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[Intervention Review]

Cardioprotective interventions for cancer patients receiving anthracyclines

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ABSTRACT

Background

Anthracyclines are among the most effective chemotherapeutic agents in the treatment of numerous malignancies. Unfortunately, their use is limited by a dose-dependent cardiotoxicity. In an effort to prevent this cardiotoxicity, different cardioprotective agents have been studied.

Objectives

The objective of this review was to assess the efficacy of different cardioprotective agents in preventing heart damage in cancer patients treated with anthracyclines.

Search methods

We searched the Cochrane Central Register of Controlled Trials (CENTRAL) (*The Cochrane Library* 2010, Issue 10), MEDLINE (1966 to November 2010) and EMBASE (1980 to November 2010) databases. In addition, we handsearched reference lists, conference proceedings of the International Society of Paediatric Oncology (SIOP) and American Society of Clinical Oncology (ASCO) meetings (1998 to 2010) and ongoing trials registers.

Selection criteria

Randomised controlled trials (RCTs) in which any cardioprotective agent was compared to no additional therapy or placebo in cancer patients (children and adults) receiving anthracyclines.

Data collection and analysis

Two review authors independently performed the study selection, risk of bias assessment and data extraction including adverse effects.

Main results

We identified RCTs for the eight cardioprotective agents N-acetylcysteine, phenethylamines, coenzyme Q10, a combination of vitamins E and C and N-acetylcysteine, L-carnitine, carvedilol, amifostine and dexrazoxane (mostly for adults with advanced breast cancer). All studies had methodological limitations and for the first seven agents there were too few studies to allow pooling of results. None of the individual studies showed a cardioprotective effect. The 10 included studies on dexrazoxane enrolled 1619 patients. The meta-analysis for dexrazoxane showed a statistically significant benefit in favour of dexrazoxane for the occurrence of heart failure (risk ratio (RR) 0.29, 95% CI 0.20 to 0.41). No evidence was found for a difference in response rate or survival between the dexrazoxane and control groups. The results for adverse effects were ambiguous. No significant difference in the occurrence of secondary malignancies was identified.

Authors' conclusions

No definitive conclusions can be made about the efficacy of cardioprotective agents for which pooling of results was impossible. Dexrazoxane prevents heart damage and no evidence for a difference in response rate or survival between the dexrazoxane and control groups was identified. The evidence available did not allow us to reach any definite conclusions about adverse effects. We conclude that if the risk of cardiac damage is expected to be high, it might be justified to use dexrazoxane in patients with cancer treated with anthracyclines. However, clinicians should weigh the cardioprotective effect of dexrazoxane against the possible risk of adverse effects for each individual patient.

PLAIN LANGUAGE SUMMARY**Drugs to prevent heart damage in cancer patients receiving anthracyclines**

Anthracyclines are among the most effective chemotherapy treatments available for various types of cancer. However, there is a risk of damage to the heart (cardiotoxicity) depending on the cumulative dose. Certain drugs might prevent this damage, but for many of these drugs, the review authors found no high quality evidence about whether they were effective in protecting the heart and they were unable to draw conclusions. For dexrazoxane, the review authors found 10 studies enrolling over 1600 patients. These studies provided evidence that dexrazoxane prevented heart damage without interfering with the anti-tumour effects of anthracycline treatment. Patients who got dexrazoxane with their anthracycline treatment had about one third of the risk of heart failure compared to patients who got anthracyclines without dexrazoxane. Dexrazoxane had no effect on survival. We can't be sure about whether it had any undesirable side effects.

BACKGROUND

Anthracyclines, that is doxorubicin, epirubicin and daunorubicin, are among the most effective drugs used in chemotherapy for cancer patients. They are widely used to treat solid tumours and leukaemia in both adults and children. Their use is, however, limited because they often cause damage to the heart, especially if the patient is given a high dose (Bonadonna 1969; Lefrak 1973).

We do not understand exactly how anthracyclines cause heart damage. It may be because of lipid peroxidation and the generation of free radicals by anthracycline-iron complexes. The heart is particularly vulnerable to injury from free radicals because it has a lower level of protective enzymes such as superoxide dismutase than other tissues (Keizer 1990; Myers 1998). The damage to heart cells may eventually lead to irreversible heart failure.

Heart damage after anthracycline therapy can be divided into early and late cardiotoxicity. Early cardiotoxicity refers to heart damage that develops during anthracycline therapy or in the first year after completion; late cardiotoxicity refers to heart damage that only becomes evident at least one year after the completion of anthracycline therapy (Shan 1996). The risk of developing heart failure remains a lifelong threat, especially to children who have a long life-expectancy after successful treatment for cancer.

Heart damage can occur as either subclinical or clinical cardiotoxicity. The term subclinical cardiotoxicity is used to describe various cardiac abnormalities, diagnosed with different diagnostic methods in patients without symptoms. Clinical cardiotoxicity is defined on the basis of symptoms of clinical heart failure that are confirmed by an abnormal diagnostic test. In the end stage of clinical heart failure, heart transplantation is the only remaining treatment option.

There is a wide variation in the reported frequency of both clinical and subclinical cardiotoxicity after anthracycline therapy. In children, the prevalence of subclinical heart failure at a median of 6.4 years after treatment has been reported to be more than 57% (Kremer 2002a) and the incidence of clinical heart failure is as high as 16% 0.9 to 4.8 years after treatment (Kremer 2002b). Part of this variation can be explained by the type of anthracycline used, the total anthracycline dose and the peak anthracycline dose. Some of the variation may be explained by different definitions of heart failure and different ways of assessing it. Further variation may be explained by additional risk factors for developing heart damage such as radiation therapy involving the heart region; type of tumour; exposure to cyclophosphamide, iphosphamide or amsacrine; female sex; age (children and elderly people have a higher risk); and existing heart disease.

Clinicians face a clinical dilemma as they balance the efficacy of longer duration of therapy against the cardiotoxicity associated with higher cumulative doses of anthracyclines. In an effort to prevent or reduce this cardiotoxicity, extensive research has been devoted to the identification of methods or drugs capable of ameliorating the toxicity. Several less cardiotoxic anthracycline analogs have been developed, including liposomal anthracyclines (Batist 2001; Muggia 1991; Muggia 1997; Van Dalen 2010), and the cumulative and peak doses of anthracycline therapy have been reduced (Legha 1982a; Lipshultz 1998; Von Hoff 1979; Van Dalen 2009). Despite these efforts, cardiotoxicity remains a problem.

A different approach to reducing anthracycline-induced heart damage is the use of cardioprotective agents, of which dexrazoxane (Cardioxane, ICRF-187; Zinecard, ADR-529) is the most widely investigated drug (Swain 1997a(088001); Wexler 1996). Other drugs like L-carnitine, probucol, coenzyme Q10, n-acetylcysteine, vitamin E, digoxin, enalapril, phenethylamines, deferoxamine, ethylenediaminetetraacetic acid (EDTA), superoxide dismutase and monohydroxyethylrutoside are less well investigated; however cardioprotective effects have been reported (De Leonardis 1985; Elihu 1998; Garbrecht 1986; Guthrie 1977; Iarussi 1994; Kawasaki 1992; Legha 1982b; Silber 2001; Singal 1995; Unverferth 1983a; Van Acker 2000).

An important question regarding any cardioprotective intervention during anthracycline therapy is whether the cardioprotective drug can decrease the heart damage caused by anthracyclines without reducing the anti-tumour efficacy and without negative effects on toxicities other than cardiac damage, such as alopecia, nausea, vomiting, stomatitis, diarrhoea, fatigue, anaemia, leukopenia and thrombocytopenia.

This is the second update of the systematic review on cardioprotective interventions during anthracycline therapy. Since performing the first update of this review, new evidence on the cardioprotective drugs has become available. All new evidence is included in this update.

OBJECTIVES

Primary objective

- To ascertain the efficacy of any cardioprotective agent to prevent heart damage in patients with cancer treated with anthracyclines when compared to placebo or no additional treatment

Secondary objectives

- To determine possible effects of these cardioprotective interventions on the anti-tumour efficacy of anthracyclines
- To determine possible effects of these cardioprotective interventions on anthracycline toxicities other than cardiac damage

METHODS

Criteria for considering studies for this review

Types of studies

Randomised controlled trials (RCTs).

Types of participants

Patients with cancer (both adults and children) who received anthracycline chemotherapy.

Types of interventions

- Intervention: anthracycline therapy together with a cardioprotective agent.
- Control: anthracycline therapy with or without a placebo.

In the design of the study, it should have been the intention to treat both the intervention and control groups with the same cumulative anthracycline dose; the median or mean cumulative anthracycline

dose actually received should not have differed between treatment groups by 100 mg/m² of body surface area or more. Chemotherapy other than anthracyclines and radiotherapy involving the heart region should have been the same in both treatment groups.

Types of outcome measures

Primary outcomes

Heart failure, that is clinical (as defined by the authors) or subclinical heart failure (defined as either histological abnormalities scored by the Billingham score on endomyocardial biopsy or abnormalities in cardiac function measured by echocardiography or radionuclide ventriculography).

Secondary outcomes

These included potential adverse effects of cardioprotective interventions on:

- response (defined as the number of complete and partial remissions);
- overall survival (OS);
- progression-free survival (PFS);
- quality of life (QoL);
- toxicities other than cardiac damage (such as alopecia, nausea, vomiting, stomatitis, diarrhoea, fatigue, anaemia, leukopenia, thrombocytopenia).

Search methods for identification of studies

Electronic searches

See: Gynaecological Cancer Review Group methods used in reviews.

The Cochrane Central Register of Controlled Trials (CENTRAL) (*The Cochrane Library* 2010, Issue 10), MEDLINE (PubMed) (from 1966 to November 2010) and EMBASE (Ovid) (from 1980 to November 2010) databases were searched. The search strategies for the different electronic databases (using a combination of controlled vocabulary and text word terms) are detailed in the appendices ([Appendix 1](#), [Appendix 2](#), [Appendix 3](#)).

Searching other resources

Information about trials not listed in CENTRAL, MEDLINE or EMBASE, either published or unpublished, was located by searching the reference lists of relevant articles and review articles. In addition, the conference proceedings of the International Society for Paediatric Oncology (SIOP) and the American Society of Clinical Oncology (ASCO) were searched from 1998 to 2010 for cardioprotective interventions included in the original review; and from 2003 to 2010 for newly included (since the first update) cardioprotective interventions. We searched for ongoing trials by scanning the ISRCTN register and the National Institute of Health register (www.controlled-trials.com) (both screened November 2010). No language restriction was imposed.

Data collection and analysis

Selection of studies

After performing the search strategy described previously, identification of studies meeting the inclusion criteria was undertaken independently by two review authors. Any study

seemingly meeting the inclusion criteria based on the title, abstract, or both, was obtained in full for closer inspection. Discrepancies were resolved by discussion. No arbitration by the contact editor was needed.

Data extraction and management

Data extraction was performed independently by two review authors using standardised forms. The characteristics of the participants (for example age, type of malignancy, stage of disease), interventions (for example route of delivery, dose, timing), outcome measures and length of follow up were extracted. To inform interpretation of the findings, the similarity of the experimental groups at baseline regarding the most important prognostic indicators (that is age, prior cardiotoxic therapy, prior cardiac dysfunction and stage of disease) was assessed. Discrepancies between review authors were solved by discussion. No arbitration by the contact editor was needed.

Assessment of risk of bias in included studies

The risk of bias in the included trials was assessed independently by two review authors according to the following criteria: concealment of treatment allocation, blinding of care providers, blinding of patients, blinding of outcome assessors (in the updates we assessed this item for each outcome separately), and completeness of follow up (in the updates we assessed this item for each outcome separately). See additional [Table 1](#) for a description of the criteria used. Allocation concealment was assessed using the scale set out in the Cochrane Handbook for Systematic Reviews of Interventions ([Higgins 2006](#)). Discrepancies between review authors were resolved by discussion. No arbitration by the contact editor was needed.

Data synthesis

The data were entered into RevMan and analysed according to the guidelines of the Cochrane Handbook ([Higgins 2006](#)). Dichotomous outcomes were related to risk using the risk ratio (RR). If possible, data were extracted by allocated group, irrespective of compliance with the allocated intervention, in order to allow an intention-to-treat analysis. It was stated if this was not possible. Heterogeneity was assessed both by visual inspection of forest plots and by a formal statistical test for heterogeneity, that is the I² statistic (I² > 50% was considered to represent substantial heterogeneity) ([Higgins 2006](#)). If no substantial heterogeneity was detected, a fixed-effect model was used for the estimation of treatment effects; otherwise we used the random-effects model. All results are presented with the corresponding 95% confidence interval (CI).

A meta-analysis was performed for each cardioprotective intervention for which two or more studies were identified. Interventions for which fewer studies were identified were summarised descriptively. For outcomes where only one study was available we were unable to calculate a RR if one of the treatment groups experienced no events and the Fischer's exact test was used instead (in `statcalc.exe`). Subgroup analyses were not performed. For PFS and OS, we used the generic inverse variance function of RevMan to combine logs of the hazard ratios (HRs).

Parmar's method was used to extract the log of the HR and its standard error (SE) from survival curves ([Parmar 1998](#)) for the studies of [Marty 2006](#) and [Speyer 1992](#). We digitised the published Kaplan-Meier survival curves and noted the minimum

and maximum duration of follow up, which are required for Parmar's method. We performed the required calculations in Stata 9, using a specially written program, which yielded the reported log(HR) and variance when used on the data presented in table V of [Parmar 1998](#). For the study of Swain ([Swain 1997a\(088001\)](#); [Swain 1997a\(088006\)](#)), calculations were performed in an Excel spreadsheet.

The risk of bias in the studies included in the analyses was taken into account in the interpretation of the results of the review. For all outcomes for which pooling was possible we performed sensitivity analyses for all risk of bias criteria separately. We excluded the studies with a high risk of bias and the studies for which the risk of bias was unclear to compare the results of the studies with a low risk of bias with the results of all available studies.

RESULTS

Description of studies

We assessed the search results for CENTRAL (175 references: 48 identified in the first update (April 2007); four identified in the second update (November 2010)), MEDLINE (1129 references: 240 identified in the first update (April 2007); 57 identified in the second update (November 2010)) and EMBASE (2729 references: 1606 identified in the first update (April 2007); 162 identified in the second update (November 2010)). We included a total of 19 articles which fulfilled all the criteria for including studies in this review: one addressed N-acetylcysteine; two addressed phenethylamines; one addressed coenzyme Q10; one addressed the combination of vitamin E, vitamin C and N-acetylcysteine; one addressed L-carnitine (new in the first update); one addressed carvedilol (new in the first update); one addressed amifostine (new in the second update); and 11 addressed dexrazoxane (three new in the first update; three new in the second update). One of the articles addressing dexrazoxane provided the results of two RCTs ([Swain 1997a\(088001\)](#); [Swain 1997a\(088006\)](#)) and two articles ([Barry 2008](#); [Lipshultz 2010](#)) provided long-term follow-up data of a RCT addressing dexrazoxane ([Lipshultz 2004](#)); therefore the total number of identified RCTs was 18 (that is 10 for dexrazoxane and 8 for other cardioprotective interventions) (see [Characteristics of included studies](#) table).

Twenty-five articles were excluded for reasons described in the [Characteristics of excluded studies](#) table. Two studies did not provide enough information to assess eligibility for this review and we did not succeed in contacting the authors. These studies are included in the [Characteristics of studies awaiting classification](#) table. The remaining 3987 articles were excluded since they were not RCTs, were laboratory studies, were animal studies, or did not have heart failure as an outcome measure.

By scanning the reference lists of relevant articles and reviews no additional studies could be included in the review. However, we identified the abstracts of two studies addressing dexrazoxane. These studies have not been published yet and are awaiting further classification (see [Characteristics of studies awaiting classification](#) table). We also identified one ongoing trial addressing dexrazoxane, which is described in the [Characteristics of ongoing studies](#) table. Three studies were added to the [Characteristics of excluded studies](#) table.

We identified abstracts of four studies addressing dexrazoxane and an abstract of one study addressing amifostine by scanning the conference proceedings of SIOF and ASCO. These studies have not been published yet and are awaiting further classification (see [Characteristics of studies awaiting classification](#) table).

By scanning the ongoing trials databases we identified six ongoing trials, three addressing dexrazoxane, one addressing L-carnitine, one addressing valsartan and one addressing the ACE-inhibitor enalapril (see [Characteristics of ongoing studies](#) table).

We also checked (November 2010) if new information was available on the studies added to the [Characteristics of ongoing studies](#) table and the [Characteristics of studies awaiting classification](#) table in the original version and the first update of this review. Data on cardiac outcomes of one of the ongoing studies had been published and was identified in the search of the electronic databases ([Schwartz 2009](#)). One of the studies in the [Characteristics of studies awaiting classification](#) table had been published in full text and was identified in the search of the electronic databases ([Gallegos-Castorena 2007](#)). These studies have been moved to the [Characteristics of included studies](#) table.

The characteristics of the included studies are summarised below and their baseline characteristics are described in the [Characteristics of included studies](#) table.

For the following possible cardioprotective interventions we were not able to include RCTs: probucol, vitamin E alone, digoxin, ACE-inhibitors, deferoxamine, EDTA, superoxide dismutase, monohydroxyethylrutoside, vitamin C alone, guanidines, cytochromes, vitamin A, sildenafil, selenium, glutathione, valsartan, and trimetazidine.

N-acetylcysteine

One study addressed N-acetylcysteine ([Myers 1983](#)). This study included 54 adults (24 in the intervention group and 30 in the control group) with a solid tumour and who were treated with doxorubicin. However, five patients in the intervention group stopped N-acetylcysteine due to nausea. It was unclear if patients in the intervention and control groups received similar cumulative doses of anthracycline.

Phenethylamines

Two studies addressed phenethylamines ([Kraft 1990](#); [Milei 1987](#)).

Milei et al investigated the effect of prenylamine versus placebo ([Milei 1987](#)). This study included 36 adults (18 in both the intervention and control groups) with a solid tumour and who were treated with doxorubicin. Ten patients (five in each group) were withdrawn because they died prior to undergoing the final evaluation. It was unclear if patients in the intervention and control groups received similar cumulative anthracycline doses.

Kraft et al investigated the effect of verapamil versus no cardioprotective intervention ([Kraft 1990](#)). This study included 64 adults (30 in the intervention group and 34 in the control group) with leukaemia, who were treated with daunorubicin. Only 30 (13 in the intervention group and 17 in the control group) randomised patients were evaluated. It was unclear if patients in the intervention and control groups received similar cumulative anthracycline doses.

Coenzyme Q10

One study addressed coenzyme Q10 (Iarussi 1994). This study included 20 children (10 in both the intervention and control groups) with either a solid tumour or leukaemia, who were all treated with doxorubicin and in some cases also daunorubicin. The cumulative anthracycline dose that patients received was similar in the intervention and control group.

Combination of vitamin E, vitamin C and N-acetylcysteine

One study addressed a combination of vitamin E, vitamin C and N-acetylcysteine (Wagdi 1995). This study included 17 adults but three patients were lost to follow up (one refused treatment and two refused control visits). It was unclear to which group these patients were randomised. Therefore, data were available on six patients in the intervention group and eight in the control group. Patients were diagnosed with a solid tumour and treated with doxorubicin. The cumulative anthracycline dose that patients received was comparable between the intervention and control groups.

L-carnitine

One study, identified in the first update of this review, addressed L-carnitine (Waldner 2006). This study included 40 adults (20 in both the intervention and control group) with a solid tumour, who were treated with doxorubicin. It was unclear if patients in the intervention and control groups received similar cumulative anthracycline doses.

Carvedilol

One study, identified in the first update of this review, addressed carvedilol (Kalay 2006). This study included 50 adults (25 in both the intervention and control group). For seven patients it was not clear if they had a solid tumour or a haematological malignancy, but the 43 other patients were diagnosed with a solid tumour. They were treated with doxorubicin or epirubicin. The cumulative anthracycline dose that patients received was comparable between the intervention and control groups.

Amifostine

One study, identified in the second update, addressed amifostine (Gallegos-Castorena 2007). This study included 28 children (15 in the intervention group and 13 in the control group) with osteosarcoma, who were treated with doxorubicin. It was unclear if patients in the intervention and control groups received similar cumulative anthracycline doses.

Dexrazoxane

Ten RCTs addressed dexrazoxane (Galetta 2005; Lipshultz 2004; Lopez 1998; Marty 2006; Speyer 1992; Swain 1997a(088001); Swain 1997a(088006); Venturini 1996; Wexler 1996; one RCT (Schwartz 2009) was identified in the second update of this review). The total number of patients was 1619 (799 in the dexrazoxane group and 820 in the control group). In eight studies the control group did not receive a cardioprotective intervention (n = 535); in two studies (Swain 1997a(088001); Swain 1997a(088006)) the control group received a placebo (n = 285). Six studies included adult patients (Galetta 2005; Marty 2006; Speyer 1992; Swain 1997a(088001); Swain 1997a(088006); Venturini 1996); three studies included both children and adults (Lopez 1998; Schwartz 2009; Wexler 1996); and one study included solely children (Lipshultz 2004). In nine studies patients were diagnosed with a solid tumour; the majority

of the patients included in these studies were adults with advanced breast cancer. In one study the patients were diagnosed with leukaemia (Lipshultz 2004). In six studies patients were treated with doxorubicin (Lipshultz 2004; Speyer 1992; Swain 1997a(088001); Swain 1997a(088006); Wexler 1996); in three studies with epirubicin (Galetta 2005; Lopez 1998; Schwartz 2009; Venturini 1996); and in one study patients were treated with either epirubicin or doxorubicin (Marty 2006). The ratio of study drug to anthracycline dose varied between studies was either 6.25:1, 10:1 or 20:1. In five studies it was unclear if patients in the intervention and control groups received similar cumulative anthracycline doses (Galetta 2005; Lipshultz 2004; Swain 1997a(088001); Swain 1997a(088006); Schwartz 2009); in three studies patients in the intervention and control groups received comparable cumulative anthracycline doses (Lopez 1998; Marty 2006; Venturini 1996); and in two studies patients in the dexrazoxane group received a higher cumulative anthracycline dose (100 mg/m² or more) than patients in the control group (Speyer 1992; Wexler 1996).

Risk of bias in included studies

See additional Table 1 for the list of criteria for the assessment of risk of bias. See additional Table 2 for the exact scores per included study.

N-acetylcysteine

It was not reported if concealed treatment allocation was applied. Neither care providers nor patients were blinded to treatment. For clinical heart failure, response rate and adverse effects, it was unclear if the outcome assessor was blinded to treatment. The number of patients lost to follow up was described and was acceptable for all evaluated outcomes.

Phenethylamines

In both studies it was unclear if concealed treatment allocation was applied. In the study of Kraft 1990 neither care providers nor patients were blinded to treatment. In the study of Milei 1987 patients were blinded to treatment, whereas for care providers this was unclear. For clinical heart failure, outcome assessors were blinded to treatment in both studies. In both studies patients lost to follow up were described, but the number was unacceptable.

Coenzyme Q10

It was not reported if concealed treatment allocation was applied. Neither the care provider nor patients were blinded to treatment. For subclinical heart failure, it was unclear if the outcome assessor was blinded to treatment. It was also unclear if patients lost to follow up were described and the number acceptable.

Combination of vitamin E, vitamin C and N-acetylcysteine

It was not reported if concealed treatment allocation was applied. Both care providers and patients were blinded to treatment. For subclinical heart failure, the outcome assessor was blinded to treatment; patients lost to follow up were described and the number was acceptable.

L-carnitine

It was not reported if concealed treatment allocation was applied. It was unclear if the care provider was blinded to treatment but patients were blinded. For blinding of the outcome assessor we scored each different outcome, with the exception of OS since

blinding was not relevant for that outcome. For both clinical heart failure and QoL it was unclear if the outcome assessor was blinded to treatment. For all evaluated outcomes (that is clinical heart failure, QoL and OS) it was unclear if patients lost to follow up were described and the number was acceptable.

Carvedilol

It was not reported if concealed treatment allocation was applied. The care providers were not blinded to treatment whereas the patients were. For clinical heart failure, it was unclear if the outcome assessor was blinded to treatment but for subclinical heart failure they were. For both clinical and subclinical heart failure it was unclear if patients lost to follow up were described and the number was acceptable.

Amifostine

It was not reported if concealed treatment allocation was applied. It was unclear if the care provider and patients were blinded to treatment. For clinical heart failure, subclinical heart failure, response rate and adverse effects it was unclear if the outcome assessor was blinded to treatment. Patients lost to follow up were described and the number was acceptable for all evaluated outcomes.

Dexrazoxane

Six studies applied concealed treatment allocation, whereas four studies did not report concealed treatment allocation. Both care providers and patients were blinded to treatment in two studies; in seven studies they were not blinded and in one study this was unclear. For blinding of the outcome assessor we scored each different outcome with the exception of OS, since for that outcome blinding was not relevant. Nine studies evaluated clinical heart failure: in five the outcome assessor was blinded to treatment, whereas in four this was unclear. Eight studies evaluated subclinical heart failure: in six the outcome assessor was blinded to treatment, whereas in two this was unclear. Nine studies evaluated response rate: in three the outcome assessor was blinded to treatment, whereas in six this was unclear. Four studies evaluated PFS: in two the outcome assessor was blinded to treatment, whereas in two this was unclear. Seven studies evaluated adverse effects: in all studies it was unclear if the outcome assessor was blinded to treatment. Patients lost to follow up were also scored for each different outcome. For clinical heart failure patients lost to follow up were described and acceptable in seven of the nine studies evaluating this outcome, whereas in two studies this was unclear. For subclinical heart failure, patients lost to follow up were described and acceptable in seven of the eight studies describing this outcome, whereas in one study this was unclear. For response rate, patients lost to follow up were described and acceptable in eight of the nine studies describing this outcome, whereas in one study this was unacceptable. For both PFS and OS, patients lost to follow up were described and acceptable in all four studies evaluating this outcome. For adverse effects, patients lost to follow up were described and acceptable in six of the seven studies evaluating this outcome, whereas in one study this was unclear.

In conclusion, the risk of bias in the included studies varied and bias could not be ruled out in the following percentage of included studies: selection bias (based on concealment of allocation) 40%; performance bias (based on blinding of the care provider and patient) 80%; detection bias (based on blinding of the outcome

assessor) 44% for clinical heart failure (based on the original data of [Lipshultz 2004](#); using the long-term follow-up data this would be 33%), 25% for subclinical heart failure, 67% for response rate, 50% for PFS, and 100% for adverse effects; and finally attrition bias (based on the completeness of follow up) 22% for clinical heart failure, 13% for subclinical heart failure, 11% for response rate, 0% for both PFS and OS, and 14% for adverse effects.

Effects of interventions

Not all articles allowed data extraction for all endpoints (see [Characteristics of included studies](#) table for a more detailed description of the extractable endpoints in each article).

N-acetylcysteine

Since only one study addressed N-acetylcysteine, pooling of results was not possible. We therefore provide descriptive results for this study. All the RR, 95% CI and P values mentioned below were calculated in RevMan, with the exception of the Fischer's exact test P value.

Heart failure only included cases of clinical heart failure. Three of the 24 (12.5%) patients treated with N-acetylcysteine developed clinical heart failure, as did 3 of the 30 (10%) control patients (RR 1.25, 95% CI 0.28 to 5.64, P = 0.77).

The response rate in the intervention group was 16.7% (4/24 patients) and in the control group it was 6.7% (2/30 patients) with a RR of 2.50 (95% CI 0.50 to 12.51, P = 0.26). These patients had no evaluable disease or partial remission; we assumed that the patients with no evaluable disease were in complete remission.

With regard to adverse effects other than cardiac damage, the major difference between the intervention and control groups was the presence of diarrhoea in the group receiving N-acetylcysteine (7/24 (29%) versus 0/30 (0%) control patients (Fischer's exact test P = 0.002); we were unable to calculate a RR for this comparison because one group experienced no events. Nausea occurred in 7/24 patients (29%) in the intervention group versus 6/30 patients (20%) in the control group (RR 1.46, 95% CI 0.56 to 3.77, P = 0.44), but in the intervention group it was less severe. Alopecia occurred in 12/24 patients (50%) in the intervention group versus 9/30 patients (30%) in the control group (RR 1.67, 95% CI 0.85 to 3.28, P = 0.14). In three patients (12.5%) in the intervention group, an erythematous flare developed at sites of previous venepuncture (Fischer's exact test P = 0.08); we were unable to calculate a RR for this comparison because one group experienced no events. There were no differences in the occurrence of mucositis, leukopenia, thrombocytopenia and low haemoglobin level (defined as less than eight) between the two groups.

Phenethylamines

Pooling of results of the two RCTs evaluating phenethylamines was not possible since the definitions used to describe heart failure were not compatible (see [Characteristics of included studies](#) table). We therefore provide descriptive results for these studies. All the RR, 95% CI and P values mentioned below were calculated in RevMan, with the exception of the Fischer's exact test P value.

In both studies heart failure included only cases of clinical heart failure. In the study of [Milei 1987](#) no patients (0%) in the intervention group and two (11%) patients in the control group developed heart failure (Fischer's exact test P = 0.49); we were unable to calculate a

RR for this comparison because one group experienced no events. In the study of [Kraft 1990](#) no patients (0%) in the intervention group and one patient (3%) in the control group developed heart failure (Fischer's exact test $P = 1$); we were unable to calculate a RR for this comparison because one group experienced no events.

Coenzyme Q10

Since only one study addressed coenzyme Q10, pooling of results was not possible. We therefore provide descriptive results for this study.

Heart failure included only cases of subclinical heart failure. In both the intervention and the control group none of the patients developed subclinical heart failure.

Combination of vitamin E, vitamin C and N-acetylcysteine

Since only one study addressed the combination of vitamin E, vitamin C and N-acetylcysteine, pooling of results was not possible. We therefore provide descriptive results for this study. All the RR, 95% CI and P values mentioned below were calculated in RevMan.

Heart failure included only cases of subclinical heart failure. One patient (16.7%) in the intervention group and four patients (50%) in the control group developed subclinical heart failure (RR 0.33, 95% CI 0.05 to 2.27, $P = 0.26$).

L-carnitine

Since only one study addressed L-carnitine, pooling of results was not possible. We therefore provide descriptive results for this study.

Heart failure included only cases of clinical heart failure. In both the intervention and control groups, none of the patients developed clinical heart failure. No significant differences in QoL (according to a standardised questionnaire by [Tuchler 1992](#) and [Hofmann 1993](#)) or OS were identified.

Carvedilol

Since only one study addressed carvedilol, pooling of results was not possible. We therefore provide descriptive results for this study. All the RR, 95% CI and P values mentioned below were calculated in RevMan, with the exception of the Fischer's exact test P value.

None of the patients in the intervention group and one patient (4%) in the control group developed clinical heart failure (Fischer's exact test $P = 1$); we were unable to calculate a RR for this comparison because one group experienced no events. One patient (4%) in the intervention group and five patients (20%) in the control group

developed heart failure (that is clinical and subclinical heart failure combined) (RR 0.20, 95% CI 0.03 to 1.59, $P = 0.13$).

Amifostine

Since only one study addressed amifostine, pooling of results was not possible. We therefore provide descriptive results for this study. All the RR, 95% CI and P values mentioned below were calculated in RevMan, with the exception of the Fischer's exact test P value.

None of the patients in this study developed clinical heart failure. None of the patients in the intervention group and two patients in the control group (15.4%) developed subclinical heart failure (Fischer's exact test for heart failure (that is clinical and subclinical heart failure combined) $P = 0.21$); we were unable to calculate a RR for this comparison because one group experienced no events.

The response rate in the intervention group was 93.3% (14/15 patients) and in the control group it was 58.3% (7/12 patients; for one patient no histological examination was available) with a RR of 1.60 (95% CI 0.97 to 2.63, $P = 0.06$).

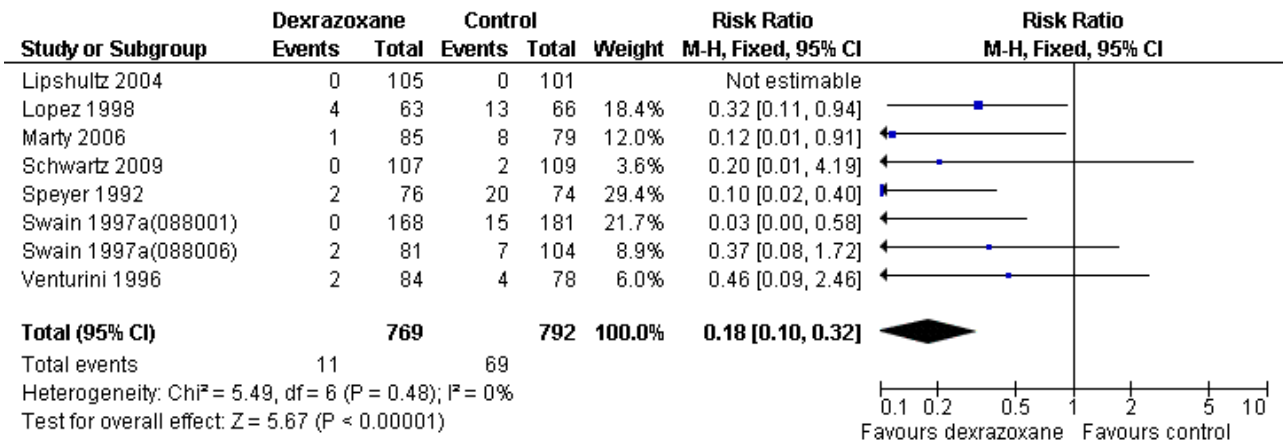
With regard to adverse effects other than cardiac damage (grade 3 or higher), the major difference between the intervention and control groups was the presence of vomiting in the group receiving amifostine (15/14 (100%) versus 1/13 (7.7%) of the control patients), RR of 9.04 (95% CI 1.99 to 41.12, $P = 0.004$). Renal toxicity occurred in 0/15 patients (0%) in the intervention group and 2/13 patients (15.4%) in the control group (Fischer's exact test $P = 0.21$); we were unable to calculate a RR for this comparison because one group experienced no events). Audiological toxicity occurred in none of the study patients.

Dexrazoxane

Clinical heart failure

We could collect data on clinical heart failure from eight trials with a total of 1561 patients ([Lipshultz 2004](#); [Lopez 1998](#); [Marty 2006](#); [Schwartz 2009](#); [Speyer 1992](#); [Swain 1997a\(088001\)](#); [Swain 1997a\(088006\)](#); [Venturini 1996](#)) (see [Figure 1](#)). There were 11 cases of clinical heart failure among 769 patients randomised to dexrazoxane and 69 among 792 randomised to the control group. In one study there were no cases of clinical heart failure in either treatment group ([Lipshultz 2004](#)) and, therefore, the results of this study are not estimable for the meta-analysis of the RR. The meta-analysis showed a benefit in favour of dexrazoxane use (RR 0.18, 95% CI 0.10 to 0.32, $P < 0.00001$). No substantial heterogeneity was detected ($I^2 = 0\%$).

Figure 1. Forest plot of comparison: 1 Dexrazoxane versus no dexrazoxane / placebo, outcome: 1.1 Clinical heart failure.



We excluded the study of [Wexler 1996](#) from this analysis since in this study it was not possible to separate cases of clinical and subclinical heart failure. In the study of [Galetta 2005](#) no information on the occurrence of clinical heart failure was provided.

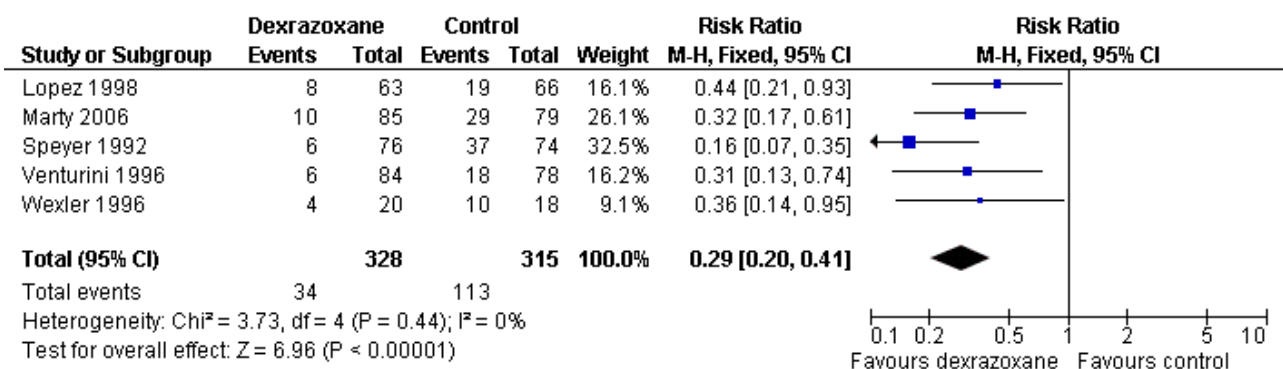
Long-term follow-up data of the study of [Lipshultz 2004](#) ([Lipshultz 2010](#)) have been published on 134 of 205 randomised patients (68 of the 105 patients in the dexrazoxane group and 66 of the 100 patients in the control group). The median follow up in the dexrazoxane group was 6.2 years (range 3 to 7.7 years) and the median follow up in the control group was 5.7 years (range 2.8 to 7.6 years). There were still no cases of clinical heart failure in either treatment group.

Heart failure (that is clinical and subclinical heart failure combined)

Data on heart failure could be extracted from five trials with a total of 643 patients ([Lopez 1998](#); [Marty 2006](#); [Speyer 1992](#); [Venturini](#)

[1996](#); [Wexler 1996](#)) (see [Figure 2](#)). There were 34 cases of heart failure among 328 patients randomised to dexrazoxane and 113 among 315 randomised to the control group. Since in the study from [Wexler 1996](#) it was not possible to separate cases of clinical and subclinical heart failure, it is not possible to give the exact number of patients with subclinical heart failure that were included in this meta-analysis. However, at least 21 of the 34 patients with heart failure in the dexrazoxane group and at least 58 of the 118 patients with heart failure in the control group suffered from subclinical heart failure. The meta-analysis showed a benefit in favour of dexrazoxane use (RR 0.29, 95% CI 0.20 to 0.41, P < 0.00001). No heterogeneity was detected (I² = 0%).

Figure 2. Forest plot of comparison: 1 Dexrazoxane versus no dexrazoxane / placebo, outcome: 1.2 Heart failure (i.e. clinical and subclinical heart failure combined).



We excluded the studies of [Swain \(Swain 1997a\(088001\); Swain 1997a\(088006\)\)](#) from this analysis since the definition of subclinical heart failure used in these studies was too different from the definitions used in the other studies. We excluded the study of [Galetta 2005](#), since in this study clinical heart failure was not evaluated and therefore the results included only cases of subclinical heart failure. We excluded the study of [Schwartz 2009](#)

since in this study subclinical heart failure was not addressed and therefore the results only include cases of clinical heart failure. In the study of [Lipshultz 2004](#) (including the long-term follow-up data) the necessary information on the occurrence of subclinical heart failure was not provided. It should be noted that patients from the studies of [Marty 2006](#); [Lopez 1998](#); [Speyer 1992](#) and [Venturini 1996](#)

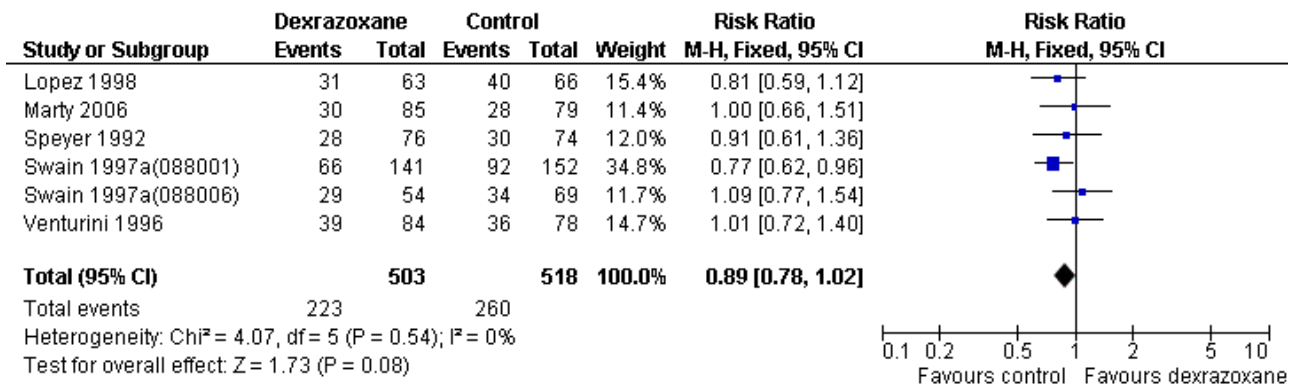
who suffered from clinical heart failure were also included in the meta-analysis of clinical heart failure as mentioned above.

Response rate

Data on response rate (defined as the number of patients in complete and partial remission) could be extracted from six trials with a total of 1021 patients (Lopez 1998; Marty 2006; Speyer 1992; Swain 1997a(088001); Swain 1997a(088006); Venturini 1996) (see Figure 3). These trials used comparable criteria to assess tumour response. From the studies of Swain (Swain 1997a(088001); Swain

1997a(088006)) only patients with evaluable disease were included (for study 088001: 141 in the dexrazoxane group and 152 in the control group; for study 088006: 54 in the dexrazoxane group and 69 in the control group). There were 223 complete and partial responses among 503 patients randomised to dexrazoxane and 260 among 518 randomised to the control group. The meta-analysis showed no significant difference between the treatment groups (RR 0.89, 95% CI 0.78 to 1.02, P = 0.08). No heterogeneity was detected (I² = 0%).

Figure 3. Forest plot of comparison: 1 Dexrazoxane versus no dexrazoxane / placebo, outcome: 1.3 Response rate.



Two studies (Lopez 1998; Speyer 1992) mentioned that the response rate was determined by at least two observers. We excluded the study of Wexler 1996 from this analysis since it was impossible to separate the three non-randomised patients from the randomised patients in the dexrazoxane group. We excluded the study of Lipshultz 2004 and Schwartz 2009 since partial remission was not mentioned and therefore the results only included complete remissions. In the study of Galetta 2005 no information on response rate was provided.

Please note that due to the nature of this measurement (that is the number of patients with a remission) a high event rate is favourable. Therefore, in the figure of this analysis 'favours control' is on the left and 'favours dexrazoxane' is on the right, as opposed to the figures for the other analyses.

Survival

Data on survival could be extracted from four trials with a total of 848 patients (Marty 2006; Speyer 1992; Swain 1997a(088001);

Swain 1997a(088006)). Two studies (Swain 1997a(088001); Swain 1997a(088006)) presented HRs with 95% CIs and the other studies (Marty 2006; Speyer 1992) provided survival curves. Results of the individual studies are shown in Table 3. No statistically significant differences between the treatment arms were found.

For PFS the meta-analysis showed no significant difference between the dexrazoxane and control groups (HR 1.01, 95% CI 0.86 to 1.18, P = 0.89) (see Figure 4). However, unexplained heterogeneity was detected (I² = 68%). Using a random-effects model confirmed the findings of no significant difference between treatment groups (RR 0.97, 95% CI 0.73 to 1.29, P = 0.84) (analysis not shown). For OS the meta-analysis also showed no significant difference between the dexrazoxane and the control groups (HR 1.04, 95% CI 0.88 to 1.23, P = 0.65) (see Figure 5). No heterogeneity was detected (I² = 0%).

Figure 4. Forest plot of comparison: 1 Dexrazoxane versus no dexrazoxane / placebo, outcome: 1.4 Progression-free survival.

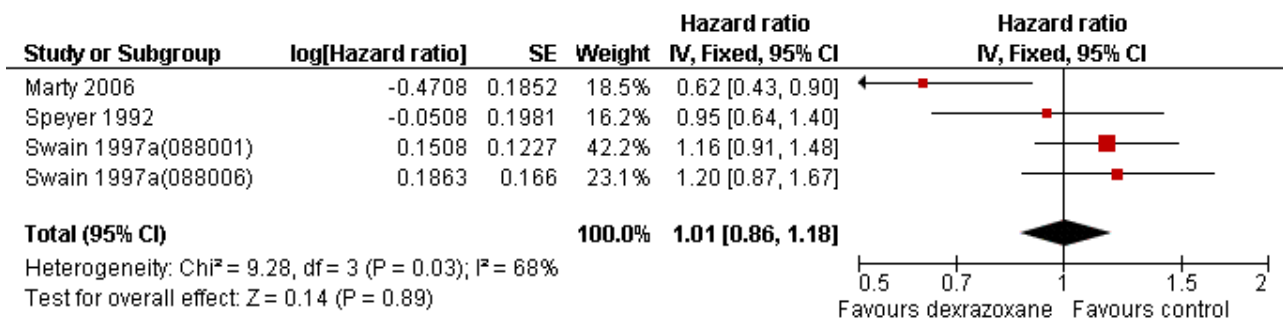
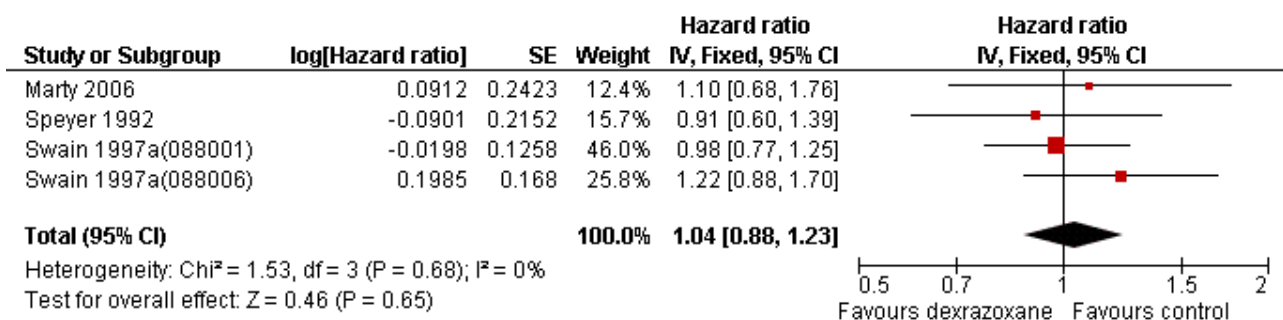


Figure 5. Forest plot of comparison: 1 Dexrazoxane versus no dexrazoxane / placebo, outcome: 1.5 Overall survival.



We excluded the study of [Venturini 1996](#) from this analysis since it did not include the two patients who did not receive any chemotherapy in the evaluation of survival. We excluded the study of [Wexler 1996](#) from this analysis since it was impossible to separate the three non-randomised patients from the randomised patients in the dexrazoxane group. We excluded the study of [Lopez 1998](#) from this analysis since we were not able to reliably extract data needed to use Parmar's method for the assessment of survival for this study. However, none of the excluded studies showed statistically significant differences between the treatment arms. In the studies of [Galletta 2005](#), [Lipshultz 2004](#) and [Schwartz 2009](#) no information on PFS and OS was provided.

Adverse effects

Data on adverse effects could be extracted from seven RCTs: [Lopez 1998](#) used the World Health Organization (WHO) criteria ([Miller 1981](#)); [Swain 1997a\(088001\)](#) and [Swain 1997a\(088006\)](#) used the Eastern Cooperative Oncology Group (ECOG) criteria ([Oken 1982](#)); [Marty 2006](#) and [Schwartz 2009](#) used the common toxicity (CTC) criteria (version 2). In the study of [Speyer 1992](#), no references on which the grading of the adverse effects was based were mentioned. It did provide the definitions of the different adverse effects used in the study but they were not comparable to the WHO, ECOG or CTC criteria. In the study of [Lipshultz 2004](#) no definitions were provided.

Since all patients receiving chemotherapy will suffer from side effects, we decided to analyse only the severe and life threatening effects. For studies using the ECOG, WHO or CTC criteria, we defined this as grade 3 (severe) or grade 4 (life-threatening); for the study of [Speyer 1992](#) we excluded the two lowest grades reported.

It was possible to perform meta-analyses for adverse effects for which more than one RCT was available. For adverse effects for which only one RCT was available we provide descriptive results (all the RR, 95% CI and P values mentioned below are calculated in RevMan with the fixed-effect model, unless stated otherwise). It was not clear what the timing and frequency of the evaluation of the side effects was in the different studies.

We excluded the study of [Wexler 1996](#) from this analysis since this study did not report the number of patients having suffered an adverse effect. We excluded the study of [Venturini 1996](#) from this analysis since it did not include the two patients who did not receive any chemotherapy in the evaluation of adverse effects. In the studies of [Galletta 2005](#) no information on adverse effects was provided.

Thrombocytopenia grade 3 or 4

Data could be extracted from two trials with a total of 293 patients ([Lopez 1998](#); [Marty 2006](#)). These trials used comparable criteria. There were 11 cases among 148 patients randomised to dexrazoxane and 11 among 145 randomised to the control group. The meta-analysis showed no significant difference between the treatment groups (RR 1.04, 95% CI 0.49 to 2.21, P = 0.93). No heterogeneity was detected (I² = 0%).

Abnormal platelet count at nadir grade 3 or 4

Data could be extracted from two trials with a total of 534 patients ([Swain 1997a\(088001\)](#); [Swain 1997a\(088006\)](#)). These trials used comparable criteria. There were 21 cases among 249 patients randomised to dexrazoxane and 26 among 285 randomised to the

control group. The meta-analysis showed no significant difference between the treatment groups (RR 0.92, 95% CI 0.53 to 1.59, $P = 0.76$). No substantial heterogeneity was detected ($I^2 = 32\%$).

Abnormal platelet count at recovery grade 3 or 4

Data could be extracted from two trials with a total of 534 patients (Swain 1997a(088001); Swain 1997a(088006)). These trials used comparable criteria. There were 2 cases among 249 patients randomised to dexrazoxane and 3 among 285 randomised to the control group. The meta-analysis showed no significant difference between the treatment groups (RR 0.81, 95% CI 0.16 to 4.15, $P = 0.80$). No heterogeneity was detected ($I^2 = 0\%$).

Neutropenia grade 3 or 4

Data could be extracted from two trials with a total of 293 patients (Lopez 1998; Marty 2006). These trials used comparable criteria. There were 91 cases among 148 patients randomised to dexrazoxane and 88 among 145 randomised to the control group. The meta-analysis showed no significant difference between the treatment groups (RR 1.04, 95% CI 0.90 to 1.21, $P = 0.60$). No heterogeneity was detected ($I^2 = 0\%$).

Abnormal granulocyte count at nadir grade 3 or 4

Data could be extracted from two trials with a total of 534 patients (Swain 1997a(088001); Swain 1997a(088006)). These trials used comparable criteria. There were 221 cases among 249 patients randomised to dexrazoxane and 244 among 285 randomised to the control group. The meta-analysis showed no significant difference between the treatment groups (RR 1.04, 95% CI 0.97 to 1.11, $P = 0.26$). No substantial heterogeneity was detected ($I^2 = 33\%$).

Abnormal granulocyte count at recovery grade 3 or 4

Data could be extracted from two trials with a total of 534 patients (Swain 1997a(088001); Swain 1997a(088006)). These trials used comparable criteria. There were 42 cases among 249 patients randomised to dexrazoxane and 57 among 285 randomised to the control group. The meta-analysis showed no significant difference between the treatment groups (RR 0.85, 95% CI 0.59 to 1.21, $P = 0.36$). No heterogeneity was detected ($I^2 = 0\%$).

Abnormal white blood cell count at nadir grade 3 or 4

Data could be extracted from two trials with a total of 534 patients (Swain 1997a(088001); Swain 1997a(088006)). These trials used comparable criteria. There were 195 cases among 249 patients randomised to dexrazoxane and 193 among 285 randomised to the control group. The meta-analysis showed a significant difference in favour of the control treatment (RR 1.16, 95% CI 1.05 to 1.29, $P = 0.005$). No heterogeneity was detected ($I^2 = 0\%$).

Abnormal white blood cell count at recovery grade 3 or 4

Data could be extracted from two trials with a total of 534 patients (Swain 1997a(088001); Swain 1997a(088006)). These trials used comparable criteria. There were 14 cases among 249 patients randomised to dexrazoxane and 23 among 285 randomised to the control group. The meta-analysis showed no significant difference between the treatment groups (RR 0.69, 95% CI 0.36 to 1.31, $P = 0.26$). No heterogeneity was detected ($I^2 = 0\%$).

Anaemia grade 3 or 4

Data could be extracted from three trials with a total of 509 patients (Lopez 1998; Marty 2006; Schwartz 2009). These trials used comparable criteria. There were 84 cases among 255 patients randomised to dexrazoxane and 61 among 254 randomised to the control group. The meta-analysis showed a significant difference in favour of the control treatment (RR 1.40, 95% CI 1.08 to 1.81, $P = 0.01$). No heterogeneity was detected ($I^2 = 0\%$).

Stomatitis grade 3 or 4

Data could be extracted from four trials with a total of 914 patients (Marty 2006; Schwartz 2009; Swain 1997a(088001); Swain 1997a(088006)). These trials used comparable criteria. There were 45 cases among 441 patients randomised to dexrazoxane and 56 among 473 randomised to the control group. The meta-analysis showed no significant difference between the treatment groups (RR 0.85, 95% CI 0.60 to 1.21, $P = 0.38$). No heterogeneity was detected ($I^2 = 0\%$).

The study of Lopez 1998 was excluded from this analysis since the criteria used for diagnosis of stomatitis were not comparable with those used by Marty 2006; Swain 1997a(088001) and Swain 1997a(088006) (see additional Table 4).

Nausea grade 3 or 4

Data could be extracted from three trials with a total of 698 patients (Marty 2006; Swain 1997a(088001); Swain 1997a(088006)). These trials used comparable criteria. There were 46 cases among 334 patients randomised to dexrazoxane and 77 among 364 randomised to the control group. The meta-analysis showed a significant difference in favour of dexrazoxane (RR 0.68, 95% CI 0.49 to 0.94, $P = 0.02$). No heterogeneity was detected ($I^2 = 0\%$).

Vomiting grade 3 or 4

Data could be extracted from three trials with a total of 698 patients (Marty 2006; Swain 1997a(088001); Swain 1997a(088006)). These trials used comparable criteria. There were 42 cases among 334 patients randomised to dexrazoxane and 60 among 364 randomised to the control group. The meta-analysis showed no significant difference between the treatment groups (RR 0.79, 95% CI 0.55 to 1.14, $P = 0.20$). However, unexplained heterogeneity was detected ($I^2 = 54\%$). The use of a random-effects model confirmed the findings of no significant difference between treatment groups (RR 0.71, 95% CI 0.37 to 1.39, $P = 0.32$) (analysis not shown).

Neurotoxicity grade 3 or 4

Data could be extracted from two trials with a total of 534 patients (Swain 1997a(088001); Swain 1997a(088006)). These trials used comparable criteria. There were two cases among 249 patients randomised to dexrazoxane and five among 285 randomised to the control group. The meta-analysis showed no significant difference between the treatment groups (RR 0.53, 95% CI 0.12 to 2.26, $P = 0.39$). However, unexplained heterogeneity was detected ($I^2 = 63\%$). Using a random-effects model confirmed the findings of no significant difference between treatment groups (RR 0.62, 95% CI 0.03 to 13.45, $P = 0.76$) (analysis not shown).

Pain on injection grade 3 or 4

Data could be extracted from two trials with a total of 534 patients (Swain 1997a(088001); Swain 1997a(088006)). These trials used

comparable criteria. There were four cases among 249 patients randomised to dexrazoxane and three among 285 randomised to the control group. The meta-analysis showed no significant difference between the treatment groups (RR 1.51, 95% CI 0.34 to 6.72, $P = 0.59$). No heterogeneity was detected ($I^2 = 0\%$).

Anorexia grade 3 or 4

Data could be extracted from two trials with a total of 534 patients (Swain 1997a(088001); Swain 1997a(088006)). These trials used comparable criteria. There were 23 cases among 249 patients randomised to dexrazoxane and 27 among 285 randomised to the control group. The meta-analysis showed no significant difference between the treatment groups (RR 0.97, 95% CI 0.57 to 1.64, $P = 0.90$). No heterogeneity was detected ($I^2 = 0\%$).

Alopecia grade 3 or 4

Data could be extracted from three trials with a total of 698 patients (Marty 2006; Swain 1997a(088001); Swain 1997a(088006)). These trials used comparable criteria. There were 227 cases among 334 patients randomised to dexrazoxane and 251 among 364 randomised to the control group. The meta-analysis showed no significant difference between the treatment groups (RR 1.02, 95% CI 0.94 to 1.11, $P = 0.62$). No heterogeneity was detected ($I^2 = 0\%$).

Phlebitis grade 3 or 4

Data could be extracted from two trials with a total of 534 patients (Swain 1997a(088001); Swain 1997a(088006)). These trials used comparable criteria. There were four cases among 249 patients randomised to dexrazoxane and three among 285 randomised to the control group. The meta-analysis showed no significant difference between the treatment groups (RR 1.54, 95% CI 0.35 to 6.75, $P = 0.56$). No heterogeneity was detected ($I^2 = 0\%$).

Diarrhoea grade 3 or 4

Data could be extracted from two trials with a total of 534 patients (Swain 1997a(088001); Swain 1997a(088006)). These trials used comparable criteria. There were 10 cases among 249 patients randomised to dexrazoxane and 10 among 285 randomised to the control group. The meta-analysis showed no significant difference between the treatment groups (RR 1.17, 95% CI 0.49 to 2.79, $P = 0.73$). No substantial heterogeneity was detected ($I^2 = 26\%$).

The study of Marty 2006 was excluded from this analysis since the criteria used for diagnosis of diarrhoea were not comparable with those used by Swain 1997a(088001) and Swain 1997a(088006) (see additional Table 4).

Fever grade 3 or 4

Data could be extracted from two trials with a total of 534 patients (Swain 1997a(088001); Swain 1997a(088006)). These trials used comparable criteria. There were 25 cases among 249 patients randomised to dexrazoxane and 20 among 285 randomised to the control group. The meta-analysis showed no significant difference between the treatment groups (RR 1.44, 95% CI 0.81 to 2.53, $P = 0.21$). No heterogeneity was detected ($I^2 = 0\%$).

The study of Marty 2006 was excluded from this analysis since the criteria used for diagnosis of fever were not comparable with those used by Swain 1997a(088001) and Swain 1997a(088006) (see additional Table 4).

Secondary malignant disease

Data could be extracted from two trials with a total of 421 patients (Lipshultz 2004 (that is Barry 2008); Schwartz 2009). There were three cases of secondary malignant disease among 212 patients randomised to dexrazoxane and two among 209 patients randomised to the control group. The meta-analysis showed no significant difference between the treatment groups (RR 1.39, 95% CI 0.28 to 6.90, $P = 0.69$). No substantial heterogeneity was detected ($I^2 = 23\%$).

The secondary tumours in the dexrazoxane group were two cases of acute myeloid leukemia (AML) and one osteosarcoma; the secondary tumours in the control group were one case of AML and one melanoma (located outside the cranial radiation field).

Non-pooled adverse effects

For adverse effects for which only one RCT was available, see additional Table 4 for descriptive results. For three adverse effects grade 3 or 4 (that is platelets, infection not otherwise specified or unknown and pulmonary) a significant difference in favour of the control group was identified. For two adverse effects grade 3 or 4 (that is absolute neutrophil count and sepsis) a borderline significant difference in favour of the control group was identified ($P = 0.05$ and $P = 0.06$ respectively). For one adverse effect grade 3 or 4 (that is bone pain) a borderline significant difference in favour of the dexrazoxane group was identified (Fischer's exact test $P = 0.05$). For the other adverse effects no significant difference between the treatment groups was observed.

Quality of life (QoL)

None of the studies evaluated QoL.

Subgroup analyses

Subgroup analyses for children versus adults and leukaemias versus solid tumours were not performed. Only one of the included studies evaluated the effect of dexrazoxane in children only (Lipshultz 2004). Three studies included both adults and children but data could not be separated for adults and children (Lopez 1998; Schwartz 2009; Wexler 1996). Only one of the included studies evaluated the effect of dexrazoxane in patients treated with leukaemia (Lipshultz 2004), in all other studies patients were diagnosed with a solid tumour.

Sensitivity analyses for the risk of bias criteria

The results of the sensitivity analyses were consistent among the trials and did not differ from the overall analyses for all meta-analyses except for secondary malignant disease. When only including the study with a low risk of selection bias (based on allocation concealment) the point estimate (RR) changed from 1.39 (that is favours control treatment) to 0.32 (favours dexrazoxane). Both the sensitivity and the overall analyses did not show a statistically significant difference between treatment groups and the 95% CIs overlapped.

DISCUSSION

Heart damage due to anthracycline chemotherapy is a considerable, serious problem. It reduces QoL and can even cause premature death. Also, when heart damage occurs during therapy the maximum cumulative dose of anthracyclines needs to be limited and as a result the efficacy of anthracycline chemotherapy

will be reduced. This is the second update of the systematic review evaluating the existing evidence on all known possibly cardioprotective agents.

We identified RCTs for N-acetylcysteine, phenethylamines, coenzyme Q10, the combination of vitamin E, vitamin C and N-acetylcysteine, L-carnitine, carvedilol, amifostine and dexrazoxane. For the other possible cardioprotective interventions included in our search no RCTs were found. Non-randomised studies and case reports have been published for some of these interventions. However, due to the high risk of bias associated with these study designs, they were not included in this systematic review and no conclusions can be made about the efficacy of these interventions in preventing heart damage in patients treated with anthracyclines.

For N-acetylcysteine, phenethylamines, coenzyme Q10, the combination of vitamin E, vitamin C and N-acetylcysteine, L-carnitine, carvedilol and amifostine, pooling of results was not possible either because only one RCT was available or (where two RCTs were identified) because the definitions used to describe heart failure were not comparable. All trials had methodological limitations so the presence of bias cannot be ruled out. None of the included RCTs showed a statistically significant difference in the occurrence of heart failure. The reason why no significant difference between the treatment groups was identified in these studies could be due to the fact that the number of patients included in these studies was too small to detect a difference between the treatment groups (that is low power). Also, anthracycline-induced cardiotoxicity is dose-dependent and in some of the studies patients received a relatively low cumulative anthracycline dose. Presently, no definitive conclusions can be made about the efficacy of these cardioprotective interventions in preventing heart damage in patients treated with anthracyclines.

For dexrazoxane, 10 RCTs were identified. It should be emphasised that the majority of the patients included in these studies were adults with advanced breast cancer. Subgroup analyses for children versus adults and leukaemias versus solid tumours were not possible.

Our meta-analysis showed a statistically significant benefit in favour of the use of dexrazoxane for the occurrence of both clinical heart failure and clinical and subclinical heart failure combined (RR 0.18, 95% CI 0.10 to 0.32, $P < 0.0001$ (eight trials, including long-term follow-up data of [Lipshultz 2004](#)) and RR 0.29, 95% CI 0.20 to 0.41, $P < 0.0001$ (five trials), respectively). However, an important question regarding any cardioprotective intervention during anthracycline therapy is whether the cardioprotective drug could decrease the heart damage by anthracyclines without reducing the anti-tumour efficacy and without negative effects on toxicities other than cardiac damage. In the original version of this review ([Van Dalen 2005](#)) there was some suggestion that patients treated with dexrazoxane might have a lower response rate (RR 0.88, 95% CI 0.77 to 1.01, $P = 0.06$ (five trials)). However, in the updated meta-analysis this was not confirmed. No statistically significant difference in response rate between the dexrazoxane and control group was found (RR 0.89, 95% CI 0.78 to 1.02, $P = 0.08$ (six trials)). Furthermore, the value of response rate for predicting survival is not clear ([Odaimi 1987](#); [Pierga 2001](#)). In our meta-analysis of both PFS and OS no significant difference between the dexrazoxane and control group was found, which included the individual study in which a difference in response rate was identified ([Swain 1997a\(088001\)](#)). However, in the meta-analysis of PFS unexplained

substantial heterogeneity was detected. For 20 adverse effects (grade 3 or 4) it was possible to perform a meta-analysis (including either two, three or four trials). For thrombocytopenia, abnormal platelet count at nadir, abnormal platelet count at recovery, neutropenia, abnormal granulocyte count at nadir, abnormal granulocyte count at recovery, abnormal white blood cell count at recovery, stomatitis, pain on injection, anorexia, alopecia, phlebitis, diarrhoea, fever, vomiting, neurotoxicity and secondary malignant disease no significant differences between treatment groups were identified. However, in the meta-analyses of both vomiting and neurotoxicity unexplained substantial heterogeneity was detected. For abnormal white blood cell count at nadir (RR 1.16, 95% CI 1.05 to 1.29, $P = 0.005$) and anaemia (RR 1.40, 95% CI 1.08 to 1.81, $P = 0.01$) there were significant differences in favour of the control group; as opposed to the first update of this review ([Van Dalen 2008](#)) where no significant differences were seen between treatment groups). For nausea a significant difference in favour of dexrazoxane was identified (RR 0.69, 95% CI 0.49 to 0.94, $P = 0.02$). For some adverse effects pooling was not possible (see additional [Table 4](#)). For three adverse effects grade 3 or 4 (that is platelets, infection not otherwise specified or unknown and pulmonary) a significant difference in favour of the control group was identified. For two adverse effects grade 3 or 4 (that is absolute neutrophil count and sepsis) a borderline significant difference in favour of the control group was identified ($P = 0.05$ and $P = 0.06$ respectively). For the other adverse effects no significant difference between the treatment groups was observed.

At the moment, despite its clear cardioprotective effects, dexrazoxane is not routinely used in clinical practice. This might be explained by the suspicion of interference with anti-tumour efficacy (that is response rate and survival) and by the occurrence of secondary malignant disease. However, our meta-analyses of anti-tumour efficacy and secondary malignant disease showed no significant difference between patients who were treated with or without dexrazoxane. This latter finding was also identified in a recent publication ([Van Dalen 2011](#)), a meta-analysis including three of the four randomised trials available on secondary malignancies after dexrazoxane ([Barry 2008](#) included in this review; and [Tebbi 2007](#), this study includes data on two RCTs including the one by [Schwartz 2009](#) which was eligible for inclusion in our review), which did not show a significant difference in the occurrence of secondary malignancies between children treated with or without dexrazoxane (RR 1.16, 95% CI 0.06 to 22.17, $P = 0.92$; eight secondary malignancies in the dexrazoxane group and four in the control group). One other trial did not provide enough information to be included in the meta-analysis but showed no statistically significant difference in the 5-year and 10-year cumulative incidence of secondary malignancies between treatment groups ([Salzer 2010](#); this study did not provide data on cardiotoxicity and thus was not eligible for inclusion in our review).

In three of the 10 studies patients in the intervention and control groups received comparable cumulative anthracycline doses. In two studies patients in the dexrazoxane group received a higher cumulative anthracycline dose (100 mg/m² or more) than patients in the control group. So despite a higher cumulative anthracycline dose received in the dexrazoxane group there was still a significantly lower rate of cardiotoxicity. In five studies it was unclear if patients in the intervention and control groups received similar cumulative anthracycline doses. If patients in the control group received a higher cumulative anthracycline dose

than patients treated with dexrazoxane this could have led to an overestimation of the cardioprotective effect of dexrazoxane (and vice versa). This uncertainty should also be kept in mind when interpreting the results of the secondary outcomes (response rate, survival and adverse effects).

The risk of bias in the included studies varied. In many studies bias could not be ruled out due to lack of reporting. However, at the moment this is the best available evidence on RCTs evaluating dexrazoxane.

In the 10 included studies different ratios of dexrazoxane to anthracyclines were used. We did not analyse the effect of these different ratios on the outcomes.

It should be kept in mind that the inclusion of studies for this systematic review was limited to RCTs describing cardiotoxicity and, as a result, the analyses of response rate, survival, adverse effects and QoL were possibly based on only a subgroup of trials comparing cardioprotective interventions with a control group.

We are awaiting (additional) results of the currently ongoing studies and the studies on the use of the following cardioprotective agents, which await further classification: dexrazoxane (n = 9), valsartan (n = 1), L-carnitine (n = 1), enalapril (n = 1), telmirsartan (n = 1) and the combination hydrocortisone and glutathione (n = 1).

AUTHORS' CONCLUSIONS

Implications for practice

Probulol, vitamin E alone, vitamin C alone, ACE-inhibitors, EDTA, deferoxamine, vitamin A, superoxide dismutase, monohydroxyethylrutoside, guanidines, cytochromes, selenium, sildenafil, trimetazidine, digoxin, valsartan and glutathione

For these cardioprotective interventions no RCTs were identified and so no conclusions can be made about their efficacy in preventing heart damage in patients treated with anthracyclines. Based on the currently available evidence, we are not able to give recommendations for clinical practice.

N-acetylcysteine, phenethylamines, coenzyme Q10, a combination of vitamin E, vitamin C and N-acetylcysteine, L-carnitine, carvedilol and amifostine

For these cardioprotective interventions pooling was not possible, so no high quality evidence was available and therefore no definitive conclusions can be made about their efficacy in preventing heart damage in patients treated with anthracyclines. Based on the currently available evidence, we are not able to give recommendations for clinical practice.

Dexrazoxane

Our meta-analysis clearly showed the efficacy of dexrazoxane in preventing heart damage in patients treated with anthracyclines. No evidence of a lower response rate or a negative effect on PFS and OS was identified. The results for adverse effects are ambiguous. No significant difference in the occurrence of secondary malignant disease was identified. It should be emphasised that the majority of the patients included in these studies were adults with advanced breast cancer.

We conclude that if the risk of cardiac damage is expected to be high, it might be justified to use dexrazoxane in patients with cancer treated with anthracyclines. However, clinicians should weigh the cardioprotective effect of dexrazoxane against the possible risk of adverse effects including secondary malignancies for each individual patient.

Implications for research

Probulol, vitamin E alone, vitamin C alone, ACE-inhibitors, EDTA, deferoxamine, vitamin A, superoxide dismutase, monohydroxyethylrutoside, guanidines, cytochromes, selenium, sildenafil, trimetazidine, digoxin, valsartan and glutathione

No RCTs were identified for these cardioprotective interventions. Therefore, before definitive conclusions can be made about their efficacy in preventing heart damage in patients treated with anthracyclines, high quality RCTs need to be undertaken. These RCTs should be performed in homogeneous study populations treated for either a haematological malignancy or a solid tumour, with a long-term follow up using valid outcome definitions (including cardiotoxicity, anti-tumour efficacy, survival and adverse effects). Also, since data obtained in adults cannot be extrapolated to children, they should be evaluated in children. The number of included patients should be sufficient to obtain the power needed for the results to be reliable.

N-acetylcysteine, phenethylamines, coenzyme Q10, a combination of vitamin E, vitamin C and N-acetylcysteine, L-carnitine, carvedilol and amifostine

Few RCTs were identified for these cardioprotective interventions. Therefore, before definitive conclusions can be made about their efficacy in preventing heart damage in patients treated with anthracyclines, high quality RCTs need to be undertaken. These RCTs should be performed in homogeneous study populations treated for either a haematological malignancy or a solid tumour, with a long-term follow up using valid outcome definitions (including cardiotoxicity, anti-tumour efficacy, survival and adverse effects). Also, since data obtained in adults cannot be extrapolated to children, they should be evaluated (further) in children. The number of included patients should be sufficient to obtain the power needed for the results to be reliable.

Dexrazoxane

Future trials on dexrazoxane should be performed in homogeneous study populations treated for either a haematological malignancy or a solid tumour, with a long-term follow up using valid outcome definitions (including cardiotoxicity, anti-tumour efficacy, survival and adverse effects). Since there is only a small amount of data for children, and also because data obtained in adults cannot be extrapolated to children, dexrazoxane should be further evaluated in children. The number of included patients should be sufficient to obtain the power needed for the results to be reliable. We are awaiting the results of the ongoing studies currently being performed in children. The performance of an individual patient data analysis is another possibility to assess the effect of dexrazoxane on survival.

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For the studies of Speyer 1992 and both studies of Swain 1997, the hazard ratio and associated statistics were initially calculated using an Excel spreadsheet provided by Dr MG Hart of the Department of Clinical Neurosciences, Western General Hospital, Edinburgh, United Kingdom. For the update of this review, the necessary data for the survival analyses were (re)calculated using a spreadsheet developed by Heather Dickinson.

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Phase III randomised study of response-dependent therapy with doxorubicin/bleomycin/vincristine/etoposide (DBVE) with versus without dexrazoxane followed by low-dose involved-field radiotherapy for newly diagnosed stage IA/IIA/IIIA1 childhood Hodgkin's disease. www.controlled-trials.com.

NCT00016276 {published data only}

Phase III randomised study of doxorubicin and cyclophosphamide with or without dexrazoxane followed by paclitaxel with or without trastuzumab (herceptin) followed by surgery and radiotherapy with or without trastuzumab in women with HER-2+ stage IIIA or IIIB or regional stage IV breast cancer. www.controlled-trials.com.

NCT00162955 {published data only}

The multi-centers trial for patients with Non-Hodgkin's lymphoma to assess the protective effect of valsartan on chronic cardiotoxicity induced by CHOP. www.controlled-trials.com.

NCT00247975 {published data only}

Primary prevention of anthracycline-induced cardiotoxicity with L-carnitine in patients with breast cancer (PPACC)-pilot study. www.controlled-trials.com.

NCT00895414 {published and unpublished data}

Enalapril maleate and doxorubicin hydrochloride in treating women with breast cancer. www.controlled-trials.com.

NCT01230983/POG9404 {published data only}

Intensive treatment for T-cell acute lymphoblastic leukemia and advanced stage lymphoblastic Non-Hodgkin's lymphoma: a Pediatric Oncology Group Phase III study. www.controlled-trials.com.

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* Indicates the major publication for the study

CHARACTERISTICS OF STUDIES
Characteristics of included studies [ordered by study ID]

Galetta 2005

Methods	Method of randomisation not clear.
Participants	20 patients (median age 54 years (all < 60 years); 11 males and 9 females) with non-Hodgkin lymphoma (stage 2, 3 or 4, but number of patients with each stage in the different treatment groups nm) treated with epirubicin (cumulative dose nm; peak dose (i.e. maximal dose received in 1 week) 40 mg/m ² ; bolus infusion), cyclophosphamide, etoposide, prednisolone, vincristine, methotrexate, aracytin and bleomycin. No prior anthracyclines. No prior cardiac radiotherapy. No prior cardiac dysfunction.
Interventions	Dexrazoxane (10:1 ratio of study drug to epirubicin; IV infusion over 15 minutes immediately after epirubicin) (n = 10) versus no cardioprotective intervention (n = 10).
Outcomes	Heart failure (subclinical heart failure defined as abnormalities in for example left ventricular diastolic diameter, posterior wall diastolic thickness and LVEF as measured by echocardiography; no further definitions were provided).
Notes	Length of follow up nm. Age in intervention and control group nm. Cumulative anthracycline dose per treatment group nm.

Gallegos-Castorena 2007

Methods	Method of randomisation not clear.
Participants	28 children (mean age 11.6 years (range 7 to 15); 14 males and 14 females) with osteosarcoma (stage nm; in 5 patients metastatic disease) treated with doxorubicin (cumulative dose nm, but according to protocol patients should receive 150 mg/m ² ; peak dose (i.e. maximal dose received in one week) 75

Gallegos-Castorena 2007 (Continued)

mg/m²; infusion duration nm) and intra-arterial cisplatin. No prior anthracyclines. No prior cardiac radiotherapy. Prior cardiac dysfunction nm.

Interventions	Amifostine (740 mg/m ² /dose (cumulative dose according to protocol 2960 mg/m ²); IV infusion under sedation over 15 minutes immediately prior to each cisplatin dose) (n=15) versus no cardioprotective intervention (n=13).
Outcomes	Heart failure (clinical heart failure and subclinical heart failure according to WHO criteria; it was stated that for the evaluated parameters they did not differ from the NCI system, i.e. grade 1-2 is subclinical). Response rate (complete/good remission defined as >90% necrosis after tumorectomy; partial remission defined as 60-90% necrosis after tumorectomy). Adverse effects (according to WHO criteria; it was stated that for the evaluated parameters they did not differ from the NCI system).
Notes	Length of follow up nm. Age in intervention and control group nm, but it was stated that the groups were not statistically different. Cumulative anthracycline dose per treatment group nm.

Iarussi 1994

Methods	Method of randomisation not clear (block randomisation).
Participants	20 children (aged 1 to 15 years, sex nm) with acute lymphoblastic leukaemia or Non-Hodgkin lymphoma (stage nm) treated with doxorubicin and patients with ALL also daunorubicin (cumulative dose 210-270 mg/m ² ; peak dose (i.e. maximal dose received in 1 week) nm; infusion duration nm). Prior anthracycline therapy nm. Prior cardiac radiotherapy nm. Prior cardiac dysfunction nm (but no differences in echocardiographic parameters at baseline between the treatment groups).
Interventions	Coenzyme Q10 (100 mg per os twice daily) (n=10) versus no cardioprotective intervention (n=10).
Outcomes	Heart failure (subclinical heart failure defined as echocardiographic LVSF < 28%).
Notes	Length of follow up nm. Mean age in intervention group: 5.6 years; mean age in control group: 5.1 years. Cumulative anthracycline dose in intervention group: 210-270 mg/m ² (mean 240 mg/m ²); cumulative anthracycline dose in control group: 210-270 mg/m ² (mean 252 mg/m ²).

Kalay 2006

Methods	Method of randomisation not clear.
Participants	50 patients (age for all randomised patients nm: see notes; 43 females and 7 males) with breast cancer, lymphoma or other type of malignancy (stage nm) treated with therapy including adriamycin or epirubicin (cumulative dose for all randomised patients nm: see notes; peak dose (i.e. maximal dose received in 1 week) nm; infusion duration nm). No prior anthracyclines. No prior cardiac radiotherapy. No prior cardiac dysfunction.
Interventions	Carvedilol (12.5 mg per os once daily) (n = 25) versus placebo (n = 25).

Cardioprotective interventions for cancer patients receiving anthracyclines (Review)

Kalay 2006 (Continued)

Outcomes	Heart failure (clinical heart failure defined as decompensated heart failure; subclinical heart failure defined as echocardiographic LVEF < 50%).
Notes	<p>Length of follow up 6 months.</p> <p>Mean age in intervention group 46.8 years and mean age in control group 49 years.</p> <p>Cumulative doxorubicin and epirubicin dose in intervention group: 525.3 mg/m² and 787.9 mg/m²; cumulative doxorubicin and epirubicin dose in control group: 513.6 mg/m² and 770.4 mg/m².</p>

Kraft 1990

Methods	Method of randomisation not clear.
Participants	64 patients (aged 19 to 59 years; 31 males and 33 females) with acute myeloid leukaemia (stage nm) treated with therapy including daunorubicin (cumulative dose circa 360-540 mg/m ² according to protocol; peak dose (i.e. maximal dose received in 1 week) nm; infusion duration nm). No prior anthracycline therapy. No prior cardiac radiotherapy. Prior cardiac dysfunction nm (but no differences in pre-treatment cardiologic findings between the treatment groups).
Interventions	Verapamil (40 mg per os thrice daily) (n = 30) versus no cardioprotective intervention (n=34).
Outcomes	Heart failure (clinical heart failure defined as NYHA class 4).
Notes	<p>Length of follow up nm.</p> <p>Mean age in both intervention and control group: 41.3 years.</p> <p>Cumulative anthracycline dose in intervention group: circa 360-540 mg/m²; cumulative anthracycline dose in control group: circa 360-540 mg/m².</p>

Lipshultz 2004

Methods	Computer-generated randomisation was performed centrally at the Quality Assurance Office for Clinical Trials (permuted block design with institutional balancing to ensure that a treatment imbalance within an institution was no greater than 3 patients).
Participants	206 children (age for all randomised patients nm: see notes; 120 boys and 86 girls) with high-risk ALL treated with multiagent chemotherapy (including doxorubicin: see notes) and CNS irradiation. No prior anthracycline therapy. No prior cardiac radiotherapy. Part of the patients were diagnosed with prior cardiac dysfunction (by either echocardiography or the cardiac marker troponin T), but the exact number of patients was nm.
Interventions	Dexrazoxane (10:1 ratio of study drug to doxorubicin; IV bolus up to 15 minutes immediately before doxorubicin) (n=105) versus no cardioprotective intervention (n=101).
Outcomes	<p>Heart failure (clinical heart failure defined as congestive heart failure or other symptomatic cardiac disease).</p> <p>Response rate (defined as the number of patients in complete remission; no definition of complete remission provided).</p> <p>Adverse effects (no definition provided).</p>
Notes	Median length of follow up 2.7 years.

Cardioprotective interventions for cancer patients receiving anthracyclines (Review)

Lipshultz 2004 (Continued)

Median age 7.5 years in intervention group and 7.3 years in control group.

According to protocol patients in both treatment groups should have received a cumulative doxorubicin dose of 300 mg/m² (peak dose (i.e. maximal dose received in 1 week) 30 mg/m²; infusion duration nm).

Long-term follow-up data of this study have been published ([Lipshultz 2010](#); [Barry 2008](#)). Both studies included 205 randomised patients (105 in the dexrazoxane group and 100 in the control group) as opposed to the original publication, which included 206 randomised patients.

[Lipshultz 2010](#) provided long-term follow-up data (median follow up in the dexrazoxane group 6.2 years; range 3 to 7.7 years and in the control group 5.7 years; range 2.8 to 7.6 years) on clinical heart failure for 134 of the 205 randomised patients, i.e. 68 (27 males and 41 females) of the 105 patients in the dexrazoxane group and 66 (30 males and 36 females) of the 100 patients in the control group. These were patients for which data were available after treatment completion. It was stated that children leaving the study did not differ in any clinical characteristic from those who stayed in the study. The median cumulative anthracycline dose in the dexrazoxane group was 300 mg/m² (range 300 to 300 mg/m²) and in the control group it was also 300 mg/m² (range 288 to 300 mg/m²) with an infusion duration up to 15 minutes (push or bolus).

[Barry 2008](#) provided long-term follow-up data (median follow up 6.2 years) on secondary malignant disease.

Lopez 1998

Methods	Method of randomisation not clear.
Participants	129 patients (aged 14-75 years; sex 29 males and 109 females) with metastatic breast cancer (n=95) or advanced soft tissue sarcoma (n=34) treated with epirubicin (cumulative dose for all randomised patients nm: see notes; peak dose (i.e. maximal dose received in 1 week) 160 mg/m ² ; bolus infusion). No prior anthracycline therapy. Prior cardiac radiotherapy possible in 18 patients in the dexrazoxane group and 13 patients in the control group (< 20 Gy on the heart). No prior cardiac dysfunction.
Interventions	Dexrazoxane (1000 mg/m ² versus 160 mg/m ² epirubicin; IV infusion over 15 minutes 30 minutes before epirubicin) (n=63) versus no cardioprotective intervention (n=66).
Outcomes	Heart failure (i.e. clinical heart failure defined as NYHA class 2,3 or 4; subclinical heart failure defined as a decrease in left ventricular ejection fraction as measured by MUGA to less than 45% or a decrease from baseline of >= 20% and no development of clinical heart failure later on). Response rate (according to standard WHO criteria: a 50% decrease (or 30% decrease in one diameter) was required for assessable disease). Adverse effects (according to WHO criteria).
Notes	Length of follow up nm. Median age in intervention group for breast cancer: 55 years and for soft tissue sarcoma: 55 years; median age in control group for breast cancer: 58 years and for soft tissue sarcoma: 51 years. Cumulative anthracycline dose in intervention group: median 960 mg/m ² ; cumulative anthracycline dose in control group: median 880 mg/m ² .

Marty 2006

Methods	Randomisation was performed centrally using a permuted block design, which was stratified by center and thus by type of anthracycline used and dose of dexrazoxane (open label study).
Participants	164 patients (median age 52 years (range 30-76); all females) with advanced or metastatic breast cancer treated with either epirubicin or doxorubicin (cumulative dose: see notes; peak dose (i.e. maximal dose received in 1 week) see notes; infusion duration nm). Prior anthracycline therapy in both treatment groups (median cumulative dose similar in both: dexrazoxane group: a median cumulative doxorubicin dose of 290 mg/m ² (range 30-650) in 46 patients and a median cumulative epirubicin dose of 421 mg/m ² (range 231-599) in 42 patients; some patients were treated with both doxorubicin and epirubicin; control group: a median cumulative doxorubicin dose of 243 mg/m ² (range 60-480) in 44 patients and a median cumulative epirubicin dose of 360 mg/m ² (range 94-599) in 38 patients; some patients were treated with both doxorubicin and epirubicin). Prior cardiac radiotherapy was possible for 74 patients randomised to dexrazoxane and 62 patients in the control group (dose nm). No prior cardiac dysfunction.
Interventions	Dexrazoxane (20:1 ratio of study drug to doxorubicin and 10:1 ratio to epirubicin; IV infusion over 15 minutes 30 minutes prior to anthracycline infusion) (n=85) versus no cardioprotective intervention (n=79).
Outcomes	Heart failure (i.e. clinical heart failure defined as clinical signs of cardiac insufficiency (graded according to NYHA criteria); subclinical heart failure defined as 1) a reduction in LVEF by 10% absolute percentage points or more as measured by MUGA scan or 15% or more as measured by echocardiography, 2) a reduction in absolute LVEF as measured by echocardiography or MUGA scan to a value below 45%). Response rate (according to WHO criteria). Survival. Adverse effects (according to CTC criteria).
Notes	Length of follow up nm. Median age in intervention group 50 years; median age in control group 52 years. The cumulative anthracycline dose was calculated as all anthracyclines received during this study and prior to it using 50 mg/m ² epirubicin = 90 mg/m ² doxorubicin. The median cumulative anthracycline dose in the dexrazoxane group was 669 mg/m ² (range 247-936); the median anthracycline peak dose (i.e. maximal dose received in 1 week) was 80 mg/m ² (range 37-116). The median cumulative anthracycline dose in the control group was 608 mg/m ² (range 244-900); the median anthracycline peak dose was 80 mg/m ² (40-120).

Milei 1987

Methods	Method of randomisation not clear (double-blind trial).
Participants	36 patients (age and sex for all randomised patients nm: see notes) with solid tumours (stage nm) treated with doxorubicin (cumulative dose for all randomised patients nm: see notes; peak dose (i.e. maximal dose received in 1 week) 40-50 mg/m ² ; infusion duration: nm) and either vincristine or cyclophosphamide. No prior anthracycline therapy. No prior cardiac radiotherapy. No prior cardiac dysfunction.
Interventions	Prenylamine (200 mg per os once daily) (n=18) versus placebo (n=18).
Outcomes	Heart failure (clinical heart failure defined as congestive cardiomyopathy).
Notes	Length of follow up: 5-9 months.

Milei 1987 (Continued)

Age in evaluable patients in intervention group (n=13): 49-75 years; age in evaluable patients in control group (n=13): 45-64 years.

Sex in evaluable patients (n=26): 9 males and 17 females.

Cumulative anthracycline dose in evaluable patients in intervention group (n=13): 150-600 mg/m²; cumulative anthracycline dose in evaluable patients in control group (n=13): 160-500 mg/m².

Myers 1983

Methods	Method of randomisation not clear (patients were matched for age, sex and disease status).
Participants	54 patients (age 18-80 years; 26 males and 28 females) with breast cancer, nodular lymphoma, metastatic soft tissue sarcoma or other tumour (stage nm) treated with doxorubicin (cumulative dose nm; peak dose (i.e. maximal dose received in 1 week) 75 mg/m ² ; infusion duration nm). Prior anthracycline therapy nm. Prior cardiac radiotherapy is possible (maximal 600 rad; number of patients nm). No prior cardiac dysfunction.
Interventions	N-acetylcysteine (5.5gm/m ² orally preceding the doxorubicin gift) (n=24) versus no cardioprotective intervention (n=30).
Outcomes	Heart failure (clinical heart failure defined as congestive heart failure). Response rate (defined as partial remission and no evaluable disease with a duration greater than 4 months). Adverse effects (nausea and vomiting, alopecia, leukopenia (<1000), thrombocytopenia (<20000), haemoglobin < 8, diarrhoea, mucositis, erythematous flare at sites of previous venipunctures).
Notes	Length of follow up nm. Median age in intervention group: 53.5 years; median age in control group: 44 years. Cumulative anthracycline dose in intervention and control group nm.

Schwartz 2009

Methods	Method of randomisation not clear.
Participants	216 children (mean age 14 years (range 4-21); 140 males and 76 females) with intermediate or high risk Hodgkin lymphoma (stage IB n=1, stage II n=81, stage III n=52, stage IV n=70, stage unknown n=12) treated with multiagent chemotherapy including doxorubicin (cumulative dose nm (according to protocol 180 mg/m ² for patients with rapid early response and 300 mg/m ² for patients with slow early response; it was stated that there were virtually no dose reductions); peak dose (i.e. maximal dose received in 1 week) 60 mg/m ² ; infusion duration nm). Patients received 21 Gy of radiotherapy to mantle if it involved Hodgkin lymphoma; pericardial infusions, lung disease or pericardial involvement were treated with 10.5 Gy (no further information provided). Prior anthracycline therapy nm. Prior cardiac radiotherapy nm. Prior cardiac dysfunction nm.
Interventions	Dexrazoxane (10:1 ratio of study drug to doxorubicin (see notes); IV infusion (infusion duration and timing in relation with doxorubicin nm)) (n=107) versus no cardioprotective intervention (n=109).
Outcomes	Heart failure (i.e. clinical heart failure defined according to NCI-CTCv2.0 criteria).

Schwartz 2009 (Continued)

Response rate (complete remission defined as disappearance of active disease (gallium negative, 70% or more decrease in the sum of the products of the perpendicular diameters of measurable lesions and negative bone marrow or bone scan if initially positive).

Adverse effects (according to NCI-CTCv2.0 criteria).

Notes

Length of follow up nm (median follow-up for patients without an event was 5.2 years).

Age in intervention and control group nm.

Cumulative anthracycline dose per treatment group nm.

No significant difference in number of patients with rapid and slow early response between treatment groups identified (P=0.07).

It was stated that dexrazoxane was also given on day 7 (besides on day 0 and 1 together with doxorubicin), we did not include this additional gift in the ratio of study drug to doxorubicin.

Speyer 1992
Methods

Method of randomisation not clear (patients were stratified by prior adjuvant cyclophosphamide, methotrexate and 5FU and cardiac risk factors; blocks of 10 patients within each stratum).

Participants

150 patients (aged 27-76 years; all females) with breast cancer (stage nm) treated with doxorubicin (cumulative dose range 25-2150 mg/m²; peak dose (i.e. maximal dose received in 1 week) 50 mg/m²; infusion duration 5 to 10 minutes), 5FU and cyclophosphamide. No prior anthracycline therapy. Prior cardiac radiotherapy possible in 28 patients (14 in each treatment group). No prior cardiac dysfunction.

Interventions

Dexrazoxane (20:1 ratio of study drug to doxorubicin; IV infusion over 15 minutes 30 minutes before doxorubicin) (n=76) versus no cardioprotective intervention (n=74).

Outcomes

Heart failure (i.e. clinical heart failure defined as NYHA class 2,3 or 4 i.e. any signs and symptoms of clinical congestive heart failure; subclinical heart failure defined as NYHA class 1 i.e. a decrease in LVEF as measured by MUGA of $\geq 20\%$ from baseline or a decrease in LVEF as measured by MUGA to $< 45\%$ or an endomyocardial biopsy score ≥ 2 according to the Billingham scale).

Response rate (according to ECOG criteria).

Survival.

Adverse effects.

Notes

Not in all patients an endomyocardial biopsy was performed.

Length of follow up nm.

Age in intervention group: mean 55.5 years and median 58 years; age in control group: mean 56.2 years and median 58 years.

Cumulative anthracycline dose in intervention group: mean 558 mg/m² (range 50-2150); cumulative anthracycline dose in control group: mean 407.4 mg/m² (range 25-950).

Swain 1997a(088001)
Methods

Block randomisation according to a prospectively prepared randomisation list (a separate list was prepared for each investigational site and within each site, the assignments were stratified relative to the

Swain 1997a(088001) (Continued)

presence or absence of cardiac risk factors and on the basis of measurable versus nonmeasurable disease).

Participants	349 patients (aged 25-84 years; all females) with breast cancer (stage III or IV) treated with doxorubicin (cumulative dose <100-2700 mg/m ² ; peak dose (i.e. maximal dose received in 1 week) 50 mg/m ² ; infusion duration nm), fluorouracil and cyclophosphamide. No prior anthracycline therapy. Prior cardiac radiotherapy in 20 patients in the dexrazoxane group and 14 patients in the control group (dose nm). No prior cardiac dysfunction.
Interventions	Dexrazoxane (10:1 ratio of study drug to doxorubicin; slow IV push or rapid-drip IV infusion between 15 and 30 minutes before doxorubicin) (n=168) versus placebo (n=181).
Outcomes	Heart failure (i.e. clinical heart failure defined as 2 or more of the following: cardiomegaly established by radiography, basilar rales, S3 gallop or paroxysmal nocturnal dyspnoea, orthopnoea, or significant dyspnoea on exertion; subclinical heart failure defined as 1) decline in LVEF as measured by MUGA from baseline of ≥10% below the institution's LLN, 2) a decline in LVEF as measured by MUGA of at least 20% from baseline or 3) decline in LVEF as measured by MUGA to at least 5% below the institution's LLN). Response rate (according to ECOG criteria; see notes). Survival. Adverse effects (according to ECOG criteria).
Notes	Length of follow up: in the intervention group median 532 days (range 1-1863); in the control group median 511 days (range 1-1652). Median age in intervention group: 58 years; median age in control group: 56 years. Cumulative anthracycline dose in intervention and control group nm.

Swain 1997a(088006)

Methods	Block randomisation according to a prospectively prepared randomisation list (a separate list was prepared for each investigational site and within each site, the assignments were stratified relative to the presence or absence of cardiac risk factors and on the basis of measurable versus nonmeasurable disease).
Participants	185 patients (aged 23-79 years; all females) with breast cancer (stage IIIB or IV) treated with doxorubicin (cumulative dose <100-1750 mg/m ² ; peak dose (i.e. maximal dose received in 1 week) 50 mg/m ² ; infusion duration nm), fluorouracil and cyclophosphamide. No prior anthracycline therapy. Prior cardiac radiotherapy in 3 patients in the dexrazoxane group and 9 patients in the control group (dose nm). No prior cardiac dysfunction.
Interventions	Dexrazoxane (10:1 ratio of study drug to doxorubicin; slow IV push or rapid-drip IV infusion between 15 and 30 minutes before doxorubicin) (n=81) versus placebo (n=104).
Outcomes	Heart failure (i.e. clinical heart failure defined as 2 or more of the following: cardiomegaly established by radiography, basilar rales, S3 gallop or paroxysmal nocturnal dyspnoea, orthopnoea, or significant dyspnoea on exertion; subclinical heart failure defined as 1) decline in LVEF as measured by MUGA from baseline of ≥10% below the institution's LLN, 2) a decline in LVEF as measured by MUGA of at least 20% from baseline or 3) decline in LVEF as measured by MUGA to at least 5% below the institution's LLN). Response rate (according to ECOG criteria; see notes). Survival. Adverse effects (according to ECOG criteria).

Swain 1997a(088006) (Continued)

Notes	Length of follow up: in the intervention group 397 days (6-1393); in the control group 517 days (range 29-1429). Median age in intervention group: 56 years; median age in control group: 59.5 years. Cumulative anthracycline dose in intervention and control group nm.
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Venturini 1996

Methods	Randomisation was performed by a phone call to the study coordination center (patients were stratified before randomisation by institution and according to previously received adjuvant chemotherapy with anthracyclines).
Participants	162 patients (median age 57 years (range 32-74); all females) with breast cancer (metastatic, locally advanced (IIIB) or inflammatory: comparable between treatment groups) treated with therapy including epirubicin (cumulative dose for all randomised patients range 0-1440 mg/m ² ; peak dose (i.e. maximal dose received in 1 week) 60 or 120 mg/m ² ; infusion duration nm). Prior anthracycline therapy: yes (see notes). Prior cardiac radiotherapy: yes (see notes). No prior cardiac dysfunction.
Interventions	Dexrazoxane (10:1 ratio of study drug to epirubicin; IV infusion over 15 minutes, beginning 30 minutes before epirubicin) (n=84) versus no cardioprotective intervention (n=78).
Outcomes	Heart failure (i.e. clinical heart failure defined as NYHA class 2, 3 or 4; subclinical heart failure defined as LVEF as measured by MUGA <= 45% or >= 20 EF units as compared to baseline). Response rate (according to WHO criteria).
Notes	Length of follow up nm. Median age in intervention and control group: 57 years. Cumulative anthracycline dose in intervention group: mean 702 mg/m ² (range 0-1440); cumulative anthracycline dose in control group: mean 713 mg/m ² (range 120-1200). This included prior anthracycline therapy (doxorubicin versus epirubicin = 1:2). Prior cumulative anthracycline dose in intervention group (n=14): median 410 mg/m ² (range 180-800); prior cumulative anthracycline dose in control group (n=11): median 360 mg/m ² (range 240-600). Prior cardiac radiotherapy in 11 patients treated with dexrazoxane and in 13 control patients (dose nm).

Wagdi 1995

Methods	Method of randomisation not clear.
Participants	17 patients (age and sex for all randomised patients nm: see notes) with Morbus Hodgkin, Non-Hodgkin lymphoma or breast cancer (stage nm) treated with therapy including doxorubicin (cumulative dose for all randomised patients nm: see notes; peak dose (i.e. maximal dose received in 1 week) nm; infusion duration nm). Prior anthracycline therapy nm. Prior cardiac radiotherapy nm. Prior cardiac dysfunction nm.
Interventions	Vitamin E (600 mg/day), vitamin C (1000 mg only on days when chemotherapy was applied), and N-acetylcysteine (200 mg only on days when chemotherapy was applied) (n=6) versus placebo (n=8)

Wagdi 1995 (Continued)

Outcomes	Heart failure (subclinical heart failure defined as > 6% decrease in echocardiographic ejection fraction between start of and within 3 weeks of end of chemotherapy).
Notes	<p>Length of follow up maximal 3 weeks after end chemotherapy.</p> <p>Age in intervention group: 41 years; age in control group 31 years.</p> <p>Sex in available patients: 7 males and 7 females.</p> <p>Cumulative anthracycline dose in intervention group: median 143 mg/m²; cumulative anthracycline dose in control group: median 178 mg/m².</p>

Waldner 2006

Methods	Method of randomisation not clear.
Participants	40 patients (age for all randomised patients nm; sex nm) with non-Hodgkin lymphoma (stage nm) treated with doxorubicin (cumulative dose: see notes; peak dose (i.e. maximal dose received in 1 week) 100 mg/m ² ; infusion duration nm), cyclophosphamide, vincristine and prednisolone. Prior anthracycline therapy nm. Prior cardiac radiotherapy nm. Prior cardiac dysfunction was present in 6 patients (3 in each group; no definition provided).
Interventions	L-carnitine (3 gram infusion before each chemotherapy cycle and 1 gram orally during the following 21 days) (n=20) versus placebo (n=20).
Outcomes	<p>Heart failure (i.e. clinical heart failure defined as cardiac problems).</p> <p>Survival.</p> <p>Quality of life (according to a standardized questionnaire by Hofmann 1993 and Tuchler 1992).</p>
Notes	<p>Length of follow up 6 months.</p> <p>Median age 66 years in intervention group and 64 years in control group.</p> <p>According to protocol patients in both treatment groups should have received a cumulative doxorubicin dose of up to 600 mg/m².</p>

Wexler 1996

Methods	Patients underwent a computer-generated 1: 1 factorial randomisation (open-label trial).
Participants	41 patients (aged 4-24 years; 26 males and 15 females) with one of the Ewing's sarcoma family of tumors (stage comparable between treatment groups) treated with doxorubicin (cumulative dose for all randomised patients range 70-410 mg/m ² ; peak dose (i.e. maximal dose received in 1 week) 50 or 70 mg/m ² ; infusion duration 15 minutes); 38 patients were randomised, whereas 3 patients received dexrazoxane without randomisation), vincristine, etoposide, cyclophosphamide and ifosfamide and if necessary, radiotherapy for local control. No prior anthracycline therapy. No prior cardiac radiotherapy. No prior cardiac dysfunction.
Interventions	Dexrazoxane (20:1 ratio of study drug to doxorubicin; IV infusion over 15 minutes immediately before doxorubicin) (n=20) versus no cardioprotective intervention (n=18).

Wexler 1996 (Continued)

Outcomes	Heart failure (defined as 1) evidence of clinical congestive heart failure, 2) a reduction in LVEF as measured by MUGA to < 45% or 3) a decrease in LVEF as measured by MUGA of > 20 percentage points from baseline).
	Response rate (according to ECOG criteria).

Notes	Length of follow up for all randomised patients: median potential 39 months (37 months for the intervention group; 40 months for the control group).
	Median age in intervention group: 18.5 years; median age in control group: 15.5 years.
	Cumulative anthracycline dose in the intervention group: median 410 mg/m ² (range 140-410); cumulative anthracycline dose in the control group: median 310 mg/m ² (range 70-410).

ALL: acute lymphoblastic leukaemia
 CNS: central nervous system
 CTC: common toxicity criteria
 ECOG: Eastern Cooperative Oncology Group
 IV: intravenous
 LLN: lower limit of normal
 LVEF: left ventricular ejection fraction
 LVSF: left ventricular shortening fraction
 MUGA: multiple gated acquisition scan
 nm: not mentioned
 NYHA: New York Heart Association
 WHO: World Health Organization
 5FU: 5-fluorouracil
 NCI: National Cancer Institute

Characteristics of excluded studies [ordered by study ID]

Study	Reason for exclusion
Bates 1997	Duplicate publication of Swain 1997a(088001) and Swain 1997a(088006)
Batist 1985	Unclear if patients were treated with anthracyclines, part of the patients were not randomised, no cardiac parameters mentioned
Cardinale 2006	Not all patients were treated with anthracyclines and patients were only randomised when they had a high troponin I (cardiac marker) value, i.e. there was already some damage to the heart. The objective of this study was to prevent the occurrence of further cardiac damage not the initial damage
Cascinu 1995	Cardiotoxicity was not evaluated (i.e. study was aimed at cisplatin neurotoxicity)
Judy 1984	No randomised controlled trial
Massida 1997	Cardiac function not measured by echocardiography or radionuclide ventriculography
Michelotti 2000	Duplicate publication of Venturini 1996
Moghrabi 2007	Long-term follow-up data of Lipshultz 2004 , but no information which was not included in the other long-term follow-up studies of this RCT was provided
Nakamae 2005	No comparison of treatment with and without cardioprotective agent (i.e. valsartan)

Study	Reason for exclusion
Neto 2006	No randomised controlled trial
Paiva 2005	No randomised controlled trial
Piccinini 1987	Animal study
Rosenfeld 1992	Duplicate publication of Swain 1997a(088001) and Swain 1997a(088006)
Speyer 1988	Duplicate publication of Speyer 1992
Speyer 1990	Duplicate publication of Speyer 1992
Swain 1997b	No randomised controlled trial and overlap with Swain 1997a(088001) and Swain 1997a(088006)
Tallarico 2003	No randomised controlled trial
Tebbi 2007	The first publication of POG studies 9426 (NCT00002827/POG9426) and 9425 (Schwartz 2009), but the subject was secondary malignancies after dexrazoxane use. No results on cardiotoxicity were provided
Ten Bokkel 1990	Duplicate publication of Ten Bokkel-Huinink 1992
Tonkin 1996	Duplicate publication of Swain 1997a(088001) and Swain 1997a(088006)
Unverferth 1983a	Histological abnormalities on endomyocardial biopsy not scored with the Billingham score
Unverferth 1983b	Histological abnormalities on endomyocardial biopsy not scored with the Billingham score
Vici 1998	Duplicate publication of Lopez 1998
Wagdi 1996	Duplicate publication of Wagdi 1995
Weisberg 1992	Duplicate publication of Swain 1997a(088001) and Swain 1997a(088006)
Weitzman 1980	Number of patients with abnormal cardiac function not mentioned
Whittaker 1984	Cardiac function not measured by echocardiography or radionuclide ventriculography and overlap with Whittaker 1987
Whittaker 1987	Number of patients in intervention and control group not mentioned

Characteristics of studies awaiting assessment [ordered by study ID]

[Cadeddu 2010](#)

Methods	Method of randomisation not clear.
Participants	49 patients (mean age 56 years; 12 males and 37 females) with a variety of solid cancers (stage I-IV) treated with epirubicin-based chemotherapy (all patients received the schedules cumulative dose of 400 mg/m ² ; peak dose (i.e. maximal dose received in 1 week) nm; infusion duration nm). No prior anthracycline therapy. No prior cardiac radiotherapy. No prior cardiac dysfunction.
Interventions	Telmirsartan (angiotensin II type 1 receptor blocker) (40 mg/day; n = 25) versus placebo (n = 24).

Cadeddu 2010 (Continued)

Outcomes	Cardiotoxicity and hypotension.
Notes	From the information published in this article it was unclear if the study is eligible for our review. We did not succeed in obtaining additional information from the authors. Number of patients with abnormal cardiac function was not mentioned. Length of follow up nm. Unclear if chemotherapy other than anthracyclines and radiotherapy involving the heart region is the same in both treatment groups. Mean age in intervention group 52.9 years and mean age in control group 53 years.

Cardenas 2003

Methods	Method of randomisation not clear.
Participants	Children (number of children: see notes) (aged 1 to 18 years; sex nm) with cancer (type and stage nm) treated with anthracyclines (analogue nm; cumulative dose nm; peak dose (i.e. maximal dose received in 1 week) nm; infusion duration nm). No prior anthracycline therapy. No prior cardiac radiotherapy. Prior cardiac dysfunction nm.
Interventions	Dexrazoxane (ratio to anthracycline nm; timing in relation to anthracycline nm) versus no cardioprotective intervention (number of patients in each group nm).
Outcomes	Heart failure (subclinical heart failure defined as "a drop of the 20% as a basic value for FEV or that it was progressive" as measured by echocardiography): no significant difference between both groups. Number of patients that remained free of illness at 24 months: no significant difference between both groups. Adverse effects: no significant differences between both groups.
Notes	Unclear if this is an ongoing or completed study. Length of follow up nm. Cumulative anthracycline dose per treatment group nm. Age per treatment group nm. Number of included children is unclear (in methods n=50; in results n=52).

De Berranger 2006

Methods	Method of randomisation not clear.
Participants	16 children (median age 8.5 years; 9 boys and 7 girls) with acute leukaemia (11 AML; 5 ALL; stage nm) treated with doxorubicin containing therapy (cumulative dose 450 mg/m ² for AML and 310 mg/m ² for ALL; peak dose (i.e. maximal dose received in 1 week) nm; infusion duration nm). Prior anthracycline therapy nm. Prior cardiac radiotherapy nm. Prior cardiac dysfunction nm.
Interventions	Dexrazoxane (1 g for 50 mg of doxorubicin equivalent dose; timing in relation to anthracycline nm) (n=8) versus no cardioprotective intervention (n=8).
Outcomes	Heart failure (i.e. mean LVSF and mean wall stress before chemotherapy and 1 year after diagnosis): all values were comparable. Survival: no difference in disease-free and overall survival. Adverse effects: 2 patients in the dexrazoxane group had severe hepatic toxicity (WHO criteria grade 3 or more); no other toxicity WHO criteria more than grade 1 observed.

De Berranger 2006 (Continued)

Notes	Unclear if this is an ongoing or completed study. Median follow up 28.5 months. Cumulative anthracycline dose per treatment group nm. Age per treatment group nm.
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Feldmann 1992

Methods	Method of randomisation not clear.
Participants	155 patients (median age 66 years; sex: see notes) with advanced small cell lung cancer treated with doxorubicin containing chemotherapy (cumulative dose nm; peak dose (i.e. maximal dose received in 1 week) 50 mg/m ² ; infusion duration nm). Prior anthracycline therapy nm. Prior cardiac radiotherapy nm. Prior cardiac dysfunction nm.
Interventions	Dexrazoxane (10:1 ratio of study drug to doxorubicin; within 30 minutes prior to doxorubicin by IV bolus) versus placebo (number of patients in each group nm).
Outcomes	Heart failure (defined as cardiac events): significant difference in favour of the dexrazoxane group. Other toxicities and response rate: level of significance not mentioned.
Notes	Unclear if this is an ongoing or completed study. Length of follow up nm. Cumulative anthracycline dose per treatment group nm. Median age in both treatment groups 66 years. 70% of dexrazoxane patients was male and 62% of the control patients. 105 patients were evaluable: 43 in the intervention group and 62 in the control group.

Gu 2010

Methods	Method of randomisation not clear.
Participants	102 patients (age nm; sex nm) with breast cancer (stage nm) receiving anthracycline-based chemotherapy (cumulative dose nm; peak dose (i.e. maximal dose received in 1 week) nm; infusion duration nm). Prior anthracycline therapy nm. Prior cardiac radiotherapy nm. Prior cardiac dysfunction nm.
Interventions	Hydroprednisone and glutathione by intravenous injection (n=52) versus no cardioprotective intervention (n=50).
Outcomes	The incidence rates of nausea and vomiting and rise of hepatic glutamate alanine aminotransferase in the hydroprednisone and glutathione group were significantly depressed as compared to those in the control group (P=0.003; P=0.001 respectively). There was no significant difference in aleucocytosis and electrocardiogram changes between the two groups (P>0.05).
Notes	This article is written in Chinese, but an English abstract was included in the publication. Information provided in this table is based on the abstract only; we did not succeed in obtaining additional information from the authors. Length of follow-up nm. Unclear if cardiotoxicity as defined in the inclusion criteria of this review is evaluated in this study. Unclear if chemotherapy other than anthracyclines and radiotherapy involving the heart region is the same in both treatment groups. Cumulative anthracycline dose per treatment group nm. Age per treatment group nm.

Jackowska 2003

Methods	Unclear if this is a randomised controlled trial.
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Jackowska 2003 (Continued)

Participants	107 children (age nm; sex nm) with acute lymphoblastic leukaemia (stage nm) treated with either doxorubicin or daunorubicin containing therapy (cumulative dose 120 mg/m ² ; peak dose (i.e. maximal dose received in 1 week) nm; infusion duration nm). Prior anthracycline therapy nm. Prior cardiac radiotherapy nm. Prior cardiac dysfunction nm.
Interventions	Dexrazoxane (ratio to anthracycline nm; timing in relation to anthracycline nm) (n=43) versus no cardioprotective intervention (n=64).
Outcomes	Toxicities other than cardiotoxicity.
Notes	Unclear if this is an ongoing or completed study. Unclear if cardiotoxicity is evaluated in this study. Length of follow up nm. Cumulative anthracycline dose per treatment group nm. Age per treatment group nm.

Saad El-Din 2003

Methods	Method of randomisation not clear.
Participants	46 children (age nm; sex nm) with standard risk acute lymphoblastic leukaemia treated with doxorubicin containing chemotherapy (cumulative dose nm; peak dose (i.e. maximal dose received in 1 week) nm; infusion duration nm). Prior anthracycline therapy nm. Prior cardiac radiotherapy nm. Prior cardiac dysfunction nm.
Interventions	Dexrazoxane (15:1 ratio of study drug to doxorubicin; prior to doxorubicin) versus no cardioprotective intervention (number of patients in each group nm).
Outcomes	Heart failure (subclinical heart failure on among others echocardiography and MUGA scan; definitions nm): significant difference in favour of dexrazoxane. Response rate (defined as the number of patients in complete remission): no significant difference between both groups. Adverse effects (definition nm): similar in both groups.
Notes	Unclear if this is an ongoing or completed study. 41 out of 46 randomised patients were evaluated. Length of follow up nm. Cumulative anthracycline dose per treatment group nm. Age per treatment group nm.

Ten Bokkel-Huinink 1992

Methods	Method of randomisation not clear.
Participants	112 patients (age: see notes; sex nm) with breast cancer (stage nm) treated with doxorubicin containing chemotherapy (cumulative dose nm; peak dose (i.e. maximal dose received in 1 week) 50 mg/m ² ; infusion duration nm). Prior anthracycline therapy nm. Prior cardiac radiotherapy and prior cardiac dysfunction well balanced between treatment groups (number of patients nm).
Interventions	Dexrazoxane (20:1 ratio of study drug to doxorubicin; within 30 minutes prior to doxorubicin) (n=57) versus no cardioprotective intervention (n=55).
Outcomes	Heart failure (clinical cardiomyopathy or subclinical heart failure as measured by gated pool ejection fraction; definitions nm): no significant difference between treatment groups. Response rate (complete and partial remission; definitions nm): not influenced by dexrazoxane.

Cardioprotective interventions for cancer patients receiving anthracyclines (Review)

Ten Bokkel-Huinink 1992 *(Continued)*

Adverse effects (definitions nm): slightly increased myelosuppression with dexrazoxane; no increase in other toxicities.

Notes	Unclear if this is an ongoing or completed study. Length of follow up nm. Cumulative anthracycline dose per treatment group nm. Mean age in intervention group 46 years; mean age in control group 45 years.
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ALL: acute lymphoblastic leukaemia
 AML: acute myeloid leukaemia
 FEV: ejection fraction
 LVSF: left ventricular shortening fraction
 MUGA: multiple gated acquisition scan
 nm: not mentioned
 WHO: World Health Organization

Characteristics of ongoing studies *[ordered by study ID]*
NCT00002827/POG9426

Trial name or title	Phase III randomised study of response-dependent therapy with doxorubicin/bleomycin/vincristine/etoposide (DBVE) with versus without dexrazoxane followed by low-dose involved-field radiotherapy for newly diagnosed stage IA/IIA/IIIA1 childhood Hodgkin's disease
Methods	Randomised controlled trial
Participants	Children with stage IA/IIA/IIIA1 Hodgkin's disease (maximal age 21 years)
Interventions	Dexrazoxane versus no cardioprotective intervention
Outcomes	Cardiac toxicity, pulmonary toxicity, tumour response, event-free survival
Starting date	May 1999
Contact information	Study chairs Sharon B Murphy and Michael A Weiner
Notes	-

NCT00016276

Trial name or title	Phase III randomised study of doxorubicin and cyclophosphamide with or without dexrazoxane followed by paclitaxel with or without trastuzumab (herceptin) followed by surgery and radiotherapy with or without trastuzumab in women with HER-2+ stage IIIA or IIIB or regional stage IV breast cancer
Methods	Randomised controlled trial
Participants	Women with HER-2+ stage IIIA or IIIB or regional stage IV breast cancer (minimal age 18 years)
Interventions	Dexrazoxane versus no cardioprotective intervention
Outcomes	Cardiac toxicity, tumour response, survival, other toxicities
Starting date	May 2001
Contact information	Study chair Mark L Graham

Cardioprotective interventions for cancer patients receiving anthracyclines (Review)

NCT00016276 (Continued)

Notes

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NCT00162955

Trial name or title	The multi-centers trial for patients with Non-Hodgkin's lymphoma to assess the protective effect of valsartan on chronic cardiotoxicity induced by CHOP
Methods	Randomised controlled trial
Participants	Patients with non-Hodgkin's lymphoma (minimal age 15 years; maximal age 70 years)
Interventions	Valsartan versus no cardioprotective intervention
Outcomes	Cardiac events
Starting date	May 2004
Contact information	Principal investigator Hirohisa Nakamae
Notes	-

NCT00247975

Trial name or title	Primary prevention of anthracycline-induced cardiotoxicity with L-carnitine in patients with breast cancer (PPACC) - pilot study
Methods	Randomised controlled trial
Participants	Women with stage I/II/III breast cancer (minimal age 18 years)
Interventions	L-carnitine versus no cardioprotective intervention (see notes)
Outcomes	Cardiac toxicity, other toxicities
Starting date	November 2005
Contact information	Principal investigator Benjamin JW Chow
Notes	In another reference to this trial (on www.clinicaltrials.gov) it was mentioned that L-carnitine was compared to placebo

NCT00895414

Trial name or title	Enalapril maleate and doxorubicin hydrochloride in treating women with breast cancer
Methods	Randomised controlled trial
Participants	Women with breast cancer (minimal age 18 years)
Interventions	Enalapril maleate versus no cardioprotective intervention (patients are their own controls)

Cardioprotective interventions for cancer patients receiving anthracyclines (Review)

NCT00895414 (Continued)

Outcomes	Cardiac toxicity (clinical heart failure and echocardiographic abnormalities)
Starting date	April 2009
Contact information	Principal investigator Anne Blaes
Notes	We received additional information from the principal investigator, which is included in this table

NCT01230983/POG9404

Trial name or title	Intensive treatment for T-cell acute lymphoblastic leukaemia and advanced stage lymphoblastic non-Hodgkin's lymphoma: a Pediatric Oncology Group Phase III study
Methods	Randomised controlled trial
Participants	Children with T-cell acute lymphoblastic leukaemia or advanced stage lymphoblastic non-Hodgkin lymphoma (maximal age 21 years)
Interventions	Dexrazoxane versus no cardioprotective intervention
Outcomes	Cardiac toxicity
Starting date	Not mentioned
Contact information	Study chair Barbara L Asselin
Notes	-

CHOP: cyclophosphamide, doxorubicin, prednisone and vincristine

DATA AND ANALYSES

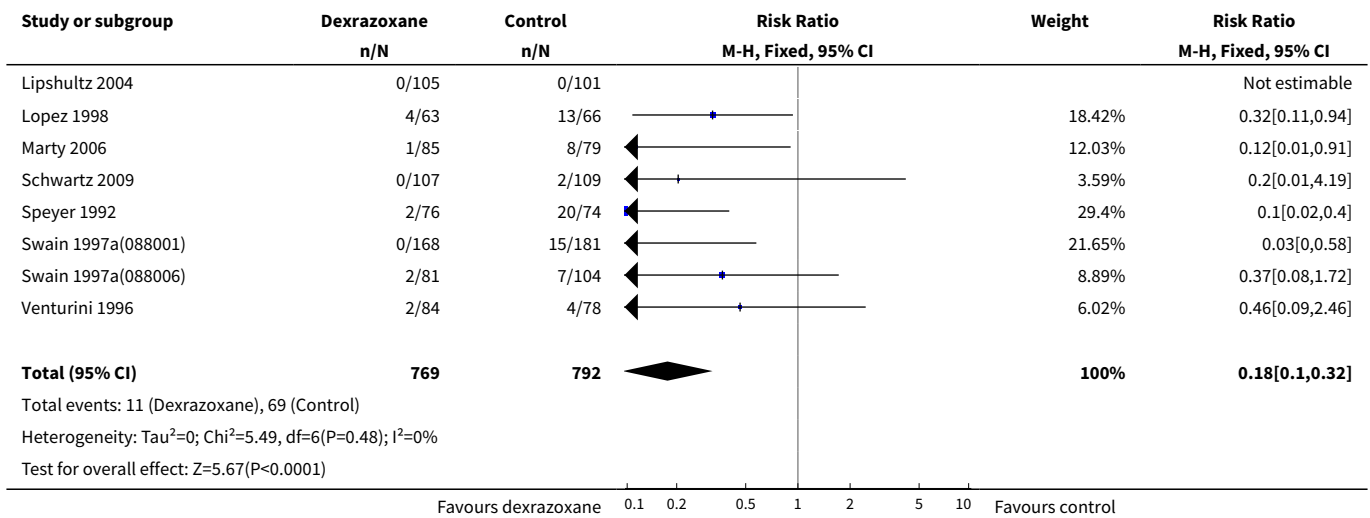
Comparison 1. Dexrazoxane versus no dexrazoxane or placebo

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1 Clinical heart failure	8	1561	Risk Ratio (M-H, Fixed, 95% CI)	0.18 [0.10, 0.32]
2 Heart failure (i.e. clinical and subclinical heart failure combined)	5	643	Risk Ratio (M-H, Fixed, 95% CI)	0.29 [0.20, 0.41]
3 Response rate	6	1021	Risk Ratio (M-H, Fixed, 95% CI)	0.89 [0.78, 1.02]
4 Progression-free survival	4		Hazard ratio (Fixed, 95% CI)	1.01 [0.86, 1.18]
5 Overall survival	4		Hazard ratio (Fixed, 95% CI)	1.04 [0.88, 1.23]

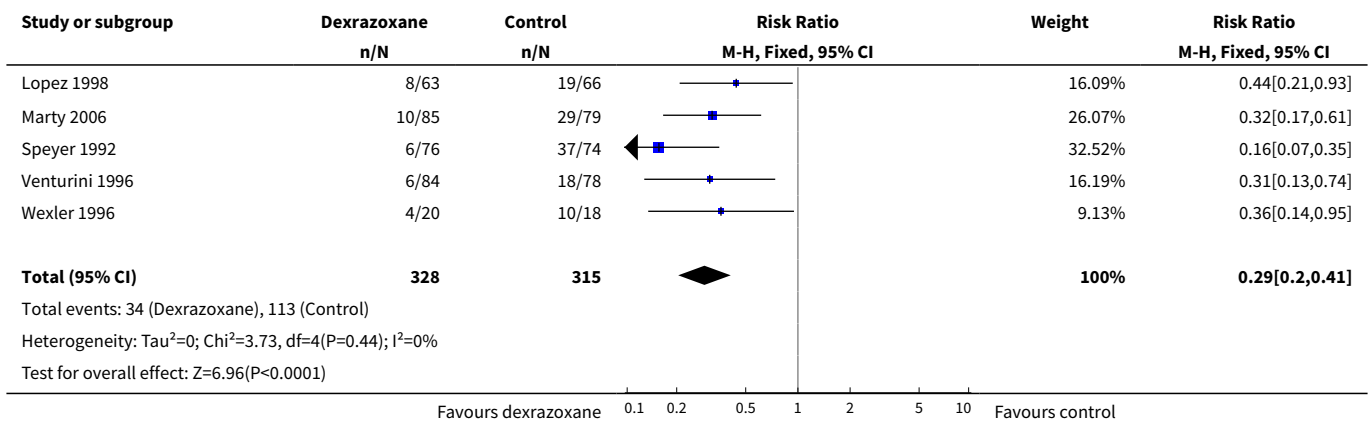
Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
6 Adverse effects: thrombocytopenia grade 3 or 4	2	293	Risk Ratio (M-H, Fixed, 95% CI)	1.04 [0.49, 2.21]
7 Adverse effects: abnormal platelet count at nadir grade 3 or 4	2	534	Risk Ratio (M-H, Fixed, 95% CI)	0.92 [0.53, 1.59]
8 Adverse effects: abnormal platelet count at recovery grade 3 or 4	2	534	Risk Ratio (M-H, Fixed, 95% CI)	0.81 [0.16, 4.15]
9 Adverse effects: neutropenia grade 3 or 4	2	293	Risk Ratio (M-H, Fixed, 95% CI)	1.04 [0.90, 1.21]
10 Adverse effects: abnormal granulocyte count at nadir grade 3 or 4	2	534	Risk Ratio (M-H, Fixed, 95% CI)	1.04 [0.97, 1.11]
11 Adverse effects: abnormal granulocyte count at recovery grade 3 or 4	2	534	Risk Ratio (M-H, Fixed, 95% CI)	0.85 [0.59, 1.21]
12 Adverse effects: abnormal white blood cell count at nadir grade 3 or 4	2	534	Risk Ratio (M-H, Fixed, 95% CI)	1.16 [1.05, 1.29]
13 Adverse effects: abnormal white blood cell count at recovery grade 3 or 4	2	534	Risk Ratio (M-H, Fixed, 95% CI)	0.69 [0.36, 1.31]
14 Adverse effects: anaemia grade 3 or 4	3	509	Risk Ratio (M-H, Fixed, 95% CI)	1.40 [1.08, 1.81]
15 Adverse effects: stomatitis grade 3 or 4	4	914	Risk Ratio (M-H, Fixed, 95% CI)	0.85 [0.60, 1.21]
16 Adverse effects: nausea grade 3 or 4	3	698	Risk Ratio (M-H, Fixed, 95% CI)	0.68 [0.49, 0.94]
17 Adverse effects: vomiting grade 3 or 4	3	698	Risk Ratio (M-H, Fixed, 95% CI)	0.79 [0.55, 1.14]
18 Adverse effects: neurotoxicity grade 3 or 4	2	534	Risk Ratio (M-H, Fixed, 95% CI)	0.53 [0.12, 2.26]
19 Adverse effects: pain on injection grade 3 or 4	2	534	Risk Ratio (M-H, Fixed, 95% CI)	1.51 [0.34, 6.72]
20 Adverse effects: anorexia grade 3 or 4	2	534	Risk Ratio (M-H, Fixed, 95% CI)	0.97 [0.57, 1.64]
21 Adverse effects: alopecia grade 3 or 4	3	698	Risk Ratio (M-H, Fixed, 95% CI)	1.02 [0.94, 1.11]
22 Adverse effects: phlebitis grade 3 or 4	2	534	Risk Ratio (M-H, Fixed, 95% CI)	1.54 [0.35, 6.75]
23 Adverse effects: diarrhoea grade 3 or 4	2	534	Risk Ratio (M-H, Fixed, 95% CI)	1.17 [0.49, 2.79]

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
24 Adverse effects: fever grade 3 or 4	2	534	Risk Ratio (M-H, Fixed, 95% CI)	1.44 [0.81, 2.53]
25 Adverse effects: secondary malignant disease	2	421	Risk Ratio (M-H, Fixed, 95% CI)	1.39 [0.28, 6.90]

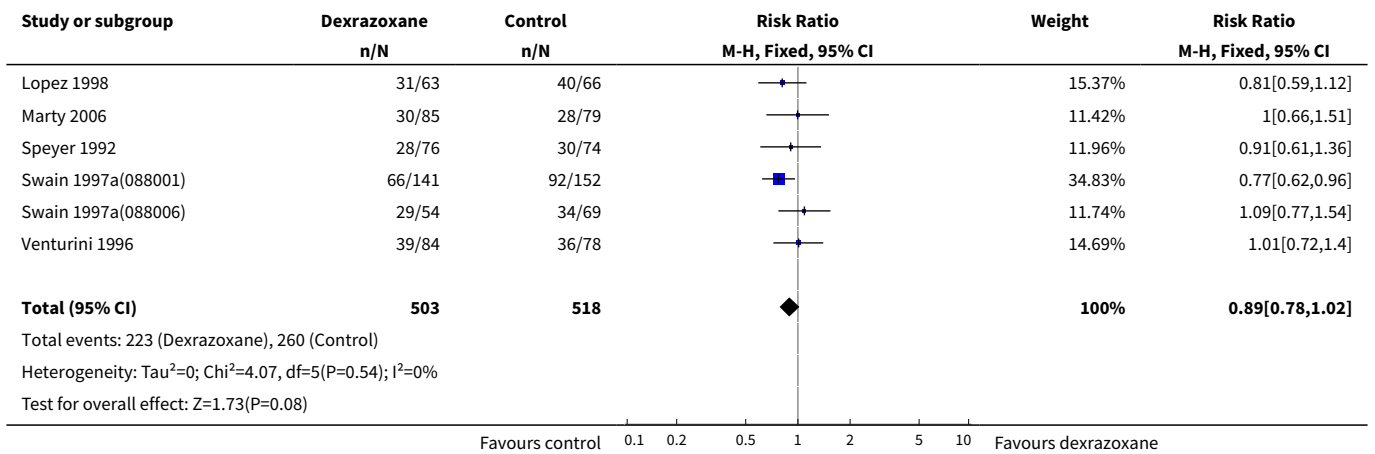
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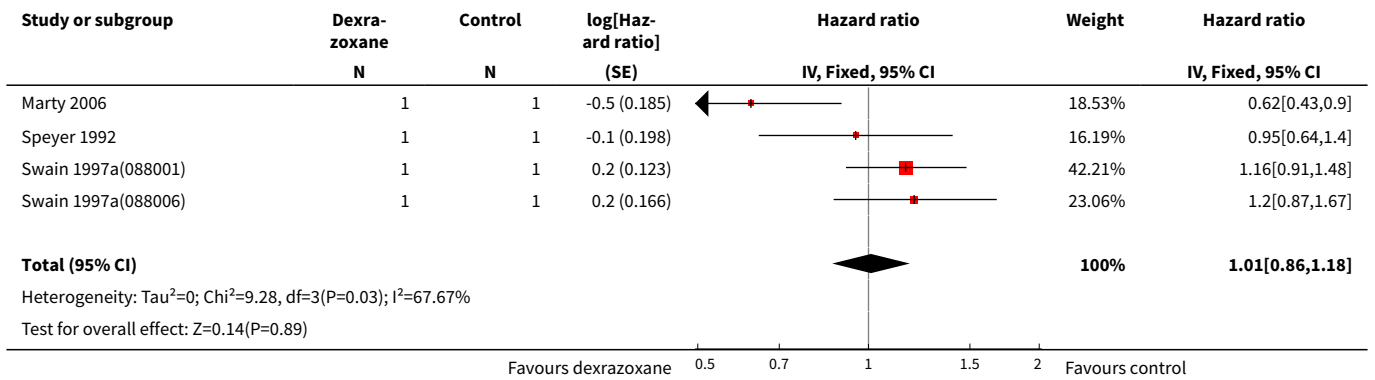
Analysis 1.2. Comparison 1 Dexrazoxane versus no dexrazoxane or placebo, Outcome 2 Heart failure (i.e. clinical and subclinical heart failure combined).



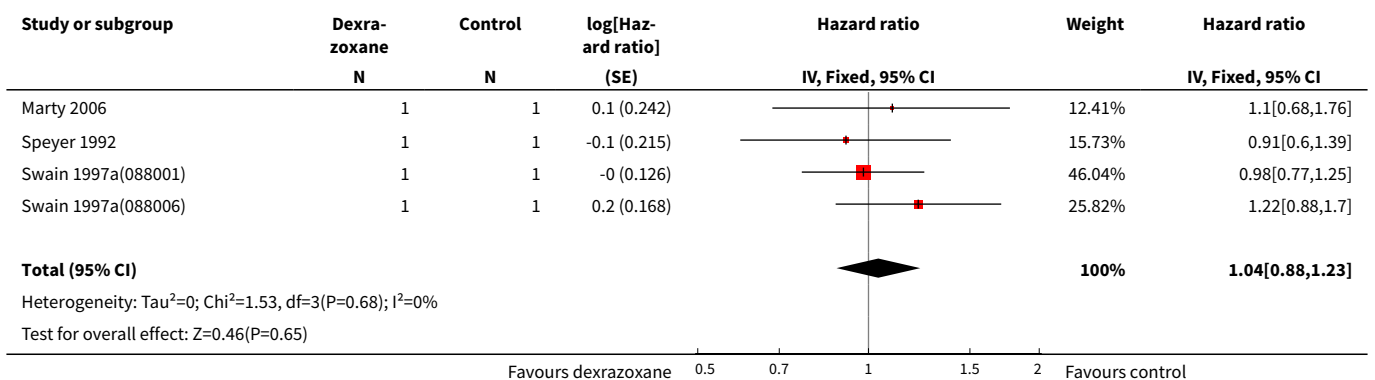
Analysis 1.3. Comparison 1 Dexrazoxane versus no dexrazoxane or placebo, Outcome 3 Response rate.



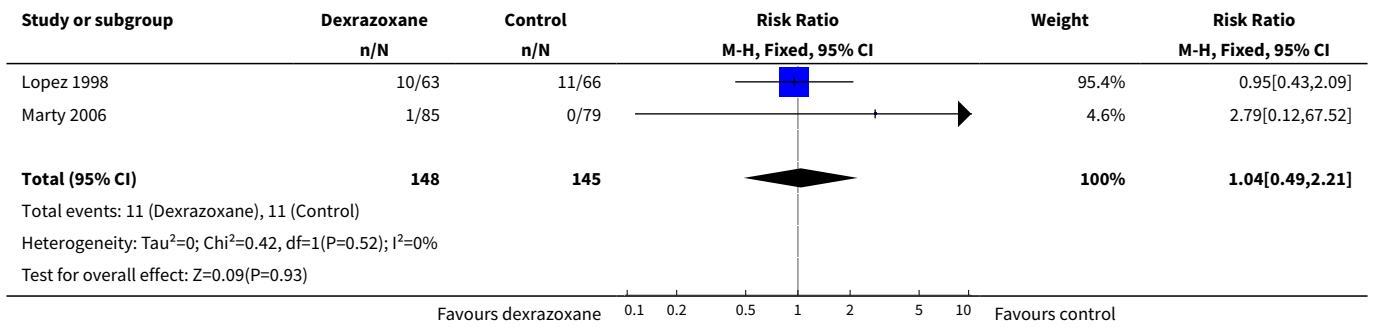
Analysis 1.4. Comparison 1 Dexrazoxane versus no dexrazoxane or placebo, Outcome 4 Progression-free survival.



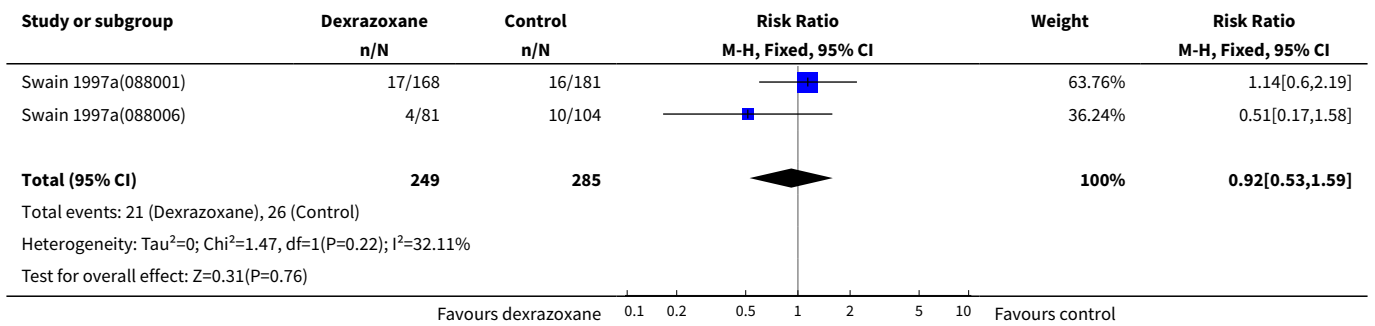
Analysis 1.5. Comparison 1 Dexrazoxane versus no dexrazoxane or placebo, Outcome 5 Overall survival.



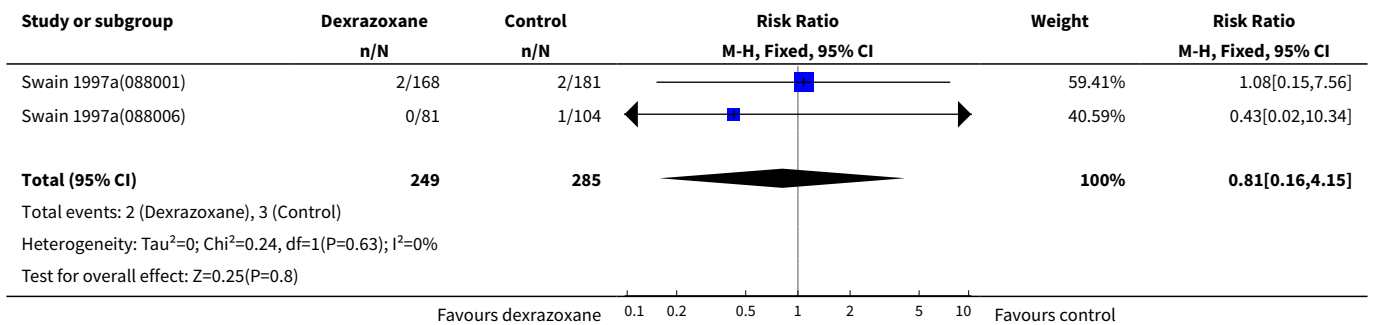
Analysis 1.6. Comparison 1 Dexrazoxane versus no dexrazoxane or placebo, Outcome 6 Adverse effects: thrombocytopenia grade 3 or 4.



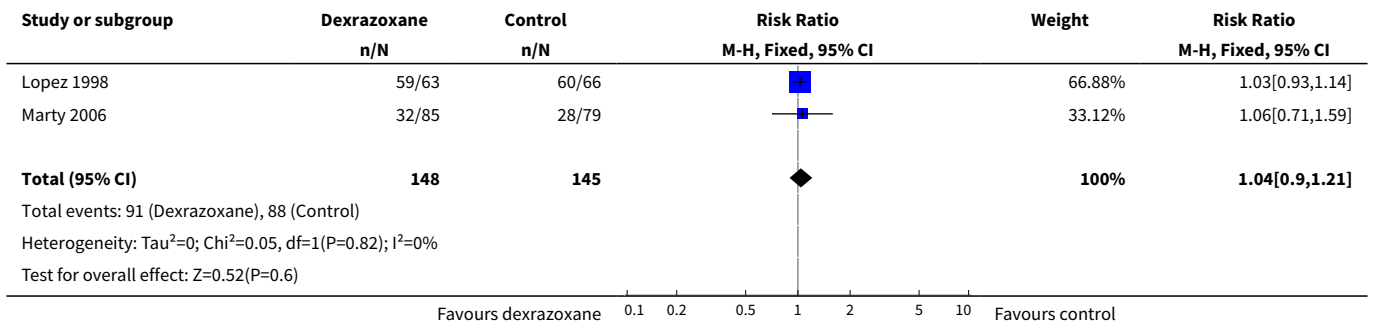
Analysis 1.7. Comparison 1 Dexrazoxane versus no dexrazoxane or placebo, Outcome 7 Adverse effects: abnormal platelet count at nadir grade 3 or 4.



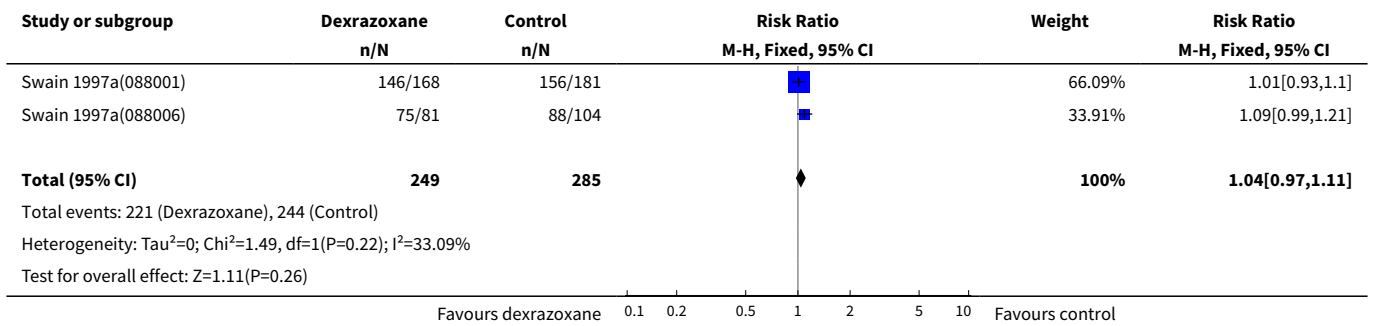
Analysis 1.8. Comparison 1 Dexrazoxane versus no dexrazoxane or placebo, Outcome 8 Adverse effects: abnormal platelet count at recovery grade 3 or 4.



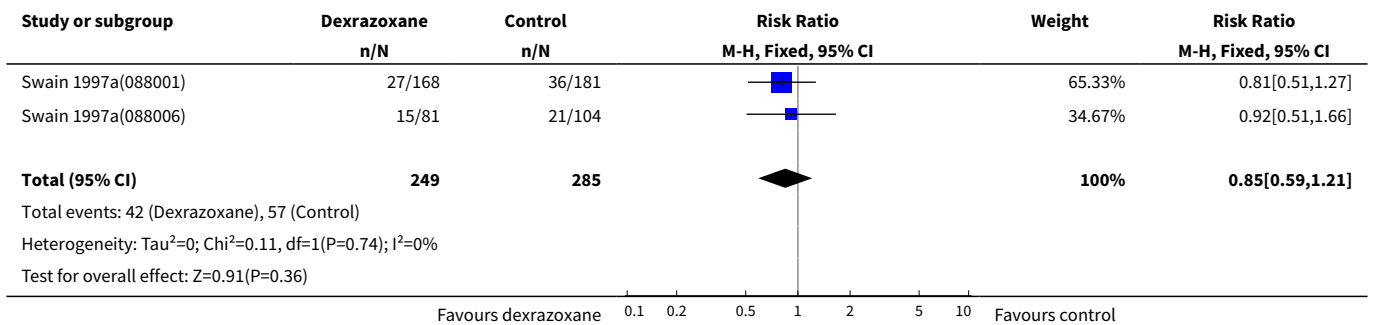
Analysis 1.9. Comparison 1 Dexrazoxane versus no dexrazoxane or placebo, Outcome 9 Adverse effects: neutropenia grade 3 or 4.



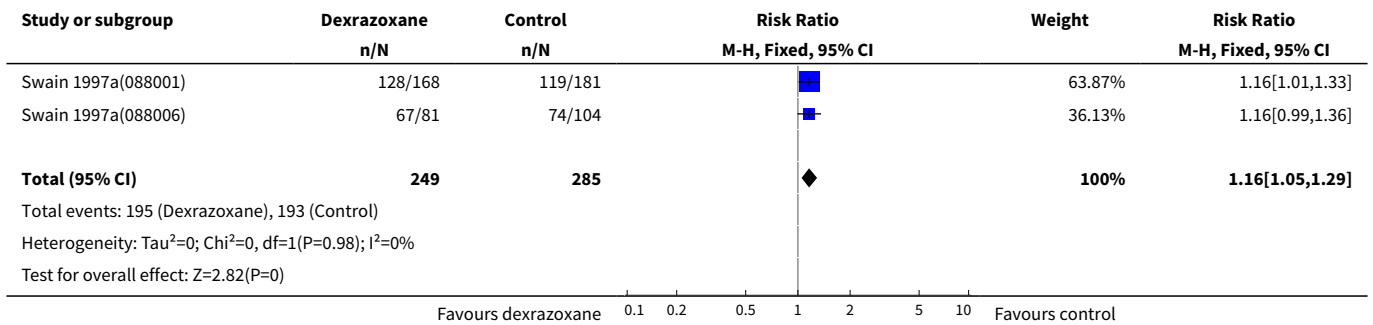
Analysis 1.10. Comparison 1 Dexrazoxane versus no dexrazoxane or placebo, Outcome 10 Adverse effects: abnormal granulocyte count at nadir grade 3 or 4.



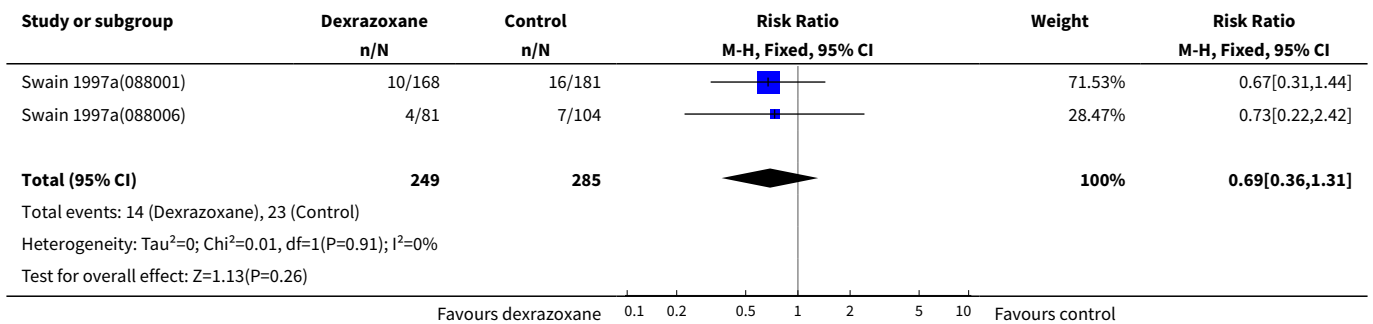
Analysis 1.11. Comparison 1 Dexrazoxane versus no dexrazoxane or placebo, Outcome 11 Adverse effects: abnormal granulocyte count at recovery grade 3 or 4.



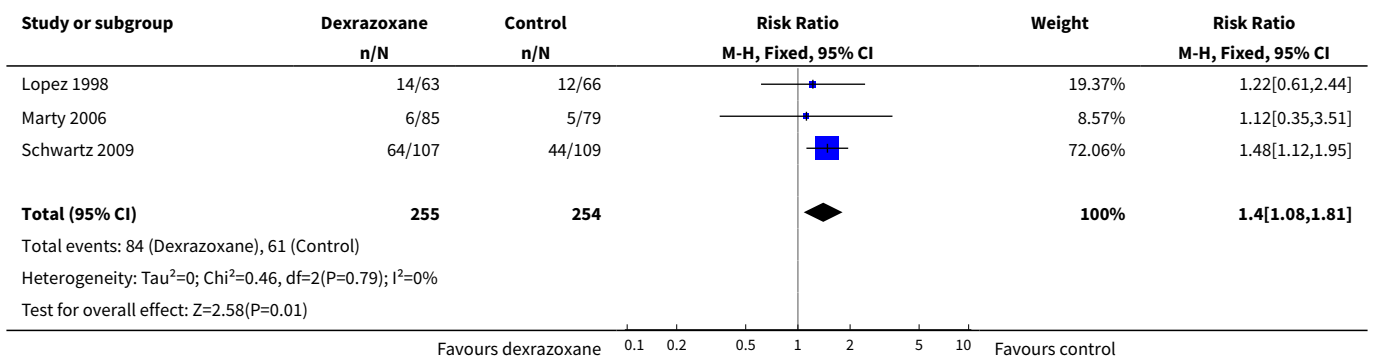
Analysis 1.12. Comparison 1 Dexrazoxane versus no dexrazoxane or placebo, Outcome 12 Adverse effects: abnormal white blood cell count at nadir grade 3 or 4.



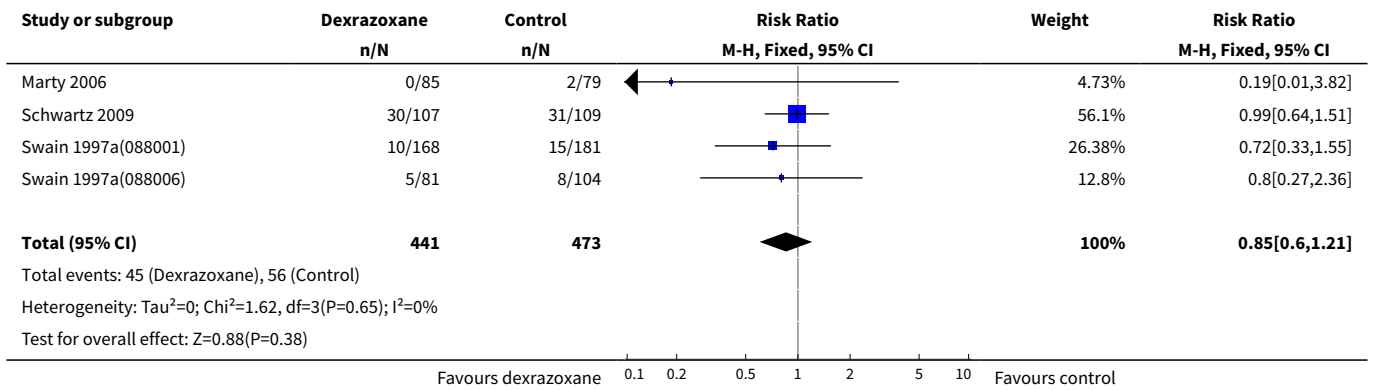
Analysis 1.13. Comparison 1 Dexrazoxane versus no dexrazoxane or placebo, Outcome 13 Adverse effects: abnormal white blood cell count at recovery grade 3 or 4.



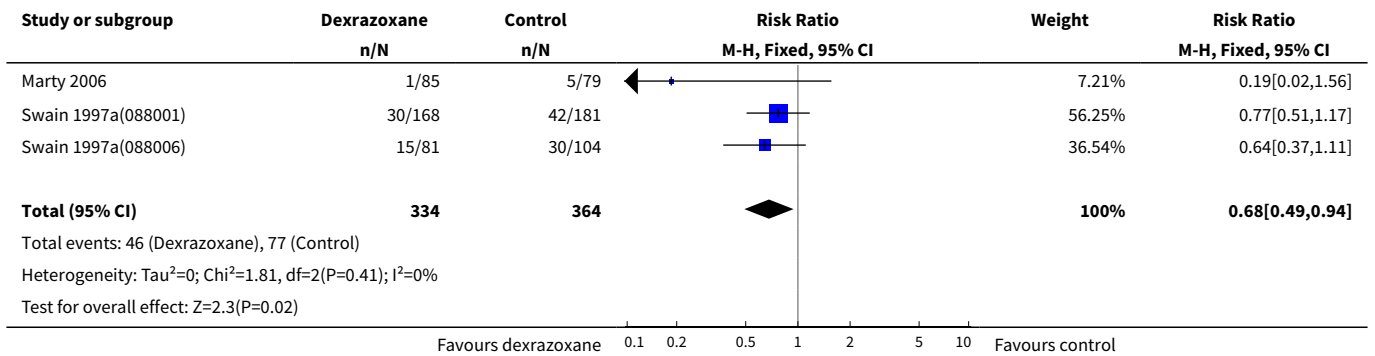
Analysis 1.14. Comparison 1 Dexrazoxane versus no dexrazoxane or placebo, Outcome 14 Adverse effects: anaemia grade 3 or 4.



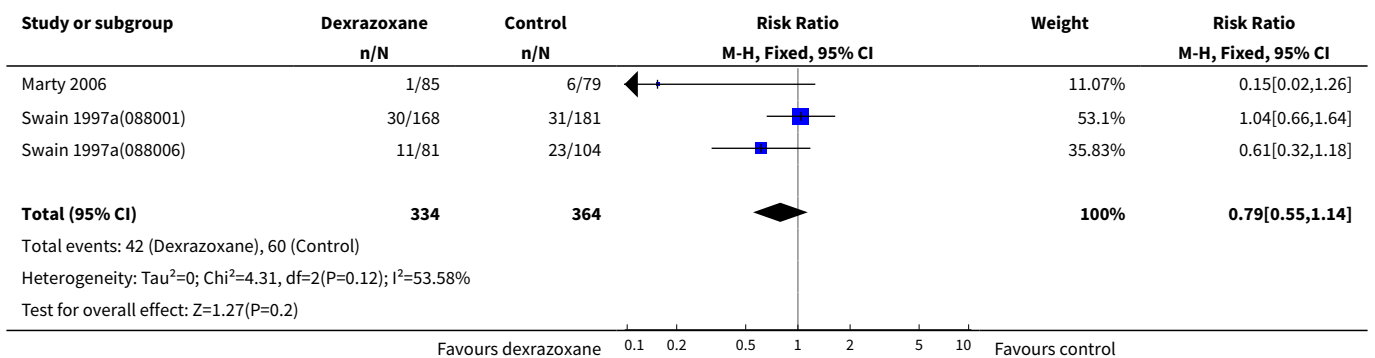
Analysis 1.15. Comparison 1 Dexrazoxane versus no dexrazoxane or placebo, Outcome 15 Adverse effects: stomatitis grade 3 or 4.



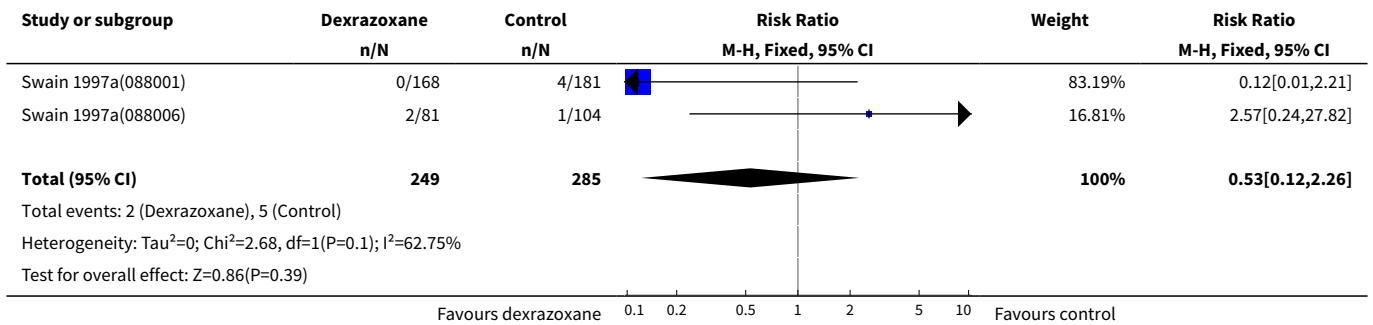
Analysis 1.16. Comparison 1 Dexrazoxane versus no dexrazoxane or placebo, Outcome 16 Adverse effects: nausea grade 3 or 4.



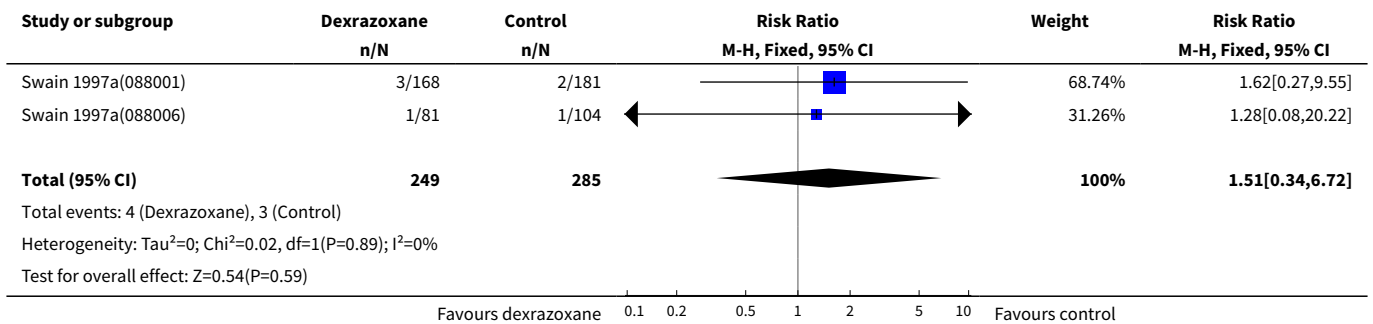
Analysis 1.17. Comparison 1 Dexrazoxane versus no dexrazoxane or placebo, Outcome 17 Adverse effects: vomiting grade 3 or 4.



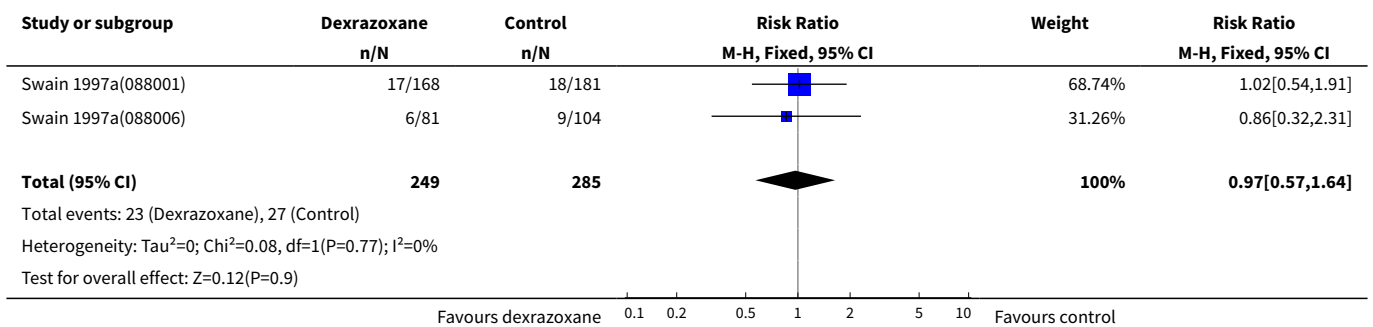
Analysis 1.18. Comparison 1 Dexrazoxane versus no dexrazoxane or placebo, Outcome 18 Adverse effects: neurotoxicity grade 3 or 4.



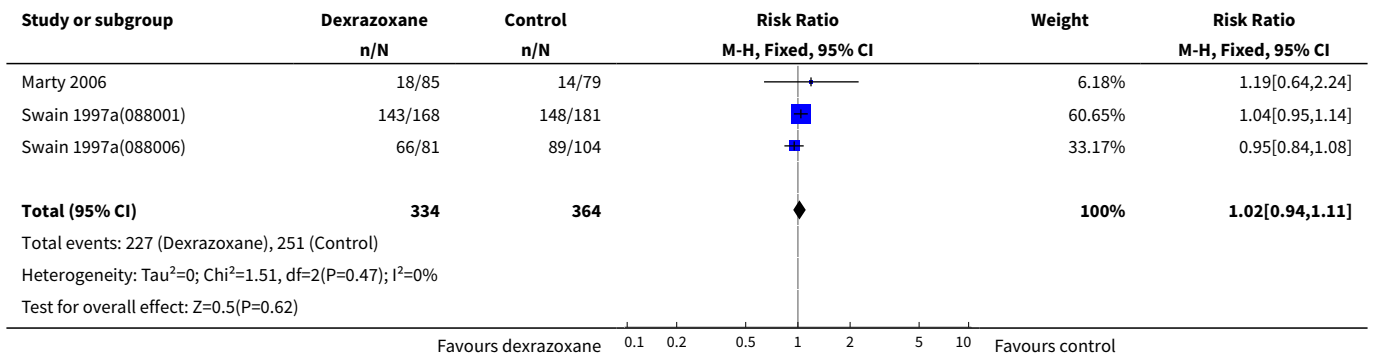
Analysis 1.19. Comparison 1 Dexrazoxane versus no dexrazoxane or placebo, Outcome 19 Adverse effects: pain on injection grade 3 or 4.



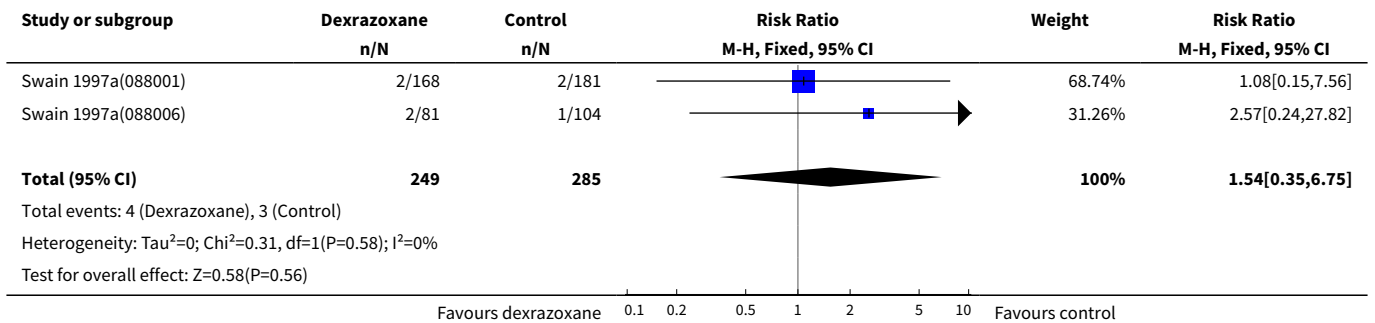
Analysis 1.20. Comparison 1 Dexrazoxane versus no dexrazoxane or placebo, Outcome 20 Adverse effects: anorexia grade 3 or 4.



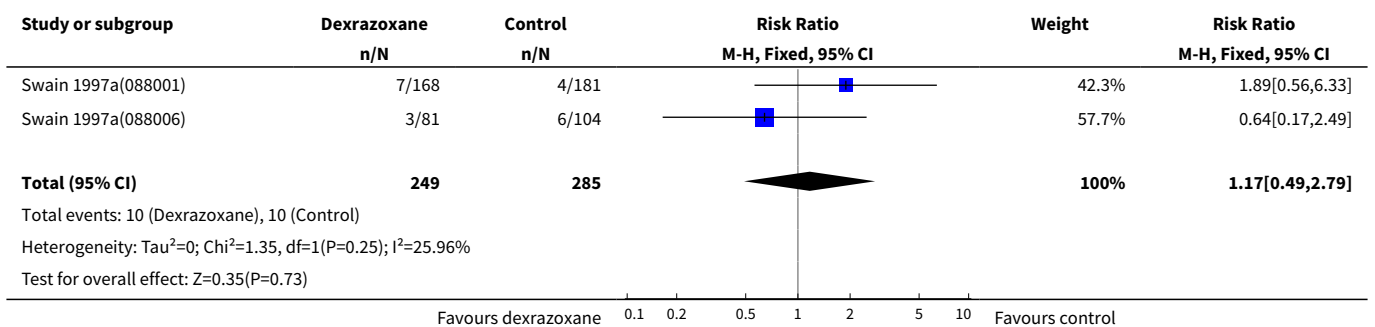
Analysis 1.21. Comparison 1 Dexrazoxane versus no dexrazoxane or placebo, Outcome 21 Adverse effects: alopecia grade 3 or 4.



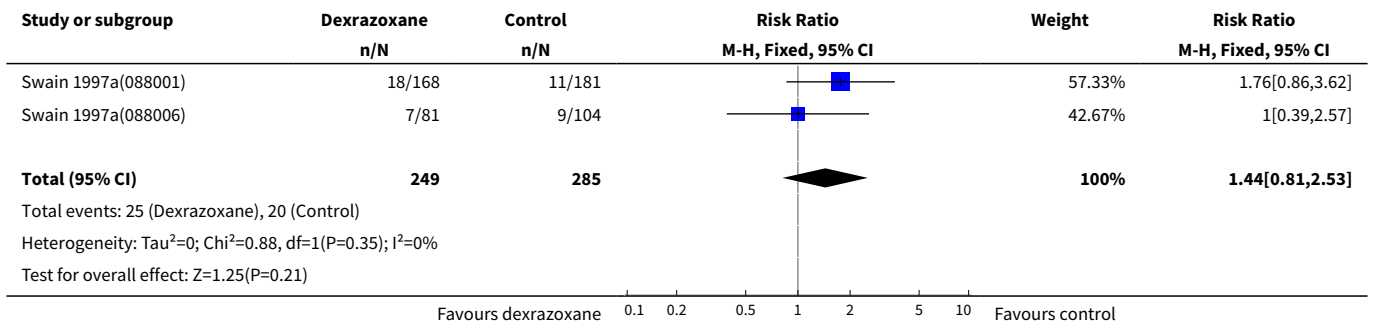
Analysis 1.22. Comparison 1 Dexrazoxane versus no dexrazoxane or placebo, Outcome 22 Adverse effects: phlebitis grade 3 or 4.



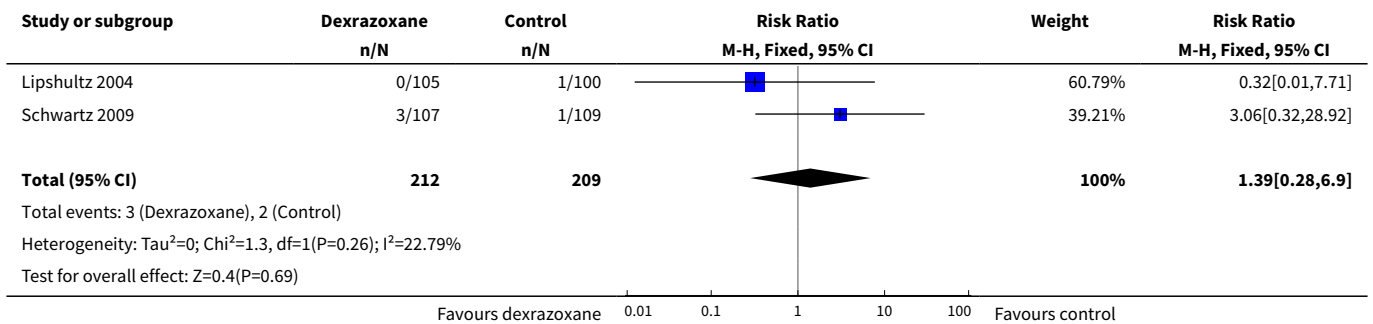
Analysis 1.23. Comparison 1 Dexrazoxane versus no dexrazoxane or placebo, Outcome 23 Adverse effects: diarrhoea grade 3 or 4.



Analysis 1.24. Comparison 1 Dexrazoxane versus no dexrazoxane or placebo, Outcome 24 Adverse effects: fever grade 3 or 4.



Analysis 1.25. Comparison 1 Dexrazoxane versus no dexrazoxane or placebo, Outcome 25 Adverse effects: secondary malignant disease.



ADDITIONAL TABLES

Table 1. Criteria list for the risk of bias assessment in included studies

Item ID	Description	Implementation
Patient selection		
Note: all criteria were scored yes (+), no (-) or unclear (?)		
a	Was the treatment allocation concealed?	Allocation must have been performed by a person not responsible for determining eligibility of patients for inclusion.
Interventions		
b	Was the care provider blinded to the intervention?	Adequate information about blinding must have been provided.
c	Was the patient blinded to the intervention?	Adequate information about blinding must have been provided.
Outcome measurements (for each outcome separately)		

Table 1. Criteria list for the risk of bias assessment in included studies (Continued)

d	Was the outcome assessor blinded to the intervention?	Adequate information about blinding must have been provided.
e	Were patients lost to follow-up described and acceptable?	For each outcome measure the number of evaluated patients must be mentioned. If the percentage of loss-to-follow-up does not exceed 20% and does not lead to substantial bias, a yes is scored.

Table 2. Risk of bias assessment in included studies

Study	a	b	c	d	e	Intervention
Myers 1983	?	-	-	Clinical heart failure: ?; response rate: ?; adverse effects: ?	Clinical heart failure: +; response rate: +; adverse effects: +	N-acetylcysteine
Iarussi 1994	?	-	-	subclinical heart failure: ?	subclinical heart failure: ?	Coenzyme Q10
Wagdi 1995	?	+	+	subclinical heart failure: +	subclinical heart failure: +	Combination of vitamin E, vitamin C and N-acetylcysteine
Milei 1987	?	?	+	Clinical heart failure: +	Clinical heart failure: -	Phenethylamines
Kraft 1990	?	-	-	Clinical heart failure: +	Clinical heart failure: -	Phenethylamines
Venturini 1996	+	-	-	Clinical heart failure: +; subclinical heart failure: +; response rate: ?	Clinical heart failure: +; subclinical heart failure: +; response rate: +	Dexrazoxane
Lopez 1998	?	-	-	Clinical heart failure: ?; subclinical heart failure: ?; response rate: ?; adverse effects: ?	Clinical heart failure: +; subclinical heart failure: +; response rate: +; adverse effects: +	Dexrazoxane
Swain 1997 (088001)	+	+	+	Clinical heart failure: +; subclinical heart failure: +; response rate: +; PFS: +; adverse effects: ?	Clinical heart failure: +; subclinical heart failure: +; response rate: +; PFS: +; OS: +; adverse effects: +	Dexrazoxane
Swain 1997 (088006)	+	+	+	Clinical heart failure: +; subclinical heart failure: +; response rate: +; PFS: +; adverse effects: ?	Clinical heart failure: +; subclinical heart failure: +; response rate: -; PFS: +; OS: +; adverse effects: ?	Dexrazoxane
Speyer 1992	?	-	-	Clinical heart failure: +; subclinical heart failure: +; response rate: ?; PFS: ?; adverse effects: ?	Clinical heart failure: ?; subclinical heart failure: ?; response rate: +; PFS: +; OS: +; adverse effects: +	Dexrazoxane

Table 2. Risk of bias assessment in included studies (Continued)

Wexler 1996	+	-	-	Clinical heart failure: ?; subclinical heart failure: +; response rate: +	Clinical heart failure: +; subclinical heart failure: +; response rate: +	Dexrazoxane
Lipshultz 2004	+	-	-	Clinical heart failure: ? (for long-term cardiac follow-up: +); response rate: ?; long-term follow-up data adverse effects: ?	Clinical heart failure: ? (for long-term cardiac follow-up: -); response rate: +; long-term follow-up data adverse effects: +	Dexrazoxane
Galetta 2005	?	-	-	Subclinical heart failure: ?	Subclinical heart failure: +	Dexrazoxane
Marty 2006	+	-	-	Clinical heart failure: +; subclinical heart failure: +; response rate: ?; PFS: ?; adverse effects: ?	Clinical heart failure: +; subclinical heart failure: +; response rate: +; PFS: +; OS: +; adverse effects: +	Dexrazoxane
Schwartz 2009	?	?	?	Clinical heart failure: ?; response rate: ?; adverse effects: ?	Clinical heart failure: +; response rate: +; adverse effects: +	Dexrazoxane
Waldner 2006	?	?	+	Clinical heart failure: ?; quality of life: ?	Clinical heart failure: ?; quality of life: ?; OS: ?	L-carnitine
Kalay 2006	?	-	+	Clinical heart failure: ?; subclinical heart failure: +	Clinical heart failure: ?; subclinical heart failure: ?	Carvedilol
Gallegos-Castorena 2007	?	?	?	Clinical heart failure: ?; subclinical heart failure: ?; response rate: ?; adverse effects: ?	Clinical heart failure: +; subclinical heart failure: +; response rate: +; adverse effects: +	Amifostine

Table 3. Survival: dexrazoxane versus control treatment

Study	Median progression free survival	Median overall survival
Speyer 1992	10.1 months versus 9.4 months	18.3 months versus 16.7 months
Swain 1997a (088001)	254 days versus 260 days	598 days versus 551 days
Swain 1997a (088006)	233 days versus 249 days	458 days versus 553 days
Marty 2006	7.8 months versus 7 months	13.5 months versus 16 months

Table 4. Adverse effects: dexrazoxane versus control treatment

Adverse effect	Study	Definition	% of index patients	% of controls	Risk Ratio / Relative Risk (95%CI)	P value
Asthenia grade 3 or 4	Marty 2006	CTC criteria	2	3	0.93 [0.13, 6.44]	0.94

Table 4. Adverse effects: dexrazoxane versus control treatment (Continued)

Fatigue grade 3 or 4	Marty 2006	CTC criteria	3	1	2.79 [0.30, 26.25]	0.37
Bone pain grade 3 or 4	Marty 2006	CTC criteria	0	5	We were unable to calculate a RR because one group experienced no events	0.05***
Pyrexia grade 3 or 4	Marty 2006	CTC criteria	2	0	We were unable to calculate a RR because one group experienced no events	0.50***
Febrile bone marrow aplasia grade 3 or 4	Marty 2006	CTC criteria	5	1	3.72 [0.42, 32.55]	0.24
Leukopenia grade 3 or 4	Marty 2006	CTC criteria	20	18	1.13 [0.60, 2.14]	0.71
Febrile neutropenia grade 3 or 4	Marty 2006	CTC criteria	18	14	1.27 [0.62, 2.59]	0.52
Absolute neutrophil count grade 3 or 4	Schwartz 2009	CTC criteria	94	85	1.10 [1.0, 1.20]	0.05
Platelets grade 3 or 4	Schwartz 2009	CTC criteria	72	29	2.45 [1.79, 3.36]	< 0.00001
Thrombosis grade 3 or 4	Schwartz 2009	CTC criteria	4	1	4.07 [0.46, 35.87]	0.21
Constipation grade 3 or 4	Marty 2006	CTC criteria	1	0	We were unable to calculate a RR because one group experienced no events	1***
Diarrhoea grade 3 or 4	Marty 2006	CTC criteria	1	1	0.93 [0.06, 14.61]	0.96
Stomatitis grade 3 or 4	Lopez 1998	WHO criteria	10	15	0.63 [0.24, 1.63]	0.34
Stomatitis: ulcers can eat	Speyer 1992	No references provided	13	15	0.89 [0.40, 1.96]	0.76
Stomatitis: ulcers cannot eat	Speyer 1992	No references provided	4	9	0.42 [0.11, 1.55]	0.19
Mucosal inflammation grade 3 or 4	Marty 2006	CTC criteria	0	1	We were unable to calculate a RR because one group experienced no events	0.48***
Typhilitis grade 3 or 4	Schwartz 2009	CTC criteria	3	8	0.34 [0.09, 1.22]	0.10
Nausea and vomiting grade 3 or 4	Lopez 1998	WHO criteria	5	15	0.31 [0.09, 1.09]	0.07
Nausea and vomiting grade 3 or 4	Schwartz 2009	CTC criteria	9	9	1.02 [0.44, 2.35]	0.97

Table 4. Adverse effects: dexrazoxane versus control treatment (Continued)

Nausea and vomiting: controllable	Speyer 1992	No references provided	61	57	1.07 [0.81, 1.40]	0.64
Nausea and vomiting: vomiting intractable	Speyer 1992	No references provided	3	7	0.39 [0.08, 1.95]	0.25
Death due to toxicity	Speyer 1992	No references provided	3	7	0.39 [0.08, 1.95]	0.25
Alopecia: severe	Speyer 1992	No references provided	91	89	1.02 [0.91, 1.13]	0.74
Fever: with positive blood cultures	Speyer 1992	No references provided	3	4	0.65 [0.11, 3.77]	0.63
Fever: with positive other cultures	Speyer 1992	No references provided	5	3	1.95 [0.37, 10.31]	0.43
Sepsis grade 3 or 4	Schwartz 2009	CTC criteria	17	8	2.04 [0.96, 4.33]	0.06
Infection, not otherwise specified/unknown grade 3 or 4	Schwartz 2009	CTC criteria	70	44	1.59 [1.25, 2.03]	0.0002
Pulmonary grade 3 or 4*	Schwartz 2009	CTC criteria	12	3	4.41 [1.29, 15.05]	0.02
Peripheral nervous system grade 3 or 4	Schwartz 2009	CTC criteria	2	3	0.68 [0.12, 3.98]	0.67
Central nervous system grade 3 or 4**	Schwartz 2009	CTC criteria	1	0	We were unable to calculate a RR because one group experienced no events	0.50***
Allergic reaction grade 3 or 4	Schwartz 2009	CTC criteria	7	2	3.57 [0.76, 16.78]	0.11

* includes diffusion capacity for carbon monoxide, vital capacity, pulmonary/functional and oxygen saturation

** central nervous system includes mood, cortical and cerebellar

*** Fischer's exact

CTC: Common Toxicity Criteria

WHO: World Health Organisation

CI: confidence interval

APPENDICES

Appendix 1. Search strategy for Cochrane Central Register of Controlled Trials (CENTRAL)

(1) For the **different cardioprotective interventions** we used the following subject headings and text words:

(dexrazoxane OR cardioxane OR zinecard OR ADR-529 OR ICRF-187 OR razoxane OR piperazines OR dexrazoxan* OR cardioxan* OR zinecar* OR ADR-5* OR ICRF* OR razoxan* OR piperazin*) OR (carvedilol OR carvedil*) OR (ascorbic acid OR vitamin C OR ascorbic ac*) OR (vitamin a OR tretinoin OR retinoic acid OR carotenoids OR retinoids OR retino* OR tretinoi* OR carotenoi*) OR (trimetazidine OR vastarel OR idaptan OR vasartel OR trimetazid* OR piperazines OR piperazin*) OR (glutathione OR glutathione disulfide OR S-nitrosoglutathione OR glutathion*) OR (coenzymes OR coenzym* OR coenzyme Q10 OR ubiquinone OR ubiquinone Q10 OR CoQ10 OR CoQ

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10) OR (ethylenediaminetetraacetic acid OR edetic acid OR EDTA OR edetic*) OR (acetylcysteine OR N-acetylcysteine OR acetyl cyst* OR N-acetyl cyst*) OR (hydroxyethylrutoside OR frederine OR frederin* OR hydroxyethylrutos*) OR (deferoxamine OR desferal OR desferrioxamine OR deferoxam* OR desfer* OR desferrioxam*) OR (digoxin OR digitalis OR digitalis glycosides OR digitalis glycosid* OR digox*) OR (amifostine OR aminopropylaminoethylthiophosphoric acid OR APAETP OR amifostin*) OR (vitamin E OR alpha-tocopherol OR tocopherols OR tocotrienols OR tocotrien* OR tocopherol* OR alpha-tocopher*) OR (phenethylamines OR phenethylam* OR verapamil OR verapam* OR prenylamine OR prenylam*) OR (valsartan OR valsart* OR angiotensin II receptor antagonist) OR (angiotensin-converting enzyme inhibitors OR enalapril OR angiotensin-converting enzyme antagonists OR renitec OR ACE inhibitor* OR angiotensin-converting enzyme inhibitor* OR enalapri* OR angiotensin-converting enzyme antagonist*) OR (carnitine OR l-carnitine OR carnit*) OR (superoxide dismutase OR superoxide dismut*) OR (guanidines OR guanidi* OR metaiodobenzylguanidi*) OR (probuco OR probuc*) OR (cytochromes OR cytochrom*) OR (sildenafil OR sildenafil citrate OR viagra OR sildenafil*) OR (selenium OR seleni*) in Clinical Trials

(2) For **anthracyclines** we used the following subject headings and text words:

(anthracyclines OR anthracycline antibiotics OR doxorubicin OR adriamycin OR epirubicin OR idarubicin OR daunorubicin OR rubidomycin OR daunoxome OR myocet OR caelyx OR doxil) in Clinical Trials

(3) For **cardiotoxicity** we included the following subject headings and text words:

(heart OR heart disease OR heart diseases OR cardiac disease OR cardiac diseases OR cardiotoxicity OR cardiomyopathy OR cardiomyopathies OR heart failure OR congestive heart failure OR ventricular dysfunction) in Clinical Trials

Searches were combined as (1) AND (2) AND (3).

These search strategies were used for both updates of this review; for the original version a slightly different search strategy was used based on the original MEDLINE/PubMed strategy as presented in Appendix 2.

Appendix 2. Search strategy for MEDLINE (PubMed)

(1) For the **different cardioprotective interventions** we used the following subject headings and text words:

- Dexrazoxane: (dexrazoxane OR cardioxane OR ADR-529 OR ICRF-187 OR zincard OR razoxane OR piperazines OR dexrazoxan* OR cardioxan* OR ADR-5* OR ICRF* OR zincar* OR razoxan* OR piperazin*).
- L-carnitine: (carnitine OR carnit*).
- Probuco: (probuco OR probuc*).
- Coenzyme Q10: (coenzymes OR coenzyme Q10 OR coenzym* OR ubiquinone Q10 OR CoQ10 OR CoQ 10). For the original search (August 2002) we used (coenzymes OR coenzyme Q10 OR coenzym*).
- N-acetylcysteine: (acetylcysteine OR acetyl cyst* OR NAC OR N-acetylcysteine OR N-acetyl cyst*). For the original search (August 2002) we used (acetylcysteine OR acetyl cyst*).
- Vitamin E: (vitamin E OR alpha-tocopherol OR tocopherols OR alpha-tocopher* OR tocopherol* OR tocotrienols OR tocotrien*). For the original search (August 2002) we used (vitamin E OR alpha-tocopherol OR tocopherols OR alpha-tocopher* OR tocopher*).
- Digoxin: (digoxin OR digitalis glycosides OR digitalis OR digox* OR digitalis glycosid*).
- Angiotensin-converting enzyme inhibitors: (angiotensin-converting enzyme inhibitors OR angiotensin-converting enzyme inhibitor* OR ACE inhibitors OR enalapril OR enalapri* OR angiotensin converting enzyme antagonist* OR renitec). For the original search (August 2002) we used (angiotensin-converting enzyme inhibitors OR angiotensin-converting enzyme inhibitor* OR ACE inhibitors OR enalapril OR enalapri*).
- Phenethylamines: (phenethylamines OR phenethylam* OR verapamil OR verapam* OR prenylamine OR prenylam*).
- Deferoxamine: (deferoxamine OR deferoxam* OR desferal OR desfer* OR desferrioxamine OR desferrioxam*).
- Ethylenediaminetetraacetic acid (EDTA): (edetic acid OR EDTA OR edetic* OR ethylenediaminetetraacetic acid). For the original search (August 2002) we used (edetic acid OR EDTA OR edetic*).
- Superoxide dismutase: (superoxide dismutase OR superoxide dismut*).
- Monohydroxyethylrutoside: (hydroxyethylrutoside OR hydroxyethylrutos* OR frederine OR frederin*).
- Vitamin C: (vitamin C OR ascorbic acid OR ascorbic ac*).
- Guanidines: (guanidines OR guanidi* OR metaiodobenzylguanidine OR metaiodobenzylguanidi*).
- Cytochromes: (cytochromes OR cytochrom*).

The cardioprotective interventions stated below were added in the updates of this review:

- Vitamin A: (vitamin A OR retinol OR tretinoin OR retinoic acid OR vitamin A acid OR carotenoids OR retinoids OR retinoid* OR tretinoid* OR carotenoid*).
- Sildenafil: (sildenafil OR sildenafil citrate OR viagra OR sildenafil*).
- Selenium: (selenium OR selen*).

- Glutathione: (glutathione OR glutathione disulfide OR S-nitrosoglutathione OR glutathion*).
- Valsartan: (valsartan OR valsart* OR angiotension II receptor antagonist).
- Carvedilol: (carvedilol OR carvedil*).
- Trimetazidine: (trimetazidine OR vastarel OR idaptan OR vasartel OR trimetazid* OR piperazines OR piperazin*).
- Amifostine: (amifostine OR amifostin* OR aminopropylaminoethylthiophosphoric acid OR APAETP).

(2) For **anthracyclines** we used the following subject headings and text words:

(anthracyclines OR anthracyclin* OR anthracycline antibiotics OR antibiotics, anthracycline OR 4-demethoxydaunorubicin OR 4 demethoxydaunorubicin OR 4-desmethoxydaunorubicin OR 4 desmethoxydaunorubicin OR IMI 30 OR IMI30 OR IMI-30 OR idarubicin hydrochloride OR hydrochloride, idarubicin OR NSC 256439 OR NSC-256439 OR NSC256439 OR idarubicin OR idarubic* OR 4'-epiadriamycin OR 4' epiadriamycin OR 4'-epidoxorubicin OR 4' epidoxorubicin OR 4'-epi-doxorubicin OR 4' epi doxorubicin 4'-epi-adriamycin OR 4' epi adriamycin OR 4'-epi-DXR OR 4' epi DXR OR epirubicin hydrochloride OR hydrochloride, epirubicin OR farmorubicin OR IMI-28 OR IMI 28 OR IMI28 OR NSC 256942 OR NSC-256942 OR NSC256942 OR epirubicin OR epirubic* OR adriablastine OR adriablastin OR adriablastin OR adriamycin OR DOX-SL OR DOX SL OR doxorubicin hydrochloride OR hydrochloride doxorubicin OR doxorubic* OR adriamyc* OR dauno-rubidomycin OR dauno rubidomycin OR rubidomycin OR rubomycin OR daunomycin OR cerubidine OR daunoblastin OR daunoblastine OR daunorubicin hydrochloride OR hydrochloride, daunorubicin OR daunorubic* OR rubidomyc* OR NSC-82151 OR NSC 82151 OR NSC82151 OR daunoxome OR daunosom* OR doxil OR caelyx OR liposomal doxorubicin OR doxorubicin, liposomal OR myocet OR doxorubicin OR daunorubicin). For the original search (August 2002) we used (anthracyclines OR antibiotic, anthracycline OR anthracyclin* OR doxorubicin OR doxorubic* OR adriamycin OR adriamyc* OR daunorubicin OR daunorubic* OR epirubicin OR epirubic*).

(3) For **cardiotoxicity** we included the following subject headings and text words in the updates of this review:

(heart OR heart diseases OR heart disease OR disease, heart OR diseases, heart OR cardiac diseases OR cardiac disease OR diseases, cardiac OR disease, cardiac OR cardiotoxicity OR cardiomyopathy OR heart failure, congestive OR heart failure OR cardiomyopathy, congestive OR ventricular dysfunction OR ventricular dysfunction, left OR ventricular dysfunction, right).

(4) For the **methodological search** we used the highly sensitive search strategy for identifying reports of randomised controlled trials (sensitivity-maximizing version) (Higgins 2008). For the original search (August 2002) and for the first update (April 2007) we used the highly sensitive search strategy for identifying reports of randomised controlled trials (all phases) as described in the Cochrane Handbook (Higgins 2006).

For each cardioprotective intervention, searches were combined as (1) AND (2) AND (3) AND (4).

Appendix 3. Search strategy for EMBASE (Ovid)

(1) For the **different cardioprotective interventions** we used the following subject headings and text words:

dexrazoxane.mp. or exp Razoxane/ or cardioxane.mp. or ICRF-187.mp. or ADR-529.mp. or zinecard.mp. or piperazines.mp. or exp Piperazine Derivative/ or (piperazin\$ or dexrazoxan\$ or cardioxan\$ or razoxan\$ or zinecar\$ or ICRF\$ or ADR-5\$).mp. or vitamin A.mp. or exp RETINOL/ or retinoic acid.mp. or exp Retinoic Acid/ or retinol.mp. or tretinoin.mp. or vitamin a acid.mp. or carotenoids.mp. or exp Carotenoid/ or retinoids.mp. or exp Retinoid/ or (retino\$ or Tretinoi\$ or carotenois\$).mp. or trimetazidine.mp. or exp TRIMETAZIDINE/ or trimethazidine.mp. or vastarel.mp. or trimetazid\$.mp. or L-carnitine.mp. or exp Carnitine/ or carnit\$.mp. or superoxide dismutase.mp. or exp Superoxide Dismutase/ or superoxide dismut\$.mp. or ACE inhibitor.mp. or angiotensin-converting enzyme inhibitor.mp. or angiotensin-converting enzyme antagonist.mp. or Enalapril/ or renitec.mp. or (angiotensin converting enzyme antagonist\$ or enalapri\$ or angiotensin-converting enzyme inhibitor\$).mp. or amifostine.mp. or exp AMIFOSTINE/ or APAETP.mp. or aminopropylaminoethylthiophosphoric acid.mp. or amifostin\$.mp. or carvedilol.mp. or exp CARVEDILOL/ or carvedil\$.mp. or exp DEFEROXAMINE MESYLATE/ or exp DEFEROXAMINE/ or deferoxamine.mp. or desferal.mp. or desferrioxamine.mp. or (desferrioxam \$ or desfer\$ or desferoxam\$).mp. or digoxin.mp. or exp DIGOXIN/ or exp DIGITALIS INTOXICATION/ or exp DIGITALIS/ or DIGITALIS GLYCOSIDE/ or digitalis.mp. or (digitalis glycosides or dogox\$ or digitalis glycosid\$).mp. or edetic acid.mp. or exp Edetic Acid/ or (EDTA or ethylenediaminetetraacetic acid or edetic\$).mp. or exp GLUTATHIONE DERIVATIVE/ or exp GLUTATHIONE DISULFIDE/ or exp GLUTATHIONE/ or glutathione.mp. or glutathion\$.mp. or s-nitrosoglutathione.mp. or exp S Nitrosoglutathione/ or guanidines.mp. or exp Guanidine Derivative/ or metaiodobenzylguanidine.mp. or exp "(3 Iodobenzyl)Guanidine"/ or guanidi\$.mp. or hydroxyethylrutoside.mp. or exp Monoxerutin/ or (frederine or frederin\$ or monoxerut\$ or hydroxyethylrutos\$).mp. or n-acetylcysteine.mp. or exp Acetylcysteine/ or ACETYLCYSTEINE DERIVATIVE/ or (acetylcyst\$ or N-acetylcyst\$).mp. or phenethylamines.mp. or exp Phenethylamine/ or prenylamine.mp. or exp PRENYLAMINE/ or exp VERAPAMIL/ or verapamil.mp. or exp VERAPAMIL DERIVATIVE/ or (phenethylam\$ or verapam\$ or prenylam \$).mp. or exp PROBUCOL/ or probucol.mp. or probuc\$.mp. or exp SELENIUM DERIVATIVE/ or exp SELENIUM/ or selenium.mp. or seleni \$.mp. or exp VALSARTAN/ or valsartan.mp. or exp Angiotensin 2 Receptor Antagonist/ or angiotensin II receptor antagonist.mp. or exp Angiotensin II Antagonist/ or (angiotensin II inhibitor or valsart\$).mp. or ascorbic acid.mp. or exp Ascorbic Acid/ or vitamin c.mp. or ascorbic ac\$.mp. or vitamin E.mp. or alpha tocopherol.mp. or exp Alpha Tocopherol/ or tocopherols.mp. or exp Tocopherol/ or tocotrienols.mp. or exp Alpha Tocotrienol/ or (tocotrien\$ or alpha tocopher\$ or tocopherol\$).mp. or coenzymes.mp. or exp Coenzyme/ or coenzyme Q10.mp. or exp Ubidecarenone/ or ubiquinone.mp. or exp UBIQUINONE DERIVATIVE/ or exp UBIQUINONE/ or (ubiquinone Q10 or CoQ10).mp. or cytochromes.mp. or exp Cytochrome/ or cytochrom\$.mp. or sildenafil.mp. or exp SILDENAFIL/ or viagra.mp.

(2) For **anthracyclines** we used the following subject headings and text words:

exp ANTHRACYCLINE ANTIBIOTIC AGENT/ or exp ANTHRACYCLINE/ or exp ANTHRACYCLINE DERIVATIVE/ or (anthracycline or anthracyclines).mp. or anthracyclin\$.mp. or doxorubicin.mp. or exp DOXORUBICIN DERIVATIVE/ or exp DOXORUBICIN/ or adriamycin.mp. or exp DAUNORUBICIN DERIVATIVE/ or daunorubicin.mp. or exp DAUNORUBICIN/ or rubidomycin.mp. or epirubicin.mp. or exp EPIRUBICIN/ or exp IDARUBICIN DERIVATIVE/ or exp IDARUBICIN/ or idarubicin.mp. or (doxorubic\$ or adriamyc\$ or daunorubic\$ or rubidomyc\$ or epirubic\$ or idarubic\$).mp. or (daunoxome or doxil or caelyx or myocet).mp.

(3) For **cardiotoxicity** we included the following subject headings and text words:

left ventricular dysfunction.mp. or exp Heart Left Ventricle Failure/ or exp Heart/ or exp Heart Right Ventricle Failure/ or exp Echocardiography/ or right ventricular dysfunction.mp. or exp Heart Failure/ or echocardiography.mp. or ventricular dysfunction.mp. or heart failure.mp. or exp Heart Failure/ or congestive heart failure.mp. or exp Congestive Heart Failure/ or cardiomyopathy.mp. or exp CARDIOMYOPATHY/ or exp CONGESTIVE CARDIOMYOPATHY/ or cardiotoxicity.mp. or exp CARDIOTOXICITY/ or heart disease.mp. or exp Heart Disease/ or cardiac disease.mp.

(4) For the **methodological search** we used the following subject headings and text words:

For the first update: Randomized Controlled Trial/ or Clinical Trial/ or random allocation.mp. or exp Randomization/ or Double Blind Procedure/ or Single Blind Procedure/ or Clinical Trial/ OR Controlled study/ or placebo.mp. or exp PLACEBO/ or placebo\$.mp. or random \$.mp. or comparative study.mp. or exp Comparative Study/ or prospective study.mp. or exp Prospective Study/ or research design.mp. or evaluation studies.mp. or follow-up studies.mp. or (clinical trial or ((singl\$ or doubl\$ or tripl\$ or trebl\$) and (mask\$ or blind))).mp. or (control\$ or prospectiv\$ or volunteer\$).mp.

For the second update: (Randomized Controlled Trial/ or Controlled Clinical Trial/ or randomized.ti,ab. or placebo.ti,ab. or randomly.ti,ab. or trial.ti,ab. or groups.ti,ab. or drug therapy.sh.) and Human/

Searches were combined as (1) AND (2) AND (3) AND (4).

These search strategies were used for both updates of this review; for the original version a slightly different search strategy was used based on the original MEDLINE/PubMed strategy as presented in Appendix 2.

[mp=title, abstract, subject headings, drug trade name, original title, device manufacturer, drug manufacturer name]; [ti,ab=title, abstract]; [sh=subject heading]

WHAT'S NEW

Date	Event	Description
21 September 2016	Amended	Contact details updated.

HISTORY

Protocol first published: Issue 4, 2002

Review first published: Issue 1, 2005

Date	Event	Description
24 February 2015	Amended	Contact details updated.
11 February 2015	Amended	Contact details updated.
27 March 2014	Amended	Contact details updated.
26 February 2014	Amended	Contact details updated.
9 May 2011	New search has been performed	The search for eligible studies was updated to November 2010.

Date	Event	Description
9 May 2011	New citation required and conclusions have changed	<p>Summary of most important changes in results of this second update when compared to the first update of this review:</p> <p>We identified a new randomised controlled trial (RCT) on the use of amifostine (no eligible data on amifostine were available before). Also, we identified a new RCT on the use of dexrazoxane and long-term follow-up data of an already included RCT on dexrazoxane. Finally, we identified a new ongoing trial (on enalapril maleate) and two new trials awaiting assessment (on telmirsartan and the combination of hydrocortisone and glutathione).</p> <p>Again, only for dexrazoxane pooling of results was possible and for the occurrence of cardiotoxicity, response rate and survival the conclusions did not change. More information on adverse effects became available including secondary malignant disease.</p>
19 August 2008	Amended	Converted to new review format.
18 February 2008	New citation required and conclusions have changed	Substantive amendment
10 July 2007	Amended	<p>New studies found and included or excluded: 01/04/07</p> <p>Conclusions changed: 10/07/07</p> <p>Summary of most important changes in results of the update when compared to the original review: as opposed to the original review, there was no evidence for a lesser tumour response rate with the use of dexrazoxane. For adverse effects now pooling of results was possible: only for one adverse effect (abnormal white blood cell count at nadir) a difference in favour of the control group was identified.</p> <p>The search for eligible studies was updated to April 2007 using an updated search strategy and including eight new possible cardioprotective agents. And as opposed to the original review, for the update we searched in ongoing trials databases.</p> <p>Instead of pooling results when three or more randomised controlled trials (RCTs) were available, we now pooled results of two or more RCTs. Instead of focusing only on the primary outcome (heart failure) when assessing the quality of included studies, we now assessed the quality criteria blinding of the outcome assessor and completeness of follow-up for all outcomes separately. Prior cardiac dysfunction was added as a baseline characteristic. Sex, age per treatment group, anthracycline peak dose, anthracycline infusion duration, cumulative anthracycline doses in the intervention and control groups, and a description of other chemotherapy and / or radiotherapy in the study protocol were added to the table of included studies.</p> <p>Five new RCTs were included: one addressing L-carnitine, one addressing carvedilol and three additional ones addressing dexrazoxane. We also identified six ongoing studies and seven studies awaiting assessment evaluating different cardioprotective agents; characteristics of these trials are provided.</p>

Date	Event	Description
		<p>Again, only for dexrazoxane pooling of results was possible and for the occurrence of cardiotoxicity and survival the conclusions did not change. As opposed to the original review, now there was no evidence for a lesser tumour response rate with the use of dexrazoxane. For adverse effects now pooling of results was possible: only for one adverse effect (abnormal white blood cell count at nadir) a difference in favour of the control group was identified.</p>
		<p>We conclude that if the risk of cardiac damage is expected to be high, it might be justified to use dexrazoxane in patients with cancer treated with anthracyclines. However, for each individual patient clinicians should weigh the cardioprotective effect of dexrazoxane against the possible risk of adverse effects.</p>

CONTRIBUTIONS OF AUTHORS

Elvira van Dalen designed the study and wrote the protocol. She developed the search strategy and ran the searches in the three electronic databases for the original version and the first update of this review. She searched for unpublished studies and identified the studies meeting the inclusion criteria. She performed the data-extraction and risk of bias assessment of the included studies. She analysed the data and interpreted the results. She wrote and revised the manuscript.

Leontien Kremer designed the study and critically reviewed the protocol. She identified the studies meeting the inclusion criteria and performed the data-extraction and risk of bias assessment of the included studies. She contributed to the data-analysis and the interpretation of the results. She critically reviewed the manuscript.

Huib Caron critically reviewed the protocol. He contributed to the data-analysis and the interpretation of the results. He critically reviewed the manuscript.

Heather Dickinson critically reviewed the protocol. She contributed to the data-analysis and the interpretation of the results. She critically reviewed the manuscript.

All authors approved the final version.

DECLARATIONS OF INTEREST

None known

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- Stichting Kinderen Kankervrij (KiKa), Netherlands.

INDEX TERMS

Medical Subject Headings (MeSH)

Anthracyclines [*adverse effects]; Antibiotics, Antineoplastic [*adverse effects]; Cardiotoxic Agents [*therapeutic use]; Cytoprotection; Heart Diseases [chemically induced] [*prevention & control]; Neoplasms [*drug therapy]; Randomized Controlled Trials as Topic; Razoxane [therapeutic use]

MeSH check words

Humans