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Anticoagulation for cerebral venous sinus thrombosis (Review)

Coutinho J, de Bruijn SFTM, deVeber G, Stam J

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[Intervention Review]

Anticoagulation for cerebral venous sinus thrombosis

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ABSTRACT

Background

Treatment of cerebral venous sinus thrombosis with anticoagulants has been controversial. Anticoagulants may prevent new venous infarcts, neurologic deterioration and pulmonary embolism but may also promote haemorrhages.

Objectives

To assess the effectiveness and safety of anticoagulant therapy in patients with confirmed cerebral venous sinus thrombosis.

Search methods

We searched the Cochrane Stroke Group Trials Register (last searched August 2010), MEDLINE (1950 to August 2010), EMBASE (1980 to August 2010) and the Cochrane Central Register of Controlled Trials (*The Cochrane Library*, 2011 Issue 1). In an effort to identify further published, unpublished and ongoing trials we searched ongoing trials registers and reference lists of relevant articles, and contacted authors.

Selection criteria

Unconfounded randomised controlled trials in which anticoagulant therapy was compared with placebo or open control in patients with cerebral venous sinus thrombosis (confirmed by intra-arterial contrast, or venography with magnetic resonance, or venography with computed tomography imaging).

Data collection and analysis

Two review authors independently extracted outcomes for each of the two treatment groups (anticoagulant treatment and control). The outcome data for each patient were analysed in the treatment group to which the patient was originally allocated (intention-to-treat analysis). We calculated a weighted estimate of the treatment effects across trials (relative risk, absolute risk reduction).

Main results

We included two small trials involving 79 patients. One trial (20 patients) examined the efficacy of intravenous, adjusted dose unfractionated heparin. The other trial (59 patients) examined high dose, body weight adjusted, subcutaneous, low-molecular weight heparin (nadroparin). Anticoagulant therapy was associated with a pooled relative risk of death of 0.33 (95% confidence interval (CI) 0.08 to 1.21) and of death or dependency of 0.46 (95% CI 0.16 to 1.31). The absolute reduction in the risk of death or dependency was 13% (95% CI 30% to -3%). No new symptomatic intracerebral haemorrhages were observed. One major gastro-intestinal haemorrhage occurred after anticoagulant treatment. Two control patients (placebo) had a diagnosis of probable pulmonary embolism (one fatal).



Authors' conclusions

Based upon the limited evidence available, anticoagulant treatment for cerebral venous sinus thrombosis appeared to be safe and was associated with a potentially important reduction in the risk of death or dependency which did not reach statistical significance.

PLAIN LANGUAGE SUMMARY

Anticoagulation for cerebral venous sinus thrombosis

Blood thinning (anticoagulant) drugs may be beneficial for patients with clotting of the veins that surround the brain (sinus thrombosis). Sinus thrombosis is a rare condition where blood clots form in the veins that drain blood from the brain. However, anticoagulant drugs, which are often used to treat sinus thrombosis, carry a risk of bleeding. We only found two small trials involving 79 patients; the results of the review suggested that anticoagulant drugs are probably safe and may be beneficial for people with sinus thrombosis but these results are not conclusive.



BACKGROUND

Cerebral venous sinus thrombosis (CVST) is a rare condition, with a highly variable clinical presentation and prognosis. The estimated incidence is about 2 to 4 per million people per year. A study in children less than 18 years old found a higher incidence of 6.7 per million per year (deVeber 2001). Symptoms and signs include headache, focal or generalised seizures, and neurologic deficits or coma (Bousser 2007; Stam 2005). Intracranial pressure is often elevated due to a diminished absorption of cerebrospinal fluid. This may cause papilloedema and, rarely, visual impairment. Obstruction of the venous drainage may cause local cerebral oedema and venous infarcts, which occur in approximately half of all patients (Ferro 2004). Venous infarcts are often haemorrhagic and may transform into large and possibly lethal cerebral haemorrhages. On the other hand, many patients have a benign course, with mainly signs of increased intracranial pressure but without neurologic impairment.

Treatment of CVST with anticoagulants has been controversial. Anticoagulant drugs are expected to arrest the thrombotic process and may prevent thrombus propagation, new venous infarcts and neurologic deterioration in patients with CVST. In addition, anticoagulants may prevent pulmonary embolism that can occur in these patients (Diaz 1992). Anticoagulation may also promote intracerebral haemorrhages (ICH), by causing haemorrhagic transformation of venous infarcts, although welldocumented cases of such events are rare (Bousser 1997). In addition, anticoagulants always carry a risk of extracerebral haemorrhage (van Dongen 2004).

Several uncontrolled case series suggested that the neurological outcome after cerebral venous sinus thrombosis could be improved with heparin therapy, without an increase in haemorrhagic complications (Ameri 1992; Bousser 1985; Ferro 2001; Villringer 1994). One report described neurologic deterioration after anticoagulant treatment for sinus thrombosis in two patients (Gettelfinger 1977), but these examples have been criticised: one patient received urokinase in addition to heparin, and the other developed CVST while on prophylactic subcutaneous heparin (Bousser 1997). In a large case series from Portugal, new intracranial haemorrhages developed in four of the 112 (3.6%) patients treated with anticoagulants, and in two of 30 (6.7%) patients who did not receive anticoagulants (Ferro 2001). Einhaupl 1991 reported three new ICHs in an uncontrolled series of 56 patients (5.4%) treated with dose-adjusted intravenous heparin. Nevertheless, both studies reported that outcome was better for patients treated with anticoagulants.

In the early 1990s the first small randomised trials were set up to resolve the above-mentioned therapeutic dilemma. This Cochrane Review aimed to combine the results of all randomised trials that compared anticoagulant treatment for CVST with control treatment without anticoagulants and that met pre-defined criteria.

OBJECTIVES

To review the best available evidence regarding the efficacy and safety of anticoagulant therapy in patients with CVST. We tested the following hypotheses among patients with confirmed CVST (thrombosis of at least one intracranial venous sinus or cerebral vein).

- 1. Treatment with therapeutic doses of unfractionated heparin, low-molecular-weight heparin, or coumarin(s) is associated with a reduced risk of being dead or dependent a few months after the onset of CVST.
- 2. Treatment with therapeutic doses of unfractionated heparin, low-molecular-weight heparin, or coumarin(s) is not associated with an increase in symptomatic intra-cranial or severe extracranial haemorrhages that may offset a treatment benefit.

METHODS

Criteria for considering studies for this review

Types of studies

We included all unconfounded randomised trials in which anticoagulant therapy was compared with placebo or open control in patients with confirmed CVST. In addition, we included studies that compared different anticoagulant regimens. We also sought open trials and non-blinded trials. If we found such trials, we planned to do sensitivity analyses, first including and then excluding them, to determine the effect on the results. We excluded trials in which allocation to treatment or control group was not truly random or where allocation was not adequately concealed.

Types of participants

We selected trials that included patients with thrombosis of one or more intracranial venous sinuses documented by magnetic resonance imaging (MRI), computed tomography (CT) venography, or conventional angiography. We included trials that included patients with CVST and intracranial haemorrhage documented prior to anticoagulant treatment. We excluded trials that included patients diagnosed by CT scan alone, without CT-venography.

Types of interventions

We included all randomised controlled trials that compared the effects of anticoagulant therapy with placebo or open control on neurological outcome and death in patients with CVST. This included all anticoagulant regimens that aimed at a therapeutic level of anticoagulation, such as parenteral therapy with unfractionated heparin, low-molecular-weight heparin, heparinoids, or oral therapy with coumarin(s), or combinations, for at least three days. We also included studies which compared different types of heparin. We excluded trials which tested lowdose prophylactic anticoagulant regimens, antiplatelet agents, thrombolytic therapy, or defibrinogenating agents.

Types of outcome measures

We extracted the following outcomes of interest for each treatment group.

Primary outcome measures

- 1. Death from any cause at the end of the scheduled trial follow-up.
- 2. Death or dependency (needing help with activities of daily living) at the end of the scheduled trial follow-up.

Secondary outcome measures

- 1. Pulmonary embolism (diagnosed during life or at autopsy) within the scheduled treatment or follow-up period.
- 2. Symptomatic fatal or non-fatal intracranial haemorrhage, defined as any new intracranial haemorrhage or haemorrhagic

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transformation of a cerebral infarct that developed after randomisation, that was documented by CT or MRI scanning, or at autopsy, and that caused clinically manifest neurologic deterioration.

3. Major extracranial haemorrhage, defined as any bleeding that required transfusion or significant surgical intervention, or that caused permanent disabling deficit (e.g. intra-ocular bleeding causing blindness).

Search methods for identification of studies

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See the 'Specialized register' section in the Cochrane Stroke Group module.

We searched the Cochrane Stroke Group Trials Register, which was last searched by the Managing Editor on 6 August 2010. In addition, we searched MEDLINE (1950 to August 2010) (Appendix 1), EMBASE (1980 to August 2010) (Appendix 2) and the Cochrane Central Register of Controlled Trials (*The Cochrane Library* 2011, Issue 1) (Appendix 3). We developed the search strategies in collaboration with the Cochrane Stroke Group Trials Search Co-ordinator.

In an effort to identify further published, unpublished and ongoing trials we:

- 1. searched the following clinical trials registers (August 2010):
 - a. ClinicalTrials.gov (www.clinicaltrials.gov);
 - b. Stroke Trials Registry (www.strokecenter.org/trials/);
 - c. WHO International Clinical Trials Registry Platform (ICTRP) (http://www.who.int/ictrp/search/en/);
- 2. searched the bibliographies of all references chosen for full manuscript review;
- 3. contacted authors who have published review articles, books, large case series or clinical trials in this topic.

We searched for trials in all languages and arranged translation of relevant articles published in languages other than English and Dutch.

Data collection and analysis

The review authors reviewed all titles obtained by the method outlined above. We discarded references obviously not relevant to the review question (primary study population not CVST, case reports, small descriptive case series). Two review authors (SFTM de B, JS) independently reviewed the abstracts of the remaining studies to establish whether they met the minimum selection criteria. We included abstracts classified by both review authors as 'accepted', or 'unsure' for further review. Abstracts rated by only one reviewer as either 'accepted', or 'unsure' were reviewed a second time by both and discrepancies resolved by discussion. Both review authors independently evaluated the full articles of the remaining references. Each review author rated each study as 'accepted', 'unsure' or 'rejected' based on the selection criteria. Where insufficient information was available, we tried to approach the authors for additional information.

For articles accepted into the review, two reviewers (SFTM de B, JS) independently extracted outcomes for each of the two treatment groups (anticoagulant treatment and control). We included the outcome data for each patient in the treatment group to which the patient was originally allocated (intention-to-treat analysis). We calculated a weighted estimate of the treatment effects across trials

(relative risk, absolute risk reduction) using RevMan 5.0 (RevMan 2008).

RESULTS

Description of studies

We identified a total of nine possibly relevant studies in the Cochrane Stroke Group Trials Register, 1717 references from the searches of MEDLINE and EMBASE and 103 references from the search of the Cochrane Central Register of Controlled Trials. From the results of these searches, we identified five potentially relevant studies (CVST Group 1999; Einhaupl 1991; Maiti 1997; Modi 2006; Nagaraja 1995). Four studies compared efficacy of heparin with control treatment (CVST Group 1999; Einhaupl 1991; Maiti 1997; Nagaraja 1995) and one study compared unfractionated heparin with low-molecular-weight heparin (Modi 2006). We did not find any studies that included paediatric patients and we did not identify any ongoing studies in the clinical trial registries.

Trials fulfilling the inclusion criteria

Einhaupl 1991 performed the first clinical trial of heparin in adult CVST patients. Sixty patients were planned to be included in a single centre trial (Germany), which was stopped after the inclusion of 20 patients (planned interim analysis). The diagnosis of CVST was made by intra-arterial contrast angiography. Patients with the usual contraindications for heparin were excluded. Treatment consisted of intravenous high-dose unfractionated heparin, 25,000 to 65,000 IU/day, after a bolus of 3000 IU, or placebo (saline infusion). The heparin dose was adjusted to obtain a partial thromboplastin time (PTT) value of at least twice the pre-treatment value, and maximally 120 seconds. The treating physician was not blinded but the patients and the physicians who assessed the outcomes were. The primary outcome was the clinical condition at three months after randomisation, assessed with a composite CVST severity scale, with items for headache, focal signs, seizures, and level of consciousness. Intracranial haemorrhage (ICH), diagnosed by one of two routine CT scans, was the secondary endpoint. After 10 patients in each treatment group were included the study was stopped because a statistically significant effect in favour of heparin was found, based upon scores on the CVST severity scale. Patients in both treatment groups were balanced for baseline variables, except with regard to the duration from onset of symptoms to the start of treatment, which was 33 days in the heparin group and 25 days in the placebo group.

In the placebo group, three patients died, six survived with a minor deficit and one recovered completely. In the heparin group, two patients had minor deficits and eight recovered completely. According to the CVST severity scale patients with a minor deficit may have slight to severe headaches, transient to mild paresis, or seizures. For the meta-analysis we considered all surviving patients with a minor deficit at three months as good outcomes (independent). There were two patients with new ICHs in the control group, and none in the heparin group. It is not clear whether these ICHs were symptomatic or only detected on the follow-up CT scans.

CVST Group 1999 included 60 adult patients in a multi-centre trial in the Netherlands and in the UK. The diagnosis of CVST was made by intra-arterial contrast angiography or by MRI and MR angiography. Patients with the usual contraindications, including recent lumbar

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puncture for heparin, were excluded. Treatment consisted of subcutaneous low-molecular-weight heparin (nadroparin) in a dose of 180 anti-factor Xa U/kg/24 hour or placebo, administered by two subcutaneous injections daily for three weeks. Patients, treating physicians, and assessors were blinded during the first three weeks. Patients allocated to nadroparin received followup treatment with warfarin (non-blinded) for 10 weeks (total duration of anticoagulant treatment 13 weeks). Primary outcomes were scores on the Barthel index (activities of daily living), and on a stroke handicap scale (The Oxford handicap scale), and death. Secondary endpoints were symptomatic ICH and severe extracranial haemorrhage. Assessments were done at three weeks (blind), and at 12 weeks (non-blinded). Sixty patients were randomised (30 in each treatment group). Patients in both treatment groups were balanced for baseline variables, except for isolated intracranial hypertension and CT/MRI infarcts (see below). One patient from the placebo group was withdrawn after randomisation (wrong diagnosis: arterial cerebral infarction). He was independent after three and 12 weeks.

After 12 weeks four of the 30 participants (13%) in the nadroparin group had a poor outcome, defined as death or dependence (Oxford handicap score 3 to 5). In the placebo group six of the 29 participants (21%) had a poor outcome. The open assessment showed essentially similar results to the blind assessment and is used in our meta-analysis. There were no symptomatic intracranial haemorrhagic complications. One patient in the nadroparin group had a major non-fatal gastrointestinal haemorrhage.

Excluded studies

A study from India randomised 57 women with puerperal CVST (Nagaraja 1995). We excluded this study because the diagnosis was not confirmed by our pre-defined criteria (angiography, MRI/ MRA or CT-venography) but by CT only. Patients with signs of cerebral haemorrhage on CT were excluded. Patients were initially treated with intravenous unfractionated heparin, 5000 IU every six hours, and then dose-adjusted to reach a PTT of 1.5 times the initial value. Details of the randomisation procedure, allocation concealment, and pre-defined outcome measures were not given in the published article. Assessment was non-blinded. Twenty-nine patients received heparin and 28 were controls. Two patients in the control group died, and one had a residual paresis at six months. In the heparin group all patients recovered.

A second study from India reported a randomised controlled trial of 40 patients (20 heparin, 20 placebo). This study has been published as an abstract only (Maiti 1997). According to the abstract, mortality was 15% in the heparin group and 40% in the placebo group. Details of diagnostic confirmation, the randomisation procedure, allocation concealment, and pre-defined outcome measures have not been published. In a personal communication, however, the lead author reported that CVT was not diagnosed by angiography, MRI/MRA or CT-venography in all patients. No placebo was given to the control group and the physicians were not blinded to the treatment allocation. Because of these methodological limitations and the fact that the full results have not been published in a peer-reviewed journal, we excluded the study from the analysis.

Studies awaiting classification

We also identified a single randomised controlled trial which compares unfractionated heparin with low-molecular-weight heparin in CVST (Modi 2006). The results of this study

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have been published as an abstract only. A total of 75 patients were randomised and there was no difference in clinical outcome between the groups at 90 days. Details of diagnostic confirmation, the randomisation procedure, allocation concealment, and outcome measures are not yet available. In a personal communication, one of the principal investigators has indicated that the complete results will be submitted to a peer-reviewed journal.

Risk of bias in included studies

CVST Group 1999 recruited patients from 15 hospitals in the Netherlands and the UK. Treatment allocation was concealed by using numbered packages containing prefilled syringes with nadroparin or identically appearing placebo. A computer program randomly allocated one of the numbered packages to each patient, according to a stratified block randomisation schedule, with strata for ICH on the pretreatment CT scan, and for chronic intracranial hypertension. A minimisation procedure was applied to allocate approximately equal amounts of control and placebo patients to the strata. An error in the randomisation program caused temporary imbalance, which was corrected during the second half of the trial. Patients and doctors were blinded during the first three weeks of placebo-controlled treatment and at the first assessment at three weeks. The success of blinding was not examined. Followup treatment and assessment at 12 weeks were non-blinded. One patient (on placebo) with a wrong diagnosis was withdrawn after randomisation. No patients were lost to follow-up. Baseline data were balanced (age, sex, treatment delay, number with Glasgow Coma Score < 8, seizures, focal deficits, number with ICH), except isolated intracranial hypertension (more in the placebo group) and infarcts on CT/MRI (more in the nadroparin group). Both factors were not significantly associated with outcome in univariate and multiple logistic regression analysis (de Bruijn 2001).

Einhaupl 1991 was a single centre study, performed in a large teaching hospital in Munich, Germany. Treatment allocation was concealed by using numbered sealed envelopes. Random assignment was done by a computer random number generator. The patients and the assessing physician were blinded. The treating physician who adjusted the heparin dosage was non-blinded. Placebo consisted of continuous saline infusion. The success of blinding was not examined. There were no withdrawals after randomisation and no patients lost to follow-up. All patients were included in the analysis. Baseline data were balanced (age, sex, Glasgow Coma Score, CVST severity scale, number with ICH), except for treatment delay.

Effects of interventions

We presented results as relative risks with 95% CI and as absolute risk differences or absolute risk reductions (ARR). Odds ratios are also provided.

Primary outcome measures

Death from any cause at the end of the scheduled trial follow-up

Anticoagulant treatment was associated with a relative risk of death of 0.33 (95% CI 0.08 to 1.21) (Analysis 1.1). The absolute reduction in the risk of death was -13% (95% CI -27% to 1%)



Death or dependency at the end of the scheduled trial follow-up period

In both trials, anticoagulant treatment was associated with a non-significantly reduced number of patients who were dead or dependent three months after the diagnosis of CVST. Einhaupl 1991 did not formally assess dependency. Three (out of 10) patients died in the control group, and none died in the heparin group. All patients treated with heparin recovered fully, one with mild residual symptoms. One of the seven surviving patients in the control group had a CVST severity score of 3, indicating severe headache or mild paresis. The others had better outcomes. We classified all surviving patients in the control group as independent. In CVST Group 1999 four of the 30 patients treated with nadroparin were dead (two patients) or dependent (two patients) after three months. In the control group there were four deaths and two patients were dependent. Meta-analysis showed a non-significant relative risk of 0.46 (95% CI 0.16 to 1.31) in death or dependency associated with anticoagulant therapy (Analysis 1.2). The absolute reduction in the risk of death or dependency at follow-up was -13% (95% CI -30% to 3%).

Intention-to-treat analysis

One patient in the placebo group of CVST Group 1999 had an incorrect diagnosis (arterial ischaemic stroke). When the data from this patient were included in a full intention-to-treat analysis, the effect estimates for both primary outcomes did not materially change, nor did the overall conclusions.

Secondary outcome measures

Confirmed pulmonary embolism

There were no cases of confirmed pulmonary embolism. However, both trials each reported one patient in the placebo group with unconfirmed but probable pulmonary embolism. In Einhaupl 1991 one patient had severe pulmonary infarction, but details of diagnostic confirmation were not available. In CVST Group 1999 one patient suddenly died after initial recovery, presumably due to massive pulmonary embolism. Autopsy was not performed.

Symptomatic intracranial haemorrhage (ICH)

In both trials, no new symptomatic ICHs were diagnosed after initiation of anticoagulant therapy, despite the fact that many patients who received heparin had some degree of ICH on their pre-treatment CT scans (three of 10 patients in Einhaupl 1991; 15 of 30 patients in CVST Group 1999). Einhaupl 1991 reported two patients in the control group with new ICHs but without clinical details. Since this study performed at least two routine CT scans in each patient, we classified these haemorrhages as asymptomatic.

Major extracranial haemorrhage

One patient on nadroparin treatment in CVST Group 1999 suffered a major non-fatal gastrointestinal haemorrhage. This amounts to a pooled relative risk of 2.9 (CI 0.12 to 68.5) and an absolute risk difference of 2% (95% CI -6 to 11).

Sensitivity analysis

Since the data from the included studies were so sparse we performed a post-hoc sensitivity analysis including the data from the excluded trials (Maiti 1997; Nagaraja 1995). If we included these data, then the pooled relative risk for death would be 0.33 (95%)

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CI 0.14 to 0.78). There were insufficient data to allow sensitivity analysis for death or dependency.

DISCUSSION

Efficacy of anticoagulant treatment

The two small trials which met our predefined inclusion criteria showed a non-significant trend towards fewer deaths or dependency in patients treated with anticoagulants. However, the confidence intervals included no effect and the combined evidence failed to reach conventional statistical significance.

We excluded two other studies from the analysis (Maiti 1997; Nagaraja 1995). Maiti 1997 has only been published as an abstract and important details about the study design were not available. Nagaraja 1995 did not meet our predefined criterion: CVST was not diagnosed by angiography, MRI/MRA, or CT-venography. Nevertheless, it seems likely that most of these women had (puerperal) CVST. Interestingly, the small beneficial effect of heparin seen in the included trials was also observed in this study: two of the 28 controls died and no deaths occurred in the 29 patients treated with heparin. Therefore, these results provide some support to the efficacy of heparin in CVST.

The validity of meta-analysis of the two included studies might be questioned because different kinds of heparin were used (Benamer 2000). Einhaupl 1991 used unfractionated, intravenous, dose-adjusted heparin; CVST Group 1999 used subcutaneous, fixed dose, low-molecular-weight heparin (nadroparin). A Cochrane Review of 22 randomised trials among patients with leg-vein thrombosis showed a better efficacy and fewer haemorrhages of low-molecular-weight heparin compared with unfractionated heparin (van Dongen 2004). A recent post-hoc analysis of a large prospective cohort study of CVST suggested that lowmolecular-weight heparin also leads to better outcomes and fewer haemorrhagic complications than unfractionated heparin in these patients (Coutinho 2010). In addition, results of a small randomised study which directly compared low-molecular-weight heparin with unfractionated heparin for CVST have been published as an abstract (Modi 2006). This study of 75 patients did not show any major differences in efficacy but final results have not yet been published. In summary, the differences in efficacy between lowmolecular-weight heparin and unfractionated heparin, although significant in leg-vein thrombosis, are probably not very large, and combining both CVST trials seems justified as far as treatment is concerned.

A second problem is the difference in the timing of treatment. The average time from initial symptoms to treatment was about four weeks in Einhaupl 1991: 32 days in the heparin group, 25 days in the controls. In CVST Group 1999 treatment started after an average of 10 days in the nadroparin group and 11 days in the control group. Some diagnostic delay in CVST is usual. In two non-randomised cohort studies, average delays of four and seven days were reported (Ferro 2001; Ferro 2004). The diagnosis can be difficult due to the variable and often non-specific symptoms. In addition, the diagnosis was more difficult before the advent of MRI. The long therapeutic delay in Einhaupl 1991 may be caused by a diagnostic delay, although even with intra-arterial angiography a delay of four weeks from onset of symptoms to the start of treatment seems exceptionally long. This delay could also indicate that a subgroup of patients with more prolonged course was recruited, for instance

patients who deteriorated after an initial favourable course without anticoagulant treatment.

Pulmonary embolism

One of our predefined outcomes was pulmonary embolism (PE). Two cases of clinically diagnosed PE occurred in the placebo groups, but data on diagnostic confirmation were not available. These cases point to a potential benefit of anticoagulants in CVST. Pulmonary embolism is not rare in CVST and might be caused by embolism from a thrombosed sinus or from simultaneous leg-vein thrombosis (Diaz 1992). The latter is not unlikely: many patients with CVST are in a prothrombotic state and often immobilised. As in leg-vein thrombosis an important benefit of anticoagulant treatment in CVST might be the prevention of pulmonary embolism.

Intracerebral haemorrhage

The main reason for many clinicians avoiding anticoagulants in CVST was the fear of haemorrhagic complications, notably intracerebral bleeding. Many patients with CVST have cerebral haemorrhages or haemorrhagic infarcts at the time of the diagnosis, before treatment (25% in Einhaupl 1991; 49% in CVST Group 1999). Yet, few cases of CVST with haemorrhagic deterioration after heparin have been published. In one study of seven patients two new intracerebral haemorrhages developed after anticoagulant treatment (Gettelfinger 1977). One patient received urokinase in addition to heparin and the other developed CVST while on prophylactic subcutaneous heparin (Bousser 1997). In two published case series treated with heparin no new intracerebral haemorrhages occurred (Ameri 1992; Bruckner 1998), but in two other uncontrolled series intracerebral haemorrhage did occur in 3.6% (Ferro 2001) and 5.4% (Einhaupl 1991) of the anticoagulated patients. In the International Study on Cerebral Vein and dural sinus Thrombosis (ISCVT), the largest prospective cohort study on CVST, new intracerebral haemorrhages occurred in 33 of 520 patients (6%) who were treated with heparin in therapeutic dose (Ferro 2004; Girot 2007). However, this study was not designed to assess new intracerebral haemorrhages after heparin therapy, and follow-up brain imaging was not performed in all patients. In the two trials included in this review no symptomatic intracerebral haemorrhages occurred after anticoagulant therapy in 40 patients. This suggests that the risk of intracerebral haemorrhage in patients with sinus thrombosis who are treated with anticoagulants is low. However, 0% symptomatic intracerebral haemorrhages in 40 patients treated with (low-molecular-weight) heparin is associated with a 95% confidence interval of 0% to 9%, thus an incidence of up to 9% new intracerebral haemorrhages cannot be excluded.

Extracerebral haemorrhage

One major extracerebral haemorrhage occurred in a patient treated with low-molecular-weight heparin in CVST Group 1999. This rate (3.3%) is within the range to be expected in any group of patients treated with heparin. In a Cochrane Review of 22 trials assessing heparin for leg-vein thrombosis, unfractionated heparin was associated with 2.1% major haemorrhages and low-molecular-weight heparin with 1.0% (van Dongen 2004).

Sensitivity analysis

Our post-hoc sensitivity analysis, including the data from the two trials which did not meet our eligibility criteria (Maiti 1997; Nagaraja

1995), were of interest but must be interpreted with great caution since they are potentially subject to bias. However, the effects observed were consistent with those from the included studies and provide limited additional support for our carefully worded conclusions.

Anticoagulation in paediatric patients

We did not identify any randomised trial that included paediatric patients and data on the safety of heparin in children from other studies are limited (deVeber 2001). As a result, it was not possible to provide an evidence-based recommendation from randomised trials on the use of anticoagulation in these patients. International guidelines tentatively recommend the use of anticoagulation in older children and in selected neonates (Monagle 2008: Roach 2008; Saposnik 2011) and heparin is being increasingly used in paediatric patients (deVeber 2001; Vieira 2010). A recent post-hoc analysis of a prospective cohort study of 162 paediatric cases of CVST showed that protocol-based anticoagulant treatment (heparin, enoxaparin and warfarin) was associated with a significant reduction in thrombus propagation (Moharir 2010) and was associated with new or increased bleeding in 6%, all non-fatal bleeds. Propagation was significant in that it was associated with new venous infarcts in 10% of neonates and 40% of children and with worse clinical outcome in children (P = 0.053). While these data provide some support for the use of anticoagulation in children, a randomised trial seems warranted, especially in neonates.

AUTHORS' CONCLUSIONS

Implications for practice

Anticoagulant treatment in patients with cerebral venous sinus thrombosis appears to be safe and is associated with an apparent reduction in the risk of death or dependency which did not reach statistical significance. In the absence of more information from randomised trials clinicians will need to base their treatment decisions on the limited information available.

Implications for research

Although the estimated pooled risk reductions did not reach statistical significance, patients and doctors may be reluctant to embark upon a new trial in adult patients that includes a placebo group. International guidelines recommend the use of heparin as the primary treatment of patients with CVST, regardless of the presence of baseline intracerebral haemorrhagic lesions (Einhaupl 2010; Saposnik 2011), and most physicians follow this recommendation (Ferro 2004). In paediatric patients, especially neonates, a randomised trial seems warranted.

Large consecutive cohort studies have helped to identify subgroups of patients with a poor prognosis (Ferro 2004). In such patients randomised trials testing more aggressive, and probably more hazardous, therapies such as local (direct) thrombolysis or thrombosuction, are justified and needed.

ACKNOWLEDGEMENTS

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CHARACTERISTICS OF STUDIES

Characteristics of included studies [ordered by year of study]

Einhaupl 1991

	Concealment by sealed envelopes
	Patient and assessor blind, doctor non-blind
	Exclusions during trial: none
	Losses to follow-up: none
Participants	Germany, 20 patients; 55% female.
	Age < 10 years old excluded
	Mean ages 36.3 years (heparin) and 37.2 years (placebo)
	CVST confirmed by angiography
	5 patients with ICH before treatment
Interventions	Heparin iv bolus 3000 IU, then 25,000 to 65,000 IU/day, guided by PTT
	Start of treatment mean 32.5 days (heparin) or 24.8 days (placebo) after first symptoms
Outcomes	Death and 10-point CVST severity scale at 3 months
	ICH (by 2 follow-up CT scans)
Notes	Study terminated after 20 patients because of a significant difference in CVST severity score
Risk of bias	
Bias	Authors' judgement Support for judgement

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of cerebral venous thrombosis: a statement for healthcare professionals from the American Heart Association/American Stroke Association. *Stroke* 2011;**42**(4):1158-92.

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Einhaupl 1991 (Continued)

Allocation concealment	Low risk
(selection bias)	

A - Adequate

) nationts: 85% female								
Participants Netherlands and UK, 59 patients; 85% female Age < 18 years old excluded Mean ages 37.2 years (nadroparin) and 36.7 years (placebo) CVST confirmed by angiography, or MRI/MRA 29 patients with ICH before treatment.									
Nadroparin 2 subcutaneous injections/24 hour Total 180 anti-factor Xa U/kg/24 hour Start of treatment mean 10.0 days (nadroparin) or 11.3 days (placebo) after first symptoms									
Barthel index, Oxford handicap score, and death at 3 weeks (blind) and 3 months (open) Symptomatic new ICH (confirmed by CT scan) Bleeding complications Confirmed leg and pulmonary thromboembolism									
	ent after 3 weeks (blind), second after 3 months (open) in allocation due to error in randomisation program								
Authors' judgement	Support for judgement								
Low risk	A - Adequate								
	Nadroparin 2 subcutan Total 180 anti-factor Xa Start of treatment mean Barthel index, Oxford h Symptomatic new ICH (Bleeding complications Confirmed leg and puln First outcome assessme Temporary imbalance i								

MRI: magnetic resonance imaging PTT: partial thromboplastin time

Characteristics of excluded studies [ordered by study ID]

Study	Reason for exclusion
Maiti 1997	Details of diagnostic confirmation, randomisation procedure, allocation concealment and pre-de- fined outcome measures not published. Study published as an abstract only. Diagnosis not con- firmed by angiography, MRI/MRA or CT-venography in all patients.
Nagaraja 1995	Diagnosis confirmed by unenhanced CT, not by angiography, MRI/MRA or CT-venography.

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CT: computed tomography brain scan MRA: magnetic resonance angiogram MRI: magnetic resonance imaging

Characteristics of studies awaiting assessment [ordered by study ID]

Modi 2006

Methods	Randomised trial
Participants	Adult CVST patients
Interventions	Unfractionated heparin versus low-molecular-weight heparin
Outcomes	Not enough information
Notes	Published as an abstract only. Awaiting full results

CVST: cerebral venous sinus thrombosis

DATA AND ANALYSES

Comparison 1. Overall benefit or harm of (LMW) heparin

Outcome or subgroup title	No. of studies	No. of par- ticipants	Statistical method	Effect size
1 Death	2	79	Risk Ratio (M-H, Fixed, 95% CI)	0.33 [0.08, 1.28]
2 Death or dependency	2	79	Risk Ratio (M-H, Fixed, 95% CI)	0.46 [0.16, 1.31]

Analysis 1.1. Comparison 1 Overall benefit or harm of (LMW) heparin, Outcome 1 Death.

Study or subgroup	Treatment	Control		Risk Ratio			Weight	Risk Ratio
	n/N	n/N		M-H, Fix	ed, 95% CI			M-H, Fixed, 95% Cl
Einhaupl 1991	0/10	3/10	-	1	<u> </u>		46.25%	0.14[0.01,2.45]
CVST Group 1999	2/30	4/29			<u> </u>		53.75%	0.48[0.1,2.44]
Total (95% CI)	40	39		-			100%	0.33[0.08,1.28]
Total events: 2 (Treatment), 7	(Control)							
Heterogeneity: Tau ² =0; Chi ² =0	.55, df=1(P=0.46); I ² =0%							
Test for overall effect: Z=1.6(P	=0.11)					1		
	Fa	vours treatment	0.001	0.1	1 10	1000	Favours control	

Analysis 1.2. Comparison 1 Overall benefit or harm of (LMW) heparin, Outcome 2 Death or dependency.

Study or subgroup	Treatment	Control		Risk Ratio			Weight	Risk Ratio	
	n/N n/N M-H, Fixed, 95% Cl						M-H, Fixed, 95% Cl		
Einhaupl 1991	0/10	3/10	-		+			36.45%	0.14[0.01,2.45]
CVST Group 1999	4/30	6/29		-	-			63.55%	0.64[0.2,2.05]
Total (95% CI)	40	39		-				100%	0.46[0.16,1.31]
Total events: 4 (Treatment), 9 (Co	ntrol)								
Heterogeneity: Tau ² =0; Chi ² =0.97	, df=1(P=0.32); l ² =0%								
Test for overall effect: Z=1.45(P=0	.15)						1		
	Fa	avours treatment	0.001	0.1	1	10	1000	Favours control	

Comparison 2. Haemorrhagic adverse events

Outcome or subgroup title	No. of studies	No. of partici- pants	Statistical method	Effect size
1 Symptomatic intracerebral haemorrhage (new or increased)	2	79	Risk Ratio (M-H, Fixed, 95% CI)	0.0 [0.0, 0.0]
2 Any severe haemorrhage	2	79	Risk Ratio (M-H, Fixed, 95% CI)	2.90 [0.12, 68.50]

Analysis 2.1. Comparison 2 Haemorrhagic adverse events, Outcome 1 Symptomatic intracerebral haemorrhage (new or increased).

Study or subgroup	Treatment	Control			Ri	isk Rat	io			Weight	Risk Ratio
	n/N	n/N			М-Н, Р	ixed, 9	95% CI				M-H, Fixed, 95% Cl
Einhaupl 1991	0/10	0/10									Not estimable
CVST Group 1999	0/30	0/29									Not estimable
Total (95% CI)	40	39									Not estimable
Total events: 0 (Treatment), 0 (Control))										
Heterogeneity: Not applicable											
Test for overall effect: Not applicable											
	Fa	avours treatment	0.1	0.2	0.5	1	2	5	10	Favours control	

Favours treatment Favours control

Analysis 2.2. Comparison 2 Haemorrhagic adverse events, Outcome 2 Any severe haemorrhage.

Study or subgroup	Treatment	Control		Risk Ratio		Weight		Risk Ratio	
	n/N	n/N		M-H, Fix	ed, 95% (:1			M-H, Fixed, 95% Cl
Einhaupl 1991	0/10	0/10							Not estimable
CVST Group 1999	1/30	0/29						100%	2.9[0.12,68.5]
Total (95% CI)	40	39						100%	2.9[0.12,68.5]
Total events: 1 (Treatment), 0 (Contro	l)			1					
	Fa	avours treatment	0.001	0.1	1 10		1000	Favours control	

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Study or subgroup	Treatment n/N	Control n/N	Risk Ratio					Weight	Risk Ratio
				M-H, Fixed, 95% CI					M-H, Fixed, 95% Cl
Heterogeneity: Not applicable									
Test for overall effect: Z=0.66(P=0.51)									
		Favours treatment	0.001	0.1	1	10	1000	Favours control	

APPENDICES

Appendix 1. MEDLINE search strategy

We used the following search strategy for MEDLINE (Ovid) and adapted it to search the Cochrane Central Register of Controlled Trials.

- 1. "intracranial embolism and thrombosis"/ or intracranial thrombosis/ or exp sinus thrombosis, intracranial/
- 2. cerebral veins/ or exp cranial sinuses/
- 3. thrombosis/ or venous thrombosis/
- 4. 2 and 3
- 5. (sinus\$ or sinovenous or cerebral venous or cerebral vein\$ or cavernous or sagittal venous or sagittal vein\$).tw.
- 6. thrombo\$.tw.
- 7. 5 and 6
- 8. 1 or 4 or 7
- 9. exp anticoagulants/
- 10.anticoagulant\$.tw.
- 11.(acenocoumarol\$ or apixaban or betrixaban or dabigatran or dicoumarol\$ or ethyl biscoumacetate\$ or phenprocoumon\$ or warfarin \$ or ancrod\$ or citric acid\$ or coumadin\$ or coumarin\$ or chromonar\$ or coumestro\$ or dicoumarol or esculi\$ or ochratoxin\$ or umbelliferone\$ or dermatan sulfate\$ or dextran\$ or edetic acid\$ or enoxaparin\$ or gabexate\$ or heparan or heparin\$ or idraparinux or lmwh\$ or nadroparin\$ or pentosan sulfuric polyester\$ or phenindione\$ or phenylindandione or protein c or protein s or rivaroxaban or tedelparin\$ or ximelagatran).tw.
- 12. (argatroban or certoparin or dalteparin or tinzaparin or parnaparin or reviparin or danaparoid or lomoparan or org 10172 or mesoglycan or polysaccharide sulphate\$ or sp54 or sp-54 or md805 or md-805 or cy222 or cy-222 or cy-216 or Cy-216 or DU-176 or YM150).tw.
- 13. (Marevan or Fragmin\$ or Fraxiparin\$ or Klexane).tw.
- 14.exp Pipecolic acids/ae, tu
- 15.exp Vitamin K/ai
- 16.Vitamin K antagonist\$.tw.
- 17.exp Antithrombins/ae, pd, de, tu
- 18.exp Blood coagulation factors/ai, de
- 19.exp Blood coagulation/de
- 20.(anticoagulat\$ or antithromb\$).tw.
- 21.or/9-20

22.8 and 21

- 23.Randomized Controlled Trials as Topic/
- 24.random allocation/
- 25.Controlled Clinical Trials as Topic/

26.control groups/

- 27.clinical trials as topic/ or clinical trials, phase i as topic/ or clinical trials, phase ii as topic/ or clinical trials, phase iii as topic/ or clinical trials, phase iv as topic/
- 28.double-blind method/
- 29.single-blind method/
- 30.Placebos/
- 31.placebo effect/
- 32. Therapies, Investigational/
- 33.Drug Evaluation/
- 34.Research Design/



35.randomized controlled trial.pt.

36.controlled clinical trial.pt.

37. (clinical trial or clinical trial phase i or clinical trial phase ii or clinical trial phase iii or clinical trial phase iv).pt.

38.random\$.tw.

39.(controlled adj5 (trial\$ or stud\$)).tw.

40.(clinical\$ adj5 trial\$).tw.

41.((control or treatment or experiment\$ or intervention) adj5 (group\$ or subject\$ or patient\$)).tw.

42. (quasi-random\$ or quasi random\$ or pseudo-random\$ or pseudo random\$).tw.

43.((singl\$ or doubl\$ or tripl\$ or trebl\$) adj5 (blind\$ or mask\$)).tw.

44.placebo\$.tw.

45.controls.tw.

46.or/23-45

47.22 and 46

48.limit 47 to humans

Appendix 2. EMBASE search strategy

Database EMBASE (Ovid)

- 1. exp cerebral sinus thrombosis/ or occlusive cerebrovascular disease/
- 2. exp cranial sinus/ or brain vein/ or sinus venosus/
- 3. vein thrombosis/ or thrombosis/
- 4. 2 and 3
- 5. (sinus\$ or sinovenous or cerebral venous or cerebral vein\$ or cavernous or sagittal venous or sagittal vein\$).tw.
- 6. thrombo\$.tw.
- 7. 5 and 6
- 8. 1 or 4 or 7
- 9. exp anticoagulant agent/ or exp antithrombocytic agent/ or exp blood clotting inhibitor/ or exp coumarin anticoagulant/ or exp heparin derivative/
- 10.anticoagulant\$.tw.
- 11.(acenocoumarol\$ or apixaban or betrixaban or dabigatran or dicoumarol\$ or ethyl biscoumacetate\$ or phenprocoumon\$ or warfarin \$ or ancrod\$ or citric acid\$ or coumadin\$ or coumarin\$ or chromonar\$ or coumestro\$ or dicoumarol or esculi\$ or ochratoxin\$ or umbelliferone\$ or dermatan sulfate\$ or dextran\$ or edetic acid\$ or enoxaparin\$ or gabexate\$ or heparan or heparin\$ or idraparinux or lmwh\$ or nadroparin\$ or pentosan sulfuric polyester\$ or phenindione\$ or phenylindandione or protein c or protein s or rivaroxaban or tedelparin\$ or ximelagatran).tw.
- 12. (argatroban or certoparin or dalteparin or tinzaparin or parnaparin or reviparin or danaparoid or lomoparan or org 10172 or mesoglycan or polysaccharide sulphate\$ or sp54 or sp-54 or md805 or md-805 or cy222 or cy222 or cy216 or cy-216 or DU-176 or YM150).tw.
- 13. (Marevan or Fragmin\$ or Fraxiparin\$ or Klexane).tw.
- 14.Vitamin K antagonist\$.tw.
- 15.(anticoagulat\$ or antithromb\$).tw.
- 16.9 or 10 or 11 or 12 or 13 or 14 or 15
- 17.8 and 16
- 18.Randomized Controlled Trial/
- 19.Randomization/
- 20.Controlled Study/
- 21.control group/
- 22.clinical trial/ or phase 1 clinical trial/ or phase 2 clinical trial/ or phase 3 clinical trial/ or phase 4 clinical trial/ or controlled clinical trial/
- 23.Double Blind Procedure/
- 24. Single Blind Procedure/ or triple blind procedure/
- 25.placebo/
- 26."types of study"/
- 27.random\$.tw.
- 28.(controlled adj5 (trial\$ or stud\$)).tw.
- 29.(clinical\$ adj5 trial\$).tw.

30.((control or treatment or experiment\$ or intervention) adj5 (group\$ or subject\$ or patient\$)).tw.

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31.(quasi-random\$ or quasi random\$ or pseudo-random\$ or pseudo random\$).tw. 32.((singl\$ or doubl\$ or tripl\$ or trebl\$) adj5 (blind\$ or mask\$)).tw. 33.placebo\$.tw. 34.controls.tw. 35.or/18-34 36.17 and 35 37.limit 36 to human Appendix 3. Cochrane Central Register of Controlled Trials search strategy Cochrane Central Register of Controlled Trials (The Cochrane Library 2011, Issue 1) #1.MeSH descriptor Intracranial Embolism and Thrombosis this term only #2.MeSH descriptor intracranial thrombosis this term only #3.MeSH descriptor Sinus Thrombosis, Intracranial explode all trees #4.MeSH descriptor cerebral veins this term only #5.MeSH descriptor cranial sinuses explode all trees #6.(#4 or #5) #7.MeSH descriptor thrombosis this term only #8.MeSH descriptor venous thrombosis this term only #9.(#7 or #8) #10.(#6 and #9) #11.(sinus* in All Text or sinovenous in All Text or "cerebral venous" in All Text or "cerebral vein*" in All Text or cavernous in All Text or "sagittal venous" in All Text or "sagittal vein*" in All Text) #12.thrombo* in All Text #13.(#11 and #12) #14.(#1 or #2 or #3 or #10 or #13) #15.MeSH descriptor anticoagulants explode all trees #16.anticoagulant* in All Text #17.(acenocoumarol* in All Text or apixaban in All Text or betrixaban in All Text or dabigatran in All Text or dicoumarol* in All Text or "ethyl biscoumacetate*" in All Text or phenprocoumon* in All Text or warfarin* in All Text or ancrod* in All Text or "citric acid*" in All Text or coumadin* in All Text or coumarin* in All Text or chromonar* in All Text or coumestro* in All Text or dicoumarol in All Text or esculi* in All Text or ochratoxin* in All Text or umbelliferone* in All Text or "dermatan sulfate*" in All Text or dextran* in All Text or "edetic acid*" in All Text or enoxaparin* in All Text or gabexate* in All Text or heparan in All Text or heparin* in All Text or idraparinux in All Text or lmwh* in All Text or nadroparin* in All Text or "pentosan sulfuric polyester*" in All Text or phenindione* in All Text or phenylindandione in All Text or "protein c" in All Text or "protein s" in All Text or rivaroxaban in All Text or tedelparin* in All Text or ximelagatran in All Text) #18.(argatroban in All Text or certoparin in All Text or dalteparin in All Text or tinzaparin in All Text or parnaparin in All Text or reviparin in All Text or danaparoid in All Text or lomoparan in All Text or "org 10172" in All Text or mesoglycan in All Text or "polysaccharide sulphate*" in All Text or sp54 in All Text or sp-54 in All Text or md805 in All Text or md-805 in All Text or cy222 in All Text or cy-222 in All Text or cy216 in All Text or cy-216 in All Text or DU-176 in All Text or YM150 in All Text) #19.(Marevan in All Text or Fragmin* in All Text or Fraxiparin* in All Text or Klexane in All Text) #20.MeSH descriptor pipecolic acids explode all trees with qualifiers: TU,AE #21.MeSH descriptor vitamin k explode all trees with qualifiers: AI

#22."Vitamin K antagonist*" in All Text

#23.MeSH descriptor antithrombins explode all trees with qualifiers: AE,PD,DE,TU

#24.MeSH descriptor blood coagulation factors explode all trees with qualifiers: AI,DE

#25.MeSH descriptor blood coagulation explode all trees with qualifiers: DE

#26.(anticoagulat* in All Text or antithromb* in All Text)

#27.(#15 or #16 or #17 or #18 or #19 or #20 or #21 or #22 or #23 or #24 or #25 or #26)

#28.(#14 and #27)

FEEDBACK

Feedback

Summary

Feedback received for the previous version of this review, and other reviews and protocols of anticoagulants, is available on the Cochrane Editorial Unit website at http://www.editorial-unit.cochrane.org/anticoagulants-feedback

WHAT'S NEW



Date	Event	Description
7 March 2011	Feedback has been incorporated	Link to feedback added.
21 January 2011	New citation required but conclusions have not changed	New first author for this update.
21 January 2011	New search has been performed	We have updated the literature searches for relevant studies and revised the review accordingly. We moved one study from 'Await- ing classification' to 'Excluded' and added one new study as 'Awaiting classification'. There is no change to the conclusions.

HISTORY

Protocol first published: Issue 4, 1999 Review first published: Issue 4, 2002

Date	Event	Description
21 July 2008	Amended	Converted to new review format.

CONTRIBUTIONS OF AUTHORS

J Stam and G DeVeber initiated this review, and stimulated discussion of the correct definition of outcomes. SFTM De Bruijn and J Stam classified the outcomes, and analysed the methodology of the studies. J Stam supervised the review and wrote the final text. JM Coutinho and J Stam prepared the 2010 update of this review.

DECLARATIONS OF INTEREST

SFTM de Bruijn and J Stam were principal investigators of the CVST Study Group Trial (CVST Group 1999).

SOURCES OF SUPPORT

Internal sources

• Department of Neurology, Academic Medical Centre, University of Amsterdam, Netherlands.

External sources

• No sources of support supplied

INDEX TERMS

Medical Subject Headings (MeSH)

Anticoagulants [adverse effects] [*therapeutic use]; Fibrinolytic Agents [adverse effects] [*therapeutic use]; Heparin [adverse effects] [*therapeutic use]; Nadroparin [adverse effects] [*therapeutic use]; Randomized Controlled Trials as Topic; Risk; Sinus Thrombosis, Intracranial [*drug therapy]

MeSH check words

Humans