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8 **Brucine N-oxide reduces ethanol intake and preference in**  
9 **alcohol-preferring male Fawn-Hooded rats**10 Shoupeng Wei<sup>1,‡</sup>, Yu-ling Li<sup>2,‡</sup>, Qi Gong<sup>1</sup>, Hui Liang<sup>1</sup>, Qing liu<sup>1</sup>, Rick E. Bernardi<sup>3</sup>11 Han-Ting Zhang<sup>4</sup>, Feng Chen<sup>5</sup>, Andrew J. Lawrence<sup>5</sup>, and Jian-hui Liang<sup>6,\*</sup>

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### 30 **Abstract**

31 **Background:** Alcohol use disorder places a heavy burden on global  
32 public health systems and thus is in urgent need of improved  
33 pharmacotherapies. Previously, our group has demonstrated that 30  
34 mg/kg of the indole alkaloid brucine significantly attenuates alcohol  
35 drinking behavior; however, the high toxicity, poor water solubility, short  
36 half-life, and limited therapeutic window of brucine restrain its clinical  
37 application as an anti-alcoholism medication. We subsequently  
38 hypothesized that the oxide of brucine (brucine N-oxide) would produce a  
39 similar behavioral effect without the risk profile associated with brucine.

40 **Methods:** Male Fawn-Hooded rats with high innate alcohol preference  
41 underwent two-bottle choice procedures (Experiments 1-3). Experiment 1  
42 examined the effects of 7 daily BNO injections of 0, 30, 50 or 70 mg/kg  
43 (s.c.) on voluntary alcohol consumption (n = 9/group). Experiment 2  
44 evaluated the impact of a single dose of 0 or 70 mg/kg BNO on the

45 increased alcohol intake induced by a 4d alcohol deprivation (n =  
46 8/group). Experiment 3 tested the effect of 7 daily BNO injections of 0 or  
47 70 mg/kg (s.c.) on sucrose preference (n = 6/group). Experiment 4  
48 measured the median lethal dose (LD50) values of BNO and brucine to  
49 compare their acute toxicity in rats. Experiment 5 tested whether BNO (0,  
50 30, 50 and 70 mg/kg, s.c.) affected locomotor activity using an open-field  
51 paradigm (n= 8/group). Finally, Experiment 6 evaluated the possible  
52 conditioned rewarding effects of 0, 30, 50, and 70 mg/kg BNO using the  
53 conditioned place preference paradigm (n = 6/group).

54 **Results:** BNO administration dose-dependently attenuated alcohol  
55 consumption without affecting food intake, total fluid consumption or the  
56 natural preference for a sucrose solution, with 70 mg/kg BNO reducing  
57 consumption by 22.8%. A single dose of 70 mg/kg BNO significantly  
58 inhibited the alcohol deprivation effect. The LD50 values of BNO and  
59 brucine in rats were determined to be  $1103.5 \pm 177.0$  mg/kg and  $264.6 \pm$   
60  $17.7$  mg/kg, respectively. Finally, BNO administration did not affect  
61 spontaneous locomotor activity or induce a place preference.

62 **Conclusions:** BNO may help to control excessive alcohol use and should  
63 be considered a treatment strategy for future study and development.

64 **Keywords :** brucine N-oxide; alcohol; alcohol use disorder;  
65 Fawn-Hooded (FH/Wjd) rat; glycine receptor

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## 74 **1. Introduction**

75 People drink alcohol to socialize, relax and relieve pressure in  
76 contemporary society. However, some individuals can develop alcohol  
77 use disorders (AUD) after repeated alcohol consumption, which induces  
78 chronic and progressive alterations in the central nervous system (CNS).  
79 AUD inflicts economic and social losses on the individual as well as  
80 society at large and urgently requires the development of more effective  
81 therapies. A global survey on alcohol and health has revealed that  
82 harmful alcohol use results in 3,000,000 deaths and contributes to 5% of  
83 the burden of diseases worldwide annually (World Health Organization,  
84 2018). Moreover, excessive alcohol consumption positively correlates  
85 with the development of liver, oesophagus, larynx, pharynx, oral cavity  
86 and female breast cancers (Bagnardi et al., 2001, 2013; Talamini et al.,  
87 2002; Znaor et al., 2003; Turati et al., 2013).

88

89 Clinically, naltrexone and acamprosate are prescribed to control the  
90 symptoms of AUD; however, the side effects of naltrexone and the low  
91 bioavailability of acamprosate may limit their therapeutic usage (Kaaber  
92 et al., 1987; Croop et al., 1997; Jupp & Lawrence, 2010; Witkiewitz et  
93 al., 2012). Consequently, it is necessary to develop medications with  
94 higher efficacy and fewer side effects for better compliance from patients.  
95  
96 *Semen strychni* is a traditional Chinese medicine that has been used for  
97 hundreds of years due to its significant analgesic and anti-inflammatory  
98 properties (Yin et al., 2003). The major active components of this  
99 compound are indole alkaloids, including brucine (Fig. 1a) and brucine  
100 N-oxide (BNO; Fig. 1b). Previously, we found that brucine had an  
101 inhibitory effect on alcohol drinking behavior in FH/Wjd rats, an innate  
102 alcohol-preferring rat strain (Li et al., 2014). However, brucine is  
103 classified as a toxic substance with a high elimination rate and a narrow  
104 therapeutic window, which impedes its potential translation to clinical  
105 settings (Yin et al., 2003; Li et al., 2014). Because oxidation is a common  
106 pathway of detoxification and delay of the elimination of alkaloids  
107 (Ziegler & Gold, 1971; Rose & Castagnoli, 1983), we hypothesized that  
108 the use of BNO, an oxide of brucine, might result in a similar  
109 anti-alcohol-drinking effect, but with negligible toxicity and a wide  
110 therapeutic dose range.

111

112 In this study, we first investigated the effects of BNO administration on  
113 alcohol drinking phenotypes and sucrose preference using an oral  
114 drinking paradigm in rats. We further investigated the acute toxicity of  
115 brucine and BNO. Finally, we determined whether BNO alters locomotor  
116 activity or induces a place conditioning effect.

117

## 118 **2. Materials and methods**

### 119 **2.1. Animals**

120 FH/Wjd rats were generously provided by Prof. Andrew J. Lawrence at  
121 the Florey Institute of Neuroscience and Mental Health, University of  
122 Melbourne (Melbourne, Australia) and bred at the Department of  
123 Laboratory Animal Sciences, Peking University Health Science Center  
124 (License number: SCXK-(Jing) 2011-0012). Experimental rats were  
125 housed and raised in hyaline plastic boxes and had free access to water  
126 and food in a condition-controlled room (Relative humidity: 50%  $\pm$   
127 10%; temperature: 22 °C  $\pm$  1 °C) on a 12-h light/darkness cycle (on  
128 8:00 am, off 8:00 pm). We used male rats of approximately 10 weeks old  
129 and habituated them to the environment prior to experiments. The  
130 experimental procedures were approved by the Local Committee on  
131 Animal Care and Use. Animals were treated according to the NIH Guide  
132 for the Care and Use of Laboratory Animals.

133

## 134 2.2. Drugs

135 BNO hydrate (Sigma-Aldrich, St. Louis, MO, USA) and morphine  
136 hydrochloride (Qinghai Pharmaceutical Plant, Qinghai, China) were  
137 prepared with saline and administered subcutaneously in a volume of 1  
138 mL/kg. Ethanol (5%, 10%, v/v; Beijing Chemical Factory, Beijing, China)  
139 and sucrose (0.5%, w/v; Beijing Chemical Factory, Beijing, China)  
140 solutions were prepared in tap water.

141

## 142 2.3. Ethanol two-bottle choice drinking test

143 This test was performed according to the classic paradigm (Pandey et al.,  
144 2004; Li et al., 2014; Eisenhardt et al., 2015). FH/Wjd rats were housed  
145 separately in the home cage and given one bottle containing 5% ethanol  
146 solution and one water bottle continuously for 8 consecutive weeks as an  
147 adaptive phase to ensure a stable level of ethanol consumption prior to  
148 testing. A 5% solution was used because FH/Wjd rats have a higher  
149 preference for ethanol at this concentration (Li et al., 2014). Solutions  
150 were replaced and the positions of the bottles were switched daily.  
151 Thirty-six rats with high alcohol preference (> 65%) were divided into 4  
152 groups using a randomized block design (n = 9/group). BNO treatment at  
153 0 mg/kg (saline), 30, 50 and 70 mg/kg was injected twice a day (at 8:00  
154 am and 7:30 pm) for 7d. The procedure lasted for 13 days, which

155 included a 3d baseline period, 7d of drug treatment and a 3d  
156 post-treatment response measurement. Ethanol, water and food  
157 consumption were monitored every 24 h.

158

#### 159 2.4. Alcohol deprivation test

160 The alcohol deprivation effect is characterized by a pronounced but  
161 transient elevation of ethanol consumption after a period of abstinence in  
162 rodents, which model alcohol relapse phenotypes (Spanagel et al., 1996;  
163 McBride et al., 2002; Rezvani et al., 2002; Li et al., 2014; Vengeliene et  
164 al., 2014). During this procedure, 24 alcohol-preferring FH/Wjd rats were  
165 given 10% ethanol and water for 8 weeks. The concentration of 10% was  
166 used based on higher daily alcohol consumption in FH/Wjd rats (Li et al.,  
167 2014). Rats were randomly divided into 3 groups: one baseline and two  
168 groups given a 4d alcohol deprivation (n = 8/group). At 7:30 pm of the  
169 last day, the deprivation groups were injected with 0 or 70 mg/kg BNO.  
170 The ethanol bottle was returned, and ethanol and water intake were  
171 recorded at 24 and 48 h.

172

#### 173 2.5. Sucrose two-bottle choice drinking test

174 Here, a two-bottle choice paradigm was employed to assess whether  
175 BNO treatment affects the natural preference for a sucrose solution (Hu et  
176 al., 2011). FH/Wjd rats were provided with one bottle containing 0.5%



177 sucrose and one water bottle. Drinking solutions were replaced and the  
178 positions of the bottles were switched daily. Twelve rats (sucrose  
179 preference > 60%) were divided into 2 groups (n = 6/group) and  
180 administered 0 or 70 mg/kg twice daily (at 8:00 am and 7:30 pm), with  
181 sucrose preference monitored every 24 h.

182

### 183 2.6. Acute toxicity test

184 In this test, a modified Up-and-Down procedure was adopted to  
185 determine the acute toxicity of BNO and brucine (Meyer et al., 2005; Xu,  
186 1991). Here, 20 FH/Wjd rats (10 male and 10 female) for each alkaloid  
187 were used to measure median lethal dose (LD50) values. Rats were fasted  
188 overnight prior to BNO or brucine administration. Rats remaining alive  
189 for 48 h after a single dose of BNO or brucine were classified using the  
190 term “survival”; otherwise, a classification of “death” was given. LD50  
191 values were calculated based on doses, numbers of survivals and deaths.

192

### 193 2.7. Locomotor activity test

194 An open-field test was employed to assess the effect of BNO on general  
195 locomotor activity (Wen et al., 2012; Li et al., 2014). Thirty-two FH/Wjd  
196 rats were separated into 4 groups (n = 8/group). Following injections with  
197 0, 30 , 50 or 70 mg/kg BNO, rodents were placed into 4 identical  
198 sound-attenuating chambers (49 cm × 49 cm × 54 cm, without ceiling) to

199 measure locomotor activity for 4 h. Total horizontal distance was  
200 monitored and recorded with DigBehv spontaneous activity monitors, and  
201 then analyzed using DigBehv software Version 2.0 (Shanghai Jiliang  
202 Software Technology Co. Ltd., China). Locomotion was calculated as  
203 horizontal traveling distance in 10min bins.

204

## 205 2.8. Conditioned Place Preference (CPP)

206 CPP measures the ability of a previously novel environment to acquire  
207 conditioned reinforcing properties when paired with a putatively  
208 rewarding or aversive stimulus, such as a drug, via Pavlovian learning  
209 (Childs et al., 2019). Conditioned reward using CPP is oftentimes  
210 assessed by the difference in time spent between a drug-paired context  
211 and a non-drug context. Here, CPP procedures were utilized to evaluate  
212 the conditioned reinforcing profile of BNO. We used an unbiased device  
213 comprised of 3 different chambers (a middle chamber of 14 cm×23  
214 cm×20 cm, L×W×H; 2 side chambers of 28 cm×23 cm×20 cm, L×W×H)  
215 separated by a retractable guillotine door (Liu et al., 2012; Zhang et al.,  
216 2012). The side chambers were defined as distinguishable conditioning  
217 rooms with 2 somatosensory cues (visual: 5 radially-arranged or 4  
218 squarely-arranged low-power light bulbs; tactile: stainless steel rod or  
219 stainless steel mesh floor). Behavior was monitored by 3 infrared  
220 photocells (3 cm above the floor) in each chamber. One day prior to

221 experiments, rats were placed in the chambers to habituate. Our  
222 procedure then proceeded as follows over 10 consecutive days: a 15-min  
223 preconditioning session (day 1; drug free), eight 45-min conditioning  
224 sessions (day 2 to day 9; drug or saline treatment), and a 15-min test  
225 session (day 10; drug free). On day 1, rats were placed into the central  
226 compartment of the apparatus without the guillotine doors. The time  
227 spent in each compartment was determined to measure their natural place  
228 preference (exclusion criteria: time difference >120 s between the period  
229 in two side compartments). In total, 30 rats met the inclusion criteria and  
230 were separated into 5 groups (n = 6/group). On conditioning days, each  
231 rat was trained with alternative injections of saline (unpaired  
232 compartment) or drugs (0, 30, 50, and 70 mg/kg BNO or 6 mg/kg  
233 morphine; paired compartment) and then immediately placed into the  
234 proper compartments. Morphine at 6 mg/kg was used as a positive control  
235 to induce a CPP response (Zhang et al., 2012). On day 10, the rats were  
236 given access to the entire apparatus, and the ratio of time spent (s) in the  
237 drug-paired side to that in the saline-paired side was calculated as the  
238 CPP score.

239

## 240 2.8. Statistical Analysis

241 Data from two-bottle choice drinking paradigms and locomotor activity  
242 test were analyzed using repeated measures analysis of variance

243 (RM-ANOVA) (factors: treatment, day), followed by LSD post-hoc tests.  
244 For ADE and CPP tests, unpaired t tests and one-way ANOVA,  
245 respectively, were used to analyze the data. Data were expressed as the  
246 mean  $\pm$  SEM. The level of significance was  $p < 0.05$ .

### 248 **3. Results**

#### 249 3.1. BNO treatment reduce ethanol intake and preference

250 The ethanol two-bottle choice paradigm has been extensively employed  
251 to model human alcohol drinking (Rezvani et al., 2002). BNO treatment  
252 led to a significant reduction in ethanol intake [ $F(3, 32) = 5.88, p < 0.01$ ]  
253 (Fig. 2A) and preference [ $F(3, 32) = 3.57, p < 0.05$ ] (Fig. 2B) during the  
254 drug-treatment period. BNO injections at 70 mg/kg significantly inhibited  
255 daily voluntary alcohol intake and preference by 22.8% and 14.2%,  
256 respectively, during the 7d treatment period. The inhibitory effect of  
257 BNO on cumulative ethanol intake was also dose-dependent, as shown in  
258 Fig. 3 (50 mg/kg:  $p < 0.05$ ; 70 mg/kg:  $p < 0.001$ ). Total fluid  
259 consumption was unchanged [ $F(3, 32) = 2.58$ , not significant (NS)],  
260 while water intake showed a clear dose-dependent trend toward an  
261 increase, but no overall statistical significance [ $F(3, 32) = 2.78$ , NS] (Fig.  
262 2C). Food intake [ $F(3, 32) = 2.67$ , NS] (Fig. 2D) did not differ between  
263 groups. Notably, there was a sustained inhibition of alcohol intake, which  
264 remained below the baseline for at least 3 days post BNO administration.

265

### 266 3.2. BNO treatment inhibits an alcohol deprivation effect

267 A marked enhancement in ethanol intake in alcohol-preferring animals  
268 after a period of abstinence is referred to as an alcohol deprivation effect  
269 (ADE) (Rezvani et al., 2002; Li et al., 2014). Here, we monitored the  
270 drinking behavior in rats after ethanol was reintroduced. We found that  
271 acute 70 mg/kg BNO administration inhibited ethanol consumption (Fig.  
272 4A; d1:  $t(14) = 5.388$ ,  $p < 0.01$ ; d2:  $t(14) = 3.743$ ,  $p < 0.01$ ) and  
273 preference (Fig. 4B; d1:  $t(14) = 6.775$ ,  $p < 0.01$ ; d2:  $t(14) = 2.328$ ,  $p <$   
274  $0.05$ ) in alcohol-preferring FH/Wjd rats, without altering total fluid intake  
275 (Fig. 4C; d1:  $t(14) = 1.461$ , NS; d2:  $t(14) = 2.061$ , NS), as compared to  
276 the saline-treated group. In particular, ethanol consumption in the  
277 BNO-treatment group was inhibited by 44.4% ( $7.17 \pm 0.5$  g/kg vs  $4.0$   
278  $\pm 0.38$  g/kg), while ethanol preference was attenuated by 34.1% ( $92.1\%$   
279  $\pm 2.2\%$  vs  $58\% \pm 4.9\%$ ), on the first ADE test (d1). To draw a robust  
280 conclusion, the effectiveness of this paradigm was confirmed by the  
281 comparisons in ethanol intake (Fig. 4A; d1:  $t(14) = -2.548$ ,  $p < 0.05$ ; d2:  
282  $t(14) = -2.97$ ,  $p < 0.05$ ) and preference (Fig. 4B; d1:  $t(14) = -4.243$ ,  
283  $p < 0.01$ ; d2:  $t(14) = -3.922$ ,  $p < 0.01$ ) between the baseline and  
284 saline-treated groups.

285

### 286 3.3. BNO treatment does not alter preference for a natural reward

287 Here, we examined whether the effect of BNO treatment on alcohol  
288 drinking is specific or extends to natural rewards. BNO treatment did not  
289 result in an alteration of sucrose preference ( $F(1, 10) = 0.0004$ , NS) (Fig.  
290 5), suggesting that the BNO effect on alcohol drinking is alcohol-specific  
291 and not a non-specific effect on rewarding stimuli.

292

### 293 3.4 BNO has lower acute toxicity than brucine

294 Using a modified Up-and-Down procedure, we measured the LD50 value  
295 of BNO in rats as  $1103.5 \pm 177.0$  mg/kg, which is lower than that of  
296 brucine at  $264.6 \pm 17.7$  mg/kg. These data indicate that BNO has a higher  
297 safety profile than brucine, and thus is more appropriate for future study  
298 and potential clinical development.

299

### 300 3.5. BNO treatment does not influence locomotor activity

301 There was no statistical difference among the groups in horizontal  
302 locomotor activity either in 10-min bins analyzed using a two-way  
303 RM-ANOVA [ $F(3, 28) = 0.796$ , NS] (Fig. 6) or across the 4 h test using a  
304 one-way ANOVA [ $F(3, 28) = 0.796$ , NS] (Fig.6 inset). These results  
305 show that general locomotor activity is not altered by BNO treatment at  
306 behaviorally-effective doses.

307

### 308 3.6. BNO does not induce side preference or aversion

309 Saline- and BNO-treated rats did not differ in CPP scores [ $F(3, 20)$   
310  $=1.401$ , NS] (Fig.7). In contrast, as expected, rats administered 6 mg/kg  
311 morphine demonstrated a significant CPP ( $t(10) = -2.8$ ,  $p < 0.05$ ),  
312 confirming the effectiveness of this paradigm (Zhang et al., 2012). BNO  
313 treatment at 30, 50 and 70 mg/kg did not produce a place preference or  
314 aversion, suggesting that it has no conditioned rewarding or aversive  
315 properties.

316

#### 317 **4. Discussion**

318 Harmful alcohol use has become a public health issue that urgently  
319 requires effective and safe interventions. In this study, we demonstrated  
320 that treatment with BNO exerted a significant inhibitory effect on ethanol  
321 intake and preference in alcohol-preferring FH/Wjd rats in a  
322 dose-dependent fashion. BNO injections at 70 mg/kg (twice daily for 7d)  
323 decreased daily ethanol consumption by 22.8% ( $3.90 \pm 0.56$  g/kg versus  
324  $3.01 \pm 0.91$  g/kg) and preference by 14.2% ( $91.65\% \pm 9.51\%$  versus  
325  $77.45\% \pm 21.84\%$ ) during the drug-treatment period. The current data  
326 also indicate that BNO resulted in a specific amelioration of excessive  
327 drinking phenotypes, as repeated 70 mg/kg BNO treatment did not impair  
328 the natural preference of FH/Wjd rats for sucrose solution. Furthermore,  
329 both food and total fluid intake were unaffected by BNO. Importantly, we  
330 also did not observe the development of a tolerance effect to repeated

331 BNO injections during the 7d treatment period. This is in contrast to  
332 acamprosate, which can result in tolerance if administered repeatedly  
333 (Lidö et al., 2012). Our data preliminarily suggest that BNO can be  
334 developed into an effective medication with high specificity and no  
335 known tolerance.

336

337 The ADE is characterized by a pronounced but short-term increase in  
338 ethanol consumption in laboratory animals, which is used to mimic  
339 human relapse-like phenotypes with reliable face and predictive validity  
340 (Spanagel et al., 1996; McBride et al., 2002; Rezvani et al., 2002). The  
341 amplitude of ADE is highly correlated with the alcohol sensitivity of  
342 animals, determined by genetic expression (Vengeliene et al., 2014).  
343 Vengeliene et al proposed that rats rather than mice are a more  
344 appropriate system to mimic alcohol relapse drinking and examine the  
345 relapse-relieving properties of candidate compounds, finding that rats  
346 showed stable ADEs after repeated alcohol deprivation, predictable  
347 compulsive drinking phenotypes after long-term alcohol intoxication, and  
348 reliable, not paradoxical, pharmacological effects after certain  
349 interventions compared to mice (Vengeliene et al., 2014). Therefore,  
350 FH/Wjd rats with high alcohol preference provide an appropriate model  
351 to screen the therapeutic compounds for AUD treatment, and to clarify  
352 the underlying neurobiology of relapse. In this study, alcoholic FH/Wjd



353 rats had 8-week alcohol access and stable intake prior to alcohol  
354 deprivation. We demonstrated that a single 70 mg/kg BNO administration  
355 resulted in a significant inhibition of ethanol relapse phenotypes  
356 (consumption by 44.4% and preference by 34.1%) on d1 of re-exposure.  
357 These data demonstrate that BNO may have anti-relapse effects, which is  
358 critical in the development of pharmacotherapies for AUDs.

359

360 Based on our findings, we predict that BNO medications may have low  
361 toxicity and few side effects. We determined that the LD50 of BNO was  
362 significantly less than that of brucine, measured using a modified  
363 Up-and-Down procedure (Xu, et al., 1991; Meyer et al., 2005).  
364 Comparatively, the effective doses are approximately 70 mg/kg and 30  
365 mg/kg, for BNO and brucine, respectively, in alcohol-preferring FH/Wjd  
366 rats. Thus, BNO has much lower toxicity and a wider therapeutic window  
367 compared to brucine (Chen et al., 2013; Li et al., 2014). In addition,  
368 spontaneous locomotor activity in rats was not impaired by BNO at doses  
369 effective in inhibiting alcohol drinking, demonstrating that the  
370 suppression of alcohol drinking behavior cannot be ascribed to motor  
371 function impairment or sedation (Li et al., 2014). Finally, the CPP  
372 paradigm was used to evaluate the conditioned reinforcing effect of BNO  
373 in rats (Liu et al., 2012; Li et al., 2014). We found that BNO treatment at  
374 70 mg/kg, an effective dose as demonstrated above, did not result in

375 either preference or aversion for the BNO-paired compartment,  
376 preliminarily suggesting that the effects on alcohol drinking likely do not  
377 result from interoceptive properties of BNO.

378

379 The metabolism of BNO appears to be complicated, as it is reported that  
380 BNO and brucine can transform into each other in circulating blood.  
381 BNO as a tertiary amine can be enzymatically dealkylated and  
382 structurally decomposed to secondary amines, while a proportion of BNO  
383 can be metabolically reduced into brucine by the enzyme aldehyde  
384 oxidase. Retrogradely, brucine can also be oxidized into BNO, catalyzed  
385 by cytochrome P450 and the monooxygenase with flavin, which is a  
386 critical detoxification method of alkaloids (Takekawa et al., 1997, 2001).  
387 *Chen* et al discovered that 65.4% brucine could be readily metabolized  
388 into the main metabolite BNO in rat liver tissue in a 2h incubation period  
389 via an *in vitro* metabolism study (Chen et al., 2012). Pharmacologically,  
390 BNO rather than brucine should be the main existent form for both  
391 brucine and BNO in circulating blood, as BNO is highly hydrophilic and  
392 soluble, and has a longer elimination period (Bickel et al., 1971; Ziegler  
393 & Gold, 1971; Rose & Castagnoli, 1983). Our speculation is that both  
394 BNO and brucine are active ingredients in ameliorating alcohol drinking  
395 phenotypes, because the critical structure that plays an active part in  
396 pharmacological functions are identical, while the coordinated oxygen

397 atom in the chemical structure of BNO failed to modify pharmacological  
398 activity, but lowered toxicity and increased hydrophilicity.

399

400 The mechanism of BNO to relieve alcohol drinking phenotypes remains  
401 to be elucidated. Both BNO and brucine can pass the brain blood barrier,  
402 and thus it is likely that their effects are exerted in the CNS (Cai et al.,  
403 2009). We propose that the effect of BNO is exerted via inhibitory  
404 glycine receptors, a type of inhibitory receptors extensively distributed in  
405 spinal cord and brain stem. *Gallegos et al* demonstrated that glycine  
406 receptors in dopamine receptor D1 receptor (D1R) expressed in medium  
407 spiny neurons are sensitive to small quantities of ethanol and further  
408 modulate the activity of nucleus accumbens, even at 5 mM (Gallegos et  
409 al., 2019). Meanwhile, the structure Loop 2 of a glycine receptor is  
410 considered a key structure and determines sensitivity to ethanol (Eggers  
411 & Berger, 2004; Crawford et al., 2007; Perkins et al., 2012). In addition,  
412 homomeric  $\alpha 1$  or  $\alpha 2$  GlyRs in *Xenopus* oocytes may be potentiated,  
413 while the activities of GlyR can be enhanced through prolonging the burst  
414 duration by ethanol (Mascia et al., 1996; Welsh et al., 2009; San Martin  
415 et al., 2016). Furthermore, BNO and brucine antagonize the  $\alpha 1$  and  $\alpha 1\beta$   
416 glycine receptors with  $K_i$  values of 1.4 and 1.7  $\mu\text{mol/L}$ , respectively, in  
417 human embryonic kidney 293 cells (Jensen et al., 2006). It is postulated  
418 that BNO and the metabolite brucine can competitively antagonize the

419 glycine receptors to reduce ethanol-induced dopamine release in the  
420 nucleus accumbens, and normalize the maladaptive signaling in reward  
421 circuitry (Li et al., 2014). It has been found that the elimination half-life  
422 ( $t_{1/2}$ ) of BNO and brucine in the blood are 5.7 and 1.04 h, respectively, in  
423 rats (Xu et al., 2003; Chen et al., 2009; Chen et al., 2011). Obviously, the  
424 post-treatment effect is attributed to the reparation of damaged circuits or  
425 the normalization of the neurotransmitter system by the BNO and brucine  
426 (Fig.2). However, the underlying neurobiology seems much more  
427 complex and awaits a deeper exploration, as some present findings appear  
428 in part contradictory to the proposed mechanism, i.e. that bilateral  
429 accumbal microinfusion of glycine reduced alcohol acquisition in Wistar  
430 rats (Molander et al, 2005). This result likely reflects the intense  
431 activation of NMDA receptors by overwhelmingly enhanced  
432 concentrations of glycine in the mesolimbic dopamine system, as glycine  
433 is a prerequisite co-agonist for the activation of NMDA receptors, which  
434 have a much higher density than glycine receptors (Irimia et al, 2017).

435

436 In summary, BNO selectively reduces alcohol drinking behavior in  
437 alcohol-preferring FH/Wjd rats, and is a promising candidate medication  
438 with higher safety, greater water solubility, longer elimination half-life  
439 and a larger therapeutic window. The homologue class of brucine may be  
440 a potential family for alcoholism therapy.

441

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### 615 **Figure Legends**

616 Figure 1 Chemical structures of brucine (a) and brucine N-oxide (b).

617 Figure 2 The effects of BNO treatment at 0, 30, 50 and 70 mg/kg (7 d,  
618 s.c., bid) on ethanol consumption, preference, water and food intake  
619 in alcohol-preferring FH/Wjd rats. (A and B) During the period of  
620 BNO injections, ethanol consumption and preference were  
621 significantly inhibited by BNO injections in rats (n = 9). (C and D)  
622 The increase in water intake was almost significant, though there was  
623 no significant overall effect, while food intake during BNO treatment  
624 did not differ among the groups. Test phases shown from left to right  
625 in the figure: the saline phase (day 1-3), the drug-treatment phase (day  
626 4 - 10) and the post-treatment phase (day 11 - 13). \* p < 0.05, \*\* p <  
627 0.01 versus the saline group.

628 Figure 3 The effects of BNO treatment on the cumulative ethanol intake  
629 during the 7d injections in alcohol-preferring FH/Wjd rats. BNO  
630 treatment inhibited the cumulative ethanol consumption in rats (n =  
631 9). \* p < 0.05, \*\*\* p < 0.001 versus the saline group.

632 Figure 4 The effect of BNO treatment at 70 mg/kg (s.c.) on  
633 deprivation-induced ethanol consumption, preference and total fluid  
634 intake in alcohol-preferring FH/Wjd rats. Ethanol and water intake  
635 were monitored on d1 and d2 after the re-introduction. (A) 70 mg/kg  
636 BNO reduced ethanol intake on d1 and d2 compared to the saline  
637 group, while there was a significant ADE after a period of 4d  
638 deprivation in saline-treated rats (n = 8). (B) 70 mg/kg BNO

639 significantly reduced alcohol preference on d1 and d2 in rats. (C) The  
640 total amount of fluid intake did not differ among the groups. \*  $p <$   
641 0.05 and \*\*  $p < 0.01$  versus the saline group.

642 Figure 5 The effect of 70 mg/kg BNO (7 d, s.c., bid) on sucrose  
643 preference in FH/Wjd rats. BNO treatments did not change sucrose  
644 preference in rats ( $n = 6$ ). Test phases shown from left to right in the  
645 figure: the saline phase (day 1- 3), the drug-treatment phase (day 4 -  
646 10) and the post-treatment phase (day 11 - 13).

647 Figure 6 The effect of BNO treatment at 0, 30, 50 and 70 mg/kg (s.c.) on  
648 locomotor activity in FH/Wjd rats. BNO treatment did not alter  
649 spontaneous locomotor activity in rats ( $n = 8$ ).

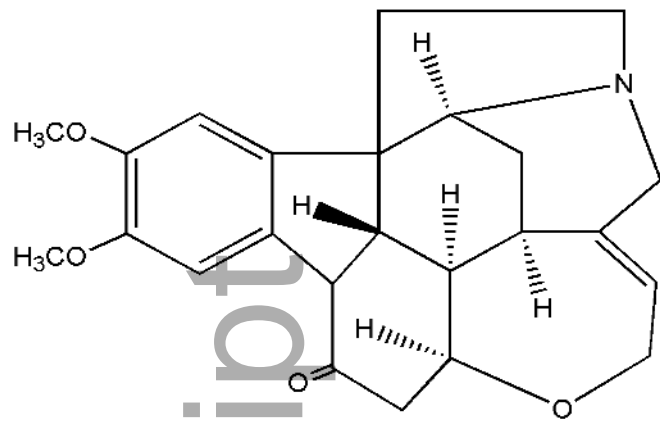
650 Figure 7 The effect of BNO treatment at 0, 30, 50 and 70 mg/kg (s.c.) on  
651 the CPP scores in FH/Wjd rats. BNO injections did not induce  
652 rewarding or aversive effects in rats ( $n = 6$ ). Saline and morphine  
653 groups were used as control groups. \*\*  $p < 0.01$  versus the saline  
654 group.

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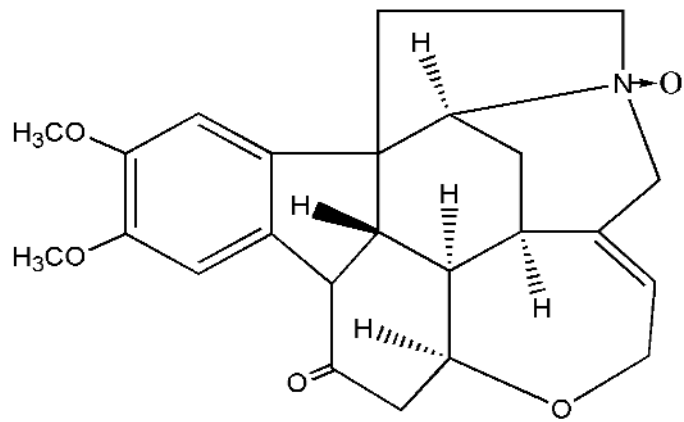
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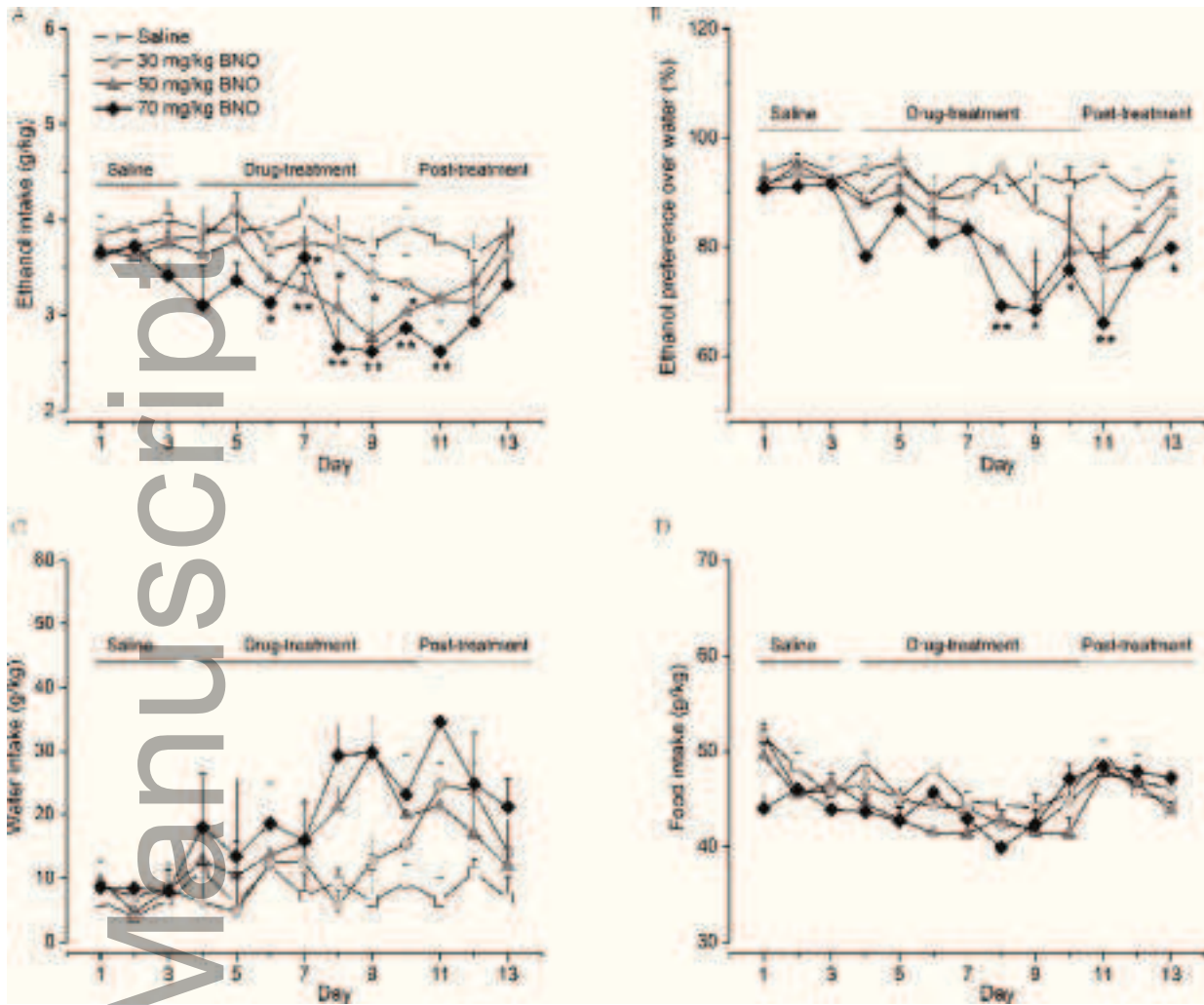


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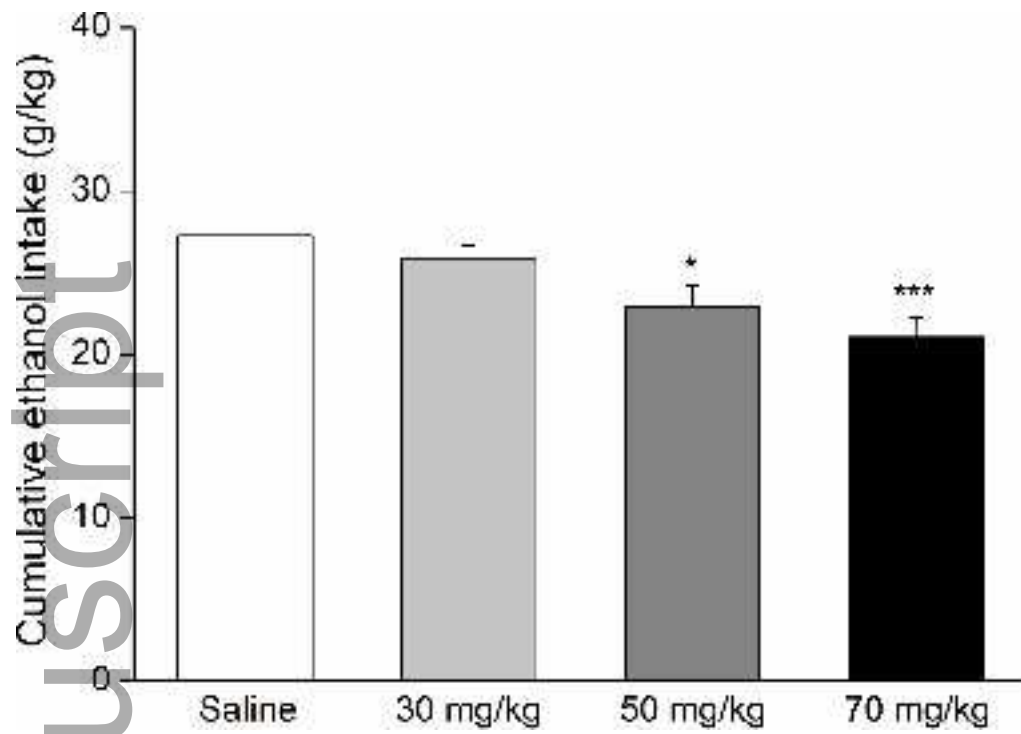
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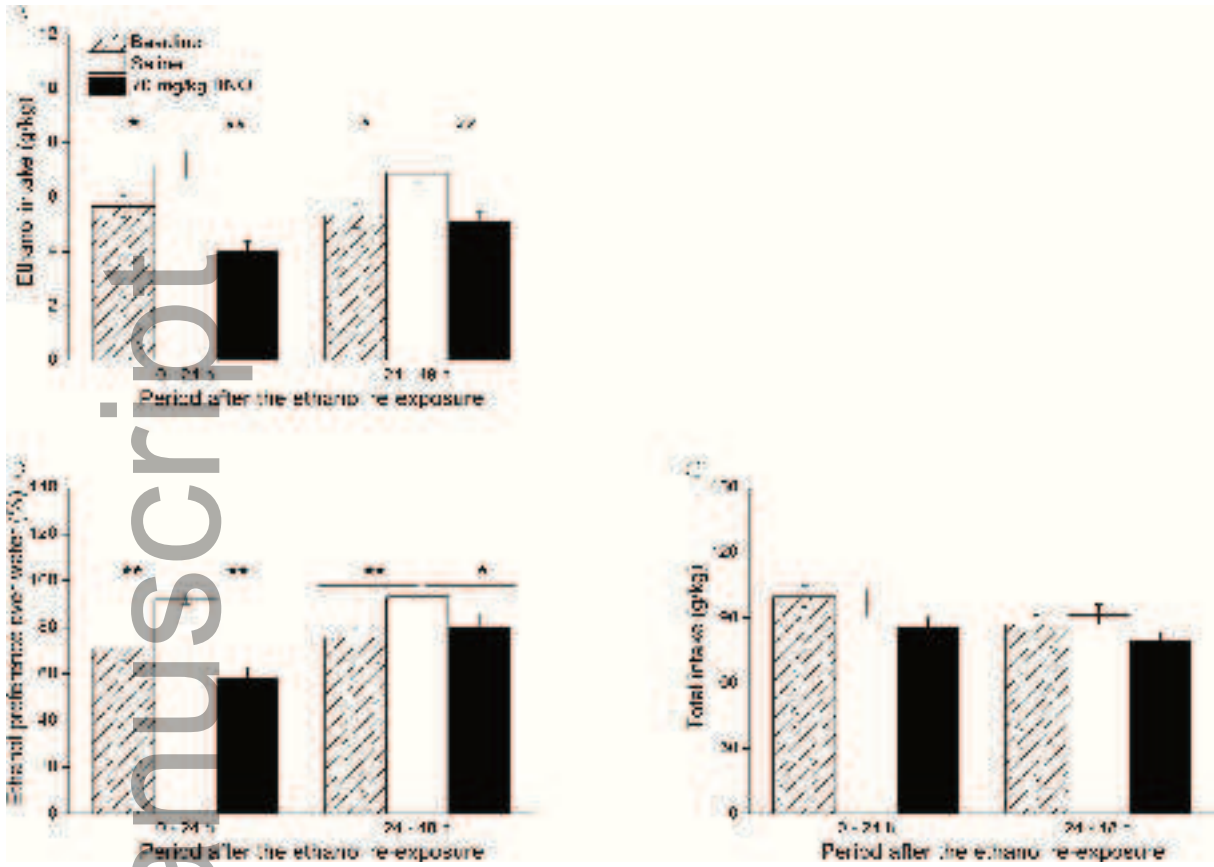
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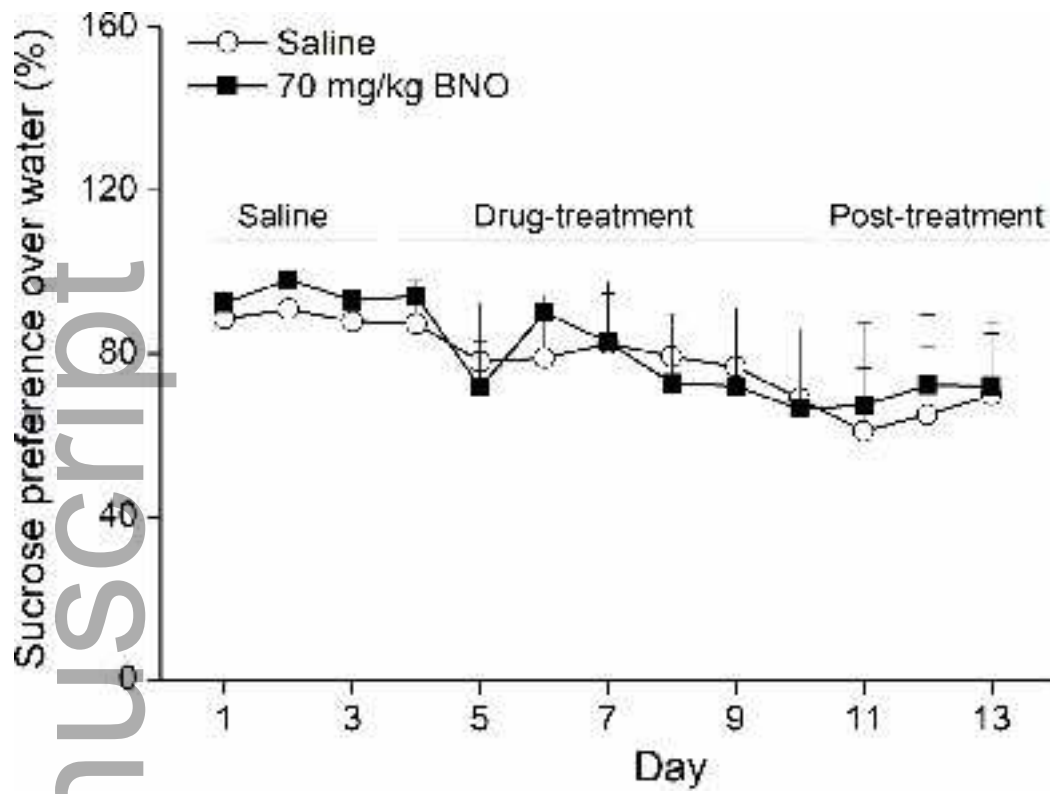


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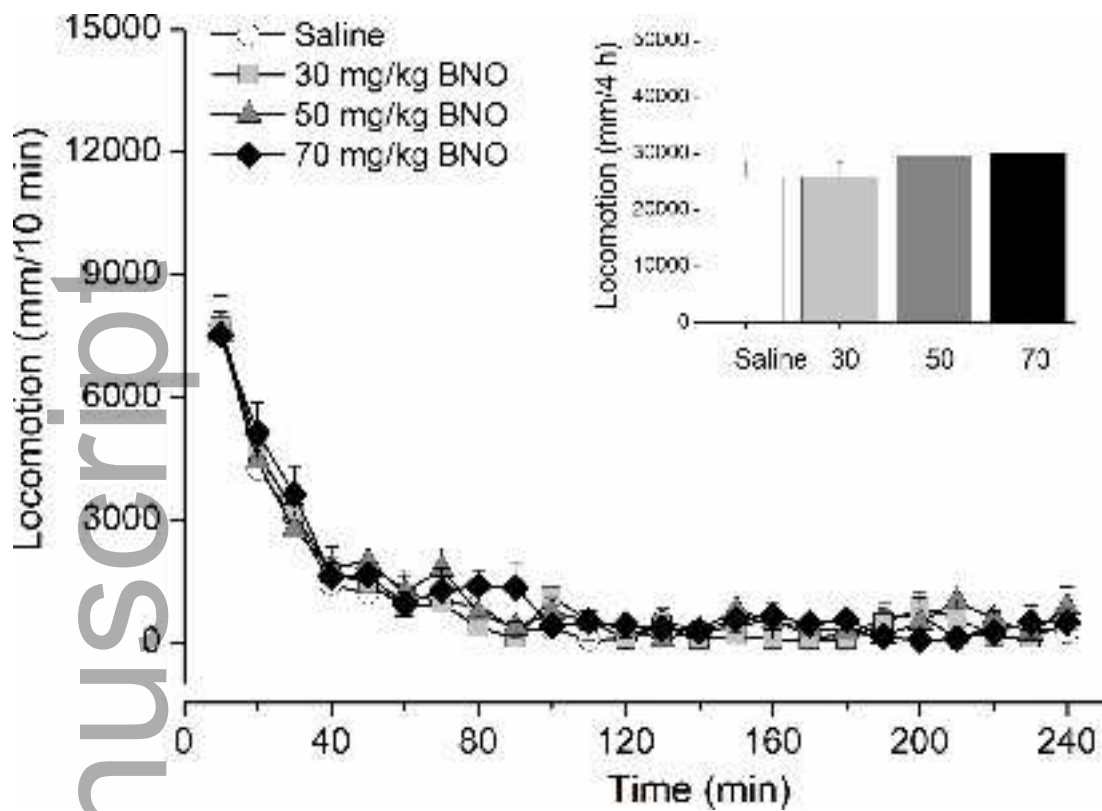
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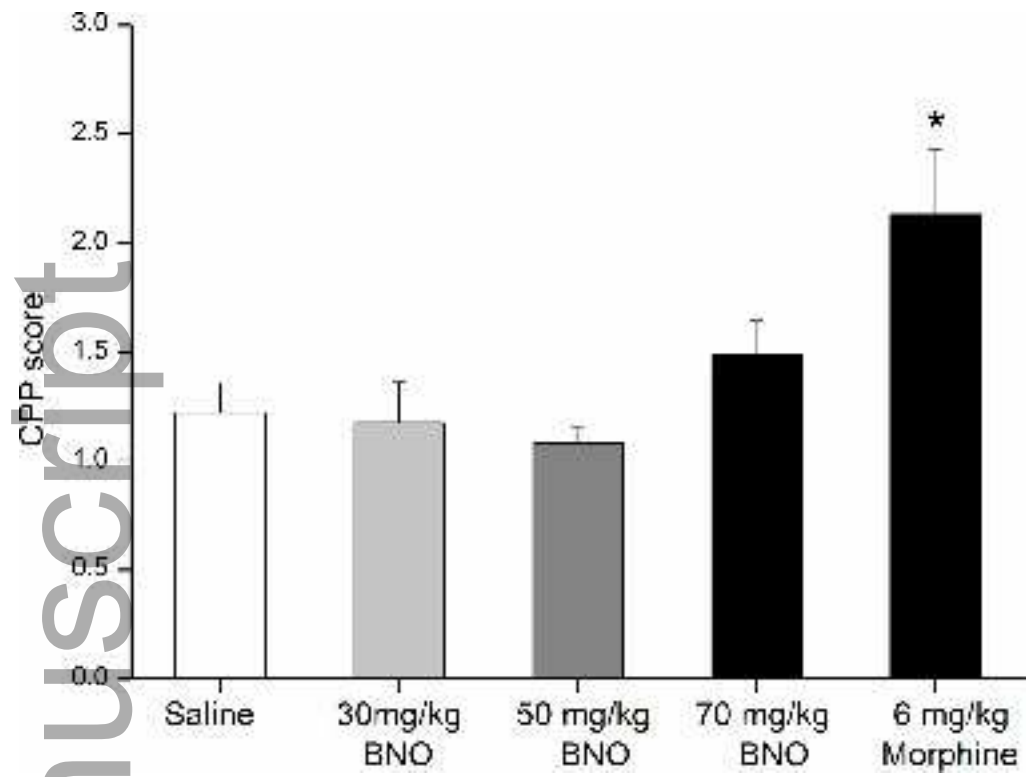
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