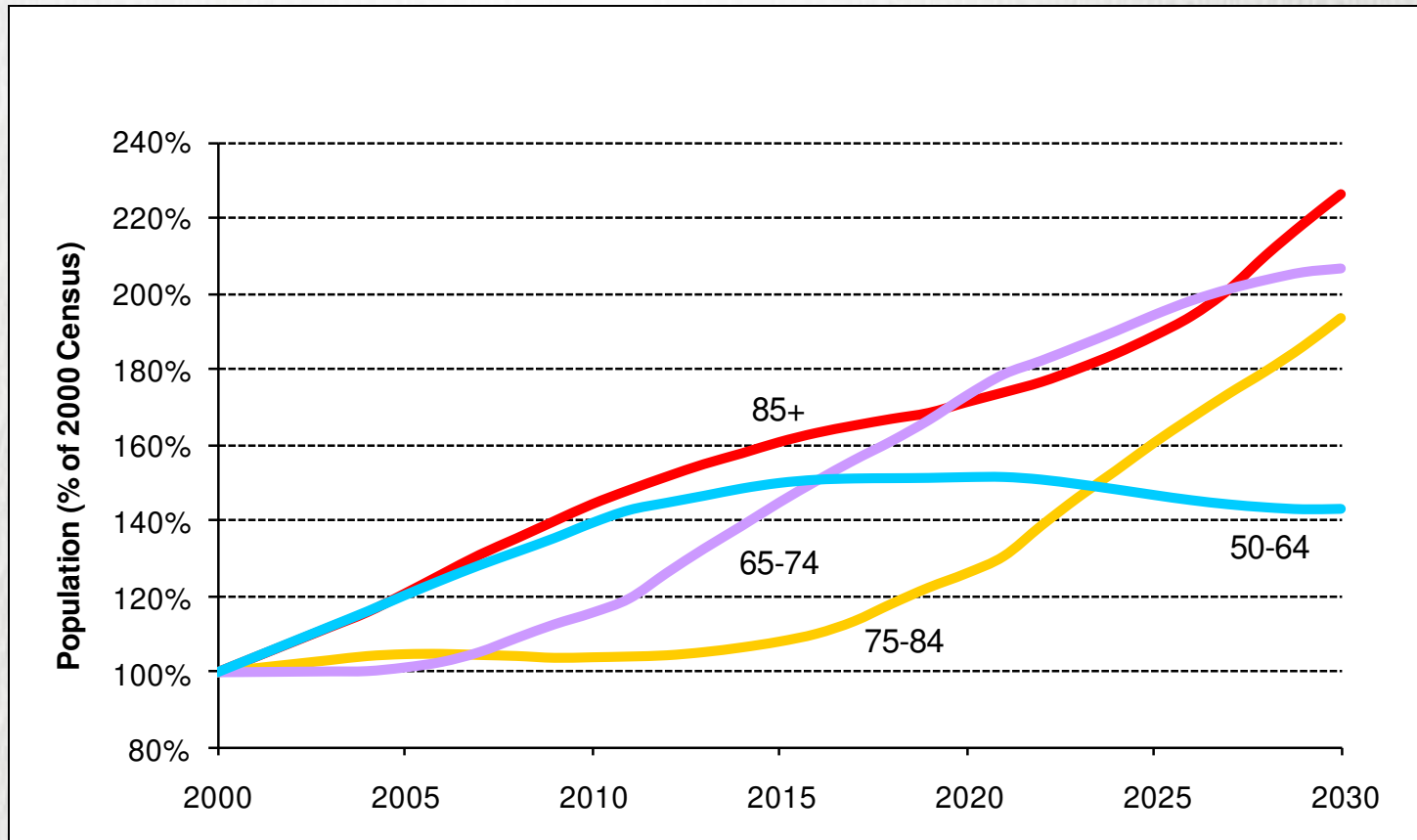
*The Forum for America's Ideas*



**Nicholas Farber and Douglas Shinkle**  
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**Denver, Colorado**



# The Graying of America





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*The Forum for America's Ideas*

# ***Aging in Place: A State Survey of Livability Policies and Practices***





# Barriers to Aging in Place





# Our Findings





## Land Use

- **Certain land use policies can help older adults live closer to or within walking distance of the transportation and services they need.**
  - Integrating land use and transportation planning
  - Transit oriented development
  - Encouraging joint use of community facilities



# Land Use: Washington





## **State Example: Washington**

**"Washington's Growth Management Act can help older citizens feel more comfortable outside without fear of being hit by a car, and could improve not only their physical health, but also their emotional and mental health. The policy may promote increased access to other modes of transportation."**

***-WASHINGTON SENATOR ROSA FRANKLIN***





# Land Use: California





## **State Example: California**

**"As SB 375's implementation unfolds, aging in place will become easier because more housing will be available close to public transportation. This will benefit older adults, since they can walk places or be close enough to services to have a choice of whether to drive, walk or take transit."**

***-WILLIAM CRAVEN, CALIFORNIA SENATE'S NATURAL RESOURCE COMMITTEE***



***Transit Oriented Development*** is compact, walkable, mixed-use communities that are developed around high quality public transportation





# Land Use: Joint Use of Facilities





# Transportation

- **Increased mobility options can reduce reliance on transportation by personal car:**
  - Complete Streets
  - Pedestrian Safety
  - Access to Services in Rural Areas
  - Human Service Transportation Coordination
  - Volunteer Driver Laws

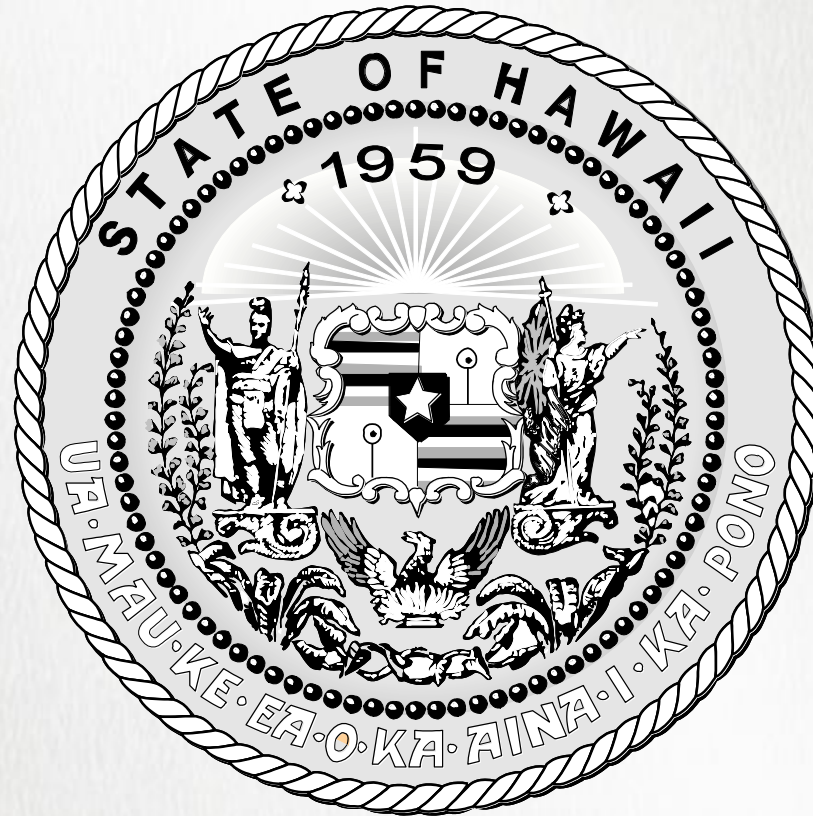


**“*Complete Streets*” are planned, designed, built, operated and maintained to accommodate the safety and convenience of all users, including pedestrians, bicyclists, transit users and motorists, regardless of age and ability.**





# Complete Streets: Hawaii





# Complete Streets: Vermont







# Transportation: Pedestrian Safety





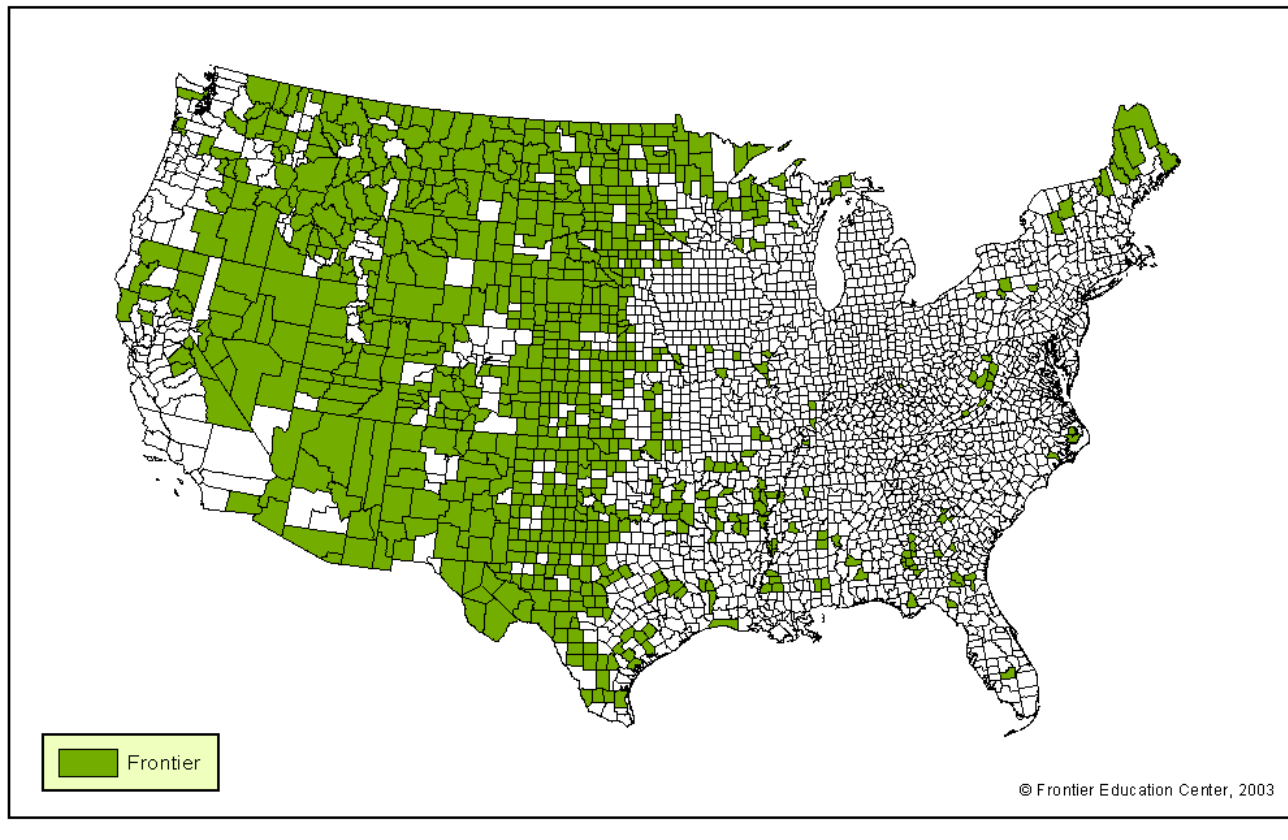
# Pedestrian Safety: New Jersey





# Transportation: Rural Access

## USA Frontier Counties, 2000 Consensus





# Rural Access: Montana

## Montana Profile

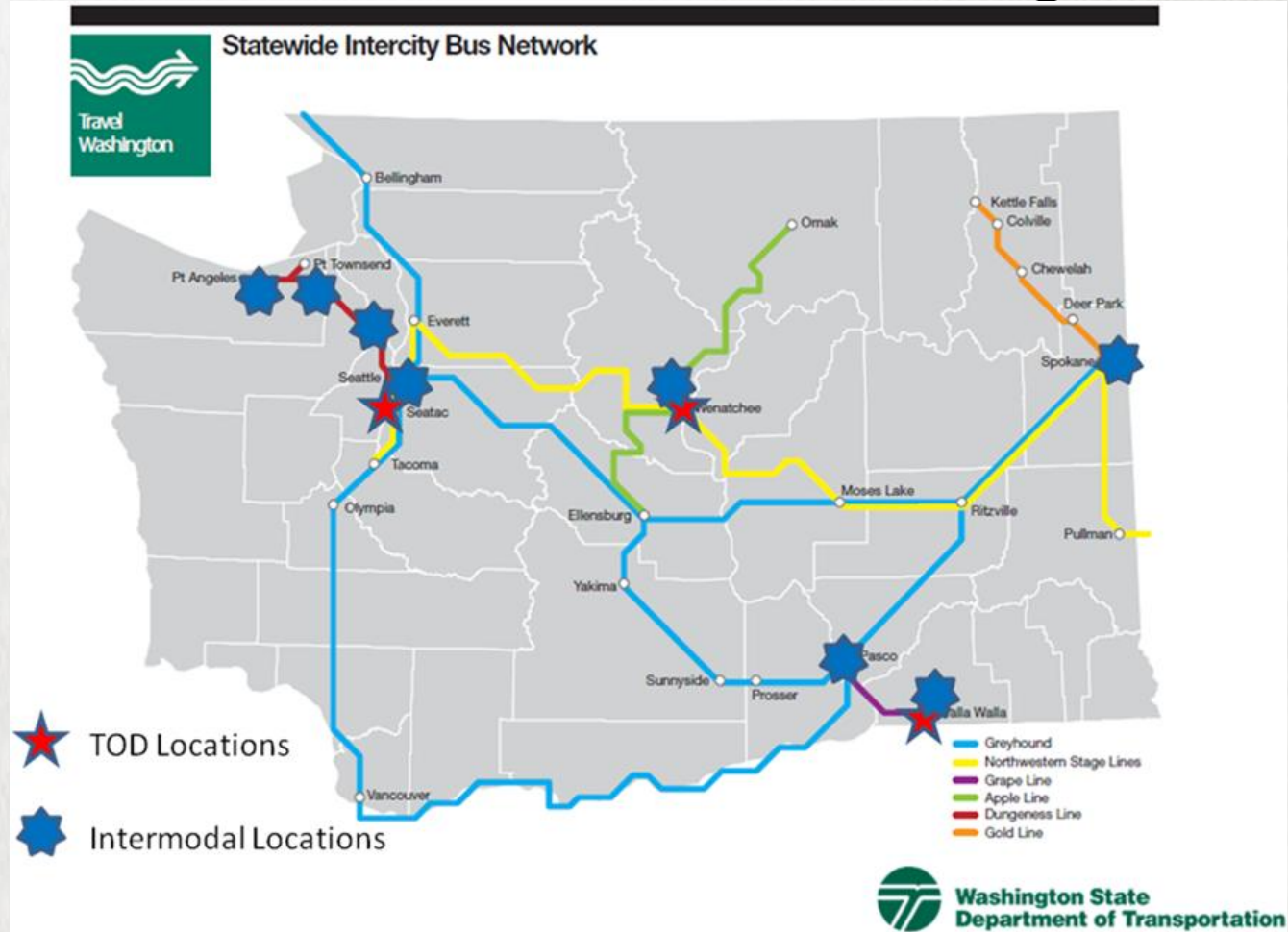
The distance between Yaak and Alzada, Montana (744 miles) is greater than the distance between Washington D.C. and Chicago

Our largest city, Billings, has 100,000 people. State population is less than 1 million.





# Rural Access: Washington





# Transportation: Human Service Transportation Coordination





# Transportation Coordination: Florida





## **Transportation Coordination: Minnesota**

**"This (unreliable level of service) causes older adults to move out of their homes and communities and forces changes that might be more expensive overall. In fact, they might be able to stay in their homes and be active members of their community if transportation services were improved."**

***-MINNESOTA SENATOR SCOTT DIBBLE***





# Transportation: Volunteer Drivers





# Housing

- **Affordable, accessible housing can decrease institutionalization and meet consumer demand.**
  - Affordable Housing near Transit
  - Building Standards
  - Naturally Occurring Retirement Communities (NORCs) and Communities for a Lifetime



# Affordable Housing Near Transit





# Housing: Building Standards



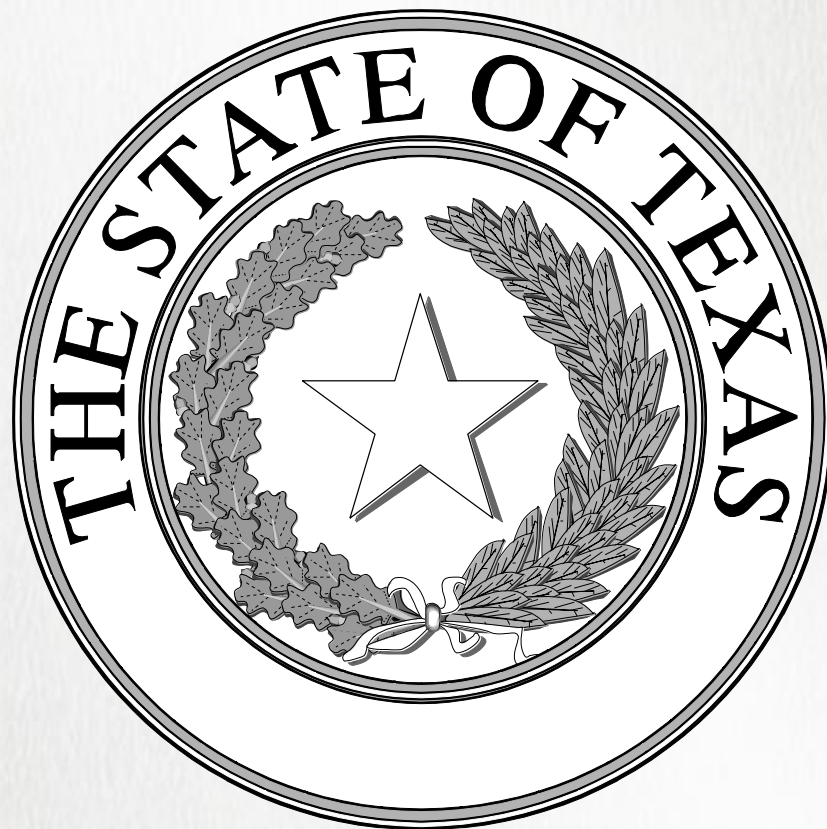


# Building Standards: Pennsylvania





# Building Standards: Texas





# NORCs And Communities For A Lifetime Models





# Communities for a Lifetime: Florida







# Aging in Place - What's Coming?





# Questions

- Questions?
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