

Research Paper

# Berberine Enhances Chemosensitivity and Induces Apoptosis Through Dose-orchestrated AMPK Signaling in Breast Cancer

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## Abstract

Breast cancer is the most common malignancy in women. Although personalized or targeting molecular cancer therapy is more popular up to now, the cytotoxicity chemotherapy for patients with advanced breast cancer is considered as the alternative option. However, chemoresistance is still the common and critical limitation for breast cancer treatment. Berberine, known as AMPK activator, has shown multiple activities including antitumor effect. In this study, we investigate the chemosensitive effect of different dosages berberine on drug-resistant human breast cancer MCF-7/MDR cell *in vitro* and *in vivo*, and the mechanisms underlying AMPK activation on Doxorubicin (DOX) chemosensitivity. Our results showed that berberine could overcome DOX resistance in dose-orchestrated manner: On one hand, low-dose berberine can enhance DOX sensitivity in drug-resistance breast cancer cells through AMPK-HIF-1 $\alpha$ -P-gp pathway. On the other hand, high-dose berberine alone directly induces apoptosis through the AMPK-p53 pathway with the independence of HIF-1 $\alpha$  expression. Taken together, our findings demonstrate that berberine sensitizes drug-resistant breast cancer to DOX chemotherapy and directly induces apoptosis through the dose-orchestrated AMPK signaling pathway *in vitro* and *in vivo*. Berberine appears to be a promising chemosensitizer and chemotherapeutic drug for breast cancer treatment.

Key words: berberine, breast cancer resistance, AMPK, HIF-1 $\alpha$ , p53.

## Introduction

Breast cancer is the most common malignancy in women, accounting for 31% of all female cancers around the world [1]. Although chemotherapy is effective in reducing the size of the primary tumor before surgery, long-term chemotherapy not only caused adverse effects in about half of breast cancer patients, but also inevitably induced multi-drug resistance [2]. A growing amount of evidence suggests that the extrusion of drugs by cell membrane pumps, apoptosis resistance, modification of

drug-targeting molecules and drugs redistribution of the intracellular accumulation play crucial roles on chemotherapeutic resistance [1, 3]. However, the molecular mechanisms underlying the multidrug resistance of breast cancer are still ill-defined. Therefore, a better understanding of the chemoresistance is of great importance to develop novel therapeutic strategies for improving the poor prognosis.

Reprogramming cellular energy metabolism is

recently accepted to be one of the main hallmarks of cancer [4]. Cancer cells, especially drug-resistant cancer cells, unlike their normal counterparts, employ exacerbated aerobic glycolysis rather than mitochondrial oxidative phosphorylation for maintaining their energy homeostasis, which called the 'Warburg effect' [5, 6]. It has been suggested that the characteristic of energy metabolism shift facilitates cancer cell survival and contributes the drug resistance to conventional cancer chemotherapy and radiotherapy [7, 8]. AMPK is a prominent sensor of cellular energy and AMPK activation reverse Warburg effect from aerobic glycolysis to oxidative phosphorylation, resulting in overcoming multidrug resistance [9]. Up to date, more research showed P-glycoprotein (P-gp) overexpression and apoptotic resistance associated with the activation of cell growth signaling pathway, including PI3K-AKT, PTEN, MAPK, ERK and p53 signaling pathway are closely related multidrug resistance. This two aspects both could be induced by the Warburg effect [10, 11]. It has been reported that AMPK activation inhibits HIF-1 $\alpha$ -mediated up-regulation of P-gp expression in a variety of human tumors [12]. AMPK activation can directly or indirectly inhibit tumor growth by blocking PI3K-AKT, MAPK, or Sirt1 cell growth signaling pathway [13, 14].

Berberine (BER), an isoquinoline alkaloid purified from the Berberis species, has exhibited multiple pharmacological activities, including antibacterial, anti-hypertensive, and anti-arrhythmic effects [15]. It has also been reported that low doses of berberine enhance radiosensitivity in colon cancer by inhibiting P-gp expression, while high doses of berberine can directly inhibit tumor growth in lung cancer through activating p53 [16-18], but there are few reports about whether berberine could enhance chemotherapy sensitivity and relative molecular mechanisms.

In this study, we firstly investigate whether dose-orchestrated berberine enhances DOX sensitivity in multidrug-resistant MCF-7/MDR human breast cancer cell, and then reveal the molecular mechanisms of berberine sensitizing DOX in breast cancer *in vitro* and *in vivo*, which would shed light on the prevention and treatment of multidrug-resistant cancers.

## Materials and Methods

### Chemicals and reagents

Sulforhodamine B and Compound C were purchased from Sigma Aldrich. IOX2 was purchased from Selleckchem. DMEM high-glucose medium, foetal bovine serum (FBS), penicillin, streptomycin and BCA protein assay kits were purchased from the

Beyotime Institute of Biotechnology (Jiangsu, China). The primary antibodies were diluted 1:1000 before use, including AMPK (Cat. # sc-25792, Santa Cruz Biotechnologies), p-AMPK (Cat. # sc-33524, Santa Cruz Biotechnologies), HIF-1 $\alpha$  (Cat. #113642 Abcam), P-gp (Cat. # sc-55510, Santa Cruz Biotechnologies), p53 (Cat. # 10442-1-AP, Proteintech), Bax (Cat. # sc-7480, Santa Cruz Biotechnologies), Cytochrome c (Cat. # sc-13561, Santa Cruz Biotechnologies), Caspase 9 (Cat. # 842, Cell signaling), Caspase 3 (Cat. # 836, Cell signaling), PARP (Cat. # 1442, Cell signaling) and GAPDH (Cat. # sc-25778, Santa Cruz Biotechnologies). All the chemical compounds were analytically pure reagents.

### Cell culture and SRB assay

Human breast cancer MCF-7 and multidrug-resistant MCF-7/MDR human breast cancer MCF-7/MDR cells were maintained in DMEM high-glucose medium supplemented with 10% foetal bovine serum (FBS), 100 units/mL penicillin, and 100  $\mu$ g/mL streptomycin in an atmosphere of 95% air and 5% CO<sub>2</sub> at 37°C. MCF-7/MDR cells were purchased from Central South University. An SRB assay used to assess cell viability was performed in a 96-well plate in octuplicate. Cells were seeded at a density of 5 $\times$ 10<sup>3</sup> cells/well overnight and treated with berberine at final concentrations of 0, 2.5, 5, 10, 20, 40, 80, 160 and 320  $\mu$ mol/L, and/or 0.8  $\mu$ mol/L Compound C, and/or 12.5  $\mu$ mol/L IOX2 were added for 48 h. Cells were seeded at a density of 5 $\times$ 10<sup>3</sup> cells/well overnight and treated with DOX at final concentrations of 0, 0.31, 0.63, 1.25, 2.5, 5, 10, 20 and 40  $\mu$ g/mL with 5, 10, 20  $\mu$ mol/L berberine, and/or 0.8  $\mu$ mol/L Compound C, and/or 12.5  $\mu$ mol/L IOX2 were added for 48 h. The cells were fixed with 10% trichloroacetic acid, and 0.4% (w/v) SRB in 1% acetic acid was added to stain the cells. Unbound SRB was washed away with 1% acetic acid, and SRB-bound cells were rendered soluble with 10 mM Tris-base (pH 10.5; Sigma Aldrich). The absorbance was read at a wavelength of 570 nm.

### Apoptosis detection by flow cytometry

Cell death and apoptosis were detected with an Annexin V-FITC Apoptotic Detection Kit by flow cytometry. In brief, after treating with 0, 10, and 80  $\mu$ M berberine for 48h, MCF-7/MDR cells were harvested and washed twice with cold PBS. Then, the cell pellets were resuspended with binding buffer to cell suspension at a density of 1 $\times$ 10<sup>6</sup> cells/mL. Next, 5  $\mu$ L of FITC-conjugated annexin V was added to the suspension and incubation was made for 15 min at 4°C in the dark. After that, 5  $\mu$ L of propidium iodide (PI) was injected into the mixture and incubated with

cells for 5 min. The samples were subsequently analysed by flow cytometry with an FACS Calibur flow cytometer (BD Biosciences, San Jose, CA, USA). The excitation wavelength was 488 nm, the emission of FITC-conjugated annexin V was 515 nm and the propidium iodide (PI) emission was 560 nm.

### Western blot analysis

Cells washed twice with cold PBS and the cell pellets were suspended in 200  $\mu$ L RIPA lysis buffer for 30 min at 4°C, vortexed every 10 min, and then centrifuged at 12,000 $\times$ g for 15 min. The supernatants containing the total protein extracts were collected. In some experiments, cytoplasmic protein extract was collected by a cytoplasmic protein extraction kit according to the manufacturer's protocols (Nan Jing Jian Cheng Bioengineering Institute Cat. # E093). Tumor tissues from the five groups (50 mg) were homogenized on ice at setting 8 for 2  $\pm$  30 s with a 30-s interval using a Polytron PT 3000 tissue homogenizer (Brinkmann Instruments), in 1 ml of buffer containing 10 mM Tris-HCl, 0.25 M sucrose, 10 mM NaCl, 1 mM EDTA, 1% SDS and protease inhibitor cocktail (Roche), pH 7.5. The suspension was centrifuged at 3000 g for 15 min in an ultracentrifuge (Thermo Company). The supernatant was collected and then centrifuged at 12,000 g for 15 min. The supernatant obtained was labelled as total protein extract. Protein concentration was measured by the Bradford Protein Assay Kit.

The immunoblotting analysis was performed with 20  $\mu$ g sample proteins on a 12% SDS-polyacrylamide electrophoresis gel (SDS-PAGE). The electrophoresis was carried out first at 80 V for 20 min and followed by 180 V for 60–85 min. The separated proteins using SDS-PAGE gel were transferred to PVDF. The transferred membranes were incubated for 2 h in blocking buffer, TBST (10 mM Tris-HCl, 150 mM NaCl and 0.1% Tween-20) containing 5% non-fat milk powder and then incubated overnight with primary antibody (1:800 or 1:1000) in 10 ml TBST with gentle agitation at 4°C. The membranes were then washed and incubated with the second antibody (1:2000) at room temperature for 1 h. Bands were visualized by an ECL Western Blotting Detection System (Tanon 4200).

### Subcutaneous transplanted tumor model evaluation in nude mice

Animal experiment protocols were approved by the Ethics Committee for the Use of Experimental Animals of Jilin University. MCF-7/MDR cells ( $2 \times 10^5$ ) were collected in 70  $\mu$ L PBS and mixed with 70  $\mu$ L Matrigel Matrix (Becton Dickinson Biosciences). The mixture was injected subcutaneously on one side of

the dorsal flank of 8-week-old female BALB/c nu/nu mice (Vital River Laboratories, Beijing, China). When tumor volume reached 60 ~ 100 mm<sup>3</sup>, mice were randomized into 5 groups (n=6). The mice in control group treated with saline injected by tail vein every 3 days, the DOX group treated with DOX (1 mg·kg<sup>-1</sup>) by tail vein injection every 3 days, the low dose berberine (Ber-L) group treated with berberine (5 mg·kg<sup>-1</sup>) daily by oral gavage, the low dose berberine combined with DOX group (Ber-L+DOX) treated with berberine (5 mg·kg<sup>-1</sup>) daily by oral gavage and DOX (1 mg·kg<sup>-1</sup>) by tail vein injection every 3 days, the high dose berberine group treated with berberine (200 mg·kg<sup>-1</sup>) daily by oral gavage. The body weights and tumor sizes were accurately recorded once every 3 days, and the tumor volume was calculated according to the formula: length $\times$ width<sup>2</sup> $\times$ 0.52. The mice were sacrificed 26 days after having been given the drugs. The tumors were isolated and immediately stored at -80°C for later analysis.

### Statistical analysis

All data were expressed as the mean  $\pm$  SD. Significance among groups was analysed by one-way analysis of variance (ANOVA), followed by Dunnett's multiple comparison post-test. A value with  $p < 0.05$  was considered significant.

## Results

### Cytotoxicity effect of high dose berberine on MCF-7/MDR cells

To assess cytotoxicity profile of berberine on MCF-7/MDR cells, a series of concentrations of berberine (from 2.5 ~ 320  $\mu$ M) was used to treat MCF-7/MDR cells for 24 h, 48 h and 72 h. The cell viability was determined by SRB assay. As shown in Fig. 1, berberine has negligible influence on cell growth when the concentration is less than 20  $\mu$ M. However, when the concentration is more than 40  $\mu$ M, berberine inhibits MCF-7/MDR cell growth in a time- and dose-dependent manner, and then apoptosis of MCF-7/MDR cell treated with 10  $\mu$ M and 80  $\mu$ M berberine for 48 h was determined by flow cytometry, as shown in Fig. 1B, early apoptotic rate (Q4:  $2.2 \pm 0.64\%$  vs.  $2.24 \pm 0.82\%$ ) and late apoptotic or necrotic rate (Q2:  $3.48 \pm 0.95\%$  vs.  $3.51 \pm 0.91\%$ ) in 10  $\mu$ M berberine have no significant difference compared with control group, but in 80  $\mu$ M berberine treatment group, the early apoptotic cells are  $31.59 \pm 5.41\%$ , the late apoptotic or necrotic cell are  $10.01 \pm 2.13\%$ , indicating that high dose berberine (80  $\mu$ M) can cause MCF-7/MDR cells apoptosis. According to these results, we tried to detect whether low dose berberine

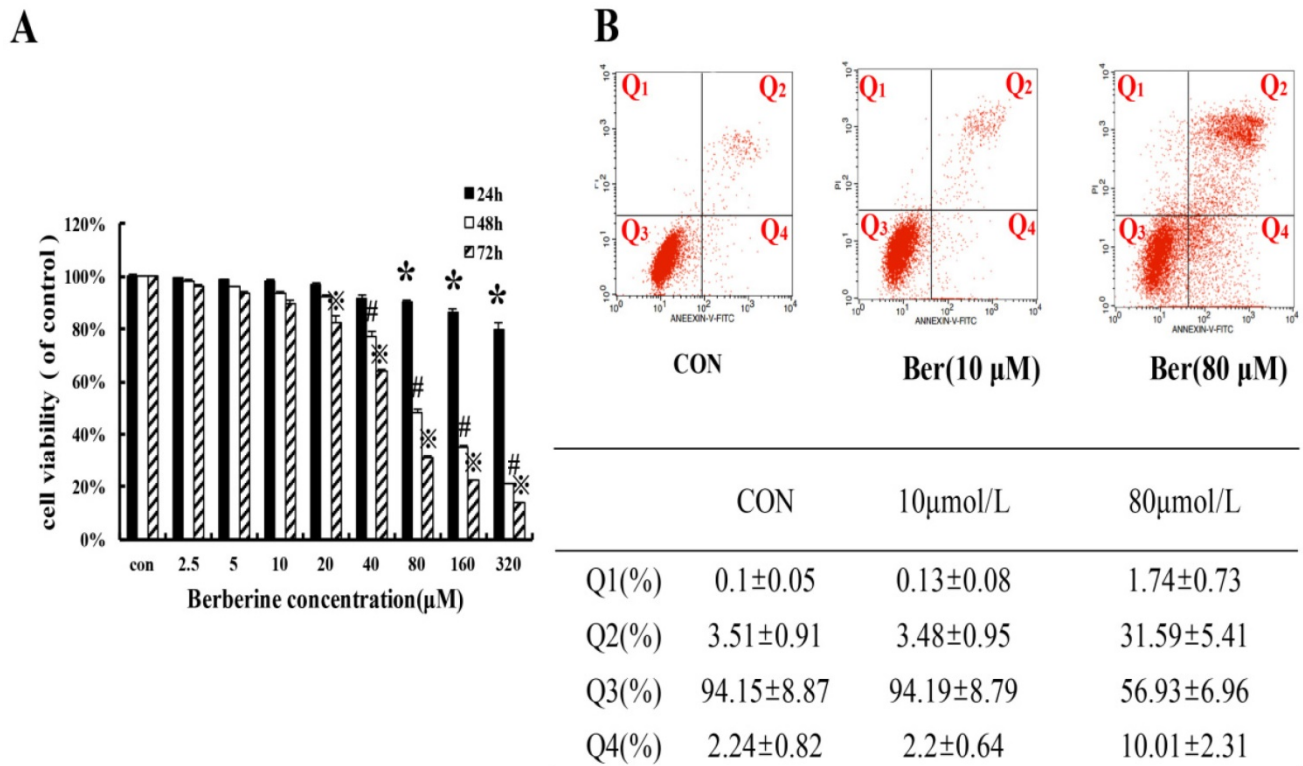
(less than 20  $\mu\text{M}$ ) could increase chemosensitivity of DOX.

### Low-dose berberine enhances DOX chemotherapy sensitivity of MCF-7/MDR cell lines

To confirm the difference of DOX chemotherapy sensitivity between MCF-7 and MCF-7/MDR cell lines, MCF-7 and MCF-7/MDR cells were exposed to the various concentrations of DOX (0.04~5  $\mu\text{g}/\text{mL}$ ) for 48 h. Compared with MCF-7 cells, MCF-7/MDR cell becomes insensitive from the dosage higher than 0.16  $\mu\text{g}/\text{mL}$  (Fig. 2A). Therefore, we treated MCF-7/MDR cells with DOX (concentrations from 0.31 to 40  $\mu\text{g}/\text{mL}$ ) for 24 h, 48 h and 72 h combined with low concentrations of berberine (5  $\mu\text{M}$ , 10  $\mu\text{M}$  and 20  $\mu\text{M}$ ) to investigate the effects of berberine-mediated sensitizing of DOX cytotoxicity. As shown in Fig. 2B-D, berberine with the concentrations from 10  $\mu\text{M}$  to 20  $\mu\text{M}$  significantly improves DOX sensitivity on MCF-7/MDR cells, especially after 48 h treatment. Giving that a 20  $\mu\text{M}$  berberine alone has negligible effect on cell growth of MCF-7/MDR cells (Fig. 1), it indicates that low-dose berberine could enhance the DOX chemotherapy sensitivity of MCF-7/MDR cell lines.

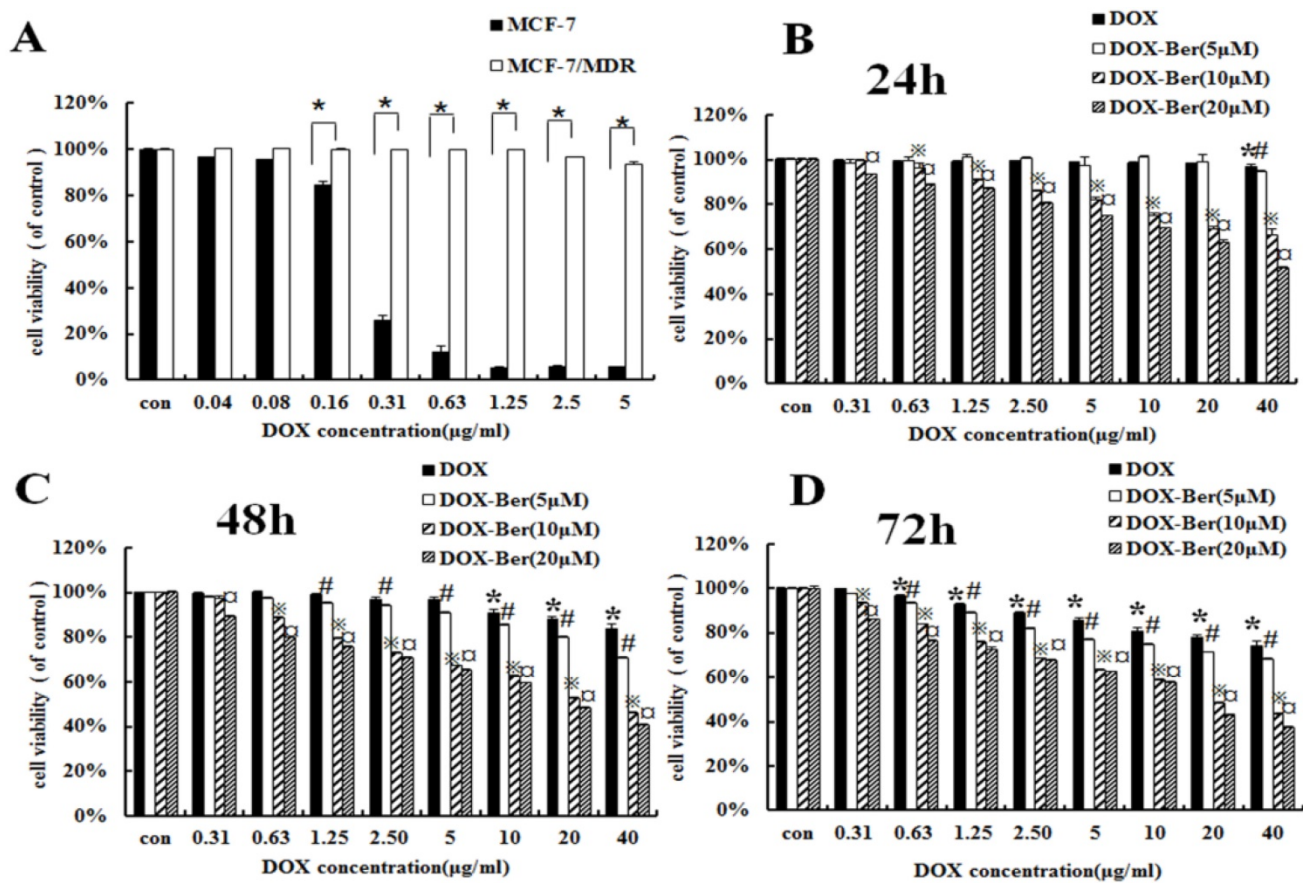
### Low-dose berberine suppresses P-gp by regulating the AMPK-HIF-1 $\alpha$ signaling pathway

To discuss the mechanism of low dose berberine overcoming DOX resistance on MCF-7/MDR cells, we firstly investigated AMPK signaling pathway. It is found that low-dose berberine (10  $\mu\text{M}$ ) can activate AMPK and reduce HIF-1 $\alpha$  and P-gp expression (Fig. 3). To explore the downstream of AMPK signaling, AMPK inhibitor (Compound C) and HIF-1 $\alpha$  stabilizer IOX2 was used. As indicated in Fig. 4A, low-dose berberine (10  $\mu\text{M}$ ) combined with DOX strongly inhibits MCF-7/MDR cell growth, however, in the presence of Compound C, the inhibition is significantly diminished compared with the same concentration of the berberine plus DOX co-treatment. As shown in Fig. 4C, Compound C alone do not affect HIF-1 $\alpha$  and P-gp expression, but Compound C blocks low-dose berberine-induced AMPK phosphorylation, and berberine-induced the inhibition of HIF-1 $\alpha$  and P-gp expression is prevented by Compound C, indicating that HIF-1 $\alpha$  and P-gp are the downstream of AMPK.



**Figure 1.** The cytotoxicity effect in MCF-7/MDR cells caused by berberine (A) The cell viability in MCF-7/MDR caused by berberine for 24 h, 48h and 72 h. Mean values  $\pm$  SD, \*P<0.05, cells treated with different concentrations of berberine for 24 h vs. control group. # P <0.05, cells treated with different concentrations of berberine for 48 h vs. control group. ※ P <0.05, cells treated with different concentrations of berberine for 72 h vs. control group. (B) The apoptosis rate in MCF-7/MDR caused by 0,10 and 80  $\mu\text{M}$  berberine for 48h.





**Figure 2.** Berberine enhanced DOX sensitivity on MCF-7/MDR cells. (A) Cell viability of MCF-7 and MCF-7/MDR cells after DOX treatment for 48 h. \*  $P < 0.05$ , MCF-7 cell group vs. MCF-7/MDR cell group. (B-D) Effect of DOX combined with berberine in MCF-7 and MCF-7/MDR cells for 24 h, 48 h and 72 h treatment. Mean values  $\pm$  SD, \* $P < 0.05$ , cells treated with different concentrations of DOX vs. control group. #  $P < 0.05$ , cells treated with different concentrations of DOX and 5  $\mu$ M berberine, compared with control group. ※ $P < 0.05$ , cells treated with different concentrations of DOX and 10  $\mu$ M berberine vs. control group. ▩  $P < 0.05$ , cells treated with different concentrations of DOX and 20  $\mu$ M berberine vs. control group.

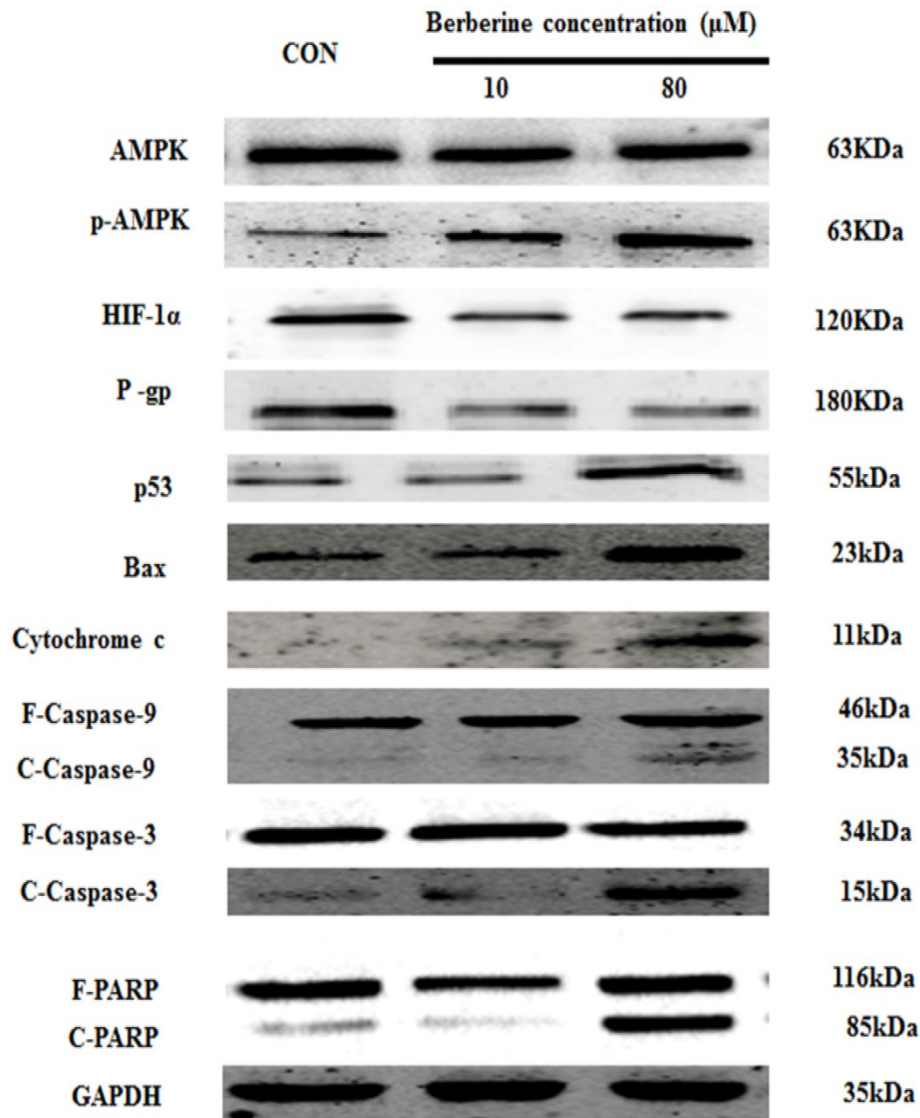
To further explore the relationship between HIF-1 $\alpha$  and P-gp, HIF-1 $\alpha$  stabilizer IOX2 was used. IOX2 can stabilize HIF-1 $\alpha$  by selectively inhibiting prolyl-4-hydroxylase-2 (PHD-2), which can covalently modify two proline residues in the oxygen-dependent degradation (ODD) domain of HIF-1 $\alpha$  subunits to promote HIF-1 $\alpha$  degradation [19]. The increase of DOX chemosensitivity induced by berberine in MCF-7/MDR cells is weakened by the addition of IOX2 together with up-regulation of P-gp protein expression, and at the same time, the p-AMPK expression do not change at all (Fig. 5A and 5C). Our result reveals HIF-1 $\alpha$  is a downstream protein of the AMPK and regulates the expression of P-gp.

Moreover, the mitochondrial apoptosis related protein Bax, Cytochrome C cleaved-Caspase 9, cleaved-Caspase 3 and cleaved-PARP do not change after 10  $\mu$ M berberine alone treatment (Fig. 3), suggesting the mitochondrial apoptosis is not involved in the mechanism of DOX chemosensitivity of low dose berberine. In summary, It is demonstrated

that low-dose berberine increases DOX chemosensitivity by activation of AMPK, subsequently downregulation of HIF-1 $\alpha$  and P-gp expression.

### High-dose berberine induces apoptosis by activating the AMPK-p53 pathway with the independence of HIF-1 $\alpha$

It is showed that high-dose berberine (80  $\mu$ M) can directly induce apoptosis in MCF-7/MDR cells (Fig.1). Cytotoxicity of berberine (more than 80 $\mu$ M) is significantly decreased by AMPK inhibitor Compound C (Fig.4B), but IOX2 do not affect cell viability at the same dosage of berberine (Fig.5B). Western blot shows that 80  $\mu$ M berberine also up-regulates phosphorylated AMPK together with the reduction of HIF-1 $\alpha$ , but we notice that the decrease of HIF-1 $\alpha$  in high-dose berberine treatment is not more than that of low dose berberine (Fig.3). It is suggested the activation of AMPK is the key event for apoptosis induced by high dose berberine.



**Figure 3.** AMPK, p-AMPK, HIF-1α, P-gp, p53, Bax, cytochrome c, Caspase 9, Caspase 3 and PARP protein expression by different concentrations of berberine treatment for 48 h. Each result was repeated three times.

Interestingly, the levels of p53 is significantly increased in high-dose berberine treatment and the p53 up-regulation induces the activation of mitochondrial apoptosis pathway with the increase of Bax, the release of cytochrome c, cleaved-Caspase-9, cleaved-Caspase-3 and cleaved PARP, compared with low-dose berberine treatment (Fig.3). p53 expression is remarkably reversed by AMPK inhibitor Compound C (Fig. 4C), indicating p53 is the main downstream of AMPK.

HIF-1α expression displays no dose-dependent manner whether in berberine alone or berberine combined with compound C (Fig.4C), indicating that HIF-1α activity is not essential for high-dose berberine-induced apoptosis in MCF-7/MDR cell lines. Moreover, IOX2 do not affect the expression of p53 in 80 μM berberine treatment (Fig.5C). Consequently, high-dose berberine induces apoptosis

by activating the AMPK-p53 pathway with the independence of HIF-1α.

### Berberine overcomes drug resistance *in vivo*

The mice transplanted tumor model was used to evaluate berberine overcoming DOX resistance in MCF-7/MDR breast cancer. Five groups were set up as Con, DOX, low-dose berberine (Ber-L), low-dose berberine combined with DOX (Ber-L+DOX) and high-dose berberine (Ber-H). Fig. 6A-C shows that tumor volumes and weights are significantly reduced in the DOX, Ber-L+DOX and Ber-H group comparing with control group, Ber-L alone group has no difference with control group and there has significant difference between Ber-L+DOX with either of Ber-L or DOX alone group, indicating that berberine increases the cytotoxicity of DOX *in vivo*.

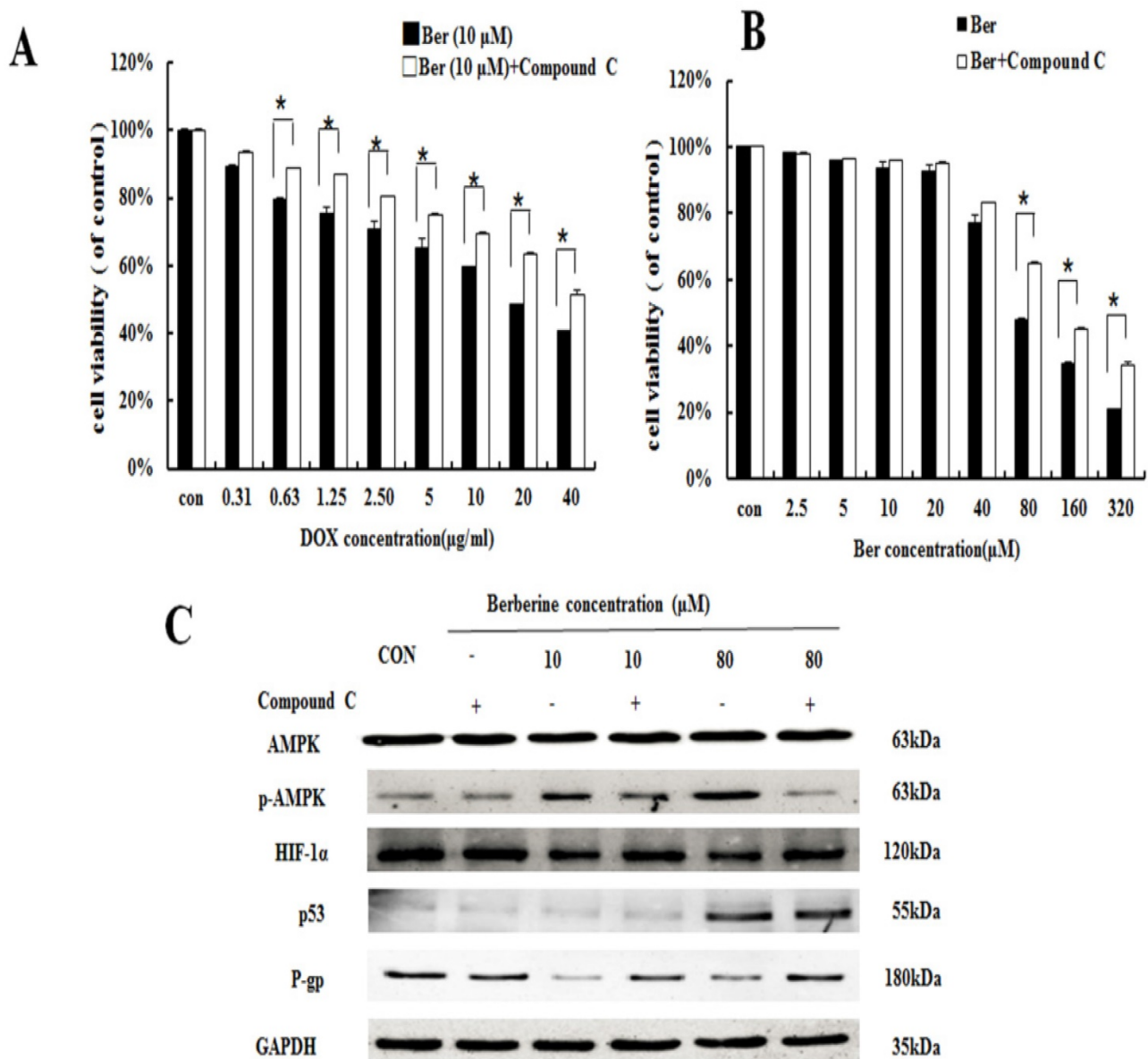
Moreover, we detected the relative protein in

AMPK signaling pathway in MCF-7/MDR xenograft. As shown in Fig. 7, low-dose berberine significantly induces the activation of AMPK and inhibits the expression of HIF and P-gp, while high-dose berberine promotes the expression of p53 by activating AMPK, which are consistent with the result *in vitro*.

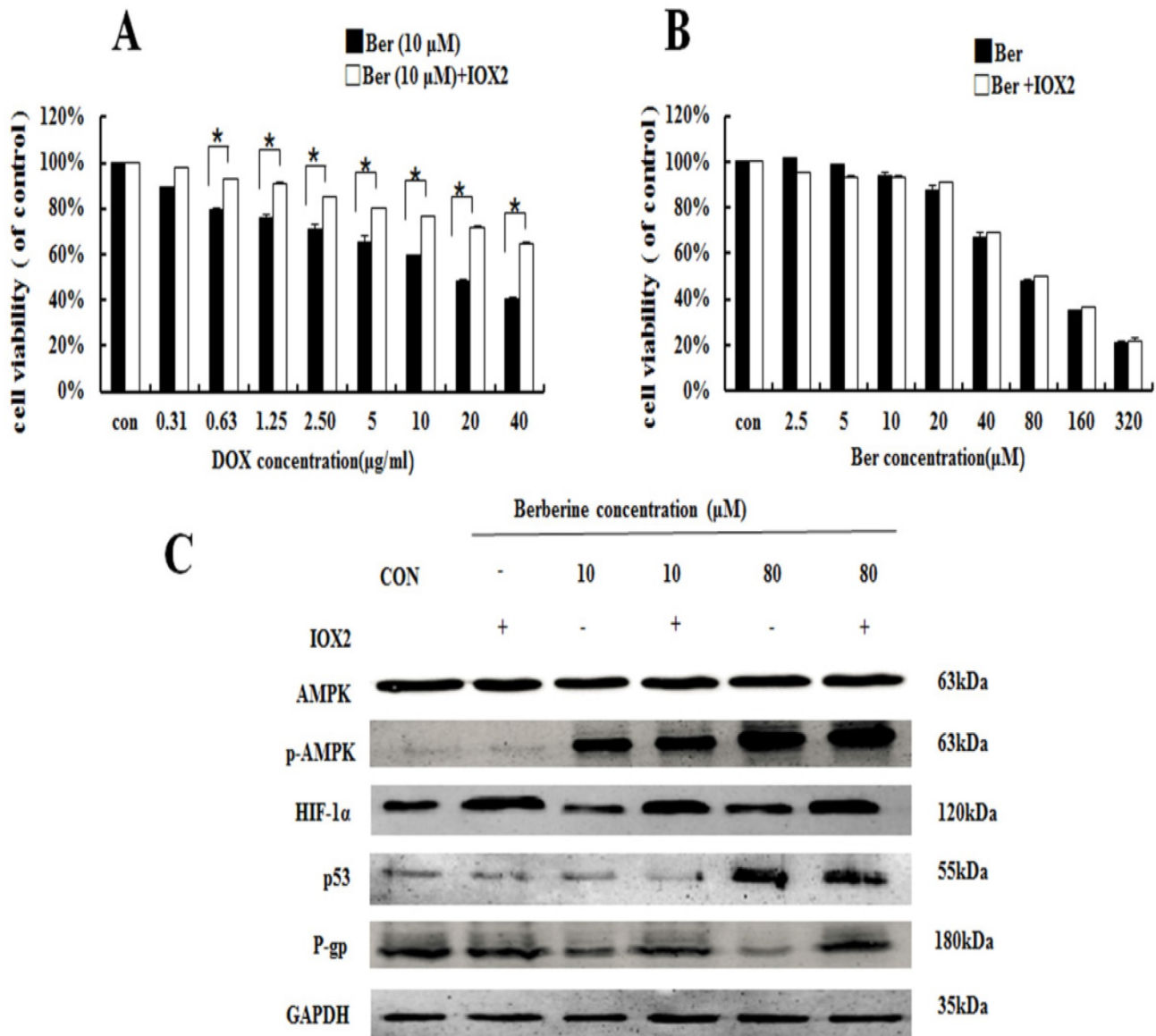
### Discussion

Acquired resistance to standard chemotherapy is the common and critical limitation for cancer therapy including breast cancer [20]. Although personalized

or targeting molecular cancer therapy is more popular in clinic practice up to now, the cytotoxicity chemotherapy for patients with advanced breast cancer is considered as the alternative option. Doxorubicin (DOX) is commonly used chemotherapeutic agents for the treatment of breast cancer [21]. However, chemoresistance often occurs after several circles of therapy. Therefore, finding out a novel strategy to resensitize DOX on drug-resistant cancer cell attracts more attentions in cancer chemotherapy.



**Figure 4.** The effect of AMPK on berberine sensitizing drug resistance and inhibiting cell viability. (A) Cell viability in MCF-7/MDR cells after DOX combined with 10 µM berberine treatment, or DOX combined with 10 µM berberine and Compound C treatment. Mean values ± SD, \* P < 0.05, MCF-7/MDR cells treated with DOX combined with 10 µM berberine for 48 h vs. MCF-7/MDR cells treated with DOX combined with 10 µM berberine and Compound C for 48 h. (B) Cell viability in MCF-7/MDR cells after berberine treatment or berberine and Compound C treatment. \* P < 0.05, MCF-7/MDR cells treated with berberine for 48 h vs. MCF-7/MDR cells treated with berberine and Compound C for 48 h. (C) AMPK, HIF-1α, P-gp and p53 protein expression after berberine treatment or berberine and Compound C treatment. Each result was repeated three times.



**Figure 5.** The effect of HIF-1 $\alpha$  on Berberine sensitizing drug resistance and inhibiting cell viability. (A) Cell viability in MCF-7/MDR cells after DOX combined with 10  $\mu$ M berberine treatment or DOX combined with 10  $\mu$ M berberine and IOX2 treatment. \* P < 0.05, MCF-7/MDR cells treated DOX combined with 10  $\mu$ M berberine for 48 h vs. MCF-7/MDR cells treated DOX combined with 10  $\mu$ M berberine and IOX2 for 48 h. (B) Cell viability in MCF-7/MDR cells after berberine treatment or berberine and IOX2 treatment. Mean values  $\pm$  SD. \* P < 0.05, MCF-7/MDR cells treated with berberine for 48 h vs. MCF-7/MDR cells treated with berberine and IOX2 for 48 h. (C) AMPK, HIF-1 $\alpha$ , P-gp and p53 protein expression after berberine treatment or berberine-combined IOX2 treatment. Each result was repeated three times.

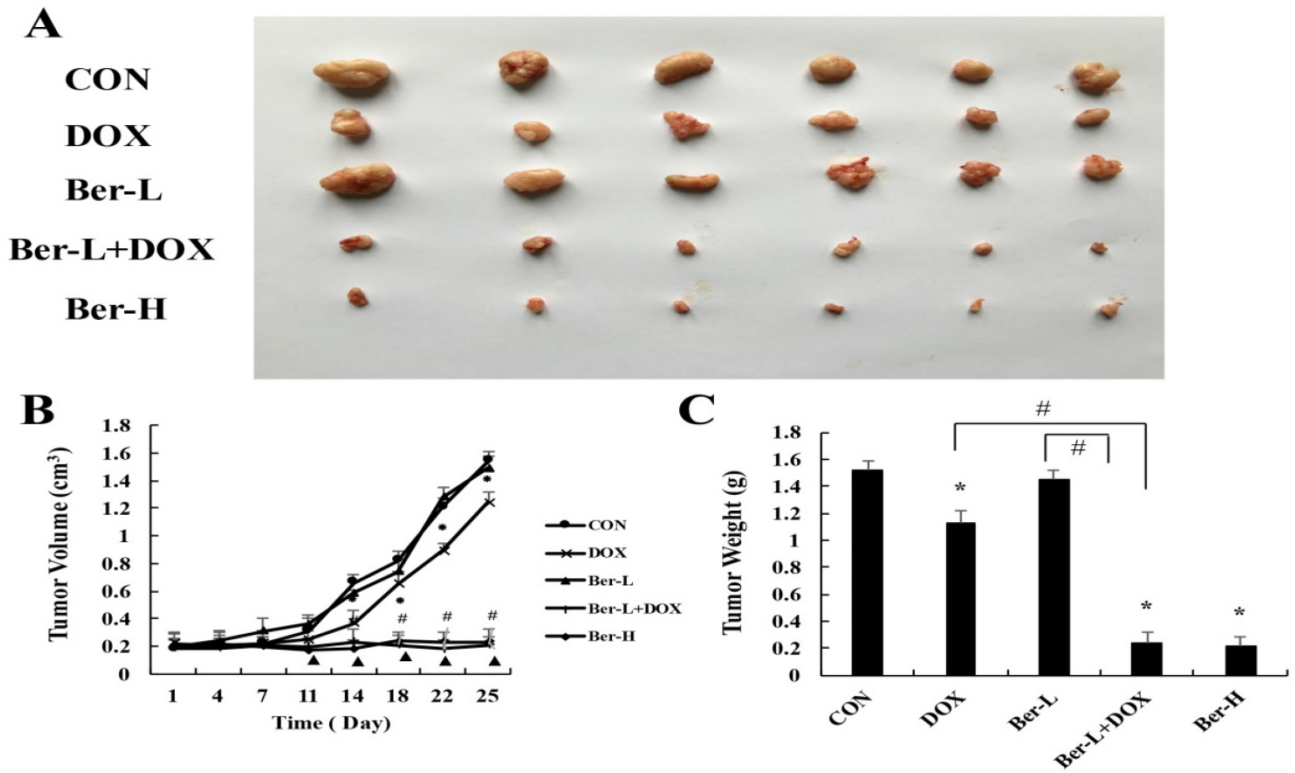
Berberine, a traditional Chinese drug isolated from *Coptis chinensis*, *Hydrastis canadensis* and *Berberidaceae*, possess multiple functions including anti-tumor effects. However, some studies showed that low-dose berberine can enhance radiosensitivity and in colon cancer cells by inhibiting P-gp [16, 17]. As we know that the most prominent mechanism underlying MDR is related with the overexpressed ATP-binding cassette (ABC) transporters [17]. MDR1/P-gp, a member of the ABC transporter family, promotes the excretion of xenobiotics or drugs, resulting in the reduction of intracellular concentrations [22]. Our results showed that low-dose

berberine inhibited P-gp expression which regulated by the upstream AMPK activation. Energy metabolism changes have been shown in the most MDR cells, such as the inhibition of complex I and complex IV of the mitochondrial respiratory chain, ATP depletion, and decreasing oxygen consumption and glucose consumption, which could be reversed by activation of AMPK to reduce so-called 'Warburg effect' [23]. Furthermore, AMPK pharmacological inhibitor (compound C) increased expression of HIF-1 $\alpha$  and P-gp, deteriorating DOX resistance on breast cancer cells, HIF-1 $\alpha$  activator weakens the increasing DOX sensitivity with the combination of

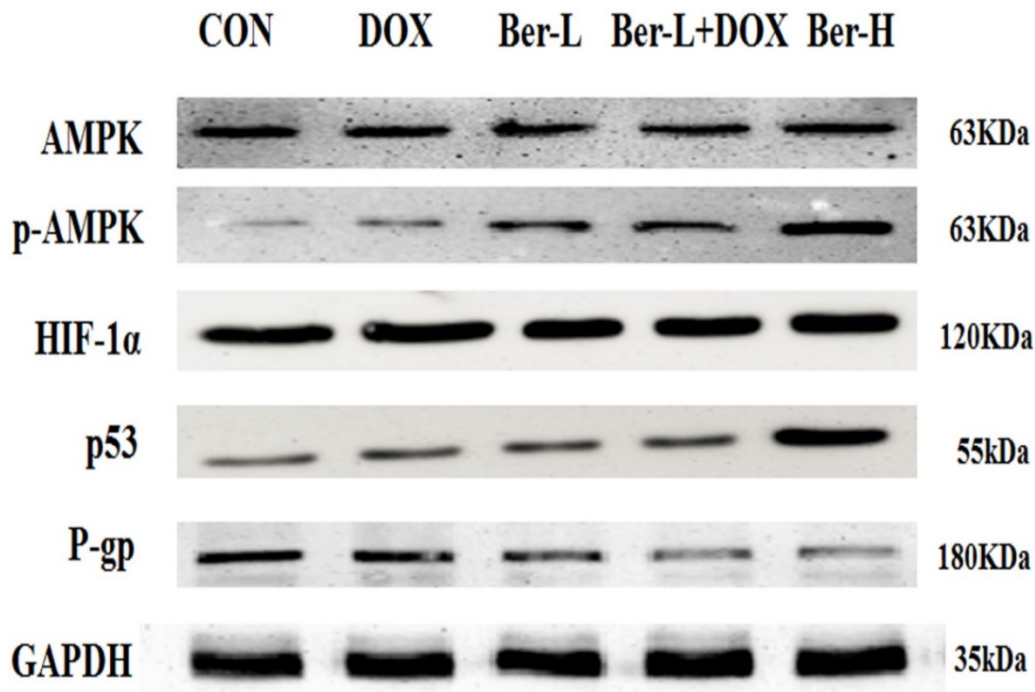


berberine, suggesting that low-dose berberine reversed DOX chemoresistance by AMPK-HIF-1 $\alpha$ -P-gp signaling pathway. The

mechanism of AMPK modulating HIF-1 $\alpha$  expression probably was mediated by the inhibition of mTOR in translational level [13].



**Figure 6.** The overcoming of drug resistance effect of berberine *in vivo*. (A) tumor photographs (B) tumor volume Mean values  $\pm$  SD, \*P<0.05, DOX vs. control group. # P<0.05, Ber-L+DOX vs. control group.  $\blacktriangle$  P<0.05, Ber-H vs. control group. (C) tumor weight \*P<0.05, mice treated with DOX or (and) berberine vs. control group, # P<0.05 Ber-L+DOX vs. DOX or Ber-L.



**Figure 7.** AMPK, p-AMPK, HIF-1 $\alpha$ , P-gp and p53 protein expression in MCF-7/MDR xenograft. Each result was repeated three times.

Our data revealed that high-dose berberine could overcome breast cancer drug resistance by directly inducing apoptosis. p53 is the most commonly mutated tumor suppressor gene, and a lack of functional p53 is associated with an increased risk of the development of drug resistance [24]. Furthermore, it has been reported that the treatment of A549 cells (expressing wild-type p53) are more sensitive than human lung cancer cells H1299 (p53-deficient) after berberine treatment [25, 26]. Our results showed that high-dose berberine could significantly activate p53 rather than the low dose, which was regulated by phosphorylated AMPK [27]. It is reported that AMPK activation is associated with the phosphorylation of p53 at Ser15 and Ser20 [28]. AMPK inhibitor Compound C reduced the p53 expression and decreased apoptosis. HIF-1 $\alpha$  expression displayed no dose-dependent manner whether in berberine alone or berberine combined with compound C, indicating that HIF-1 $\alpha$  activity was not essential for high-dose berberine-induced apoptosis in MCF-7/MDR cell lines. Moreover, IOX2 did not affect the expression of p53 in 80  $\mu$ M berberine treatment. Consequently, high-dose berberine induced apoptosis by activating the AMPK-p53 pathway with the independence of HIF-1 $\alpha$ .

In summary, this work showed that low-dose berberine could enhance DOX sensitivity on drug-resistant breast cancer *in vivo* and *in vitro* through the AMPK-HIF-1 $\alpha$ -P-gp pathway. High-dose berberine directly induced apoptosis on drug-resistant breast cancer by activating the AMPK-p53 pathway. Our observations shed light on a potentially therapeutic attempt to overcome breast cancer drug resistance.

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## Competing Interests

The authors have declared that no competing interest exists.

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