

1 **Application of stable carbon isotopes for reconstructing salt-marsh floral zones and**
2 **relative sea level, New Jersey, USA**

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14 **Abstract**

15 We investigated use of $\delta^{13}\text{C}$ values in bulk organic sediment to reconstruct the botanical
16 origin of samples preserved in coastal sedimentary archives as a proxy for relative sea
17 level in New Jersey, USA. Modern transects at three sites demonstrated that low and
18 high salt-marsh floral zones dominated by C_4 species (*Spartina alterniflora* and *Spartina*
19 *patens*) were associated with sediment $\delta^{13}\text{C}$ values between -18.9‰ and -15.8‰ and
20 occurred at elevations from mean tide level (MTL) to mean higher high water (MHHW).
21 Brackish transitional settings vegetated by *Phragmites australis* with *Iva frutescens* and
22 *Typha* sp (C_3 species) and freshwater upland samples (C_3 species) were characterized by
23 bulk sediment $\delta^{13}\text{C}$ values of -27.0‰ to -22.0‰ and existed above MHHW. Parallel
24 transects at one site suggested that intra-site variability was not discernible. The utility of
25 $\delta^{13}\text{C}$ values for reconstructing relative sea level in New Jersey is limited by an inability to
26 differentiate between brackish sediments related to sea level and freshwater upland
27 samples. To facilitate this distinction in a 4.4 m core, we used presence or absence of
28 agglutinated foraminifera to recognize four sample types. Sediment less depleted than
29 -18.9‰ was derived from a vegetated salt marsh and formed between MTL and MHHW.
30 Sediment more depleted than -22.0‰ and containing agglutinated foraminifera formed in
31 a brackish transitional zone between MHHW and HAT. Sediment more depleted than
32 -22.0‰ and lacking foraminifera formed above MHHW and maybe unrelated to former
33 sea level. Samples with intermediate values (-22.0‰ to -18.9‰) formed between MTL
34 and HAT. Radiocarbon dates suggest that a transition from brackish to salt marsh $\delta^{13}\text{C}$
35 values recorded in the core took approximately 350 years (1807-1452 years BP).

36 **Keywords**

37 *Stable carbon isotope, salt marsh, New Jersey, sea level, Spartina*

38 **1 Introduction**

39 Stable carbon isotopes have been used to determine the botanical and environmental
40 origin of organic material preserved in coastal sedimentary archives (Chmura and
41 Aharon, 1995; Wilson *et al.*, 2005a; Lamb *et al.*, 2006; González and Törnqvist, 2009).
42 In temperate regions, the transition between freshwater, salt marsh and marine settings
43 presents a strong environmental and elevational gradient, which is reflected in the stable
44 carbon isotopic signature of plants and bulk-organic sediments (Chmura *et al.*, 1987;
45 Matson and Brinson, 1990; Goñi and Thomas, 2000). $\delta^{13}\text{C}$ values are the $^{13}\text{C}:^{12}\text{C}$ ratio
46 measured in samples and expressed in parts per mil (‰) compared to a standard reference
47 sample (Pee Dee Belemnite, PDB). During photosynthesis, land plants preferentially
48 concentrate the ^{12}C isotope to varying degrees; this fractionation of atmospheric carbon is
49 recorded in plant tissues. Species using C_3 (Calvin-Benson) and C_4 (Hatch-Slack)
50 photosynthetic pathways are associated with $\delta^{13}\text{C}$ values of -34‰ to -23‰ and -17‰ to
51 -9‰ respectively (Chmura and Aharon, 1995; Lamb *et al.*, 2006). Along the temperate
52 northeast and mid-Atlantic coasts of the USA, salt marshes are predominantly vegetated
53 by grasses (e.g. *Spartina* spp.) utilizing the C_4 pathway (Middleburg *et al.*, 1997; Johnson
54 *et al.*, 2007; Tanner *et al.*, 2007). In contrast, freshwater uplands from elevations above
55 the uppermost limit of tidal inundation are associated with plants using the C_3 pathway
56 (Middleburg *et al.*, 1997; Lamb *et al.*, 2006). As the dominant input to salt-marsh
57 sediments is likely derived from vascular vegetation (Malamud-Roam and Ingram, 2001;
58 Lamb *et al.*, 2006), bulk sediment $\delta^{13}\text{C}$ values can be used as a proxy for describing the
59 dominant vegetation at the time of deposition (Malamud-Roam and Ingram, 2004).
60 However, measurements of $\delta^{13}\text{C}$ in bulk sediment also include allochthonous material

61 that may be derived from fresh, brackish or marine environments as either dissolved or
62 particulate matter (Lamb *et al.*, 2006; Gebrehiwet *et al.*, 2008). Further difficulties arise
63 from the presence of C₃ plants that are tolerant of tidal submergence (e.g. *Juncus*
64 *roemerianus*), which limits use of this technique on the southeastern and Gulf coasts of
65 the USA where C₃ species dominate both freshwater upland and salt-marsh environments
66 making them indistinguishable from one another on the basis of bulk-sediment $\delta^{13}\text{C}$
67 values alone (Chmura and Aharon, 1995; Kemp *et al.*, 2010).

68
69 The ability to distinguish between sediments derived from salt-marsh and freshwater
70 upland environments presents a means to use $\delta^{13}\text{C}$ values as a sea-level indicator by
71 recognition of these floral environments in organic sedimentary sequences (Wilson *et al.*,
72 2005b; Lamb *et al.*, 2007). This approach is applicable in study areas where C₃ and C₄
73 plants have existed (with different distributions) over the period under consideration
74 (Wilson *et al.*, 2005a) and requires an understanding of the influence of post-depositional
75 diagenesis on measured $\delta^{13}\text{C}$ values (DeLaune, 1986; Ember *et al.*, 1987; Fogel *et al.*,
76 1989). The precision of this approach may be increased if salt marshes can be further
77 divided using $\delta^{13}\text{C}$ values into floral zones (high and low salt marsh) characterized by
78 varying proportions of C₃ and C₄ inputs (Edwards, 2007). To be used as a sea-level
79 indicator, it is necessary to quantify the relationship between bulk sediment $\delta^{13}\text{C}$ values
80 (or the vegetation types they represent) and elevation in the tidal frame (Shennan, 1986;
81 van de Plassche, 1986). This relationship is formalized by the indicative meaning, which
82 is the elevational range occupied by a sea-level indicator (indicative range) in relation to
83 a contemporaneous tide level (reference water level).

84

85 In this study, we investigate the use of $\delta^{13}\text{C}$ values from bulk-organic sediments to
86 identify salt-marsh floral zones and be used as sea-level indicators in southern New
87 Jersey, USA. The $\delta^{13}\text{C}$ values of modern (surface) bulk sediments and plants were
88 measured in samples collected along salt-marsh transects reflecting an environmental and
89 elevational gradient at three study sites (Figure 1). Replicate transects at one site (Leeds
90 Point) facilitates investigation of intra-site variability. We use this modern dataset in
91 tandem with foraminiferal data (Kemp et al.) to interpret $\delta^{13}\text{C}$ values measured in a 4.4 m
92 core of organic sediment as changes in floral composition. This application provides a
93 means to consider the strengths and limitations of bulk sediment $\delta^{13}\text{C}$ values as sea-level
94 indicators in southern New Jersey salt marshes and similar regions. Preliminary results
95 from radiocarbon dating estimate the timing and duration of a change in dominant plant
96 community preserved in the core (1807 to 1452 years BP).

97

98 **2 Study Area**

99 The central and southern Atlantic coast of New Jersey is characterized by a chain of
100 barrier islands, separating a back-barrier lagoon system from the open ocean. The coast
101 between Great Bay to the north and Cape May to the south (Figure 1) includes nine inlets
102 between barrier islands that typically decrease in size from north to south along the coast
103 (Ferland, 1990). These inlets facilitate exchange of water between the Atlantic Ocean
104 and lagoons. Large areas of formerly open-water lagoon have been infilled by vertical
105 accretion of salt-marsh sediment (Daddario, 1961; Meyerson, 1972; Thorbjarnarson *et*

106 *al.*, 1985; Psuty, 1986; Ferland, 1990). The resulting sequences of sediment provide
107 archives of Holocene sea-level and environmental change.

108

109 Modern salt marshes in this region form extensive platforms. Tidal flats are rare as the
110 coast is experiencing ongoing erosion (Dolan *et al.*, 1979; Fitzgerald *et al.*, 2008). A
111 low-marsh floral zone of *Spartina alterniflora* (tall form) is frequently present, while
112 high-marsh floral zones are characterized by *Spartina patens*, *Spartina alterniflora* (short
113 form) and *Distichlis spicata* (Daddario, 1961). The border between salt marshes and
114 freshwater upland is vegetated by *Phragmites australis* and *Iva frutescens*, with less
115 frequent occurrences of *Typha* sp. and *Scirpus* sp. This zone is typically narrow and
116 represents brackish conditions (Daddario, 1961; Stuckey and Gould, 2000).

117

118 The region has a semidiurnal tidal cycle and is microtidal. Tidal ranges (MLLW to
119 MHHW) are slightly larger on the ocean side of the barrier islands (1.4 m at Atlantic
120 City; Figure 1) than in the lagoons. Tidal ranges at the study sites around Great Bay were
121 estimated by VDatum (Yang *et al.*, 2008) to be 1.1 m at Leeds point and Bass River and
122 1.3 m at Brigantine Barrier.

123

124 The three sites described in this study were also the focus of an investigation into the
125 modern distribution of salt-marsh foraminifera (Kemp *et al.*). Leeds Point is situated on
126 the west side of Great Bay (Figure 1). Salt-marshes in this area frequently exceed 1 km
127 in width (Ferland, 1990). We sampled two transects (A-A' and B-B'; Figures 1a and 2a)
128 that extended from freshwater upland, through a narrow (10-20 m wide) brackish zone

129 vegetated by *Phragmites australis* and *Typha* sp., a wide (up to 100 m) high-marsh floral
130 zone dominated by *Spartina patens* associated with *Spartina alterniflora* (short form) and
131 a narrow (less than 10 m) low-marsh floral zone bordering a tidal channel characterized
132 by low-density stands of *Spartina alterniflora* (tall form) and unvegetated muddy
133 sediment. Core EF10 was collected at the Leeds Point site in a high salt marsh
134 environment (Figure 1).

135

136 We established a 50 m long transect (C-C') at the confluence of Bass River with Great
137 Bay (Figure 1). The transect ran from a brackish, transitional (salt-marsh to upland) zone
138 defined by *Phragmites australis*, through a high-marsh floral zone dominated by *Spartina*
139 *patens* and *Spartina alterniflora* (short form) and into a narrow (less than 10 m wide)
140 low-marsh floral zone of tall-form *Spartina alterniflora* (Figures 1b and 3a).

141

142 The site at Brigantine Barrier is a back-barrier salt marsh (Figure 1). A 120 m transect
143 (D-D') encompassed the brackish transition from freshwater upland to salt marsh
144 dominated by *Phragmites australis* and *Iva frutescens* (less than 10 m wide), a high-
145 marsh floral zone defined by *Spartina patens* and *Spartina alterniflora* (short form) and a
146 low-marsh floral zone of patchy *Spartina alterniflora* (tall form) and exposed muddy
147 sediment (Figures 1c and 4a).

148

149 **3 Methods**

150 *3.1 Sampling Regime*

151 At the three sites we established transects across the modern salt marsh, which were
152 positioned to include the full range of physiographic environments at each site (Figure 1).
153 Sampling stations reflected changes in elevation and vascular vegetation. At each station
154 we collected bulk surface (0-1 cm) sediment for analysis. Two parallel transects at Leeds
155 Point were used to consider the influence of intra-site variability. Sample elevations were
156 established using Real Time Kinematic (RTK) satellite navigation with a minimum of
157 2000 base station observations (Leica GPS 1200+). Individual samples were leveled to
158 base stations using a total station and VDatum was used to convert altitudes from
159 orthometric to tidal datums. We collected examples (leaf and stem) of living salt-marsh
160 plants (*Spartina alterniflora*, *Spartina patens* and *Phragmites australis*) from Leeds Point
161 for comparison with measured bulk sediment $\delta^{13}\text{C}$ values at stations where these species
162 were the dominant type of vegetation.

163

164 A core (EF10) was selected for analysis from the Leeds Point site following stratigraphic
165 investigation. The core was recovered in 50 cm sections using a Russian-type hand core.
166 It was sampled at a resolution of 5 cm in the laboratory to ensure that all stratigraphic
167 units were adequately represented. Each core sample consisted of a 1 cm thick section of
168 sediment.

169

170 *3.2 Stable carbon isotopes preparation and measurement*

171 Modern and core bulk sediment samples were prepared for measurement of $\delta^{13}\text{C}$, C:N
172 and Total Organic Carbon (TOC) by treatment with 5% HCL for 18 hours. They were
173 then washed with deionized water. Plant samples were washed with deionized water to

174 remove sediment particles. All sample types were dried overnight in an oven at 40°C and
175 milled to a fine powder using a pestle and mortar. $^{13}\text{C}:^{12}\text{C}$ and TOC analyses were
176 performed by combustion in a Costech Elemental Analyzer coupled on-line to a Optima
177 dual-inlet mass spectrometer, with $\delta^{13}\text{C}$ values calculated to the Vienna Pee Dee
178 Belemnite (VPDB) scale using a within-run laboratory standard (cellulose, Sigma
179 Chemical prod. no. C-6413) calibrated against NBS-19 and NBS-22. C:N ratios were
180 analyzed on the same instrument and ratios were calibrated through an acetanilide
181 standard. C:N results are presented on a weight to weight basis. Replicate analysis of
182 well-mixed samples indicated a precision of $\pm <0.1\%$ for $\delta^{13}\text{C}$ (1σ). For measurements
183 of nitrogen, the precision was ± 0.16 (1σ).

184

185 *3.3 Radiocarbon ages*

186 Radiocarbon ages were obtained for five samples from core EF10. The selected samples
187 were identifiable macrofossils of common salt-marsh species that were determined to be
188 in growth position and had a known relationship to the former marsh surface. In addition
189 a woody fragment lying horizontally in the core was interpreted as having been deposited
190 on a former marsh surface. Each sample was cleaned under a microscope to remove
191 contaminating material such as adhered sediment or invasive younger roots and dried at
192 $<50^\circ\text{C}$. Radiocarbon ages were calibrated individually using Calib 6.0.2 (Stuiver and
193 Reimer, 1993) and the IntCal09 calibration curve. We report original radiocarbon ages
194 and calibrated dates (with 2σ calibrated uncertainty), expressed by convention as years
195 before present (BP) where zero is AD 1950 (Stuiver and Polach, 1977).

196

197 **4 Results**

198 *4.1 Characterization of modern salt-marsh sediments and plants*

199 The $\delta^{13}\text{C}$, C:N and TOC composition of modern salt-marsh sediments was measured in
200 61 surface (0-1 cm) samples collected at the three study sites. Along Leeds Point transect
201 A (Figure 2, left panels, A-D), samples between 0 and 22 m (stations 1 to 5) had $\delta^{13}\text{C}$
202 values from -27.0‰ to -22.7‰, TOC of 4% to 32% and C:N ratios of 12.4 to 14.4.

203 These samples were associated with freshwater upland and *Phragmites australis* with *Iva*
204 *frutescens* environments. Samples from 30-108 m along the transect in areas vegetated
205 by *Spartina patens* and *Spartina alterniflora* recorded $\delta^{13}\text{C}$ values from -17.5‰ to
206 -15.8‰, TOC between 7.5 and 23.6% and measured C:N ratios from 12.1 to 16.6 (Figure
207 2).

208

209 A similar pattern was observed on the second transect from Leeds Point (Figure 2, right
210 panels, E-H). Samples between 0 and 25 m (stations 1 to 8) had $\delta^{13}\text{C}$ values from
211 -26.7‰ to -22.9‰, TOC of 3-32% and C:N ratios of 12.9 to 15.3. These samples were
212 associated with freshwater upland and *Phragmites australis* with *Iva frutescens*
213 environments. Between 34 and 81 m (stations 9 to 18), $\delta^{13}\text{C}$ values measured in 10
214 samples from *Spartina patens*, *Spartina alterniflora* and unvegetated muddy zones varied
215 from -18.7‰ to -16.2‰ with TOC values of 7-24% and C:N ratios of 12.6-17.3.

216

217 At Bass River (Figure 3), a single sample (station 1) situated in a stand of *Phragmites*
218 *australis* had a $\delta^{13}\text{C}$ value of -25.0‰, TOC of 2.6% and C:N ratio of 14.6. Samples
219 collected from *Spartina patens*, *Spartina alterniflora* and muddy unvegetated sediment

220 zones had measured $\delta^{13}\text{C}$ values of -20.5‰ to -15.4‰, TOC values of 0-33% and C:N
221 ratios of 8.8 to 22.4 (Figure 3).

222

223 The transect at Brigantine Barrier included a single sample (station 1) situated in a stand
224 of mixed stand of *Phragmites australis* and *Iva frutescens* which had a $\delta^{13}\text{C}$ value of
225 -22.0‰, TOC of 26.2% and C:N ratio of 13.8 (Figure 4). Stations 2-12 were situated in a
226 mixed zone of *Spartina patens*, *Spartina alterniflora* and *Salicornia* spp. These samples
227 had $\delta^{13}\text{C}$ values of -18.9‰ to -16.1‰, measured TOC of 1% to 38% and C:N ratios
228 between 10.5 and 15.5. Three samples collected from unvegetated muddy sediment at
229 115-117 m (stations 13-15) had $\delta^{13}\text{C}$ values of -18.5‰ to -16.5‰, measured TOC of 5%
230 to 10% and C:N ratios between 9.5 and 14.1 (Figure 4).

231

232 We measured $\delta^{13}\text{C}$, TOC and C:N in stems and leaves from single examples of salt-marsh
233 plants collected at Leeds Point (Figure 1). The *Spartina alterniflora* (C_4 photosynthetic
234 pathway) specimen had $\delta^{13}\text{C}$ values of -12.4‰ and -13.0‰ for its stem and leaf
235 respectively, with TOC of 38.7% and 43.1% and C:N ratios of 92.9 and 35.5. *Spartina*
236 *patens* (C_4 photosynthetic pathway) stem material had a $\delta^{13}\text{C}$ value of -13.8‰, TOC of
237 43.7% and C:N of 52.9. A leaf from the same plant yielded a $\delta^{13}\text{C}$ value of -14.0‰, TOC
238 of 29.9% and C:N of 36.6. An example of *Phragmites australis* (C_3 photosynthetic
239 pathway) recorded stem and leaf $\delta^{13}\text{C}$ values of -25.2‰ and -24.6‰ respectively. TOC
240 measured from stem material was 47.5% compared with 41.9% in the leaf. C:N ratios
241 were 135.7 in the stem and 24.8 in the leaf.

242

243 4.2 Characteristics of bulk sediments in core EF10

244 We measured $\delta^{13}\text{C}$, TOC and C:N in 91 samples (1 cm thick) of sediment recovered from
245 the upper 4.2 m of core EF10 which represents the sedimentary units above the basal
246 sand (Figure 6). $\delta^{13}\text{C}$ values from the lowermost section of the core (4.20 m to 3.35 m
247 depth) varied from -26.8‰ to -22.2‰. Between 3.35 m and 2.80 m there was a trend
248 toward less depleted $\delta^{13}\text{C}$ values (Figure 6), ten samples in this interval varied from
249 -24.8‰ to -19.1‰. There was relatively little variability in $\delta^{13}\text{C}$ from the upper 2.80 m
250 of the core, where measured values varied from -16.2‰ to -13.1‰. Measured TOC
251 between 4.20 m and 3.40 m in the core increased from 3% to 39.5% (Figure 6). A
252 reversal of this trend was observed between 3.40 m and 2.40 m with measured TOC
253 values that decreased from 39.5% to 8.6%. In the upper part of the core (top 2.40 m),
254 TOC increased to a peak of 32.8% at 1.40 m (Figure 6) and averaged 18.3%. There was
255 no clear trend in measured C:N ratios from core EF10 (Figure 6), which varied from 13.8
256 to 32.8 (average 20.9), with the exception of two anomalous data points at depths of 0.80
257 m (C:N of 45.7) and 0.05 m (C:N of 46.6).

258

259 4.3 Radiocarbon ages

260 Four plant macrofossils from depths of 3.14 m, 2.82 m, 2.68 m and 2.45m in core EF10
261 were radiocarbon dated (Table 1). Three of the samples were identified as *Spartina*
262 *patens* and yielded $\delta^{13}\text{C}$ values consistent with this interpretation (Chmura *et al.*, 1987).
263 One macrofossil was a rhizome and of *Scirpus* sp. We also dated a horizontal fragment
264 of wood at 3.27 m. After calibration these dates spanned the interval from 1806 to 1378
265 years BP with 2σ uncertainty from ± 25 to ± 85 years.

266

267 **5 Discussion**

268 *5.1 Modern distribution of salt-marsh plants*

269 Salt-marsh plant communities form elevation-dependent floral zones because of their
270 differing tolerances to frequency and duration of inundation by saline water (Chapman,
271 1960; Redfield, 1972; Niering and Warren, 1980). This distinctive pattern provides a
272 means to reconstruct relative sea level by recognition of these floral zones in coastal
273 sedimentary archives where organic material has accumulated, such as salt marshes,
274 infilled lagoons and estuaries (Shennan, 1986). To do so, requires that the elevational
275 range of each floral zone can be robustly estimated from modern salt marshes. In
276 southern New Jersey, we recognized three salt-marsh floral zones which are present at
277 each of the study sites. These zones were assigned a conservative (broad elevational
278 range to capture ecologically rare occurrences) indicative meaning (Table 2), similar to
279 those established by van de Plassche (1991) in Connecticut, USA. The narrow zone of
280 *Phragmites australis* (often with *Typha* sp. and *Iva frutescens*) between freshwater
281 upland and salt-marsh environments was given an indicative meaning of having formed
282 above mean higher high water (MHHW). No upper limit was established for this plant
283 community because *Phragmites australis* also occurs throughout the study region at sites
284 without marine influence such as freshwater marshes and the periphery of lakes and
285 ponds. High-marsh floral zones dominated by *Spartina patens*, *Distichlis spicata* and
286 stunted *Spartina alterniflora* were associated with elevations between MHW and MHHW
287 (Table 2). Measurements of the modern boundary between high-marsh and brackish
288 transitional floral zones at the Leeds Point site ($n=88$) located it within 2 cm of MHHW.

289 Low-marsh floral zones characterized by *Spartina alterniflora* (tall form) were assigned
290 an indicative meaning of mean tide level (MTL) to MHW. At Leeds Point, 70
291 measurements of the modern boundary between *Spartina alterniflora* and the high-marsh
292 floral zone confirmed that it occurred within 1 cm of MHW with a $\pm 1\sigma$ confidence
293 interval of 6 cm.

294

295 The modern distribution of salt-marsh foraminifera was described at the same three study
296 sites by Kemp et al. (in review), who recognized five distinct assemblages. In freshwater
297 upland environments, foraminifera were absent in surface sediments. Foraminifera
298 require brackish, saline or marine conditions and are not found in sediments from
299 freshwater upland environments along the landward edges of salt marshes (Scott and
300 Medioli, 1978; Gehrels, 1994; Edwards *et al.*, 2004). The brackish zone of *Phragmites*
301 *australis*, *Iva frutescens* and *Typha* sp. was inhabited by *Haplophragmoides manilaensis*
302 , or alternatively *Jadammina macrescens* with *Trochammina inflata*. High-marsh floral
303 environments were dominated by *Arenoparrella mexicana* and *Tiphotrecha comprimata*.
304 The low-marsh floral zone was uniformly dominated by *Miliammina fusca*.

305

306 5.2 Salt-marsh plant $\delta^{13}C$ values

307 The physiological contrast between C_3 and C_4 photosynthetic pathways is reflected in
308 $\delta^{13}C$ values measured in living salt-marsh plants (Chmura and Aharon, 1995). Isotopic
309 differences arise from discrimination against $^{13}CO_2$ by the Rubisco enzyme in favor of
310 $^{12}CO_2$. The net effect of this process is smaller in plant species producing 4-carbon
311 sugars (C_4) resulting in less depleted $\delta^{13}C$ values (modal value -12‰) than in those

312 producing 3-carbon sugars (C_3), which have an average $\delta^{13}C$ value of -27‰
313 (Schlesinger, 1997; Choi *et al.*, 2001; Fry, 2006). In this study, an example of
314 *Phragmites australis* (C_3 plant) yielded $\delta^{13}C$ values of -25.2‰ and -24.6‰. This result is
315 directly to comparable to other investigations, which have reported similar $\delta^{13}C$ values
316 (-29.4‰ to -24.6‰) for this species (Chmura and Aharon, 1995; Cloern *et al.*, 2002).
317 The $\delta^{13}C$ values from *Spartina patens* (C_4 plant) in southern New Jersey (-14.0‰ and
318 -13.8‰) are within the range documented for this species in published studies along the
319 mid-Atlantic (Emery *et al.*, 1967) and north east coasts of the USA (Middleburg *et al.*,
320 1997). Likewise, measured $\delta^{13}C$ values from an example of *Spartina alterniflora* (C_4
321 plant) in this study (-13.1‰ and -12.4‰) fell within reported ranges for the species
322 (Ember *et al.*, 1987; Chmura and Aharon, 1995; Goñi and Thomas, 2000; Gebrehiwet *et*
323 *al.*, 2008).

324

325 5.3 $\delta^{13}C$ values in bulk surface sediments

326 In New Jersey, bulk surface sediments from low and high-marsh floral zones dominated
327 by *Spartina alterniflora* (tall form) and *Spartina patens* respectively, yielded $\delta^{13}C$ values
328 of -18.9‰ to -15.4‰ (Figures 2 to 4). These values are comparable to those found along
329 the Gulf and Atlantic coasts of the USA for *Spartina* spp.-derived sediments. In
330 Louisiana, average $\delta^{13}C$ values of -16.5‰ to -16.2‰ were reported for low marsh
331 *Spartina alterniflora* (DeLaune, 1986; Chmura *et al.*, 1987; Chmura and Aharon, 1995).
332 In North Carolina, sediments under *Spartina alterniflora* have been associated with $\delta^{13}C$
333 values of between -18.6‰ and -14.0‰ (Craft *et al.*, 1988; Currin *et al.*, 1995; Kemp *et*
334 *al.*, 2010). Similar sediments in South Carolina had $\delta^{13}C$ values of -20.1‰ to -15.4‰

335 (Ember *et al.*, 1987; Goñi and Thomas, 2000). In Georgia, values of -17.5‰ to -15.0‰
336 were measured (Fogel *et al.*, 1989). Middleburg *et al.* (1997) showed that *Spartina*
337 sediments had $\delta^{13}\text{C}$ values of -19.5‰ to -14.1‰ in Massachusetts.

338

339 Bulk-sediment $\delta^{13}\text{C}$ values from the brackish transition zone (dominated by *Phragmites*
340 *australis*, *Iva Frutescens* and *Typha* sp.) in New Jersey were between -27.0‰ and
341 -22.0‰ (Figures 2 to 4). Middleburg *et al.* (1997) reported a $\delta^{13}\text{C}$ value of -24.5‰ for
342 bulk sediment at the upland border of salt marshes vegetated by *Phragmites australis*,
343 *Typha* sp. and *Scirpus* sp. in Massachusetts. Whilst these species of vegetation are less
344 common in other regions, bulk sediment $\delta^{13}\text{C}$ values from the transition between
345 freshwater upland and salt marsh had an average value of -22.1‰ in Louisiana (Chmura
346 *et al.*, 1987).

347

348 Four bulk sediment samples from the freshwater upland at Leeds Point had $\delta^{13}\text{C}$ values of
349 -26.5‰ to -25.1‰ (Figure 2). These values are similar to those reported for freshwater
350 upland sediments in other studies that varied from -28.1‰ to -23.3‰. In Louisiana, an
351 average $\delta^{13}\text{C}$ value of -27.8‰ was provided for freshwater marshes (DeLaune, 1986;
352 Chmura *et al.*, 1987), whilst forest sediments close to salt marshes in South Carolina had
353 $\delta^{13}\text{C}$ values of -28.8‰ to -27.5‰ (Goñi and Thomas, 2000). Bulk sediments above the
354 influence of astronomical tides were associated with $\delta^{13}\text{C}$ values of -28.1‰ to -26.8‰ in
355 North Carolina (Kemp *et al.*, 2010). In the San Francisco Bay estuarine system,
356 freshwater sediments were shown to have $\delta^{13}\text{C}$ values of -27.2‰ to -23.3‰ (Cloern *et*

357 *al.*, 2002). Upland border sediments in Massachusetts were reported as having a $\delta^{13}\text{C}$
358 value of -24.5‰ (Middleburg *et al.*, 1997).
359
360 The range of $\delta^{13}\text{C}$ values reported for bulk surface sediments from *Spartina alterniflora*
361 and *Spartina patens* floral zones in New Jersey (-18.9‰ to -15.4‰) was more depleted
362 than living plant tissue (stems and leaves) from the same species (-14.0‰ to -12.4‰). A
363 consistent depletion of bulk sediment $\delta^{13}\text{C}$ compared to *Spartina* spp. tissues has been
364 widely recognized (Haines, 1976; Ember *et al.*, 1987; Benner *et al.*, 1991). In North
365 Carolina, *Spartina* sediments up to 6.4‰ more depleted than corresponding plants have
366 been reported (Craft *et al.*, 1988; Kemp *et al.*, 2010). Similarly, Goni and Thomas (2000)
367 showed a difference of 4.0‰ to 6.8‰ in South Carolina. Bulk sediments up to 5.5‰
368 more depleted than *Spartina alterniflora* tissue were recorded in Georgia (Fogel *et al.*,
369 1989; Benner *et al.*, 1991). Differences between $\delta^{13}\text{C}$ values from *Spartina* tissue and
370 sediment are a consequence of fractionation of carbon within plant tissues causing
371 cellulose and lignin from the same living plant to have different $\delta^{13}\text{C}$ values (Lamb *et al.*,
372 2007). During early diagenesis following the plant's death, cellulose is decomposed by
373 bacterial and fungal communities at a rate several times faster than lignin (Benner *et al.*,
374 1987; Benner *et al.*, 1991; Buchan *et al.*, 2003), resulting in sediments 4‰ to 7‰ more
375 depleted than living *Spartina* spp. tissue (Ember *et al.*, 1987; Fogel *et al.*, 1989; Haddad
376 *et al.*, 1992; Opsahl and Benner, 1995; Goñi and Thomas, 2000; Buchan *et al.*, 2003). In
377 addition, bulk sediments include allochthonous material that can enhance or dampen
378 diagenetic differences to living plant material depending on its source (Lamb *et al.*,
379 2006).

380

381 In contrast to *Spartina* spp., further fractionation of carbon during early diagenesis was
382 not discernible (within measured ranges) between *Phragmites australis* plant tissue
383 (-25.2‰ to -24.6‰) and bulk sediment (-27.0‰ to -22.0‰). Field and laboratory
384 experiments on *Phragmites australis* have shown that $\delta^{13}\text{C}$ values from *Phragmites*
385 *australis* tissue underwent a change of less than 2‰ during early decomposition (Katalin
386 *et al.*, 2006), which is less than the range reported for living examples of this species.
387 Beyond the period of initial decomposition, several investigations have shown that bulk
388 sediment $\delta^{13}\text{C}$ values are incorporated into coastal sedimentary archives in a manner
389 allowing reliable identification of floral zones after more than 3000 years (Byrne *et al.*,
390 2001; Malamud-Roam and Ingram, 2004; Lamb *et al.*, 2007). These studies suggested
391 that fractionation of bulk sediment $\delta^{13}\text{C}$ is most pronounced during the short period
392 following deposition of dead plant material and that bulk sediment underwent little
393 further change. In core EF10, consistency of $\delta^{13}\text{C}$ values between depths of 0.05 m and
394 2.80 m ($14.8\text{‰} \pm 0.8$; 1σ) suggests that no systematic, post-depositional shift can be
395 discerned in bulk sediments with a floral origin dominated by C_4 plants, corresponding to
396 approximately 1450 years (Figure 6).

397

398 At Leeds Point two parallel transects were established (Figures 1 and 2) to investigate
399 intra site variability in measured sediment $\delta^{13}\text{C}$ values. Most previous studies used single
400 transects and sought to describe variability among sites (Wilson *et al.*, 2005a, 2005b;
401 Kemp *et al.*, 2010). Implicit in paleoenvironmental interpretations based upon single
402 transects is an assumption that small-scale (within a floral zone at a single marsh)

403 variability is not significant. On salt marshes, variability of this kind may occur due to
404 spatial changes in allochthonous inputs (Gebrehiwet *et al.*, 2008) or differing
405 decomposition in pockets of aerobic rather than anoxic sediment. Transects at Leeds
406 Point showed a consistent pattern of measured $\delta^{13}\text{C}$ values (Figure 2b). Sediments from
407 floral zones dominated by C_3 plants on transect A-A' had an average $\delta^{13}\text{C}$ value of
408 -25.8‰ (-27.0‰ to -22.7‰) compared to -25.8‰ (-26.7‰ to -22.9‰) on transect B-B'.
409 Samples from high and low salt-marsh floral zones on transect A-A' yielded an average
410 $\delta^{13}\text{C}$ value of -16.7‰ (-17.6‰ to -15.8‰). Equivalent samples from transect B-B' had
411 an average $\delta^{13}\text{C}$ value of -16.8‰ (-17.6‰ to -16.2‰). Similarity between bulk sediment
412 $\delta^{13}\text{C}$ values along the two transects at Leeds Point suggests that small-scale spatial
413 variability was not significant.

414

415 *5.4 Reconstructing Holocene relative sea-level changes*

416 Establishing the botanical origin of bulk organic coastal sediments offers a means to
417 reconstruct sea level by estimating the elevation at which a sediment sample formed and
418 was deposited (Tornqvist *et al.*, 2004; Tornqvist *et al.*, 2006; Johnson *et al.*, 2007).

419 Whilst there is no direct correlation between elevation and measured $\delta^{13}\text{C}$ values (Kemp
420 *et al.*, 2010) (Figure 5), recognition of floral zones in an appropriate stratigraphical
421 context allows relative sea level to be reconstructed. To consider the use of bulk
422 sediment $\delta^{13}\text{C}$ values as a sea-level indicator in southern New Jersey we estimated the
423 indicative meaning of 91 samples from a core (EF10) at Leeds Point (Figures 1 and 5).

424 These estimates and interpretations are reliant upon the underlying assumption that plant

425 species have maintained their ecological preferences and physiography throughout the
426 period under consideration, including the present.

427

428 We recognized four indicative meanings that could be assigned to samples in core EF 10
429 (Table 2).

430

431 *1) $\delta^{13}\text{C}$ values less depleted than -18.9‰ formed between MTL and MHHW.*

432 Measured $\delta^{13}\text{C}$ values in modern bulk sediment did not distinguish between low and
433 high-marsh floral zones as both were dominated by C_4 plants (Figure 5). The range of
434 measured $\delta^{13}\text{C}$ sediment values from these environments in New Jersey was -18.9‰ to
435 -15.4‰ . As such, we recognized a salt-marsh environment as having $\delta^{13}\text{C}$ values less
436 depleted than -18.9‰ and occupying an elevational range from MTL to MHHW, which
437 are the lower and upper tidal limits of vegetated modern salt-marshes in the study region
438 (Table 2). Under current tidal conditions at Leeds Point, the range from MTL to MHHW
439 is 0.59 m.

440

441 The sample at 1.8 m provides a unique example (in this core) of how $\delta^{13}\text{C}$ values can be
442 applied in relative sea level reconstructions. No foraminifera were present in the sample,
443 which was unusual given the nature of nearby samples; it had a $\delta^{13}\text{C}$ value of -15.2‰
444 (Figure 6). A bulk sediment $\delta^{13}\text{C}$ measurement less depleted than -18.9‰ allowed this
445 sample to be classified as having a salt-marsh origin typical of modern sites in New
446 Jersey in light of its stratigraphic context and organic-rich nature. This example
447 demonstrates how $\delta^{13}\text{C}$ can be used to reconstruct relative sea level in some instances

448 where foraminifera (or other sea-level indicators) are not preserved or cannot be used for
449 other reasons.

450

451 2) $\delta^{13}\text{C}$ values more depleted than -22.0‰ and lacking agglutinated foraminifera formed
452 above MHHW.

453 Brackish (-27.0‰ to -22.0‰) and freshwater upland (-26.5‰ to -25.1‰) environments
454 in New Jersey could not be separated using $\delta^{13}\text{C}$ values because both were dominated by
455 C_3 plants (Figure 5). As such, core samples having $\delta^{13}\text{C}$ values associated with C_3 plants
456 (more depleted than -22.0‰) could only be said to have formed at an elevation above
457 MHHW. In studies seeking to reconstruct relative sea level, such samples should be
458 restricted to establishing freshwater limiting points, which constrain only the upper
459 altitude of former sea level (Shennan and Horton, 2002; Engelhart *et al.*, In Press).

460 Foraminifera were absent in all samples below 3.95 m and in a sample at 1.80 m (Kemp
461 *et al.*; Figure 6).

462

463 3) $\delta^{13}\text{C}$ values more depleted than -22.0‰ with presence of agglutinated foraminifera
464 formed between MHHW and HAT.

465 In southern New Jersey, foraminifera are absent in modern freshwater upland sediments,
466 whilst modern brackish sediments included agglutinated taxa such as *Jadammina*
467 *macrescens* and *Haplophragmoides manilaensis* (Kemp *et al.* in review). Therefore
468 samples with $\delta^{13}\text{C}$ values typical of C_3 plants and presence of foraminifera were
469 associated with brackish conditions and given a PME of MHHW to HAT (Table 2).

470 Under current tidal conditions at Leeds Point the elevational range between MHHW and
471 HAT is 0.51m.

472

473 *4) Samples with intermediate $\delta^{13}\text{C}$ values (-22.0‰ to -18.9‰) and presence of*
474 *agglutinated foraminifera formed between MTL and HAT*

475 The floral origin of samples with intermediate $\delta^{13}\text{C}$ values is unclear, although presence
476 of agglutinated foraminifera indicates an intertidal origin. Samples of this nature were
477 given a PME of MTL to HAT to reflect this uncertainty, which corresponds to a 0.90 m
478 range at Leeds Point today (Figure 6).

479

480 Samples from core EF10 at depths below 3.95 m had $\delta^{13}\text{C}$ values of -26.8‰ to -25.4‰
481 (Figure 6). Foraminifera were absent in all of these samples (Figure 6), therefore we
482 assigned a PME of above MHHW. Between 3.95 m and 2.80 m, 29 samples had
483 measured $\delta^{13}\text{C}$ values from -27.0‰ to -16.2‰. Agglutinated foraminifera were present
484 in all of these samples. Of this group, 24 samples were more depleted than -22.0‰ and
485 coupled with the presence of agglutinated foraminifera were considered to represent
486 brackish conditions and assigned a PME of MHHW to HAT. Five samples had
487 transitional $\delta^{13}\text{C}$ values (between the ranges of C_3 and C_4 plants) and were assigned a
488 conservative PME of MTL to HAT. Measured $\delta^{13}\text{C}$ values in 58 samples in the upper
489 2.80 m of core EF10 ranged from -18.4‰ to -13.1‰. These values are within the range
490 of modern sediments from vegetated salt marshes in southern New Jersey and we
491 assigned these samples a PME of MTL to MHHW (Figure 6).

492

493 Bulk sediment $\delta^{13}\text{C}$ values that are synonymous with a dominance of C_4 plants may be
494 used to reconstruct relative sea level in instances where the sedimentary context of a
495 sample and modern transects supports its interpretation of having a salt-marsh origin.
496 Relative sea level is reconstructed by subtracting estimated PME from measured altitude
497 (with respect to the same tidal datum) for each sample. This scenario is applicable to the
498 northeast and mid-Atlantic coasts of the USA where C_4 plants are (and have been) the
499 dominant plant species on vegetated salt marshes (van de Plassche, 1991; Gehrels, 1994;
500 Middleburg *et al.*, 1997). The absolute elevational range corresponding to MTL-MHHW
501 varies among and within these regions due to differences in tidal range, making the
502 potential precision of this approach geographically variable. The threshold used for
503 distinguishing such samples would vary slightly depending on the modern data used, but
504 was less than 2‰ among the modern sites we documented. Appropriate modern datasets
505 describing the distribution of plants with respect to tidal datums and of sufficient scope to
506 include salt marsh, brackish and upland floral zones are necessary to calibrate
507 paleoenvironmental interpretations of $\delta^{13}\text{C}$ values.

508

509 Understanding changes in plant community and subsequently relative sea level using core
510 samples with $\delta^{13}\text{C}$ values typical of C_3 plants is made difficult by the inability to
511 distinguish freshwater environments that are not restricted to tidal limits from brackish
512 floral environments in the uppermost part of the tidal frame. Caution dictates that these
513 samples be used as freshwater limiting points in instances where only $\delta^{13}\text{C}$ values are
514 available for interpretation. However, presence of agglutinated foraminifera in such
515 samples allows them to estimate PME, because their distribution is restricted to intertidal

516 environments. Indeed, the combination of a C₃ δ¹³C value and presence of agglutinated
517 foraminifera in New Jersey (and similar regions) restricts estimated PME to the interval
518 between MHHW and HAT, which is a more precise interpretation than is possible from
519 C₄ δ¹³C values either in isolation or with the presence of agglutinated foraminifera. One
520 reason for investigating the use of stable carbon isotopes to reconstruct sea level was to
521 provide an instrumental means to measure sea-level indicators rather than relying on time
522 consuming and specialist counting of microfossils such as foraminifera. However,
523 determining presence or absence of agglutinated foraminifera can be done quickly,
524 cheaply and with minimal consideration of taxonomy.

525

526 In contrast to New Jersey and similar regions, high salt-marsh floral zones along the
527 southeastern Atlantic and Gulf of Mexico coasts are often dominated by the C₃ plant
528 *Juncus roemerianus* (Eleuterius, 1976). Although C₄ plants such as *Distichlis spicata* do
529 exist as patches in the high marsh, their dominance is frequently restricted to low marsh
530 floral zones (Chmura *et al.*, 1987; Kemp *et al.*, 2010). The difficulties of
531 paleoenvironmental interpretation in this region were recognized by (Chmura and
532 Aharon, 1995) and described with specific reference to relative sea-level reconstruction
533 by (Kemp *et al.*, 2010). In such settings it is challenging to distinguish among fresh,
534 brackish and high salt-marsh floral zones using δ¹³C values. Therefore the indicative
535 meanings of δ¹³C values described from New Jersey are not applicable in regions with
536 different salt marsh biomes or to buried sediments that formed in these circumstances.
537 The modern geographic division between these salt-marsh ecological regions on the
538 Atlantic coast of the USA is shown by marked contrasts in the distribution of *Juncus*

539 *roemerianus*, which covers 49-77% of salt marsh area in North Carolina, less than 10% in
540 Virginia and Maryland and less than 0.1% in Delaware and states further north
541 (Eleuterius, 1976).

542

543 *5.5 Implications for understanding salt-marsh evolution*

544 Core EF10 provides some insight into how salt marshes were established at Leeds point
545 and the relative usefulness of stable carbon isotopes and foraminifera for establishing the
546 floral and environmental origin of sediments beneath salt marshes. The lowermost
547 section of core EF10 consists of sand and gravel that is likely a glacial outwash deposit
548 (Figure 6). This unit is overlain by unstructured, organic-rich, sediment (up to 40.8%
549 TOC) from 4.2 m to 3.2 m, with plant macrofossils above 4.16 m determined to be
550 *Phragmites australis*. Agglutinated foraminifera were present above 3.95m (Figure 6).

551 We recognize this unit as a brackish salt marsh to upland transition at depths above 3.95
552 m and assigned indicative meaning reflecting this interpretation. Understanding the most
553 basal section is difficult because $\delta^{13}\text{C}$ values suggest a brackish or freshwater origin
554 which cannot be distinguished in the absence of foraminifera. The presence of
555 *Phragmites australis* plant macrofossils indicates a brackish origin, but could represent
556 downward growth into freshwater sediment. A salt-marsh peat between 2.8 m and 0.7 m
557 and was recognized by $\delta^{13}\text{C}$ values less depleted than -18.9‰ with agglutinated
558 foraminifera and abundant plant macrofossils typical of modern New Jersey salt marshes.
559 The uppermost 0.7 m of the core was composed of organic silt and likely reflects
560 anthropogenic alteration of the salt marsh (ditching).

561

562 The interval between 3.2 m and 2.8 m in core EF10 spans the environmental change from
563 a brackish transitional zone to salt-marsh floral community. Measured $\delta^{13}\text{C}$ values
564 displayed clear variability (-24.5‰ to -16.4‰) and were frequently transitional between
565 values associated with C₃ and C₄ floral zones (-22.0‰ to -18.9‰; Figure 6). We propose
566 that this period of variability represents encroachment of the salt-marsh floral
567 environment that persists until today on a brackish transitional zone. Radiocarbon dates
568 show that this environmental change took approximately 350 years (1806 at 3.27 m to
569 1452 years BP at 2.82 m; Figure 6) to be manifest in measured $\delta^{13}\text{C}$ values, although
570 uncertainty in measurement and calibration can accommodate a period of between 207
571 and 501 years. A study focused on evolution of salt marsh conditions in North Carolina
572 concluded that it would take more than 200 years for bulk sediment to develop the
573 characteristics of a *Spartina patens* high salt marsh along the border of a freshwater
574 upland, even though the plant community is able to establish itself in three to five years
575 (Craft *et al.*, 2002). However, the trajectories of such developments are likely to be non-
576 linear and effected by other changes during that time such as climate variability (Craft *et*
577 *al.*, 2002). Radiocarbon dates and $\delta^{13}\text{C}$ values from core EF10 suggest that bulk
578 sediment may have taken 350 years to reflect a change in salt-marsh floral community,
579 although it is not possible to distinguish between time taken for the dominant plant
580 species to change and time taken for bulk sediment to subsequently reflect this botanical
581 change.

582

583 **6 Conclusions**

584 We investigated the use of $\delta^{13}\text{C}$ values measured in bulk organic sediment to establish the
585 botanical origin of samples from coastal sedimentary archives in New Jersey, USA as a
586 means to reconstruct relative sea level. Modern transects established at 3 sites with a
587 total of 61 samples showed that sediment derived from C_4 plants had $\delta^{13}\text{C}$ values from
588 -18.9‰ to -15.8‰ and included both a low salt-marsh zone vegetated by *Spartina*
589 *alterniflora* (tall form) and a high salt-marsh floral zone dominated by *Spartina patens*
590 and *Spartina alterniflora* (short form). In contrast, bulk sediment associated with C_3
591 plants was characterized by $\delta^{13}\text{C}$ values of -27.0‰ to -22.0‰ . These environments
592 included brackish transitional zones vegetated by *Phragmites australis* with *Iva*
593 *frutescens* and freshwater upland. A replicate modern transect at the Leeds Point site
594 demonstrated that there was no discernible intra-site variability between samples of the
595 same floral origin. Comparison of sediment $\delta^{13}\text{C}$ values with examples of living plants
596 from the study sites showed that *Spartina* spp. underwent diagenetic change shortly after
597 deposition (up to 6.5‰), but then likely remained unchanged for 1500 years. Changes to
598 *Phragmites australis* were less than 2‰ . We used 91 samples from a core collected at
599 the Leeds Point salt marsh to investigate the use of $\delta^{13}\text{C}$ values for establishing the
600 botanical origin of sediments. Four classifications of samples were proposed;
601 1) Those with $\delta^{13}\text{C}$ values less depleted than -18.9‰ were conservatively interpreted as
602 having formed on a vegetated salt marsh between mean tide level (MTL) and highest
603 astronomical tide (HAT). Such an interpretation remains valid in the absence of
604 foraminifera as shown by one example in core EF10.
605 2) Sediment more depleted than -22.0‰ and containing agglutinated foraminifera formed
606 in a brackish transitional zone between MHHW and HAT. This classification had the

607 greatest degree of vertical precision. Documenting presence or absence of agglutinated
608 foraminifera can be achieved quickly and with minimal taxonomic training, making this
609 combination a useful sea-level indicator.

610 3) Sediment more depleted than -22.0‰ and lacking foraminifera formed above MHHW
611 and maybe unrelated to former sea level. It was therefore is restricted establishing
612 limiting data. The inability of $\delta^{13}\text{C}$ values to distinguish brackish and freshwater-derived
613 sediments is its primary limitation in New Jersey and similar regions.

614 4) Caution dictates that samples with intermediate $\delta^{13}\text{C}$ values (-22.0‰ to -18.9‰) be
615 interpreted as having formed between MTL and HAT, reflecting uncertainty in
616 determining floral origin.

617

618 Core EF10 records the change from a brackish transitional environment to a salt marsh
619 that persists until the present. A 0.4 m thick section spans the change between these two
620 environments and is typified by intermediate or transitional $\delta^{13}\text{C}$ values. Radiocarbon
621 dating suggests that this change took place between 1807 and 1452 years before present.
622 This period is broadly similar to empirical predictions of the time needed for bulk organic
623 sediment to assume the characteristics of a new dominant vegetation, and specifically the
624 change from a C_3 to C_4 dominated zone.

625

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641 **Figure Captions**

642 **Figure 1:** Location of study sites in southern New Jersey (USA) at (A) Leeds Point, (B)
643 Bass River and (C) Brigantine Barrier. Surface (0-1 cm) sediment samples were
644 collected for analysis of stable carbon isotopes, C:N and total organic carbon along
645 transects at each sites. A core (EF10) was recovered from Leeds Point for analysis (A).

646

647 **Figure 2:** Stable carbon isotopes along two transects (A-A' and B-B') from Leeds Point.
648 Left panels show results from transect A (A-A'); right panels show results from transect
649 B (B-B'). (A, E) Elevation profiles of transects including zonation of vascular
650 vegetation. (B, F) Measured $\delta^{13}\text{C}$ values from bulk surface sediment samples; (C, G)
651 total organic carbon (TOC) and (D, H) C:N ratios measured in bulk surface sediment
652 samples along the transects. Black and white circles represent samples with $\delta^{13}\text{C}$ values
653 associated with C_3 and C_4 photosynthetic pathways respectively. In each panel, the error
654 associated with each measurement is smaller than the symbol used.

655

656 **Figure 3:** Stable carbon isotopes along a transect (C-C') at Bass River. (A) Elevation
657 profile of the transect including zonation of vascular vegetation. (B) Measured $\delta^{13}\text{C}$
658 values from bulk surface sediment sample; (C) total organic carbon (TOC) and (D) C:N
659 ratios measured in bulk surface sediment samples along the transects. Black and white
660 circles represent samples with $\delta^{13}\text{C}$ values associated with C_3 and C_4 photosynthetic
661 pathways respectively. In each panel, the error associated with each measurement is
662 smaller than the symbol used.

663

664 **Figure 4:** Stable carbon isotopes along a transect (D-D') at Brigantine Barrier. (A)
665 Elevation profile of the transect including zonation of vascular vegetation. (B) Measured
666 $\delta^{13}\text{C}$ values from bulk surface sediment samples; (C) total organic carbon (TOC) and (D)
667 C:N ratios measured in bulk surface sediment samples along the transects. Black and
668 white circles represent samples with $\delta^{13}\text{C}$ values associated with C_3 and C_4
669 photosynthetic pathways respectively. In each panel, the error associated with each
670 measurement is smaller than the symbol used.

671

672 **Figure 5:** Relationship between elevation and measured $\delta^{13}\text{C}$ values in bulk organic
673 sediment from vegetated sampling stations at three modern salt marshes. Elevations are
674 expressed as a standardized water level index (SWLI) to allow comparison among sites
675 with different tidal ranges. Tidal datums are shown for reference. Symbols represent the
676 floral environment from which samples were collected and symbol shading denotes site.
677 Grey regions show elevation and $\delta^{13}\text{C}$ thresholds used for defining environmental origin.
678 HAT = highest astronomical tide; MHHW = mean higher high water, MHW = mean high
679 water, MTL = mean tide level. Value used for HAT is from the Atlantic City tide gauge.
680

681 **Figure 6:** Measured values of $\delta^{13}\text{C}$, total organic carbon (TOC) and C:N ratios in 91
682 samples from core EF10. Measurement errors ($<0.1\%$) are smaller than the symbols
683 used. Vertical dashed lines differentiating C_3 , C_4 and transitional values are limits
684 established from the four modern transects. Filled circles show position of radiocarbon
685 dates with mid-point ages. Downcore presence of agglutinated foraminifera typical of
686 salt marshes (SMF) is shown by filled bars, while open bars show samples in which no

687 foraminifera were present (from Kemp et al., in review). Paleommarsh elevation (PME,
688 right panel) was estimated for samples with $\delta^{13}\text{C}$ values typical of C_4 salt-marsh plants as
689 mean tide level (MTL) to mean higher high water (MHHW). Samples with $\delta^{13}\text{C}$ values
690 associated with C_3 plants and the presence of agglutinated foraminifera were assigned a
691 PME from MHHW to highest astronomical tide (HAT). Samples with $\delta^{13}\text{C}$ values
692 associated with C_3 plants and no salt-marsh foraminifera were assumed to have formed
693 above MHHW (indicated by the arrow). MLW = mean low water.

694 **Table 1: Radiocarbon ages**

Depth (m)	¹⁴ C Age	δ ¹³ C	Macrofossil	Max BP	Min BP	Lab Code
3.27	1880 ± 30	-12.69	<i>Horizontal woody fragment</i>	1728	1884	OS-87528
3.14	1750 ± 30	-26.47	<i>Scirpus</i> sp.	1562	1731	OS-79178
2.82	1550 ± 25	-14.4	<i>Spartina patens</i>	1383	1521	OS-66514
2.68	1541 ± 14	-14.57	<i>Spartina patens</i>	1379	1517	OS-70445
2.45	1502 ± 14	-13.24	<i>Spartina patens</i>	1349	1407	OS-70443

695

696 Radiocarbon ages on from core EF10. Ages at 2.68 m and 2.45 m were derived from
697 extended AMS counting to reduce analytical uncertainty and are not reported following
698 rounding conventions. Maximum and minimum are calibrated ages (using Calib 6.0.2
699 with IntCal09) before present (BP). δ¹³C was measured in a CO₂ aliquot collected during
700 sample combustion and represents a value for the dated macrofossil and not the bulk
701 sediment from which it was recovered. Radiocarbon ages were corrected for the effect of
702 δ¹³C fractionation by the reporting laboratory.

703 **Table 2**

Floral Zone	Dominant Vegetation	Elevational Range	$\delta^{13}\text{C}$ (‰)
Low salt marsh	<i>Spartina alterniflora</i> (tall form)	MSL to MHW	>-18.9
High salt marsh	<i>Spartina patens</i> <i>Spartina alterniflora</i> (short form)	MHW to MHHW	>-18.9
Brackish transition	<i>Phragmites australis</i> <i>Typha</i> sp. <i>Iva frutescens</i>	MHHW to HAT ¹ Above MHHW ²	<-22.0

704

705 Indicative meanings assigned to salt-marsh floral zones. These values provided estimates
 706 of paleommarsh elevation for samples in core EF10. MSL = mean sea level, MHW = mean
 707 high water, MHHW = mean higher high water, HAT = highest astronomical tide. For the
 708 brackish transition zone, we used two different ranges depending on the presence (¹), or
 709 absence (²), of agglutinated salt-marsh foraminifera that are not present in modern
 710 freshwater upland environments (above HAT).

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