## Almost sure well-posedness for the periodic 3D quintic nonlinear Schrödinger equation below the energy space

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# ALMOST SURE WELL-POSEDNESS FOR THE PERIODIC 3D QUINTIC NONLINEAR SCHRÖDINGER EQUATION BELOW THE ENERGY SPACE 

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#### Abstract

In this paper we prove an almost sure local well-posedness result for the periodic 3D quintic nonlinear Schrödinger equation in the supercritical regime, that is below the critical space $H^{1}\left(\mathbb{T}^{3}\right)$.


## 1. Introduction

In this paper we continue the study of almost sure well-posedness for certain dispersive equations in a supercritical regime. In the last two decades there has been a burst of activity -and significant progress- in the field of nonlinear dispersive equations and systems. These range from the development of analytic tools in nonlinear Fourier and harmonic analysis combined with geometric ideas to address nonlinear estimates, to related deep functional analytic methods and profile decompositions to study local and global well-posedness and singularity formation for these equations and systems. The thrust of this body of work has focused mostly on deterministic aspects of wave phenomena where sophisticated tools from nonlinear Fourier analysis, geometry and analytic number theory have played a crucial role in the methods employed. Building upon work by Bourgain [1, 2, 4] several works have appeared in which the well-posedness theory has been studied from a nondeterministic point of view relying on and adapting probabilistic ideas and tools as well (c.f. [11, 12, 34, 28, 29, 35, 26, 27, 32, 17, 25, 15, 18, 19, and references therein).

It is by now well understood that randomness plays a fundamental role in a variety of fields. Situations when such a point of view is desirable include: when there still remains a gap between local and global well-posedness when certain type of ill-posedness is present, and in the very important super-critical regime when a deterministic well-posedness theory remains, in general, a major open problem in the field. A set of important and tractable problems is concerned with those (scaling) equations for which global well posedness for large data is known at the critical scaling level. Of special interest is the case when the scale-invariant regularity $s_{c}=1$ (energy or Hamiltonian). A natural question then is that of understanding the supercritical (relative to scaling) long time dynamics for the nonlinear Schrödinger equation in the defocusing case. Whether blow up occurs from classical data in the defocussing case remains a difficult open problem in the subject. However, what seems within reach at this time is to investigate and seek an answer to these problems from a nondeterministic viewpoint; namely for random data.

In this paper we treat the energy-critical periodic quintic nonlinear Schrödinger equation (NLS), an especially important prototype in view of the results by Herr, Tzvetkov and Tataru [23] establishing small data global well posedness in $H^{1}\left(\mathbb{T}^{3}\right)$ and of Ionescu and

[^0]Pausader [24] proving large data global well posedness in $H^{1}\left(\mathbb{T}^{3}\right)$ in the defocusing case, the first critical result for NLS on a compact manifold. Large data global well-posedness in $\mathbb{R}^{3}$ for the energy-critical quintic NLS had been previously established by Colliander, Keel, Staffilani, Takaoka and Tao in [16].

Our interest in this paper is to establish a local almost sure well posedness for random data below $H^{1}\left(\mathbb{T}^{3}\right)$; that is, in the supercritical regime relative to scaling ${ }^{11}$ and without any kind of symmetry restriction on the data. In a seminal paper, Bourgain (4) obtained almost sure global well posedness for the $2 D$ periodic defocusing (Wick ordered) cubic NLS with data below $L^{2}\left(\mathbb{T}^{2}\right)$, ie. in a supercritical regime $\left(s_{c}=0 \sqrt{2}\right.$. Burq and Tzvetkov obtained similar results for the supercritical ( $s_{c}=\frac{1}{2}$ ) radial cubic NLW on compact Riemannian manifolds in $3 D$. Both global results rely on the existence and invariance of associated Gibbs measures. As it turns out, in many situations either the natural Gibbs or weighted Wiener construction does not produce an invariant measure or (and this is particularly so in higher dimensions) it is thought to be impossible to make any reasonable construction at all. In the case of the ball or the sphere, if one restricts to the radial case then constructions of invariant measures are possible as in [35, 12, 20, 21, 6, 7, 8]. Recently, a probabilistic method based on energy estimates has been used to obtain supercritical almost sure global results, thus circumventing the use of invariant measures and the restriction of radial symmetry. In this context Burq and Tzvetkov [13] and Burq, Thomann and Tzvetkov [14] considered the periodic cubic NLW, while Nahmod, Pavlovic and Staffilani [25] treated the periodic NavierStokes equations. Colliander and Oh [17] also proved almost sure global well-posedness for the subcritical 1D periodic cubic NLS below $L^{2}$ in the absence of invariant measures by suitably adapting Bourgain's high-low method.

Extending the local solutions we obtain here to global ones is the next natural step; it is worth noting however that unlike the work of Bourgain [4] one would need to proceed in the absence of invariant measures; and unlike the work of Colliander and Oh [17] the smoother norm in our case, namely $H^{1}\left(\mathbb{T}^{3}\right)$, on which one would need to rest to extend the local theory to a global one is in fact critical. This forces the bounds on the Strichartz type norms to be of exponential type with respect to the energy, too large to be able to close the argument.

The problem we are considering here is the analogue of the supercritical local wellposedness result 3 proved by Bourgain in [4] for the periodic mass critical defocusing cubic NLS in 2D. Of course, Bourgain then constructed a 2D Gibbs measure and proved that for data in its statistical ensemble the local solutions obtained were in fact global, hence establishing almost sure global well posedness in $H^{-\epsilon}\left(\mathbb{T}^{2}\right), \epsilon>0$.

There are several major complications in the work that we present below compared to the work of Bourgain: a quintic nonlinearity increases quite substantially the different cases that need to be treated when one analyzes the frequency interactions in the nonlinearity; the counting lemmata in a 3D lattice are much less favorable and the Wick ordering is not sufficient to remove certain resonant frequencies that need to be eliminated. The latter is not surprising, and in fact known within the context of quantum field renormalization (c.f. Salmhofer's book [30]). In particular, to overcome this last obstacle, we introduce an appropriate gauge transformation, we work on the gauged problem and then transfer the obtained result back to the original problem; which as a consequence is studied through

[^1]a contraction method applied in a certain metric space of functions. A similar approach was used by the second author in 31. Finally our estimates take place in function spaces where we must be careful about working with the absolute value of the Fourier transform. In fact the norms of these spaces are not defined through the absolute value of the Fourier transform, a property of the $X^{s, b}$ spaces in [4] which is quite useful, see for example Section 8.

In this work we consider the Cauchy initial value problem,

$$
\left\{\begin{array}{l}
i u_{t}+\Delta u=\lambda u|u|^{4} \quad x \in \mathbb{T}^{3}  \tag{1.1}\\
u(0, x)=\phi(x)
\end{array}\right.
$$

where $\lambda= \pm 1$.
We randomize the data in the following sense,
Definition 1.1. Let $\left(g_{n}(\omega)\right)_{n \in \mathbb{Z}^{3}}$ be a sequence of complex i.i.d centered Gaussian random variables on a probability space $(\Omega, A, \mathbb{P})$. For $\phi \in H^{s}\left(\mathbb{T}^{3}\right)$, let $\left(b_{n}\right)$ be its Fourier coefficients, that is

$$
\begin{equation*}
\phi(x)=\sum_{n \in \mathbb{Z}^{3}} b_{n} e^{i n \cdot x}, \quad \sum_{n \in \mathbb{Z}^{3}}(1+|n|)^{2 s}\left|b_{n}\right|^{2}<\infty \tag{1.2}
\end{equation*}
$$

The map from $(\Omega, A)$ to $H^{s}\left(\mathbb{T}^{3}\right)$ equipped with the Borel sigma algebra, defined by

$$
\begin{equation*}
\omega \longrightarrow \phi^{\omega}, \quad \phi^{\omega}(x)=\sum_{n \in \mathbb{Z}^{3}} g_{n}(\omega) b_{n} e^{i n \cdot x} \tag{1.3}
\end{equation*}
$$

is called a map randomization.
Remark 1.2. The map (1.3) is measurable and $\phi^{\omega} \in L^{2}\left(\Omega ; H^{s}\left(\mathbb{T}^{d}\right)\right)$, is an $H^{s}\left(\mathbb{T}^{d}\right)$-valued random variable. We recall that such a randomization does not introduce any $H^{s}$ regularization (see Lemma B. 1 in [11 for a proof of this fact), indeed $\left\|\phi^{\omega}\right\|_{H^{s}} \sim\|\phi\|_{H^{s}}$. However randomization gives improved $L^{p}$ estimates almost surely.

Our setting to show almost sure local well posedness is similar to that of Bourgain in 4]. More precisely, we consider data $\phi \in H^{1-\alpha-\varepsilon}\left(\mathbb{T}^{3}\right)$ for any $\varepsilon>0$ of the form

$$
\begin{equation*}
\phi(x)=\sum_{n \in \mathbb{Z}^{3}} \frac{1}{\langle n\rangle^{\frac{5}{2}-\alpha}} e^{i n \cdot x} \tag{1.4}
\end{equation*}
$$

whose randomization is

$$
\begin{equation*}
\phi^{\omega}(x)=\sum_{n \in \mathbb{Z}^{3}} \frac{g_{n}(\omega)}{\langle n\rangle^{\frac{5}{2}-\alpha}} e^{i n \cdot x} \tag{1.5}
\end{equation*}
$$

Our main result can then be stated as follows,
Theorem 1.3 (Main Theorem). Let $0<\alpha<\frac{1}{12}, s \in\left(1+4 \alpha, \frac{3}{2}-2 \alpha\right)$ and $\phi$ as in (1.4). Then there exists $0<\delta_{0} \ll 1$ and $r=r(s, \alpha)>0$ such that for any $\delta<\delta_{0}$, there exists $\Omega_{\delta} \in A$ with

$$
\mathbb{P}\left(\Omega_{\delta}^{c}\right)<e^{-\frac{1}{\delta^{r}}}
$$

and for each $\omega \in \Omega_{\delta}$ there exists a unique solution $u$ of (1.1) in the space

$$
S(t) \phi^{\omega}+X^{s}([0, \delta))_{d},
$$

where $S(t) \phi^{\omega}$ is the linear evolution of the initial data $\phi^{\omega}$ given by (1.5).

Here we denoted by $X^{s}([0, \delta))_{d}$ the metric space $\left(X^{s}([0, \delta)), d\right)$ where $d$ is the metric defined by (2.21) in Section 2 and $X^{s}([0, \delta))$ is the space introduced in Definition 4.4 below.

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## 2. Removing resonant frequencies: the gauged equation

The main idea in proving Theorem 1.3 goes back to Bourgain 4 and it consists on proving that if $u$ solves (1.1), then $w=u-S(t) \phi^{\omega}$ is smoother; see also [11, 17, [25]. In fact one reduces the problem to showing well-posedness for the initial value problem involving $w$, which is in fact treated as a deterministic function. The initial value problem that $w$ solves does not become a subcritical one, but it is of a hybrid type involving also rougher but random terms, whose decay and moments play a fundamental role. For the NLS equation this argument can be carried out only after having removed certain resonant frequencies in the nonlinear part of the equation. In this section in fact we write the Fourier coefficients of the quintic expression $|u|^{4} u$ and we identify the resonant part that needs to be removed in order to be able to take advantage of the moments coming from the randomized terms. We will go back to this concept more in details in Remark 2.1 below.

Let's start by assuming that $\widehat{u}(n)(t)=a_{n}(t)$. We introduce the notation

$$
\begin{equation*}
\Gamma(n)_{\left[i_{1}, i_{2}, \cdots, i_{r}\right]}:=\left\{\left(n_{i_{1}}, \cdots, n_{i_{r}}\right) \in \mathbb{Z}^{3 r} / n=n_{i_{1}}-n_{i_{2}}+\cdots+(-1)^{r+1} n_{i_{r}}\right\} \tag{2.1}
\end{equation*}
$$

to indicate various hyperplanes and $\Gamma(n)_{\left[i_{1}, i_{2}, \cdots, i_{r}\right]}^{c}$ is its complement.
Next, for fixed time $t$, we take $\mathcal{F}$, the Fourier transform in space, and write,

$$
\begin{aligned}
& \mathcal{F}\left(|u(t)|^{4} u(t)\right)(n)=\sum_{\Gamma(n)[1, \cdots, 5]} a_{n_{1}}(t) \overline{a_{n_{2}}}(t) a_{n_{3}}(t) \overline{a_{n_{4}}}(t) a_{n_{5}}(t) \\
& =\sum_{\Gamma(n)_{[1, \ldots, 5]} \cap \Gamma(0)_{[1,2,3,4]}^{C} \cap \Gamma(0)_{[1,2,5,4]}^{C} \cap \Gamma(0)_{[3,2,5,4]}^{C}} a_{n_{1}}(t) \overline{a_{n_{2}}}(t) a_{n_{3}}(t) \overline{a_{n_{4}}}(t) a_{n_{5}}(t) \\
& +\sum_{\Gamma(n)_{[1, \ldots, 5]} \Gamma \Gamma(0)_{[1,2,3,4]}} a_{n_{1}}(t) \overline{a_{n_{2}}}(t) a_{n_{3}}(t) \overline{a_{n_{4}}}(t) a_{n_{5}}(t) \\
& +\sum_{\Gamma(n)_{[1, \ldots, 5]} \cap \Gamma(0)_{[1,2,5,4]}} a_{n_{1}}(t) \overline{a_{n_{2}}}(t) a_{n_{3}}(t) \overline{a_{n_{4}}}(t) a_{n_{5}}(t) \\
& +\sum_{\Gamma(n)[1, \cdots, 5] \cap \Gamma(0)_{[3,2,5,4]}} a_{n_{1}}(t) \overline{a_{n_{2}}}(t) a_{n_{3}}(t) \overline{a_{n_{4}}}(t) a_{n_{5}}(t) \\
& -\sum_{\Gamma(n)_{[1, \ldots, 5]} \cap \Gamma(0)_{[1,2,3,4]} \cap \Gamma(0)_{[1,2,5,4]} \cap \Gamma(0)_{[3,2,5,4]}^{C}} a_{n_{1}}(t) \overline{a_{n_{2}}}(t) a_{n_{3}}(t) \overline{a_{n_{4}}}(t) a_{n_{5}}(t) \\
& -\sum_{\Gamma(n)_{[1, \ldots, 5]} \cap \Gamma(0)_{[1,2,3,4]} \cap \Gamma(0)_{[3,2,5,4]} \cap \Gamma(0)_{[1,2,5,4]}^{C}} a_{n_{1}}(t) \overline{a_{n_{2}}}(t) a_{n_{3}}(t) \overline{a_{n_{4}}}(t) a_{n_{5}}(t) \\
& -\sum_{\Gamma(n)_{[1, \ldots, 5]} \cap \Gamma(0)_{[3,2,5,4]} \cap \Gamma(0)_{[1,2,5,4]} \cap \Gamma(0)_{[1,2,3,4]}^{C}} a_{n_{1}}(t) \overline{a_{n_{2}}}(t) a_{n_{3}}(t) \overline{a_{n_{4}}}(t) a_{n_{5}}(t)
\end{aligned}
$$

$$
\begin{aligned}
& -2 \sum_{\Gamma(n)_{[1, \cdots, 5]} \cap \Gamma(0)_{[1,2,3,4]} \cap \Gamma(0)_{[3,2,5,4]} \cap \Gamma(0)_{[1,2,5,4]}} a_{n_{1}}(t) \overline{a_{n_{2}}}(t) a_{n_{3}}(t) \overline{a_{n_{4}}}(t) a_{n_{5}}(t) \\
& =\sum_{k=1, \cdots, 8} I_{k},
\end{aligned}
$$

We now rewrite each $I_{k}$ using more explicitly the constraints in the hyperplanes. $I_{1}$ is the most complicated and and we start by rewriting it. To that effect we introduce the following notation:

$$
\begin{align*}
\Lambda(n) & :=\Gamma(n)_{[1, \cdots, 5]} \cap \Gamma(0)_{[1,2,3,4]}^{C} \cap \Gamma(0)_{[1,2,5,4]}^{C} \cap \Gamma(0)_{[3,2,5,4]}^{C}  \tag{2.2}\\
\Sigma(n) & :=\left\{\left(n_{1}, n_{2}, n_{3}, n_{4}, n_{5}\right) \in \Lambda(n) / n_{1}, n_{3}, n_{5} \neq n_{2}, n_{4}\right\} . \tag{2.3}
\end{align*}
$$

We have

$$
\begin{align*}
I_{1}= & \sum_{\Lambda(n)} a_{n_{1}}(t) \overline{a_{n_{2}}}(t) a_{n_{3}}(t) \overline{a_{n_{4}}}(t) a_{n_{5}}(t)  \tag{2.4}\\
= & \sum_{\Sigma(n)} a_{n_{1}}(t) \overline{a_{n_{2}}}(t) a_{n_{3}}(t) \overline{a_{n_{4}}}(t) a_{n_{5}}(t) \\
& +6\left(\sum_{n_{2}}\left|a_{n_{2}}\right|^{2}\right)_{\Gamma(n)} \sum_{[3,4,5]} a_{n_{3}, n_{5} \neq n_{4}} a_{n_{3}}(t) \overline{a_{n_{4}}}(t) a_{n_{5}}(t) \\
& -6\left|a_{n}\right|^{2} \sum_{\Gamma(n)} \sum_{[3,4,5]}, n_{3}, n_{5} \neq n_{4} \\
& -3 \sum_{\Gamma(n) \overline{a_{4}}}(t) a_{n_{5}}(t) \\
& \sum_{\left[3,1,5, n_{3}, n_{5} \neq n_{1}\right.}\left|a_{n_{1}}(t)\right|^{2} \overline{a_{n_{1}}}(t) a_{n_{3}}(t) a_{n_{5}}(t) \\
& -3\left|a_{n}\right|^{4} a_{n}(t)+3\left|a_{n}\right|^{2} \overline{a_{n}(t)} \sum_{n_{3}+n_{5}=2 n} a_{n_{3}}(t) a_{n_{5}}(t) \\
& -6 \sum_{\Gamma(n)[2,4,5], n_{2}, n_{5} \neq n_{4}}\left|a_{n_{2}}(t)\right|^{2} a_{n_{2}}(t) \overline{a_{n_{4}}}(t) a_{n_{5}}(t) \\
& +2 \sum_{n=2 n_{2}-n_{4}, n_{2} \neq n_{4}}\left|a_{n_{2}}(t)\right|^{2} a_{n_{2}}^{2}(t) \overline{a_{n_{4}}}(t)
\end{align*}
$$

Note here that we can write

$$
\begin{align*}
& \left|a_{n}\right|^{2} \sum_{\Gamma(n)_{[3,4,5]}, n_{3}, n_{5} \neq n_{4}} a_{n_{3}}(t) \overline{a_{n_{4}}}(t) a_{n_{5}}(t)=-2\left|a_{n}\right|^{2} a_{n}\left(\sum_{n_{2}}\left|a_{n_{2}}\right|^{2}\right)+\left|a_{n}\right|^{4} a_{n}  \tag{2.5}\\
& +\left|a_{n}\right|^{2} \sum_{\Gamma(n)_{[3,4,5]}} a_{n_{3}}(t) \overline{a_{n_{4}}}(t) a_{n_{5}}(t) .
\end{align*}
$$

It is easier to see that for $i=2,3,4$

$$
\begin{equation*}
I_{i}=a_{n}(t) \sum_{\Gamma(0)_{[1,2,3,4]}} a_{n_{1}}(t) \overline{a_{n_{2}}}(t) a_{n_{3}}(t) \overline{a_{n_{4}}}(t)=\hat{u}(n)(t) \int_{\mathbb{T}^{3}}|u|^{4}(x, t) d x, \tag{2.6}
\end{equation*}
$$

while for $j=5,6,7$

$$
\begin{equation*}
I_{j}=-a_{n}^{3}(t) \sum_{n_{2}+n_{4}=2 n} \overline{a_{n_{2}}}(t) \overline{a_{n_{4}}}(t)+a_{n}^{2} \sum_{n=n_{2}+n_{4}-n_{1}} \overline{a_{n_{2}}}(t) \overline{a_{n_{4}}}(t) a_{n_{1}}(t) \tag{2.7}
\end{equation*}
$$

and for

$$
\begin{equation*}
I_{8}=-2 a_{n}^{3}(t) \sum_{n_{2}+n_{4}=2 n} \overline{a_{n_{2}}}(t) \overline{a_{n_{4}}}(t) . \tag{2.8}
\end{equation*}
$$

We summarize our findings from (2.4)- (2.8). In this part of the argument the time variable is not important, hence we will omit it for now. We write

$$
\begin{equation*}
\mathcal{F}\left(|u|^{4} u-3 u\left(\int_{\mathbb{T}^{3}}|u|^{4} d x\right)\right)(n)=\sum_{k=1}^{7} J_{k}\left(a_{n}\right) \tag{2.9}
\end{equation*}
$$

with

$$
\begin{align*}
& J_{1}=\sum_{\Sigma(n)} a_{n_{1}} \overline{a_{n_{2}}} a_{n_{3}} \overline{a_{n_{4}}} a_{n_{5}}  \tag{2.10}\\
& J_{2}=6 m \sum_{\Gamma(n)_{[1,2,3]}, n_{3}, n_{1} \neq n_{2}} a_{n_{1}} \overline{a_{n_{2}}} a_{n_{3}}  \tag{2.11}\\
& J_{3}=-6 \sum_{\Gamma(n)} \sum_{[1,2,3], n_{1}, n_{3} \neq n_{2}}\left|a_{n_{1}}\right|^{2} a_{n_{1}} \overline{a_{n}} a_{n_{3}}  \tag{2.12}\\
& -3 \sum_{\Gamma(n)_{[1,2,3]}, n_{1}, n_{3}, \neq n_{2}} a_{n_{1}}\left|a_{n_{2}}\right|^{2} \overline{a_{n_{2}}} a_{n_{3}} \\
& J_{4}=2 \sum_{n=2 n_{1}-n_{2},}\left|a_{n_{1}}\right|^{2} a_{n_{1}}^{2} \overline{a_{n_{2}}}  \tag{2.13}\\
& J_{5}=-6\left|a_{n}\right|^{2} \sum_{\Gamma(n)_{[123]}} a_{n_{1}} \overline{a_{n_{2}}} a_{n_{3}}+3 a_{n}^{2} \sum_{\Gamma(n)_{[214]}} \overline{a_{n_{2}}} a_{n_{1}} \overline{a_{n_{4}}}  \tag{2.14}\\
& J_{6}==-5 a_{n}^{3} \sum_{n=n_{2}+n_{4}} \overline{a_{n_{2}} a_{n_{4}}}+3\left|a_{n}\right|^{2} \overline{a_{n}} \sum_{n=n_{1}+n_{3}} a_{n_{1}} a_{n_{3}}  \tag{2.15}\\
& J_{7}=-11 a_{n}\left|a_{n}\right|^{4}+12 m\left|a_{n}\right|^{2} a_{n}, \tag{2.16}
\end{align*}
$$

where $m=\int_{\mathbb{T}^{3}}|u(t, x)|^{2} d x$, the conserved mass.
Remark 2.1. In the calculations above we wrote the nonlinear terms in (1.1) in Fourier space, we isolated the term $u \int_{\mathbb{T}^{3}}|u|^{4} d x$ and we subtracted it from $|u|^{4} u$, see (2.9). We show below that indeed in doing so we separated those terms that we claim are not suitable for smoother estimates from the ones that are. To understand this point let us replace $a_{n}=\frac{g_{n}(\omega)}{\langle n\rangle^{\frac{\omega}{2}-\alpha}}$, for $\alpha$ small, whose anti-Fourier transform barely misses to be in $H^{1}\left(\mathbb{T}^{3}\right)$. We want to claim that the randomness coming from $\left\{g_{n}(\omega)\right\}$ will increase the regularity of the nonlinearity in a certain sense, so that it can hold a bit more than one derivative. We realize immediately though that this claim cannot be true for the whole nonlinear term. For example the terms $I_{i}, i=2,3,4$ have no chance to improve their regularity because they are simply linear with respect to $a_{n}$, hence they need to be removed. This same problem presented itself in the work of Bourgain [4] and Colliander-Oh [17] who considered the cubic $N L S$ below $L^{2}$. In particular in their case the problematic term was of the type $a_{n} \int_{\mathbb{T}^{d}}|u|^{2} d x$ and the authors removed it by Wick ordering the Hamiltonian. An important ingredient in making this successful was that $\int_{\mathbb{T}^{d}}|u|^{2} d x$, that is the mass, is independent of time. In our case Wick ordering the Hamiltonian is not helpful since it does not remove the terms $I_{i}, i=2,3,4$. As we mentioned before, the latter is not surprising, and in fact known within the context of quantum field renormalization (c.f. Salmhofer's book [30]).

If we knew that $\int_{\mathbb{T}^{3}}|u|^{4} d x$ were constant in time, then we could simply relegate those terms to the linear part of the equation. Since this is obviously not the case relegating these expressions with the main linear part of the equation would prevent us from using the simple form of the solution for a Schrödinger equation with constant coefficients. A similar situation to the one just described presented itself in [31] where a gauge transformation was used to remove the time dependent linear terms. We are able to use the same idea in this context and this is the content of what follows in this section.

To prove Main Theorem 1.1 we proceed in two steps. First we consider the initial value problem

$$
\left\{\begin{array}{l}
i v_{t}+\Delta v=\mathcal{N}(v) \quad x \in \mathbb{T}^{3}  \tag{2.17}\\
v(0, x)=\phi(x),
\end{array}\right.
$$

where

$$
\begin{equation*}
\mathcal{N}(v):=\lambda\left(v|v|^{4}-3 v\left(\int_{\mathbb{T}^{3}}|v|^{4} d x\right)\right) \tag{2.18}
\end{equation*}
$$

with $\lambda= \pm 1$ and $\phi(x)$ the initial datum as in (1.1). To make the notation simpler set

$$
\begin{equation*}
\beta_{v}(t)=3 \int_{\mathbb{T}^{3}}|v|^{4} d x \tag{2.19}
\end{equation*}
$$

and define

$$
\begin{equation*}
u(t, x):=e^{i \lambda \int_{0}^{t} \beta_{v}(s) d s} v(t, x) \tag{2.20}
\end{equation*}
$$

We observe that $u$ solves the initial value problem (1.1). Now suppose that one obtains well-posedness for the initial value problem (2.17) in a certain Banach space $(X,\|\cdot\|)$ then one can transfer those results to the initial value problem (1.1) by using a metric space $X_{d}:=(X, d)$ where

$$
\begin{equation*}
d(u, v):=\left\|e^{-i \lambda \int_{0}^{t} \beta_{u}(s) d s} u(t, x)-e^{-i \lambda \int_{0}^{t} \beta_{v}(s) d s} v(t, x)\right\| \tag{2.21}
\end{equation*}
$$

The fact that this is indeed a metric follows from using the properties of the norm $\|\cdot\|$ and the fact that if

$$
e^{-i \lambda \int_{0}^{t} \beta_{u}(s) d s} u(t, x)=e^{-i \lambda \int_{0}^{t} \beta_{v}(s) d s} v(t, x)
$$

then $\beta_{v}(t)=\beta_{u}(t)$ and hence $u=v$.
From this moment on we work exclusively with the initial value problem (2.17). In particular below we prove the following result:

Theorem 2.2. Let $0<\alpha<\frac{1}{12}, s \in\left(1+4 \alpha, \frac{3}{2}-2 \alpha\right)$ and $\phi$ as in (1.4). There exists $0<\delta_{0} \ll 1$ and $r=r(s, \alpha)>0$ such that for any $\delta<\delta_{0}$, there exists $\Omega_{\delta} \in A$ with

$$
\mathbb{P}\left(\Omega_{\delta}^{c}\right)<e^{-\frac{1}{\delta^{r}}},
$$

and for each $\omega \in \Omega_{\delta}$ there exists a unique solution $u$ of (2.17) in the space

$$
S(t) \phi^{\omega}+X^{s}([0, \delta)),
$$

with initial condition $\phi^{\omega}$ given by (1.5).
Here in the space $X^{s}([0, \delta))$ is defined in Section 4.
Thanks to the transformation (2.20), Theorem 2.2 translates to Main Theorem (1.3,

## 3. Probabilistic Set Up

We first recall a classical result that goes back to Kolmogorov, Paley and Zygmund.
Lemma 3.1 (Lemma 3.1 [11). Let $\left\{g_{n}(\omega)\right\}$ be a sequence of complex i.i.d. zero mean Gaussian random variables on a probability space $(\Omega, A, \mathbb{P})$ and $\left(c_{n}\right) \in \ell^{2}$. Define

$$
\begin{equation*}
F(\omega):=\sum_{n} c_{n} g_{n}(\omega) \tag{3.1}
\end{equation*}
$$

Then, there exists $C>0$ such that for every $\lambda>0$ we have

$$
\begin{equation*}
\mathbb{P}(\{\omega:|F(\omega)|>\lambda\}) \leq \exp \left(\frac{-C \lambda^{2}}{\|F(\omega)\|_{L^{2}(\Omega)}^{2}}\right) . \tag{3.2}
\end{equation*}
$$

As a consequence there exists $C>0$ such that for every $q \geq 2$ and every $\left(c_{n}\right)_{n} \in \ell^{2}$,

$$
\left\|\sum_{n} c_{n} g_{n}(\omega)\right\|_{L^{q}(\Omega)} \leq C \sqrt{q}\left(\sum_{n} c_{n}^{2}\right)^{\frac{1}{2}}
$$

We also recall the following basic probability results:
Lemma 3.2. Let $1 \leq m_{1}<m_{2} \cdots<m_{k}=m ; f_{1}$ be a Borel measurable function of $m_{1}$ variables, $f_{2}$ one of $m_{2}-m_{1}$ variables, $\ldots, f_{k}$ one of $m_{k}-m_{k-1}$ variables. If $\left\{X_{1}, X_{2}, \ldots X_{m}\right\}$ are real-valued independent random variables, then the $k$ random variables $f_{1}\left(X_{1}, \ldots X_{m_{k}}\right), f_{2}\left(X_{m_{1}+1}, \ldots, X_{m_{2}}\right), \ldots, f_{k}\left(X_{m_{k-1}+1}, \ldots X_{m_{k}}\right)$ are independent random variables.

Lemma 3.3. Let $k \geq 1$ and consider $\left\{g_{n_{j}}\right\}_{1 \leq j \leq k}$ and $\left\{g_{n_{j}^{\prime}}\right\}_{1 \leq j \leq k} \in \mathcal{N}_{\mathbb{C}}(0,1)$ complex $L^{2}(\Omega)$-normalized independent Gaussian random variables such that $n_{i} \neq n_{j}$ and $n_{i}^{\prime} \neq n_{j}^{\prime}$ for $i \neq j$.

$$
\left|\int_{\Omega} \prod_{j=1}^{k} g_{n_{j}}(\omega) \prod_{i=1}^{k} \bar{g}_{n_{i}^{\prime}}(\omega) d p(\omega)\right| \leq \int_{\omega} \prod_{\ell=1}^{k}\left|g_{n_{\ell}}(\omega)\right|^{2} d p(\omega) .
$$

Proof. For every pair $\left(n_{\ell}, n_{i}^{\prime}\right)$ such that $n_{\ell}=n_{i}^{\prime}$ we write $K_{n_{j}}(\omega):=\left|g_{n_{j}}(\omega)\right|^{2}$ and note that thanks to the independence and normalization of $\left\{g_{n_{j}}\right\}$, for $n_{j} \neq n_{i}$, we have that $\mathbb{E}\left(K_{n_{j}} g_{n_{i}}\right)=0$. The latter together with Lemma 3.2 give the desired conclusion.

More generally, in the next sections we will repeatedly use a classical Fernique or large deviation-type result related to the product of $\left\{G_{n}\right\}_{1 \leq n \leq d} \in \mathcal{N}_{\mathbb{C}}(0,1)$, complex $L^{2}$ normalized independent Gaussians. This result follows from the hyper-contractivity property of the Ornstein-Uhlenbeck semigroup (c.f. [35, 33] for a nice exposition) by writing $G_{n}=H_{n}+i L_{n}$ where $\left\{H_{1}, \ldots, H_{d}, L_{1}, \ldots L_{d}\right\} \in \mathcal{N}_{\mathbb{R}}(0,1)$ are real centered independent Gaussian random variables with the same variance. Note that $\mathbb{E}\left(G_{n}^{2}\right)=\mathbb{E}\left(G_{n}\right)=0$.

Remark 3.4. Note that for $\left\{G_{n}(\omega)\right\}_{n} \in \mathcal{N}_{\mathbb{C}}(0,1)$, complex $L^{2}$ normalized independent Gaussians, if we write $\left|G_{n}(\omega)\right|^{2}=\left(\left|G_{n}(\omega)\right|^{2}-1\right)+1$, then thanks to the independence and normalization of $G_{n}, \quad Y_{n}(\omega):=\left|G_{n}(\omega)\right|^{2}-1$ is a centered real Gaussian random variable such that for $n \neq n^{\prime}, \mathbb{E}\left(Y_{n} G_{n^{\prime}}\right)=0=\mathbb{E}\left(Y_{n} Y_{n^{\prime}}\right)$.

Proposition 3.5 (Propositions 2.4 in [33] and Lemma 4.5 in [35]). Let $d \geq 1$ and $c\left(n_{1}, \ldots, n_{k}\right) \in \mathbb{C}$. Let $\left\{G_{n}\right\}_{1 \leq n \leq d} \in \mathcal{N}_{\mathbb{C}}(0,1)$ be complex centered $L^{2}$ normalized independent Gaussians. For $k \geq 1$ denote by $A(k, d):=\left\{\left(n_{1}, \ldots, n_{k}\right) \in\{1, \ldots, d\}^{k}, n_{1} \leq \cdots \leq n_{k}\right\}$ and

$$
\begin{equation*}
F_{k}(\omega)=\sum_{A(k, d)} c\left(n_{1}, \ldots, n_{k}\right) G_{n_{1}}(\omega) \ldots G_{n_{k}}(\omega) \tag{3.3}
\end{equation*}
$$

Then for all $d \geq 1$ and $p \geq 2$

$$
\left\|F_{k}\right\|_{L^{p}(\Omega)} \lesssim \sqrt{k+1}(p-1)^{\frac{k}{2}}\left\|F_{k}\right\|_{L^{2}(\Omega)}
$$

As a consequence from Chebyshev's inequality we have that for every $\lambda>0$

$$
\begin{equation*}
\mathbb{P}\left(\left\{\omega:\left|F_{k}(\omega)\right|>\lambda\right\}\right) \lesssim \exp \left(\frac{-C \lambda^{\frac{2}{k}}}{\|F(\omega)\|_{L^{2}(\Omega)}^{\frac{2}{k}}}\right) \tag{3.4}
\end{equation*}
$$

Remark 3.6. In Sections 7 and 8 we will rely repeatedly on Proposition 3.5, particularly (3.4), as well as Lemma 3.1, and (3.2). Indeed, in proving our estimates we will encounter expressions of the following type:
Let $\Sigma:=\left\{\left(n_{1}, \ldots n_{r}, \ell_{1}, \ldots, \ell_{s}\right):\left|n_{j}\right| \sim N_{j},\left|\ell_{i}\right| \sim L_{i}, n_{j} \neq \ell_{i}, 1 \leq j \leq r, 1 \leq i \leq s,\right\}$ and

$$
F(\omega):=\sum_{\left(n_{1}, \ldots, n_{r}, \ell_{1}, \ldots, \ell_{s}\right) \in \Sigma} c_{n_{1}} \ldots c_{n_{r}} b_{\ell_{1}} \ldots b_{\ell_{s}} g_{n_{1}}(\omega) \ldots g_{n_{r}}(\omega) \bar{g}_{\ell_{1}}(\omega) \ldots \bar{g}_{\ell_{s}}(\omega)
$$

where $\left\{g_{n_{1}}(\omega) \ldots g_{n_{r}}, g_{\ell_{1}}(\omega) \ldots g_{\ell_{s}}(\omega)\right\} \in \mathcal{N}_{\mathbb{C}}(0,1)$ are complex centered $L^{2}$ normalized independent Gaussians. Then by Proposition 3.5, there exist $C>0, \gamma=\gamma(r, s)>0$ such that for every $\lambda>0$ we have

$$
\mathbb{P}(\{\omega:|F(\omega)|>\lambda\}) \leq \exp \left(\frac{-C \lambda^{\frac{2}{\gamma}}}{\|F(\omega)\|_{L^{2}(\Omega)}^{\frac{2}{\gamma}}}\right)
$$

We will also apply Proposition 3.5 in the context of Remark 3.4.
Lemma 3.7. Let $\left\{g_{n}(\omega)\right\}$ be a sequence of complex i.i.d zero mean Gaussian random variables on a probability space $(\Omega, A, \mathbb{P})$. Then,
(1) For $1 \leq p<\infty$ there exists $c_{p}>0$ (independent of $n$ ) such that $\left\|g_{n}\right\|_{L^{p}(\Omega)} \leq c_{p}$.
(2) Given $\varepsilon, \delta>0$, for $N$ large and $\omega$ outside of a set of measure $\delta$,

$$
\begin{equation*}
\sup _{|n| \geq N}\left|g_{n}(\omega)\right| \leq N^{\varepsilon} \tag{3.5}
\end{equation*}
$$

(3) Given $\varepsilon, \delta>0$ and $\omega$ outside of a set of measure $\delta$,

$$
\begin{equation*}
\left|g_{n}(\omega)\right| \lesssim\langle n\rangle^{\varepsilon} \tag{3.6}
\end{equation*}
$$

Proof. Part (1) follows from the fact that higher moments of $\left\{g_{n}(\omega)\right\}$ are uniformly bounded.

For part (2) first recall that if $\left\{X_{j}(\omega)\right\}_{j \geq 1}$ is a sequence of i.i.d random variables such that $\mathbb{E}\left(\left|X_{j}\right|\right)=E<\infty$ then

$$
\begin{equation*}
\mathbb{P}\left(\left|X_{j}\right| \geq j\right)=\mathbb{P}\left(\left|X_{1}\right| \geq j\right) \tag{3.7}
\end{equation*}
$$

and

$$
\sum_{j} \mathbb{P}\left(\left|X_{j}\right| \geq j\right)=\sum_{j} \mathbb{P}\left(\left|X_{1}\right| \geq j\right) \leq \mathbb{E}\left(\left|X_{1}\right|\right)<\infty
$$

By Borel-Cantelli $\mathbb{P}\left(\left|X_{j}\right| \geq j\right.$ for infinitely many $\left.j\right)=0$ whence one can show that $\lim _{j \rightarrow \infty} \frac{\left|X_{j}(\omega)\right|}{j}=0$ almost surely in $\omega$. Egoroff's Theorem then ensures that given $\delta>0$

$$
\lim _{j \rightarrow \infty} \frac{\left|X_{j}(\omega)\right|}{j}=0
$$

uniformly outside a set of measure $\delta$. Thus we have that for $j_{0}$ sufficiently large

$$
\frac{\left|X_{j}(\omega)\right|}{j} \leq 1 \quad j \geq j_{0}
$$

for $\omega$ outside an exceptional set of $\delta$ measure.
If $\left\{g_{n}(\omega)\right\}$ are a sequence of i.i.d. complex Gaussian random variables then given $\varepsilon>0$, if we choose $r=\frac{1}{\varepsilon}$ then $\mathbb{E}\left(\left|g_{n}\right|^{r}\right)<\infty$. By applying the argument above with $X_{n}(\omega)=$ $\left|g_{n}(\omega)\right|^{r}$ we have the desired conclusion (cf. [28, 17])

For part (3) fix $M \gg 1$ such that (2) holds for any $|n| \geq M$. By (3.7)

$$
\mathbb{P}\left(\left|g_{n}(\omega)\right| \geq M^{\varepsilon}\right)=\mathbb{P}\left(\left|g_{M}(\omega)\right| \geq M^{\varepsilon}\right)
$$

for all $|n| \leq M$. Let $\mathcal{A}:=\cup_{|n| \leq M-1}\left\{\omega /\left|g_{M}(\omega)\right| \geq M^{\varepsilon}\right\}$, then by part (2) $\mathbb{P}(\mathcal{A}) \leq C_{M} \delta$. Hence by choosing a smaller $\delta$ in part (2) we have the desired result.

## 4. Function Spaces

For the purpose of establishing our almost sure local well-posedness result, it suffices to work with $X^{s}$ and $Y^{s}$, the atomic function spaces used by Herr, Tataru and Tzvetkov [23]. It is worth emphasizing that while working with these spaces, one should not rely on the notion of the norms depending on the absolute value of the Fourier transform, a feature that is quite useful when working within the context of $X^{s, b}$ spaces.

In this section we recall their definition and summarize the main properties by following the presentation in [23] Section 2. In what follows, $\mathcal{H}$ is a separable Hilbert space on $\mathbb{C}$ and $\mathcal{Z}$ denotes the set of finite partitions $-\infty<t_{0}<t_{1}<\ldots t_{K} \leq \infty$ of the real line; with the convention that if $t_{k}=\infty$ then $v\left(t_{K}\right):=0$ for any function $v: \mathbb{R} \rightarrow \mathcal{H}$.
Definition 4.1 (Definition 2.1 in [23]). Let $1 \leq p<\infty$. For $\left\{t_{k}\right\}_{k=0}^{K} \in \mathcal{Z}$ and $\left\{\phi_{k}\right\}_{k=0}^{K-1} \subset \mathcal{H}$ with $\sum_{k=0}^{K-1}\left\|\phi_{k}\right\|_{\mathcal{H}}^{p}=1$. A U $U^{p}$-atom is a piecewise defined function $a: \mathbb{R} \rightarrow \mathcal{H}$ of the form

$$
a=\sum_{k=1}^{K} \chi_{\left[t_{k-1}, t_{k}\right)} \phi_{k-1} .
$$

The atomic Banach space $U^{p}(\mathbb{R}, \mathcal{H})$ is then defined to be the set of all functions $u: \mathbb{R} \rightarrow \mathcal{H}$ such that

$$
u=\sum_{j=1}^{\infty} \lambda_{j} a_{j}, \quad \text { for } U^{p} \text { atoms } a_{j}, \quad\left\{\lambda_{j}\right\}_{j} \in \ell^{1},
$$

with the norm

$$
\|u\|_{U^{p}}:=\inf \left\{\sum_{j=1}^{\infty}\left|\lambda_{j}\right|: u=\sum_{j=1}^{\infty} \lambda_{j} a_{j}, \quad \lambda_{j} \in \mathbb{C}, \quad \text { and } a_{j} \text { an } U^{p} \text { atom }\right\}
$$

Here $\chi_{I}$ denotes the indicator function over the set $I$. Note that for $1 \leq p \leq q<\infty$,

$$
\begin{equation*}
U^{p}(\mathbb{R}, \mathcal{H}) \hookrightarrow U^{q}(\mathbb{R}, \mathcal{H}) \hookrightarrow L^{\infty}(\mathbb{R}, \mathcal{H}) \tag{4.1}
\end{equation*}
$$

and functions in $U^{p}(\mathbb{R}, \mathcal{H})$ are right continuous, $\lim _{t \rightarrow-\infty} u(t)=0$.
Definition 4.2 (Definition 2.2 in [23]). Let $1 \leq p<\infty$. The Banach space $V^{p}(\mathbb{R}, \mathcal{H})$ is defined to be the set of all functions $v: \mathbb{R} \rightarrow \mathcal{H}$ such that

$$
\|v\|_{V^{p}}:=\sup _{\left\{t_{k}\right\}_{k=0}^{K} \in \mathcal{Z}}\left(\sum_{k=1}^{K}\left\|v\left(t_{k}\right)-v\left(t_{k-1}\right)\right\|_{\mathcal{H}}^{p}\right)^{\frac{1}{p}} \quad \text { is finite. }
$$

The Banach subspace of all right continuous functions $v: \mathbb{R} \rightarrow \mathcal{H}$ such that $\lim _{t \rightarrow-\infty} v(t)=$ 0 , endowed with the same norm as above is denoted by $V_{r c}^{p}(\mathbb{R}, \mathcal{H})$. Note that

$$
\begin{equation*}
U^{p}(\mathbb{R}, \mathcal{H}) \hookrightarrow V_{r c}^{p}(\mathbb{R}, \mathcal{H}) \hookrightarrow L^{\infty}(\mathbb{R}, \mathcal{H}), \tag{4.2}
\end{equation*}
$$

Definition 4.3 (Definition 2.5 in [23]). For $s \in \mathbb{R}$ we let $U_{\Delta}^{p} H^{s}$ - respectively $V_{\Delta}^{p} H^{s}$ - be the space of all functions $u: \mathbb{R} \rightarrow H^{s}\left(\mathbb{T}^{3}\right)$ such that $t \rightarrow e^{-i t \Delta} u(t)$ is in $U^{p}\left(\mathbb{R}, H^{s}\right)$-respectively in $V_{\Delta}^{p} H^{s}$ - with norm

$$
\|u\|_{U_{\Delta}^{p} H^{s}}:=\left\|e^{-i t \Delta} u(t)\right\|_{U^{p}\left(\mathbb{R}, H^{s}\right)} \quad\|u\|_{V_{\Delta}^{p} H^{s}}:=\left\|e^{-i t \Delta} u(t)\right\|_{V^{p}\left(\mathbb{R}, H^{s}\right)}
$$

We will take $\mathcal{H}$ to be $H^{s}$. We refer the reader to [22], [23], and references therein for detailed definitions and properties of the $U^{p}$ and $V^{p}$ spaces.

Definition 4.4 (Definition 2.6 in [23]). For $s \in \mathbb{R}$ we define the space $X^{s}$ as the space of all functions $u: \mathbb{R} \longrightarrow H^{s}\left(\mathbb{T}^{3}\right)$ such that for every $n \in \mathbb{Z}^{3}$ the map $t \longrightarrow e^{i t|n|^{2}} \widehat{u(t)}(n)$ is in $U^{2}(\mathbb{R}, \mathbb{C})$, and for which the norm

$$
\begin{equation*}
\|u\|_{X^{s}}:=\left(\sum_{n \in \mathbb{Z}^{3}}\langle n\rangle^{2 s}\left\|e^{i t|n|^{2}} \widehat{u(t)}(n)\right\|_{U_{t}^{2}}^{2}\right)^{\frac{1}{2}} \quad \text { is finite. } \tag{4.3}
\end{equation*}
$$

The $X^{s}$ spaces are variations of the spaces $U_{\Delta}^{p} H^{s}$ and $V_{\Delta}^{p} H^{s}$ corresponding to the Schrödinger flow and defined as follows:
Definition 4.5 (Definition 2.7 in [23]). For $s \in \mathbb{R}$ we define the space $Y^{s}$ as the space of all functions $u: \mathbb{R} \longrightarrow H^{s}\left(\mathbb{T}^{3}\right)$ such that for every $n \in \mathbb{Z}^{3}$ the map $t \longrightarrow e^{i t|n|^{2}} \widehat{u(t)}(n)$ is in $V_{r c}^{2}(\mathbb{R}, \mathbb{C})$, and for which the norm

$$
\begin{equation*}
\|u\|_{Y^{s}}:=\left(\sum_{n \in \mathbb{Z}^{3}}\langle n\rangle^{2 s}\left\|e^{i t|n|^{2}} \widehat{u(t)}(n)\right\|_{V_{t}^{2}}^{2}\right)^{\frac{1}{2}} \quad \text { is finite. } \tag{4.4}
\end{equation*}
$$

Note that

$$
\begin{equation*}
U_{\Delta}^{2} H^{s} \hookrightarrow X^{s} \hookrightarrow Y^{s} \hookrightarrow V_{\Delta}^{2} H^{s} \tag{4.5}
\end{equation*}
$$

whence one has that for any partition of $\mathbb{Z}^{3}:=\cup_{k} C_{k}$,

$$
\left(\sum_{k}\left\|P_{C_{k}} u\right\|_{V_{\Delta}^{2} H^{s}}^{2}\right)^{\frac{1}{2}} \lesssim\|u\|_{Y^{s}}
$$

(cf. Section 2 in [23]).

Additionally, when $s=0$ by orthogonality we have

$$
\begin{equation*}
\left(\sum_{k}\left\|P_{C_{k}} u\right\|_{Y^{0}}^{2}\right)^{\frac{1}{2}}=\|u\|_{Y^{0}} . \tag{4.6}
\end{equation*}
$$

We also have the embedding

$$
\begin{equation*}
X^{s} \hookrightarrow Y^{s} \hookrightarrow L_{t}^{\infty} H_{x}^{s} \tag{4.7}
\end{equation*}
$$

for $s \geq 0$ (c.f. [24]).
Remark 4.6 (Proposition 2.10 in [23]). From the atomic structure of the $U^{2}$ spaces one can immediately see that for $s \geq 0, T>0$ and $\phi \in H^{s}\left(\mathbb{T}^{3}\right)$, the solution to the linear Schrödinger equation $u:=e^{i t \Delta} \phi$ belongs to $X^{s}([0, T))$ and $\|u\|_{X^{s}([0, T))} \leq\|\phi\|_{H^{s}}$.

Remark 4.7. Another important feature of the atomic structure of the $U^{2}$ spaces is the fact that just like the $X^{s, b}$ spaces they enjoy a 'transfer principle'. We recall in our context the precise statement below for completeness.
Proposition 4.8 (Proposition 2.19 in [22]). Let $T_{0}: L^{2} \times \cdots \times L^{2} \rightarrow L_{l o c}^{1}$ be a m-linear operator. Assume that for some $1 \leq p, q \leq \infty$

$$
\begin{equation*}
\left\|T_{0}\left(e^{i t \Delta} \phi_{1}, \ldots, e^{i t \Delta} \phi_{m}\right)\right\|_{L^{p}\left(\mathbb{R}, L_{x}^{q}\left(\mathbb{T}^{3}\right)\right)} \lesssim \prod_{i=1}^{m}\left\|\phi_{i}\right\|_{L^{2}\left(\mathbb{T}^{3}\right)} \tag{4.8}
\end{equation*}
$$

Then, there exists an extension $T: U_{\Delta}^{p} \times \cdots \times U_{\Delta}^{p} \rightarrow L^{p}\left(\mathbb{R}, L^{q}\left(\mathbb{T}^{3}\right)\right)$ satisfying

$$
\begin{equation*}
\left\|T\left(u_{1}, \ldots, u_{m}\right)\right\|_{L^{p}\left(\mathbb{R}, L_{x}^{q}\left(\mathbb{T}^{3}\right)\right)} \lesssim \prod_{i=1}^{m}\left\|u_{i}\right\|_{U_{\Delta}^{p}} \tag{4.9}
\end{equation*}
$$

and such that $T\left(u_{1}, \ldots, u_{m}\right)(t, \cdot)=T_{0}\left(u_{1}(t), \ldots, u_{m}(t)\right)(\cdot)$, a.e. In other words, one can reduce estimates for multilinear operators on functions in $U_{\Delta}^{p}$ to similar estimates on solutions to the linear Schrödinger equation.

We will use the following interpolation result at the end of Section 8 to obtain bounds in terms of the $X^{s}$ spaces from those in $U_{\Delta}^{2} H^{s}$ and $U_{\Delta}^{p} H^{s}$ just as in in [23] The proof relies solely on linear interpolation [22, 23].

Proposition 4.9 (Proposition 2.20 in [22] and Lemma 2.4 [23]). Let $q_{1}, \ldots q_{m}>2$ where $m=1,2$, or $3, \quad E$ be a Banach space and $T: U^{q_{1}} \times \cdots \times U^{q_{m}} \rightarrow E$ be a bounded m-linear operator with

$$
\begin{equation*}
\left\|T\left(u_{1}, \ldots, u_{m}\right)\right\|_{E} \leq C \prod_{i=1}^{m}\left\|u_{i}\right\|_{U_{\Delta}^{q_{i}}} \tag{4.10}
\end{equation*}
$$

In addition assume there exists $0<C_{2} \leq C$ such that the estimate

$$
\begin{equation*}
\left\|T\left(u_{1}, \ldots, u_{m}\right)\right\|_{E} \leq C_{2} \prod_{i=1}^{m}\left\|u_{i}\right\|_{U_{\Delta}^{2}} \tag{4.11}
\end{equation*}
$$

holds true. Then, $T$ satisfies the estimate

$$
\begin{equation*}
\left\|T\left(u_{1}, \ldots, u_{m}\right)\right\|_{E} \lesssim C_{2}\left(\ln \frac{C}{C_{2}}+1\right)^{m} \prod_{i=1}^{m}\left\|u_{i}\right\|_{V^{2}}, \quad u_{i} \in V_{r c}^{2}, i=1, \ldots m \tag{4.12}
\end{equation*}
$$

where $V_{r c}^{2}$ denotes the closed subspace of $V^{2}$ of all right continuous functions of $t$ such that $\lim _{t \rightarrow-\infty} v(t)=0$.

Finally we state two results from [23] we rely on in the next sections. In what follows, $\mathcal{I}$ denotes the Duhamel operator,

$$
\mathcal{I}(f)(t):=\int_{0}^{t} e^{i\left(t-t^{\prime}\right) \Delta} f\left(t^{\prime}\right) d t^{\prime}, \quad t \geq 0
$$

defined for $f \in L_{\text {loc }}^{1}\left([0, \infty), L^{2}\left(\mathbb{T}^{3}\right)\right)$.
Proposition 4.10 (Proposition 2.11 in [23]). Let $s \geq 0$ and $T>0$. For $f \in$ $L^{1}\left([0, T), H^{s}\left(\mathbb{T}^{3}\right)\right)$ we have $\mathcal{I}(f) \in X^{s}([0, T))$ and

$$
\|\mathcal{I}(f)\|_{X^{s}([0, T))} \leq \sup _{v \in Y^{-s}([0, T)):\|v\|_{Y-s}=1}\left|\int_{0}^{T} \int_{\mathbb{T}^{3}} f(t, x) \overline{v(t, x)} d x d t\right| .
$$

As a consequence, note we have

$$
\begin{equation*}
\|\mathcal{I}(f)\|_{X^{s}([0, T))} \lesssim\|f\|_{L^{1}\left([0, T), H^{s}\left(\mathbb{T}^{3}\right)\right)} \tag{4.13}
\end{equation*}
$$

Proposition 4.11 (Proposition 4.1 in [23]). Let $s \geq 1$ be fixed. Then for all $T \in(0,2 \pi]$ and $u_{k} \in X^{s}([0, T)), k=1, \ldots 5$, the estimate

$$
\begin{equation*}
\left\|\mathcal{I}\left(\prod_{k=1}^{5} \widetilde{u_{k}}\right)\right\|_{X^{s}([0, T))} \lesssim \sum_{j=1}^{5}\left\|u_{j}\right\|_{X^{s}([0, T))} \prod_{k=1, k \neq j}^{5}\left\|u_{k}\right\|_{X^{1}([0, T))} \tag{4.14}
\end{equation*}
$$

holds true, where $\widetilde{u_{k}}$ denotes either $\overline{u_{k}}$ or $u_{k}$. In particular, (4.14) follows from the estimate for the multilinear form:

$$
\left|\int_{[0, T) \times \mathbb{T}^{3}} \prod_{k=0}^{5} \widetilde{u_{k}} d x d t\right| \lesssim\left\|u_{0}\right\|_{Y^{-s}([0, T))} \sum_{j=1}^{5}\left(\left\|u_{j}\right\|_{X^{s}([0, T))} \prod_{k=1, k \neq j}^{5}\left\|u_{k}\right\|_{X^{1}([0, T))}\right)
$$

where $u_{0}:=P_{\leq N} v$.
Next, we recall the $L^{p}\left(\mathbb{T} \times \mathbb{T}^{3}\right)$ Strichartz-type estimates of Bourgain's [5] in this context. First recall the usual Littlewood-Paley decomposition of periodic functions. For $N \geq 1$ a dyadic number, we denote by $P_{\leq N}$ the rectangular Fourier projection operator

$$
P_{\leq N} f=\sum_{n=\left(n_{1}, n_{2}, n_{3}\right) \in \mathbb{Z}^{3}:\left|n_{i}\right| \leq N} \widehat{f}(n) e^{i n \cdot x} .
$$

Then $P_{N}=P_{\leq N}-P_{\leq N-1}$ so that $P_{\leq N}=\sum_{M=1}^{N} P_{M}$ and $P_{N}^{\perp}:=I-P_{N}$. We then have

$$
\|f\|_{H^{s}\left(\mathbb{T}^{3}\right)}:=\left(\sum_{n \in \mathbb{Z}^{3}}\langle n\rangle^{2 s}|\widehat{f}(n)|^{2}\right)^{\frac{1}{2}} \equiv\left(\sum_{N \geq 1} N^{2 s}\left\|P_{N}(f)\right\|_{L^{2}\left(\mathbb{T}^{3}\right)}^{2}\right)^{\frac{1}{2}} .
$$

Definition 4.12. For $N \geq 1$, we denote by $\mathcal{C}_{N}$ the collection of cubes $C$ in $\mathbb{Z}^{3}$ with sides parallel to the axis of sidelength $N$.

Proposition 4.13. [Proposition 3.1, Corollary 3.2 in [23] (cf. [5)] Let $p>4$. For all $N \geq 1$ we have

$$
\begin{align*}
& \left\|P_{N} e^{i t \Delta} \phi\right\|_{L^{p}\left(\mathbb{T} \times \mathbb{T}^{3}\right)} \lesssim N^{\frac{3}{2}-\frac{5}{p}}\left\|P_{N} \phi\right\|_{L^{2}\left(\mathbb{T}^{3}\right)},  \tag{4.15}\\
& \left\|P_{C} e^{i t \Delta} \phi\right\|_{L^{p}\left(\mathbb{T} \times \mathbb{T}^{3}\right)} \lesssim N^{\frac{3}{2}-\frac{5}{p}}\left\|P_{C} \phi\right\|_{L^{2}\left(\mathbb{T}^{3}\right)},  \tag{4.16}\\
& \left\|P_{C} u\right\|_{L^{p}\left(\mathbb{T} \times \mathbb{T}^{3}\right)} \lesssim N^{\frac{3}{2}-\frac{5}{p}}\left\|P_{C} u\right\|_{U_{\Delta}^{p} L^{2}}, \tag{4.17}
\end{align*}
$$

where $P_{C}$ is the Fourier projection operator onto $C \in \mathcal{C}_{N}$ defined by the multiplier $\chi_{C}$, the characteristic function over $C$.

Finally we prove two propositions which will play an important role in Sections 7 and 8 ,
Proposition 4.14. Let $u, v$ and $w$ be functions of $x$ and $t$ such that,

$$
\begin{aligned}
\widehat{u}(n, t) & =a_{n}^{1}(t) a_{n}^{2}(t) a_{n}^{3}(t) \\
\widehat{v}(n, t) & =a_{n}^{1}(t) a_{n}^{2}(t) a_{n}^{3}(t) a_{n}^{4}(t) a_{n}^{5}(t) \\
\widehat{w}(n, t) & =a_{n}^{1}(t) a_{n}^{2}(t) a_{n}^{3}(t) \sum_{m} a_{m}^{4} a_{n-m}^{5} .
\end{aligned}
$$

and $|n| \sim N$. Assume that $J \subseteq\{1,2,3,4,5\}$ and if $i \in J$ then

$$
a_{n}^{i}(t)=\frac{g_{n}(\omega)}{|n|^{\frac{3}{2}+\varepsilon}+} e^{i t|n|^{2}}
$$

while if $i \notin J$ then there is a detrministic function $f_{i}$ such that $\widehat{f}_{i}(n, t)=a_{n}^{i}(t)$. Then

$$
\begin{align*}
\left\|P_{N} u\right\|_{L^{p}\left(\mathbb{T} \times \mathbb{T}^{3}\right)} & \lesssim \prod_{i \notin J \cap\{1,2,3\}}\left\|P_{N} f_{i}\right\|_{Y^{0}}, \quad p>4  \tag{4.18}\\
\left\|P_{N} u\right\|_{L^{2}\left(\mathbb{T} \times \mathbb{T}^{3}\right)} & \lesssim \prod_{i \notin J \cap\{1,2,3\}}\left\|P_{N} f_{i}\right\|_{Y^{0}}  \tag{4.19}\\
\left\|P_{N} v\right\|_{L^{2}\left(\mathbb{T} \times \mathbb{T}^{3}\right)} & \lesssim \prod_{i \notin J}\left\|P_{N} f_{i}\right\|_{Y^{0}}  \tag{4.20}\\
\left\|P_{N} w\right\|_{L^{2}\left(\mathbb{T} \times \mathbb{T}^{3}\right)} & \lesssim \prod_{i \notin J, i \neq 4,5}\left\|P_{N} f_{i}\right\|_{Y^{0}} \prod_{j \notin J, j=4,5}\left\|f_{j}\right\|_{Y^{0}} . \tag{4.21}
\end{align*}
$$

Proof. To prove (4.18) we write $u=k_{1} * k_{2} * k_{3}$, where the convolution is only with respect to the space variable. Then by Young's inequality in the space variable followed by Hölder's inequality and the embedding (4.7) we have the desired inequality.

To prove (4.19) we use Plancherel

$$
\begin{aligned}
\left\|P_{N} u\right\|_{L^{2}\left(\mathbb{T} \times \mathbb{T}^{3}\right)} & \lesssim\left\|\left\|\chi_{|n| \sim N} a_{n}^{1} a_{n}^{2} a_{n}^{3}\right\|_{\ell^{2}}\right\|_{L^{\infty}(\mathbb{T})} \lesssim\left\|\prod_{i=1}^{3}\right\| \chi_{|n| \sim N} a_{n}^{i}\left\|_{\ell^{2}}\right\|_{L^{\infty}(\mathbb{T})} \\
& \lesssim\left\|\prod_{i=1}^{3}\right\| P_{N} f_{i}\left\|_{L_{x}^{2}}\right\|_{L^{\infty}(\mathbb{T})} \lesssim \prod_{i \notin J \cap\{1,2,3\}}\left\|P_{N} f_{i}\right\|_{L^{\infty}\left(\mathbb{T}, L^{2}\left(\mathbb{T}^{3}\right)\right)}
\end{aligned}
$$

and the conclusion follows from the embedding (4.7).
To prove (4.20) we proceed in a similar manner.

To prove (4.21) we first write

$$
\left\|P_{N} w\right\|_{L^{2}\left(\mathbb{T} \times \mathbb{T}^{3}\right)} \sim\left\|P_{N}\left(k_{1} * k_{2} * k_{3} *\left(k_{4} k_{5}\right)\right)\right\|_{L^{2}\left(\mathbb{T} \times \mathbb{T}^{3}\right)}
$$

and by Young's, Hölder's and Cauchy-Schwarz inequality we continue with

$$
\begin{aligned}
& \lesssim\left\|\prod_{i=1}^{3}\right\| P_{N} k_{i}\left\|_{L^{2}}\right\| P_{N}\left(k_{4} k_{5}\right)\left\|_{L^{1}}\right\|_{L^{2}(\mathbb{T})} \\
& \lesssim\left\|\prod_{i=1}^{3}\right\| P_{N} k_{i}\left\|_{L^{2}}\right\| k_{4}\left\|_{L^{2}}\right\| k_{5}\left\|_{L^{2}}\right\|_{L^{2}(\mathbb{T})} \\
& \lesssim \prod_{i \notin J, i \neq 4,5}\left\|P_{N} f_{i}\right\|_{L^{\infty}\left(\mathbb{T}, L^{2}\left(\mathbb{T}^{3}\right)\right)} \prod_{j \notin, j=4,5}\left\|f_{j}\right\|_{L^{\infty}\left(\mathbb{T}, L^{2}\left(\mathbb{T}^{3}\right)\right)}
\end{aligned}
$$

We now state a trilinear $L^{2}$ estimate that is similar to Proposition 3.5 in [23] but in which some of the functions may be linear evolution of random data.

Proposition 4.15. Assume $N_{1} \geq N_{2} \geq N_{3}$ and that $C \in \mathcal{C}_{N_{2}}$, a cube of sidelength $N_{2}$. Assume also that $J \subseteq\{1,2,3\}$ and such that if $j \in J$ then $\widehat{u_{j}}(n)=e^{i|n|^{2} t} \frac{g_{n}(\omega)}{|n|^{\frac{3}{2}+\varepsilon}}$ for $\varepsilon>0$ small. Then

$$
\begin{equation*}
\left\|P_{C} P_{N_{1}} \widetilde{u_{1}} P_{N_{2}} \widetilde{u_{2}} P_{N_{3}} \widetilde{u_{3}}\right\|_{L^{2}\left(\mathbb{T} \times \mathbb{T}^{3}\right)} \lesssim N_{2} N_{3} \prod_{j \notin J}\left\|P_{N_{j}} u_{j}\right\|_{U_{\Delta}^{4} L^{2}} \tag{4.22}
\end{equation*}
$$

and

$$
\begin{equation*}
\left\|P_{C} P_{N_{1}} \widetilde{u_{1}} P_{N_{2}} \widetilde{u_{2}}\right\|_{L^{2}\left(\mathbb{T} \times \mathbb{T}^{3}\right)} \lesssim N_{2}^{\frac{1}{2}+\varepsilon} \prod_{j \notin J}\left\|P_{N_{j}} u_{j}\right\|_{U_{\Delta}^{4} L^{2}} \tag{4.23}
\end{equation*}
$$

where $\widetilde{u_{k}}$ denotes either $\overline{u_{k}}$ or $u_{k}$.
Moreover (4.22) and (4.23) also hold with the $Y^{0}$ norms in the right hand side.
Proof. To prove (4.22) we follow the proof of (24) in [23]. We write

$$
\left\|P_{C} P_{N_{1}} \widetilde{u_{1}} P_{N_{2}} \widetilde{u_{2}} P_{N_{3}} \widetilde{u_{3}}\right\|_{L^{2}\left(\mathbb{T} \times \mathbb{T}^{3}\right)} \lesssim\left\|P_{C} P_{N_{1}} u_{1}\right\|_{L^{p}}\left\|P_{N_{2}} u_{2}\right\|_{L^{p}}\left\|P_{N_{3}} u_{3}\right\|_{L^{q}}
$$

where $\frac{2}{p}+\frac{1}{q}=\frac{1}{2}$ and $4<p<5$. Then we use (4.16) for the random linear functions and (4.17) for the deterministic functions to obtain

$$
\left\|P_{C} P_{N_{1}} \widetilde{u_{1}} P_{N_{2}} \widetilde{u_{2}} P_{N_{3}} \widetilde{u_{3}}\right\|_{L^{2}\left(\mathbb{T} \times \mathbb{T}^{3}\right)} \lesssim N_{2} N_{3}\left(\frac{N_{3}}{N_{2}}\right)^{-2+\frac{10}{p}} \prod_{j \notin J}\left\|P_{N_{j}} u_{j}\right\|_{U_{\Delta}^{4} L^{2}}
$$

where we used the embedding (4.1).
To prove (4.23) we use Hölder's inequality to write

$$
\begin{equation*}
\left\|P_{C} P_{N_{1}} \widetilde{u_{1}} P_{N_{2}} \widetilde{u_{2}}\right\|_{L^{2}\left(\mathbb{T} \times \mathbb{T}^{3}\right)} \lesssim\left\|P_{C} P_{N_{1}} u_{1}\right\|_{L^{4+\varepsilon}}\left\|P_{N_{2}} u_{2}\right\|_{L^{4+\varepsilon}} \tag{4.24}
\end{equation*}
$$

we then we use (4.16), (4.17) and the embedding (4.1) to continue with

$$
\lesssim N_{2}^{\frac{1}{2}+\varepsilon} \prod_{j \notin J}\left\|P_{N_{j}} u_{j}\right\|_{U_{\Delta}^{4} L^{2}}
$$

To obtain the $Y^{0}$ in the right hand side we use the interpolation Proposition 4.9 and the embedding (4.1).
5. Almost sure local well-posedness for the initial value problem (2.17)

We define

$$
\begin{equation*}
v_{0}^{\omega}(t, x)=S(t) \phi^{\omega}(x) \tag{5.1}
\end{equation*}
$$

where $\phi^{\omega}(x)$ is as in (1.5) and instead of solving the initial value problem (2.17) we solve the one for $w=v-v_{0}^{\omega}$ :

$$
\left\{\begin{array}{l}
i w_{t}+\Delta w=\mathcal{N}\left(w+v_{0}^{\omega}\right) \quad x \in \mathbb{T}^{3}  \tag{5.2}\\
w(0, x)=0,
\end{array}\right.
$$

where $\mathcal{N}(\cdot)$ was defined in (2.18). To understand the nonlinear term of (5.2) we express it in terms of its spatial Fourier transform. Let $a_{n}:=\hat{v}(n), \theta_{n}^{\omega}:=\mathcal{F}\left(S(t) \phi^{\omega}\right)(n)$, then $b_{n}:=\hat{w}(n)=a_{n}-\theta_{n}^{\omega}$. Now we recall (2.9) and in it we replace $a_{n}$ with $b_{n}+\theta_{n}^{\omega}$. Then

$$
\begin{equation*}
\mathcal{F}\left(\mathcal{N}\left(w+v_{0}^{\omega}\right)\right)(n)=\sum_{k=1}^{7} J_{k}\left(b_{n}+\theta_{n}^{\omega}\right), \tag{5.3}
\end{equation*}
$$

where here $J_{k}\left(b_{n}+\theta_{n}^{\omega}\right)$ means that the terms $J_{k}$ defined in (2.10) $-(2.16)$ are evaluated for the sequence $\left(b_{n}+\theta_{n}^{\omega}\right)$ instead of $a_{n}$.

We are now ready to state the almost sure well-posedness result for the initial value problem (5.2).

Theorem 5.1. Let $0<\alpha<\frac{1}{12}, s \in\left(1+4 \alpha, \frac{3}{2}-2 \alpha\right)$. There exists $0<\delta_{0} \ll 1$ and $r=r(s, \alpha)>0$ such that for any $\delta<\delta_{0}$, there exists $\Omega_{\delta} \in A$ with

$$
\mathbb{P}\left(\Omega_{\delta}^{c}\right)<e^{-\frac{1}{\delta^{r}}}
$$

and for each $\omega \in \Omega_{\delta}$ there exists a unique solution $w$ of (5.2) in the space $X^{s}([0, \delta)) \cap$ $C\left([0, \delta), H^{s}\left(\mathbb{T}^{3}\right)\right)$.

The proof of this theorem follows from the following two propositions via contraction mapping argument.

Proposition 5.2. Let $0<\alpha<\frac{1}{12}, s \in\left(1+4 \alpha, \frac{3}{2}-2 \alpha\right), \quad \delta \ll 1$ and $R>0$ be fixed. Assume $N_{i}, i=0, \ldots 5$ are dyadic numbers and $N_{1} \geq N_{2} \geq N_{3} \geq N_{4} \geq N_{5}$. Then there exists $\rho=\rho(s, \alpha)>0, \mu>0$, and $\Omega_{\delta} \in A$ such that

$$
\mathbb{P}\left(\Omega_{\delta}^{c}\right)<e^{-\frac{1}{\delta r}}
$$

and such that for $\omega \in \Omega_{\delta}$ we have:
If $N_{1} \gg N_{0}$ or $P_{N_{1}} w=P_{N_{1}} v_{0}^{\omega}$

$$
\begin{align*}
& \left|\int_{0}^{2 \pi} \int_{\mathbb{T}^{3}} D^{s}\left(\mathcal{N}\left(P_{N_{i}}\left(w+v_{0}^{\omega}\right)\right)\right) \overline{P_{N_{0}} h} d x d t\right|  \tag{5.4}\\
& \quad \lesssim \delta^{-\mu r} N_{1}^{-\rho}\left\|P_{N_{0}} h\right\|_{Y^{-s}}\left(1+\prod_{i \notin J}\left\|P_{N_{i}} w\right\|_{X^{s}}\right) .
\end{align*}
$$

If $N_{1} \sim N_{0}$ and $P_{N_{1}} w \neq P_{N_{1}} v_{0}^{\omega}$

$$
\begin{align*}
& \left|\int_{0}^{2 \pi} \int_{\mathbb{T}^{3}} D^{s}\left(\mathcal{N}\left(P_{N_{i}}\left(w+v_{0}^{\omega}\right)\right)\right) \overline{P_{N_{0}} h} d x d t\right|  \tag{5.5}\\
\lesssim & \delta^{-\mu r} N_{2}^{-\rho}\left\|P_{N_{0}} h\right\|_{Y-s}\left\|P_{N_{1}} w\right\|_{X^{s}}\left(1+\prod_{i \notin J, i \neq 1}\left\|\psi_{\delta} P_{N_{i}} w\right\|_{X^{s}}\right),
\end{align*}
$$

where $v_{0}^{\omega}$ is as in (5.1), $w \in X^{s}([0,2 \pi]), J \subseteq\{1,2,3,4,5\}$ denote those indices corresponding to random functions.

Proposition 5.3. Let $0<\alpha<\frac{1}{12}, s \in\left(1+4 \alpha, \frac{3}{2}-2 \alpha\right)$ and $\delta \ll 1$ be fixed. Let $v_{0}^{\omega}$ be defined as in (5.1) and assume $w \in X^{s}([0,2 \pi])$. Then there exist $\theta=\theta(s, \alpha)>0, r=r(s, \alpha)$ and $\Omega_{\delta} \in A$ such that

$$
\mathbb{P}\left(\Omega_{\delta}^{c}\right)<e^{-\frac{1}{\delta^{r}}},
$$

and such that for $\omega \in \Omega_{\delta}$

$$
\begin{equation*}
\left\|\mathcal{I}\left(\psi_{\delta} \mathcal{N}\left(w+v_{0}^{\omega}\right)\right)\right\|_{X^{s}([0,2 \pi])} \lesssim \delta^{\theta}\left(1+\left\|\psi_{\delta} w\right\|_{X^{s}([0,2 \pi])}^{5}\right) \tag{5.6}
\end{equation*}
$$

where $\mathcal{N}(\cdot)$ was defined in (2.18) and $\psi_{\delta}$ is a smooth time cut-off of the interval $[0, \delta]$.
The proof of Proposition 5.2 is the content of Sections 7 and 8 while Proposition 5.3 is proved in Section 9 .

## 6. Auxiliary lemmata and further notation

We begin by recalling some counting estimates for integer lattice sets (c.f. Bourgain [5]).
Lemma 6.1. Let $S_{R}$ be a sphere of radius $R, B_{r}$ be a ball of radius $r$ and $\mathcal{P}$ be a plane in $\mathbb{R}^{3}$. Then we have

$$
\begin{align*}
& \# Z^{3} \cap S_{R} \lesssim R  \tag{6.1}\\
& \# Z^{3} \cap B_{r} \cap S_{R} \lesssim \min \left(R, r^{2}\right)  \tag{6.2}\\
& \# Z^{3} \cap B_{r} \cap \mathcal{P} \lesssim r^{2} . \tag{6.3}
\end{align*}
$$

Next, we state a result we will invoke when the the higher frequencies correspond to deterministic terms and one can afford to ignore the moments given by the lower frequency random terms as well as rely on Strichartz estimates.

Lemma 6.2. Assume $N_{i}, i=0, \ldots 5$ are dyadic numbers and $N_{1} \sim N_{0}$ and $N_{1} \geq N_{2} \geq$ $N_{3} \geq N_{4} \geq N_{5}$. Let $\{C\}$ be a partition of $\mathbb{Z}^{3}$ by cubes $C \in \mathcal{C}_{N_{2}}$, and let $\{Q\}$ be a partition of $\mathbb{Z}^{3}$ by cubes $Q \in \mathcal{C}_{N_{3}}$. Then

$$
\begin{align*}
& \sum_{N_{i}, i=0, \ldots 5}\left|\int_{0}^{1} \int_{\mathbb{T}^{3}} P_{N_{1}} f_{1} P_{N_{2}} f_{2} P_{N_{3}} f_{3} P_{N_{4}} f_{4} P_{N_{5}} f_{5} \overline{P_{N_{0}} h} d x d t\right| \lesssim  \tag{6.4}\\
& \sum_{N_{i}, i=0, \ldots 5}\left(\sup _{\tilde{C}}\left\|P_{\tilde{C}} P_{N_{1}} f_{1} P_{N_{2}} f_{2} P_{N_{\ell}} f_{\ell}\right\|_{L_{x t}^{2}}^{2} \sum_{C, Q}\left\|P_{Q} P_{C} \overline{P_{N_{0}} h} P_{N_{3}} f_{3} P_{N_{r}} f_{r}\right\|_{L_{x t}^{2}}^{2}\right)^{\frac{1}{2}}
\end{align*}
$$

where $\ell \neq r \in\{4,5\}$ and $\tilde{C}$ are cubes whose sidelength is $10 N_{2}$.
Proof. The proof of (6.4) follows from orthogonality arguments.

Just as Bourgain in [4], in the course of the proof we will use the following classical result about matrices, which we state as a lemma for convenience.

Lemma 6.3. Let $\mathcal{A}=\left(A_{i k}\right)_{\substack{1 \leq i \leq N \\ 1 \leq k \leq M}}$ be an $N \times M$ matrix with adjoint $\mathcal{A}^{*}=\left(\bar{A}_{k j}\right)_{\substack{1 \leq k \leq M \\ 1 \leq j \leq N}}$. Then,

$$
\begin{equation*}
\left\|\mathcal{A} \mathcal{A}^{*}\right\| \leq \max _{1 \leq j \leq N}\left(\sum_{k=1}^{M}\left|A_{j k}\right|^{2}\right)+\left(\sum_{i \neq j}\left|\sum_{k=1}^{M} A_{i k} \bar{A}_{j k}\right|^{2}\right)^{\frac{1}{2}} \tag{6.5}
\end{equation*}
$$

where $\|\cdot\|$ means the 2-norm.
Proof. Decompose $\mathcal{A} \mathcal{A}^{*}$ into the sum of a diagonal matrix $D$ plus an off-diagonal one $F$. Then note the 2 -norm of $D$ is bounded by the square root of the largest eigenvalue of $D D^{*}$ which, since $D$ is diagonal, is the maximum of the absolute value of the diagonal entries of D. This gives the first term in (6.5). Bounding the 2-norm of $F$ by the Fröbenius norm of $F$ gives the second term in (6.5).

Notation: Given $k$-tuples $\left(n_{1}, \ldots, n_{k}\right) \in \mathbb{Z}^{3 k}$, a set of constraints $\mathscr{C}$ on them, and a subset of indices $\left\{i_{1}, \ldots, i_{h}\right\} \subseteq\{1, \ldots, k\}$, we denote by $S_{\left(n_{i_{1}}, \ldots, n_{i_{h}}\right)}$ the set of $(k-h)$-tuples $\left(n_{j_{1}}, \ldots, n_{j_{k-h}}\right),\left\{j_{1}, \ldots j_{k-h}\right\}=\{1, \ldots, k\} \backslash\left\{i_{1}, \ldots, i_{h}\right\}$, which satisfy the constraints $\mathscr{C}$ for fixed $\left(n_{i_{1}}, \ldots, n_{i_{h}}\right)$. We also denote by $\left.\mid S_{\left(n_{i_{1}}, \ldots, n_{i_{h}}\right)}\right)$ its cardinality.

## 7. The Trilinear and Bilinear Building Blocks

In this section, we denote by $D_{j}:=e^{i t \Delta} P_{N_{j}} \phi$ solutions to the linear equation for data $\phi$ in $L^{2}$ localized at frequency $N_{j}$ and by $R_{k}$ the function defined as,

$$
\begin{equation*}
\widehat{R_{k}}(n)=\chi_{\left\{|n| \sim N_{k}\right\}}(n) \frac{g_{n}(\omega)}{\langle n\rangle^{\frac{3}{2}}} e^{i t|n|^{2}}, \tag{7.1}
\end{equation*}
$$

and representing the linear evolution of a random function of type (1.5), localized at frequency $N_{k}$ and almost $L^{2}$ normalized.
7.1. Trilinear Estimates. We prove certain trilinear estimates which serve as building blocks for the proof in Section 8. Their proofs are of the same flavor as those presented by Bourgain in 4]. For $N_{j}, j=1,2,3$ dyadic numbers, let $\alpha_{j}=0$ or 1 for $j=1,2,3$ and define

$$
\Upsilon(n, m):=\left\{\begin{array}{ll} 
& n=(-1)^{\alpha_{1}} n_{1}+(-1)^{\alpha_{2}} n_{2}+(-1)^{\alpha_{3}} n_{3} \\
\left(n_{1}, m_{1} ; n_{2}, m_{2} ; n_{3}, m_{3}\right): & n_{k} \neq n_{\ell} \text { whenever } \alpha_{k} \neq \alpha_{\ell},  \tag{7.2}\\
& \left|n_{j}\right| \sim N_{j}, \quad j=1, \ldots 3 \\
& m=(-1)^{\alpha_{1}} m_{1}+(-1)^{\alpha_{2}} m_{2}+(-1)^{\alpha_{3}} m_{3}
\end{array}\right\}
$$

and define $T_{\Upsilon}$ to be the multilinear operator with multiplier $\chi_{\Upsilon}$.
Proposition 7.1. Fix $N_{1} \geq N_{2} \geq N_{3}, r, \delta>0$ and $C \in \mathcal{C}_{N_{2}}$. Then there exists $\mu, \varepsilon>0$, a set $\Omega_{\delta} \in A$ such that $\mathbb{P}\left(\Omega_{\delta}^{c}\right) \leq e^{-\frac{1}{\delta^{r}}}$ and such that for any $\omega \in \Omega_{\delta}$ we have the following estimates:

$$
\begin{align*}
&\left\|T_{\Upsilon}\left(P_{C} \bar{R}_{1}, \tilde{D}_{2}, R_{3}\right)\right\|_{L^{2}\left(\mathbb{T} \times \mathbb{T}^{3}\right)} \lesssim \delta^{-\mu r} N_{2}^{\frac{5}{4}} N_{1}^{-\frac{1}{2}}\left\|P_{N_{2}} \phi\right\|_{L_{x}^{2}} .  \tag{7.3}\\
&\left\|T_{\Upsilon}\left(P_{C} \bar{R}_{1}, \tilde{D}_{2}, \bar{R}_{3}\right)\right\|_{L^{2}\left(\mathbb{T} \times \mathbb{T}^{3}\right)} \lesssim \delta^{-\mu r} N_{2}^{\frac{5}{4}} N_{1}^{-\frac{1}{2}}\left\|P_{N_{2}} \phi\right\|_{L_{x}^{2}} .  \tag{7.4}\\
&\left\|T_{\Upsilon}\left(P_{C} \tilde{D}_{1}, \bar{R}_{2}, R_{3}\right)\right\|_{L^{2}\left(\mathbb{T} \times \mathbb{T}^{3}\right)} \lesssim \delta^{-\mu r} N_{2}^{\frac{3}{4}}\left\|P_{C} P_{N_{1}} \phi\right\|_{L_{x}^{2}} .  \tag{7.5}\\
&\left\|T_{\Upsilon}\left(P_{C} \tilde{D}_{1}, R_{2}, R_{3}\right)\right\|_{L^{2}\left(\mathbb{T} \times \mathbb{T}^{3}\right)} \lesssim \delta^{-\mu r} N_{2}^{\frac{3}{4}}\left\|P_{C} P_{N_{1}} \phi\right\|_{L_{x}^{2}} .  \tag{7.6}\\
&\left\|T_{\Upsilon}\left(P_{C} \bar{R}_{1}, R_{2}, \tilde{D}_{3}\right)\right\|_{L^{2}\left(\mathbb{T} \times \mathbb{T}^{3}\right)} \lesssim \delta^{-\mu r}\left[N_{1}^{-\frac{3}{4}} N_{2}^{\frac{1}{2}} N_{3}^{\frac{5}{4}}+N_{1}^{-\frac{1}{2}} N_{2}^{\frac{1}{2}} N_{3}^{\frac{3}{4}}\right]\left\|P_{N_{3}} \phi\right\|_{L_{x}^{2}} .  \tag{7.7}\\
&\left\|T_{\Upsilon}\left(P_{C} \bar{R}_{1}, \bar{R}_{2}, \tilde{D}_{3}\right)\right\|_{L^{2}\left(\mathbb{T} \times \mathbb{T}^{3}\right)} \lesssim \delta^{-\mu r}\left[N_{1}^{-\frac{3}{4}} N_{2}^{\frac{1}{2}} N_{3}^{\frac{5}{4}}+N_{1}^{-\frac{1}{2}} N_{2}^{\frac{1}{2}} N_{3}^{\frac{3}{4}}\right]\left\|P_{N_{3}} \phi\right\|_{L_{x}^{2}} .  \tag{7.8}\\
&\left\|T_{\Upsilon}\left(P_{C} R_{1}, \tilde{D}_{2}, \tilde{D}_{3}\right)\right\|_{L^{2}\left(\mathbb{T} \times \mathbb{T}^{3}\right)} \lesssim \delta^{-\mu r} N_{2}^{\frac{1}{2}+\frac{3 \theta}{4}} N_{1}^{-\frac{1}{2}+\varepsilon} \min \left(N_{1}, N_{2}^{2}\right)^{\frac{1-\theta}{2}} N_{3}^{\frac{3}{2}} \quad \times  \tag{7.9}\\
& \quad \times \quad\left\|P_{N_{2}} \phi\right\|_{L_{x}^{2}}\left\|P_{N_{3}} \phi\right\|_{L_{x}^{2}}, \quad 0 \leq \theta \leq 1 . \\
&\left\|T_{\Upsilon}\left(P_{C} \tilde{D}_{1}, R_{2}, \tilde{D}_{3}\right)\right\|_{L^{2}\left(\mathbb{T} \times \mathbb{T}^{3}\right)} \lesssim \delta^{-\mu r} N_{2}^{\frac{1}{2}+\varepsilon} N_{3}^{\frac{3}{2}}\left\|P_{N_{1}} \phi\right\|_{L_{x}^{2}}\left\|P_{N_{3}} \phi\right\|_{L_{x}^{2}} .  \tag{7.10}\\
&\left\|T_{\Upsilon}\left(P_{C} \bar{R}_{1}, \bar{R}_{2}, R_{3}\right)\right\|_{L^{2}\left(\mathbb{T} \times \mathbb{T}^{3}\right)} \lesssim \delta^{-\mu r} N_{1}^{-\frac{1}{2}} N_{2}^{\frac{1}{2}} .  \tag{7.11}\\
&\left\|T_{\Upsilon}\left(P_{C} \bar{R}_{1}, R_{2}, \bar{R}_{3}\right)\right\|_{L^{2}\left(\mathbb{T} \times \mathbb{T}^{3}\right)} \lesssim \delta^{-\mu r} N_{1}^{-\frac{1}{2}} N_{2}^{\frac{1}{2}} .  \tag{7.12}\\
&\left\|T_{\Upsilon}\left(P_{C} \bar{R}_{1}, R_{2}, R_{3}\right)\right\|_{L^{2}\left(\mathbb{T} \times \mathbb{T}^{3}\right)} \lesssim \delta^{-\mu r} N_{1}^{-\frac{1}{2}} N_{2}^{\frac{1}{2}} . \tag{7.13}
\end{align*}
$$

Note that here the bar - indicates complex conjugate while the tilde $\sim$ indicates both complex conjugate or not. Also, without writing it explicitly, we always assume that if $\widehat{\bar{R}}\left(n_{1}\right)$ and $\widehat{R}\left(n_{2}\right)$ appear in the trilinear expressions in the left hand side, then $n_{1} \neq n_{2}$.

Remark 7.2. In using the trilinear estimates above, sometimes it is convenient to interpret a random term as deterministic and choose the minimum estimate possible. For example, in considering $\left\|P_{C} \bar{R}_{1} \bar{R}_{2} R_{3}\right\|_{L^{2}}$ we have a choice between (7.11) and (17.8) by thinking of $R_{3}$ as an 'almost' $L^{2}$ normalized $\tilde{D}_{3}$ function.
Proposition 7.3. Let $D_{j}$ and $R_{k}$ be as above and fix $N_{1} \geq N_{2} \geq N_{3}, r, \delta>0$ and $C \in \mathcal{C}_{N_{2}}$. Then there exists $\mu>0$ and a set $\Omega_{\delta} \in A$ such that $\mathbb{P}\left(\Omega_{\delta}^{c}\right) \leq e^{-\frac{1}{\delta^{r}}}$ such that for any $\omega \in \Omega_{\delta}$ we have (7.3) and (7.4).

Proof. As in [23] we will first assume that the deterministic functions $D_{i}$ are localized linear solutions, that is $D_{i}=P_{N_{i}} S(t) \psi$ and $\hat{\psi}(n)=a_{n}$. Once an estimate is proved with $\left\|\chi_{N_{i}}(n) a_{n}\right\|_{\ell^{2}}$ in the right hand side we then invoke the transfer principle of Proposition 4.8 to complete the proof.

We start by estimating (7.3). Without any loss of generality we assume that $\tilde{D}_{2}=D_{2}$. By using Fourier transform to write the left hand side we note that it is enough to estimate

$$
\begin{equation*}
\mathcal{T}:=\sum_{m \in \mathbb{Z}, n \in \mathbb{Z}^{3}}\left|\sum_{\substack{n=-n_{1}+n_{2}+n_{3} \\ n_{1} \neq n_{2}, n_{3} \\ m=-\left|n_{1}\right|^{2}+\left|n_{2}\right|^{2}+\left|n_{3}\right|^{2}}} \chi_{C}\left(n_{1}\right) \frac{\bar{g}_{n_{1}}(\omega)}{\left|n_{1}\right|^{\frac{3}{2}}} a_{n_{2}} \frac{g_{n_{3}}(\omega)}{\left|n_{3}\right|^{\frac{3}{2}}}\right|^{2} \tag{7.14}
\end{equation*}
$$

where we recall that $C$ is a cube of sidelength $N_{2}$. We are going to use duality and a change of variable since, as it will be apparent below, the counting with respect to the time frequency will be more favorable.

Using duality we have that

$$
\mathcal{T}=\left[\sup _{\|\gamma \otimes k\|_{\ell^{2}} \leq 1}\left|\sum_{m, n} k(n) \gamma(m) \sum_{\substack{n=-n_{1}+n_{2}+n_{3} \\ n_{1} \neq n_{2}, n_{3} \\ m=-\left|n_{1}\right|^{2}+\left|n_{2}\right|^{2}+\left|n_{3}\right|^{2}}} \chi_{C}\left(n_{1}\right) \frac{\bar{g}_{n_{1}}(\omega)}{\left|n_{1}\right|^{\frac{3}{2}}} a_{n_{2}} \frac{g_{n_{3}}(\omega)}{\left|n_{3}\right|^{\frac{3}{2}}}\right|\right]^{2}
$$

Let $\zeta:=m-\left|n_{2}\right|^{2}=-\left|n_{1}\right|^{2}+\left|n_{3}\right|^{2}$, then we continue with

$$
\begin{aligned}
\mathcal{T} & =\left[\sup _{\|\gamma \otimes k\|_{\ell^{2}} \leq 1} \left\lvert\, \sum_{n_{2}} a_{n_{2}} \sum_{\zeta} \gamma\left(\zeta+\left|n_{2}\right|^{2}\right) \sum_{\substack{n=-n_{1}+n_{2}+n_{3} \\
n_{1}+n_{2}, n_{3} \\
\zeta=-\left|n_{1}\right|^{2}+\left|n_{3}\right|^{2}}} \chi_{C}\left(n_{1}\right) \frac{\bar{g}_{n_{1}}(\omega)}{\left|n_{1}\right|^{\frac{3}{2}}} \frac{g_{n_{3}}(\omega)}{\left|n_{3}\right|^{\frac{3}{2}}} k_{n}\right.\right]^{2} \\
& \lesssim \sup _{\|\gamma \otimes k\|_{\ell^{2}} \leq 1}\left\|a_{n_{2}}\right\|_{\ell_{n_{2}}^{2}}^{2}\|\gamma\|_{\ell_{\zeta}^{2}}^{2} \sum_{n_{2}, \zeta}\left|\sum_{\substack{n=-n_{1}+n_{2}+n_{3} \\
n_{1} \neq n_{2}, n_{3} \\
\zeta=-\left|n_{1}\right|^{2}+\left|n_{3}\right|^{2}}} \chi_{C}\left(n_{1}\right) \frac{\bar{g}_{n_{1}}(\omega)}{\left|n_{1}\right|^{\frac{3}{2}}} \frac{g_{n_{3}}(\omega)}{\left|n_{3}\right|^{\frac{3}{2}}} k_{n}\right|^{2}
\end{aligned}
$$

All in all, we then have to estimate uniformly for $\|\gamma \otimes k\|_{\ell^{2}} \leq 1$,

$$
\begin{equation*}
\left\|a_{n_{2}}\right\|_{\ell^{2}}^{2}\|\gamma\|_{\ell^{2}}^{2} \sum_{n_{2}} \sum_{|\zeta| \leq N_{1} N_{2}}\left|\sum_{n} \sigma_{n_{2}, n} k_{n}\right|^{2} \tag{7.15}
\end{equation*}
$$

where

$$
\sigma_{n_{2}, n}=\sum_{\substack{n_{2}=n_{1}+n-n_{3}, n_{1} \neq n_{2}, n_{3} \\ \zeta=-\left|n_{1}\right|^{2}+\left|n_{3}\right|^{2}}} \chi_{C}\left(n_{1}\right) \frac{\bar{g}_{n_{1}}(\omega)}{\left|n_{1}\right|^{\frac{3}{2}}} \frac{g_{n_{3}}(\omega)}{\left|n_{3}\right|^{\frac{3}{2}}} .
$$

Note that $\sigma_{n, n_{2}}$ also depends on $\zeta$ but we estimate it independently of $\zeta$. If we denote by $\mathcal{G}$ the matrix of entries $\sigma_{n_{2}, n}$, and we recall that the variation in $\zeta$ is at most $N_{1} N_{2}$, we are then reduced to estimating

$$
\left\|a_{n_{2}}\right\|_{\ell^{2}}^{2} N_{1} N_{2}\left\|\mathcal{G} \mathcal{G}^{*}\right\|
$$

We note that by Lemma 6.3

$$
\left\|\mathcal{G G} \mathcal{G}^{*}\right\| \lesssim \max _{n_{2}} \sum_{n}\left|\sigma_{n_{2}, n}\right|^{2}+\left(\sum_{n_{2} \neq n_{2}^{\prime}}\left|\sum_{n \in \tilde{C}} \sigma_{n_{2}, n} \bar{\sigma}_{n_{2}^{\prime}, n}\right|^{2}\right)^{\frac{1}{2}}=: M_{1}+M_{2}
$$

where $\tilde{C}$ is a cube of sidelength approximately $N_{2}$. To estimate $M_{1}$ we first define the set

$$
S_{\left(\zeta, n_{2}\right)}=\left\{\left(n_{1}, n, n_{3}\right): n_{2}=n_{1}+n-n_{3}, n_{1} \neq n_{2}, n_{3}, \zeta=-\left|n_{1}\right|^{2}+\left|n_{3}\right|^{2}\right\}
$$

with $\left|S_{\left(\zeta, n_{2}\right)}\right| \lesssim N_{3}^{3} N_{1}$, where we use (6.1) for fixed $n_{3}$. Then we have

$$
M_{1} \lesssim \sup _{\left(n_{2}, \zeta\right)}\left|\sum_{\substack{n_{2}=n_{1}+n-n_{3}, n_{1} \neq n_{2}, n_{3} \\ \zeta=-\left|n_{1}\right|^{2}+\left|n_{3}\right|^{2}}} \chi_{C}\left(n_{1}\right) \frac{\bar{g}_{n_{1}}(\omega)}{\left|n_{1}\right|^{\frac{3}{2}}} \frac{g_{n_{3}}(\omega)}{\left|n_{3}\right|^{\frac{3}{2}}}\right|^{2}
$$

Now we use (3.4) with $\lambda=\delta^{-r}\left\|F_{2}(\omega)\right\|_{L^{2}}$ and Lemma 3.3 to obtain for $\omega$ outside a set of measure $e^{-\frac{1}{\delta^{r}}}$ the bound

$$
\begin{align*}
M_{1} & \lesssim \sup _{\left(n_{2}, \zeta\right)} \delta^{-2 r} \sum_{S_{\left(\zeta, n_{2}\right)}} \sum_{S_{\left(\zeta, n_{2}\right)}} \frac{1}{\left|n_{1}\right|^{\frac{3}{2}}} \frac{1}{\left|n_{3}\right|^{\frac{3}{2}}} \frac{1}{\left|\xi_{1}\right|^{\frac{3}{2}}} \frac{1}{\left|\xi_{3}\right|^{\frac{3}{2}}}\left|\int_{\Omega} \bar{g}_{n_{1}}(\omega) g_{n_{3}}(\omega) g_{\xi_{1}}(\omega) \bar{g}_{\xi_{3}}(\omega) d p(\omega)\right| \\
(7.16) & \lesssim \sup _{\left(n_{2}, \zeta\right)} \delta^{-2 r} \sum_{S_{\left(\zeta, n_{2}\right)}} \frac{1}{\left|n_{1}\right|^{3}} \frac{1}{\left|n_{3}\right|^{3}} \lesssim \delta^{-2 r} N_{1}^{-3} N_{3}^{-3} N_{3}^{3} N_{1} \sim \delta^{-2 r} N_{1}^{-2} . \tag{7.16}
\end{align*}
$$

To estimate $M_{2}$ we first write

$$
M_{2}^{2}=\sum_{n_{2} \neq n_{2}^{\prime}}\left|\sum_{n \in \tilde{C}} \sigma_{n_{2}, n} \bar{\sigma}_{n_{2}^{\prime}, n}\right|^{2} \sim \sum_{n_{2} \neq n_{2}^{\prime}}\left|\sum_{S_{\left(n_{2}, n_{2}^{\prime}\right)}} \frac{\bar{g}_{n_{1}}(\omega)}{\left|n_{1}\right|^{\frac{3}{2}}} \frac{g_{n_{3}}(\omega)}{\left|n_{3}\right|^{\frac{3}{2}}} \frac{g_{n_{1}^{\prime}}(\omega)}{\left|n_{1}^{\prime}\right|^{\frac{3}{2}}} \frac{\bar{g}_{n_{3}^{\prime}}(\omega)}{\left|n_{3}^{\prime}\right|^{\frac{3}{2}}}\right|^{2}
$$

where

$$
S_{\left(n_{2}, n_{2}^{\prime}, \zeta\right)}=\left\{\begin{aligned}
& n_{2}=n_{1}+n-n_{3}, \quad n_{2}^{\prime}=n_{1}^{\prime}+n-n_{3}^{\prime} \\
\left(n, n_{1}, n_{3}, n_{1}^{\prime}, n_{3}^{\prime}\right): & n_{1} \neq n_{2}, n_{3}, \quad n_{1}^{\prime} \neq n_{2}^{\prime}, n_{3}^{\prime}, \quad n \in \tilde{C} \\
& \zeta=-\left|n_{1}\right|^{2}+\left|n_{3}\right|^{2}, \quad \zeta=-\left|n_{1}^{\prime}\right|^{2}+\left|n_{3}^{\prime}\right|^{2}
\end{aligned}\right\}
$$

We need to organize the estimates according to whether some frequencies are the same or not, in all we have six cases:

- Case $\beta_{1}: n_{1}, n_{1}^{\prime}, n_{3}, n_{3}^{\prime}$ are all different.
- Case $\beta_{2}: n_{1}=n_{1}^{\prime} ; n_{3} \neq n_{3}^{\prime}$.
- Case $\beta_{3}: n_{1} \neq n_{1}^{\prime} ; n_{3}=n_{3}^{\prime}$.
- Case $\beta_{4}: n_{1} \neq n_{3}^{\prime} ; n_{3}=n_{1}^{\prime}$.
- Case $\beta_{5}: n_{1}=n_{3}^{\prime} ; n_{3} \neq n_{1}^{\prime}$.
- Case $\beta_{6}: n_{1}=n_{3}^{\prime} ; n_{3}=n_{1}^{\prime}$.

Case $\beta_{1}$ : We define the set

$$
S_{(\zeta)}=\left\{\begin{aligned}
& n_{2}=n_{1}+n-n_{3}, \quad n_{2}^{\prime}=n_{1}^{\prime}+n-n_{3}^{\prime} \\
\left(n_{2}, n_{2}^{\prime}, n, n_{1}, n_{3}, n_{1}^{\prime}, n_{3}^{\prime}\right): & n_{1} \neq n_{2}, n_{3}, \quad n_{1}^{\prime} \neq n_{2}^{\prime}, n_{3}^{\prime}, \quad n_{1}, n_{1}^{\prime} \in C \\
& \zeta=-\left|n_{1}\right|^{2}+\left|n_{3}\right|^{2}, \quad \zeta=-\left|n_{1}^{\prime}\right|^{2}+\left|n_{3}^{\prime}\right|^{2}
\end{aligned}\right\} .
$$

and we note that $\left|S_{(\zeta)}\right| \lesssim N_{1}^{2} N_{3}^{6} N_{2}^{3}$ since $n \in \tilde{C}$ and for fixed $n_{3}$ and $n_{3}^{\prime}$ we use (6.1) to count $n_{1}$ and $n_{1}^{\prime}$. Using (3.4) with $\lambda=\delta^{-2 r}\left\|F_{4}(\omega)\right\|_{L^{2}}$ and again Lemma 3.3 we can write for $\omega$ as above

$$
M_{2}^{2} \lesssim \delta^{-4 r} \sum_{n_{2} \neq n_{2}^{\prime}} \sum_{S_{\left(n_{2}, n_{2}^{\prime}, \zeta\right)}} \frac{1}{\left|n_{1}\right|^{3}} \frac{1}{\left|n_{3}\right|^{3}} \frac{1}{\left|n_{1}^{\prime}\right|^{3}} \frac{1}{\left|n_{3}^{\prime}\right|^{3}} \lesssim \delta^{-4 r} N_{1}^{-6} N_{3}^{-6} N_{1}^{2} N_{3}^{6} N_{2}^{3} \sim \delta^{-4 r} N_{1}^{-4} N_{2}^{3}
$$

Case $\beta_{2}$ : First define the set,

$$
S_{\left(n_{2}, n_{2}^{\prime}, n_{3}, n_{3}^{\prime}, \zeta\right)}=\left\{\begin{array}{ll}
n_{2}=n_{1}+n-n_{3}, & n_{2}^{\prime}=n_{1}+n-n_{3}^{\prime} \\
\left(n, n_{1}\right): & n_{1} \neq n_{2}, n_{2}^{\prime}, n_{3}, n_{3}^{\prime}, \\
\zeta=-\left|n_{1}\right|^{2}+\left|n_{3}\right|^{2}, & \zeta=-\left|n_{1}\right|^{2}+\left|n_{3}^{\prime}\right|^{2}
\end{array}\right\}
$$

To compute $\left|S_{\left(n_{2}, n_{2}^{\prime}, n_{3}, n_{3}^{\prime}, \zeta\right)}\right|$ we count $n_{1}$, then $n$ is determined. Since $n_{1}$ sits on a sphere then by (6.1) we have $\left|S_{\left(n_{2}, n_{2}^{\prime}, n_{3}, n_{3}^{\prime}, \zeta\right)}\right| \lesssim N_{1}$. Then we set

$$
S_{(\zeta)}=\left\{\begin{array}{ll} 
& n_{2}=n_{1}+n-n_{3}, \\
\left(n_{2}, n_{2}^{\prime}, n, n_{1}, n_{3}, n_{3}^{\prime}\right): & n_{1} \neq n_{2}, n_{2}^{\prime}, n_{3}, n_{3}^{\prime}, \quad n \in \tilde{C} \\
& \zeta=-\left|n_{1}\right|^{2}+\left|n_{3}\right|^{2}, \\
\zeta=-\left|n_{1}\right|^{2}+\left|n_{3}^{\prime}\right|^{2}
\end{array}\right\} .
$$

with $\left|S_{(\zeta)}\right| \lesssim N_{1} N_{3}^{6} N_{2}^{3}$, where we used again that $n \in \tilde{C}$ and (6.1). Now, we have that

$$
\begin{equation*}
M_{2}^{2} \sim \sum_{n_{2} \neq n_{2}^{\prime}}\left|\sum_{S_{\left(n_{2}, n_{2}^{\prime}, \zeta\right)}} \frac{\left|g_{n_{1}}(\omega)\right|^{2}}{\left|n_{1}\right|^{3}} \frac{g_{n_{3}}(\omega)}{\left|n_{3}\right|^{\frac{3}{2}}} \frac{\bar{g}_{n_{3}^{\prime}}(\omega)}{\left|n_{3}^{\prime}\right|^{\frac{3}{2}}}\right|^{2} \lesssim \quad \mathcal{Q}_{1}+\mathcal{Q}_{2} \tag{7.17}
\end{equation*}
$$

where

$$
\begin{align*}
& \mathcal{Q}_{1}:=\sum_{n_{2} \neq n_{2}^{\prime}}\left|\sum_{S_{\left(n_{2}, n_{2}^{\prime}, \zeta\right)}} \frac{\left(\left|g_{n_{1}}(\omega)\right|^{2}-1\right)}{\left|n_{1}\right|^{3}} \frac{g_{n_{3}}(\omega)}{\left|n_{3}\right|^{\frac{3}{2}}} \frac{\bar{g}_{n_{3}^{\prime}}(\omega)}{\left|n_{3}^{\prime}\right|^{\frac{3}{2}}}\right|^{2}  \tag{7.18}\\
& \mathcal{Q}_{2}:=\sum_{n_{2} \neq n_{2}^{\prime}}\left|\sum_{S_{\left(n_{2}, n_{2}^{\prime}, \zeta\right)}} \frac{1}{\left|n_{1}\right|^{3}} \frac{g_{n_{3}}(\omega)}{\left|n_{3}\right|^{\frac{3}{2}}} \frac{\bar{g}_{n_{3}^{\prime}}(\omega)}{\left|n_{3}^{\prime}\right|^{\frac{3}{2}}}\right|^{2} \tag{7.19}
\end{align*}
$$

We estimate first $\mathcal{Q}_{2}$. We rewrite,

$$
\begin{equation*}
\mathcal{Q}_{2} \sim \sum_{n_{2} \neq n_{2}^{\prime}}\left|\sum_{n_{3}, n_{3}^{\prime}}\left[\sum_{S_{\left(n_{2}, n_{2}^{\prime}, n_{3}, n_{3}^{\prime}, \zeta\right)}} \frac{1}{\left|n_{1}\right|^{3}} \frac{1}{\left|n_{3}\right|^{\frac{3}{2}}} \frac{1}{\left|n_{3}^{\prime}\right|^{\frac{3}{2}}}\right] g_{n_{3}}(\omega) \bar{g}_{n_{3}^{\prime}}(\omega)\right|^{2} . \tag{7.20}
\end{equation*}
$$

We now proceed as in the argument presented in (7.16) above. We use (3.4) with $\lambda=$ $\delta^{-r}\left\|F_{2}(\omega)\right\|_{L^{2}}$, Lemma 3.3 and then use (3.6), to obtain that for $\omega$ outside a set of measure $e^{-\frac{1}{\delta^{r}}}$ one has,

$$
\begin{align*}
(17.20) & \lesssim \delta^{-2 r} \sum_{n_{2} \neq n_{2}^{\prime}} \sum_{n_{3}, n_{3}^{\prime}}\left[\sum_{\left[S_{\left(n_{2}, n_{2}^{\prime}, n_{3}, n_{3}^{\prime}, \zeta\right)}\right.} \frac{1}{\left|n_{1}\right|^{3}} \frac{1}{\left|n_{3}\right|^{\frac{3}{2}}} \frac{1}{\left|n_{3}^{\prime}\right|^{\frac{3}{2}}}\right]^{2} \\
& \lesssim \delta^{-2 r} N_{1}^{-6} N_{3}^{-6} \sum_{n_{2} \neq n_{2}^{\prime}} \sum_{n_{3}, n_{3}^{\prime}} \mid S_{\left.\left(n_{2}, n_{2}^{\prime}, n_{3}, n_{3}^{\prime}, \zeta\right)\right|^{2}} \\
& \lesssim \delta^{-2 r} N_{1}^{-6} N_{3}^{-6} N_{1} \sum_{n_{2} \neq n_{2}^{\prime}} \sum_{n_{3}, n_{3}^{\prime}} \mid S_{\left(n_{2}, n_{2}^{\prime}, n_{3}, n_{3}^{\prime}, \zeta\right) \mid} \\
& \lesssim \delta^{-2 r} N_{1}^{-6} N_{3}^{-6} N_{1}\left|S_{(\zeta)}\right| \sim \delta^{-2 r} N_{1}^{-4} N_{2}^{3} . \tag{7.21}
\end{align*}
$$

To estimate $\mathcal{Q}_{1}$ we let

$$
S_{\left(n_{2}, n_{2}^{\prime}, n_{1}, n_{3}, n_{3}^{\prime}, \zeta\right)}:=\left\{\begin{array}{ll}
n_{2}=n_{1}+n-n_{3}, & n_{2}^{\prime}=n_{1}+n-n_{3}^{\prime},  \tag{7.22}\\
n: & n_{1} \neq n_{2}, n_{2}^{\prime}, n_{3}, n_{3}^{\prime}, \\
& n \in \tilde{C} \\
\zeta=-\left|n_{1}\right|^{2}+\left|n_{3}\right|^{2}, & \zeta=-\left|n_{1}\right|^{2}+\left|n_{3}^{\prime}\right|^{2}
\end{array}\right\}
$$

and note that its cardinality is 1 since $n$ is determined for fixed $\left(n_{2}, n_{2}^{\prime}, n_{1}, n_{3}, n_{3}^{\prime}\right)$. We have,

$$
\mathcal{Q}_{1} \sim \sum_{n_{2} \neq n_{2}^{\prime}}\left|\sum_{n_{1} \neq n_{2}, n_{2}^{\prime}, n_{3}, n_{3} \neq n_{3}^{\prime}}\left[\sum_{S_{\left(n_{2}, n_{2}^{\prime}, n_{1}, n_{3}, n_{3}^{\prime}\right)}^{2}} \frac{1}{\left|n_{1}\right|^{3}} \frac{1}{\left|n_{3}\right|^{\frac{3}{2}}} \frac{1}{\left|n_{3}^{\prime}\right|^{\frac{3}{2}}}\right]\left(\left|g_{n_{1}}(\omega)\right|^{2}-1\right) g_{n_{3}}(\omega) \bar{g}_{n_{3}^{\prime}}(\omega)\right|^{2} .
$$

Proceeding like above, we obtain in this case that for $\omega$ outside a set of measure $e^{-\frac{1}{\delta^{r}}}$,

$$
\mathcal{Q}_{1} \lesssim \delta^{-2 r} N_{1}^{-6} N_{3}^{-6}\left|S_{(\zeta)}\right| \sim \delta^{-2 r} N_{1}^{-5} N_{2}^{3}
$$

which is a better estimate. Hence all in all we obtain in this case that

$$
\begin{equation*}
M_{2}^{2} \lesssim \delta^{-2 r} N_{1}^{-4} N_{2}^{3} \tag{7.23}
\end{equation*}
$$

Case $\beta_{3}$ : In this case we define first

$$
S_{\left(n_{2}, n_{2}^{\prime}, n_{1}, n_{1}^{\prime}, \zeta\right)}=\left\{\begin{array}{ll}
n_{2}=-n_{1}+n-n_{3}, & n_{2}^{\prime}=n_{1}^{\prime}+n-n_{3}, \\
\left(n, n_{3}\right): \quad & n_{3}, n_{2}, n_{2}^{\prime} \neq n_{1}, n_{1}^{\prime}, \\
\zeta=-\left|n_{1}\right|^{2}+\left|n_{3}\right|^{2}, & \zeta=-\left|n_{1}^{\prime}\right|^{2}+\left|n_{3}\right|^{2}
\end{array}\right\},
$$

with $\left|S_{\left(n_{2}, n_{2}^{\prime}, n_{1}, n_{1}^{\prime}, \zeta\right)}\right| \lesssim N_{3}^{2}$ by (6.2) since $n$ is determined by $n_{3}$ and these ones lies on a sphere of radius at most $N_{1}$ intersection a ball of radius $N_{3}$. If now we define

$$
S_{(\zeta)}=\left\{\begin{array}{ll} 
& n_{2}=-n_{1}+n-n_{3}, \quad n_{2}^{\prime}=n_{1}^{\prime}+n-n_{3} \\
\left(n_{2}, n_{2}^{\prime}, n, n_{1}, n_{1}^{\prime}, n_{3}\right): & n_{3}, n_{2}, n_{2}^{\prime} \neq n_{1}, n_{1}^{\prime}, \quad n \in \tilde{C} \\
& \zeta=-\left|n_{1}\right|^{2}+\left|n_{3}\right|^{2}, \quad \zeta=-\left|n_{1}^{\prime}\right|^{2}+\left|n_{3}\right|^{2}
\end{array}\right\}
$$

then $\left|S_{(\zeta)}\right| \lesssim N_{1}^{2} N_{3}^{3} N_{2}^{3}$, since again $n$ ranges in a cube of size $N_{2}$ and we use (6.1) to count $n_{1}$ and $n_{1}^{\prime}$. We follow the argument used above in (7.17)-(7.23) to bound $M_{2}^{2}$ but now with the couple ( $n_{1}, n_{1}^{\prime}$ ) instead and corresponding sums $\mathcal{Q}_{1}$ and $\mathcal{Q}_{2}$. Just as in Case $\beta_{2}$ above, the bound for $\mathcal{Q}_{2}$ is larger. We then obtain for $\omega$ outside a set of measure $e^{-\frac{1}{\delta^{r}}}$,

$$
\begin{aligned}
M_{2}^{2} & \lesssim \delta^{-2 r} N_{1}^{-6} N_{3}^{-6} \sum_{n_{2} \neq n_{2}^{\prime}} \sum_{n_{1}, n_{1}^{\prime}}\left|S_{\left(n_{2}, n_{2}^{\prime}, n_{1}, n_{1}^{\prime}, \zeta\right)}\right|^{2} \\
& \lesssim \delta^{-2 r} N_{1}^{-6} N_{3}^{-6} N_{3}^{2} \sum_{n_{2} \neq n_{2}^{\prime}} \sum_{n_{1}, n_{1}^{\prime}}\left|S_{\left(n_{2}, n_{2}^{\prime}, n_{1}, n_{1}^{\prime}, \zeta\right)}\right| \\
& \lesssim \delta^{-2 r} N_{1}^{-6} N_{3}^{-6} N_{3}^{2}\left|S_{(\zeta)}\right| \sim \delta^{-2 r} N_{1}^{-4} N_{3}^{-1} N_{2}^{3} .
\end{aligned}
$$

Case $\beta_{4}$ : In this case note that $N_{1} \sim N_{3} \sim N_{2}$. We define the two sets. First

$$
S_{\left(n_{2}, n_{2}^{\prime}, n_{1}, n_{3}^{\prime}, \zeta\right)}=\left\{\begin{array}{ll}
n_{2}=n_{1}+n-n_{3}, & n_{2}^{\prime}=n_{3}+n-n_{3}^{\prime} \\
\left(n, n_{3}\right): & n_{2}, n_{2}^{\prime}, n_{3}, n_{3}^{\prime} \neq n_{1}, \\
& n \in \tilde{C} \\
\zeta=-\left|n_{1}\right|^{2}+\left|n_{3}\right|^{2}, & \zeta=\left|n_{3}\right|^{2}+\left|n_{3}^{\prime}\right|^{2}
\end{array}\right\}
$$

and since $n_{3}$ lives on a sphere of radius at most $N_{1}$, from (6.1) we have $\left|S_{\left(n_{2}, n_{2}^{\prime}, n_{1}, n_{3}^{\prime}, \zeta\right)}\right| \lesssim N_{1}$ and then

$$
S_{(\zeta)}=\left\{\begin{array}{ll} 
& n_{2}=n_{1}+n-n_{3}, \quad n_{2}^{\prime}=n_{3}+n-n_{3}^{\prime} \\
\left(n_{2}, n_{2}^{\prime}, n, n_{1}, n_{3}^{\prime}, n_{3}\right): & n_{2}, n_{2}^{\prime}, n_{3}, n_{3}^{\prime} \neq n_{1}, \\
& \zeta=-\left|n_{1}\right|^{2}+\left|n_{3}\right|^{2}, \quad \zeta=-\left|n_{3}\right|^{2}+\left|n_{3}^{\prime}\right|^{2}
\end{array}\right\}
$$

with $\left|S_{(\zeta)}\right| \lesssim N_{1} N_{2}^{3} N_{3}^{6}$. Just as in case $\beta_{3}$ and following the argument in (7.17)-(7.23) but with the couple ( $n_{1}, n_{3}^{\prime}$ ) instead we obtain that for $\omega$ outside a set of measure $e^{-\frac{1}{\delta^{r}}}$,

$$
\begin{aligned}
M_{2}^{2} & \lesssim \delta^{-2 r} N_{1}^{-6} N_{3}^{-6} \sum_{n_{2} \neq n_{2}^{\prime}} \sum_{n_{1}, n_{3}^{\prime}}\left|S_{\left(n_{2}, n_{2}^{\prime}, n_{1}, n_{3}^{\prime}, \zeta\right)}\right|^{2} \\
& \lesssim \delta^{-2 r} N_{1}^{-6} N_{3}^{-6} N_{1} \sum_{n_{2} \neq n_{2}^{\prime}} \sum_{n_{1}, n_{3}^{\prime}}\left|S_{\left(n_{2}, n_{2}^{\prime}, n_{1}, n_{3}^{\prime}, \zeta\right)}\right| \\
& \lesssim \delta^{-2 r} N_{1}^{-6} N_{3}^{-6} N_{1}\left|S_{(\zeta)}\right| \sim \delta^{-2 r} N_{1}^{-4} N_{2}^{-3} .
\end{aligned}
$$

Case $\beta_{5}$ : By symmetry this case is exactly the same as Case $\beta_{4}$.
We are now ready to put all the estimates above together and bound $\mathcal{T}$ in cases $\beta_{1}-\beta_{5}$ :

$$
\begin{aligned}
\mathcal{T} & \lesssim\left\|a_{n_{2}}\right\|_{\ell^{2}}^{2} N_{1} N_{2}\left\|\mathcal{G} \mathcal{G}^{*}\right\| \lesssim\left\|a_{n_{2}}\right\|_{\ell^{2}}^{2} N_{1} N_{2}\left(M_{1}+M_{2}\right) \\
& \lesssim\left\|a_{n_{2}}\right\|_{\ell^{2}}^{2} \delta^{-2 r} N_{1} N_{2} N_{1}^{-2} N_{2}^{\frac{3}{2}} \lesssim \delta^{-2 r} N_{2}^{\frac{5}{2}} N_{1}^{-1}\left\|a_{n_{2}}\right\|_{\ell^{2}}^{2} .
\end{aligned}
$$

Case $\beta_{6}$ : In this case

$$
S_{\left(n_{2}, n_{2}^{\prime}, \zeta\right)}=\left\{\left(n, n_{1}, n_{3}\right): \begin{array}{l}
n_{2}=n_{1}+n-n_{3}, \quad n_{2}^{\prime}=n_{3}+n-n_{1}, \\
n_{1} \neq n_{2}, n_{2}^{\prime}, n_{3}, \quad\left|n_{1}\right|^{2}=\left|n_{3}\right|^{2}, \quad n \in \tilde{C}
\end{array}\right\} .
$$

At this point notice that the summation on $\zeta$ is eliminated and that in this case $N_{1} \sim N_{2} \sim$ $N_{3}$. We have $S_{\left(n_{2}, n_{2}^{\prime}, \zeta\right)} \sim N_{3}^{4}$. Using (3.6) we have, for $\omega$ outside a set of measure $e^{-\frac{1}{\delta^{r}}}$, that

$$
\begin{align*}
M_{2}^{2} & =\sum_{n_{2} \neq n_{2}^{\prime}}\left|\sum_{n \in \tilde{C}} \sigma_{n_{2}, n} \bar{\sigma}_{n_{2}^{\prime}, n}\right|^{2} \sim \sum_{n_{2} \neq n_{2}^{\prime}}\left|\sum_{S_{\left(n_{2}, n_{2}^{\prime}, \zeta\right)}} \frac{\left|g_{n_{1}}(\omega)\right|^{2}}{\left|n_{1}\right|^{3}} \frac{\left|g_{n_{3}}(\omega)\right|^{2}}{\left|n_{3}\right|^{3}}\right|^{2}  \tag{7.24}\\
& \lesssim \sum_{n_{2} \neq n_{2}^{\prime}} N_{1}^{-6+\varepsilon} N_{3}^{-6}\left|S_{\left(n_{2}, n_{2}^{\prime}, \zeta\right)}\right|^{2} \lesssim N_{1}^{-6+\varepsilon} N_{3}^{-6} N_{3}^{4}\left|S_{(\zeta)}\right|,
\end{align*}
$$

where

$$
S_{(\zeta)}=\left\{\left(n_{2}, n_{2}^{\prime}, n, n_{1}, n_{3}\right): \begin{array}{l}
n_{2}=n_{1}+n-n_{3}, \quad n_{2}^{\prime}=n_{3}+n-n_{1}, \\
n_{1} \neq n_{3}, n_{2}, n_{2}^{\prime} \quad\left|n_{1}\right|^{2}=\left|n_{3}\right|^{2}, \quad n \in \tilde{C}
\end{array}\right\}
$$

and $\left|S_{(\zeta)}\right| \lesssim N_{2}^{3} N_{3}^{4}$. Hence $M_{2} \lesssim N_{1}^{-3+\varepsilon} N_{2}^{\frac{5}{2}}$ and as a consequence

$$
\mathcal{T} \lesssim\left\|a_{n_{2}}\right\|_{\ell^{2}}^{2} N_{1}^{-3+\varepsilon} N_{2}^{\frac{5}{2}} .
$$

We now notice that to prove (7.4) we first have to consider the case when $n_{1}=n_{3}$, which here it is not excluded, and then we can use exactly the same argument as above since a plus or minus sign in front of $n_{3}$ does not change any of the counting.

Consider now (7.4) with $n_{1}=n_{3}$. Note that $N_{1} \sim N_{2} \sim N_{3}$. We now have

$$
\begin{equation*}
\mathcal{T}:=\sum_{m \in \mathbb{Z}, n \in \mathbb{Z}^{3}}\left|\sum_{\substack{n=-2 n_{1}+n_{2} \\ m=-2\left|n_{1}\right|^{2}+\left|n_{2}\right|^{2}}} \frac{\left(\bar{g}_{n_{1}}(\omega)\right)^{2}}{\left|n_{1}\right|^{3}} a_{n_{2}}\right|^{2} \tag{7.25}
\end{equation*}
$$

Let $S_{(m, n)}=\left\{\left(n_{1}, n_{2}\right) / n=-2 n_{1}+n_{2}, m=-2\left|n_{1}\right|^{2}+\left|n_{2}\right|^{2}\right\}$, and note that $\left|S_{(m, n)}\right| \lesssim N_{1}$. Then

$$
\mathcal{T} \lesssim N_{1} \sum_{m, n} \sum_{S_{(m, n)}} \frac{\left|\bar{g}_{n_{1}}(\omega)\right|^{4}}{\left|n_{1}\right|^{6}}\left|a_{n_{2}}\right|^{2} \sim N_{1} \sum_{n, n_{1} \in \mathbb{Z}^{3}} \frac{\left|\bar{g}_{n_{1}}(\omega)\right|^{4}}{\left|n_{1}\right|^{6}}\left|a_{n+2 n_{1}}\right|^{2} \lesssim N_{1}^{-2+\varepsilon}\left\|a_{n_{2}}\right\|_{l^{2}}^{2},
$$

where we use (3.6) for $\omega$ outside a set of measure $e^{-\frac{1}{\delta^{r}}}$.

Proposition 7.4. Let $D_{j}$ and $R_{k}$ be as above and fix $N_{1} \geq N_{2} \geq N_{3}, r, \delta>0$ and $C \in \mathcal{C}_{N_{2}}$. Then there exists $\mu>0$ and a set $\Omega_{\delta} \in A$ such that $\mathbb{P}\left(\Omega_{\delta}^{c}\right) \leq e^{-\frac{1}{\delta^{r}}}$ such that for any $\omega \in \Omega_{\delta}$ we have (7.5) and (7.6).
Proof. We start by estimating (7.5) where without any loss of generality we assume that $\tilde{D}_{1}=D_{1}$. We now have,

$$
\begin{equation*}
\mathcal{T}:=\sum_{m \in \mathbb{Z}, n \in \mathbb{Z}^{3}}\left|\sum_{\substack{n=n_{1}-n_{2}+n_{3} \\ n_{2} \neq n_{3} \\ m=\left|n_{1}\right|^{2}-\left|n_{2}\right|^{2}+\left|n_{3}\right|^{2}}} \chi_{C}\left(n_{1}\right) a_{n_{1}} \frac{\bar{g}_{n_{2}}(\omega)}{\left|n_{2}\right|^{\frac{3}{2}}} \frac{g_{n_{3}}(\omega)}{\left|n_{3}\right|^{\frac{3}{2}}}\right|^{2} . \tag{7.26}
\end{equation*}
$$

We are going to use duality and change of variables with $\zeta:=m-\left|n_{1}\right|^{2}=-\left|n_{2}\right|^{2}+\left|n_{3}\right|^{2}$ again. Note though that if $n_{1}$ is in a cube $C$ of size $N_{2}$ then also $n$ will be in a cube $\tilde{C}$ of approximately the same size. Then just as in (7.15) we need to estimate

$$
\left\|\chi_{C} a_{n_{1}}\right\|_{\ell^{2}}^{2}\|\gamma\|_{\ell^{2}}^{2} \sum_{n_{1}} \sum_{|\zeta| \leq N_{2}^{2}}\left|\sum_{n} \sigma_{n_{1}, n} \chi_{\tilde{C}}(n) k_{n}\right|^{2},
$$

where

$$
\sigma_{n_{1}, n}=\sum_{\substack{n_{1}=n_{2}+n-n_{3}, n_{2} \neq n_{1}, n_{3} \\ \zeta=-\left|n_{2}\right|^{2}+\left|n_{3}\right|^{2}}} \frac{\bar{g}_{n_{2}}(\omega)}{\left|n_{2}\right|^{\frac{3}{2}}} \frac{g_{n_{3}}(\omega)}{\left|n_{3}\right|^{\frac{3}{2}}} .
$$

If we denote by $\mathcal{G}$ the matrix of entries $\sigma_{n_{1}, n}$, and we recall that the variation in $\zeta$ is at most $N_{2}^{2}$, we are then reduced to estimating

$$
\left\|\chi_{C} a_{n_{1}}\right\|_{\ell^{2}}^{2} N_{2}^{2}\left\|\mathcal{G} \mathcal{G}^{*}\right\| .
$$

We note that by Lemma 6.3,

$$
\left\|\mathcal{G} \mathcal{G}^{*}\right\| \lesssim \max _{n_{1}} \sum_{n}\left|\sigma_{n_{1}, n}\right|^{2}+\left(\sum_{n_{1} \neq n_{1}^{\prime}}\left|\sum_{n \in \tilde{C}} \sigma_{n_{1}, n} \bar{\sigma}_{n_{1}^{\prime}, n}\right|^{2}\right)^{\frac{1}{2}}=: M_{1}+M_{2}
$$

where $\tilde{C}$ is a cube of side length approximately $N_{2}$. From this point on the proof is similar to the one already provided for (7.3) where $n_{2}$ is replaced by $n_{1}$. We still go through the argument though, since the size of $n_{1}$ and $n_{2}$ are different.

To estimate $M_{1}$ we first define the set

$$
S_{\left(\zeta, n_{1}\right)}=\left\{\left(n_{2}, n, n_{3}\right): n_{2} \neq n_{1}, n_{3}, \quad n_{2}=n_{1}-n+n_{3}, \quad \zeta=-\left|n_{2}\right|^{2}+\left|n_{3}\right|^{2}\right\}
$$

Applying (6.1) for each fixed $n_{3}$, we have that $\left|S_{\left(\zeta, n_{1}\right)}\right| \lesssim N_{3}^{3} N_{2}$ since $n_{2}$ sits on a sphere of radius approximately $N_{2}$. Then we proceed as in (7.16) to obtain for $\omega$ outside a set of measure $e^{-\frac{1}{\delta^{\tau}}}$, the bound

$$
M_{1} \lesssim \delta^{-r} N_{2}^{-3} N_{3}^{-3} N_{3}^{3} N_{2} \sim \delta^{-2 r} N_{2}^{-2}
$$

To estimate $M_{2}$ we first write

$$
M_{2}^{2}=\sum_{n_{1} \neq n_{1}^{\prime}}\left|\sum_{n \in \tilde{C}} \sigma_{n_{1}, n} \bar{\sigma}_{n_{1}^{\prime}, n}\right|^{2} \sim \sum_{n_{1} \neq n_{1}^{\prime}}\left|\sum_{S_{\left(n_{1}, n_{1}^{\prime}, \zeta\right)}} \frac{\bar{g}_{n_{2}}(\omega)}{\left|n_{2}\right|^{\frac{3}{2}}} \frac{g_{n_{3}}(\omega)}{\left|n_{3}\right|^{\frac{3}{2}}} \frac{g_{n_{2}^{\prime}}(\omega)}{\left|n_{2}^{\prime}\right|^{\frac{3}{2}}} \frac{\bar{g}_{n_{3}^{\prime}}(\omega)}{\left|n_{3}^{\prime}\right|^{\frac{3}{2}}}\right|^{2}
$$

where

$$
S_{\left(n_{1}, n_{1}^{\prime}, \zeta\right)}=\left\{\begin{aligned}
& n_{2}=n_{1}-n+n_{3}, \quad n_{2}^{\prime}=n_{1}^{\prime}-n+n_{3}^{\prime} \\
\left(n, n_{2}, n_{3}, n_{2}^{\prime}, n_{3}^{\prime}\right): & n_{2} \neq n_{1}, n_{3}, \quad n_{2}^{\prime} \neq n_{1}^{\prime}, n_{3}^{\prime}, \quad n \in \tilde{C} \\
& \zeta=-\left|n_{2}\right|^{2}+\left|n_{3}\right|^{2}, \quad \zeta=-\left|n_{2}^{\prime}\right|^{2}+\left|n_{3}^{\prime}\right|^{2}
\end{aligned}\right\}
$$

We organize once again the estimates according to whether some frequencies are the same or not. As before, all in all we have six cases:

- Case $\beta_{1}: n_{2}, n_{2}^{\prime}, n_{3}, n_{3}^{\prime}$ are all different.
- Case $\beta_{2}: n_{2}=n_{2}^{\prime} ; n_{3} \neq n_{3}^{\prime}$.
- Case $\beta_{3}: n_{2} \neq n_{2}^{\prime} ; n_{3}=n_{3}^{\prime}$.
- Case $\beta_{4}: n_{2} \neq n_{3}^{\prime} ; n_{3}=n_{2}^{\prime}$.
- Case $\beta_{5}: n_{2}=n_{3}^{\prime} ; n_{3} \neq n_{2}^{\prime}$.
- Case $\beta_{6}: n_{2}=n_{3}^{\prime} ; n_{3}=n_{2}^{\prime}$.

Case $\beta_{1}$ : We define the set

$$
S_{(\zeta)}=\left\{\begin{array}{clc} 
& n_{2}=n_{1}-n+n_{3}, \quad n_{2}^{\prime}=n_{1}^{\prime}-n+n_{3}^{\prime} \\
\left(n_{1}, n_{1}^{\prime}, n, n_{2}, n_{3}, n_{2}^{\prime}, n_{3}^{\prime}\right): & n_{2} \neq n_{1}, n_{3}, \quad n_{2}^{\prime} \neq n_{1}^{\prime}, n_{3}^{\prime}, \quad n_{1}, n_{1}^{\prime} \in C \\
& \zeta=-\left|n_{2}\right|^{2}+\left|n_{3}\right|^{2}, \quad \zeta=-\left|n_{2}^{\prime}\right|^{2}+\left|n_{3}^{\prime}\right|^{2}
\end{array}\right\} .
$$

and note that $\left|S_{(\zeta)}\right| \lesssim N_{2}^{2} N_{3}^{6} N_{2}^{3}$ by Lemma 6.1 since for $n_{3}$ fixed, $n_{2}$ and $n_{2}^{\prime}$ sit on sphere of radius $\sim N_{2}$ and $n \in \tilde{C}$ a cube of side length approximately $N_{2}$. Hence, for $\omega$ outside a set of measure $e^{-\frac{1}{\delta^{\gamma}}}$, we obtain in this case,

$$
M_{2}^{2} \lesssim \delta^{-4 r} N_{2}^{-6} N_{3}^{-6} N_{2}^{2} N_{3}^{6} N_{2}^{3} \sim \delta^{-4 r} N_{2}^{-1} .
$$

Case $\beta_{2}$ : In this case we define two sets. We start with

$$
S_{\left(n_{1}, n_{1}^{\prime}, n_{3}, n_{3}^{\prime}, \zeta\right)}=\left\{\begin{array}{ll}
n_{2}=n_{1}-n+n_{3}, & n_{2}=n_{1}^{\prime}-n+n_{3}^{\prime} \\
\left(n, n_{2}\right): & n_{2} \neq n_{1}, n_{1}^{\prime}, n_{3}, n_{3}^{\prime}, \\
\zeta=-\left|n_{2}\right|^{2}+\left|n_{3}\right|^{2}, & \zeta=-\left|n_{2}\right|^{2}+\left|n_{3}^{\prime}\right|^{2}
\end{array}\right\}
$$

To compute $\left|S_{\left(n_{1}, n_{1}^{\prime}, n_{3}, n_{3}^{\prime}, \zeta\right)}\right|$, it is enough to count $n_{2}$, then $n$ is determined. Since $n_{2}$ sits on a sphere of radius $\sim N_{2}$ we have by (6.1) that $\left|S_{\left(n_{1}, n_{1}^{\prime}, n_{3}, n_{3}^{\prime}, \zeta\right)}\right| \lesssim N_{2}$. Then we set

$$
S_{(\zeta)}=\left\{\begin{array}{ll} 
& n_{2}=n_{1}-n+n_{3}, \quad \\
\left(n_{1}, n_{1}^{\prime}, n, n_{1}^{\prime}-n+n_{3}^{\prime}\right. \\
& \left.\zeta=-n_{3}, n_{3}^{\prime}\right): \\
n_{2} \neq n_{1}, n_{1}^{\prime}, n_{3}, n_{3}^{\prime}, \quad n \in \tilde{C} \\
& \zeta=-\left|n_{3}\right|^{2}, \quad \zeta=-\left|n_{2}\right|^{2}+\left|n_{3}^{\prime}\right|^{2}
\end{array}\right\}
$$

for which $\left|S_{(\zeta)}\right| \lesssim N_{2} N_{3}^{6} N_{2}^{3}$, where we used again that $n \in \tilde{C}$. Arguing as in (7.17)- (7.23), we then have for $\omega$ outside a set of measure $e^{-\frac{1}{\delta^{r}}}$ that

$$
\begin{aligned}
M_{2}^{2} & \lesssim \delta^{-2 r} N_{2}^{-6} N_{3}^{-6} \sum_{n \neq n^{\prime}} \sum_{n_{3}, n_{3}^{\prime}}\left|S_{\left(n_{1}, n_{1}^{\prime}, n_{3}, n_{3}^{\prime}, \zeta\right)}\right|^{2} \\
& \lesssim \delta^{-2 r} N_{2}^{-6} N_{3}^{-6} N_{2} \sum_{n_{1} \neq n_{1}^{\prime}} \sum_{n_{3}, n_{3}^{\prime}}\left|S_{\left(n_{1}, n_{1}^{\prime}, n_{3}, n_{3}^{\prime}, \zeta\right)}\right| \\
& \lesssim \delta^{-2 r} N_{2}^{-6} N_{3}^{-6} N_{2}\left|S_{(\zeta)}\right| \sim \delta^{-2 r} N_{2}^{-1}
\end{aligned}
$$

Case $\beta_{3}$ : In this case we define first

$$
S_{\left(n_{2}, n_{2}^{\prime}, n_{1}, n_{1}^{\prime}, \zeta\right)}=\left\{\begin{array}{ll}
n_{2}=n_{1}-n+n_{3}, & n_{2}^{\prime}=n_{1}^{\prime}-n+n_{3} \\
\left(n, n_{3}\right): & n_{2}, n_{2}^{\prime} \neq n_{3}, n_{1}, n_{1}^{\prime}, \\
& n \in \tilde{C} \\
& \zeta=-\left|n_{2}\right|^{2}+\left|n_{3}\right|^{2},
\end{array} \zeta=-\left|n_{2}^{\prime}\right|^{2}+\left|n_{3}\right|^{2}\right\}
$$

for which $\left|S_{\left(n_{2}, n_{2}^{\prime}, n_{1}, n_{1}^{\prime}, \zeta\right)}\right| \lesssim N_{3}^{2}$ since $n$ is determined by $n_{3}$ and this one lies on a sphere of radius at most $N_{1}$ intersection a ball of radius $N_{3}$ (see Lemma 6.1). Then we define

$$
S_{(\zeta)}=\left\{\begin{array}{ll} 
& n_{2}=n_{1}-n+n_{3}, \\
\left(n_{2}, n_{2}^{\prime}, n, n_{1}, n_{1}^{\prime}, n_{3}^{\prime}\right): & n_{2}, n_{2}^{\prime} \neq n_{3}, n_{1}, n_{1}^{\prime}, \\
& \zeta=\tilde{C} \\
& \zeta=-\left|n_{2}\right|^{2}+\left|n_{3}\right|^{2}, \quad \zeta=-\left|n_{2}^{\prime}\right|^{2}+\left|n_{3}\right|^{2}
\end{array}\right\}
$$

for which $\left|S_{(\zeta)}\right| \lesssim N_{2}^{2} N_{3}^{3} N_{2}^{3}$, since again $n$ ranges in a cube of size $N_{2}$. We then have, as usual using (3.4) and (3.6) as above that for $\omega$ outside a set of measure $e^{-\frac{1}{\delta^{r}}}$,

$$
\begin{aligned}
M_{2}^{2} & \lesssim \delta^{-2 r} N_{2}^{-6} N_{3}^{-6} \sum_{n_{1} \neq n_{1}^{\prime}} \sum_{n_{2}, n_{2}^{\prime}}\left|S_{\left(n_{2}, n_{2}^{\prime}, n_{1}, n_{1}^{\prime}, \zeta\right)}\right|^{2} \\
& \lesssim \delta^{-2 r} N_{2}^{-6} N_{3}^{-6} N_{3}^{2} \sum_{n_{1} \neq n_{1}^{\prime}} \sum_{n_{2}, n_{2}^{\prime}}\left|S_{\left(n_{2}, n_{2}^{\prime}, n_{1}, n_{1}^{\prime}, \zeta\right)}\right| \\
& \lesssim \delta^{-2 r} N_{2}^{-6+\varepsilon} N_{3}^{-6} N_{3}^{2}\left|S_{(\zeta)}\right| \sim \delta^{-2 r} N_{2}^{-1+\varepsilon} N_{3}^{-1}
\end{aligned}
$$

Case $\beta_{4}$ : In this case note that $N_{3} \sim N_{2}$. We define the two sets

$$
S_{\left(n_{1}, n_{1}^{\prime}, n_{2}, n_{3}^{\prime}, \zeta\right)}=\left\{\begin{array}{l}
n_{2}=n_{1}-n+n_{3}, \quad n_{3}=n_{1}^{\prime}-n+n_{3}^{\prime} \\
\left(n, n_{3}\right): \\
n_{2} \neq n_{1}, n_{3} ; n_{3} \neq n_{3}^{\prime}, n_{1}^{\prime}, \quad n \quad n \in \tilde{C} \\
\\
\zeta=-\left|n_{2}\right|^{2}+\left|n_{3}\right|^{2}, \quad \zeta=-\left|n_{3}\right|^{2}+\left|n_{3}^{\prime}\right|^{2}
\end{array}\right\}
$$

with $\left|S_{\left(n_{1}, n_{1}^{\prime}, n_{2}, n_{3}^{\prime}, \zeta\right)}\right| \lesssim N_{2}$ since $n_{3}$ lives on a sphere of radius at most $N_{2}$; and

$$
S_{(\zeta)}=\left\{\begin{aligned}
& n_{2}=n_{1}-n+n_{3}, \quad n_{3}=n_{1}^{\prime}-n+n_{3}^{\prime} \\
\left(n_{1}, n_{1}^{\prime}, n, n_{2}, n_{3}^{\prime}, n_{3}\right): & n_{2} \neq n_{1}, n_{3} ; n_{3} \neq n_{3}^{\prime}, n_{1}^{\prime}, \quad n \quad n \in \tilde{C} \\
& \zeta=-\left|n_{2}\right|^{2}+\left|n_{3}\right|^{2}, \quad \zeta=-\left|n_{3}\right|^{2}+\left|n_{3}^{\prime}\right|^{2}
\end{aligned}\right\}
$$

with $\left|S_{(\zeta)}\right| \lesssim N_{2} N_{2}^{3} N_{3}^{6}$ since for fixed $n_{3}, n_{3}^{\prime}$, the frequencies $n_{2}$ sit on a sphere of radius at most $N_{2}$ and $n \in \tilde{C}$ (see Lemma 6.1). We then have as above that for $\omega$ outside a set of measure $e^{-\frac{1}{\delta^{r}}}$,

$$
\begin{aligned}
M_{2}^{2} & \lesssim \delta^{-2 r} N_{2}^{-6} N_{3}^{-6} \sum_{n \neq n^{\prime}} \sum_{n_{2}, n_{3}^{\prime}}\left|S_{\left(n_{1}, n_{1}^{\prime}, n_{2}, n_{3}^{\prime}, \zeta\right)}\right|^{2} \\
& \lesssim \delta^{-2 r} N_{2}^{-6} N_{3}^{-6} N_{2} \sum_{n \neq n^{\prime}} \sum_{n_{2}, n_{3}^{\prime}}\left|S_{\left(n_{1}, n_{1}^{\prime}, n_{2}, n_{3}^{\prime}, \zeta\right)}\right| \\
& \lesssim \delta^{-2 r} N_{2}^{-6} N_{3}^{-6} N_{2}\left|S_{(\zeta)}\right| \sim \delta^{-2 r} N_{2}^{-1} .
\end{aligned}
$$

Case $\beta_{5}$ : By symmetry this case is exactly the same as Case $\beta_{4}$.
We are now ready put all the estimates together and bound $\mathcal{T}$ in cases $\beta_{1}-\beta_{5}$ :

$$
\begin{aligned}
\mathcal{T} & \lesssim\left\|\chi_{C} a_{n_{1}}\right\|_{\ell^{2}}^{2} N_{2}^{2}\left\|\mathcal{G} \mathcal{G}^{*}\right\| \lesssim\left\|a_{n_{1}}\right\|_{\ell^{2}}^{2} N_{2}^{2}\left(M_{1}+M_{2}\right) \\
& \lesssim\left\|\chi_{C} a_{n_{1}}\right\|_{\ell^{2}}^{2} \delta^{-2 r} N_{2}^{2} N_{2}^{-\frac{1}{2}} \sim\left\|\chi_{C} a_{n_{1}}\right\|_{\ell^{2}}^{2} \delta^{-2 r} N_{2}^{\frac{3}{2}}
\end{aligned}
$$

Case $\beta_{6}$ : In this case

$$
S_{\left(n_{1}, n_{1}^{\prime}, \zeta\right)}=\left\{\left(n, n_{2}, n_{3}\right): \begin{array}{r}
n_{2}=n_{1}-n+n_{3}, \quad n_{3}=n_{1}^{\prime}-n+n_{2}, \\
n_{2} \neq n_{3}, n_{1}, \quad\left|n_{2}\right|^{2}=\left|n_{3}\right|^{2}, \quad n \in \tilde{C}
\end{array}\right\}
$$

At this point notice that $\Delta \zeta=1$ and that in this case $N_{2} \sim N_{3}$. We have $S_{\left(n_{1}, n_{1}^{\prime}, \zeta\right)} \sim N_{3}^{4}$. We then have as in (7.24)

$$
M_{2}^{2} \lesssim N_{2}^{-6+\epsilon} N_{3}^{-6} N_{3}^{4}\left|S_{(\zeta)}\right|
$$

where

$$
S_{(\zeta)}=\left\{\left(n_{1}, n_{1}^{\prime}, n, n_{2}, n_{3}\right): \begin{array}{r}
n_{2}=n_{1}-n+n_{3}, \quad n_{3}=n_{1}^{\prime}-n+n_{2}, \\
n_{2} \neq n_{3}, n_{1}, \quad\left|n_{2}\right|^{2}=\left|n_{3}\right|^{2}, \quad n \in \tilde{C}
\end{array}\right\}
$$

and $\left|S_{(\zeta)}\right| \lesssim N_{2}^{3} N_{3}^{4}$. Hence, all in all we have that for $\omega$ outside a set of measure $e^{-\frac{1}{\delta r}}$, $M_{2} \lesssim N_{2}^{-\frac{1}{2}+\epsilon}$ and as a consequence,

$$
\mathcal{T} \lesssim\left\|\chi_{C} a_{n_{1}}\right\|_{\ell^{2}}^{2} N_{2}^{-\frac{1}{2}+\epsilon}
$$

in this case, which is a better bound.
To prove (7.6) we write

$$
\begin{equation*}
\mathcal{T}:=\sum_{m \in \mathbb{Z}, n \in \mathbb{Z}^{3}}\left|\sum_{\substack{n=n_{1}+n_{2}+n_{3} \\ m=\left|n_{1}\right|^{2}+\left|n_{2}\right|^{2}+\left|n_{3}\right|^{2}}} \chi_{C}\left(n_{1}\right) a_{n_{1}} \frac{g_{n_{2}}(\omega)}{\left|n_{2}\right|^{\frac{3}{2}}} \frac{g_{n_{3}}(\omega)}{\left|n_{3}\right|^{\frac{3}{2}}}\right|^{2} \tag{7.27}
\end{equation*}
$$

We can repeat the argument above after checking the case $n_{2}=n_{3}$. In this case (7.27) becomes

$$
\mathcal{T}=\sum_{m \in \mathbb{Z}, n \in \mathbb{Z}^{3}}\left|\sum_{\substack{n=n_{1}+2 n_{2} \\ m=\left|n_{1}\right|^{2}+2\left|n_{2}\right|^{2}}} \chi_{C}\left(n_{1}\right) a_{n_{1}} \frac{\left(g_{n_{2}}(\omega)\right)^{2}}{\left|n_{2}\right|^{3}}\right|^{2}
$$

Let $S_{(m, n)}=\left\{\left(n_{1}, n_{2}\right) / n=n_{1}+2 n_{2}, m=\left|n_{1}\right|^{2}+2\left|n_{2}\right|^{2}\right\}$, and note that by Lemma 6.1, $\left|S_{(m, n)}\right| \lesssim \min \left(N_{1}, N_{2}^{2}\right)$. Then

$$
\begin{aligned}
\mathcal{T} & \lesssim \min \left(N_{1}, N_{2}^{2}\right) \sum_{m, n} \sum_{S_{(m, n)}} \frac{\left|g_{n_{2}}(\omega)\right|^{4}}{\left|n_{2}\right|^{6}}\left|\chi_{C} a_{n_{1}}\right|^{2} \\
& \sim \min \left(N_{1}, N_{2}^{2}\right) \sum_{n, n_{1}} \frac{\left|g_{\frac{n-n_{1}}{2}}^{2}(\omega)\right|^{4}}{\left|\frac{n-n_{1}}{2}\right|^{6}}\left|\chi_{C} a_{n_{1}}\right|^{2} \lesssim \min \left(N_{1}, N_{2}^{2}\right) N_{2}^{-3+\varepsilon}\left\|\chi_{C} a_{n_{1}}\right\|_{l^{2}}^{2},
\end{aligned}
$$

where we used (3.6) for $\omega$ outside a set of measure $e^{-\frac{1}{\delta^{r}}}$.

Proposition 7.5. Let $D_{j}$ and $R_{k}$ be as above and fix $N_{1} \geq N_{2} \geq N_{3}, r, \delta>0$ and $C \in \mathcal{C}_{N_{2}}$. Then there exists $\mu>0$ and a set $\Omega_{\delta} \in A$ such that $\mathbb{P}\left(\Omega_{\delta}^{c}\right) \leq e^{-\frac{1}{\delta^{r}}}$ such that for any $\omega \in \Omega_{\delta}$ we have (7.7) and (7.8).

Proof. Without loss of generality we assume that $\tilde{D}_{3}=D_{3}$. We write,

$$
\begin{equation*}
\mathcal{T}:=\sum_{m \in Z, n \in \mathbb{Z}^{3}}\left|\sum_{\substack{n=-n_{1}+n_{2}+n_{3}, n_{1} \neq n_{2}, n_{3} \\ m=-\left|n_{1}\right|^{2}+\left|n_{2}\right|^{2}+\left|n_{3}\right|^{2}}} \chi_{C}\left(n_{1}\right) \frac{\bar{g}_{n_{1}}(\omega)}{\left|n_{1}\right|^{\frac{3}{2}}} \frac{g_{n_{2}}(\omega)}{\left|n_{2}\right|^{\frac{3}{2}}} a_{n_{3}}\right|^{2}, \tag{7.28}
\end{equation*}
$$

where $C \in \mathcal{C}_{N_{2}}$. Let us now define

$$
\sigma_{n, n_{3}}=\sum_{\substack{n=-n_{1}+n_{2}+n_{3}, n_{1} \neq n_{2}, n_{3} \\ m=-\left|n_{1}\right|^{2}+\left|n_{2}\right|^{2}+\left|n_{3}\right|^{2}}} \chi_{C}\left(n_{1}\right) \frac{\bar{g}_{n_{1}}(\omega)}{\left|n_{1}\right|^{\frac{3}{2}}} \frac{g_{n_{2}}(\omega)}{\left|n_{2}\right|^{\frac{3}{2}}}
$$

If we denote by $\mathcal{G}$ the matrix of entries $\sigma_{n, n_{3}}$, by using that the variation in $m$ is at most $N_{1} N_{2}$ we can then continue the estimate of $\mathcal{T}$ in (7.28) by

$$
\mathcal{T} \lesssim\left\|a_{n_{3}}\right\|_{\ell^{2}}^{2} N_{1} N_{2}\left\|\mathcal{G} \mathcal{G}^{*}\right\| .
$$

Once again by Lemma 6.3,

$$
\left\|\mathcal{G} \mathcal{G}^{*}\right\| \lesssim \max _{n} \sum_{n_{3}}\left|\sigma_{n, n_{3}}\right|^{2}+\left(\sum_{n \neq n^{\prime}}\left|\sum_{n_{3}} \sigma_{n, n_{3}} \bar{\sigma}_{n^{\prime}, n_{3}}\right|^{2}\right)^{\frac{1}{2}}=: M_{1}+M_{2} .
$$

To estimate $M_{1}$ we first define the set

$$
S_{(m, n)}=\left\{\left(n_{1}, n_{2}, n_{3}\right): n_{1} \neq n_{2}, n_{3}, \quad n=-n_{1}+n_{2}+n_{3}, \quad m=-\left|n_{1}\right|^{2}+\left|n_{2}\right|^{2}+\left|n_{3}\right|^{2}\right\}
$$

By (6.3) we have that $\left|S_{(m, n)}\right| \lesssim N_{3}^{3} N_{2}^{2}$ since once fixed $n_{3}$ we use $m=-\left|n_{2}+n_{3}-n\right|^{2}+$ $\left|n_{2}\right|^{2}+\left|n_{3}\right|^{2}$ to count $n_{2}$ which lives on the intersection of a plane with a ball of radius $N_{2}$. Then as in (7.16) we have, for $\omega$ outside a set of measure $e^{-\frac{1}{\delta^{r}}}$, that

$$
\begin{aligned}
M_{1} & \lesssim \sup _{n, m} \sum_{n_{3}}\left|\sum_{\substack{n=-n_{1}+n_{2}+n_{3}, n_{1} \neq n_{2}, n_{3} \\
m=-\left|n_{1}\right|^{2}+\left|n_{2}\right|^{2}+\left|n_{3}\right|^{2}}} \frac{\bar{g}_{n_{1}}(\omega)}{\left|n_{1}\right|^{\frac{3}{2}}} \chi_{C}\left(n_{1}\right) \frac{g_{n_{2}}(\omega)}{\left|n_{2}\right|^{\frac{3}{2}}}\right|^{2} \\
& \lesssim \sup _{n, m} \delta^{-r} N_{1}^{-3} N_{2}^{-3}\left|S_{(m, n)}\right| \lesssim \delta^{-2 r} N_{1}^{-3} N_{2}^{-3} N_{3}^{3} N_{2}^{2} \sim \delta^{-2 r} N_{1}^{-3} N_{2}^{-1} N_{3}^{3} .
\end{aligned}
$$

To estimate $M_{2}$ we first write

$$
M_{2}^{2}=\sum_{n \neq n^{\prime}}\left|\sum_{n_{3}} \sigma_{n, n_{3}} \bar{\sigma}_{n^{\prime}, n_{3}}\right|^{2} \sim \sum_{n \neq n^{\prime}}\left|\sum_{S_{\left(n, n^{\prime}, m\right)}} \frac{\bar{g}_{n_{1}}(\omega)}{\left|n_{1}\right|^{\frac{3}{2}}} \frac{g_{n_{2}}(\omega)}{\left|n_{2}\right|^{\frac{3}{2}}} \frac{g_{n_{1}^{\prime}}}{\left|n_{1}^{\prime}\right|^{\frac{3}{2}}} \frac{\bar{g}_{n_{2}^{\prime}}(\omega)}{\left|n_{2}^{\prime}\right|^{\frac{3}{2}}}\right|^{2}
$$

where
$S_{\left(n, n^{\prime}, m\right)}=\left\{\begin{array}{l}n=-n_{1}+n_{2}+n_{3}, \quad n^{\prime}=-n_{1}^{\prime}+n_{2}^{\prime}+n_{3}, \\ \left(n_{3}, n_{1}, n_{2}, n_{1}^{\prime}, n_{2}^{\prime}\right): \\ n_{1} \neq n_{2}, n_{3}, \quad n_{1}^{\prime} \neq n_{2}^{\prime}, n_{3}, \quad n_{1}, n_{1}^{\prime} \in C \\ \\ m=-\left|n_{1}\right|^{2}+\left|n_{2}\right|^{2}+\left|n_{3}\right|^{2}, \quad m=-\left|n_{1}^{\prime}\right|^{2}+\left|n_{2}^{\prime}\right|^{2}+\left|n_{3}\right|^{2}\end{array}\right\}$.
Just like for the proof of (7.3) we need to organize the estimates according to whether some frequencies are the same or not, in all we have six cases.

- Case $\beta_{1}: n_{1}, n_{1}^{\prime}, n_{2}, n_{2}^{\prime}$ are all different.
- Case $\beta_{2}: n_{1}=n_{1}^{\prime} ; n_{2} \neq n_{2}^{\prime}$.
- Case $\beta_{3}: n_{1} \neq n_{1}^{\prime} ; n_{2}=n_{2}^{\prime}$.
- Case $\beta_{4}: n_{1} \neq n_{2}^{\prime} ; n_{2}=n_{1}^{\prime}$.
- Case $\beta_{5}: n_{1}=n_{2}^{\prime} ; n_{2} \neq n_{1}^{\prime}$.
- Case $\beta_{6}: n_{1}=n_{2}^{\prime} ; n_{2}=n_{1}^{\prime}$.

Case $\beta_{1}$ : In this case we let

$$
S_{(m)}=\left\{\begin{aligned}
& n=-n_{1}+n_{2}+n_{3}, \quad n^{\prime}=-n_{1}^{\prime}+n_{2}^{\prime}-n_{3}, \\
\left(n, n^{\prime}, n_{3}, n_{1}, n_{2}, n_{1}^{\prime}, n_{2}^{\prime}\right): & n_{1} \neq n_{2}, n_{3}, \quad n_{1}^{\prime} \neq n_{2}^{\prime}, n_{3}, \quad n_{1}, n_{1}^{\prime} \in C \\
& m=-\left|n_{1}\right|^{2}+\left|n_{2}\right|^{2}+\left|n_{3}\right|^{2}, \quad m=-\left|n_{1}^{\prime}\right|^{2}+\left|n_{2}^{\prime}\right|^{2}+\left|n_{3}\right|^{2}
\end{aligned}\right\}
$$

with $\left|S_{(m)}\right| \lesssim N_{1}^{2} N_{2}^{6} N_{3}^{3}$. As in the argument we use for (7.16), this gives that for $\omega$ outside a set of measure $e^{-\frac{1}{\delta^{r}}}$,

$$
M_{2}^{2} \lesssim \delta^{-4 r} N_{1}^{-6} N_{2}^{-6} N_{1}^{2} N_{2}^{6} N_{3}^{3} \sim \delta^{-4 r} N_{1}^{-4} N_{3}^{3} .
$$

Case $\beta_{2}$ : In this case we define two sets. We start with

$$
S_{\left(n, n^{\prime}, n_{2}, n_{2}^{\prime}, m\right)}=\left\{\begin{array}{ll} 
& n=-n_{1}+n_{2}+n_{3}, \quad n^{\prime}=-n_{1}+n_{3}+n_{2}^{\prime}, \\
\left(n_{3}, n_{1}\right): & n_{1} \neq n_{2}, n_{2}^{\prime}, n_{3} \\
& m=-\left|n_{1}\right|^{2}+\left|n_{2}\right|^{2}+\left|n_{3}\right|^{2}, \quad m=-\left|n_{1}\right|^{2}+\left|n_{3}\right|^{2}+\left|n_{2}^{\prime}\right|^{2}
\end{array}\right\} .
$$

To compute $\left|S_{\left(n, n^{\prime}, n_{2}, n_{2}^{\prime}, m\right)}\right|$ we count $n_{3}$ then $n_{1}$ is determined. Since $n_{3}$ sit on a plane we have by (6.3) that $\left|S_{\left(n, n^{\prime}, n_{2}, n_{2}^{\prime}, m\right)}\right| \lesssim N_{3}^{2}$. Then we set

$$
S_{(m)}=\left\{\begin{aligned}
& n=-n_{1}+n_{2}+n_{3}, \quad n^{\prime}=-n_{1}+n_{3}+n_{2}^{\prime}, \\
\left(n, n^{\prime}, n_{3}, n_{1}, n_{2}, n_{2}^{\prime}\right): & n_{1} \neq n_{2}, n_{2}^{\prime}, n_{3} \\
& m=-\left|n_{1}\right|^{2}+\left|n_{2}\right|^{2}+\left|n_{3}\right|^{2}, \quad m=-\left|n_{1}\right|^{2}+\left|n_{3}\right|^{2}+\left|n_{2}^{\prime}\right|^{2}
\end{aligned}\right\}
$$

for which $\left|S_{(m)}\right| \lesssim N_{1} N_{2}^{6} N_{3}^{3}$. We then have following the argument in (7.17)-(7.23) that for $\omega$ outside a set of measure $e^{-\frac{1}{\delta^{r}}}$,

$$
\begin{aligned}
M_{2}^{2} & \lesssim \delta^{-2 r} N_{1}^{-6} N_{2}^{-6} \sum_{n \neq n^{\prime}} \sum_{n_{2}, n_{2}^{\prime}}\left|S_{\left(n, n^{\prime}, n_{2}, n_{2}^{\prime}, m\right)}\right|^{2} \\
& \lesssim \delta^{-2 r} N_{1}^{-6} N_{2}^{-6} N_{3}^{2} \sum_{n \neq n^{\prime}} \sum_{n_{2}, n_{2}^{\prime}}\left|S_{\left(n, n^{\prime}, n_{2}, n_{2}^{\prime}, m\right)}\right| \\
& \lesssim \delta^{-2 r} N_{1}^{-6} N_{2}^{-6} N_{3}^{2}\left|S_{(m)}\right| \sim \delta^{-2 r} N_{1}^{-5} N_{3}^{5} .
\end{aligned}
$$

Case $\beta_{3}$ : In this case we define first

$$
S_{\left(n, n^{\prime}, n_{1}, n_{1}^{\prime}, m\right)}=\left\{\begin{array}{l}
n=-n_{1}+n_{2}+n_{3}, \quad n^{\prime}=-n_{1}^{\prime}+n_{2}+n_{3}, \\
\left(n_{2}, n_{3}\right): \\
n_{2}, n_{3} \neq n_{1}, n_{1}^{\prime}, \quad n_{1}, n_{1}^{\prime} \in C \\
\\
m=-\left|n_{1}\right|^{2}+\left|n_{2}\right|^{2}+\left|n_{3}\right|^{2}, \quad m=-\left|n_{1}^{\prime}\right|^{2}+\left|n_{2}\right|^{2}+\left|n_{3}\right|^{2}
\end{array}\right\}
$$

with $\left|S_{\left(n, n^{\prime}, n_{1}, n_{1}^{\prime}, m\right)}\right| \lesssim N_{3}^{2}$ since $n_{2}$ is determined by $n_{3}$ and this one lines on a sphere of radius at most $N_{1}$. On the other hand
$S_{(m)}=\left\{\begin{aligned} & n=-n_{1}+n_{2}+n_{3}, \quad n^{\prime}=-n_{1}^{\prime}+n_{2}+n_{3}, \\ \left(n, n^{\prime}, n_{2}, n_{1}, n_{1}^{\prime}, n_{3}\right): & n_{2}, n_{3} \neq n_{1}, n_{1}^{\prime}, \quad n_{1}, n_{1}^{\prime} \in C \\ & m=-\left|n_{1}\right|^{2}+\left|n_{2}\right|^{2}+\left|n_{3}\right|^{2}, \quad m=-\left|n_{1}^{\prime}\right|^{2}+\left|n_{2}\right|^{2}+\left|n_{3}\right|^{2}\end{aligned}\right\}$
with $\left|S_{(m)}\right| \lesssim N_{1}^{2} N_{3}^{3} N_{2}^{3}$. Hence arguing as above we have

$$
\begin{aligned}
M_{2}^{2} & \lesssim \delta^{-2 r} N_{1}^{-6} N_{2}^{-6} \sum_{n \neq n^{\prime}} \sum_{n_{1}, n_{1}^{\prime}}\left|S_{\left(n, n^{\prime}, n_{1}, n_{1}^{\prime}, m\right)}\right|^{2} \\
& \lesssim \delta^{-2 r} N_{1}^{-6} N_{2}^{-6} N_{3}^{2} \sum_{n \neq n^{\prime}} \sum_{n_{1}, n_{1}^{\prime}}\left|S_{\left(n, n^{\prime}, n_{1}, n_{1}^{\prime}, m\right)}\right| \\
& \lesssim \delta^{-2 r} N_{1}^{-6} N_{2}^{-6} N_{3}^{2}\left|S_{(m)}\right| \sim \delta^{-2 r} N_{1}^{-4} N_{2}^{-3} N_{3}^{5},
\end{aligned}
$$

for $\omega$ outside a set of measure $e^{-\frac{1}{\delta^{r}}}$.
Case $\beta_{4}$ : We define the two sets

$$
S_{\left(n, n^{\prime}, n_{1}, n_{2}^{\prime}, m\right)}=\left\{\begin{array}{ll} 
& n=-n_{1}+n_{2}+n_{3}, \quad n^{\prime}=-n_{2}+n_{2}^{\prime}+n_{3}, \\
\left(n_{2}, n_{3}\right): & n_{2}, n_{3} \neq n_{1}, n_{2}^{\prime} \\
& m=-\left|n_{1}\right|^{2}+\left|n_{2}\right|^{2}+\left|n_{3}\right|^{2}, \quad m=-\left|n_{2}\right|^{2}+\left|n_{2}^{\prime}\right|^{2}+\left|n_{3}\right|^{2}
\end{array}\right\}
$$

for which, since $n_{3}$ lives on a sphere of radius at most $N_{1}$, we have $\left|S_{\left(n, n^{\prime}, n_{1}, n_{2}^{\prime}, m\right)}\right| \lesssim$ $\min \left(N_{1}, N_{3}^{2}\right)$ and

$$
S_{(m)}=\left\{\begin{aligned}
& n=-n_{1}+n_{2}+n_{3}, \quad n^{\prime}=-n_{2}+n_{2}^{\prime}+n_{3} \\
\left(n, n^{\prime}, n_{3}, n_{1}, n_{2}^{\prime}, n_{2}\right): & n_{2}, n_{3} \neq n_{1}, n_{2}^{\prime} \\
& m=-\left|n_{1}\right|^{2}+\left|n_{2}\right|^{2}+\left|n_{3}\right|^{2}, \quad m=-\left|n_{2}\right|^{2}+\left|n_{2}^{\prime}\right|^{2}+\left|n_{3}\right|^{2}
\end{aligned}\right\}
$$

with $\left|S_{(m)}\right| \lesssim N_{1} N_{3}^{3} N_{2}^{6}$. We then have in this case that

$$
\begin{aligned}
M_{2}^{2} & \lesssim \delta^{-2 r} N_{1}^{-6} N_{2}^{-6} \sum_{n \neq n^{\prime}} \sum_{n_{1}, n_{2}^{\prime}}\left|S_{\left(n, n^{\prime}, n_{1}, n_{2}^{\prime}, m\right)}\right|^{2} \\
& \lesssim \delta^{-2 r} N_{1}^{-6} N_{2}^{-6} \min \left(N_{1}, N_{3}^{2}\right) \sum_{n \neq n^{\prime}} \sum_{n_{1}, n_{2}^{\prime}}\left|S_{\left(n, n^{\prime}, n_{1}, n_{2}^{\prime}, m\right)}\right| \\
& \lesssim \delta^{-2 r} N_{1}^{-6} N_{2}^{-6} \min \left(N_{1}, N_{3}^{2}\right)\left|S_{(m)}\right| \sim \delta^{-2 r} N_{1}^{-4} N_{3}^{3},
\end{aligned}
$$

for $\omega$ outside a set of measure $e^{-\frac{1}{\delta^{r}}}$.
Case $\beta_{5}$ : This case is exactly the same as Case $\beta_{4}$.
We are now ready to estimate $\mathcal{T}$ in cases $\beta_{1}-\beta_{5}$.

$$
\begin{aligned}
\mathcal{T} & \lesssim\left\|a_{n_{2}}\right\|_{\ell^{2}}^{2} N_{1} N_{2}\left\|\mathcal{G} \mathcal{G}^{*}\right\| \lesssim\left\|a_{n_{2}}\right\|_{\ell^{2}}^{2} N_{1} N_{2}\left(M_{1}+M_{2}\right) \\
& \lesssim\left\|a_{n_{2}}\right\|_{\ell^{2}}^{2} \delta^{-4 r}\left[N_{1} N_{2}\left(N_{1}^{-\frac{5}{2}} N_{3}^{\frac{5}{2}}+N_{1}^{-2} N_{3}^{\frac{3}{2}}\right)\right] \lesssim \delta^{-4 r}\left[N_{1}^{-\frac{3}{2}} N_{2} N_{3}^{\frac{5}{2}}+N_{1}^{-1} N_{2} N_{3}^{\frac{3}{2}}\right]\left\|a_{n_{2}}\right\|_{\ell^{2}}^{2}
\end{aligned}
$$

Case $\beta_{6}$ : In this case

$$
S_{\left(n, n^{\prime}\right)}=\left\{\left(n_{3}, n_{1}, n_{2}\right): \begin{array}{l}
n=-n_{1}+n_{2}+n_{3}, \quad n^{\prime}=-n_{2}+n_{1}+n_{3}, \\
n_{1} \neq n_{2}, n_{3}, \quad\left|n_{1}\right|^{2}=\left|n_{2}\right|^{2}, \quad m=\left|n_{3}\right|^{2}
\end{array}\right\}
$$

so $N_{1} \sim N_{2}$ and $\Delta m \lesssim N_{3}^{2}$. We have $S_{\left(n, n^{\prime}, m\right)} \lesssim N_{2}^{3} N_{3}$ since $n_{3}$ sits on a sphere of radius at most $N_{3}$. We then have as in (7.24) that for $\omega$ outside a set of measure $e^{-\frac{1}{\delta^{r}}}$,

$$
M_{2}^{2} \lesssim N_{1}^{-6+\varepsilon} N_{2}^{-6} N_{2}^{3} N_{3}\left|S_{(m)}\right|
$$

where

$$
S_{(m)}=\left\{\left(n, n^{\prime}, n_{3}, n_{1}, n_{2}\right): \begin{array}{l}
n=-n_{1}+n_{2}+n_{3}, \quad n^{\prime}=-n_{2}+n_{1}+n_{3}, \\
n_{1} \neq n_{2}, n_{3}, \quad\left|n_{1}\right|^{2}=\left|n_{2}\right|^{2}, \quad m=\left|n_{3}\right|^{2}
\end{array}\right\}
$$

and $\left|S_{(m)}\right| \lesssim N_{3} N_{2}^{3} N_{2}$ since again $n_{3}$ sits on a sphere of radius at most $N_{3}$ and for fixed $n_{2}$ we have that $n_{1}$ sits on a sphere of radius at most $N_{2}$. Hence $M_{2} \lesssim N_{1}^{-\frac{5}{2}+\varepsilon} N_{3}$ and as a consequence

$$
\mathcal{T} \lesssim\left\|a_{n_{3}}\right\|_{\ell^{2}}^{2} N_{3}^{3} N_{1}^{-\frac{5}{2}+\varepsilon} .
$$

The proof of (7.8) proceeds very much like the one we just presented. Actually when $n_{1}=n_{2}$ the estimates may be made better since we will not have planes, but spheres involved in the counting. On the other hand here $n_{1}=n_{2}$ could be a possibility. In this case we have

$$
\mathcal{T}:=\sum_{m \in Z, n \in \mathbb{Z}^{3}}\left|\sum_{\substack{n=-2 n_{1}+n_{3} \\ m=-2\left|n_{1}\right|^{2}+\left|n_{3}\right|^{2}}} \frac{\left(\bar{g}_{n_{1}}(\omega)\right)^{2}}{\left|n_{1}\right|^{3}} a_{n_{3}}\right|^{2}
$$

Let $S_{(m, n)}=\left\{\left(n_{1}, n_{3}\right) / n=-2 n_{1}+n_{3}, n_{3} \neq n_{1}, m=-2\left|n_{1}\right|^{2}+\left|n_{3}\right|^{2}\right\}$, and note that by Lemma[6.1, $\left|S_{(m, n)}\right| \lesssim \min \left(N_{1}, N_{3}^{2}\right)$. Then using (3.6) for $\omega$ outside a set of measure $e^{-\frac{1}{\delta^{r}}}$, we have that

$$
\begin{aligned}
\mathcal{T} & \lesssim \min \left(N_{1}, N_{3}^{2}\right) \sum_{m, n} \sum_{S_{(m, n)}} \frac{\left|g_{n_{1}}(\omega)\right|^{4}}{\left|n_{1}\right|^{6}}\left|a_{n-2 n_{1}}\right|^{2} \\
& \lesssim \min \left(N_{1}, N_{3}^{2}\right) N_{1}^{-3+\varepsilon}\left\|a_{n_{3}}\right\|_{l^{2}}^{2} .
\end{aligned}
$$

Proposition 7.6. Let $D_{j}$ and $R_{k}$ be as above and fix $N_{1} \geq N_{2} \geq N_{3}, r, \delta>0$ and $C \in \mathcal{C}_{N_{2}}$. Then there exists $\mu, \varepsilon>0$ and a set $\Omega_{\delta} \in A$ such that $\mathbb{P}\left(\Omega_{\delta}^{c}\right) \leq e^{-\frac{1}{\delta^{r}}}$ such that for any $\omega \in \Omega_{\delta}$ we have (7.9) for any $0 \leq \theta \leq 1$, and (7.10).

Proof. We now move to (7.9). Without loss of generality we assume that $\tilde{D}_{i}=D_{i}, i=2,3$. We have that

$$
\mathcal{T}:=\sum_{m \in \mathbb{Z}, n \in \mathbb{Z}^{3}}\left|\sum_{\substack{n=n_{1}+n_{2}+n_{3} \\ m=\left|n_{1}\right|^{2}+\left|n_{2}\right|^{2}+\left|n_{3}\right|^{2}}} \chi_{C}\left(n_{1}\right) \frac{g_{n_{1}}(\omega)}{\left|n_{1}\right|^{\frac{3}{2}}} a_{n_{2}} a_{n_{3}}\right|^{2} .
$$

Then

$$
\mathcal{T} \lesssim \sum_{m \in \mathbb{Z}, n \in \tilde{C}}\left|\sum_{n_{2}, n_{3}} \sigma_{n_{n}, n_{2}} a_{n_{2}} a_{n_{3}}\right|^{2},
$$

where $\tilde{C}$ is again a cube of sidelength approximately $N_{2}$ and

$$
\sigma_{n, n_{2}}=\left\{\begin{array}{ll}
\frac{g_{n-n_{2}-n_{3}}(\omega)}{\left|n-n_{2}-n_{3}\right|^{\frac{3}{2}}} & \text { if } m=\left|n-n_{2}-n_{3}\right|^{2}+\left|n_{2}\right|^{2}+\left|n_{3}\right|^{2} \\
0 & \text { otherwise }
\end{array} .\right.
$$

Note that $\sigma_{n, n_{2}}$ also depends on $m$ and $n_{3}$ but we estimate it independently of $m$ and $n_{3}$ and take the supremum on them. By Cauchy-Schwarz in $n_{3}$, the fact that $\Delta m \lesssim N_{1} N_{2}$ and Lemma 6.3 we have that

$$
\mathcal{T} \lesssim\left\|a_{n_{3}}\right\|_{\ell^{2}}^{2}\left\|a_{n_{2}}\right\|_{\ell^{2}}^{2} N_{1} N_{2} N_{3}^{3}\left\|\mathcal{G} \mathcal{G}^{*}\right\| ;
$$

and as usual by Lemma 6.3 we have that

$$
\left\|\mathcal{G} \mathcal{G}^{*}\right\| \lesssim \max _{n} \sum_{n_{2}}\left|\sigma_{n, n_{2}}\right|^{2}+\left(\sum_{n \neq n^{\prime} \in \tilde{C}}\left|\sum_{n_{2}} \sigma_{n, n_{2}} \bar{\sigma}_{n^{\prime}, n_{2}}\right|^{2}\right)^{\frac{1}{2}}=: M_{1}+M_{2}
$$

To estimate $M_{1}$ we will use the set $S\left(n, n_{3}, m\right):=\left\{n_{2}: m=\left|n-n_{2}-n_{3}\right|^{2}+\left|n_{2}\right|^{2}+\left|n_{3}\right|^{2}\right\}$ with cardinality $\left|S_{\left(n, n_{3}, m\right)}\right| \lesssim N_{1}$ since this set describes a sphere whose radius is at most $N_{1}$. Using (3.6) we estimate

$$
\begin{equation*}
M_{1} \lesssim \sum_{n_{2} \in S\left(n, n_{3}, m\right)} N_{1}^{-3+\varepsilon} \lesssim N_{1}^{-2+\varepsilon} \tag{7.29}
\end{equation*}
$$

for $\omega$ outside a set of measure $e^{-\frac{1}{\delta^{r}}}$.

To estimate $M_{2}$ we first define the set

$$
S_{\left(n_{3}, m\right)}:=\left\{\left(n, n^{\prime}, n_{2}\right): m=\left|n-n_{2}-n_{3}\right|^{2}+\left|n_{2}\right|^{2}+\left|n_{3}\right|^{2}, m=\left|n^{\prime}-n_{2}-n_{3}\right|^{2}+\left|n_{2}\right|^{2}+\left|n_{3}\right|^{2}\right\}
$$

and note that $\left|S_{\left(n_{3}, m\right)}\right| \lesssim N_{2}^{3} N_{1}^{2}$. Then using (3.4) and proceeding using arguments similar to those presented for (7.17)-(7.23) we have

$$
\begin{equation*}
M_{2}^{2} \lesssim \delta^{-2 r} N_{1}^{-6}\left|S_{\left(n_{3}, m\right)}\right| \lesssim \delta^{-2 r} N_{1}^{-6} N_{2}^{3} N_{1}^{2} . \tag{7.30}
\end{equation*}
$$

By using the estimates of $M_{1}$ and $M_{2}$ we obtain that for $\omega$ outside a set of measure $e^{-\frac{1}{\delta^{r}}}$,

$$
\begin{equation*}
\mathcal{T} \lesssim\left\|a_{n_{3}}\right\|_{\ell^{2}}^{2}\left\|a_{n_{2}}\right\|_{\ell^{2}}^{2} \delta^{-r} N_{1} N_{2} N_{3}^{3} N_{1}^{-2} N_{2}^{\frac{3}{2}} \lesssim\left\|a_{n_{3}}\right\|_{\ell^{2}}^{2}\left\|a_{n_{2}}\right\|_{\ell^{2}}^{2} \delta^{-r} N_{1}^{-1} N_{2}^{\frac{5}{2}} N_{3}^{3} \tag{7.31}
\end{equation*}
$$

We will interpolate this estimate with the one we obtain below.

$$
\begin{align*}
\mathcal{T} & \lesssim N_{1} N_{2} \sup _{m} \sum_{n \in \mathbb{Z}^{3}}\left|\sum_{\substack{n=n_{1}+n_{2}+n_{3} \\
m=\left|n_{1}\right|^{2}+\left|n_{2}\right|^{2}+\left|n_{3}\right|^{2}}} \chi_{C}\left(n_{1}\right) \frac{g_{n_{1}}(\omega)}{\left|n_{1}\right|^{\frac{3}{2}}} a_{n_{2}} a_{n_{3}}\right|^{2} \\
& \lesssim N_{1} N_{2}\left\|a_{n_{3}}\right\|_{\ell^{2}}^{2} \sup _{m} \sum_{n, n_{3} \in \mathbb{Z}^{3}}\left|\sum_{\substack{n=n_{1}+n_{2}+n_{3} \\
m=\left|n_{1}\right|^{2}+\left|n_{2}\right|^{2}+\left|n_{3}\right|^{2}}} \chi_{C}\left(n_{1}\right) \frac{g_{n_{1}}(\omega)}{\left|n_{1}\right|^{\frac{3}{2}}} a_{n_{2}}\right|^{2} \\
& \left.\lesssim N_{1} N_{2}\left\|a_{n_{3}}\right\|_{\ell^{2}}^{2} N_{1}^{-3+\varepsilon} \sup _{m} \sum_{n, n_{3} \in \mathbb{Z}^{3}}\left|S_{\left(n, n_{3}, m\right) \mid} \sum_{S_{\left(n, n_{3}, m\right)}}\right| a_{n_{2}}\right|^{2} \\
& \lesssim N_{1} N_{2}\left\|a_{n_{3}}\right\|_{\ell^{2}}^{2} N_{1}^{-3+\varepsilon} \min \left(N_{2}^{2}, N_{1}\right) \sup _{m} \sum_{n_{2}} \sum_{S_{\left(n_{2}, m\right)}}\left|a_{n_{2}}\right|^{2} \\
& \lesssim N_{1} N_{2}\left\|a_{n 3}\right\|_{\ell^{2}}^{2}\left\|a_{n_{2}}\right\|_{\ell^{2}}^{2} N_{1}^{-3+\varepsilon} \min \left(N_{2}^{2}, N_{1}\right) N_{1} N_{3}^{3} \\
& \sim N_{1}^{-1+\varepsilon} N_{3}^{3} N_{2} \min \left(N_{2}^{2}, N_{1}\right)\left\|a_{n_{2}}\right\|_{\ell^{2}}^{2}\left\|a_{n_{3}}\right\|_{\ell^{2}}^{2}, \tag{7.32}
\end{align*}
$$

where $S_{\left(n, n_{3}, m\right)}=\left\{\left(n_{1}, n_{2}\right) / n=n_{1}+n_{2}+n_{3}, n_{1} \in C, m=\left|n_{1}\right|^{2}+\left|n_{2}\right|^{2}+\left|n_{3}\right|^{2}\right\}$, with $\left|S_{\left(n, n_{3}, m\right)}\right| \lesssim \min \left(N_{2}^{2}, N_{1}\right), S_{\left(n_{2}, m\right)}=\left\{\left(n, n_{1}, n_{3}\right) / n=n_{1}+n_{2}+n_{3}, n_{1} \in C, m=\left|n_{1}\right|^{2}+\right.$ $\left.\left|n_{2}\right|^{2}+\left|n_{3}\right|^{2}\right\}$ with $\left|S_{\left(n_{2}, m\right)}\right| \lesssim N_{1} N_{3}^{3}$ and we used (3.6) for $\omega$ outside a set of measure $e^{-\frac{1}{\delta^{r}}}$.

The estimate of (7.9) now follows by interpolating (7.32) with (7.31).
We now move to (7.10). Again without loss of generality we assume that $\tilde{D}_{i}=D_{1}, i=$ 1,3 . We use duality and the change of variables $\zeta=m-\left|n_{1}\right|^{2}=\left|n_{2}\right|^{2}+\left|n_{3}\right|^{3}$ as in the proof of Proposition [7.3, We note that the variation of $\zeta$ is at most $N_{2}^{2}$ and that $n \in \tilde{C}$, a cube of side length approximately $N_{2}$. We use (3.6) for $\omega$ outside a set of measure $e^{-\frac{1}{\delta^{r}}}$
and Lemma 6.1 to reduce the bound for $\mathcal{T}$ to estimating,

$$
\begin{aligned}
& N_{2}^{2} \sup _{\zeta} \sum_{n_{1} \in \mathbb{Z}^{3}}\left|\sum_{\substack{n_{1}=n-n_{2}-n_{3} \\
\zeta=\left|n_{2}\right|^{2}+\left|n_{3}\right|^{2}}} \chi_{\tilde{C}}(n) k_{n} \frac{g_{n_{2}}(\omega)}{\left|n_{2}\right|^{\frac{3}{2}}} a_{n_{3}}\right|^{2}\left\|\chi_{C} a_{n_{1}}\right\|_{\ell^{2}}^{2} \\
\lesssim & N_{2}^{2}\left\|\chi_{C} a_{n_{1}}\right\|_{\ell^{2}}^{2}\left\|a_{n_{3}}\right\|_{\ell}^{2} \sup _{\zeta} \sum_{n_{1}, n_{3} \in \mathbb{Z}^{3}} \left\lvert\, \sum_{\substack{n_{1}=n-n_{2}-n_{3} \\
\zeta=\left|n_{2}\right|^{2}+\left|n_{3}\right|^{2}}} \chi_{\tilde{C}}(n) k_{n} \frac{g_{n_{2}}(\omega)}{\left.\left|n_{2}\right|^{\frac{3}{2}}\right|^{2}}\right. \\
\lesssim & \left.N_{2}^{2}\left\|\chi_{C} a_{n_{1}}\right\|_{\ell^{2}}^{2}\left\|a_{n_{3}}\right\|_{\ell^{2}}^{2} N_{2}^{-3+\varepsilon} \sup _{\zeta} \sum_{n_{1}, n_{3} \in \mathbb{Z}^{3}}\left|S_{\left(n_{1}, n_{3}, \zeta\right) \mid} \sum_{S_{\left(n_{1}, n_{3}, \zeta\right)}} \chi_{\tilde{C}}(n)\right| k_{n}\right|^{2} \\
\lesssim & N_{2}^{2}\left\|\chi_{C} a_{n_{1}}\right\|_{\ell^{2}}^{2}\left\|a_{n_{3}}\right\|_{\ell^{2}}^{2} N_{2}^{-3+\varepsilon} N_{2} \sup _{\zeta} \sum_{n} \sum_{S_{(n, \zeta)}}\left|k_{n}\right|^{2} \\
\lesssim & N_{2}^{2}\left\|\chi_{C} a_{n_{1}}\right\|_{\ell^{2}}^{2}\left\|a_{n_{3}}\right\|_{\ell^{2}}^{2} N_{2}^{-3+\varepsilon} N_{2} N_{2} N_{3}^{3}\left\|k_{n}\right\|_{\ell^{2}}^{2} \\
\sim & N_{2}^{1+\varepsilon} N_{3}^{3}\left\|\chi_{C} a_{n_{1}}\right\|_{\ell^{2}}^{2}\left\|a_{n_{3}}\right\|_{\ell^{2}}^{2}\left\|k_{n}\right\|_{\ell^{2}}^{2},
\end{aligned}
$$

where $S_{\left(n_{1}, n_{3}, \zeta\right)}=\left\{\left(n, n_{2}\right) / n_{1}=n-n_{2}-n_{3}, n \in \tilde{C}, \zeta=\left|n_{2}\right|^{2}+\left|n_{3}\right|^{2}\right\}$, with $\left|S_{\left(n_{1}, n_{3}, \zeta\right)}\right| \lesssim$ $N_{2}, S_{(n, \zeta)}=\left\{\left(n_{1}, n_{2}, n_{3}\right) / n_{1}=n-n_{2}-n_{3}, n_{1} \in C, \zeta=\left|n_{2}\right|^{2}+\left|n_{3}\right|^{2}\right\}$ with $\left|S_{(n, \zeta)}\right| \lesssim N_{2} N_{3}^{3}$.

Proposition 7.7. Let $R_{k}$ be as above and fix $N_{1} \geq N_{2} \geq N_{3}, r, \delta>0$ and $C \in \mathcal{C}_{N_{2}}$. Then there exists $\mu>0$ and a set $\Omega_{\delta} \in A$ such that $\mathbb{P}\left(\Omega_{\delta}^{c}\right) \leq e^{-\frac{1}{\delta^{r}}}$ such that for any $\omega \in \Omega_{\delta}$ we have (7.11), (7.12) and (7.13).

Proof. We start by estimating (7.11). We consider

$$
\begin{equation*}
\mathcal{T}:=\sum_{\substack{ \\\mathbb{Z}, n \in \mathbb{Z}^{3}}}\left|\sum_{\substack{n=n_{1}+n_{2}-n_{3} \\ n_{1}, n_{2}+n_{3} \\ m=\left|n_{1}\right|^{2}+\left|n_{2}\right|^{2}-\left|n_{3}\right|^{2}}} \chi_{C}\left(n_{1}\right) \frac{\bar{g}_{n_{1}}(\omega)}{\left|n_{1}\right|^{\frac{3}{2}}} \frac{\bar{g}_{n_{2}}(\omega)}{\left|n_{2}\right|^{\frac{3}{2}}} \frac{g_{n_{3}}(\omega)}{\left|n_{3}\right|^{\frac{3}{2}}}\right|^{2} . \tag{7.33}
\end{equation*}
$$

Note that if $n_{1}=n_{2}$ we get -say- $\left(\bar{g}_{n_{1}}(\omega)^{2}\right)$ which are still independent and mean zero since the $g_{n_{i}}(\omega)$ are complex Gaussian random variables. Hence we are still within the framework of Lemma 3.4 for $\omega$ and so this case does not require a separate argument.

We first remark that the variation $\Delta m \sim N_{1} N_{2}$. Then we use Lemma 3.4 to obtain, for $\omega$ outside a set of measure $e^{-\frac{1}{\delta^{r}}}$, that

$$
\mathcal{T} \lesssim \delta^{-\frac{3}{2} r} N_{1} N_{2} N_{1}^{-3} N_{2}^{-3} N_{3}^{-3} \sup _{m}\left|S_{(m)}\right| \lesssim \delta^{-\frac{3}{2} r} N_{1}^{-1} N_{2}
$$

where $S_{(m)}:=\left\{\left(n, n_{1}, n_{2}, n_{3}\right) / n=n_{1}+n_{2}-n_{3}, n_{1} \in C ; m=\left|n_{1}\right|^{2}+\left|n_{2}\right|^{2}-\left|n_{3}\right|^{2}\right\}$ and $\left|S_{(m)}\right| \lesssim N_{3}^{3} N_{2}^{3} N_{1}$.

To estimate (7.12) and (7.13) we proceed just like above.
7.2. Bilinear Estimate. We prove the following bilinear estimate which will be used in the next Section 8. We use the same notation as in the previous subsection 7.1,

Proposition 7.8. Fix $N_{1} \geq N_{2} \geq N_{3}$ and $r, \delta>0$. Assume also that $C$ is a cube of sidelength $N_{2}$. Then there exists $\mu, \varepsilon>0$ and a set $\Omega_{\delta} \in A$ such that $\mathbb{P}\left(\Omega_{\delta}^{c}\right) \leq e^{-\frac{1}{\delta^{r}}}$ and such that for any $\omega \in \Omega_{\delta}$ and $0 \leq \theta \leq 1$ we have the following estimate:

$$
\begin{equation*}
\left\|P_{C} R_{1} D_{2}\right\|_{L^{2}\left([0,1] \times \mathbb{T}^{3}\right)} \lesssim \delta^{-\mu r} N_{1}^{-\frac{1}{2}+\varepsilon} \min \left(N_{1}, N_{2}^{2}\right)^{\frac{1-\theta}{2}} N_{2}^{\frac{1}{2}+\frac{3 \theta}{4}}\left\|D_{2}\right\|_{U_{\Delta}^{2} L_{x}^{2}} . \tag{7.34}
\end{equation*}
$$

Proof. To prove (7.34) we follow the argument presented for (7.9) after performing a Cauchy-Schwarz. In fact we have

$$
\left\|P_{C} R_{1} D_{2}\right\|_{L^{2}}^{2}=\sum_{m \in \mathbb{Z}, n \in \mathbb{Z}^{3}}\left|\sum_{\substack{n=n_{1}+n_{2} \\ m=\left|n_{1}\right|^{2}+\left|n_{2}\right|^{2}}} \chi_{C}\left(n_{1}\right) \frac{g_{n_{1}}(\omega)}{\left|n_{1}\right|^{\frac{3}{2}}} a_{n_{2}}\right|^{2}
$$

Then

$$
\left\|P_{C} R_{1} D_{2}\right\|_{L^{2}}^{2} \lesssim \sum_{m ; n \in \tilde{C}}\left|\sum_{n_{2}} \sigma_{n, n_{2}} a_{n_{2}}\right|^{2}
$$

where $\tilde{C}$ is a cube of side length approximately $N_{2}$ and

$$
\sigma_{n, n_{2}}=\left\{\begin{array}{ll}
\frac{g_{n-n_{2}}(\omega)}{\left|n-n_{2}\right|^{\frac{3}{2}}} & \text { if } m=\left|n-n_{2}\right|^{2}+\left|n_{2}\right|^{2} \\
0 & \text { otherwise }
\end{array} .\right.
$$

We then have

$$
\left\|P_{C} R_{1} D_{2}\right\|_{L^{2}}^{2} \lesssim\left\|a_{n_{2}}\right\|_{\ell^{2}}^{2} N_{1} N_{2}\left\|\mathcal{G} \mathcal{G}^{*}\right\| .
$$

Then using the estimates (7.29) and (7.30), we obtain for $\omega$ outside a set of measure $e^{-\frac{1}{\delta^{r}}}$,

$$
\begin{equation*}
\left\|P_{C} R_{1} D_{2}\right\|_{L^{2}} \lesssim\left\|a_{n_{2}}\right\|_{\ell^{2}} \delta^{-r} N_{1}^{-\frac{1}{2}+\varepsilon} N_{2}^{\frac{5}{4}} \tag{7.35}
\end{equation*}
$$

We also use (7.32) to estimate (7.9). By repeating the argument to prove (7.32) in our bilinear setting, we obtain, for $\omega$ outside a set of measure $e^{-\frac{1}{\delta^{r}}}$, that

$$
\begin{aligned}
\left\|P_{C} R_{1} D_{2}\right\|_{L^{2}}^{2} & \lesssim N_{1} N_{2} \sup _{m} \sum_{n \in \mathbb{Z}^{3}}\left|\sum_{\substack{n=n_{1}+n_{2} \\
m=\left|n_{1}\right|^{2}+\left|n_{2}\right|^{2}}} \chi_{C}\left(n_{1}\right) \frac{g_{n_{1}}(\omega)}{\left|n_{1}\right|^{\frac{3}{2}}} a_{n_{2}}\right|^{2} \\
& \lesssim N_{1} N_{2}\left\|a_{n_{3}}\right\|_{\ell^{2}}^{2} \sup _{m} \sum_{n \in \mathbb{Z}^{3}}\left|\sum_{\substack{n=n_{1}+n_{2} \\
m=\left|n_{1}\right|^{2}+\left|n_{2}\right|^{2}}} \chi_{C}\left(n_{1}\right) \frac{g_{n_{1}}(\omega)}{\left|n_{1}\right|^{\frac{3}{2}}} a_{n_{2}}\right|^{2} \\
& \lesssim N_{1} N_{2} N_{1}^{-3+\varepsilon} \sup _{m} \sum_{n \in \mathbb{Z}^{3}}\left|S_{(n, m)}\right| \sum_{S_{(n, m)}}\left|a_{n_{2}}\right|^{2} \\
& \lesssim N_{1} N_{2} N_{1}^{-3+\varepsilon} \min \left(N_{2}^{2}, N_{1}\right) \sup _{m} \sum_{n_{2}} \sum_{S_{\left(n_{2}, m\right)}}\left|a_{n_{2}}\right|^{2} \\
& \lesssim N_{1} N_{2}\left\|a_{n_{2}}\right\|_{\ell^{2}}^{2} N_{1}^{-3+\varepsilon} \min \left(N_{2}^{2}, N_{1}\right) N_{1}
\end{aligned}
$$

$$
\sim N_{1}^{-1+\varepsilon} N_{2} \min \left(N_{2}^{2}, N_{1}\right)\left\|a_{n_{2}}\right\|_{\ell^{2}}^{2}
$$

where $S_{(n, m)}=\left\{\left(n_{1}, n_{2}\right) / n=n_{1}+n_{2}, n_{1} \in C, m=\left|n_{1}\right|^{2}+\left|n_{2}\right|^{2}\right\}$, with $\left|S_{(n, m)}\right| \lesssim$ $\min \left(N_{2}^{2}, N_{1}\right), S_{\left(n_{2}, m\right)}=\left\{\left(n, n_{1}\right) / n=n_{1}+n_{2}, n_{1} \in C, m=\left|n_{1}\right|^{2}+\left|n_{2}\right|^{2}\right\}$ with $\left|S_{\left(n_{2}, m\right)}\right| \lesssim$ $N_{1}$ and we used (3.6). Hence we also have

$$
\begin{equation*}
\left\|P_{C} R_{2} D_{1}\right\|_{L^{2}} \lesssim\left\|a_{n_{2}}\right\|_{\ell^{2}} N_{1}^{-\frac{1}{2}+\varepsilon} N_{2}^{\frac{1}{2}} \min \left(N_{2}^{2}, N_{1}\right)^{\frac{1}{2}} \tag{7.36}
\end{equation*}
$$

By interpolating (7.35) and (7.36) we finally have the estimate (7.34).
Remark 7.9. Later we only use (7.34) with $\theta=1$ while estimating in the next section the term $J_{4}$ defined (2.13).

## 8. Proof of Proposition 5.2

In this section we use a notation similar to the one introduced at the beginning of Section 7 to indicate deterministic and random functions. The reader should pay attention though to the fact that the new functions we define in this section have a different normalization than the ones in Section 7, hence the slight change of notation.

If $u_{i}$ is random, then we write

$$
\widehat{P_{N_{i}} u_{i}}(n)=\chi_{\left\{|n| \sim N_{i}\right\}}(n) \frac{g_{n}(\omega)}{|n|^{\frac{5}{2}-\alpha}} e^{i|n|^{2} t} \sim \widehat{\mathcal{R}_{i}}(n) ;
$$

while if $u_{i}$ is deterministic we write

$$
\widehat{P_{N_{i}} u_{i}}(n) \sim \widehat{\mathcal{D}}_{i}(n)
$$

where $\widehat{\mathcal{D}}_{i}(n)$ is supported in $\left\{|n| \sim N_{i}\right\}$. Below we will make a heavy use of Proposition 7.1 when functions $\mathcal{R}_{i}$ are involved instead of $R_{i}$. This will not be explicitly mentioned every time, but the reader will notice that a normalization will take place in the appropriate places.

We first estimate the terms $J_{2}-J_{7}$ then we move to $J_{1}$.
8.1. Estimates Involving the Term $J_{2}$. We start by estimating the term $J_{2}$ as in (2.11). This reduces to analyzing the sum over $N_{0}, N_{1}, \ldots, N_{3}$ of quatri-linear forms:

$$
\begin{equation*}
\left|\int_{\mathbb{T}} \int_{\mathbb{T}^{3}} T_{\Upsilon}\left(P_{N_{1}} u_{1}, P_{N_{2}} \bar{u}_{2}, P_{N_{3}} u_{3}\right) P_{N_{0}} \bar{h} d x d t\right| \tag{8.1}
\end{equation*}
$$

where $T_{\Upsilon}$ is the multilinear operator defined in (7.2).
The general outline of the proof involves the use of Cauchy-Schwarz, cutting the top frequency window if necessary, the transfer principle Proposition 4.8 and suitably applying the trilinear estimates in subsection 7.1. Without any loss of generality, we then fix the relative ordering $N_{1} \geq N_{2} \geq N_{3}$ above and consider the following cases where $T_{\Upsilon}$ acts on :

- Case 1:
a) $\left(\overline{\mathcal{R}}_{1}, \mathcal{R}_{2}, \mathcal{R}_{3}\right)$
b) $\left(\mathcal{R}_{1}, \overline{\mathcal{R}}_{2}, \mathcal{R}_{3}\right)$
c) $\left(\mathcal{R}_{1}, \mathcal{R}_{2}, \overline{\mathcal{R}}_{3}\right)$
- Case 2:
a) $\left(\overline{\mathcal{D}}_{1}, \mathcal{R}_{2}, \mathcal{R}_{3}\right)$
b) $\left(\mathcal{D}_{1}, \overline{\mathcal{R}}_{2}, \mathcal{R}_{3}\right)$
c) $\left(\mathcal{D}_{1}, \mathcal{R}_{2}, \overline{\mathcal{R}}_{3}\right)$
- Case 3:
a) $\left(\overline{\mathcal{R}}_{1}, \mathcal{R}_{2}, \mathcal{D}_{3}\right)$
b) $\left(\mathcal{R}_{1}, \overline{\mathcal{R}}_{2}, \mathcal{D}_{3}\right)$
c) $\left(\mathcal{R}_{1}, \mathcal{R}_{2}, \overline{\mathcal{D}}_{3}\right)$
- Case 4:
a) $\left(\overline{\mathcal{R}}_{1}, \mathcal{D}_{2}, \mathcal{R}_{3}\right)$
b) $\left(\mathcal{R}_{1}, \overline{\mathcal{D}}_{2}, \mathcal{R}_{3}\right)$
c) $\left(\mathcal{R}_{1}, \mathcal{D}_{2}, \overline{\mathcal{R}}_{3}\right)$,
- Case 5:
a) $\left(\overline{\mathcal{D}}_{1}, \mathcal{R}_{2}, \mathcal{D}_{3}\right)$
b) $\left(\mathcal{D}_{1}, \overline{\mathcal{R}}_{2}, \mathcal{D}_{3}\right)$
c) $\left(\mathcal{D}_{1}, \mathcal{R}_{2}, \overline{\mathcal{D}}_{3}\right)$
- Case 6:
a) $\left(\overline{\mathcal{R}}_{1}, \mathcal{D}_{2}, \mathcal{D}_{3}\right)$
b) $\left(\mathcal{R}_{1}, \mathcal{D}_{2}, \mathcal{D}_{3}\right)$
c) $\left(\mathcal{R}_{1}, \mathcal{D}_{2}, \overline{\mathcal{D}}_{3}\right)$
- Case 7:
a) $\left(\overline{\mathcal{D}}_{1}, \mathcal{D}_{2}, \mathcal{R}_{3}\right)$
b) $\left(\mathcal{D}_{1}, \overline{\mathcal{D}}_{2}, \mathcal{R}_{3}\right)$
c) $\left(\mathcal{D}_{1}, \mathcal{D}_{2}, \overline{\mathcal{R}}_{3}\right)$
- Case 8:
a) $\left(\overline{\mathcal{D}}_{1}, \mathcal{D}_{2}, \mathcal{D}_{3}\right)$
b) $\left(\mathcal{D}_{1}, \overline{\mathcal{D}}_{2}, \mathcal{D}_{3}\right)$
c) $\left(\mathcal{D}_{1}, \mathcal{D}_{2}, \overline{\mathcal{D}}_{3}\right)$

Case 1, a): If $N_{1} \sim N_{0}$ we cut the support of $\hat{h}$ and hence that of $\hat{\mathcal{R}}_{1}$ with respect to cubes $C$ of side length $N_{2}$ and use Cauchy-Schwarz to get

$$
\text { (8.1) } \lesssim\left\|P_{C} P_{N_{0}} h\right\|_{L_{x, t}^{2}}\left\|T_{\Upsilon}\left(P_{C} \overline{\mathcal{R}}_{1}, \mathcal{R}_{2}, \mathcal{R}_{3}\right)\right\|_{L_{x, t}^{2}}
$$

To estimate the second factor we use (7.13) and normalization we obtain the bound

$$
\text { (8.1) } \lesssim \delta^{-\mu r} N_{1}^{-\frac{3}{2}+\alpha} N_{2}^{-\frac{1}{2}+\alpha} N_{3}^{1-\alpha}\left\|P_{C} P_{N_{0}} h\right\|_{L_{x, t}^{2}} \text {. }
$$

Renormalizing $h$ and using the embedding (4.7) we obtain

$$
\begin{align*}
& \left|\int_{0}^{\pi} \int_{\mathbb{T}^{3}} T_{\Upsilon}\left(P_{C} P_{N_{1}} u_{1}, P_{N_{2}} \bar{u}_{2}, P_{N_{3}} u_{3}\right) P_{C} P_{N_{0}} \bar{h} d x d t\right|  \tag{8.2}\\
\lesssim & \delta^{-\mu r} N_{0}^{s} N_{1}^{-\frac{3}{2}+\alpha} N_{2}^{-\frac{1}{2}+\alpha} N_{3}^{-1+\alpha}\left\|P_{C} P_{N_{0}} h\right\|_{Y^{-s}} \lesssim \delta^{-\mu r} N_{1}^{s+\alpha-\frac{3}{2}}\left\|P_{C} P_{N_{0}} h\right\|_{Y-s}
\end{align*}
$$

which suffices provided $s+\alpha<\frac{3}{2}$ and $\alpha<\frac{1}{2}$.
If $N_{1} \sim N_{2}$ the cut with the cubes $C$ above is not needed and the argument proceeds as above. The condition here is $s<2-2 \alpha$.

Case 1, b), c) are treated similarly replacing (7.13) respectively by (7.12) and (7.11).
Case 2, a): Let us assume that $N_{0} \sim N_{1}$. We use the argument above. To estimate

$$
\left\|T_{\Upsilon}\left(P_{C} \overline{\mathcal{D}}_{1}, \mathcal{R}_{2}, \mathcal{R}_{3}\right)\right\|_{L_{x, t}^{2}} .
$$

we use (7.6) and after taking derivatives and normalizing we obtain the bound

$$
(8.2) \lesssim \delta^{-\mu r} N_{2}^{\alpha-\frac{1}{4}}\left\|P_{N_{1}} u_{1}\right\|_{U_{\Delta}^{2} H^{s}}\left\|P_{C} P_{N_{0}} h\right\|_{Y^{-s}}
$$

which suffices provided $\alpha<\frac{1}{4}$. A similar bound holds when $N_{1} \sim N_{2}$ without cutting with cubes $C$.

Case 2, b), c) are treated similarly replacing (7.6) by (7.5).
Case 3, a), b) c): We use the argument above with (7.7) and (7.8) accordingly. If $N_{1} \sim N_{0}$ we obtain a bound of the form

$$
\begin{aligned}
\text { (8.2) } & \lesssim \delta^{-\mu r} N_{0}^{s}\left[N_{1}^{\alpha-\frac{7}{4}} N_{2}^{-\frac{1}{2}+\alpha} N_{3}^{\frac{5}{4}-s}+N_{1}^{\alpha-\frac{3}{2}} N_{2}^{-\frac{1}{2}+\alpha} N_{3}^{\frac{3}{4}-s}\right]\left\|P_{N_{3}} u_{3}\right\|_{U_{\Delta}^{2} H^{s}}\left\|P_{C} P_{N_{0}} h\right\|_{Y^{-s}} \\
& \lesssim \delta^{-\mu r} N_{1}^{-\beta(s, \alpha)}\left\|P_{N_{3}} u_{3}\right\|_{U_{\Delta}^{2} H^{s}}\left\|P_{C} P_{N_{0}} h\right\|_{Y^{-s}}
\end{aligned}
$$

provided $\alpha<\frac{1}{4}$ and $s+\alpha<\frac{3}{2}$. A similar bound holds when $N_{1} \sim N_{2}$ without cutting with cubes $C$.
Case 4, a), b), c): We use the argument above with (7.3) and (7.4) accordingly. If $N_{1} \sim N_{0}$ we obtain a bound of the form

$$
\text { (8.2) } \lesssim \delta^{-\mu r} N_{1}^{-\beta(s, \alpha)}\left\|P_{N_{2}} u_{2}\right\|_{U_{\Delta}^{2} H^{s}}\left\|P_{C} P_{N_{0}} h\right\|_{Y^{-s}}
$$

provided $\alpha<\frac{1}{4}$ and $s+\alpha<\frac{3}{2}$. A similar bound holds when $N_{1} \sim N_{2}$ without cutting with cubes $C$.
Case 5, a), b), c): We use the argument above with (7.10). If $N_{1} \sim N_{0}$ we obtain a bound of the form

$$
\text { (8.2) } \lesssim \delta^{-\mu r} N_{2}^{1+\alpha-s}\left\|P_{N_{2}} u_{2}\right\|_{U_{\Delta}^{2} H^{s}}\left\|P_{N_{3}} u_{3}\right\|_{U_{\Delta}^{2} H^{s}}\left\|P_{C} P_{N_{0}} h\right\|_{Y^{-s}}
$$

which suffices provided $s>1+\alpha$. A similar bound holds when $N_{1} \sim N_{2}$ without cutting with cubes $C$.

Case 6 a): If $N_{1} \sim N_{0}$ we proceed as above and we bound

$$
\begin{aligned}
& \left|\int_{\mathbb{T}} \int_{\mathbb{T}^{3}} T_{\Upsilon}\left(P_{C} P_{N_{1}} \overline{\mathcal{R}}_{1}, P_{N_{2}} \mathcal{D}_{2}, P_{N_{3}} \mathcal{D}_{3}\right) P_{C} P_{N_{0}} \bar{h} d x d t\right| \\
\lesssim & \left\|T_{\Upsilon}\left(P_{C} P_{N_{1}} \overline{\mathcal{R}}_{1}, P_{N_{2}} \mathcal{D}_{2}, P_{N_{3}} \mathcal{D}_{3}\right)\right\|_{L_{x t}^{2}}\left\|P_{C} P_{N_{0}} h\right\|_{L_{x t}^{2}} .
\end{aligned}
$$

Then we use (7.9), normalization and the embedding (4.7) to obtain the bound

$$
\text { (8.1) } \begin{aligned}
& \lesssim \delta^{-\mu r} N_{1}^{s-\frac{3}{2}+\alpha+\varepsilon} N_{2}^{\frac{1}{2}+\frac{3 \theta}{4}-s} \min \left(N_{1}, N_{2}^{2}\right)^{\frac{1-\theta}{2}} N_{3}^{-s+\frac{3}{2}} \\
& \times\left\|P_{N_{3}} u_{3}\right\|_{U_{\Delta}^{2} H^{s}}\left\|P_{N_{2}} u_{2}\right\|_{U_{\Delta}^{2} H^{s}}\left\|P_{C} P_{N_{0}} h\right\|_{Y^{-s}} .
\end{aligned}
$$

If $N_{1} \geq N_{2}^{2}$ then

$$
N_{1}^{s-\frac{3}{2}+\alpha+\varepsilon} N_{2}^{\frac{1}{2}+\frac{3 \theta}{4}-s} \min \left(N_{1}, N_{2}^{2}\right)^{\frac{1-\theta}{2}} N_{3}^{-s+\frac{3}{2}} \leq N_{1}^{s-\frac{3}{2}+\alpha+\varepsilon} N_{2}^{3-2 s-\frac{\theta}{4}} \leq N_{1}^{\alpha+\varepsilon-\frac{\theta}{8}}
$$

provided that $s<\frac{3}{2}-\frac{\theta}{8}$ which forces $\alpha<\frac{\theta}{8}$.
On the other hand if $N_{1}<N_{2}^{2}$ we have that,

$$
N_{1}^{s-\frac{3}{2}+\alpha+\varepsilon} N_{2}^{\frac{1}{2}+\frac{3 \theta}{4}-s} \min \left(N_{1}, N_{2}^{2}\right)^{\frac{1-\theta}{2}} N_{3}^{-s+\frac{3}{2}} \leq N_{1}^{s-1+\alpha+\varepsilon-\frac{\theta}{2}} N_{2}^{2-2 s+\frac{3 \theta}{4}} \leq N_{2}^{2 \alpha+\varepsilon-\frac{\theta}{4}}
$$

provided $s>1+\frac{\theta}{2}-\alpha$. By letting, for example, $\theta=10 \alpha$ we obtain that $1+4 \alpha<s<\frac{3}{2}-2 \alpha$ in this case, while still satisfying the requirement that $\alpha<\frac{\theta}{8}$ from Case a).

If $N_{1} \sim N_{2}$ the argument is similar and easier. For Case 6 b ) and c) we repeat the argument since (7.9) is not sensitive to conjugation on the random function.

Case 7 a): In this case we would like to use the Strichartz estimate (4.22). But since

$$
T_{\Upsilon}\left(\overline{\mathcal{D}}_{1}, \mathcal{D}_{2}, R_{3}\right) \neq \overline{\mathcal{D}}_{1} \mathcal{D}_{2} \mathcal{R}_{3}
$$

we need to add back the frequencies that have been removed, i.e. allow for $n_{2}$ or $n_{3}$ to be equal to $n_{1}$. If we were working with spaces whose norms are based on the absolute value of the time-space Fourier coefficients, like the $X^{s, b}$ space, this would not be an issue, but since we are using $U^{p} L^{2}$ spaces we need to put back those missing frequencies. We show below that reintroducing these frequencies will not bring back the whole linear term that we have gauged away but only a part that has sufficient regularity to be controlled.

We start by assuming that the Fourier coefficient associated to $\mathcal{D}_{1}(t)$ is $a_{n_{1}}(t)$, to $\mathcal{D}_{2}(t)$ is $b_{n_{2}}(t)$ and to $\mathcal{R}_{3}(t)$ is $c_{n_{3}}(t)$. Then we write

$$
\begin{aligned}
& \sum_{n=-n_{1}+n_{2}+n_{3}, n_{2}, n_{3} \neq n_{1}} \chi_{N_{1}} a_{n_{1}} \chi_{N_{2}} b_{n_{2}} \chi_{N_{3}} c_{n_{3}}=-\chi_{N_{3}} c_{n}\left(\sum_{n_{1}} \chi_{N_{1}} a_{n_{1}} \chi_{N_{2}} b_{n_{1}}\right) \\
& -\chi_{N_{2}} b_{n}\left(\sum_{n_{3}} \chi_{N_{1}} a_{n_{3}} \chi_{N_{3}} c_{n_{3}}\right)+\chi_{N_{1}} a_{n} \chi_{N_{2}} b_{n} \chi_{N_{3}} c_{n} \\
& +\sum_{n=-n_{1}+n_{2}+n_{3}} \chi_{N_{1}} a_{n_{1}} \chi_{N_{2}} b_{n_{2}} \chi_{N_{3}} c_{n_{3}}=A_{1}(n)+A_{2}(n)+A_{3}(n)+A_{4}(n) .
\end{aligned}
$$

Then we have that

$$
\text { (8.1) } \lesssim \sum_{i=1}^{4}\left|\int_{\mathbb{T}} \int_{\mathbb{T}^{3}} \mathcal{F}^{-1}\left(A_{i}\right)(x, t) P_{N_{0}} \bar{h}(x, t) d x d t\right| \text {. }
$$

We now start with the estimate of $A_{1}$. Using Plancherel and Cauchy-Schwarz we have

$$
\left|\int_{\mathbb{T}} \int_{\mathbb{T}^{3}} \mathcal{F}^{-1}\left(A_{1}\right)(x, t) P_{N_{0}} \bar{h}(x, t) d x d t\right| \lesssim\left\|A_{1}(n)\right\|_{L^{2}\left(\mathbb{T}, \ell^{2}\right)}\left\|P_{N_{0}} h(x, t)\right\|_{L_{x, t}^{2}} .
$$

We first notice that $A_{1}$ is not zero only if $N_{3} \sim N_{1}$. Then

$$
\left\|A_{1}(n)\right\|_{L^{2}\left(\mathbb{T}, \ell^{2}\right)} \lesssim\left\|\mathcal{D}_{1}\right\|_{L_{t}^{\infty} L_{x}^{2}}\left\|\mathcal{D}_{2}\right\|_{L_{t}^{\infty} L_{x}^{2}}\left\|\mathcal{R}_{3}\right\|_{L^{2}\left(\mathbb{T}, L^{2}\left(\mathbb{T}^{3}\right)\right)}
$$

By renormalizing and using the embedding (4.7) we obtain that

$$
\left|\int_{\mathbb{T}} \int_{\mathbb{T}^{3}} \mathcal{F}^{-1}\left(A_{1}\right)(x, t) P_{N_{0}} \bar{h}(x, t) d x d t\right| \lesssim N_{2}^{-s-1+\alpha}\left\|P_{N_{1}} u_{1}\right\|_{U_{\Delta}^{2} H^{s}}\left\|P_{N_{2}} u_{2}\right\|_{U_{\Delta}^{2} H^{s}}\left\|P_{N_{0}} h\right\|_{Y^{-s}}
$$

We now note that $A_{2}=0$ unless $N_{0} \sim N_{1} \sim N_{2}$ and

$$
\left\|A_{2}(n)\right\|_{L^{2}\left([0, \pi], \ell^{2}\right)} \lesssim\left\|\mathcal{D}_{2}\right\|_{L^{2}\left(\mathbb{T}, L^{2}\left(\mathbb{T}^{3}\right)\right)}\left\|\mathcal{D}_{1}\right\|_{L_{t}^{\infty} L_{x}^{2}}\left\|\mathcal{R}_{3}\right\|_{L_{t}^{\infty} L_{x}^{2}}
$$

Also in this case we then have

$$
\left|\int_{\mathbb{T}} \int_{\mathbb{T}^{3}} \mathcal{F}^{-1}\left(A_{2}\right)(x, t) P_{N_{0}} \bar{h}(x, t) d x d t\right| \lesssim N_{2}^{-s-1+\alpha}\left\|P_{N_{1}} u_{1}\right\|_{U_{\Delta}^{2} H^{s}}\left\|P_{N_{2}} u_{2}\right\|_{U_{\Delta}^{2} H^{s}}\left\|P_{N_{0}} h\right\|_{Y^{-s}}
$$

Now we note that $A_{3}=0$ unless $N_{1} \sim N_{2} \sim N_{3}$. Then

$$
\left\|A_{3}(n)\right\|_{L^{2}\left(\mathbb{T}, \ell^{2}\right)} \lesssim\left\|\mathcal{D}_{1}\right\|_{L_{t}^{\infty} L_{x}^{2}}\left\|\mathcal{D}_{2}\right\|_{L_{t}^{\infty} L_{x}^{2}}\left\|\mathcal{R}_{3}\right\|_{L^{2}\left(\mathbb{T}, L^{2}\left(\mathbb{T}^{3}\right)\right)}
$$

where we used that $\left\|a_{n}\right\|_{\ell \infty} \lesssim\left\|a_{n}\right\|_{\ell^{2}}$. Hence also in this case

$$
\left|\int_{\mathbb{T}} \int_{\mathbb{T}^{3}} \mathcal{F}^{-1}\left(A_{3}\right)(x, t) P_{N_{0}} \bar{h}(x, t) d x d t\right| \lesssim N_{2}^{-s-1+\alpha}\left\|P_{N_{1}} u_{1}\right\|_{U_{\Delta}^{2} H^{s}}\left\|P_{N_{2}} u_{2}\right\|_{U_{\Delta}^{2} H^{s}}\left\|P_{N_{0}} h\right\|_{Y^{-s}}
$$

Finally we estimate the term involving $A_{4}$. Assume first that $N_{0} \sim N_{1}$. Then we need to estimate

$$
\begin{equation*}
\left|\int_{\mathbb{T}} \int_{\mathbb{T}^{3}} \mathcal{F}^{-1}\left(A_{4}\right)(x, t) P_{C} P_{N_{0}} \bar{h}(x, t) d x d t\right| \tag{8.3}
\end{equation*}
$$

where we cut by cubes $C$ of size length $N_{2}$. We use Cauchy-Schwarz, (4.22), embedding (4.7) and normalization to obtain that

$$
\text { (8.3) } \begin{aligned}
& \lesssim N_{0}^{s} N_{1}^{-s} N_{2}^{1-s} N_{3}^{\alpha}\left\|P_{C} P_{N_{1}} u_{1}\right\|_{U_{\Delta}^{4} H^{s}}\left\|P_{N_{2}} u_{2}\right\|_{U_{\Delta}^{4} H^{s}}\left\|P_{C} P_{N_{0}} h\right\|_{Y^{-s}} \\
& \lesssim N_{2}^{1-s+\alpha}\left\|P_{C} P_{N_{1}} u_{1}\right\|_{U_{\Delta}^{4} H^{s}}\left\|P_{N_{2}} u_{2}\right\|_{U_{\Delta}^{4} H^{s}}\left\|P_{C} P_{N_{0}} h\right\|_{Y^{-s}} .
\end{aligned}
$$

If $N_{1} \sim N_{2}$ then the cutting with cubes $C$ is automatic and a similar bound holds.
Cases b) and c) are similar since the argument presented above is not effected by complex conjugation.

Case 8: This case is similar and better than Case 7.
8.2. Estimates Involving the Term $J_{3}$. We start by noting that $\mathcal{F}\left(J_{3}\right)(n)$ is comprised by terms of the form

$$
\begin{equation*}
\sum_{\Gamma(n)_{[123]}, n_{1}, n_{3} \neq n_{2}} \hat{w}_{n_{1}}(t) \bar{a}_{n_{2}}(t) b_{n_{3}}(t), \tag{8.4}
\end{equation*}
$$

where $\hat{w}_{n_{1}}(t)=c_{n_{1}}(t) d_{n_{1}}(t) r_{n_{1}}(t)$. We note that in the worse case, i.e. when the three factors of $\hat{w}$ correspond to random functions, $w(t) \in H^{3-3 \alpha}$, hence $w$ can always be thought of as a deterministic function. We estimate $J_{3}$ using the arguments presented for the estimate of $J_{2}$ in subsection 8.1, but for the reason just explained we do not have to consider Case 1) of that section. For Cases 2)-6) we proceed by first applying the transfer principle to the quintilinear expression associated to (8.4) and then regroup into as single deterministic function those with the same frequency $n_{1}$. Then we apply the appropriate trilinear estimates in Proposition 7.1. The term involving the $\ell^{2}$ norm of the product of the three coefficients in $n_{1}$ can be bounded by the product of the $\ell^{2}$ norm of each. We transfer and normalize back as usual.

This same argument is also used to estimate the $A_{i}(x, t), i=1,2,3$ of Case 7 ). To estimate $A_{4}$ we use again Strichartz inequality in Proposition 4.13 placing $w$ in $L^{p}$ with $p>4$. Then we use (4.18).
8.3. Estimates Involving the Term $J_{4}$. Let $w$ now be such that $\hat{w}_{n_{2}}(t)=$ $a_{n_{2}}(t) c_{n_{2}}(t) d_{n_{2}}(t) r_{n_{2}}(t)$ and $v$ such that, $\hat{v}\left(n_{1}\right)=b_{n_{1}}$. To estimate the contribution of $J_{4}$ we need to estimate a term such as

$$
\int_{\mathbb{T}} \int_{\mathbb{T}^{3}} P_{N_{0}}(w v) \overline{P_{N_{0}} h} d x d t=\int_{\mathbb{T}} \int_{\mathbb{T}^{3}} P_{N_{0}}\left(\sum_{N_{1}, N_{2}} P_{N_{1}} v P_{N_{2}} w\right) \overline{P_{N_{0}} h} d x d t
$$

Since $w \in H^{4-4 \alpha}$, hence much smoother than $v$, the less advantageous situation is when $N_{1} \sim N_{0}$ and $N_{2} \ll N_{1}$ and this is the one we consider below. We cut the frequency support of $P_{N_{0}} h$ with cubes $C$ of size $N_{2}$ and we write

$$
\begin{aligned}
& \left(\int_{\mathbb{T}} \int_{\mathbb{T}^{3}} P_{N_{0}} P_{N_{1}} v P_{N_{2}} w \overline{P_{N_{0}} h} d x d t\right)^{2} \\
\lesssim & \left(\sum_{C}\left\|P_{C} P_{N_{0}} h\right\|_{L_{t}^{2} L_{x}^{2}}^{2} \sup \left\|P_{C} P_{N_{1}} v P_{N_{2}} w\right\|_{L_{t}^{2} L_{x}^{2}}\right)^{2} .
\end{aligned}
$$

We assume first that $v$ is random. Then the remarks in Subsection 8.2 combined with the transfer principle and the bilinear estimate (7.34) with $\theta=1$ give

$$
\left\|P_{C} P_{N_{1}} v P_{N_{2}} w\right\|_{L_{t}^{2} L_{x}^{2}} \lesssim \delta^{-\mu r} N_{1}^{-\frac{1}{2}+\varepsilon} N_{2}^{\frac{5}{4}} \prod_{i \notin J}\left\|\mathcal{D}_{i}\right\|_{U_{\Delta}^{2} L^{2}} .
$$

After normalizing we obtain the bound

$$
N_{1}^{-\frac{3}{2}+s+\varepsilon+\alpha} N_{2}^{-\frac{11}{4}+4 \alpha}
$$

which entails $s+\alpha<\frac{3}{2}$
If $v$ is deterministic then we use the bilinear estimate (4.23) and after normalization we obtain the bound

$$
N_{2}^{-\frac{7}{2}+4 \alpha} .
$$

8.4. Estimates Involving the Terms $J_{5}, J_{6}$ and $J_{7}$. We work with the first term of $J_{5}$, the second term being analogous. Given a dual function $h$ we define a new function $k$ such that

$$
\widehat{k}(n, t)=\chi_{N_{0}} a_{n}^{1}(t) a_{n}^{2}(t) \widehat{h}(n, t)
$$

where $a_{n}^{i}(t)$ are the Fourier coefficient of either a random or a deterministic function. Assume that $N_{1} \sim N_{0}$. Then we cut the support of $\hat{h}$ with cubes $C$ of sidelength $N_{2}$. By Plancherel and Cauchy-Schwarz we need to bound

$$
\left\|P_{C} k\right\|_{L_{x t}^{2}} \text { and }\left\|\sum_{\Gamma(n)_{[1,2,3]}} \chi_{C} \chi_{N_{1}} b_{n_{1}} \chi_{N_{2}} \bar{c}_{n_{2}} \chi_{N_{3}} d_{n_{3}}\right\|_{L_{t}^{2} \ell^{2}}
$$

Clerarly

$$
\left\|P_{C} k\right\|_{L_{t}^{2} L_{x}^{2}} \lesssim\left\|P_{C} P_{N_{0}} h\right\|_{L_{t}^{\infty} L_{x}^{2}} \prod_{i=1}^{2}\left\|\chi_{N_{i}} a_{n}^{i}\right\|_{L_{t}^{\infty} \ell^{2}}^{2}
$$

On the other hand by (4.22) we have that

$$
\left\|\sum_{\Gamma(n)_{[1,2,3]}} \chi_{C} \chi_{N_{1}} b_{n_{1}} \chi_{N_{2}} \bar{c}_{n_{2}} \chi_{N_{3}} d_{n_{3}}\right\|_{L_{t}^{2} \ell^{2}}
$$

has a bound of $N_{2} N_{3}$. By normalizing, assuming at worse that all functions are random, we obtain

$$
N_{0}^{s-2+2 \alpha} N_{1}^{-1+3 \alpha} .
$$

If $N_{1} \sim N_{2}$ the situation is similar.

To estimate $J_{6}$ we use Cauchy-Schwarz and (4.21), while for the two terms in $J_{7}$ we use respectively (4.20) and (4.19).
8.5. Estimates Involving the Term $J_{1}$. The term $J_{1}$ in (2.10) can be written as the sum over $N_{0}, N_{1}, \ldots, N_{5}$ - dyadic numbers- of

$$
\begin{equation*}
\left|\int_{\mathbb{T}} \int_{\mathbb{T}^{3}} P_{N_{0}} T_{\Upsilon}\left(P_{N_{1}} \tilde{u}_{1}, P_{N_{2}} \tilde{u}_{2}, P_{N_{3}} \tilde{u}_{3}, P_{N_{4}} \tilde{u}_{4}, P_{N_{5}} \tilde{u}_{5}\right) P_{N_{0}} \bar{h} d x d t\right| \tag{8.5}
\end{equation*}
$$

where $T_{\Upsilon}$ is the multilinear operator associated to the multiplier $\chi_{\Upsilon}$, the indicator function over the set $\Upsilon$ now defined by

$$
\Upsilon(n, m):=\left\{\begin{array}{ll} 
& n=(-1)^{\alpha_{1}} n_{1}+\cdots+(-1)^{\alpha_{5}} n_{5}  \tag{8.6}\\
\left(n_{1}, m_{1} ; \ldots n_{5}, m_{5}\right): & n_{k} \neq n_{\ell} \text { whenever } \alpha_{k} \neq \alpha_{\ell} \\
& \left|n_{j}\right| \sim N_{j}, \quad j=1, \ldots 5 \\
& m=(-1)^{\alpha_{1}} m_{1}+\cdots+(-1)^{\alpha_{5}} m_{5}
\end{array}\right\}
$$

where $\alpha_{j}$ are 0 or 1 for $j=1, \ldots, 5$.
8.5.1. The all deterministic case $D D D D D$. Without loss of generality we assume that $u_{2}$ and $u_{4}$ are conjugated. Our goal is to use Strichartz estimates as in (4.22), but the operator $T_{\Upsilon}\left(P_{N_{1}} u_{1}, P_{N_{2}} \bar{u}_{2}, P_{N_{3}} u_{3}, P_{N_{4}} \bar{u}_{4}, P_{N_{5}} u_{5}\right)$ is not a product of the functions involved since in the convolution of the Fourier coefficient some frequencies have been removed. We need to add back the frequencies that have been removed, i.e. allow for $n_{2}$ or $n_{3}$ to be equal $n_{1}$. If we were working with spaces whose norms are based on the absolute value of the time-space Fourier coefficients, like the $X^{s, b}$ space, this would not be an issue, but since we are using $U^{p} L^{2}$ spaces we need to put back those missing frequencies. We show below that reintroducing these frequencies will not bring back the whole linear term that we have gauged away but only a part that has sufficient regularity to be controlled. See also Subsection 8.1 .

From (2.9) we see that

$$
\begin{aligned}
P_{N_{0}}\left(\mathcal{F}^{-1} J_{1}\right)(x, t) & =P_{N_{0}} T_{\Upsilon}\left(P_{N_{1}} u_{1}, P_{N_{2}} \bar{u}_{2}, P_{N_{3}} u_{3}, P_{N_{4}} \bar{u}_{4}, P_{N_{5}} u_{5}\right)(x, t) \\
& =P_{N_{0}}\left(P_{N_{1}} u_{1} P_{N_{2}} \bar{u}_{2} P_{N_{3}} u_{3} P_{N_{4}} \bar{u}_{4} P_{N_{5}} u_{5}\right)(x, t) \\
& -\sum_{i=1}^{5} P_{N_{0}} P_{N_{i}} u_{i}(x, t) \int_{\mathbb{T}^{3}} \prod_{j \neq i, j \in\{1,2,3,4,5\}} P_{N_{j}} \tilde{u}_{j}(x, t) d x \\
& -\sum_{i=2}^{7} c_{i} P_{N_{0}} \mathcal{F}^{-1} J_{i}\left(P_{N_{1}} u_{1}, P_{N_{2}} \bar{u}_{2}, P_{N_{3}} u_{3}, P_{N_{4}} \bar{u}_{4}, P_{N_{5}} u_{5}\right)(x, t),
\end{aligned}
$$

where $c_{i}$ are constants and we specified as an argument of $\mathcal{F}^{-1} J_{1}$ the functions involved in its definition. The last sum involving $J_{2}-J_{7}$ has been already estimated in Subsections 8.1 8.4 above. On the other hand the first term, which is now a product of functions can be estimated as in Proposition 4.11. Finally we estimate

$$
\begin{equation*}
\left\|\sum_{i=1}^{5} P_{N_{0}} P_{N_{i}} \tilde{u}_{i}(x, t) \int_{\mathbb{T}^{3}} \prod_{j \neq i, j \in\{1,2,3,4,5\}} P_{N_{j}} \tilde{u}_{j}(y, t) d y\right\|_{L_{x, t}^{2}} . \tag{8.8}
\end{equation*}
$$

We first note that each term of the sum is zero unless $N_{i} \sim N_{0}$ and that

$$
\begin{equation*}
\text { (8.8) } \lesssim \sum_{i=1}^{5}\left\|P_{N_{0}} P_{N_{i}} u_{i}\right\|_{L_{t}^{\infty} L_{x}^{2}} \prod_{j \neq i, j \in\{1,2,3,4,5\}} N_{j}^{\frac{1}{4}}\left\|P_{N_{j}} u_{j}(x, t)\right\|_{U_{\Delta}^{4} L_{x}^{2}} . \tag{8.9}
\end{equation*}
$$

and this is enough since all are deterministic.
8.5.2. The case $D D D D R$. In (8.5) we assume without any loss of generality that $u_{5}$ is random and that $N_{1} \geq N_{2} \geq N_{3} \geq N_{4}$. Also in the argument below one can check that the location of the complex conjugates does not affect the proof hence here we assume that $u_{2}$ and $u_{4}$ are complex conjugate.

We consider the following cases:

- Case a): $N_{5} \sim N_{0}$ and $N_{1} \leq N_{5}$.
- Case b): $N_{1} \sim N_{0}$ and $N_{2} \leq N_{5} \leq N_{1}$.
- Case c): $N_{1} \sim N_{5}$ and $N_{0} \leq N_{1}$.
- Case d): $N_{1} \sim N_{0}$ and $N_{5} \leq N_{2}$.
- Case e): $N_{1} \sim N_{2}$ and $N_{5} \leq N_{1}$.

Case a): Proceeding as in the trilinear estimates we first decompose the support of $\chi_{N_{0}} \hat{h}$ with cubes $C$ of sidelength $N_{1}$ in (8.5). By Cauchy-Schwarz, the transfer principle and Plancherel we are reduced to estimating

$$
\sum_{(m, n) \in \mathbb{Z} \times \mathbb{Z}^{3}}\left|\begin{array}{c}
\substack{n=n_{5}-n_{2}+n_{3}-n_{4}+n_{1}, n_{1}, n_{3}, n_{5} \neq n_{2}, n_{4} \\
m=\left|n_{5}\right|^{2}-\left|n_{2}\right|^{2}+\left|n_{3}\right|^{2}-\left|n_{4}\right|^{2}+\left|n_{1}\right|^{2}}  \tag{8.10}\\
\left.\chi_{C}\left(n_{5}\right) \frac{g_{n_{5}}(\omega)}{\left|n_{5}\right|^{\frac{3}{2}}} a_{n_{1}} \bar{a}_{n_{2}} a_{n_{3}} \bar{a}_{n_{4}}\right|^{2} . . . . . . . . . . . .
\end{array}\right|^{2}
$$

We define the set

$$
S_{\left(n_{5}, n, m\right)}=\left\{\begin{array}{ll} 
& n=n_{5}-n_{2}+n_{3}-n_{4}+n_{1} \\
\left(n_{1}, n_{2}, n_{3}, n_{4}\right): & n_{1}, n_{3}, n_{5} \neq n_{2}, n_{4}, n_{5} \in C \\
& m=\left|n_{5}\right|^{2}-\left|n_{2}\right|^{2}+\left|n_{3}\right|^{2}-\left|n_{4}\right|^{2}+\left|n_{1}\right|^{2}
\end{array}\right\}
$$

and note that that $\left|S_{\left(n_{5}, n, m\right)}\right| \lesssim N_{4}^{3} N_{3}^{3} N_{2}^{2}$. Also note that the variation of $m, \Delta m \sim N_{5} N_{1}$, therefore by Lemma 3.4, for $\omega$ outside a set of measure $e^{-\frac{1}{\delta^{r}}}$ we have

$$
\begin{aligned}
(18.10) & \lesssim \delta^{-2 \mu r} N_{5} N_{1} N_{5}^{-3} \sum_{m} \sum_{n_{5}}\left|\sum_{S_{\left(n_{5}, n, m\right)}} a_{n_{1}} \bar{a}_{n_{2}} a_{n_{3}} \bar{n}_{n_{4}}\right|^{2} \\
& \lesssim \delta^{-2 \mu r} N_{5}^{-2} N_{1} \sup _{m} \sum_{n_{5}} \sum_{S_{\left(n_{5}, n, m\right)}}\left|S_{\left(n_{5}, n, m\right)}\right|\left|a_{n_{1}}\right|^{2}\left|a_{n_{2}}\right|^{2}\left|a_{n_{3}}\right|^{2}\left|a_{n_{4}}\right|^{2} \\
& \lesssim \delta^{-2 \mu r} N_{5}^{-2} N_{1} N_{4}^{3} N_{3}^{3} N_{2}^{2} \sum_{n_{1}, n_{2}, n_{3}, n_{4}}\left|a_{n_{1}}\right|^{2}\left|a_{n_{2}}\right|^{2}\left|a_{n_{3}}\right|^{2}\left|a_{n_{4}}\right|^{2}\left|S_{\left(n_{1}, n_{2}, n_{3}, n_{4}, m\right)}\right| \\
& \lesssim \delta^{-2 \mu r} N_{5}^{-1} N_{1} N_{4}^{3} N_{3}^{3} N_{2}^{2} \prod_{i=1}^{4}\left\|a_{n_{i}}\right\|_{\ell^{2}}^{2}
\end{aligned}
$$

where

$$
S_{\left(n_{1}, n_{2}, n_{3}, n_{4}, m\right)}=\left\{\left(n_{1}, n_{5}\right): \begin{array}{l}
n=n_{5}-n_{2}+n_{3}-n_{4}+n_{1}, n_{5} \in C \\
m=\left|n_{5}\right|^{2}-\left|n_{2}\right|^{2}+\left|n_{3}\right|^{2}-\left|n_{4}\right|^{2}+\left|n_{1}\right|^{2}
\end{array}\right\}
$$

and in the last inequality we used that $\left|S_{\left(n_{1}, n_{2}, n_{3}, n_{4}, m\right)}\right| \leq N_{5}$. After renormalizing and taking square root we obtain the bound of $N_{5}^{-3 s+\alpha+3}$ which entails $s>1+\frac{\alpha}{3}$.

Case b): We will proceed by duality and a change of variables $\zeta=m-\left|n_{1}\right|^{2}$ as in the proof of Proposition 7.3 in particular see (7.15). We also cut the window $N_{1}$ by cubes $C$ of sidelength $N_{5}$. We have to bound

$$
\begin{equation*}
\|\gamma\|_{\ell_{\zeta}^{2}}^{2}\left\|\chi_{C} a_{n_{1}}\right\|_{\ell^{2}}^{2} \sum_{\left(\zeta, n_{1}\right) \in \mathbb{Z} \times \mathbb{Z}^{3}}\left|\sum_{\substack{n=n_{5}-n_{2}+n_{3}-n_{4}+n_{1}, n_{1}, n_{2}, n_{n} \neq n_{2}, n_{4} \\ \zeta=\left|n_{5}\right|^{2}-\left|n_{2}\right|^{2}+\left|n_{3}\right|^{2}-\left|n_{4}\right|^{2}}} \frac{g_{n_{5}}(\omega)}{\left|n_{5}\right|^{\frac{3}{2}}} \chi_{\tilde{C}}(n) k_{n} \bar{a}_{n_{2}} a_{n_{3}} \bar{a}_{n_{4}}\right|^{2}, \tag{8.11}
\end{equation*}
$$

where $\tilde{C}$ is of size approximately $N_{5}$. We define the set

$$
S_{\left(n_{5}, n_{1}, \zeta\right)}=\left\{\begin{array}{ll} 
& n=n_{5}-n_{2}+n_{3}-n_{4}+n_{1} \\
\left(n, n_{2}, n_{3}, n_{4}\right): & n_{1}, n_{3}, n_{5} \neq n_{2}, n_{4}, n \in \tilde{C} \\
& \zeta=\left|n_{5}\right|^{2}-\left|n_{2}\right|^{2}+\left|n_{3}\right|^{2}-\left|n_{4}\right|^{2}
\end{array}\right\}
$$

and note that that $\left|S_{\left(n_{5}, n_{1}, \zeta\right)}\right| \lesssim N_{4}^{3} N_{3}^{3} N_{2}^{2}$. Note also that $\Delta \zeta \lesssim N_{5}^{2}$ hence we can continue for $\omega$ outside a set of measure $e^{-\frac{1}{\delta^{r}}}$ with

$$
\begin{aligned}
\text { (8.11) } & \lesssim \delta^{-2 \mu}\|\gamma\|_{\ell_{\zeta}^{2}}^{2}\left\|\chi_{C} a_{n_{1}}\right\|_{\ell^{2}}^{2} N_{5}^{2} N_{5}^{-3} \sup _{\zeta} \sum_{n_{1}, n_{5}}\left|\sum_{S_{\left(n_{5}, n_{1}, \zeta\right)}} \chi_{\tilde{C}}(n) k_{n} \bar{a}_{n_{2}} a_{n_{3}} \bar{a}_{n_{4}}\right|^{2} \\
\lesssim & \delta^{-2 \mu}\|\gamma\|_{\ell_{\zeta}^{2}}^{2}\left\|\chi_{C} a_{n_{1}}\right\|_{\ell^{2}}^{2} N_{5}^{-1} \sup _{\zeta} \sum_{n_{1}, n_{5}} \sum_{S_{\left(n_{5}, n_{1}, \zeta\right)}}\left|S_{\left(n_{5}, n_{1}, \zeta\right)}\right|\left|a_{n_{2}}\right|^{2}\left|a_{n_{3}}\right|^{2}\left|a_{n_{4}}\right|^{2}\left|\chi_{\tilde{C}}(n) k_{n}\right|^{2} \\
\lesssim & \delta^{-2 \mu}\|\gamma\|_{\ell_{\zeta}^{2}}^{2}\left\|\chi_{C} a_{n_{1}}\right\|_{\ell^{2}}^{2} N_{5}^{-1} N_{4}^{3} N_{3}^{3} N_{2}^{2} \\
& \sum_{n, n_{2}, n_{3}, n_{4}}\left|a_{n_{2}}\right|^{2}\left|a_{n_{3}}\right|^{2}\left|a_{n_{4}}\right|^{2}\left|\chi_{\tilde{C}}(n) k_{n}\right|^{2}\left|S_{\left(n, n_{2}, n_{3}, n_{4}, \zeta\right)}\right| \\
\lesssim & \delta^{-2 \mu}\left\|\chi_{C} a_{n_{1}}\right\|_{\ell^{2}}^{2} N_{4}^{3} N_{3}^{3} N_{2}^{2} \prod_{i=2}^{4}\left\|a_{n_{i}}\right\|_{\ell^{2}}^{2}\left\|k_{n}\right\|_{\ell^{2}}^{2}\|\gamma\|_{\ell_{\zeta}^{2}}^{2}
\end{aligned}
$$

where

$$
S_{\left(n, n_{2}, n_{3}, n_{4}, \zeta\right)}=\left\{\left(n, n_{5}\right): \begin{array}{l}
n=n_{5}-n_{2}+n_{3}-n_{4}+n_{1}, n_{5} \in C \\
\zeta=\left|n_{5}\right|^{2}-\left|n_{2}\right|^{2}+\left|n_{3}\right|^{2}-\left|n_{4}\right|^{2}
\end{array}\right\}
$$

and in the last inequality we used that $\left|S_{\left(n, n_{2}, n_{3}, n_{4}, \zeta\right)}\right| \leq N_{5}$. After renormalizing and taking square root we obtain the bound of $N_{5}^{-3 s+\alpha+3}$ which entails $s>1+\frac{\alpha}{3}$.

Case c): This is like Case b), but now we do not need to cut the support of the window $N_{1}$ by $N_{5}$.

Case d): In this case we proceed as in subsection 8.5.1, the only difference being in the treatment of the terms in (8.7). More precisely here we show how to estimate the random term in (8.9). We have for $v_{0}^{\omega}$ in (5.1)

$$
\begin{equation*}
N_{0}^{s} N_{3}^{-1+\alpha}\left\|P_{N_{0}} P_{N_{3}} v_{0}^{\omega}\right\|_{L_{t}^{\infty} H_{x}^{1-\alpha}} \prod_{j=1}^{4} N_{j}^{\frac{1}{4}-s}\left\|P_{N_{j}} u_{j}(x, t)\right\|_{U_{\Delta}^{4} H^{s}} \tag{8.12}
\end{equation*}
$$

where we notice that $N_{3} \sim N_{0}$ otherwise the contribution would be null. This is enough to obtain the desired bound.

Case e): This is like Case d), but now we do not need to cut the support of the window $N_{1}$ by $N_{2}$.
8.5.3. The $D D D R R$ Case. To estimate the expression in (8.5) we will assume without any loss of generality that $u_{4}, u_{5}$ are random and $N_{4} \geq N_{5}$. We can also assume that $N_{1} \geq N_{2} \geq N_{3}$. We have two different scenarios: Case 1: $u_{4} u_{5}$ or Case 2: $\bar{u}_{4} u_{5}$, the other cases being obtained by complex conjugation since we do not care about bars on deterministic functions. The only difference between Case 1 and 2 is that in Case 2 we automatically have that $n_{4} \neq n_{5}$ which still allows us to use Proposition 3.5, and hence the
same argument as in Case 1 applies. We discuss Case 1 within the context of the following cases ( Case 2 being analogous after appropriately rewriting the corresponding constraints):

- Case a):
- Case i): $\quad N_{4} \sim N_{5} \geq N_{0}, N_{1}$.
- Case ii): $\quad N_{4} \sim N_{1} \geq N_{0}$.
- Case b): $N_{4} \sim N_{0}$ and
- Case i): $N_{5} \geq N_{1}$.
- Case ii): $N_{4} \geq N_{1} \geq N_{5} \geq N_{2}$.
- Case iii): $N_{4} \geq N_{1}$ and $N_{2} \geq N_{5} \geq N_{3}$.
- Case iv): $N_{4} \geq N_{1}$ and $N_{3} \geq N_{5}$.
- Case c): $N_{1} \sim N_{0}$ and
- Case i): $N_{1} \geq N_{4}, N_{5} \geq N_{2}$.
- Case ii): $N_{1} \geq N_{4} \geq N_{2} \geq N_{5} \geq N_{3}$.
- Case iii): $N_{1} \geq N_{4} \geq N_{2} \geq N_{3} \geq N_{5}$.
- Case iv): $N_{2} \geq N_{4}, N_{5} \geq N_{3}$.
- Case v): $N_{2} \geq N_{4} \geq N_{3} \geq N_{5}$.
- Case vi): $N_{3} \geq N_{4}$.
- Case d): $\quad N_{1} \sim N_{2} \geq N_{0}, N_{4}$

Below we always treat Case 1 and without any loss of generality we may assume $\tilde{u}_{1}=$ $u_{1}, \tilde{u}_{j}=\bar{u}_{j}, j=2,3$.

- Case a), i): In this case, $N_{4} \sim N_{5} \geq N_{0}, N_{1}$. By Cauchy-Schwarz, the transfer principle and Plancherel we are reduced to estimating

$$
\begin{equation*}
\sum_{(m, n) \in \mathbb{Z} \times \mathbb{Z}^{3}}\left|\sum_{n_{4}, n_{5}}\left[\sum_{S_{\left(n_{4}, n_{5}, n, m\right)}} a_{n_{1}} \bar{a}_{n_{2}} \bar{a}_{n_{3}} \frac{1}{\left|n_{4}\right|^{\frac{3}{2}}} \frac{1}{\left|n_{5}\right|^{\frac{3}{2}}}\right] g_{n_{4}}(\omega) g_{n_{5}}(\omega)\right|^{2}, \tag{8.13}
\end{equation*}
$$

where

$$
S_{\left(n_{4}, n_{5}, n, m\right)}=\left\{\begin{aligned}
& n=n_{4}+n_{5}+n_{1}-n_{2}-n_{3} \\
\left(n_{1}, n_{2}, n_{3}\right): & n_{2}, n_{3} \neq n_{1}, n_{4}, n_{5}, \\
& m=\left|n_{4}\right|^{2}+\left|n_{5}\right|^{2}+\left|n_{1}\right|^{2}-\left|n_{2}\right|^{2}-\left|n_{3}\right|^{2}
\end{aligned}\right\}
$$

with $\left|S_{\left(n_{4}, n_{5}, n, m\right)}\right| \lesssim N_{3}^{3} N_{2}^{2}$ and the variation of $m, \Delta m \sim N_{4}^{2}$. We then have, for $\omega$ outside a set of measure $e^{-\frac{1}{\delta^{r}}}$ that

$$
\begin{align*}
\text { (8.13) } & \lesssim \delta^{-2 \mu r} N_{4}^{2} N_{4}^{-3} N_{5}^{-3} \sup _{m} \sum_{n_{4}, n_{5}, n}\left|\sum_{S_{\left(n_{4}, n_{5}, n, m\right)}} a_{n_{1}} \bar{a}_{n_{2}} \bar{a}_{n_{3}}\right|^{2} \\
& \lesssim \delta^{-2 \mu r} N_{4}^{-1} N_{5}^{-3} \sup _{m} \sum_{n_{4}, n_{5}, n} \sum_{S_{\left(n_{4}, n_{5}, n, m\right)}}\left|S_{\left(n_{4}, n_{5}, n, m\right)}\right|\left|a_{n_{1}}\right|^{2}\left|a_{n_{2}}\right|^{2}\left|a_{n_{3}}\right|^{2} \\
& \lesssim \delta^{-2 \mu r} N_{4}^{-1} N_{5}^{-3} N_{2}^{2} N_{3}^{3} \sup _{m} \sum_{n_{1}, n_{2}, n_{3}}\left|a_{n_{1}}\right|^{2}\left|a_{n_{2}}\right|^{2}\left|a_{n_{3}}\right|^{2}\left|S_{\left(n_{1}, n_{2}, n_{3}, m\right)}\right| \\
& \lesssim \delta^{-2 \mu r} N_{4}^{-1} N_{5}^{-3} N_{2}^{2} N_{3}^{3} N_{4} N_{5}^{3} \sum_{n_{1}, n_{2}, n_{3}}\left|a_{n_{1}}\right|^{2}\left|a_{n_{2}}\right|^{2}\left|a_{n_{3}}\right|^{2} \\
& \lesssim \delta^{-2 \mu r} N_{2}^{2} N_{3}^{3} \prod_{i=1}^{3}\left\|a_{n_{i}}\right\|_{\ell^{2}}^{2} \tag{8.14}
\end{align*}
$$

where we used that

$$
S_{\left(n_{1}, n_{2}, n_{3}, m\right)}=\left\{\begin{array}{ll}
n=n_{4}+n_{5}+n_{1}-n_{2}-n_{3}, \\
\left(n, n_{4}, n_{5}\right): & n_{2}, n_{3} \neq n_{1}, n_{4}, n_{5}, \\
& m=\left|n_{4}\right|^{2}+\left|n_{5}\right|^{2}+\left|n_{1}\right|^{2}-\left|n_{2}\right|^{2}-\left|n_{3}\right|^{2}
\end{array}\right\}
$$

and $\left|S_{\left(n_{1}, n_{2}, n_{3}, m\right)}\right| \lesssim N_{5}^{3} N_{4}$. Taking square root and normalizing we then obtain the bound $N_{4}^{s-2+2 \alpha}$ which requires $s<2-2 \alpha$.

- Case a), ii) In this case $N_{4} \sim N_{1} \geq N_{0}$, we repeat the argument in Case a), i), but in this case after taking square root and normalizing we obtain the bound $N_{4}^{\frac{3}{2}-2 s+\alpha}$.
- Case b), i) In this case, $N_{4} \sim N_{0}$ and $N_{5} \geq N_{1}$. From (8.5), we first decompose the support of $\chi_{N_{0}} \hat{h}$ with cubes $C$ of sidelength $N_{5}$ and then apply Cauchy-Schwarz, the transfer principle and Plancherel. We are thus reduced to estimating an expression just as in (8.13) but where now the variation in $m, \Delta m \sim N_{4} N_{5}$ and thus we obtain instead of (8.14) the estimate $\delta^{-2 \mu r} N_{4}^{-1} N_{5} N_{2}^{2} N_{3}^{3} \prod_{i=1}^{3}\left\|a_{n_{i}}\right\|_{\ell^{2}}^{2}$. Taking square root and normalizing we now obtain the bound $N_{4}^{s-\frac{3}{2}+\alpha}$ provided $\alpha<\frac{1}{2}$, which in turn entails $1 \leq s<\frac{3}{2}-\alpha$.
- Case b), ii) In this case we have $N_{4} \sim N_{0}$ and $N_{1} \geq N_{5}$. The proof follows that of Case b), i) except that now we first decompose the support of $\chi_{N_{0}} \hat{h}$-and hence the $N_{4}$ Fourier window- with cubes $C$ of sidelength $N_{1}$. We then have that $\Delta m \sim N_{4} N_{1}$ and we now obtain instead of (8.14) the estimate $\delta^{-2 \mu r} N_{4}^{-1} N_{1} N_{2}^{2} N_{3}^{3} \prod_{i=1}^{3}\left\|a_{n_{i}}\right\|_{\ell^{2}}^{2}$. Taking square root and normalizing we now obtain as before the bound $N_{4}^{s-\frac{3}{2}+\alpha}$.
- Cases b, iii) iv) are analogous to case Case b, ii).
- Case c, i) In this case we have that $N_{0} \sim N_{1} \geq N_{4}, N_{5} \geq N_{2}$. We will proceed by duality and a change of variables $\zeta=m-\left|n_{1}\right|^{2}$ as in the proof of Proposition 7.3, (7.15) and also as in (8.11) in subsection 8.5.2 above. We also cut the window $N_{1}$ by cubes $C$ of sidelength $N_{4}$. We have to bound

$$
\begin{equation*}
\left\|\chi_{C} a_{n_{1}}\right\|_{\ell^{2}}^{2}\|\gamma\|_{\ell_{\zeta}^{2}}^{2} \sum_{\zeta \in \mathbb{Z}, n_{1} \in \mathbb{Z}^{3}}\left|\sum_{\substack{n=n_{1}+n_{4}+n_{5}-n_{2}-n_{3}, n_{2}, n_{3} \neq \eta_{1}, n_{4}, n_{5} \\ \zeta=\left|n_{4}\right|^{2}+\left|n_{5}\right|^{2}-\left|n_{2}\right|^{2}-\left|n_{3}\right|^{2}}} \frac{g_{n_{4}}(\omega)}{\left|n_{4}\right|^{\frac{3}{2}}} \frac{g_{n_{5}}(\omega)}{\left|n_{5}\right|^{\frac{3}{2}}} \chi_{\tilde{C}}(n) k_{n} \bar{a}_{n_{2}} \bar{a}_{n_{3}}\right|^{2}, \tag{8.15}
\end{equation*}
$$

where $\tilde{C}$ is of size approximately $N_{4}$. Let us now define

$$
\begin{equation*}
\sigma_{n_{1}, n_{2}}=\sum_{\substack{n=n_{1}+n_{4}+n_{5}-n_{2}-n_{3}, n_{2}, n_{3} \neq n_{1}, n_{4}, n_{5} \\ \zeta=\left|n_{4}\right|^{2}+\left|n_{5}\right|^{2}-\left|n_{2}\right|^{2}-\left|n_{3}\right|^{2}}} \chi_{\tilde{C}}(n) k_{n} \bar{a}_{n_{3}} \frac{g_{n_{4}}(\omega)}{\left|n_{4}\right|^{\frac{3}{2}}} \frac{g_{n_{5}}(\omega)}{\left|n_{5}\right|^{\frac{3}{2}}}, \tag{8.16}
\end{equation*}
$$

and note that then $\Delta \zeta \sim N_{4}^{2}$. Then

$$
\begin{align*}
(8.15) & \lesssim\left\|\chi_{C} a_{n_{1}}\right\|_{\ell^{2}}^{2}\|\gamma\|_{\ell_{\zeta}^{2}}^{2} N_{4}^{2} \sup _{\zeta} \sum_{n_{1} \in C}\left|\sigma_{n_{1}, n_{2}} \bar{a}_{n_{2}}\right|^{2} \\
& \leq N_{4}^{2}\left\|\chi_{C} a_{n_{1}}\right\|_{\ell^{2}}^{2}\|\gamma\|_{\ell_{\zeta}}^{2}\left\|a_{n_{2}}\right\|_{\ell^{2}}^{2} \sup _{\zeta}\left\|\mathcal{G} \mathcal{G}^{*}\right\| . \tag{8.17}
\end{align*}
$$

As in Section 7, we write

$$
\begin{equation*}
\left\|\mathcal{G} \mathcal{G}^{*}\right\| \lesssim \max _{n_{1}} \sum_{n_{2}, n_{2} \neq n_{1}}\left|\sigma_{n_{1}, n_{2}}\right|^{2}+\left(\sum_{n_{1} \neq n_{1}^{\prime}}\left|\sum_{n_{2}} \sigma_{n_{1}, n_{2}} \bar{\sigma}_{n_{1}^{\prime}, n_{2}}\right|^{2}\right)^{\frac{1}{2}}=: M_{1}+M_{2} \tag{8.18}
\end{equation*}
$$

and estimate each term separately. For $M_{1}$ we proceed as follows:

$$
\begin{align*}
M_{1} & =\sup _{n_{1}} \sum_{n_{2}, n_{2} \neq n_{1}}\left|\sum_{n_{4}, n_{5}}\left[\sum_{S_{\left(n_{1}, n_{2}, n_{4}, n_{5}, \zeta\right)}} \chi_{\tilde{C}}(n) k_{n} \bar{a}_{n_{3}} \frac{1}{\left|n_{4}\right|^{\frac{3}{2}}} \frac{1}{\left|n_{5}\right|^{\frac{3}{2}}}\right] g_{n_{4}}(\omega) g_{n_{5}}(\omega)\right|^{2}, \\
& \lesssim \delta^{-2 \mu r} \sup _{n_{1}} \sum_{n_{2} \neq n_{1}, n_{4}, n_{5}} N_{4}^{-3} N_{5}^{-3}\left|\sum_{S_{\left(n_{1}, n_{2}, n_{4}, n_{5}, \zeta\right)}} \chi_{\tilde{C}}(n) k_{n} \bar{a}_{n_{3}}\right|^{2} \\
19) & \left.\lesssim \delta^{-2 \mu r} \sup _{n_{1}} \sum_{n_{2}, n_{4}, n_{5}} N_{4}^{-3} N_{5}^{-3}\left|S_{\left(n_{1}, n_{2}, n_{4}, n_{5}, \zeta\right)} \sum_{S_{\left(n_{1}, n_{2}, n_{4}, n_{5}, \zeta\right)}}\right| \chi_{C}(n) k_{n}\right|^{2}\left|\bar{a}_{n_{3}}\right|^{2}, \tag{8.19}
\end{align*}
$$

for $\omega$ out side a set of measure $e^{-\frac{1}{\delta^{r}}}$, where

$$
S_{\left(n_{1}, n_{2}, n_{4}, n_{5}, \zeta\right)}:=\left\{\begin{array}{c}
n=n_{1}+n_{4}+n_{5}-n_{2}-n_{3} \\
\left(n, n_{3}\right): \\
n_{2}, n_{3} \neq n_{1}, n_{4}, n_{5}, n \in \tilde{C} \\
\zeta=\left|n_{4}\right|^{2}+\left|n_{5}\right|^{2}-\left|n_{2}\right|^{2}-\left|n_{3}\right|^{2}
\end{array}\right\}
$$

and $\left|S_{\left(n_{1}, n_{2}, n_{4}, n_{5}, \zeta\right)}\right| \lesssim N_{3}^{2}$. Hence for

$$
S_{\left(n, n_{3}, \zeta\right)}:=\left\{\begin{array}{c}
n=n_{1}+n_{4}+n_{5}-n_{2}-n_{3} \\
\left(n_{2}, n_{4}, n_{5}\right): \\
n_{2}, n_{3} \neq n_{1}, n_{4}, n_{5}, n \in \tilde{C} \\
\zeta=\left|n_{4}\right|^{2}+\left|n_{5}\right|^{2}-\left|n_{2}\right|^{2}-\left|n_{3}\right|^{2}
\end{array}\right\}
$$

we have that

$$
\begin{aligned}
\text { (8.19) } & \lesssim \delta^{-2 \mu r} N_{4}^{-3} N_{5}^{-3} N_{3}^{2} \sum_{n, n_{3}}\left|\chi_{\tilde{C}}(n) k_{n}\right|^{2}\left|\bar{a}_{n_{3}}\right|^{2}\left|S_{\left(n, n_{3}, \zeta\right)}\right| \\
& \lesssim \delta^{-2 \mu r} N_{4}^{-3} N_{5}^{-3} N_{3}^{2} N_{2}^{3} N_{5}^{3} N_{4}\left\|\chi_{\tilde{C}}(n) k_{n}\right\|_{\ell^{2}}^{2}\left\|a_{n_{3}}\right\|_{\ell^{2}}^{2} \\
& \lesssim \delta^{-2 \mu r} N_{4}^{-2} N_{2}^{3} N_{3}^{2}\left\|\chi_{\tilde{C}}(n) k_{n}\right\|_{\ell^{2}}^{2}\left\|a_{n_{3}}\right\|_{\ell^{2}}^{2} .
\end{aligned}
$$

Hence the contribution of $M_{1}$ to (8.17) is

$$
\delta^{-2 \mu r} N_{4}^{2} N_{4}^{-2} N_{2}^{3} N_{3}^{2}\left\|\chi_{C} a_{n_{1}}\right\|_{\ell^{2}}^{2}\left\|a_{n_{2}}\right\|_{\ell^{2}}^{2}\left\|a_{n_{3}}\right\|_{\ell^{2}}^{2}\|\gamma\|_{\ell_{\zeta}^{2}}^{2}\left\|\chi_{\tilde{C}}(n) k_{n}\right\|_{\ell^{2}}^{2} .
$$

After taking square root and normalizing we then obtain a bound of $N_{4}^{-1+\alpha} N_{5}^{-s+\frac{1}{2}+\alpha}$ which suffices provided $s>\frac{1}{2}+\alpha$.

To estimate $M_{2}$ we first write

$$
M_{2}^{2}=\sum_{n_{1} \neq n_{1}^{\prime}}\left|\sum_{n_{2}} \sigma_{n_{1}, n_{2}} \bar{\sigma}_{n_{1}^{\prime}, n_{2}}\right|^{2}
$$

$$
\begin{equation*}
\sim \sum_{n_{1} \neq n_{1}^{\prime}}\left|\sum_{S_{\left(n_{1}, n_{1}^{\prime}, \zeta\right)}} \chi_{\tilde{C}}(n) k_{n} \chi_{\tilde{C}}\left(n^{\prime}\right) k_{n^{\prime}} \bar{a}_{n_{3}} a_{n_{3}^{\prime}} \frac{g_{n_{4}}(\omega)}{\left|n_{4}\right|^{\frac{3}{2}}} \frac{g_{n_{5}}(\omega)}{\left|n_{5}\right|^{\frac{3}{2}}} \frac{\bar{g}_{n_{4}^{\prime}}(\omega)}{\left|n_{4}^{\prime}\right|^{\frac{3}{2}}} \frac{\bar{g}_{n_{5}^{\prime}}(\omega)}{\left|n_{5}^{\prime}\right|^{\frac{3}{2}}}\right|^{2} \tag{8.20}
\end{equation*}
$$

where

$$
S_{\left(n_{1}, n_{1}^{\prime}, \zeta\right)}=\left\{\begin{align*}
& n=n_{1}+n_{4}+n_{5}-n_{2}-n_{3}  \tag{8.21}\\
& n^{\prime}=n_{1}^{\prime}+n_{4}^{\prime}+n_{5}^{\prime}-n_{2}-n_{3}^{\prime} \\
\left(n, n_{2}, n_{3}, n_{3}^{\prime}, n_{4}, n_{4}^{\prime}, n_{5}, n_{5}^{\prime}\right): & n_{2}, n_{3} \neq n_{1}, n_{4}, n_{5} ; n_{2}^{\prime}, n_{3}^{\prime} \neq n_{1}^{\prime}, n_{4}^{\prime}, n_{5}^{\prime} ; n, n^{\prime} \in \tilde{C} \\
& \zeta=\left|n_{4}\right|^{2}+\left|n_{5}\right|^{2}-\left|n_{2}\right|^{2}-\left|n_{3}\right|^{2} \\
& \zeta=\left|n_{4}^{\prime}\right|^{2}+\left|n_{5}^{\prime}\right|^{2}-\left|n_{2}\right|^{2}-\left|n_{3}^{\prime}\right|^{2}
\end{align*}\right\}
$$

To streamline the exposition let

$$
\mathscr{C}:= \begin{cases}n=n_{1}+n_{4}+n_{5}-n_{2}-n_{3}, & n^{\prime}=n_{1}^{\prime}+n_{4}^{\prime}+n_{5}^{\prime}-n_{2}-n_{3}^{\prime} \\ \zeta=\left|n_{4}\right|^{2}+\left|n_{5}\right|^{2}-\left|n_{2}\right|^{2}-\left|n_{3}\right|^{2}, & \zeta=\left|n_{4}^{\prime}\right|^{2}+\left|n_{5}^{\prime}\right|^{2}-\left|n_{2}\right|^{2}-\left|n_{3}^{\prime}\right|^{2} \\ n_{2}, n_{3} \neq n_{1}, n_{4}, n_{5} ; \quad n_{2}^{\prime}, n_{3}^{\prime} \neq n_{1}^{\prime}, n_{4}^{\prime}, n_{5}^{\prime} ; \quad n, n^{\prime} \in \tilde{C}\end{cases}
$$

We need to organize the estimates according to whether some frequencies are the same or not, in all we have seven cases:

- Case $\beta_{1}: n_{4}, n_{5} \neq n_{4}^{\prime}, n_{5}^{\prime}$.
- Case $\beta_{2}: n_{4}=n_{4}^{\prime} ; n_{5} \neq n_{5}^{\prime}$.
- Case $\beta_{3}: n_{4} \neq n_{4}^{\prime} ; n_{5}=n_{5}^{\prime}$.
- Case $\beta_{4}: n_{4} \neq n_{5}^{\prime} ; n_{5}=n_{4}^{\prime}$.
- Case $\beta_{5}: n_{4}=n_{5}^{\prime} ; n_{5} \neq n_{4}^{\prime}$.
- Case $\beta_{6}: n_{4}=n_{5}^{\prime} ; n_{5}=n_{4}^{\prime}$.
- Case $\beta_{7}: n_{4}=n_{4}^{\prime} ; n_{5}=n_{5}^{\prime}$.

Case $\beta_{1}$ : To estimate the contribution of $M_{2}$, we first define the set

$$
S_{\left(n_{1}, n_{1}^{\prime}, n_{4}, n_{4}^{\prime}, n_{5}, n_{5}^{\prime}, \zeta\right)}:=\left\{\left(n, n^{\prime}, n_{2}, n_{3}, n_{3}^{\prime}\right) \text { satisfying } \mathscr{C}\right\}
$$

with $\left|S_{\left(n_{1}, n_{1}^{\prime}, n_{4}, n_{4}^{\prime}, n_{5}, n_{5}^{\prime}, \zeta\right)}\right| \lesssim N_{3}^{6} N_{2}^{2}$. Next, for $\omega$ out side a set of measure $e^{-\frac{1}{\delta^{r}}}$, we estimate $M_{2}^{2}$ as follows:

$$
\begin{aligned}
& \text { (8.20) } \\
& \lesssim \delta^{-4 \mu r} \sum_{n_{1} \neq n_{1}^{\prime}} N_{4}^{-6} N_{5}^{-6} \sum_{n_{4} \neq n_{4}^{\prime}, n_{5} \neq n_{5}^{\prime}}\left[\sum_{S_{\left(n_{1}, n_{1}^{\prime}, n_{4}, n_{4}^{\prime}, n_{5}, n_{5}^{\prime}, \zeta\right)}} \chi_{C}(n) k_{n} \chi_{C}\left(n^{\prime}\right) k_{n^{\prime}} \bar{a}_{n_{3}} a_{n_{3}^{\prime}}\right]^{2} \\
& \lesssim \delta^{-4 \mu r} \sum_{n_{1} \neq n_{1}^{\prime}} N_{4}^{-6} N_{5}^{-6} N_{3}^{6} N_{2}^{2} \sum_{n_{4}, n_{4}^{\prime}, n_{5}, n_{5}^{\prime}} \sum_{S_{\left(n_{1}, n_{1}^{\prime}, n_{4}, n_{4}^{\prime}, n_{5}, n_{5}^{\prime}, \zeta\right)}}\left|\chi_{\tilde{C}}(n) k_{n}\right|^{2}\left|\chi_{\tilde{C}}\left(n^{\prime}\right) k_{n^{\prime}}\right|^{2}\left|\bar{a}_{n 3}\right|^{2}\left|a_{n_{3}^{\prime}}\right|^{2} \\
& \lesssim \delta^{-4 \mu r} N_{4}^{-6} N_{5}^{-6} N_{3}^{6} N_{2}^{2} \sum_{n, n^{\prime}, n_{3}, n_{3}^{\prime}}\left|S_{\left(n, n^{\prime}, n_{3}, n_{3}^{\prime}, \zeta\right)}\right|\left|\chi_{\tilde{C}}(n) k_{n}\right|^{2}\left|\chi_{\tilde{C}}\left(n^{\prime}\right) k_{n^{\prime}}\right|^{2}\left|\bar{a}_{n_{3}}\right|^{2}\left|a_{n_{3}^{\prime}}\right|^{2} \\
& \lesssim \delta^{-4 \mu r} N_{4}^{-6} N_{5}^{-6} N_{3}^{6} N_{2}^{2} N_{2}^{3} N_{5}^{6} N_{4}^{2}\left\|\chi_{\tilde{C}}(n) k_{n}\right\|_{\ell^{2}}^{2}\left\|\chi_{\tilde{C}}\left(n^{\prime}\right) k_{n^{\prime}}\right\|_{\ell^{2}}^{2}\left\|a_{n_{3}}\right\|_{\ell^{2}}^{2}\left\|a_{n_{3}^{\prime}}\right\|_{\ell^{2}}^{2} \\
& \lesssim \delta^{-4 \mu r} N_{4}^{-4} N_{3}^{6} N_{2}^{5}\left\|\chi_{\tilde{C}}(n) k_{n}\right\|_{\ell^{2}}^{2}\left\|\chi_{\tilde{C}}\left(n^{\prime}\right) k_{n^{\prime}}\right\|_{\ell^{2}}^{2}\left\|a_{n_{3}}\right\|_{\ell^{2}}^{2}\left\|a_{n_{3}^{\prime}}\right\|_{\ell^{2}}^{2},
\end{aligned}
$$

where we have used that

$$
S_{\left(n, n^{\prime}, n_{3}, n_{3}^{\prime}, \zeta\right)}:=\left\{\left(n_{1}, n_{1}^{\prime}, n_{2}, n_{4}, n_{4}^{\prime}, n_{5}, n_{5}^{\prime}\right) \text { satisfying } \mathscr{C}\right\}
$$

has cardinality less than or equal to $N_{2}^{3} N_{5}^{6} N_{4}^{2}$.

All in all we then have that the contribution of $\Delta \zeta M_{2}$ is bounded by $N_{3}^{3} N_{2}^{\frac{5}{2}}$. Taking square root and normalizing we finally obtain the bound $N_{4}^{-1+\alpha} N_{5}^{\frac{7}{4}-2 s+\alpha}$ in this case which suffices provided $s>\frac{7}{8}+\frac{\alpha}{2}$.
Case $\beta_{2}$ : Now we have that $n_{4}=n_{4}^{\prime}$ while $n_{5} \neq n_{5}^{\prime}$ rendering (8.20) equal to

$$
\begin{equation*}
\sum_{n_{1} \neq n_{1}^{\prime}}\left|\sum_{S_{\left(n_{1}, n_{1}^{\prime}, \zeta\right)}} \chi_{\tilde{C}}(n) k_{n} \chi_{\tilde{C}}\left(n^{\prime}\right) k_{n^{\prime}} \bar{a}_{n_{3}} a_{n_{3}^{\prime}} \frac{\left|g_{n_{4}}(\omega)\right|^{2}}{\left|n_{4}\right|^{3}} \frac{g_{n_{5}}(\omega)}{\left|n_{5}\right|^{\frac{3}{2}}} \frac{\bar{g}_{n_{5}^{\prime}}(\omega)}{\left|n_{5}^{\prime}\right|^{\frac{3}{2}}}\right|^{2} . \tag{8.22}
\end{equation*}
$$

We proceed in a similar fashion as we did in (7.17)-(7.23) and define

$$
\begin{align*}
& \mathcal{Q}_{1}:=\sum_{n_{1} \neq n_{1}^{\prime}}\left|\sum_{S_{\left(n_{1}, n_{1}^{\prime}, \zeta\right)}} k_{n}^{\tilde{C}} k_{n^{\prime}}^{\tilde{C}} \bar{a}_{n_{3}} a_{n_{3}^{\prime}} \frac{\left(\left|g_{n_{4}}(\omega)\right|^{2}-1\right)}{\left|n_{4}\right|^{3}} \frac{g_{n_{5}}(\omega)}{\left|n_{5}\right|^{\frac{3}{2}}} \frac{\bar{g}_{n_{5}^{\prime}}(\omega)}{\left|n_{5}^{\prime}\right|^{\frac{3}{2}}}\right|^{2}  \tag{8.23}\\
& \mathcal{Q}_{2}:=\sum_{n_{1} \neq n_{1}^{\prime}}\left|\sum_{S_{\left(n_{1}, n_{1}^{\prime}, \zeta\right)}} k_{n}^{\tilde{C}} k_{n^{\prime}}^{\tilde{C}} \bar{a}_{n_{3}} a_{n_{3}^{\prime}} \frac{1}{\left|n_{4}\right|^{3}} \frac{g_{n_{5}}(\omega)}{\left|n_{5}\right|^{\frac{3}{2}}} \frac{\bar{g}_{n_{5}^{\prime}}(\omega)}{\left|n_{5}^{\prime}\right|^{\frac{3}{2}}}\right|^{2} \tag{8.24}
\end{align*}
$$

where we have denoted by $k_{n}^{\tilde{C}}:=\chi_{\tilde{C}}(n) k_{n}$ and similarly for $k_{n^{\prime}}^{\tilde{C}}$.
To estimate $\mathcal{Q}_{2}$ define the set

$$
S_{\left(n_{1}, n_{1}^{\prime}, n_{5}, n_{5}^{\prime}, \zeta\right)}:=\left\{\left(n, n^{\prime}, n_{2}, n_{4}, n_{3}, n_{3}^{\prime}\right) \text { satisfying } \mathscr{C}\right\}
$$

with $\left|S_{\left(n_{1}, n_{1}^{\prime}, n_{5}, n_{5}^{\prime}, \zeta\right)}\right| \lesssim N_{3}^{6} N_{2}^{3} N_{4}$. Then for $\omega$ outside a set of measure $e^{-\frac{1}{\delta^{r}}}$

$$
\begin{aligned}
\text { (8.24) } & \lesssim \delta^{-4 \mu r} \sum_{n_{1} \neq n_{1}^{\prime}} N_{4}^{-6} N_{5}^{-6} \sum_{n_{5} \neq n_{5}^{\prime}}\left[\sum_{S_{\left(n_{1}, n_{1}^{\prime}, n_{5}, n_{5}^{\prime}, \zeta\right)}} k_{n}^{\tilde{C}} k_{n^{\prime}}^{\tilde{C}} \bar{a}_{n_{3}} a_{n_{3}^{\prime}}\right]^{2} \\
& \lesssim \delta^{-4 \mu r} \sum_{n_{1} \neq n_{1}^{\prime}} N_{4}^{-6} N_{5}^{-6} N_{3}^{6} N_{2}^{3} N_{4} \sum_{n_{5}, n_{5}^{\prime}} \sum_{S_{\left(n_{1}, n_{1}^{\prime}, n_{5}, n_{5}^{\prime}, \zeta\right)}}\left|k_{n}^{\tilde{C}}\right|^{2}\left|k_{n^{\prime}}^{\tilde{C}}\right|^{2}\left|\bar{a}_{n_{3}}\right|^{2}\left|a_{n_{3}^{\prime}}\right|^{2} \\
& \lesssim \delta^{-4 \mu r} N_{4}^{-6} N_{5}^{-6} N_{3}^{6} N_{2}^{3} N_{4} \sum_{n, n^{\prime}, n_{3}, n_{3}^{\prime}}\left|S_{\left(n, n^{\prime}, n_{3}, n_{3}^{\prime}, \zeta\right)}\right|\left|k_{n}^{\tilde{C}}\right|^{2}\left|k_{n^{\prime}}^{\tilde{C}}\right|^{2}\left|\bar{a}_{n_{3}}\right|^{2}\left|a_{n_{3}^{\prime}}\right|^{2} \\
& \lesssim \delta^{-4 \mu r} N_{4}^{-6} N_{5}^{-6} N_{3}^{6} N_{2}^{3} N_{4} N_{2}^{3} N_{5}^{6} N_{4}\left\|\chi_{\tilde{C}}(n) k_{n}\right\|_{\ell^{2}}^{2}\left\|\chi_{\tilde{C}}\left(n^{\prime}\right) k_{n^{\prime}}\right\|_{\ell^{2}}^{2}\left\|a_{n_{3}}\right\|_{\ell^{2}}^{2}\left\|a_{n_{3}^{\prime}}\right\|_{\ell^{2}}^{2} \\
& \lesssim \delta^{-4 \mu r} N_{4}^{-4} N_{3}^{6} N_{2}^{6}\left\|\chi_{\tilde{C}}(n) k_{n}\right\|_{\ell^{2}}^{2}\left\|\chi_{\tilde{C}}\left(n^{\prime}\right) k_{n^{\prime}}\right\|_{\ell^{2}}^{2}\left\|a_{n_{3}}\right\|_{\ell^{2}}^{2}\left\|a_{n_{3}^{\prime}}\right\|_{\ell^{2}}^{2},
\end{aligned}
$$

where we have used that

$$
S_{\left(n, n^{\prime}, n_{3}, n_{3}^{\prime}, \zeta\right)}:=\left\{\left(n_{1}, n_{1}^{\prime}, n_{2}, n_{4}, n_{5}, n_{5}^{\prime}\right) \text { satisfying } \mathscr{C}\right\}
$$

has cardinality less than or equal to $N_{2}^{3} N_{5}^{6} N_{4}$.
The bound for $\mathcal{Q}_{1}$ is smaller, just as we saw it was the case in the proof of Proposition 7.3, (7.17)-(7.23) in Section 7 We omit the details.

Thus the contribution of $\Delta \zeta M_{2}$, is bounded by $N_{3}^{3} N_{2}^{3}$ which after taking the square root and normalizing gives a bound of $N_{4}^{-1+\alpha} N_{5}^{2-2 s+\alpha}$ which suffices provided $s>1+\frac{\alpha}{2}$.

Case $\beta_{3}$ : Now we have that $n_{4} \neq n_{4}^{\prime}$ while $n_{5}=n_{5}^{\prime}$ rendering (8.20) equal to

$$
\begin{equation*}
\sum_{n_{1} \neq n_{1}^{\prime}}\left|\sum_{S_{\left(n_{1}, n_{1}^{\prime}, \zeta\right)}} k_{n}^{\tilde{C}} k_{n^{\prime}}^{\tilde{C}} \bar{a}_{n_{3}} a_{n_{3}^{\prime}} \frac{\left|g_{n_{5}}(\omega)\right|^{2}}{\left|n_{5}\right|^{3}} \frac{g_{n_{4}}(\omega)}{\left|n_{4}\right|^{\frac{3}{2}}} \frac{\bar{g}_{n_{4}^{\prime}}(\omega)}{\left|n_{4}^{\prime}\right|^{\frac{3}{2}}}\right|^{2} . \tag{8.25}
\end{equation*}
$$

We proceed as above, defining analogous $\mathcal{Q}_{1}$ and $\mathcal{Q}_{2}$ terms bounding (8.25) in this case.
To estimate $\mathcal{Q}_{2}$ we define the set,

$$
S_{\left(n_{1}, n_{1}^{\prime}, n_{4}, n_{4}^{\prime}, \zeta\right)}:=\left\{\left(n, n^{\prime}, n_{2}, n_{5}, n_{3}, n_{3}^{\prime}\right) \text { satisfying } \mathscr{C}\right\}
$$

with $\left|S_{\left(n_{1}, n_{1}^{\prime}, n_{4}, n_{4}^{\prime}, \zeta\right)}\right| \lesssim N_{3}^{6} N_{2}^{3} \min \left(N_{5}^{2}, N_{4}\right) \leq N_{3}^{6} N_{2}^{3} N_{5}^{2}$. Then for $\omega$ outside a set of measure $e^{-\frac{1}{\delta^{r}}}$

$$
\begin{align*}
\mathcal{Q}_{2} & \lesssim \delta^{-4 \mu r} \sum_{n_{1} \neq n_{1}^{\prime}} N_{4}^{-6} N_{5}^{-6} \sum_{n_{4} \neq n_{4}^{\prime}}\left[\sum_{S_{\left(n_{1}, n_{1}^{\prime}, n_{4}, n_{4}^{\prime}, \zeta\right)}} k_{n}^{\tilde{C}} k_{n^{\prime}}^{\tilde{C}} \bar{a}_{n_{3}} a_{n_{3}^{\prime}}\right]^{2}  \tag{8.26}\\
& \lesssim \delta^{-4 \mu r} \sum_{n_{1} \neq n_{1}^{\prime}} N_{4}^{-6} N_{5}^{-6} N_{3}^{6} N_{2}^{3} N_{5}^{2} \sum_{n_{4}, n_{4}^{\prime}} \sum_{S_{\left(n_{1}, n_{1}^{\prime}, n_{4}, n_{4}^{\prime}, \zeta\right)}}\left|k_{n}^{\tilde{C}}\right|^{2}\left|\tilde{k}_{n^{\prime}}^{C}\right|^{2}\left|\bar{a}_{n_{3}}\right|^{2}\left|a_{n_{3}^{\prime}}\right|^{2} \\
& \lesssim \delta^{-4 \mu r} N_{4}^{-6} N_{5}^{-6} N_{3}^{6} N_{2}^{3} N_{5}^{2} \sum_{n, n^{\prime}, n_{3}, n_{3}^{\prime}}\left|S_{\left(n, n^{\prime}, n_{3}, n_{3}^{\prime}, \zeta\right)}\right|\left|k_{n}^{\tilde{C}}\right|^{2}\left|k_{n^{\prime}}^{\tilde{C}}\right|^{2}\left|\bar{a}_{n_{3}}\right|^{2}\left|a_{n_{3}^{\prime}}\right|^{2} \\
& \lesssim \delta^{-4 \mu r} N_{4}^{-6} N_{5}^{-6} N_{3}^{6} N_{2}^{3} N_{5}^{2} N_{2}^{3} N_{5}^{3} N_{4}^{2}\left\|k_{n}^{\tilde{C}}\right\|_{\ell^{2}}^{2}\left\|k_{n^{\prime}}^{\tilde{C}}\right\|_{\ell^{2}}^{2}\left\|a_{n_{3}}\right\|_{\ell^{2}}^{2}\left\|a_{n_{3}^{\prime}}\right\|_{\ell^{2}}^{2} \\
& \lesssim \delta^{-4 \mu r} N_{4}^{-4} N_{5}^{-1} N_{3}^{6} N_{2}^{6}\left\|\chi_{\tilde{C}}(n) k_{n}\right\|_{\ell^{2}}^{2}\left\|\chi_{\tilde{C}}\left(n^{\prime}\right) k_{n^{\prime}}\right\|_{\ell^{2}}^{2}\left\|a_{n_{3}}\right\|_{\ell^{2}}^{2}\left\|a_{n_{3}^{\prime}}^{\prime}\right\|_{\ell^{2}}^{2},
\end{align*}
$$

where we have now used that,

$$
S_{\left(n, n^{\prime}, n_{3}, n_{3}^{\prime}, \zeta\right)}:=\left\{\left(n_{1}, n_{1}^{\prime}, n_{2}, n_{4}, n_{4}^{\prime}, n_{5}\right) \text { satisfying } \mathscr{C}\right\}
$$

has cardinality less than or equal to $N_{2}^{3} N_{5}^{3} N_{4}^{2}$. Note this is a better bound than that obtained in Case $\beta_{2}$.

Since just as before, the bound for $\mathcal{Q}_{1}$ is smaller, we have that the contribution of $\Delta \zeta M_{2}$, is bounded by $N_{3}^{3} N_{2}^{3}$. After taking the square root and normalizing the latter gives the same abound as in Case $\beta_{2}$.
Case $\beta_{4}$ : In this case we have that $n_{4} \neq n_{5}^{\prime}$ while $n_{5}=n_{4}^{\prime}$ rendering (8.20) equal to

$$
\begin{equation*}
\sum_{n_{1} \neq n_{1}^{\prime}}\left|\sum_{S_{\left(n_{1}, n_{1}^{\prime}, \zeta\right)}} k_{n}^{\tilde{C}} k_{n^{\prime}}^{\tilde{C}} \bar{a}_{n_{3}} a_{n_{3}^{\prime}} \frac{\left|g_{n_{5}}(\omega)\right|^{2}}{\left|n_{5}\right|^{3}} \frac{g_{n_{4}}(\omega)}{\left|n_{4}\right|^{\frac{3}{2}}} \frac{\bar{g}_{n_{5}^{\prime}}(\omega)}{\left|n_{5}^{\prime}\right|^{\frac{3}{2}}}\right|^{2} \tag{8.27}
\end{equation*}
$$

Once again, we proceed by defining the corresponding $\mathcal{Q}_{1}$ and $\mathcal{Q}_{2}$ terms bounding (8.27) and note the estimate for $\mathcal{Q}_{1}$ is better than that for $\mathcal{Q}_{2}$. In the latter case, we proceed as in (8.26) in case $\beta_{3}$ but now we have

$$
S_{\left(n_{1}, n_{1}^{\prime}, n_{4}, n_{5}^{\prime}, \zeta\right)}:=\left\{\left(n, n^{\prime}, n_{2}, n_{5}, n_{3}, n_{3}^{\prime}\right) \text { satisfying } \mathscr{C}\right\}
$$

which has cardinality, $\left|S_{\left(n_{1}, n_{1}^{\prime}, n_{4}, n_{5}^{\prime}, \zeta\right)}\right| \lesssim N_{3}^{6} N_{2}^{3} N_{4}$. Furthermore, since $n_{5}=n_{4}^{\prime}$, we have from the definition of $\mathscr{C}$ that $\Delta \zeta \lesssim N_{5}^{2}$.

Then for $\omega$ outside a set of measure $e^{-\frac{1}{\delta^{r}}}$,

$$
\begin{align*}
\mathcal{Q}_{2} & \lesssim \delta^{-4 \mu r} \sum_{n_{1} \neq n_{1}^{\prime}} N_{4}^{-3} N_{5}^{-9} \sum_{n_{4} \neq n_{5}^{\prime}}\left[\sum_{S_{\left(n_{1}, n_{1}^{\prime}, n_{4}, n_{5}^{\prime}, \zeta\right)}} k_{n}^{\tilde{C}} k_{n^{\prime}}^{\tilde{C}} \bar{a}_{n_{3}} a_{n_{3}^{\prime}}\right]^{2}  \tag{8.28}\\
& \left.\lesssim \delta^{-4 \mu r} \sum_{n_{1} \neq n_{1}^{\prime}} N_{4}^{-3} N_{5}^{-9} N_{3}^{6} N_{2}^{3} N_{4} \sum_{n_{4}, n_{5}^{\prime}} \sum_{S_{\left(n_{1}, n_{1}^{\prime}, n_{4}, n_{5}^{\prime}, \zeta\right)}}\left|k_{n}^{\tilde{C}}\right|^{2}| | \tilde{n}_{n^{\prime}}^{\tilde{C}^{2}}\right|^{2}\left|\bar{a}_{n_{3}}\right|^{2}\left|a_{n_{3}^{\prime}}\right|^{2} \\
& \lesssim N_{4}^{-3} N_{5}^{-9} N_{3}^{6} N_{2}^{3} N_{4} \sum_{n, n^{\prime}, n_{3}, n_{3}^{\prime}}\left|S_{\left(n, n^{\prime}, n_{3}, n_{3}^{\prime}, \zeta\right)}\right|\left|k_{n}^{\tilde{C}}\right|^{2}\left|k_{n^{\prime}}^{\tilde{C}}\right|^{2}\left|\bar{a}_{n_{3}}\right|^{2}\left|a_{n_{3}^{\prime}}\right|^{2} \\
& \lesssim \delta^{-4 \mu r} N_{4}^{-3} N_{5}^{-9} N_{3}^{6} N_{2}^{3} N_{4} N_{2}^{3} N_{5}^{5} N_{4}\left\|k_{n}^{\tilde{C}}\right\|_{\ell^{2}}^{2}\left\|k_{n^{\prime}}^{\tilde{C}}\right\|_{\ell^{2}}^{2}\left\|a_{n_{3}}\right\|_{\ell^{2}}^{2}\left\|a_{n_{3}^{\prime}}\right\|_{\ell^{2}}^{2} \\
& \lesssim \delta^{-4 \mu r} N_{4}^{-1} N_{5}^{-4} N_{3}^{6} N_{2}^{6}\left\|\chi_{\tilde{C}}(n) k_{n}\right\|_{\ell^{2}}^{2}\left\|\chi_{\tilde{C}}\left(n^{\prime}\right) k_{n^{\prime}}\right\|_{\ell^{2}}^{2}\left\|a_{n_{3}}\right\|_{\ell^{2}}^{2}\left\|a_{n_{3}^{\prime}}\right\|_{\ell^{2}}^{2},
\end{align*}
$$

where now

$$
S_{\left(n, n^{\prime}, n_{3}, n_{3}^{\prime}, \zeta\right)}:=\left\{\left(n_{1}, n_{1}^{\prime}, n_{2}, n_{4}, n_{5}^{\prime}, n_{5}\right) \text { satisfying } \mathscr{C}\right\}
$$

has cardinality less than or equal to $N_{2}^{3} N_{5}^{3} N_{4}$.
Thus

$$
\Delta \zeta M_{2} \lesssim \delta^{-4 \mu r} N_{5}^{2} N_{4}^{-\frac{1}{2}} N_{5}^{-2} N_{3}^{3} N_{2}^{3}\left\|\chi_{\tilde{C}}(n) k_{n}\right\|_{\ell^{2}}\left\|\chi_{\tilde{C}}\left(n^{\prime}\right) k_{n^{\prime}}\right\|_{\ell^{2}}\left\|a_{n_{3}}\right\|_{\ell^{2}}\left\|a_{n_{3}^{\prime}}\right\|_{\ell^{2}}
$$

whence after taking square root and normalizing we obtain in this case a bound of $N_{4}^{-\frac{5}{4}+\alpha} N_{5}^{2-2 s+\alpha}$ which suffices provided $s>1+\frac{\alpha}{2}$.
Case $\beta_{5}$ : In this case we have that $n_{4}=n_{5}^{\prime}$ while $n_{5} \neq n_{4}^{\prime}$ rendering (8.20) equal to

$$
\begin{equation*}
\sum_{n_{1} \neq n_{1}^{\prime}}\left|\sum_{S_{\left(n_{1}, n_{1}^{\prime}, \zeta\right)}} k_{n}^{\tilde{C}} k_{n^{\prime}}^{\tilde{C}} \bar{a}_{n_{3}} a_{n_{3}^{\prime}} \frac{\left|g_{n_{4}}(\omega)\right|^{2}}{\left|n_{4}\right|^{3}} \frac{g_{n_{4}^{\prime}}(\omega)}{\left|n_{4}^{\prime}\right|^{\frac{3}{2}}} \frac{\bar{g}_{n_{5}}(\omega)}{\left|n_{5}\right|^{\frac{3}{2}}}\right|^{2} . \tag{8.29}
\end{equation*}
$$

Once again, we proceed by defining the corresponding $\mathcal{Q}_{1}$ and $\mathcal{Q}_{2}$ terms bounding (8.29). We treat the estimate $\mathcal{Q}_{2}$ as in (8.26) in case $\beta_{3}$ but with the set

$$
S_{\left(n_{1}, n_{1}^{\prime}, n_{4}^{\prime}, n_{5}, \zeta\right)}:=\left\{\left(n, n^{\prime}, n_{2}, n_{4}, n_{3}, n_{3}^{\prime}\right) \text { satisfying } \mathscr{C}\right\}
$$

instead with cardinality, $\left|S_{\left(n_{1}, n_{1}^{\prime}, n_{4}^{\prime}, n_{5}, \zeta\right)}\right| \lesssim N_{3}^{6} N_{2}^{3} N_{4}$.
Then for $\omega$ outside a set of measure $e^{-\frac{1}{\delta^{r}}}$,

$$
\begin{align*}
\mathcal{Q}_{2} & \lesssim \delta^{-4 \mu r} \sum_{n_{1} \neq n_{1}^{\prime}} N_{4}^{-9} N_{5}^{-3} \sum_{n_{4}^{\prime} \neq n_{5}}\left[\sum_{S_{\left(n_{1}, n_{1}^{\prime}, n_{4}^{\prime}, n_{5}, \zeta\right)}} k_{n}^{\tilde{C}} k_{n^{\prime}}^{\tilde{C}} \bar{a}_{n_{3}} a_{n_{3}^{\prime}}\right]^{2}  \tag{8.30}\\
& \lesssim \delta^{-4 \mu r} \sum_{n_{1} \neq n_{1}^{\prime}} N_{4}^{-9} N_{5}^{-3} N_{3}^{6} N_{2}^{3} N_{4} \sum_{n_{4}^{\prime}, n_{5}} \sum_{S_{\left(n_{1}, n_{1}^{\prime}, n_{4}^{\prime}, n_{5}, \zeta\right)}}\left|k_{n}^{\tilde{C}}\right|^{2}\left|k_{n^{\prime}}^{\tilde{C}}\right|^{2}\left|\bar{a}_{n_{3}}\right|^{2}\left|a_{n_{3}^{\prime}}\right|^{2} \\
& \lesssim N_{4}^{-9} N_{5}^{-3} N_{3}^{6} N_{2}^{3} N_{4} \sum_{n, n^{\prime}, n_{3}, n_{3}^{\prime}}\left|S_{\left(n, n^{\prime}, n_{3}, n_{3}^{\prime}, \zeta\right)}\right|\left|k_{n}^{\tilde{C}}\right|^{2}\left|k_{n^{\prime}}^{\tilde{C}}\right|^{2}\left|\bar{a}_{n_{3}}\right|^{2}\left|a_{n_{3}^{\prime}}\right|^{2} \\
& \lesssim \delta^{-4 \mu r} N_{4}^{-9} N_{5}^{-3} N_{3}^{6} N_{2}^{3} N_{4} N_{2}^{3} N_{5}^{3} N_{4}^{2}\left\|k_{n}^{\tilde{C}}\right\|_{\ell^{2}}^{2}\left\|k_{n^{\prime}}^{\tilde{C}}\right\|_{\ell^{2}}^{2}\left\|a_{n_{3}}\right\|_{\ell^{2}}^{2}\left\|a_{n_{3}^{\prime}}\right\|_{\ell^{2}}^{2} \\
& \lesssim \delta^{-4 \mu r} N_{4}^{-6} N_{3}^{6} N_{2}^{6}\left\|\chi_{\tilde{C}}(n) k_{n}\right\|_{\ell^{2}}^{2}\left\|\chi_{\tilde{C}}\left(n^{\prime}\right) k_{n^{\prime}}\right\|_{\ell^{2}}^{2}\left\|a_{n_{3}}\right\|_{\ell^{2}}^{2}\left\|a_{n_{3}^{\prime}}^{2}\right\|_{\ell^{2}}^{2},
\end{align*}
$$

where now

$$
S_{\left(n, n^{\prime}, n_{3}, n_{3}^{\prime}, \zeta\right)}:=\left\{\left(n_{1}, n_{1}^{\prime}, n_{2}, n_{4}, n_{5}^{\prime}, n_{5}\right) \text { satisfying } \mathscr{C}\right\}
$$

has cardinality less than or equal to $N_{2}^{3} N_{5}^{3} N_{4}^{2}$.
Thus the contribution of $\Delta \zeta M_{2}$, is bounded by $N_{4}^{-1} N_{5}^{-2} N_{3}^{3} N_{2}^{3}$. After taking the square root and normalizing we obtain in this case a bound of $N_{4}^{-\frac{3}{2}+\alpha} N_{5}^{2-2 s+\alpha}$ which suffices provided $s>1+\frac{\alpha}{2}$.

Case $\beta_{6}$ : In this case we have that $n_{4}=n_{5}^{\prime}$ and that $n_{5}=n_{4}^{\prime}$ and (8.20) now has enough decay to use Lemma 3.7. We define

$$
S_{\left(n_{1}, n_{1}^{\prime}, \zeta\right)}:=\left\{\left(n, n^{\prime}, n_{2}, n_{3}, n_{3}^{\prime}, n_{4}, n_{4}^{\prime}\right) \text { satisfying } \mathscr{C}\right\}
$$

with cardinality $\left|S_{\left(n_{1}, n_{1}^{\prime}, \zeta\right)}\right| \lesssim N_{3}^{6} N_{2}^{3} N_{4}^{4}$ and proceed as follows for $\omega$ outside a set of measure $e^{-\frac{1}{\delta^{r}}}$ :

$$
\begin{align*}
& \sum_{n_{1} \neq n_{1}^{\prime}}\left|\sum_{S_{\left(n_{1}, n_{1}^{\prime}, \zeta\right)}} k_{n}^{\tilde{C}} k_{n^{\prime}}^{\tilde{C}} \bar{a}_{n_{3}} a_{n_{3}^{\prime}} \frac{\left|g_{n_{4}}(\omega)\right|^{2}}{\left|n_{4}\right|^{3}} \frac{\left|g_{n_{4}^{\prime}}(\omega)\right|^{2}}{\left|n_{4}^{\prime}\right|^{3}}\right|^{2}  \tag{8.31}\\
\lesssim & N_{4}^{-12+\varepsilon} \sum_{n_{1} \neq n_{1}^{\prime}}\left|S_{\left(n_{1}, n_{1}^{\prime}, \zeta\right)}\right| \sum_{S_{\left(n_{1}, n_{1}^{\prime}, \zeta\right)}}\left|k_{n}^{\tilde{C}}\right|^{2}\left|k_{n^{\prime}}^{\tilde{C}}\right|^{2}\left|\bar{a}_{n_{3}}\right|^{2}\left|a_{n_{3}^{\prime}}\right|^{2}, \\
\lesssim & N_{4}^{-12+\varepsilon} N_{3}^{6} N_{2}^{3} N_{4}^{4} N_{2}^{3} N_{4}^{4} \sum_{n, n^{\prime}, n_{3}, n_{3}^{\prime}}\left|S_{\left(n, n^{\prime}, n_{3}, n_{3}^{\prime}, \zeta\right)}\right|\left|k_{n}^{C}\right|^{\tilde{C}}\left|k_{n^{\prime}}^{\tilde{C}}\right|^{2}\left|\bar{a}_{n_{3}}\right|^{2}\left|a_{n_{3}^{\prime}}\right|^{2} \\
\lesssim & N_{4}^{-4+\varepsilon} N_{3}^{6} N_{2}^{6}\left\|\chi_{\tilde{C}}(n) k_{n}\right\|_{\ell^{2}}^{2}\left\|\chi_{\tilde{C}}\left(n^{\prime}\right) k_{n^{\prime}}\right\|_{\ell^{2}}^{2}\left\|a_{n_{3}}\right\|_{\ell^{2}}^{2}\left\|a_{n_{3}^{\prime}}\right\|_{\ell^{2}}^{2}, \tag{8.32}
\end{align*}
$$

where now to obtain (8.32) we have used that

$$
S_{\left(n, n^{\prime}, n_{3}, n_{3}^{\prime}, \zeta\right)}:=\left\{\left(n_{1}, n_{1}^{\prime}, n_{2}, n_{4}, n_{4}^{\prime}\right) \text { satisfying } \mathscr{C}\right\}
$$

has cardinality less than or equal to $N_{2}^{3} N_{4}^{4}$.
Thus the contribution of $\Delta \zeta M_{2}$, is bounded by $N_{4}^{\varepsilon} N_{3}^{3} N_{2}^{3}$. After taking the square root and normalizing we obtain in this case a bound of $N_{4}^{-1+\alpha+\varepsilon} N_{5}^{2-2 s+\alpha}$ which suffices provided $s>1+\frac{\alpha}{2}$.

Case $\beta_{7}$ : In this case we have that $n_{4}=n_{4}^{\prime}$ and that $n_{5}=n_{5}^{\prime}$ and once again (8.20) has enough decay to use Lemma 3.7. Define

$$
S_{\left(n_{1}, n_{1}^{\prime}, \zeta\right)}:=\left\{\left(n, n^{\prime}, n_{2}, n_{3}, n_{3}^{\prime}, n_{4}, n_{5}\right) \text { satisfying } \mathscr{C}\right\}
$$

with cardinality $\left|S_{\left(n_{1}, n_{1}^{\prime}, \zeta\right)}\right| \lesssim N_{3}^{6} N_{2}^{3} N_{5}^{3} N_{4}$ and proceed as follows for $\omega$ outside a set of measure $e^{-\frac{1}{\delta^{r}}}$ :

$$
\begin{align*}
& \sum_{n_{1} \neq n_{1}^{\prime}}\left|\sum_{S_{\left(n_{1}, n_{1}^{\prime}, \zeta\right)}} k_{n}^{\tilde{C}} k_{n^{\prime}}^{\tilde{C}} \bar{a}_{n_{3}} a_{n_{3}^{\prime}} \frac{\left|g_{n_{4}}(\omega)\right|^{2}}{\left|n_{4}\right|^{3}} \frac{\left|g_{n_{5}}(\omega)\right|^{2}}{\left|n_{5}\right|^{3}}\right|^{2}  \tag{8.33}\\
\lesssim & N_{4}^{-6+\varepsilon} N_{5}^{-6} \sum_{n_{1} \neq n_{1}^{\prime}}\left|S_{\left(n_{1}, n_{1}^{\prime}, \zeta\right)}\right| \sum_{S_{\left(n_{1}, n_{1}^{\prime}, \zeta\right)}}\left|k_{n}^{\tilde{C}}\right|^{2}\left|k_{n^{\prime}}^{\tilde{C}}\right|^{2}\left|\bar{a}_{n_{3}}\right|^{2}\left|a_{n_{3}^{\prime}}\right|^{2}, \\
\lesssim & N_{4}^{-6+\varepsilon} N_{5}^{-6} N_{3}^{6} N_{2}^{3} N_{5}^{3} N_{4} \sum_{n, n^{\prime}, n_{3}, n_{3}^{\prime}}\left|S_{\left(n, n^{\prime}, n_{3}, n_{3}^{\prime}, \zeta\right)}\right|\left|k_{n}^{\tilde{C}}\right|^{2}\left|k_{n^{\prime}}^{C}\right|^{2}\left|a_{n_{3}}\right|^{2}\left|a_{n_{3}^{\prime}}\right|^{2} \\
\lesssim & N_{4}^{-4+\varepsilon} N_{3}^{6} N_{2}^{6}\left\|\chi_{\tilde{C}}(n) k_{n}\right\|_{\ell^{2}}^{2}\left\|\chi_{\tilde{C}}\left(n^{\prime}\right) k_{n^{\prime}}\right\|_{\ell^{2}}^{2}\left\|a_{n_{3}}\right\|_{\ell^{2}}^{2}\left\|a_{n_{3}^{\prime}}\right\|_{\ell^{2}}^{2}, \tag{8.34}
\end{align*}
$$

where now to obtain (8.34) we have used that

$$
S_{\left(n, n^{\prime}, n_{3}, n_{3}^{\prime}, \zeta\right)}:=\left\{\left(n_{1}, n_{1}^{\prime}, n_{2}, n_{4}, n_{5}\right) \text { satisfying } \mathscr{C} \text { for fixed }\left(n, n^{\prime}, n_{3}, n_{3}^{\prime}, \zeta\right)\right\}
$$

has cardinality less than or equal to $N_{2}^{3} N_{5}^{3} N_{4}$.
Thus the contribution of $\Delta \zeta M_{2}$, is bounded by $N_{4}^{\varepsilon} N_{3}^{3} N_{2}^{3}$. After taking the square root and normalizing we obtain in this case a bound of $N_{4}^{-1+\alpha+\varepsilon} N_{5}^{2-2 s+\alpha}$ which suffices provided $s>1+\frac{\alpha}{2}$.

- Case c, ii) In this case we have that $N_{0} \sim N_{1} \geq N_{4} \geq N_{2} \geq N_{5} \geq N_{3}$. As in Case c) i) after duality, changing variables $\zeta:=m-\left|n_{1}\right|^{2}$ and cutting the window $N_{1}$ by cubes $C$ of sidelength $N_{4}$ we have to estimate expression (8.15). Since $\Delta \zeta \sim N_{4}^{2}$ we once again bound (8.15) by

$$
\left\|\chi_{C} a_{n_{1}}\right\|_{\ell^{2}}^{2}\|\gamma\|_{\ell_{\zeta}^{2}}^{2} N_{4}^{2} \sup _{\zeta} \sum_{n_{1} \in C}\left|\sigma_{n_{1}, n_{2}} \bar{a}_{n_{2}}\right|^{2} \leq N_{4}^{2}\left\|\chi_{C} a_{n_{1}}\right\|_{\ell^{2}}^{2}\|\gamma\|_{\ell_{\zeta}}^{2}\left\|a_{n_{2}}\right\|_{\ell^{2}}^{2} \sup _{\zeta}\left\|\mathcal{G} \mathcal{G}^{*}\right\|,
$$

where $\sigma_{n_{1}, n_{2}}$ is defined as in (8.16) and $\mathcal{G}$ denotes, as usual, the matrix of entries $\sigma_{n_{1}, n_{2}}$. Just as in Case c) i) we are then reduced to estimating $M_{1}$ and $M_{2}$ as defined (8.18).

To estimate $M_{1}$ we proceed just as in (8.19) to obtain for $\omega$ outside a set of measure $e^{-\frac{1}{\delta^{r}}}$ the same bound

$$
\begin{equation*}
M_{1} \lesssim \delta^{-2 \mu r} N_{4}^{-2} N_{2}^{3} N_{3}^{2}\left\|\chi_{\tilde{C}}(n) k_{n}\right\|_{\ell^{2}}^{2}\left\|a_{n_{3}}\right\|_{\ell^{2}}^{2} \tag{8.35}
\end{equation*}
$$

Hence $\Delta \zeta M_{1}$ is bounded once again by

$$
\delta^{-2 \mu r} N_{2}^{3} N_{3}^{2}\left\|\chi_{C} a_{n_{1}}\right\|_{\ell^{2}}^{2}\left\|a_{n_{2}}\right\|_{\ell^{2}}^{2}\left\|a_{n_{3}}\right\|_{\ell^{2}}^{2}\|\gamma\|_{\ell_{\zeta}^{2_{2}}}^{2}\left\|\chi_{\tilde{C}}(n) k_{n}\right\|_{\ell^{2}}^{2} .
$$

which after taking square root and normalizing gives in this case the bound $N_{4}^{-s+\frac{1}{2}+\alpha}$, which suffices provided $s>\frac{1}{2}+\alpha$.

The estimate for $M_{2}$ proceeds as in Case c) i) by analyzing cases $\beta_{1}-\beta_{7}$ as stated there, yielding the same bounds for $\Delta \zeta M_{2}$. We do not repeat the arguments but rather indicate the bound we obtain in each case after taking square root and normalizing since now $N_{2} \geq N_{5} \geq N_{3}$, so we need to trade the slower decay of the random term $\tilde{u}_{5}$ for the better regularity of the deterministic function $\tilde{u}_{2}$.
Case $\beta_{1}$ : In this case we have that the contribution of $\Delta \zeta M_{2}$ is bounded by $N_{3}^{3} N_{2}^{\frac{5}{2}}$. Taking square root and normalizing we now obtain the bound $N_{4}^{-1+\alpha} N_{2}^{\frac{5}{4}-s} N_{5}^{\frac{1}{2}-s+\alpha}$, which suffices provided $s>\frac{1}{2}+\alpha$ and $\alpha<1$.

Case $\beta_{2}$ and $\beta_{3}$ : In these cases we have that the contribution of $\Delta \zeta M_{2}$ is bounded by $N_{3}^{3} N_{2}^{3}$. Taking square root and normalizing we thus obtain the bound $N_{4}^{\frac{1}{2}-s+\alpha} N_{5}^{\frac{1}{2}-s+\alpha}$, which suffices provided $s>\frac{1}{2}+\alpha$.
Case $\beta_{4}$ : In this case we have that the contribution of $\Delta \zeta M_{2}$ is bounded by $N_{4}^{-\frac{1}{2}} N_{2}^{3} N_{3}^{3}$. Taking square root and normalizing gives the bound $N_{4}^{\frac{1}{4}-s+\alpha} N_{5}^{\frac{1}{2}-s+\alpha}$, which suffices provided $s>\frac{1}{2}+\alpha$.
Case $\beta_{5}$ : In this case we have that the contribution of $\Delta \zeta M_{2}$ is bounded by $N_{4}^{-1} N_{5}^{-2} N_{2}^{3} N_{3}^{3}$ which is smaller than the bound in Case $\beta_{4}$.
Case $\beta_{6}$ and Case $\beta_{7}$ : In this case we have that the contribution of $\Delta \zeta M_{2}$ is bounded by $N_{4}^{\varepsilon} N_{2}^{3} N_{3}^{3}$. After taking square root and normalizing we get the bound $N_{4}^{\frac{1}{2}-s+\alpha+\varepsilon} N_{5}^{\frac{1}{2}-s+\alpha}$, which once again suffices provided $s>\frac{1}{2}+\alpha$.

- Case c, iii) In this case we have that $N_{0} \sim N_{1} \geq N_{4} \geq N_{2} \geq N_{3} \geq N_{5}$. Since $\Delta \zeta M_{1}$ is bounded by

$$
\delta^{-2 \mu r} N_{2}^{3} N_{3}^{2}\left\|\chi_{C} a_{n_{1}}\right\|_{\ell^{2}}^{2}\left\|a_{n_{2}}\right\|_{\ell^{2}}^{2}\left\|a_{n_{3}}\right\|_{\ell^{2}}^{2}\|\gamma\|_{\ell_{\zeta}}^{2}\left\|\chi_{\tilde{C}}(n) k_{n}\right\|_{\ell^{2}}^{2},
$$

we have, after taking square root and normalizing the bound $N_{4}^{-s+\frac{1}{2}+\alpha}$ just as before. The latter suffices provided $s>\frac{1}{2}+\alpha$. For $M_{2}$, following the scheme presented above for Case $\mathbf{c}$, ii) we now have:
Case $\beta_{1}$ : Since the contribution of $\Delta \zeta M_{2}$ is bounded by $N_{3}^{3} N_{2}^{\frac{5}{2}}$, we obtain, after taking square root and normalizing, the bound $N_{4}^{\frac{7}{4}-2 s+\alpha}$ which suffices provided $s>\frac{7}{8}+\frac{\alpha}{2}$.
Case $\beta_{2}$ and $\beta_{3}$ : In these cases we have that the contribution of $\Delta \zeta M_{2}$ is bounded by $N_{3}^{3} N_{2}^{3}$. Taking square root and normalizing we thus obtain the bound $N_{4}^{2-2 s+\alpha}$, which suffices provided $s>1+\frac{\alpha}{2}$.
Case $\beta_{4}$ : In this case we have that the contribution of $\Delta \zeta M_{2}$ is bounded by $N_{4}^{-\frac{1}{2}} N_{2}^{3} N_{3}^{3}$ which is smaller than the bound in Cases $\beta_{2}, \beta_{3}$.
Case $\beta_{5}$ : In this case we have that the contribution of $\Delta \zeta M_{2}$ is bounded by $N_{4}^{-1} N_{5}^{-2} N_{2}^{3} N_{3}^{3}$ which is smaller than the bound in Case $\beta_{4}$.

Case $\beta_{6}$ and Case $\beta_{7}$ : In these cases we have that the contribution of $\Delta \zeta M_{2}$ is bounded by $N_{4}^{\varepsilon} N_{2}^{3} N_{3}^{3}$. After taking square root and normalizing we get the bound $N_{4}^{2-2 s+\alpha+\varepsilon}$, which once again suffices provided $s>1+\frac{\alpha}{2}$.

- Case c), iv), v), vi) $N_{1} \sim N_{0}$ and $N_{2} \geq N_{4}$ and Case d): $\quad N_{1} \sim N_{2} \geq N_{0}, N_{4}$

In this case we proceed as in Subsection 8.5.1. Assume $N_{0} \sim N_{1} \geq N_{2} \geq N_{4}$, Case d) having similar or better bounds. The estimates of the trilinear expressions will give after normalization

$$
N_{0}^{s} N_{1}^{-s} N_{2}^{-s+1} N_{3}^{1-s} N_{4}^{\alpha} N_{5}^{\alpha}
$$

and we assume that $s>1+\alpha$.
One also needs to estimate the terms in (8.7). Here we show how to estimate the term involving the random function at frequency $N_{4}$ in (8.9). We first observe that in order for
this term not to be zero it must be that $N_{4} \sim N_{0}$. Then for $v_{0}^{\omega}$ in (5.1), after normalization we have the bound

$$
\begin{aligned}
& N_{0}^{s} N_{1}^{-s} N_{2}^{-s} N_{3}^{-s} N_{4}^{-1+\alpha} N_{5}^{-1+\alpha} \\
\times & \left\|P_{N_{0}} P_{N_{4}} v_{0}^{\omega}\right\|_{L_{t}^{\infty} H_{x}^{1-\alpha}} N_{5}^{\frac{1}{4}}\left\|D^{1-\alpha}\left(P_{N_{0}} P_{N_{5}} v_{0}^{\omega}\right)\right\|_{L_{t}^{4} L_{x}^{4}} \prod_{j=1,2,3} N_{j}^{\frac{1}{4}}\left\|P_{N_{j}} u_{j}(x, t)\right\|_{U_{\Delta}^{4} H^{s}}
\end{aligned}
$$

The latter together with the Strichartz estimate (4.15) are enough to obtain the desired bound since for $\alpha<\frac{3}{4}$, we have:

$$
N_{0}^{s} N_{0}^{-s+\frac{1}{4}-1+\alpha} \sim N_{0}^{-\frac{3}{4}+\alpha}<1
$$

8.5.4. The $D D R R R$ Case. To estimate the expression in (8.5) we first observe that in terms of bars we need to estimate only the following cases: Case 1: $u_{1}, u_{3}, u_{5}$ are random, that is none of the random functions are conjugated, or Case 2: only one of these functions is conjugated, the other cases are obtained by conjugating the whole expression in (8.5). We will remark later on how the estimates change depending on these two Cases.

We now assume that the first three functions are random and the last two are deterministic. We also assume that $N_{1} \geq N_{2} \geq N_{3}$ and $N_{4} \geq N_{5}$. We then have the following subcases:

- Case a): $N_{4}=\max \left(N_{1}, N_{4}\right)$
- Case i) $N_{2} \leq N_{5} \leq N_{4}$
- Case ii) $N_{2} \leq N_{5} \leq N_{1} \leq N_{4}$
- Case iii) $N_{3} \leq N_{5} \leq N_{2} \leq N_{1} \leq N_{4}$
- Case iv) $N_{5} \leq N_{3} \leq N_{2} \leq N_{1} \leq N_{4}$
- Case b): $N_{1}=\max \left(N_{1}, N_{4}\right)$ and $N_{2} \geq N_{4}$
- Case i) $N_{3} \geq N_{4}$
- Case ii) $N_{5} \leq N_{3} \leq N_{4} \leq N_{2}$
- Case iii) $N_{3} \leq N_{5} \leq N_{4} \leq N_{2}$
- Case c): $N_{1}=\max \left(N_{1}, N_{4}\right)$ and $N_{4} \geq N_{2}$
- Case i) $N_{2} \leq N_{5} \leq N_{4} \leq N_{1}$
- Case ii) $N_{3} \leq N_{5} \leq N_{2} \leq N_{4} \leq N_{1}$
- Case iii) $N_{5} \leq N_{3} \leq N_{2} \leq N_{4} \leq N_{1}$

Case a), i): In this case we proceed as in Subsection 8.5.1. Assume for simplicity that $N_{0} \sim N_{4}$, the other cases are smoother. The estimates of the trilinear expressions will give after normalization

$$
N_{0}^{s} N_{4}^{-s} N_{5}^{-s+1} N_{3}^{\alpha} N_{2}^{\alpha} N_{1}^{\alpha}
$$

and we assume that $s>1+3 \alpha$. One also needs to estimate the terms in (8.7). Here we show how to estimate the factor involving the random term at frequency $N_{1}$ in (8.9). We have for $v_{0}^{\omega}$ in (5.1)

$$
\begin{equation*}
N_{0}^{s} N_{1}^{-1+\alpha} N_{2}^{-1+\alpha} N_{3}^{-1+\alpha}\left\|P_{N_{0}} P_{N_{3}} v_{0}^{\omega}\right\|_{L_{t}^{\infty} H_{x}^{1-\alpha}} \prod_{j=4,5} N_{j}^{\frac{1}{4}-s}\left\|P_{N_{j}} u_{j}(x, t)\right\|_{U_{\Delta}^{4} H^{s}} \tag{8.36}
\end{equation*}
$$

where we notice that $N_{1} \sim N_{0}$ otherwise the contribution would be null. This is enough to obtain the desired bound since

$$
N_{0}^{s} N_{0}^{-1+\alpha} N_{4}^{\frac{1}{4}-s} \sim N_{4}^{-\frac{3}{4}+\alpha}
$$

Also note that this case is not effected by conjugation hence it is the same both in Case 1 and Case 2.

Case a), ii). We also assume that $N_{4} \sim N_{0}$, this is the least favorable situation. We proceed by duality and a change of variables $\zeta=m \pm\left|n_{4}\right|^{2}$ as in the proof of Proposition 7.3 in particular see (7.15). We have to bound

$$
\begin{equation*}
\|\gamma\|_{\ell_{\zeta}^{2}}^{2}\left\|a_{n_{4}}\right\|_{\ell^{2}}^{2} \sum_{\substack{\left(\zeta, n_{4}\right) \in \mathbb{Z} \times \mathbb{Z}^{3}}}\left|\sum_{\substack{n= \pm n_{1} \pm n_{2} \pm n_{3} \pm n_{4} \pm n_{5}, n_{i}, n_{j}, n_{k}+n_{r}, n_{p} \\ \zeta= \pm\left|n_{1}\right|^{2} \pm\left|n_{2}\right|^{2} \pm\left|n_{3}\right|^{2} \pm\left|n_{5}\right|^{2}}} \frac{\tilde{g}_{n_{1}}(\omega)}{\left|n_{1}\right|^{\frac{3}{2}}} \frac{\tilde{g}_{n_{2}}(\omega)}{\left|n_{2}\right|^{\frac{3}{2}}} \frac{\tilde{g}_{n_{3}}(\omega)}{\left|n_{3}\right|^{\frac{3}{2}}} k_{n} \tilde{a}_{n_{5}}\right|^{2} . \tag{8.37}
\end{equation*}
$$

We now consider two cases:

- Case $A_{0}: n_{1}, n_{2}, n_{3}$ are all different from each other.
- Case $A_{1}$ : At least two of the frequencies $n_{1}, n_{2}, n_{3}$ are equal.

Case $A_{0}$ : We define the set

$$
S_{\left(\zeta, n_{4}, n_{1}, n_{2}, n_{3}\right)}=\left\{\begin{array}{ll} 
& n= \pm n_{1} \pm n_{2} \pm n_{3} \pm n_{4} \pm n_{5}, \\
\left(n, n_{5}\right): & n_{i}, n_{j}, n_{k} \neq n_{r}, n_{p} \\
\zeta= \pm\left|n_{1}\right|^{2} \pm\left|n_{2}\right|^{2} \pm\left|n_{3}\right|^{2} \pm\left|n_{5}\right|^{2}
\end{array}\right\}
$$

with $\left|S_{\left(\zeta, n_{4}, n_{1}, n_{2}, n_{3}\right)}\right| \lesssim N_{5}^{2}$ and we write
(8.37) $\lesssim\|\gamma\|_{\ell_{\zeta}^{2}}^{2}\left\|a_{n_{4}}\right\|_{\ell^{2}}^{2}$

$$
\sum_{\left(\zeta, n_{4}\right) \in \mathbb{Z} \times \mathbb{Z}^{3}} N_{1}^{-3} N_{2}^{-3} N_{3}^{-3}\left|\sum_{n_{1}, n_{2}, n_{3}} \tilde{g}_{n_{1}}(\omega) \tilde{g}_{n_{2}}(\omega) \tilde{g}_{n_{3}}(\omega) \sum_{S_{\left(\zeta, n_{4}, n_{1}, n_{2}, n_{3}\right)}} k_{n} \tilde{a}_{n_{5}}\right|^{2}
$$

By using Lemma 3.4 we can continue, for $\omega$ outside a set of measure $e^{-\frac{1}{\delta^{r}}}$, with

$$
\begin{aligned}
\lesssim & \delta^{-2 \mu r}\|\gamma\|_{\ell_{\zeta}^{2}}^{2}\left\|a_{n_{4}}\right\|_{\ell^{2}}^{2} \\
& \sum_{\left(\zeta, n_{4}\right) \in \mathbb{Z} \times \mathbb{Z}^{3}} N_{1}^{-3} N_{2}^{-3} N_{3}^{-3} \sum_{n_{1}, n_{2}, n_{3}} \sum_{S_{\left(\zeta, n_{4}, n_{1}, n_{2}, n_{3}\right)}}\left|S_{\left(\zeta, n_{4}, n_{1}, n_{2}, n_{3}\right)}\right|\left|k_{n}\right|^{2}\left|a_{n_{5}}\right|^{2} \\
\lesssim & \delta^{-2 \mu r}\|\gamma\|_{\ell_{\zeta}^{2}}^{2}\left\|a_{n_{4}}\right\|_{\ell^{2}}^{2} N_{1}^{-3} N_{2}^{-3} N_{3}^{-3} N_{5}^{2} \sum_{n, n_{5}}\left|k_{n}\right|^{2}\left|a_{n_{5}}\right|^{2}\left|S_{\left(n_{5}, n\right)}\right|
\end{aligned}
$$

where

$$
S_{\left(n, n_{5}\right)}=\left\{\begin{array}{ll} 
& n= \pm n_{1} \pm n_{2} \pm n_{3} \pm n_{4} \pm n_{5} \\
\left(\zeta, n_{4}, n_{1}, n_{2}, n_{3}\right): & n_{i}, n_{j}, n_{k} \neq n_{r}, n_{p} \\
& \zeta= \pm\left|n_{1}\right|^{2} \pm\left|n_{2}\right|^{2} \pm\left|n_{3}\right|^{2} \pm\left|n_{5}\right|^{2}
\end{array}\right\}
$$

and $\left|S_{\left(n, n_{5}\right)}\right| \lesssim N_{1}^{3} N_{2}^{3} N_{3}^{3}$, where we used that $\Delta \zeta \lesssim N_{1}^{2}$. Hence we can continue with

$$
\lesssim \delta^{-2 \mu r}\|\gamma\|_{\ell_{\zeta}^{2}}^{2}\left\|a_{n_{4}}\right\|_{\ell^{2}}^{2} N_{5}^{2}\left\|k_{n}\right\|_{\ell^{2}}^{2}\left\|a_{n_{5}}\right\|_{\ell^{2}}^{2}
$$

and after taking square root and normalizing we obtain the bound

$$
N_{5}^{1-s} N_{1}^{-1+\alpha} N_{2}^{-1+\alpha} N_{3}^{-1+\alpha} .
$$

We note that this case is the same both in Case 1 and Case 2.

Case $A_{1}$ : We first assume that only two frequencies are equal. The important remark is that we have removed the frequencies that would give rise to $\left|g_{n}(\omega)\right|^{2}$ so in (8.37) we would see either $\left(\tilde{g}_{n_{1}}\right)^{2}(\omega) \tilde{g}_{n_{3}}(\omega)$ or $\tilde{g}_{n_{1}}(\omega)\left(\tilde{g}_{n_{2}}\right)^{2}(\omega)$. In both cases we can still use Lemma 3.4 and proceed as above to obtain in fact better estimates since the cardinality of the sets involved are smaller due to the collapse of the frequencies that are equal.

If all three frequencies are equal, and this can happen only in Case 2, then we have that $N_{1} \sim N_{2} \sim N_{3}$ and

$$
\text { (8.37) } \lesssim\|\gamma\|_{\ell_{\zeta}^{2}}^{2}\left\|a_{n_{4}}\right\|_{\ell^{2}}^{2} \sum_{\left(\zeta, n_{4}\right) \in \mathbb{Z} \times \mathbb{Z}^{3}} N_{1}^{-12} \sum_{n_{3}}\left|g_{n_{3}}(\omega)\right|^{3}\left|\sum_{S_{\left(\zeta, n_{4}, n_{3}\right)}} k_{n} \tilde{a}_{n_{5}}\right|^{2}
$$

where

$$
S_{\left(\zeta, n_{4}, n_{3}\right)}=\left\{\left(n, n_{5}\right): \begin{array}{l}
n= \pm 3 n_{3} \pm n_{4} \pm n_{5}, \\
\zeta= \pm 3\left|n_{3}\right|^{2} \pm\left|n_{5}\right|^{2}
\end{array}\right\}
$$

Then by using Lemma 3.7 we can continue, for $\omega$ outside a set of measure $e^{-\frac{1}{\delta^{r}}}$, with

$$
\lesssim\|\gamma\|_{\ell_{\zeta}^{2}}^{2}\left\|a_{n_{4}}\right\|_{\ell^{2}}^{2} \sum_{\left(\zeta, n_{4}\right) \in \mathbb{Z} \times \mathbb{Z}^{3}} N_{1}^{-12+\varepsilon} \sum_{S_{\left(\zeta, n_{4}\right)}}\left|k_{n}\right|^{2}\left|a_{n_{5}}\right|^{2}\left|S_{\left(\zeta, n_{4}\right)}\right|,
$$

where

$$
S_{\left(\zeta, n_{4}\right)}=\left\{\left(n, n_{3}, n_{5}\right): \begin{array}{l}
n= \pm 3 n_{3} \pm n_{4} \pm n_{5}, \\
\zeta= \pm 3\left|n_{3}\right|^{2} \pm\left|n_{5}\right|^{2}
\end{array}\right\}
$$

with $\left|S_{\left(\zeta, n_{4}\right)}\right| \lesssim N_{5}^{2} N_{3}$, and we continue with

$$
\lesssim\|\gamma\|_{\ell_{\zeta}^{2}}^{2}\left\|a_{n_{4}}\right\|_{\ell^{2}}^{2} N_{1}^{-12+\varepsilon} N_{5}^{2} N_{3} \sum_{n, n_{5}}\left|k_{n}\right|^{2}\left|a_{n_{5}}\right|^{2}\left|S_{\left(n, n_{5}\right)}\right|,
$$

where

$$
S_{\left(n, n_{5}\right)}=\left\{\left(\zeta, n, n_{3}, n_{4}\right): \begin{array}{l}
n= \pm 3 n_{3} \pm n_{4} \pm n_{5}, \\
\zeta= \pm 3\left|n_{3}\right|^{2} \pm\left|n_{5}\right|^{2}
\end{array}\right\}
$$

with $\left|S_{\left(n, n_{5}\right)}\right| \lesssim N_{3}^{3}$. We obtain the bound $N_{1}^{-6+\varepsilon}$ which clearly suffices without any further restriction when we take square root and normalize.

We now observe that Cases a) iii) and iv) can be analyzed just like Cases a) i) since $N_{4}$ and $N_{1}$ are still the top frequencies and the order of the rest is not relevant.

Case b), i) We assume first that $N_{1} \sim N_{0}$. We cut the frequency windows $N_{0}$ and $N_{1}$ by cubes $C$ of sidelength $N_{2}$. After using Cauchy-Schwarz we need to estimate

$$
\begin{equation*}
\sum_{m \in \mathbb{Z}, n \in C}\left|\sum_{n_{1}, n_{2}, n_{3} ; n_{1} \in C} \tilde{g}_{n_{1}}(\omega) \tilde{g}_{n_{2}}(\omega) \tilde{g}_{n_{3}}(\omega)\left[\sum_{S_{\left(m, n, n_{1}, n_{2}, n_{3}\right)}} \frac{1}{\left|n_{1}\right|^{\frac{3}{2}}} \frac{1}{\left|n_{2}\right|^{\frac{3}{2}}} \frac{1}{\left|n_{3}\right|^{\frac{3}{2}}} \tilde{n}_{n_{5}} \tilde{a}_{n_{4}}\right]\right|^{2} \tag{8.38}
\end{equation*}
$$

where
$S_{\left(m, n, n_{1}, n_{2}, n_{3}\right)}=\left\{\left(n_{4}, n_{5}\right): \begin{array}{l}n= \pm n_{1} \pm n_{2} \pm n_{3} \pm n_{4} \pm n_{5}, \\ n_{i}, n_{j}, n_{k} \neq n_{r}, n_{p}, m= \pm\left|n_{1}\right|^{2} \pm\left|n_{2}\right|^{2} \pm\left|n_{3}\right|^{2} \pm\left|n_{5}\right|^{2} \pm\left|n_{4}\right|^{2}\end{array}\right\}$,
with $\left|S_{\left(m, n, n_{1}, n_{2}, n_{3}\right)}\right| \lesssim N_{5}^{2}$. We now consider two cases:

- Case $A_{0}: n_{1}, n_{2}, n_{3}$ are all different from each other.
- Case $A_{1}$ : At least two of the frequencies $n_{1}, n_{2}, n_{3}$ are equal.

Case $A_{0}$ : We use Lemma 3.4 and, for $\omega$ outside a set of measure $e^{-\frac{1}{\delta^{r}}}$, we have

$$
\begin{aligned}
(8.38) & \lesssim \delta^{-2 \mu r} \sum_{m \in \mathbb{Z}, n \in C} \sum_{n_{1}, n_{2}, n_{3} ;}\left[\sum_{n_{1} \in C} \sum_{S_{\left(m, n, n_{1}, n_{2}, n_{3}\right)}} \frac{1}{\left|n_{1}\right|^{\frac{3}{2}}} \frac{1}{\left|n_{2}\right|^{\frac{3}{2}}} \frac{1}{\left|n_{3}\right|^{\frac{3}{2}}} \tilde{a}_{n_{5}} \tilde{a}_{n_{4}}\right]^{2} \\
& \lesssim \delta^{-2 \mu r} N_{1}^{-3} N_{2}^{-3} N_{3}^{-3} \sum_{m \in \mathbb{Z}, n \in C} \sum_{S_{(m, n)}} \# S_{\left(m, n, n_{1}, n_{2}, n_{3}\right)}\left|a_{n_{5}}\right|^{2}\left|a_{n_{4}}\right|^{2} \\
& \lesssim \delta^{-2 \mu r} N_{1}^{-3} N_{2}^{-3} N_{3}^{-3} N_{5}^{2} \sum_{n_{4}, n_{5}}\left|a_{n_{5}}\right|^{2}\left|a_{n_{4}}\right|^{2}\left|S_{\left(n_{4}, n_{5}\right)}\right|
\end{aligned}
$$

where

$$
S_{\left(n_{4}, n_{5}\right)}=\left\{\left(m, n, n_{1}, n_{2}, n_{3}\right): \begin{array}{l}
n= \pm n_{1} \pm n_{2} \pm n_{3} \pm n_{4} \pm n_{5} \\
m= \pm\left|n_{1}\right|^{2} \pm\left|n_{2}\right|^{2} \pm\left|n_{3}\right|^{2} \pm\left|n_{5}\right|^{2} \pm\left|n_{4}\right|^{2}
\end{array}\right\}
$$

with $\left|S_{\left(n_{4}, n_{5}\right)}\right| \lesssim N_{1} N_{2} N_{1} N_{2}^{3} N_{3}^{3}$, which finally gives

$$
(8.38) \lesssim \delta^{-2 \mu r} N_{1}^{-1} N_{2}\left\|a_{n_{5}}\right\|_{\ell^{2}}^{2}\left\|a_{n_{4}}\right\|_{\ell^{2}}^{2} .
$$

By taking square root and normalizing we require that

$$
N_{0}^{s} N_{1}^{-\frac{3}{2}+\alpha} N_{2}^{-\frac{1}{2}+\alpha} N_{3}^{-1+\alpha} N_{4}^{-s} N_{5}^{-s} \lesssim N_{1}^{-\beta}
$$

and this follows from assuming $s<\frac{3}{2}-\alpha$.
Case $A_{1}$ : We proceed just like in the same case for Case a), ii). Here we only work out the details for the case when all frequencies are equal, again this can happen only in Case 2. We have that $N_{1} \sim N_{2} \sim N_{3}$ and

$$
\left.\left.(8.38) ~ \lesssim \quad \sum_{(m, n) \in \mathbb{Z} \times \mathbb{Z}^{3}} N_{1}^{-12}\left|\sum_{n_{3}}\right| g_{n_{3}}(\omega)\right|^{3} \sum_{S_{\left(m, n, n_{3}\right)}} \tilde{a}_{n_{4}} \tilde{a}_{n_{5}}\right|^{2}
$$

where

$$
S_{\left(m, n, n_{3}\right)}=\left\{\left(n_{4}, n_{5}\right): \begin{array}{l}
n= \pm 3 n_{3} \pm n_{4} \pm n_{5}, \\
m= \pm 3\left|n_{3}\right|^{2} \pm\left|n_{4}\right|^{2} \pm\left|n_{5}\right|^{2}
\end{array}\right\}
$$

Then by using Lemma 3.7, for $\omega$ outside a set of measure $e^{-\frac{1}{\delta^{r}}}$, we can continue with

$$
\lesssim \sum_{(m, n) \in \mathbb{Z} \times \mathbb{Z}^{3}} N_{1}^{-12+\varepsilon} \sum_{S_{(m, n)}}\left|a_{n_{4}}\right|^{2}\left|a_{n_{5}}\right|^{2}\left|S_{(m, n)}\right|
$$

where

$$
S_{(m, n)}=\left\{\left(n_{3}, n_{4}, n_{5}\right): \begin{array}{l}
n= \pm 3 n_{3} \pm n_{4} \pm n_{5}, \\
m= \pm 3\left|n_{3}\right|^{2} \pm\left|n_{4}\right|^{2} \pm\left|n_{5}\right|^{2}
\end{array}\right\}
$$

with $\left|S_{(m, n)}\right| \lesssim N_{5}^{2} N_{3}$, and we continue with

$$
\lesssim N_{1}^{-12+\varepsilon} N_{5}^{2} N_{3} \sum_{n_{4}, n_{5}}\left|a_{n_{4}}\right|^{2}\left|a_{n_{5}}\right|^{2}\left|S_{\left(n_{4}, n_{5}\right)}\right|,
$$

where

$$
S_{\left(n_{4}, n_{5}\right)}=\left\{\left(m, n, n_{3}\right): \begin{array}{l}
n= \pm 3 n_{3} \pm n_{4} \pm n_{5}, \\
m= \pm 3\left|n_{3}\right|^{2} \pm\left|n_{4}\right|^{2} \pm\left|n_{5}\right|^{2}
\end{array}\right\}
$$

with $\left|S_{\left(n_{4}, n_{5}\right)}\right| \lesssim N_{1}^{2} N_{3}$. We obtain the bound $N_{1}^{-6+\varepsilon}$ which clearly suffices without any further restriction when we take square root and normalize.

Now assume that $N_{1} \sim N_{2}$. Here we do not need to cut with cubes $C$, but the argument and the estimates are similar as the ones we just analyzed.

Case b), ii), iii): These cases are estimated just like the case we just analyzed since the two highest frequencies are still $N_{1}$ and $N_{2}$ and the order of the others is not relevant.

Case c), i): Assume first $N_{0} \sim N_{1}$. This case is handled like Case b) i) above. Here we cut with cubes $C$ of sidelength $N_{4}$. This gives in particular that $\Delta m \lesssim N_{1} N_{4}$.
Case $A_{0}$ : Just like in Case b) i) we have, for $\omega$ outside a set of measure $e^{-\frac{1}{\delta^{r}}}$, that

$$
\text { (8.38) } \lesssim \delta^{-2 \mu r} N_{1}^{-3} N_{2}^{-3} N_{3}^{-3} N_{5}^{2} \sum_{n_{4}, n_{5}}\left|a_{n_{5}}\right|^{2}\left|a_{n_{4}}\right|^{2}\left|S_{\left(n_{4}, n_{5}\right)}\right|
$$

where now $\left|S_{\left(n_{4}, n_{5}\right)}\right| \lesssim N_{1} N_{4} N_{1} N_{2}^{3} N_{3}^{3}$, since $\Delta m \lesssim N_{1} N_{4}$. This finally gives

$$
(8.38) \lesssim \delta^{-2 \mu r} N_{1}^{-1} N_{4}\left\|a_{n_{5}}\right\|_{\ell^{2}}^{2}\left\|a_{n_{4}}\right\|_{\ell^{2}}^{2} .
$$

By taking square root and normalizing we require that

$$
N_{0}^{s} N_{1}^{-\frac{3}{2}+\alpha} N_{2}^{-1+\alpha} N_{3}^{-1+\alpha} N_{4}^{-s+\frac{1}{2}} N_{5}^{-s} \lesssim N_{1}^{-\beta}
$$

and this follows from assuming again $s<\frac{3}{2}-\alpha$.
Case $A_{1}$ : This is like the same case for Case b) i).
Case c), i): Now assume $N_{4} \sim N_{1}$. Here we do not need to cut and the same estimates as the ones we just presented hold.

Case c), ii), iii): These cases are estimated just like the case we just analyzed since the two highest frequencies are still $N_{1}$ and $N_{4}$ and the order of the others is not relevant.
8.5.5. The DRRRR Case. To estimate the expression in (8.5) we assume without any loss of generality that $u_{5}$ is the deterministic function and it is not conjugated. By CauchySchwarz and and Proposition 4.8 we are reduced to estimate

$$
\begin{equation*}
\sum_{m \in \mathbb{Z}, n \in C} \left\lvert\, \sum_{\substack{n_{1}, n_{2}, n_{3}, n_{4} \\ n_{1}, n_{3} \neq n_{2}, n_{4}}}\left[\sum _ { \substack { n _ { 5 } = - n _ { 1 } + n _ { 2 } - n _ { 3 } + n _ { 4 } - n , \\ n _ { 5 } \neq n _ { 2 } , n _ { 4 } \\ m = | n _ { 1 } | ^ { 2 } - | n _ { 2 } | ^ { 2 } + | n _ { 3 } | ^ { 2 } - | n _ { 4 } | ^ { 2 } + | n _ { 5 } | ^ { 2 } } } a _ { n _ { 5 } } \left[\left.\frac{g_{n_{1}}(\omega)}{\left|n_{1}\right|^{\frac{3}{2}}} \frac{\bar{g}_{n_{2}}(\omega)}{\left|n_{2}\right|^{\frac{3}{2}}} \frac{g_{n_{3}}(\omega)}{\left|n_{3}\right|^{\frac{3}{2}}} \frac{\bar{g}_{n_{4}}(\omega)}{\left|n_{4}\right|^{\frac{3}{2}}}\right|^{2},\right.\right.\right. \tag{8.39}
\end{equation*}
$$

where we have assumed that $\widehat{u_{5}}\left(n_{5}, t\right)=e^{i t\left|n_{5}\right|^{2}} a_{n_{5}}$ and $C$ is a cube of sidelength to be determined later.

Since we have removed the frequencies $n_{1}, n_{3}=n_{2}$ or $n_{1}, n_{3}=n_{4}$, which would give rise to terms of the form $\left|g_{i}(\omega)\right|^{2}$, we can invoke Lemma 3.4 and proceed by further considering the following subcases. For $i, j \in\{1,2,3,4\}$,

- Case a): There exists $j$ such that $N_{0} \sim N_{j}, N_{5} \lesssim N_{j}$.
- Case b): There exist $j \neq i$ such that $N_{i} \sim N_{j}$ and $N_{5}, N_{0} \lesssim N_{i}$.
- Case c): $N_{0} \sim N_{5}$ and $N_{j} \lesssim N_{5}$.
- Case d): There exist $j \neq i$ such that $N_{5} \sim N_{j}$ and $N_{0}, N_{i} \lesssim N_{j}$.

Case a): Assume $N_{k}, k \in\{1,2,3,4,5\}, k \neq j$ is the second largest frequency. Then let $C$ be of sidelength $N_{k}$ and let

$$
S_{\left(n, m, n_{1}, n_{2}, n_{3}, n_{4}\right)}=\left\{\begin{array}{l}
n_{5}=-n_{1}+n_{2}-n_{3}+n_{4}-n \\
n_{5}: \\
n_{5} \neq n_{2}, n_{4}, n_{j} \in C \\
m=\left|n_{1}\right|^{2}-\left|n_{2}\right|^{2}+\left|n_{3}\right|^{2}-\left|n_{4}\right|^{2}+\left|n_{5}\right|^{2}
\end{array}\right\}
$$

By Lemma 3.4, for $\omega$ outside a set of measure $e^{-\frac{1}{\delta^{r}}}$, we have

$$
\begin{aligned}
(18.39) & \lesssim \delta^{-2 \mu r} \sum_{m \in \mathbb{Z}, n \in C} N_{1}^{-3} N_{2}^{-3} N_{3}^{-3} N_{4}^{-3} \sum_{n_{1}, n_{2}, n_{3}, n_{4}}\left|\sum_{S_{\left(n, m, n_{1}, n_{2}, n_{3}, n_{4}\right)}} a_{n_{5}}\right|^{2} \\
& \lesssim \delta^{-2 \mu r} \sum_{m \in \mathbb{Z}, n \in C} N_{1}^{-3} N_{2}^{-3} N_{3}^{-3} N_{4}^{-3} \sum_{S_{(n, m)}}\left|a_{n_{5}}\right|^{2}
\end{aligned}
$$

where

$$
S_{(n, m)}=\left\{\begin{aligned}
& n=n_{1}-n_{2}+n_{3}-n_{4}+n_{5} \\
\left(n_{1}, n_{2}, n_{3}, n_{4}, n_{5}\right): & n_{j} \in C \\
& m=\left|n_{1}\right|^{2}-\left|n_{2}\right|^{2}+\left|n_{3}\right|^{2}-\left|n_{4}\right|^{2}+\left|n_{5}\right|^{2}
\end{aligned}\right\} .
$$

We now define the set

$$
S_{\left(n_{5}\right)}=\left\{\left(m, n, n_{1}, n_{2}, n_{3}, n_{4}\right): \begin{array}{ll} 
& n=n_{1}-n_{2}+n_{3}-n_{4}+n_{5} \\
& n_{j} \in C \\
& m=\left|n_{1}\right|^{2}-\left|n_{2}\right|^{2}+\left|n_{3}\right|^{2}-\left|n_{4}\right|^{2}+\left|n_{5}\right|^{2}
\end{array}\right\}
$$

where $\left|S_{\left(n_{5}\right)}\right| \lesssim N_{j}^{2} N_{k}^{4} N_{p}^{3} N_{q}^{3}$. Then we continue with

$$
(8.39) \lesssim \delta^{-2 \mu r} N_{1}^{-3} N_{2}^{-3} N_{3}^{-3} N_{4}^{-3} \sum_{n_{5}}\left|a_{n_{5}}\right|^{2}\left|S_{\left(n_{5}\right)}\right| \lesssim \delta^{-2 \mu r} N_{j}^{-1} N_{k}\left\|a_{n_{5}}\right\|_{\ell^{2}}^{2}
$$

By taking square root and normalizing we obtain the bound $N_{j}^{s+\alpha-\frac{3}{2}} N_{k}^{-\frac{1}{2}+\alpha}$ which entails $s+\alpha<\frac{3}{2}$ and $\alpha<\frac{1}{2}$.

Case b): We go back to (8.39) and we let $C$ be of its natural sidelength $N_{0}$. We then repeat the argument above with the role of $N_{k}$ played by $N_{j}$ and we count the set

$$
S_{\left(n_{5}\right)}=\left\{\left(m, n, n_{1}, n_{2}, n_{3}, n_{4}\right): \begin{array}{l}
n=n_{1}-n_{2}+n_{3}-n_{4}+n_{5} \\
m=\left|n_{1}\right|^{2}-\left|n_{2}\right|^{2}+\left|n_{3}\right|^{2}-\left|n_{4}\right|^{2}+\left|n_{5}\right|^{2}
\end{array}\right\}
$$

where $\left|S_{\left(n_{5}\right)}\right| \lesssim N_{j}^{3} N_{i}^{3} N_{p}^{3} N_{q}^{3}$. By taking square root and normalizing we obtain the bound $N_{j}^{s+2 \alpha-2}$ which entails $s+2 \alpha<2$.

Case c): We proceed as in Case b) of Subsection 8.5.2. More precisely by duality and a change of variables $\zeta=m-\left|n_{5}\right|^{2}$ as in the proof of Proposition 7.3 in particular see (7.15). Here we let $C$ be of its natural sidelength $N_{0}$. Let also $N_{k}$, where $N_{k}, k \in\{1, \ldots, 4\}$ be the
second largest frequency. We have to bound

$$
\begin{equation*}
\|\gamma\|_{\ell_{\zeta}}^{2}\left\|\chi_{C} a_{n_{5}}\right\|_{\ell^{2}}^{2} \sum_{\left(\zeta, n_{5}\right) \in \mathbb{Z} \times \mathbb{Z}^{3}}\left|\sum_{\substack{n=n_{5}-n_{2}+n_{3}-n_{4}+n_{1}, n_{1}, n_{3}, n_{5} \neq n_{2}, n_{4} \\ \zeta=\left|n_{1}\right|^{2}-\left|n_{2}\right|^{2}+\left|n_{3}\right|^{2}-\left|n_{4}\right|^{2}}} \chi_{C}(n) k_{n} \frac{g_{n_{1}}(\omega)}{\left|n_{1}\right|^{\frac{3}{2}}} \frac{g_{n_{2}}(\omega)}{\left|n_{2}\right|^{\frac{3}{2}}} \frac{g_{n_{3}}(\omega)}{\left|n_{3}\right|^{\frac{3}{2}}} \frac{\bar{g}_{n_{4}}(\omega)}{\left|n_{4}\right|^{\frac{3}{2}}}\right|^{2} . \tag{8.40}
\end{equation*}
$$

We proceed again as above where now we have to replace $S_{\left(n_{5}\right)}$ by

$$
S_{(n)}=\left\{\left(\zeta, n_{1}, n_{2}, n_{3}, n_{4}, n_{5}\right): \begin{array}{l}
n=n_{1}-n_{2}+n_{3}-n_{4}+n_{5} \\
\zeta=\left|n_{1}\right|^{2}-\left|n_{2}\right|^{2}+\left|n_{3}\right|^{2}-\left|n_{4}\right|^{2}
\end{array}\right\}
$$

where $\left|S_{(n)}\right| \lesssim N_{k}^{3} N_{i}^{3} N_{p}^{3} N_{q}^{3}$, where we used that $\Delta \zeta \lesssim N_{k}^{2}$. By taking square root and normalizing we obtain the bound $N_{k}^{\alpha-1}$.

Case d): This case is analogous to Case c).
8.5.6. The all random $R \bar{R} R \bar{R} R$ Case. Since we have removed the frequencies $n_{1}, n_{3}=n_{2}$ or $n_{1}, n_{3}=n_{4}$, which would give rise to terms of the form $\left|g_{i}(\omega)\right|^{2}$, we can invoke Lemma 3.4 and proceed to estimate the expression in (8.5) by further considering the following two subcases, Case a): $N_{0} \sim N_{i}$ for some $i=1, \ldots, 5$ and Case b): $N_{i} \sim N_{j}$ for $i, j \neq 0$.
Case a): Let $N_{j}$ be the second largest frequency size after $N_{i}$. We cut the window $N_{0}$ with cubes $C$ of sidelength $N_{j}$. By Cauchy-Schwarz and Plancherel we estimate

By Lemma 3.4 we have that, for $\omega$ outside a set of measure $e^{-\frac{1}{\delta^{r}}}$,

$$
\begin{aligned}
\text { (8.41) } & \lesssim \delta^{-2 \mu r} \sum_{\substack{m \in \mathbb{Z}, n \in \mathbb{Z}^{3}}} \sum_{\substack{n=n_{1}-n_{2}+n_{3}-n_{4}+n_{5}, n_{1}, n_{3}, n_{5} \neq n_{2}, n_{4}, n_{i} \in C \\
m=\left|n_{1}\right|^{2}-\left|n_{2}\right|^{2}+\left|n_{3}\right|^{2}-\left|n_{4}\right|^{2}+\left|n_{5}\right|^{2}}} \frac{1}{\left|n_{1}\right|^{3}} \frac{1}{\left|n_{2}\right|^{3}} \frac{1}{\left|n_{3}\right|^{3}} \frac{1}{\left|n_{4}\right|^{3}} \frac{1}{\left|n_{5}\right|^{3}} \\
& \lesssim \delta^{-2 \mu r}|S| \prod_{k=1}^{5} N_{k}^{-3} \lesssim N_{i}^{-1} N_{j}
\end{aligned}
$$

where

$$
S=\left\{\left(m, n, n_{1}, \ldots, n_{5}\right): \begin{array}{l}
n=n_{1}-n_{2}+n_{3}-n_{4}+n_{5}, n_{i} \in C \\
m=\left|n_{1}\right|^{2}-\left|n_{2}\right|^{2}+\left|n_{3}\right|^{2}-\left|n_{4}\right|^{2}+\left|n_{5}\right|^{2}
\end{array}\right\}
$$

and $|S| \lesssim N_{i}^{2} N_{j}^{4} \prod_{k \neq i, j, 0} N_{k}^{3}$. Taking square root and normalizing we obtain the bound

$$
N_{i}^{s+\alpha-\frac{3}{2}} N_{j}^{-\frac{1}{2}+\alpha} \prod_{k \neq i, j, 0} N_{k}^{-1+\alpha}
$$

which suffices provided $s+\alpha<\frac{3}{2}$ and $\alpha<\frac{1}{2}$.

Case b): This is like Case a), but now we do not need to cut the support of the window $N_{0}$ by $N_{j}$.
8.5.7. The $U_{\Delta}^{4} L^{2}$ Estimates. Assume that $N_{i}$ are dyadic numbers and without loss of generality that $N_{1} \geq N_{2} \geq \cdots \geq N_{5}$. We start by rewriting

$$
\begin{aligned}
& \int_{0}^{2 \pi} \int_{\mathbb{T}^{3}} D^{s}\left(\mathcal{N}\left(P_{N_{i}}\left(w+v_{0}^{\omega}\right)\right)\right) \overline{P_{N_{0}} h} d x d t=\int_{0}^{2 \pi} \int_{\mathbb{T}^{3}} D^{s}\left(\mathcal{N}\left(P_{N_{i}} w\right)\right) \overline{P_{N_{0}} h} d x d t \\
+ & \int_{0}^{2 \pi} \int_{\mathbb{T}^{3}} D^{s}\left(\mathcal{N}\left(P_{N_{i}} v_{0}^{\omega}\right)\right) \overline{P_{N_{0}} h} d x d t \\
+ & \int_{0}^{2 \pi} \int_{\mathbb{T}^{3}} D^{s}\left(\mathcal{N}\left(P_{N_{i}} w, P_{N_{i}} v_{0}^{\omega}\right)\right) \overline{P_{N_{0}} h} d x d t, \\
= & \mathcal{T}_{1}+\mathcal{T}_{2}+\mathcal{T}_{3},
\end{aligned}
$$

where in the term $\mathcal{T}_{3}$ we include all the nonlinear expressions with both random and deterministic terms. Our goal is to obtain an estimate for the first and last term with the $U_{\Delta}^{4} L^{2}$ norms of $w$ in the right hand side possibly paying the prize of $N_{2}^{\gamma}$, with $\gamma>0$. Then using the interpolation Proposition 4.9, we combine this estimate with the ones involving the norms $U_{\Delta}^{2} L^{2}$ in previous sections and the embeddings (4.5) and (4.7) to finally conclude the proof of Proposition 5.2.

Clearly we do not need to estimate $\mathcal{T}_{2}$ that involves purely random terms. For the other two we have

$$
\mathcal{T}_{1}+\mathcal{T}_{3} \lesssim\left[\left\|\mathcal{N}\left(P_{N_{i}} w\right)\right\|_{L_{t}^{4} L_{x}^{2}}+\left\|\mathcal{N}\left(P_{N_{i}} w, P_{N_{i}} v_{0}^{\omega}\right)\right\|_{L_{t}^{4} L_{x}^{2}}\right]\left\|P_{N_{0}} h\right\|_{L_{t}^{\infty} L_{x}^{2}}
$$

and from (2.9), we a certain abuse of notation,

$$
\begin{aligned}
& \left\|\mathcal{N}\left(P_{N_{i}} w\right)\right\|_{L_{t}^{4} L_{x}^{2}}+\left\|\mathcal{N}\left(P_{N_{i}} w, P_{N_{i}} v_{0}^{\omega}\right)\right\|_{L_{t}^{4} L_{x}^{2}} \\
\lesssim & \sum_{i=1}^{9}\left\|\mathcal{F}^{-1} J_{i}(w)\right\|_{L_{t}^{4} L_{x}^{2}}+\sum_{j=1}^{9}\left\|\mathcal{F}^{-1} J_{i}\left(P_{N_{i}} w, P_{N_{i}} v_{0}^{\omega}\right)\right\|_{L_{t}^{4} L_{x}^{2}} \\
= & \sum_{i=1}^{9}\left(\mathcal{S}_{1}^{i}+\mathcal{S}_{2}^{i}\right)
\end{aligned}
$$

where $J_{i}\left(w, v_{0}^{\omega}\right)$ indicates that the functions involved could be both $w$ and $v_{0}^{\omega}$. To estimate $\mathcal{S}_{1}^{i}$ and $\mathcal{S}_{2}^{i}$ we use the transfer principle in Proposition 4.8 and we assume that $\hat{w}(t, n)=$ $e^{i t|n|^{2}} b_{n}(t)$. Below we write $a_{n_{j}}^{j}$ to indicate $b_{n}$ or the Fourier coefficients of $v_{0}^{\omega}$ or their conjugates. Now define

$$
\Phi_{i}(n, t):=\left|\sum_{\substack{n=\sum_{i=1}^{5} \pm n_{i}, n_{i} \sim N_{i}, W_{i}\left(n_{1}, n_{2}, n_{3}, n_{4}, n_{5}\right)}} a_{n_{1}}^{1} e^{ \pm i t\left|n_{1}\right|^{2}} a_{n_{2}}^{2} e^{ \pm i t\left|n_{2}\right|^{2}} a_{n_{3}}^{3} e^{ \pm i t\left|n_{3}\right|^{2}} a_{n_{4}}^{4} e^{ \pm i t\left|n_{4}\right|^{2}} a_{n_{5}}^{5} e^{ \pm i t\left|n_{5}\right|^{2}}\right|^{2},
$$

where $W_{i}\left(n_{1}, n_{2}, n_{3}, n_{4}, n_{5}\right)$ indicates the constraints among the five frequencies in $J_{i}$. Then for $i=1, \ldots, 9$ and $k=1,2$

$$
\left(\mathcal{S}_{k}^{i}\right)^{2} \lesssim \sup _{t \in[0,2 \pi]} \sum_{n} \Phi_{i}(n, t) \lesssim \sup _{t \in[0,2 \pi]} \sum_{n}\left|\sum_{S_{(n)}}\right| a_{n_{1}}^{1}| | a_{n_{2}}^{2}\left\|a_{n_{3}}^{3}\right\| a_{n_{4}}^{4} \| a_{n_{5}}^{5}| |^{2}
$$

where

$$
S_{(n)}=\left\{\left(n_{1}, n_{2}, n_{3}, n_{4}, n_{5}\right): \sum_{j=1}^{5} \pm n_{j}, n_{j} \sim N_{j}\right\}
$$

Assume now that $N_{1}$, the highest frequency, is such that $N_{1} \sim N_{0}$, which is in fact the least favorable situation. Then $\left|S_{(n)}\right| \lesssim N_{2}^{3} N_{3}^{3} N_{4}^{3} N_{5}^{3}$ and by Cauchy-Schwarz

$$
\begin{equation*}
\left|\sum_{S_{(n)}}\right| a_{n_{1}}^{1}| | a_{n_{2}}^{2}\left\|a_{n_{3}}^{3}\right\| a_{n_{4}}^{4}\left\|a_{n_{5}}^{5}| |^{2} \lesssim N_{2}^{3} N_{3}^{3} N_{4}^{3} N_{5}^{3}\right\| a_{n_{1}}^{1}\left\|_{\ell^{2}}^{2} \prod_{j=2}^{5}\right\| a_{n_{j}}^{j} \|_{\ell^{2}}^{2} \tag{8.42}
\end{equation*}
$$

We then have

$$
\begin{equation*}
\mathcal{S}_{1}^{i} \lesssim N_{2}^{6-4 s}\left\|P_{N_{1}} w\right\|_{U_{\Delta}^{4} H^{s}} \prod_{j=2}^{5}\left\|P_{N_{j}} w\right\|_{U_{\Delta}^{4} H^{s}} \tag{8.43}
\end{equation*}
$$

We observe that a similar estimate holds for $\mathcal{S}_{2}^{i}$ when the function associated to frequency $N_{1}$ is also deterministic. In fact in this case we have

$$
\begin{equation*}
\mathcal{S}_{2}^{i} \lesssim N_{2}^{2+4 \alpha}\left\|P_{N_{1}} w\right\|_{U_{\Delta}^{4} H^{s}} \prod_{j \notin J, j \neq 1}\left\|P_{N_{j}} w\right\|_{U_{\Delta}^{4} H^{s}} \tag{8.44}
\end{equation*}
$$

Finally if the function associated to frequency $N_{1}$ is random, then we have

$$
\begin{equation*}
\mathcal{S}_{2}^{i} \lesssim N_{1}^{s-1+\alpha} N_{2}^{2+4 \alpha} \prod_{j \notin J}\left\|P_{N_{j}} w\right\|_{U_{\Delta}^{4} H^{s}} \tag{8.45}
\end{equation*}
$$

We conclude by using the interpolation Proposition 4.9, Note here that in both (8.43) and (8.44) the interpolation at most introduces a factor of $N_{2}^{\varepsilon}$ which can be easily absorbed by the negative power of $N_{2}$ in the estimates involving norms $U_{\Delta}^{2} L^{2}$, see previous subsections. On the other hand (8.45) and interpolation introduce a factor $N_{1}^{\varepsilon}$. But this too can be absorbed thanks to the presence of a negative power of $N_{1}$ in the estimates involving norms $U_{\Delta}^{2} L^{2}$ in those cases in which the highest frequency is associated to a random function.

This concludes the proof of Proposition 5.2.

## 9. Proof of Proposition 5.3

Proof of Proposition 5.3. We first show an improved version of Proposition 5.2, that is we show that if $r>0$ is small enough then there exists $\theta>0$ such that for $\omega \in \Omega_{\delta}$ we have: if $N_{1} \gg N_{0}$ or $P_{N_{1}} w=P_{N_{1}} v_{0}^{\omega}$

$$
\begin{align*}
& \left|\int_{0}^{2 \pi} \int_{\mathbb{T}^{3}} D^{s}\left(\psi_{\delta}(t) \mathcal{N}\left(P_{N_{i}}\left(w+v_{0}^{\omega}\right)\right)\right) \overline{P_{N_{0}} h} d x d t\right|  \tag{9.1}\\
& \quad \lesssim \delta^{\theta} N_{1}^{-\varepsilon}\left\|P_{N_{0}} h\right\|_{Y^{-s}}\left(1+\prod_{i \notin J}\left\|\psi_{\delta} P_{N_{i}} w\right\|_{X^{s}}\right),
\end{align*}
$$

and if $N_{1} \sim N_{0}$ and $P_{N_{1}} w \neq P_{N_{1}} v_{0}^{\omega}$

$$
\begin{align*}
& \left|\int_{0}^{2 \pi} \int_{\mathbb{T}^{3}} D^{s}\left(\psi_{\delta}(t) \mathcal{N}\left(P_{N_{i}}\left(w+v_{0}^{\omega}\right)\right)\right) \overline{P_{N_{0}} h} d x d t\right|  \tag{9.2}\\
\lesssim & \delta^{\theta} N_{2}^{-\varepsilon}\left\|P_{N_{0}} h\right\|_{Y^{-s}}\left\|\psi_{\delta} P_{N_{1}} w\right\|_{X^{s}}\left(1+\prod_{i \notin J, i \neq 1}\left\|\psi_{\delta} P_{N_{i}} w\right\|_{X^{s}}\right),
\end{align*}
$$

for some small $\varepsilon>0$.
To prove (9.1) and (9.2) we first observe that in the proof of Proposition 5.2, in particular the estimates involving the terms $J_{2}, \ldots, J_{7}$ in (5.3), we always have the factor $\left\|P_{N_{0}} h\right\|_{L_{t}^{2} L_{x}^{2}}$ in the right hand side. We can then replace this by

$$
\begin{equation*}
\left\|\psi_{\delta}(t) P_{N_{0}} h\right\|_{L_{t}^{2} L_{x}^{2}} \lesssim \delta^{\frac{1}{2}}\left\|\psi_{\delta}(t) P_{N_{0}} h\right\|_{L_{t}^{\infty} L_{x}^{2}} \lesssim \delta^{\frac{1}{2}}\left\|\psi_{\delta}(t) P_{N_{0}} h\right\|_{Y^{0}} \tag{9.3}
\end{equation*}
$$

where we used (4.7) and obtain the proof of Proposition 5.3 for the nonlinear terms involving $J_{2}, \ldots, J_{7}$.

To estimate the term involving $J_{1}$ we go back to Subsections 8.5.1-8.5.6, We recall that except when the top frequencies, say $N_{1}$ and $N_{2}$, are associated to two deterministic functions, also in this case we have $\left\|P_{N_{0}} h\right\|_{L_{t}^{2} L_{x}^{2}}$ in the right hand side and (9.3) can be used again.

We are then reduced to estimating the term involving $J_{1}$ where the top frequencies $N_{1}$ and $N_{2}$ are associated to two deterministic functions. So we consider

$$
\begin{equation*}
\mid \int_{0}^{2 \pi} \int_{\mathbb{T}^{3}} \mathcal{F}_{-1} J_{1}\left(\psi_{\delta}(t) P_{N_{i}}\left(u_{i}\right) \psi_{\delta}(t) \overline{P_{N_{0}} h} d x d t \mid\right. \tag{9.4}
\end{equation*}
$$

where without loss of generality $N_{1} \geq N_{2} \geq N_{3} \geq N_{4} \geq N_{5}$ and $u_{1}$ and $u_{2}$ are deterministic functions while $u_{N_{i}}, i=3,4,5$ represents either $w$ or $v_{0}^{\omega}$. We consider two cases:

- Case 1: $\delta^{-\sigma}>N_{2}$
- Case 2: $\delta^{-\sigma} \leq N_{2}$
where $\sigma>0$ will be determined later.
Case 1: We observe that the estimate of (9.4) can be reduced to analyzing an expression such as

$$
\begin{equation*}
\left|\int_{0}^{\delta} \int_{\mathbb{T}^{3}} \tilde{u}_{N_{1}} \tilde{u}_{N_{2}} \tilde{u}_{N_{3}} \tilde{u}_{N_{4}} \tilde{u}_{N_{5}} \tilde{h}_{N_{0}} d x d t\right| \tag{9.5}
\end{equation*}
$$

where $u_{N_{i}}$ are as above. In fact to obtain the full product as in (9.5) one needs to put back some frequencies, and hence some terms, see for example (8.7) in Subsection 8.5.1. But these terms are similar to those involved in $J_{2}, \ldots, J_{7}$ and again the gain on $\delta$ is garanteed by (9.3).

We then go back to (9.5) and we further assume that $N_{1} \sim N_{0}$, which is the least favorable situation. We cut the frequency window $N_{0}$, and hence $N_{1}$, with respect to cubes $C$ of sidelength $N_{2}$ and we obtain the bound

$$
\begin{aligned}
& \left|\int_{0}^{\delta} \int_{\mathbb{T}^{3}} \tilde{u}_{N_{1}} \tilde{u}_{N_{2}} \tilde{u}_{N_{3}} \tilde{u}_{N_{4}} \tilde{u}_{N_{5}} \tilde{h}_{N_{0}} d x d t\right|^{2} \lesssim \delta \sum_{C}\left\|P_{C} \tilde{u}_{N_{1}}\right\|_{L_{t}^{12} L_{x}^{12}}^{2}\left\|P_{C} \tilde{h}_{N_{0}}\right\|_{L_{t}^{12} L_{x}^{12}}^{2} \\
\times & \left\|\tilde{u}_{N_{2}}\right\|_{L_{t}^{12} L_{x}^{12}}^{2}\left\|\tilde{u}_{N_{3}}\right\|_{L_{t}^{12} L_{x}^{12}}^{2}\left\|\tilde{u}_{N_{4}}\right\|_{L_{t}^{12} L_{x}^{12}}^{2}\left\|\tilde{u}_{N_{5}}\right\|_{L_{t}^{12} L_{x}^{12}}^{2}
\end{aligned}
$$

and from (4.15), (4.16) and (4.17) we can continue with

$$
\begin{equation*}
\lesssim \delta N_{2}^{m(\alpha, s)} \sum_{C}\left\|P_{C} u_{N_{1}}\right\|_{U_{\Delta}^{12} L^{2}}^{2}\left\|P_{C} h_{N_{0}}\right\|_{U_{\Delta}^{12} L^{2}}^{2} \prod_{i \notin J, i \neq 1}\left\|u_{N_{i}}\right\|_{U_{\Delta}^{12} L^{2}}^{2}, \tag{9.6}
\end{equation*}
$$

where $J \subset\{2,3,4,5\}$ is the set of indices corresponding to random linear solutions. Then normalizing, interpolating through Proposition 4.9, and using the embedding (4.7) combined with (4.6), we have

$$
\begin{aligned}
& \left|\int_{0}^{\delta} \int_{\mathbb{T}^{3}} \tilde{u}_{N_{1}} \tilde{u}_{N_{2}} \tilde{u}_{N_{3}} \tilde{u}_{N_{4}} \tilde{u}_{N_{5}} \tilde{h}_{N_{0}} d x d t\right| \\
\lesssim & \delta^{\frac{1}{2}} N_{2}^{m(\alpha, s)}\left\|P_{N_{0}} h\right\|_{Y^{-s}}\left\|\psi_{\delta} P_{N_{1}} w\right\|_{X^{s}}\left(1+\prod_{i \notin J, i \neq 1}\left\|\psi_{\delta} P_{N_{i}} w\right\|_{X^{s}}\right) \\
\lesssim & \delta^{\frac{1}{3}}\left\|P_{N_{0}} h\right\|_{Y^{-s}}\left\|\psi_{\delta} P_{N_{1}} w\right\|_{X^{s}} N_{2}^{-\varepsilon}\left(1+\prod_{i \notin J, i \neq 1}\left\|\psi_{\delta} P_{N_{i}} w\right\|_{X^{s}}\right)
\end{aligned}
$$

if we take $\sigma<\frac{1}{100 m(\alpha, s)}$.
Case 2: Here we go back to (5.4) and (5.5). We recall that $P_{N_{1}} u_{1}$ is deterministic and again we assume that $N_{1} \sim N_{0}$, the other cases can be treated similarly. Then we use (5.4) and we have

$$
\begin{aligned}
& \mid \int_{0}^{2 \pi} \int_{\mathbb{T}^{3}} \mathcal{F}_{-1} J_{1}\left(\psi_{\delta}(t) P_{N_{i}}\left(u_{i}\right) \psi_{\delta}(t) \overline{P_{N_{0}} h} d x d t \mid\right. \\
\lesssim & \delta^{\gamma} \delta^{-\gamma-\mu r} N_{2}^{-\rho(\alpha, s)}\left\|P_{N_{0}} h\right\|_{Y^{-s}}\left\|\psi_{\delta} P_{N_{1}} w\right\|_{X^{s}} \prod_{i \notin J, i \neq 1}\left\|\psi_{\delta} P_{N_{i}} w\right\|_{X^{s}} \\
\lesssim & \delta^{\gamma} N_{2}^{-\varepsilon}\left\|P_{N_{0}} h\right\|_{Y^{-s}}\left\|\psi_{\delta} P_{N_{1}} w\right\|_{X^{s}}\left(1+\prod_{i \notin J, i \neq 1}\left\|\psi_{\delta} P_{N_{i}} w\right\|_{X^{s}}\right)
\end{aligned}
$$

provided $\sigma \geq \frac{\gamma+\mu r}{\rho(\alpha, s)}$ which is satisfied for $\gamma, r$ small enough.
To finish the proof we now need to sum the dyadic blocks just as in 23. In (9.1) we have enough decay in the highest frequency $N_{1}$ that we can use Cauchy-Schwarz in all the smaller frequencies terms and just pay with a $N_{1}^{-\frac{\varepsilon}{2}}$. In (9.2) instead we use CauchySchwarz for the lower frequencies $N_{5}, \ldots N_{3}$ and pay with a $N_{2}^{-\frac{\varepsilon}{2}}$ that can be absorbed and use Cauchy-Schwarz on $N_{0} \sim N_{1}$.

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[^1]:    $1_{\text {i.e. for Cauchy data in }} H^{s}\left(\mathbb{T}^{3}\right), s<s_{c}=1$ for the quintic NLS in $3 D$
    ${ }^{2}$ See Brydges and Slade 9 for a study of invariant measures associated to the $2 D$ focussing cubic NLS.
    ${ }^{3}$ a.s for data in $H^{-\beta}\left(\mathbb{T}^{2}\right), \beta>0$

