

# Biology of insulin-like growth factor binding protein-4 and its role in cancer (Review)

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**Abstract.** Insulin-like growth factor binding protein-4 (IGFBP-4) is an important member of the insulin-like growth factor (IGF) system. The IGFBP-4 has three domains of which the N-terminal sequence is important for the binding of IGF. It acts as a transport protein for IGF-I and IGF-II and modulates their biological effects. There is increasing evidence that IGFBP-4 inhibits IGF-induced cellular growth both *in vitro* and *in vivo*. IGFBP-4 can also mediate its actions through a mechanism independent of IGFs. IGFBP-4 level and expression in various tissues are influenced by IGFBP protease, nutrition, several growth factors and hormones. Overexpression of IGFBP-4 in transgenic animal models causes reduced growth of organs containing smooth muscle. Most cancers express IGFBP-4 at levels which correlate with their state of differentiation. However, the effects of IGFBP-4 on tumor growth are uncertain. *In vitro* studies have shown that overexpression of IGFBP-4 inhibit the growth of some colon cancer cells. Overexpression of IGFBP-4 *in vivo* has been reported to decrease the growth of prostate cancer. The effect of altered expression of IGFBP-4 *in vivo* in colon and other cancers needs to be explored as locally available IGFs appear to stimulate mitogenesis.

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## 1. Introduction

The insulin-like growth factor system (IGFs) consists of two peptides (IGF-I and -II), two main receptors (IGF-IR and IGF-IIR), six different IGF binding proteins (IGFBP1-6) and four IGFBP related peptides (IGFBP Rp1-4). The IGF peptides have a short life-span unless they are bound to a binding protein which transports them in circulation and delivers them to specific tissues. Components of the IGF system are found throughout the body in various fluids and tissues (1,2). IGFs act on a variety of mammalian cells in an endocrine, paracrine and autocrine manner (3) to regulate cell proliferation, apoptosis, transformation and differentiation (4,5). They influence the growth of normal tissue as well as that of several cancers. Most IGFBPs inhibit IGF-induced cell growth by binding to IGFs and acting as a time release mechanism. Some IGFBPs also stimulate cell growth presumably through their own receptors. Hence the IGF system is complex but it provides an interesting example of pre-receptor regulation of cell growth.

Among the IGFBPs, IGFBP-4 is the smallest (1) and it exists in two forms; non-glycosylated (24 kDa) and N-glycosylated forms (28 kDa) (6-8). It occurs in most biological fluids (9). By binding to IGF-I and IGF-II with similar affinities it inhibits their actions under almost all *in vitro* and *in vivo* conditions. The glycosylation of IGFBP-4 does not affect its binding to IGF-I (10). The liver is the main source of serum IGFBP-4 (11) but it is abundantly expressed by many tissues including adrenals (12), Leydig cells and interstitial connective tissue of testis (13), the developing embryo, with the notable exceptions of the spinal cord, specific cartilage groups and the thymic cortex (14). The serum level of intact IGFBP-4 is low and is influenced by vitamin D and parathyroid hormone (15). The amount of serum IGFBP-4 shows a positive correlation with age (15). IGFBP-4 is expressed by several cancer cell lines (7,16,17). Overexpression of IGFBP-4 has been shown to reduce the growth of some cancers (18). This review focuses on the physiology of IGFBP-4 and its role in cell growth regulation in different cancers.

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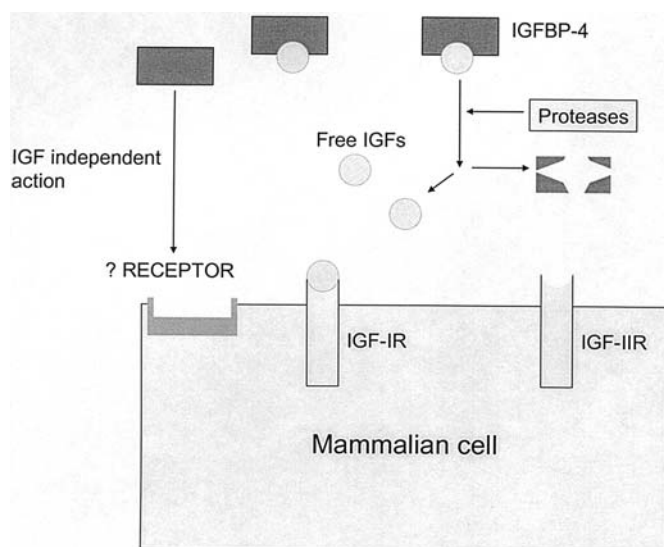


Figure 1. Schematic representation of IGFBP-4 and its interaction with IGF.

## 2. Structure and binding characteristics of IGFBP-4

The gene that encodes IGFBP-4 is located in chromosome region 17q12-q21.1 (19). IGFBP-4 protein has 237 amino acids and 20 cysteines (20). When compared to other IGFBPs, IGFBP-4 has two extra cysteine residues in the variable region encoded by exon 2 (21). IGFBP-4 has three domains (11,22); N-terminal, C-terminal and the central domain. The binding domain of IGF-I and IGF-II involves a hydrophobic motif [Leu (72)-Met (80)] located in the distal part of the conserved N-terminal region. N-terminal Cys residues (Cys9 and Cys12) are more critical than C-terminal Cys residues (Cys17 and Cys20) in affecting IGF-I and IGF-II binding. C-terminal fragments of IGFBP-4 do not bind to IGFs but loss of this fragment decreases the affinity for IGFs. A study (21) showed that deletion of Leu-Ser resulted in loss of both IGF-I and IGF-II binding and substitution of Histidine to Proline abolished both IGF-I and IGF-II binding. This evidence shows that IGFBP-4 has a single binding site for IGF-I and -II.

## 3. Biological actions of IGFBP-4

IGFBP-4 acts by binding to IGF-I and IGF-II and modulating their biological effects (15). IGFBP-4 also has actions independent of IGF-I and IGF-II. Fig. 1 shows the schematic representation of IGFBP-4 and its actions. Local and systemic administrations of IGFBP-4 have different effects. Single local administration of IGFBP-4 over the right parietal bone of the mouse inhibits IGF-I-induced bone formation, whereas systemic administration of IGFBP-4 alone increases serum levels of bone formation markers (23).

Overexpression of IGFBP-4 in transgenic mice resulted in decreased growth of thymus (24), a reduction in weight of smooth muscle rich tissues, including bladder, intestine, aorta, uterus, and stomach, without any change in total body weight (25,26). This indicates that IGFBP-4 is a functional antagonist of IGF-I action on smooth muscle *in vivo* (26). IGFBP-4 excess also inhibits cell proliferation and stimulates apoptosis

in lymphoid tissues but it does not affect lymphocyte development (24). Exogenous IGFBP-4 decreased thrombin-induced DNA synthesis of human aortic vascular smooth muscle cells by 64%, whereas anti-IGFBP-4 antibody potentiated thrombin-induced DNA synthesis (27). These data suggest that down-regulation of IGFBP-4 expression in vascular smooth muscle plays a critical role in vascular growth response in normal and diseased states, by increasing the bioavailability of IGF-I (27). In addition to its antiproliferative action, IGFBP-4 has been correlated with differentiation of cancer cells (28).

**IGF-dependent action.** It has been shown that IGFBP-4 inhibits DNA synthesis induced by IGF-I in both cancerous and non-cancerous cells (29,30) but IGFBP-4 has no effect on cell proliferation induced by analogs of IGF-I or IGF-II, which exhibit >100-fold reduced affinity for binding to IGFBP-4. The inhibitory action of IGFBP-4 on DNA synthesis occurs in a concentration-dependent manner as evidenced in vascular smooth muscle cells (31). IGFBP-4 inhibits IGF action by preventing the binding of the ligands to IGF-I receptor (32).

**IGF-independent action.** The IGF-independent action of IGFBP-4 is not well understood. In a study (33), when ovarian granulosa cells were incubated with gonadotropins and IGF-I receptor blocker  $\alpha$ IR3, IGFBP-4 continued to exert potent inhibitory effects even when the action of endogenous IGF was removed from the system, demonstrating that its actions are independent of IGF binding. In another study (34), IGFBP-4 caused marked ( $P < 0.01$ ) inhibition of ceramide-induced apoptosis in Hs578T breast cancer cells (34). In IGF-insensitive Isreco-1 cells, reduced colony formation but not cell proliferation and migration was found while IGFBP-4 was overexpressed.

## 4. Factors controlling IGFBP-4 expression

**Gene.** It has been found that the 1.4-kb pair 5' flanking region of the IGFBP-4 gene containing cis elements is required for the regulation of the IGFBP-4 gene (35). In a recent study, a new binding site known as the Sp3 site has been shown to influence the expression of the IGFBP-4 gene, particularly in CaCo-2 cells (28,36).

**Trauma and tissue regeneration.** Cerebral contusions increase cortical expression of IGFBP-4 mRNA levels at the contusion site and along the ipsilateral cortex (37). It has been shown that serum IGFBP-4 begins to increase 12-24 h after partial hepatectomy (36), consistent with the increase in corresponding mRNA. These suggest a regulatory mechanism that modulates IGF activity during liver regeneration.

**Proteolysis.** IGFBP-4 is subject to proteolytic cleavage by several proteases (38,39). One of the IGFBP-4 proteases, also known as pregnancy-associated plasma protein A (PAPP-A) is an important regulator of local IGF bioavailability and cell growth (40). A study conducted in our department on 18 samples of operated colon cancer specimens showed that PAPP-A is expressed by both malignant and non-malignant colon (41). The study also showed that malignant colon expressed less IGFBP-4 than normal colon. This could be

due to either increased proteolysis in the malignant colon or decreased activity of the IGFBP-4 gene. Colo-205 secretes large quantities of IGFBP-4 but it remains responsive to IGF-I. Analysis of the conditioned medium revealed cleavage of IGFBP-4 into less active fragments which have less affinity, supporting the argument that proteolytic cleavage of IGFBP-4 controls the bioavailability of IGFs (41). Proteases cleave IGFBP-4 into two fragments of approximately 18 and 14 kDa, both of which have poor affinity for IGFs (8,42). Sequence analysis of the 14-kDa carboxyl-terminal half of IGFBP-4 suggested cleavage after methionine at position 135 of the mature protein (43). *In vivo* and *in vitro* experiments have shown that lysosomal protease cathepsin D and matrix metalloproteinase-7 (44) can also mediate proteolysis (45).

**Calorie intake.** In a study on rats, stomach IGF-I and IGFBP-4 mRNA levels increased significantly ( $P < 0.05$ ) when the calorie intake was restricted (46). There were no changes in colonic IGFBP-4 mRNA levels in aged and long-term calorie restricted rats. This indicates that the stomach attempts to preserve IGF activity by increasing local expression of IGF-I and IGFBPs (46). A separate study showed that systemic levels of IGFBP-4 did not change with a low-fat diet (47).

**Hormones and growth factors.** It appears that several hormones and growth factors may influence the level of IGFBP-4 locally but not enough to alter the levels systemically. These include IGF-I (48), IGF-II (49), oestrogen (50), IL-1 $\beta$  (51), IL-6 (51,52). IGFBP-4 is apparently not regulated in response to TNF- $\alpha$ , PDGF, bFGF, TGF- $\beta$  or the cAMP agonist, forskolin in multiple myeloma cells (49). IGFs may regulate their own availability through proteolytic degradation of IGFBP-4 (53) as attachment of IGFs to IGFBP-4 results in enhancement of proteolysis (54). IGFBP-3 is reported to inhibit IGFBP-4-degrading proteinase activity, and binding of IGFs or glycosaminoglycans to IGFBP-3 may induce conformational changes in the binding protein, causing disinhibition of the proteinase (55).

Both growth hormone status and pharmacological dose of glucocorticoids do not affect plasma IGFBP-4 although, apparently, a weak positive relationship exists between plasma IGFBP-4 and parathormone (9). Neither hypothyroidism nor hyperthyroidism influence circulating IGFBP-4 levels (9) but, in a study involving rat hepatocytes, the IGFBP-4 levels were increased in the presence of triiodothyronine (56). Retinoic acid and thyroid hormone act synergistically and increase IGFBP-4 expression in cultured rat hepatocytes (56-58).

## 5. Role of IGFBP-4 in cancer

There is accumulated evidence showing a link between IGFBP-4 and a variety of cancers. Tables I and II summarise the important studies in this area. Several cancer cell lines, including multiple myeloma (49), neuroblastoma (59,60), mesothelioma (61), and cancers of the lung (16,62,63), stomach (17,64), thyroid (65), breast (50,66-68), prostate (69,70) and colon (71), have been reported to express IGFBP-4. The role of IGFBP-4 in cancer is discussed below under three headings; *in vitro*, *in vivo* and population based studies.

## 6. Evidence from *in vitro* studies

**Neuroblastoma and glioma.** It was found that the rat neuroblastoma cell line secreted both glycosylated and non-glycosylated forms of IGFBP-4 and IGF-II treatment decreased the levels of both forms of IGFBP-4 in the culture media (7). This decrease in the IGFBP-4 expression was dose-dependent and could be blocked IGF-I. Although both IGF-I and IGF-II affected the amount of the IGFBP-4, neither peptide affected the expression of the mRNA of 24K IGFBP-4.

Overexpression of intercellular communication gap junction gene connexin 43 in glioma cells resulted in decreased cellular proliferation due to higher production of IGFBP-4 (72). In a different study, IGFBP-4 inhibited the binding of [ $^{125}$ I]IGF-I by its receptors and blunted the stimulation of [ $^3$ H]thymidine incorporation by IGF-I. In B104 cells, a rat neuronal cell line, IGFBP-4 is the predominantly secreted IGF binding protein (73). Exposure of B104 monolayer cultures to dexamethasone reduced native IGFBP-4 abundance to <10% of that in control medium by 48 h (73). This was due to increased IGFBP-4 activity induced by dexamethasone. These findings suggest a role for IGFBP-4 in neural and neuroblastoma cell function (6).

**Lung cancer.** Not all lung cancers have been found to express IGFBP-4. In a study involving 69 human lung carcinoma tissues, >50% (35/69) of samples were positive for IGFBP-4 mRNA (63). In a cell culture experiment, IGFBP-4 levels diminished with increasing concentrations of IGFs (16) in the culture media of non-small cell lung cancer cells, whereas IGFBP-4-specific mRNA was not changed by IGF-I or IGF-II. Either IGFs may activate an IGFBP-4-specific metalloprotease present in culture media or the binding of IGFs to IGFBP-4 may increase the susceptibility of IGFBP-4 to proteolytic degradation (52).

**Endocrine cancers.** Both human thyroid follicular and papillary carcinoma cells produce IGFBP-4 (65,74,75). In a cell culture experiment involving two human thyroid follicular carcinoma cell lines (FTC-133 and FTC-236 cells), IGFBP-4 secretion was increased in the presence of thyroid stimulating hormone, forskolin, and epidermal growth factor and was reduced by tetradecanoylphorbol acetate (65).

Nodular and bilateral hyperplasia of the adrenal gland as well as pheochromocytomas showed higher expression of IGFBP-4 mRNA while non-functional adrenal carcinomas expressed less IGFBP-4 mRNA than normal adrenals (76).

**Breast cancer.** The relationship between IGFBP-4 expression and hormonal receptors in breast cancer is unclear. Figueroa *et al* studied 40 primary breast tumors (77) and found that all of them expressed IGFBP-4 mRNA and the expression was higher in oestrogen receptor (ER)-positive specimens. In another study on 80 breast cancer specimens, IGFBP-4 positively correlated with both estrogen and progesterone receptors and inversely correlated with synthetic-phase (S-phase) fraction (78) which reflects tumor cellular proliferation. In contrast to these two studies, another study on 47 cancer specimens failed to find any relation between ER content and IGFBP-4 levels (67). In an experiment involving MCF-7 breast

Table I. *In vitro* studies linking IGFBP-4 and cancer.

Author/Refs.	Cell line/tissue	Cancer site	Result/conclusion
Bachrach <i>et al</i> (65)	FTC-133 FTC-236	Follicular thyroid	IGFBP-4 protein and mRNA were ↑ by TSH, forskolin and EGF
Bernardini <i>et al</i> (101)	SK-N-BE(2)	Neuroblastoma	Retinoic acid ↓ IGFBP-4 secretion
Ceda <i>et al</i> (7)	B104	Neuroblastoma	IGF-I ↑ but IGF-II ↓ expression of both isoforms of IGFBP-4
Cheung <i>et al</i> (73)	B104	Neuroblastoma	Dexamethasone ↓ native IGFBP-4 and a IGFBP-4 protease is regulated by glucocorticoids
Bostedt <i>et al</i> (16)	A549	Lung	IGF-I ↓ the concentration of IGFBP-4
Damon <i>et al</i> (18)	M12	Prostate	Colony formation was significantly inhibited and there was a marked delay in tumor formation in animals with IGFBP-4-transfected cells ( $P \leq 0.01$ )
Drivdahl <i>et al</i> (97)	ALVA-31 and M12	Prostate	Antisense cDNA transfected lines proliferated more slowly and colony formation in was strongly inhibited
Yi <i>et al</i> (17)	Tissue	Stomach	IGFBP-4 was expressed in most cell lines
Cho <i>et al</i> (102)	HT-29	Colon	IGFBP-4 was ↓ by t10c12 conjugated linoleic acid (CLA), whereas c9t11 CLA had no effect
Street <i>et al</i> (51)	CaCo-2	Colon	IGFBP-4 secretion ↓ with differentiation. IGFBP-4 was ↓ by IL-1β and IL-6 treatment
Dai <i>et al</i> (35)	CaCo-2	Colon	1.4-kb 5' flanking region containing cis elements regulates the IGFBP-4 gene
Singh <i>et al</i> (103)	CaCo-2	Colon	IGFBP-4 level varies with differentiation
Culouscou and Shoyab (104)	HT-29	Colon	Purified and identified IGFBP-4 as a growth inhibitor
Singh <i>et al</i> (93)	HT-29	Colon	Overexpression of IGFBP-4 was not inhibitory to HT-29 cells. Endogenous IGFBP-4 was a potent inhibitor of autocrine effects of endogenous factors (IGF-II)
Shen and Singh (28)	CaCo-2	Colon	Sp3 binding site, may regulate the expression of the IGFBP-4 gene
Park <i>et al</i> (91)	CaCo-2	Colon	Transfection with a human BP-4 cDNA exhibited a 60% increase in IGFBP-4 mRNA, and secreted twice as much IGFBP-4 protein as controls. IGFBP-4-overexpressing cells proliferated at only 25% the rate of control
Corkins <i>et al</i> (94)	HT-29	Colon	Cell differentiation correlates with an ↑ in IGFBP-4 levels
Diehl <i>et al</i> (90)	Isreco-1, LS1034	Colon	In IGF-insensitive Isreco-1 cells, overexpression of IGFBP-4 ↓ colony formation but not cell proliferation and migration. In IGF-dependent LS1034 cells, IGFBP-4 inhibited all parameters of growth tested
Pratt and Pollak (82)	MCF-7	Breast	Antiestrogens and tamoxifen ↓ levels of IGFBP-4
Gronbaek <i>et al</i> (83)	Human	Breast	IGFBP-4 ↓ before and ↑ during Tamoxifen treatment
Coutts <i>et al</i> (81)	T-47D	Breast	Medroxyprogesterone acetate ↓ IGFBP-4, antiestrogen ICI 164384 transiently ↓ mRNA of IGFBP-4
Chen <i>et al</i> (79)	MCF-7	Breast	IGFBP-4 had no effect on IGF-I induced DNA synthesis
Perks <i>et al</i> (34)	Hs578T	Breast	IGFBP-4 caused marked ( $P < 0.01$ ) inhibition of ceramide-induced apoptosis.

↑, increase; ↓, decrease.



Table II. *In vivo*, clinical and population studies on the relationship between IGFBP-4 and cancer.

Author/Refs.	Model	Cell line	Cancer site	Outcome
Damon <i>et al</i> (18)	Nude mice	M12	Prostate	Marked delay of tumor formation in animals receiving IGF-4 transfected cells
Drivdahl <i>et al</i> (97)	Nude mice	ALVA-31 and M12	Prostate	The rate of tumor formation and growth in male athymic nude mice injected with M12asBP4 was markedly ↓
Gronbaek <i>et al</i> (83)	Human	NA	Breast	IGFBP-4 ↓ before and ↑ during Tamoxifen treatment
Ng <i>et al</i> (99)	63 breast cancer pts and 27 benign breast disease	NA	Breast	Decreasing levels of IGF-4 (P<0.01) was associated with positivity of progesterone receptors in the tumor

↑, increase; ↓, decrease; NA, not applicable.

cancer cells, IGF-4 had no effect on IGF-I-induced DNA synthesis (79) but, in Hs578T breast cancer cells, IGF-4 caused marked (P<0.01) inhibition of ceramide-induced apoptosis (34).

The expression of IGF-4 in breast cancer is modulated by various hormones. Treatment of MCF-7 cells with an estrogen, 17β-estradiol, resulted in increased IGF-4 gene expression (>3-fold) and protein secretion (>6-fold) (80). Further evidence showed that antiestrogens ICI 164384 and ICI 182780 decreased mRNA levels of IGF-4 (81,82). In N-nitrosomethylurea-induced rat mammary tumor, IGF-4 mRNAs decreased with ovariectomy and increased with hormone repletion. Another anti-estrogen, tamoxifen, significantly reduces the levels of IGF-4 protein in the conditioned medium of MCF7 cells (82). But a small study on 8 patients showed an increase in serum IGF-4 levels after tamoxifen (83), which may reflect the systemic effect of tamoxifen.

In a different study, medroxyprogesterone acetate treatment resulted in a time- and dose-dependent decrease in IGF-4 mRNA but mifepristone alone had little or no effect (81). A synthetic progestin, Org2058, but not dexamethasone, inhibited IGF-4 expression. In a separate study, IGF-4 levels were slightly decreased in response to high doses of human chorionic gonadotropin (84).

It has been shown that retinoic acid increases the IGF-4 level in conditioned medium in the MCF-7 breast carcinoma cell line (85). In contrast, another study shows that retinoic acid reduces transcriptional activity of the IGF-4 gene (86). Retinoic acid and estrogen increased IGF-4 mRNA levels in many ER-positive cell lines and the effect of oestrogen and retinoic acid in combination was additive (50). Although both of them individually enhanced IGF-4 mRNA levels in ER-positive T47D cells, their effect in combination was antagonistic in this cell line (50). Transfection of human ER into ER-negative MDA-MB-231 cells conferred retinoic acid and oestrogen the ability to enhance IGF-4 mRNA but both agents failed to concomitantly modulate IGF-4 levels in the CM suggesting a dual regulation by these agents at transcription/post-transcription and translation/secretion levels (50).

*Osteosarcoma and multiple myeloma.* Normal osteoblasts secrete IGF-4 as well as an IGF-dependent IGF-4 protease (39). Therefore, the IGF system can influence bone growth by altering the levels of IGFs and thereby influencing free IGFs. Fully tumorigenic osteosarcoma cells do not express IGF-4 as well as an IGF-dependent IGF-4 protease (39).

Human myeloma cells express IGF-4 (49). In late stages of myeloma, there is increased bone destruction and decreased bone formation, which causes osteolytic lesions. This may be due to multiple myeloma cells secreting IGF-4, which inhibits IGF-I-stimulated bone formation by adjacent normal osteoblasts (49).

*Genitourinary cancers.* Ovarian carcinomas frequently express IGF-4 (87) but the precise role of IGF-4 is yet to be evaluated. A recent study found that IGF-4 mRNA is down-regulated in seminomas and oncocytomas which may enhance IGF stimulated growth of cancer cells (88,89).

*Gastrointestinal cancers.* The majority of colon cancers studied were found to express IGF-4 (35,70). In an *in vitro* study, Diehl *et al* (90) found overexpressed IGF-4 in colon cancer cells when using murine IGF-4 cDNA. Overexpression of IGF-4, in IGF-insensitive colon (Isreco) cells, decreased the colony formation alone without any effect on cell proliferation and migration but, in IGF-dependent LS1034 cells, it decreased proliferation, migration and colony formation, although IGF-II partly restored the first two parameters. In another IGF-sensitive cell, Isreco-2, which lacks endogenous IGF expression, the colony formation was decreased by IGF-4. In a different study (91), CaCo-2 cells were transfected with a human IGF-4 cDNA construct and they exhibited a 60% increase in IGF-4 mRNA and secreted twice as much IGF-4 protein as in controls. The IGF-4 overexpressing cells proliferated at only 25% of the rate of control cells in serum-free medium and there was a 70% increase in expression of sucrase-isomaltase (91). IGF-4 gene expression played an important role in the transition from proliferation to differentiation in colon cancer cell line, CaCo-2 (28). IGF-4 expression in CaCo-2 cells correlated

well with cell differentiation (92) and a significant up-regulation of IGFBP-4 expression occurred on spontaneous differentiation in culture (35).

Antisense inhibition of IGFBP-4 mRNA confers a growth advantage to the cells in response to endogenous and exogenous IGFs (35). Dai *et al* (35) studied the inhibitory role of endogenous IGFBP-4 on HT-29 human colon cancer cells. Both the basal and IGF-stimulated growth of cells were significantly increased over control values in the presence of IGFBP-4 antibody, suggesting that endogenous IGFBP-4 is a potent inhibitor of the mitogenic effects of endogenous and exogenous IGFs (93). Singh *et al* (93) also transfected colon cancer cells with sense and antisense cDNA fragments of human IGFBP-4. The basal and IGF-I-stimulated growth of antisense cells were significantly higher than those of control and sense cells. The basal and IGF-I-stimulated growth of sense cells were not significantly different from those of the control cells, suggesting that overexpression of IGFBP-4 was not inhibitory to the growth of HT-29 cells.

HT29-D4 cells secreted IGF-II which became totally complexed to IGFBP-2, IGFBP-4 and IGFBP-6 and ~15% of IGFBP-4 was associated with the extracellular matrix (42). IGFBP-4 proteolysis by cell-bound plasmin can promote autocrine/paracrine IGF-II bio-availability in colon cancer cells (42). Corkins and co-workers (94) studied the effect of carbohydrate on expression of IGFBP-4 by HT-29 cells. The cells were grown in either glucose or galactose (glucose free) medium. Cells grown in galactose medium showed low IGFBP-4 levels until they approached confluence, at which point the levels increased significantly, while the cells grown in glucose medium showed increasing IGFBP-4 levels with increasing cell number, except for a transient decrease at confluence. HT-29 cells, when treated with retinoic acid, had dose-dependent increases in IGFBP-4 and reduced IGF-II expression. In a different study, HT-29 cells were treated with IGF-I for various time periods, which resulted in increased VEGF mRNA expression. When the activity of IGFBP-4 was blocked, it did not significantly influence the effect of IGF-I induction of VEGF mRNA in HT-29 cells (95).

A previous study conducted in our department to assess the expression of IGFBP-4 protein in malignant and non-malignant colonic tissue in 18 patients, showed significantly lower amounts of IGFBP-4 in colon cancer than in non-malignant colon in 16 patients ( $P < 0.05$ ), which was confirmed by Western blotting and immunohistochemistry (41). This may be due to the increased protease activity of transgenic cells.

Expression of IGFBP-4 has also been found in most gastric carcinoma cell lines (17,64) but it is important to distinguish between increased expression at the mRNA level and the concentration of the protein. Regrettably, this is often overlooked as the functional aspects of IGFBP-4 are dependent on the protein.

**Prostate cancer.** Prostate carcinoma cells secrete IGFBP-4 (69,96), as well as a general IGFBP protease and cathepsin D, both of which are capable of hydrolyzing all endogenous IGFBPs and, thus, modifying IGF-I action in prostatic cells (69). In one study, IGFBP-4 was overexpressed by transfecting malignant M12 prostate epithelial cells with plasmid containing IGFBP-4 (18). Consequently, IGF-induced proliferation was

reduced in the IGFBP-4 transfected cells compared with control cells ( $P \leq 0.01$ ). Colony formation in soft agar was inhibited for 14 days ( $P \leq 0.01$ ). As IGFBP-4 has been suggested to inhibit cell growth, the reduction of IGFBP-4 expression should increase the availability of free IGFs, which would increase cell growth. In reality, the results were different. In another study (97), when IGFBP-4 expression was inhibited with antisense cDNA in two prostate tumor cell lines, ALVA-31 and M12, both transfected lines proliferated more slowly in monolayer culture than parental controls. Colony formation in soft agar was strongly inhibited in both cases. Apoptosis induced by the topoisomerase inhibitor, etoposide, was also enhanced in transfected cells. The results may be due to the involvement of other binding proteins which influence cell growth.

## 7. Evidence from *in vivo* studies

When compared to *in vitro* studies the numbers of *in vivo* studies which demonstrate the effect of IGFBP-4 in cancer are much fewer and less well standardised.

**Hepatocellular carcinoma.** IGFBP-4 expression in pre-neoplastic and neoplastic lesions is not the same. Immunohistochemical studies showed increased expression of IGF-I and IGFBP-4 in preneoplastic lesions (98). Hepatocellular carcinoma arising in this lesion showed decreased expression of IGF-I and IGFBP-4. The altered gene expression in glycogen-storing preneoplastic hepatic foci, especially the up-regulation of IGF-I and IGFBP-4 with the down-regulation of IGFBP-1, resembles the insulin-dependent regulation of these components in normal rat hepatocytes.

**Prostate cancer.** Damon *et al* (18) transfected prostate cancer cells with the IGFBP-4 gene and injected these cells subcutaneously into male athymic/nude mice. There was a marked delay in tumor formation in animals receiving IGFBP-4 transfected cells when compared with controls. In a reverse experiment, when IGFBP-4 expression was inhibited with antisense cDNA in prostate tumor cell line, M12, it also markedly reduced the rate of tumor formation and growth in male athymic nude mice (97). These studies demonstrated that the *in vivo* effect of altered expression of IGFBP-4 is complex and is under the influence of several unknown factors.

## 8. Evidence from population and clinical studies

In a case-control study (99) involving 63 breast cancer patients, decreasing serum levels of IGFBP-4 ( $P < 0.01$ ) were significantly associated with an increasing number of progesterone receptors in the tumor. IGFBP-4 was significantly ( $P < 0.01$ ) associated with the risk of breast cancer.

In one study, the IGFBP-4 levels in the circulation did not show any difference in most of the cancer patients with solid tumors, although several children with acute lymphoblastic leukaemia showed increased plasma IGFBP-4 levels (9).

In a phase II clinical trial, it was found that the plasma levels of IGFBP-4 were not significantly affected by the administration of suramin, a drug used for African trypanosomiasis, but free IGF-I plasma levels were consistently increased over 250% in patients with advanced breast cancer (100).

## 9. Summary and future recommendations

IGFBP-4 acts mainly by sequestering the IGFs and is a very important inhibitory binding protein of the IGF system. IGFBP-4 levels and expression by various tissues are influenced by IGFBP protease, nutrition, trauma, several growth factors and hormones. IGFBP-4 mRNA expression is not necessarily a good indicator of the amount of IGFBP-4 associated with the cells. Although several types of cancer cell express IGFBP-4 and its role has been widely studied in breast cancer, the results are controversial. *In vitro* and *in vivo* studies have shown that overexpression of IGFBP-4 is inhibitory to many cancer cells, though there are exceptions; however, reduced expression of IGFBP-4 may not increase cell growth in some cancers; for example, prostatic cancer. In colorectal cancer, antisense inhibition of IGFBP-4 may confer a growth advantage while overexpression of IGFBP-4 may not be inhibitory to some colon cancer cells. To date, there are only two studies of prostate cancer that have shown the effect of IGFBP-4 *in vivo*. Apart from the one study conducted by Damon *et al* (18), there is no other *in vivo* evidence that IGFBP-4 overexpression is inhibitory to cancers. The following questions need to be addressed: i) do all types of cancer cell fail to produce appropriate levels of IGFBP-4 and, if so, is this due to increased secretion of protease? ii) does systemically introduced IGFBP-4 have serious side effects as IGFs are involved in many physiological reactions? Further *in vitro* and *in vivo* studies are advisable before considering the clinical use of IGFBP-4.

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