

β -Arrestins Regulate Stem Cell-Like Phenotype and Response to Chemotherapy in Bladder Cancer

Georgios Kallifatidis^{1,2}, Diandra K. Smith¹, Daley S. Morera³, Jie Gao¹, Martin J. Hennig^{3,4}, James J. Hoy¹, Richard F. Pearce¹, Isha R. Dabke¹, Jiemin Li¹, Axel S. Merseburger⁴, Markus A. Kuczyk⁵, Vinata B. Lokeshwar¹, and Bal L. Lokeshwar^{1,2}



Abstract

β -Arrestins are classic attenuators of G-protein-coupled receptor signaling. However, they have multiple roles in cellular physiology, including carcinogenesis. This work shows for the first time that β -arrestins have prognostic significance for predicting metastasis and response to chemotherapy in bladder cancer. β -Arrestin-1 (ARRB1) and β -arrestin-2 (ARRB2) mRNA levels were measured by quantitative RT-PCR in two clinical specimen cohorts ($n = 63$ and 43). The role of ARRBs in regulating a stem cell-like phenotype and response to chemotherapy treatments was investigated. The consequence of forced expression of ARRBs on tumor growth and response to Gemcitabine *in vivo* were investigated using bladder tumor xenografts in nude mice. ARRB1 levels were significantly elevated and ARRB2 levels downregulated in cancer tissues compared with normal tissues. In multivariate analysis only

ARRB2 was an independent predictor of metastasis, disease-specific-mortality, and failure to Gemcitabine + Cisplatin (G+C) chemotherapy; $\sim 80\%$ sensitivity and specificity to predict clinical outcome. ARRBs were found to regulate stem cell characteristics in bladder cancer cells. Depletion of ARRB2 resulted in increased cancer stem cell markers but ARRB2 overexpression reduced expression of stem cell markers (CD44, ALDH2, and BMI-1), and increased sensitivity toward Gemcitabine. Overexpression of ARRB2 resulted in reduced tumor growth and increased response to Gemcitabine in tumor xenografts. CRISPR-Cas9-mediated gene-knockout of ARRB1 resulted in the reversal of this aggressive phenotype. ARRBs regulate cancer stem cell-like properties in bladder cancer and are potential prognostic indicators for tumor progression and chemotherapy response.

Introduction

Bladder cancer is a common cancer of the urinary tract; 90% of bladder tumors are urothelial cell carcinomas (1). Although low-grade bladder tumors rarely invade the bladder muscle and metastasize, high-grade tumors will become muscle invasive if not detected early (1, 2). Non-muscle invasive bladder tumors are treated with transurethral tumor resection, and with additional

intravesical therapy if the tumor is high-grade; however, frequent recurrence of the tumors in the bladder require regular surveillance and is associated with morbidity and medical cost (3, 4). Patients with muscle invasive bladder cancer (MIBC) undergo cystectomy. Despite cystectomy, $\geq 50\%$ of MIBC patients develop metastasis within 2 years. The median survival of patients with metastatic bladder cancer is 14 months despite adjuvant chemotherapy (5, 6). Gemcitabine + cisplatin (G+C) or methotrexate-vinblastine-adriamycin-cisplatin (MVAC) are first-line chemotherapy regimens for treating patients with metastatic bladder cancer. G+C treatment is preferred in many institutions due to its favorable toxicity profile (5–8). Identification of molecular drivers that promote a muscle invasive phenotype and chemoresistance in bladder cancer, as well as an understanding of their mechanism of action should help in designing potential prognostic markers and effective targeted treatments for patients with advanced bladder cancer.

Arrestins belong to a family of proteins that consists of visual arrestin (arrestin 1), cone arrestin (arrestin 4), β -arrestin-1/ARRB1 (arrestin 2), and β -arrestin-2/ARRB2 (arrestin 3). Although arrestin 1 and 4 are exclusively expressed in the retina, ARRB1 and ARRB2 are expressed ubiquitously (9). β -Arrestins act downstream of G-protein-coupled receptors (GPCR), which essentially regulate every physiologic process in the human body (10). We and others have demonstrated the role of β -Arrestins in progression and metastasis in several cancers (11–13). β -Arrestins are known to uncouple GPCRs from heterotrimeric G proteins and target them to clathrin-coated pits for endocytosis, thus

¹Georgia Cancer Center, Augusta University, Augusta, GA. ²Research Service, Charlie Norwood VA Medical Center, Augusta, GA. ³Department of Biochemistry and Molecular Biology, Medical College of Georgia, Augusta University, Augusta, GA. ⁴Department of Urology, University of Lübeck, Lübeck, Germany. ⁵Department of Urology, Eberhard-Karls-University Tübingen, Tübingen, Germany.

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Current address for J. Gao: Department of Clinical and Diagnostic Sciences, University of Alabama at Birmingham, Alabama; current address for J.J. Hoy, NIH/NCI, 37 Convent Dr. Bethesda, Maryland.

Corresponding Authors: Bal L. Lokeshwar, Georgia Cancer Center, Augusta University, 1410 Laney Walker Boulevard, Augusta, GA 30912. Phone: 706-723-0033; Fax: 706-721-0101; E-mail: blokeshwar@augusta.edu; and Vinata B. Lokeshwar, Department of Biochemistry and Molecular Biology, Augusta University, 1410 Laney Walker Boulevard, Augusta, GA 30912. Phone: 706-721-7652; E-mail: vlokeshwar@augusta.edu

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attenuating GPCR signaling. In some systems, β -arrestins can function as versatile adaptor molecules that mediate G-protein independent signaling. They can serve as scaffolds that link signaling networks (14) and regulate signaling molecules such as the MAPKs, Akt, and PI3K (15). There is evidence that depletion of ARRB2 promotes tumor growth in a murine model of lung cancer, as well as in prostate cancer cells, indicating that ARRB2 might function as a tumor suppressor (13, 16). In contrast, ARRB1 was reported to have protumorigenic effects in several cancers (12, 17).

Recent evidence suggests a role of β -arrestins in the regulation of stem cell properties. ARRB1 promotes stemness in non-small cell lung cancers, where it acts downstream of nicotinic acetylcholine receptors (18), as well as in leukemia-initiating cells where it promotes self-renewal (19). Furthermore, although ARRB1 inhibits apoptosis in intestinal stem cells induced by chemotherapy (20), ARRB2 may, under certain circumstances (e.g., ionizing radiation), promote apoptosis of intestinal crypt progenitor/stem cells (21). The role of ARRBs in bladder cancer has not yet been reported.

In this work we investigated, for the first time, the prognostic significance of ARRBs in predicting metastasis and response to chemotherapy. Furthermore, we investigated the role of ARRB1 and ARRB2 in regulating primitive cancer stem cell (CSC)-like phenotypes, including expression of markers associated with stemness, regulation of self-renewal pathways, and invasive potential and resistance to chemotherapy. The self-renewal property of CSCs is the driving force behind tumor growth and therapy resistance. Thus, identifying molecules that regulate self-renewal in CSC-like cells will potentially have a significant impact on the development of novel therapeutics for MIBC.

Materials and Methods

Clinical specimens and qPCR

Cohort 1. Normal bladder (NBL; $n = 20$) and bladder tumor (TBL; $n = 43$) specimens were collected at the University of Miami Miller School of Medicine. The studies and the human subjects protocol were approved by the Institutional Review Board (IRB) and were conducted in accordance with the ethical guidelines of the Declaration of Helsinki. All tissues were collected after obtaining approved, signed patient consent forms. The normal tissues used in the study was isolated from the urothelial layer of the bladder, separated from muscle. Further, we ascertained the urothelial composition of the tissue by histology. De-identified, freshly-frozen specimens and associated data were transferred to Augusta University under an approved IRB protocol. Patient/specimen characteristics are shown in Supplementary Table S1. Time to metastasis or disease-specific mortality (DSM) was calculated from the date of surgery until the event.

Cohort 2. Formalin-fixed paraffin-embedded cystectomy or transurethral resection of bladder tumor (TURBT) specimens ($n = 43$) from 31 patients were obtained from the Department of Urology, Hannover Medical School, Germany (Supplementary Table S1). All patients had either synchronous metastasis or developed metastasis during follow-up. All patients with metastasis received adjuvant G+C combination as first-line ($n = 278$ patients) or second-line ($n = 3$) treatment; one patient received radiation plus G+C. Treatment failure was defined as either DSM following first-

or second-line treatment or the starting of an alternate treatment due to disease progression. Total RNA isolated from tissues was subjected to reverse transcription q-PCR using primers specific for ARRB1 and ARRB2 transcripts. Transcript levels were normalized to β -actin levels, as described previously (22); primer sequences are shown in Supplementary Table S2.

Cell culture and transfection

Bladder cancer cell lines (HT1376 and 5637) were obtained from ATCC and were used within 10 passages of cell authenticity confirmation by genetic profiling (Genetica DNA Laboratory Inc., Cincinnati, OH). 253J cells and nonmalignant bladder epithelial cells (URO-TSA) were a kind gift from Dr. Colin Dinney (MD Anderson Cancer Center, Houston, TX) and Dr. Donald Sens (University of North Dakota, Grand Forks, ND), respectively. FBS was purchased from Atlanta Biologicals, antibiotics (gentamicin), and cell culture media were purchased from Invitrogen or Sigma-Aldrich. All cells were grown in RPMI1640 containing 10% FBS. For stable down regulation of ARRB2, 253J cells were transfected with HuSH/shRNA Plasmid Panels (Origene). For overexpression of ARRB2, cells were transfected with an ARRB2 plasmid (RC201168; Origene). The details of transfection and other routine procedures are described in Supplementary Materials and Methods.

Colony formation and spheroid assays

Clonogenic growth was measured using colony formation assays as previously described (23). To assess anchorage-independent survival and proliferation, tumor spheroid formation was determined by culturing cells in low-adhesion 35 mm dishes in Spheromax medium and supplement (PromoCell; C-28070). Spheroid viability was analyzed utilizing Celltiter-Glo 3D cell viability assay (Promega) according to the manufacturer's instructions.

Real-time quantitative PCR (RT-q-PCR)

RT-qPCR was performed as described previously (24). Primer sequences are listed in the Supplementary Table S2.

Immunoblotting

Cell lysates were prepared using RIPA-buffer and total protein was quantified with the Pierce Micro BCA Protein Assay Kit (ThermoFisher Scientific; 23235). Western blot analysis was performed as previously described (13, 25) (antibody details are listed in Supplementary Table S3). Expression of β -actin served as a loading control (24).

Immunofluorescence

We evaluated expression of cytokeratins (CK14 and CK17), CD44, STAT3, and BMI-1 in HT1376-derived subcutaneous tumors by immunofluorescence staining. Paraffin-embedded tissue sections were boiled in 10 mmol/L sodium citrate solution+0.05% Tween-20 for 30 minutes (antigen retrieval), blocked in 3%BSA, 10% goat serum (1 hour), and incubated with anti-CK14, anti-CK17, anti-STAT3, or anti-BMI-1 primary antibodies. Following washing with PBS, the sections were incubated with fluorophore (Alexa Fluor 488 or Alexa Fluor 546/555) labeled secondary antibodies (ThermoFisher Scientific). Nuclei were stained with DAPI. Labeled cells were observed under a confocal microscope (BZ-X710; Keyence Corporation of America).

Transwell assays

Chemotactic motility of 253J cells and the sublines created in this study was evaluated using 8- μ m-pore size Boyden chambers

(Transwell plates; Corning/Costar Inc.) as described previously (26, 27). For invasion assays, upper well was coated with Matrigel (200 $\mu\text{L}/\text{cm}^2$; Corning).

CRISPR/Cas9

CRISPR guide RNA (gRNA) sequence design was generated using CRISPR design software (Zhang Lab, MIT 2017; CRISPR.mit.edu) and gRNA sequences were cloned into the plenti-CRISPRv2GFP backbone utilizing the Genome-Scale CRISPR Knock-Out protocols (GeCKO; refs. 28, 29). The 20-nucleotide target sequences (Supplementary Table S2) along with the protospacer adjacent motif (PAM) sequences were confirmed to be specific to ARRB1 [Basic Local Alignment Search Tool (BLAST) search; National Center for Biotechnology Information, Bethesda MD] and further confirmed with the CasFinder algorithm³¹. Plasmids were transfected into HT1376-Luc cells using Lipofectamine 3000. After 48 hours, GFP positive cells were sorted using the BD FACSAria II (Augusta University flow cytometry core), and plated at single-cell dilutions into 96-well plates for clonal expansion. Due to random insertion or deletion mutations (InDels) resulting from CRISPR-Cas9, clonal expansion was necessary to obtain homogeneous cell populations. Colonies were tested for ARRB1 knockout via Western blot analysis.

Influx/efflux studies of Gemcitabine

HT1376-EV and HT1376 ARRB2-OE cells were seeded in triplicate in 12-well plates and incubated with 10 nmol/L Gem (TCI America; Catalog No. G0367) in presence of 10 nCi of Tritiated Gem (^3H -Gem, Morvek MT 1572). Intracellular levels of ^3H -Gem (influx studies) and ^3H -Gem levels in the culture medium (efflux studies) were measured in a liquid scintillation counter at the indicated time points. Counts per minute (CPM) were normalized to plated cells/well.

Subcutaneous xenografts

All studies on mice were conducted using a protocol approved by the Augusta University Institutional Animal Care and Use Committee (IACUC). A total of 1×10^6 HT1376-EV or HT1376 ARRB2-OE cells were subcutaneously injected into 8-week-old athymic nu/nu female mice (Envigo Inc.). We monitored tumor growth and response to Gem therapy weekly. Tumor volume was measured three times weekly with a handheld manual caliper (Tumorimeter and RECIST Caliper (Cancer Technologies Inc.; ref. 30). Gem (25 mg/kg bodyweight) was administered intraperitoneally, twice per week. Treatment was initiated after tumors reached an average volume of 100 mm^3 . Animal weight was measured weekly.

Statistical analysis

The analysis of the ARRB expression data was conducted using the JMP-Pro 13 software program (SAS Campus Drive). The differences in transcript levels between various groups (e.g., normal vs. nonmetastatic) from cohorts 1 and 2 were compared using the Mann-Whitney *U* test, because the data showed non-normal distribution. For all analyses, *P* values were two-tailed. The logistic regression single-parameter model (i.e., univariate analysis) was used to determine the association of clinical parameters, ARRB1 and ARRB2 levels with metastasis or DSM for cohort 1 and G+C treatment failure for cohort 2. Based on the Youden's index (*J*; ref. 31) determined from the ROC curve, optimal cut-off values were obtained to compute sensitivity, specificity, and accuracy. Boot-strap modeling with 1,000 iterations was used to calculate

mean, median and range for cut-off value, sensitivity and specificity. Cox-proportional hazards model (i.e., multivariate analysis) was used to determine which of the demographic and pathologic parameters and/or ARRB1/ARRB2 levels were significant in predicting metastasis and DSM (cohort 1) or treatment failure (cohort 2). Stratified Kaplan-Meier plots were prepared for ARRB1 and ARRB2 for clinical outcome parameters (i.e., metastasis and treatment failure). All quantitative data shown in Figs. 2–4 and Supplementary Fig. S1, except the Western blot quantification, were from three separate experiments; each data point represents the mean of the triplicate results. Western blots have been conducted twice. We analyzed the significance of data using the built-in statistical tools in Graph Pad Prism (Graph Pad Inc.).

Results

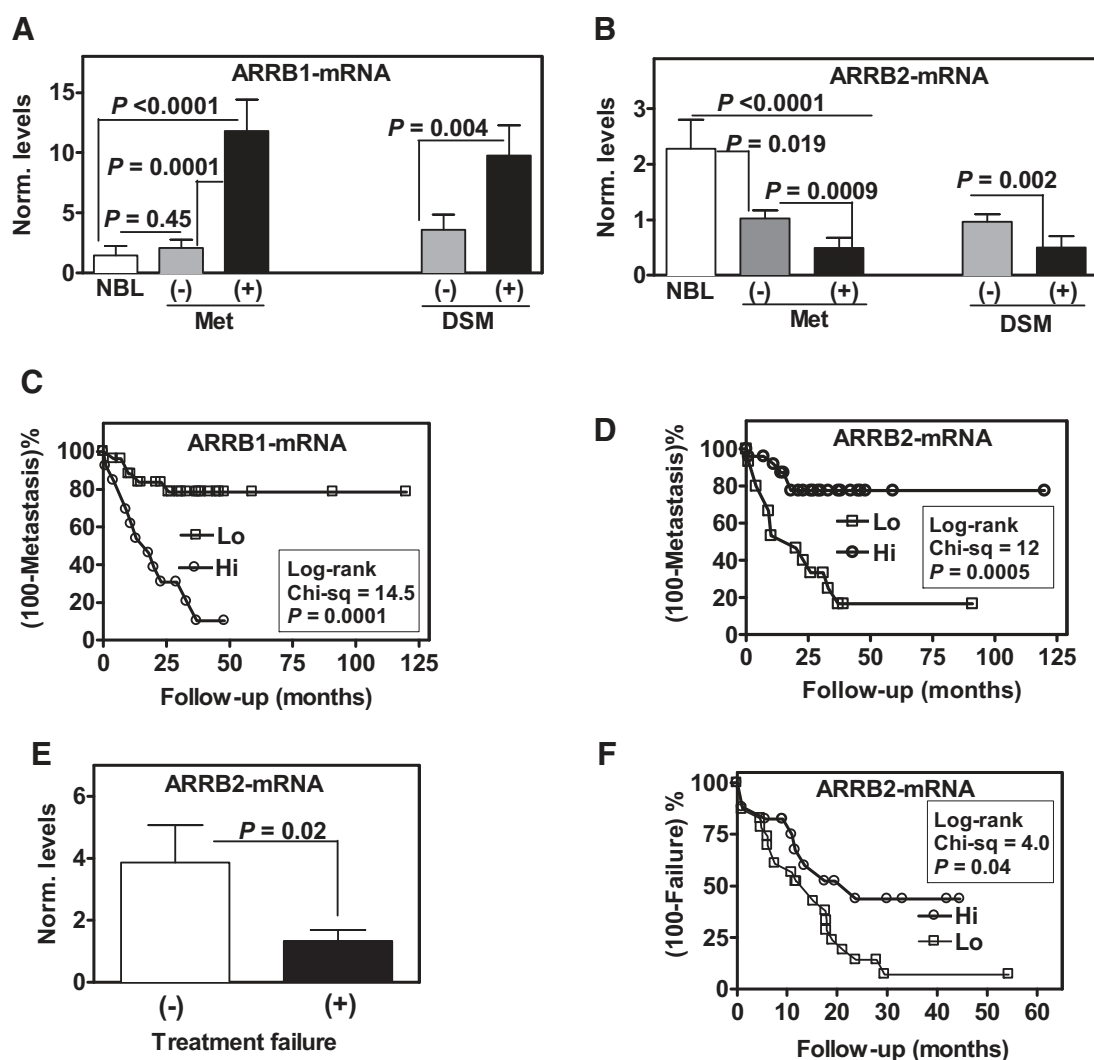
Association of ARRB1 and ARRB2 expression with bladder cancer metastasis

We measured ARRB1 and ARRB2 transcript expression by RT-qPCR in normal bladder and bladder cancer specimens to determine whether they were differentially expressed. ARRB1 transcript levels in tumor specimens from patients who developed metastasis were 7.7-fold elevated compared with normal bladder and 5.2-fold elevated compared with bladder cancer specimens from patients who did not develop metastasis (Fig. 1A). In contrast, ARRB2 levels were significantly (2.1- and 4.7-fold) elevated in bladder cancer specimens from patients who did not develop metastasis, and in normal bladder tissues, respectively, as compared to those from patients with metastasis (Fig. 1B). ARRB1 levels were 2.7-fold higher and ARRB2 levels were two-fold lower in bladder cancer specimens from patients who experienced disease-specific mortality (DSM) during follow-up, when compared with those who did not (Fig. 1A and B). In univariate analysis, lymph node invasion, ARRB1 and ARRB2 transcript levels significantly correlated with metastasis (Table 1). In multivariate analysis, only ARRB1 and ARRB2 levels were independent predictors of metastasis (Table 1). At cut-off values generated from the respective ROC curves, ARRB1 and ARRB2 markers had higher specificity (87%–91%) than sensitivity (~70%) to predict metastasis. Based on bootstrap modeling, the median sensitivity and specificity values for both ARRB1 and ARRB2 were ~80% (Table 1). Both ARRB1 and ARRB2 levels also predicted DSM in univariate analysis, however, only ARRB2 was an independent predictor of DSM in multivariate analysis. At cut-off values generated from the ROC curves, ARRB2 showed higher specificity (84%) but slightly lower sensitivity (73.3%) than ARRB1 to predict DSM; although based on bootstrap modeling, both markers showed ~80% median sensitivity and specificity (Table 1).

Kaplan-Meier plots showed that higher levels of ARRB1 significantly stratified the cohort into higher risk for metastasis (Fig. 1C). Contrarily, lower levels of ARRB2 significantly stratified the cohort into higher risk for metastasis (Fig. 1D). Lower ARRB2 levels also significantly stratified patients into higher risk for DSM (*P* = 0.039; Supplementary Fig. S1).

Association of ARRB2 expression with G+C adjuvant treatment failure

G+C is the preferred first-line chemotherapy for treating metastatic bladder cancer. We measured ARRB1 and/or ARRB2 transcript levels in formalin-fixed paraffin embedded (FFPE) cystectomy specimens from patients with bladder cancer who later

**Figure 1.**

Association of ARR1 and ARR2 levels with clinical outcome. **A** and **B**, ARR1 and ARR2 transcript levels in specimens from cohort 1, that is, in normal bladder (NBL) tissues and in BC tissues from patients who either did not (–) or did (+) develop metastasis (Met) or died from the disease (DSM). *P* value: Mann-Whitney *U* test. **C** and **D**, Data on ARR1 and ARR2 transcript levels were stratified as high (Hi) and low (Lo) based on the Youden's index from the ROC curves generated from the logistic regression (univariate) analysis. Stratified data were used to generate Kaplan–Meier plots with respect to metastasis. **E**, ARR2 transcript levels in specimens from cohort 2, that is, from patients who either failed (+) or did not fail (–) G+C treatment for metastatic disease. **F**, ARR2 levels were stratified as Hi or Lo based on the Youden index from the ROC curve. Stratified data were used to generate Kaplan–Meier plots with respect to treatment failure. Norm. levels: target mRNA levels normalized to β -actin mRNA.

received adjuvant G+C chemotherapy for the treatment of metastatic disease. Although different primer sets were tried, ARR1 transcript levels could not be measured in FFPE specimens. ARR2 levels were significantly (three-fold) downregulated in cystectomy specimens from patients who failed G+C treatment when compared with those who did not fail treatment (Fig. 1E). In univariate analysis, pathologic stage and ARR2 transcript levels significantly correlated with treatment failure (Supplementary Table S4). In multivariate analysis, only ARR2 was an independent predictor of treatment failure (Supplementary Table S4). At cut-off values generated from the ROC curve, ARR2 had 71% sensitivity and 75% specificity to predict treatment failure. Based on bootstrap modeling, the median sensitivity and specificity values for ARR2 were 73% and

83.3%, respectively (Supplementary Table S4). Kaplan–Meier plots showed that lower ARR2 levels stratified patients into higher risk of G+C treatment failure (Fig. 1F).

Expression of β -arrestins in bladder cancer cell lines

We evaluated expression of ARRBs in established bladder cancer cell lines using qPCR and western blot analysis. The immortalized normal bladder cell line UIOTSA expressed ARR2, however, it did not express ARR1 at the protein level (Fig. 2A and B). The stage 2 bladder cancer cell line 5637 expressed low levels of ARR2, while ARR1 levels were not detectable at the protein level. 253J cells exhibited high expression of both β -arrestins, whereas highly tumorigenic HT1376 cells only expressed ARR1 (Fig. 2A and B). This heterogeneity of ARRB

Table 1. Determination of the association between clinical outcome and demographic and clinical parameters or marker levels

Parameter	Metastasis			DSM	
	Chi-sq	P value	OR; 95% CI	Chi-sq	P value
Age	0.41	0.521	NS	1.18	0.276
Gender	1.19	0.275	NS	0.45	0.504
Grade (Hi/Lo)	0.01	0.998	NS	0.0	0.999
Stage (<T2; ≥T2)	5.6	0.018	13.8; 1.6–122	0.00	0.996
Lymph node	7.51	0.006	11.3; 2–63.6	8.86	0.0029
CIS	1.52	0.218	NS	2.2	0.138
ARRB1	6.21	0.0137	1.35; 1.06–1.71	4.48	0.0342
ARRB2	7.94	0.005	0.03; 0.35–0.003	7.21	0.007

Parameter	Univariate analysis			DSM		
	Chi-sq	P value	OR; 95% CI	Chi-sq	P value	OR; 95% CI
ARRB1	5.91	0.015	1.07; 1.01–1.13			
ARRB2	7.65	0.006	0.13; 0.86– 0.02	5.16	0.0231	0.17; 0.75–0.031

Marker	Efficacy analysis					
	Cut-off	Sensitivity	Specificity	Cut-off	Sensitivity	Specificity
ARRB1	ROC: 5.3	68.8%	91.2%	ROC: 4.0	78.6%	72%
	Mean: 4.3	82%	85.6%	Mean: 4.0	83.1%	75.8%
	Median: 4.0	83.3%	87.5%	Median: 4.0	83.3%	76%
	Range: 3.9–5.3	75%–88.9%	80%–91.7%	Range: 2.3–5.1	71.8%–100%	67.4%–84.6%
ARRB2	ROC: 0.31	70.6%	87%	ROC: 0.31	73.3%	84%
	Mean: 0.5	75.6%	82.3%	Mean: 0.68	74.7%	81.9%
	Median: 0.31	77.8%	84.7%	Median: 0.44	78.9%	83.3%
	Range: 0.3–0.61	66.7%–87.5%	75%–91.7%	Range: 0.3–0.61	66.7%–85.7%	75%–91.7%

NOTE: Logistic regression (univariate analysis) was used to evaluate the association between metastasis and DSM and demographic/clinical parameters or marker levels for the patient dataset in cohort 1. OR, odds ratio; P values are two-tailed. For multivariate analysis, Cox proportional hazards analysis was performed. For the multivariate analysis data, Chi-square and P values for each significant parameter are based on Wald's test. For the ROC curve, area under the curve for metastasis: BARR1: 0.855; BARR2: 0.844; for DSM: BARR1: 0.786; BARR2: 0.827. Median and range (10th–90th percentile) cut-off values, sensitivity and specificity were determined by bootstrap modeling.

expression in normal vs. cancer cell lines prompted us to investigate their role in bladder cancer cell proliferation. We generated stable 253J cells with depleted ARRB2 using shRNA, and 5637 and HT1376 clones overexpressing ARRB2. ARRB2 levels in the transfectants were monitored by qPCR and immunoblotting (Fig. 2C and D).

ARRB2 overexpression abrogates colony- and spheroid-formation potential

The stable ARRB2 overexpressing HT1376 and 5637 cells formed significantly less and smaller colonies compared with corresponding controls (Fig. 2E). Because MIBC harbors CSCs (32), we inquired whether ARRBs regulate the CSC population which spheroids when seeded in low-adhesion plates with stem-cell medium (33). Spheroid formation was decreased by 4.6-fold in ARRB2-OE 5637 transfectants compared with corresponding controls (Fig. 2Fi, ii). Consistently, ARRB2-OE transfectants of HT1376 showed decreased spheroid viability (Fig. 2Fiii, iv).

ARRB2 expression inversely correlates with CSC-like phenotypes

We investigated the expression of cytoskeletal markers that are associated with basal urothelial cells (34, 35) which are the origin of MIBC carcinomas (36). Depletion of ARRB2 in 253J—a cell line expressing high levels of ARRB2—resulted in a remarkable increase of both CK14 and CK17 (Fig. 3A). Consistently, both CK14 and CK17 mRNA levels were 4.4- to 7-fold reduced in ARRB2-OE transfectants of HT1376 cells (Fig. 3B); similar results were obtained in 5637 transfectants (Supplementary Fig. S2). The luminal marker Uroplakin was not detectable by qPCR in HT1376 parental and ARRB2-OE cells.

Because ARRB2 overexpression reduced anchorage-independent growth (spheroid formation), we tested whether ARRB2 regulates the CSC-like phenotype. A typical stem cell marker ALDH2 decreased in 5637 ARRB2-OE cells, but showed an increase in 253J ARRB2-sh transfectants compared with corresponding controls (three-fold; P < 0.001; Fig. 3C). Modulation of the ARRB2 levels did not affect the expression of another stem-cell marker, SOX2 (Supplementary Fig. S3). Moreover, overexpression of ARRB2 resulted in a significant decrease of the CD44 standard form (CD44s) and variants (CD44v) in HT1376 cells (Fig. 3D and E). Furthermore, we looked at STAT3 signaling, which is involved in CSC maintenance and self-renewal (37). Depletion of ARRB2 resulted in activation of STAT3 in 253J cells, whereas overexpression of ARRB2 in HT1376 cells reduced the level of activated STAT3 (Fig. 3F). In addition, the levels of B-cell-specific Moloney murine leukemia virus insertion site 1 (BMI-1), a polycomb protein associated with CSC stemness (38), was significantly decreased in ARRB2-OE transfectants of 5637 cells compared with corresponding controls (Supplementary Fig. S2). In conclusion, depletion of ARRB2 in bladder cancer cells resulted in an increase of markers associated with low differentiation and stem cell properties, whereas opposing results were observed when ARRB2 was overexpressed.

Depletion of ARRB2 promotes migration and invasion

Because the CSC phenotype associates with increased invasiveness, we examined the chemotactic motility and invasive potential of ARRB2 shRNA transfectants compared with controls in wound healing/scratch and transwell assays (24). Depletion of ARRB2 increased motility and invasion of 253J cells through basement membrane (Matrigel; >3.5-fold; Fig. 3G and H) and

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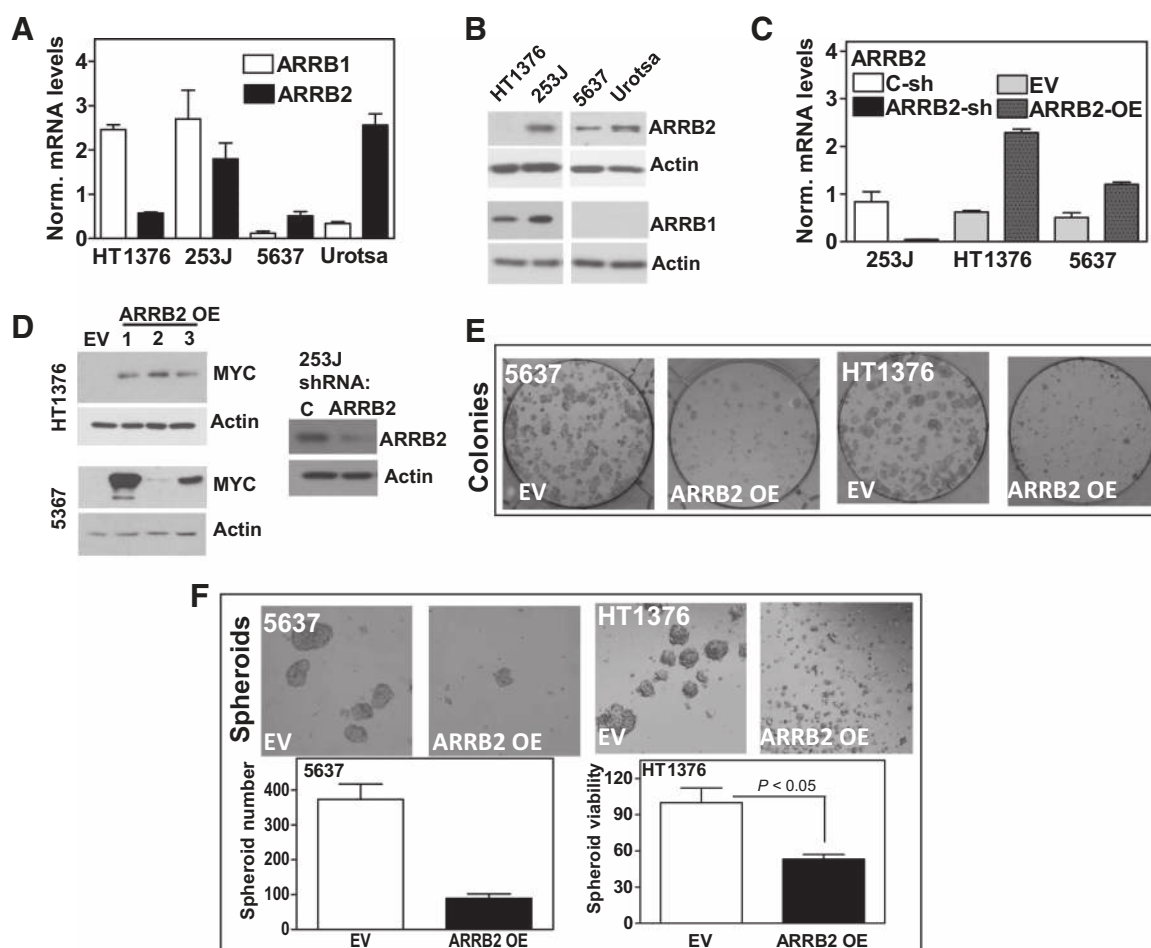


Figure 2.

Expression of ARRBs in bladder cell lines and corresponding spheroid cultures. **A**, ARRB1 and ARRB2 mRNA levels in bladder cells measured by RT-qPCR. The levels were normalized to β -actin mRNA levels and plotted using the following formula: Norm. mRNA Level = $(2^{-\Delta\text{CT}}) \times 1000$. Data: Mean \pm SD. **B**, ARRB1 and ARRB2 protein levels. **C**, ARRB2 mRNA levels in transfectants. C-sh and ARR2B2 sh: control and ARR2B2 shRNA; EV: empty vector; OE: ARR2B2 overexpression. **D**, Detection of ARRB2 protein level in stable 5637 and HT1376 clones overexpressing a Myc-DDK tagged ARR2B2 construct and in 253J cells transfected with an ARR2B2 shRNA plasmid. **E**, Effect of ARR2B2 overexpression on colony formation. **F**, Effect of ARR2B2 overexpression on spheroid formation. Viability of HT1376 spheroids measured in Cell Titer-Glo 3D Cell Viability assay. Data: triplicate; mean \pm SD.

enhanced migration in wound healing assays (>2 , Fig. 3I). These results confirm our observations in tumor specimens from patients (Fig. 1).

ARRB2 regulates CDA-mediated Gem resistance

One of the hallmarks of CSCs is their resistance to chemotherapy. Therefore, we investigated whether overexpression of ARRB2 affects sensitivity towards Gemcitabine (Gem) and Cisplatin (CIS), because Gemcitabine + Cisplatin (G+C) combination is the standard first-line treatment for MIBC (5–8). ARRB2 overexpression sensitized 5637 cells to Gem (IC_{50} : EV: >100 nmol/L; OE: 16.5 nmol/L, Fig. 4A). Similar results were observed in HT1376 cells (Fig. 4B). In 253J cells (Fig. 4C), ARRB2 depletion induced resistance to Gem-induced cytotoxicity. Modulation of ARRB2 levels in bladder cancer cells did not affect sensitivity to CIS (Supplementary Fig. S4), suggesting, that ARRB2 overexpression specifically sensitizes bladder cells towards Gem.

Further, we determined the effect of overexpression of ARRB2 on ENT1—a protein involved in Gem influx—and CDA, an

enzyme that converts Gem into inactive metabolites that are pumped out of the cell (39, 40). ARRB2 overexpression induced expression of ENT1, whereas it inhibited expression of CDA (Fig. 4D). Therefore, we further investigated whether ARRB2 regulates Gem influx into the cells and conversion of Gem to inactive metabolites. We measured the rate of ^3H -Gem uptake and efflux in HT1376-EV and HT1376 ARR2B2-OE cells. The cellular accumulation of ^3H -Gem was significantly higher in HT1376 ARR2B2-OE cells compared with HT1376-EV cells (Fig. 4E). The efflux of ^3H -Gem was slower in HT1376 ARR2B2-OE cells (Fig. 4F). Furthermore, qPCR analysis showed no significant change in the expression ABC transporters [(ABCC1 (MRP1), ABCC3 (MRP3), ABCC5 (MRP5), ABCC10 (MRP7), ABCB1 (MDR1), and ABCG2 (CD338)] in ARRB2-shRNA or ARRB2-OE transfectants compared with control cells (Supplementary Fig. S5A and S5B). ABC transport inhibitors such as Verapamil (nonselective ABC transporter inhibitor) and Probenecid (inhibitor of MRP4 and MRP5) also did not sensitize cells to Gem (Supplementary Fig. S5C and S5D). These results suggest that resistance to Gem following ARRB2

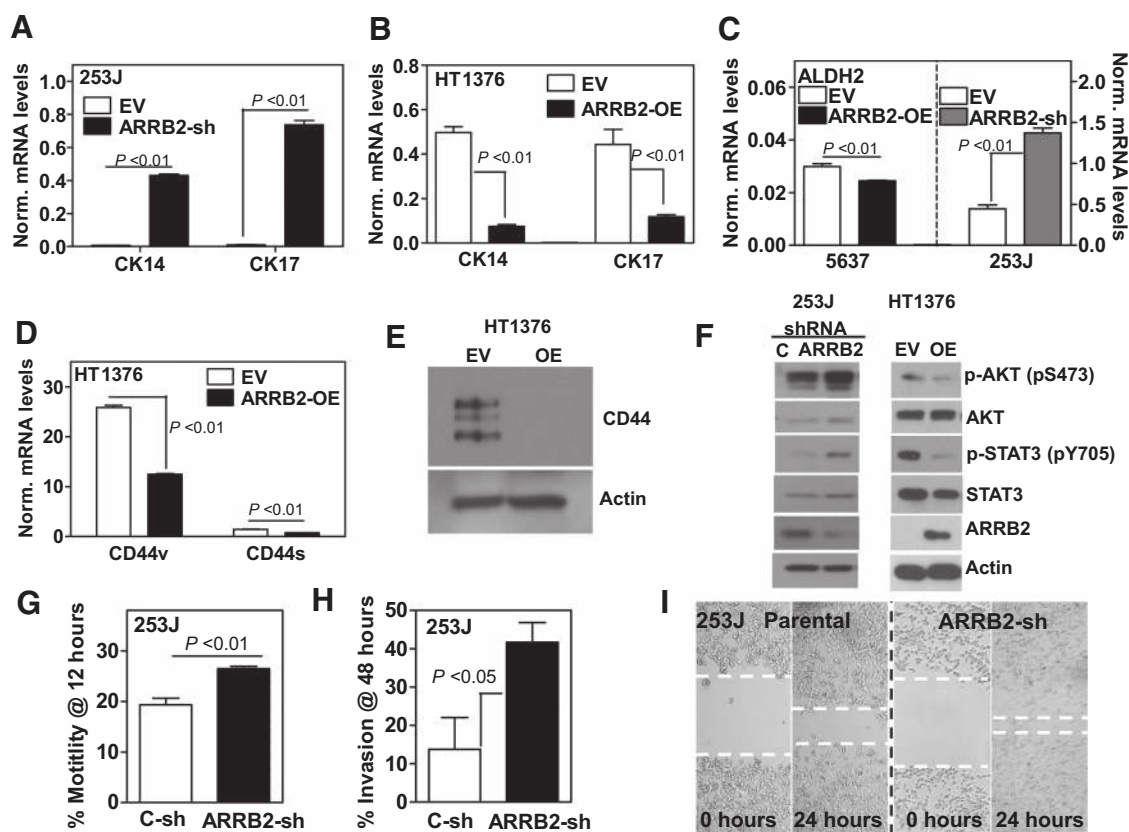


Figure 3.

Expression of stem cell markers and analysis of motility and invasive potential following modulation of ARRB2 levels. **A–C**, qPCR analysis for CK14, CK17 ALDH2 in bladder cancer cell transfectants. Data: Mean \pm SD. **D**, qPCR analysis for CD44s and CD44v in HT1376 transfectants. Norm. levels: target mRNA levels normalized to β -actin mRNA. **E**, Immunoblot for detection of CD44 in HT1376 transfectants. OE: ARRB2 overexpression. **F**, Detection of AKT and STAT3 activation by Western blot analysis following shRNA-mediated depletion of ARRB2 in 253J cells or ARRB2 overexpression in HT1376 cells. β -actin served as a loading control. OE: ARRB2 overexpression. **G** and **H**, Chemotactic motility and invasion of 253J cells and ARRB2-sh transfectants in a Transwell assay. In the invasion assay, the top well was coated with Matrigel. % motility and invasion were calculated as [O.D. Bottom/(O.D. top + bottom chamber)] \times 100. **I**, Migration of 253J C-sh and ARRB2-sh transfectants was examined in a wound healing assay. Dotted lines show the width of the scratch area that is not covered. EV, empty vector; OE, ARRB2 overexpression.

depletion was not attributed to elevated levels of ABC transporters.

In summary, overexpression of ARRB2 sensitized bladder cancer cells towards Gem, whereas depletion of ARRB2 conferred resistance towards Gem in a mechanism that involved ENT1 and CDA, which play a crucial role in Gem uptake and its metabolic conversion to inactive intermediates, respectively.

ARRB2 overexpressing HT1376 tumors are more responsive to Gem treatment

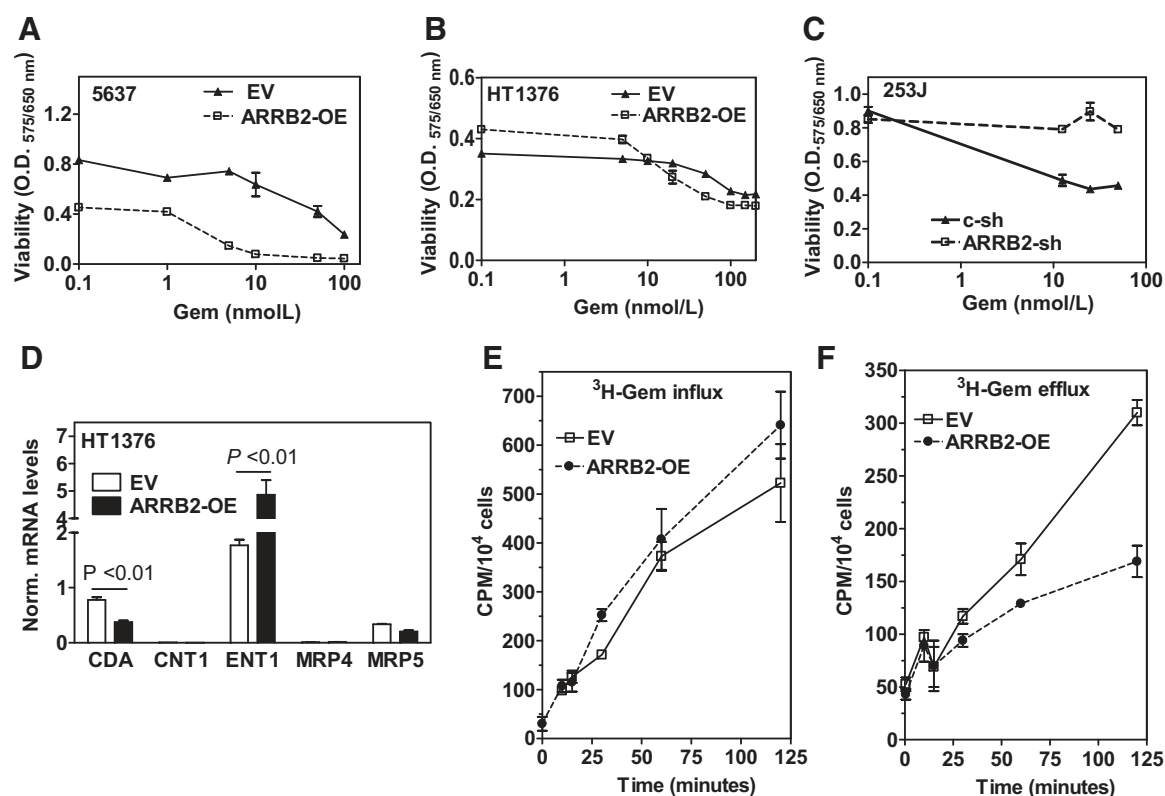
To analyze the role of ARRB2 in growth and chemo-resistance of subcutaneous tumor xenografts, we injected HT1376 EV or HT1376 ARRB2-OE cells subcutaneously into mice and monitored tumor growth and response to Gem therapy. Tumor take rates were >95% in both groups. We observed a decreased tumor growth (tumor volume and weight) in tumors overexpressing ARRB2 (HT1376 ARRB2-OE) compared with EV tumors (Fig. 5A and B). Importantly, ARRB2-OE xenografts responded better than EV tumors to Gem.

We examined expression of CD44 and ARRB2 in HT1376 EV versus HT1376 ARRB2-OE tumors by qPCR analysis (Fig. 5C and

G). CD44v mRNA (qPCR) was significantly reduced in HT1376-ARRB2-OE subcutaneous tumor xenografts compared with HT1376-EV tumors (Fig. 5C). We did not detect CK20 in HT1376 cells (Fig. 5E). However, basal cell markers (CK14, CK17, CK5) were decreased in tumor cells overexpressing ARRB2 compared with tumors derived from corresponding controls, confirming that ARRB2 expression inversely correlates with expression of basal markers *in vivo* (Fig. 5E). Consistently, we observed a dramatic reduction of CK17, CK14 expression, and expression of CSC markers BMI-1, STAT3, and CD44 using immunofluorescence (Supplementary Fig. S6A–S6F). Although ARRB2 overexpression in tumors did not completely abrogate expression of CD44, we did not observe any colocalization of ARRB2 and CD44 (Supplementary Fig. S6E and S6F). Taken together, HT1376 ARRB2-OE tumors exhibited remarkably reduced levels of CSC markers.

ARRB1 positively regulates the CSC phenotype

Next, we examined the role of ARRB1 in regulating CSC properties. shRNA-mediated ARRB1 depletion inhibited clonogenic growth and anchorage-independent spheroid formation

**Figure 4.**

Response to Gemcitabine in ARR2 overexpressing and ARR2 depleted transfectants. **A–C**, 5637, HT1376 (EV, ARR2 OE), and 253J (C-sh, ARR2-sh) transfectants were treated with GEM (0–100 nmol/L) in growth medium in a 72-hour assay. Cytotoxicity was determined by MTT assay. MTT assay was performed after 72 hours. Data: Mean \pm SD; triplicate. **D**, Detection of genes associated with GEM resistance by qPCR analysis. **E**, 2×10^4 cells/well were seeded in 12-well plates and incubated with ³H-Gem (10 nCi) plus 10 nmol/L unlabeled Gem up to 2 hours. ³H-Gem uptake was measured at indicated time intervals by liquid scintillation counting. **F**, Cells were cultured as in **E** and incubated with ³H-Gem for 2 hours and efflux into the medium was measured at indicated time intervals.

(Supplementary Fig. S7A). We utilized the CRISPR/Cas9 technology to completely abrogate ARR2 expression in HT1376luc cells (stably expressing luciferase). The clones were screened for ARR2 deletion using Western blot analysis (Supplementary Fig. S7B). Importantly, deletion of ARR2 resulted in abrogation of stem cell marker CD44 and reduced expression of BMI-1 (Supplementary Fig. S7B and S7C). These results suggest that ARR2 and ARR1 have opposing functions in regulating the CSC markers BMI-1 and CD44.

Discussion

This is the first study demonstrating an inverse pattern of expression for ARR1 and ARR2 in the same set of bladder cancer specimens. Further, this expression pattern correlates with prognostic significance for predicting metastasis and failure of G+C adjuvant chemotherapy. The finding that ARR1 and ARR2 correlate with clinical outcome is significant for several reasons. First, we observed a reciprocal expression of ARR1 and ARR2 in localized and metastatic tumors. The upregulation of ARR1 or downregulation of ARR2 both positively correlated with metastasis. This clinical observation strongly supports our mechanistic studies, which show that although ARR1 is a positive regulator, ARR2 is a negative regulator of invasive and stem cell phenotype

in preclinical models of bladder cancer. Second, in cohort 1, the majority of the clinical specimens (74.4%) were from patients with MIBC. This is a high-risk population for developing metastasis and even in this patient cohort ARR1 and ARR2-predicted metastasis. Moreover, ARR2 and ARR1 levels were independent predictors of metastasis and ARR2 was an independent predictor for DSM. Third, our mechanistic data establish the basis for ARR2 (and ARR1) as a functional biomarker because ARR2 expression induces Gem resistance by increasing CDA expression. Fourth, among patients with metastatic bladder cancer, ARR2 downregulation correlated with response to G+C treatment; low ARR2 expression was an independent predictor of G+C treatment failure. Fifth, because the expression of ARR2 can be measured both in fresh-frozen and in archival formalin-fixed specimens, it should allow for the flexibility of measuring ARR2 expression in archived cystectomy specimens later, that is, when a patient develops metastasis and is a candidate for adjuvant therapy. G+C is the preferred first-line adjuvant chemotherapy regimen for patients with metastatic bladder cancer. Therefore, measurement of ARR2 levels in cystectomy specimens may not only allow identification of patients who have a high risk for metastasis, but may also further stratify these patients as either responders or nonresponders before starting G+C treatment. Patients stratified as nonresponders may then be offered

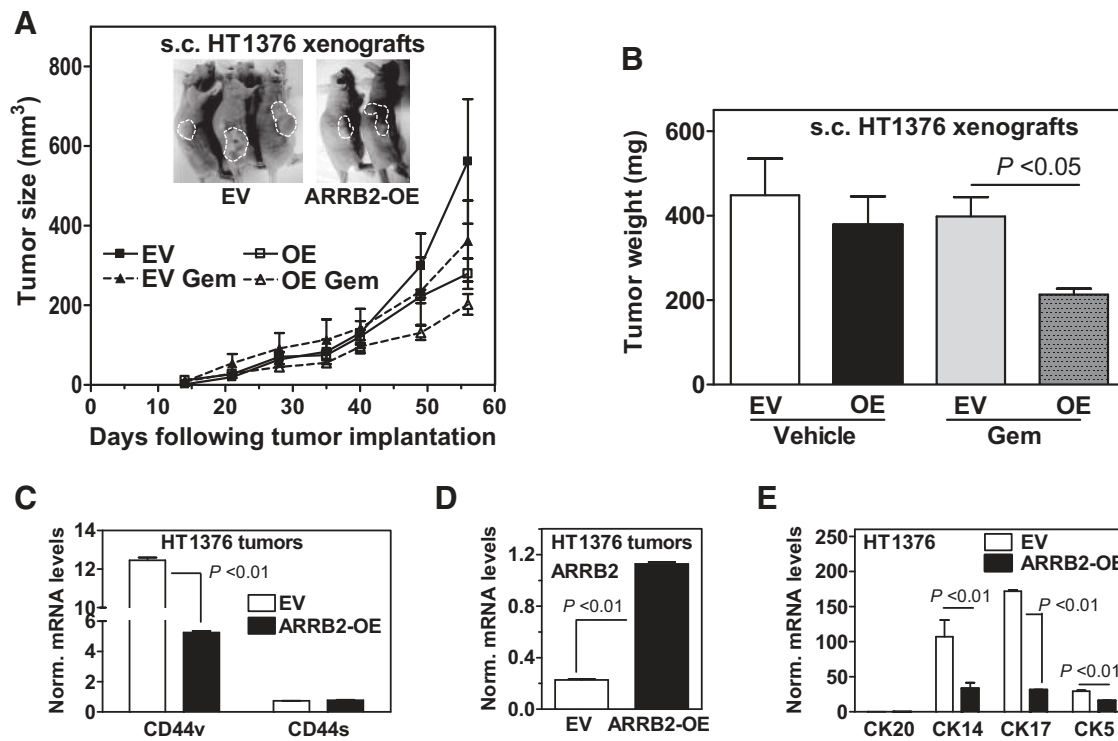


Figure 5. Tumor growth of ARR2-OE and ARR2-sh transfectants. **A** and **B**, Xenograft tumors were generated by injecting 1×10^6 HT1376-EV or HT1376 ARR2-OE cells subcutaneously into nude mice. Xenograft tumor growth and response to Gemcitabine treatment were monitored weekly. Gem (25 mg/kg bodyweight) was administered intraperitoneally, twice per week. **C–E**, Analysis of CD44s, CD44v, ARR2, and cytokeratin mRNA levels in HT1376 subcutaneous tumor xenografts by qPCR. Norm. levels: target mRNA levels normalized to β-actin mRNA.

another treatment such as, MVAC or PD-1/PD-L1 immunotherapy (41, 42).

Increasing evidence suggests that the high recurrence rate of bladder cancer is attributed to the presence of a small population of cells within a tumor that are characterized by stem cell properties. We observed that expression of ARR2 inversely correlated with CSC properties such as expression of CSC markers and self-renewal potential in bladder cancer cell lines. A recent study demonstrated that ALDH2 and SOX2 provide a 2-gene stem-like signature that discriminates muscle-invasive from nonmuscle-invasive tumors with an accuracy of 93% (43). Interestingly, we did not observe any significant effect on expression of SOX2 upon overexpression of ARR2 in HT1376 and 5637 cells (Supplementary Fig. S3). SOX2 expression was not detectable in 253J cells. However, we detected a significant increase of ALDH2 in ARR2-depleted cells (Fig. 3C). Consistently, overexpression of ARR2 resulted in a decrease of ALDH2 and other CSC markers such as CD44—a CSC marker that is associated with metastasis and cisplatin resistance (27, 32, 38, 44). There is compelling evidence that MIBCs exclusively derive from stem cells in the basal urothelium (36). Therefore, we also examined how ARR2 regulates markers associated with the basal phenotype, such as CK14 and CK17. *De novo* expression of CK14 is indicative of squamous differentiation that is associated with an unfavorable prognosis, whereas CK17, a basal-type cytokeratin, is associated with poor prognosis (34, 45, 46). We demonstrated that ARR2 negatively regulated both CK14 and CK17. These data suggest that ARR2 is absent in tumor-initiating cells. It is noteworthy,

that although HT1376 cells—which lack expression of ARR2—formed fast growing tumors *in vivo*, cell lines that endogenously expressed ARR2 (e.g., 253J) failed to form tumors in nude mice.

There are several known CSC markers, nevertheless, bladder cancer is a highly heterogeneous disease and it is likely that this heterogeneity exists at the stem cell level (43). Similar to other cancers, there is no universal marker to identify CSC in bladder cancer. However, CSCs are universally characterized by the ability to self-renew (47). Thus, unveiling the molecular pathways that regulate self-renewal of CSCs will open new therapeutic avenues for targeting CSCs resulting in a decrease in the tumor relapse rates. At first, we analyzed the effect of ARR2 modulation on STAT3—a transcription factor regulating the self-renewal and invasive potential of bladder CSC-like cells (37, 48). We demonstrated that ARR2 negatively regulated STAT3 activation. Similarly, ARR2 negatively regulated expression of the transcription factor and CSC marker BMI-1. BMI-1 is an essential component of the polycomb regulatory complex 1 (PRC1), which plays a key role in chromatin organization and regulation of CSC marker expression and self-renewal (49). High expression of BMI-1 is associated with poor prognosis in bladder cancer (50). Importantly, CRISPR/Cas9 deletion of ARR1 dramatically reduced BMI-1 levels indicating that, in contrast to ARR2, ARR1 positively regulated BMI-1. Furthermore, our results from functional self-renewal assays (spheroid formation assays) confirmed that ARR1 positively regulates self-renewal, whereas ARR2 suppressed this CSC property.

In summary, this work demonstrates that ARRBs regulate the CSC-like phenotype in bladder cancer cell lines. We showed that ARRB1 and ARRB2 have opposing functions, with ARRB1 inducing and ARRB2 negatively regulating the CSC-like phenotype and self-renewal potential—the real driving force behind tumor growth. Importantly, the present work demonstrates the prognostic significance of ARRBs for predicting metastasis and response to chemotherapy in bladder cancer.

Disclosure of Potential Conflicts of Interest

No potential conflicts of interest were disclosed.

Authors' Contributions

Conception and design: G. Kallifatidis, A.S. Merseburger, V.B. Lokeshwar, B.L. Lokeshwar

Development of methodology: G. Kallifatidis, B.L. Lokeshwar

Acquisition of data (provided animals, acquired and managed patients, provided facilities, etc.): G. Kallifatidis, D.K. Smith, J. Gao, M.J. Hennig, J.J. Hoy, R.F. Pearce, I.R. Dabke, J. Li, A.S. Merseburger, B.L. Lokeshwar

Analysis and interpretation of data (e.g., statistical analysis, biostatistics, computational analysis): G. Kallifatidis, D.S. Morera, J. Gao, J. Li, A.S. Merseburger, B.L. Lokeshwar

Writing, review, and/or revision of the manuscript: G. Kallifatidis, D.K. Smith, D.S. Morera, M.J. Hennig, J.J. Hoy, A.S. Merseburger, M.A. Kuczyk, V.B. Lokeshwar, B.L. Lokeshwar

Administrative, technical, or material support (i.e., reporting or organizing data, constructing databases): G. Kallifatidis, D.K. Smith, M.J. Hennig, A.S. Merseburger, B.L. Lokeshwar

Study supervision: G. Kallifatidis, V.B. Lokeshwar, B.L. Lokeshwar

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