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NOTE

Assessment of disease lesion removal as a method to control chronic Montipora white syndrome

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ABSTRACT: Coral colonies in Kane'ohe Bay, Hawai'i (USA), are afflicted with the tissue loss disease chronic Montipora white syndrome (cMWS). Here we show that removal of chronic disease lesions is a potential method to slow the progression of cMWS in M . capitata. Over the 24 wk observation period, treatment colonies lost almost half the amount of tissue that was lost by control colonies. The percentage of tissue loss at each sampling interval (mean \pm SEM; treatment: 1.17 \pm 0.47%, control: 2.25 ± 0.63 %) and the rate of tissue loss per day (treatment: 0.13 ± 0.04 %, control: 0.27 ± 0.08 %) were both significantly lower on treated colonies than control colonies. While lesion removal stopped tissue loss at the initial infection site, which allowed colony healing, it did not prevent re-infection; in all but one of the treated colonies, new cMWS lesions appeared in other areas of the colony but not around the treatment margins. Additionally, the rate of new infections was similar between treatment and control colonies, indicating that physical injury from lesion removal did not appear to increase cMWS susceptibility. These results indicate that lesion removal reduced morbidity in M. capitata exhibiting cMWS but did not stop the disease.

KEY WORDS: Coral disease management · Montipora capitata · Infection · Treatment · Hawai'i

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INTRODUCTION

Coral reefs are of great importance to human societies and the myriad reef-dwelling organisms. Reefs protect coastlines from the damaging effects of wave action (Sheppard et al. 2005), provide habitats for marine organisms (Friedlander et al. 2003), and harbor natural resources, such as food and sources of secondary metabolites that can serve as lead compounds for drug discovery (Belarbi 2003, Bellwood et al. 2004). Corals, like all other organisms, are susceptible to disease, and the declining health of reefs has led to disease outbreaks, incidences of which have increased worldwide (Goldberg & Wilkinson 2004, Bourne 2005, Miller & Williams 2007). Environmental stressors, including elevated seawater temperatures, nutrient input from runoff, and sedimentation, exacerbate the declining health of corals (Harvell et al. 2007, Dalton et al. 2010, Haapkylä et al. 2011). The tissue-loss disease Montipora white syndrome has impacted the population of M . capitata in Kane'ohe Bay, Hawai'i (USA), over the last decade (Aeby et al. 2010). Two types of tissue-loss disease have been documented: a progressive infection with diffuse tissue loss termed chronic Montipora white syndrome (cMWS) and a comparatively faster manifestation termed acute Montipora white syndrome (aMWS) (Ushijima et al. 2012). Colonies exhibiting cMWS infections are observed at constant levels throughout the year (Aeby et al. 2010), while aMWS infections

are seasonal and occur at outbreak levels in the cold, rainy winter months (Aeby et al. 2016). Due to the slow progression of cMWS, colonies exhibiting these lesions can survive with this disease for several months to years (Aeby et al. 2010). In contrast, aMWS can lead to complete colony mortality within a few weeks (Aeby et al. 2016). Field and laboratory observations suggest that corals exhibiting cMWS can switch to the acute disease manifestation, which can result in colony death (Work et al. 2012). Colonies with aMWS have also been observed to revert to cMWS, but the mechanism of switching in either direction remains unknown. The widespread mortality of M . capitata colonies in Kane'ohe Bay and the ability of cMWS lesions to suddenly switch to the acute manifestation of this disease stress the importance of developing a method that reduces the abundance of cMWS-afflicted M. capitata colonies, consequently reducing morbidity (defined as infection resulting in partial death of the colony) from disease and decreasing the risk of future aMWS outbreaks (Aeby et al. 2016).

Lesion removal is a common form of medical intervention to cure some diseases affecting both vertebrates and invertebrates. Similar treatment methods employing lesion removal have proven successful for mitigating the damage inflicted by certain coral diseases (Hudson 2000, Dalton et al. 2010, Williams 2013, Aeby et al. 2015). Removing pathogen-afflicted areas of tissue by suction and covering the affected area with modeling clay was 70% effective in controlling black band disease on affected Oscillatoria membrancea in the Florida Keys (Hudson 2000). Application of a double band of marine epoxy mixed with chlorine powder to the black band disease front significantly reduced M. capitata colony mortality by 30% compared to non-treated colonies in Kaua'i, Hawai'i (Aeby et al. 2015). Another study revealed that removing the disease front of a tissue loss disease affecting Turbinaria colonies in Australia effectively halted disease progression in 80% of the colonies (Dalton et al. 2010). In addition, removal of growth anomalies on branching acroporids in the central Pacific (Northern Line Islands) resulted in 90% of colonies remaining disease free for 9 mo posttreatment (Williams 2013). Because corals are efficient at healing injuries (i.e. re-growth of tissue) (Henry & Hart 2005, Work & Aeby 2010), the burden of healing wounds created by the removal of disease lesions should not have long-term impacts on the coral colonies. Although potentially confounding evidence has been reported that wounds can increase susceptibility to some diseases (Aeby & Santavy

2006, Page & Willis 2008), the above-mentioned treatments remain a potentially important means of containing some types of disease outbreaks in the short term. The increasingly numerous records of successful disease treatments will aid resource managers in addressing the growing threat of coral disease outbreaks.

While morbidity- and mortality-reducing techniques have been developed for many plant and animal species (Nandakumar et al. 2001, Warrell et al. 2008), only a few are available for corals. Therefore, our objective was to test lesion removal as a method of disease treatment to reduce morbidity or mortality from tissue loss associated with cMWS lesions.

MATERIALS AND METHODS

Study sites

Experimental manipulations were conducted in Kāne'ohe Bay, O'ahu, Hawai'i, an intricate estuarine system with a barrier coral reef and various patch and fringing reefs (Hunter & Evans 1995). The 5 study sites were separated by a minimum of 150 m and were located on the southern, eastern, and western regions of the fringing reef surrounding the island of Moku o Lo'e in south Kane'ohe Bay (Fig. 1). These fringing reefs have relatively low coral diversity and are dominated by 2 coral species, namely Porites compressa and Montipora capitata (Aeby et al. 2010). This study focused on coral communities on the shallow (5 m) fringing reefs.

Experimental removal of cMWS lesions

cMWS is a common disease of M. capitata in Kane'ohe Bay, and cMWS lesions are observed persistently (average prevalence ranged from 0.02 to 0.87%) in coral populations with no seasonal variation (Aeby et al. 2010). In May 2014, a total of 20 M. capitata colonies with cMWS were chosen haphazardly: 10 as treatment colonies and 10 corresponding control colonies with lesions of comparable size located near each treatment colony (4 site−1). To facilitate complete lesion removal with minimal damage to the parent colony, only colonies displaying cMWS lesions of 1 to 5 cm^2 were chosen. All colonies were tagged, photographed, and their positions recorded using GPS. The disease lesions, as well as roughly 2 cm of adjacent healthy tissue to ensure complete lesion removal, were removed from the treatment

Fig. 1. (A) Hawai'i, (B) O'ahu, (C) Kane'ohe Bay, (D) Moku o Lo'e. (E) The study focused on coral colonies at 5 sites (stars) on the shallow fringing reefs of Moku o Lo'e

colonies using bone shears. M. capitata has a soft skeleton, and sections can be removed easily with minimal harm to the colony. All extracted diseased fragments were immediately quarantined in Ziploc bags at depth following removal and were sterilized with a 5% sodium hypochlorite solution upon return to the laboratory. The control colonies were left untreated. For 24 wk, all colonies were examined weekly for progressive tissue loss or the development of new lesions, and all occurrences were photo-documented (Fig. 2). The complex structure of the M. capitata colonies precluded the use of digital measurements to estimate rates of tissue loss. Hence, in situ observations on the proportion of the colony that was healthy, diseased, or dead was recorded during each survey period.

Data analyses

Due to the ordinal nature of the single dependent variable (tissue loss), and the relatively small and unequal sample sizes (2 levels: treated and control colonies), a non-parametric Mann-Whitney U-test

was used to assess the effect of treatment on the total loss of healthy tissue from infected colonies. The relative prevalence of disease represents the proportion of colonies (controls or treatments) that showed active cMWS lesions at the time of survey. A repeated measures MANOVA was used to compare the rates of tissue loss and the percentages of tissue loss through time between the control and treatment colonies. The rate of tissue loss was assessed for each colony by comparing the percentage of diseased tissue at the beginning and end of each individual sampling period and expressing the rate as a daily percentage of tissue lost. These data consist of repeated measures that are dependent levels of 1 independent variable. Although the residuals follow a pattern that satisfies a normal distribution when analyzed on a Q-Q plot, compound symmetry was not met (Mauchly's sphericity: $\chi^2 = 490.56$, df = 90, p < 0.01), so a repeated measures MANOVA test was used. Statistical analyses were conducted using the PRISM7 (Graph-Pad Software) and JMP12 (SAS Institute) software packages.

RESULTS

Due to environmental and anthropogenic factors (i.e. reef damage from boat strikes and reef collapse due to storms), the initial sample size of 10 for each group was reduced to 7 for the control and 8 for the treatment colonies. Within the treatment group, no further tissue loss occurred in the area of lesion removal. All wounds created from treatment healed and were grossly covered with tissue within 5 wk post-removal. In contrast, lesions present within the control group continued to progress over the course of the study. Lesion removal did not prevent re-infection, and the disease reoccurred in some treatment colonies as early as 7 d post-treatment and continued through time. After 24 wk, all of the control colonies $(n = 7)$ and 7 of the 8 treatment colonies exhibited new lesions, and the relative percentages of disease prevalence displayed similar trajectories between treatment and control colonies (see Fig. 4B). Reinfections did not occur around the treatment margins but only on other areas of the colony.

Within the 24 wk observation period, lesion removal resulted in reduced morbidity in treatment colonies. An assessment of the initial and final percentages of tissue loss showed that treatment colonies lost almost half the amount of tissue that was lost by control colonies, a mean total of 48% less tissue (Fig. 3A; mean ± SEM: treatment colonies 15.25 ±

Fig. 2. Lesion removal in Montipora capitata colonies affected by chronic Montipora white syndrome (cMWS). (A−C) M. capitata colony showing positive response to lesion removal: (A) May 2014, cMWS lesion present (box); (B) wound left after removal of lesion in May 2014 (arrow); (C) lesion. (D−H) M. capitata showing development of new cMWS lesions after treatment: (D) May 2014, cMWS lesion present (box); (E) wound left after lesion removal in May 2014 (arrow); (F) re-growth of healthy tissue over wound within 5 wk post-lesion removal (arrow); (G,H) development of new cMWS lesions on other areas of the colony (arrows)

 3.89% , control colonies $29.29 \pm 5.53\%$), but this difference was not statistically significant (Mann-Whitney, $U = 13.5$, $n_{control} = 7$, $n_{treatment} = 8$, $p = 0.101$). Comparison of the mean percent tissue loss at each sampling interval displayed a statistically significant decrease in tissue loss by treatment colonies (1.17 \pm 0.47%) compared to control colonies $(2.25 \pm 0.63\%)$ over the course of the experiment without accounting for time (Fig. 3B; repeated measures MANOVA (rmMANOVA): $F_{13,1} = 1239.1$, p = 0.022). Once time was accounted for, a statistically significant interaction effect between the percentage of tissue loss and time was also observed (rmMANOVA: $F_{13,1} = 1191.3$, $p = 0.023$). The average rate of tissue loss through the duration of the study, calculated as the percent tissue loss per day in Fig. 4A, was also significantly lower on the treatment colonies $(0.13 \pm 0.04\%)$ compared to the control colonies $(0.27 \pm 0.08\%;$ rmMANOVA: $F_{1,13} = 8.3$, p = 0.013). The rate of tissue loss was calculated for each individual sampling interval, rather than over the entire experimental time course, and a comparison of these rates showed a significant difference along a fine time scale (rmMANOVA: $F_{1,12} = 20$, $p = 0.049$. By comparing daily rates of tissue loss between sampling intervals, a spike in the rate of tissue loss was observed in both groups with a maximum in Week 6. Interestingly, 1 of the control colonies exhibited the signs of a switch from a chronic to

Fig. 3. (A) Total tissue loss from Montipora capitata colonies affected by chronic Montipora white syndrome. Tissue loss is presented as the mean ± SEM after 24 wk post-treatment from control colonies and those treated via lesion removal. (B) Mean \pm SEM percent tissue loss on *M. capitata* treatment colonies (lesions removed, $n = 8$) and control colonies (lesions left in place, $n = 7$) throughout the 24 wk study period

an acute lesion in the last sampling interval, but no acute tissue loss lesions were observed on the treatment colonies. Despite the increased rate of tissue loss from aMWS infections, the late timing of the switch in disease state did not alter the average rates of tissue loss calculated.

DISCUSSION

In this study, we applied a lesion-removal technique to cMWS-infected Montipora capitata colonies to assess its viability as a treatment measure. Lesion removal stopped tissue loss at the initial site of infection, and all wounded colonies healed

Fig. 4. (A) Rate of tissue loss, calculated as the percent tissue loss per day across each sampling interval, and (B) relative disease prevalence of active chronic Montipora white syndrome lesions through time on treated (lesions removed) and control (lesions left in place) M. capitata colonies during the 24 wk study period

within 5 wk of treatment. However, re-infection was ob served, and new lesions appeared on other areas of every control colony and all but 1 treatment colony (Fig. 4B). Lesion removal was only performed once in this study, so re-infection re sulted in continued tissue loss on treated colonies. Tissue loss resulting from new lesions was likely the reason why the difference in total percent tissue loss did not reach statistical significance. However, even with re-infection of treatment colonies over the 24 wk observation period, control colonies lost nearly twice as much tissue as treated colonies. Despite the likelihood of re-infection, the removal of disease lesions from treatment colonies significantly decreased the rate of tissue loss from cMWS on colonies. This suggests that a static endpoint picture of tissue loss is insufficient to describe the dynamics of cMWS infection and spread and the effect of treatment. M. capitata grows less than 2.5 cm yr^{-1} in Hawai'i (Jokiel 1978), and so tissue loss from disease may require substantial recovery time. These results differ from previous studies in which lesion removal was successful at stopping disease progression. Lesion removal halted white syndrome on Turbinaria mesenterina (Dalton et al. 2010) and growth anomalies on Acropora acuminata (Dalton et al. 2010, Williams 2013). The etiologies and ecologies of diseases differ, which affects the efficiency of any treatment method. The more that is understood about disease ecology, the higher the likelihood of developing an appropriate method of control. Due to the declining state of many coral reefs, a treatment method that reduces morbidity in affected colonies may be warranted.

Previous research has proposed that disruption of the coral animal through mechanical injury increases susceptibility to some diseases (Aeby & Santavy 2006, Page & Willis 2008), suggesting that corals are either more susceptible because they have an open wound that can subsequently become infected or that some systemic change takes place to weaken the entire organism, thereby making it generally more susceptible to disease. In our study, although treated colonies were re-infected with cMWS within a few weeks post-lesion removal, new infections never occurred at the removal site, indicating that tissue disruption was not required for cMWS initiation. In addition, the development of new lesions was similar between the 2 groups, suggesting that the processes affecting cMWS pathogenesis continued throughout the experiment regardless of coral wounding.

It is possible that a fundamental difference exists between the fresh wounds and uncompromised areas on treated colonies, because all new cMWS lesions occurred on uncompromised areas of the colonies. Van de Water et al. (2015) examined the regulation of the coral immune response during wound healing in A. aspera. They showed that various components of the innate immune system were upregulated and suggested that an initiated immune response may prevent infection at wound sites. It is not known whether *M. capitata* responds to wounding in a similar manner. However, the occurrence of new lesions on uncompromised areas of M. capitata colonies is more consistent with an existing interaction that sporadically activates rather than opportunistic infections occurring at injury sites.

The data presented here indicate that disease lesions alternated between active (recent tissue loss) and inactive (no recent tissue loss) states in both groups as has been previously reported for this disease (Aeby et al. 2010, Work et al. 2012). In our study, disease prevalence and the rates of tissue loss showed similar temporal patterns for both groups (treatment and control), with spikes in prevalence and lesion rate occurring in Weeks 3 to 8 (Fig. 4). After these spikes, the rate of tissue loss returned to a consistently lower level but prevalence continued to vacillate. The similar temporal pattern of infection among corals suggests that there may be an undiscovered environmental component affecting cMWS processes in M. capitata, which could have caused these spikes. Without the temporal resolution af forded by weekly sampling, this short-term increase in infection would have been missed.

In previous work, decreases in morbidity and mortality were recorded following treatment of different types of disease lesions from various coral species (Hudson 2000, Dalton et al. 2010, Williams 2013, Aeby et al. 2015). Each of these studies re ported benefits to coral survival as a result of treatment and should be considered as potential management actions in response to disease outbreaks. The differences in coral species, pathogens, and local environmental factors require that treatments be tailored to individual diseases on each coral host. For example, Williams (2013) found that growth anomaly removal was a successful treatment for A. acuminata but not for M. efflorescens located on the same reef under similar environmental conditions. Although somewhat time consuming, lesion removal would be effective in controlling disease in closed systems such as coral nurseries, at the onset of a disease outbreak, on reefs with a low incidence of cMWS, or for treating colonies that are of the most value to the reef (Raymundo et al. 2008). While lesion removal has proven beneficial for cMWSinfected colonies, management actions that address the overarching drivers of coral disease (e.g. nutrient runoff from human and animal waste, overfishing, and rising surface seawater temperatures) are required to maintain the long-term viability of coral reefs (Bruckner 2002). The complexity of a coral's response to disease, the efficacy of lesion treatment, and the response of different pathogens to treatment are all areas that require further study to refine treatment options. Equally important to the initial disease response, however, is the follow-up research required to identify and understand underlying factors that trigger disease outbreaks.

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