Biological Screening of Medicinal Plants Collected from Eastern Ghats of India Using *Artemia salina* (Brine Shrimp Test)

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Abstract: Medicinal plants constitute important components of flora and are widely distributed in different regions of India. Based on ethnomedical significance, we have collected several medicinal plants used in traditional medicine from Eastern Ghats of India and evaluated for their biological activity. In the present study, a method utilizing brine shrimp (*Artemia salina* Leach) lethality was used to screen medicinal plants for their biological activity. Aqueous extracts from 118 Indian medicinal plants were screened by the brine shrimp lethality assay and found eleven out of the 118 extracts showed significant toxicity to the brine shrimp (<60 μg/ml). *Polygonum cuspidatum* and *Syzygium cumini* extracts have exhibited potent activity with LC₅₀ 13.5 and 20, respectively. The results were analyzed within the context of the available traditional knowledge and uses for these plants. Present study could be useful in the search for new antitumor compounds from the Indian flora.

Keywords: Artemia salina; cytotoxicity, brine shrimp; Indian medicinal plants

1. Introduction

During the past decade, traditional systems of medicine have become increasingly important in view of their safety. Current estimates suggest that, in many developing countries, a large proportion of the population relies heavily on traditional practitioners and medicinal plants to meet primary health care needs. Although modern medicine may be available in these countries, herbal medicines (phytomedicines) have often maintained popularity for historical and cultural reasons.

Concurrently, many people in developed countries have begun to turn to alternative or complementary therapies, including medicinal herbs [1].

India possesses rich floristic wealth and diversified genetic resources of medicinal plants. It has a widely ranging tropical and the agro climatic conditions, which are conducive for introducing and domesticating new and exotic plant varieties. The use of the plants, plant extracts and pure compounds isolated from natural sources provided the foundation to modern pharmaceutical compounds. The

Accepted for Publication: June 15, 2006

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well known Indian systems of Medicine, namely, the Ayurveda, Siddha and Unani use predominantly plant based raw materials. Most of these traditional preparations and formulations have been found to be a reservoir of pharmaceuticals [2].

The brine shrimp lethality assay consists of exposing larvae to test sample in saline solution and lethality is evaluated after 24 h. The commercial availability of inexpensive brine shrimp eggs, the low cost and ease of performing the assay make brine shrimp lethality assay, a very useful bench-top method [3]. A number of studies have demonstrated the use of the brine shrimp assay to screen plant extracts [4-6]. Lethality assay has been used successfully to biomonitor the isolation of cytotoxic [7], antimalarial [8], insecticidal [9], and antifeedent [10] compounds from plant extracts. In this report, results of a screening of water, hydroalcoholic and alcoholic extracts of some important medicinal plants used in the traditional medicine (collected from the Eastern Ghats of India) for lethality towards Artemia salina larvae are presented.

2.Materials and methods

2.1. Plant material

Authenticated medicinal plants were collected from the Eastern Ghats of Southern India during November 2002. The botanical identification was made by Dr. K. Hemadri and voucher specimens were on deposit at the herbarium of Laila Impex Research Centre, India.

2.2 Preparation of extracts

The plant materials were dried under shade and ground to a coarse powder. The powdered plant materials (each 25 g) were individually extracted with water / hydro-alcohol / alcohol (200 ml) and then filtered. Filtrates were concentrated individually, dried under vacuum and used for screening the brine shrimp

lethality.

2.3 Brine shrimp lethalityy bioassay

Brine shrimp lethality bioassay [11], was carried out to investigate the cytotoxicity of extracts of medicinal plants of India. Brine shrimps (Artemia salina) were hatched using brine shrimp eggs in a conical shaped vessel (1L), filled with sterile artificial seawater (prepared using sea salt 38 g l⁻¹ and adjusted to pH 8.5 using 1N NaOH) under constant aeration for 48 h. After hatching, active nauplii free from egg shells were collected from brighter portion of the hatching chamber and used for the assay. Ten nauplii were drawn through a glass capillary and placed in each vial containing 4.5 ml of brine solution. In each experiment, 0.5 ml of the plant extract was added to 4.5 ml of brine solution and maintained at room temperature for 24 h under the light and surviving larvae were counted. Experiments were conducted along with control (vehicle treated), different concentrations (1-5000 µg ml⁻¹) of the test substances in a set of three tubes per dose.

2.4 Lethality concentration determination

The percentage lethality was determined by comparing the mean surviving larvae of the test and control tubes. LC₅₀ values were obtained from the best-fit line plotted concentration verses percentage lethality. Podophyllotoxin was used as a positive control in the bioassay.

2.5 Statistic analysis

The percentage lethality was calculated from the mean survival larvae of extracts treated tubes and control. LC₅₀ values were obtained by best-fit line method.

3. Results and discussion

Brine shrimp lethality is the simple bioassay

useful for screening large number of extracts in the drug discovery process from the Indian Medicinal plants. The procedure of Mayer et al [11], was adopted to determine the lethality of plant extracts to brine shrimp. The method allows the use of smaller quantity of the extracts and permits larger number of samples and dilutions within shorter time than using the original test vials [12].

The LC₅₀ values of the brine shrimp obtained for extracts of these medicinal plants and that of the positive control, podophyllotoxin, have been presented in Table 1. The degree of lethality was found to be directly proportional to the concentration of the extract. In the evaluation for general toxicity using brine shrimp, maximum mortalities took place at a concentration of 1000 µg/ml whereas; least mortalities were at 10 µg/ml concentration. The most promising extracts were the aqueous extracts of Polygonum cuspidatum and Syzygium cumini which have been used in the traditional medicine for the treatment of antitumor and anti-inflammatory diseases and the lethality (LC₅₀) values are 13.5 and 20 ug/mL, respectively (Table 1). In addition, the extracts of *Ocimum sanctum*, Lagerstroemia reginae, Cissampelos pareira, Acacia conccina, Punica granatum, Aconitum species, Rosa damascene, Cinchona species, Bacopa monnieri, Symplocos racemosa and several species of Piper showed significant lethality to brine shrimp. The LC₅₀ values were found to be lower than 100. The activity results of species belonging to Piperaceae family were found to be consistent with existing phytochemical knowledge of these plants as a source of cytotoxic and antitumor compounds [13]. In few cases, complete analysis of the cytotoxicity of several plant parts allow to understand the location of cytotoxic substances.

Other plant species, however, showed no significant differences in percentage mortalities between different concentrations within the same species indicating that no brine shrimp lethality, compared to that of control.

The LC₅₀ values of the plant extracts (24 h) were obtained by a plot of percentage of the shrimps killed against the concentrations of the extracts and the best-fit line was obtained from the data by means of regression analysis. LC₅₀ was obtained from the best-fit line method.

4. Conclusions

From the preliminary screening, we have identified numerous extracts of Indian medicinal plants with pharmacological activity against brine shrimp. The fact that eleven out of the 118 plants screened for toxicity against brine shrimp had LC₅₀ values less than 60 µg ml⁻¹ is interesting and lend support to the traditional use of these plants. Based on the possible relationship between brine shrimp lethality and plant bioactivity, this work could serve for further ethnobotanical and phytochemical research.

Acknowledgements

The authors thank Sri G. Ganga Raju, Chairman, Laila group, Vijayawada, India for providing facilities and encouragement.

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Tabe 1. Brine shrimp lethality data of Indian medicinal plants

| Plant | Part used | Traditional use | Brine shrimp lethality (LC ₅₀ , 24h) |
|---------------------------|-------------|--|---|
| Lamiaceae | | | |
| 1. Mentha arvensis | Herb | Anti-fertility | 140 |
| 2. Ocimum sanctum | Whole Plant | Adaptogenic | 30 |
| 3. Rosmarinus officinalis | Herb | Dyspepsia, flatulence | 1,551 |
| Lauraceae | | | |
| 4. Cinnamomum zeylanicum | Bark | Anti-spasmodic, antiflatulent | 2,050 |
| 5. Cinnamomum tamala | Leaf | Hypoglycemic | 870 |
| Liliaceae | | | |
| 6. Aloe barbadensis | Gum | Hypocholestremic, cosmetic application | 1,900 |
| | Leaf | Treating liver disorders, appetite stimulant | 4,050 |

Table 1. Brine shrimp lethality data of Indian medicinal plants (continued)

| Plant | Part used | Traditional use | Brine shrimp lethality (LC ₅₀ , 24h) |
|------------------------------|-------------|--|---|
| 7. Gloriosa superba | Root | Anti-fungal and abortifacient | 177.5 |
| 8. Allium sativum | Cloves | Antihypertensive, hypocholesterimic | >5,000 |
| 9. <i>Smilax</i> sp. | Tuber | Rheumatoid arthritis, psoriasis | 2,430 |
| 10. Polygonatum cirrhifolium | Rhizome | Anti-bacterial | 1,300 |
| 11. Allium cepa | Bulb | Anthelmintic | >5000 |
| 12. Chlorophytum tuberosum | Tuber | Treating impotency | 580 |
| 13. Asparagus racemosus | Root | Activate Lipase and Amylase | 1,150 |
| Lobeliaceae | | | |
| 14. Lobelia nicotianaefolia | Leaf | Anti-asthmatic | 142.5 |
| Lythraceae | | | |
| 15. Lagerstroemia reginae* | Leaf | Anti-diabetic | 55 |
| 16. Woodfordia fruticosa | Flowers | Treating Leukorrhea | 230 |
| 17. Lawsonia inermis | Leaf | Anti-Inflammatory | 1,300 |
| Malvaceae | | | |
| 18. Abelmoschus esculentus | Fruit | Diuretic | 147 |
| 19. Abelmoschus moschatus | Seed | Diuretic and stomachic | 160 |
| 20. Abutilon indicum | Seed | Anti-inflammatory & Anthelmintic | 165 |
| 21. Bobax malabarica | Bark | Treating skin eruptions | >5,000 |
| 22. Gossypium herbaceum | Root | Treating Nerve inflamma- tion | >5,000 |
| | Seed | Anti-fertility | 183 |
| 23. Hibiscus rosasinensis | Flowers | Antiasthama | 460 |
| | Bark | Anti-fertility | 950 |
| 24. Hibiscus cannabinus | Leaf | Purgative and aperient | 590 |
| 25. Sida cordifolia | Whole plant | Antiobese, antiasthamatic and antiinflammatory | 2,650 |
| Meliaceae | | | |
| 26. Melia azedarach | Fruit | Anti-viral | 170 |
| | Leaf | Anti-Malarial | 875 |
| 27. Azadirachta indica | Seed | Anti-viral | 440 |
| | Bark | Anti-bacterial | 370 |

 Table 1. Brine shrimp lethality data of Indian medicinal plants (continued)

| Plant | Part used | Traditional use | Brine shrimp lethality (LC ₅₀ , 24h) |
|--------------------------|-------------|-------------------------------------|---|
| Menispermaceae | | | 20/ |
| 28. Tinospora cordifolia | Stem | Adaptogenic | >5,000 |
| 29. Anamirta cocculus | Seed | Treating scabies, epilepsy | 840 |
| 30. Cissampelos pareira | Root | Antidiabetic, Antiasthamatic | 39 |
| Mimosaceae | | | |
| 31. Acacia nilotica | Bark | Antidiabetic, antioxidant | 300 |
| 32. Acacia catechu | Bark | Treating Liver diseases | 450 |
| 33. Mimosa pudica | Seed | Diuretic | 1,125 |
| 34. Acacia conccina | Fruit | Cosmetic application | 59.5 |
| 35. Albizzia lebbeck | Bark | Anti-inflammatory | 120 |
| Moraceae | | • | |
| 36. Ficus benghalensis | Bark | Antidiabetic, antidiarrhoeal | 1,000 |
| 37. Ficus glomerata | Bark | Anthelmentic | 850 |
| 38. Ficus religiosa | Leaf | Treating skin diseases | >5,000 |
| Moringaceae | | | |
| 39. Moringa oleifera | Bark | Anti-inflammatory | >1,000 |
| <u> </u> | Seed | Anti-inflammaroty | 400 |
| | Leaf | Anti-inflammaroty | 1,525 |
| Musaceae | | | |
| 40. Musa paradisica | Tuber | Treating peptic ulcer | >5,000 |
| Myricaceae | | | |
| 41. Myrica esulenta | Fruit | Sedative, stomachic | 430 |
| Myristicaceae | | | |
| 42. Myristica fragrans | Nut | Anti-arthritics & anti-inflammatory | 555 |
| Myrsinaceae | | | |
| 43. Embelia ribes | Fruit | Anti-inflammatory | 463 |
| Myrtaceae | | | |
| 44. Psidium guajava | Leaf | Anti-diarrhoeal | 880 |
| 45. Syzygium cumini | Seed | Anti-diabetic | 475 |
| 46. Syzygium aromaticum | Flower buds | Anti-inflammatory | 20 |
| Nymphaeaceae | | - | |
| 47. Nelumbo nucifera | Flower | Astringent, stops bleeding | 185 |
| | Seed | Treating GI disorders and diarrhoea | 2,200 |
| Orchidaceae | | | |
| 48. Orchis sp. | Tuber | Treating diarrhoea, indigestion | 2,325 |
| Papaveraceae | | | |

Table 1. Brine shrimp lethality data of Indian medicinal plants (continued)

| Plant | Part used | Traditional use | Brine shrimp lethality (LC ₅₀ , 24h) | |
|---------------------------|-------------|--|---|--|
| 49. Papaver somniferum | Seed | Analgesic, CNS stimulants | 3,562 | |
| Papilionaceae | | | | |
| 50. Phaseolus roseburghii | Fruit | Urolithotriptics | 580 | |
| Parmeliaceae | | - | | |
| 51. Parmelia perlata | Whole plant | Diuretic and sedative | 730 | |
| Passifloraceae | | | | |
| 52. Passiflora sp. | Leaf | Anti-hypertensive, used in gastric disorders | 2,075 | |
| Pinaceae | | | | |
| 53. Cedrus deodara | Wood | Anti-asthmatic | 300 | |
| Piperaceae | | | | |
| 54. Piper betle | Leaf | Improve digestion | 240 | |
| 55. Piper cubeba | Fruit | Antitussive | 750 | |
| 56. Piper nigrum | Fruit | Appetite stimulants | 30 | |
| 57. Piper longum | Fruit spike | Anti-diarrhoeal | 45 | |
| | Root | Anti-diarrhoeal | 95 | |
| Plumbaginaceae | | | | |
| 58. Plumbago zeylanica | Root | Treating skin diseases, cytotoxic | 2,410 | |
| Poaceae | | | | |
| 59. Cynodon dactylon | Whole plant | Astringent | >5,000 | |
| 60. Andropogon muricatus | Root | Anti-spasmodic, diu- retic | 4,050 | |
| 61. Vetiveria zizanioides | Root | Perfumes | 690 | |
| Polygonaceae | | | | |
| 62. Polygonum cuspidatum | Root | Anti-tumor | 13.5 | |
| 63. Rheum emodi | Root | Hepatoprotective, blood purifier | 1,152 | |
| 64. Rumex crispus | Root | Anti-inflammatory, used in dermatitis | 1,125 | |
| Punicaceae | | | | |
| 65. Punica granatum | Fruit rind | Anti-diarrhoeal And Anti-dysenteric | 45 | |

Table 1. Brine shrimp lethality data of Indian medicinal plants (continued)

| Plant | Part used Traditional use | | Brine shrimp lethality (LC ₅₀ , 24h) | |
|------------------------------|---------------------------|----------------------------------|---|--|
| Ranunculaceae | | | | |
| 66. Aconitum sp. | Tuber | Antiarthritic, anti-inflammation | 44 | |
| 67. Nigella sativa | Fruit | Anti-bacterial | 414 | |
| 68. Hydrastis canadensis* | Root | Treating Gastritis, peptic ulcer | 320 | |
| Rosaceae | | | | |
| 69. Rosa damascena | Flower | Cosmetic application | 80 | |
| Rubiaceae | | | | |
| 70. Cinchona spp. | Bark | Appetite stimulant | 47 | |
| 71. Gardenia gummifera | Gum resin | Antispasmodic, expectorent | 126.5 | |
| 72. Paedaria foetida | Whole plant | Treating piles | 2,300 | |
| 73. Rubia cordifolia | Root Anti-bacterial | | 370 | |
| Rutaceae | | | | |
| 74. Aegle marmelos | Fruit pulp | Anti-Dysentric & Anti-Diarrhoeal | 4,120 | |
| | Root | Antihypertensive and cardiotonic | 3025 | |
| | Leaf | Anti-diabetic | 430 | |
| 75. Murraya koenigii | Leaf | Antidysentric and antidiarrhoeal | >5,000 | |
| 76. Citrus medica var. limon | fruit | Cardiac tonic and palpitation | 147 | |
| | Fruit peel | Anti-scurvy | 92.5 | |
| 77. Citrus reticulata | Fruit peel | Anti-oxidant | 500 | |
| 78. Citurs aurantium | Fruit | Treating atherosclerosis | 580 | |
| Santalaceae | | | | |
| 79. Santalum album | Heart wood | Treating skin diseases | >5000 | |
| Sapindaceae | | | | |
| 80. Sapindus emarginatus | Fruit | Anti-bacterial | 118 | |

Table 1. Brine shrimp lethality data of Indian medicinal plants (continued)

| Plant | Part used | Traditional use | Brine shrimp lethality (LC ₅₀ , 24h) |
|--------------------------|-------------|---------------------------------------|---|
| Saxifragaceae | | | |
| 81. Bergenia ligulata | Root | Urolithotriptic | 2,550 |
| Scrophulariaceae | | | |
| 82. Bacopa monnieri* | Whole herb | Memory stimulants | 90 |
| 83. Picrorhiza kurroa | Root | Treating viral hepatitis | 3,500 |
| Simaroubaceae | | | |
| 84. Ailanthus excelsa | Root | Anti-tumour and cytotoxic | 1,900 |
| Solanaceae | | | |
| 85. Atropa acuminata | Bark | Anticholinergic, nti-spasmodic | 4,000 |
| 86. Capsicum annuum* | Fruit | Anti-rheumatic | 110 |
| 87. Datura metel | Herb | Anti-spasmodic | 4,250 |
| 88. Solanum indicum | Root | Treating cough, nasal ulcer | 195 |
| 89. Solanum nigrum | Fruit | Anti ulcer | 130 |
| 90. Solanum surattensis | Whole Plant | Anti-pyretic activity anti microbials | 130 |
| 91. Solanum trilobatum | Whole Plant | Anti-Tussive (cough) | 1,250 |
| 92. Withania somnifera* | Root | Anti-arthritic, adaptogenic | 310 |
| Sterculiaceae | | | |
| 93. Helicteres isora | Fruit | Antidiarrhoeal | 1,870 |
| 94. Abroma augusta | Root | Treating menstrual disorders | 1,450 |
| Strychnaceae | | | |
| 95. Strychnos nuxvomica | Seed | Anti ulcer | 430 |
| 96. Strychnos potatorium | Seed | Anti-hypercholestermi c & diuretic | 1,100 |
| Symplocaceae | | | |
| 97. Symplocos racemosa | Bark | Uterine stimulant | 90 |
| Tamaricaceae | | | |
| 98. Tamarix gallica | Gall | Treating diarrhoea | 290 |

Table 1. Brine shrimp lethality data of Indian medicinal plants (continued)

| Plant | Part used | Traditional use | Brine shrimp lethality (LC ₅₀ , 24h) | |
|----------------------------------|-------------|--|---|--|
| Taxaceae | | | | |
| 99. Taxus baccata | Leaf | Antidepressant, anti-inflammatory | 450 | |
| Theaceae | | | | |
| 100. Camellia sinensis | young twigs | Anti-oxidant | 250 | |
| | Leaf | Anti-oxidant | 150 | |
| Thymelaeaceae | | | | |
| 101. Aquilaria malaccensis | Stem wood | Diuretic | 900 | |
| Urticaceae | | | | |
| 102. Ficus religosa | leaf | Treating skin diseases | >10,000 | |
| Valerianaceae | | | | |
| 103. Nardostachys jata- mansi | Root | Treating peptic ulcer | 375 | |
| 104. Valeriana wallichii** | Root | Sedative | 3,875 | |
| Verbenaceae | | | | |
| 105. Clerodendrum phlomidis | Root | Antidiarrhoeal | 3,750 | |
| 106. Clerodendrum serratum | Root | Anti-Histamin | 340 | |
| 107. Vitex negundo** | Leaf | Anti-inflammatory | 282 | |
| Violaceae | | | | |
| 108. Viola odorata | Whole herb | Astringent, Diapharetic | 800 | |
| Vitaceae | | | | |
| 109. Vitis vinifera | Seed | Laxative | 1,600 | |
| Zingiberaceae | | | | |
| 110. Amomum subulatum | Fruit | Anti-fungal | 205 | |
| 111. Curcuma longa | Rhizome | Cytotoxic, antioxidant, treating skin diseases | 1525 | |
| 112. Curcuma zedoaria | Rhizome | Anti-dysentric and diarrhoeals | 1,700 | |

Table 1. Brine shrimp lethality data of Indian medicinal plants (continued)

| Plant | Part used | Traditional use | Brine shrimp lethality (LC ₅₀ , 24h) | |
|--------------------------|-------------|---------------------------------------|---|--|
| 113. Hedychium spicatum | Rhizome | Anti-spasmodics and anti-inflammatory | 4,000 | |
| 114. Alpinia sp. | Rhizome | Stomachic, carminative | 5,500 | |
| 114. Curcuma amada | Rhizome | Carminative, stomachic activity | 6,600 | |
| 115. Alpinia officinarum | Leaf | Anti-arthritic | 1,875 | |
| 116. Zingiber officinale | Rhizome | Anti-Inflammatory | 127 | |
| Zygophyllaceae | | | | |
| 117. Tribulus terrestris | Fruit | Aphrodisiac | 925 | |
| 118. Fagonia arabica | Whole plant | Anti-microbial | 900 | |
| | Whole plant | Antibacterial | 525 | |

^{*}Alcoholic extract

^{**}Hydroalcoholic extract