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Title Page

Title of manuscript:

Attitudes and attributes of pharmacists in relation to practice change – a scoping review and discussion

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Attitudes and attributes of pharmacists in relation to practice change – a scoping review and discussion

3 Abstract:

- 4 Background: Multiple barriers and facilitators to the uptake of cognitive services in pharmacy practice
- 5 have been identified. Pharmacists' attitudes and attributes have been described as barriers and
- 6 facilitators in relation to the uptake of extended pharmacy services, in addition to those of a more
- 7 systemic nature.
- 8 Objectives: To systematically scope and review the literature describing pharmacists' attitudes and
- 9 attributes in relation to the implementation of cognitive services or role extension and to critically
- 10 analyse and discuss their relevance as barriers or facilitators.
- 11 Method: A scoping review of the literature on attitudes and attributes of pharmacists in relation to
- 12 pharmacy practice was performed, including 47 articles on attitudes and 12 on attributes, forming the
- 13 basis for a critical analysis within theoretical frameworks.
- 14 Results: Pharmacists' attitudes towards role extensions and new pharmacy service models are
- 15 generally positive and their personal attributes and personality traits appear favourable for roles as
- 16 health professionals. Pharmacists perceived a number of barriers to the uptake of extended roles.
- 17 Conclusion: Pharmacists' attributes, including personality traits, and attitudes favour the
- 18 implementation of cognitive and patient-focused health care services and should not be regarded as
- 19 major barriers to the uptake of extended pharmacy practice roles. Framing their attitudes and
- 20 attributes within the theories of planned behaviour and personality trait theories indicates that
- 21 individual motivation needs to be underscored by systemic support for pharmacy practice change to
- succeed on a wide scale.
- 23 Keywords: pharmacist, attitude, attribute, personality trait, cognitive pharmaceutical services,
- 24 pharmaceutical care

25 Introduction:

- 26 Pharmacists have had many opportunities to develop their professional role over the last three
- 27 decades. By many measures pharmacy as a health profession and a business model has been changing
- 28 constantly and with it the practice of individual pharmacists. Like other health professionals
- 29 pharmacists have to continuously adapt to changing business and health care models, government
- 30 policies and regulations, technology and its application, new diseases and treatments, continuous
- 31 changes and updates to treatment and lifestyle guidelines and increased consumer engagement with
- 32 healthcare decision-making. In many countries and jurisdictions pharmacists' scope of practice is

extending considerably and the supply of medicines role is increasingly moving from the centre of
 pharmacists' practice.¹⁻⁴

Change and innovation in health professions often relates to the implementation and application of 35 36 new technologies or techniques. In pharmacy more advanced technologies assisting in medication 37 supply, workflow and business management, the outsourcing and specialisation of tasks like 38 compounding or preparation of dose administration aids, enables pharmacists to become more 39 involved in other health care activities. A recent workforce survey of pharmacists in the USA showed 40 that from 2009 to 2014 pharmacists decreased the time devoted to medication dispensing from 55% to 41 49% and increased their time providing patient care services from 16% to 21%. Time spent on other 42 activities did not change significantly, 13% was allocated to business and management, 7% to education, 4% to research and 6% to other activities. Medication Therapy Management (MTM), 43 44 which includes a comprehensive, interactive review of medicines, identifying drug interactions and gaps in medication use, was offered by 60% of community pharmacies. Immunisation services had 45 been implemented by 53%, and 52% reported monitoring and adjusting of medication therapy to 46 attain desired outcomes.4 47 A number of barriers and facilitators for change in pharmacy practice have been identified, for 48 example competence and confidence of pharmacists or a lack thereof and public or organisational 49 support, with a variety of factors exerting influence on the adoption rate of new practice models and 50 extension of pharmacist roles as health care providers.⁵⁻¹⁰ Many of these factors, such as workplace 51 design, work flow and regulatory requirements, originate from within the system and external 52 environment pharmacists practice in.^{9, 11, 12, 13} Few studies investigated the interventions or actual 53 process of accomplishing changes in pharmacist behaviour and how these were promoted or 54 supported.¹⁴ Some barriers to change have been attributed to pharmacists as individuals, with 55 pharmacists described as reluctant to change their practice to implement novel service models, which 56 involve more patient contact and clinical responsibility than the supply of medicines.¹⁵ 57 58 While many pharmacists are extending their professional roles a significant number seems hesitant in providing novel services and accepting new responsibilities in patient care while the evidence for their 59 outcome benefits to patients is still emerging.^{16, 17} Slow uptake of roles as prescribers, reluctance to 60 take responsibility for outcomes in patient care and closer involvement with patients has been related 61

62 to pharmacists' personal attributes and personality traits as well as to their attitudes and beliefs.¹⁵ The

extent to which pharmacists' individual or personal attributes and attitudes are inhibitors to extending
their roles and whether these are innate or possibly acquired throughout their training,

65 professionalisation and professional practice warrants consideration. Understanding how attitudes and

attributes or external and systemic factors influence the uptake of wide spread practice change will

67 potentially guide future implementation strategies for changes to pharmacy practice.

68 This paper provides a critical analysis of recent empirical research examining pharmacists' attitudes

and personal attributes and whether they constitute barriers or facilitators to practice change. In this

context attitude can be understood as the degree to which a pharmacist has formed a favourable or
unfavourable evaluation or appraisal of a specific role or cognitive service and attribute as a
psychological characteristic of an individual.¹⁸ The format of a scoping review was chosen as it allows
for mapping a broad range of evidence and the summation of research findings generated by studies
of potentially widely varying designs. It lends itself to providing a narrative overview of a broadly
defined topic and the potential identification of future reseach opportunites.¹⁹

76

77 Methodology

78 A preliminary screen of the literature identified the body of published research into attitudes and

79 attributes of pharmacists as heterogeneous and mainly qualitative in nature. Thus a scoping review

80 was chosen as the method of summarising and disseminating the findings of this wide range of

81 research.¹⁹ A scoping review was also deemed a suitable methodology to accommodate expected

82 difficulties in determining the inclusion or exclusion of studies due to the broad terms of reference of

- 83 the review and the not always unambiguous use of terms of interest, e.g. 'cognitive services', in the
- 84 literature.

A literature search of MEDLINE, CINAHL via EBSCOhost and PsycINFO databases was performed with the search terms of pharmaceutical services or care, community pharmacy services, pharmacy or pharmacies, pharmacist* as major subject headings or key words, combining results with a search for attribute* and attitude* as text words. The search process was supported by a specialist librarian. The exact final search strategies are provided in appendix 1. Searches were restricted to publications written in English and published from 2000-2015. Titles and abstracts were reviewed to identify studies which described the attributes and attitudes of pharmacists in relation to the implementation of

92 what would be regarded as cognitive or extended pharmacy services or practice change.²⁰

Studies were included for review and discussion when they reported on empirical research into the 93 94 attitudes or personal attributes of pharmacists and pharmacy students in relation to pharmacy services 95 which were described as novel, extended or advanced in the respective publication. For inclusion the 96 cognitive pharmacy services had to be well defined in the article, e.g. supplementary or independent 97 prescribing, or been clearly defined in the pharmacy literature, e.g. medication therapy management, 98 pharmaceutical care. In addition studies providing detailed descriptors of the investigated pharmacy 99 service, with the service entailing a structured, individualised approach to patient care, were included. 100 Studies into pharmacists' personal attributes had to use a validated psychometric assessment tool. Inclusion was limited to research conducted within health care systems with similar structures and 101 governance. Studies from North America, Europe, Australia or New Zealand were chosen to attain an 102 approximation of similarity in health care systems and regulation and practice of pharmacy, aimed at 103 limiting heterogeneity and increasing the potential of legitimately generalising the findings. 104

- 105 Studies were excluded from the review when pharmacists' attitudes to or attributes in relation to
- 106 broadly defined healthcare or unspecified support services were examined, e.g. general health
- 107 promotion, as well as some public health services, e.g. disease or addiction screening.
- 108 Reference lists of included articles and relevant review articles were screened for additional studies.
- 109 Fig. 1. Flow chart for selecting literature for inclusion in scoping review.
- 110 [Insert figure 1 here]
- 111 Screening of the literature made obvious that research into attributes of pharmacists focused on
- 112 personality traits. In order to ascertain whether pharmacists exhibit similar or different personality
- trait profiles to other health professionals, whose scope of practice is regarded as variable and
- 114 extending, the search was widened to permit comparisons of traits. A separate search was performed
- to identify research conducted into personality traits of pharmacists and pharmacy students as well as
- other health care professionals world-wide. MEDLINE, CINAHL and PsycINFO were searched for
- the terms personality, pharmacist^{*}, medical or medicine, nurs^{*} and health professional^{*} within the
- date range of 2000-2015. Additional titles and abstracts which indicated investigation of personality
- traits in relation to the provision of pharmacy or healthcare services were flagged for full-text retrieval
- 120 as well as studies which enabled comparison of personality traits with other health professionals. This
- 121 iterative process yielded another 3 articles on pharmacists' personality traits to the review. In total,
- screening, article review, iterative and reference searches resulted in the final inclusion of 47 articles
- 123 on pharmacists' attitudes and 12 on attributes.
- 124 Eligible studies were assessed for participant enrolment, pharmacy service or practice model studied,125 methodology and major empirical findings.
- 126 A knowledge synthesis achieved by the scoping review forms the basis of a critical analysis and
- 127 discussion of the relevance of attributes and attitudes of individual pharmacists or pharmacy students
- in the development or implementation of practice change and new health care service models in
- 129 pharmacy.²¹ Theory of Planned Behaviour (TPB) and personality trait theories were employed as
- theoretical frameworks to inform the discussion of results. TPB was chosen a priori as a framework to
- investigate pharmacists' attitudes to changing practice as it links behaviour change to attitudes and
- external factors potentially relevant to successful practice change. TPB posits that once beliefs and
- 133 attitudes about a certain behaviour are positive, the likelihood of developing an intention to exert the
- behaviour increases, with strength of intention consequently predicting the execution of behaviour.¹⁸
- 135 Personality trait theory, which contends that human behaviour is strongly influenced by attitudes and
- beliefs generated through habitual patterns of thought and emotions, was integrated once it became
- 137 clear that research on pharmacists' personal attributes focused on their personality traits.

138

139 Results

140 Pharmacists' attitudes towards cognitive services and practice change

A significant number of qualitative or mixed methods studies have evaluated pharmacists' attitudes 141 towards cognitive services in pharmacy practice and patient care, using mainly surveys, focus groups 142 and semi-structured interviews. Research describing attitudes and attributes mainly included 143 community pharmacists but also pharmacists working in other health care settings, e.g. primary care 144 145 or hospitals. Appendix 2 tabulates studies which report on pharmacists' attitudes towards the implementation or delivery of cognitive and extended pharmacy services. Attitudes towards MTM,²²⁻ 146 ²⁶ pharmaceutical care ²⁷⁻³¹ and medication utilisation reviews ³²⁻³⁶ have been reported. Similarly, 147 attitudes and intentions to participate in or implement immunisation programs in community 148 pharmacies ^{12, 37-40} and the provision of patient-focused services by pharmacists,^{8, 41} for example 149 adherence support ⁴²⁻⁴⁴ and chronic disease management ⁴⁵⁻⁴⁷ or other support services, ^{48, 49} have been 150 studied. Pharmacist prescribing as either supplementary or independent prescribers has been the focus 151 of attitude research,^{2, 3, 50-61} in addition to pharmacists' integration into health care teams, e.g. primary 152 care practices.⁶²⁻⁶⁴ Some of these studies also described positive intentions to implement services and 153 elucidated on barriers and facilitators.^{2,22,27,51,64} 154

Studies investigating pharmacists' general attitudes towards extended practice roles concluded that 155 pharmacists' attitudes and intentions for change were mostly positive, despite perceived barriers in 156 their organisational environment.^{48,65} Pharmacists expressed necessity, willingness or enthusiasm to 157 extend their roles, though often perceived their external environment creating obstacles to do so.⁶¹ 158 Positive attitudes and intentions to implementing change or taking up specific new roles were 159 represented in most of the studies looking at immunisation,^{12, 38, 39} pharmacist prescribing,^{51-53, 57, 58, 60,} 160 ⁶¹ patient-focused support services,^{8, 42-44, 49} medication management or review services ^{22, 23, 27-29, 33, 34} 161 and collaboration with other health professions.⁶³ Positive attitudes were expressed in terms of 162 perceived benefits for patients, ^{34, 36, 40, 44, 56, 58, 65} for example the prevention of adverse drug events, ²⁶ 163 improved access to and continuity of care^{2, 51, 55, 61} or improved adherence to medicines.⁵⁵ Pharmacists 164 had positive opinions on how role extensions or novel services would benefit their individual practice 165 or the pharmacy profession. Advancement of the profession and an increase in professional standing 166 and role enhancement formed parts of positive attitudes.^{25, 30, 34, 38, 54, 56, 60, 65} Pharmacists perceived a 167 potential or actually experienced an increase in role satisfaction.^{40, 43, 44, 52, 57, 61} They also expressed 168 recognition of how roles beyond medication supply, such as conducting formalised, interactive 169 medication reviews, would increase the acceptance of pharmacists by other health professionals and 170 facilitate the integration into health care teams.^{36, 55} 171

Pharmacy students also expressed positive beliefs and attitudes towards future roles in clinical and
patient care and motivation to extend their practice. At times these were independent of their level of
skill and competence.⁴⁰ They also showed intention to implement immunisation programs at their
future place of work, irrespective of the measure of control they may have to do so in practice.⁶⁶

176 When pharmacists' attitudes and beliefs were correlated to concerns about the implementation of

177 cognitive services or uptake of an extended role barriers and facilitators which potentially reside with

the individual were identified and described. The need for additional training and competence was

179 frequently mentioned, particularly in relation to prescribing with a focus on training in diagnosis as

180 well as assessment and monitoring, and immunisation. ^{27, 28, 37, 48, 51-53, 58, 65} In some settings

181 pharmacists perceived a lack of mandate from the public or other health professionals^{8, 32} or the need

182 for more collaborative relationships with other health professionals, particularly physicians.^{3, 36, 44} The

183 most frequently cited barriers to the uptake of any new service were a lack of time to provide patient-

184 focused services in a busy pharmacy or retail environment and an unsuitable work environment or

185 work flow, clearly pointing to organisational and environmental issues.^{12, 22, 23, 27, 28, 34, 37, 39, 41-43, 53, 60}

186 Pharmacists' attributes in relation to cognitive services and practice change

Empirical research investigating pharmacists' personal attributes in relation to practice change almost exclusively explored their 'Big Five' personality traits.⁶⁷⁻⁷⁸ Appendix 3 provides an overview of the included studies which used a validated psychometric instrument measuring personal attributes and traits as well as summarising their key findings.

191 Personal attributes and personality traits are believed to influence the formation of beliefs and

192 attitudes.⁷⁹ They are understood as relatively enduring dispositions, predisposing a person to certain

193 patterns of thoughts, feelings and influencing how they interact with their environment $^{79, 80}$ and are

194 regarded as reasonably stable across, particularly later, adulthood.^{81, 82} In the 1990s consensus

emerged that personality traits can be organised within five broad factors, the 'Big Five', namely

196 Extraversion, Neuroticism, Openness to Experience/Intellect, Agreeableness, and Conscientiousness.

197 These five traits, deriving from a number of underlying facets and developed into the Five Factor

198 Model (FFM), are thought to explain much of the variance in human behaviour.⁷⁹ The validity and

199 utility of the FFM is not without contention. The reduction of variance in complex behaviour to a few

200 global factors appears simplistic within the socio-cognitive model of human behaviour, where theories

around self-efficacy, self-regulation or goal orientation are offering cogent explanations.^{83, 84} A

202 number of instruments to measure Big Five personality traits have been developed. In common use

are the NEO Five-Factor Inventory (NEO-FFI), the NEO Personality Inventory-Revised (NEO-PI-R)

and the Big Five Inventory (BFI).⁸⁵⁻⁸⁷

Studies involving pharmacists mainly employed the BFI as an assessment tool, often correlating 67-72

results to performance of patient care services like MTM, immunisation or prescribing.⁶⁷⁻⁷²

Participating pharmacists rated higher scores for the FFM traits of conscientiousness and emotional 207 stability and at least as high or higher for agreeableness than the relevant population average.⁸⁸ 208 Pharmacists expressed varying degrees of extraversion but consistently a lesser degree of openness to 209 210 new experiences than the general population. A comparison of the results of these studies with the 211 limited number of small studies of other health professionals or students using the BFI shows that participants in the vast majority similarly reported higher degrees of agreeableness, conscientiousness, 212 213 emotional stability, varying degrees of extraversion and a lower than average degree of openness to new experiences compared to population means. Physiotherapists, surgeons, physicians, other doctors, 214 medical and psychology students all exhibited for example lower than average scores of openness to 215 experience, mirroring findings from the pharmacist studies.⁸⁹⁻⁹³ The only professional group reaching 216 the population mean score for this trait was a small group of occupational therapists.⁹¹ 217 Research applying the two other commonly used FFM inventories, the NEO-PI-R or NEO-FFI 218 instruments, finds slightly different trait profiles for health professionals. The only study applying the 219 220 NEO-FFI to pharmacists was conducted in Thailand, rating them high on agreeableness, conscientiousness, average openness, average to low extraversion and low on neuroticism.⁷⁸ The use 221 of the NEO-PI-R found mixed results with small groups of pharmacy students in Taiwan and 222 pharmacists in South Africa, which are not easily compared to population means.^{76, 77} Most studies 223 have been conducted within the medical profession and correlated personality traits for example to job 224 satisfaction,⁹⁴ preference for urban or rural practice ⁹⁵ and patient satisfaction.⁹⁶ These as well as 225 226 studies involving medical students confirmed the trend of higher than average conscientiousness, 227 agreeableness and emotional stability but not the findings from research using the BFI of low openness to experience by practicing or aspiring medical professionals. Studies employing the NEO-228 PI-R and NEO-FFI showed doctors and medical students scoring average to high for openness when 229 reporting the raw or adjusted scores for the personality measures compared to population averages.⁹⁷⁻ 230 ¹⁰³ Similar results were obtained in studies involving nurses and nursing students.¹⁰⁴⁻¹⁰⁶ 231

Cordina et al. conducted a number of studies using the Gordon Personal Profile Inventory (GPP-I)
with Maltese pharmacists and pharmacy students, investigating personal attributes in relation to
practice.⁷³⁻⁷⁵ Practicing pharmacists showed the highest mean score for responsibility, followed by
vigour, cautiousness and original thinking.⁷³ First year pharmacy students marked their highest scores
in original thinking, personal relationships, vigour, responsibility, and low scores for self-esteem,
emotional stability and ascendency.⁷⁴ In a follow up study after 4 years pharmacy students seemed to
have consolidated their traits on the GPP-I but became more cautious and responsible.⁷⁵

239

240 Discussion

241 Attitudes

Studies of pharmacists' attitudes towards and opinions about cognitive services and new roles indicate 242 that they formed mainly favourable evaluations, perceiving many benefits to patients, themselves as 243 individuals and the profession. Although pharmacists expressed positive attitudes the actual 244 245 implementation and provision of cognitive services is often perceived as lacking in practice.¹⁵ Even when individuals have taken appropriate steps to facilitate the transition from intended to actual new 246 behaviours the rate of practice change can be limited.^{34, 50, 107} Theory of Planned Behaviour (TPB) 247 248 offers a useful framework when looking for possible explanations for the gap between pharmacists' positive beliefs and attitudes and the actual or perceived lack of practice change behaviour.¹⁸ TPB 249 explains up to 27% of the variance in certain behaviours and up to 39% of the variance in intentions to 250 action a behaviour, with effect size varying according to behaviour type.^{108, 109} Positive beliefs and 251 attitudes about a certain behaviour increase the likelihood of developing an intention to exert the 252 behaviour.¹⁸ Other factors influencing intention are subjective norms (SN), which provide permission 253 or approval, social pressure or a mandate for pharmacists to perform certain professional roles. 254 Pharmacists also need to feel they have a degree of control over the performance of their intended 255 256 behaviours and actions, i.e. that they have the necessary means, ability, skills and competence. This perceived behavioural control (PBC) is another significant predictor for intention and subsequent 257 behaviour.¹⁸ For TPB to apply a degree of actual behavioural control needs to be present, which may 258 not be the case where pharmacists are not the designated decision-makers in their practice setting. 259 Due to often working within a regulated or structured environment, systemic and organisational 260 261 structures may not permit a motivated, well intended and competent individual to start a new 262 behaviour without organisational or regulatory permission, limiting actual control, as experienced by pharmacists who obtained prescribing authorisation in the UK.^{2, 50} 263 Within this theoretical framework attitudes are generally found to be the strongest predictor variable 264

for intention, followed by PBC and SN, with intention often regarded a proxy measure for actual behaviour. ^{24, 108, 110} It seems that pharmacists and particularly pharmacy students' behavioural beliefs and attitudes form favourable antecedents to developing intentions to practice in new or extended care roles.¹¹¹ Studies reporting that the presence of positive attitudes to providing MTM or pharmaceutical care correlates positively to a higher likelihood of providing these services illustrate these theoretical aspects.^{25, 67}

271 Subjective norms can partly support or hinder pharmacists in extending professional roles and scope

of practice. Professional organisations and regulations, academia, existing professional training and

- 273 consumer or health professional expectations all create norms which may generate incentives or
- disincentives for pharmacists to extend their skills and participate more actively in health care. Some
- 275 pharmacy practice studies confirm that SN can be a reliable and strong predictor of intention to
- participate or implement a novel pharmacy service.^{24, 113, 114} This finding seems to apply particularly

when actual and perceived control over the behaviour is high, e.g. with the use of drug monitoring
databases or adverse drug event reporting.¹¹⁵⁻¹¹⁷

279 A pervasive factor influencing SN negatively seems to be a lack of physician support, absence of established networks and clear acceptance by other health professionals. Physicians often express 280 uncertainty or ambiguity towards pharmacists' clinical involvement, questioning their legitimacy and 281 competence in taking up extended roles.^{24, 36, 118-122} In order to strengthen SN for pharmacists and ease 282 the transition from intention to action in many practice areas relationships and networks need to be 283 established. This seems particularly important where there is an overlap in roles and responsibilities 284 with other health professions, for example prescribing and immunisation. Many pharmacists have 285 negotiated these professional boundaries with success.^{62, 63} They found that trust and collaboration 286 between health professions removes barriers to positive recognition of pharmacy services and the 287 individual providing them,¹²³⁻¹²⁶ and prefer integration into primary and secondary care.¹²⁷ 288 Professional relationships can be encouraged during the training of health professional students, e.g. 289 290 by integrating interprofessional education or practice placements with other health professions into graduate degree programs. These will establish early role clarity, a mutual understanding of 291 292 practitioners' skills and abilities and facilitate the negotiation of professional boundaries. Enhancing 293 pharmacists' interprofessional communication skills alongside their clinical skills will encourage and 294 support the establishment of collaboration and trust at an individual practitioner level. At the same 295 time collaboration has to be negotiated between respective professional organisations, who usually 296 drive the extension of pharmacists' scope of practice but then seem to leave the negotiation of professional frontiers to practitioners at the coal face.¹²⁸ 297

The increasing commercialisation of pharmacy may create another substantial hurdle for pharmacists 298 299 due to the actual or perceived conflict of business interests with the provision of health care. The negative impact this may have on relationships with other health professions and consumers has been 300 identified in a number of studies on role extension and will potentially influence SN.^{35, 47, 126, 129, 130} 301 Relationships are at the core of healthcare and central to shaping the public's expectations of 302 pharmacists' role as healthcare providers. Attention to the psychosocial dimensions of their 303 304 interactions with consumers in place of a more transactional approach to the practice of pharmacy will strengthen relationships.¹ This will enable pharmacists to assist people in changing behaviours which 305 are detrimental to their well-being, extending existing patient care skills to supporting people to take 306 responsibility for all aspects of their health and heath care. Similarly to improving interprofessional 307 308 training of pharmacy students involving them in early person contact and participation in patient-309 focused and cognitive services can facilitate the development of an identity as carer. This would also broaden the understanding of those who are attracted to pharmacy by its connotations of a science 310 311 based profession. Many pharmacists have already seized the opportunities to introduce patientfocused health services, portraying their role and image as health carers more explicitly, without 312

- having to rely on funding or regulatory approval. Pharmacists and pharmacies offer unfunded and 313 funded services which are supporting the goals of primary health care in disease prevention and 314 chronic disease management, e.g. in promoting smoking cessation and lifestyle changes or asthma 315 316 management.¹⁴ Ensuring pharmacy services are delivered to a high standard and technical quality will 317 raise consumer and health professional expectations, reinforcing SN. An improvement of their functional quality is likely to strengthen the perception of pharmacists as carers and clinicians. For 318 319 pharmacists to consistently succeed in their obligations and ambitions actual and perceived 320 behavioural control will be necessary.
- 321 PBC is another strong predictor of positive intentions in pharmacy practice studies employing TPB as
- 322 a framework, although not as strong as described in literature on health behaviour,^{112, 114} and has been
- found a predictor for the likelihood of providing pharmaceutical care.⁶⁹ Pharmacists with positive
- 324 attitudes often cite barriers in relation to workload and work environment which as well as
- 325 competence, skill and need for training all link to PBC. While necessary competence and skill for
- extended or novel roles can be gained by individuals either during their graduate training or
- 327 continuing professional development, barriers in their work environment are not as easily removed by
- 328 the majority of pharmacists. Figure 2 summarises how TPB frames pharmacists' attitudes, facilitators
- and barriers to role extension as described in the literature.
- 330 Pharmacy business models have changed over the last decades but changes in physical environments,
- e.g. in community pharmacies, are only slowly creating conditions which are conducive to conducting
- 332 patient-focused, clinical consultations.⁷ This slow transformation potentially feeds the public's
- 333 perception of pharmacies operating mainly as a business rather than a healthcare centre. Research into
- how to optimise work flow, work place design and staffing levels to facilitate regular performance of
- relationship-based, individualised services would assist pharmacy as a profession and pharmacists as
- individuals in extending their roles into many areas of healthcare. Addressing environmental and
- 337 organisational factors which create difficulties for motivated pharmacists to fully participate in
- 338 cognitive service provision and strengthening their PBC should increase pharmacists' chances to
- 339 succeed in taking on new roles as discussed, for example, by Farris et al.¹³¹
- Figure 2. Attitudes, facilitators and barriers described by pharmacists within the Theory of PlannedBehaviour
- 342 [Insert figure 2 here]

343 Personal Attributes

Research into pharmacists' attributes in relation to cognitive pharmacy services focused mainly on

- 345 their personality traits. When measured with the BFI, a FFM instrument, pharmacists and other health
- 346 professionals in comparison to the population average rated scores which were higher for the traits of

conscientiousness and emotional stability, average to higher for agreeableness, lower to higher for 347 extraversion and lower for openness to experience.^{67-72, 89-93} Within the FFM higher degrees of 348 conscientiousness have been established as predictors for job and academic performance, with 349 350 extraversion seemingly relevant for success in sales and management. When jobs rely on 351 interpersonal interaction, like team work, agreeableness and emotional stability seem to be more 352 important for success, but other traits have not been proven to be reliable predictors of people's performance or behaviour on the job.¹³²⁻¹³⁴ Although correlations were not established with all FFM 353 354 instruments, higher degrees of extraversion and openness are often linked to people being less conventional, and openness in particular to creativity, innovativeness and divergent thinking.^{135, 136} 355 These findings may lead to conclusions that pharmacists' personality traits, particularly a low degree 356 of openness to new experiences, may constitute barriers to the implementation of innovative practice 357 358 change. On the other hand Rosenthal et al., studying early adopters obtaining additional prescribing authorisation in Canada, found they rated similarly in their BFI measured personality profile as 359 360 pharmacists in their previous studies. Even these early adopter pharmacists showed a lower rating 361 than the population mean for the trait of openness with the BFI and thus no definite link of this trait to an early interest in an extended scope of practice.⁷⁰ A recent meta-analysis investigating the degree of 362 openness in relation to adaptive performance also confirms no significant correlation.¹³⁷ 363

364 Direct comparisons of studies with health professional participants using varying 'Big Five' instruments are difficult as definitions of traits are slightly but significantly different, emphasising 365 distinctive facets underlying each trait. For example the NEO-FFI defines extraversion with an 366 emphasis on positive emotions and warmth, having less focus on assertiveness compared to the BFI.87 367 There are divergent reports on how much the BFI, the NEO-PI-R and NEO-FFI (a shorter version 368 derived from the NEO-PI-R) correlate and converge for all five traits.^{138, 139} Convergence between the 369 370 BFI and NEO-PI-R for some traits (i.e. agreeableness and openness) was poor in a large study with participants from 56 nations.¹³⁸ The BFI and NEO-FFI have also shown only moderate convergence 371 for the trait of openness. A direct comparison of scores between studies using different instruments is 372 373 thus inappropriate. The best approximation when comparing different studies would be using conclusions about group differences to population means established with the respective instrument.⁸⁷ 374 375 Research applying the NEO-PI-R or NEO-FFI instruments with pharmacists, other health professionals and students often found an average to higher than average degree of openness, while 376 confirming trends for the other traits.^{77, 78, 97-103} This divergence of results obtained from studies using 377

- the BFI may be associated with the way the BFI measures openness, possibly not providing a good
- model fit for people who become or are health professionals. The BFI measures openness by an
- 380 underlying facet profile which asks three out of ten questions around interests in artistic and aesthetic
- 381 experiences.⁸⁷ These may have poor validity in those whose curiosity and inventiveness is potentially
- 382 focused on scientific and technological innovations and applications. The BFI may consistently

underestimate health professionals' openness to experience compared to the other two commonly used FFM instruments.¹³⁶ In the absence of additional pharmacist studies using the instruments more frequently employed in other health professional research it remains unclear whether pharmacists in western societies are the only health profession which would consistently maintain lower scores for the trait of openness compared to population averages and other health professionals if their

personality was measured by the use of the NEO-FFI or NEO-PI-R.

- 389 An argument against the probability of this scenario can be found in the studies conducted by Cordina
- et al., using the Gordon Personal Profile Inventory (GPP-I).⁷³⁻⁷⁵ Results obtained with the GPP-I are
- 391 not directly comparable with FFM instruments as they provide information on personality based
- 392 competencies, structured into four domains of interests, work style, preferences and work values.
- 393Pharmacy students showed high scores in original thinking, which seemed to decrease slightly
- between the first and fifth year of their degree. High scores for original thinking are deemed to signify
- people who are intellectually curious, creative innovators and like to work on difficult problems,
- which seemingly correlates well to openness to new experience within the FFM.¹⁴⁰ These findings,
- though limited in their singularity, support the argument that pharmacists' low openness may well be
- an artefact of the use of the BFI as a measurement instrument when considering the studies on

399 pharmacists' personalities which have shaped understanding until now.

- 400 Cordina et al. studies hint at pharmacists exhibiting a degree of cautiousness and a dislike of
- 401 uncertainty,⁷³⁻⁷⁵ which has also been proposed by others,^{141, 142} but they do raise the question whether
- 402 pharmacy students commence their studies with these attributes or whether they develop them
- 403 throughout their training and professionalisation. The ability to practice with accuracy and correctness
- 404 is regarded as probably the most important professional attribute of a pharmacist, with potential
- 405 serious consequences for errors in what for many is still a core activity, dispensing.¹³⁰ A need for
- 406 certainty and precision is predictable when demands from the profession and public permit little
- 407 tolerance for errors but is not easily reconciled with uncertainty in clinical decision making in
- 408 extended practice roles. Training and professionalisation may well encourage the development of
- these attributes.¹⁴²⁻¹⁴⁵ Currently it remains uncertain to what degree pharmacists' cautiousness and
 discomfort with uncertainty are innate personal attributes rather than products of training, professional
- 411 socialisation and norms. Further research into how pharmacists professionalise in comparison to other
- 412 health professionals, who seem to be more at ease when making decisions under uncertainty but
- 413 exhibit similar personality traits, may shed light onto how and when pharmacy students or
- 414 pharmacists acquire these attributes.
- 415 In summary, pharmacists' attitudes and intentions towards role extensions and potential practice
- 416 change appear generally positive. Empirical findings published within the last 15 years show that it is
- 417 unlikely that pharmacists' personality traits or personal attributes create major barriers to extensions

of current roles into patient-focused services. They indicate that people who are or become 418 419 pharmacists should be well suited to a wide range of health professional roles. Pharmacists display 420 similar personality trait patterns to other health professionals and could be expected to exhibit 421 behaviours which are conducive for roles in health care. Like in other health professions, pharmacists 422 with certain personality profiles may be drawn to and succeed in particular roles within their profession.^{74, 76} Surgeons or psychiatrists on average tend to differ slightly in their personality from 423 424 their peers but a correlation between a certain personality profile and high performance in these roles has not been established.^{90, 146, 147} 425 Younger generations of pharmacists in particular seem to possess attributes and attitudes favourable to 426 adapting to future practice changes and patient-focused health care.^{56, 75, 142} They often report feeling 427 let down though by the educational system, realities of pharmacy practice and professional 428 organisations when trying to realise the potential they perceive for their chosen profession.^{144, 148, 149} 429 Pharmacy training programs can provide assistance in ensuring students complete their degree fit for 430 431 extended practice. Strengthening SN by increasing collaboration with other health professions and consumers, with the aim of integrating pharmacy universally into team based care, will over time 432

433 reduce potential scope of practice gaps when transitioning from student to health professional. When

434 pharmacists perceive customers, patients and other health professionals giving them a mandate or

435 expecting pharmacists to provide cognitive services in addition to the more traditional roles of

436 medication supply cognitive dissonance between positive attitudes and SN will weaken. In addition

437 optimising work flow and practice design to advance patient centred consultations may also mitigate a

potential lack of actual control for those with good intentions which are not translated into planned
 behaviour and increase perceived behavioural control in changing practice.^{2, 50, 131} At the same time

behaviour and increase perceived behavioural control in changing practice.^{2, 30, 131} At the same tim
 acceptance that taking on new roles may seem more important to professional organisations or

441 business owners concerned with pharmacy's obsolescence than to individual, mature practitioners

442 who feel competent and content within their current scope of practice could direct future research into

addressing systemic issues which may impede practice change in pharmacy.¹⁵⁰

There are a number of limitations to this review. Searches were restricted to the English language and a defined geographical area, it is acknowledged that a small number of potentially relevant studies has been conducted in other areas, although within dissimilar health care systems. As cognitive, advanced or extended services in pharmacy practice are not always clearly defined in the research literature potentially relevant articles may have been missed, although the broad search strategies were aimed at keeping a wide focus. Care was taken that the exact nature of the pharmacy service under discussion was described to pharmacist participants in the included studies, but it was impossible to assess the

451 degree of their understanding and awareness to ensure they were able to form well-informed beliefs

and attitudes.

453 Concluding remarks

- 454 This review of literature that explores pharmacists' beliefs, attitudes, intentions and attributes
- 455 concludes that people who are or are becoming pharmacists are well suited for a career as health
- 456 professionals. Research demonstrates their positive attitudes and intentions towards the extension of
- 457 their scope of practice, uptake of cognitive and patient-focused pharmacy service models and greater
- 458 involvement in health care.
- 459 While individual pharmacists who chose to extend their scope of practice and ensure they are skilled
- 460 and competent to do so can take more responsibility in initiating and building relationships with other
- 461 health professionals and they will need support in strengthening subjective norms through the
- 462 increasing acceptance of new pharmacist roles by the people they work with or serve. In preference to
- 463 tasking individuals with closing any knowledge, attitude, practice gaps systemic issues in pharmacy
- 464 practice and service delivery need to be addressed. These may be complex and difficult, but
- 465 continuing to resolve them will ease the efforts of motivated pharmacists to practice to the maximum
- scope of their ability and competence. Pharmacists seem to exhibit attitudes and attributes which
- 467 favour their involvement in a wide range of health care services and adoption of a practice philosophy
- 468 of direct patient care but ongoing systemic change is required to facilitate wide-spread extensions of
- 469 pharmacists' scope of practice.
- 470

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- 826

827 Appendix 1. Search strategies

	MEDLINE	((MH "Pharmaceutical Services") OR (MH "Community Pharmacy Services") OR (pharmacies OR pharmacy OR			
		pharmacist*)) AND (attribute* OR attitude*)			
	CINAHL ("pharmaceutical care" OR "community pharmacy" OR pharmacist* OR pharmacy OR pharmacies) AND (attitude*)				
	PsycINFO	("pharmaceutical care" OR "community pharmacy" OR pharmacist* OR pharmacy OR pharmacies) AND (attribute* OR attitude*)			
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Author(s) /	Study objective	Participants /	Pharmacy Service /	Major findings
Year		Location	Research Method	
	Medication Therapy Managem	ent (MTM)		
Blake et al. ²²	To assess pharmacists'	203/503 community	MTM /	Respondents felt comfortable in providing
	perception of educational and	pharmacy,	Survey	MTMS and had a favourable view of the
	training needs necessary to	pharmacists in		value of these services to patients.
	implement MTMS.	charge, USA		
Herbert et al. ²⁴	To predict the behavioural	203/500 community	MTM /	Pharmacists showed generally positive intent
	intention of pharmacists to	pharmacists, USA	Survey	to provide MTMS.
	provide MTM.			
Law et al. ²³	To explore pharmacists'	143 community	MTM /	Community independent pharmacists reported
	perceived preparedness,	pharmacist, USA	Survey	being ready, willing, and able to provide
	willingness, and challenges			MTM services. A lack of time, billing
	toward providing MTM			arrangements and reimbursement were named
	services.			as challenges.
MacIntosh et	To evaluate differences in	200 community	MTM /	Majority showed positive attitude towards
al. ²⁶	community pharmacy	pharmacy managers,	Survey	pharmacists providing MTM and its value to
	managers' attitudes towards	USA		patients, but stated difficulties finding time
	MTM based in relation to use			for MTM or setting aside time for one-to-one
	of Mirixa.			consultations during business hours.
Shah and	To investigate pharmacists'	93/123 community	MTM /	Pharmacists had positive attitudes toward
Chawla ²⁵	attitudes, efforts, interest, and	pharmacists, USA	Survey	provision of MTM, regarding it as an
	challenges in providing MTM.			opportunity to engage in patient care, and
	Y			were very interested in providing some MTM
				services.
	Medication (Utilisation) Review	V		

Appendix 2. Overview of studies reporting on pharmacists' attitudes in relation to cognitive service implementation

Bradley et al. ³⁶	To explore and identify the key	Primary care	MUR	Stakeholders believed in the potential for
	determinants influencing the	organisations,	commissioning and	MURs to contribute to professional
	uptake of medicines use	including community	provision /	integration and patient care.
	reviews.	pharmacists, UK	Questionnaire &	
			interviews, MUR	
			data	Y
Bryant et al. ³²	To explore attitudinal factors	20 Pharmacists, NZ	Medication review	The themes that emerged from the interviews
	that prevent increased		(GP collaborative) /	questioned whether provision of clinical
	participation of community		Semi-structured	medication reviews was mandated, had
	pharmacists in medication		interviews	legitimacy, was effective, and the adequacy of
	reviews.			the pharmacist to provide the service.
Harding and	To explore existing mechanism	50 Community	MUR /	Community pharmacists generally had a
Wilcock ³³	to ensure quality assurance of	pharmacists, UK	Survey	positive attitude towards MURs but think
	medicine use reviews.			special skills are needed to perform MUR.
Latif and	To explore community	167/600 community	MUR /	Pharmacists were positive about MUR
Broadman ³⁴	pharmacists' attitudes towards	pharmacists, Norway	Survey	viewing it as beneficial to both pharmacists
	MUR.			(use of professional skills) and patients
				(improve medicines use).
McDonald et	To evaluate attitudes towards	49 community	MUR /	Most pharmacists welcomed the new contract
al. ³⁵	new contracts including MUR	pharmacists, UK	Interviews	including MUR to encourage a move away
				from dispensing. But all pharmacists also
				described their working environment as very
				busy and driven to a large extent by the need
				to maintain dispensing volumes.
	Pharmaceutical Care	, 		·
Amsler et al. ³¹	To evaluate pharmacists'	11 community	Pharmaceutical care	Pharmacists willing to provide
	beliefs about pharmaceutical	pharmacists, USA	/	pharmaceutical care.
	care.		Focus groups	

Cates et al. ²⁹	To explore attitudes of	187 community	Pharmaceutical care	Pharmacists showed positive attitude towards
	pharmacists toward mental	pharmacists, USA	/ Survey	providing PC, expressing confidence and
	illness and provision of			interest.
	pharmaceutical care to mentally			
	ill patients.			2
Dunlop and	To determine attitudes to the	377/490 community	Pharmaceutical care	More than 50% support the concept of PC and
Shaw ²⁷	concept of pharmaceutical care.	pharmacists, NZ	1	see the future of pharmacy in professional
			Survey	services other than dispensing. Barriers
				identified were lack of time, remuneration,
				adequate skills.
Liekens et al. ²⁸	To evaluate pharmacists'	149/181 community	Pharmaceutical care	Pharmacists' attitude toward their role in
	attitudes, current practice,	pharmacists,	/ Survey	depression care can be considered positive.
	perceived barriers and training	Belgium		No difference in attitude to providing PC for
	needs concerning			people with depression or physical illness
	pharmaceutical care for people			
	with depression.			
Montgomery et	To explore perceptions of	5 community	Pharmaceutical	Positive perceptions of PC by pharmacists,
al. ³⁰	pharmaceutical care.	pharmacists, Sweden	care/	regarded as professionally rewarding.
			Focus groups	
	Immunisation			
Aldrich and	To determine pharmacists'	137/500 pharmacists,	Immunisation /	Mixed attitudes to providing immunisation,
Sullivan ³⁹	attitudes toward immunisations	USA	Survey	concerns on work environment, organisation
	and assess possible barriers.			and time pressure.
Kamal et al. ¹²	To obtain information about	1266/6000	Immunisation /	Respondents were willing to administer
	willingness to provide	pharmacists, USA	Survey	vaccines, very willing to counsel and promote
	immunisation services, current	(follow-up on a 2001		immunisation. Main factors perceived as
	involvement.	survey)		problematic were availability of time,
				concerns about legal liability.

Luthin et al. ⁶⁶	To examine pharmacy students'			Approximately 80% of students
	knowledge about, attitudes			felt they had sufficient knowledge/skills to
	toward, and intention to provide			provide PBIS upon graduation; mean
	pharmacy-based immunization			and 58% intended to do so.
	services (PBIS).			2
Marcum et al. ⁴⁰	To assess the impact of a	57 pharmacy	KSA	Increase in knowledge & skills, high positive
	national immunisation training	students enrolled in	Pre-and post-	attitudes (capability, job satisfaction, public
	certificate program on the	immunisation	training /	health benefit) around pharmacist
	perceived knowledge, skills and	elective, USA	Survey	immunisation between pre & post training.
	attitudes of pharmacy students			
	towards pharmacy-based			
	immunisations.			
Pace et al. ³⁸	To determine community	129/350 community	Survey	The majority of respondents believed
	pharmacists' attitudes and	pharmacists, USA		administering immunizations has advanced or
	knowledge on providing		1	significantly advanced the profession.
	immunizations including			Commonly reported barriers included time,
	perceived barriers to			followed by reimbursement and legal liability
	immunizing.			
Valiquette and	To describe the knowledge,	115/201 community	Immunisation /	52% thought pharmacists should be able to
Bédard ³⁷	beliefs and attitudes of	pharmacists, Canada	Survey	prescribe and administer vaccines.
	pharmacists towards			
	immunisation and determine			
	their perceived barriers to			
	pharmacist-led immunisation.			
	Pharmacist prescribing			
Dawoud et al. ²	To investigate pharmacist	16 pharmacist	Supplementary	Positive attitude towards supplementary
	supplementary prescribers'	prescribers, UK	prescribing / Semi-	prescribing, beliefs it improves patient care
	views and experiences.		structured	and provided a step forward in career.

			interviews	
George et al. ⁵¹	To investigate community	217/500	Prescribing /	Positive attitude towards independent
	pharmacists' awareness, views	community	Survey	prescribing by pharmacists, perceiving
	and attitudes relating to	pharmacists,		benefits to patients, indicating intention to
	independent prescribing.	Scotland		become an independent prescriber.
Hobson and	To provide data on the views	280/415 Chief &	Prescribing /	Overall a positive attitude towards
Sewell ⁵³	of chief pharmacists and	PCT pharmacists,	Survey	supplementary prescribing with a belief that
	primary care trust pharmacists	primary and		pharmacists wish to take on role. Concerns
	on the risks and concerns	secondary care,	5	were raised over the training model for
	surrounding supplementary	UK		supplementary prescribing, professional
	prescribing.			competence and responsibility once trainees
			$\overline{}$	qualify.
Hoti et al. ^{52,59}	To compare the attitudes of	1049/2592 hospital	Prescribing /	84% agreed to expanded prescribing role
	hospital and community	and community	Survey	(mainly supplementary versus independent),
	pharmacists regarding an	pharmacists,		regarding it as making better use of
	expanded prescribing role.	Australia		pharmacists' skills.
Hutchison et	To determine reasons for	314/500 hospital	Prescribing /	Pharmacist with APA generally more positive
al. ⁵⁴	adoption of additional	pharmacists, Canada	Survey	(stronger beliefs on values and relevancy,
	prescribing authorisation.			increase efficiency of practice, decrease time
				to contact physicians, stronger confidence in
				ability to follow-up) than those without.
Lloyd and	To explore context and	47 pharmacists,	Prescribing /	Pharmacists and mentors perceived SP as
Hughes ⁵⁷	experiences in relation to	primary & secondary	Focus groups, semi-	improving job satisfaction, concerns about
	supplementary prescribing.	care, 35 mentors,	structured	added responsibility
	Y'	Northern Ireland	interviews	
McCann et	To capture information on	100 pharmacist	Prescribing /	Positive attitude towards independent and
al. ⁵⁵	pharmacist prescribing.	prescribers, Northern	Survey	supplementary prescribing, perceiving
		Ireland		increased professional autonomy, status,

				utilisation of skills
McIntosh et	To investigate newly registered	418/1658 newly	Prescribing /	86% expressed interest in training as
al. ⁵⁶	pharmacists' awareness of	registered	Survey	independent prescriber. Perception that
	pharmacist prescribing and	pharmacists, UK		prescribing role would improve patient care,
	views on potential future roles			enhance professional standing.
	as prescribers.			Y
Stewart et al. ⁶⁰	To investigate pharmacists,	2371/4300	Prescribing /	Most determined that practising SP would
	who have not yet applied for a	pharmacist,	Survey	improve the care of their patients and that SP
	supplementary prescribing (SP)	UK	6	would enhance their professional standing.
	course, their planned			
	participation in training, and			
	attitudes towards pharmacist			
	SP.			
Stewart et al. ⁶¹	To explore the perspectives of	10 supplementary	Prescribing /	Perceived benefits to patients (access, quality)
	pharmacist supplementary	prescribers, Scotland	Interviews	and increased role satisfaction. Independent
	prescribers, their linked			prescribing
	independent prescribers and			was considered by all to be the obvious next
	patients towards pharmacist			stage in their
	prescribing.			development, which was not supported by
				doctors.
Tully et al. ⁵⁰	To investigate the views and	16 pharmacists, UK	Prescribing /	Before registration pharmacists were positive
	experiences of pharmacists		Semi-structured	that their role would change, providing a
	before and after they registered		interviews	more efficient service in their teams, post
	as supplementary prescribers.			registration many weren't able to use their
	V V			skills.
Warchal et al. ⁵⁸	To explore whether completing	38 pharmacist	Prescribing /	Pharmacists felt confident to undertake SP
	a prescribing course can	supplementary	Survey and	and perceived benefits for themselves and
	empower pharmacists in terms	prescribers, UK	interviews	patients in taking up their new role.

	of their extended roles.			
Weiss et al. ³	To evaluate supplementary	23 pharmacist	Prescribing /	The pharmacist supplementary prescribers
	prescribing by pharmacists.	supplementary	Semi-structured	embraced the challenges and benefits of
		prescribers, UK	interviews	supplementary prescribing. They perceived
				clear benefits for patient s and themselves.
	Other services			Y
Demik et al. ⁶⁴	To determine correlation	40 Pharmacists and	Implementation of	Pharmacists either were more accepting and
	between existing clinical	321 physicians in	hypertension and	willing to initiate a new pharmacy
	pharmacy services within a	primary care	asthma	intervention, or they believed it would be
	practice-based research	practice, USA	intervention/	more straightforward to implement a new
	network and provider attitudes		Pharmacy service	program than did their physician counterparts.
	and beliefs regarding		and	Pharmacists might be more
	implementing a new pharmacy		TPB surveys	willing to participate directly in patient-care
	intervention.			than physicians are willing to delegate
			*	responsibility.
Dobson et al. ⁶²	To determine the extent to	470/1337	Expansion of	Most participants indicated community
	which community pharmacists	community	clinical	pharmacists should be more involved in
	are prepared to be members of	pharmacists,	responsibilities /	selecting and monitoring drug therapy, and
	the health care team, and to	Canada	Survey	be more responsible for treating minor
	assess their support for general			illnesses as part of the primary health care
	expansion of clinical			team.
	responsibilities.			
Emmerton et	To evaluate experiences of	32 community	Pharmacy Asthma	Pharmacists embraced participation in the
al. ⁴⁶	pharmacists participating in a	pharmacists,	Management	PAMS, positive effects on job satisfaction
	Pharmacy Asthma Management	Australia	Service (PAMS) /	and attitude towards future of the service.
	Service		Focus groups, semi-	
			structured	
			interviews	

Freeman et	To describe stakeholder	25 community	Clinical pharmacy	Pharmacists perceived positive aspects in
al. ⁶³	opinions of integrating a	pharmacists, service in primary		providing clinical services within primary
	pharmacist into primary care	Australia	care practice /	care practices (medication review,
	practice		Focus groups, semi-	prescribing) and envisaged participation in
			structured interview	specialty clinics.
Jorgensen et	To assess the thoughts and	1003 pharmacists,	Pharmacist clinical	Majority of pharmacists' perceived urgency
al. ⁶⁵	perceptions of pharmacists on	Canada	role extension /	to change their role and showed positive
	patient-centred care and		Survey	attitude towards role extension with
	expanded roles.		Ś	perceived benefits for patient health
T : (143		10		outcomes and increased job satisfaction.
Lowrie et al.	To explore perspectives of	10 community	Ennanced, P4P HF	Pharmacists confident in service delivery,
	pharmacists delivering an	pharmacists,	Focus group	experiencing role satisfaction.
	enhanced, pay for performance	Scotland	rocus group	
	(P4P) community pharmacy HF			
	service.			
Mansoor et	To assess community	126/500 community	Adherence support/	98 % of pharmacists agreed that it was their
al.42	pharmacists' attitudes and	pharmacists,	Survey	role to promote patients' adherence.
	barriers to adherence support	Australia		
	and investigate activities in			
	supporting patient medication	Q I		
	adherence in their practice.			
O'Connor et	To investigate community	250/1002	Palliative care /	Pharmacists were generally positive about
al. ⁴¹	pharmacists' attitudes, beliefs,	Community	Survey	providing services and supports for palliative
	feelings, and knowledge about	pharmacists,		care patients, perceiving benefits to patients
	palliative care.	Australia		and carers.
Puspitasari et	To explore the scope of	21 community	CVD prevention	Pharmacists thought they have an important
al. ⁴⁵	pharmacists' activities in	pharmacists,	activities /	role to play in supporting clients in CVD
	supporting CVD secondary	Australia	Semi-structured	secondary prevention.

	prevention.		interviews	
Rieck et al.47	To explore physician and CP	22 community	Chronic disease	Pharmacists frustrated at trying to move away
	perceptions of the CP's role in	pharmacists, 22	management /	from a business model to a healthcare
	Australian primary care and	General	Semi-structured	professional service orientated model.
	how these perceptions may	Practitioners,	interviews	2
	influence the quality of	Australia		
	physician/CP CDM			
	programmes.			
Schweizer and	To explore the views of	254/508 community	Pharmaceutical	Pharmacists supported extending their role in
Hughes ⁴⁸	community pharmacists as to	pharmacists,	service / Survey	care homes, e.g. assessing residents'
	their present and potential role	Northern Ireland.		medication needs and providing advice to
	in providing care to the		$\overline{\mathbf{\nabla}}$	staff.
	residents of nursing and			
	residential homes.			
Um et al. ⁴⁹	To explore pharmacists'	20 Community	Obesity	Pharmacists are motivated and willing to
	opinions about the provision of	pharmacists,	management /	participate in accredited evidence-based
	weight management services.	Australia	Semi-structured	weight management programs.
			interviews	
Wells et al. ⁴⁴	To explore community	15 community	Adherence support/	Participants were enthusiastic about the
	pharmacist and superintendent	pharmacists, UK	Focus groups	potential of an adherence support service to
	pharmacist views and			benefit patients and the pharmacy profession.
	experiences of adherence			
	support service.			

Author(s) /	Objectives	Participants /	Instrument	Main findings of the study
year		Location		A land
Kittisopee ⁶⁷	To investigate the effect of five	341/600	BFI	Personality traits influenced behavioural intention but
	factors of personality on	pharmacists,	TPB survey	not actual provision of pharmaceutical care, which
	behaviour relative to	USA		was predicted by TPB factors.
	pharmaceutical care.			
Hall et al. ⁶⁸	To characterize the personality	347/766	BFI	Hospital pharmacists tended toward stronger
	traits of hospital pharmacists to	hospital		expressions of the traits of extraversion,
	provide insights into potential	pharmacists,	A	agreeableness, conscientiousness, and openness and
	barriers to practice change.	Canada		were emotionally stable.
Rosenthal et	To investigate possible	945/ 4975	Organizational	It would appear pharmacist respondents might be
al. ⁶⁹	relationships between cultural	pharmacists,	Culture Profile	more likely to exhibit behaviours in line with the
	factors, personality traits and	Canada	(OCP)	traits of agreeableness, conscientiousness, and
	the uptake of advanced practice		BFI	openness. Respondents who scored higher on the BFI
	opportunities.			trait extraversion provided a higher number of
				immunizations but lower numbers of medication
				reviews.
Rosenthal et	To gain descriptive insight into	65/167	OCP	Interpretation of the BFI findings suggests that the
al. ⁷⁰	the culture and personality	pharmacists	BFI	majority of innovator and early adopter pharmacist
	traits of pharmacists with	with APA,		respondents may be more likely to exhibit behaviour
	additional prescribing	Canada		in line extraversion, agreeableness, conscientiousness
	authorisation.			and openness.
Rosenthal et	To compare results of BFI	23 pharmacists	BFI	Pre-specified hypotheses that personality traits would
al. ⁷¹	measures of pharmacists'	with APA,	Performance	correlate to certain performance measures in the
	performance in a research trial.	Canada	measures	practice research trial weren't supported.
Rosenthal et	To gain insight into the culture	401/5600	OCP	A significant association was noted between number
al. ⁷²	of hospital pharmacy and into	hospital	BFI	of years in practice and the BFI trait of
	hospital pharmacists'	pharmacists,		conscientiousness; time spent performing clinical
	personality traits.	Canada		activities and scores of agreeableness and
				conscientiousness.

Appendix 3. Overview of studies included in review reporting on pharmacists' attributes

Van	To assess the relationship	56/62	MBTI	Pharmacists who measured higher on extraversion
Rensburg and	between personality	pharmacists,	NEO-PI-R	and lower on neuroticism, agreeableness tend to have
Rothman ⁷⁶	characteristics and career	South Africa	Career	'General Management' as a career anchor.
	anchors of pharmacists.		Orientation	Pharmacists who measured higher on extraversion,
	-		Inventory	openness to experience and lower on neuroticism
			-	tend to have 'Service, Challenge, Entrepreneurial
				Challenge' as career anchors.
Larson et	To determine whether the Big	55 pharmacy	NEO-PI-R	Pharmacy students scored higher for
al. ⁷⁷	Five personality factors and	students in a		conscientiousness, lower for agreeableness and equal
	vocational confidence	sample of 312		for other traits compared to other university students.
	measures were useful in	university	A	Women were more agreeable than males.
	discriminating among	students,		
	educational majors and career	Taiwan		
	aspirations.			
Smithikrai ⁷⁸	To examine the predictive	312	NEO-FFI-S	Conscientiousness was the only construct that
	power of each facet of the five-	pharmacists in		consistently predicted job success across
	factor model of personality on	a sample of		six occupations.
	job success.	2518		
		professionals,		
		Thailand	\mathcal{O}	
Cordina et	To explore the relationship	282/829	Gordon	Most of the types of pharmacists considered scored
al. ⁷³	between personality and career	pharmacists,	Personal	closely to the average categories of the GPPI
	paths taken by pharmacists.	Malta	Profile-	attributes. Pharmacists that do not possess
			Inventory	personalities that are conducive to patient-oriented
			(GPP-I)	practice appear to have chosen to practice in non-
				traditional areas where, possibly, they have found a
				good fit with their personality and other factors.
Cordina et	To determine if the personality	63/69	GPP-I	Students with strong traits of original thinking,
al. ⁷⁴	traits of first-year pharmacy	pharmacy		followed by personal relations, and vigour were
	students match the traits	students, Malta		attracted to pharmacy. Pharmacy students exhibited a
	required for patient-centered			predisposition to caring and developing caring,
	practice.			collaborative relationships with patients and other

			health care providers.
To study the personality traits	40 pharmacy	GPP-I	Baseline scores of 1 st year pharmacy students
of a cohort of students studying	students		increased by the end of the course for responsibility,
pharmacy and medicine in their	followed from		cautiousness, original- thinking and vigour.
first and final year.	1^{st} to 5^{th} year,		
-	Malta		
	CER		
	Fo study the personality traits of a cohort of students studying oharmacy and medicine in their irst and final year.	Fo study the personality traits of a cohort of students studying bharmacy and medicine in their first and final year. Malta 40 pharmacy students followed from 1 st to 5 th year, Malta	Fo study the personality traits of a cohort of students studying bharmacy and medicine in their first and final year. Malta GPP-I GPP-I GPD-I GPD-I GPD-I Students followed from 1 st to 5 th year, Malta





Highlights

- Pharmacists' attitudes and personal attributes towards novel pharmacy services were investigated.
- Recent empirical research of varying design was summarised by a scoping review.
- Pharmacists' personality traits, attributes and attitudes are not major barriers to practice change.
- Individual pharmacists need support to implement patient-focused, extended services.
- An analysis indicates systemic and organisational barriers may need to be addressed.