1 Biodiversity in perennial and intermittent rivers: a meta-analysis

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27 Abstract

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29 Comprehensive knowledge of the effects of disturbances on biodiversity is 30 crucial for conservation and management, not least because ecosystems with 31 low biodiversity may be the most vulnerable. In rivers, the role of disturbance in 32 shaping aquatic biodiversity has mainly focused on floods. Perennial rivers 33 (PRs) often flood, whereas intermittent rivers (IRs) flood, stop flowing and dry. 34 Despite the recent and significant increase in research on IRs, controversy 35 remains about whether they are more or less biodiverse than PRs. Our aim was 36 to determine (Q1) if PRs and IRs differ in biodiversity and (Q2) if the direction 37 and magnitude of the differences (effect sizes) are related to environmental 38 (climate, season, habitat, longitudinal zonation and anthropogenic disturbance) 39 and/or biological factors (taxonomic group). We conducted a meta-analysis on 40 44 published studies of PR and IR biodiversity that had replicated data. We 41 applied random effects models to the data to obtain weighted mean effect sizes 42 for differences between PRs and IRs, and their confidence intervals, by first 43 considering all studies and then by splitting studies into groups on the basis of 44 the above factors. We found that biodiversity was significantly higher in PRs 45 than in IRs (Q1). We also detected significant differences (PRs>IRs) in studies 46 of macroinvertebrates, in those conducted within arid and temperate climates, 47 dry and wet sampling seasons, headwaters, and regions subject to different 48 levels of anthropogenic disturbance (Q2). Our meta-analysis suggests that the 49 expected increase in the prevalence of IRs in certain regions of the world due to 50 global change could result in a decrease in freshwater biodiversity. To better 51 manage and preserve aquatic biodiversity under future global change scenarios

- 52 and to avoid potential ecosystem consequences of biodiversity loss,
- 53 conservation efforts should be targeted towards those environmental conditions
- 54 or taxonomic groups with significant differences (PRs>IRs).
- 55
- 56 Keywords: disturbance, flow intermittence, fluvial ecosystems, global change,
- 57 temporary rivers
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- 59

60 Introduction

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62	Understanding how disturbance influences biodiversity is a recurrent topic in
63	community ecology (Pianka 1966, Huston 1979, Hughes et al. 2007).
64	Disturbance includes a wide variety of phenomena acting at multiple temporal
65	(e.g. from days to eons) and spatial (e.g. from local to biogeographical) scales,
66	with multiple potential consequences for populations, communities and
67	ecosystems (Dornelas 2010). Ecologists hypothesised many years ago that
68	disturbance decreased biodiversity and favoured ecological succession
69	(Clements 1916) and that intermediate levels of disturbance enhanced
70	biodiversity (Connell 1978, but see Fox 2013). Effects of disturbance on
71	biodiversity have been studied in many ecosystems and across multiple
72	taxonomic groups (e.g. Horner-Devine et al. 2004, Granham et al. 2009, Barlow
73	et al. 2016). Most studies highlight the negative effects of disturbance on
74	biodiversity (e.g. Loreau et al. 2001, Wardle et al. 2011, Hooper et al. 2012),
75	while only few show the contrary pattern (e.g. Thom and Seidl 2015, Brunbjerg
76	et al. 2015). Understanding and predicting when and how biodiversity might
77	change following disturbance is crucial for effective conservation and
78	management (Dornelas 2010).
79	

The role of disturbance in shaping aquatic biodiversity has focused mainly on flood and drying events (Resh et al. 1988, Giller 1996). Flood events are pulse disturbances that occur relatively quickly (Junk et al. 1989, Ward and Stanford 1995), disrupting habitat conditions and eliminating individuals (Poff et al. 1997, Lake 2000). In contrast, drying events are ramp disturbances that

85 reduce aquatic habitat and eventually result in flow cessation and/or complete 86 loss of surface water from the streambed, and can reduce aquatic biodiversity 87 drastically (Williams 1996, Lake 2000). Floods enhance connectivity among 88 aquatic habitats, whereas drying fragments them (Stanley et al. 1997, Boulton 89 2003). Although it is widely known that floods and drying events affect the 90 structure and function of rivers (Bonada et al. 2007a, Reich and Lake 2015) and 91 that research on drying events has significantly increased during the last 92 decade (Leigh et al. 2016a), the effects of floods have been more frequently 93 reported that those of drying events (e.g. Datry et al. 2007, Lake et al. 2007). 94 This may be because floods occur in all river types, whereas drying events are 95 particular to intermittent rivers (IRs), in which surface flow ceases at some point 96 in time and space (Acuña et al. 2014, Datry et al. 2014a, Leigh et al. 2016a). In 97 contrast, perennial rivers (PRs) are characterized by continuous flow.

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99 IRs are probably the most common fluvial ecosystems in the world (Datry 100 et al. 2016a), and therefore drying events are probably more ubiquitous than 101 previously thought. In addition, many PRs are expected to transition to IRs in 102 the near future as a result of global change and increased human demand for 103 fresh water (Palmer et al. 2008, Döll and Schmied 2012), increasing the 104 importance and relative contribution of IR ecosystems to global aquatic 105 biodiversity. However, although research on IRs is in what has been described 106 as a boom phase (Datry et al. 2011, Leigh et al. 2016a), debate remains over 107 whether IRs are more or less biodiverse than PRs. Some studies find that IRs 108 are less biodiverse (e.g. Del Rosario and Resh 2000, Storey and Quinn 2008, 109 Bogan et al. 2013), whereas others find the opposite (e.g. Dietrich and

Anderson 2000), or no difference between IR and PR biodiversity (e.g. Miller
and Golladay 1996, Casas and Langton 2008, Santos and Stevenson 2011).
Clearly, a more thorough understanding and test of the biodiversity difference
between PRs and IRs is required.

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115 Biodiversity between PRs and IRs might differ depending on several 116 factors. First, biodiversity in IRs can depend on how flow regime characteristics, 117 which change among climatic zones, forge adaptations to drying (Boulton 2003, 118 Lytle and Poff 2004). For example, the higher number of unique taxa in IRs than 119 PRs in Mediterranean climates has been related to their predictable flow 120 regimes (Bêche et al. 2006, Munné and Prat 2011). Second, biodiversity 121 between PRs and IRs can vary seasonally. During the wet season, when both 122 PRs and IRs flow, their biodiversity is more likely to be similar (Delucchi 1988, 123 Garcia-Roger et al. 2011), whereas during the dry season, IRs will likely have 124 lower aquatic habitat availability than PRs, and thus lower aquatic biodiversity. 125 Third, as biodiversity varies among habitats in PRs and IRs (Garcia-Roger et al. 126 2013), habitat type is another relevant factor to consider. Riffles in IRs might 127 host a lower biodiversity than in PRs because this habitat is the first to 128 disappear during drying (Bonada et al. 2006a), whereas pools might show the 129 contrary pattern if isolated pools remain in IRs during drying (Bonada et al. 130 2006a, Leigh and Sheldon 2009, Boersma et al. 2014). Fourth, biodiversity 131 differences between PRs and IRs may vary with longitudinal zonation. IR 132 headwaters might have lower biodiversity than PR headwaters because their 133 greater isolation might hamper recolonization after drying (Finn et al. 2011, 134 Datry et al. 2016b, c), whereas no significant landscape barriers would affect

135 recolonization of middle reaches (of free-flowing rivers, at least). However, and 136 fifthly, anthropogenic disturbance may dampen differences in biodiversity 137 between PRs and IRs by homogenizing and simplifying communities (Rahel 138 2002) regardless of flow regime, climate, habitat, season, or the taxonomic 139 group considered. Finally, the magnitude of change between biodiversity in PRs 140 and IRs may vary depending on the taxonomic group considered (i.e. 141 macroinvertebrates, fish, algae or macrophytes) because despite some taxa 142 within all groups having traits of resistance and/or resilience to drying (Bonada 143 and Resh 2013), their evolutionary history, species biodiversity and ecological 144 tolerance varies. For example, although algae and macrophyte species are 145 much more widespread than other freshwater groups, they have a limited set of 146 biological adaptations to flow variation (e.g. see Lange et al. 2016 for algae in 147 comparison to Tachet et al. 2002 for macroinvertebrates).

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149 Here, we investigated the above hypotheses by comparing biodiversity in 150 PRs and IRs using a meta-analytic approach. Specifically, we sought to 151 determine (Q1) whether PR and IR biodiversity differ and (Q2) whether the 152 direction and magnitude of any difference is related to the environmental (i.e. 153 climate, season, habitat, longitudinal zonation, anthropogenic disturbance) or 154 biological factors (i.e. taxonomic group) hypothesised to affect biodiversity 155 patterns in river ecosystems. For our main question (Q1), we hypothesized that 156 biodiversity should be lower in IRs than in PRs (e.g. Fritz and Dodds 2002, 157 Storey and Quinn 2008, Bogan et al. 2013) because IRs are subject to drying 158 events that act primarily as a disturbance decreasing aquatic biodiversity (Leigh 159 and Datry 2016). However, if this loss of taxa in IRs is compensated by taxa

160 with resistance and resilience traits to cope with drying (Bonada et al. 2007b,

161 Grubbs 2011, Vander Vorste et al. 2016), biodiversity in PRs and IRs may be

162 similar or IR biodiversity may be higher. Assessing the differences in

163 biodiversity between PRs and IRs and understanding the conditions under

164 which those differences differ is increasingly important for predicting aquatic

165 biodiversity changes in the face of global change.

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168 Methods

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170 Data selection

171 We identified published studies that recorded biodiversity of PRs and IRs from

172 an ISI Web of Knowledge (https://www.accesowok.fecyt.es/) literature search

173 considering a time span from the 1900s to the 21st of August 2014 (Leigh et al.

174 2016a). Leigh et al (2016a) used a comprehensive search string of multiple

175 terms for IRs which resulted in 10800 records and then filtered these

176 publications using further search terms associated with key topics of research

177 on IR ecology and management: invertebrate ecology, fish ecology,

biogeochemistry, and ecological and hydrological assessment. They then

screened the resultant groups of records manually to ensure relevancy to the

180 topics and IR research more generally (e.g. removing studies in the medical

field), obtaining 1237 publications (see Table S2 in Leigh et al. 2016a for full

182 details of search parameters and screening criteria).

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184 For this study, we re-screened each of the 1237 publications to select 185 those relevant for the meta-analysis according to the following criteria: the 186 publication had to discuss or provide direct insight into the ecology and/or 187 management of PRs and IRs, the sampling design had to include sites which 188 were not located along the same river (i.e. sites must be hydrologically 189 independent), and the publication had to include means and standard 190 deviations (SDs) of biodiversity measures (e.g. taxonomic richness, Shannon-191 Wiener diversity index) for each river type (PRs and IRs) or enough information 192 to calculate these values. This selection resulted in a total of 63 publications, 44 193 with replicated data (i.e. studies with more than one PR and IR each from which 194 the means and SDs were obtained) and 19 with non-replicated data (i.e. only 195 one PR or IR from which biodiversity data was obtained) (see Appendixes S1 196 and S2 for the full reference details of these publications). Most studies were 197 conducted in North America, Europe and Australia. Very few studies were from 198 Africa and Asia, and none were from South America (Figure 1). For studies 199 investigating biodiversity in more than one distinct region (e.g. South Africa and 200 Australia) we derived biodiversity data separately for each region, whereas for 201 studies which investigated multiple groups of organisms (e.g. fish, invertebrates, 202 diatoms), we randomly chose one group only. Each of these individual 203 investigations are referred to and counted as one study for simplicity. 204 205 We most commonly extracted means, SDs, and number of sites (n)

directly, computed them from text and/or tables in the studies (27 studies), or

207 obtained them directly from authors (26 studies). For the remaining 10 studies,

208 we extracted data from figures using Plot Digitiser

209 (www.plotdigitizer.sourceforge.net/). Where multiple measures of biodiversity 210 (e.g. taxonomic richness, evenness, Shannon-Wiener diversity index) were 211 available, we preferentially extracted richness data due to it being the most 212 commonly reported measure across all studies. Only one study reported the 213 Shannon-Wiener diversity index alone. We included both these measures (i.e. 214 richness and the Shannon-Wiener diversity index) together in our analysis 215 because our aim was to provide a general summary of the difference in 216 biodiversity among groups (i.e. PRs and IRs) (Scheiner and Gurevitch 2001). 217 Then, for each individual publication, we obtained information on site or 218 sampling characteristics. In particular, we considered the following 6 factors, 219 each with several levels within: climate, sampling season, habitat, longitudinal 220 zonation, level of anthropogenic disturbance, and taxonomic group (Table 1, 221 Appendix S3). We created different subsets of data using the levels of these 222 factors and analysed them separately.

223

224 Effect size estimate

For replicated studies (with n > 1 PRs and n > 1 IRs, n_{PR} and n_{IR}, respectively), we obtained effect sizes using Hedge's g, which corresponds to the difference between the means of biodiversity in PRs and IRs ($\overline{PR} - \overline{IR}$) divided by the pooled standard deviation (S_{within}) and with a correction for small sample bias (J) (Rosenberg et al. 2000, Borenstein et al. 2009):

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$$g = \frac{\overline{PR} - \overline{IR}}{S_{\text{within}}} J, S_{\text{within}} = \sqrt{\frac{(n_{PR} - 1)SD_{PR}^2 + (n_{IR} - 1)SD_{IR}^2}{n_{PR} + n_{IR} - 2}}, J = 1 - \frac{3}{4(n_{PR} + n_{IR} - 2) - 1}$$

231 The variance of g was given by:

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$$V_{g} = \left(\frac{n_{PR} + n_{IR}}{n_{PR}n_{IR}} + \frac{\left(\frac{\overline{PR} - \overline{IR}}{S_{within}}\right)^{2}}{2(n_{PR} + n_{IR})}\right) J^{2}$$

For non-replicated studies, where means and standard deviations were not available, we obtained effect sizes using log(PR/IR), known as the response ratio. Following Hedges et al. (1999; see also equation 4.30 and 4.31 in Borenstein et al. 2009), we also computed the response ratio for replicated studies for comparison with the non-replicated studies, but we did not include it in the estimation of weighted effect sizes.

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240 Weighted mean effect size

241 We used random effects models in all cases because we assumed that the true 242 effect sizes vary among studies (Borenstein et al. 2009). This assumption is 243 justifiable as our meta-analysis included a wide variety of studies that, for 244 example, investigated different organisms or were conducted using different 245 sampling methods. Statistically, this choice of meta-analytic model consists in estimating (i) the between-studies variance (T^2 ; see equations 12.2, 12.3, 12.4 246 and 12.5 in Borenstein et al. 2009) and (ii) the total variance ($V_i = V_a + T^2$) to (iii) 247 248 assign the weight of each study ($W_i = 1/V_i$). Model outputs included the 249 weighted mean effect size (wES) and its confidence interval, and a test of the 250 hypothesis that the true wES is zero, following standard methods described in 251 Borenstein et al. (2009). We estimated wES for the entire dataset (e.g. 252 considering all replicated data in the one random effects model) and for each of 253 the subsets of data separated by the 6 factors listed above (Table 1). For these

subset analyses, the models were estimated without the intercept (Viechtbauer
2010). With this parameterization, a pooled value of T² was used, a procedure
recommended by Borenstein et al. (2009) to increase the accuracy of the
estimate of the between-studies variance.

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We used a forest plot to illustrate the results of the meta-analysis. This plot shows the effect sizes and confidence intervals of each study and the wES (Gates 2002). A significant model (or a wES whose confidence interval does not include zero) indicates a significant difference between PR and IR biodiversity. The magnitude of the wES indicates the amount of difference between the two river types. Here, a positive wES indicates that biodiversity in PRs is higher than in IRs.

266

267 **Publication bias**

268 First, we visually assessed publication bias in the replicated studies using a 269 funnel plot of effect size against a measure of study size or precision (e.g. the 270 standard error of the effect size) (Sterne et al. 2011). Visually asymmetrical 271 funnel plots usually indicate publication bias, whereas symmetrical ones 272 indicate negligible publication bias. Second, we calculated the fail-safe number 273 according to Orwin's equation (Orwin 1983), which gives the number of studies 274 needed to reduce the average effect size to a pre-specified value, which is 275 considered unimportant. We tested a range of values (with steps of 0.2) from 276 0.2 to 0.8 (corresponding, approximately, to half of the unweighted mean effect 277 size). Third, we calculated the fail-safe number according to Rosenthal's approach ("file drawer analysis"). This indicates the number of missing studies 278

279 (i.e. those unpublished or available but not captured by the literature search and 280 selection process) needed to be retrieved and incorporated in the analysis to 281 eliminate bias (Borenstein et al. 2009). A high value indicates that a meta-282 analysis (i.e. estimated effect size) is robust to publication bias, given that we 283 would need a large number of studies to nullify the effect size. Finally, as a 284 sensitivity analysis, we applied the trim-and-fill method (Duval and Tweedie 285 2000a, b). This method estimates and adjusts meta-analysis results for the 286 numbers and outcomes of missing studies.

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We checked our meta-analysis against the quality criteria provided by Koricheva et al. (2013). We fulfilled all applicable criteria. We computed all statistics using the R 3.3.1 freeware (R Core Team 2015) and the libraries metafor (Viechtbauer 2010) and rmeta (Lumley 2012).

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293

294 **Results**

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296 **Overall differences between IRs and PRs**

The overall meta-analysis revealed a statistically significant difference in PR and IR biodiversity (considering all replicate studies together), with a positive overall effect size (wES = 0.879, Table 2), thus indicating a significantly higher biodiversity in PRs than in IRs (Figure 2). Positive effect sizes for the individual studies ranged from 0.01 to 7.95; negative effect sizes were smaller, ranging from -1.10 to -0.04 (Figure 2). Accordingly, heterogeneity among studies was highly significant (Q = 89.317, df = 43; P < 0.0001).

Log response ratios estimated for replicated (weighted mean effect size $[log(PR/IR)] = 0.38 \pm 0.05$ SE) and non-replicated (unweighted mean effect size $[log(PR/IR)] = 0.25 \pm 0.08$ SE) studies were also positive (Appendix S4). The majority of non-replicated studies had effect sizes located in the positive side of the forest plot (Appendix S4), again indicating that biodiversity in PRs was, in most cases, higher than in IRs.

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312 Specific differences in biodiversity between IRs and PRs

For most levels of the 6 factors, wES was significantly positive (Table 2),

indicating higher biodiversity in PRs than IRs. We detected differences between

315 PR and IR biodiversity for studies conducted within arid (B), temperate (C), cold

316 (D) or multiple climate zones; within studies that considered dry, wet, or multiple

317 seasons; a multi-habitat sampling regime; samples from headwaters or multiple

318 longitudinal zones; sites subject to low and medium-high levels of

319 anthropogenic disturbance; and that included macroinvertebrates (Table 2). We

320 found non-significant results for polar climates (E); riffle, pool, and stone

habitats; middle reaches; fish, algae and macrophytes (Table 2).

322

323 **Publication bias**

Although the funnel plot visually approached asymmetry (Figure 3a), fail-safe

325 numbers and the sensitivity analysis indicated minimal bias. According to

326 Orwin's method, even if a substantial effect size (0.8) is conservatively assumed

327 as unimportant, a large number of unpublished studies would still be needed

328 (Orwin's fail safe N = 38 studies) with no differences between the types of rivers

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329 for the estimated effect size to be reduced to an "unimportant" value. As 330 expected, this number increases substantially when lower effect sizes (i.e. 0.6, 331 0.4, and 0.2) are used in Orwin's equation (Orwin's fail safe N = 67, 124, and332 295, respectively). According to Rosenthal's approach, the fail-safe number was 333 1352, suggesting that a large number of studies with non-significant differences 334 between types of rivers would be needed to reverse the conclusion that PRs 335 were more biodiverse than IRs. According to the trim and fill approach, only 6 336 studies were potentially missing from our analysis that if present would produce 337 a symmetrical funnel plot (Figure 3b). The wES estimated by this method was 338 similar to the one reported above (trim and fill wES = 0.776 ± 0.178 ; 95 % CI = 339 0.427 to 1.125).

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341

342 **Discussion**

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344 The studies analysed here compared biodiversity in PRs and IRs across a wide 345 range of environmental conditions. We found a significantly higher biodiversity in PRs than in IRs, which confirmed our primary hypothesis. This finding 346 347 agrees with individual studies showing that PRs are more species-rich than IRs 348 and that flow intermittence is a disturbance that constrains a aquatic biodiversity 349 (e.g. Del Rosario and Resh, 2000, Storey and Quinn 2008, Bogan et al. 2013). 350 However, several individual studies included in our meta-analysis found similar 351 values of biodiversity in PRs and IRs; in these cases, the characteristic taxa found in IRs during the dry period compensated for the loss of taxa present 352 353 during flow (e.g. Miller and Golladay 1996, Casas and Langton 2008, Santos

and Stevenson 2011). Few of the studies analysed here had higher biodiversity
in IRs than in PRs (e.g. Price et al. 2003, Bonada et al. 2007, Alexandre et al.
2013). The persistence of isolated pools during the dry season in IRs, which
favours the presence of a wide variety of species found exclusively in lentic
waters and/or that prefer such habitat, may have increased IR biodiversity in
these cases (Bonada et al. 2006a).

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Although we found overall support for the hypothesis that PR biodiversity 361 362 is higher than IR biodiversity, IRs occur throughout the globe, including many in 363 regions in Africa, Asia or South America not covered by our meta-analysis 364 (Datry et al. 2016a, Leigh et al. 2016a). In addition, most of the papers analysed 365 here consider the most commonly studied taxonomic groups in river ecology 366 (i.e. macroinvertebrates, fish, algae and macrophytes); no papers examining 367 other highly diverse groups such as microbes (Palmer et al. 2000) fulfilled our selection criteria. To increase the robustness of our meta-analysis, there is a 368 369 need for future research on studies comparing PRs and IRs biodiversity in 370 regions beyond those included here and across a wider variety of taxonomic 371 groups. This would provide a more comprehensive view of the effects of flow 372 intermittence on aquatic biodiversity and the potential effects of current and 373 future global change.

374

Our finding that PR biodiversity was higher than IR biodiversity within cold, arid and temperate (which includes Mediterranean) climates agrees with several studies from arid (e.g. Beugly and Pyron 2010, Leigh 2013, De Jong et al. 2013) and Mediterranean-temperate regions (Progar and Moldenke 2002,

379 Roux et al. 2008, Storey and Quinn 2008). Flow predictability, which is related 380 to climate predictability, plays an important role in shaping species adaptations 381 and thus biodiversity (Lytle and Poff 2004); highly predictable environments 382 (e.g. in predictably seasonal Mediterranean-climate regions) are considered to 383 support higher biodiversity than less predictable ones. However, despite dry 384 riverbeds providing habitat and refuge for terrestrial organisms (Steward et al. 385 2012, Corti et al. 2013, Corti & Datry 2016) and their disconnected pools acting 386 as refuges for aquatic organisms (Bonada et al. 2007a, b, Sheldon et al. 2010, 387 Datry et al. 2014a), flow intermittence is a strong disturbance even in 388 predictable climates (Datry et al. 2014b, Leigh and Datry 2016). Indeed, 389 although some aquatic organisms have traits to cope with flow intermittence 390 (e.g. Bêche et al. 2006, Bonada et al. 2008, Blanchette and Pearson 2012), 391 resistance traits acquired through evolution as a response to drying are much 392 less frequent than resilience traits in IRs (Datry et al. 2014b, Leigh et al. 2016a, 393 Vander Vorste et al. 2016), which would explain our overall result. Of particular 394 concern is our finding of comparatively low biodiversity in arid-zone IRs given 395 aridity is projected to increase in several regions of the world (e.g. the already 396 arid southwest region of USA; Seager et al. 2013).

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Our results do not support the view that differences in biodiversity between PRs and IRs are negligible during the wet season. However, despite the low number of studies considered, we did find support for the hypothesis that biodiversity in PRs is higher than in IRs during the dry season. In this latter case, the low habitat availability in IRs compared to PRs will reduce biodiversity unless isolated pools remain for long periods allowing many species to colonize

and increase community variability among pools within reaches (Bonada et al.
2006a; Leigh and Sheldon 2009). By contrast, during the wet season, despite
IRs having similar habitat availability as PRs, some studies have also shown
that biodiversity may remain relatively low in IRs because fewer species may be
available and able to colonize these habitats and/or because of alterations to
food web structure and dimensions (Datry 2012, McHugh et al. 2015).

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411 Aquatic organisms (i.e. macroinvertebrate, fish, algae and macrophytes) 412 have adaptations to particular instream habitats, from riffles to pools (Bonada et 413 al. 2006a, Dallas 2007, Bonada et al. 2008). Most likely due to the small 414 number of studies in the subsets, our hypothesis regarding habitat (i.e. 415 biodiversity in PR riffles may be higher than in IR riffles, whereas the opposite 416 pattern may be observed in pools) was not supported. However, studies 417 sampling multiple habitats showed a higher biodiversity in PRs than in IRs, 418 which agrees with findings from Graça et al. (2004), Belmar et al. (2013) and 419 Leigh et al. (2013a). Multi-habitat sampling may be a better method to account 420 for biodiversity of rivers (Leitão et al. 2014) because species characteristic of 421 individual habitats may not occur across all habitat types (Bonada et al. 2006b; 422 Cid et al. 2016).

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The aquatic biodiversity of a particular reach not only depends on instream habitat characteristics, but also on the regional biodiversity and the balance between dispersal and abiotic/biotic factors. The river network structure plays an essential role for the dispersion of aquatic organisms and thus helps determine aquatic biodiversity patterns (Altermatt 2013). In PRs, biodiversity in

429 lowland reaches is driven by mass effects whereas abiotic/biotic factors are 430 considered more important in their headwaters (Brown and Swan 2010). In IRs, 431 the relative role of dispersal versus abiotic/biotic factors depends not only on 432 the hydrological phase of the reach (i.e. flowing, non-flowing, dry) but also on 433 where the drying event occurs along the river network (Datry et al. 2014b, 434 2016c, d). We were unable to test how different configurations of drying events 435 affect a aquatic biodiversity but, although more studies are needed for middle 436 reaches, our results on longitudinal zonation agreed with our initial hypothesis. 437 Flow and river characteristics change with longitudinal zonation and, according 438 to the River Continuum Concept, alpha-diversity is expected to peak at middle 439 reaches (Vannote et al. 1980, Finn et al. 2011). Indeed, the low alpha 440 biodiversity in headwaters and their high isolation make them highly vulnerable 441 to biodiversity loss by flow intermittence and hampers recolonization after flow 442 resumption unless communities in IR headwaters are dominated by resistance 443 strategies to drying (Datry et al. 2014b, 2016a). In contrast, middle reaches 444 have higher alpha biodiversity and less isolation (Finn et al. 2011), resulting in 445 no differences between PRs and IRs. On the other hand, headwaters make up 446 a large proportion of all river networks (Naiman 1983, Benda et al. 2005) and 447 the studies included in our analyses that were conducted in multiple reaches 448 also included a higher proportion of headwater sites, supporting the hypothesis 449 that PRs have a higher biodiversity than IRs when examined across multiple 450 reaches (i.e. at large spatial scales). We suggest, however, that these 451 interpretations should be viewed with caution due to the small number of 452 studies in middle reaches.

453

454 Anthropogenic disturbances often decrease biodiversity by homogenising 455 communities (Rahel 2002). Despite this, we found higher biodiversity in PRs 456 than in IRs regardless of the level of anthropogenic disturbance (i.e. low or 457 medium-high). We acknowledge, however, that our categorization of 458 anthropogenic disturbances was coarse and more studies comparing 459 biodiversity in PRs and IRs under more explicit and different disturbance 460 categories are needed. The effect of anthropogenic disturbances on IRs is a relatively novel topic that is being considered in terms of management and 461 462 conservation of river ecosystems (e.g. Skoulikidis et al. 2017). Current 463 bioassessment methods are designed to detect the impacts of anthropogenic 464 disturbances (Bonada et al. 2006b) but typically fail when applied to IRs. This 465 means that the lower biodiversity of IRs compared to PRs cannot simply be 466 interpreted as indicative of anthropogenic impairment. New methods for IR 467 bioassessment must be designed that can disentangle natural from 468 anthropogenic disturbances (Prat et al. 2004, Leigh et al. 2013b). 469

470 Biodiversity has been related to ecosystem resilience (defined by Holling 471 1973, "as the magnitude of disturbance that a system can experience before it 472 shifts into a different state"), however, there is uncertainty about how ecosystem 473 resilience will respond to increases in levels of anthropogenic disturbance and 474 consequent impacts on biodiversity (Steffen et al. 2004). Walker and Meyer 475 (2004) suggested that ecosystems might respond gradually to biodiversity loss, 476 whereas Gunderson and Pritchard (2002) suggested that ecosystems will 477 respond strongly, because crossing the threshold of biodiversity loss will 478 produce sudden and dramatic changes in the responding state factors. Indeed,

479 higher numbers of species are expected to increase the ability to recover from 480 disturbances (Holling 1978, Folke et al. 2004). If IRs have significantly lower 481 biodiversity than PRs, as found by us, ecosystem resilience could be affected. 482 However, IR taxa have particular adaptations for surviving and recovering from 483 drying (Lake 2011, Blanchette and Pearson 2012; Leigh et al. 2016b), which 484 may help to mitigate the effects of future co-occurring disturbances (Mori et al. 485 2013, Vander Vorste et al. 2016). Although a growing number of studies on IRs 486 consider ecosystem resilience (e.g. using functional characteristics of species: 487 Bruno et al. 2016, Vander Vorste et al. 2016), the ecosystem effects of 488 biodiversity loss in these systems needs to be investigated.

489

490 As a result of global change, extreme climatic events are expected to 491 increase in frequency and intensity, with an increase in drying frequency, 492 duration, and/or intensity in many regions (Beniston et al. 2007, Palmer et al. 493 2008, Döll and Schmied 2012). Some regions will experience shifts from PRs to 494 IRs, whereas other regions will show the contrary pattern (Döll and Schmied 495 2012). If these hydrological regime shifts occur faster than the evolutionary 496 scale at which species acquire adaptive traits (Filipe et al. 2013), dramatic 497 effects on aquatic biodiversity and ecosystem processes and services will result 498 (Datry et al. 2014a, IPCC 2014, Ledger and Milner, 2015). In regions where 499 PRs will shift to IRs, loss of species poorly adapted to dry conditions can be 500 expected (Phillipsen and Lytle 2013, Jaeger et al. 2014). Our findings suggest 501 such losses may be particularly relevant for certain taxonomic groups (i.e. 502 macroinvertebrates) and under particular environmental conditions or in certain 503 regions (e.g. in arid and temperate climate zones, and in headwaters).

504 However, IRs communities of species with strong dispersal capacity and high 505 fecundity may be minimally affected and able to colonize these novel IRs 506 (Arscott et al. 2010, Datry et al. 2014a, b). In regions where IRs will shift to PRs, 507 the expected increase in biodiversity in these novel PRs will ultimately depend 508 on the connectivity to other PRs. PRs highly connected to novel PRs might 509 maintain biodiversity, whereas the biodiversity in of highly isolated PRs may 510 decline. As highly dynamic metacommunities are expected to dominate in this 511 future scenario of IRs shifting to PRs and vice versa (Datry et al. 2016b). 512 conservation efforts to reduce the risk of undesired hydrological regime shifts 513 should be prioritized to avoid effects on ecosystem resilience (Folke et al. 2004) 514 and could be targeted towards those environmental conditions or taxonomic 515 groups with significant differences between PR and IR biodiversity. 516

517

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519

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- 530
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- Table 1. Description of the environmental and biological factors and levels
- 865 within each factor, identified from individual publications and used in our meta-

ENVIRONMENTAL FACTORS	Levels	Observations			
		Dominant climate of each system was			
		determined according to the Köppen			
		classification of Peel et al. (2007),			
		which considers 5 general climates:			
Climate		tropical (A), arid (B), temperate (C),			
Climate	B, C, D, E, Multiple	cold (D), and polar (E). No studies			
		were carried out in the tropical (A)			
		climate and thus it is not included			
		here. Multiple includes a combination			
		of these climates.			
	Dry, Wet, Multiple	Multiple refers to studies that sampled			
		in both dry and wet seasons, or at			
Sampling season		multiple times of year in regions that			
		cannot be described simply in terms			
		of dry-wet seasonality			
	Difflee Deele	Multihabitat includes riffles and pools.			
Habitat	Rimes, Pools,	Stones refer to rock fragments of			
	Stones, Mutinabitat	more than 25 cm.			
		Headwater reaches refer to a			
		catchment area <100km ² , or a stream			
	Hoodwatars Middla	order equal to or less than 3. Middle			
Longitudinal Zonation	Multiplo	refers to reaches with a catchment			
	manple	area between 100 and 1000 $\rm km^2$ or a			
		stream order of 4-6. Large refers to a			
		catchment area >1000km ² . Multiple			

866 analysis with replicated data.

includes headwaters, middle and large reaches.

		This factor was considered very			
	Low, Medium-High	general and did not distinguishspecific			
		types of disturbance (e.g. hydrological			
		vs morphological). Low levels were			
		distinguished from Medium-High			
		levels on the basis of information			
Anthronogenic disturbance		available in the published studies (e.g.			
		Low levels were assigned to sites			
		within reserves; Medium-High to sites			
		in urban areas). Medium and high			
		levels of disturbance were difficult to			
		differentiate based on information			
		provided in studies and were thus			
		combined .			
BIOLOGICAL FACTORS	Levels				
Taxonomic group	Macroinvertebrates, Fish, Algae/Macrophytes				

Table 2. Results of the random effects models for the overall design (with and
without trim-and-fill) and for the levels of the 6 factors. Bold typeface indicates p
< 0.005. N = number of studies considered in each level; wES = weighted mean
effect size; SE = Standard Error of the estimates; ci.lb and ci.ub = confidence
interval (lower and upper limits, respectively). See Table 1 for a description of
the factors and levels.

		Model Results					
		N	wES	SE	p-value	ci.lb	ci.ub
OVERALL DESIGN		44	0.879	0.169	<0.0001	0.549	1.209
ENVIRONMENTAL FACTORS	LEVELS						
	В	6	0.946	0.454	0.0373	0.056	1.836
	С	28	0.735	0.203	0.0003	0.336	1.133
Climate	D	4	1.766	0.726	0.0150	0.343	3.188
	E	3	1.369	1.204	0.2556	-0.991	3.729
	Multiple	3	1.244	0.556	0.0254	0.153	2.334
	Dry	10	1.304	0.387	0.0007	0.546	2.061
Sampling season	Wet	7	0.964	0.400	0.0159	0.180	1.748
	Multiple	27	0.719	0.222	0.0012	0.283	1.155
	Riffles	4	0.754	0.600	0.2089	-0.422	1.929
Habitat	Pools	2	0.734	1.123	0.5132	-1.467	2.935
	Stones	1	0.009	0.777	0.9912	-1.515	1.532
	Multihabitat	32	0.994	0.194	<0.0001	0.613	1.375
	Headwaters	24	0.988	0.263	0.0002	0.472	1.504
Longitudinal zonation	Middle	1	-0.588	1.390	0.6723	-3.312	2.137
	Multiple	11	1.028	0.295	0.0005	0.451	1.605
Anthropogonia disturbanco	Low	27	0.783	0.210	0.0002	0.372	1.195
Anthropogenic disturbance	Medium-High	14	1.016	0.293	0.0005	0.443	1.590
BIOLOGICAL FACTORS	LEVELS						
	Macroinvertebrate	36	1.059	0.181	<0.0001	0.704	1.413
Taxonomic group	Fish	6	0.446	0.411	0.2783	-0.360	1.252
	Algae/Macrophytes	2	0.024	0.509	0.9619	-0.974	1.022

Figure legends

Figure 1. Distribution of publications, identified from an ISI Web of Knowledge literature search by Leigh et al. (2016a), that examined biodiversity in hydrologically independent perennial and intermittent rivers (PRs and IRs, respectively). White stars refer to studies with non-replicated data for PRs and/or IRs (n = 19), whereas black stars refer to studies with replicated data for PRs and IRs (n = 44).

Figure 2. Forest plot for the overall design of the original model (without trimand-fill) considering the 44 replicated studies ordered by increasing effect size from the top to the bottom. Each study is indicated in the left column with the first author and the year of publication (see Appendix 1 for the complete reference). Effect sizes of each study (using the standardized mean difference) with their corresponding confidence intervals are displayed in the centre of the plot with the exact values on the right. The filled diamond at the bottom shows the weighted mean effect size (wES) estimated by the model with the edges of the diamond showing the corresponding confidence interval.

Figure 3. Funnel plots for the overall design using replicated studies without and with trim-and-fill, (a) and (b) panels, respectively. Filled circles represent the individual replicated studies, whereas open circles represent the missing studies required to produce a symmetrical plot.