

Bushmeat consumption in large urban centres in West Africa

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Abstract There is an unprecedented demand for bushmeat in large cities in sub-Saharan Africa, and this is a major threat to many species. We conducted 2,040 interviews in six cities in four West African countries, in forest and savannah settings. We analysed age- and sex-related differences in the frequency of bushmeat consumption. Overall, we found similar patterns in all cities: 62.2% of men and 72.1% of women said they would never eat bushmeat, whereas 12.8% of men and 8.8% of women said they liked bushmeat and ate it regularly. Younger generations of both sexes tended not to eat bushmeat, regardless of their city of origin. This study of the effects of age, gender and geographical location on bushmeat consumption in African cities provides insights regarding which population groups to target in campaigns to change behaviours.

Keywords Age, Burkina Faso, gender, geographical location, Niger, Nigeria, Togo, wild meat

The urban population in sub-Saharan Africa is projected to double to c. 1.1 billion by 2050 as a result of rural to urban immigration, and > 80% of that increase will occur in West African cities (World Bank, 2016). This urbanization


may have positive effects in driving the economic development of the continent but may also cause unprecedented environmental damage (Oates et al., 2004).

The population increase in cities places greater demands on natural resources, especially food. Bushmeat, or the meat of wild animals, is a crucial source of protein for rural people and is also consumed by urban inhabitants, often as a commodity (Fa et al., 2002a,b, 2006; Brashares et al., 2011). Although bushmeat may be less important for the food security of large cities (Hema et al., 2017; Luiselli et al., 2017a,b), the overall volume consumed can be large and this can have consequences for the targeted wildlife populations (van Vliet et al., 2011). To guide behaviour-change campaigns there is a need to ascertain which consumer groups should be targeted, and whether this varies by geographical location. Here we analyse the responses of > 2,000 interviewees from six large urban centres (all with > 500,000 inhabitants) in four West African countries, and highlight similarities and differences between them.

During 2012–2017 we conducted face-to-face interviews, using a standardized questionnaire, with 2,040 people in Nigeria (Port Harcourt, $n = 422$ and Calabar, $n = 452$), Togo (Lomé, $n = 264$), Burkina Faso (Ouagadougou, $n = 262$), Côte d'Ivoire (Abidjan, $n = 368$) and Niger (Niamey, $n = 272$) (Fig. 1). African scientists and students amongst the authors conducted all interviews in the appropriate local language. Interviewees were selected randomly at marketplaces, canteens, restaurants, roadsides, hairdressing salons, food shops and other gathering places. This involved stopping the first adult (we did not interview minors) met after a given time period (in minutes), with the time interval generated by a random number generator. Interviewees were informed of the aims of the project and then asked for their verbal consent before proceeding. The identity of interviewees was kept anonymous to ensure privacy (St. John, 2010; Nuno & John, 2015).

In each interview we recorded the gender (male or female) and age (18–25, 26–50, ≥ 51 years) of the interviewee. To avoid interdependence of the data, we did not question multiple members of the same family, or people living in the same house, even if they were not related (Hema et al., 2017).

We asked the following questions: Do you like eating bushmeat? If yes, how often do you eat bushmeat? If not, do you eat it on occasion nevertheless? We also asked about reasons for consuming (e.g. because bushmeat is a

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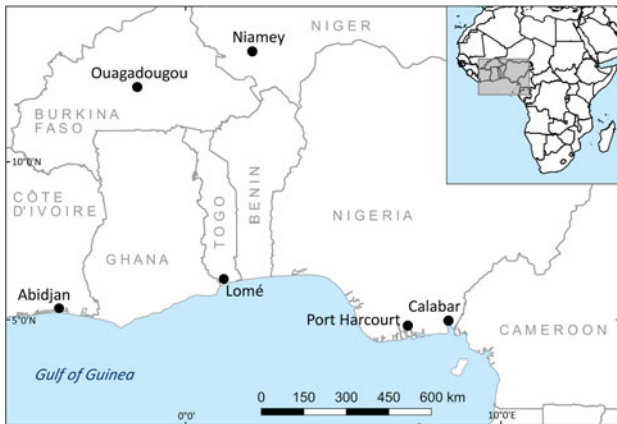


FIG. 1 Locations of the six cities in West Africa where interviews were conducted to investigate bushmeat consumption.

cheaper alternative) or not consuming bushmeat. Interviewees were then asked if they ate bushmeat regularly (normally at least once per week, but at least 2–3 times per month), occasionally (c. once per month or less often) or never. Interviewees who answered that they consumed bushmeat only occasionally were then asked whether they chose the type of animal, or whether their choice was based on which species were available, or on the price compared to domestic meat.

Although we informed all interviewees that our study was not linked to any government department, we acknowledge that some level of misrepresentation may have occurred because of fear of repercussions, as the bushmeat trade is illegal in some areas (e.g. Burkina Faso; Hema et al., 2017).

To compare frequency differences among respondents who often, rarely or never ate bushmeat we used a χ^2 test. We used *PASW 11.0* (IBM, Armonk, USA) for all statistical analyses, with $\alpha = 0.05$.

Across all six cities a mean of $62.2 \pm \text{SD } 26.2\%$ of men and $72.1 \pm \text{SD } 22.1\%$ of women answered they would never eat bushmeat ($\chi^2 = 0.10$, $\text{df} = 5$, $P = 0.999$), and $12.8 \pm \text{SD } 8\%$ of men and $8.8 \pm \text{SD } 1.7\%$ of women said they liked bushmeat and ate it regularly ($\chi^2 = 0.17$, $\text{df} = 5$, $P = 0.998$). There were no significant differences in the proportions of interviewees who said they ate bushmeat only rarely ($\chi^2 = 7.79$, $\text{df} = 5$, $P = 0.169$).

Between cities there was a significant difference in the frequency of men indicating they never eat bushmeat ($\chi^2 = 29.13$, $\text{df} = 5$, $P < 0.001$), with fewer men in Ouagadougou and Lomé stating they never eat bushmeat (Fig. 2). The frequency of women indicating they never eat bushmeat also varied significantly between cities ($\chi^2 = 27.4$, $\text{df} = 5$, $P < 0.001$), with a similar pattern in Ouagadougou and Lomé as for men.

The frequency of both men and women declaring they rarely eat bushmeat varied significantly between cities ($\chi^2 = 24.2$, $\text{df} = 5$, $P < 0.0001$ and $\chi^2 = 23.7$, $P < 0.001$, respectively), with Ouagadougou differing in that more

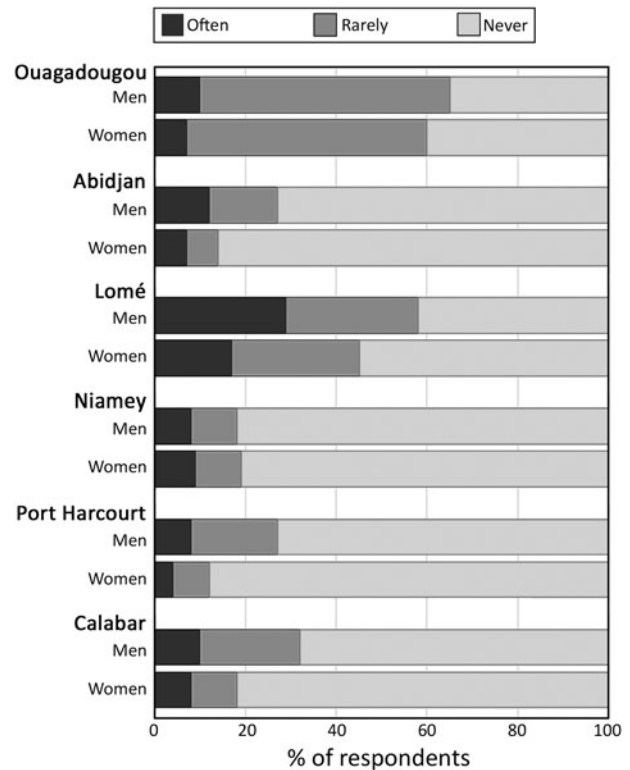


FIG. 2 Per cent of men and women interviewed in each of the six study cities (Fig. 1) who said they ate bushmeat often, rarely, or never.

people than expected answered this question positively (Fig. 2).

The proportion of men declaring they eat bushmeat frequently varied significantly between cities ($\chi^2 = 25.4$, $\text{df} = 5$, $P < 0.0001$), with a higher proportion in Lomé (Fig. 2). The proportion of women declaring they eat bushmeat frequently did not differ significantly between cities ($\chi^2 = 10.1$, $\text{df} = 5$, $P = 0.068$). The least consumption of bushmeat was amongst younger interviewees, independent of city and gender (χ^2 test, $P > 0.500$; Fig. 3).

Of the 620 people who responded to the question ‘why do you eat wild meat regularly?’, 433 said it was because they liked the taste, 141 because of its availability, and 162 consumed it only during traditional events. Of those declaring that they don’t eat bushmeat ($n = 1,420$), 933 said they did not like the taste, 196 said it was difficult to find and 764 had health concerns. Several people gave multiple reasons, and therefore the subtotals sum to more than the total.

As far as we are aware, our study is the first to examine bushmeat consumption patterns in large cities in West Africa. Given the large sample size, we are confident that the patterns emerging are representative and, given the simplicity of our questions, we consider that significant bias is unlikely. As all interviews were administered by nationals and in their own language, false interpretations of the questions are also unlikely. However, certain

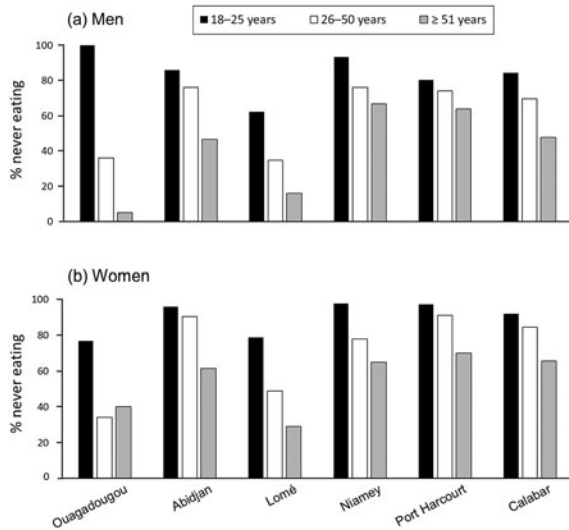


Fig. 3 Age-distribution of (a) male and (b) female respondents who said they never eat bushmeat for each of the six study cities (Fig. 1). More younger than older people, irrespective of their city of origin, stated that they never eat bushmeat.

demographic groups were under-represented in our study in some cities (e.g. Ouagadougou, where only seven men aged 18–25 years were interviewed), and this may have partially affected our findings.

Three clear results arise from our surveys: (1) c. 30% of people ate bushmeat, but many of them only occasionally, (2) there were no difference between sexes, and (3) younger cohorts of both sexes tended to avoid consuming bushmeat. We also found differences in bushmeat consumption between cities and rural areas (Luiselli et al., 2017a,b).

The fact that younger men and women were less likely to eat bushmeat compared to the older groups is an important finding that may indicate a shift in eating patterns away from more traditional foods. This trend may indicate a nutritional transition in sub-Saharan populations that are modernizing as a result of increased socio-economic development associated with urbanization and acculturation (Vorster et al., 2011). Informal observations of young interviewees who stated they never ate bushmeat revealed that their dress was non-traditional (they wore western-style clothes), they frequented clubs and discotheques, used social media and smartphones, often possessed a personal computer, watched pay-per-view television channels, and routinely consumed fast food (hamburgers, shawarma, pizza). Thus they may consider some cultural attributes (such as bushmeat consumption) to be unfashionable.

Bushmeat supply to urban markets and the impact of the Ebola crisis (Akani et al., 2015a; Ordaz-Németh et al., 2017) may have been important factors determining bushmeat consumption. In Ouagadougou, for example, the lack of bushmeat consumption could be related to the illegality of the bushmeat trade, and also to the fact that the source areas (mostly protected areas and adjacent buffer zones)

are at a considerable distance from the city (Hema et al., 2017). In Nigeria, where bushmeat markets are open, and usually close to the main urban centres (e.g. the Oigbo and Omagwa markets for the Port Harcourt metropolitan area), social factors may be more important (Akani et al., 2015b).

We predict that, with the ongoing expansion of cities in West Africa, progressively fewer people will consume bushmeat on a regular basis. The potential implications of this development on species conservation merits long-term study.

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Conflicts of interest None.

Ethical standards This research complied with the ethical guidelines developed by the British Sociological Association and the Code of Conduct for *Oryx* authors.

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