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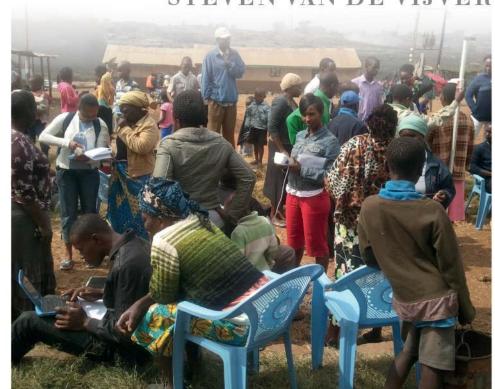
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# CARDIOV. IN THE SLUI PREVENTION STEVEN VAN DE VIJVER



# CARDIOVASCULAR DISEASE PREVENTION IN THE SLUMS OF KENYA

- STEVEN VAN DE VIJVER



# Cardiovascular disease prevention in the slums of Kenya

Steven van de Vijver

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# Cardiovascular disease prevention in the slums of Kenya

# ACADEMISCH PROEFSCHRIFT

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aan de Universiteit van Amsterdam
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**Steven Jan Maurits van de Vijver** geboren te Hamburg, Duitsland

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# **ABBREVIATIONS**

AIDS Acquired Immune Deficiency Syndrome

AIGHD Amsterdam Institute for Global Health and Development

AMC Academic Medical Center

APHRC African Population and Health Research Center

AU African Union
BMI Body Mass Index
BP Blood Pressure

CHW Community Health Worker

CI Confidence Interval
CVD Cardiovascular Disease
DALY Disability Adjusted Life Year
DBP Diastolic Blood Pressure

DM Diabetes Mellitus

DSA Demographic Surveillance Area

ID Identity

LMIC Low and Middle Income Country

LSM Lifestyle Modification

NCD Non-Communicable Disease NGO Non-Governmental Organization

NUHDSS Nairobi Urban Health Demographic Surveillance System

OR Odds Ratio

PHC Primary Health Care **QALY** Quality Adjusted Life Year RBS Random Blood Sugar SD Standard Deviation SMS Short Message Service SSA Sub-Saharan Africa UN United Nations United States Dollar USD World Health Assembly WHA WHO World Health Organization World Health Survey WHS