

# Cell-based therapy of the failing heart: a need to connect for proper electrical and contractile function

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**This editorial refers to ‘Skeletal myoblast implants induce minor propagation delays, but do not promote arrhythmias in the normal swine heart’ by J. Moreno *et al.*, on page 1637**

Despite clear improvements in acute therapy and chronic management, myocardial infarction remains a severe threat to cardiac function.<sup>1,2</sup> In contrast to other organs, the heart has only limited regeneration capacity. Therefore, most of the cardiomyocytes that die in the process of acute myocardial ischaemia are replaced by dysfunctional scar tissue. In this context, regeneration of infarcted areas of the heart via application of progenitors/stem cells is a fascinating prospect. Clinical observations suggested a beneficial effect of injecting bone marrow-derived cells into coronary arteries<sup>3–5</sup> or skeletal myoblasts into hearts during open heart surgery<sup>6,7</sup> in survivors of myocardial infarction with heart failure, resulting in a high expectation that regeneration of the left ventricle could be instigated by such ‘regenerative therapy’. Subsequent larger trials found modest or no effects after intracoronary injection of bone marrow-derived cells.<sup>8–10</sup> Furthermore, careful clinical follow-up of patients who received myocardial injection of skeletal myoblasts identified the proarrhythmic side effects of such therapy.<sup>11,12</sup> It is difficult to align these findings which have been disputed widely. Most likely, different properties of the injected material, including different techniques of preparing and administering cells, as well as different patient characteristics contributed to the heterogeneity of the clinical findings. Given the potential for benefit and harm of treatment of failing hearts with precursor cells, we clearly need a better understanding of the physiological effects of precursor cells that interact with healthy and diseased myocardium, and of their potential side effects in the heart.

Moreno *et al.*<sup>13</sup> report on the electrical effects of injecting skeletal myoblasts in healthy pig hearts. They identified marginal

slowing of conduction distant to the implantation site *ex vivo* and did not identify any difference in arrhythmia induction between treated and SHAM-treated swine hearts, despite evidence of fibrous tissue close to the injection site. The authors are to be applauded for their systematic approach to the electrophysiological effects of implanting skeletal myoblasts in the beating large animal heart. This study provides important safety information by showing that the proarrhythmic effect that has been suggested by cell co-culture studies of healthy cardiomyocytes and mesenchymal precursor cells<sup>14</sup> does not translate into inducible arrhythmias in healthy large animal hearts.

Clearly, there is more to do, especially when considering potential differences in the degree of engraftment and that diseased myocardium such as the infarct zone is likely to be more vulnerable to slight conduction changes than healthy myocardium.<sup>15</sup> Furthermore, the molecular characterization of engrafted cells and potentially their genetic modification may help to improve the efficacy and safety of cell-based therapy of the heart in the future. In fact, genetically engineered enhanced electrical coupling between engrafted cells and the native myocardium via connexin expression may improve electrical stability and left ventricular function.<sup>15–17</sup> Furthermore, mobilization of bone marrow-derived cells by application of growth factors can improve cardiac contractile and electrical function in mice, especially in the infarct border zone, without affecting histological infarct size,<sup>18</sup> suggesting functional effects on the surviving ‘normal’ myocardium rather than true regeneration within the infarct.

Given that functional improvement after engraftment of adult progenitors and/or stem cells does not appear to be based on their transdifferentiation into cardiomyocytes<sup>19,20</sup> and that the overall effect is relatively modest, pluripotent stem cells appear to be an interesting alternative cell source.<sup>17</sup> However, their differentiation capacity into cardiomyocytes, their purification to avoid teratomas, and their long-term engraftment in the infarct to

provide sustained functional improvement still require lots of effort from basic scientists.<sup>21,22</sup> A very attractive autologous approach is the recently reported direct transprogramming of fibroblasts into cardiomyocytes using a set of only three well-defined cardiac transcription factors.<sup>23</sup> This could either allow to re-inject or transplant *in vitro* generated cardiomyocytes or tissue patches or to directly re-convert the fibrotic scar into the cardiac muscle using gene therapy.

Understanding the beneficial effects and the potential harm of cell-based therapy of the failing heart will require an interdisciplinary, 'translational' research approach. This requires close interactions between clinical investigators, translational cardiologists, basic scientists with a broad cardiac physiological expertise, and cell biologists. Such an interdisciplinary understanding of the effects of cell-based therapy should probably guide therapy selection and hence precede further evaluation of cell-based therapy in controlled clinical trials. The study by Moreno *et al.* is a valuable addition to our knowledge as it confers relevant safety information on the interaction of skeletal myoblasts with healthy myocardium. It is most likely that effective cell-based therapy of the failing heart needs to use different cells than those implanted by Moreno *et al.* At present, we can only speculate which cell-based therapy will be most helpful, whom it will help, and how the effects of these cells are mediated in the failing heart. We hope that well-coordinated interdisciplinary and 'translational' research will characterize the right cell-based therapy and the most suitable patients.

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