

# But is this *really* the ‘parent’ or ‘guardian’? Practical strategies for consent to child research in South Africa

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Research ethics committees (RECs) in South Africa may require consent from a parent or legal guardian for child research. In instances where an REC determines that parental or guardianship consent is required, how far should researchers go to establish if the accompanying adult is in fact the parent or guardian? Should researchers accept disclosures at face value, probe assertions that are made, or even call for supporting documentation? In this article we set out the facts research staff should possess, propose key questions they could ask, and recommend practical steps for uncertain cases. We recognise that a parental/guardianship consent strategy may not be appropriate in all instances, but do not debate that issue in this article. This article is confined to practical advice for researchers wishing to implement a parental or guardianship consent approach.

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Research ethics committee (REC)s in South Africa (SA) are likely to require consent from a parent or legal guardian for child enrolment into *clinical trials* according to ethical norms in clinical trial guidelines.<sup>[1]</sup> RECs may stipulate parental or guardianship consent for *other child studies* that are more than minimal risk, according to ethical norms in national guidelines.<sup>[2,3]</sup> Of course, some RECs may stipulate mandatory parental consent for other child studies in compliance with recent legal norms,<sup>[4]</sup> even though many commentators have argued against mandatory parental consent without the possibility of a waiver.<sup>[5,6]</sup>

This article does *not* debate the circumstances under which researchers should seek proxy consent from parents or guardians v. other adults such as caregivers; nor does it debate the conditions under which researchers should seek independent consent from child participants themselves in accordance with their evolving capacity to make reasoned choices and independent judgements.<sup>[7]</sup> This article simply assumes that in some instances RECs will have determined that consent from a parent or legal guardian is required for child enrolment into a particular study, as per the ethical norms of the REC<sup>[1-3]</sup> and as part of a comprehensive review of whether the protocol meets norms for ethical research as set out in the most recent ethical guidelines.<sup>[3]</sup> See Table 1.

In instances where an REC has made a proper determination that parental or guardianship consent is required, how far should researchers go to establish if the accompanying adult is in fact the parent or guardian? Should researchers accept disclosures at face value, probe assertions that are made, or even call for supporting documentation? In this article we set out the facts research staff should possess, propose key questions they could ask, and recommend practical steps for uncertain cases. This operational detail is not contained in current ethical guidelines<sup>[3]</sup> nor recent regulations issued by the Minister of Health.<sup>[8]</sup>

**Table 1. Norms for child research set out in national ethical guidelines (Department of Health (DoH) 2015)**

The participation of children is indispensable for the research
The research problem is of relevance to children
Taking part would not be contrary to the best interests of the child [new]
The research presents acceptable standards of risk for child participants
The research will take into account children's privacy interests [new]
The research will ensure abuse and neglect are reported [new]
The research will ensure thoughtful reporting of underage sex [new]
The research will seek appropriate permission for the research (consent from parent or legal guardian (LG), or from a substitute, or from children themselves are possible approaches depending on various factors)
The research will be reviewed by an REC with appropriate child expertise

## Implementing a parent and/or guardian consent approach

In our view, taking reasonable steps to implement a parental or guardianship consent strategy means the following:

- Researchers should be aware of the current definition of ‘parent’, ‘guardian’ and ‘caregiver’ in SA because the accompanying adult may be of the view that they fall into these categories, when they do not meet the strict legal definition. As set out in a previous article, in law, a ‘parent’ is the biological or adoptive mother or father of a child, and is also generally the child's legal guardian with some specific exclusions, for example, a gamete donor.<sup>[7]</sup> A parent is the child's ‘guardian’ in most instances, firstly, if she is the biological

mother of a child if she is over 18 (her mother will be the child's guardian if she is under 18).<sup>[7,9]</sup> Secondly, if he is the biological father of a child in certain circumstances: these circumstances include he must have been or is over 18, married to the biological mother or was in a permanent life partnership at any time-point during her pregnancy or after the child's birth, or he has agreed to be identified as the child's father; or he has paid damages in terms of customary law; or he has paid for, or tried to pay for, the costs of raising the child.<sup>[7,9]</sup> Another person may be the guardian if s/he has been nominated for this position in a will written by the existing guardian or if they have been appointed as guardian by the High Court.<sup>[7,9]</sup> Finally, a caregiver is a person who cares for a child with the implied or express consent of a parent or guardian and can include, for example, a foster parent, an aunt or a grandparent.<sup>[7,9]</sup>

- Research staff should ask questions to establish the nature of the relationship between the child and the accompanying adult, in a thorough yet non-interrogatory fashion. Research staff should present the rationale for asking questions. They could use words to this effect: *'Many adults may genuinely believe they are the parent or guardian because they take care of the child on a day-to-day basis, but they might not fall within the legal definition of a parent or guardian. We need to be able to tell the difference for this particular study.'*
- Research staff should document answers to questions. Consent staff should document key aspects of the consent conversation, for future reference or for advice from senior research staff.

- Research staff should call for documentation, where doubt exists. In cases where there is doubt that the presenting adult meets the legal definition of a parent or guardian, research staff should call for documentation but in a way that maintains a respectful, trusting and transparent relationship with this important research stakeholder.<sup>[10-12]</sup> They should explain that such requests are needed to meet REC requirements that permission is received from a strict subset of adults. Researchers should ensure that requests are not taken as a comment on the honesty or goodwill of the accompanying adult. (*'As before, we recognise that many adults provide children with as much care as the actual parent, and sometimes more, but for this research we have to find adults who fit into a narrow legal definition of 'parent' or 'guardian', and documents would shed more light'*).

In the Tables below, we set out certain scenarios, as well as the knowledge that consent staff should have, probes they can use, and requests they can make for documentation in uncertain cases.

### Conclusion

Where researchers need to obtain parental or guardianship consent, they should act reasonably by being aware of which adults legally fall into these two categories, by trying to assess whether accompanying adults factually fall into these two categories and by having some procedure for addressing uncertainty. The recommendations set out

**Table 1. Accompanying female adult reports she is the parent**

Scenario	Know	Ask	If in doubt, ask for:
A child is accompanied to the research site by an adult female who says she is the parent	That a female over 18, who is the biological mother of the child, is both the parent and legal guardian <sup>[7]</sup>	'Are you over 18?' and 'are you the biological mother' or 'did you give birth to this child?'  If questions are answered easily, do not call for documents	An ID book  A signed affidavit from a respected community leader or An unabridged birth certificate (from Department of Home Affairs)

**Table 2. Accompanying male adult reports he is the parent**

Scenario	Know	Ask	If in doubt, ask for:
A child is accompanied to the research site by an adult male who says he is the parent	That a male over 18 who is the biological father of a child is the parent but is not automatically the legal guardian <sup>[7]</sup>  To also be a guardian: - he must be married to the child's mother, or have been married to her during the pregnancy, or any time after the baby's birth or - he was living with her in a committed partnership at the time of the birth or - he consented to being identified as the child's father or - he paid damages in terms of customary law or - he contributes or has contributed to the child's upbringing and expenses. <sup>[7]</sup>	'Are you the biological father?'  'Are you now, or were you ever married to the mother when she was pregnant or after the birth?' (civil or customary marriage) or 'Were you living with the child's mother when the child was born?' or 'Have you admitted to others that s/he is your child?' or 'Does the child use your surname?' or 'Do you help with caring for her/him?' or 'Do you help with paying for her/his needs?'  If one of these questions can be answered easily, then do not seek documentation	A signed affidavit from a respected community leader to attest to one of the conditions or Ask for an unabridged birth certificate (from Department of Home Affairs)

**Table 3. Accompanying adult reports s/he is the adoptive parent**

Scenario	Know	Ask	If in doubt, ask for:
A child is accompanied to the research site by an adult who says s/he is the adoptive parent	That if a woman or a man is the adoptive parent of a child, they are the parent and legal guardian <sup>[7]</sup>	<p>'How did you come to be the adoptive parent?'</p> <p>'Was this done through the courts or a social worker?'</p> <p>'When was the adoption done?'</p> <p>'If there was a social worker, who were they?'</p> <p>If these questions can be answered easily, then do not seek documentation.</p>	A copy of the court order

**Table 4. Accompanying adult reports s/he is the legal guardian**

Scenario	Know	Ask	If in doubt, ask for:
A child is accompanied to the research site by an adult who says s/he is the guardian	That a legal guardian is a parent or other person responsible for administering and safeguarding the child's property, helping the child with administrative, contractual and legal matters and providing consent when required by law. Such persons (when they are not the parent) are generally nominated in the parent's will or appointed by a court <sup>[7]</sup>	<p>'Who was the guardian before you?'</p> <p>'Did a court appoint you as the guardian?'</p> <p>'Did the parents appoint you to act as the child's guardian?'</p> <p>'Was the appointment made in a will?'</p>	A copy of the court order or even the will if not deemed to be too sensitive a document

**Table 5. Accompanying adult is likely to be a caregiver**

Scenario	Know	Ask	Take steps
A child is accompanied to the research site by an adult who is most likely the caregiver	That caregivers include persons providing day-to-day care with the parent's permission, such as foster parents, relatives (including grandparents), and persons receiving a childcare grant for a child <sup>[7]</sup>	<p>'Do you care for the child with the parent's permission?'</p> <p>'Do you receive a grant to care for this child?'</p>	Where necessary (e.g. if there is no parent/guardian) ask if the caregiver is prepared to be appointed as the guardian by a court, and refer them to local legal services, such as a campus law clinic

here were implemented successfully in a study funded by the European and Developing Countries Clinical Trials Partnership (EDCTP) that enrolled adolescents in an HPV vaccine trial at numerous sites in SA.

We do not submit that parental/guardianship consent is *always* the appropriate strategy and agree with the latest national ethical guidelines that in some instances a different consent approach will be acceptable.<sup>[3]</sup> This article provides some advice to researchers who wish to meet their responsibilities when implementing a parental/guardianship consent approach.

We acknowledge that asking for documentation in uncertain cases might exacerbate mistrust between the researcher and a key research stakeholder, inadvertently becoming a barrier to otherwise ethical child research.<sup>[13,14]</sup> It is also possible that certain community members might perceive the law as side-lining important cultural norms.<sup>[15]</sup> Therefore, researchers should share their experiences with various approaches, and stakeholder experiences of these approaches should be actively researched, including negative impacts, to allow adjustment and refinement.

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