

Assessing stiffness of nanofibres in bacterial cellulose hydrogels: Numerical-experimental framework

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A B S T R A C T

This work presents a numerical-experimental framework for assessment of stiffness of nanofibres in a fibrous hydrogel – bacterial cellulose (BC) hydrogel – based on a combination of *in-aqua* mechanical testing, microstructural analysis and finite-element (FE) modelling. Fibrous hydrogels attracted growing interest as potential replacements to some tissues. To assess their applicability, a comprehensive understanding of their mechanical response under relevant conditions is desirable; a lack of such knowledge is mainly due to changes at microscale caused by deformation that are hard to evaluate *in-situ* because of the dimensions of nanofibres and aqueous environment. So, discontinuous FE simulations could provide a feasible solution; thus, properties of nanofibres could be characterised with a good accuracy. An alternative – direct tests with commercial testing systems – is cumbersome at best. Hence, in this work, a numerical-experimental framework with advantages of convenience and relative easiness in implementation is suggested to determine the stiffness of BC nanofibres. The obtained magnitudes of 53.7–64.9 GPa were assessed by calibrating modelling results with the original experimental data.

Keywords:

Stiffness

Hydrogel

Nanofibre

Bacterial cellulose

1. Introduction

Some fibrous hydrogels demonstrate a good potential for use in various bioengineering applications, such as replacement of human tissues [1,2,3,4,5] and scaffolds for tissue regeneration *in vitro* [6,7,8] mainly thanks to their (i) good biocompatibility [9,10], (ii) mimic architecture [11] and (iii) mechanical properties similar to real tissues [12]. Recently, a growing interest to qualify their applicability is to investigate their mechanical behaviour under application-relevant conditions [13,14]. Still, a lack of knowledge in a real-time response to deformation is due to poor detectability of microstructural changes in a nanofibrous network. That complicates predictions of their mechanical behaviour and service life for candidate materials implemented into body environment defined by interaction with native tissues. Many fibrous hydrogels, like bacterial cellulose (BC) hydrogel (see Fig. 2a–c), consist of a solid phase – a fibrous network – embedded into a liquid phase. Normally, such a network acts as a main component in a load-bearing process. By controlling such parameters of network as the volume fraction and orientation distribution of fibres, the overall mechanical behaviour of the hydrogel could be optimized for a certain application [15,16].

Various techniques were used for mechanical characterisation of fibres, such as tensile and bending tests, indentation, etc. [17].

Considering a diameter of nanofibres, atomic-force-microscopy (AFM) based tests, such as nano-tension [18], nano-bending [19,20], nanoindentation [21], together with custom-made nano-testing systems [22, 23] were employed instead of commercial mechanical-testing systems. For BC nanofibres, in an early study, Guhados et al. [24] measured their axial modulus by performing nanoscale-three-point-bending tests using an AFM cantilever; the obtained magnitude was 78 ± 17 GPa. Their results confirmed a trivial effect of fibre diameter on its axial modulus. But the modulus of an isolated single fibre might be different from that for the natural state. Such nano-testing allows directly measurements of the axial modulus, but the technique is expensive, time-consuming and difficult to implement; besides, repeatability of results is poor. Analysing micro-deformation of fibres under external tension, a Raman-spectroscopy-based technique was also used to estimate the axial modulus of BC nanofibres, and the obtained values of 114 GPa and 79–88 GPa were documented by Hsieh et al. [25] and Tanpichai et al. [26], respectively. The technique employed an assumption that a Raman band shift is proportional to the applied stress; thus, the results depend on closeness of the used empirical relations to real-life behaviour.

Different theoretical approaches were employed to assess mechanical properties of cellulose-based composites. Considering a BC hydrogel as a general dual-phase composite, its overall properties can be described in terms of properties and volume fraction of each component, as well as their interactions. Retegi et al. [27] evaluated structure-function relationships of a BC; Krenchel–Cox network theories were used to

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calculate an axial modulus of 28.2–31 GPa. Homogenization schemes can connect effective properties with contributions of each component accounting also for microstructure (i.e. a character of distribution of constituents). In many schemes, the inclusions are considered surrounded by an infinite matrix. In a recent work, Josefsson et al. [28] used properties of nanofibres and a matrix to predict an effective elastic modulus of nanofibrillated cellulose based on a Mori–Tanaka homogenization scheme. Thus, an inverse process based on homogenization approximation could be a potential way to assess properties of constituents based on effective ones; still, considering the complexity of interaction terms in stiffness contribution tensor, it may be currently infeasible.

Inverse parameter estimation of properties of fibres in networks using FE method is also possible [29]. A core technique is to validate an approximate value with a global response obtained with testing and network behaviour assessed with numerical modelling. Theoretically, if a model could reflect geometries and material properties of a real material, the results could be considered reliable. Thus, many efforts were made to develop more realistic models in order to reproduce complex geometries of fibrous materials in FE models. A fibre-deposition method is taken into consideration in some studies, with fibres aligned based on a fibre orientation distribution function obtained from SEM or X-ray images through digital-image processing [30,31,32,33]. Such models can imitate movement and rotation of fibres and bond points enhancing stiffness of a single layer fibrous network [30]. Continuous FE models were proposed to simulate deformation behaviour of a variety of fibrous materials. They are based on homogenization of fibrous networks and calculation of their mostly anisotropic properties that depend strongly on orientation distribution of fibres. More information regarding these models can be found elsewhere [34,35,36]. An amniotic fibrous microstructure was presented by a sparse network in [37], in which fibre interconnections (crosslinks) were randomly distributed ensuring no free fibres and crosslinks. Microstructural features of planar fibrous tissues and scaffolds such as fibre orientation, density and connectivity, fibre intersection densities were detected in SEM images and quantified with a software algorithm [38,39]. Fibre density and orientation distribution functions obtained with the same software were recalled to reproduce a microstructure of planar layered elastomeric biomaterials with similar fibre orientation and distribution [40].

Generally, numerical approaches, e.g. discontinuous finite element (FE) modelling, replicating mechanical behaviour of fibrous networks, could provide a feasible way to overcome limitations of experimental studies. A discontinuous FE model can introduce directly microstructure of the material incorporating such specific features as randomly oriented fibres, pores, and fibre intersections. This provides a better understanding of actual processes in the material's microstructure under variety of loading conditions. Such a discontinuous (microstructural) FE model allows both understanding of mechanical responses and optimization and it needs properties of constituent's microstructural morphology, etc. Therefore, capability of the model depends on quality of material properties and reflection of geometries of a real material. For fibrous hydrogels, the main challenge would be to obtain stiffness of their nanofibres.

In this study, inspired by inverse parameter estimation, a numerical-experimental framework is suggested, combining *in-aqua* mechanical testing, microstructural analysis and discontinuous finite-element modelling, to determine stiffness of BC nanofibres. The obtained results are assessed by calibrating results of the FE model with our experimental data. This approach shows a high potential for characterisation of nanofibres in hydrogels.

2. Framework for inverse parameter estimation

The main idea of inverse parameter estimation for determination of the axial modulus of nanofibres in hydrogels is to (i) develop a realistic microstructural FE model based on micro-morphological observations;

(ii) approximate a value of the axial modulus of fibres; (iii) calibrate the approximated value with experimental data. Main elements of the combined approach used in this study are illustrated in Fig. 1, while their brief description is given here.

2.1. Mechanical testing

Dog-bone specimens of hydrogels were firstly stretched to various strain levels, then held for 300 s and, finally, unloaded by 1% strain with reference to the deformed specimens. The output of these tests was deformed specimens and the initial unloading modulus, which represents an effective modulus of the whole specimen at a certain strain level.

2.2. Structural feature analysis

The deformed specimens were used to assess their microstructural features for development of model geometries. The volume fraction was used to calculate an average distance between fibrous layers; combining it with the effective modulus of specimens, the effective modulus of a sub-layer was then determined for validation of modelling results.

2.3. Finite-element modelling

Based on real microstructural features obtained from SEM images, an initial 2D model with random distribution of fibres was developed. In order to optimize the model, three numerical studies – model-size convergence, mesh sensitivity and volume-averaging (effect of randomness) – were carried out; as a result, a representative volume element (RVE) was identified. Then, an orientation distribution of fibres from structural analysis was implemented to develop a microstructural model of a deformed fibrous network.

2.4. Data analysis

In a quasi-static tension regime, an elastic response of the RVE with a specific orientation distribution of fibres was obtained together with an approximate value of the axial modulus; then, it was calibrated with experimental data to estimate axial modulus of BC nanofibres.

3. Mechanical testing

3.1. Materials and specimen preparation

BC was biosynthesized by *Gluconacetobacter xylinus* (ATCC53582). The bacteria were grown on a Hestrin and Schramm (HS) medium containing citric acid 0.15% (w/v), disodium phosphate (Na_2HPO_4) 0.27% (w/v), yeast extract powder 0.5% (w/v), peptone 0.5% (w/v) and glucose 2% (w/v). The HS medium was sterilized for 20 min at 121 °C. After incubation for 10 days at 30 °C, bacteria and proteins in the BC films were eliminated by boiling in 1 wt% NaOH for 30–45 min. Subsequently, the produced samples of hydrogels were washed with distilled water and high-purity water several times until their pH reached 7.0. The films were then sterilized for 20 min at 121 °C and stored in sterilized water at 4 °C. Films were incubated into DI water at room temperature for 12 h before cutting the specimen. Dog-bone-shape specimens were cut with a custom-made die with their dimensions suggested by ASTM 638-10 standard (detailed information can be found in [12]).

3.2. Measurement of effective elastic modulus

The BC hydrogel is practically a viscoelastic material thanks to its high liquid content [41,42]. Motion of water during a process of deformation is involved in the network's response, affecting the measurements of its stiffness [43]. In this study, an initial unloading tangent modulus was used as effective elastic property of bulk specimens

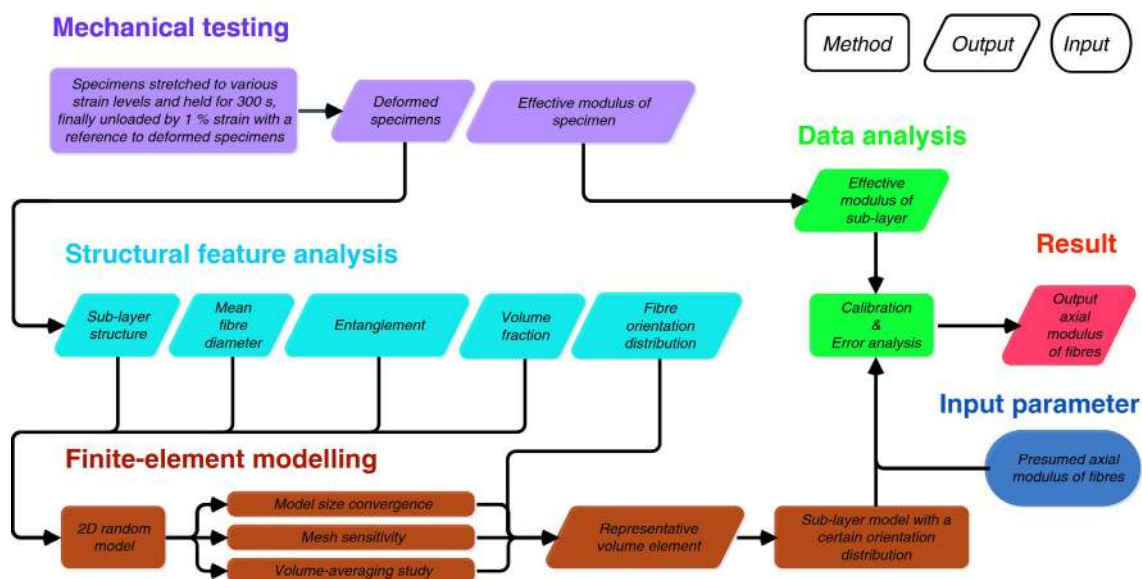


Fig. 1. Flowchart of numerical-experimental framework.

based on inelastic behaviour from our previous research [12]. It is assumed that the initial unloading behaviour is purely elastic due to the limited time. Hence, specimens ($n = 5$) were firstly stretched in aqua to five strain levels ranging from 20% to 60% at strain rate of 0.001 s^{-1} , and then the attained level of displacement was hold for

300 s to reduce the effect of water motion; finally, specimens were unloaded by 1% strain at the same strain rate (Fig. 2e). The measured values of effective stiffness E_{eff} are summarized in Table 1.

A universal testing machine (Instron 3366, Instron, USA) with a bio-bath system (Instron 3130-100 BioPuls Bath, Instron, USA) was used for

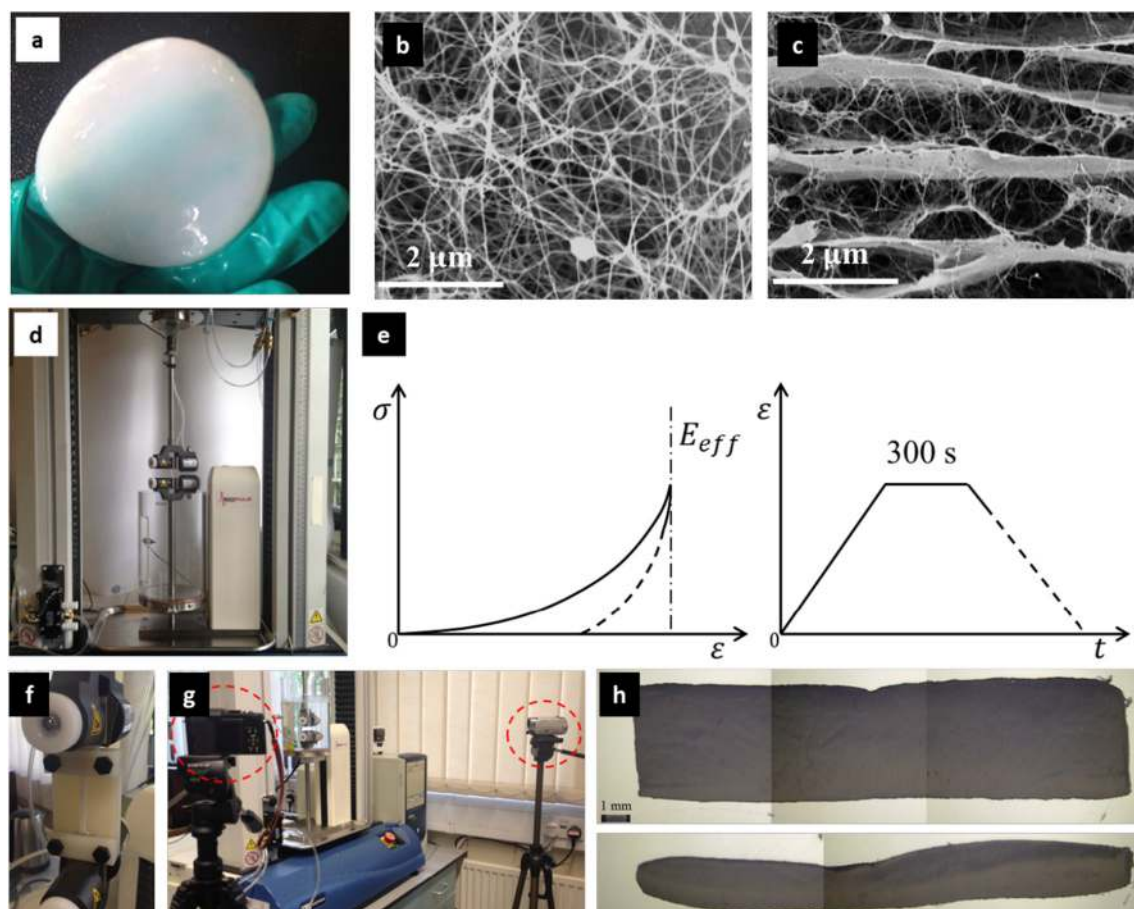


Fig. 2. (a) Bacterial cellulose hydrogel; (b) random distribution of BC nanofibres in fibrous layer; (c) multi-layer structure with some weak cross-links; (d) Instron 3366 used with BioPuls Bath system for uniaxial in aqua tension; (e) schematic diagram for obtaining effective elastic modulus of bulk material; (f) custom-made fixture to clamp stretched specimens to avoid elastic recovery; (g) two digital cameras to assess geometric changes of specimens; (h) optical microscopy images of freeze-dried specimens to calculate total volume.

Table 1
Characteristic parameters of BC network after various strain levels of stretching.

| Strain level, % | Variance parameter β | Effective modulus E_{eff} , MPa | Volume fraction V_f , % | Distance between fibrous layers H , μm |
|-----------------|----------------------------|-----------------------------------|---------------------------|---|
| 20 | 42.7 | 24.37 ± 4.22 | 4.96 ± 0.56 | 2.70 |
| 30 | 33.24 | 43.48 ± 4.59 | 6.57 ± 0.75 | 2.04 |
| 40 | 29.56 | 61.14 ± 8.32 | 8.72 ± 1.12 | 1.54 |
| 50 | 27.98 | 79.61 ± 5.69 | 10.85 ± 0.99 | 1.24 |
| 60 | 23.50 | 90.37 ± 9.12 | 11.35 ± 1.05 | 1.18 |

tensile tests (Fig. 2d). Force and displacement data were recorded at 10 Hz with a 100 N load cell (2530 Series Low-profile Static Load Cell, Instron, USA) and a displacement sensor of the Instron machine, respectively. In order to obtain statistic data on orientation distribution of nanofibres, corresponding to initial unloading tangent modulus, the stretched specimens were clamped in a custom-made fixture to avoid the recovery of microstructure after removal of the tensile load (Fig. 2f). Two digital cameras were used to record geometric changes of specimens for evaluation of an instantaneous cross-sectional area (Fig. 2g).

4. Structural feature analysis

4.1. Measurement of volume fraction of fibres of stretched specimens

The water in stretched specimens was removed by freeze-drying for 24 h. Then, a rectangular part was cut from the gauge length of the

stretched specimen. The geometries of these parts were captured with optical microscopy to calculate their total volume (Fig. 2h). Then, the parts were weighed with accuracy of ± 0.0001 g. The cellulose volume fraction of the whole specimen V_f was calculated as

$$V_f = \frac{m/\rho}{V}, \quad (1)$$

where m is the dry mass, ρ is the density of cellulose fibre (1592 kg/m^3 [44]), V is the total volume. The value of V_f at each strain level can be found in Table 1.

4.2. Statistics of fibre orientation

The cut sections were gold-coated, and then their morphology was studied with a high-resolution field emission gun scanning electron microscope (FEG-SEM) operated at 5 kV (LEO 1530 VP, ZEISS, Germany). FEG-SEM images were taken at magnifications of $100\times$, $1000\times$ and $5000\times$ (Fig. 3). The statistic data of fibre orientation was obtained with image analysis. Then, these data of fibre orientation at each strain level were fit with a normal distribution function, used subsequently to implement fibre distribution in the FE model (Fig. 4). The variance parameter β of the normal distribution function for each strain level is given in Table 1. Apparently, in the process of stretching, one of the main microstructural changes induced in the fibrous network is re-orientation of fibres towards the direction of deformation; this process was observed in various networks (see e.g. [45]).

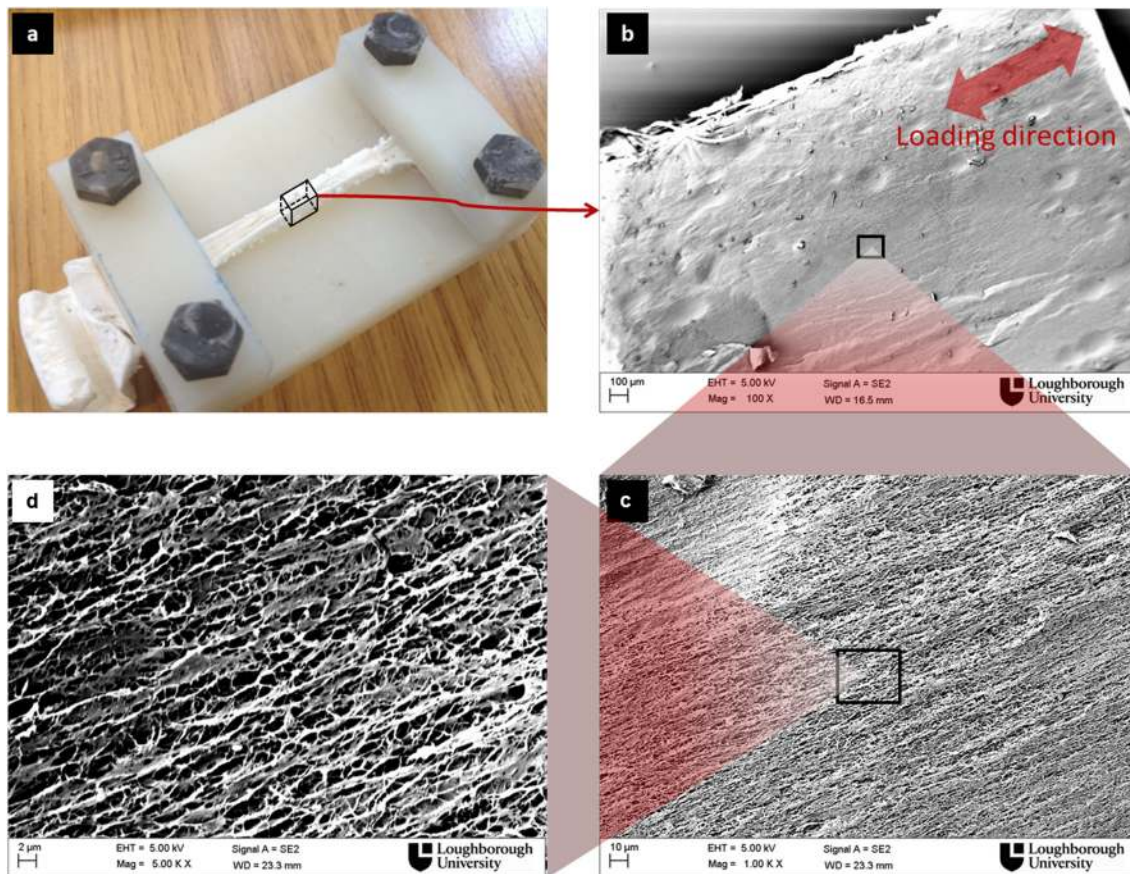


Fig. 3. (a) Freeze-dried specimen after 50% stretching clamped in custom-made fixture. SEM images of microstructure of stretched specimens at various magnifications: (b) $100\times$; (c) $1000\times$; (d) $5000\times$.

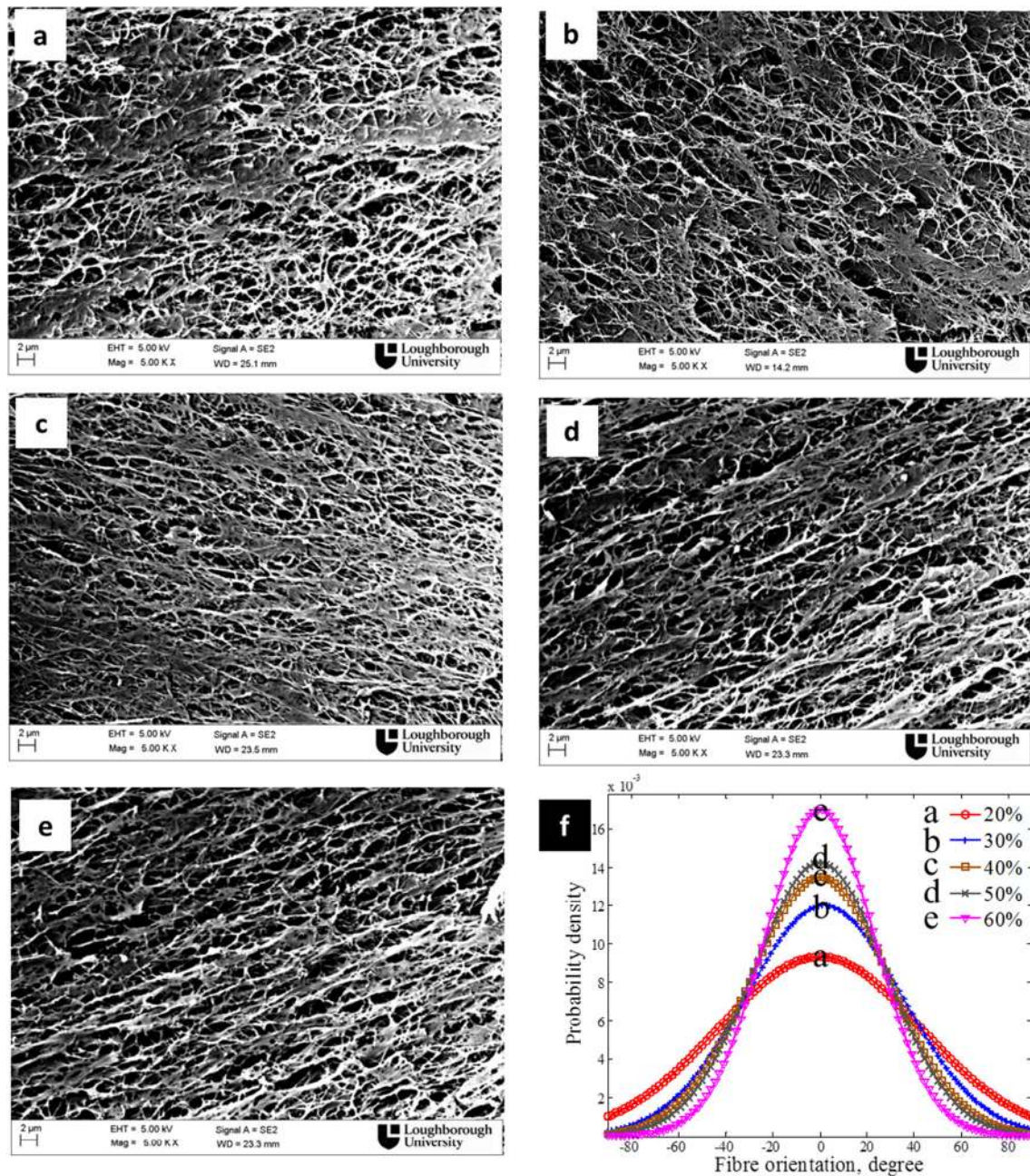


Fig. 4. Orientation distribution of fibres at strain level of 20% (a), 30% (b), 40% (c), 50% (d) and 60% (e) and their normal distributions (f) (0° corresponds to the stretching direction).

4.3. Network structure of BC hydrogel

A solid phase of BC hydrogel is a multi-layered scaffold with some cross-link fibres to interconnect fibrous layers [42] (Fig. 2c). Based on the micro-morphology observations, a BC fibrous layer consists of dense fibres (Fig. 5a); while, an image of a single mesh-like network vividly demonstrates that porosity is higher than that of a fibrous layer (Fig. 5b). The levels of porosity measured with image analysis in the fibrous layer and the single mesh-like network were 22.2% and 65.0%, respectively. In a 2D case, considering the overlapping domains, it was assumed (based on SEM analysis) that an averaged value of three 2D mesh-like networks (sub-layers) were compacted in 3D to form one fibrous layer. Also, the diameter and aspect ratio of segments of fibres between their intersections were obtained with image analysis with mean values of ~ 130 nm (similar magnitudes were obtained in the study of Grande et al. [46]) and ~ 10 , respectively. A simplified geometric sketch of represent the BC hydrogel is presented in Fig. 5c.

5. Finite-element modelling

5.1. Generation of FE model

In a case of uniaxial load applied parallel to fibrous layers, in-plane fibres make the major contribution to load bearing; thus, the effect of cross-links between the layers and interaction between sub-layers (e.g. friction) are negligibly small. Hence, to simplify a computational scheme, a 2D model of a sub-layer is sufficient to represent behaviour of the whole material.

Considering that a calibration process would necessitate over a hundred of statistical realizations of distribution of fibres, a Python® code was developed for pre-processing of a FE model to introduce a random fibrous network with controlled fibre orientations and their volume fraction. In this study, MSC Marc® was used for pre-processing, solving the nonlinear structural equations and post-processing. To simplify the analysis, all the fibre-segments were

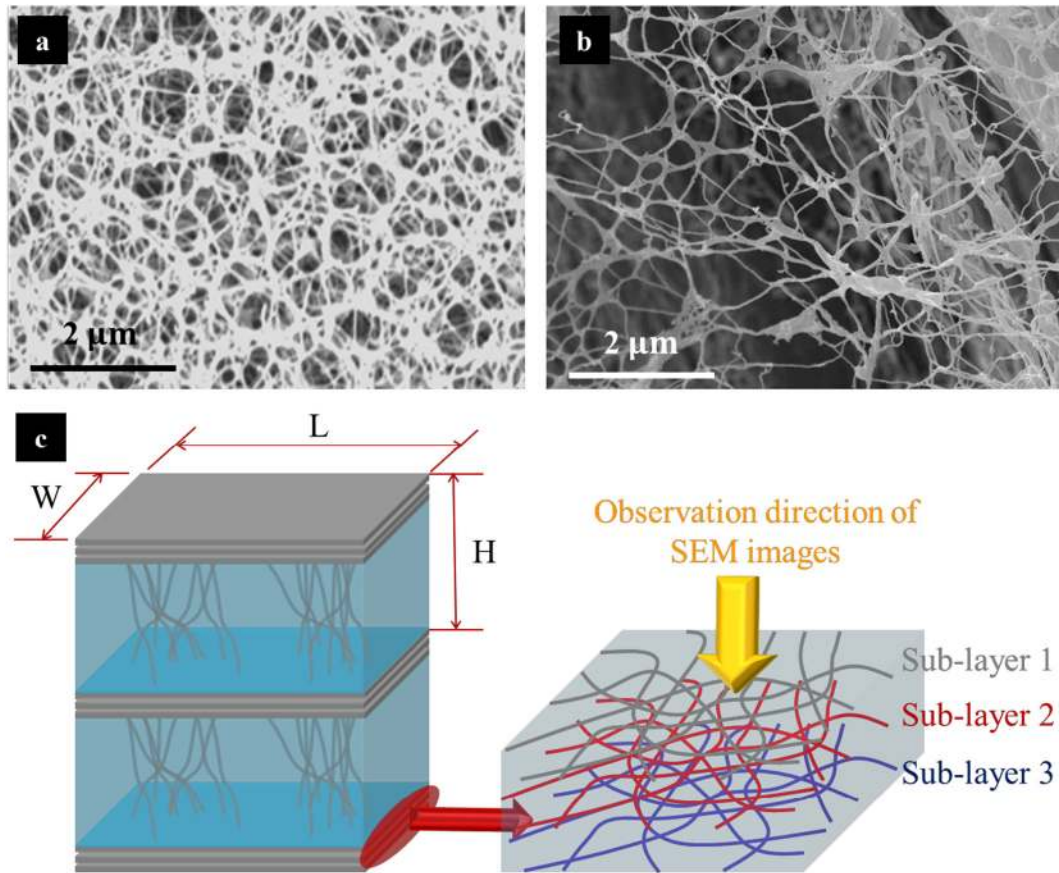


Fig. 5. SEM images of nanofibrous networks in layer (5000 \times) (a) and single sub-layer (5000 \times) (b). It was found that a single fibrous layer consisted of three sub-layers (c).

considered as straight cylinders with a constant diameter of 130 nm. A sample of developed model geometries can be found in Fig. 6; while the detailed model development will be published elsewhere.

The model is constrained at its left-hand side along the loading direction and stretched with a constant strain rate, reproducing conditions of the experiments.

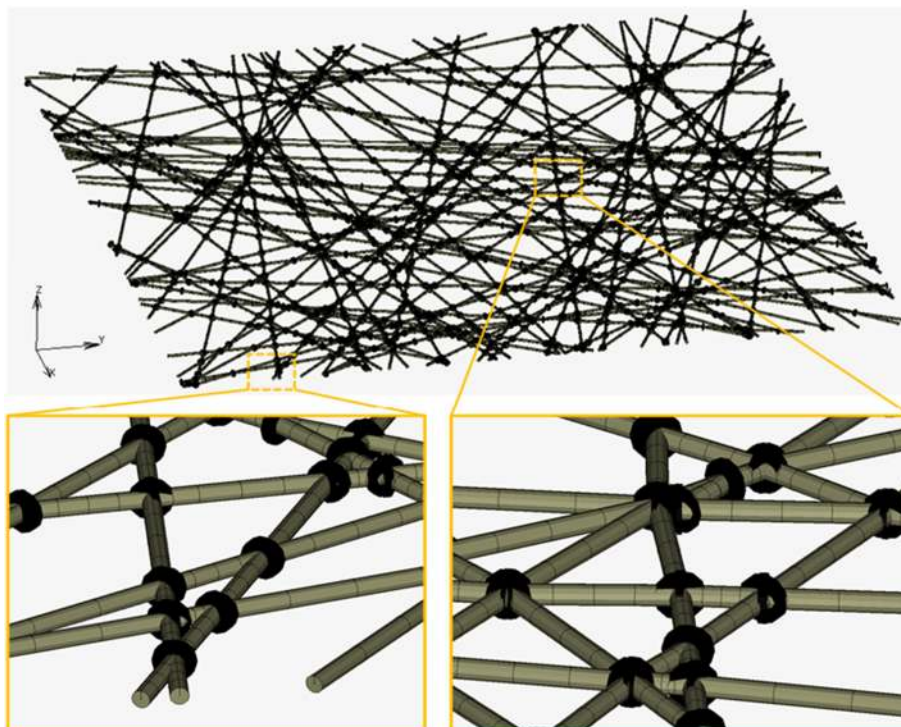


Fig. 6. A random model with detailed information to show model geometries.

5.2. Representative volume element

Considering the size of nanofibres, hundreds of millions of fibre-elements and intersections are required to account for dimensions of the used testing specimens, making the computational cost prohibitive. One of the feasible approaches to solve this problem is to use a

representative volume element (RVE) [47]. An effective way to qualify whether a specific model can be treated as RVE is by testing its property of representativeness; in other words, properties of interest should be model-independent. In this study, three studies – model-size convergence, mesh-size sensitivity and volume-averaging properties – were carried out for that goal.

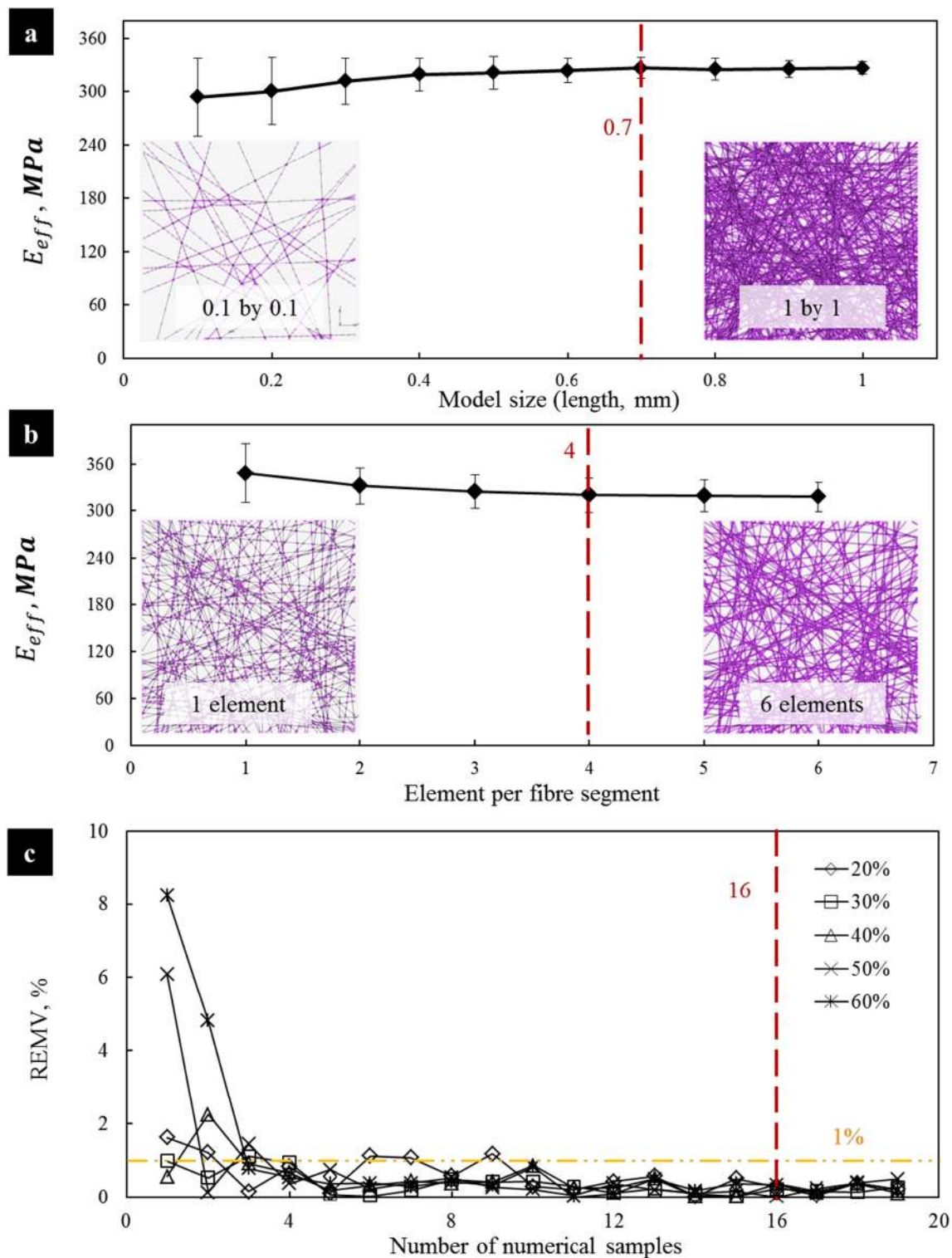


Fig. 7. (a) The model size convergence shows that the size of RVE could be $0.7 \times 0.7 \text{ mm}^2$. (b) The mesh sensitivity study implies that 4 elements per fibre-segment could be a reasonable compromise between the mesh size and the computational cost. (c) Volume-averaged properties of 16 numerical samples could represent a global response of the whole. (Note that the input value of stiffness of 50 GPa was used in these studies.)

- Numerical samples of statistical realizations ($n = 30$) with random fibre orientation and various model sizes increasing from $0.1 \times 0.1 \text{ mm}^2$ to $1 \times 1 \text{ mm}^2$ were developed, and then applied with the same quasi-static loading conditions (Fig. 7a).
- Thirty numerical samples ($0.7 \times 0.7 \text{ mm}^2$) with various mesh sizes – from 1 to 6 elements per fibre segment – were used in the mesh-sensitivity study (Fig. 7b).
- Numerical samples ($n = 30, 0.7 \times 0.7 \text{ mm}^2, 4$ elements per fibre segment) with fibre orientation distribution corresponding to strains from 20% to 60% were developed for the volume-averaging study (Fig. 7c). It was stated [48,49] that the averaged properties tended to converge when the amount of numerical samples is large enough, assessed by a tendency of a relative error of mean value (REMV) according to the following expressions:

$$\text{REMV} = \frac{|M_{n+1} - M_n|}{M_{n+1}} \times 100\%, M_n = \frac{\sum_{i=1}^n Q_i}{n}, \quad (2)$$

where Q_i is the value of sample i , M_n is the mean value for n samples.

The results of these three studies suggest that the model with size of $0.7 \times 0.7 \text{ mm}^2$, 4 mesh elements per fibre segment can be treated as RVE in this study. Properties averaged for 16 numerical samples could represent global response of the whole material reasonably well.

6. Results and discussion

The obtained level of porosity of a single sub-layer (65.0%) was calculated by image analysis so that the cellulose content (35.0%) represents an area ratio in a 2D case. In order to convert the area ratio into a volume fraction, it was assumed that a single sub-layer has constant thickness equal to the diameter of fibres (130 nm); then, the volume fraction of a single sub-layer v_f was estimated as

$$v_f = \frac{\pi}{4} A_f, \quad (3)$$

where A_f is the area ratio. Based on the micro-morphological observations, one fibrous layer is composed of three parallel sub-layers (Fig. 5c), with some 20% of fibres acting as cross-links between the fibrous layers. Thus, an average distance between fibrous layers H (Fig. 5c) could be calculated as

$$H = \frac{3Dv_f}{0.8V_f}, \quad (4)$$

where D is the average fibre diameter, representing the thickness level of the sub-layer. The values of H for each strain level are

summarized in Table 1. Apparently, axial stretching of hydrogel specimens resulted in their lateral (through-thickness) thinning, i.e. decrease of H . The studied BC hydrogel could be treated as an assembly of periodic layers (three sub-layers plus one liquid layer) with thickness H arranged in parallel. Thereby, the effective modulus of one sub-layer E_{net}^{Exp} , obtained from experimental tests and assessments of microstructure, can be calculated as

$$E_{net}^{Exp} = \frac{HE_{eff}}{D}. \quad (5)$$

Obviously, this value should be used as a reference for the magnitudes of network's stiffness obtained in the numerical simulations; this is illustrated in Fig. 8a. Since the level of stiffness of nanofibres is not known a priori – rather, it is a sought parameter, various value of the approximate axial modulus \bar{E}_f were implemented in RVE – based simulations. The effective modulus of model E_{net}^{Mod} obtained for various values of \bar{E}_f at each strain level were determined (they are shown as red-dash lines in Fig. 8a). The axial modulus at each strain level was calibrated with the modelling results, and the respective values can be found in Fig. 8a. It demonstrates that the axial modulus of BC nanofibres falls within a range approximately between 50 and 65 GPa. Especially, the fit results for strains of 30%, 40%, 50% and 60% are close to each other. It should be noted that the microstructure would be modified by stretching induced to various strain levels, resulting in different effective moduli, volume fractions, etc.; while, the axial modulus (stiffness) of fibres would substantially remain the same. Hence, to have a unique value matching cases of all strain levels is essential. An error evaluation of relative mean deviation (RMD) was applied to obtain the most suitable magnitude of fibre stiffness:

$$\text{RMD} = \frac{1}{n} \sum \frac{|E_{net}^{Mod}|_{\varepsilon} - E_{net}^{Exp}|_{\varepsilon}|}{E_{net}^{Exp}|_{\varepsilon}}, \quad (6)$$

where $E_{net}^{Mod}|_{\varepsilon}$ and $E_{net}^{Exp}|_{\varepsilon}$ are the effective modulus at the strain level ε calculated from modelling and experiments, respectively. As shown in Fig. 8b, an error margin of 10% was considered in this study, and the axial modulus of BC nanofibres was calibrated within a range between 53.7 and 64.9 GPa with a minimal mean deviation of 3.6% at 60.6 GPa.

The level of stiffness calculated in this work is somewhat smaller than the values documented in other direct measurements based on testing with AFM and Raman spectroscopy. It has a natural explanation: this study used fully hydrated BC hydrogel, and to the best of our knowledge, the studied material in direct measurement was not fully hydrated. Thus, the potential reason might be that the bound water surrounding the fibres resulted in their softening.

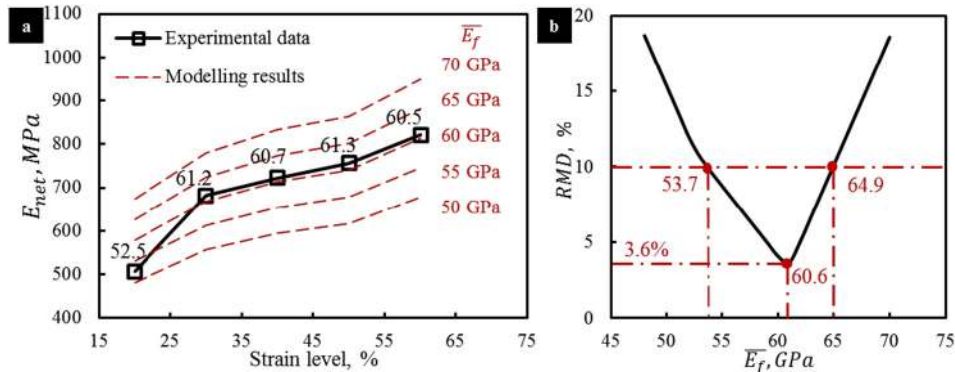


Fig. 8. (a) Stiffness of BC nanofibre E_f at each strain level was calibrated by fitting experimental results with model behaviour. (b) Evolution of RMD with a value of approximate stiffness \bar{E}_f suggests a range of E_f for a 10% error.

7. Conclusion

A growing interest in fibrous hydrogels related to their promise as potential candidates for biomedical applications presupposes a comprehensive understanding of their mechanical response that can be used for design and optimisation of various artificial components. As a major input into FE models, stiffness of nanofibres is a major parameter. So, a numerical-experimental framework was developed and implemented to assess stiffness of the BC nanofibres. The initial unloading behaviour of specimens after a certain level of stretching in tensile in-aqua tests can be assumed as purely elastic making a basis for stiffness assessment. Morphological observations allowed us to identify structural features of the nanofibrous network for both calculating effective stiffness of layered structure from the experimental data and developing geometries of discontinuous FE models. RVEs with actual geometries were developed and used in simulations with a range of approximate values of stiffness of BC nanofibres in order to match the experimental data. The obtained levels of stiffness between 53 and 65 GPa (for 10% error) and the best value of 60.6 GPa – are comparable with results obtained with nano-testing, suggesting a potential to use this framework to determine stiffness of nanofibres in hydrogels, and other networks.

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