## Biodiversity in perennial and intermittent rivers: a meta-analysis

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#### Abstract

Comprehensive knowledge of the effects of disturbances on biodiversity is crucial for conservation and management, not least because ecosystems with low biodiversity may be the most vulnerable. In rivers, the role of disturbance in shaping aquatic biodiversity has mainly focused on floods. Perennial rivers (PRs) often flood, whereas intermittent rivers (IRs) flood, stop flowing and dry. Despite the recent and significant increase in research on IRs, controversy remains about whether they are more or less biodiverse than PRs. Our aim was to determine (Q1) if PRs and IRs differ in biodiversity and (Q2) if the direction and magnitude of the differences (effect sizes) are related to environmental (climate, season, habitat, longitudinal zonation and anthropogenic disturbance) and/or biological factors (taxonomic group). We conducted a meta-analysis on 44 published studies of PR and IR biodiversity that had replicated data. We applied random effects models to the data to obtain weighted mean effect sizes for differences between PRs and IRs, and their confidence intervals, by first considering all studies and then by splitting studies into groups on the basis of the above factors. We found that biodiversity was significantly higher in PRs than in IRs (Q1). We also detected significant differences (PRs>IRs) in studies of macroinvertebrates, in those conducted within arid and temperate climates, dry and wet sampling seasons, headwaters, and regions subject to different levels of anthropogenic disturbance (Q2). Our meta-analysis suggests that the expected increase in the prevalence of IRs in certain regions of the world due to global change could result in a decrease in freshwater biodiversity. To better manage and preserve aquatic biodiversity under future global change scenarios


and to avoid potential ecosystem consequences of biodiversity loss, conservation efforts should be targeted towards those environmental conditions or taxonomic groups with significant differences (PRs>IRs).

Keywords: disturbance, flow intermittence, fluvial ecosystems, global change, temporary rivers

## Introduction

Understanding how disturbance influences biodiversity is a recurrent topic in community ecology (Pianka 1966, Huston 1979, Hughes et al. 2007).

Disturbance includes a wide variety of phenomena acting at multiple temporal (e.g. from days to eons) and spatial (e.g. from local to biogeographical) scales, with multiple potential consequences for populations, communities and ecosystems (Dornelas 2010). Ecologists hypothesised many years ago that disturbance decreased biodiversity and favoured ecological succession (Clements 1916) and that intermediate levels of disturbance enhanced biodiversity (Connell 1978, but see Fox 2013). Effects of disturbance on biodiversity have been studied in many ecosystems and across multiple taxonomic groups (e.g. Horner-Devine et al. 2004, Granham et al. 2009, Barlow et al. 2016). Most studies highlight the negative effects of disturbance on biodiversity (e.g. Loreau et al. 2001, Wardle et al. 2011, Hooper et al. 2012), while only few show the contrary pattern (e.g. Thom and Seidl 2015, Brunbjerg et al. 2015). Understanding and predicting when and how biodiversity might change following disturbance is crucial for effective conservation and management (Dornelas 2010).

The role of disturbance in shaping aquatic biodiversity has focused mainly on flood and drying events (Resh et al. 1988, Giller 1996). Flood events are pulse disturbances that occur relatively quickly (Junk et al. 1989, Ward and Stanford 1995), disrupting habitat conditions and eliminating individuals (Poff et al. 1997, Lake 2000). In contrast, drying events are ramp disturbances that
reduce aquatic habitat and eventually result in flow cessation and/or complete loss of surface water from the streambed, and can reduce aquatic biodiversity drastically (Williams 1996, Lake 2000). Floods enhance connectivity among aquatic habitats, whereas drying fragments them (Stanley et al. 1997, Boulton 2003). Although it is widely known that floods and drying events affect the structure and function of rivers (Bonada et al. 2007a, Reich and Lake 2015) and that research on drying events has significantly increased during the last decade (Leigh et al. 2016a), the effects of floods have been more frequently reported that those of drying events (e.g. Datry et al. 2007, Lake et al. 2007). This may be because floods occur in all river types, whereas drying events are particular to intermittent rivers (IRs), in which surface flow ceases at some point in time and space (Acuña et al. 2014, Datry et al. 2014a, Leigh et al. 2016a). In contrast, perennial rivers (PRs) are characterized by continuous flow.

IRs are probably the most common fluvial ecosystems in the world (Datry et al. 2016a), and therefore drying events are probably more ubiquitous than previously thought. In addition, many PRs are expected to transition to IRs in the near future as a result of global change and increased human demand for fresh water (Palmer et al. 2008, Döll and Schmied 2012), increasing the importance and relative contribution of IR ecosystems to global aquatic biodiversity. However, although research on IRs is in what has been described as a boom phase (Datry et al. 2011, Leigh et al. 2016a), debate remains over whether IRs are more or less biodiverse than PRs. Some studies find that IRs are less biodiverse (e.g. Del Rosario and Resh 2000, Storey and Quinn 2008, Bogan et al. 2013), whereas others find the opposite (e.g. Dietrich and

Anderson 2000), or no difference between IR and PR biodiversity (e.g. Miller and Golladay 1996, Casas and Langton 2008, Santos and Stevenson 2011). Clearly, a more thorough understanding and test of the biodiversity difference between PRs and IRs is required.

Biodiversity between PRs and IRs might differ depending on several factors. First, biodiversity in IRs can depend on how flow regime characteristics, which change among climatic zones, forge adaptations to drying (Boulton 2003, Lytle and Poff 2004). For example, the higher number of unique taxa in IRs than PRs in Mediterranean climates has been related to their predictable flow regimes (Bêche et al. 2006, Munné and Prat 2011). Second, biodiversity between PRs and IRs can vary seasonally. During the wet season, when both PRs and IRs flow, their biodiversity is more likely to be similar (Delucchi 1988, Garcia-Roger et al. 2011), whereas during the dry season, IRs will likely have lower aquatic habitat availability than PRs, and thus lower aquatic biodiversity. Third, as biodiversity varies among habitats in PRs and IRs (Garcia-Roger et al. 2013), habitat type is another relevant factor to consider. Riffles in IRs might host a lower biodiversity than in PRs because this habitat is the first to disappear during drying (Bonada et al. 2006a), whereas pools might show the contrary pattern if isolated pools remain in IRs during drying (Bonada et al. 2006a, Leigh and Sheldon 2009, Boersma et al. 2014). Fourth, biodiversity differences between PRs and IRs may vary with longitudinal zonation. IR headwaters might have lower biodiversity than PR headwaters because their greater isolation might hamper recolonization after drying (Finn et al. 2011, Datry et al. 2016b, c), whereas no significant landscape barriers would affect
recolonization of middle reaches (of free-flowing rivers, at least). However, and fifthly, anthropogenic disturbance may dampen differences in biodiversity between PRs and IRs by homogenizing and simplifying communities (Rahel 2002) regardless of flow regime, climate, habitat, season, or the taxonomic group considered. Finally, the magnitude of change between biodiversity in PRs and IRs may vary depending on the taxonomic group considered (i.e. macroinvertebrates, fish, algae or macrophytes) because despite some taxa within all groups having traits of resistance and/or resilience to drying (Bonada and Resh 2013), their evolutionary history, species biodiversity and ecological tolerance varies. For example, although algae and macrophyte species are much more widespread than other freshwater groups, they have a limited set of biological adaptations to flow variation (e.g. see Lange et al. 2016 for algae in comparison to Tachet et al. 2002 for macroinvertebrates).

Here, we investigated the above hypotheses by comparing biodiversity in PRs and IRs using a meta-analytic approach. Specifically, we sought to determine (Q1) whether PR and IR biodiversity differ and (Q2) whether the direction and magnitude of any difference is related to the environmental (i.e. climate, season, habitat, longitudinal zonation, anthropogenic disturbance) or biological factors (i.e. taxonomic group) hypothesised to affect biodiversity patterns in river ecosystems. For our main question (Q1), we hypothesized that biodiversity should be lower in IRs than in PRs (e.g. Fritz and Dodds 2002, Storey and Quinn 2008, Bogan et al. 2013) because IRs are subject to drying events that act primarily as a disturbance decreasing aquatic biodiversity (Leigh and Datry 2016). However, if this loss of taxa in IRs is compensated by taxa
with resistance and resilience traits to cope with drying (Bonada et al. 2007b, Grubbs 2011, Vander Vorste et al. 2016), biodiversity in PRs and IRs may be similar or IR biodiversity may be higher. Assessing the differences in biodiversity between PRs and IRs and understanding the conditions under which those differences differ is increasingly important for predicting aquatic biodiversity changes in the face of global change.

## Methods

## Data selection

We identified published studies that recorded biodiversity of PRs and IRs from an ISI Web of Knowledge (https://www.accesowok.fecyt.es/) literature search considering a time span from the 1900s to the $21^{\text {st }}$ of August 2014 (Leigh et al. 2016a). Leigh et al (2016a) used a comprehensive search string of multiple terms for IRs which resulted in 10800 records and then filtered these publications using further search terms associated with key topics of research on IR ecology and management: invertebrate ecology, fish ecology, biogeochemistry, and ecological and hydrological assessment. They then screened the resultant groups of records manually to ensure relevancy to the topics and IR research more generally (e.g. removing studies in the medical field), obtaining 1237 publications (see Table S2 in Leigh et al. 2016a for full details of search parameters and screening criteria).

For this study, we re-screened each of the 1237 publications to select those relevant for the meta-analysis according to the following criteria: the publication had to discuss or provide direct insight into the ecology and/or management of PRs and IRs, the sampling design had to include sites which were not located along the same river (i.e. sites must be hydrologically independent), and the publication had to include means and standard deviations (SDs) of biodiversity measures (e.g. taxonomic richness, ShannonWiener diversity index) for each river type (PRs and IRs) or enough information to calculate these values. This selection resulted in a total of 63 publications, 44 with replicated data (i.e. studies with more than one PR and IR each from which the means and SDs were obtained) and 19 with non-replicated data (i.e. only one PR or IR from which biodiversity data was obtained) (see Appendixes S1 and S2 for the full reference details of these publications). Most studies were conducted in North America, Europe and Australia. Very few studies were from Africa and Asia, and none were from South America (Figure 1). For studies investigating biodiversity in more than one distinct region (e.g. South Africa and Australia) we derived biodiversity data separately for each region, whereas for studies which investigated multiple groups of organisms (e.g. fish, invertebrates, diatoms), we randomly chose one group only. Each of these individual investigations are referred to and counted as one study for simplicity.

We most commonly extracted means, SDs, and number of sites ( n ) directly, computed them from text and/or tables in the studies (27 studies), or obtained them directly from authors (26 studies). For the remaining 10 studies, we extracted data from figures using Plot Digitiser
(www.plotdigitizer.sourceforge.net/). Where multiple measures of biodiversity (e.g. taxonomic richness, evenness, Shannon-Wiener diversity index) were available, we preferentially extracted richness data due to it being the most commonly reported measure across all studies. Only one study reported the Shannon-Wiener diversity index alone. We included both these measures (i.e. richness and the Shannon-Wiener diversity index) together in our analysis because our aim was to provide a general summary of the difference in biodiversity among groups (i.e. PRs and IRs) (Scheiner and Gurevitch 2001). Then, for each individual publication, we obtained information on site or sampling characteristics. In particular, we considered the following 6 factors, each with several levels within: climate, sampling season, habitat, longitudinal zonation, level of anthropogenic disturbance, and taxonomic group (Table 1, Appendix S3). We created different subsets of data using the levels of these factors and analysed them separately.

## Effect size estimate

For replicated studies (with $n>1$ PRs and $n>1 I R s, n_{P R}$ and $n_{I R}$, respectively), we obtained effect sizes using Hedge's g , which corresponds to the difference between the means of biodiversity in PRs and $\mathrm{IRs}(\overline{\mathrm{PR}}-\overline{\mathrm{IR}})$ divided by the pooled standard deviation ( $\mathrm{S}_{\text {within }}$ ) and with a correction for small sample bias (J) (Rosenberg et al. 2000, Borenstein et al. 2009):
$\mathrm{g}=\frac{\overline{\mathrm{PR}}-\overline{\mathrm{IR}}}{\mathrm{S}_{\text {within }}} \mathrm{J}, \quad \mathrm{S}_{\text {within }}=\sqrt{\frac{\left(\mathrm{n}_{\mathrm{PR}}-1\right) \mathrm{SD}_{\mathrm{PR}}^{2}+\left(\mathrm{n}_{\mathrm{IR}}-1\right) \mathrm{SD}_{\mathrm{IR}}^{2}}{\mathrm{n}_{\mathrm{PR}}+\mathrm{n}_{\mathrm{IR}}-2}}, \quad \mathrm{~J}=1-\frac{3}{4\left(\mathrm{n}_{\mathrm{PR}}+\mathrm{n}_{\mathrm{IR}}-2\right)-1}$
The variance of $g$ was given by:
$232 \quad \mathrm{~V}_{\mathrm{g}}=\left(\frac{\mathrm{n}_{\mathrm{PR}}+\mathrm{n}_{\mathrm{IR}}}{\mathrm{n}_{\mathrm{PR}} \mathrm{n}_{\mathrm{IR}}}+\frac{\left(\frac{\overline{\mathrm{PR}}-\overline{\mathrm{IR}}}{\mathrm{S}_{\text {within }}}\right)^{2}}{2\left(\mathrm{n}_{\mathrm{PR}}+\mathrm{n}_{\mathrm{IR}}\right)}\right) J^{2}$

For non-replicated studies, where means and standard deviations were not available, we obtained effect sizes using $\log (\mathrm{PR} / \mathrm{IR})$, known as the response ratio. Following Hedges et al. (1999; see also equation 4.30 and 4.31 in Borenstein et al. 2009), we also computed the response ratio for replicated studies for comparison with the non-replicated studies, but we did not include it in the estimation of weighted effect sizes.

## Weighted mean effect size

We used random effects models in all cases because we assumed that the true effect sizes vary among studies (Borenstein et al. 2009). This assumption is justifiable as our meta-analysis included a wide variety of studies that, for example, investigated different organisms or were conducted using different sampling methods. Statistically, this choice of meta-analytic model consists in estimating (i) the between-studies variance ( $T^{2}$; see equations $12.2,12.3,12.4$ and 12.5 in Borenstein et al. 2009) and (ii) the total variance $\left(\mathrm{V}_{\mathrm{i}}=\mathrm{V}_{\mathrm{g}}+\mathrm{T}^{2}\right)$ to (iii) assign the weight of each study $\left(\mathrm{W}_{\mathrm{i}}=1 / \mathrm{V}_{\mathrm{i}}\right)$. Model outputs included the weighted mean effect size (wES) and its confidence interval, and a test of the hypothesis that the true wES is zero, following standard methods described in Borenstein et al. (2009). We estimated wES for the entire dataset (e.g. considering all replicated data in the one random effects model) and for each of the subsets of data separated by the 6 factors listed above (Table 1). For these
subset analyses, the models were estimated without the intercept (Viechtbauer 2010). With this parameterization, a pooled value of $\mathrm{T}^{2}$ was used, a procedure recommended by Borenstein et al. (2009) to increase the accuracy of the estimate of the between-studies variance.

We used a forest plot to illustrate the results of the meta-analysis. This plot shows the effect sizes and confidence intervals of each study and the wES (Gates 2002). A significant model (or a wES whose confidence interval does not include zero) indicates a significant difference between PR and IR biodiversity. The magnitude of the wES indicates the amount of difference between the two river types. Here, a positive wES indicates that biodiversity in PRs is higher than in IRs.

## Publication bias

First, we visually assessed publication bias in the replicated studies using a funnel plot of effect size against a measure of study size or precision (e.g. the standard error of the effect size) (Sterne et al. 2011). Visually asymmetrical funnel plots usually indicate publication bias, whereas symmetrical ones indicate negligible publication bias. Second, we calculated the fail-safe number according to Orwin's equation (Orwin 1983), which gives the number of studies needed to reduce the average effect size to a pre-specified value, which is considered unimportant. We tested a range of values (with steps of 0.2 ) from 0.2 to 0.8 (corresponding, approximately, to half of the unweighted mean effect size). Third, we calculated the fail-safe number according to Rosenthal's approach ("file drawer analysis"). This indicates the number of missing studies
(i.e. those unpublished or available but not captured by the literature search and selection process) needed to be retrieved and incorporated in the analysis to eliminate bias (Borenstein et al. 2009). A high value indicates that a metaanalysis (i.e. estimated effect size) is robust to publication bias, given that we would need a large number of studies to nullify the effect size. Finally, as a sensitivity analysis, we applied the trim-and-fill method (Duval and Tweedie 2000a, b). This method estimates and adjusts meta-analysis results for the numbers and outcomes of missing studies.

We checked our meta-analysis against the quality criteria provided by Koricheva et al. (2013). We fulfilled all applicable criteria. We computed all statistics using the R 3.3.1 freeware ( $R$ Core Team 2015) and the libraries metafor (Viechtbauer 2010) and rmeta (Lumley 2012).

## Results

## Overall differences between IRs and PRs

The overall meta-analysis revealed a statistically significant difference in PR and IR biodiversity (considering all replicate studies together), with a positive overall effect size (wES = 0.879, Table 2), thus indicating a significantly higher biodiversity in PRs than in IRs (Figure 2). Positive effect sizes for the individual studies ranged from 0.01 to 7.95 ; negative effect sizes were smaller, ranging from -1.10 to -0.04 (Figure 2). Accordingly, heterogeneity among studies was highly significant $(Q=89.317, d f=43 ; P<0.0001)$.

Log response ratios estimated for replicated (weighted mean effect size $[\log (\mathrm{PR} / \mathrm{IR})]=0.38 \pm 0.05 \mathrm{SE}$ ) and non-replicated (unweighted mean effect size $[\log (\mathrm{PR} / \mathrm{IR})]=0.25 \pm 0.08 \mathrm{SE}$ ) studies were also positive (Appendix S4). The majority of non-replicated studies had effect sizes located in the positive side of the forest plot (Appendix S4), again indicating that biodiversity in PRs was, in most cases, higher than in IRs.

## Specific differences in biodiversity between IRs and PRs

For most levels of the 6 factors, wES was significantly positive (Table 2), indicating higher biodiversity in PRs than IRs. We detected differences between PR and IR biodiversity for studies conducted within arid (B), temperate (C), cold (D) or multiple climate zones; within studies that considered dry, wet, or multiple seasons; a multi-habitat sampling regime; samples from headwaters or multiple longitudinal zones; sites subject to low and medium-high levels of anthropogenic disturbance; and that included macroinvertebrates (Table 2). We found non-significant results for polar climates (E); riffle, pool, and stone habitats; middle reaches; fish, algae and macrophytes (Table 2).

## Publication bias

Although the funnel plot visually approached asymmetry (Figure 3a), fail-safe numbers and the sensitivity analysis indicated minimal bias. According to Orwin's method, even if a substantial effect size ( 0.8 ) is conservatively assumed as unimportant, a large number of unpublished studies would still be needed (Orwin's fail safe $N=38$ studies) with no differences between the types of rivers
for the estimated effect size to be reduced to an "unimportant" value. As expected, this number increases substantially when lower effect sizes (i.e. 0.6, 0.4 , and 0.2 ) are used in Orwin's equation (Orwin's fail safe $\mathrm{N}=67,124$, and 295, respectively). According to Rosenthal's approach, the fail-safe number was 1352, suggesting that a large number of studies with non-significant differences between types of rivers would be needed to reverse the conclusion that PRs were more biodiverse than IRs. According to the trim and fill approach, only 6 studies were potentially missing from our analysis that if present would produce a symmetrical funnel plot (Figure 3b). The wES estimated by this method was similar to the one reported above (trim and fill wES $=0.776 \pm 0.178 ; 95 \% \mathrm{Cl}=$ 0.427 to 1.125).

## Discussion

The studies analysed here compared biodiversity in PRs and IRs across a wide range of environmental conditions. We found a significantly higher biodiversity in PRs than in IRs, which confirmed our primary hypothesis . This finding agrees with individual studies showing that PRs are more species-rich than IRs and that flow intermittence is a disturbance that constrains a aquatic biodiversity (e.g. Del Rosario and Resh, 2000, Storey and Quinn 2008, Bogan et al. 2013). However, several individual studies included in our meta-analysis found similar values of biodiversity in PRs and IRs; in these cases, the characteristic taxa found in IRs during the dry period compensated for the loss of taxa present during flow (e.g. Miller and Golladay 1996, Casas and Langton 2008, Santos
and Stevenson 2011). Few of the studies analysed here had higher biodiversity in IRs than in PRs (e.g. Price et al. 2003, Bonada et al. 2007, Alexandre et al. 2013). The persistence of isolated pools during the dry season in IRs, which favours the presence of a wide variety of species found exclusively in lentic waters and/or that prefer such habitat, may have increased IR biodiversity in these cases (Bonada et al. 2006a).

Although we found overall support for the hypothesis that PR biodiversity is higher than IR biodiversity, IRs occur throughout the globe, including many in regions in Africa, Asia or South America not covered by our meta-analysis (Datry et al. 2016a, Leigh et al. 2016a). In addition, most of the papers analysed here consider the most commonly studied taxonomic groups in river ecology (i.e. macroinvertebrates, fish, algae and macrophytes); no papers examining other highly diverse groups such as microbes (Palmer et al. 2000) fulfilled our selection criteria. To increase the robustness of our meta-analysis, there is a need for future research on studies comparing PRs and IRs biodiversity in regions beyond those included here and across a wider variety of taxonomic groups. This would provide a more comprehensive view of the effects of flow intermittence on aquatic biodiversity and the potential effects of current and future global change.

Our finding that PR biodiversity was higher than IR biodiversity within cold, arid and temperate (which includes Mediterranean) climates agrees with several studies from arid (e.g. Beugly and Pyron 2010, Leigh 2013, De Jong et al. 2013) and Mediterranean-temperate regions (Progar and Moldenke 2002,

Roux et al. 2008, Storey and Quinn 2008). Flow predictability, which is related to climate predictability, plays an important role in shaping species adaptations and thus biodiversity (Lytle and Poff 2004); highly predictable environments (e.g. in predictably seasonal Mediterranean-climate regions) are considered to support higher biodiversity than less predictable ones. However, despite dry riverbeds providing habitat and refuge for terrestrial organisms (Steward et al. 2012, Corti et al. 2013, Corti \& Datry 2016) and their disconnected pools acting as refuges for aquatic organisms (Bonada et al. 2007a, b, Sheldon et al. 2010, Datry et al. 2014a), flow intermittence is a strong disturbance even in predictable climates (Datry et al. 2014b, Leigh and Datry 2016). Indeed, although some aquatic organisms have traits to cope with flow intermittence (e.g. Bêche et al. 2006, Bonada et al. 2008, Blanchette and Pearson 2012), resistance traits acquired through evolution as a response to drying are much less frequent than resilience traits in IRs (Datry et al. 2014b, Leigh et al. 2016a, Vander Vorste et al. 2016), which would explain our overall result. Of particular concern is our finding of comparatively low biodiversity in arid-zone IRs given aridity is projected to increase in several regions of the world (e.g. the already arid southwest region of USA; Seager et al. 2013).

Our results do not support the view that differences in biodiversity between PRs and IRs are negligible during the wet season. However, despite the low number of studies considered, we did find support for the hypothesis that biodiversity in PRs is higher than in IRs during the dry season. In this latter case, the low habitat availability in IRs compared to PRs will reduce biodiversity unless isolated pools remain for long periods allowing many species to colonize
and increase community variability among pools within reaches (Bonada et al. 2006a; Leigh and Sheldon 2009). By contrast, during the wet season, despite IRs having similar habitat availability as PRs, some studies have also shown that biodiversity may remain relatively low in IRs because fewer species may be available and able to colonize these habitats and/or because of alterations to food web structure and dimensions (Datry 2012, McHugh et al. 2015).

Aquatic organisms (i.e. macroinvertebrate, fish, algae and macrophytes) have adaptations to particular instream habitats, from riffles to pools (Bonada et al. 2006a, Dallas 2007, Bonada et al. 2008). Most likely due to the small number of studies in the subsets, our hypothesis regarding habitat (i.e. biodiversity in PR riffles may be higher than in IR riffles, whereas the opposite pattern may be observed in pools) was not supported. However, studies sampling multiple habitats showed a higher biodiversity in PRs than in IRs, which agrees with findings from Graça et al. (2004), Belmar et al. (2013) and Leigh et al. (2013a). Multi-habitat sampling may be a better method to account for biodiversity of rivers (Leitão et al. 2014) because species characteristic of individual habitats may not occur across all habitat types (Bonada et al. 2006b; Cid et al. 2016).

The aquatic biodiversity of a particular reach not only depends on instream habitat characteristics, but also on the regional biodiversity and the balance between dispersal and abiotic/biotic factors. The river network structure plays an essential role for the dispersion of aquatic organisms and thus helps determine aquatic biodiversity patterns (Altermatt 2013). In PRs, biodiversity in
lowland reaches is driven by mass effects whereas abiotic/biotic factors are considered more important in their headwaters (Brown and Swan 2010). In IRs, the relative role of dispersal versus abiotic/biotic factors depends not only on the hydrological phase of the reach (i.e. flowing, non-flowing, dry) but also on where the drying event occurs along the river network (Datry et al. 2014b, 2016c, d). We were unable to test how different configurations of drying events affect a aquatic biodiversity but, although more studies are needed for middle reaches, our results on longitudinal zonation agreed with our initial hypothesis. Flow and river characteristics change with longitudinal zonation and, according to the River Continuum Concept, alpha-diversity is expected to peak at middle reaches (Vannote et al. 1980, Finn et al. 2011). Indeed, the low alpha biodiversity in headwaters and their high isolation make them highly vulnerable to biodiversity loss by flow intermittence and hampers recolonization after flow resumption unless communities in IR headwaters are dominated by resistance strategies to drying (Datry et al. 2014b, 2016a). In contrast, middle reaches have higher alpha biodiversity and less isolation (Finn et al. 2011), resulting in no differences between PRs and IRs. On the other hand, headwaters make up a large proportion of all river networks (Naiman 1983, Benda et al. 2005) and the studies included in our analyses that were conducted in multiple reaches also included a higher proportion of headwater sites, supporting the hypothesis that PRs have a higher biodiversity than IRs when examined across multiple reaches (i.e. at large spatial scales). We suggest, however, that these interpretations should be viewed with caution due to the small number of studies in middle reaches.

Anthropogenic disturbances often decrease biodiversity by homogenising communities (Rahel 2002). Despite this, we found higher biodiversity in PRs than in IRs regardless of the level of anthropogenic disturbance (i.e. low or medium-high). We acknowledge, however, that our categorization of anthropogenic disturbances was coarse and more studies comparing biodiversity in PRs and IRs under more explicit and different disturbance categories are needed. The effect of anthropogenic disturbances on IRs is a relatively novel topic that is being considered in terms of management and conservation of river ecosystems (e.g. Skoulikidis et al. 2017). Current bioassessment methods are designed to detect the impacts of anthropogenic disturbances (Bonada et al. 2006b) but typically fail when applied to IRs. This means that the lower biodiversity of IRs compared to PRs cannot simply be interpreted as indicative of anthropogenic impairment. New methods for IR bioassessment must be designed that can disentangle natural from anthropogenic disturbances (Prat et al. 2004, Leigh et al. 2013b).

Biodiversity has been related to ecosystem resilience (defined by Holling 1973, "as the magnitude of disturbance that a system can experience before it shifts into a different state"), however, there is uncertainty about how ecosystem resilience will respond to increases in levels of anthropogenic disturbance and consequent impacts on biodiversity (Steffen et al. 2004). Walker and Meyer (2004) suggested that ecosystems might respond gradually to biodiversity loss, whereas Gunderson and Pritchard (2002) suggested that ecosystems will respond strongly, because crossing the threshold of biodiversity loss will produce sudden and dramatic changes in the responding state factors. Indeed,
higher numbers of species are expected to increase the ability to recover from disturbances (Holling 1978, Folke et al. 2004). If IRs have significantly lower biodiversity than PRs, as found by us, ecosystem resilience could be affected. However, IR taxa have particular adaptations for surviving and recovering from drying (Lake 2011, Blanchette and Pearson 2012; Leigh et al. 2016b), which may help to mitigate the effects of future co-occurring disturbances (Mori et al. 2013, Vander Vorste et al. 2016). Although a growing number of studies on IRs consider ecosystem resilience (e.g. using functional characteristics of species; Bruno et al. 2016, Vander Vorste et al. 2016), the ecosystem effects of biodiversity loss in these systems needs to be investigated.

As a result of global change, extreme climatic events are expected to increase in frequency and intensity, with an increase in drying frequency, duration, and/or intensity in many regions (Beniston et al. 2007, Palmer et al. 2008, Döll and Schmied 2012). Some regions will experience shifts from PRs to IRs, whereas other regions will show the contrary pattern (Döll and Schmied 2012). If these hydrological regime shifts occur faster than the evolutionary scale at which species acquire adaptive traits (Filipe et al. 2013), dramatic effects on aquatic biodiversity and ecosystem processes and services will result (Datry et al. 2014a, IPCC 2014, Ledger and Milner, 2015). In regions where PRs will shift to IRs, loss of species poorly adapted to dry conditions can be expected (Phillipsen and Lytle 2013, Jaeger et al. 2014). Our findings suggest such losses may be particularly relevant for certain taxonomic groups (i.e. macroinvertebrates) and under particular environmental conditions or in certain regions (e.g. in arid and temperate climate zones, and in headwaters).

However, IRs communities of species with strong dispersal capacity and high fecundity may be minimally affected and able to colonize these novel IRs (Arscott et al. 2010, Datry et al. 2014a, b). In regions where IRs will shift to PRs, the expected increase in biodiversity in these novel PRs will ultimately depend on the connectivity to other PRs. PRs highly connected to novel PRs might maintain biodiversity, whereas the biodiversity in of highly isolated PRs may decline. As highly dynamic metacommunities are expected to dominate in this future scenario of IRs shifting to PRs and vice versa (Datry et al. 2016b), conservation efforts to reduce the risk of undesired hydrological regime shifts should be prioritized to avoid effects on ecosystem resilience (Folke et al. 2004) and could be targeted towards those environmental conditions or taxonomic groups with significant differences between PR and IR biodiversity.

## Acknowledgments

We thank all authors that provided original data: Antoni Munné, María del Mar Sánchez, Esther Mas-Martí and Oscar Belmar. This work is one aspect of the international research project "Intermittent River Biodiversity Analysis and Synthesis" (IRBAS, irbas.cesab.org). The IRBAS research project is supported by the Center for Synthesis and Analysis of Biodiversity (CESAB), which is funded jointly by the French Foundation for Research on Biodiversity (FRB) and the French National Agency for Water and Aquatic Environments (ONEMA). Financial support was received from the Centre for Synthesis and Analysis of

Biodiversity (CESAB) and the Intermittent River Biodiversity Analysis and Synthesis working group (IRBAS).

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864 Table 1. Description of the environmental and biological factors and levels within each factor, identified from individual publications and used in our metaanalysis with replicated data.

| ENVIRONMENTAL FACTORS | Levels | Observations |
| :---: | :---: | :---: |
| Climate | B, C, D, E, Multiple | Dominant climate of each system was determined according to the Köppen classification of Peel et al. (2007), which considers 5 general climates: tropical (A), arid (B), temperate (C), cold (D), and polar (E). No studies were carried out in the tropical (A) climate and thus it is not included here. Multiple includes a combination of these climates. |
| Sampling season | Dry, Wet, Multiple | Multiple refers to studies that sampled in both dry and wet seasons, or at multiple times of year in regions that cannot be described simply in terms of dry-wet seasonality |
| Habitat | Riffles, Pools, <br> Stones, Multihabitat | Multihabitat includes riffles and pools. Stones refer to rock fragments of more than 25 cm . |
| Longitudinal Zonation | Headwaters, Middle, Multiple | Headwater reaches refer to a catchment area $<100 \mathrm{~km}^{2}$, or a stream order equal to or less than 3. Middle refers to reaches with a catchment area between 100 and $1000 \mathrm{~km}^{2}$ or a stream order of 4-6. Large refers to a catchment area $>1000 \mathrm{~km}^{2}$. Multiple |

includes headwaters, middle and large reaches.

| Anthropogenic disturbance | Low, Medium-High | This factor was considered very general and did not distinguishspecific types of disturbance (e.g. hydrological vs morphological). Low levels were distinguished from Medium-High levels on the basis of information available in the published studies (e.g. Low levels were assigned to sites within reserves; Medium-High to sites in urban areas). Medium and high levels of disturbance were difficult to differentiate based on information provided in studies and were thus combined. |
| :---: | :---: | :---: |
| BIOLOGICAL FACTORS | Levels |  |
| Taxonomic group | Macroinvertebrates, | Fish, Algae/Macrophytes |

868 Table 2. Results of the random effects models for the overall design (with and 869 without trim-and-fill) and for the levels of the 6 factors. Bold typeface indicates p $870<0.005 . \mathrm{N}=$ number of studies considered in each level; $\mathrm{wES}=$ weighted mean 871 effect size; SE = Standard Error of the estimates; ci.lb and ci.ub = confidence 872 interval (lower and upper limits, respectively). See Table 1 for a description of 873 the factors and levels.

|  |  | Model Results |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | N | wES | SE | $p$-value | ci.lb | ci.ub |
| OVERALL DESIGN |  | 44 | 0.879 | 0.169 | <0.0001 | 0.549 | 1.209 |
| ENVIRONMENTAL FACTORS | LEVELS |  |  |  |  |  |  |
|  | B | 6 | 0.946 | 0.454 | 0.0373 | 0.056 | 1.836 |
| Climate | C | 28 | 0.735 | 0.203 | 0.0003 | 0.336 | 1.133 |
|  | D | 4 | 1.766 | 0.726 | 0.0150 | 0.343 | 3.188 |
|  | E | 3 | 1.369 | 1.204 | 0.2556 | -0.991 | 3.729 |
|  | Multiple | 3 | 1.244 | 0.556 | 0.0254 | 0.153 | 2.334 |
| Sampling season | Dry | 10 | 1.304 | 0.387 | 0.0007 | 0.546 | 2.061 |
|  | Wet | 7 | 0.964 | 0.400 | 0.0159 | 0.180 | 1.748 |
|  | Multiple | 27 | 0.719 | 0.222 | 0.0012 | 0.283 | 1.155 |
| Habitat | Riffles | 4 | 0.754 | 0.600 | 0.2089 | -0.422 | 1.929 |
|  | Pools | 2 | 0.734 | 1.123 | 0.5132 | -1.467 | 2.935 |
|  | Stones | 1 | 0.009 | 0.777 | 0.9912 | -1.515 | 1.532 |
|  | Multihabitat | 32 | 0.994 | 0.194 | <0.0001 | 0.613 | 1.375 |
| Longitudinal zonation | Headwaters | 24 | 0.988 | 0.263 | 0.0002 | 0.472 | 1.504 |
|  | Middle | 1 | -0.588 | 1.390 | 0.6723 | -3.312 | 2.137 |
|  | Multiple | 11 | 1.028 | 0.295 | 0.0005 | 0.451 | 1.605 |
| Anthropogenic disturbance | Low | 27 | 0.783 | 0.210 | 0.0002 | 0.372 | 1.195 |
|  | Medium-High | 14 | 1.016 | 0.293 | 0.0005 | 0.443 | 1.590 |
| BIOLOGICAL FACTORS | LEVELS |  |  |  |  |  |  |
| Taxonomic group | Macroinvertebrate | 36 | 1.059 | 0.181 | <0.0001 | 0.704 | 1.413 |
|  | Fish | 6 | 0.446 | 0.411 | 0.2783 | -0.360 | 1.252 |
|  | Algae/Macrophytes | 2 | 0.024 | 0.509 | 0.9619 | -0.974 | 1.022 |

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## Figure legends

Figure 1. Distribution of publications, identified from an ISI Web of Knowledge literature search by Leigh et al. (2016a), that examined biodiversity in hydrologically independent perennial and intermittent rivers (PRs and IRs, respectively). White stars refer to studies with non-replicated data for PRs and/or IRs ( $\mathrm{n}=19$ ), whereas black stars refer to studies with replicated data for PRs and IRs ( $\mathrm{n}=44$ ).

Figure 2. Forest plot for the overall design of the original model (without trim-and-fill) considering the 44 replicated studies ordered by increasing effect size from the top to the bottom. Each study is indicated in the left column with the first author and the year of publication (see Appendix 1 for the complete reference). Effect sizes of each study (using the standardized mean difference) with their corresponding confidence intervals are displayed in the centre of the plot with the exact values on the right. The filled diamond at the bottom shows the weighted mean effect size (wES) estimated by the model with the edges of the diamond showing the corresponding confidence interval.

Figure 3. Funnel plots for the overall design using replicated studies without and with trim-and-fill, (a) and (b) panels, respectively. Filled circles represent the individual replicated studies, whereas open circles represent the missing studies required to produce a symmetrical plot.

