

SUPPLEMENTAL DATA

Table S1. Herbal remedies provided (Olodren® - Gefaldiet Service srl, Italia)

Herbal extracts	Dosage (mg)
<i>Equisetum</i>	700
<i>Hawthorn</i>	400
<i>Milk thistle</i>	240
<i>Nettle</i>	500
<i>Orthosiphon</i>	500
<i>Wakame</i>	200