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## **Antimicrobial treatment impacts resistance in off-target populations of a nosocomial bacterial pathogen: a case-control study — [Source link](#)**

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**Topics:** Enterococcus faecium, Antibiotic resistance, Daptomycin, Population and Linezolid

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## Abstract

18 The antimicrobial resistance crisis has persisted despite broad attempts at intervention. Detailed  
studies of the population dynamics that lead to resistance could identify additional intervention  
20 points. An important driver of resistance in the most concerning antibiotic resistant pathogens  
can be selection imposed on bacterial populations that are not the intended target of  
22 antimicrobial therapy. Here we focus on the important nosocomial pathogen *Enterococcus*  
*faecium* in a hospital system where resistance to daptomycin is evolving despite standard  
24 interventions. We hypothesized that the intravenous use of daptomycin generates off-target  
selection for resistance in transmissible gastrointestinal (carriage) populations of *E. faecium*. We  
26 performed a case-control study in which the daptomycin resistance of *E. faecium* isolated from  
rectal swabs from daptomycin-exposed patients was compared to a control group of patients  
28 exposed to linezolid, a drug with similar indications. In the daptomycin-exposed group,  
daptomycin resistance of *E. faecium* from the off-target population was on average 50% higher  
30 than resistance in the control group (n=428 independent *E. faecium* clones from 22 patients).  
There was also greater phenotypic diversity in daptomycin resistance within daptomycin-  
32 exposed patients. Multiple samples over time were available from a subset of patients, and these  
demonstrate wide variability in temporal dynamics, from long-term maintenance of resistance  
34 to rapid return to sensitivity after daptomycin treatment stopped. Our results demonstrate that  
off-target gastrointestinal populations rapidly respond to intravenous antibiotic exposure.  
36 Gastrointestinal populations are the source for faecal transmission and so can be the driver for  
hospital-wide population level increases in resistance. Focusing on the off-target evolutionary  
38 dynamics may offer novel avenues to slow the spread of antibiotic resistance.

## 40 Introduction

Antimicrobial resistance emerges and spreads in response to antimicrobial treatment [1]. For the  
42 microbial population being intentionally targeted by drug treatment, selective pressure favoring  
resistance is an unavoidable consequence of suppressing population growth. However, antimicrobial  
44 exposure is not limited to the site of infection and so can exert selective pressure on so-called off-  
target or bystander populations [2–4]. This off-target selective pressure is particularly problematic  
46 for colonizing opportunistic pathogens, which include the multidrug-resistant pathogens of greatest  
concern [5]. Antimicrobial pressure imposed on these colonizing organisms has no therapeutic  
48 benefits, but can select for antibiotic resistant infections in the treated patient, or for the  
transmission of resistant isolates to other patients [6]. Selection for resistance in gastrointestinal  
50 carriage populations has been demonstrated in multiple opportunistic pathogens including  
Enterobacteriaceae [7–12], *Enterococcus* [13] and *Bacteroides* [14]. In many situations, selection on  
52 off-target populations may be a major contributor to population level resistance. For example, it has  
been estimated that as much as 90% of drug exposure experienced by *Klebsiella* is off-target [15].  
54 The evolutionary dynamics in these off-target populations are poorly understood. This fundamental  
knowledge gap limits the ability to evaluate novel resistance management strategies in the off-target  
56 population such as choice of antimicrobial spectrum, use of antibiotic combinations, optimized  
routes of administration and addition of novel adjuvant therapies [6].

58 The evolution of daptomycin resistance among vancomycin-resistant *Enterococcus faecium* (VR *E.*  
*faecium*) is a relevant and tractable system to study off-target selection. VR *E. faecium* is an important  
60 cause of hospital acquired infections [16]. It spends the bulk of its life history asymptotically  
colonizing the gastrointestinal tract of its host, but colonization is a key risk factor for clinical  
62 infections [17]. Intrinsic and acquired multi-drug resistance are common in VR *E. faecium*, leaving  
daptomycin as one of the few remaining treatment options. Daptomycin is delivered exclusively as  
64 an intravenous formulation, with 6% of the drug being excreted in the feces [18], allowing the

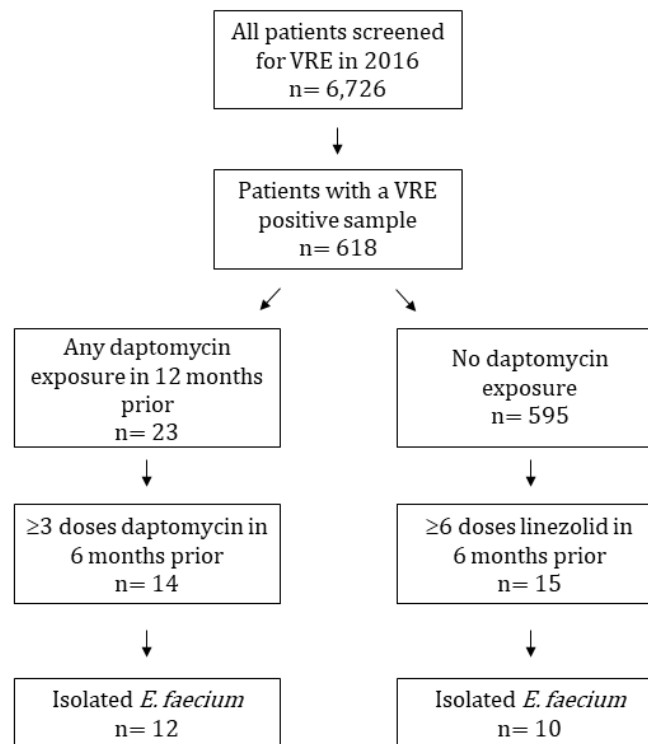
potential for off-target selection. Daptomycin resistance has been shown to arise within patients  
66 during treatment [19]. Additionally, a number of studies have reported prior daptomycin treatment  
as a key risk factor for infection with daptomycin resistant VRE [20–22], which is consistent with off-  
68 target selection. Finally, transmission of VR *E. faecium* is common in hospital settings, meaning  
resistance that arises in one patient may pose a threat to others.

70 We hypothesize that most transmitted daptomycin resistance in VR *E. faecium* is due to off-target  
selection in the gastrointestinal tract of patients. This hypothesis predicts that daptomycin exposure  
72 is associated with daptomycin resistance in the off-target population, which has not been  
demonstrated previously. If this hypothesis is true, it raises additional questions: is there pre-  
74 existing variation within patients prior to exposure on which selection can act; is there more  
variability within some patients than others; does daptomycin exposure result in a single resistance  
76 phenotype dominating the gut; and finally, is variation in resistance maintained over time?

To address these questions, we focus on an institution where daptomycin resistance in *E. faecium* has  
78 been observed to evolve within patients and across the whole hospital population [19,23]. We  
investigate the impact of daptomycin exposure on daptomycin resistance in *E. faecium* colonizing the  
80 intestinal tract by utilizing rectal swabs available from a prospective surveillance program. The  
organisms colonizing the intestinal tract are not the target of treatment, thus resistance in this  
82 population represents unintended, off-target evolution. We perform a case-control study, in which  
patients exposed to daptomycin are compared to patients exposed to a drug with similar indications,  
84 linezolid. The available samples allow us to isolate and measure resistance in multiple independent  
*E. faecium* colonies per patient swab sample. We quantify the impact of drug exposure on the mean  
86 and the distribution of phenotypes in the colonizing population, which gives unique insight the into  
potential mechanism of competition and transmission in this pathogen. Finally, where samples are  
88 available, we explore changes in resistance over time within patients.

## Results

90 During the calendar year 2016, 6,726 patients had a rectal swab to screen for VRE colonization, of  
these, 618 patients were positive for VRE. Treatment with daptomycin within this pool of patients is  
92 low (23/618 patients, Fig 1), partially due to a change in antibiotic use in 2015 away from  
daptomycin [23]. Fourteen patients met the inclusion criteria for cases with at least three doses  
94 (three days of therapy) of daptomycin in the six months prior to the positive swab (daptomycin  
group). A further 15 patients met the criteria for the control group with no known prior daptomycin  
96 treatment and at least six doses (three days of therapy) of linezolid (Fig 1, see methods for further  
details). The first sample from each patient to meet these criteria is considered the index sample for  
98 that patient.



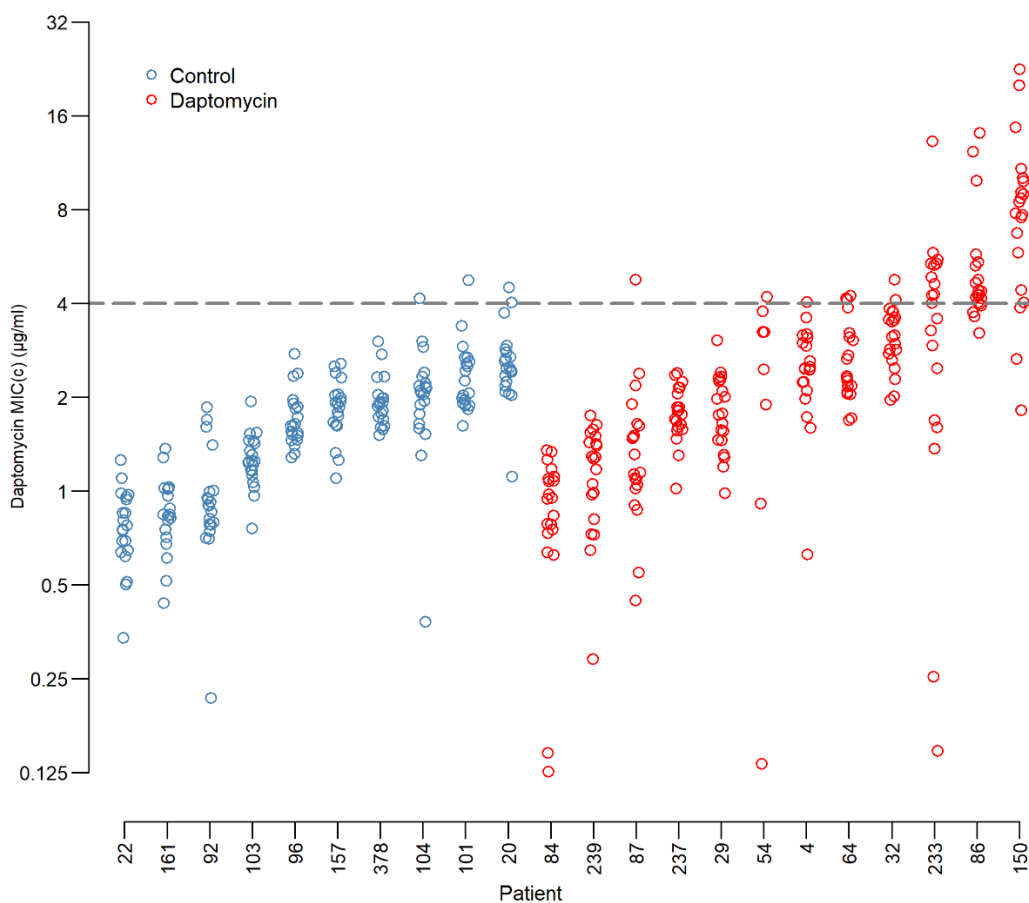
100 **Fig 1. Identification of patients meeting the cases and control study definitions.**

*Enterococcus* was isolated from all samples using Enterococcosel agar. While the inclusion criteria  
102 required a positive result for VR *E. faecium*, the collection protocol resulted in isolation of both

vancomycin resistant and vancomycin susceptible *E. faecium*. For two of the daptomycin treated  
104 samples and five of the control samples, *E. faecium* was either absent or at a density (relative to other  
*Enterococcus* species) that did not allow isolation of sufficient *E. faecium* colonies. Samples where no  
106 *E. faecium* was isolated after sampling 20 random *Enterococcus* colonies, or where only one colony  
was isolated after sampling 50 random *Enterococcus* colonies, were excluded from further analysis.  
108 For the remaining index samples, colonies of *Enterococcus* were randomly sampled until 20 *E.*  
*faecium* clones per sample were isolated, requiring in some patients, isolation of up to 80  
110 *Enterococcus* sp. colonies in order to obtain 20 that were *E. faecium*. The majority of patient samples  
contained multiple enterococcal species (14/22), or a combination of vancomycin resistant and  
112 vancomycin sensitive *E. faecium* (9/22). In five patients we identified only VR *E. faecium* (see S1  
Appendix). For one patient (Patient 54) in the daptomycin group, only eight colonies were isolated  
114 due to low *Enterococcus* densities in the patient sample.

### Exposure and Resistance

116 Daptomycin exposure in the 6 months prior to the index sample ranged from 3-34 doses (days of  
therapy), and the most recent dose before the index sample was between 0 and 141 days earlier (see  
118 S2 Table). Patients with prior daptomycin treatment had greater proportions of resistant clones,  
defined as a calculated minimal inhibitory concentration (MIC<sub>c</sub>) greater than 4µg/ml (Fig 2). Overall  
120 50 out of 426 clones were resistant to daptomycin with 94% of these in patients with prior  
daptomycin exposure. Eight of the 11 patients with resistant clones were from the daptomycin  
122 exposed group. Moreover, highly resistant *E. faecium* clones (MIC<sub>c</sub> > 8µg/ml) were only found in the  
daptomycin exposed group. Patient mean MIC<sub>c</sub> was not associated with enterococcal species  
124 diversity (Spearman  $\rho = -0.06$ ,  $p = 0.79$ ; S1 Appendix), the number of days since the last dose of  
daptomycin (Spearman  $\rho = -0.07$ ,  $p = 0.83$ ; S2 App), or the number of doses of daptomycin in the  
126 previous 6 months (Spearman  $\rho = 0.22$ ,  $p = 0.50$ ; S2 App).



128 **Fig 2. Daptomycin MICs by patient.**

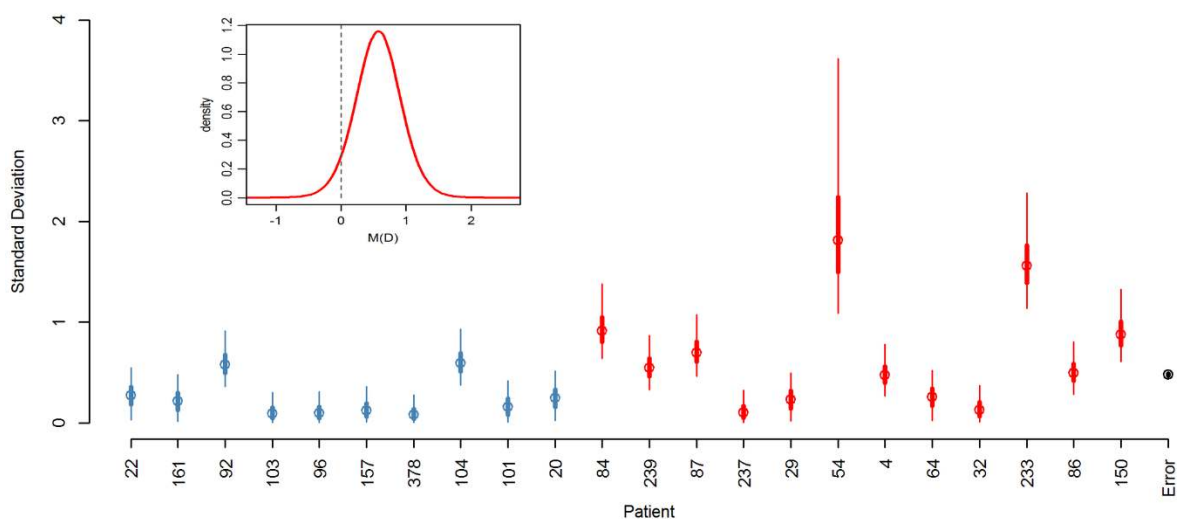
129 *Daptomycin resistance of each clone by patient and exposure group. Blue circles are the control*  
130 *patients and red circles are from daptomycin exposed patients. Each circle is the mean of two*  
131 *independent estimates of the MIC<sub>c</sub> for a single clone. Clones above the dashed line are*  
132 *daptomycin resistant (clones with a calculated MIC (MIC<sub>c</sub>) >4µg/ml which is equivalent to the*  
133 *clinical 2-fold MIC cutoff of ≥8µg/ml (see Methods for a more detailed discussion of the MIC<sub>c</sub>*  
134 *method)).*

135 We are also interested in how variation in the resistance phenotype is spread across the study  
136 population. A Bayesian mixed-effect model was designed to test for the presence of variation in  
137 daptomycin resistance at the levels of interest: within patients, between patients, and between  
138



groups (daptomycin exposed vs not daptomycin exposed). Using the DIC criteria [24], the best fit  
140 model included a random effect for “patient”, and for “clone” nested within patient, such that the  
distribution for the clone effect differed from one patient to another (Table 1).  
142 The fixed effect for daptomycin exposure,  $M_D$ , provided support for the hypothesis that resistance is  
higher in daptomycin-treated patients with 94.5% of the posterior distribution for the fixed effect  
144 falling above zero (Fig 3 insert). The mean of  $M_D$  is 0.57 on a  $\log_2$  scale, which equates to  
approximately a 50% increase in mean  $MIC_C$ .

146



148

**Fig 3. Posterior distribution of random and fixed effects from the Bayesian mixed effects model.**

150

(Main Panel) Posterior distributions for standard deviations of the clones within patients and  
152 the error. Blue markers indicate control patients, red indicate daptomycin treated patients and  
black is the error (Circle: mean; thick lines: 50% credibility interval; thin lines: 95% credibility  
154 interval). The 95% credibility interval of the error falls within the error marker. (Insert)  
Posterior distribution of fixed effect for prior daptomycin exposure.

156 **Table 1:** Summary of Models and DIC analysis results. Models 1 through 5 were compared using  
 157 DIC criteria to ascertain how variation in resistance is spread across the study population. Models  
 158 varied in the presence or absence of a patient effect and distribution of the clone effect. Model A  
 was designed to test if clonal variation is affected by prior daptomycin exposure.

Model	mean deviance	DIC (pD)	$\Delta$ DIC	patient effect	distribution of clone effect different for each patient	distribution of clone effect same for each patient	distribution of clone effect depends on treatment group
Model 1:	1157	1384	0	Y	Y		
Model 2:	1197	1513	129	Y		Y	
Model 3:	1886	1909	525	Y			
Model 4:	1175	1478	94		Y		
Model 5:	1196	1576	192			Y	
Model A:	1201	1468	84	Y			Y

160

### Within-patient Variation

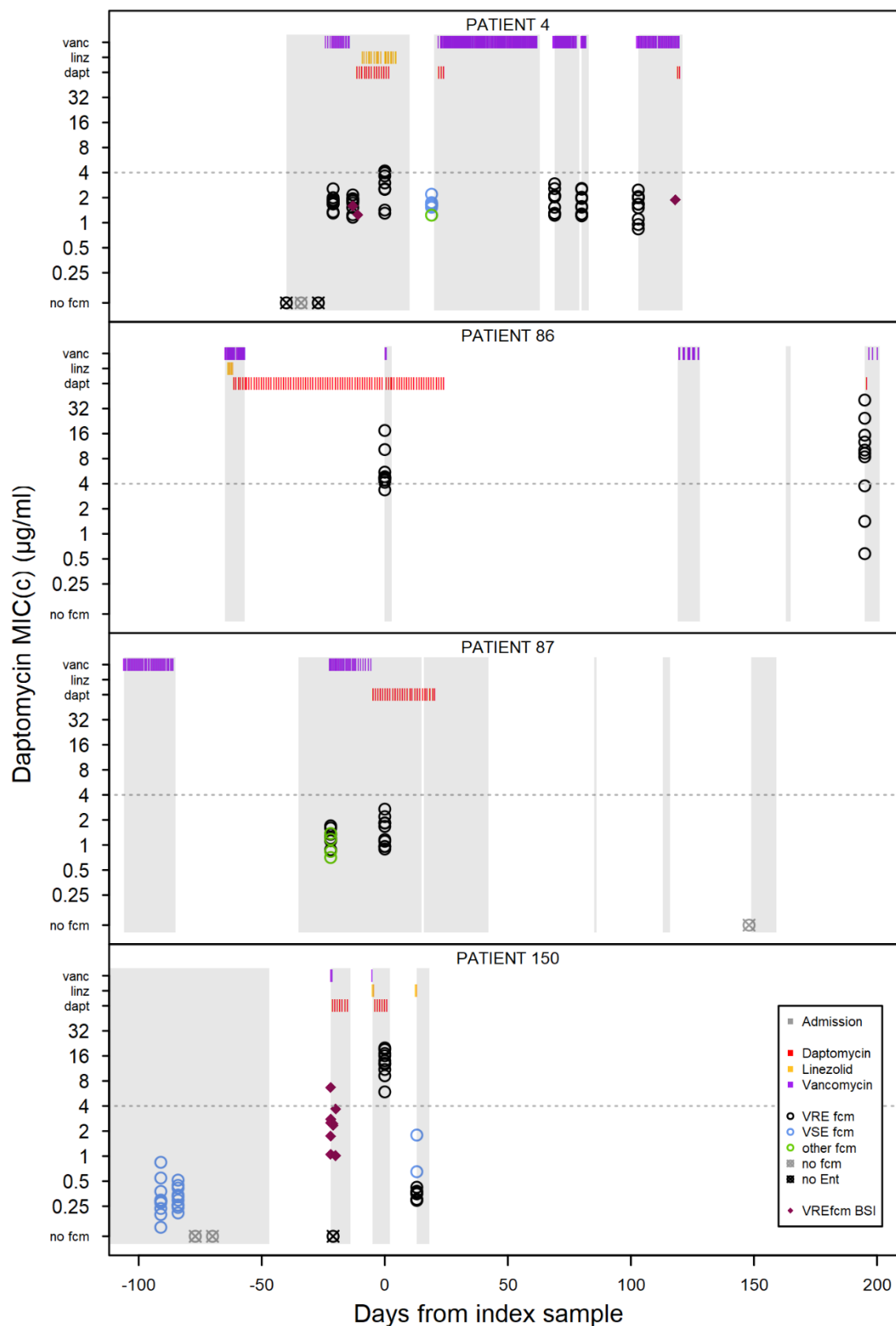
162 The variation in MIC<sub>c</sub> among clones within patients differed from one patient to the another (Table  
 1; Model 1 is a significantly better fit (as measured by a lower DIC) than Model 2). The posterior  
 164 distributions for the standard deviations of the clone effects for each patient are summarized in Fig  
 3. Further, Model A was designed to assess if there was evidence that patients with prior daptomycin  
 166 exposure had greater between-clone variability in MIC<sub>c</sub>. In particular, in Model A the standard  
 deviation for the “clone” effect for control patients was modeled with a single parameter  $\lambda$  and for  
 168 the daptomycin patients was  $\lambda \exp(\alpha)$  (see S4 Appendix for details). By using this parameterization  
 we were able to quantify the amount of evidence for daptomycin-treated patients having greater  
 170 within-patient variability (by determining the proportion of  $\alpha$ 's posterior distribution that lies above  
 zero). There is strong evidence for daptomycin treated patients having greater within-patient

172 variation than control patients with the estimated posterior distribution for  $\alpha$  lying essentially above  
zero (mean=1.04, 99% credibility interval is (0.677-1.798).

#### 174 **Time Series**

Eight daptomycin patients and six control patients had more than one swab sample collected in 2016.  
176 While these additional swab samples do not allow for a comprehensive analysis of within-patient  
changes in resistance over time, they make possible a number of interesting case studies of within-  
178 patient changes in resistance. Ten clones from each of these additional samples were isolated and  
tested for resistance. For standardization, the first 10 clones from the index samples in the previous  
180 analysis were used.

In all three patients where a sample was collected before the commencement of daptomycin  
182 treatment, the post-treatment sample contains clones that are more resistant than any clones  
sampled prior to treatment. The MIC<sub>C</sub> for the most resistant clone in the sample immediately prior to  
184 and post treatment are: Patient 4 prior = 2.2 $\mu$ g/ml, post = 4.2 $\mu$ g/ml; Patient 87 prior = 1.7 $\mu$ g/ml, post  
= 2.7 $\mu$ g/ml; and Patient 150 prior = 0.5 $\mu$ g/ml, post = 20.0 $\mu$ g/ml; Fig 4. Patients 4 and 150 also showed  
186 an increase in mean MIC<sub>C</sub> (Patient 4: Prior sample mean = 1.69  $\mu$ g/ml, Index sample mean =  
2.86 $\mu$ g/ml,  $t = -3.46$ ,  $df = 18$ ,  $p=0.003$ ; Patient 150: Prior sample mean = 0.32 $\mu$ g/ml, Index sample  
188 mean = 13.08 $\mu$ g/ml,  $t = -24.99$ ,  $df = 18$ ,  $p<0.001$ ). Patient 87 had a higher mean in the index sample  
but this was not statistically different to the pre-treatment sample mean (Prior sample mean =  
190 1.15 $\mu$ g/ml, Index sample mean = 1.42 $\mu$ g/ml,  $t = -1.41$ ,  $df = 18$ ,  $p=0.18$ ).



192 **Fig 4. Within-patient resistance over time.**

194 *Each plot shows patient admission periods, drug doses and resistance of E. faecium clones*  
196 *isolated from screening swabs and blood stream infections for an individual patient. Patient*  
198 *admission periods are shown as grey blocks, and individual doses of vancomycin (orange),*  
200 *linezolid (yellow) and daptomycin (red) are detailed in the bars at the top of the plot. Circles*  
*show daptomycin resistance (MIC<sub>C</sub>) for 10 clones per sample. Each circle is the mean of two*  
*replicates with black circles denoting VR E. faecium, blue circles denoting VS E. faecium and*  
*green circles are E. faecium with discordant vancomycin resistance genotype and phenotype.*  
*Pink diamonds are isolates from VRE faecium blood stream infections.*

202 The maintenance of resistance following cessation of daptomycin treatment is highly variable  
between patients. In patients where a second sample was collected after the end of treatment (8 out  
204 of 12 patients) we see examples of long-term maintenance of resistance in the absence of further  
daptomycin exposure in our hospital (Patient 86) and rapid loss of resistance (Patients 4 and 150),  
206 which in both examples here is coupled with the presence of vancomycin sensitive *E. faecium* which  
was not sampled prior to daptomycin treatment. In two patients there was a slight increase in  
208 daptomycin resistance after the cessation of treatment which was combined with a switch from  
predominantly vancomycin sensitivity to predominantly vancomycin resistance (Patients 64 and  
210 233, see S3 Appendix). In patients where the index sample contained no daptomycin resistant  
isolates, little change was observed after treatment ended (Patients 29 and 84, see S3 Appendix).

212 Discussion

Patients exposed to daptomycin have more daptomycin resistant *E. faecium* in their intestines than  
214 unexposed patients. This difference is shown by the cross-sectional analysis (Fig 2 and 3 insert) and  
the patients with samples before and after daptomycin exposure (Fig 4). The findings support our

216 hypothesis that intravenous daptomycin treatment leads to off-target selection for daptomycin  
resistance in the intestinal tract. Further, this finding is consistent with the ecology of this organism,  
218 with *E. faecium* most commonly found in the gastrointestinal tract and specifically adapted for  
transmission between patients in health care settings [25,26]. Transmission is by the fecal-oral route,  
220 which makes drug exposure and selection in the intestinal tract relevant to the risk of transmission  
of drug resistant pathogens [27]. Daptomycin concentrations in the gastrointestinal tract are likely  
222 in the range that would select for resistance (see below), though this exposure is evidently not  
enough to eradicate the bacteria. When the results of this study are added to the ecology of *E. faecium*,  
224 it is plausible that off-target selection is a major mode of daptomycin resistance evolution in hospital.  
Our study also sheds light on how *E. faecium* evolves in patients exposed to daptomycin. In the  
226 absence of daptomycin exposure, few patients had detectable variation in daptomycin resistance (Fig  
3). With as little as 3 doses or 3 days of therapy, the variation both within and across patients  
228 increased (Fig 3). Thus, there is either low level pre-existing variation in resistance that daptomycin  
exposure brings to the fore, or the supply of mutations is high enough during treatment to result in a  
230 response to selection. In either case, the response to selection is not limited by supply of resistant  
variants. Therefore, strategies such as mutation-prevention dosing which have the explicit goal of  
232 preventing the emergence of resistant variants may not work in the intestinal tract [28–32].  
Alternative strategies that leverage competition to limit the spread of resistance may offer a way  
234 forward but often utilize lower doses [33–35], which raises the potential for conflict between  
controlling resistance in the gut, and controlling resistance at the site of infection.  
236 The variation in resistance within patients was greater after daptomycin exposure (Fig 3). In fact, all  
patients with resistant isolates continued to also contain clones below the resistance threshold. Thus,  
238 the raw material required for the population to return to a more susceptible state remained in the  
gut. Determining whether this variation in resistance is associated with variation in competitive  
240 ability in the intestinal tract, or transmissibility, may help identify better resistance management

strategies. However, managing resistance in the intestinal population is fundamentally different from  
242 managing it in the target population. Orders of magnitude more bacteria may be present in the  
intestines [36], leading to a larger pool of variation as well as increased competition, both within  
244 species, and with other members of the microbiome.

Few data are available on the pharmacokinetics of daptomycin in the intestinal tract. In healthy adult  
246 men about 5% of daptomycin is excreted in the stool over 72 hours [37]. Assuming stool water  
content of 100-200 ml/day [38] and 500mg daily does (6mg/kg in an average US adult) [39], the  
248 daptomycin concentration in the stool could be 125-250ug/ml, well above the MIC for most  
*Enterococcus*. It is unknown whether these calculations represent the drug level experienced by  
250 *Enterococcus* in the patient population in which VRE are often found, in whom liver and kidney  
dysfunction are common [40,41].

252 Temporal dynamics within patients were highly variable, even among the rather few cases with  
repeat sampling. In the three patients where we had a pre-treatment comparison, resistance  
254 increased following treatment. Resistance was maintained in some patients even in the absence of  
continued drug treatment (patient 86, Fig 4), while in other patients, populations reverted to being  
256 entirely sensitive (Patient 4: 17 days and Patient 150: 12 days; Fig 4). Thus, there are likely important  
unmeasured factors that influence the resistance dynamics in these patients. Likewise, it would be  
258 very interesting to know why daptomycin resistant clones were not detected in all daptomycin-  
exposed patients (Fig 2).

260 Daptomycin resistance in *E. faecium* is a growing problem that has persisted despite efforts to  
minimize unnecessary drug use and prevent hospital transmission [23]. This study demonstrates  
262 that off-target evolutionary dynamics likely play an important role in this problem. In systems like  
this, where target and non-target populations are compartmentalized, it will be challenging to  
264 identify dosing strategies that can optimally slow resistance emergence in both sites. Novel

interventions that can separate treatment of infection sites from selection in off-target sites are more  
266 promising. These include interventions which neutralize the action of the drug in the gastrointestinal  
tract [6]. Given that many of the most serious antimicrobial resistance problems are caused by  
268 opportunistic pathogens, intervening in the evolutionary dynamics driven by off-target antimicrobial  
exposure in highly transmissible gastrointestinal carriage populations could have an outsized impact  
270 on the emergence and evolution of hospital-acquired resistant infections.

## Materials and Methods

### 272 **Study Participants**

A case-control study was conducted utilizing perirectal swabs from an infection prevention screening  
274 program at Michigan Medicine to determine the impact of intravenous daptomycin treatment on  
daptomycin resistance in gut populations of *Enterococcus faecium*. The study was approved by the  
276 University of Michigan Institutional Review Board. The initial inclusion criteria (see Fig 1) were all  
patients with a VRE positive (*E. faecium* or *E. faecalis*) swab using VRE Select agar (BioRad) in 2016  
278 (n=618). Patients included in the daptomycin exposure group had at least three administered doses  
of daptomycin (3 days of therapy) in the 6 months prior to the VRE positive swab (14 patients). The  
280 control group consisted of patients who had received no daptomycin, and at least six doses of  
linezolid (3 days of therapy) in the last 6 months prior to a VRE positive swab (15 patients). For each  
282 patient the first sample to meet the inclusion criteria was defined as the index sample. For each index  
sample, *Enterococcus* sp. clones were isolated until there were 20 *E. faecium* clones per sample.  
284 Samples where no *E. faecium* was isolated after sampling 20 random *Enterococcus* colonies; only one  
colony was isolated after sampling 50 random *Enterococcus* colonies; or where no *Enterococcus* was  
286 isolated; were excluded from further analysis. The final dataset included 12 patients in the  
daptomycin exposure group and 10 patients in the control group. For a further time-series analysis  
288 of these patients up to 5 prior samples and all subsequent samples available from these patients in



2016 were tested for the presence of *E. faecium*. 10 random clones per sample were isolated from  
290 each of the *E. faecium* positive samples. Finally, we collected isolates from all blood stream infection  
(BSI) in these patients.

## 292 **Ethics Statement**

This study was approved by the University of Michigan Institutional Review Board (ID no.  
294 HUM00102282), which determined that informed consent was not required as all samples utilized  
were collected for patient treatment purposes.

## 296 **Strain Isolation**

Perirectal swabs were obtained using E-swabs (BD) as part of the hospital VRE surveillance program.  
298 The swabs were first tested in clinical microbiology lab by streaking on VRESelect agar (BioRad) per  
manufacturer's recommendations. The swab was discarded and the residual media was stored with  
300 glycerol (final concentration 20% v/v) at -80°C. To isolate *E. faecium*, samples were streaked from  
the sample stored in glycerol onto Enterococcosel agar (BD BBL) in duplicate and incubated up to  
302 72hrs at 37°C. The first 10 colonies from each plate (20 colonies per sample) were re-streaked on  
Enterococcosel agar and incubated for 48 – 72hrs at 37°C. One colony from each plate was then  
304 streaked on BHI agar (BD BBL) and a vancomycin (30µg/ml Oxoid) disc was placed on each plate to  
determine vancomycin resistance. Plates were incubated for 24hrs at 37°C. One clone per plate was  
306 stored in BHI +20% glycerol at -80°C.

To confirm the species of *Enterococcus*, a species-specific multiplex PCR was performed using  
308 primers for *E. faecium*, *E. faecalis* and VanA, VanB, VanC1 and Van C2/3 [42]. Briefly, 11.25µl PCR  
Master Mix (iProof HF, BioRad), 50uM of each primer and 6.45µl water (total volume 22.5µl) per  
310 sample were combined. Sample was added as either 2.5µl of bacteria in BHI glycerol taken from tubes  
prior to freezing, or 1 colony from a streaked culture of stored bacteria. PCR was performed under  
312 the following conditions: 95°C for 4 mins; 30 cycles (98°C for 10 secs, 55°C for 30 secs, 72°C for 30

secs); 72°C for 7 mins. Gels were run for 1hr at 80-100V on 2% Agarose in TAE buffer with 0.1µl/ml  
314 SybrSafe.

Isolation steps were repeated until 20 *E. faecium* clones per sample or 10 clones for time-series only  
316 samples were isolated. Samples were excluded if more than 40 *Enterococcus* clones were isolated  
without any *E. faecium* (20 clones for time-series only samples), or no *Enterococcus* was detected  
318 after streaking the sample twice and then plating 80µl of the initial patient sample on Enterococcosel  
agar (combined ~10% of the total sample volume). This sampling method resulted in a dataset on  
320 species diversity within patients (see S1 Appendix).

Ten patients had *Enterococcus* blood stream infections (BSI) within six months of the index swab  
322 sample, and a total of 45 isolates were taken from these patients. Blood samples were cultured in  
blood bottles and streaked on Chocolate agar in the clinical microbiology lab. Single colonies were  
324 streaked on BHI agar three times and then a single colony was stored in BHI +20% glycerol.

### **MIC testing**

326 MIC testing was performed by the broth microdilution method (BMD) according to CLSI M7  
guidelines [43], each samples was tested in duplicate and one of four patient-derived *E. faecium*  
328 strains was included on each run as a positive control. All clones were initially tested on plates  
containing 2-fold dilutions of daptomycin with final concentrations ranging from 0.125µg/ml to  
330 16µg/ml and the optical density (OD) of each well (600nm) was determined by plate reader  
(FLUOstar Omega, BMG Labtech). OD values for each dilution series were fitted to a Hill function to  
332 determine the concentration at which the hill function curve crossed the cutoff (defined as 2SD above  
the mean of the negative control wells (see S4 Appendix), we refer to this value as the computed MIC  
334 (MIC<sub>c</sub>). If the initial concentration range did not contain at least two concentrations above and below  
the cutoff, the assay was repeated on either increased (1µg/ml to 64µg/ml) or decreased  
336 (0.0625µg/ml to 4µg/ml) concentrations as appropriate. Individual assays of clones were also

excluded if the Hill curve did not fit the data points well, determined as an MIC<sub>c</sub> greater than one 2-  
338 fold dilution from the lowest concentration with an OD below the cutoff.

### **Statistical analysis of MIC<sub>c</sub>**

340 We analyzed the log<sub>2</sub> of the MIC<sub>c</sub> values using Bayesian mixed effect models [44]. Models included a  
fixed treatment effect for patients that fulfilled the daptomycin exposure case definition (see above).

342 To quantify the evidence for prior daptomycin exposure increasing MIC<sub>c</sub>, we determined the  
proportion of the posterior for the fixed “treatment” effect that was above zero. The full model

344 included 23 random effects (one “patient” and 22 “clone” effects) and allowed the distribution of the  
“clone” effect to depend on patient. We fit six candidate models which considered different

346 combinations of the random effects. In addition to testing different combinations of the random  
effects from the full model, we also considered models where the distribution of the “clone” effect

348 was identical for all patients, and a model where this distribution depended on treatment group (see  
Table 1 and S4 Appendix for details). All random effects are assumed to be normally distributed with

350 zero mean and standard deviations estimated using the MCMC program JAGS [45,46]. Uninformative  
priors were used (see S4 Appendix Table 2). We ran each model for 20 x 10<sup>6</sup> iterations with a burn

352 in of 10x10<sup>6</sup> steps and a thinning interval of 2 x 10<sup>3</sup>. This resulted in 5x10<sup>3</sup> parameter samples  
for each model run. This process was repeated to generate four chains, with randomly chosen initial

354 starting values, for each model. Posterior convergence was confirmed in two ways: i) empirical  
inspection of the estimated posterior distributions (all four chains resulted in very similar

356 distributions) and ii) the Gelman-Rubin convergence diagnostic (this statistic was essentially 1 for  
all parameters, which is consistent with the chains having converged).

358 The models were then compared using the Deviance Information Criterion (DIC) [24]. The relative  
fits of the models are summarized using ΔDIC scores which are the differences in DIC between the

360 best model and each alternative model. Although there is no universally agreed threshold for

significance of  $\Delta$ DIC scores, there is precedent for treating  $\Delta$ DIC scores greater than 10 as providing  
362 very little support for the model [47](similar to rules used for the Akaike Information Criterion (AIC)  
[48,49]). The smallest  $\Delta$ DIC score was 84, indicating that Model 1 is clearly the preferred model. To  
364 assess how well the data fit the best model (as selected by DIC comparisons), we used the posterior  
distributions of the selected model to generate synthetic data sets and examined the distributions of  
366 a number of different summary statistics (see S4 Appendix).

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510

#### Supporting Information Captions

512

**S1 Appendix. Sample Species Diversity** Distribution of *Enterococcus* species with patient

514 samples.

**S2 Appendix. Timing and number of doses of daptomycin prior to index sample.**

516 **S3 Appendix. Time-series Plots for All Patients**

**S4 Appendix. Supplementary Methods and Analysis**

518