# Categories for the practising physicist 

Bob Coecke ${ }^{1}$ and Éric Oliver Paquette ${ }^{2}$<br>${ }^{1}$ OUCL, University of Oxford Bob.Coecke@comlab.ox.ac.uk<br>${ }^{2}$ DIRO, Université de Montréal eopaquette@inexistant.net

Summary. In this chapter we survey some particular topics in category theory in a somewhat unconventional manner. Our main focus will be on monoidal categories, mainly symmetric ones, for which we propose a physical interpretation. Special attention is given to the category of sets and relations, posetal categories, diagrammatic calculi, strictification, compact categories, biproduct categories and abstract matrix calculi, internal structures, and topological quantum field theories. In our attempt to complement the existing literature we (on purpose) omitted some very basic topics for which we point to other available sources.

## 0 Prologue: cooking with vegetables

Consider a raw potato. Conveniently, we refer to it as $A$. Raw potato $A$ admits several states e.g. 'dirty', 'clean', 'skinned', ... We usually don't eat raw potatoes so we need to process $A$ such that it becomes eatable. We refer to this cooked version of $A$ as $B$. Also $B$ admits several states e.g. 'boiled', 'fried', 'baked with skin', 'baked without skin', ... Correspondingly, there are several ways to turn raw potato $A$ into cooked potato $B$ e.g. 'boiling', 'frying', 'baking', respectively referred to as $f, f^{\prime}$ and $f^{\prime \prime}$. We make the fact that these cooking processes apply to raw potato $A$ and produce cooked potato $B$ explicit by labelled arrows:

$$
A \xrightarrow{f} B \quad A \xrightarrow{f^{\prime}} B \quad A \xrightarrow{f^{\prime \prime}} B
$$

A plain cooked potato tastes a bit dull so we'd like to process it into 'spiced cooked potato' $C$. We refer to the composite process resulting from first 'boiling' $A \xrightarrow{f} B$ and then 'salting' $B \xrightarrow{g} C$ as

$$
A \xrightarrow{g \circ f} C
$$

Note that this composite process hides the intermediate type $B$, that is, we conceive processes as monolithic entities: they encode into which output state
of type $B$ an input state of type $A$ is transformed, but not the details of the manner in which this is done. Refer to 'doing nothing to vegetable $X$ ' as

$$
X \xrightarrow{1_{X}} X
$$

Then obviously $1_{Y} \circ \xi=\xi \circ 1_{X}=\xi$ for all processes $X \xrightarrow{\xi} Y$.
Potato is only one type ( $=$ kind) of vegetable. There are other types e.g. carrot. We refer to a raw carrot as $D$. It is indeed very important to distinguish our potato and our carrot explicitly in terms of their respective name $A$ and $D$, or any other vegetable such as lettuce $L$, since each of these not only taste different but (in general) also admits distinct ways of processing.

We will make carrot-potato mash. We refer to the fact that both $A$ and $D$ are involved as $A \otimes D$. Refer to 'frying the carrot' as $D \xrightarrow{h} E$. Then, by

$$
A \otimes D \xrightarrow{f \otimes h} B \otimes E
$$

we mean 'boil the potato' while 'frying the carrot'. 'Mashing our spiced cooked potato $C$ and our spiced cooked carrot $F^{\prime}$ is referred to as

$$
C \otimes F \xrightarrow{x} M .
$$

The whole process from raw components $A$ and $D$ to 'meal' $M$ is

$$
A \otimes D \xrightarrow{f \otimes h} B \otimes E \xrightarrow{g \otimes k} C \otimes F \xrightarrow{x} M=A \otimes D \xrightarrow{x \circ(g \otimes k) \circ(f \otimes h)} M
$$

where 'peppering the carrot' is referred to as $E \xrightarrow{k} F$.
The two operations 'and then' (i.e. $-\circ-$ ) and 'while' (i.e. $-\otimes-$ ) which we have at our disposal are not totally independent but interact in a certain way. In particular, distinct recipes can yield the same meal. E.g.

$$
\begin{equation*}
\left(1_{B} \otimes h\right) \circ\left(f \otimes 1_{D}\right)=\left(f \otimes 1_{E}\right) \circ\left(1_{A} \otimes h\right) \tag{1}
\end{equation*}
$$

that is, it makes no difference whether 'we first boil the potato and then fry the carrot', or, 'first fry the carrot and then boil the potato'.

Eq.(1) is in fact a generally valid equational law for cooking vegetables. Of course, chefs usually do not perform computations involving this law since their 'intuition' sufficiently accounts for the content of eq.(1). But, if we were to teach an android how to become a chef, which would require it/him/her to reason about which receipts yield the same dish, then we would need to tell it/him/her explicitly about the laws governing cooking processes (= recipes).

There is in fact a more general law governing cooking processes, from which eq.(1) can be derived (a proof of this is in Proposition 2 below), namely,

$$
\begin{equation*}
(g \circ f) \otimes(k \circ h)=(g \otimes k) \circ(f \otimes h) \tag{2}
\end{equation*}
$$

that is, 'boiling the potato and then salting it, while, frying the carrot and then peppering it', is equal to 'boiling the potato while frying the carrot, and then, salting the potato while peppering the carrot'.

Eq.(2) is a logical statement. In particular, note the remarkable similarity, but at the same time also the essential difference, of eq.(2) with the well-known distributive law of classical logic which states that

$$
\begin{equation*}
A \text { and }(B \text { or } C)=(A \text { and } B) \text { or }(A \text { and } C) \tag{3}
\end{equation*}
$$

Our 'intuition' also accounts for this distributive law (as long as we are not dealing with very complicated situations). But again it needs to be explicitly taught to androids if we require them to perform logical reasoning. This distributive law is key to the resolution method which is the standard implementation of artificial reasoning in AI and robotics [55].

The $(\circ, \otimes)$-logic is a logic of interaction. It applies to cooking processes, physical processes, biological processes, logical processes (i.e. proofs), or computer processes (i.e. programs). Monoidal categories, the subject of this chapter, constitute the unifying mathematical theory of all these types of processes. The framework of monoidal categories enables to model and axiomatise (or 'classify') the extra structure which certain families of processes may have. For example, how quantum processes differ from classical processes, and how are cooking processes differ from computational processes.

In the remainder of this chapter we provide a formal tutorial on several kinds of monoidal categories that are relevant to physics. If you'd rather stick to the informal story of this prologue you might want to take a bite of $[17,18] .{ }^{3}$

We pointed to the fact that our intuition accounts for $(\mathrm{o}, \otimes)$-logic. Wouldn't it be nice if there would be mathematical structures which also 'automatically' (or 'implicitly') account for the logical mechanisms which we intuitively perform? These mathematical structures exits and are becoming more and more prominent in recent developments in mathematics, including in important 'Fields Medal awarding areas' such as algebraic topology and representation theory e.g. [50, and references therein]. It are pictures! By far ${ }^{* * *}$ the ${ }^{* * *}$ coolest thing about monoidal categories is that they admit a purely pictorial calculus, and these pictures automatically account for the logical mechanisms which we intuitively perform. In these pictures both sites of eq.(2) are:


So eq.(2) becomes an implicit salient feature of the graphical calculus and needs no explicit attention anymore. This, as we will see below, substantially

[^0]simplifies many computations. The differences between the two sites of eq.(2) can be recovered by introducing 'artificial' brackets within the two pictures:


A detailed account on this graphical calculus is in Section 2.2.
That we do not give any serious attention to the subject of adjoints does not mean that we disagree with the fact that this is probably the greatest achievement of category theory thus far. Firstly, we do not consider ourselves to be by any means qualified to write on that. Secondly, adjoints are treated in great detail in the existing literature. The same goes for other important topics such as limits, monads [12] and $n$-categories [45]. What we tried to do here is to write a text we would have liked to have available at the time we started our own research in applications of category theory to physics. We in particular focused on categorical concepts with a direct physical interpretation and tried to present them in a way which complements the existing literature.

## 1 The 1D case: New arrows for your quiver

The core argument of the previous section involved the interaction of the two ways in which we can compose systems and operations: sequentially and in parallel, or more physically put, in time and in space. These are indeed the situations we truly care about. However, historically, category theoreticians cared mostly about one-dimensional fragments of the two-dimensional monoidal categories, simply called, categories.

Some people will get rebuked by the terminology and particular syntactic language used in category theory, which can sound and look like unintelligible jargon, resulting in its unfortunate label of generalised abstract nonsense. The reader should realise that initially category theory was crafted as 'a theory of mathematical structures'. Hence substantial effort was made not to make any reference to the underlying concrete models, resulting in its seemingly idiosyncratic format. The personalities involved in crafting category theory, however brilliant minds they had, also did not always help the cause of making category theory accessible to a broader community.

But this 'theory of mathematical structures' view is not the only way to conceive category theory. As we argued above, and as is witnessed by its important use in computer science, in proof theory, and more recently also in
quantum informatics and in quantum foundations, category theory is a theory which brings the notion of type and process to the forefront, two notions which are hard to cast within traditional monolithic mathematical structures.

We profoundly believe that the fact that the mainstream physics community has not yet acquired this types/process structure as a primal part of its theories is merely accidental, and temporary, ... and will soon change.

### 1.1 Categories

Definition 1. A category $\mathbf{C}$ consists of

1. A family ${ }^{4}|\mathbf{C}|$ of objects;
2. For any $A, B \in|\mathbf{C}|$, a set $\mathbf{C}(A, B)$ of morphisms, the so-called hom-set;
3. For any $A, B, C \in|\mathbf{C}|$, and any $f \in \mathbf{C}(A, B)$ and $g \in \mathbf{C}(B, C)$, a composite $g \circ f \in \mathbf{C}(A, C)$, i.e., for all $A, B, C \in|\mathbf{C}|$ there is a composition operation

$$
-\circ-: \mathbf{C}(A, B) \times \mathbf{C}(B, C) \rightarrow \mathbf{C}(A, C)::(f, g) \mapsto g \circ f,
$$

and this composition operation is associative and has units, that is, i. For any $f \in \mathbf{C}(A, B), g \in \mathbf{C}(B, C)$ and $h \in \mathbf{C}(C, D)$ we have

$$
h \circ(g \circ f)=(h \circ g) \circ f
$$

ii. For any $A \in|\mathbf{C}|$, there exists a morphism $1_{A} \in \mathbf{C}(A, A)$ called identity, which is such that for any $f \in \mathbf{C}(A, B)$ we have

$$
f=f \circ 1_{A}=1_{B} \circ f .
$$

A shorthand for $f \in \mathbf{C}(A, B)$ is $A \xrightarrow{f} B$. As already mentioned above, this definition was proposed by Samuel Eilenberg and Saunders Mac Lane in 1945 as part of a framework which intended to unify a variety of mathematical constructions within different areas of mathematics [30]. Consequently, most of the examples of categories that one encounters in the literature encode mathematical structures: the objects will be examples of this mathematical structure and the morphisms will be the structure-preserving maps between these. This kind of categories is usually referred to as concrete categories [5]. We also call them concrete categorical models.

### 1.2 Concrete categories

Traditionally, mathematical structures are defined as a set equipped with some operations, and some axioms, for instance:

[^1]- A group is a set $G$ together with an associative binary operation

$$
-\bullet-: G \times G \rightarrow G
$$

with a two-sided identity 1 and where each element is invertible.
Similarly we define rings, fields and similar structures. Slightly more involved but still very much in the same spirit:

- A vector space is a pair $(V, \mathbb{K})$ of sets, respectively a commutative group and a field, which interact via the notion of scalar multiplication, that is, a mapping $V \times \mathbb{K} \rightarrow V$, which is also subject to some axioms.
Since the key structural data of a category is its composition, emphasis is given to the structure preserving maps rather than the structures themselves. Indeed, categorical structure neglects the structure of the objects themselves, which can be taken as a mere set of labels or types. Of course, for well-chosen notions of structure preservance, this 'underlying' structure is completely reflected within the compositional structure of the morphisms.

Examples of structure preserving functions are:

- Group homomorphisms i.e. functions which preserve - • - and 1;
- Linear maps i.e. functions which preserve linear combinations of vectors.

Example 1. Let Set be the concrete category with:

1. all sets as objects,
2. all functions between sets as morphisms,
3. ordinary composition of functions, that is, for $f: X \rightarrow Y$ and $g: Y \rightarrow Z$ we set $(g \circ f)(x):=g(f(x))$ for the composite $g \circ f: X \rightarrow Z$, and,
4. the obvious identities i.e. $1_{X}(x):=x$.

Set is indeed category since we have that:

- function composition is associative, and,
- for any function $f: X \rightarrow Y$ we have $\left(1_{Y} \circ f\right)(x)=f(x)=\left(f \circ 1_{X}\right)(x)$.

Example 2. FdVect $_{\mathbb{K}}$ is the concrete category with:

1. finite dimensional vectors spaces over $\mathbb{K}$ as objects,
2. all linear maps between these vectors spaces as morphisms, and
3. ordinary function composition -which yields a linear map when composing two linear maps- and identity functions - which are indeed linear functions.

Example 3 (elements). We are still able to single out elements within the objects. For the set $X \in|\mathbf{S e t}|$ and some chosen element $x \in X$ the function

$$
e_{x}:\{*\} \rightarrow X:: * \mapsto x
$$

where $\{*\}$ is any one-element set, maps the unique element of $\{*\}$ onto the chosen element $x$. If $X$ contains $n$ elements, there are $n$ such functions each
corresponding to the element on which $*$ is mapped. Hence the elements of the set $X$ are now encoded as the set $\boldsymbol{\operatorname { S e t }}(\{*\}, X)$.

In a similar manner we can single out vectors in vectors spaces. For the vector space $V \in\left|\mathbf{F d V e c t}_{\mathbb{K}}\right|$ and some fixed vector $v \in V$ the linear map

$$
e_{v}: \mathbb{K} \rightarrow V:: 1 \mapsto v
$$

where $\mathbb{K}$ is now the one-dimensional vector space over itself, maps the element $1 \in \mathbb{K}$ onto the chosen element $v$. Since $e_{v}$ is linear it is completely characterised by the image of the single element 1 , since

$$
e_{v}(\alpha)=e_{v}(\alpha \cdot 1)=\alpha \cdot e_{v}(1)=\alpha \cdot v
$$

that is, the element 1 is a base for the one-dimensional vector space $\mathbb{K}$.
Example 4. Grp is the concrete category with:

1. all groups as objects,
2. group homomorphisms between these groups as morphisms, and,
3. ordinary function composition and identity functions.

Example 5. Pos is the concrete category with:

1. all partially ordered sets, that is, a set together with a reflexive, antisymmetric and transitive relation, as objects,
2. order preserving maps, i.e. $x \leq y \Rightarrow f(x) \leq f(y)$, as morphisms, and,

3 . ordinary function composition and identity functions.
An extended version of this category is Pre where we consider arbitrary preordered sets, that is, a set together with a reflexive and transitive relation.

Example 6. Cat is the concrete category with: ${ }^{5}$

1. all categories as objects,
2. so-called functors between these as morphisms (see Section 1.6), and,
3. functor composition and identity functors.

### 1.3 Real world categories

But viewing category theory as some kind of metatheory about mathematical structure is not necessarily the most useful perspective for the sort of applications that we have in mind. Here are a few examples of the kind of categories we truly care about, and which are not categories with mathematical structures as objects and structure preserving maps as morphisms.

Example 7. The category PhysProc with

[^2]1. all physical systems $A, B, C, \ldots$ as objects,
2. all processes which take a physical system of type $A$ into a physical system of type $B$ as the morphisms of type $A \longrightarrow B$-these processes typically require some finite amount of time to be completed-, and,
3. sequential composition of these processes as composition and the processes which leave the system invariant as identities.

Note that associativity of composition is in this case completely trivial: if we first have process $f$, then process $g$, and then process $h$, it really doesn't matter whether we consider $(g \circ f)$ or $(h \circ g)$ as a single entity. All this is just superfluous data.

Example 8. The category PhysOpp is an operational variant of the above where rather than general physical systems such as stars we focus on systems which can be manipulated in the lab, and rather than general processes we consider the operations which the practising experimenter performs on these systems, e.g. applying force-fields, performing measurements etc.

Example 9. The category QuantOpp is a restriction of the above where we restrict ourselves to quantum systems and operations thereon. Special processes in QuantOpp are preparation procedures, or states. If $Q$ denotes a qubit then the type of a preparation procedure would be I $\longrightarrow Q$ where I stands for 'unspecified'. Indeed, the point of a preparation procedure is to provide a qubit in a certain state, and the resources which we use to produce that state are typically not of relevance for the remainder of the experimental procedure. We can further specialise to either pure (or closed) quantum systems or mixed (or open) quantum systems, categories to which we respectively refer as PurQuantOpp and MixQuantOpp.

Obviously, Example 9 is related to the concrete category which has Hilbert spaces as objects and certain types of linear mappings (e.g. CPM's) as morphisms. The preparation procedures discussed above then correspond with elements in the sense of Example 3. We discuss this correspondence below.

While to the sceptical reader the above examples still might not seem very useful yet, the next two ones, which are very similar, have become really important respectively for Computer Science and Logic. ${ }^{6}$

## Example 10. The category Comp with

1. all data types, e.g. Booleans, integers, reals, as objects,
2. all programs which take data of type $A$ as their input and produce data of type $B$ as their output as the morphisms of type $A \longrightarrow B$, and,
3. sequential composition of programs as composition and the programs which output their input unaltered as identities.
[^3]Example 11. The category Prf with

1. all propositions as objects,
2. all proofs which conclude from proposition $A$ that proposition $B$ holds as the morphisms of type $A \longrightarrow B$, and,
3. concatenation (or chaining) of proofs as composition and the tautologies 'from $A$ follows $A$ ' as identities.

Computer scientists particularly like category theory because it explicitly introduces the notion of type: an arrow $A \xrightarrow{f} B$ has type $A \longrightarrow B$. These types prevent silly mistakes when writing programs, e.g. the composition $g^{\prime} \circ f$ makes no sense for $g^{\prime}: C \rightarrow D$ because the output -codomain- of $f$ doesn't match the input - domain- of $g^{\prime}$. Computer scientists would say:
"types don't match".
Similar categories BioProc and ChemProc can be build for organisms and biological processes, chemicals and chemical reactions, etc. ${ }^{7}$ The recipe for producing these categories is obvious:

| Name | Objects | Morphisms |
| :---: | :---: | :---: |
| some area of science | corresponding systems | corresponding processes |

Composition boils down to 'first $f$ and then $g$ happens' and identities are just 'nothing happens'. Somewhat more operationally put, composition is 'first do $f$ and then $d o g$ ' and identities are just 'doing nothing'. ${ }^{8}$

### 1.4 Abstract categorical structures and properties

One can treat categories as mathematical structures in their own right, just as groups and vector spaces are mathematical structures. In contrast with concrete categories, abstract categorical structures then arise by either endowing categories with more structure or by requiring them to satisfy certain properties.

Example 12. A monoid $(M, \bullet, e)$ is a set together with a binary associative operation $-\bullet-: M \times M \rightarrow M$ which admits a unit -one could say, a 'group without inverses'. Equivalently, we can define a monoid as a category $\mathbf{M}$ with

[^4]a single object $*$. Indeed, it suffices to identify the elements of $\mathbf{M}(*, *)$ with those of $M$, the associative composition operation
$$
-\circ-: \mathbf{M}(*, *) \times \mathbf{M}(*, *) \rightarrow \mathbf{M}(*, *)
$$
with the associative monoid multiplication $\bullet$, and the identity $1_{*}: * \rightarrow *$ with the unit $e$. Dually, in any category $\mathbf{C}$, for any $A \in|\mathbf{C}|$, the set $\mathbf{C}(A, A)$ is always a monoid.

Definition 2. Two objects $A, B \in|\mathbf{C}|$ are isomorphic if there exists morphisms $f \in \mathbf{C}(A, B)$ and $g \in \mathbf{C}(B, A)$ such that $g \circ f=1_{A}$ and $f \circ g=1_{B}$. The morphism $f$ is called an isomorphism and $f^{-1}:=g$ the inverse to $f$.

The notion of isomorphism known to the reader is the set-theoretical one, namely permutation or bijection. Given functions $f: X \rightarrow Y$ and $g: Y \rightarrow X$ satisfying $g(f(x))=x$ for all $x \in X$ and $f(g(y))=y$ for all $y \in Y$ we have:

- $f\left(x_{1}\right)=f\left(x_{2}\right) \Rightarrow g\left(f\left(x_{1}\right)\right)=g\left(f\left(x_{2}\right)\right) \Rightarrow x_{1}=x_{2}$ so $f$ is injective, and,
- for all $y \in Y$, setting $x:=g(y)$, we have $f(x)=y$ so $f$ is surjective,
so $f$ is indeed a bijection. Since the converse also holds the category-theoretical notion of isomorphism coincides in the concrete category Set with the notion of permutation/bijection. In all other concrete categories mentioned above this categorical notion of isomorphism also coincides with the usual one, that is, a structure preserving bijection.

Example 13. Since a group $(G, \bullet, e)$ is a monoid with inverses it can now be equivalently defined as a category with one object in which each morphism has an inverse -or is an isomorphism. More generally, a groupoid is a category in which each morphism has an inverse. Groupoids are of key importance for homotopy theory [16]. The category Bijec which has sets as objects and bijections as morphisms is such a groupoid. So is FdUnit which has finite dimensional Hilbert spaces as objects and unitary operators as morphisms.

From this, we see that 'groups' provide an example of an abstract categorical structure. At the same time, all groups together, with structure preserving maps between them, constitute a concrete category. Still following? That categories allow several ways of representing mathematical structures might seem confusing at first, but it is a token of their versatility.

While monoids correspond to categories with only one object, with groups as a special case, pre-orders are categories with very few morphisms, with partially ordered sets as a special case.

Example 14. Any preordered set $(P, \leq)$ can be seen as a category $\mathbf{P}$ :

- the elements of $P$ are the objects of $\mathbf{P}$,
- whenever $a \leq b$ for $a, b \in P$ then there is a single morphism of type $a \longrightarrow b$, that is, $\mathbf{P}(a, b)$ is a singleton, and, whenever $a \not \leq b$, then there is no morphism of type $a \longrightarrow b$, that is, $\mathbf{P}(a, b)$ is empty.
- whenever there is pair of morphisms of types $a \longrightarrow b$ and $b \longrightarrow c$ respectively, that is, whenever $a \leq b$ and $b \leq c$, transitivity of $\leq$ guarantees existence of a unique morphism of type $a \longrightarrow c$, which we take to be the composite of the morphisms of type $a \longrightarrow b$ and $b \longrightarrow c$. Reflexity guarantees the existence of a unique morphism of type $a \longrightarrow a$, which we take to be the identity on the object $a$.

Conversely, a category $\mathbf{C}$ in which there is at most one morphism of any type, i.e. hom-sets are either singletons or empty, defines a preoredered set:

- $|\mathbf{C}|$ are the elements of the preoredered set, and,
- $A \leq B$ if and only if $\mathbf{C}(A, B)$ is non-empty.
- Since $\mathbf{C}$ is a category, whenever there exists $f \in \mathbf{C}(A, B)$ and $g \in \mathbf{C}(B, C)$ then there exists $g \circ f \in \mathbf{C}(A, C)$, that is, also $\mathbf{C}(A, C)$ is non-empty. Hence $A \leq B$ and $B \leq C$ yields $A \leq C$. Since $1_{A} \in \mathbf{C}(A, A)$ we also have $A \leq A$.

So preoredered sets constitute an abstract category: its defining property is that every hom-set contains at most one morphism. Such categories are sometimes called thin categories. Conversely, categories which non-trivial hom-sets are called thick. Partially ordered sets also constitute an abstract category, namely one in which:

- every hom-set contains at most one morphism;
- whenever two objects are isomorphic then they must be equal.

This second condition imposes anti-symmetry on the partial order.
Let $\{*\}$ and $\emptyset$ denote a singleton set and the empty set. Then for any set $A \in|\operatorname{Set}|$, the set $\operatorname{Set}(A,\{*\})$ of all functions of type $A \rightarrow\{*\}$ is itself a singleton, since there is only one function which maps all $a \in A$ unto $*$, the single element of $\{*\}$. This concept can be dualised. The set $\boldsymbol{\operatorname { S e t }}(\emptyset, A)$ of functions of type $\emptyset \rightarrow A$ is again a singleton consisting of the 'empty function'. Due to these special properties which the objects $\{*\}$ and $\emptyset$ enjoy in the category in Set we respectively call them terminal and initial and for Set. All this can be generalised to arbitrary categories as follows:

Definition 3. An object $\top \in|\mathbf{C}|$ is terminal in $\mathbf{C}$ if, for any $A \in|\mathbf{C}|$, there is only one morphism of type $A \longrightarrow \top$. An object $\perp \in|\mathbf{C}|$ is initial in $\mathbf{C}$ if, for any $A \in|\mathbf{C}|$, there is only one morphism of type $\perp \longrightarrow A$.

Proposition 1. If a category $\mathbf{C}$ has two initial objects then these must be isomorphic. The same property also holds for terminal objects.

Indeed, let $\perp$ and $\perp^{\prime}$ be two initial objects in $\mathbf{C}$, then $\mathbf{C}\left(\perp, \perp^{\prime}\right)$ consists of a unique morphism $f$ as $\perp^{\prime}$ is initial, while $\mathbf{C}\left(\perp^{\prime}, \perp\right)=\{g\}$ as $\perp$ is also initial. Moreover, as $\mathbf{C}$ is a category, $g \circ f$ is defined and in $\mathbf{C}(\perp, \perp)=\left\{1_{\perp}\right\}$ as again, $\perp$ is initial and $\mathbf{C}$ is a category. If follows that $f$ is an isomorphism with $g=f^{-1}$ and that $\perp \simeq \perp^{\prime}$ as claimed. Similarly $T \simeq T^{\prime}$ is shown.

Example 15. A partially ordered set $P$ is bounded if there exist two elements $\top$ and $\perp$ such that for all $a \in P$ we have $\perp \leq a \leq \top$. Hence, when $P$ is viewed as a category, this means that it has both a terminal and an initial object.

The next example of an abstract categorical structure is the most important one in this paper. Therefore we state it as a definition. Among many (more important) things, it axiomatise 'cooking with vegetables'.

Definition 4. A strict monoidal category is a category for which:

1. objects come with monoid structure $(|\mathbf{C}|, \otimes, I)$, that is, we have

$$
A \otimes(B \otimes C)=(A \otimes B) \otimes C \quad \text { and } \quad \mathrm{I} \otimes A=A=A \otimes \mathrm{I}
$$

2. for all objects $A, B, C, D \in|\mathbf{C}|$ there exists an operation

$$
-\otimes-: \mathbf{C}(A, B) \times \mathbf{C}(C, D) \rightarrow \mathbf{C}(A \otimes C, B \otimes D)::(f, g) \mapsto f \otimes g
$$

which is associative and has $1_{\mathrm{I}}$ as its unit, that is, ${ }^{9}$

$$
f \otimes(g \otimes h)=(f \otimes g) \otimes h \quad \text { and } \quad 1_{\mathrm{I}} \otimes f=f=f \otimes 1_{\mathrm{I}},
$$

3. eq.(2) holds for all morphisms for which the types match, and, finally,
4. for all objects $A, B \in|\mathbf{C}|$ we have

$$
\begin{equation*}
1_{A} \otimes 1_{B}=1_{A \otimes B} \tag{4}
\end{equation*}
$$

The two equational constraints eq.(2) and eq.(4) can be conceived as a single principle, as we shall see in Section 5.1. The categories of systems and processes discussed in Section 1.3 are all examples of strict monoidal categories. We already explained in Section 0 what $-\otimes$ - stands for: it enables to deal with situations where several systems are involved. To a certain extend $-\otimes-$ can be interpreted as a logical conjunction.

$$
\begin{aligned}
A \otimes B & :=\text { system } A \text { and system } B \\
f \otimes g & :=\text { process } f \text { and process } g
\end{aligned}
$$

There is however considerable care required with this view: while $A \wedge A=A$, we do not have $A \otimes A=A$ in general. This is where the so-called linear logic [33, 57] kicks in, which is discussed in substantial detail in [4, 29].

For the special object I we have $A \otimes \mathrm{I}=A=\mathrm{I} \otimes A$ since it is the unit for the monoid. Hence it refers to a system which leaves any system invariant when we adjoin it to it, that is, 'unspecified', or, 'no system', or, 'nothing'. We already made reference to it in Example 9 when discussing preparation procedures. Similarly, $1_{\mathrm{I}}$ is the operation which 'does nothing to nothing'. It does make a lot of sense to have this silly system and operations in our theory: they will allow us to encode a notion of state within arbitrary monoidal categories, and also a notion of number and probabilistic weight -see below.

[^5]Example 16. A monoid ( $M, \bullet, e$ ) can now also be conceived as a strict monoidal category in which all morphisms are identities. Indeed, take $M$ to be the objects, • to be the tensor and $e$ to be the unit for the tensor. By taking identities to be the only morphisms we can equip these with the same monoid structure, hence satisfying eq.(4). By

$$
\left(1_{A} \circ 1_{A}\right) \otimes\left(1_{B} \circ 1_{B}\right)=1_{A} \otimes 1_{B}=1_{A \otimes B}=1_{A \otimes B} \circ 1_{A \otimes B}=\left(1_{A} \otimes 1_{B}\right) \circ\left(1_{A} \otimes 1_{B}\right)
$$

also eq.(2) is satisfied.

### 1.5 Categories in physics

In the previous section we saw how groups and partial orders, both of massive importance for physics, are themselves abstract categorical structures.

- While there is no need to argue for the importance of group theory to physics here, it is worth mentioning that John Slater (cf. Slater determinant in quantum chemistry) referred to Weyl, Wigner and others' use of group theory in quantum physics as der Gruppenpest, what translates as the 'plague of groups'. He wrote, even still in 1975: "As soon as [my] paper became known, it was obvious that a great many other physicists were as disgusted as I had been with the group-theoretical approach to the prob$\overline{\text { lem. As I heard later, there were remarks made such as 'Slater has slain }}$ the Gruppenpest'. I believe that no other piece of work I have done was so universally popular." On which planet does this guy live? Similarly, in the case of category theory, one could wonder who are the true aliens: category theoreticians or the mathematicians which strongly oppose its use.
- Partial orders embody spatio-temporal causal structure [53, 60]. Roughly speaking, if $a \leq b$ then events $a$ and $b$ are causally related, if $a<b$ then they are time-like separated, and if $a$ and $b$ don't compare then they are space-like separated. This theme is discussed in great detail in [46].

Also preorders play an important role e.g.:

- Also preorders play an important role e.g. they provide the only elegant and conclusive account on measuring quantum entanglement [49]. The relevant preorder is Muirheads majorization order [48]. An elegant conclusive account on multipartite entanglement as well as on mixed state entanglement is not available yet; we strongly believe that category theory provides the key to the solution in the following sense:

$$
\frac{\text { bipartite entanglement }}{\text { some preorder }}=\frac{\text { multipartite entanglement }}{\text { some thick category }}
$$

We also acknowledge the use of category theory in several involved subjects in mathematical physics ranging from topological quantum field theories (TQFTs) to proposals for a theory of quantum gravity; in many of these cases
the motivation to use category theory is of a more mathematical nature. We discuss one such topic, namely TQFT, in Section 5.5.

But the particular perspective which we would like to promote here is categories as physical theories. Above we discussed three kinds of categories:

- Concrete categories which have mathematical structures as objects and structure preserving maps between these as morphisms.
- Real world categories which have some notion of system as objects and corresponding processes thereoff as morphisms.
- Abstract categorical structures are mathematical structures in their own right; they are categories defined in terms of additional structure and/or properties which they satisfy.
The real world categories constitute the area of our focus (e.g. quantum physics, proof theory, computation, organic chemistry, ...), the concrete categories constitute the formal mathematical models for these (e.g., in the case of quantum physics, Hilbert spaces as objects, certain types of linear maps as morphisms, and the tensor product as the monoidal structure), while the abstract categorical structures constitute axiomatisations of these.

The latter is obvious the place to start when one is interested in comparing theories: we can study which axioms and/or structural properties are responsible for certain behavioural properties of systems, e.g. non-local effects for quantum systems (e.g. [2]), or, we can study which structural features for example distinguish classical from quantum theories (e.g. [23, 22]). Quantum theory is subject to the so-called No-Cloning, No-Deleting and NoBroadcasting theorems [7,51, 65], which impose key constraint on our capabilities to process quantum states. Expressing these clearly requires a formalism that allows to vary types, from a single to multiple systems, as well as one which accommodates processes (cf. copying/deleting process). Monoidal categories provide the appropriate mathematical arena for this -on-the-nose.

Example 17. Why does a tiger have stripes and a lion doesn't?


One strategy for finding an answer to this question would be to take a big knife and cut the tiger and the lion's belly open; maybe the explanation is hidden in the nature of the building blocks which these two animals are made up from. We find intestines but they seem to be very much the same in both cases. So maybe the answer is hidden in even smaller constituents. With a tiny knife we keep cutting and after a century of advancing 'small knife technology' we are able to identify a smaller kind of building block we now refer to as a
'cell'. Again, no obvious difference for tigers and lions at this level. So we need to go even smaller, further advancing small knife technology, looking for the constituents of the cell, and bingo! We discover DNA and this constituent truly reveals the difference. So yes, now we know why tigers have stripes and lions don't! Do we really? No, of course not. The real explanation for the fact that tigers have stripes and lions is a process of type

$$
\text { prey } \otimes \text { predator } \otimes \text { environment } \longrightarrow \text { dead prey } \otimes \text { eating predator }
$$

which represents the successful challenge of a predator, operating within a certain environment, on a certain prey, thanks to its camouflage. Lions hunt in sandy savanna while tigers hunt in the forest and it is relative to this environment that stripes happen to be adequate camouflage for tigers and plain sandy colours happen to be adequate camouflage for lions. The fact that this differences are encoded in their respective DNA is an evolutionary consequence of this, via the process of natural selection, and certainly not the cause. This example illustrates how monoidal categories enable to shift the focus from an atomistic or reductionist view on scientific theories to a more interactive view on scientific theories where systems are studied in terms of there interaction with other systems, rather than it terms of their constituents. Clearly in recent history physics has solely focused on chopping down things into smaller things. This approach, as it was the case for tigers and lions, might not give us a satisfactory understanding of the fundamental theories of nature.

### 1.6 Structure preserving maps for categories

The notion of structure preserving map between categories which we referred to in Example 6 wasn't made explicit yet. These 'maps which preserve categorical structure', so-called functors, must preserve the structure of the category, that is, composition and identities. An example of a functor that might be known to the reader, because of its applications in physics, is the linear representation of a group. A representation of a group $G$ on a vector space $V$ is a group homomorphism from $G$ to $\mathrm{GL}(V)$, the general linear group on $V$, that is, a map $\rho: G \rightarrow \mathrm{GL}(V)$ which is such that

$$
\rho\left(g_{1} \bullet g_{2}\right)=\rho\left(g_{1}\right) \circ \rho\left(g_{2}\right) \quad \text { for all } \quad g_{1}, g_{2} \in G, \quad \text { and }, \quad \rho(1)=1_{V}
$$

Consider $G$ as a category $\mathbf{G}$ as in Example 13. We also have that $\mathrm{GL}(V) \subset$ $\mathbf{F d V e c t}_{\mathbb{K}}(V, V)$ (cf. Example 2). Hence, a group representation $\rho$ from $G$ to $\mathrm{GL}(V)$ induces 'something' from $\mathbf{G}$ to $\mathbf{F d V e c t}_{\mathbb{K}}$ :

$$
\rho: G \rightarrow \mathrm{GL}(V) \quad \leadsto \quad \mathbf{G} \xrightarrow{R_{\rho}} \mathbf{F d V e c t}_{\mathbb{K}} .
$$

However, specifying $\mathbf{G} \xrightarrow{R_{\rho}} \mathbf{F d V e c t}_{\mathbb{K}}$ requires some care:

- Firstly, we need to specify that we are representing on the general linear group of the vector space $V \in \mathbf{F d V e c t}_{\mathbb{K}}$. We do this by mapping the unique object $*$ of $\mathbf{G}$ on $V$, thus defining a map from objects to objects

$$
R_{\rho}:|\mathbf{G}| \rightarrow\left|\mathbf{F d V e c t}_{\mathbb{K}}\right|:: * \mapsto V .
$$

- Secondly, we need to specify to which linear map in $\mathbf{F d V e c t}_{\mathbb{K}}\left(R_{\rho}(*), R_{\rho}(*)\right)=$ $\mathrm{GL}\left(R_{\rho}(*)\right)$ a group element $g \in \mathbf{G}(*, *)=G$ is mapped. This defines a map from hom-set(s) to hom-set(s)

$$
R_{\rho}: \mathbf{G}(*, *) \rightarrow \mathbf{F d V e c t}_{\mathbb{K}}\left(R_{\rho}(*), R_{\rho}(*)\right):: g \mapsto \rho(g)
$$

Since this mapping is a group homomorphism and we consider groups as a categories, it must preserve the composition and identities of these. Hence, it preserves the categorical structure.
Having this example in mind, we infer that a functor must consists not of a single but of two kinds of mappings, one map on the objects and a family of maps on the hom-sets which preserve identities and composition.

Definition 5. Let $\mathbf{C}$ and $\mathbf{D}$ be categories. A functor $F: \mathbf{C} \rightarrow \mathbf{D}$ consists of:

1. A mapping

$$
F:|\mathbf{C}| \rightarrow|\mathbf{D}|:: A \mapsto F(A) ;
$$

2. For any $A, B \in|\mathbf{C}|$, a mapping

$$
F: \mathbf{C}(A, B) \rightarrow \mathbf{D}(F(A), F(B)):: f \mapsto F(f)
$$

which preserves identities and composition, that is,
i. for any $f \in \mathbf{C}(A, B)$ and $g \in \mathbf{C}(B, C)$ we have

$$
F(g \circ f)=F(g) \circ F(f),
$$

ii. and, for any $A \in|\mathbf{C}|$ we have

$$
F\left(1_{A}\right)=1_{F(A)}
$$

Typically one drops the parenthesis unless they are necessary. For instance, $F(A)$ and $F(f)$ will be denoted simply as $F A$ and $F f$. Consider the category PhysProc of Example 7 and a concrete category Mod (e.g. FdHilb) in which we wish to model these mathematically, by assigning to each process a morphism in the concrete category Mod. Functoriality of

$$
F: \text { PhysProc } \rightarrow \text { Mod }
$$

means that sequential composition of physical processes is mapped on composition of morphisms in Mod and that void processes are mapped on the identity morphisms. Hence functoriality is an obvious requirement when designing mathematical models for physical processes.

Example 18. Define the category Mat $\mathbb{K}_{\mathbb{K}}$ with

1. the set of natural numbers $\mathbb{N}$ as objects,
2. all $n \times m$-matrices with entries iin $\mathbb{K}$ as morphisms of type $n \longrightarrow m$, and

3 . matrix composition and identity matrices.
This example is closely related to Example 2. It however strongly emphasizes that objects are but labels with no internal structure. Strictly speaking this is not a concrete category in the sense of Section 1.2. However, for all practical purposes it can serve as well as a model as any concrete category. Therefore we relax our conception of concrete categories also to this kinds of model. Assume now that for each vector space $V \in\left|\mathbf{F d V e c t}_{\mathbb{K}}\right|$ we pick a fixed base. Then any linear function $f \in \mathbf{F d V e c t}_{\mathbb{K}}(V, W)$ admits a matrix in these bases. This 'assigning of matrices' to linear maps is described by the functor

$$
F: \text { FdVect }_{\mathbb{K}} \rightarrow \text { Mat }_{\mathbb{K}}
$$

which maps a vector space on its dimension and which maps a linear map on the matrix in the chosen bases. Note that it is not the category FdVect $_{\mathbb{K}}$ but the functor $F$ which encodes the choosing of bases.

Example 19. If in Mat $\mathbb{C}_{\mathbb{C}}$ we map each natural number on itself and conjugate all the entries of each matrix then we also obtain a functor.

We now introduce the concept of duality, already hinted at above. Simply put, it means reversal of the arrows in a given category $\mathbf{C}$. We illustrate this operation by an example. Transposition of matrices:
i. preserves identities,
ii. reverses the direction of the morphisms since the matrix $M^{T}$ has type $m \longrightarrow n$ whenever the matrix $M$ has type $n \longrightarrow m$, and,
iii. preserves the composition 'up to' this reversal of the arrows i.e.

$$
(N \circ M)^{T}=M^{T} \circ N^{T}
$$

for any pair of matrices $N$ and $M$ for which types match.
So transposition is a functor up to reversal of the arrows.
Definition 6. A contravariant functor $F: \mathbf{C} \rightarrow \mathbf{D}$ consists of the same data as a functors, also preserves identities, but reverses composition, that is,

$$
F(g \circ f)=F f \circ F g
$$

Ordinary functors are often called covariant functors.
Definition 7. The opposite category $\mathbf{C}^{o p}$ of a category $\mathbf{C}$ is the category with the same objects as $\mathbf{C}$ but in with morphisms are reversed, that is,

$$
f \in \mathbf{C}(A, B) \quad \Leftrightarrow \quad f \in \mathbf{C}^{o p}(B, A)
$$

-to avoid confusion we denote $f \in \mathbf{C}^{o p}(B, A)$ by $f^{o p}$ and we call this morphism the opposite to $f$-, identities in $\mathbf{C}^{o p}$ are those of $\mathbf{C}$, and if $h=g \circ f$ in $\mathbf{C}$ then $h^{o p}=f^{o p} \circ g^{o p}$, that is,

$$
f^{o p} \circ g^{o p}=(g \circ f)^{o p} .
$$

Contravariant functors of type $\mathbf{C} \rightarrow \mathbf{D}$ can now be defined as functors of type $\mathbf{C}^{o p} \rightarrow \mathbf{D}$. Of course, the operation $(-)^{o p}$ on categories is involutive: reversing the arrows twice is the same as doing nothing. The process of reversing the arrow is sometimes indicated by the prefix 'co' indicating that the defining equations for those structures are the same as the defining equations for the original structure but with arrows reversed.

Example 20. The transpose is the involutive contravariant functor

$$
T: \mathbf{F d V e c t}_{\mathbb{K}}^{o p} \rightarrow \mathbf{F d V e c t}_{\mathbb{K}}
$$

which maps each vector space on the corresponding dual vector space and which maps each linear map $f$ on its tranpose $f^{T}$.

Example 21. Let FdHilb be the category with finite dim. Hilbert spaces as objects, that is, finite dim. vector spaces over $\mathbb{C}$, for which an inner-product

$$
\langle-,-\rangle: \mathcal{H} \times \mathcal{H} \rightarrow \mathbb{C}
$$

is specified, and with all linear maps as morphisms. One could of course define other categories with Hilbert spaces as objects, for example, the groupoid FdUnit of Example 13. But as we will see below in Section 2.3, the category FdHilb as defined here comes with enough extra structure to extract all unitary maps from it. Hence, FdHilb when endowed with that extra structure subsumes FdUnit. This extra structure comes as a functor, namely, the adjoint or hermitian transpose. This is the contravariant functor

$$
\dagger: \text { FdHilb }{ }^{o p} \rightarrow \text { FdHilb }
$$

which:

1. is identity-on-object, that is,

$$
\dagger: \mid \text { FdHilb }\left.\right|^{\mathrm{op}} \rightarrow \mid \text { FdHilb } \mid:: \mathcal{H} \mapsto \mathcal{H}
$$

2. and assigns morphisms to their adjoints, that is,

$$
\dagger: \mathbf{F d H i l b}(\mathcal{H}, \mathcal{K}) \rightarrow \mathbf{F d H i l b}(\mathcal{K}, \mathcal{H}):: f \mapsto f^{\dagger}
$$

Since for $f \in \operatorname{FdHilb}(\mathcal{H}, \mathcal{K})$ and $g \in \operatorname{FdHilb}(\mathcal{K}, \mathcal{L})$ we have:

$$
1_{\mathcal{H}}^{\dagger}=1_{\mathcal{H}} \quad \text { and } \quad(g \circ f)^{\dagger}=f^{\dagger} \circ g^{\dagger}
$$

we indeed obtain a contravariant functor, which is moreover involutive, that is, for all objects $\mathcal{H}$ and all morphisms $f$ we have

$$
f^{\dagger \dagger}=f
$$

While the morphisms of FdHilb do not reflect the inner-product structure, the latter is required to specify the adjoint. In turns, this adjoint will allow us in Section 2.3 to recover the inner-product in purely category-theoretic terms.

Example 22. Define the category Funct $\mathbf{C}_{\mathbf{C}, \mathbf{D}}$ with

1. all functors from $\mathbf{C}$ to $\mathbf{D}$ as objects,
2. natural transformations between these as morphisms (cf. Section 5.2), and, 3. composition of natural transformations and corresponding identities.

Example 23. The defining equations for strict monoidal categories, that is,

$$
\begin{equation*}
(g \circ f) \otimes(k \circ h)=(g \otimes k) \circ(f \otimes h) \quad \text { and } \quad 1_{A} \otimes 1_{B}=1_{A \otimes B} \tag{5}
\end{equation*}
$$

which we refer to as bifunctoriality, is nothing but functoriality of a certain functor, as we shall see in Section 5.1.

Example 24. The TQFTs of Section 5.5 are special kinds of functors.

## 2 The 2D case: Muscle power

We now genuinely start to study the interaction of the parallel and the sequential modes of composing systems and operations thereon.

### 2.1 Strict symmetric monoidal categories

The starting point of this Section are the strict monoidal categories in Definition 4. They enable to give formal meaning to physical processes which involve several types, e.g. classical and quantum, as the following example clearly demonstrates.

Example 25. Define CQOpp to be the strict monoidal category containing both classical and quantum systems with operations thereon as morphisms and with the obvious notion of monoidal tensor, that is, analogous to how we introduced it for vegetables in the prologue. In this category non-destructive von Neumann measurements have type $Q \rightarrow X \otimes Q$ where $Q$ is a quantum system and $X$ is the classical data produced by the measurement. Obviously the hom-sets $\mathbf{C Q O p p}(Q, Q)$ and $\mathbf{C Q O p p}(X, X)$ have a very different structure since $\operatorname{CQOpp}(Q, Q)$ stands for the operations we can perform on a quantum system while $\mathbf{C Q O p p}(X, X)$ stands for the classical operations (e.g. classical computations) which we can perform on classical systems. But all of these now live within a single mathematical entity CQOpp.

The structure of a strict monoidal category does not yet capture certain important properties of cooking with vegetables. Denote the strict monoidal category constructed in the Prologue by Cook.

Clearly 'boil the potato while fry the carrot' is very much the same thing as 'fry the carrot while boil the potato'. But we cannot just bluntly say that $h \otimes f=f \otimes h$ in Cook. For this equation to even be meaningful the two morphisms $h \otimes f$ and $f \otimes h$ need to live in the same set, that is, respecting the structure of a category, within the same hom-set. So $A \otimes D \xrightarrow{f \otimes h} B \otimes F$ and $D \otimes A \xrightarrow{h \otimes f} F \otimes B$ need to have the same type which implies that $A \otimes D=D \otimes A$ and $B \otimes F=F \otimes B$ must hold. All this completely blurs the distinction between a carrot and a potato. For example, we cannot distinguish anymore between 'boil the potato while fry the carrot', which was

$$
A \otimes D \xrightarrow{f \otimes h} B \otimes F
$$

or 'fry the potato while boil the carrot' which we now can write as

$$
A \otimes D=D \otimes A \xrightarrow{h \otimes f} F \otimes B=B \otimes F .
$$

The solution to this problem is to introduce an operation

$$
\sigma_{A, D}: A \otimes D \rightarrow D \otimes A
$$

which swaps the role of the potato and the carrot relative to the monoidal tensor. The fact that 'boil the potato while fry the carrot' is essentially the same thing as 'fry the carrot while boil the potato' can now be expressed as

$$
\sigma_{B, E} \circ(f \otimes h)=(h \otimes f) \circ \sigma_{A, D}
$$

In this 'real world example' this operation can be interpreted as physically swapping the vegetables [18]. The equational law governing 'swapping' is:

$$
\sigma_{B, A} \circ \sigma_{A, B}=1_{A \otimes B}
$$

Definition 8. A strict symmetric monoidal category is a strict monoidal category $\mathbf{C}$ that also comes with a family of isomorphisms

$$
\left\{A \otimes B \xrightarrow{\sigma_{A, B}} B \otimes A|A, B \in| \mathbf{C} \mid\right\}
$$

with $\sigma_{B, A}$ the inverse to $\sigma_{A, B}$ for all $A, B \in|\mathbf{C}|$, and which for all $A, B, C, D \in$ $|\mathbf{C}|$ and all $f, g$ of appropriate type satisfy

$$
\begin{equation*}
\sigma_{C, D} \circ(f \otimes g)=(g \otimes f) \circ \sigma_{A, B} \tag{6}
\end{equation*}
$$

We refer to these special morphisms as symmetry.

All Examples of Section 1.3 are strict symmetric monoidal categories for the obvious notion of symmetry in terms of 'swapping'. We can rewrite eq.(6) in a more lucid form which makes the types explicit:


This representation is referred to as commutative diagrams.
Proposition 2. In any strict monoidal category we have


Indeed, relying on bifunctoriality we have:

$$
\begin{gathered}
\left(f \otimes 1_{D}\right) \circ\left(1_{A} \otimes g\right)=\left(f \circ 1_{A}\right) \otimes\left(1_{D} \circ g\right) \\
\| \\
f \otimes g \\
\| \\
\left(1_{B} \circ f\right) \otimes\left(g \circ 1_{C}\right)=\left(1_{C} \otimes g\right) \circ\left(f \otimes 1_{B}\right) .
\end{gathered}
$$

The reader can easily verify that, given a connective $-\otimes$ - both on objects and morphisms as in items $1 \& 2$ of Definition 4 , the four equations

$$
\begin{gather*}
\left(f \circ 1_{A}\right) \otimes\left(1_{D} \circ g\right)=f \otimes g=\left(1_{B} \circ f\right) \otimes\left(g \circ 1_{C}\right)  \tag{9}\\
\left(g \otimes 1_{D}\right) \circ\left(f \otimes 1_{D}\right)=(g \circ f) \otimes 1_{D}  \tag{10}\\
\left(1_{D} \otimes g\right) \circ\left(1_{D} \otimes f\right)=1_{D} \otimes(g \circ f), \tag{11}
\end{gather*}
$$

when varying over all object $A, B, C, D \in|\mathbf{C}|$ and all morphisms $f$ and $g$ of appropriate type, are equivalent to the single equation

$$
\begin{equation*}
(g \circ f) \otimes(k \circ h)=(g \otimes k) \circ(f \otimes h) \tag{12}
\end{equation*}
$$

when varying over $f, g, h, k$. Eqs. $(10,11)$ together with $1_{A} \otimes 1_{B}=1_{A \otimes B}$ is usually referred to as $-\otimes$ - being functorial in both arguments. They are indeed equivalent to, for all objects $C \in|\mathbf{C}|$, the assignments

$$
\left(-\otimes 1_{C}\right): \mathbf{C} \rightarrow \mathbf{C} \quad \text { and } \quad\left(1_{C} \otimes-\right): \mathbf{C} \rightarrow \mathbf{C}
$$

both being functors - the action of objects of these functors is

$$
\left(-\otimes 1_{C}\right):: A \mapsto A \otimes C \quad \text { and } \quad\left(1_{C} \otimes-\right):: A \mapsto C \otimes A
$$

### 2.2 Graphical calculus for symmetric monoidal categories

The most attractive and at the same time also the most powerful feature of strict symmetric monoidal categories is that they admit a purely diagrammatic calculus. Such a graphical language is subject to the following requirements:

- The symbolic ingredients in the definition of strict symmetric monoidal structure, or any other other abstract categorical structure which refines it, all have a purely diagrammatic counterpart ;
- The corresponding axioms become very intuitive graphical manipulations;
- An equational statement is derivable in the graphical language if and only if it is symbolically derivable from the axioms of the theory.

For a more formal presentation of what we precisely mean by a graphical calculus we refer the reader to Peter Selinger's paper [59] in these volumes. These diagrammatic calculi trace back to Penrose's work in the early 1970s, and have been given rigorous formal treatments in [32, 35, 36, 58]. Some examples of possible elaborations and corresponding applications of the graphical language presented in this paper are in $[21,22,20,42,59,61,63,64]$.

The graphical counterparts to the axioms are typically much simpler then their formal counterparts. For example, in the Prologue we mentioned that bifunctoriality becomes a tautology. Therefore such a graphical language radically simplifies algebraic manipulations and in many cases trivialises something very complicated. Also the physical interpretation of the axioms, something which is dear to the authors of this paper, becomes very direct.

The graphical counterparts to strict symmetric monoidal structure are:

- The identity $1_{\mathrm{I}}$ is not depicted (= empty picture).
- The identity $1_{A}$ for and object $A$ different of I is depicted as
- A morphism $f: A \rightarrow B$ is depicted as

- The composition of morphisms $f: A \rightarrow B$ and $g: B \rightarrow C$ is depicted by locating $g$ above $f$ and by connecting the output of $f$ to the input of $g$ i.e.

- The tensor product of morphisms $f: A \rightarrow B$ and $g: C \rightarrow D$ is depicted by aligning the graphical representation of and $f$ and $g$ side by side in the order occurring within the expression $f \otimes g$ i.e.

- Symmetry $\sigma_{A B}: A \otimes B \rightarrow B \otimes A$ is depicted as

- Morphisms $\phi: \mathrm{I} \rightarrow A, \pi: A \rightarrow \mathrm{I}, s: \mathrm{I} \rightarrow \mathrm{I}$ are respectively depicted as


The diamond shape of the morphisms of type I $\rightarrow$ I indicates that they arise when composing two triangles:


Example 26. In the category QuantOpp the triangles of respective types I $\rightarrow$ $A$ and $A \rightarrow$ I represent states and effects, and the diamonds of type $\mathrm{I} \rightarrow \mathrm{I}$ can be interpreted as probabilistic weights: they give the likeliness of a certain effect to occur when the system is in a certain state. In the usual quantum formalism this corresponds to computing the Born rule or Luders' rule. In the
graphical language of appropriate categories we find these exact values back as one of these diamonds by composing a state and an effect [19, 59].

The equation

$$
\begin{equation*}
f \otimes g=\left(f \otimes 1_{D}\right) \circ\left(1_{A} \otimes g\right)=\left(1_{B} \otimes g\right) \circ\left(f \otimes 1_{C}\right) \tag{13}
\end{equation*}
$$

established in Proposition 2 is depicted as:


In words: we can 'slide' boxes along their wires. The first defining equation of symmetry, i.e. eq.(7), depicts as:

I.e. we can also 'slide' boxes along crossings of wires. Finally, the second defining equation of a strict symmetric monoidal category

$$
\begin{equation*}
\sigma_{B, A} \circ \sigma_{A, B}=1_{A, B} \tag{14}
\end{equation*}
$$

depicts as


Suppose now that one intends to prove in any strict symmetric monoidal category that for three arbitrary morphisms $f: A \rightarrow A^{\prime}, g: B \rightarrow B^{\prime}$ and $h: C \rightarrow C^{\prime}$ the equation

$$
\begin{aligned}
& \left(\sigma_{B^{\prime}, C^{\prime}} \otimes f\right) \circ\left(g \otimes \sigma_{A, C^{\prime}}\right) \circ\left(\sigma_{A, B} \otimes h\right) \\
& \quad=\left(h \otimes \sigma_{A^{\prime}, B^{\prime}}\right) \circ\left(\sigma_{A^{\prime}, C} \otimes 1_{B^{\prime}}\right) \circ\left(1_{A^{\prime}} \otimes \sigma_{B^{\prime}, C}\right) \circ\left(f \otimes g \otimes 1_{C}\right)
\end{aligned}
$$

always holds. Then, the typical textbook proof proceeds by diagram chasing:


One needs to read this 'monster' as follows. The two outer paths both going from the left-upper-corner to the right-lower-corner represent the two sides of the equality we have to prove. Then we do what category-theoreticians call diagram chasing, that is, by 'pasting' together several commutative diagrams we try to pass from one of the outer paths to the other. For example, the triangle at the top of the diagram expresses that

$$
\left(\sigma_{A, B} \otimes 1_{C^{\prime}}\right) \circ\left(1_{A \otimes B} \otimes h\right)=\left(1_{B \otimes A} \otimes h\right) \circ\left(\sigma_{A, B} \otimes 1_{C}\right)
$$

that is, an instance of bifunctoriality. Using the properties of strict symmetric monoidal categories, that is, here, bifunctoriality and eq.(7) expressed as commutative diagrams, we can pass from the outer path at the top and the right to the outer path on the left and the bottom. This a very tedious task and paper-writing becomes fairly unpleasant. On the other hand, graphically one immediately sees:

must hold. We pass from one picture to the other by sliding the boxes along wires, and by then rearranging these wires. In terms of the underlying equations of strict symmetric monoidal structure 'sliding the boxes along wires' uses eq.(7) and eq.(13), while 'rearranging these wires' means that we used again eq.(7) in the following manner:


Indeed, since symmetry is a morphism like any other morphism, it can be conceived as a box and hence we can 'slide it along wires'.

In a broader historical perspective we are somewhat unfair here. Writing equational reasoning down in terms of these commutative diagrams rather than long lists of equalities was an important step towards a better geometrical understanding of the structure of proofs.

### 2.3 Extended Dirac notation

Definition 9. A strict dagger monoidal category $\mathbf{C}$ is a strict monoidal category which comes with an identity-on-objects contravariant involutive functor $\dagger: \mathbf{C}^{o p} \longrightarrow \mathbf{C}$, that is, $A^{\dagger}=A$ for all objects $A$ and $f^{\dagger \dagger}=f$ for all morphisms $f$, and which moreover satisfies

$$
\begin{equation*}
(f \otimes g)^{\dagger}=f^{\dagger} \otimes g^{\dagger} \tag{15}
\end{equation*}
$$

We will refer to $B \xrightarrow{f^{\dagger}} A$ as the adjoint to $A \xrightarrow{f} B$. A strict dagger symmetric monoidal category $\mathbf{C}$ is both a strict dagger monoidal category and a strict symmetric monoidal category for which we have that

$$
\sigma_{A, B}^{\dagger}=\sigma_{A, B}^{-1} .
$$

Definition 10. [2] A morphism in a strict dagger monoidal category is called unitary if its inverse and its adjoint coincide. We define the inner-product of two 'elements' $\psi: \mathrm{I} \longrightarrow A$ and $\phi: \mathrm{I} \longrightarrow A$ of the same type in a strict dagger monoidal category to be the 'scalar'

$$
\langle\phi \mid \phi\rangle:=\phi^{\dagger} \circ \psi: \mathrm{I} \longrightarrow \mathrm{I} .
$$

In any strict monoidal category we indeed refer to morphisms of type $\mathrm{I} \longrightarrow A$ as elements (cf. Exercise 3) and to those of type I $\longrightarrow \mathrm{I}$ as scalars. To those of type $A \longrightarrow$ I we can refer as co-elements. As already discussed in Example 26 in the category QuantOpp these respectively correspond to states, probabilistic weights and effects.

Even at this abstract level many familiar things follow from Definition 10. For example, we recover the defining property of adjoints for any dagger:

$$
\begin{aligned}
\left\langle f^{\dagger} \circ \psi \mid \phi\right\rangle & =\left(f^{\dagger} \circ \psi\right)^{\dagger} \circ \phi \\
& =\left(\psi^{\dagger} \circ f\right) \circ \phi \\
& =\psi^{\dagger} \circ(f \circ \phi) \\
& =\langle\psi \mid f \circ \phi\rangle .
\end{aligned}
$$

¿From this it follows that unitary morphisms preserve the inner-product:

$$
\begin{aligned}
\langle U \circ \psi \mid U \circ \phi\rangle & =\left\langle U^{\dagger} \circ(U \circ \psi) \mid \phi\right\rangle \\
& =\left\langle\left(U^{\dagger} \circ U\right) \circ \psi \mid \phi\right\rangle \\
& =\langle\psi \mid \phi\rangle
\end{aligned}
$$

The graphical calculus of the previous section extends to strict dagger symmetric monoidal categories. Following Selinger [59] we introduce an asymmetry in the graphical notation of the morphisms $A \xrightarrow{f} B$ as follows:


Then we depict the adjoint $A \xrightarrow{f^{\dagger}} B$ to $A \xrightarrow{f} B$ as follows

that is, we put the box representing $f$ upside-down. All this enables interpretation of Dirac notation [27] in terms of strict dagger symmetric monoidal categories and in particular in terms of the corresponding graphical calculus:

which merely requires closing the bra's and ket's and performing a $90^{\circ}$ rotation. ${ }^{10}$ Summarising we now have:


In particular, note that in the language of strict dagger symmetric monoidal categories both a bra-ket and a ket-bra are compositions of morphisms i.e. $\phi^{\dagger} \circ \psi$ and $\psi \circ \phi^{\dagger}$ respectively. What the diagrammatic calculus adds to all this is a second dimension to accommodate the monoidal composition:

[^6]

The advantages of this have already been made clear in the previous section and will even become clearer in Section 3.1.

In the light of the types of the morphisms in the third column of the above table, recall again that in Example 3 we showed that the vectors in Hilbert spaces $\mathcal{H}$ can be faithfully represented by linear maps of type $\mathbb{C} \rightarrow \mathcal{H}$. Similarly, complex numbers $c \in \mathbb{C}$, that is, equivalently, vectors in the 'onedimensional Hilbert space $\mathbb{C}$, can be faithfully represented by linear maps

$$
s_{c}: \mathbb{C} \rightarrow \mathbb{C}:: 1 \mapsto c
$$

since by linearity the image of 1 fully specifies this map.
However, by making explicit reference to FdHilb and hence also by having matrices (that is, morphisms in FdHilb expressed relative to some bases) in the above table we are actually cheating. The fact that Hilbert spaces and linear maps are set-theory based mathematical structures has non-trivial 'unpleasant' implications. In particular, while the $\otimes$-notation for the monoidal structure of strict monoidal categories insinuates that the tensor product would turn FdHilb into a strict symmetric monoidal category, this turns out not to be true in the 'strict' sense of the word true.

### 2.4 The set-theoretic verdict on strictness

As outlined in Section 1.5 we 'model' real world categories in terms of concrete categories. While the real world categories are indeed strict monoidal categories their corresponding models typically aren't. What goes wrong is the following. For set-theory based mathematical structures such as groups, topological spaces, partial orders and vector spaces, neither

$$
A \otimes(B \otimes C)=(A \otimes B) \otimes C \quad \text { nor } \quad \mathrm{I} \otimes A=A=A \otimes \mathrm{I}
$$

hold. This is due to the fact that for the underlying sets $X, Y, Z$ we have that $(x,(y, z)) \neq((x, y), z)$ and $(*, x) \neq x \neq(x, *)$ so, as a consequence, neither

$$
X \times(Y \times Z)=(X \times Y) \times Z \quad \text { nor } \quad\{*\} \times X=X=X \times\{*\}
$$

hold. We do have something very closely related to this, namely

$$
X \times(Y \times Z) \simeq(X \times Y) \times Z \quad \text { and } \quad\{*\} \times X \simeq X \simeq X \times\{*\}
$$

That is, we have isomorphisms rather than strict equations. On the other hand, this are not just ordinary isomorphisms but they are so-called natural isomorphisms. These natural isomorphisms are an instance of the more general natural transformations which we discuss in Section 5.2. ${ }^{11}$ Meanwhile we introduce a restricted version of this general notion of natural transformations.

Consider a category $\mathbf{C}$ for which the objects come with an operation

$$
\begin{equation*}
-\otimes-:|\mathbf{C}| \times|\mathbf{C}| \rightarrow|\mathbf{C}|::(A, B) \mapsto A \otimes B \tag{16}
\end{equation*}
$$

and that for all objects $A, B, C, D \in|\mathbf{C}|$ there also exists an operation

$$
\begin{equation*}
-\otimes-: \mathbf{C}(A, B) \times \mathbf{C}(C, D) \rightarrow \mathbf{C}(A \otimes C, B \otimes D)::(f, g) \mapsto f \otimes g \tag{17}
\end{equation*}
$$

on morphisms. Let

$$
\Lambda\left(x_{1}, \ldots, x_{n}, C_{1}, \ldots, C_{m}\right) \quad \text { and } \quad \Xi\left(x_{1}, \ldots, x_{n}, C_{1}, \ldots, C_{m}\right)
$$

be two well-formed expressions built from $-\otimes-$, brackets, variables $x_{1}, \ldots, x_{n}$ and constants $C_{1}, \ldots, C_{m} \in|\mathbf{C}|$. Then a natural transformation is a family
$\left\{\Lambda\left(A_{1}, \ldots, A_{n}, C_{1}, \ldots, C_{m}\right) \xrightarrow{\xi_{A_{1}, \ldots, A_{n}}} \Xi\left(A_{1}, \ldots, A_{n}, C_{1}, \ldots, C_{m}\right) \mid A_{1}, \ldots, A_{n} \in \mathbf{C}\right\}$
of morphisms which are such that for all objects $A_{1}, \ldots, A_{n}, B_{1}, \ldots, B_{n} \in|\mathbf{C}|$ and all morphisms $A_{1} \xrightarrow{f_{1}} B_{1}, \ldots, A_{n} \xrightarrow{f_{n}} B_{n}$ we have:


A natural transformation is a natural isomorphism if all these morphisms $\xi_{A_{1}, \ldots, A_{n}}$ are isomorphisms in the sense of Definition 2.

Examples of such well-formed expressions are

$$
x \otimes(y \otimes z) \quad \text { and } \quad(x \otimes y) \otimes z
$$

[^7]and the corresponding constraint on the morphims is


If diagram (18) commutes for all $A, B, C, A^{\prime}, B^{\prime}, C^{\prime}, f, g, h$ and the morphisms

$$
\alpha:=\left\{\alpha_{A, B, C} \mid A, B, C \in \mathbf{C}\right\}
$$

are all isomorphisms the this natural isomorphism is called or associativity. Its name refers to the fact that this natural isomorphism embodies a weakening the strict associative law $A \otimes(B \otimes C)=(A \otimes B) \otimes C$. A better name would actually be re-bracketing since that is what it truly does: it is a morphism -which we like to think of as a process- which transforms type $A \otimes(B \otimes C)$ into type $(A \otimes B) \otimes C$. In other words, it provides a formal witness to the actual processes of re-bracketing a mathematical expression. The naturality condition in diagram (18) formally states that re-bracketing commutes with any triple of operations $f, g, h$ we apply to the systems, and hence tells us that the process of re-bracketing does not interfere with non-trivial processes any $f, g, h$, almost as if it wasn't there.

Other important pairs of well-formed formal expressions are

$$
x \quad \text { and } c \otimes x \quad x \quad \text { and } \quad x \otimes c
$$

and, for I the constant object, the corresponding naturality constraint is


The natural isomorphisms $\lambda$ and $\rho$ in diagrams (19) are called left- and right unit. In this case a better name would have been left- and right introduction since they are the process introducing a new object relative to an exiting one.

We encountered a fourth important example in Definition 8 , namely

$$
x \otimes y \quad \text { and } \quad y \otimes x,
$$

for which diagram (7) is the naturality condition. The isomorphism $\sigma$ is called symmetry but a better name could have been exchange or swapping.

Example 27. The category Set has associativity, left- and right unit and symmetry natural isomorphisms relative to the Cartesian product with the singleton set $\{*\}$ as the monoidal unit, and setting

$$
f \times f^{\prime}: X \times X^{\prime} \rightarrow Y \times Y^{\prime}::\left(x, x^{\prime}\right) \mapsto\left(f(x), f^{\prime}\left(x^{\prime}\right)\right)
$$

for $f: X \rightarrow Y$ and $f^{\prime}: X^{\prime} \rightarrow Y^{\prime}$, namely:

$$
\begin{gathered}
\alpha_{X, Y, Z}: X \times(Y \times Z) \rightarrow(X \times Y) \times Z::(x,(y, z)) \mapsto((x, y), z) \\
\lambda_{X}: X \rightarrow\{*\} \times X:: x \mapsto(*, x) \quad \rho_{X}: X \rightarrow X \times\{*\}:: x \mapsto(x, *) \\
\sigma_{X, Y}: X \times Y \rightarrow Y \times X::(x, y) \mapsto(y, x)
\end{gathered}
$$

for which one easily verifies that diagrams (18), (19), (7) all commute. Showing that bifunctoriality holds is somewhat more tedious.

Definition 11. A monoidal category consists of the following data:

1. a category $\mathbf{C}$;
2. an object $\mathrm{I} \in|\mathbf{C}|$;
3. a bifunctor $-\otimes-$, that is, an operation both on objects and on morphisms as in prescriptions (16) and (17) above, which moreover satisfies

$$
(g \circ f) \otimes(k \circ h)=(g \otimes k) \circ(f \otimes h) \quad \text { and } \quad 1_{A} \otimes 1_{B}=1_{A \otimes B}
$$

for all objects $A, B \in|\mathbf{C}|$ and all morphisms $f, g, h, k$ of appropriate type ; 4. three natural isomorphisms

$$
\begin{gathered}
\alpha=\left\{A \otimes(B \otimes C) \xrightarrow{\alpha_{A, B, C}}(A \otimes B) \otimes C|A, B, C \in| \mathbf{C} \mid\right\}, \\
\lambda=\left\{A \xrightarrow{\lambda_{A}} \mathrm{I} \otimes A|A \in| \mathbf{C} \mid\right\} \quad \text { and } \quad \rho=\left\{A \xrightarrow{\rho_{A}} A \otimes \mathrm{I}|A \in| \mathbf{C} \mid\right\},
\end{gathered}
$$

hence satisfying eq.(18) and eq.(19), and such that we also have

for all $A, B, C, D \in|\mathbf{C}|$, and,

for all $A, B \in|\mathbf{C}|$, and, finally,

$$
\begin{equation*}
\lambda_{\mathrm{I}}=\rho_{\mathrm{I}} \tag{22}
\end{equation*}
$$

A monoidal category is symmetric if there is a fourth natural isomorphism

$$
\sigma=\left\{A \otimes B \xrightarrow{\sigma_{A, B}} B \otimes A|A, B \in| \mathbf{C} \mid\right\}
$$

satisfying eq.(7), and such that we also have

for all $A, B \in|\mathbf{C}|$, and

for all $A \in|\mathbf{C}|$, and

for all $A, B, C \in|\mathbf{C}|$.
The set-theoretic verdict on strictness is very hard!
The punishment is grave: a definition which stretches over two pages since we need to carry along associativity and unit natural isomorphisms, which, on top of that, are subject to a formal overdose of coherence conditions, that is, eqs. $(20,21,22,23,25)$. They embody rules which should be obeyed when natural ismorphisms interact with each other, in addition to the naturality conditions which state how natural isomorphisms interact with other morphisms in the category. For example, eq.(24) tells us that if we introduce I on the left of $A$ and then swap I and $A$ then this should be the same as introducing I on the right of $A$. Eq.(24) tells us that the two ways of re-bracketing the four variable expressions involved should be the same.

The general idea behind these coherence conditions is the following: if there are two ways to go from formal expression $\Lambda\left(A_{1}, \ldots, A_{n}, C_{1}, \ldots, C_{m}\right)$ to formal expression $\Xi\left(A_{1}, \ldots, A_{n}, C_{1}, \ldots, C_{m}\right)$ by composing natural isomorphisms including identities which trivially are natural isomorphisms for the formal expressions $\Lambda(A)=\Xi(A)=A$ - both with $-\otimes-$ and $-\circ-$ then these composites should be equal. The fact that eqs. $(20,21,22,23,25)$ suffice for this purpose is the consequence of MacLane's highly non-trivial coherence theorem
for symmetric monoidal categories [47] -otherwise things could have been even worse, potentially involving equations with an unbounded number of symbols.

## Pfffffffffffffffffffffff . . .

. . . sometimes miracles do happen:
Theorem 1 (Strictification [47] p.257). Any monoidal category $\mathbf{C}$ is categorically equivalent, via a pair of strong monoidal functors $G: \mathbf{C} \longrightarrow \mathbf{D}$ and $F: \mathbf{D} \longrightarrow \mathbf{C}$, to a strict monoidal category $\mathbf{D}$.

The definitions of categorically equivalence and strong monoidal functor can be found below in Section 5.3. In words, what this means is that for category-theoretic purposes arbitrary monoidal categories behave exactly the same as strict monoidal categories. In particular, the connexion between diagrammatic reasoning (incl. Dirac notation) and axiomatic reasoning for strict monoidal categories extends to arbitrary monoidal categories. The essence of the above theorem is that the unit and associativity isomorphims are so wellbehaved that they don't affect this correspondence. In graphical calculus the associativity natural isomorphisms becomes implicit when we write

in that the absence of any brackets states that it does not matter whether we wish to interpret this picture either as:

or

that is, whether in first order we want to associate $f$ with $g$, and then in second order this pair as a whole with $h$, or whether in first order we want to associate $g$ with $h$, and then in second order this pair as a whole with $f$.

So things turn out not to be not at all as bad as they looked at first sight!
Example 28. The category Set admits two important symmetric monoidal structures. We discussed the one provided by the Cartesian product in Example 27. The other one is provided by the disjoint union. Given two sets $X$ and $Y$ their disjoint union is the set

$$
X+Y:=\{(x, 1) \mid x \in X\} \cup\{(y, 2) \mid y \in Y\}
$$

This set can be thought of as the set of all elements both of $X$ and $Y$, but where the elements of $X$ are "coloured" with 1 while those of $Y$ are "coloured" with 2. This guarantees that, when the same element occurs both in $X$ and $Y$,
it is twice accounted for in $X+Y$ since the "colours" 1 and 2 recall whether the elements in $X+Y$ either originated in $X$ or in $Y$. As a consequence the intersection of $\{(x, 1) \mid x \in X\}$ and $\{(y, 2) \mid y \in Y\}$ is empty, hence the name 'disjoint' union. We take the empty set $\emptyset$ as the monoidal unit and set

$$
f+f^{\prime}: X+X^{\prime} \rightarrow Y+Y^{\prime}::\left\{\begin{aligned}
(x, 1) & \mapsto(f(x), 1) \\
(x, 2) & \mapsto\left(f^{\prime}(x), 2\right)
\end{aligned}\right.
$$

for $f: X \rightarrow Y$ and $f^{\prime}: X^{\prime} \rightarrow Y^{\prime}$. The natural isomorphisms of the symmetric monoidal structure are:

$$
\begin{gathered}
\alpha_{X, Y, Z}: X+(Y+Z) \rightarrow(X+Y)+Z::\left\{\begin{array}{l}
(x, 1) \mapsto((x, 1), 1) \\
((x, 1), 2) \mapsto((x, 2), 1) \\
((x, 2), 1) \mapsto(x, 2)
\end{array}\right. \\
\lambda_{X}: X \rightarrow \emptyset+X:: x \mapsto(x, 2) \quad \rho_{X}: X \rightarrow X+\emptyset:: x \mapsto(x, 1) \\
\sigma_{X, Y}: X+Y \rightarrow Y+X::(x, i) \mapsto(x, 3-i)
\end{gathered}
$$

for which one again easily verifies that diagrams (18), (19), (7) all commute. Showing that bifunctoriality holds is again somewhat more tedious.

Example 29. The category $\mathbf{F d V e c t}_{\mathbb{K}}$ also admits two symmetric monoidal structures, respectively provided by the tensor product $\otimes$ and by the direct sum $\oplus$. For the tensor product, the monoidal unit is the underlying field $\mathbb{K}$ while the natural isomorphisms of the monoidal structure are given by

$$
\begin{gathered}
\alpha_{V_{1}, V_{2}, V_{3}}: V_{1} \otimes\left(V_{2} \otimes V_{3}\right) \rightarrow\left(V_{1} \otimes V_{2}\right) \otimes V_{3}:: v^{\prime} \otimes\left(v^{\prime \prime} \otimes v^{\prime \prime \prime}\right) \mapsto\left(v^{\prime} \otimes v^{\prime \prime}\right) \otimes v^{\prime \prime \prime} \\
\lambda_{V}: V \rightarrow \mathbb{K} \otimes V:: v \mapsto 1 \otimes v \quad \rho_{V}: V \rightarrow V \otimes \mathbb{K}:: v \mapsto v \otimes 1 \\
\sigma_{V_{1}, V_{2}}: V_{1} \otimes V_{2} \rightarrow V_{2} \otimes V_{1}:: v^{\prime} \otimes v^{\prime \prime} \mapsto v^{\prime \prime} \otimes v^{\prime}
\end{gathered}
$$

where the inverse to $\lambda_{V}$ is

$$
\lambda_{V}^{-1}: \mathbb{K} \otimes V \rightarrow V:: k \otimes v \mapsto k \cdot v
$$

We leave verification of bifunctoriality to the reader. The 'scalars' (i.e. the diamonds of the graphical calculus) are provided by the field $\mathbb{K}$ itself since it is in bijective correspondence with the linear maps from $\mathbb{K}$ to itself. The monoidal unit for the direct sum is the 0 -dimensional vector space.

Definition 12. A dagger monoidal category $\mathbf{C}$ is a monoidal category which comes with an identity-on-objects contravariant involutive functor

$$
\dagger: \mathbf{C}^{o p} \longrightarrow \mathbf{C}
$$

satisfying eq.(15) and for which all unit and associativity natural isomorphisms are unitary. A dagger symmetric monoidal category $\mathbf{C}$ is both a dagger monoidal category and a symmetric monoidal category in which the symmetry natural isomorphisms is unitary.

Example 30. The category FdHilb admits two dagger symmetric monoidal structures respectively provided by the tensor product and by the direct sum with the adjoint of Example 21 in both cases as the dagger.

Example 31. As we will see in great detail in Section 3.2 below, the category Rel which has sets as objects and relations as morphisms, just like Set, also admits two symmetric monoidal structures, respectively provided by the Cartesian product and by the disjoint union, but unlike Set, it is moreover a dagger symmetric monoidal relative to both monoidal structures with the relational converse as the dagger.
Example 32. The category 2Cob of 1-dimensional closed manifold and 2dimensional cobordisms is dagger symmetric monoidal with the disjoint union of manifolds as its monoidal product and with the reversal of cobordism as the dagger. This will be discussed in great detail in Section 3.3.

Of course, in FdHilb the tensor product $\otimes$ and the direct sum $\otimes$ are very different monoidal structures as exemplified by the particular role each of these plays within quantum theory. In particular, as pointed out by Schrödinger in the 1930's, the tensor product description of compound quantum system is what makes quantum physics so different from classical physics. We will refer to monoidal structures which are somewhat like $\otimes$ in FdHilb as quantum-like and to those that are rather like $\oplus$ in FdHilb as classical-like. As we will see below, the quantum-like tensors allow for correlations between subsystems, so the joint state can in general not be reduced to states of the individual subsystems. In contrast, the classical-like tensors can only describe 'separated' systems, that is, the state of a joint system can always be faithfully represented by states of the individual subsystems.

The tensors considered in this paper have the following nature:

| category | classical-like | quantum-like | other (see §4.3) |
| :---: | :---: | :---: | :---: |
| Set | $\times$ |  | + |
| Rel | + | $\times$ |  |
| FdHilb | $\oplus$ | $\otimes$ |  |
| nCob |  | + |  |

Observe the following remarkable facts:

- While $\times$ behaves 'classical-like' in Set, it behaves 'quantum-like' in Rel, which contains Set as a sub monoidal category (in the obvious sense).
- There is a remarkable parallel between the role that the pair $(\oplus, \otimes)$ plays for FdHilb and the role that the pair $(+, \times)$ plays for Rel.
- In nCob the direct sum even becomes 'quantum-like' - a point which has been strongly emphasized for a while by John Baez [9].
Sections 3 and 4 provide a detailed discussion of these two very distinct kinds of monoidal structures, which will shed a light on the above table. To avoid confusion concerning which monoidal structure on a category we are considering we will sometimes specify it e.g. (FdHilb, $\otimes, \mathbb{C})$.


### 2.5 Scalar valuation and multiples

In any monoidal category $\mathbf{C}$ the hom-set $\mathbb{S}_{\mathbf{C}}:=\mathbf{C}(\mathrm{I}, \mathrm{I})$ is always a monoid with categorical composition as monoid multiplication. Therefore we call $\mathbb{S}_{\mathbf{C}}$ the scalar monoid of a monoidal category. It provides any monoidal category with explicit quantitative content, which, for example, in any dagger monoidal category can be produced in terms of the inner-product of Definition 10.

A fascinating fact discovered by Kelly and Laplaza in [38] is the following. Even for "non-symmetric" monoidal categories this scalar monoid will always be commutative. The proof is given by the following commutative diagram:


Equality of the two outer paths both going from the left-lower-corner to the right-upper-corner boils down to equality between:

- the outer left/upper path which consists of $t \circ s$ and the composite of an isomorphism $\mathrm{I} \simeq \mathrm{I} \otimes \mathrm{I}$ with its inverse, i.e. $1_{\mathrm{I}}$, so all together $t \circ s$, and,
- the outer lower/right path $s \circ t$.

Their equality relies on bifunctoriality (cf. middle two rectangles) and naturality of the left- and right-unit isomorphisms (cf. the four squares).

Diagrammatically this fact trivially follows from the fact that scalars do not have wires and hence can 'move freely around in the picture':


This result has physical consequences. Above we argued that strict monoidal categories model physical systems and processes thereon. We now discovered that a strict monoidal category $\mathbf{C}$ always has a commutative endomorphism monoid $\mathbb{S}_{\mathbf{C}}$. So when varying quantum theory by changing the underlying field $\mathbb{K}$ of the vector space we need to restrict ourselves to commutative fields, hence excluding things like 'quaternionic quantum mechanics' [31].

Example 33. We already saw that $\mathbb{S}_{(\mathbf{F d H i l b}, \otimes, \mathbb{C})}$ is isomorphic to $\mathbb{C}$. Since there is only one function of type $\{*\} \rightarrow\{*\}$, namely the identity, we have that $\mathbb{S}_{(\text {Set }, \times,\{*\})}$ is a singleton. So the scalar structure on (Set, $\left.\times,\{*\}\right)$ is trivial. On the other hand, there are two relations of type $\{*\} \rightarrow\{*\}$, the identity and the empty relation, so $\mathbb{S}_{(\operatorname{Rel}, \times,\{*\})} \simeq \mathbb{B}$, the Booleans. Hence the scalar structure on $(\operatorname{Rel}, \times,\{*\})$ is non-trivial, it is that of Boolean logic. Operationally we can interpret these two scalars, for example, respectively as 'possible' and 'impossible'. When rather considering $\oplus$ on FdHilb than $\otimes$ we again have a trivial scalar structure since there is only one linear map from the 0-dimensional Hilbert space to itself. This exposes that scalars and scalar multiples are closer connected to the 'multiplicative' tensor product structure than to the 'additive' direct sum structure. As we will see below $\mathbb{S}_{(\mathbf{n C o b},+, \emptyset)} \simeq \mathbb{N}$. In general, it are the quantum-like monoidal structures which admit non-trivial scalar structure.

The right half of the above commutative diagram states that

$$
s \circ t=\mathrm{I} \xrightarrow{\simeq} \mathrm{I} \otimes \mathrm{I} \xrightarrow{s \otimes t} \mathrm{I} \otimes \mathrm{I} \xrightarrow{\simeq} \mathrm{I}
$$

We generalize this by defining scalar multiples of a morphism $A \xrightarrow{f} B$ as

$$
s \bullet f:=A \xrightarrow{\simeq} \mathrm{I} \otimes A \xrightarrow{s \otimes f} \mathrm{I} \otimes B \xrightarrow{\simeq} B
$$

These scalars satisfy the usual properties, namely

$$
\begin{equation*}
(t \bullet g) \circ(s \bullet f)=(t \circ s) \bullet(g \circ f) \tag{26}
\end{equation*}
$$

and

$$
\begin{equation*}
(s \bullet f) \otimes(t \bullet g)=(s \circ t) \bullet(f \otimes g) \tag{27}
\end{equation*}
$$

cf. in matrix calculus we have

$$
\left(y\left(\begin{array}{ll}
b_{11} & b_{12} \\
b_{21} & b_{22}
\end{array}\right)\right)\left(x\left(\begin{array}{ll}
a_{11} & a_{12} \\
a_{21} & a_{22}
\end{array}\right)\right)=y x\left(\left(\begin{array}{ll}
b_{11} & b_{12} \\
b_{21} & b_{22}
\end{array}\right)\left(\begin{array}{ll}
a_{11} & a_{12} \\
a_{21} & a_{22}
\end{array}\right)\right)
$$

and

$$
\left(x\left(\begin{array}{ll}
a_{11} & a_{12} \\
a_{21} & a_{22}
\end{array}\right)\right) \otimes\left(y\left(\begin{array}{ll}
b_{11} & b_{12} \\
b_{21} & b_{22}
\end{array}\right)\right)=x y\left(\left(\begin{array}{ll}
a_{11} & a_{12} \\
a_{21} & a_{22}
\end{array}\right) \otimes\left(\begin{array}{ll}
b_{11} & b_{12} \\
b_{21} & b_{22}
\end{array}\right)\right) .
$$

Diagrammatically these properties are again implicit and require 'artificial' brackets to be made explicit, for example, eq.(26) is hidden as:


Of course, we could still prove these properties with commutative diagrams. For eq.(26) the left-hand-side the right-hand-side are respectively the top and the bottom path of the following diagram:

where we use the fact that $t \circ s=\lambda_{\mathrm{I}}^{-1} \circ(s \otimes t) \circ \rho_{\mathrm{I}}$. The diamond on the left commutes by naturality of $\rho_{\mathrm{I}}$. The top triangle commutes because both paths are equal to $1_{\mathrm{I} \otimes B}$ as $\lambda_{\mathrm{I}}=\rho_{\mathrm{I}}$. The bottom triangle commutes by eq.(13). Finally, the right diamond commutes by naturality of $\lambda_{\mathrm{I}}$.

## 3 Quantum-like tensors

So what makes $\otimes$ so different from $\oplus$ in the category FdHilb, what makes $\times$ so different in the categories Rel and Set, and what makes $\times$ so similar in the category Rel to $\otimes$ in the category FdHilb?

### 3.1 Compact categories

Definition 13. A compact (closed) category $\mathbf{C}$ is a symmetric monoidal category in which every object $A \in|\mathbf{C}|$ comes with

1. another object $A^{*}$, the so-called dual to $A$,
2. a pair of morphisms

$$
\eta_{A}: \mathrm{I} \rightarrow A^{*} \otimes A \quad \text { and } \quad \epsilon_{A}: A \otimes A^{*} \rightarrow \mathrm{I}
$$

the so-called unit and counit,
which are such that the following two diagrams commute:



In the case that $\mathbf{C}$ is strict the above diagrams simplify to


Definition 13 can also be expressed purely diagrammatically:

- As before $A$ will be represented by an upward arrow:

and we depict $A^{*}$ either by an upward arrow labelled by $A^{*}$ or by a downward arrow now labelled $A$ :

- the unit $\eta_{A}$ and counit $\epsilon_{A}$ will respectively be depicted as

- Commutation of the two diagrams now boils down to:


These equational constraints, when diagrammatically expressed, admit the simple interpretation of 'yanking a wire'. While at first sight compactness of a category as stated in Definition 13 seems to be a somewhat ad hoc notion, this graphical interpretation establishes it as a very canonical one which extends the graphical calculus for symmetric monoidal categories with cup- and capshaped wires. As the following lemma shows, the equational constraints imply that we are allowed to 'slide' morphisms also along these cups and caps.

Lemma 1. Given a morphism $f: A \rightarrow B$ define its transposed to be

$$
f^{*}:=\left(1_{B^{*}} \otimes \epsilon_{A}\right) \circ\left(1_{B^{*}} \otimes f \otimes 1_{A^{*}}\right) \circ\left(\eta_{B} \otimes 1_{A^{*}}\right): B^{*} \rightarrow A^{*}
$$

Diagrammatically, when depicting the morphism $f$ as

then its transpose depicts as


Anticipating what will follow, we abbreviate this notation for $f^{*}$ to


We have:

that is, we can 'slide' morphisms along cup- and cap-shaped wires.
The proof of the first equality is

and that for the second equality proceeds analogously.
Example 34. The category $\mathbf{F d V e c t}_{\mathbb{K}}$ is compact. We take the usual linear algebraic dual space $V^{*}$ to be $V$ 's dual object, we take the unit to be

$$
\eta_{V}: \mathbb{K} \rightarrow V^{*} \otimes V:: 1 \mapsto \sum_{i=1}^{n} f_{i} \otimes e_{i}
$$

where $\left\{e_{i}\right\}_{i=1}^{n}$ a basis of $V$ and $f_{i} \in V^{*}$ is the linear functional such that $f_{j}\left(e_{i}\right)=\delta_{i, j}$ for all $1 \leq i, j \leq n$, and we take the counit to be

$$
\epsilon_{V}: V \otimes V^{*} \rightarrow \mathbb{K}:: e_{i} \otimes f_{j} \mapsto f_{j}\left(e_{i}\right)
$$

Two important points need to be made here:

- The linear maps $\eta_{V}$ and $\epsilon_{V}$ do not depend on the choice of the basis $\left\{e_{i}\right\}_{i=1}^{n}$. It suffices to verify that there is a canonical isomorphism

$$
\operatorname{FdVect}_{\mathbb{K}}(V, V) \xrightarrow{\simeq} \operatorname{FdVect}_{\mathbb{K}}\left(\mathbb{K}, V^{*} \otimes V\right)
$$

which does not depend on the choice of basis. The unit $\eta_{V}$ is the image of $1_{V}$ under this isomorphism and since $1_{V}$ is independent of the choice of basis it follows that $\eta_{V}$ does not depend on any choice of basis. The argument for $\epsilon_{V}$ proceeds analogously.

- There are other possible choices $\eta_{V}$ and $\epsilon_{V}$ which turn $\mathbf{F d V e c t} \mathbb{K}_{\mathbb{K}}$ into a compact category. For example, if $f: V \rightarrow V$ is invertible then

$$
\eta_{V}^{\prime}:=\left(1_{V^{*}} \otimes f\right) \circ \eta_{V} \quad \text { and } \quad \epsilon_{V}^{\prime}:=\epsilon_{V} \circ\left(f^{-1} \otimes 1_{V^{*}}\right)
$$

make diagrams (28) and (29), we have

thus, the compactness conditions are satisfied.

Example 35. The category Rel of sets and relations is also compact relative to the Cartesian product as we shall see in detail in Section 3.2.

Example 36. The category QuantOpp is compact. We can pick Bell-states as the units and the corresponding Bell-effects as counits. As shown in $[2,17]$ compactness is exactly what enables protocols such as quantum teleportation:

where the trapezoid is unitary and hence, its dagger coincides with its inverse. The classical information flow is (implicitly) encoded in the fact that the same trapezoid appears in the left-hand-side picture both at Alice's and Bob's side.

Given a morphism $f: A \rightarrow B$ in a compact category we define its name $\ulcorner f\urcorner: \mathrm{I} \longrightarrow A^{*} \otimes B$ and its coname $\llcorner f\lrcorner: A \otimes B^{*} \longrightarrow \mathrm{I}$ to be

and

respectively. Following [2] we can show that for $f: A \rightarrow B$ and $g: B \rightarrow C$

$$
\lambda_{C}^{-1} \circ\left(\llcorner f\lrcorner \otimes 1_{C}\right) \circ\left(1_{A} \otimes\ulcorner g\urcorner\right) \circ \rho_{A}=g \circ f
$$

always holds. The graphical proof is trivial:


In contrast a (non-strict) symbolic proof goes as follows:


Both paths on the outside are equal to $g \circ f$. We want to show that the pentagon labelled 'Result' commutes. To do this we will 'unfold' arrows using equations which hold in compact categories, in order to pass from the composite $f \circ g$ at the left/bottom/right to $\lambda_{C}^{-1} \circ\left(\llcorner f\lrcorner \otimes 1_{C}\right) \circ\left(1_{A} \otimes\ulcorner g\urcorner\right) \circ \rho_{A}$. This will transform the tautology $g \circ f=g \circ f$ into commutation of the pentagon labelled 'Result'. For instance, we use compactness to go from the identity arrow at the bottom of the diagram to the composite $\lambda_{B}^{-1} \circ\left(\epsilon_{B} \otimes 1_{B}\right) \circ\left(1_{B} \otimes \eta_{B}\right) \circ \rho_{B}$. The outer left and right trapezoids express naturality of $\rho$ and $\lambda$. The remaining triangles/diamond express bifunctoriality and the definitions of name/coname.

The scalar $\epsilon_{A} \circ \sigma_{A^{*}, A} \circ \eta_{A}: \mathbb{K} \rightarrow \mathbb{K}$ depicts as

and when setting

or

becomes an ' $A$-labelled circle'


Example 3\%. In FdVect $_{\mathbb{K}}$ the $V$-labelled circle stands for the dimension of the vector space $V$. By the definition of $\eta_{V}$ and $\epsilon_{V}$ the previous composite is equal to

$$
\sum_{i j} f_{j}\left(e_{i}\right)=\sum_{i j} \delta_{i, j}=\sum_{i} 1=\operatorname{dim}(V)
$$

Definition 14. A dagger compact category is both a compact category and a dagger symmetric monoidal category for which $\epsilon_{A}=\eta_{A}^{\dagger} \circ \sigma_{A, A^{*}}$.

Example 38. The category FdHilb is dagger compact.

### 3.2 The category of relations

We now turn our attention to the category Rel of sets and relations, a category which we briefly encountered in previous sections. Perhaps surprisingly, Rel possesses more 'quantum features' than the category Set of sets and functions, in the sense that it is an instance of a dagger compact category.

A relation $R: X \rightarrow Y$ between two sets $X$ and $Y$ is a subset of the set of all their pairs which means that $R \subseteq X \times Y$. Thus, given element $(x, y) \in R$, we say that $x \in X$ is related to $y \in Y$ which we denote as $x R y$. Typically, we will denote such a relation $R$ by its graph:

$$
R:=\{(x, y) \mid x R y\}
$$

Example 39. For the relation "strictly inferior to" or ' $<$ ' on the natural numbers we have 2 is related to 5 , which is denoted as $2<5$ or $(2,5) \in<\subseteq \mathbb{N} \times \mathbb{N}$. For the relation "is a divisor of" or '|' on the natural numbers we have $6 \mid 36$ or $(6,36) \in \mid \subseteq \mathbb{N} \times \mathbb{N}$. Other examples are general preorders or equivalence relations.

Definition 15. The monoidal category Rel is defined as follows:

- objects are all sets;
- morphisms are all relations $R: X \rightarrow Y$;
- for $R_{1}: X \rightarrow Y$ and $R_{2}: Y \rightarrow Z$ the composite $R_{2} \circ R_{1} \subseteq X \times Z$ is

$$
R_{2} \circ R_{1}:=\left\{(x, z) \mid \text { there exists a } y \in Y \text { such that } x R_{1} y \text { and } y R_{2} z\right\}
$$

which is easily seen to be associative with for $X \in|\mathbf{R e l}|$ the identity

$$
1_{X}:=\{(x, x) \mid x \in X\} ;
$$

- the monoidal product of two sets is their Cartesian product, the unit for the monoidal structure is the singleton, and for two relations $R_{1}: X_{1} \rightarrow Y_{1}$ and $R_{2}: X_{2} \rightarrow Y_{2}$ the monoidal product $R_{1} \times R_{2} \subseteq X_{1} \times X_{2} \rightarrow Y_{1} \times Y_{2}$ is

$$
R_{1} \times R_{2}:=\left\{\left(\left(x, x^{\prime}\right),\left(y, y^{\prime}\right)\right) \mid x R_{1} y \text { and } x^{\prime} R_{2} y^{\prime}\right\}
$$

We said before that Set was contained in Rel as a submonoidal category in the obvious sense. Explicitly the left and right unit natural isomorphisms are

$$
\lambda_{X}:=\{(x,(x, *)) \mid x \in X\} \quad \text { and } \quad \rho_{X}:=\{(x,(*, x)) \mid x \in X\}
$$

respectively and the associativity natural isomorphism is

$$
\alpha_{X, Y, Z}:=\{((x,(y, z)),((x, y), z)) \mid x \in X, y \in Y \text { and } z \in Z\}
$$

When conceiving these relations as functions (which these particular ones indeed are) they are the same as the natural isomorphisms for the Cartesian product in Set. Let us verify the coherence conditions for them:
(i) The pentagon

indeed commutes. For the top part, we have

$$
\alpha_{-} \circ \alpha_{-}: W \times(X \times(Y \times Z)) \rightarrow((W \times X) \times Y) \times Z
$$

which is, by definition, a subset of

$$
W \times(X \times(Y \times Z))) \times((W \times X) \times Y) \times Z
$$

and, by the definition of relational composition, is given by
$\alpha_{-} \circ \alpha_{-}=\left\{\left((w,(x,(y, z))),\left(\left(\left(w^{\prime \prime}, x^{\prime \prime}\right), y^{\prime \prime}\right), z^{\prime \prime}\right)\right) \mid \exists\left(\left(w^{\prime}, x^{\prime}\right),\left(y^{\prime}, z^{\prime}\right)\right)\right.$ s.t.
$\left((w,(x,(y, z))) \alpha\left(\left(w^{\prime}, x^{\prime}\right),\left(y^{\prime}, z^{\prime}\right)\right)\right.$ and $\left.\left(\left(w^{\prime}, x^{\prime}\right),\left(y^{\prime}, z^{\prime}\right)\right) \alpha\left(\left(\left(w^{\prime \prime}, x^{\prime \prime}\right), y^{\prime \prime}\right), z^{\prime \prime}\right)\right\}$.
But by definition of $\alpha$, the previous expression is simply
$\alpha_{-} \circ \alpha_{-}=\{((w,(x,(y, z))),(((w, x), y), z)) \mid w \in W, x \in X, y \in Y, z \in Z\}$.
The bottom path is done analogously and gives the same result, hence making the pentagon commute. For the remaining diagrams we leave the details to the reader.
(ii) Similarly the triangle

commutes as both paths are now equal to

$$
\{((x, y),((x, *), y)) \mid x \in X \text { and } y \in Y\}
$$

As $\times$ is symmetric in Set we also expect Rel to be symmetric monoidal. For any $X$ and $Y \in|\mathbf{R e l}|$, the natural isomorphism

$$
\sigma_{X, Y}:=\{((x, y),(y, x) \mid x \in X \text { and } y \in Y\}
$$

also obeys the coherence conditions:
(i) The two triangles

commute since both paths of the left triangle are equal to

$$
\{((x, y),(x, y)) \mid x \in X \text { and } y \in Y\}
$$

while the paths of the left triangle are equal to

$$
\{(x,(x, *)) \mid x \in X\}
$$

- (ii) Both the following and the inverse hexagon

commute as both paths are equal to

$$
\{((x,(y, z)),((z, x), y)) \mid x \in X, y \in Y \text { and } z \in Z\}
$$

So Rel is indeed symmetric monoidal category as expected. But Rel shares many more common characteristics with FdHilb, one of them being a $\dagger$ compact structure. Firstly, Rel is compact closed with self-dual objects that is, $X^{*}=X$ for any $X \in|\mathbf{R e l}|$. Moreover, for any $X \in|\mathbf{R e l}|$ let

$$
\eta_{X}:\{*\} \rightarrow X \times X:=\{(*,(x, x)) \mid x \in X\}
$$

and

$$
\epsilon_{X}: X \times X \rightarrow\{*\}:=\{((x, x), *) \mid x \in X\}
$$

These morphisms make

and its dual both commute. Indeed:
(a) The composite

$$
\left(1_{X} \times \eta_{X}\right) \circ \rho_{X}: X \rightarrow X \times(X \times X)
$$

is the set of tuples

$$
\left\{\left(x,\left(x^{\prime},\left(x^{\prime \prime}, x^{\prime \prime \prime}\right)\right)\right)\right\} \subseteq X \times(X \times(X \times X))
$$

such that there exists an $\left(x^{\prime \prime \prime \prime}, *\right) \in X \times\{*\}$ with

$$
x \rho_{X}\left(x^{\prime \prime \prime \prime}, *\right) \quad \text { and } \quad\left(x^{\prime \prime \prime \prime}, *\right)\left(1_{X} \times \eta_{X}\right)\left(x^{\prime},\left(x^{\prime \prime}, x^{\prime \prime \prime}\right)\right)
$$

By definition of $\rho, 1_{X}$ and the product of relations, this entails that $x, x^{\prime \prime \prime \prime}$ and $x^{\prime}$ are all equal. Moreover, by definition of $\eta_{X}$ and the product of relations, we have that $x^{\prime \prime}$ and $x^{\prime \prime \prime}$ are also equal. Thus,

$$
\left(1_{X} \times \eta_{X}\right) \circ \rho_{X}:=\left\{\left(x,\left(x,\left(x^{\prime}, x^{\prime}\right)\right) \mid x, x^{\prime} \in X\right\}\right.
$$

(b) Hence the composite

$$
\alpha \circ\left(\left(1_{X} \times \eta_{X}\right) \circ \rho\right): X \rightarrow(X \times X) \times X
$$

is

$$
\alpha \circ\left(\left(1_{X} \times \eta_{X}\right) \circ \rho\right)=\left\{\left(x,\left(\left(x, x^{\prime}\right), x^{\prime}\right) \mid x, x^{\prime} \in X\right\}\right.
$$

(c) The composite

$$
\left(\epsilon_{X} \times 1_{X}\right) \circ\left(\alpha \circ\left(1_{X} \times \eta_{X}\right) \circ \rho\right): X \rightarrow\{*\} \times X
$$

is a set of tuples $\left\{\left(x,\left(*, x^{\prime}\right)\right)\right\} \subseteq X \times(\{*\} \times X)$ such that there exists an $\left(\left(x^{\prime \prime}, x^{\prime \prime \prime}\right), x^{\prime \prime \prime \prime}\right) \in(X \times X) \times X$ with
$x\left(\alpha \circ\left(1_{X} \times \eta_{X}\right) \circ \rho\right)\left(\left(x^{\prime \prime}, x^{\prime \prime \prime}\right), x^{\prime \prime \prime \prime}\right)$ and $\left(\left(x^{\prime \prime}, x^{\prime \prime \prime}\right), x^{\prime \prime \prime \prime}\right)\left(\epsilon_{X} \times 1_{X}\right)\left(*, x^{\prime}\right)$.
By the computation in (b) we have $x=x^{\prime \prime}$ and $x^{\prime \prime \prime}=x^{\prime \prime \prime \prime}$. By definition of $\epsilon_{X}, 1_{X}$ and the product of relations we have $x^{\prime \prime}=x^{\prime \prime \prime}$ and $x^{\prime \prime \prime \prime}=x^{\prime}$. All this together yields $x=x^{\prime \prime}=x^{\prime \prime \prime}=x^{\prime \prime \prime \prime}=x^{\prime}$ and hence

$$
\left(\epsilon_{X} \otimes 1_{X}\right) \circ\left(\alpha \circ\left(1_{X} \otimes \eta_{X}\right) \circ \rho\right)=\{(x,(*, x)) \mid x \in X\}
$$

(d) Composing the previous composite with $\lambda_{X}^{-1}$ yields a morphism of type $X \rightarrow X$ namely

$$
\lambda_{X}^{-1} \circ\left(\epsilon_{X} \otimes 1_{X}\right) \circ \alpha \circ\left(1_{X} \otimes \eta_{X}\right) \circ \rho=\{(x, x) \mid x \in X\}
$$

which is the relation $1_{X}$ as required.

Commutation of the dual diagram is done analogously. From this, we conclude that Rel is compact closed. The obvious candidate for the dagger

$$
\dagger: \mathbf{R e l}^{o p} \rightarrow \mathbf{R e l}
$$

is the relational converse. For relation $R: X \rightarrow Y$ its converse $R^{\cup}: Y \rightarrow X$ is

$$
R^{\cup}:=\{(y, x) \mid x R y\}
$$

We define the contravariant identity-on-object involutive functor

$$
\dagger: \mathbf{R e l} \rightarrow \mathbf{R e l}:: R \mapsto R^{\cup}
$$

Note that $R^{*}=R^{\dagger}$. Indeed, given a relation $R: X \rightarrow Y$ then

$$
R^{*}=\left(1_{X} \times \epsilon_{Y}\right) \circ\left(1_{X} \times R \times 1_{Y}\right) \circ\left(\eta_{X} \times 1_{Y}\right)=R^{\dagger}
$$

as the reader may easily check. This makes the functor

$$
(-)_{*}=(-)^{* \dagger}=(-)^{\dagger *}: \text { Rel } \rightarrow \text { Rel }
$$

an identity. Finally, verify that $\mathbf{R e l}$ is dagger compact:

- The category Rel is dagger monoidal:
(i) From the definition of the monoidal product of two relations

$$
R_{1}:=\left\{(x, y) \mid x R x^{\prime}\right\} \quad \text { and } \quad R_{2}:=\left\{\left(x^{\prime}, y^{\prime}\right) \mid y R y^{\prime}\right\}
$$

we have that

$$
\left(R_{1} \times R_{2}\right)^{\dagger}=\left\{\left(\left(x^{\prime}, y^{\prime}\right),(x, y)\right) \mid x R_{1} y \text { and } x^{\prime} R_{2} y^{\prime}\right\}=R_{1}^{\dagger} \times R_{2}^{\dagger}
$$

(ii) The fact that $\alpha^{\dagger}=\alpha^{-1}, \lambda^{\dagger}=\lambda^{-1}, \rho^{\dagger}=\rho^{-1}$ and $\sigma^{\dagger}=\sigma^{-1}$ is trivial as the inverse of all these morphism is the relational converse.

- The diagram

commutes since from

$$
\epsilon_{X}:=\{((x, x), *) \mid x \in X\}
$$

follows

$$
\epsilon_{X}^{\dagger}:=\{(*,(x, x)) \mid x \in X\}
$$

and hence $\sigma \circ \epsilon_{X}^{\dagger}=\epsilon_{X}^{\dagger}=\eta_{X}$.
So $\mathbf{R e l}$ is indeed a dagger compact category.

### 3.3 The category of 2 D cobordisms

The category $\mathbf{2 C o b}$ can be informally described as a category whose morphisms -the cobordisms- describe the 'evolution' of manifolds of dimension $2-1=1$ through time, although technically speaking, we should actually speak of 'topological evolution'. For instance, consider the evolution of two circles smoothly merging into a single circle, then a few frames illustrating such a process are


Passing to the continuum, the same process can be described by the cobordism


Thus, for our purpose, a cobordism is seen as 2-dimensional manifold whose boundary is partitioned in two: the domain and the codomain of the cobordism, each being closed manifolds of dimension 1. Therefore, these must be a finite number $n$ of 'strings' that are homeomorphic to circles.

Definition 16. The category $\mathbf{2 C o b}$ is defined as follows:

- objects are natural numbers, which represents the number of strings:

- morphisms are cobordisms $M: n \rightarrow m$ taking $n$ (strings) to $m$ (strings), which are defined up to homeomorphic equivalence that is, a cobordism can be deformed at will as long as we preserve its topological properties.
- For each object $n$, there is an identity $1_{n}: n \rightarrow n$ which is given by $n$ parallel cylinders:


Composition is given by "gluing" manifolds together egg.

is the composition $M^{\prime} \circ M: 2 \rightarrow 2$ where $M^{\prime}: 1 \rightarrow 2$ is glued to $M: 2 \rightarrow 1$ along the object 1 .

As already mentioned this category has a monoidal structure given by the disjoint union of manifolds. For instance, if $M: 1 \rightarrow 0$ and $M^{\prime}: 2 \rightarrow 1$ are cobordisms, then $M+M^{\prime}: 1+2 \rightarrow 0+1$ depicts as:

where we make the convention to depict $M$ on the top of $M^{\prime}$. The empty manifold 0 is the identity for the disjoint union hence $0+1 \simeq 1$. This category is symmetric monoidal since we can define a twist cobordism, for example, the twist $T_{1,1}: 1+1 \rightarrow 1+1$ is depicted as


The generalisation of such morphism to $T_{n, m}: m+n \rightarrow n+m$ for any $m, n \in \mathbb{N}$ should be obvious. Moreover, Cob happens to be compact. We start by the unit $\eta_{1}: 0 \rightarrow 1+1$ which is given by the cobordism


The count $\epsilon_{1}: 1+1 \rightarrow 0$ is

and we recover the equations of compactness as

which holds since all cobordisms involved are homeomorphically equivalent. The generalisation of the units to arbitrary $n$ should be obvious:

and these are easily seen to always satisfy the equations of compactness. We can also define a dagger for the category 2Cob merely by 'flipping' the cobordisms, e.g. if $M: 2 \rightarrow 1$ is

then its dagger $M^{\dagger}: 1 \rightarrow 2$ is


Clearly the dagger is compatible with the disjoint union which makes 2Cob a dagger monoidal category. It is also dagger compact since $\sigma_{1,1} \circ \epsilon_{1}^{\dagger}$ is

$$
0
$$

which is easily seen to be true for arbitrary $n$.
Obviously we have been very informal here. For a more elaborated discussion and technical details we refer the reader to [9, 10, 39, 62]. The key thing to remember is that there are important 'concrete' categories in which the morphisms are nothing like maps from the domain to the codomain. Note also that we can conceive -again very informally- the diagrammatic calculus of the previous sections as the result of contracting the diameter of the strings in $\mathbf{2 C o b}$ to zero. These categories of cobordisms play a key role in topological quantum field theory (TQFT). We briefly discuss this topic in Section 5.5.

## 4 Classical-like tensors

The tensors to which we referred as classical-like are not compact. Instead they do come with some other structure which, in all non-trivial cases, turns out to be incompatible with compactness [1]. In fact, this incompatibility is the abstract incarnation of the No-Cloning theorem which plays a central role in quantum information science $[26,65]$.

### 4.1 Cartesian categories

Consider the category Set with the Cartesian product as the monoidal tensor, as defined in Example 27. Given sets $A_{1}, A_{2} \in|\mathbf{S e t}|$, their Cartesian product $A_{1} \times A_{2}$ consists of all pairs $\left(x_{1}, x_{2}\right)$ with $x_{1} \in A_{1}$ and $x_{2} \in A_{2}$. The fact that Cartesian products consist of pairs is witnessed by the projection maps
$\pi_{1}: A_{1} \times A_{2} \rightarrow A_{1}::\left(x_{1}, x_{2}\right) \mapsto x_{1} \quad$ and $\quad \pi_{2}: A_{1} \times A_{2} \rightarrow A_{2}::\left(x_{1}, x_{2}\right) \mapsto x_{2}$,
which identify the respective components, together with the fact that, in turns, we can pair $x_{1}=\pi_{1}\left(x_{1}, x_{2}\right) \in A_{1}$ and $x_{2}=\pi_{1}\left(x_{1}, x_{2}\right) \in A_{2}$ back together into $\left(x_{1}, x_{2}\right) \in A_{1} \times A_{2}$ merely by putting brackets around them. However, both the projections and the pairing operation are expressed in terms of their action on elements, while categorical structure only recognises hom-sets, and not the internal structure of the underlying objects. Therefore, instead, we consider the action of projections on hom-sets, namely

$$
\begin{aligned}
& \pi_{1} \circ-: \operatorname{Set}\left(C, A_{1} \times A_{2}\right) \rightarrow \operatorname{Set}\left(C, A_{1}\right):: f \mapsto \pi_{1} \circ f \\
& \pi_{2} \circ-: \operatorname{Set}\left(C, A_{1} \times A_{2}\right) \rightarrow \operatorname{Set}\left(C, A_{2}\right):: f \mapsto \pi_{2} \circ f,
\end{aligned}
$$

which we can combine into a single operation 'decompose'
$d e c_{C}^{A_{1}, A_{2}}: \operatorname{Set}\left(C, A_{1} \times A_{2}\right) \rightarrow \boldsymbol{\operatorname { S e t }}\left(C, A_{1}\right) \times \operatorname{Set}\left(C, A_{2}\right):: f \mapsto\left(\pi_{1} \circ f, \pi_{2} \circ f\right)$, together with the operation 'recombine'

$$
r e c_{C}^{A_{1}, A_{2}}: \boldsymbol{\operatorname { S e t }}\left(C, A_{1}\right) \times \operatorname{Set}\left(C, A_{2}\right) \rightarrow \boldsymbol{\operatorname { S e t }}\left(C, A_{1} \times A_{2}\right)::\left(f_{1}, f_{2}\right) \mapsto\left\langle f_{1}, f_{2}\right\rangle
$$

where

$$
\left\langle f_{1}, f_{2}\right\rangle: C \rightarrow A_{1} \times A_{2}:: c \mapsto\left(f_{1}(c), f_{2}(c)\right)
$$

In this form we have

$$
\operatorname{dec}_{C}^{A_{1}, A_{2}} \circ \operatorname{rec}_{C}^{A_{1}, A_{2}}=1_{\operatorname{Set}\left(C, A_{1}\right) \times \operatorname{Set}\left(C, A_{2}\right)}
$$

and

$$
\operatorname{rec}_{C}^{A_{1}, A_{2}} \circ \operatorname{dec}_{C}^{A_{1}, A_{2}}=1_{\operatorname{Set}\left(C, A_{1} \times A_{2}\right)}
$$

so $d e c_{C}^{A_{1}, A_{2}}$ and $r e c_{C}^{A_{1}, A_{2}}$ are now effectively each others inverses. In the light of Example 3, setting $C:=\{*\}$, we obtain

which corresponds to projecting and pairing elements, as in the discussion at the beginning of this section. All of this extends in abstract generality.

Definition 17. A product of two objects $A_{1}$ and $A_{2}$ in a category $\mathbf{C}$ is a triple consisting of another object $A_{1} \times A_{2} \in|\mathbf{C}|$ together with two morphisms

$$
\pi_{1}: A_{1} \times A_{2} \rightarrow A_{1} \quad \text { and } \quad \pi_{2}: A_{1} \times A_{2} \rightarrow A_{2}
$$

which are such that the mapping

$$
\begin{equation*}
\left(\pi_{1} \circ-, \pi_{2} \circ-\right): \mathbf{C}\left(C, A_{1} \times A_{2}\right) \rightarrow \mathbf{C}\left(C, A_{1}\right) \times \mathbf{C}\left(C, A_{2}\right) \tag{31}
\end{equation*}
$$

admits an inverse $\langle-,-\rangle_{C, A_{1}, A_{2}}$ for all $C, A_{1}, A_{2} \in|\mathbf{C}|$.
Below we omit the indices $C, A_{1}, A_{2}$ in $\langle-,-\rangle_{C, A_{1}, A_{2}}$.
Definition 18 (Cartesian category). A category $\mathbf{C}$ is Cartesian if any pair of objects $A, B \in|\mathbf{C}|$ admits a (not necessarily unique) product.

Proposition 3. If a pair of objects admits two distinct products then the carrier objects are isomorphic in the category-theoretic sense of Definition 2.

Indeed, suppose that in $\mathbf{C}$ the objects $A_{1}$ and $A_{2}$ have two products $A_{1} \times A_{2}$ and $A_{1} \boxtimes A_{2}$ with respective projections

$$
\pi_{i}: A_{1} \times A_{2} \rightarrow A_{i} \quad \text { and } \quad \pi_{j}^{\prime}: A_{1} \boxtimes A_{2} \rightarrow A_{j}
$$

Then consider the pairs of morphisms

$$
\left(\pi_{1}^{\prime}, \pi_{2}^{\prime}\right) \in \mathbf{C}\left(A_{1} \boxtimes A_{2}, A_{1}\right) \times \mathbf{C}\left(A_{1} \boxtimes A_{2}, A_{2}\right)
$$

and

$$
\left(\pi_{1}, \pi_{2}\right) \in \mathbf{C}\left(A_{1} \times A_{2}, A_{1}\right) \times \mathbf{C}\left(A_{1} \times A_{2}, A_{2}\right)
$$

By Definition 17 we can apply the respective inverses of ( $\pi_{1} \circ-, \pi_{2} \circ-$ ) and $\left(\pi_{1}^{\prime} \circ-, \pi_{2}^{\prime} \circ-\right)$ to these pairs yielding morphism in

$$
\mathbf{C}\left(A_{1} \boxtimes A_{2}, A_{1} \times A_{2}\right) \quad \text { and } \quad \mathbf{C}\left(A_{1} \times A_{2}, A_{1} \boxtimes A_{2}\right),
$$

say $f$ and $g$ respectively, for which we have that

$$
\pi_{1}^{\prime}=\pi_{1} \circ f, \quad \pi_{2}^{\prime}=\pi_{2} \circ f, \quad \pi_{1}=\pi_{1}^{\prime} \circ g \quad \text { and } \quad \pi_{2}=\pi_{2}^{\prime} \circ g
$$

Then, it follows that

$$
\left(\pi_{1}^{\prime} \circ 1_{A_{1} \boxtimes A_{2}}, \pi_{2}^{\prime} \circ 1_{A_{1} \boxtimes A_{2}}\right)=\left(\pi_{1} \circ f, \pi_{2} \circ f\right)=\left(\pi_{1}^{\prime} \circ g \circ f, \pi_{2}^{\prime} \circ g \circ f\right)
$$

and applying the inverse to ( $\pi_{1}^{\prime} \circ-, \pi_{2}^{\prime} \circ-$ ) now gives $1_{A_{1} \boxtimes A_{2}}=g \circ f$. An analogue argument gives $f \circ g=1_{A_{1} \times A_{2}}$ so $f$ is an isomorphism, with $g$ as its inverse, between the two objects $A_{1} \times A_{2}$ and $A_{1} \boxtimes A_{2}$.

The above definition of products in terms of 'decomposing and recombining compound objects' is not the one that one usually finds in the literature.

Definition 19. A product of two objects $A$ and $A_{2}$ in a category $\mathbf{C}$ is a triple consisting of another object $A_{1} \times A_{2} \in|\mathbf{C}|$ together with two morphisms

$$
\pi_{1}: A_{1} \times A_{2} \rightarrow A_{1} \quad \text { and } \quad \pi_{2}: A_{1} \times A_{2} \rightarrow A_{2}
$$

such that for any object $C \in|\mathbf{C}|$, and any pair of morphisms $C \xrightarrow{f_{1}} A_{1}$ and $C \xrightarrow{f_{2}} A_{2}$ in $\mathbf{C}$, there exists a unique morphism $C \xrightarrow{f} A_{1} \times A_{2}$ such that

$$
f_{1}=\pi_{1} \circ f \quad \text { and } \quad f_{2}=\pi_{2} \circ f
$$

We can concisely summarise the required so-called universal property by the commutative diagram


It is easy to see that this definition is equivalent with the previous one: the inverse $\langle-,-\rangle$ to $\left(\pi_{1} \circ-, \pi_{2} \circ-\right)$ provides for any pair $\left(f_{1}, f_{2}\right)$ a unique morphism $f:=\left\langle f_{1}, f_{2}\right\rangle$ which is such that $\left(\pi_{1} \circ f, \pi_{2} \circ f\right)=\left(f_{1}, f_{2}\right)$, and conversely, uniqueness of $C \xrightarrow{f} A_{1} \times A_{2}$ guarantees $\left(\pi_{1} \circ-, \pi_{2} \circ-\right)$ to have an inverse $\langle-,-\rangle$, which is obtained by setting $\left\langle f_{1}, f_{2}\right\rangle:=f$.

For more details on this definition and the reason for its prominence in the literature we refer to [4] and standard textbooks such as [5, 47].

Proposition 4. If a category $\mathbf{C}$ is Cartesian then each choice of a product for each pair of objects always defines a symmetric monoidal structure on $\mathbf{C}$, with $A \otimes B:=A \times B$, and with the terminal object as the monoidal unit.

Proving this requires some work. For $f: A_{1} \rightarrow B_{1}$ and $g: A_{2} \rightarrow B_{2}$ let

$$
f \times g: A_{1} \times A_{2} \rightarrow B_{1} \times B_{2}
$$

be the unique morphism defined in terms of Definition 19 within


Then it obviously immediately follows that the diagrams

commute. From Definition 17 we know that

$$
\begin{equation*}
\left\langle\pi_{1} \circ f, \pi_{2} \circ f\right\rangle=f \tag{33}
\end{equation*}
$$

and this in particular entails

$$
\begin{equation*}
\left\langle\pi_{1}, \pi_{2}\right\rangle=\left\langle\pi_{1} \circ 1_{A_{1} \times A_{2}}, \pi_{2} \circ 1_{A_{1} \times A_{2}}\right\rangle=1_{A_{1} \times A_{2}} . \tag{34}
\end{equation*}
$$

Using eq.(33) for $A \xrightarrow{f} B, B \xrightarrow{g} C$ and $B \xrightarrow{h} D$ we have

$$
\begin{aligned}
\langle g, h\rangle \circ f & =\left\langle\pi_{1} \circ(\langle g, h\rangle \circ f), \pi_{2} \circ(\langle g, h\rangle \circ f)\right\rangle \\
& =\left\langle\left(\pi_{1} \circ\langle g, h\rangle\right) \circ f,\left(\pi_{2} \circ\langle g, h\rangle\right) \circ f\right\rangle \\
& =\langle g \circ f, h \circ f\rangle .
\end{aligned}
$$

Using this, for $A \xrightarrow{f} B, A \xrightarrow{g} C, B \xrightarrow{h} D$ and $C \xrightarrow{k} E$ we have

$$
\begin{aligned}
(h \times k) \circ\langle f, g\rangle & =\left\langle h \circ \pi_{1}, k \circ \pi_{2}\right\rangle^{\prime} \circ\langle f, g\rangle \\
& =\left\langle h \circ \pi_{1} \circ\langle f, g\rangle, k \circ \pi_{2} \circ\langle f, g\rangle\right\rangle^{\prime} \\
& =\langle h \circ f, k \circ g\rangle^{\prime}
\end{aligned}
$$

where $\langle-,-\rangle^{\prime}$ is the pairing operations relative to ( $\left.\pi_{1}^{\prime} \circ-, \pi_{2}^{\prime} \circ-\right)$. In a similar manner the reader can verify that $-\times-$ is bifunctorial.

To support the claim in Proposition 4 we will now also construct the required natural isomorphisms and leave verification of the coherence diagrams to the reader. Let $!_{A}$ be the unique morphism of type $A \rightarrow$ T. Setting

$$
\lambda_{A}:=\left\langle!_{A}, 1_{A}\right\rangle: A \rightarrow \top \times A
$$

we have

$$
\left\langle!_{B}, 1_{B}\right\rangle \circ f=\left\langle!_{B} \circ f, 1_{B} \circ f\right\rangle=\left\langle!_{A}, f \circ 1_{A}\right\rangle=\left(!!_{\top} \times f\right)\left\langle!_{A}, 1_{A}\right\rangle
$$

so we have established commutation of

that is, $\lambda$ is natural. The components are moreover isomorphisms with $\pi_{2}$ as inverse. The fact that $\pi_{2} \circ \lambda_{A}=1_{A}$ holds by definition, and from

and the fact that by the terminality of $T$ we have

$$
!_{\top \times A}=!_{\top} \circ \pi_{1}=!_{A} \circ \pi_{2}
$$

it follows that

commutes, so by uniqueness follows $\left\langle!_{A} \circ \pi_{2}, 1_{A} \circ \pi_{2}\right\rangle=!!_{\top} \times 1_{A}$, and hence

$$
\left\langle!_{A}, 1_{A}\right\rangle \circ \pi_{2}=\left\langle!_{A} \circ \pi_{2}, 1_{A} \circ \pi_{2}\right\rangle=!_{\top} \times 1_{A}=1_{\top} \times 1_{A}=1_{\top \times A} .
$$

Similarly the components $\rho_{A}:=\left\langle 1_{A},!_{A}\right\rangle$ also define a natural isomorphism.
For associativity, let us fix some notation for the projections as

$$
A \stackrel{\pi_{1}}{\leftarrow} A \times(B \times C) \xrightarrow{\pi_{2}} B \times C \quad \text { and } \quad B \stackrel{\pi_{1}^{\prime}}{\longleftarrow} B \times C \xrightarrow{\pi_{2}^{\prime}} C
$$

We define a morphism of type $A \times(B \times C) \rightarrow A \times B$ within

and we define $\alpha_{A, B, C}$ within


Naturality as well as the fact that the components are isomorphisms relies on uniqueness of the morphisms as defined above and is left to the reader.

For symmetry the components $\sigma_{A, B}: A \times B \rightarrow B \times A$ are defined within

where again we leave verifications to the reader.

### 4.2 Copy-ability and delete-ability

So how does all this translate in term of morphisms as physical processes? By a uniform copying operation or diagonal in a monoidal category $\mathbf{C}$ we mean a natural transformation

$$
\Delta=\left\{A \xrightarrow{\Delta_{A}} A \otimes A|A \in| \mathbf{C} \mid\right\}
$$

The corresponding commutativity requirement

now expresses that 'when performing operation $f$ on a system $A$ and then copying it' is the same as 'copying system $A$ and then performing operation $f$ on each copy'. For example, correcting typos on a sheet of written paper and then Xeroxing it is the same as first Xeroxing it and then correcting the typos on each copy individually. The category Set has

$$
\{\Delta X: X \rightarrow X \times X:: x \mapsto(x, x)|X \in| \operatorname{Set} \mid\}
$$

as a uniform copying operation since we have commutation of


Do we have a uniform copying operation in FdHilb? We cannot just set

$$
\Delta \mathcal{H}: \mathcal{H} \rightarrow \mathcal{H} \times \mathcal{H}:: \psi \mapsto \psi \otimes \psi
$$

since this map is not even linear. On the other hand, when for each Hilbert space $\mathcal{H}$ a basis $\{|i\rangle\}_{i}$ is specified, we can consider

$$
\{\Delta \mathcal{H}: \mathcal{H} \rightarrow \mathcal{H} \times \mathcal{H}::|i\rangle \mapsto|i\rangle \otimes|i\rangle|\mathcal{H} \in| \mathbf{F d H i l b} \mid\} .
$$

But now the diagram

fails to commute since via one path we obtain the Bell-state

$$
1 \mapsto|0\rangle \otimes|0\rangle+|1\rangle \otimes|1\rangle
$$

while via the other path we obtain a disentangled state

$$
1 \mapsto(|0\rangle+|1\rangle) \otimes(|0\rangle+|1\rangle)
$$

This inability to define a uniform copying operation reflects the fact that we cannot copy (unknown) quantum states.

Lets now turn our attention on Rel and consider the family of functions which provided a uniform copying operation for Set, given that every function is also a relation. In more typical relational notation we set

$$
\Delta_{X}:=\{(x,(x, x)) \mid x \in X\} \subseteq X \times(X \times X)
$$

However, the diagram

fails to commute since via one path we have

$$
\{(*,(0,0)),(*,(1,1))\}=\{*\} \times\{(0,0),(1,1)\}
$$

while the other path yields

$$
\{(*,(0,0)),(*,(0,1)),(*,(1,0)),(*,(1,1))\}=\{*\} \times(\{0,1\} \times\{0,1\}) .
$$

Note here in particular the similarity with the counterexample that we provided for the case of $\mathbf{F d H i l b}$ when identifying

$$
\begin{aligned}
|0\rangle \otimes|0\rangle+|1\rangle \otimes|1\rangle & \simeq \\
(|0\rangle+|1\rangle) \otimes(|0\rangle+|1\rangle) & \simeq \\
\longleftrightarrow & \{0,0),(1,1)\} \times\{0,1\}
\end{aligned}
$$

Similarly, the cobordism

is not a component of a uniform copying relation

$$
\left\{\Delta_{n}: n \rightarrow n+n \mid n \in \mathbb{N}\right\}
$$

since in

where $M: 0 \rightarrow 1$ is

the upper path gives

while the lower path gives


The fact that Set does admit a uniform copying operation is due to it being Cartesian together with the following general fact.

Proposition 5. Each Cartesian category admits a uniform copying operation.
Indeed, let

$$
\Delta_{A}:=\left\langle 1_{A}, 1_{A}\right\rangle
$$

and $A \xrightarrow{f} B$ arbitrary. Then we have

$$
\left\langle 1_{B}, 1_{B}\right\rangle \circ f=\left\langle 1_{B} \circ f, 1_{B} \circ f\right\rangle=\left\langle f \circ 1_{A}, f \circ 1_{A}\right\rangle=(f \times f) \circ\left\langle 1_{A}, 1_{A}\right\rangle
$$

so $\Delta$ is a natural transformation and hence a uniform copying operation.
In fact, one can define Cartesian categories in terms of the existence of a uniform copying operation and a corresponding uniform deleting operation

$$
\mathcal{E}=\left\{A \xrightarrow{\mathcal{E}_{A}} \mathrm{I}|A \in| \mathbf{C} \mid\right\} .
$$

for which the naturality constraint now means that

commutes. There are some additional constraints such as 'first copying and then deleting results in the same as doing nothing', and similar ones, which all together formally boil down to saying that for each object $A$ in the category the triple $\left(A, \Delta_{A}, \mathcal{E}_{A}\right)$ has to be an internal commutative comonoid, a concept that we define below in Section 4.7.

Example 40. The fact that the diagonal in Set fails to be a diagonal in Rel seems to indicate that in Rel the Cartesian product does not provide a product in the sense of Definition 17. Consider

where $\emptyset$ stands for the empty relation. Since $\{*\} \times\{*\}=\{(*, *)\}$ is a singleton there are only two possible choices for $\pi_{1}$ and $\pi_{2}$ namely the empty relation and the singleton relation $\{((*, *), *)\} \subseteq\{(*, *)\} \times\{*\}$. Similarly there are also only two candidate relations to play the role of $f$. So since $\pi_{1} \circ f=\emptyset$ either $\pi_{1}$ or $f$ has to be $\emptyset$ and since $\pi_{2} \circ f=1_{\{*\}}$ neither $\pi_{2}$ nor $f$ can be $\emptyset$. Thus $\pi_{1}$ has to be the empty relation and $\pi_{2}$ has to be the singleton relation. However, when considering

$\pi_{2}$ has to be the empty relation and $\pi_{1}$ has to be the singleton relation so we have a contradiction. Key to all this is the fact that the empty relation is a relation, while it is not a function, or more generally, that relations are not total ( $=$ each argument is not assigned to a value). On the other hand, when showing that the diagonal in Set was not a diagonal in Rel we relied on the multi-valuedness of the relation $\{(*, 0),(*, 1)\} \subseteq\{*\} \times\{0,1\}$. Hence multivaluedness of certain relations obstructs the existence of a natural diagonal in Rel while the lack of totality of certain relations obstructs the existence of faithful projections in Rel, causing a break-down of the Cartesian structure of $\times$ in Rel as compared to the role it plays in Set.

### 4.3 Disjunction vs. conjunction

As we saw in Section 4.1, the fact that in Set Cartesian products $X \times Y$ consists of pairs $(x, y)$ of elements $x \in X$ and $y \in Y$ can be expressed in terms of a bijective correspondence

$$
\operatorname{Set}\left(C, A_{1} \times A_{2}\right) \simeq \operatorname{Set}\left(C, A_{1}\right) \times \operatorname{Set}\left(C, A_{2}\right)
$$

One can then naturally asks whether we also have that

$$
\operatorname{Set}\left(A_{1} \times A_{2}, C\right) \stackrel{?}{\sim} \operatorname{Set}\left(A_{1}, C\right) \times \operatorname{Set}\left(A_{2}, C\right)
$$

The answer is no. But we do have

$$
\operatorname{Set}\left(A_{1}+A_{2}, C\right) \simeq \operatorname{Set}\left(A_{1}, C\right) \times \operatorname{Set}\left(A_{2}, C\right)
$$

where $A_{1}+A_{2}$ is the disjoint union of two sets $A_{1}$ and $A_{2}$, that is, we repeat,

$$
A_{1}+A_{2}:=\left\{\left(x_{1}, 1\right) \mid x_{1} \in A_{1}\right\} \cup\left\{\left(x_{2}, 2\right) \mid x_{2} \in A_{2}\right\} .
$$

This isomorphism now involves injection maps

$$
\iota_{1}: A_{1} \rightarrow A_{1}+A_{2}:: x_{1} \mapsto\left(x_{1}, 1\right) \quad \text { and } \quad \iota_{2}: A_{2} \rightarrow A_{1}+A_{2}:: x_{2} \mapsto\left(x_{2}, 2\right),
$$

which include the respective elements which the disjoint union is made up from. Their action on hom-sets is

$$
\begin{aligned}
& -\circ \iota_{1}: \operatorname{Set}\left(A_{1}+A_{2}, C\right) \rightarrow \operatorname{Set}\left(A_{1}, C\right):: f \mapsto f \circ \iota_{1} \\
& -\circ \iota_{2}: \operatorname{Set}\left(A_{1}+A_{2}, C\right) \rightarrow \operatorname{Set}\left(A_{2}, C\right):: f \mapsto f \circ \iota_{2},
\end{aligned}
$$

which breaks a function which takes values either in $A_{1}$ or $A_{2}$ up in a function that takes values in $A_{1}$ and one that takes values in $A_{2}$. We can again combine these two operations in a single one
$\operatorname{codec}_{C}^{A_{1}, A_{2}}: \boldsymbol{\operatorname { S e t }}\left(A_{1}+A_{2}, C\right) \rightarrow \boldsymbol{\operatorname { S e t }}\left(A_{1}, C\right) \times \boldsymbol{\operatorname { S e t }}\left(A_{2}, C\right):: f \mapsto\left(f \circ \iota_{1}, f \circ \iota_{2}\right)$
which has an inverse, namely
$\operatorname{corec}_{C}^{A_{1}, A_{2}}: \mathbf{S e t}\left(A_{1}, C\right) \times \operatorname{Set}\left(A_{2}, C\right) \rightarrow \mathbf{S e t}\left(A_{1}+A_{2}, C\right)::\left(f_{1}, f_{2}\right) \mapsto\left[f_{1}, f_{2}\right]$
where

$$
\left[f_{1}, f_{2}\right]: A_{1}+A_{2} \rightarrow C::\left\{\begin{array}{l}
x \mapsto f_{1}(x) \text { iff } x \in A_{1} \\
x \mapsto f_{2}(x) \text { iff } x \in A_{2}
\end{array}\right.
$$

now recombines the two functions $f_{1}$ and $f_{2}$ into one. We have an isomorphism


Note that while $\left\langle f_{1}, f_{2}\right\rangle$ produces an image either for the function $f_{1}$ or the function $f_{2}$ we have that $\left[f_{1}, f_{2}\right]$ produces an image both for the function $f_{1}$ and the function $f_{2}$. In operational terms, while the product allows to assign a pair of states, the disjoint union allows to describe either of two possibilities, say a branching structure due to non-determinism.

Definition 20. A coproduct of two objects $A_{1}$ and $A_{2}$ in a category $\mathbf{C}$ is a triple consisting of another object $A_{1}+A_{2} \in|\mathbf{C}|$ together with two morphisms

$$
\iota_{1}: A_{1} \rightarrow A_{1}+A_{2} \quad \text { and } \quad \iota_{2}: A_{2} \rightarrow A_{1}+A_{2}
$$

which are such that the mapping

$$
\left(-\circ \iota_{1},-\circ \iota_{2}\right): \mathbf{C}\left(A_{1}+A_{2}, C\right) \rightarrow \mathbf{C}\left(A_{1}, C\right) \times \mathbf{C}\left(A_{2}, C\right)
$$

admits an inverse for all $C \in|\mathbf{C}|$. A category $\mathbf{C}$ is co-Cartesian if any pair of objects $A, B \in|\mathbf{C}|$ admits a (not necessarily unique) coproduct.

Again equivalently we also have the following variant.

Definition 21. A coproduct of two objects $A_{1}$ and $A_{2}$ in a category $\mathbf{C}$ is a triple consisting of another object $A_{1}+A_{2} \in|\mathbf{C}|$ together with two morphisms

$$
\iota_{1}: A_{1} \rightarrow A_{1}+A_{2} \quad \text { and } \quad \iota_{2}: A_{2} \rightarrow A_{1}+A_{2}
$$

such that for any object $C \in|\mathbf{C}|$, and any pair of morphisms $A_{1} \xrightarrow{f_{1}} C$ and $A_{2} \xrightarrow{f_{2}} C$ in $\mathbf{C}$, there exists a unique morphism $A_{1}+A_{2} \xrightarrow{f} C$ such that

$$
f_{1}=f \circ \iota_{1} \quad \text { and } \quad f_{2}=f \circ \iota_{2}
$$

We can again represent this in a commutative diagram, now


As a counterpart to the diagonal which we have in Cartesian categories we now have a codiagonal, with as components

$$
\nabla_{A}:=\left[1_{A}, 1_{A}\right]: A+A \rightarrow A
$$

Example 41. As explained in Example 14 we can think of a partially ordered set $P$ as a category $\mathbf{P}$. In such a category products turn out to be greatest lower bounds or meets and coproducts turn out to be least upper bounds or joins. The existence of an isomorphism

$$
\mathbf{P}\left(a_{1}+a_{2}, c\right) \xrightarrow[\text { corec }_{c}^{a_{1}, a_{2}}]{\stackrel{\text { codec }}{\substack{a_{1}, a_{2}}}} \mathbf{P}\left(a_{1}, c\right) \times \mathbf{P}\left(a_{2}, c\right),
$$

given that $\mathbf{P}\left(a_{1}+a_{2}, c\right), \mathbf{P}\left(a_{1}, c\right)$ and $\mathbf{P}\left(a_{2}, c\right)$ and hence also $\mathbf{P}\left(a_{1}, c\right) \times \mathbf{P}\left(a_{2}, c\right)$ are all either singletons or empty, means that $\mathbf{P}\left(a_{1}+a_{2}, c\right)$ is non-empty if and only if $\mathbf{P}\left(a_{1}, c\right) \times \mathbf{P}\left(a_{2}, c\right)$, that is, if and only if both $\mathbf{P}\left(a_{1}, c\right)$ and $\mathbf{P}\left(a_{2}, c\right)$ are non-empty. Since non-emptiness of $\mathbf{P}(a, b)$ means that $a \leq b$ this indeed means that

$$
a_{1}+a_{2} \leq c \Longleftrightarrow a_{1} \leq c \& a_{2} \leq c
$$

so $a_{1}+a_{2}$ is indeed the least upper bounds of $a_{1}$ and $a_{2}$. Definition 21 provides us with a complementary but equivalent definition of least upper bounds. In

we now have that existence of $\iota_{1}$ and $\iota_{2}$ assert that $a_{1} \leq a_{1}+a_{2}$ and $a_{2} \leq$ $a_{1}+a_{2}$, so $a_{1}+a_{2}$ is an upper bound for $a_{1}$ and $a_{2}$, and whenever there exists an element $c \in P$ which is such that both $a_{1} \leq c$ and $a_{2} \leq c$ hold, then we have that $a_{1}+a_{2} \leq c$, so $a_{1}+a_{2}$ is indeed the upper bound for $a_{1}$ and $a_{2}$.

Dually to what we did in a category with products, in a category with coproducts we can define sum morphisms $f+g$ in terms of commutation of

and we have

$$
h \circ[f, g]=[h \circ f, h \circ g] \quad \text { and } \quad[f, g] \circ(h+k)=[f \circ h, g \circ k],
$$

and from these we can establish that coproducts provide a monoidal structure.
We already hinted at the fact that while a product can be interpreted as a conjunction, the coproduct can be interpreted as a disjunction. The law

$$
\begin{equation*}
A \text { and }(B \text { or } C)=(A \text { and } B) \text { or }(A \text { and } C) . \tag{35}
\end{equation*}
$$

now translates in the fact that in a category which is both Cartesian and co-Cartesian there would exist a natural isomorphism

$$
\left\{A \times(B+C) \xrightarrow{\text { dist }_{A, B, C}}(A \times B)+(A \times C)|A, B, C \in| \mathbf{C} \mid\right\}
$$

something that we conveniently denote by

$$
A \times(B+C) \simeq(A \times B)+(A \times C)
$$

However, such an isomorphism does not always exist.
Example 42. Let $\mathcal{H}$ be a Hilbert space and let $L(\mathcal{H})$ be the set of all of its (closed, in the infinite-dimensional case) subspaces ordered by inclusion. Again this can be thought of as a category $\mathbf{L}$. It has an initial object, namely the zero-dimensional subspace, and it has a terminal object, namely the whole Hilbert space itself. This category is Cartesian with intersection as product and it is also co-Cartesian for

$$
V+W:=\bigcap\{X \in L(\mathcal{H}) \mid V, W \subseteq X\}
$$

that is, the (closed) linear span of $V$ and $W$. However, as observed in [14], this lattice does not satisfy the distributive law. Take for example two vectors $\psi, \phi \in \mathcal{H}$ with $\phi \perp \psi$. Then
$\operatorname{span}(\psi+\phi) \cap(\operatorname{span}(\psi)+\operatorname{span}(\phi))=\operatorname{span}(\psi+\phi) \cap \operatorname{span}(\psi, \phi)=\operatorname{span}(\psi+\phi)$
while

$$
(\operatorname{span}(\psi+\phi) \cap \operatorname{span}(\psi)) \quad \text { and } \quad(\operatorname{span}(\psi+\phi) \cap \operatorname{span}(\phi))
$$

only include the zero-vector, hence so does

$$
(\operatorname{span}(\psi+\phi) \cap \operatorname{span}(\psi))+(\operatorname{span}(\psi+\phi) \cap \operatorname{span}(\phi))
$$

and as a consequence

$$
\begin{gathered}
\operatorname{span}(\psi+\phi) \cap(\operatorname{span}(\psi)+\operatorname{span}(\phi)) \\
\nVdash \\
(\operatorname{span}(\psi+\phi) \cap \operatorname{span}(\psi))+(\operatorname{span}(\psi+\phi) \cap \operatorname{span}(\phi)) .
\end{gathered}
$$

What does always exist in a category which is both Cartesian and coCartesian is a natural transformation

$$
\left\{(A \times B)+(A \times C) \xrightarrow{\theta_{A, B, C}} A \times(B+C)|A, B, C \in| \mathbf{C} \mid\right\}
$$

which we conveniently denote by

$$
(A \times B)+(A \times C) \leadsto A \times(B+C) .
$$

Indeed, by the assumption of being both Cartesian and co-Cartesian there exist unique morphisms $f$ and $g$ such that

and

namely $f:=\left[\pi_{1}, \pi_{2}\right]$ and $g:=\left[\iota_{1} \circ \pi_{1}, \iota_{2} \circ \pi_{2}\right]$, and hence there also exists a unique morphism $h$ such that

namely $\theta_{A, B, C}=\langle f, g\rangle=\left\langle\left[\pi_{1}, \pi_{2}\right],\left[\iota_{1} \circ \pi_{1}, \iota_{2} \circ \pi_{2}\right]\right\rangle$. ¿From this it then also follows that in any lattice we have that

$$
(a \wedge b)+(a \wedge c) \leq a \wedge(b+c)
$$

The collection

$$
\theta=\left\{\theta_{A, B, C}|A, B, C \in| \mathbf{C} \mid\right\}
$$

is moreover a natural transformation since given

$$
(f \times g)+(f \times h):(A \times B)+(A \times C) \rightarrow\left(A^{\prime} \times B^{\prime}\right)+\left(A^{\prime} \times C^{\prime}\right)
$$

we have, using the various lemmas for products and coproducts, that

$$
\begin{aligned}
\left\langle\left[\pi_{1}, \pi_{1}\right]\right. & \left.,\left[\iota_{1} \circ \pi_{2}, \iota_{2} \circ \pi_{2}\right]\right\rangle \circ((f, g)+(f, h)) \\
& =\left\langle\left[\pi_{1}, \pi_{1}\right] \circ(f \times g)+(f \times h),\left[\iota_{1} \circ \pi_{2}, \iota_{2} \circ \pi_{2}\right] \circ(f \times g)+(f \times h)\right\rangle \\
& =\left\langle\left[\pi_{1} \circ(f \times g), \pi_{1} \circ(f \times h)\right],\left[\iota_{1} \circ \pi_{2} \circ(f \times g), \iota_{2} \circ \pi_{2} \circ(f \times h)\right]\right\rangle \\
& =\left\langle\left[f \circ \pi_{1}^{\prime}, f \circ \pi_{1}^{\prime}\right],\left[\iota_{1} \circ g \circ \pi_{2}^{\prime}, \iota_{2} \circ h \circ \pi_{2}^{\prime}\right]\right\rangle \\
& =\left\langle f \circ\left[\pi_{1}^{\prime}, \pi_{2}^{\prime}\right],(g+h) \circ\left[\iota_{1}^{\prime} \circ \pi_{2}^{\prime}, \iota_{2}^{\prime} \circ \pi_{2}^{\prime}\right]\right\rangle \\
& =(f \times(g+h)) \circ\left\langle\left[\pi_{1}^{\prime}, \pi_{2}^{\prime}\right],\left[\iota_{1}^{\prime} \circ \pi_{2}^{\prime}, \iota_{2}^{\prime} \circ \pi^{\prime} 2\right]\right\rangle .
\end{aligned}
$$

which gives commutation of

showing that $\theta$ is natural.
Whenever this natural transformation is a natural isomorphism we speak of a distributive category. The above analysis instantiates Birkhoff-von Neumann style quantum logic as category-theoretic.

### 4.4 Direct sums

Example 43. The direct sum $V \oplus V^{\prime}$ of two vector spaces $V$ and $V^{\prime}$ is both a product and a coproduct in $\mathbf{F d V e c t}_{\mathbb{K}}$. Indeed, consider matrices $M: V \rightarrow W$ and $N: V \rightarrow W^{\prime}$ and the two matrices

$$
\pi_{1}:=\left(1_{W} \mid 0_{W, W^{\prime}}\right) \quad \pi_{2}:=\left(0_{W^{\prime}, W} \mid 1_{W^{\prime}}\right)
$$

where $1_{U}$ denotes the identity on $U$ and $0_{U, U^{\prime}}$ is a matrix of 0 's of dimension $\operatorname{dim}(U) \times \operatorname{dim}\left(U^{\prime}\right)$. The unique matrix $P$ which makes

commute is

$$
\left(\frac{M}{N}\right) .
$$

Therefore $\oplus$ is a product. Dually, when transposing all these matrices, i.e. the transpose of $\pi_{i}$ becomes $\iota_{i}$ and the transpose of $P$ becomes the matrix

$$
(M \mid N)
$$

then we have commutation of

showing that $W \oplus W^{\prime}$ is indeed also a coproduct. Moreover, the zerodimensional space is both initial and terminal.

Example 44. In the category Rel the disjoint union + is on objects the same as in Set and its action on morphisms now extends to

$$
R_{1}+R_{2}:=\left\{\left((x, 1),\left(x^{\prime}, 1\right)\right) \mid x R_{1} x^{\prime}\right\} \cup\left\{\left((y, 2),\left(y^{\prime}, 2\right)\right) \mid y R_{2} y^{\prime}\right\}
$$

for any two relations $R_{1}: X \rightarrow X^{\prime}$ and $R_{2}: Y \rightarrow Y^{\prime}$. We define the injection relations $\iota_{1}: X \rightarrow X+Y$ and $\iota_{2}: Y \rightarrow X+Y$ to be

$$
\iota_{1}:=\{(x,(x, 1)) \mid x \in X\} \quad \text { and } \quad \iota_{2}:=\{(y,(y, 2)) \mid y \in Y\}
$$

and the copairing relation $\left[R_{1}, R_{2}\right]: X+Y \rightarrow Z$ to be

$$
\left[R_{1}, R_{2}\right]:=\left\{((x, 1), z) \mid x R_{1} z\right\} \cup\left\{((y, 2), z) \mid y R_{2} z\right\}
$$

One easily verifies that all this defines a coproduct. When taking the relational converse of these injections to be projections, that is,

$$
\pi_{1}:=\{((x, 1), x) \mid x \in X\} \quad \text { and } \quad \pi_{2}:=\{((y, 2), y) \mid y \in Y\}
$$

one also easily verifies that the disjoint union is at the same time a product. In fact, the diagrams expressing the product properties are converted into
the diagrams expressing the coproduct properties by the relational converse. Since for any $X \in|\mathbf{R e l}|$ there is only one relation of type

$$
\emptyset \rightarrow X \quad \text { and } \quad X \rightarrow \emptyset
$$

it follows that the empty set is both initial and terminal. This makes the disjoint union within Rel quite similar to the direct sum in $\mathbf{F d V e c t}_{\mathbb{K}}$.

Definition 22. A zero object is an object which is both initial and terminal.
If a category $\mathbf{C}$ has a zero object then for each pair of objects $A, B \in$ $|\mathbf{C}|$ there exists a canonical map obtained by relying on the uniqueness of morphism from the initial and to the terminal object, namely


Definition 23. Let $\mathbf{C}$ be a category with a zero object. Then the direct sum or biproduct of two objects $A_{1}, A_{2} \in|\mathbf{C}|$ is a quintuple consisting of another object $A_{1} \oplus A_{2} \in|\mathbf{C}|$ together with four morphisms

satisfying

$$
\begin{array}{ll}
\pi_{1} \circ \iota_{1}=1_{A_{1}} & \pi_{2} \circ \iota_{1}=0_{A_{1}, A_{2}} \\
\pi_{1} \circ \iota_{2}=0_{A_{2}, A_{1}} & \pi_{2} \circ \iota_{2}=1_{A_{2}} .
\end{array}
$$

A biproduct category is a category in which for any two objects $A_{1}$ and $A_{2}$ a biproduct $\left(A_{1} \oplus A_{2}, \pi_{1}, \pi_{2}, \iota_{1}, \iota_{2}\right)$ is specified. ${ }^{12}$

When setting

$$
\delta_{i j}:= \begin{cases}1_{A_{i}} & i=j \\ 0_{A_{j}, A_{i}} & i \neq j\end{cases}
$$

the above four equations can be conveniently written as

$$
\pi_{i} \circ \iota_{j}=\delta_{i j}
$$

This definition does not seem to require that $A_{1} \oplus A_{2}$ is both a product and a coproduct. In particular, it does not make any reference to other objects $C$ as the definitions of product and a coproduct do. But one can show that it is equivalent to the following, which we took from [34].

[^8]Definition 24. Let $\mathbf{C}$ both be Cartesian and be co-Cartesian with specified products and coproducts, let $\perp$ be an initial object for $\mathbf{C}$ and let $\top$ be a terminal object for $\mathbf{C}$. Then $\mathbf{C}$ is a biproduct category if

1. the (unique) morphism $\perp \longrightarrow \top$ is an isomorphism;
2. setting

the morphism

$$
\left[\left\langle 1_{A_{1}}, 0_{A_{2}, A_{1}}\right\rangle,\left\langle 0_{A_{1}, A_{2}}, 1_{A_{2}}\right\rangle\right]: A_{1}+A_{2} \rightarrow A_{1} \times A_{2}
$$

is an isomorphism for all objects $A_{1}, A_{2} \in|\mathbf{C}|$.
Any morphism $A_{1}+A_{2} \xrightarrow{f} B_{1} \times B_{2}$ is in fact fully characterised by the four other morphisms $f_{i j}:=\pi_{i} \circ f \circ \iota_{j}$ for $i=1,2$ since we can recover $f$ itself from these as

$$
f=\left[\left\langle f_{1,1}, f_{2,1}\right\rangle,\left\langle f_{1,2}, f_{2,2}\right\rangle\right] .
$$

Indeed,

$$
\begin{aligned}
{\left[\left\langle f_{1,1}, f_{2,1}\right\rangle,\left\langle f_{1,2}, f_{2,2}\right\rangle\right] } & =\left[\left\langle\pi_{1} \circ\left(f \circ \iota_{1}\right), \pi_{2}\left(\circ f \circ \iota_{1}\right)\right\rangle,\left\langle\pi_{1} \circ\left(f \circ \iota_{2}\right), \pi_{2} \circ\left(f \circ \iota_{2}\right\rangle\right)\right] \\
& =\left[f \circ \iota_{1}, f \circ \iota_{2}\right] \\
& =f \circ\left[\iota_{1}, \iota_{2}\right] \\
& =f
\end{aligned}
$$

Therefore it makes sense to think of $f$ as the matrix

$$
f=\left(\begin{array}{cc}
f_{1,1} & f_{1,2} \\
f_{2,1} & f_{2,2}
\end{array}\right)
$$

Condition 2 in Definition 24 can now be stated as the morphism

$$
\left(\begin{array}{ll}
1_{A_{1}} & 0_{A_{2}, A_{1}} \\
0_{A_{1}, A_{2}} & 1_{A_{2}}
\end{array}\right)
$$

having to be an isomorphism.
Example 45. In FdVect $_{\mathbb{K}}$ the direct sum $\oplus$ is a biproduct. We have

$$
\pi_{1} \circ \iota_{1}=\pi_{1} \circ \pi_{1}^{T}=\left(1_{W} \mid 0_{W, W^{\prime}}\right)\left(\frac{1_{W}}{0_{W^{\prime}, W}}\right)=1_{W}
$$

We also have

$$
\pi_{1} \circ \iota_{2}=\pi_{1} \circ \pi_{2}^{T}=\left(1_{W} \mid 0_{W, W^{\prime}}\right)\left(\frac{0_{W^{\prime}, W}}{1_{W^{\prime}}}\right)=0_{W^{\prime}, W}
$$

The two remaining equations are obtained in the same manner.

Example 46. In Rel the disjoint union + is a biproduct. The morphism

$$
\pi_{1} \circ \iota_{1}: X \rightarrow X+Y \rightarrow X
$$

is a subset of $X \times X$. Since

$$
\iota_{1}=\{(x,(x, 1)) \mid x \in X\} \quad \text { and } \quad \pi_{1}=\{((x, 1), x) \mid x \in X\}
$$

their composite is $\{(x, x) \mid x \in X\}$, that is, $1_{X}$. The morphism

$$
\pi_{1} \circ \iota_{2}: Y \rightarrow X+Y \rightarrow X
$$

is a subset of $X \times Y$, namely the set of pairs $(x, y)$ such that there exists a $(x, z) \in \iota_{2}$ and $(z, x) \in \pi_{1}$. But there are no such elements $z$ since the elements of $X$ are labeled by 1 and those of $Y$ by 2 within $X+Y$. Thus, the composite is the empty relation $0_{Y, X}$.

### 4.5 Categorical matrix calculus

By Definition 24 each biproduct category is Cartesian and hence it carries monoidal structure by Proposition 4. Moreover, each hom-set $\mathbf{C}(A, B)$ in a biproduct category $\mathbf{C}$ is a monoid with

$$
f+g:=A \xrightarrow{\Delta_{A}} A \oplus A \xrightarrow{f \oplus g} B \oplus B \xrightarrow{\nabla_{B}} B
$$

as the sum and $0_{A, B}$ as the unit. Indeed, let $f: A \rightarrow B$ and consider

$$
f+0_{A, B}=A \xrightarrow{\Delta_{A}} A \oplus A \xrightarrow{f \oplus 0_{A, B}} B \oplus B \xrightarrow{\nabla_{A}} B
$$

The equality $f+0_{A, B}=f$ can be shown via the commutation of


In the above diagrams all subdiagrams commute by definition except the square at the bottom. To show that it commutes, consider


Since this is a product diagram, $f \oplus 0_{0,0}$ is the unique morphism making it commute. However, we also have that

showing that $\iota_{1} \circ f \circ \pi_{1}$ also makes diagram (37) commute. Thus, by uniqueness, we must have $f \oplus 0_{0,0}=\iota_{1}^{\prime} \circ f \circ \pi_{1}$, that is, the square at the bottom of diagram (36) also commutes. To establish $0_{A, B}+f$ one proceeds similarly.

We also have to show that we have $(f+g)+h=f+(g+h)$. This is established in terms of commutation of the diagram

where $\alpha_{A, A, A}$ is defined as in Proposition 4. The central square commutes by definition. We now show that the left triangle also commutes. We have

$$
\begin{aligned}
& \left\langle\left\langle\pi_{1}, \pi_{1}^{\prime} \circ \pi_{2}\right\rangle, \pi_{2}^{\prime} \circ \pi_{2}\right\rangle \circ\left(1_{A} \oplus \Delta_{A}\right) \circ \Delta_{A} \\
& \quad=\left\langle\left\langle\pi_{1}, \pi_{1}^{\prime} \circ \pi_{2}\right\rangle, \pi_{2}^{\prime} \circ \pi_{2}\right\rangle \circ\left\langle 1_{A},\left\langle 1_{A}, 1_{A}\right\rangle\right\rangle \\
& \quad=\left\langle\left\langle\pi_{1}, \pi_{1}^{\prime} \circ \pi_{2}\right\rangle \circ\left\langle 1_{A},\left\langle 1_{A}, 1_{A}\right\rangle\right\rangle, \pi_{2}^{\prime} \circ \pi_{2} \circ\left\langle 1_{A},\left\langle 1_{A}, 1_{A}\right\rangle\right\rangle\right\rangle \\
& \quad=\left\langle\left\langle\pi_{1} \circ\left\langle 1_{A},\left\langle 1_{A}, 1_{A}\right\rangle\right\rangle, \pi_{1}^{\prime} \circ \pi_{2} \circ\left\langle 1_{A},\left\langle 1_{A}, 1_{A}\right\rangle\right\rangle\right\rangle, \pi_{2}^{\prime} \circ \pi_{2} \circ\left\langle 1_{A},\left\langle 1_{A}, 1_{A}\right\rangle\right\rangle\right\rangle \\
& \quad=\left\langle\left\langle 1_{A}, 1_{A}\right\rangle, 1_{A}\right\rangle \\
& \quad=\left(\Delta_{A} \oplus 1_{A}\right) \circ \Delta_{A} .
\end{aligned}
$$

The right triangle is also easily seen to commute.
This addition moreover satisfies a distributive law, namely

$$
\begin{equation*}
(f+g) \circ h=(f \circ h)+(f \circ h) \quad \text { and } \quad h \circ(f+g)=(h \circ f)+(h \circ g) . \tag{38}
\end{equation*}
$$

One usually refers to this as enrichment in monoids. We leave it up to the reader to verify these distributive laws. A physicist-friendly introduction to enriched category theory suitable for the readers of this chapter is [15]. An inspiring paper which introduced the concept is [43].

Proposition 6. Let

$$
\mathrm{Q}_{i}:=\iota_{i} \circ \pi_{i}: A_{1} \oplus A_{2} \rightarrow A_{1} \oplus A_{2}
$$

for $i=1,2$. Then we have

$$
\sum_{i=1,2} \mathrm{Q}_{i}=1_{A_{1} \oplus A_{2}}
$$

Indeed, unfolding the definitions we have

$$
\begin{aligned}
\sum_{i=1,2} \mathrm{Q}_{i} & =\nabla_{A_{1} \oplus A_{2}} \circ\left(\left(\iota_{1} \circ \pi_{1}\right) \oplus\left(\iota_{2} \circ \pi_{2}\right)\right) \circ \Delta_{A_{1} \oplus A_{2}} \\
& =\nabla_{A_{1} \oplus A_{2}} \circ\left(\left(\iota_{1} \oplus \iota_{2}\right) \circ\left(\pi_{1} \oplus \pi_{2}\right)\right) \circ \Delta_{A_{1} \oplus A_{2}} \\
& =\left(\nabla_{A_{1} \oplus A_{2}} \circ\left(\iota_{1} \oplus \iota_{2}\right)\right) \circ\left(\left(\pi_{1} \oplus \pi_{2}\right) \circ \Delta_{A_{1} \oplus A_{2}}\right)
\end{aligned}
$$

and using the fact that a biproduct of morphisms is at the same time a product of morphisms we obtain

$$
\left(\pi_{1} \oplus \pi_{2}\right) \circ \Delta_{A}=\left\langle\pi_{1} \circ 1_{A_{1}}, \pi_{2} \circ 1_{A_{2}}\right\rangle=\left\langle\pi_{1}, \pi_{2}\right\rangle=1_{A_{1} \oplus A_{2}} .
$$

Analogously, one obtains that $\nabla_{A} \circ\left(\iota_{1} \oplus \iota_{2}\right)=1_{A_{1} \oplus A_{2}}$, and the composite of identities being again the identity, we proved the claim.

Definition 25. A dagger biproduct category is a category which is both a dagger symmetric monoidal category and a biproduct category with coinciding monoidal structures, and with $\iota_{i}=\pi_{i}^{\dagger}$ for all projections and injections.

These dagger biproduct categories were introduced in $[2,19,58]$ in order to enable one to talk about quantum spectra in purely category-theoretic language. Let $A_{1} \oplus A_{2} \xrightarrow{U} B$ be unitary in a dagger biproduct category. By the corresponding projector spectrum we mean the family $\left\{\mathrm{P}_{i}\right\}_{i}$ of projectors

$$
\mathrm{P}_{i}^{U}:=U \circ \mathrm{Q}_{i} \circ U^{\dagger}: B \rightarrow B
$$

Proposition 7. Binary projector spectra satisfy

$$
\sum_{i=1,2} \mathrm{P}_{i}^{U}=1_{B}
$$

This result easily extends to more general biproducts $A_{1} \oplus \ldots \oplus A_{n}$ which can be defined in the obvious manner, and which allow us then to define $n$-ary projector spectra too. In Hilbert space this $n$-ary generalisation of Proposition 7 then corresponds to the fact that $\sum_{i=1}^{i=n} \mathrm{P}_{i}=1_{\mathcal{H}}$ where $\left\{\mathrm{P}_{i}\right\}_{i=1}^{i=n}$ is the projector spectrum of an arbitrary self-adjoint operator. More details on this abstract view of quantum spectra are in $[2,19,58]$.

Consider now two biproducts $A_{1} \oplus \ldots \oplus A_{n}$ and $B_{1} \oplus \ldots \oplus B_{m}$ each with their respective injections and projections. As already indicated in the previous section with each morphisms

$$
A_{1} \oplus \ldots \oplus A_{n} \xrightarrow{f} B_{1} \oplus \ldots \oplus B_{m}
$$

we can associate a matrix

$$
\left(\begin{array}{ccc}
\pi_{1} \circ f \circ \iota_{1} \ldots & \pi_{1} \circ f \circ \iota_{n} \\
\vdots & \ddots & \vdots \\
\pi_{m} \circ f \circ \iota_{1} \ldots \pi_{m} \circ f \circ \iota_{n}
\end{array}\right)
$$

Moreover, these matrices obey the usual matrix rules with respect to composition and the above defined summation. Indeed, for composition, the composite $g \circ f=h$ also has an associate matrix with entries

$$
h_{i j}=\pi_{i} \circ(f \circ g) \circ \iota_{j} .
$$

By Proposition 6 we have

$$
\begin{aligned}
h_{i j} & =\pi_{i} \circ(f \circ g) \circ \iota_{j} \\
& =\pi_{i} \circ(f \circ 1 \circ g) \circ \iota_{j} \\
& =\pi_{i} \circ\left(f \circ \sum_{r} \iota_{r}^{\prime} \circ \pi_{r}^{\prime} \circ g\right) \circ \iota_{j} \\
& =\sum_{r} \pi_{i} \circ f \circ \iota_{r}^{\prime} \circ \pi_{r}^{\prime} \circ g \circ \iota_{j}
\end{aligned}
$$

from which we recover matrix multiplication. For the sum, using the distributivity of the composition over the sum, one finds that for individual entries on $f+g$ we have

$$
\begin{aligned}
\pi_{i} \circ(f+g) \circ \iota_{j} & =\left(\pi_{i} \circ f+\pi_{i} \circ g\right) \circ \iota_{j} \\
& =\pi_{i} \circ f \circ \iota_{j}+\pi_{i} \circ g \circ \iota_{j}
\end{aligned}
$$

which indeed is the sum of matrices.
Example 47. We illustrate the concepts of this section for the category Rel. Somewhat unfortunately the disjoint union bifunctor and the monoidal enrichment operation share the same notation + . However, since their types are very different i.e.

$$
\begin{gathered}
\text { tensor }+: \operatorname{Rel}(X, Y) \times \boldsymbol{\operatorname { R e l }}\left(X^{\prime}, Y^{\prime}\right) \rightarrow \boldsymbol{\operatorname { R e l }}\left(X+X^{\prime}, Y+Y^{\prime}\right) \text { and } \\
\text { monoid }+: \operatorname{Rel}(X, Y) \times \boldsymbol{\operatorname { R e l }}(X, Y) \rightarrow \boldsymbol{\operatorname { R e l }}(X, Y)
\end{gathered}
$$

respectively, this should not confuse the reader.

- The sum $R_{1}+R_{2}: X \rightarrow Y$ of two relations, by definition, is the composite

$$
X \xrightarrow{\Delta_{X}} X+X \xrightarrow{R_{1}+R_{2}} Y+Y \xrightarrow{\nabla_{Y}} Y .
$$

The relation $\Delta_{X}$ consists of all pairs

$$
\{(x,(x, 1)) \mid x \in X\} \cup\{(x,(x, 2)) \mid x \in X\}
$$

Thus the composite $\left(R_{1}+R_{2}\right) \circ \Delta_{X}$ is then, by definition, the set

$$
\left\{(x,(y, 1)) \mid x R_{1} y\right\} \cup\left\{\left(x^{\prime},\left(y^{\prime}, 2\right)\right) \mid x^{\prime} R_{2} y^{\prime}\right\}
$$

Using the definition of copairing $\nabla_{Y}:=\left[1_{Y}, 1_{Y}\right]$ we obtain

$$
\left\{(x, y) \mid x R_{1} y\right\} \cup\left\{\left(x^{\prime}, y^{\prime}\right) \mid x^{\prime} R_{2} y^{\prime}\right\}
$$

that is

$$
R_{1}+R_{2}=\left\{(x, y) \mid x R_{1} y \text { or } x R_{2} y\right\}
$$

- Relations

$$
Q_{X}: X+Y \rightarrow X \rightarrow X+Y \quad \text { and } \quad Q_{X}: X+Y \rightarrow Y \rightarrow X+Y
$$

are defined as $\iota_{X} \circ \pi_{X}$ and $\iota_{Y} \circ \pi_{Y}$ respectively, that is,

$$
\{((x, 1),(x, 1)) \mid x \in X\} \quad \text { and } \quad Q_{Y}=\{((y, 2),(y, 2)) \mid y \in Y\}
$$

Using the definition of the sum we obtain

$$
\begin{aligned}
Q_{X}+Q_{Y} & =\{((x, 1),(x, 1)) \mid x \in X\} \cup\{((y, 2),(y, 2)) \mid y \in Y\} \\
& =\{(\varphi, \varphi) \mid \varphi \in X+Y\} \\
& =1_{X+Y}
\end{aligned}
$$

as required. It is easily seen that this generalises to an arbitrary number of terms in the biproduct.

- The matrix calculus in Rel is done over the semiring (= rig = ring without inverses) $\mathbb{B}$ of Booleans. The elements of this semiring, the two relations between $\{*\}$ and itself, that is, the empty relation and the identity relation, will be denoted by 0 and 1 respectively. The semiring operations on these arise from composing these relations (= semiring multiplication) and adding these relations ( $=$ semiring addition). We have distributivity by eqs.(38), and we then easily see that we indeed get the Boolean semiring:

$$
0 \cdot 0=0 \quad 0 \cdot 1=0 \quad 1 \cdot 1=1 \quad 0+0=0 \quad 0+1=1 \quad 1+1=1
$$

-contra the two-element field where we have $1+1=0$ - so the operations $-\cdot-$ and -+- coincide with the Boolean logic operations:

$$
\cdot \sim \wedge \quad \text { and } \quad+\sim \vee
$$

A relation $R:\{a, b\} \rightarrow\{c, d\}$ can now be represented $2 \times 2$ matrix e.g.

$$
R=\left(\begin{array}{ll}
1 & 1 \\
1 & 0
\end{array}\right)
$$

for the case that $a R c, b R c$ and $a R d$ (and not $b R d$ ). Given another relation $R^{\prime}:\{c, d\} \rightarrow\{e, f, g\}$ represented by

$$
R^{\prime}=\left(\begin{array}{ll}
1 & 0 \\
1 & 1 \\
0 & 1
\end{array}\right)
$$

indicating that $c R e, c R f, d R f$ and $d R g$, their composite

$$
R^{\prime} \circ R=\{(a, e),(a, f),(b, e),(b, f),(a, g)\}
$$

can be computed by matrix multiplication:

$$
\left(\begin{array}{ll}
1 & 0 \\
1 & 1 \\
0 & 1
\end{array}\right)\left(\begin{array}{ll}
1 & 1 \\
1 & 0
\end{array}\right)=\left(\begin{array}{ll}
1 & 1 \\
1 & 1 \\
1 & 0
\end{array}\right)
$$

For a relation $R^{\prime \prime}:\{a, b\} \rightarrow\{c, d\}$ represented by the matrix

$$
\left(\begin{array}{ll}
0 & 1 \\
0 & 1
\end{array}\right)
$$

which indicates that $R^{\prime \prime}=\{(b, c),(b, d)\}$ the sum $R+R^{\prime \prime}$ is given by

$$
\{(a, c),(b, c),(a, d)\} \cup\{(b, c),(b, d)\}=\{(a, b),(a, c),(b, c),(b, d)\}
$$

which indeed corresponds to the matrix sum

$$
\left(\begin{array}{ll}
1 & 1 \\
0 & 1
\end{array}\right)+\left(\begin{array}{ll}
0 & 1 \\
0 & 1
\end{array}\right)=\left(\begin{array}{ll}
1 & 1 \\
1 & 1
\end{array}\right)
$$

### 4.6 Quantum tensors from classical tensors

Interesting categories such as FdHilb and Rel have both classical-like and a quantum-like tensors. Obviously these two structures interact. For example, due to very general reasons we have distributivity natural isomorphisms

$$
A \otimes(B \oplus C) \simeq(A \otimes B) \oplus(A \otimes C) \quad \text { and } \quad A \otimes 0 \simeq 0
$$

both in the case of FdHilb and Rel. We can rely on so-called closedness of the $\otimes$-structure to prove this, something that we briefly address at the end of this chapter. Another manner to establish this fact for the cases of FdHilb and Rel is to observe that the $\otimes$-structure arises from the $\oplus$-structure.

Let $\mathbf{C}$ be a biproduct category and let $X \in \mathbf{C}$ be such that composition commutes in $\mathbf{C}(X, X)$. Define a new category $\mathbf{C} \mid X$ as follows:

- The objects of $\mathbf{C} \mid X$ are those objects of $\mathbf{C}$ which are of the form $\mathrm{I} \oplus \ldots \oplus \mathrm{I}$.

We denote such an object consisting of $n$ terms by $[n]$.

- For all $n, m \in \mathbb{N}$ we set $\mathbf{C} \mid X([n],[m]):=\mathbf{C}([n],[m])$.

We moreover set:

- $\mathrm{I}:=X$
- $[n] \otimes[m]:=[n \times m]$
- We can represent all morphisms in $\mathbf{C}([n],[m])$ and hence also those in $\mathbf{C} \mid X([n],[m])$ by matrices. Given $f \in \mathbf{C}([n],[m])$ and $g \in \mathbf{C}\left(\left[n^{\prime}\right],\left[m^{\prime}\right]\right)$ we define $f \otimes g \in \mathbf{C} \mid X\left([n] \otimes\left[n^{\prime}\right],[m] \otimes\left[m^{\prime}\right]\right)$ to be the morphism with

$$
(f \otimes g)_{\left(i, i^{\prime}\right),\left(j, j^{\prime}\right)}:=f_{i, j} \circ g_{i^{\prime}, j^{\prime}}
$$

as its matrix entries.
This provides $\mathbf{C} \mid X$ with symmetric monoidal structure. We leave it to the reader to verify this. Note that commutativity of $\mathbf{C}(X, X)$ is necessary since otherwise we would be in contradiction with the fact that the scalar monoid in a monoidal category is always commutative -which was established in Section 2.5. With these definitions we now have that

$$
[n] \otimes([m] \oplus[k]) \simeq([n] \otimes[m]) \oplus([n] \otimes[k]) \quad \text { and } \quad[n] \otimes[0] \simeq[0]
$$

Indeed, note first that since $[n]=\underbrace{\mathrm{I} \oplus \cdots \oplus \mathrm{I}}_{n}$, then

$$
[n] \oplus[m] \simeq[n+m]
$$

which is $\underbrace{\mathrm{I} \oplus \cdots \oplus \mathrm{I}}_{n+m}$. Therefore,

$$
\begin{aligned}
{[n] \otimes([m] \oplus[k]) } & \simeq[n] \otimes[m+k] \\
& \simeq[n \times(m+k)] \\
& =[(n \times m)+(n \times k)] \\
& \simeq[n \times m] \oplus[n \times k] \\
& \simeq([n] \otimes[m]) \oplus([n] \otimes[k]) .
\end{aligned}
$$

Moreover,

$$
\begin{aligned}
{[n] \otimes[0] } & \simeq[n \times 0] \\
& =[0] .
\end{aligned}
$$

When starting from FdHilb with $X=\mathbb{C}$ we obtain a category with objects of the form $\mathbb{C}^{\oplus n}$ for $n \in \mathbb{N}$, with linear maps between these as morphisms and with the usual space tensor product as the monoidal structure. When starting from Rel with $X=\mathbb{B}$ we obtain a category with objects of the form $\{*\}+\ldots+\{*\}$, that is, a $n$-element set for each $n \in \mathbb{N}$, with relations between these as morphisms and with the Cartesian product as the monoidal structure.

Now set:

- $[n]^{*}:=[n]$
- Let $\eta_{[n]} \in \mathbf{C} \mid X\left(\mathrm{I},[n]^{*} \otimes[n]\right)$ be the morphism with

$$
\left(\eta_{[n]}\right)_{(i, i), 1}:=1_{\mathrm{I}} \quad \text { and } \quad\left(\eta_{[n]}\right)_{(i, j \neq i), 1}:=0_{\mathrm{I}, \mathrm{I}}
$$

as its matrix entries.

- Let $\epsilon_{[n]} \in \mathbf{C} \mid X\left([n] \otimes[n]^{*}, \mathrm{I}\right)$ to be the morphism with

$$
\left(\epsilon_{[n]}\right)_{1,(i, i)}:=1_{\mathrm{I}} \quad \text { and } \quad\left(\epsilon_{[n]}\right)_{1,(i, j \neq i)}:=0_{\mathrm{I}, \mathrm{I}}
$$

as its matrix entries.
This provides $\mathbf{C} \mid X$ with compact structure. Indeed, the identity of $[n]$ is

$$
1_{[n]}=\delta_{i, j}:=\left\{\begin{array}{l}
1_{\mathrm{I}} \text { if } i=j \\
0_{\mathrm{I}, \mathrm{I}} \text { otherwise }
\end{array}\right.
$$

Using this, we find that

$$
\left(1_{[n]} \otimes \eta_{[n]}\right)_{(i,(j, k)),(l, 1)}=\delta_{i, l} \circ \eta_{(j, k), 1}
$$

and

$$
\left(\epsilon_{[n]} \otimes 1_{[n]}\right)_{(1, i),((j, k), l)}=\epsilon_{1,(j, k)} \circ \delta_{i, l}
$$

We can now verify the equations of compactness by computing the composite -say $e$ - of the two preceding morphisms using matrix calculus i.e.:

$$
\begin{equation*}
e_{(m, n)}=\sum_{j, k, l}\left(\epsilon_{[n]} \otimes 1_{[n]}\right)_{(1, m),((j, k), l)}\left(1_{[n]} \otimes \eta_{[n]}\right)_{(j,(k, l)),(n, 1)} \tag{39}
\end{equation*}
$$

Note that the indexing over $j, k$ and $l$ has two different bracketings in the above sum. By definition of the identity, unit and counit, the term $e_{(m, n)}$ will be $1_{I}$ only if $j=k=l$ which entails that $e_{(m, n)}=\delta_{i, j}$, the identity -since the objects are self-dual the other equation holds too.

Robin Houston proved a surprising result in [34] which to some extend is a converse to the above. It states that when a compact category is Cartesian (or co-Cartesian) then it also has direct sums.

### 4.7 Internal classical structures

In [2] Abramsky and one of the current authors used unitary biproduct decompositions of the form

$$
U: A \rightarrow \underbrace{\mathrm{I} \oplus \ldots \oplus \mathrm{I}}_{n}
$$

to encode the flow of classical data in quantum informatic protocols. In FdHilb such a map indeed singles out a basis, namely, the linear maps

$$
\left\{U^{\dagger} \circ \iota_{i}: \mathbb{C} \rightarrow \mathcal{H} \mid i=1, \ldots, n\right\}
$$

defines a basis for the Hilbert space $\mathcal{H}$, the basis vectors being

$$
\left\{|i\rangle:=\left(U^{\dagger} \circ \iota_{i}\right)(1) \mid i=1, \ldots, n\right\}
$$

These basis vectors are then identified with outcomes of measurements.
But there is another way to encode bases as morphisms in a category for which we only need to rely on tensor structure, and hence can stay in the diagrammatic realm of Section 2.2. If we have a basis $\mathcal{B}:=\{|i\rangle \mid i=1, \ldots, n\}$ of Hilbert space $\mathcal{H}$ then we can consider the linear maps

$$
\delta: \mathcal{H} \rightarrow \mathcal{H} \otimes \mathcal{H}::|i\rangle \mapsto|i i\rangle \quad \text { and } \quad \epsilon: \mathcal{H} \rightarrow \mathbb{C}::|i\rangle \mapsto 1
$$

These two maps indeed faithfully encode the basis $\mathcal{B}$ since we can extract it back from them. It suffices to solve the equation

$$
\delta(|\psi\rangle)=|\psi\rangle \otimes|\psi\rangle
$$

in unknown $|\psi\rangle$. Indeed, the only $|\psi\rangle$ 's for which the right-hand-side will be of the form $\left|\phi_{1}\right\rangle \otimes\left|\phi_{2}\right\rangle$ will be the basis vectors since for any other $\psi=\sum_{i} \alpha_{i}|i\rangle$ we have that $\delta(|\psi\rangle)=\sum_{i} \alpha_{i}|i\rangle \otimes|i\rangle$, that is, a genuinely entangled state.

The pair of maps $(\delta, \epsilon)$ satisfies several properties e.g.

$$
\left(\delta \otimes 1_{\mathcal{H}}\right) \circ \delta=\left(1_{\mathcal{H}} \otimes \delta\right) \circ \delta: \mathcal{H} \rightarrow \mathcal{H} \otimes \mathcal{H} \otimes \mathcal{H}::|i\rangle \mapsto|i i i\rangle
$$

and

$$
\left(\epsilon \otimes 1_{\mathcal{H}}\right) \circ \delta=\left(1_{\mathcal{H}} \otimes \epsilon\right) \circ \delta=1_{\mathcal{H}}::|i\rangle \mapsto|i\rangle
$$

establishing it as an instance of the following concept in FdHilb.
Definition 26. Let $(\mathbf{C}, \otimes, I)$ be a monoidal category. Then an internal comonoid is an object $C \in|\mathbf{C}|$ together with a pair of morphims

$$
C \otimes C \longleftarrow \stackrel{\delta}{\longleftarrow} C \xrightarrow{\epsilon} I
$$

where $\delta$ is the comultiplication and $\epsilon$ the comultiplicative unit such that

all commute.
Example 48. The relations

$$
\delta=\{(x,(x, x)) \mid x \in X\} \subseteq X \times(X \times X)
$$

and

$$
\epsilon=\{(x, *) \mid x \in X\} \subseteq X \times\{*\}
$$

define an internal comonoid on $X$ in Rel as the reader may verify. We could refer to these as the copying and deleting relations.

The notion of internal comonoid is dual to the notion of internal monoid.
Definition 27. Let $(\mathbf{C}, \otimes, I)$ be a monoidal category. Then an internal monoid is an object $M \in|\mathbf{C}|$ together with a pair of morphisms

$$
M \otimes M \xrightarrow{\mu} M \lessdot \quad e
$$

where $m$ is the multiplication and $e$ the multiplicative unit such that

all commute.

The origin of this name is the fact that monoids can equivalently be defined as internal monoids in Set. Since the notion of internal monoid applies to arbitrary monoidal categories it generalises the usual notion of a monoid.

Example 49. A strict monoidal category can equivalently be defined as an internal monoid in the category Cat which has categories as objects, functors as morphisms and the product of categories as tensor -see Section 5.1 below for a definition. Proving this is slightly beyond the scope of this chapter but we invite the interested reader to do so.

We now show that internal monoids in Set are indeed ordinary monoids. Given such an internal monoid $(X, \mu, e)$ in Set, where

$$
\mu: X \rightarrow X \times X \quad \text { and } \quad e:\{*\} \rightarrow X
$$

are now functions, we take the elements of the monoid to be those of the set $X$ to be, the monoid operation to be

$$
-\bullet-: X \times X \rightarrow X::(x, y) \mapsto \mu(x, y)
$$

and the unit of the monoid to be $1:=e(*) \in X$. The condition

boils down to the fact that for all $x, y, z \in X$ we have $x \bullet(y \bullet z)=(x \bullet y) \bullet z$, that is associativity of the monoid operation, and the condition

boils down to the fact that for all $x \in X$ we have $x \bullet 1=1 \bullet x=x$, that is, the element 1 is the unit of the monoid.

Such an internal definition of a group requires a bit more work.
Definition 28. Let $\mathbf{C}$ be a category with finite products and $T$ be the terminal object in C. An internal group is an internal monoid ( $G, \mu, e$ ) together with a morphism inv : $G \rightarrow G$ such that

both commute.

The additional operation inv : $G \rightarrow G$ assigns the inverses of the group. We leave it to the reader to verify that internal groups in Set are indeed ordinary groups. When we rather consider groups in other categories, in particular those in categories of vector space, then one typically speaks about quantum groups. An excellent textbook on this topic is [61].

Also the notion of group homomorphism can be 'internalized' in a category. We define a group homomorphisms between two group objects ( $G, \mu, e$, inv) and $\left\langle G^{\prime}, \mu^{\prime}, e^{\prime}\right.$, inv $\rangle$ to be a morphism $\phi: G \rightarrow G^{\prime}$ which commutes with all three structural morphisms, that is, the diagrams

and

al commute. Again, this diagrams generalise what we know about group homomorphism, namely that they preserve multiplication, unit and inverses. The notion of (co)monoid homomorphism is defined analogously.

### 4.8 Diagrammatic classicality

In a dagger monoidal category every internal comonoid

$$
(X, X \xrightarrow{\delta} X \otimes X, X \xrightarrow{\epsilon} \mathrm{I})
$$

defines an internal monoid

$$
\left(X, X \otimes X \xrightarrow{\delta^{\dagger}} X, \mathrm{I} \xrightarrow{\epsilon^{\dagger}} X\right) .
$$

This is obvious from the equational constraints of course, and merely involves reversal of the arrows. But we can also easily encode this in diagrammatic terms. We will represent the comonoid multiplication and its unit as follows:


Than the corresponding requirements are:


Now, if we flip all these upside-down we obtain a monoid:
$u \quad:=$

$e \quad:=$ -
and its corresponding requirements:


We can summarise all of this in the term dagger (co)monoid. The dagger comonoids in FdHilb and Rel which we have seen above both have some additional properties. For example, the are commutative:


That is, symbolically, $\sigma_{X, X} \circ \delta=\delta$. Also, the comultiplication is isometric or special:


1
That is, symbolically, $\delta^{\dagger} \circ \delta=1_{X}$. But by far, the most fascinating law which they obey is the Frobenius equations:

that is, symbolically,

$$
\left(1_{X} \otimes \delta^{\dagger}\right) \circ\left(\delta \otimes 1_{X}\right)=\delta \circ \delta^{\dagger}=\left(\delta^{\dagger} \otimes 1_{X}\right) \circ\left(1_{X} \otimes \delta\right)
$$

For a commutative dagger comonoid these two equations are easily seen to be equivalent. We verify that these equations hold for the dagger comonoids in FdHilb and Rel discussed in the previous section. In FdHilb, we have

$$
\delta^{\dagger}: \mathcal{H} \otimes \mathcal{H} \rightarrow \mathcal{H}::|i j\rangle \mapsto \delta_{i j} \cdot|i\rangle \quad \text { and } \quad \epsilon^{\dagger}: \mathbb{C} \rightarrow \mathcal{H}:: 1 \mapsto \sum_{i}|i\rangle
$$

so

$$
\begin{aligned}
& |i j\rangle \stackrel{\delta \otimes 1_{X}}{{ }^{\dagger}}|i i j\rangle \stackrel{1_{X} \otimes \delta^{\dagger}}{\longmapsto}|i\rangle \otimes\left(\delta_{i j} \cdot|i\rangle\right)=\delta_{i j} \cdot|i i\rangle \\
& |i j\rangle \longmapsto \delta_{i j} \cdot|i\rangle \longmapsto \delta \delta_{i j} \cdot|i i\rangle
\end{aligned}
$$

In Rel we have

$$
\delta^{\dagger}=\{((x, x), x) \mid x \in X\} \subseteq(X \times X) \times X
$$

and

$$
\epsilon^{\dagger}=\{(*, x) \mid x \in X\} \subseteq\{*\} \times X
$$

so we obtain

$$
\left(1_{X} \otimes \delta^{\dagger}\right) \circ\left(\delta \otimes 1_{X}\right)=\delta \circ \delta^{\dagger}=\{((x, x),(x, x)) \mid x \in X\}
$$

One can show that the Frobenius equation together with isometry guarantees a normal form for any connected picture made up of dagger Frobenius (co)monoids, identities and symmetry, which only depends on the number of input and output wires -see for example [40, 21]. As a result we can represent any such network as a 'spider' e.g.:
"more complicated network"


Hence commutative dagger special Frobenius comonoids turn out to be structures which come with a very simple calculus. But at the same time they are of key importance to quantum theory, as examplified by this theorem due to Pavlovic, Vicary and one of the authors [24]:

Theorem 2. In FdHilb there is bijective correspondence between dagger specal Frobenius comonoids and orthonormal bases. Explicitly, each dagger special Frobenius comonoid in FdHilb is of the form

$$
\delta: \mathcal{H} \rightarrow \mathcal{H} \otimes \mathcal{H}::|i\rangle \mapsto|i i\rangle \quad \text { and } \quad \epsilon: \mathcal{H} \rightarrow \mathbb{C}::|i\rangle \mapsto 1
$$

relative to some orthonormal basis $\{|i\rangle\}_{i}$.
The category $\mathbf{2 C o b}$ also has morphism satisfying the Frobenius equation:

hence we still have a $\dagger$-Frobenius comonoid but it is not special; indeed, since following two cobordisms

aren't homeomorphic, the comultiplication is not isometric. Hence, the representation of the normal form must preserves holes passing through the surface (i.e. it must preserves the genus of the surface). From this, a normal form in 2 Cob is of the form


The commutative diagram in Definition 28 becomes

if we set

$$
\Delta:=\underbrace{}_{i} \quad \operatorname{inv}:=\theta_{i} \quad!=9
$$

One refers to this picture typically as the Hopf law. What also holds for these operations are the bialgebra laws:


There's lots more on the connections between algebraic structures and these pictures in, for example, $[39,59,61]$. A great place to find some very well-explained introductions to this is John Baez' This Week's Finds in Mathematical Physics [8], for example, weeks 174, 224, 268.

## 5 Monoidal functoriality, naturality and TQFTs

In this section we provide the remaining bits of theory required to be able to state the definition of a topological quantum field theory.

### 5.1 Bifunctors

The category Cat which has categories as objects and functors as morphisms also comes with a monoidal structure.

Definition 29. The product of categories $\mathbf{C}$ and $\mathbf{D}$ is a category $\mathbf{C} \times \mathbf{D}$ :

1. objects are pairs $(C, D)$ with $C \in|\mathbf{C}|$ and $D \in|\mathbf{D}|$;
2. morphisms are pairs $(f, g):(C, D) \rightarrow\left(C^{\prime}, D^{\prime}\right)$ in $\mathbf{C} \times \mathbf{D}$ with

$$
\left(f^{\prime}, g^{\prime}\right) \circ(f, g)=\left(f^{\prime} \circ f, g^{\prime} \circ g\right)
$$

and the identities are pairs of identities.
This monoidal structure is Cartesian. The obvious projection functors

$$
\mathbf{C} \stackrel{P_{1}}{\rightleftarrows} \mathbf{C} \times \mathbf{D} \xrightarrow{P_{2}} \mathbf{D}
$$

provide the product structure encoded in:


This notion of product allows for a very concise definition of bifuctoriality. A bifunctor is now nothing but an ordinary functor of type

$$
F: \mathbf{C} \times \mathbf{D} \rightarrow \mathbf{E}
$$

So to say that a tensor is a bifunctor it now suffices to say that

$$
-\otimes-: \mathbf{C} \times \mathbf{C} \rightarrow \mathbf{C}
$$

is a functor. Indeed, this implies that we have

$$
\otimes(\varphi \circ \xi)=\otimes(\varphi) \circ \otimes(\xi) \quad \text { and } \quad \otimes\left(1_{\Xi}\right)=1_{\otimes(\Xi)}
$$

for all morphisms $\varphi, \xi$ and all objects $\Xi$ in $\mathbf{C} \times \mathbf{C}$, that is,

$$
(g \circ f) \otimes\left(g^{\prime} \circ f^{\prime}\right)=\left(g \otimes g^{\prime}\right) \circ\left(f \otimes f^{\prime}\right) \quad \text { and } \quad 1_{A} \otimes 1_{B}=1_{A \otimes B}
$$

We give another example of bifunctor which is contravariant in the first variable and covariant in the second variable. This functor is key to the socalled Yoneda Lemma, which constitutes the core of many categorical constructs, for which we refer to the standard literature. For all $A \in|\mathbf{C}|$ let

$$
\mathbf{C}(A,-): \mathbf{C} \rightarrow \mathbf{S e t}
$$

be the functor which maps

1. each object $B \in|\mathbf{C}|$ to the set $\mathbf{C}(A, B) \in|\mathbf{S e t}|$;
2. each morphism $g: B \rightarrow C$ to the function

$$
\mathbf{C}(A, g): \mathbf{C}(A, B) \rightarrow \mathbf{C}(A, C):: f \mapsto g \circ f
$$

For all $C \in|\mathbf{C}|$ let

$$
\mathbf{C}(-, C): \mathbf{C}^{o p} \rightarrow \mathbf{S e t}
$$

as the functor which maps

1. each object $A \in|\mathbf{C}|$ to the set $\mathbf{C}(A, C) \in|\mathbf{S e t}|$;
2. each morphism $f: A \rightarrow B$ to the function

$$
\mathbf{C}(f, C): \mathbf{C}(B, C) \rightarrow \mathbf{C}(A, C):: g \mapsto g \circ f
$$

One verifies that given any pair $f: A \rightarrow B$ and $h: C \rightarrow D$ the diagram

commutes sending a given $g: B \rightarrow C$ to the composite $h \circ g \circ f: A \rightarrow D$. The bifunctor which unifies the above two functors is

$$
\mathbf{C}(-,-): \mathbf{C}^{o p} \times \mathbf{C} \rightarrow \mathbf{S e t}
$$

which maps

1. each pair of object $(A, B) \in|\mathbf{C}|$ to the set $\mathbf{C}(A, B) \in \mid$ Set $\mid$;
2. each pair morphism $(f: A \rightarrow B, h: C \rightarrow D)$ to the function

$$
\mathbf{C}(f, h): \mathbf{C}(A, D) \rightarrow \mathbf{C}(C, B):: g \mapsto h \circ g \circ f
$$

We can now identify:

$$
\mathbf{C}(A,-):=\mathbf{C}\left(1_{A},-\right) \quad \text { and } \quad \mathbf{C}(-, A):=\mathbf{C}\left(-, 1_{A}\right)
$$

All of the above functors are called representable functors since they enable us to represent objects and morphisms of any category as functors on the well-known category of sets and functions.

### 5.2 Naturality

We already encountered a fair number of examples of our restricted variant of natural isomorphisms, namely

$$
\mathrm{I} \otimes A \simeq A \simeq A \otimes \mathrm{I}, A \otimes B \simeq B \otimes A, A \otimes(B \otimes C) \simeq(A \otimes B) \otimes C
$$

and

$$
A \times(B+C) \simeq(A \times B)+(A \times C)
$$

as well as some proper natural transformations, namely

$$
A \leadsto A \times A \quad, \quad A+A \leadsto A
$$

and

$$
(A \times B)+(A \times C) \leadsto A \times(B+C) .
$$

What makes all of these special is that all of the above expressions only involve objects of the category $\mathbf{C}$ without there being any reference to morphisms. This is not the case anymore for the general notion of natural transformations, which are in fact, structure preserving maps between functors.

Definition 30. Let $F, G: \mathbf{C} \rightarrow \mathbf{D}$ be functors. A natural transformation

$$
\tau: F \Rightarrow G
$$

consists of a family of morphisms

$$
\left\{\tau_{A} \in \mathbf{D}(F A, G A)|A \in| \mathbf{C} \mid\right\}
$$

which are such that the diagram

commutes for any $A, B \in|\mathbf{C}|$ and any $f \in \mathbf{C}(A, B)$.
Example 50. Given vector spaces $V$ and $W$ then two group representations

$$
\rho_{1}: G \rightarrow \mathrm{GL}(V) \quad \text { and } \quad \rho_{2}: G \rightarrow \mathrm{GL}(W)
$$

are equivalent if there exists an isomorphism $\tau: V \rightarrow W$ so that for all $g \in G$,

$$
\begin{equation*}
\tau \circ \rho_{1}(g)=\rho_{2}(g) \circ \tau \tag{40}
\end{equation*}
$$

This isomorphism is a natural transformation. Indeed, taking the functorial point of view for the two representations above, we get two functors

$$
\mathbf{G} \xrightarrow{R_{\rho_{1}}} \text { FdVect }_{\mathbb{K}} \quad \text { and } \quad \mathbf{G} \xrightarrow{R_{\rho_{2}}} \text { FdVect }_{\mathbb{K}}
$$

where $R_{\rho_{1}}$ maps * on some vector space $R_{\rho_{1}}(*)$ and $R_{\rho_{2}}$ maps $*$ on some vector space $R_{\rho_{2}}(*)$. Naturality means commutation of the following diagram:

which translates into eq.(40).
Example 51. The family of canonical linear maps

$$
\left\{\tau_{V}: V \rightarrow V^{* *} \mid V \in \mathbf{F d V e c t}_{\mathbb{K}}\right\}
$$

from a vector space to its double dual is a natural transformation

$$
\tau: 1_{\text {FdVect }_{\mathbb{K}}} \Rightarrow(-)^{* *}
$$

from the identity functor to the double dual functor. There is no natural transformation of type $1_{\text {FdVect }_{\mathbb{K}}} \Rightarrow(-)^{*}$ pointing to the fact that, while each finite dimensional vector space is isomorphic with its dual, there is no canonical isomorphism since constructing one depends on a choice of basis.

The fact that for $\mathbf{F d V e c t}_{\mathbb{K}}$ naturality indeed means basis independence can immediately be seen from the definition of naturality. In

the linear map $f: V \rightarrow V$ can be interpreted as a change of basis, and then the linear maps $F f: F V \rightarrow F V$ and $G f: G V \rightarrow G V$ apply this change of basis to the expressions $F V$ and $G V$ respectively. Commutation of the above diagram then means that it makes no difference whether we apply $\tau_{V}$ before the change of basis or whether we apply it after the change of basis. Hence it asserts that $\tau_{V}$ is a basis independent construction.

### 5.3 Monoidal functors and natural transformations

We now define a concept which has appeared a few time in the presentation so far, the notion of monoidal functor. Unsurprisingly, it is a functor between two monoidal categories that preserves the monoidal structure 'coherently'.

Definition 31. Let

$$
\left(\mathbf{C}, \otimes, \mathrm{I}, \alpha_{\mathbf{C}}, \lambda_{\mathbf{C}}, \rho_{\mathbf{C}}\right) \quad \text { and } \quad\left(\mathbf{D}, \odot, \mathrm{J}, \alpha_{\mathbf{D}}, \lambda_{\mathbf{D}}, \rho_{\mathbf{D}}\right)
$$

be monoidal categories, then a monoidal functor is a functor

$$
F: \mathbf{C} \rightarrow \mathbf{D}
$$

together with a natural transformation

$$
\left\{\phi_{A, B}: F A \odot F B \rightarrow F(A \otimes B)|A, B \in| \mathbf{C} \mid\right\}
$$

and a morphism

$$
\phi: \mathrm{J} \rightarrow F \mathrm{I}
$$

which are such that for every $A, B, C \in \mathbf{C}$, the diagrams

and

commute. Moreover, a monoidal functor between symmetric monoidal categories is symmetric if, in addition, the following diagram

commutes in $\mathbf{D}$. A monoidal functor is strong if the components of the natural transformation $\phi$ as well as the morphism $\phi$ are isomorphisms, and it is strict if they are identities. In this case the equational requirements simplify to

$$
F(A \otimes B)=F A \odot F B \quad \text { and } \quad F \mathrm{I}=\mathrm{J}
$$

and

$$
F \alpha_{\mathbf{C}}=\alpha_{\mathbf{D}} \quad, \quad F \lambda_{\mathbf{C}}=\lambda_{\mathbf{D}} \quad, \quad F \rho_{\mathbf{C}}=\rho_{\mathbf{D}} \quad \text { and } \quad F \sigma_{\mathbf{C}}=\sigma_{\mathbf{D}}
$$

Hence a strict monoidal functor between strict monoidal categories just means that the tensor is presereved by $F$.

Example 52. The functor $\dagger: \mathbf{C}^{o p} \rightarrow \mathbf{C}$ is a strict monoidal functor. In a compact category $\mathbf{C}$, the functor $(-)^{*}: \mathbf{C}^{o p} \rightarrow \mathbf{C}$ which maps any object $A$ on $A^{*}$ and any morphism $f$ on $f^{*}$ is a strong monoidal functor.

Definition 32. A monoidal natural transformation

$$
\theta:\left(F,\left\{\phi_{A, B}|A, B \in| \mathbf{C} \mid\right\}, \phi\right) \Rightarrow\left(G,\left\{\psi_{A, B}|A, B \in| \mathbf{C} \mid\right\}, \psi\right)
$$

between two monoidal functors is a natural transformation such that


A monoidal natural transformation is symmetric if the two monoidal functors which constitute its domain and codomain are both symmetric.

### 5.4 Equivalence of categories

In Example 6 we defined the category Cat which has categories as objects and functors as morphism. Definition 2 on isomorphic objects, when applied to this special category Cat, tells us two categories $\mathbf{C}$ and $\mathbf{D}$ are isomorphic if there exists two functors $F: \mathbf{C} \rightarrow \mathbf{D}$ and $G: \mathbf{D} \rightarrow \mathbf{C}$ such that $G \circ F=1_{\mathbf{C}}$ and $F \circ G=1_{\mathbf{D}}$. So the functor $F$ defines a bijection between the objects as well as between the hom-sets of $\mathbf{C}$ and $\mathbf{D}$. However, many categories that are for most practical purposes equivalent are not isomorphic. For example,

- the category FSet which has all finite sets as objects, and functions between these sets as morphisms, and,
- a category which has for each $n \in \mathbb{N}$ exactly one set of that size as objects, and functions between these sets as morphisms.
Therefore it is useful to define some properties for functors that are weaker than being isomorphisms. For instance, the two following definitions describe functors whose morphism assignments are injective and surjective respectively.

Definition 33. A functor $F: \mathbf{C} \rightarrow \mathbf{D}$ is faithful if for any pair $A, B \in|\mathbf{C}|$ and any pair $f, f^{\prime}: A \rightarrow B$, we have that

$$
F f=F f^{\prime}: F A \rightarrow F B \quad \text { implies } \quad f=f^{\prime}: A \rightarrow B
$$

Definition 34. A functor $F: \mathbf{C} \rightarrow \mathbf{D}$ is full if for any pair $A, B \in|\mathbf{C}|$ and for any $g: F A \rightarrow F B$ there exists an $f: A \rightarrow B$ such that $F f=g$.

A subcategory $\mathbf{D}$ of a category $\mathbf{C}$ is a collection of objects of $\mathbf{C}$ as well as a collection of morphisms of $\mathbf{C}$ such that

- for every morphism $f: A \rightarrow B$ in $\mathbf{D}$, both $A$ and $B \in|\mathbf{D}|$;
- for every $A \in|\mathbf{D}|, 1_{A}$ is in $\mathbf{D}$;
- for every pair of composable morphisms $f$ and $g, g \circ f$ is in $\mathbf{D}$.

These conditions entail that $\mathbf{D}$ is itself a category. Moreover, if $\mathbf{D}$ is a subcategory of $\mathbf{C}$, the inclusion functor $F: \mathbf{D} \rightarrow \mathbf{C}$ which maps every $A \in|\mathbf{D}|$ and $f \in \mathbf{D}$ to itself in $\mathbf{C}$ is automatically faithful. If in addition $F$ is full, then we say that $\mathbf{D}$ is a full subcategory of $\mathbf{C}$. Note that in general, a full and faithful functor is not yet an isomorphism.

Definition 35. A functor $F: \mathbf{C} \rightarrow \mathbf{D}$ is an equivalence of categories when there is another functor $G: \mathbf{D} \rightarrow \mathbf{C}$ and natural isomorphisms

$$
G \circ F \xlongequal{\Rightarrow} 1_{\mathbf{C}} \quad \text { and } \quad F \circ G \xlongequal{\Rightarrow} 1_{\mathbf{D}}
$$

An equivalence of categories is weaker than the notion of isomorphism of categories. It captures the essence of what we can do with categories without using concrete descriptions of objects: if two categories $\mathbf{C}$ and $\mathbf{D}$ are equivalent then any result following from the categorical structure in $\mathbf{C}$ remains true in D and vice-versa. We have [47]:

Theorem 3. A functor $F: \mathbf{C} \rightarrow \mathbf{D}$ is an equivalence of categories if and only if it is both full and faithful, and if each object $B \in \mathbf{D}$ is isomorphic to an object $F A$ for some $A \in|\mathbf{C}|$.

Example 53. The skeleton $\mathbf{D}$ of a category $\mathbf{C}$ is any full subcategory of $\mathbf{C}$ such that each object $A \in|\mathbf{C}|$ is isomorphic in $\mathbf{C}$ to exactly one object $B \in|\mathbf{D}|$. An equivalence between these categories is then defined as follows. Since $\mathbf{D}$ is a full subcategory of $\mathbf{C}$ there is an inclusion functor $F: \mathbf{D} \rightarrow \mathbf{C}$. Now, for any $A \in|\mathbf{C}|$, we choose an isomorphism $\tau_{A}: A \rightarrow G A$ where $G A \in|\mathbf{D}|$. From this, there is a unique way to define a functor $G: \mathbf{C} \rightarrow \mathbf{D}$ such that $\tau: 1_{\mathbf{C}} \Rightarrow F G$ is a natural isomorphism with inverse $\tau^{-1}: G F \Rightarrow 1_{\mathbf{D}}$. Particular instances:

- The two categories with sets as objects and functions as morphisms discussed at the beginning of this section.
- FdHilb is equivalent to the category with $\mathbb{C}, \mathbb{C}^{2}, \cdots, \mathbb{C}^{n}, \cdots$ as objects and linear maps between these as morphisms. This category is isomorphic to the category Mat $\mathbb{C}_{\mathbb{C}}$ of matrices with entries in $\mathbb{C}$ of Example 18.


### 5.5 Topological quantum field theories

TQFTs are primarily used in condensed matter physics to describe, for instance, the fractional quantum Hall effect. Perhaps more accurately, TQFTs are quantum field theories that compute topological invariants. In the context of this paper, TQFTs are our main example of monoidal functors. Defining a TQFT as a monoidal functor is very elegant, however, the seemingly short definition that we will provide is packed with subtleties. In order to appreciate it to its full extent, we will first give the non-categorical axiomatics of a generic $n$-dimensional TQFTs as given in [62]. We then derive the categorical definition from it. The bulk of this section is taken from [39] to which the reader is referred for a more detailed discussion on the subject.

An $n$-dimensional $T Q F T$ is a rule $\mathcal{T}$ which associates to each closed oriented ( $n-1$ )-dimensional manifold $\Sigma$ a vector space $\mathcal{T}(\Sigma)$ over the field $\mathbb{K}$, and to each oriented cobordism $M: \Sigma_{0} \rightarrow \Sigma_{1}$ a linear map $\mathcal{T}(M)$ from $\mathcal{T}\left(\Sigma_{0}\right)$ to $\mathcal{T}\left(\Sigma_{1}\right)$, subject to the following conditions:

1. if $M \simeq M^{\prime}$ then $\mathcal{T}(M)=\mathcal{T}\left(M^{\prime}\right)$;
2. each cylinder $\Sigma \times[0,1]$ is sent to the identity map of $\mathcal{T}(\Sigma)$;

3 . If $M=M^{\prime} \circ M^{\prime \prime}$ then

$$
\mathcal{T}(M)=\mathcal{T}\left(M^{\prime}\right) \circ \mathcal{T}\left(M^{\prime \prime}\right)
$$

4. the disjoint union $\Sigma=\Sigma^{\prime}+\Sigma^{\prime \prime}$ is mapped to

$$
\mathcal{T}(\Sigma)=\mathcal{T}\left(\Sigma^{\prime}\right) \otimes \mathcal{T}\left(\Sigma^{\prime \prime}\right)
$$

and the disjoint union $M=M^{\prime}+M^{\prime \prime}$ is mapped to

$$
\mathcal{T}(M)=\mathcal{T}\left(M^{\prime}\right) \otimes \mathcal{T}\left(M^{\prime \prime}\right)
$$

5. the empty manifold $\Sigma=\emptyset$ is mapped to the ground field $\mathbb{K}$ and the empty cobordism is sent to the identity map on $\mathbb{K}$.
All of this can be written down in one line.
Definition 36. An $n$-dimensional $T Q F T$ is a symmetric monoidal functor

$$
\mathcal{T}:(\mathbf{n C o b},+, \emptyset, T) \rightarrow\left(\text { FdVect }_{\mathbb{K}}, \otimes, \mathbb{K}, \sigma\right)
$$

where $T$ is the twist map.
The rule that maps manifolds to vector spaces and cobordisms to linear maps gives the domain and the codomain of the functor. Condition 1 says that we consider homeomorphism classes of cobordisms. Conditions 2 and 3 spell out that the TQFT is a functor. Conditions 4 and 5 say that it is a monoidal functor. The main problem is now constructing such a functor. In the case of 2-dimensional quantum field theories, it turns out that this question can be answered with the material we introduced in the preceding sections.

We have the following result [39]:

Proposition 8. The monoidal category $\mathbf{2 C o b}$ is generated under composition and disjoint union by the following cobordisms:


Following the discussion of Section 4.7, it is easily seen that these generators satisfy the axioms of a Frobenius comonoid. Moreover, since $\mathcal{T}$ is a monoidal functor, it is sufficient to give the image of the generators of $\mathbf{2 C o b}$ in order to specify it completely. Hence we can map this Frobenius comonoids in $\mathbf{2 C o b}$ on a Frobenius comonoid in FdVect $_{\mathbb{K}}$ :


The converse is also true, that is, given a Frobenius comonoid on $V$, then we can define a TQFT with the preceding prescription, so there is a one-to-one correspondence between commutative Frobenius comonoids and 2dimensional TQFTs. This is interesting in itself but we can go a step further.

We can now define the category $\mathbf{2 T Q F T}_{\mathbb{K}}$ of 2-dimensional TQFTs and symmetric monoidal natural transformation between them. Given two TQFTs $\mathcal{T}, \mathcal{T}^{\prime} \in\left|\mathbf{2 T Q F T} \mathbf{T}_{\mathbb{K}}\right|$, then the components of the natural transformation $\theta$ must - by the definition above- be of the form

$$
\theta_{n}: \underbrace{V \otimes V \otimes \ldots \otimes V}_{n \text { times }} \rightarrow \underbrace{W \otimes W \otimes \ldots \otimes W}_{n \text { times }} .
$$

Since this natural transformation is monoidal, it is completely specified by the map $\theta_{1}: V \rightarrow W$. The morphism $\theta_{\mathbb{K}}$ is the identity mapping from trivial Frobenius comonoid on $\mathbb{K}$ to itself. Finally, naturality of $\theta$ means that the components must commute with the morphisms of 2Cob. Since the latter can be decomposed into the generators listed in Proposition 8, we just have to consider these cobordisms. For instance


We can now define the category $\mathbf{C F C}_{\mathbb{K}}$ of commutative Frobenius comonoids and morphisms of Frobenius comonoids, that is, linear maps that are both comonoid homomorphisms and monoid homomorphisms.

Theorem 4. [39] The category $\mathbf{2 T Q F} \mathbf{T}_{\mathbb{K}}$ is equivalent to the category $\mathbf{C F C}_{\mathbb{K}}$.

## 6 Further reading

The concept of adjoint functors (not to be confused with the above discussed dagger structure, namely, the abstract counterpart to linear algebraic adjoints) is, at least from a mathematical perspective, the greatest achievement of category theory thus far: it unifies essentially all known mathematical constructs of a variety areas of mathematics such as algebra, geometry, topology, analysis and combinatorics within a single mathematical concept.

The restriction of adjoint functors to posetal categories, that is, those discussed in Examples 14, 15, 41 and 42, is the concept of Galois adjoints. These play an important role in computer science when reasoning about computational processes. Let $P$ be a partial order which represents the properties one wishes to attribute to the input data of a process, with ' $a \leq b$ ' if and only if 'whenever $a$ holds then $b$ must hold too', and let $Q$ be the partial order which represents the properties one wishes to attribute to the output data of that process. So the process is an order preserving map $f: P \rightarrow Q$. The order preserving map $g: Q \rightarrow P$, which maps a property $b$ of the output to the 'weakest' property (i.e. highest in the partial ordering) which the input data needs to satisfy in order to guaranty that the output satisfies $b$, is then the left Galois adjoint to $f$. One refers to $g(b)$ as the weakest precondition. Formally $f$ is left Galois adjoint to $g$ if and only if for all $a \in P$ and all $b \in Q$ we have

$$
f(a) \leq b \Longleftrightarrow a \leq g(b)
$$

The orthomodular law of quantum logic [54], that is, in the light of Example 42, a weakening of the distributive law which $L(\mathcal{H})$ does satisfy, is an example of such an adjunction of processes, namely

$$
\mathrm{P}_{c}(a) \leq b \Longleftrightarrow a \leq[c \rightarrow](b)
$$

where:

- $\mathrm{P}_{c}$ is an order-theoretic generalization of the linear algebraic notion of an 'orthogonal projector on subspace $c$ ', formally defined to be

$$
\mathrm{P}_{c}: L \rightarrow L:: a \mapsto c \wedge\left(a \vee c^{\perp}\right),
$$

where $(-)^{\perp}$ stands for the orthocomplement;

- $[-\rightarrow](-)$ is referred to as Sasaki hook, or unfortunately, also sometimes referred to as 'quantum implication', and is formally defined within

$$
[c \rightarrow]: L \rightarrow L:: a \mapsto c^{\perp} \vee(a \wedge c)
$$

Heyting algebras, that is, the order-theoretic incarnation of intuitionistic logic, and which play an important role in the recent work by Doering and Isham [28], are by definition Galois adjoints, now defined within

$$
[c \wedge](a) \leq b \Longleftrightarrow a \leq[c \Rightarrow](b)
$$

So theses Galois adjoints relate logical conjunction to logical implication.
The general notion of adjoint functors involves, instead of an 'if and only if' between statements $f(a) \leq b$ and $a \leq g(b)$, a 'natural equivalence' between hom-sets $\mathbf{D}(F A, B)$ and $\mathbf{C}(A, G B)$, where $F: \mathbf{C} \rightarrow \mathbf{D}$ and $G: \mathbf{D} \rightarrow \mathbf{C}$ are now functors. We refer to $[4,11]$ in these volumes for an account on adjoint functors and the role they play in logic. We also recommend [41] on this topic.

The composite $G \circ F: \mathbf{C} \rightarrow \mathbf{C}$ of a pair of adjoint functors is a monad, and each monad arises in this manner. The posetal counterpart to this is a closure operator, of which the linear span in a vector space is an example.

The composite $F \circ G: \mathbf{D} \rightarrow \mathbf{D}$ of a pair of adjoint functors is a comonad. Comonads are instance of what is referred to as coalgebra, of which comonoids are also an instance. The study of coalgebraic structures has become increasingly important both in computer science and physics. These structures are very different from algebraic structures: while algebraic structures typically would take two pieces of data $a$ and $b$ as input, and produce the composite $a \bullet b$, coalgebraic structures would do the opposite, that is, take one piece of data as input and produce two pieces of data as output, cf. a copying operation. Another example of a coalgebraic concept is quantum measurement. Quantum measurements take a quantum state as input and produces another quantum state together with classical data [23].

Finally we want to mention higher-dimensional category theory. Monoidal categories are a special case of bicategories, since we can compose the objects with the tensor, as well as the processes between these objects. There is currently much activity on the study of $n$-categories, that is, categories in which the hom-sets are themselves categories, and the hom-sets of these categories are again categories etc. Why would we be interested that? If one is interested in processes then one should also be in modifying processes, and that is exactly what these higher dimensional categorical structures enable to model. An excellent book on higher-dimensional category theory is [45].

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[^0]:    ${ }^{3}$ Paper [17] provided a conceptual template for setting up the content of this paper. However, here we go in more detail and provide more examples.

[^1]:    ${ }^{4}$ Typically, 'family' will mean a class rather than a set. While for many constructions the size of $|\mathbf{C}|$ is important, it will not play a key role in this paper.

[^2]:    ${ }^{5}$ In order to conceive Cat as a concrete category, the family of objects should be restricted to the so-called "small" categories i.e., categories for which the family of objects is a set.

[^3]:    ${ }^{6}$ They are the reason that, for example, the Computing Laboratory at University of Oxford offers category theory to its undergraduates.

[^4]:    ${ }^{7}$ The first time the 1st author heard about categories was in a Philosophy of Science course, given by a biologist specialised in population dynamics, who discussed the importance of category theory in the influential work of Robert Rosen [56].
    ${ }^{8}$ The reason for providing both the 'objectivist' ( $=$ passive) and 'instrumentalist' (= active) perspective is that we both want to appeal to the theoretical physics and the quantum information community. The first community typically doesn't like instrumentalism since it just doesn't seem to make sense in the context of theories such as cosmology; on the other hand, instrumentalism is as important to quantum informatics as it is to ordinary informatics. We leave it up to the reader to decide whether it should play a role in the interpretation of quantum theory.

[^5]:    ${ }^{9}$ Note that this operation on morphisms is a typed variant of the notion of monoid.

[^6]:    ${ }^{10}$ This $90^{\circ}$ rotation is merely a consequence of our convention to read pictures from bottom-to-top. Other authors obey different conventions e.g. top-to-bottom or left-to-right reading.

[^7]:    ${ }^{11}$ Naturality is one of the most important concepts of formal category theory. In fact, in the founding paper [30] Eilenberg and MacLane argue that their main motivation for introducing the notion of a category is to introduce the notion of a functor, and that their main motivation for introducing the notion of a functor is to introduce the notion of a natural transformation.

[^8]:    ${ }^{12}$ There is no particular reason why we ask for biproducts to be specified while in the case of Cartesian categories we only required existence. This is a matter of taste, whether one prefers 'being Cartesian' or 'being a biproduct category' to be conceived as a 'property a category possesses' or 'some extra structure it comes with'. There are different 'schools' of category theory which have strong arguments for either of these. Therefore we decided to give an example of both.

