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## Bulk Nanostructured Materials

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### Abstract

This paper will address three topics of importance to bulk nanostructured materials. Bulk nanostructured materials are defined as bulk solids with nanoscale or partly nanoscale microstructures. This category of nanostructured materials has historical roots going back many decades but has relatively recent focus due to new discoveries of unique properties of some nanoscale materials. Bulk nanostructured materials are prepared by a variety of severe plastic deformation methods, and these will be reviewed. Powder processing to prepare bulk nanostructured materials requires that the powders be consolidated by typically combinations of pressure and temperature, the latter leading to coarsening of the microstructure. The thermal stability of nanostructured materials will also be discussed. An example of bringing nanostructured materials to applications as structural materials will be described in terms of the cryomilling of powders and their consolidation.

29

## 30 I. INTRODUCTION

31 Bulk nanostructured materials are defined as bulk solids with nanoscale or partly nanoscale  
32 microstructures. This category of nanostructured materials has historical roots going back many  
33 decades but has relatively recent focus due to new discoveries of unique properties of some  
34 nanoscale materials.

35 Early in the last century, when “microstructures” were revealed primarily with the optical  
36 microscope, it was recognized that refined microstructures, for example, small grain sizes, often  
37 provided attractive properties such as increased strength and toughness in structural materials. A  
38 classic example of property enhancement due to a refined microstructure- with features too small  
39 to resolve with the optical microscope- was age hardening of aluminum alloys.

40 The field of nanocrystalline (or nanostructured) materials as a major identifiable activity in  
41 modern materials science results to a large degree from the work in the 1980s of Gleiter and co-  
42 workers [1] who synthesized nanoscale (<100 nm) grain size materials by the *in situ*  
43 consolidation of nanoscale atomic clusters. These nanostructured materials exhibited  
44 dramatically improved – or different - properties from conventional grain size (> 1 μm)  
45 polycrystalline or single crystal materials of the same chemical composition. This is the stimulus  
46 for the tremendous appeal of these materials.

47 There are a number of processing methods to produce bulk nanostructured materials. These  
48 include the inert gas condensation method pioneered by Gleiter [1], electrodeposition [2],  
49 crystallization of amorphous precursors [3], severe plastic deformation methods [4], or the  
50 consolidation of nanoscale powder precursors [5]. The nanoscale powder precursors may be  
51 nanoscale powders produced by a variety of chemical methods [6] or powders which are micron

52 or tens of microns in size but with a nanoscale grain size produced by ball milling of powders.  
53 The methods to be emphasized in this short review will be those that involve either severe plastic  
54 deformation of bulk materials, or the severe plastic deformation (mechanical attrition) of  
55 powders followed by consolidation into bulk.

56 The paper will begin with a review of severe plastic deformation techniques. This will be  
57 followed by a consideration of the problem of the stabilization of nanoscale grain size in  
58 powders during their consolidation which involves elevated temperatures. The concluding  
59 section will give an example of aluminum alloys prepared by mechanical alloying and  
60 consolidated by conventional commercial processing such as extrusion. Their grain size is  
61 stabilized by nanoscale precipitates of oxides and nitrides. A summary will discuss the existing  
62 or potential applications of bulk nanostructured materials.

63

## 64 **II. BULK NANOSTRUCTURED MATERIALS BY SEVERE PLASTIC** 65 **DEFORMATION**

66 Metal processing is generally based on conventional procedures, such as rolling, extrusion  
67 and drawing, in which one of the dimensions of the work-piece is significantly reduced during  
68 the processing operation. Nevertheless, alternative procedures are now available where  
69 exceptionally high strains may be imposed without incurring any major changes in the overall  
70 dimensions of the samples. This type of processing relates to the application of severe plastic  
71 deformation (SPD) and the processing has been defined formally as “any method of metal  
72 forming under an extensive hydrostatic pressure that may be used to impose a very high strain on  
73 a bulk solid without the introduction of any significant change in the overall dimensions of the  
74 sample” [7]. In practice, SPD processing provides a unique opportunity for achieving

75 exceptional grain refinement, typically to the sub-micrometer or even the nanometer level, and  
76 thereby it provides the potential for obtaining superior properties that cannot be achieved using  
77 more conventional techniques.

78 The following section provides a brief historical review of the development of SPD processing  
79 leading up to the recognition that these procedures may be used to produce exceptionally small  
80 grain sizes in metals and the following sections describe the more recent developments of these  
81 procedures and the potential for attaining unusual and useful properties in bulk metallic solids.

#### 82 *A. The Development of SPD as a Processing Tool*

83 SPD processing is generally considered a very new metallurgical tool but in fact  
84 comprehensive analyses have shown that the general principles of SPD were employed over  
85 2000 years ago in ancient China [8, 9]. Thus, in the Han dynasty in China around 200 BC a new  
86 and effective forging technique was developed for the fabrication of steel for use in swords. This  
87 technique consisted of repetitively forging and folding a metal to produce very high strength as  
88 in the famous Bai-Lian steels and later a similar technique was used in the processing ultrahigh  
89 carbon Wootz steels in ancient India [10] and then Damascus steels in the Middle East [11].  
90 Despite the remarkable success of this approach in achieving high strengths, these procedures  
91 were followed by medieval artisans without any formal understanding of the fundamental  
92 scientific principles associated with the processing.

93 The first scientific approach to SPD processing may be traced to the work of P.W. Bridgman  
94 at Harvard University dating from the 1930's onwards [12]. Bridgman single-handedly  
95 investigated the processing of metals using a combination of compression and torsional straining  
96 and thus he essentially introduced the procedure that is known today as High-Pressure Torsion  
97 (HPT). Subsequently, in 1946, Bridgman received the Nobel Prize in Physics for his work on

98 the effects of high pressures on bulk metals. Over a period of many years, Bridgman amassed a  
99 large volume of data on the applications of high pressures to a remarkably wide range of  
100 materials and this work was summarized in a book published in 1952 [13] and more recently in a  
101 comprehensive review article [14]. Following Bridgman, the principles of HPT were further  
102 developed extensively by scientists working in the Soviet Union [15]. A second important  
103 development occurred, also in the Soviet Union, when Segal and co-workers [16] processed  
104 metals using the procedure that is now known as Equal-Channel Angular Pressing (ECAP).  
105 Nevertheless, all of this work on HPT and ECAP was devoted exclusively to examining the  
106 experimental parameters associated with the development of these techniques in the production  
107 of high-strength materials and there was no reference to the underlying microstructure that is  
108 now recognized to play a major role in determining the fundamental physical properties of the  
109 material.

110 In practice, the evolution of SPD processing through microstructural analysis required the  
111 introduction of sophisticated analytical tools such as high-resolution transmission electron  
112 microscopy and, more recently, electron backscatter diffraction. The first recognition of the  
113 importance of these microstructural effects again occurred in the Soviet Union with the work of  
114 Valiev and his colleagues in the late 1980's [17]. These investigations provided the first  
115 demonstration that it was possible to achieve remarkable grain refinement in many metallic  
116 alloys through the use of SPD processing. For example, a grain size of  $\sim 0.3 \mu\text{m}$  was reported in  
117 a superplastic Al-4% Cu-0.5% Zr alloy [17] even though in western countries at this time the  
118 smallest attainable grain size in this alloy was generally considered to be about  $\sim 3\text{-}5 \mu\text{m}$  [18].  
119 Later detailed reports of this work in the western literature [19, 20] provided the impetus for the

120 subsequent rapid expansion of these SPD processing techniques to many laboratories around the  
121 world.

122 In addition to ECAP and HPT, several other SPD procedures have been developed which  
123 may be used effectively to process metals without incurring any changes in the overall  
124 dimensions and providing the potential for achieving excellent grain refinement. Examples of  
125 these methods include accumulative roll bonding (ARB) [21,22], multi-directional forging  
126 [23,24], multi-axial compression(MAC) [25,26], cyclic extrusion and compression [27,28],  
127 repetitive corrugation and straightening (RCS) [29,30] and twist extrusion [31,32]. Nevertheless,  
128 ECAP and HPT are the two SPD procedures used most frequently in modern processing [33]  
129 primarily because ECAP is simple to conduct in any laboratory and may be used to provide  
130 reasonably large samples and HPT leads to an optimum refined microstructure. For example, in  
131 comparisons between HPT and ECAP it was shown that HPT produces smaller grains [34, 35]  
132 and a larger fraction of grain boundaries having high angles of misorientation [36]. The  
133 superiority of HPT in producing exceptional grain refinement was also demonstrated in direct  
134 comparisons with the alternative procedures of MAC [37] and RCS [38].

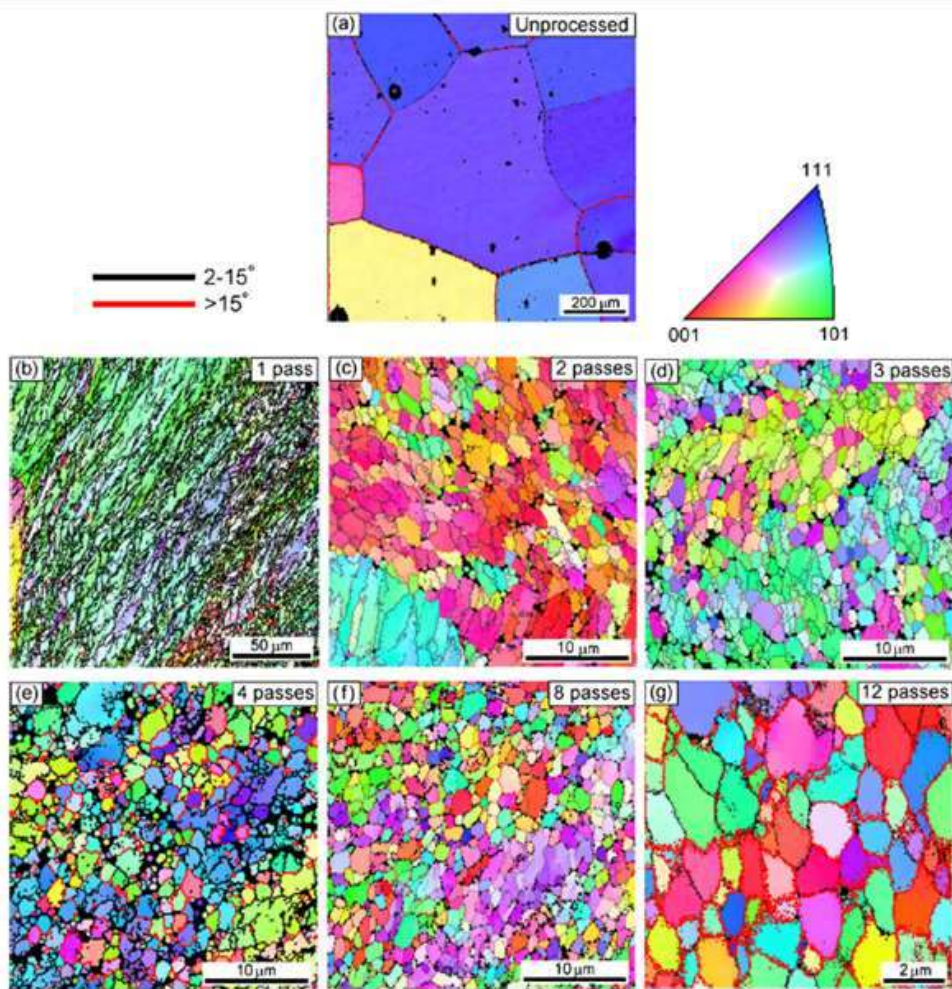
### 135 *B. Characteristics of Bulk Nanostructured Materials Produced Using Conventional SPD*

136 Processing by ECAP is a procedure where a sample, in the form of a bar or rod, is pressed  
137 through a die constrained within a channel which is bent through an abrupt angle within the die  
138 [39]. It has been shown that the strain imposed in a single pass in ECAP is dependent primarily  
139 upon the angle subtended internally by the channel and also to a minor extent by the outer arc of  
140 curvature where the two parts of the channel intersect. Thus, for a channel angle of  $90^\circ$  and a  
141 typical outer arc of curvature of  $\sim 20^\circ$  the imposed strain is close to  $\sim 1$  on each pass [40].  
142 Repetitive pressings may be undertaken to impose even higher strains and then the orientations

143 of the samples in each pass become critical because these orientations affect the slip systems  
144 within the specimen. For optimum conditions, samples in ECAP are generally processed using  
145 route B<sub>C</sub> in which the billet is rotated in the same sense by 90° about the longitudinal axis  
146 between each pass [41].

147 Numerous reports are now available documenting the microstructures that may be achieved  
148 using ECAP [42,43] but a comprehensive evaluation was presented where high purity (99.99%)  
149 aluminum was processed by ECAP at room temperature (RT) for up to 12 passes using a 90° die  
150 and then the samples were examined using orientation imaging microscopy (OIM) [44]. The  
151 results are shown in Fig. 1 where the grain colors relate to the orientation of each grain as shown  
152 in the unit triangle. In these images, high-angle grain boundaries (HAGBs) are defined as  
153 boundaries having misorientations of more than 15° and low-angle grain boundaries (LAGBs)  
154 have misorientations between 2° and 15°. Fig. 1(a) shows the initial unprocessed microstructure  
155 where the grain size was ~1 μm and Figs. 1(b)–(g) show the microstructures after processing by  
156 ECAP at RT through 1 to 12 passes: it is important to note that (c)–(f) have similar  
157 magnifications but a higher magnification is used in Fig. 1(g) to show more fully the final grain  
158 structure. Inspection of these images shows that the grain structure evolves from elongated  
159 subgrains to reasonably equiaxed ultrafine grains over 1 to 4 passes and thereafter the average  
160 grain size and the grain aspect ratio remain reasonably constant up to 12 passes with a final grain  
161 size of ~1.2 μm. Measurements of the boundary misorientations showed the HAGBs accounted  
162 for ~74% of all boundaries after 12 passes and there was an increasingly weaker texture after  
163 processing through higher numbers of passes. Hardness measurements taken after ECAP  
164 processing have demonstrated that there is a high degree of homogeneity in these measurements  
165 both on cross-sectional planes [45] and longitudinal planes [46] although there generally remains

166 a very narrow region of lower hardness, having a width of  $\sim 0.5$  mm, adjacent to the lower  
167 surface. Thus, processing by ECAP is an excellent procedure for achieving very significant  
168 grain refinement and a very high degree of microstructural homogeneity. Furthermore, although  
169 the results in Fig. 1 relate to high-purity Al where the minimum grain size is  $\sim 1.2$   $\mu\text{m}$ , very  
170 similar results were reported also in an Al-1% Mg solid solution alloy where the minimum grain  
171 size was  $\sim 700$  nm [47].



172  
173 Figure 1 OIM images for high purity aluminum in (a) the initial unprocessed condition and after  
174 ECAP through (b) 1, (c) 2, (d) 3, (e) 4, (f) 8 and (g) 12 passes using route BC at RT: the grain  
175 colors correspond to the orientations in the unit triangle. Reprinted with permission from  
176 reference [44].

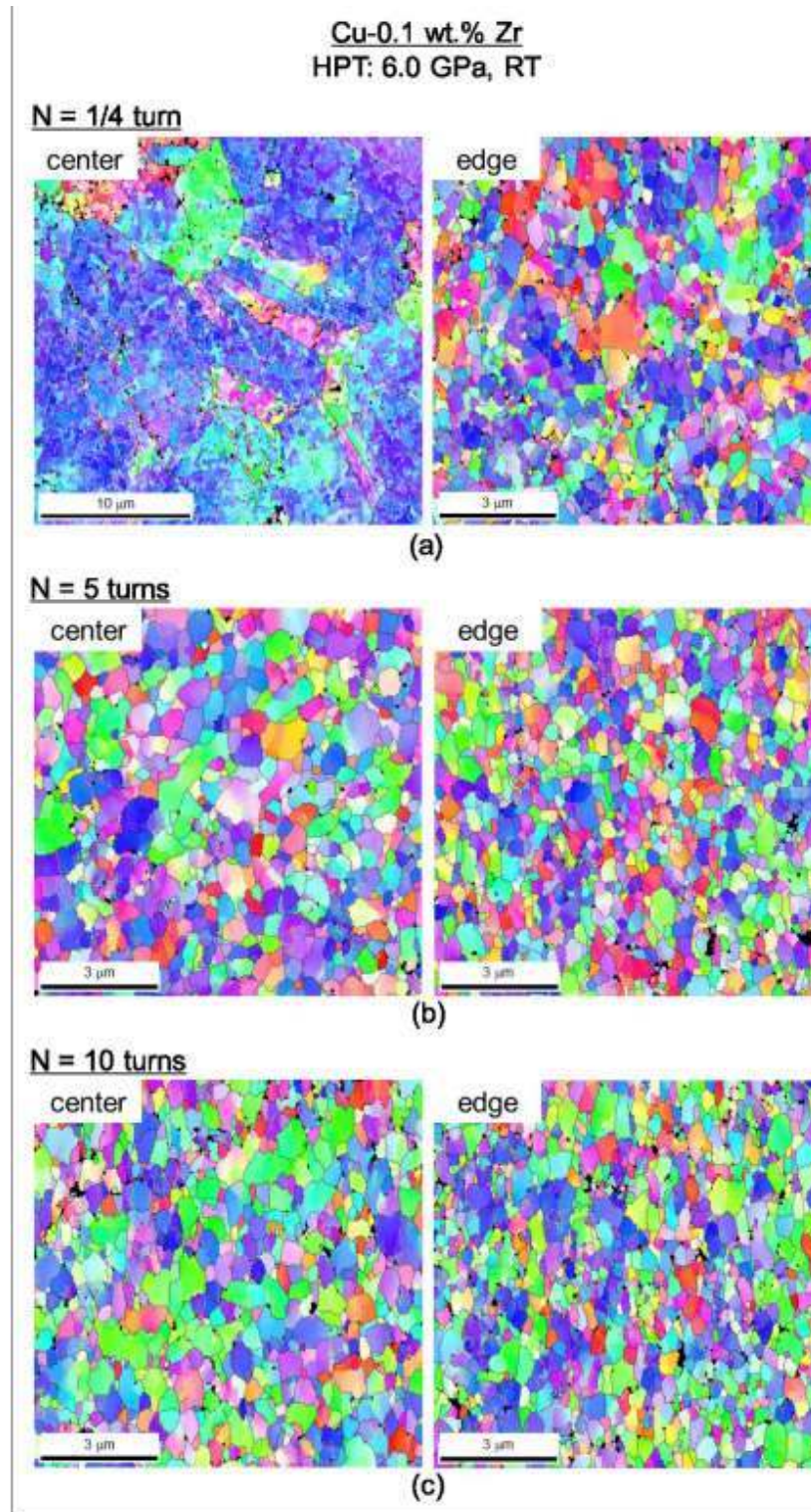
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178 Processing by HPT is very different from ECAP because it generally uses a sample in the  
179 form of a thin disk which is placed between two large anvils and subjected to a high applied  
180 pressure and concurrent torsional straining [48]. Furthermore, processing by HPT leads to an  
181 equivalent von Mises strain imposed on the disk,  $\varepsilon_{eq}$ , which is given by a relationship of the  
182 form [49,50]:

$$183 \quad \varepsilon_{eq} = \frac{2\pi Nr}{h\sqrt{3}} \quad (1)$$

184 where  $r$  and  $h$  are the radius and height (or thickness) of the disk, respectively and  $N$  represents  
185 the number of HPT turns. Inspection of Eq. (1) shows that the imposed strain varies across the  
186 disk with a maximum value at the outer edge and a strain equal to zero where  $r = 0$  at the center  
187 of the disk. Thus, it is reasonable to anticipate that the microstructure and measurements of the  
188 microhardness will vary significantly across the HPT disk and this suggests that it may be  
189 impossible to achieve a high degree of homogeneity. In practice, however, early experiments  
190 showed that it was both possible to achieve a reasonable level of homogeneity after a sufficiently  
191 large number of turns [51] and also that the degree of inhomogeneity in HPT disks decreases  
192 with increasing strain [52]. It was demonstrated by theoretical analysis that the development of  
193 homogeneity may be anticipated based on an application of strain gradient plasticity modeling  
194 [53] and detailed experiments showed that excellent hardness homogeneity may be achieved  
195 throughout the disks at high strains by measuring the hardness values on sectional planes after  
196 straining [54]. The evolution towards a saturation microstructure at high strains may occur in  
197 different ways depending upon the extent of any recovery and the precise role of strengthening  
198 and weakening [55]. This evolution was examined in a recent comprehensive review which  
199 summarizes HPT data for a large number of materials [56].



200

201 Figure 2. EBSD orientation images of Cu-0.1% Zr disks processed by HPT for (a) 1/4 turn, (b) 5  
 202 turns and (c) 10 turns: the columns display images from the center of the disk (on left) and at the  
 203 edge of the disk (on right). Reprinted with permission from reference [57].

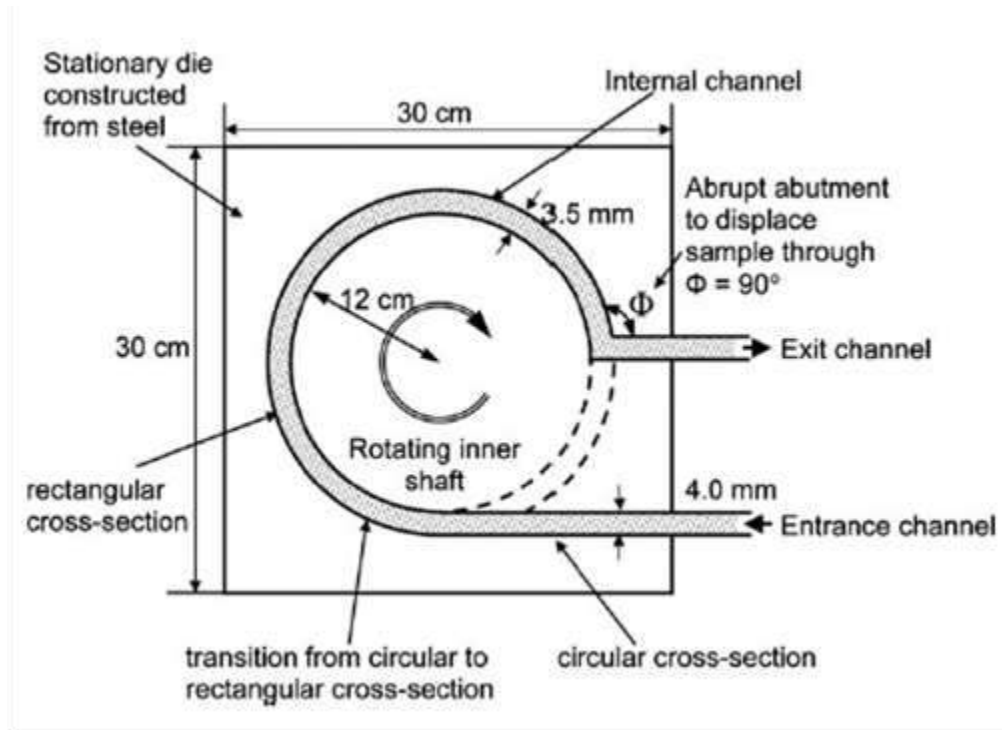
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205 Figure 2 shows electron backscatter diffraction (EBSD) images of the microstructural  
206 evolution in a Cu-0.1% Zr alloy processed by HPT at RT under an applied pressure of 6.0 GPa  
207 where the three rows relate to 1/4 , 5 and 10 turns and the two columns correspond to the  
208 approximate center of the disk on the left and near the edge of the disk on the right, respectively  
209 [57]. The grain size initially was ~20  $\mu\text{m}$  but the images show the occurrence of very extensive  
210 grain refinement during HPT processing such that after 10 turns the measured grain sizes were  
211 ~270 and ~230 nm at the center and near the edge, respectively.

### 212 *C. Recent Developments in Processing by ECAP*

213 Processing by ECAP can be achieved easily in the laboratory but it is a labor-intensive  
214 process because of the need to press the same billet through the die a number of times.  
215 Accordingly, much attention has been devoted to developing other approaches that may have  
216 more use in industrial applications [58-60]. A simple procedure to avoid the need for multiple  
217 pressings in ECAP is to construct a multi-pass die in which a high strain is imposed in a single  
218 pass [61]. This procedure works well and produces results which are essentially identical to  
219 those achieved using a series of separate passes through a conventional ECAP die [61] but  
220 nevertheless it has the disadvantage that it exposes the die to large loads which require special  
221 technical solutions. A second problem in conventional ECAP is that it produces billets having  
222 gross distortions at either end and this leads to a wastage of material of an estimated order of  
223 ~30-50% [62]. In practice, this wastage may be avoided by using an ECAP die having two  
224 parallel channels since the second channel restores the original shape of the billet and effectively  
225 eliminates the end effects [62]. Accordingly, this approach has been used successfully in several  
226 investigations [63-65].

227 The most effective procedure for improving on conventional ECAP, and for producing long  
228 samples with lengths of up to >1 m, is to combine ECAP with the Conform process which was  
229 developed over forty years ago in the atomic energy industry in the U.K. [66,67]. Basically, the  
230 Conform process permits the continuous extrusion forming of wires using the frictional forces  
231 between a wire introduced from a continuous roll and a groove machined into a rotating wheel.  
232 This leads to a transition from an initial circular cross-section of the wire to a rectangular cross-  
233 section and, by inserting an ECAP step in the form of an abrupt abutment which displaces the  
234 wire through 90° at the exit channel, it is feasible to impose a strain of ~1 as in conventional  
235 ECAP and to achieve significant grain refinement. Furthermore, unlike conventional ECAP, the  
236 ECAP-Conform process may be used in the production of long rods which cannot be processed  
237 using conventional ECAP dies. This ECAP-Conform process has been used successfully on  
238 several different metals [68-75] and it is illustrated schematically in Fig. 3 [72]. An example of  
239 the grain refinement achieved using this procedure is given by results on an Al-6061 alloy where  
240 an initial equiaxed grain size of ~350 μm was reduced to elongated grains with lengths of 1.5 μm  
241 and widths of ~700 nm after a single pass through the ECAP-Conform die and to lengths of ~1.2  
242 μm and widths of ~150 nm after 4 passes [72].



243

244 Figure 3. Schematic illustration of the principle of the ECAP-Conform process. Reprinted with  
 245 permission from reference [72].

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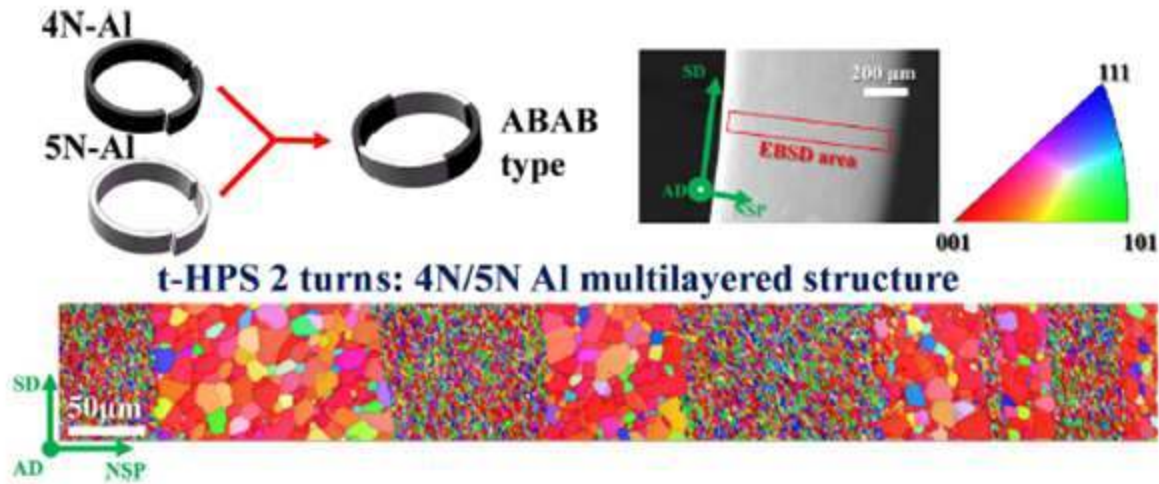
247 *D. Producing Gradient Structures and Multi-layered Laminates through Tube Shearing*

248 Multi-layered laminates may be fabricated by ARB when two dissimilar metal sheets are  
 249 stacked and then subjected to conventional roll bonding. But this procedure requires many  
 250 cleanings of the metal surfaces and multiple passes through ARB processing so that it is labor-  
 251 intensive. An alternative approach is to use the process of tube high-pressure shearing (t-HPS)  
 252 [76]. This latter procedure is based in part on the very early work of Bridgman [77] where tube  
 253 twisting was introduced as a method of avoiding the problems associated with a lack of strain at  
 254 the centers of the solid disks. However, the very early work was different because it was based  
 255 on using a tube sample and then twisting the top with respect to the bottom whereas in t-HPS the  
 256 sample is again in the form of a tube but the outer surface is sheared around the inner surface by

257 placing the tube around a central mandrel, using pressure rings to hold the tube in place and  
258 produce high hydrostatic pressures in the tube walls, and then using an outer cylinder to rotate  
259 the outer surface with respect to the inner surface.

260 Several experiments have been conducted using t-HPS and the results are encouraging [78].  
261 It was shown that, by using two different metals of an AB-type or with four initial interfaces of  
262 an ABAB-type, it can be predicted theoretically that there should be a gradient distribution of  
263 interfaces with denser stacking at the inner surface of the tube. This is consistent with  
264 experiments and there are numerous other predictions based on different sets of initial interfaces  
265 [78]. An important result from this work is that t-HPS can be used with an ABAB-type  
266 bimetallic tube to produce a multilayered structure. An example is shown in Fig. 4 where the  
267 two materials are 5N and 4N Al which were cut to give four interfaces with an ABAB-type  
268 initial structure and then the tube was processed by 2 turns to give a very fine grain size ( $<1 \mu\text{m}$ )  
269 in the 4N Al and a much coarser grain size ( $\sim 10 \mu\text{m}$ ) in the 5N Al due to the easier grain growth.  
270 It is clear from Fig. 4 that the microstructures of each separate component are very well defined  
271 and accordingly the results show that this is an excellent procedure for producing a gradient  
272 structure [78]. Furthermore, this result is important because of the current considerable interest  
273 both in developing and using gradient structures [79-81] and in the fabrication of nano-laminated  
274 structures [82].

275



276

277 Figure 4. Multilayered structure with alternate distribution of finer and coarser grains fabricated  
 278 by an ABAB-type 5N-Al/4N-Al bimetallic tube with 2 turns of t-HPS at RT: the 4NAl layers  
 279 have finer grain size ( $<1 \mu\text{m}$ ) and the 5N Al layers have relatively coarser grains. Reprinted  
 280 with permission from reference [78].

281

282 *E. Using HPT to Process Metal Matrix Nanocomposites*

283 Processing by HPT is generally used to achieve grain refinement in bulk solids. However,  
 284 the same process has been used also to consolidate metallic powders [83-97], composites [98-  
 285 102], amorphous compounds [103-107], machining chips [108-110] and ceramic powders [111].  
 286 Very recently, new approaches have been developed based on using HPT to bond dissimilar  
 287 metals and produce solid bulk metallic samples.

288 The use of dissimilar metals is well established in processing by ARB where sheets of  
 289 different materials may be conveniently stacked and then processed to form multi-layered  
 290 microstructures [112-116]. But experiments show that processing by ARB leads to anisotropic  
 291 plastic behavior, including in strength and ductility, because the properties depend critically upon  
 292 the precise testing direction cut from the finished product [117]. This suggests it may be

293 advantageous to make use of the very high pressures inherent in HPT processing in order to  
294 achieve a solid-state reaction.

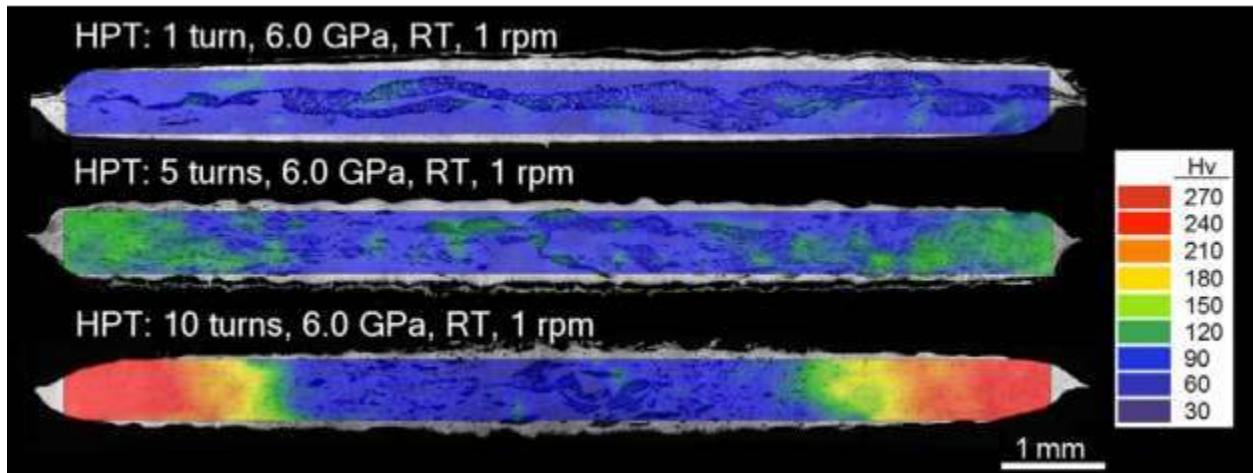
295 The first attempt to bond dissimilar metals using HPT was in experiments where semi-  
296 circular half-disks of Al and Cu were successfully bonded by HPT at RT using a total of up to  
297 100 revolutions [118]. Similar experiments were also conducted using four quarter-disks, two  
298 each of pure Cu and an Al-6061 alloy, which were positioned to make a complete disk and then  
299 processed by HPT for 1 turn at RT to fabricate an Al-Cu hybrid material [119]. This early work  
300 confirmed the feasibility of this approach and accordingly extensive experiments were conducted  
301 using a commercial purity aluminum Al-1050 alloy and a commercial ZK60 magnesium alloy  
302 with the objective of using these materials to synthesize an Al-Mg multi-layered bulk  
303 nanostructured material [120-123]. All processing in these experiments was conducted using  
304 HPT at RT under quasi-constrained conditions [124,125] with three separate disks placed in the  
305 HPT facility in the stacking order of Al/Mg/Al with the Mg disk held between the two Al disks  
306 but without using any glue or metal brushing treatment. All stacks of disks were processed  
307 under an applied pressure of 6.0 GPa with various numbers of turns up to a total of 10  
308 revolutions using a constant rotation rate of 1 rpm.

309 Figure 5 shows three color-coded contour maps that display, using different colors, the  
310 values of the measured Vickers microhardness recorded on vertical cross-sectional planes of the  
311 disks after processing through 1, 5 and 10 turns, respectively [120]. After 1 turn the hardness is  
312 of the order of ~60-70 Hv but after 5 turns the hardness has increased at the edges of the disk and  
313 this hardness at the periphery increases even more after 10 turns. Thus, the hardness increases to  
314  $H_v \approx 130$  at the edge after 5 turns but it further increases to  $H_v \approx 270$ , equivalent to a tensile  
315 strength of ~865 MPa, after 10 turns. These hardness values are exceptionally high and they



316 may be compared with values of  $Hv \approx 63-65$  [126] and  $Hv \approx 105-110$  [127] for the Al-1050 alloy  
317 and the ZK60 alloy, respectively, after processing by HPT through 5 turns. Detailed  
318 examination by transmission electron microscopy and energy-dispersive X-ray spectroscopy  
319 revealed that this high hardness is due to the formation of intermetallic nano-layers of  $\beta\text{-Al}_3\text{Mg}_2$   
320 and the development after 10 turns of a nanostructured intermetallic compound of  $\gamma\text{-Al}_{12}\text{Mg}_{17}$  in  
321 the Al matrix in a supersaturated solid solution state. The extraordinary strength achieved in  
322 these experiments through HPT processing of disks of dissimilar metals suggests there is a  
323 potential for using this approach to fabricate a wide range of metal matrix nanocomposites  
324 (MMNCs).

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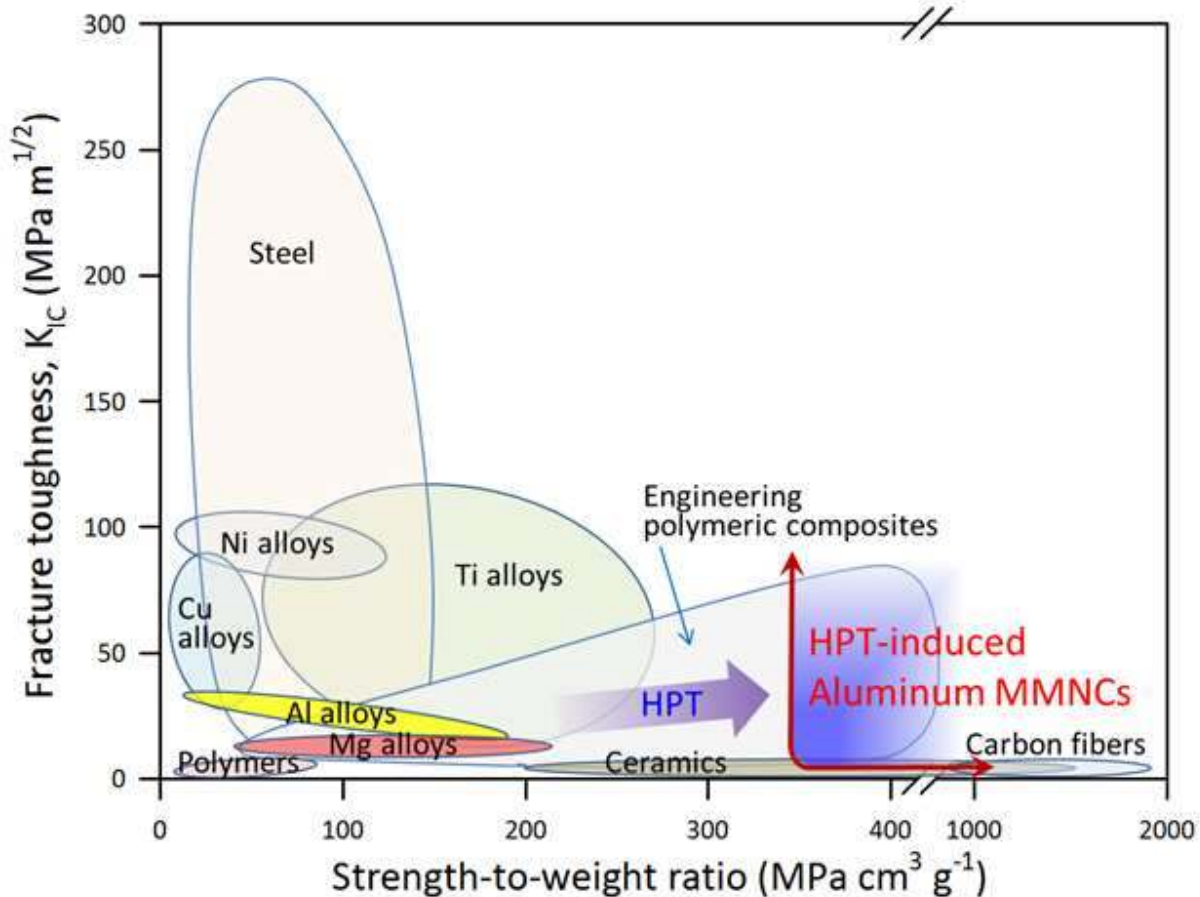
327 Figure 5. Color-coded contour maps of the Vickers microhardness for the Al/Mg system after  
328 HPT for 1 turn (upper), 5 turns (center) and 10 turns (lower): the values associated with the  
329 various colors are given in the hardness color key on the right. Reprinted with permission from  
330 reference [120].

331

332 Using the tensile strength of  $\sim 865$  MPa at the edges of the disk in Fig. 5, the measured  
333 strength at the outer edge after 10 turns gives a remarkable strength/weight ratio of  $\sim 350$  MPa  
334  $\text{cm}^3 \text{g}^{-1}$  and this specific strength is much higher than in many steels or Ti alloys and it is even

335 comparable to some strong polymeric engineering composites [128]. Therefore, using the  
336 diagram proposed earlier for a very wide range of materials as shown in Fig. 6 [128], it is now  
337 appropriate to include the experimentally-synthesized Al-Mg system shown in Fig. 5 where this  
338 is denoted in the diagram as HPT-induced aluminum MMNCs without delineating any upper  
339 limits to the fracture toughness or the strength-to-weight ratio [122]. It is important to note, from  
340 inspection of Fig. 6, that the new MMNC is far superior to conventional Al and Mg alloys  
341 (shown by the regions in yellow and red, respectively). Although detailed experiments will be  
342 required in the future to precisely define the limits of this approach, it is clear from these early  
343 observations that HPT processing of dissimilar metals has a considerable potential for fabricating  
344 MMNCs having unusually high strength.

345



346

347 Figure 6. The range of fracture toughness and strength-to-weight ratio for many metals and  
 348 materials [128] where the synthesized Al-Mg system shown in Fig. 5 after HPT is incorporated  
 349 into the diagram as HPT-induced aluminum MMNCs without delineating any upper limits for  
 350 these values. Reprinted with permission from reference [122].

351

352 **III. BULK NANOSTRUCTURED MATERIALS FROM POWDER PRECURSORS –THE**  
 353 **NEED FOR GRAIN SIZE STABILIZATION.**

354 Because grain boundaries are non-equilibrium defects and increase the free energy of a  
 355 material, the large area of grain boundaries in nanostructured materials provides a large driving  
 356 force for grain growth. The nanocrystalline grain size is inherently unstable. Significant grain  
 357 growth, that is, doubling of the initial nanocrystalline grain size in 24 hours, has been observed at  
 358 room temperature in a number of pure, relatively low melting temperature elements such as Sn,

359 Pb, Al, and Mg [129]. Günther et al. [130] studied grain growth in pure Cu, Ag, and Pd and  
360 found grain growth occurring at much lower temperatures than those observed for  
361 recrystallization of the elements after heavy cold deformation. In fact, grain growth in Cu and  
362 Pd was observed even at room temperature. This is particularly dramatic for Pd which has a high  
363 melting temperature of 1825K (1552°C) such that room temperature is only 0.16 of the melting  
364 temperature – a very low homologous temperature. Subsequently, Ames et al. [131] observed  
365 the grain growth of 10 nm grain size Pd to 10 micron grain size after one month at room  
366 temperature. In this case, as in the others of grain growth at room temperature, the initial growth  
367 is abnormal. However, at longer times the grain growth changes to normal grain growth.

368 A general expression for grain growth in terms of the velocity of the boundary can be given  
369 as:  $V = MP$  where  $M$  is the grain boundary mobility =  $M_o \exp(-Q_m/RT)$ , and  $P =$  the driving  
370 pressure =  $C\gamma/r$ , where  $\gamma$  is the specific grain boundary energy, and  $r$  is the average grain  
371 radius.[132,133]. The two approaches for achieving stabilization of nanoscale grain sizes are  
372 then to 1, reduce the mobility,  $M$ , by various pinning mechanisms, or 2. To reduce the driving  
373 force for grain growth by reducing the specific grain boundary energy,  $\gamma$ .

#### 374 A. *Kinetic stabilization theories and examples of experimental evidence*

375 There are a number of possible mechanisms that have been proposed that may limit the  
376 mobility of nanocrystalline grain boundaries. These include porosity drag, solute drag, second  
377 phase (Zener) drag, chemical ordering, and grain size stabilization. The most general  
378 applicability to a variety of systems and the most important of these mechanisms are solute drag  
379 and second phase (Zener) drag.

380 First we discuss the solute drag mechanism. The Cahn [134] Lucke-Stuwe [135] models  
381 provide good semi-quantitative account of the effects of solute on grain boundary mobility.  
382 According to these models, at low velocities the velocity is inversely proportional to solute  
383 concentration. At higher driving forces or lower solute concentrations, there is a transition to a  
384 velocity regime where the velocity is independent of solute content. The effect of solute is less  
385 at higher temperatures. The solute atmosphere becomes much weaker. Solute drag has been  
386 used to explain experimental results of stabilization of a number of nanocrystalline materials, for  
387 example Ni-1 at.% Si [136] and Pd – 19 at.% Zr [137].

388 In the second phase (Zener) drag mechanism, the second phase may be a precipitate or  
389 dispersoid (e.g. oxide). This pinning effect is less sensitive to temperature than solute drag,  
390 especially if a dispersoid is resistant to coarsening. Particle size and distribution play a key role  
391 in the effect. The expression for the pinning pressure exerted on the grain boundary by small  
392 particles is, in the original Zener formulation [132]

393  $P = 3 f \gamma / 2 r$ , where  $f$  is the volume fraction of particles randomly distributed of spherical  
394 radius  $r$ , and  $\gamma$  is the specific grain boundary energy. A refinement of this model [138] gives  $D =$   
395  $0.17 d / f$  for low volume fractions, where  $D$  is the critical grain size,  $d$  the particle size, and  $f$  the  
396 volume fraction. A large number of experiments on stabilization of nanocrystalline grain sizes  
397 have been explained using Zener drag, for example Fe – 10 Al with dispersoids [139].

398 Other mechanisms for decreasing grain boundary mobility include porosity drag, chemical  
399 ordering, and grain size effect. Porosity can reduce grain boundary mobility as demonstrated in  
400 the grain growth of ceramic TiO<sub>2</sub> prepared by the inert gas condensation method [140]. Reduced  
401 grain growth has been observed for ordered nanocrystalline intermetallic compounds, for  
402 example Fe<sub>3</sub>Si [141]. Grain size stabilization has been predicted by theoretical models and

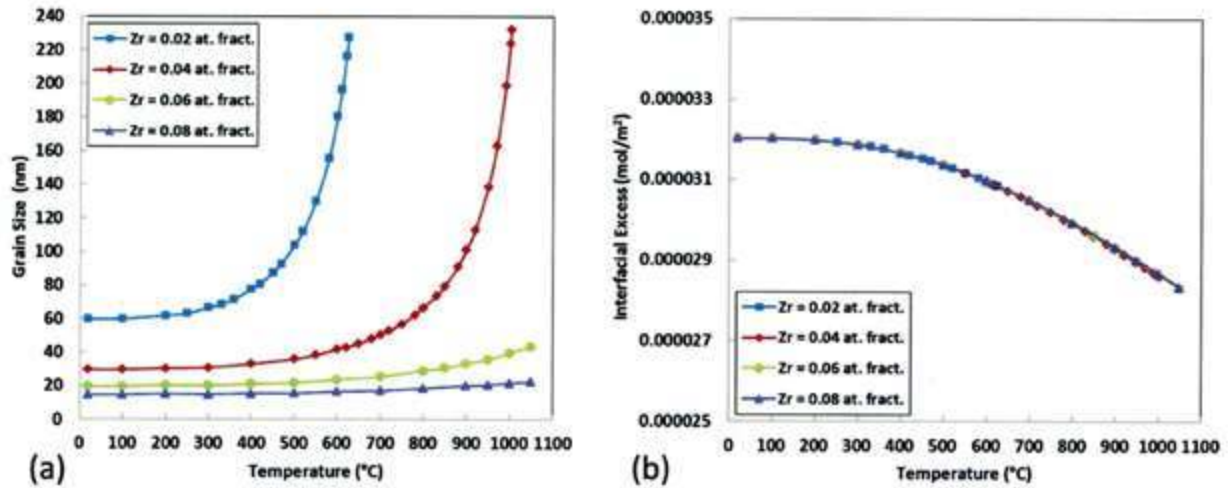
403 observed experimentally [142]. It is suggested that the decrease in free volume which occurs on  
404 grain growth is offset by the non-equilibrium vacancy concentration increases in the matrix as  
405 the excess free volume is released on grain growth.

#### 406 *B. Thermodynamic stabilization theories*

407 The general concept of thermodynamic stabilization involves the segregation of solute atoms  
408 to the grain boundaries such that the grain boundary energy may be reduced. The reduction of  
409 excess interface Gibbs free energy,  $G$ , with increasing solute content can be described by the  
410 Gibbs adsorption isotherm:  $d\gamma = -\Gamma d\mu$  where  $\mu$  is the chemical potential of the solute atom  
411 dissolved in a matrix of solvent atoms, and  $\Gamma$  is the excess amount of solute atoms segregated to  
412 the boundary. Plots of  $\gamma = dG/dA$  vs. global solute content show a reduction of  $\gamma$  with  
413 increasing solute content [143]. Large solute atoms intensify this and could reduce the excess  
414 grain boundary free energy with possible grain boundary stabilization at  $\gamma=0$ . This  $\gamma$  is not to  
415 be confused with grain boundary cohesive energy. Weissmuller [144] was the first to apply  
416 these ideas to stabilization of nanocrystalline grain size. His model was based on a dilute  
417 solution limit. The equation has the following form:  $\gamma = \gamma_o - \Gamma_{sat}[\Delta H_{seg} + RT\ln(x_c)]$  where  $\gamma_o$   
418 is the grain boundary energy of the pure metal,  $\Gamma_{sat}$  is the solute excess for fully saturated grain  
419 boundary interface,  $\Delta H_{seg}$  is the segregation enthalpy, and  $RT\ln(x_c)$  represents the ideal mixing  
420 entropy for bulk solute concentration  $x_c$ . This equation implies that the grain size at stabilization  
421 decreases as the solute content increases at a fixed temperature. The analysis of Weissmuller  
422 was extended by Kirchheim [145] to include the temperature dependence of grain size for a  
423 metastable equilibrium state. The regular solution model of Trelewicz and Schuh [146]  
424 eliminates many of the approximations in the previous models, for example, fully saturated grain  
425 boundaries or dilute solution approximations. This model has grain boundary regions and bulk

426 regions with variable volume fractions and solute concentrations separated by transitional bonds.  
427  $\Delta G_{mix}$  is obtained from the difference in the nearest neighbor bond energy and mixing entropy of  
428 this system relative to equivalent volumes of unmixed pure A and pure B with no grain  
429 boundary. The equilibrium state is obtained by simultaneous minimization of  $\Delta G_{mix}$  with respect  
430 to variations of the solute concentration and the grain boundary volume fraction, subject to  
431 conservation of solute. Elastic size misfit enthalpy was not included in this model. A  
432 modification of the above model was presented by Saber et al. [147]. A regular solution model  
433 for thermodynamic stabilization was based on the Wynblatt-Ku approximation [148] to  
434 incorporate both chemical and elastic enthalpy. The equilibrium condition is defined by  
435 minimization of the total Gibbs mixing free energy with respect to simultaneous variations in the  
436 solute contents and volume fractions with the constraint of overall mass balance. The Lagrange  
437 multiplier technique was used to obtain an explicit solution to the constrained equations in a  
438 form easily solved using standard numerical software packages. Results for Fe-Zr alloys are  
439 given in Figure 7 [147].

440

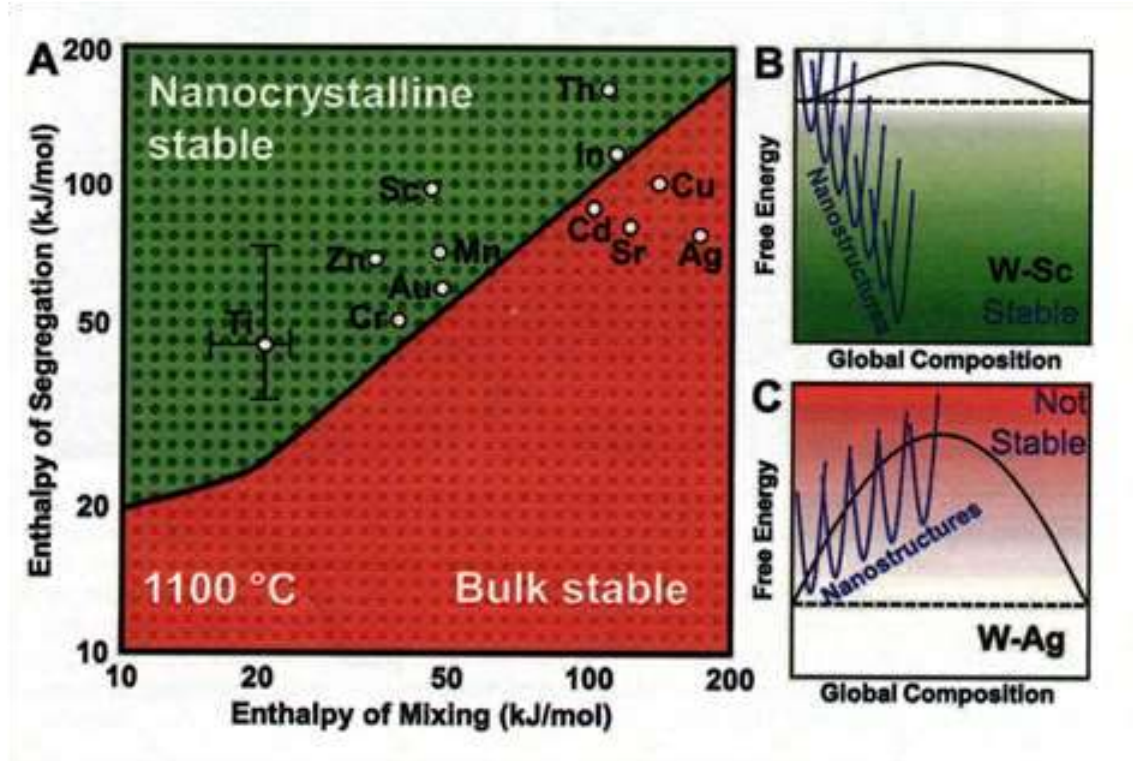


441  
 442 Figure 7. Model predictions of (a) grain size, and (b) interfacial solute excess for Fe-Zr alloys.  
 443 Reprinted with permission from reference [147].  
 444

445 The previous models did not consider the competition with precipitation of second phases or  
 446 phase separation. Chookajorn et al. [149] addressed this problem using an analytical approach  
 447 based on the Trelewicz and Schuh [146] model. They simplified the problem by considering  
 448 only alloys with positive enthalpies of mixing. Stability maps of enthalpy of segregation vs.  
 449 enthalpy of mixing were constructed for several elements. One for tungsten is shown in Figure  
 450 8.

451 Subsequently, Schuh and co-workers have extended the range of alloys and details of the  
 452 grain boundary structure by using Monte Carlo simulations to construct stability maps with six  
 453 different regions of nanocrystalline stability including duplex nanostructures [150].





454

455 Figure 8. The nanostructure stability map for tungsten-based alloys at 1100°C, calculated on the  
 456 basis of variation of the enthalpy parameters. For each combination of parameters, the free  
 457 energy of nanocrystalline structures is compared to that of the bulk regular solution. An example  
 458 for the nanocrystalline stable region is given in (B) for W-Sc. A bulk stable case is given in (C)  
 459 for W-Ag. Reprinted with permission from reference [149].

460 *C. Complexions as possible sources of nanocrystalline grain size stabilization*

461 Interface “complexions” are grain boundary “phases” in thermodynamic equilibrium that  
 462 have stable, finite thicknesses. They were first, and mostly, observed and studied in ceramic  
 463 materials. Dillon et al. [151] have created a categorization scheme for complexions based on  
 464 studies of Al<sub>2</sub>O<sub>3</sub> doped with calcia, silica, magnesio, or neodymia. The six categories of  
 465 complexions were identified using high resolution TEM images of the grain boundaries. Rupert  
 466 [152] has recently reviewed the role of complexions in metallic nanocrystalline materials with  
 467 regard to thermal stability and deformation. Khalajhedayati and Rupert [153] had reported  
 468 remarkable thermal stability in nanocrystalline Cu – 3at.% Zr with a nanoscale (54 nm) grain

469 size remaining after heating for a week at 1223K (950°C) (98% of the solidus temperature!).  
470 They attributed this stability to segregation at the grain boundary forming amorphous  
471 intergranular films (complexions) and to Zener pinning by ZrC nano-particles.

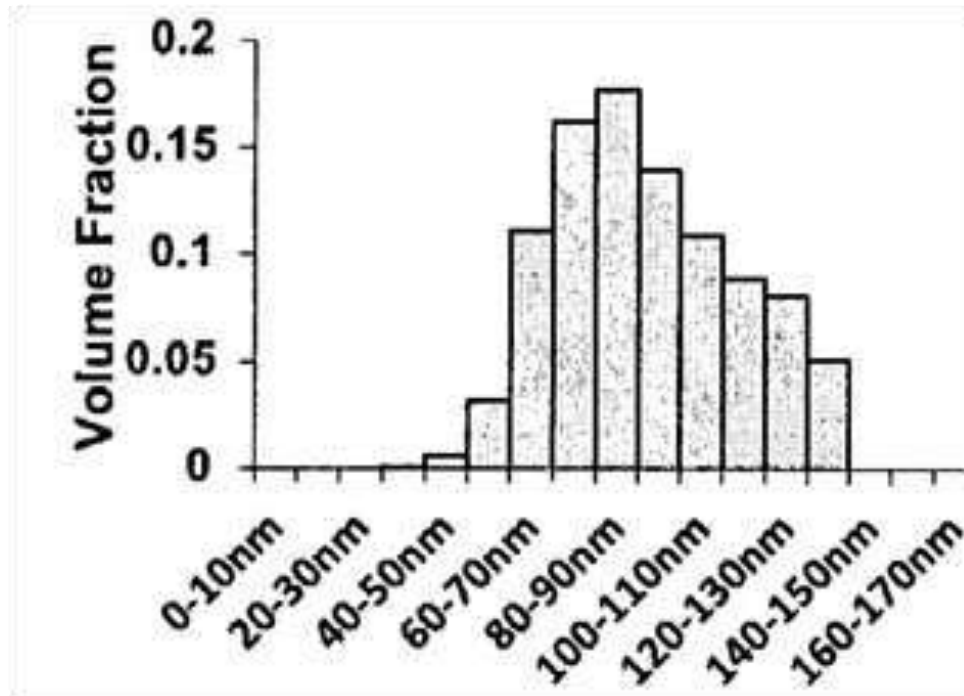
472 *D. Experimental evidence for thermal stability of nanocrystalline alloys*

473 A few examples were given in the section on kinetic stabilization theories of experiments that  
474 appear to support this mechanism. In this section, two examples of systems will be given where  
475 there is possible contributions to thermal stabilization from both the thermodynamic and kinetic  
476 mechanisms. Finally, a comparison will be made using the available data from the literature of  
477 thermodynamic, kinetic, combinations of the two, and complexions for stabilization of  
478 nanocrystalline alloys as a function of homologous temperature.

479 Example 1. Thermal stability of nanocrystalline Fe-Cr alloys with Zr additions. The  
480 influence of 1 to 4 at.% Zr additions to Fe – 10 and 18 at.% Cr alloys on the thermal stability of  
481 the nanocrystalline microstructure was studied [154]. Grain sizes were determined by XRD,  
482 channeling contrast FIB imaging, and TEM for isochronal annealing treatments up to 1273K  
483 (1000°C). Grain size stabilization in the nanoscale range was maintained up to 1173K (900°C)  
484 by adding 2 at.% Zr. This is illustrated in Figure 9 where a histogram of the bright field TEM  
485 grain size data is given for the Fe – 10 at.% Cr – 2 at.% Zr sample annealed at 1173K. The  
486 average grain size for this condition was determined to be 82 nm. Analysis based on the Hall-  
487 Petch strengthening and Orowan strengthening was used to extract the volume fraction of  
488 intermetallic particles having a mean size of 20 nm. Comparing the TEM grain size with the  
489 calculated grain size from the Orowan hardening and Zener pinning models of 168 nm suggests  
490 that thermodynamic stabilization may be contributing to the stabilization observed along with  
491 Zener pinning.

492 There was no significant difference in the results for the 10 and 18 at.% Cr alloys, which  
493 indicates that the bcc to fcc phase transformation does not influence the grain size stabilization in  
494 these alloys.

495



496

497 Figure 9. Bright field grain size histogram for Fe – 10 at.% Cr – 2 at.% Zr sample annealed at  
498 1173K (900°C). Reprinted with permission from reference [154].

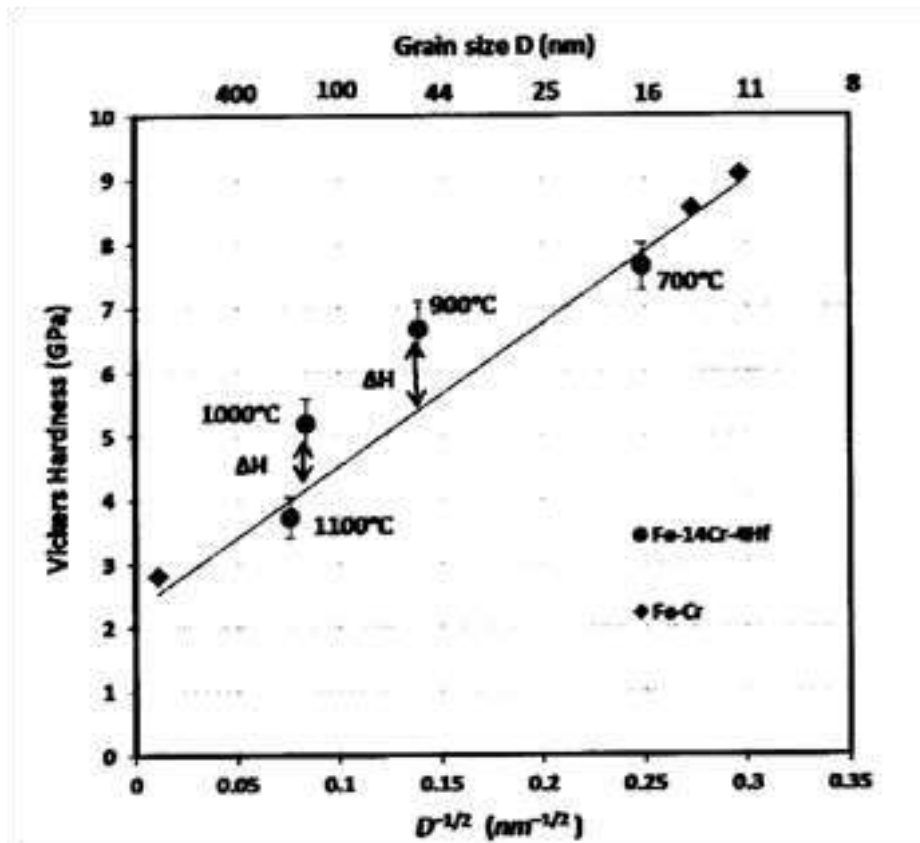
499

500 Example 2: High temperature grain size stabilization of nanocrystalline Fe-Cr alloys with Hf  
501 additions. Similar to example 1, the influence of 1 to 4 at.% Hf additions on the thermal stability  
502 of nanocrystalline Fe – 14 Cr was studied [155]. Hf was selected as a solute addition because  
503 the enthalpy of formation of HfO<sub>2</sub> is more negative than that of ZrO<sub>2</sub> indicating that the second  
504 phase formation leading to Zener pinning effect might be enhanced compared to the Zr solute  
505 additions in Example 1. In addition, the prediction of thermodynamic stabilization for ternary  
506 alloys [156] suggests that Hf should be an effective solute for thermodynamic stabilization in Fe  
507 -14Cr. Again, XRD, high resolution TEM, channeling contrast FIB imaging, and microhardness

508 were obtained for isochronal annealing temperatures up to 1373K(1100°C). It was found that the  
509 Fe – 14Cr – 4 at.% Hf alloy exhibited effective grain size stabilization in the nano-scale range up  
510 to 1273K (1000°C). The hardness of nearly 5.2 GPa is maintained after annealing at 1273K.  
511 The Hall-Petch plot for this alloy along with the base Fe – 14Cr alloy is presented in Figure 10.

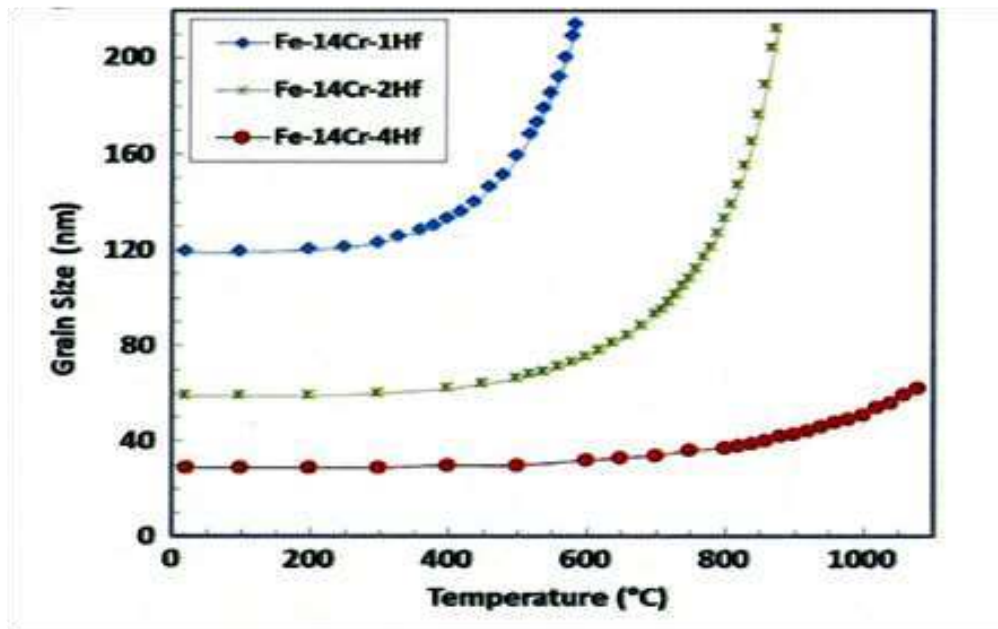
512 Employing the Hall-Petch grain size strengthening and Orowan particle strengthening  
513 equations for Fe – 14Cr – 4 at.% Hf annealed at 900°C, the deviation of grain size predictions  
514 from the actual grain size suggests , as in Example 1, the possibility of a thermodynamic  
515 stabilization mechanism contribution due to solute segregation to grain boundaries. The use of a  
516 thermodynamic model [156] (prediction given in Figure 11) shows that thermodynamic  
517 stabilization can be a viable additional mechanism in conjunction with Zener pinning for  
518 stabilizing the nano-grains in Fe - 4Cr – 4 at.%Hf at 1173K (900°C).

519



520  
521  
522  
523  
524

Figure 10. Hall-Petch plot of Fe – 14Cr – 4Hf alloy along with the base Fe – 14Cr alloy.  
Reprinted with permission from reference [155].



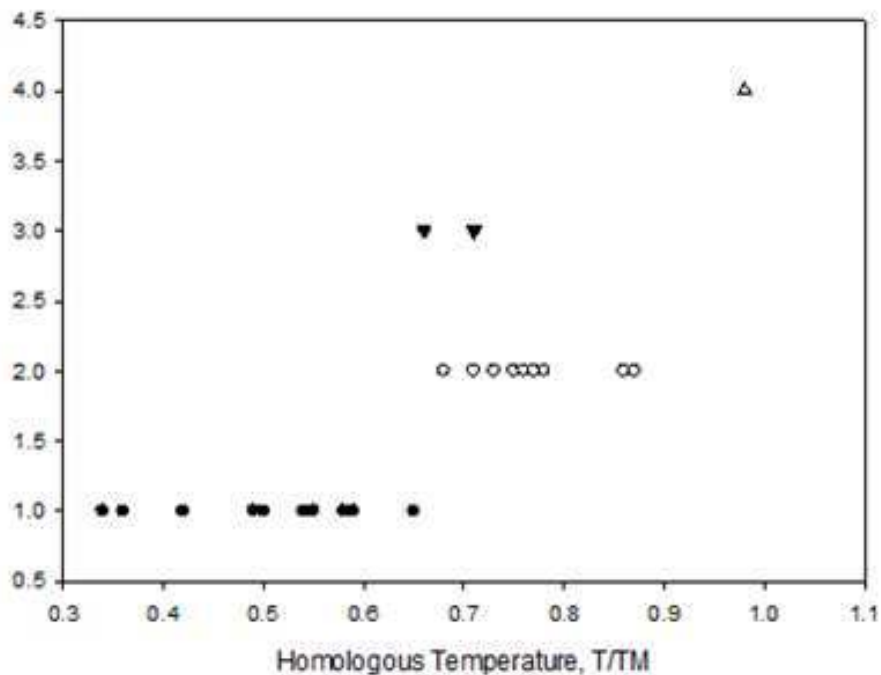
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526 Figure 11. Model prediction for Fe – 14Cr – x Hf alloys for grain size. Reprinted with  
527 permission from reference [155].

528

529 To summarize this section on the thermal stabilization of nanocrystalline materials we  
530 examine data from the literature and looking at the maximum homologous temperature for which  
531 the alloy remains nanocrystalline (grain size < 100 nm) and the specifics of the experimental  
532 results decide whether the stabilization was due to the thermodynamic mechanism, a kinetic  
533 mechanism, a combination of the two, or due to kinetic and complexion stabilization.

534 From the experimental data shown in Figure 12, it would suggest that the most effective  
535 mechanisms for thermal stabilization of nanocrystalline grain size are kinetic (Zener pinning by  
536 nanoscale particles) or a combination of this and thermodynamic stabilization by solute  
537 segregation to grain boundaries. The one data point for Cu – 3 at.% Zr where Zener pinning is  
538 combined with the complexion (an amorphous grain boundary layer) that gives thermal  
539 stabilization almost to the melting temperature, points to a possible fertile research field to  
540 improve the properties of nanocrystalline alloys.



541  
 542 Figure 12. Literature data for thermal stabilization mechanisms vs. maximum homologous  
 543 temperature for stabilization. The symbols are: thermodynamic stabilization: ●, kinetic  
 544 stabilization: ○, kinetic and thermodynamic stabilization: ▼, kinetic and complexion  
 545 stabilization: △  
 546  
 547

#### 548 IV. CRYOMILLING AND APPLICATIONS

549 Cryomilling, i.e., mechanical milling of alloys at cryogenic temperatures is representative of  
 550 a class of powder synthesis techniques that attain the nanostructured state via severe plastic  
 551 deformation. The cryogenic milling process has attracted considerable interest, primarily as a  
 552 result of its ability to generate nanocrystalline (NC) and non-equilibrium structures in relatively  
 553 short time and large quantities. Cryomilled NC powder that can be used to manufacture bulk  
 554 nanostructured and ultrafine-grained (UFG) alloys with attractive combinations of physical and  
 555 mechanical properties. Inspection of the scientific literature shows that this technique has been  
 556 widely used to synthesize NC metals, alloys, and composites, such as Al [157-159] , Ni [160]

557 Fe [161], Ti [162 ], Zn [ 163], Mg [164,165 ], Pd-10Rh [166], high entropy alloys (HEAs)  
558 [167,168], and Al-B<sub>4</sub>C/SiC composites [169,170]. In certain fcc materials, cryomilling can  
559 promote deformation twinning, which is beneficial, given that deformation twins provide for  
560 strength enhancement without a loss in ductility. Cryomilling in a liquid nitrogen environment  
561 facilitates the formation of nitrogen-containing dispersoids that substantially increase the thermal  
562 stability of nanostructures. Thermal stability is critical to retaining fine grain sizes during  
563 consolidation of the cryomilled powder when subjected to temperature and pressure. The use of  
564 light-weight, higher-strength alloys, such as NC Al alloys, for the construction of vehicles will  
565 substantially reduce their weight and lead to improved fuel consumption, range, reliability, and  
566 speed. In this section, published data related to cryomilled alloys are reviewed with particular  
567 emphasis on cryomilling mechanisms, microstructure, deformation twinning, thermal stability of  
568 cryomilled powders, and some examples of practical Al alloys fabricated by cryomilling and  
569 consolidation.

#### 570 *A. Cryomilling*

571 During cryomilling, the as received powder forms a slurry with a milling attritor, comprising  
572 of a rotating impeller within a vessel, and accommodating a flow of incoming cryogenic liquid,  
573 normally liquid N<sub>2</sub> or liquid Ar. In the laboratories at UC Irvine (Irvine, CA), the system with  
574 the largest capability can mill up to 5 kg of Al alloy powder at a time, but there is potential to  
575 substantially increase the scale of this operation for commercial exploitation.

576 During cryomilling, similar to conventional mechanical milling, the particles of the powder  
577 are repeatedly deformed by compressive and shear stresses arising from being trapped between  
578 the balls during collisions and localized rolling. Powder evolution during the milling process  
579 generally involves five stages [157,158]: 1) initially, particle flattening as a result of shear band



580 nucleation under localized deformation conditions [171], which then spread throughout the entire  
581 sample, forming flakes; 2) when two or more particles are trapped between the balls, they are  
582 crushed and cold-welded together to form particles of a larger size with a lamellar structure; 3)  
583 equiaxed particle formation due to fracture deformed particles; 4) random welding of powder  
584 particles; and 5) steady-state deformation, during which a balance between fracture and cold  
585 welding is established as particle size and microstructural refinement progresses. Given that  
586 severe plastic deformation during milling is a cyclic process, the milling time dominates the  
587 overall deformation strain.

588 Cryomilling leads to the formation of a high density of dislocations in the cryomilled powder  
589 because milling induces heavy cyclic deformation, and the cryogenic temperature suppresses the  
590 annihilation of dislocations. As an example, a high density of dislocations of  $1.7 \times 10^{17} \text{ m}^{-2}$  was  
591 observed in a cryomilled Al–Mg alloy [172,173]. The dense dislocation networks rearrange to  
592 form nanoscale subgrains with low-angle grain boundaries (GBs) during further milling, and  
593 then re-orient and transform into grains with high-angle GBs. With an increase in milling time,  
594 the mean grain size initially decreases rapidly from the micrometer scale, then slowly decrease  
595 down to a saturated value, a few tens of nanometers, determined by the material properties [174,  
596 175]. When a minimum grain size is reached, additional straining does not further reduce the  
597 grain size because of the intrinsic instability of nano-sized grains. Thus, strain-induced grain  
598 refinement ceases as a dynamic balance is reached between structure refinement and coarsening  
599 of the refined grains.

600 The value of the minimum grain size that is attained during milling is related to the intrinsic  
601 properties of the materials [174] as well as the milling conditions. It has been proposed that the  
602 minimum grain size obtainable by milling scales inversely with melting temperature and bulk

603 modulus of a material. To that effect a dislocation model was developed to quantitatively  
 604 describe the minimum grain size obtainable during milling [175]. According to this model, the  
 605 minimum grain size is governed by the balance between the hardening rate introduced by  
 606 dislocation generation, and the recovery rate arising from dislocation annihilation and  
 607 recombination. The minimum grain size,  $d_{min}$ , is given by [175]:

$$608 \quad \frac{d_{min}}{b} = A_3 \exp\left(\frac{-\beta Q}{4RT}\right) \left(\frac{D_{PO} G b^2}{v_0 k_B T}\right)^{0.25} \left(\frac{\gamma}{Gb}\right)^{0.5} \left(\frac{G}{\sigma}\right)^{1.25} \quad (2)$$

609 where  $b$  is the magnitude of the Burgers vector,  $A_3$  a dimensionless constant,  $\beta$  constant,  $Q$  the  
 610 self-diffusion activation energy,  $R$  the gas constant,  $T$  the absolute temperature,  $D_{PO}$  the diffusion  
 611 coefficient,  $G$  the shear modulus,  $v_0$  the initial dislocation velocity,  $k_B$  Boltzmann's constant,  $\gamma$  the  
 612 stacking fault energy (SFE) and  $\sigma$  is the applied stress. The model predicts that the minimum  
 613 grain size scales inversely with hardness, proportionally with the SFE and exponentially with the  
 614 activation energy for recovery.

615 Grain refinement may also occur via recrystallization when a new grain structure forms by  
 616 nucleation and growth in cold deformed alloys with sufficient stored energy. It is generally  
 617 argued that recrystallization is not able to occur during cryomilling because recrystallization is  
 618 thermally activated and depends on a critical temperature and deformation conditions.  
 619 Interestingly, however, it has been reported that recrystallization does indeed occur in cryomilled  
 620 Zn [163] and Mg [176]. High density of lattice defects, including stacking faults [177],  
 621 dislocation, deformation twins [178], and increased GBs generated due to heavy deformation in  
 622 cryomilled NC hexagonal close packed (HCP) Mg alloys have been reported. In fact, the high  
 623 density of accumulated lattice defects, particularly dislocations, results in a high stored energy,  $E$   
 624  $= Gb^2\rho$ , which may trigger dynamic recrystallization (DRX) even at cryogenic temperatures. In

625 addition, a high density of dislocations causes the critical temperature for recrystallization  $T_c$  to  
626 decrease. Recrystallization of cryomilled Mg powder in liquid Ar may also be thermally  
627 activated at room temperature due to the presence of relative elevated temperatures (88 K to 298  
628 K) when the cryomilled Mg powder is collected at room temperature. The conditions for  
629 nucleation of DRX are described by [179]:

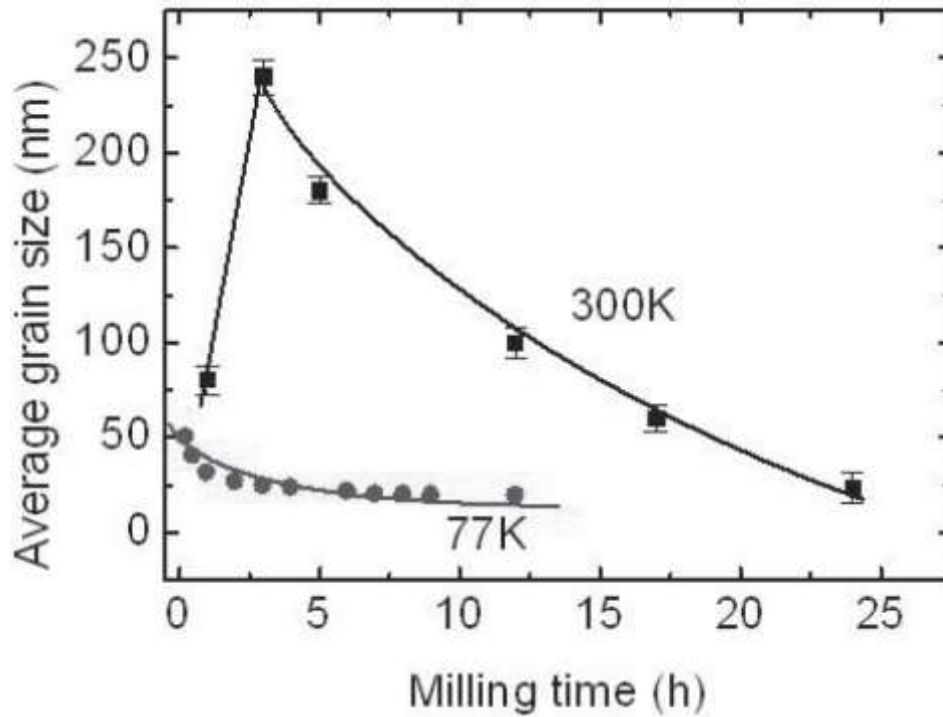
$$630 \quad \frac{\rho^3}{\dot{\epsilon}} > \frac{2 \gamma_b}{KMLG^2 b^5} \quad (3)$$

631 where  $\rho$  is the dislocation density,  $\dot{\epsilon}$  is the strain rate.  $\gamma_b$  is the specific boundary energy,  $M$  is the  
632 grain boundary mobility,  $L$  is the mean slip distance of the dislocations,  $G$  is shear modulus,  $b$  is  
633 Burger vector,  $K$  is a constant. There is a critical value of  $\rho/\dot{\epsilon}$  to be achieved for the nucleation  
634 of DRX. When materials with a low SFE, such as Zn, Mg and their alloys with low SFE are  
635 deformed at cryogenic temperature, dislocation recovery is slow and the dislocation density  
636 could be increased to the critical value necessary for facilitating DRX.

637 The cryomilling technique possesses several characteristics and advantages that distinguish it  
638 from the conventional mechanical milling that is typically performed at ambient temperatures,  
639 including: 1) powder agglomeration and welding to the milling media are suppressed, resulting  
640 in a more efficient milling outcome; 2) oxidation reactions during milling are reduced under the  
641 protection of a liquid nitrogen or argon environment; 3) the milling time required to attain a  
642 nanostructure is significantly reduced relative to that required of conventional milling. Figure 13  
643 shows a comparison of the average grain size evolution with milling time for Zn powder milled  
644 at room temperature and at liquid N<sub>2</sub> temperature [179]. It has been consistently reported that  
645 the average grain size of cryomilled Zn is consistently smaller than that of room temperature  
646 milled Zn with the same amount of milling time. Cryomilling takes the advantage of the

647 extremely low temperature of the liquid N<sub>2</sub> or Ar medium, which suppresses the recovery and  
648 leads to more rapid grain refinement and finer grain structures. In addition, the lower temperature  
649 also decreases the ductility of the powder, reducing the amount of welding between the particles.  
650 Thus, the amount of process control agent (PCA) required to prevent excessive agglomeration of  
651 the particles is reduced, decreasing the amount of interstitial contamination introduced during the  
652 milling process.

653



654

655 Figure 13 Comparison of the average grain size evolution with milling time for Zn powder  
656 milled at room temperature and at liquid nitrogen temperature. Reprinted with permission from  
657 reference [179].

658

659 Even in the presence of hard particles, such as in the case of cryomilling of a  
660 matrix/reinforcement (typically a ceramic) mixture, the ductile matrix is deformed, flattened and  
661 cold welded [174]. During cryomilling the reinforcement particles are entrapped in the matrix

662 material, which can eliminate the voids between the matrix and the ceramic reinforcement and  
663 potentially promote solid state bonding between them. Another advantage of using cryomilling  
664 to synthesize metal matrix composite powders is that it facilitates the formation of a  
665 homogeneous distribution of the reinforcement particles in the matrix. Conventional blending  
666 methods often lead to clustering of the reinforcement, resulting in poor mechanical behavior.  
667 Published studies suggest that a homogeneous distributions of reinforcements in a matrix can  
668 readily be achieved by using cryomilling [169,170].

669 In addition, the presence of hard particles in a powder mixture can facilitate deformation and  
670 fracture of the matrix and thereby facilitate grain refinement. As a consequence, a shorter milling  
671 time may be required to attain steady state conditions during milling. In related studies it was  
672 reported that the introduction of a small volume fraction of AlN particles (2  $\mu\text{m}$ ) into Ni  
673 facilitated grain refinement during cryomilling [180]. This enhancement was rationalized on the  
674 basis of the interactions of dislocations with hard particles, and the thermally induced dislocation  
675 generation due to the difference in thermal expansion coefficient between matrix and  
676 reinforcement [180,181].

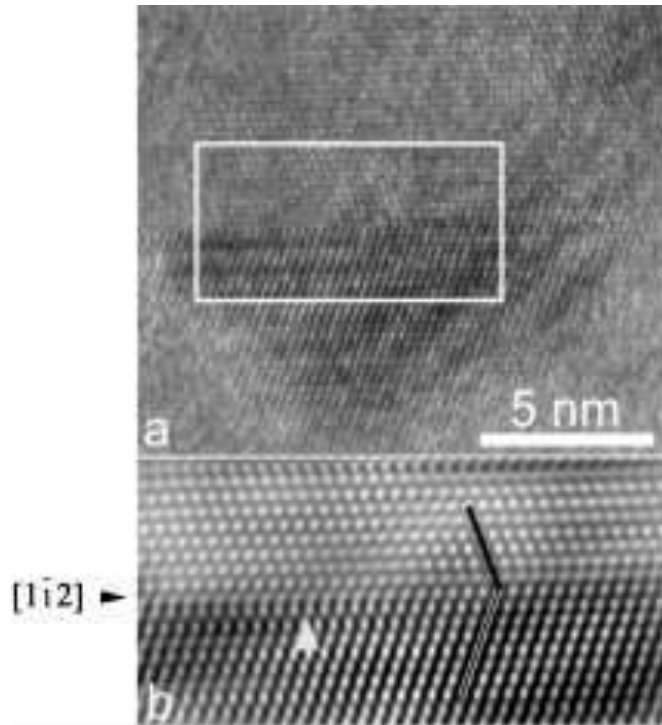
#### 677 *B. Deformation Twinning by Cryomilling*

678 It is well known that NC alloys are significantly stronger than their coarse-grained  
679 counterparts [157,182], but their ambient temperature uniform tensile ductility is usually  
680 disappointingly low due to the fact that GBs experience much larger plastic strain than that  
681 sustained by grain interiors. Attempts to retain or increase the ductility during grain refinement  
682 have frequently resulted in reduced strength [182,183]. However, it was reported that dislocation  
683 accumulation at twin boundaries in NC metals provides strength enhancement without a loss in  
684 ductility [184,185]. Twin boundaries with extremely low excess energy can effectively hinder

685 dislocation motion, acting as stable interfaces leading to the increase of both the strength and  
686 ductility in NC materials [186,187]. Moreover, it has been well documented that a smaller grain  
687 size impedes deformation twinning and there are many experimental studies providing support to  
688 this finding [188-191]. On one hand, the stress required for activating twinning increases much  
689 faster with decreasing grain size relative to that required for dislocation slip which competes with  
690 twinning; accordingly, a smaller grain size renders deformation twinning more difficult. On the  
691 other hand, a lower temperature and higher strain rate usually promote deformation twinning  
692 [191]. The increase in twinning tendency at low temperatures and higher strain rates can be  
693 largely attributed to the increase in flow stress of materials, which increases with decreasing  
694 temperature and increasing strain rate. When flow stress increases, the motion of dislocations  
695 becomes more difficult, while deformation twinning readily occurs. There is an equivalent effect  
696 of low temperature and high strain rate, as the dislocation generation rate is faster than the  
697 annihilation of dislocation during deformation at low temperature and high strain rates [191]. As  
698 cryomilling is characterized by relatively high strain rates (up to  $6.35 \times 10^3 \text{ s}^{-1}$  [192]) and  
699 cryogenic temperatures, deformation twinning is facilitated in cryomilled metals and alloys.

700 In the face centered cubic (FCC) case, the twinning plane is the close-packed (111), and twin  
701 nucleation and growth are controlled by well-defined partial dislocations that co-operatively  
702 move and propagate on successive (111) planes [194]. A material with high SFE, such as Al  
703 ( $160\text{-}200 \text{ J/m}^2$ ), will be less susceptible to twinning than materials with low SFE, like Cu alloys  
704 ( $70\text{-}78 \text{ J/m}^2$ ). SFE is equivalent to twin energy, and the propensity for deformation twinning  
705 increases with decreasing SFE [195]. Twins are abundant in many low SFE metals, but are rarely  
706 seen in high SFE metals like Al [196-198], because when the SFE is low, the mobility of  
707 dislocations in a material decreases, while deformation twinning become more feasible. Notably,

708 the first report of twinning in NC fcc Al was observed in cryomilled Al [193], as shown in  
709 Figure 14, which shows an HRTEM image of twin with dimension of approximately 10 nm in  
710 cryomilled Al-7.5Mg powder. The black arrow shows that atoms on (110) have a strain along  
711  $\langle 112 \rangle$  direction, and twinning occurred on the (111) plane.



712  
713 Figure 14 HREM image of Al-7.5Mg alloy cryomilled for 8 h, (a) Image of a whole  
714 nanoscale twin. (b) Local magnification of a twin. Reprinted with permission from reference  
715 [193].

716  
717 In most HCP metals and alloys, deformation twins are readily nucleated. This is true, for  
718 example, in the case of coarse grained Mg and Mg alloys, due to the low SFE of Mg (30 mJ/m<sup>2</sup>  
719 [199]) in combination with a limited number of independent slip systems. The SFE in Mg-(3-  
720 9wt.%) Al alloys is 5.8-27.8 mJ/m<sup>2</sup>, and decreases with increasing Al content [200]. For HCP  
721 Mg, the activation of primary slip system is limited and hindered on account of large CRSS

722 values at cryogenic temperature. Twinning, however, remains a deformation mechanism that  
723 could be activated with secondary slip of partial dislocations under these conditions. The low  
724 temperature renders recovery more difficult by limiting the mobility of dislocations [201].  
725 Lattice friction stress also strongly depends on temperature, and increases with decreasing  
726 temperature [202], which makes dislocation glide through the lattice and GB sliding more  
727 difficult. As deformation intensity increases at cryogenic temperatures with high strain rate, the  
728 number of dislocations increases, and a higher dislocation density accumulates on the GB  
729 regions, which lead to a highly localized stress concentration at GBs, and act as the driving force  
730 for twinning nucleation. In essence, the combination of low temperature and high local stresses  
731 that is characteristic of cryomilling promote the activation of twinning mechanisms.

732 During cryomilling, the flow stress of Mg increases with decreasing temperature and  
733 increasing strain rate [203], and accordingly so does the critical stress required to nucleate and  
734 propagate a twin. The most commonly observed twinning plane is the (10-12) in the  $\langle 10\bar{1}1 \rangle$   
735 direction for Mg [204]. This phenomenon has now been documented in a number of NC Mg  
736 alloys, such as Mg-10at.%Ti [205], Mg-30wt.%Al [206], as well as cryomilled AZ80 (Mg-  
737 8wt.%Al-0.5wt.%Zn)[164]. Moreover the formation of nano-sized twins in cryomilled pure Mg  
738 powders was documented using HRTEM [165]. The formation of nano twins in NC pure Mg was  
739 attributed to the combination of: a high strain rate, cryogenic temperature, and high local shear  
740 stresses present around the GBs during deformation by cryomilling. Such low temperature  
741 deformation processing has also been reported to facilitate deformation twinning in other  
742 cryomilled NC alloys and ceramics, such as Al-7%Mg [193, 207-209], Cu [210], and B<sub>4</sub>C [211].  
743 The formation of twins by cryomilling provides a promising approach to improve the mechanical  
744 properties of NC metals and alloys.



745 *C. Thermal Stability of Cryomilled Alloys*

746 NC metals and alloys are thermally unstable when compared to the behavior of their coarse-  
747 grained counterparts. From a thermodynamic viewpoint, nano-grains grow at lower temperatures  
748 than those required by their coarse grained counterparts [212,213]. There is a large amount of  
749 enthalpy that is stored in the high-density GBs, which provides a substantial driving force for  
750 grain coarsening [186]. The reduced thermal stability of nanostructured materials not only limits  
751 their technological and practical applications, but also renders their processing a challenge.

752 A review of the literature reveals that there are kinetic and/or thermodynamic strategies that  
753 have been proposed in an effort to stabilize metallic nanostructures [213]. One approach involves  
754 the pinning of GBs by promoting the drag of second-phase, solutes, and chemical ordering [214]  
755 in order to decrease their mobility for kinetic stabilization. From a thermodynamic perspective,  
756 the driving force of grain coarsening is proportional to the grain-boundary energy. The specific  
757 grain-boundary energy can be reduced by solute segregation in the GBs, resulting in a high  
758 entropy GBs[ 214,215]. A theoretical framework that incorporates the influence of second-phase  
759 particles and solute segregation at GBs on stress-induced GB migration and grain rotation was  
760 formulated [216]. The modelling results suggest that both second-phase particles and solute  
761 atoms segregated at GBs reduce the rate of GB migration and grain rotation.

762 Cryomilling in a liquid N<sub>2</sub> environment generates nitrogen containing nano-sized dispersoids  
763 are formed [217-219] which can increase the strength of the alloys by pinning dislocations [161].  
764 The significance of the nitrogen-containing dispersoids is that they substantially increase the  
765 thermal stability of the microstructure for Al-containing alloys [219-221]. This is important in  
766 retaining fine grain sizes during consolidation when the cryomilled powder subjected to

767 temperature and pressure, the combined effects of which would otherwise lead to rapid grain  
768 growth.

769 A low ductility and limited thermal stability represent intrinsic limitations of NC structural  
770 materials. Stabilizing nanostructures by interface complexions to decrease the grain-boundary  
771 mobility does not improve their ductility. It is necessary to provide work-hardening and strain  
772 delocalization during deformation in the nanostructures to enhance their ductility [186]. In  
773 related work it has been reported that twin boundaries with extremely low excess energy  
774 effectively hinder dislocation and GBs motion and can thus act as stable interfaces. Twin  
775 boundaries with nanoscale spacing are effective to improve strength, ductility and thermal  
776 stability. This might be another reason for the observed high thermal stability of cryomilled  
777 nanostructured materials because cryomilling can promote deformation twinning [9, 37].

778 There are numerous published studies documenting the thermal stability of cryomilled alloys.  
779 For example, in the case of cryomilled 5083 Al alloy processed via HIP and extrusion results  
780 from creep tests at two temperatures: 573 and 623 K [222] show surprising thermal stability. An  
781 average grain size of 200 nm was observed in the microstructure of the cryomilled 5083 Al.  
782 After a long time exposure for nearly 1000 h at temperatures of 573 and 623 K ( $0.61\text{--}0.66T_m$ ,  
783 where  $T_m$  is the melting temperature of the materials), there is only a slight grain growth. An  
784 average grain size of approximately 220 nm and an average grain size of approximately 280 nm  
785 were observed after holding for 996 h at a temperature of 573 K and 938 h at a temperature of  
786 623 K, respectively. After holding at elevated temperatures, fine precipitates of approximately  
787 20–50 nm were observed. During cryomilling in liquid N<sub>2</sub>, most of the alloying elements are  
788 essentially dissolved into the aluminum matrix, forming a supersaturated solid solution. Small  
789 amounts of impurity elements (O, N, C, H, Fe, Cr, etc.) are also introduced into the Al alloys

790 during cryomilling, with some of them forming nanoscale dispersions [223], which can enhance  
 791 the retarding force on GB migration. The presence of second phases (nanoscale aluminum  
 792 oxides, nitrides, carbides, or precipitates), in combination with GB segregation of solute and/or  
 793 impurity elements is considered to play a significant role in stabilizing the microstructure.

794 Burke developed a model of grain growth based on the drag forces exerted by the dispersion  
 795 particles on the migrating GBs [224]. In this model, it is considered that the grain growth rate is  
 796 controlled by the decreasing difference between the ultimate limiting grain size and the changing  
 797 value of the instantaneous grain size. Burke assumed that the drag force is independent of grain  
 798 size, which is reasonable under the condition that the source of pinning does not depend on grain  
 799 size. This situation exists when pinning is produced from dispersion particles or pores. Burke's  
 800 model may be expressed by the following equation:

$$801 \quad \frac{D_0 - D}{D_m} + \ln \left( \frac{D_m - D_0}{D_m - D} \right) = \frac{k_0 t}{D_m^2} \exp \left( \frac{-Q}{RT} \right) \quad (4)$$

802 where  $D$  is the average instantaneous grain size,  $k_0$  is a constant and  $Q$  is the activation energy  
 803 for grain growth,  $t$  is the annealing time, and  $D_m$  is the limiting ultimate grain size for the  
 804 particular annealing temperature. By differentiating Eq. (4), the following growth rate equation is  
 805 obtained:

$$806 \quad \frac{dD}{dt} = k \left( \frac{1}{D} - \frac{1}{D_m} \right) \quad (5)$$

807 From the linear plot of  $dD/dt - 1/D$ , the value of slope ( $k$ ) at the different annealing  
 808 temperature can be determined. Using Beck's equation, the value of activation energy for grain  
 809 growth can be determined from the plot of  $\ln(k)$  as a function of  $1000/RT$  [221]. From values of  
 810 activation energy for grain growth, two-grain growth regimes were identified: the low-

811 temperature region ( $<573\text{ K}$  ( $300^\circ\text{C}$ )) and the high-temperature region ( $>573\text{ K}$  ( $300^\circ\text{C}$ )). For  
812 temperatures lower than  $573\text{ K}$  ( $300^\circ\text{C}$ ), the activation energy of  $25 \pm 5\text{ kJ/mol}$  was determined.  
813 This low activation energy represents the energy for the reordering of GBs in the UFG material.  
814 For temperatures higher than  $573\text{ K}$  ( $300^\circ\text{C}$ ), the activation energy of  $124 \pm 5\text{ kJ/mol}$  was  
815 measured. This activation energy,  $124 \pm 5\text{ kJ/mol}$ , lies between that for GB diffusion and lattice  
816 diffusion in analogous Al polycrystalline systems [221].

#### 817 *D. Engineering Applications*

818 A specific example of a practical application of cryomilled NC Al alloys involves target  
819 components in the U.S. Marine Corps Assault Amphibious Vehicle (AAV7A1) [225], which  
820 provides a range of services on a battlefield. The weight of an empty AAV7A1 is 21 t, and the Al  
821 hull, made from Al 5083 (Al-4.4Mg-0.7Mn-0.15Cr, UTS of 310 MPa), contributes about 14 t to  
822 this weight. Another significant proportion of the additional weight is the steel armor that is  
823 bolted on. Reducing the overall weight of the AAV7A1 is a prime objective given the need to  
824 decrease the fuel consumption. As a consequence, an important technical goal is to increase the  
825 strength of the Al 5083 while retaining its welding and anticorrosion properties, and  
826 consequently decreasing the overall amount of material required (and thereby overall weight).  
827 Similarly, improving the ballistic performance of Al 5083 will also decrease the amount of  
828 additional steel armor needed. Initial results obtained from a research program funded by the  
829 Navy suggests that these dual objectives can be achieved through the implementation of  
830 cryomilling, which can produce NC Al 5083 with a UTS greater than 700 MPa [159]. In terms  
831 of ballistics performance, the resistance of consolidated (HIP, extrusion, and rolling) cryomilled  
832 Al 5083 strip against a small-caliber, armor-piercing threat has been established and based on the  
833 test results [69], it is estimated that, a 13 mm thick cryomilled plate is equivalent to a 19 mm

834 standard plate, which represents 33% less weight required to stop the same threat, saving over  
835 4.5 t on a hull weighing 14 t.

836 In terms of corrosion, comparison tests of consolidated cryomilled Al 5083 with standard  
837 coarse grained Al 5083 were completed to evaluate their corrosion behavior in salt-containing  
838 aqueous solutions and their susceptibility to intergranular corrosion in the nitric acid mass loss  
839 test [226]. Results show that there was not a significant difference in the corrosion behavior  
840 between the two types of materials, and that the cryomilled material exhibited less susceptibility  
841 to intergranular corrosion.

842 Finally, in terms of joining, tungsten inert gas welding was used to join a plate made from  
843 cryomilled materials to a standard Al 5083 plate, resulting in a weld with the same hardness as  
844 that of the standard plate. Similarly, two tubes of cryomilled Al 5083 were inertia welded  
845 together, without any drop in hardness at the weld interface [225]. The hardness of a joint of  
846 friction-stir welded cryomilled Al 5083 dropped slightly to ~125 diamond-pyramid hardness  
847 (DPH).

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851

## 850 **ACKNOWLEDGEMENTS**

852 CCK wishes to thank NSF and DOE for support of his research on this topic under grants  
853 number DMR-1401725 and DE-0000538 respectively. Ejl is grateful for the funding provided  
854 by the Office of Naval Research that supported the work by his group reviewed in this article:  
855 Grant No. ONR N00014-12-1-0237 under the guidance of Dr. Larry Kabacoff and Grant No.  
856 N00014-12-C-0241 under the guidance of Rod Peterson and Bill Golumbskie. The work of  
857 TGL was supported by the U.S. National Science Foundation under Grant No. DMR-1160966.

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1239 **Figure Captions.**

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1241 Fig. 1 OIM images for high purity aluminum in (a) the initial unprocessed condition and after  
1242 ECAP through (b) 1, (c) 2, (d) 3, (e) 4, (f) 8 and (g) 12 passes using route B<sub>C</sub> at RT: the  
1243 grain colors correspond to the orientations in the unit triangle [44].

1244 Fig. 2 EBSD orientation images of Cu-0.1% Zr disks processed by HPT for (a) 1/4  
1245 turn, (b) 5 turns and (c) 10 turns: the columns display images from the center of the  
1246 disk (on left) and at the edge of the disk (on right) [57].

1247 Fig. 3 Schematic illustration of the principle of the ECAP-Conform process [72].

1248 Fig. 4 Multilayered structure with alternate distribution of finer and coarser grains fabricated by  
1249 an ABAB-type 5N-Al/4N-Al bimetallic tube with 2 turns of t-HPS at RT: the 4NAl layers  
1250 have finer grain size (<1 μm) and the 5N Al layers have relatively coarser grains [78].

1251 Fig. 5 Color-coded contour maps of the Vickers microhardness for the Al/Mg system after HPT  
1252 for 1 turn (upper), 5 turns (center) and 10 turns (lower): the values associated with the  
1253 various colors are given in the hardness color key on the right [120].

1254 Fig. 6 The range of fracture toughness and strength-to-weight ratio for many metals and  
1255 materials [128] where the synthesized Al-Mg system shown in Fig. 5 after HPT is  
1256 incorporated into the diagram as HPT-induced aluminum MMNCs without delineating  
1257 any upper limits for these values [122].

1258 Fig.7: Model predictions of (a) grain size, and (b) interfacial solute excess for Fe-Zr alloys  
1259 [147].

1260 Fig. 8: The nanostructure stability map for tungsten-based alloys at 1373 K (1100°C), calculated  
1261 on the basis of variation of the enthalpy parameters. For each combination of parameters,  
1262 the free energy of nanocrystalline structures is compared to that of the bulk regular  
1263 solution. An example for the nanocrystalline stable region is given in (B) for W-Sc. A  
1264 bulk stable case is given in (C) for W-Ag. (Reproduced with permission from reference  
1265 [149]).

1266 Fig. 9. Bright field grain size histogram for Fe – 10 at.% Cr – 2 at.% Zr sample annealed at  
1267 1173K (900°C) [154].

1268 Fig. 10. Figure 10. Hall-Petch plot of Fe – 14Cr – 4Hf alloy along with the base Fe – 14Cr alloy  
1269 [155].

1270 Fig. 11. Model prediction for Fe – 14Cr – x Hf alloys for grain size [156]. Fig. 12: Literature  
1271 data for thermal stabilization mechanisms vs. maximum homologous temperature for  
1272 stabilization.

1273 Fig. 12. Figure 12. Literature data for thermal stabilization mechanisms vs. maximum  
1274 homologous temperature for stabilization [156]. The symbols are: thermodynamic  
1275 stabilization: ●, kinetic stabilization: ○, kinetic and thermodynamic stabilization: ▼,  
1276 kinetic and complexion stabilization: Δ

1277 Fig. 13: Comparison of the average grain size evolution with milling time for Zn powder milled  
1278 at room temperature and at liquid nitrogen temperature [179].

1279 Fig. 14: HREM image of Al-7.5Mg alloy cryomilled for 8 h, (a) Image of a whole nanoscale  
1280 twin. (b) Local magnification of a twin [193].

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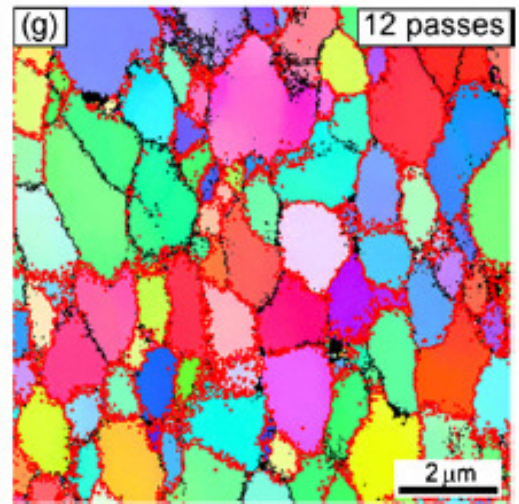
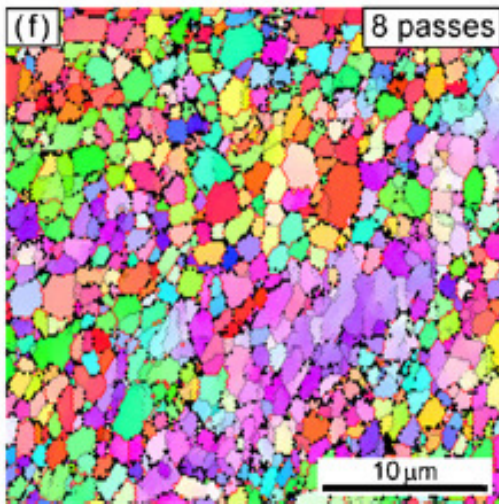
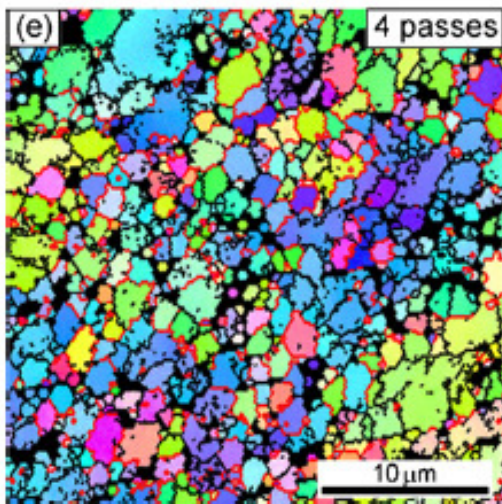
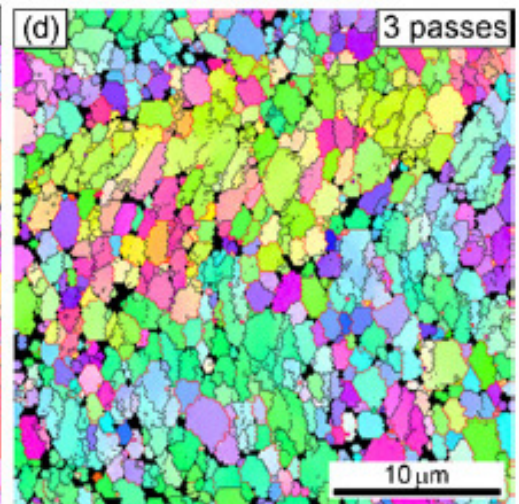
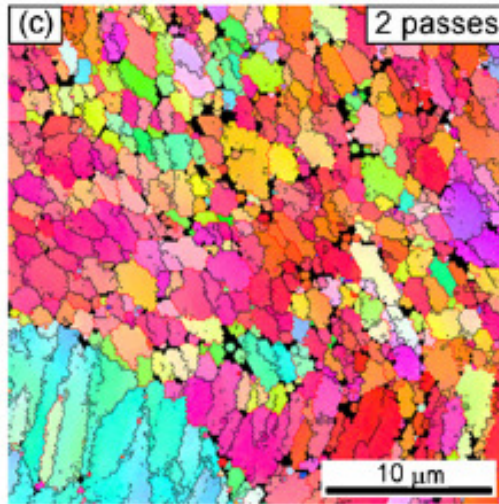
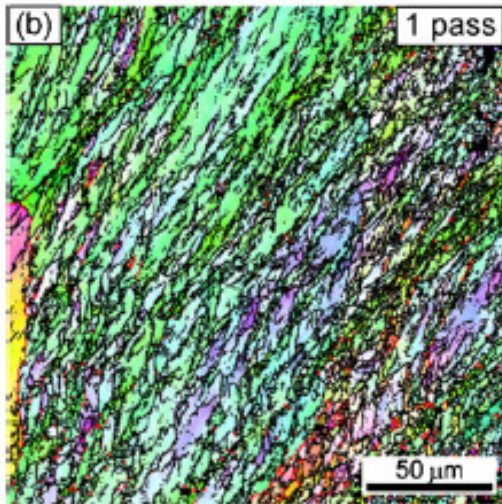
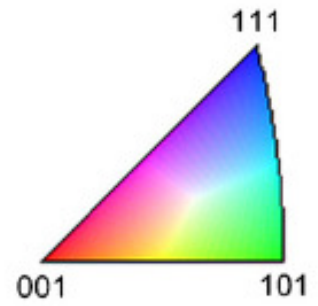
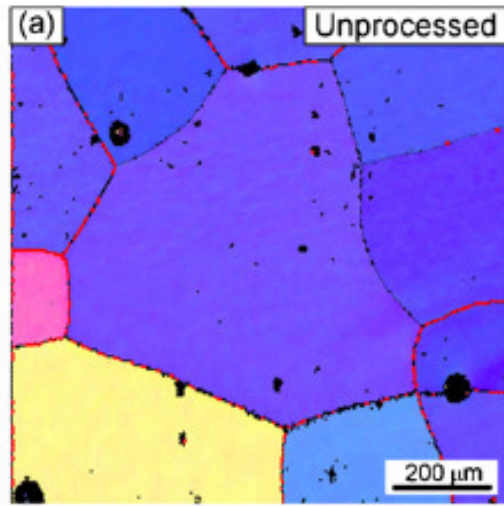


Article File with Track Changes.

As per the Response Letter, we have not made any changes in the original manuscript.

C. C. Koch, T. G. Langdon, E. J. Lavernia

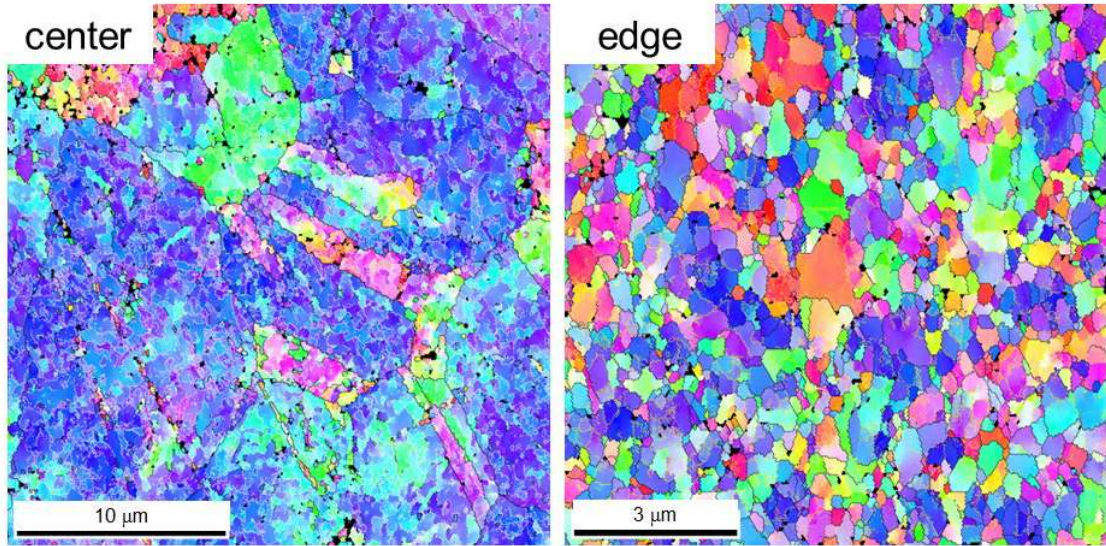
— 2-15°  
— >15°





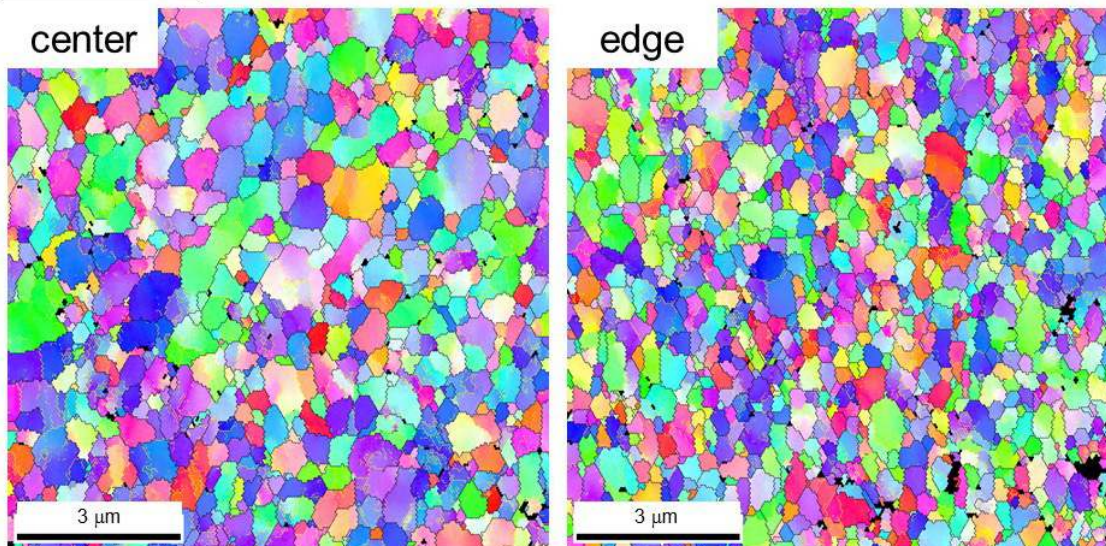
**Cu-0.1 wt.% Zr**  
**HPT: 6.0 GPa, RT**

**N = 1/4 turn**



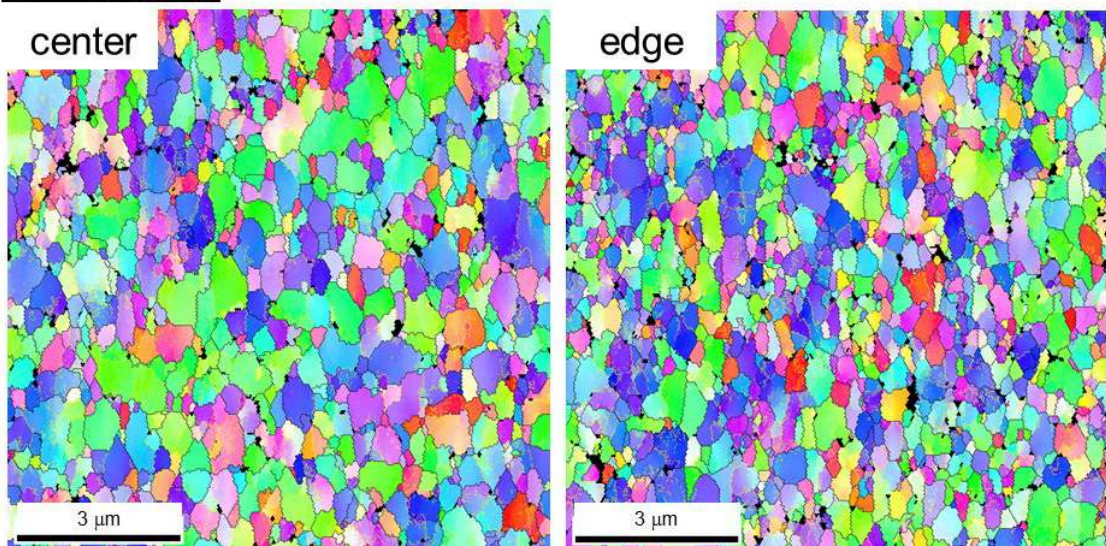
(a)

**N = 5 turns**

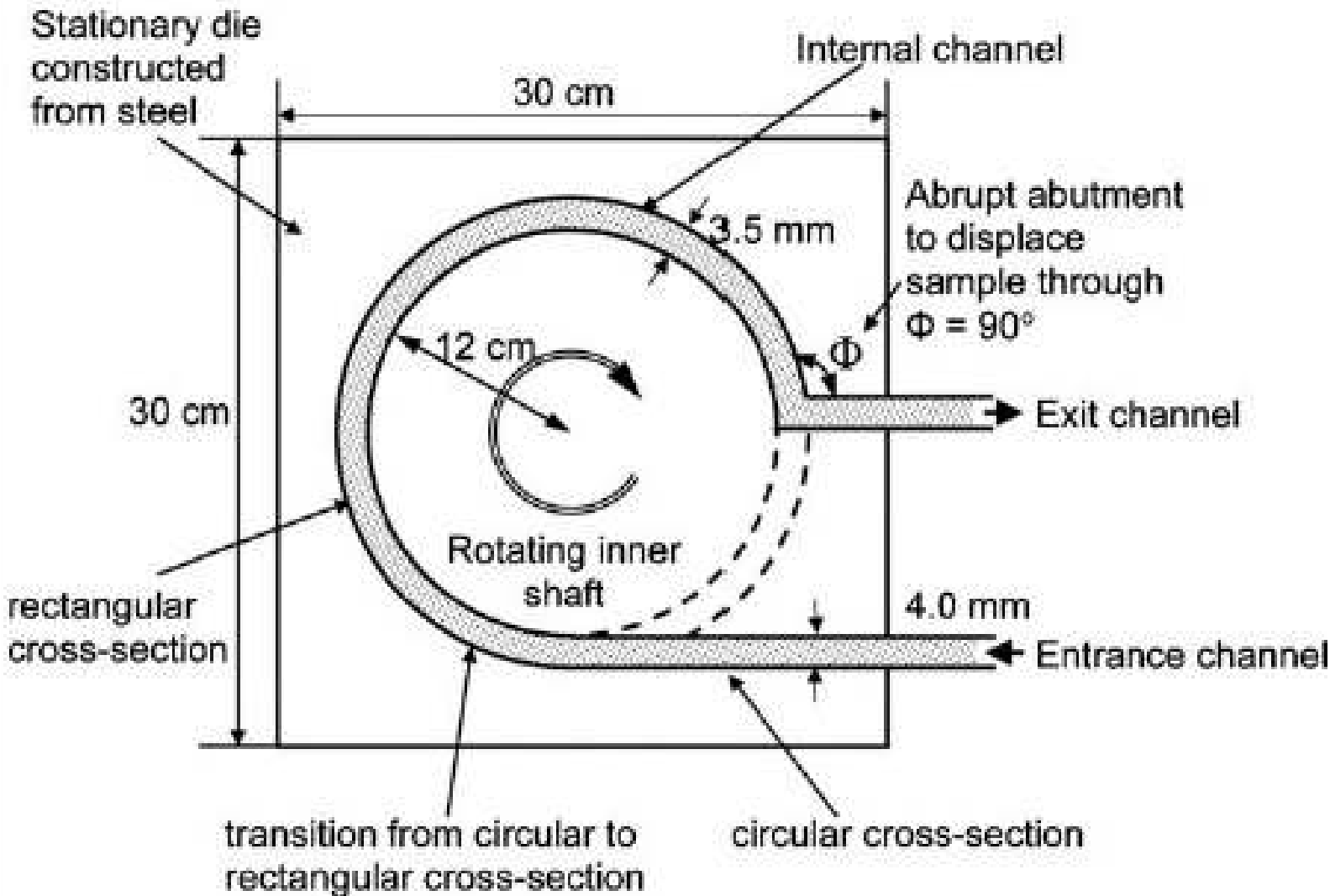


(b)

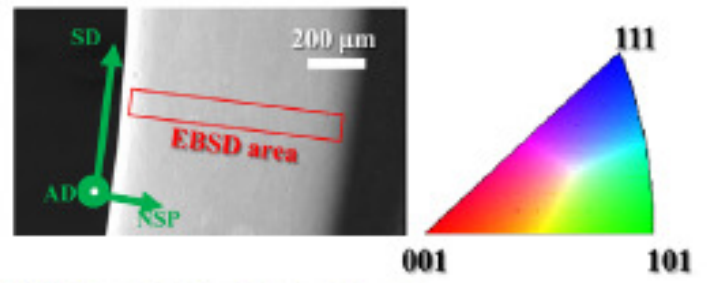
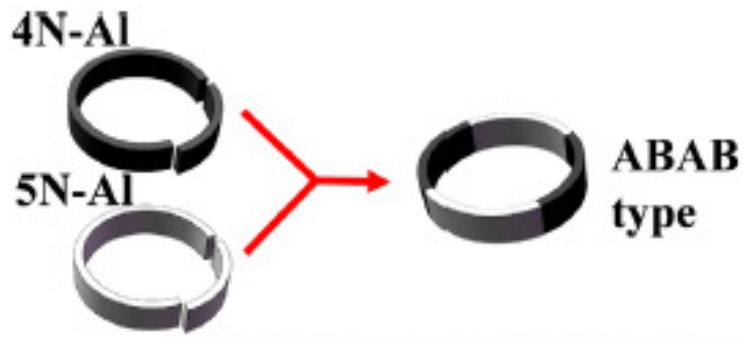
**N = 10 turns**



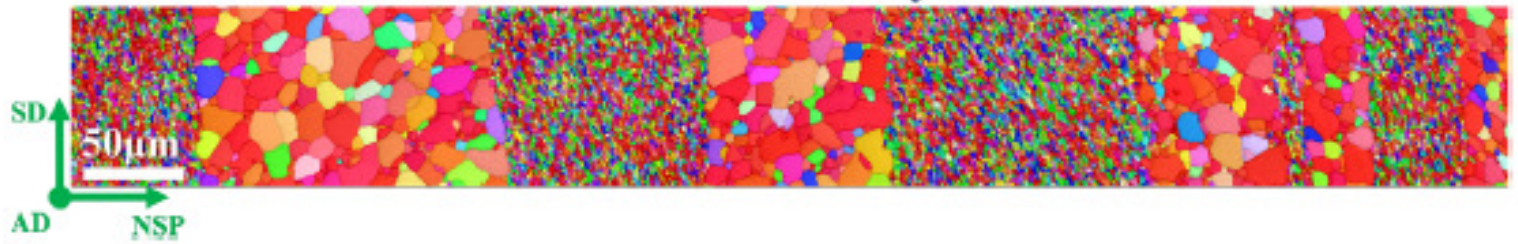
(c)



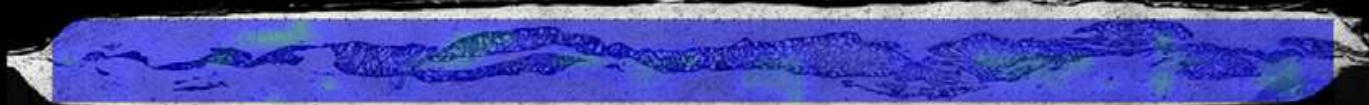




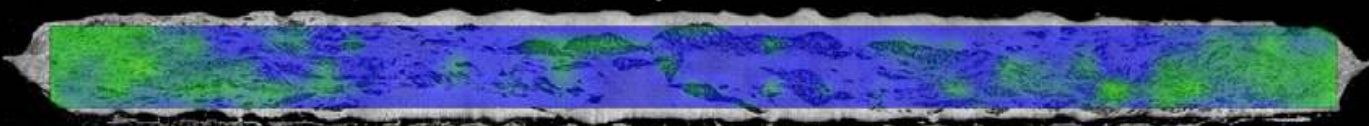
**t-HPS 2 turns: 4N/5N Al multilayered structure**



HPT: 1 turn, 6.0 GPa, RT, 1 rpm



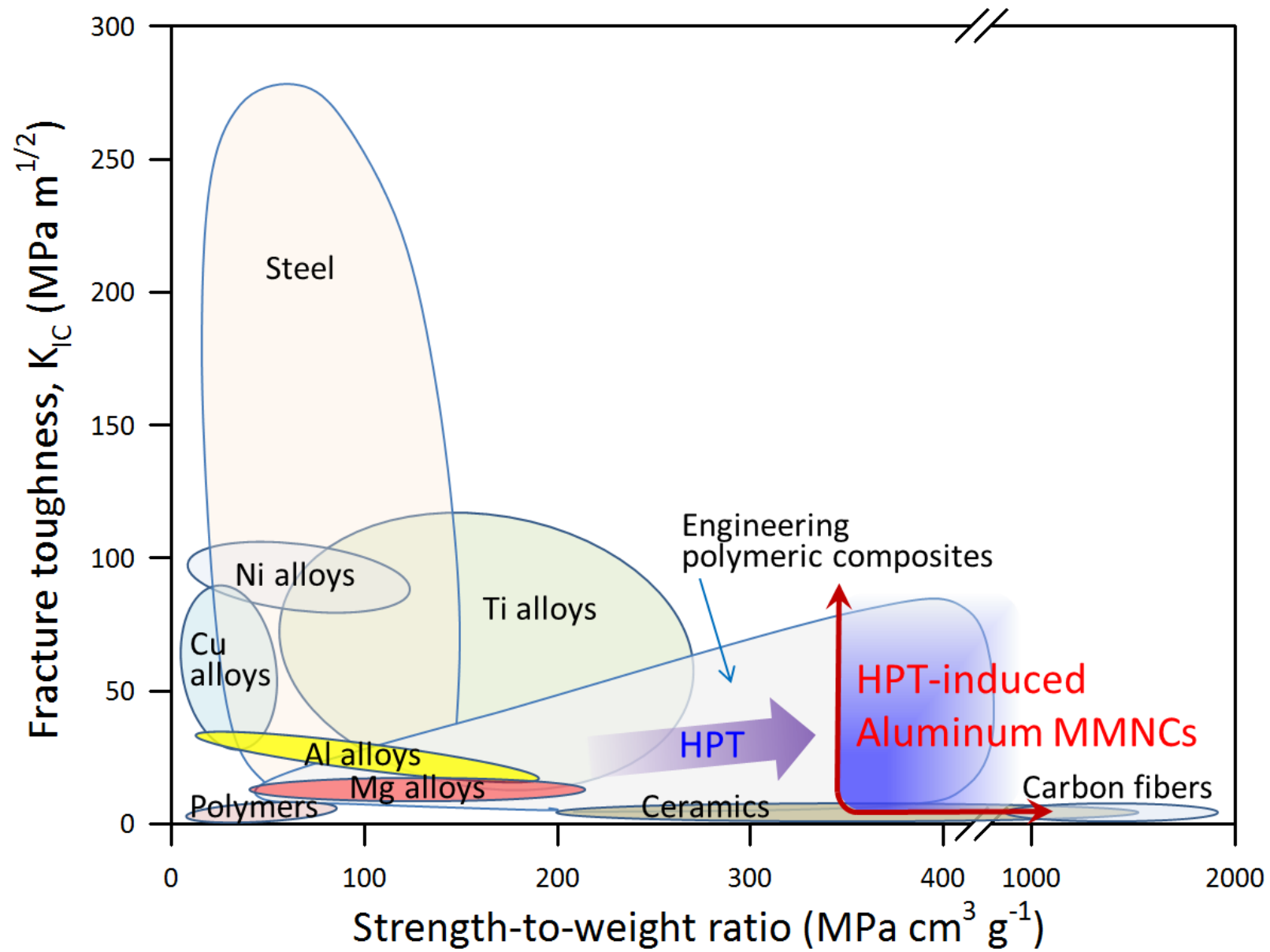
HPT: 5 turns, 6.0 GPa, RT, 1 rpm

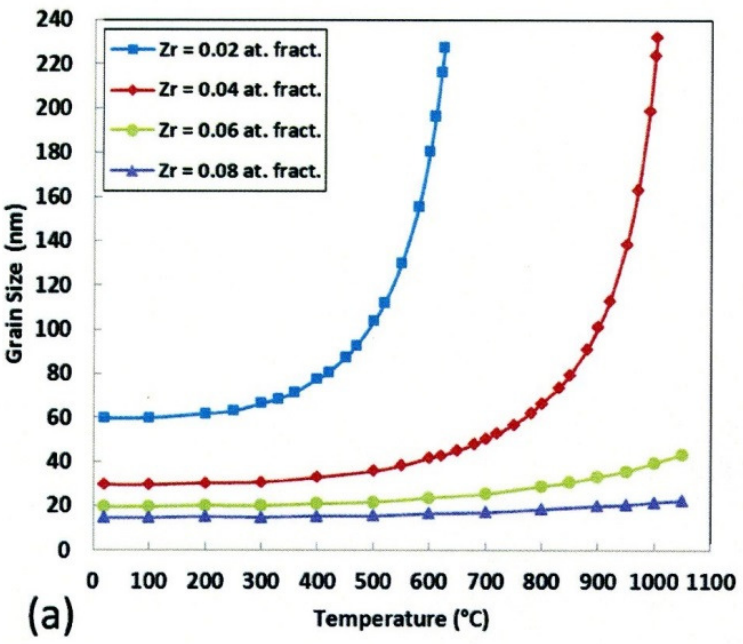


HPT: 10 turns, 6.0 GPa, RT, 1 rpm

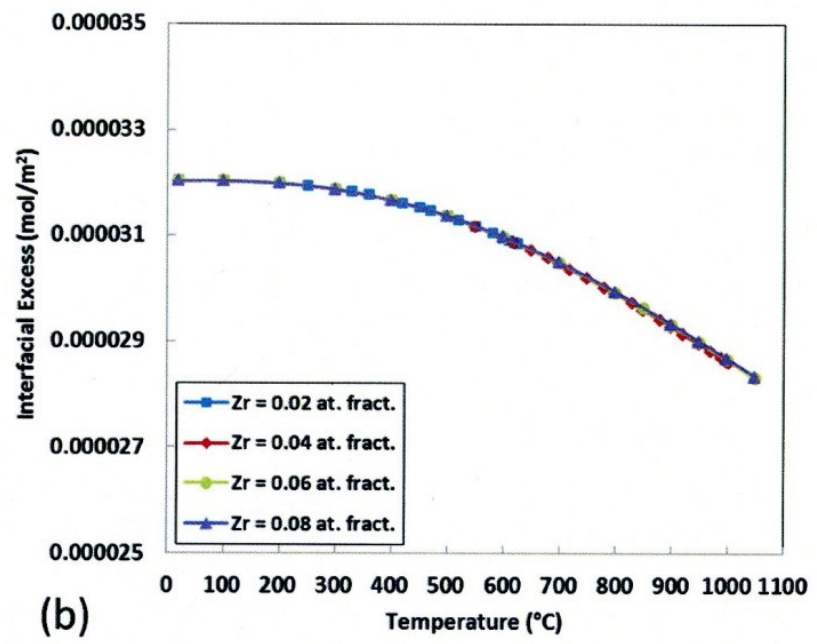


1 mm





(a)



(b)



