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Cellular and Molecular Mechanisms of Palatogenesis

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Abstract

Palatogenesis involves the initiation, growth, morphogenesis, and fusion of the primary and secondary palatal shelves from initially separate facial prominences during embryogenesis to form the intact palate separating the oral cavity from the nostrils. The palatal shelves consist mainly of cranial neural crest-derived mesenchyme cells covered under a simple embryonic epithelium. Growth and patterning of the palatal shelves are controlled by reciprocal epithelial-mesenchymal interactions regulated by multiple signaling pathways and transcription factors. During palatal shelf outgrowth, the embryonic epithelium develops a “teflon” coat consisting of a single, continuous layer of periderm cells that prevents the facial prominences and palatal shelves from forming aberrant inter-epithelial adhesions. Palatal fusion involves not only spatiotemporally-regulated disruption of the periderm but also dynamic cellular and molecular processes that result in adhesion and intercalation of the palatal medial edge epithelia to form an inter-shelf epithelial seam, and subsequent dissolution of the epithelial seam to form the intact roof of the oral cavity. The complexity of regulation of these morphogenetic processes is reflected by the common occurrence of cleft palate in humans. This review will summarize major recent advances and discuss major remaining gaps in the understanding of cellular and molecular mechanisms controlling palatogenesis.

Keywords

cleft palate; fusion; morphogenesis; palate development; periderm; signaling; mouse

1. Introduction

Cleft lip and/or cleft palate are among the most common birth defects in humans, occurring at a frequency of about 1 in 500 - 2500 live birth (Vanderas, 1987; Schutte and Murray, 1999; Gorlin et al., 2001; Dixon et al., 2011; Mangold et al., 2011). Clinically, cleft lip with or without cleft palate (CL/P) is a unilateral or bilateral gap between the philtrum and the lateral upper lip, often extending through the upper jaw into the nostril and accompanied by cleft of the secondary palate – the roof of the oral cavity. Cleft palate (CP) also frequently occurs without cleft lip. Both CL/P and CP appear in syndromic and nonsyndromic forms.

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The Online Mendelian Inheritance in Man (OMIM) database (www.ncbi.nlm.nih.gov/omim/) lists over 500 syndromic disorders in which CL/P or CP is a feature. The genetic basis of some of these syndromes has been identified through positional or candidate gene cloning (reviewed in Dixon et al., 2011). Approximately 70% of CL/P and 50% CP cases are nonsyndromic, for which the etiology and pathogenesis are complex and poorly understood (Dixon et al., 2011; Mangold et al., 2012; Rahimov et al., 2012).

The major reason why CL/P and CP are common birth defects is because development of the midface involves highly coordinated growth and morphogenesis of initially separate promordia. In humans, development of the face begins in the fourth week of embryogenesis with migrating neural crest cells that combine with mesodermal and ectodermal cells to establish the facial primordia, which initially consist of five separate parts surrounding the primitive mouth, the stomodeum (reviewed by Jiang et al., 2006; Dixon et al., 2011; Levi et al., 2011). At the rostral midline is the frontonasal prominence, which is populated by mesenchymal cells derived from the forebrain and midbrain neural crest cells. The stomodeum is bound laterally by a pair of maxillary processes and caudally by a pair of mandibular processes, which are populated by neural crest cells derived from the rostral region of the hindbrain. By the end of the fourth week, nasal pits form bilaterally in the lower part of the frontonasal prominence and extend into the stomodeum such that the frontonasal prominence is divided distally into paired medial and lateral nasal processes. Subsequently, rapid growth of the maxillary processes results in the medial nasal processes merging with each other, forming the intermaxillary segment. The lateral nasal processes fuse with the maxillary processes to form the lateral nose and cheek region. The intact upper lip forms by the maxillary processes fusing medially with the medial nasal processes (Jiang et al., 2006).

Development of the palate begins during the fifth week of human embryogenesis and is divided into two regions: the primary and secondary palates (reviewed by Dixon et al., 2011; Levi et al., 2011; Bush and Jiang, 2012). The primary palate arises from the intermaxillary segment and contains the philtrum, the incisors and a small part of the hard palate situated anterior to the incisive foramen (located immediately behind the incisor gum). The secondary palate includes both the hard and soft palate posterior of the incisive foramen. Development of the secondary palate begins during the sixth week of human embryogenesis with the initiation of two outgrowths, termed palatal shelves, from the oral side of the maxillary processes. The palatal shelves initially grow downward on both sides of the developing tongue. During the eighth week, as the head expands and the tongue moves downward, the bilateral palatal shelves elevate to a horizontal position above the dorsum of the tongue and merge with each other at the midline. In addition, the palatal shelves also fuse anteriorly with the primary palate and dorsally with the nasal septum, both of which are derived from the medial nasal processes. These fusion processes are complete by the twelfth week of gestation.

The dynamic morphogenetic processes giving rise to the midface are often disturbed by genetic or environmental insults. For example, cleft lip with cleft palate may result from disturbances in proliferation, migration and survival of the neural crest cells, or fusion between the medial nasal and maxillary processes, whereas cleft palate without cleft lip may

result from disruption of palatal shelf growth, elevation or fusion. Moreover, since palate development occurs concurrently with significant growth and expansion of the whole craniofacial complex, malformation of structures in the vicinity of the palatal shelves, such as the tongue and mandible, sometimes hinders palatal shelf elevation or contact, resulting in cleft palate (reviewed by Chai and Maxson, 2006; Bush and Jiang, 2012; Dotto, 2012). In addition to extensive human genetic studies that have led to identification of the gene mutations responsible for many cleft palate syndromes (reviewed in Dixon et al., 2011), genetic and developmental biology studies in model animal systems, particularly the laboratory mice in which the palatal growth and morphogenetic processes are remarkably similar to that in humans (Bush et al., 2012) (Figure 1), in the last 25 years have provided significant insights into the cellular and molecular processes underlying palatogenesis. Since the studies of the roles of various signaling pathways in controlling palate development have been extensively reviewed recently (Bush and Jiang, 2012; Cobourne and Green, 2012; He and Chen et al., 2012; Parada and Chai, 2012; Stanier and Pauws, 2012; Smith et al., 2013; Lane and Kaartinen, 2014), we focus this article on integrating recent studies of the molecular pathways in palate growth and patterning as well as on highlighting new advances in the cellular and molecular mechanisms regulating epithelial adhesion and palate fusion.

2. Regulation of palatal shelf growth and patterning

The central player in the regulation of palatal shelf growth appears to be sonic hedgehog (Shh) signaling. Shh is expressed throughout the early oral epithelium prior to palatal shelf outgrowth (Rice et al., 2006). Mice with tissue-specific inactivation of *Smoothened* (*Smo*), which encodes the obligate transducer of hedgehog signaling, in the cranial neural crest cells showed complete agenesis of the secondary palate (Jeong et al., 2004). Studies of mice with tissue-specific inactivation of *Smo* in the early palatal mesenchyme or of *Shh* in the epithelium confirmed that Shh signaling is critical for palatal shelf growth (Rice et al., 2004; Lan and Jiang, 2009). Shh signaling is required for activation and/or maintenance of expression of several transcription factors, including *Foxf1*, *Foxf2*, and *Osr2*, in the developing palatal mesenchyme (Lan and Jiang, 2009). Although whether *Foxf1* and *Foxf2* play primary roles in palatal shelf growth remains to be elucidated, *Osr2* has been shown to function as an intrinsic regulator of palatal mesenchyme cell proliferation (Lan et al., 2004). In addition, Shh signaling regulates expression of cell cycle regulators *Cyclin D1* and *Cyclin D2* in the palatal mesenchyme (Lan and Jiang, 2009).

The developing palatal shelves exhibit both morphological and molecular heterogeneity along both the anteroposterior and oronasal axes (reviewed by Hilliard et al., 2005; Bush and Jiang, 2012; Smith et al., 2013; Figure 3). Whereas *Shh* is initially expressed throughout the palatal epithelium at the onset of palatal outgrowth (Rice et al., 2004), its expression becomes highly restricted to the palatal rugae, the periodic epithelial ridges that form in species-specific patterns on the oral side of the palatal epithelium, in the anterior region and in the sensory papilla in the posterior region of the palate (Pantalacci et al., 2008; Welsh and O'Brien, 2009; Baek et al., 2011; Figure 2). Whereas the periodic formation of rugae during palate development appears to be regulated by a Turing-type reaction-diffusion mechanism (Economou et al., 2012), the restriction of *Shh* expression to the oral side of the palatal epithelium correlates with differential expression of *Fgf10* and *Fgf7* along the oronasal axis

of the palatal mesenchyme, with *Fgf10* preferentially expressed on the oral side and *Fgf7* preferentially on the nasal side (Rice et al, 2004; Veistinen et al., 2009). In palatal explant culture assays, *Fgf10* induced, whereas *Fgf7* repressed, *Shh* expression in the palatal epithelium (Rice et al., 2004; Han et al., 2009). Moreover, application of function-neutralizing antibody against *Fgf7* caused increased *Shh* expression in the palatal epithelium, suggesting that *Fgf7* normally competes with *Fgf10* and represses *Shh* expression in the nasal side of the palatal epithelium (Han et al., 2009). Expression of *Fgf7* in the palatal mesenchyme is maintained by the *Dlx5* transcription factor whereas *Fgf10* and *Shh* act in a positive feedback loop to regulate each other's expression (Rice et al., 2004; Han et al., 2009; Lan and Jiang, 2009) (Figure 3). Interestingly, exogenous *Shh* protein inhibited *Fgf7* expression in palatal mesenchyme explants (Han et al., 2009), suggesting that *Shh* signaling plays an active role in maintaining the oronasal asymmetry of the palatal shelves through differential regulation of expression of *Fgf10* and *Fgf7* in the mesenchyme (Figure 3). In addition, maintenance of *Shh* expression in the most anterior rugae and in the posterior palatal epithelium requires the functions of the *Msx1* and *Pax9* transcription factors, respectively, in the palatal mesenchyme (Zhang et al., 2002; Zhou et al., 2013). *Msx1* expression is restricted to the anterior region of the developing palatal mesenchyme and regulates anterior palatal mesenchyme proliferation through activation of expression of *Bmp4*, which in turn signals to the epithelium to maintain *Shh* expression (Zhang et al., 2002). Whereas *Bmp4* expression in the anterior palate is dependent on *Msx1* function, *Bmp4* is also expressed in a posterior region of the developing palatal shelves where *Msx1* is normally not expressed (Zhou et al., 2013). The expression of *Bmp4* in the posterior palate depends on *Pax9* function for its maintenance (Zhou et al., 2013). Mice lacking *Pax9* function exhibit complete penetrance of cleft palate and palatal shelf growth defects (Peters et al., 1998; Zhou et al., 2011; 2013). In *Pax9*^{-/-} mutant mouse embryos, expression of *Fgf10* and *Osr2* in the developing palatal mesenchyme as well as expression of *Shh* in the palatal epithelium were also reduced in comparison with wildtype littermates. Zhou et al. (2013) showed that *Fgf10* expression was also reduced in the *Osr2*^{-/-} palatal mesenchyme and that expression of *Osr2* from a *Pax9*^{Osr2KI} knockin allele restored *Fgf10* expression in the palatal mesenchyme and partly rescued posterior palate morphogenesis in the *Pax9* mutant embryos although the reductions in *Shh* expression in the palatal epithelium and in *Bmp4* expression in the posterior palatal mesenchyme were not rescued (Zhou et al., 2013). Together, these studies suggest that *Pax9* regulates the *Osr2*-*Fgf10* and the *Bmp4*-*Shh* pathways independently during palate development, with *Pax9* and the *Shh* signaling converging on the regulation of the *Osr2* transcription factor (Figure 3).

In addition to *Msx1* and *Pax9*, several other transcription factors, including short stature homeobox-2 (*Shox2*), BarH-like homeobox-1 (*Barx1*), meningioma-1 (*Mn1*), and T-box factor 22 (*Tbx22*), exhibit differential expression along the anteroposterior axis (Figure 4). *Shox2* is expressed throughout the anterior half but completely absent from the posterior half of the palatal mesenchyme, with the anterior-posterior boundary corresponding exactly to the first formed palatal rugae (Yu et al., 2005; Li and Ding, 2007; Pantalacci et al., 2008; Welsh and O'Brien, 2009, Figure 4). Expression of *Tbx22* is largely restricted to the posterior palatal mesenchyme, whereas expression of *Barx1* and *Mn1* shows preference in the posterior palatal mesenchyme, with expression expanded into the anterior palate domain

during palatal shelf growth (Liu et al., 2008; Welsh and O'Brien, 2009). These patterns of expression during palatal development correlate with palatal developmental defects in several mutant mice, with *Shox2* specifically required for anterior palatal growth whereas *Mn1* acts upstream of *Tbx22* to regulate posterior palatal growth (Yu et al., 2005; Liu et al., 2008; Pauws et al., 2009).

Whereas the differential gene expression patterns and mutant mouse phenotypes clearly demonstrate regionalized control of palatal growth along the anteroposterior axis, the molecular mechanism setting up the anteroposterior patterns of the developing palatal shelves remains to be elucidated. Hilliard et al. (2005) showed that exogenous Bmp4 induced *Msx1* expression in the anterior but not posterior palatal mesenchyme in explant culture assays, which is probably due to the fact that *Bmpr1a* is preferentially expressed in the anterior palate (Baek et al., 2011). Yu et al. (2005) showed that anterior palatal epithelium was able to induce *Shox2* expression in posterior palatal mesenchyme in recombinant explant culture assays (Yu et al., 2005). Together, these results indicate that both the palatal epithelium and mesenchyme are patterned along the anteroposterior axis.

3. Proper periderm differentiation is critical for normal palatogenesis

During early embryogenesis, the ectoderm consists initially of a single layer of undifferentiated cuboidal epithelial cells covering the entire embryo, including lining the primitive oral cavity (Richardson et al., 2014). As embryonic development proceeds, the embryonic skin undergoes a series of defined stratification and differentiation events to generate the mature epidermis. The first stratification event produces the periderm, a single layer of flattened epithelial cells covering the embryonic epithelia during subsequent developmental stages until shortly before birth (Holbrook and Odland, 1975; Sanes et al., 1986; M'Boneko and Merker, 1988; Polakowska et al., 1994; Richardson et al., 2014). Several functions have been proposed for the periderm, including protection from the environment (Hayward, 1983), regulation of underlying mesenchyme (Scott et al., 1987), and contribution to cornified envelope formation (Akiyama et al., 1999). Whereas all of these functions have yet to be proven, a series of mouse genetic studies and human disease phenotypes have shown a critical role for the periderm in craniofacial and palate development, as discussed below.

Through characterization of the cellular mechanisms underlying cleft palate pathogenesis in the *Jag2*^{-/-} mutant mice, we first reported a critical role for the oral periderm in preventing aberrant oral epithelial adhesions that interfered with palatal shelf elevation (Jiang et al., 1998a; Casey et al., 2006; Richardson et al., 2009). We showed that *Jag2* is expressed in the developing oral epithelium and activates the Notch1 receptor during periderm differentiation. In the *Jag2*^{-/-} mutant embryos, although oral epithelial stratification occurred, the resultant suprabasal cells did not have the flattened morphology characteristic of normal periderm cells and the mutant oral epithelia was disorganized and subsequently showed multiple intraoral inter-epithelial adhesions, including adhesion between the maxillary and mandibular oral epithelia as well as adhesion of the palatal shelves to the developing tongue (Jiang et al., 1998a; Casey et al., 2006) (Figure 5A). The correlation of aberrant oral epithelial adhesions with the disruption in oral periderm differentiation in the

Jag2^{-/-} mutant mice suggests that periderm normally provides a non-sticking barrier for the formation of the oral cavity. The specific activation and nuclear localization of intracellular domain of Notch1 in the periderm cells in wildtype embryos and the dramatic reduction of nuclear accumulation of Notch1 in the suprabasal oral epithelium in *Jag2*^{-/-} mutant embryos suggest that Jag2-Notch1 signaling plays a critical role in periderm cell differentiation.

Aberrant oral epithelial adhesions have been associated with several congenital ectodermal disorders, including Van der Woude syndrome (VWS) and popliteal pterygium syndrome (PPS), which are also characterized by varying degrees cleft lip, cleft palate (Van der Woude, 1954; Kondo et al., 2002; Richardson et al., 2006). Mutations in the *IRF6* gene have been shown to underlie both syndromes (Kondo et al., 2002). Gene expression studies in mice showed that *Irf6* is highly specifically expressed during periderm cell differentiation (Knight et al., 2006; Richardson et al., 2009; 2014). Mouse embryos deficient in *Irf6* as well as mouse embryos homozygous for the PPS mutation *Irf6*^{R84C} showed severe intraoral epithelial adhesions, including maxillary-mandibular and palatal-tongue adhesions that caused cleft palate by blocking palatal shelf elevation (Richardson et al., 2006; Ingraham et al., 2006) (Figure 5A). More recently, Richardson et al. (2014) carefully examined periderm development, using multiple molecular markers, in wildtype and *Irf6*^{R84C/R84C} mutant mouse embryos and demonstrated that *Irf6* function is required for normal periderm differentiation. Furthermore, two other mutant mouse strains, *Ikka*^{-/-} and *Sfn*^{Er/Er}, which exhibit remarkably similar phenotypes with the *Irf6*^{-/-} mutant mice, also lack periderm differentiation (Richardson et al., 2014). Furthermore, genetic ablation of periderm cells during embryogenesis caused aberrant intraoral epithelial adhesions, which led to cleft palate in the severely affected embryos (Richardson et al., 2014). Together, these results indicate that proper periderm formation prevents pathological inter-epithelial adhesions and is critical for orofacial and palatal morphogenesis.

How do *Irf6* and the Jag2-Notch1 pathways regulate periderm differentiation? Recent studies suggest that both *Irf6* and Notch signaling are activated by and negatively feedback to regulate the transcription factor p63 to drive periderm differentiation. *P63* is expressed in the earliest embryonic epithelial and continue to be expressed in basal undifferentiated epithelial cells but downregulated upon periderm differentiation (Richardson et al., 2009; 2014). The *p63* gene is transcribed using two alternative promoters, producing two major classes of protein isoforms that different in the N-terminal amino acid sequences (King and Weinberg, 2007; Crum and McKeon, 2010; Romano et al., 2012). Mice deficient in all p63 isoforms and mice with specific inactivation of Δ Np63, the predominant isoform in epidermal cells, exhibit a thin, undifferentiated epidermis with significantly reduced level of expression of *Irf6* in oral epithelial cells (Mills et al., 1999; Yang et al., 1999; Moretti et al., 2010; Thomason et al., 2010). Moreover, the p63 protein binds enhancer sequences upstream of the *Irf6* gene and can activate reporter gene expression driven by the *Irf6* gene sequences, suggesting that p63 directly activates *Irf6* expression during early epithelial development. However, upon periderm differentiation, *Irf6* is strongly expressed but p63 is down-regulated in the periderm cells (Richardson et al., 2009; Richardson et al., 2014). Moretti et al. (2010) showed that IRF6 promotes proteasome-mediated degradation of the

Np63 protein in human keratinocytes, suggesting that *Irf6* negatively regulates p63 during periderm differentiation. Moreover, whereas p63 has previously been shown to positively regulate *Jag1* and *Jag2* expression (Sasaki et al., 2002; Candi et al., 2007), a recent study suggests that active Notch signaling represses p63 expression in the developing surface ectoderm (Tadeu and Horsley, 2013). Furthermore, although *Irf6* and *Jag2* are not required for the expression of each other in the developing oral epithelium, *Irf6*^{R84C/+}; *Jag2*^{+/-} compound heterozygous mice exhibited similar persistent expression of p63 in stratified and aberrantly adhering oral epithelium (Richardson et al., 2009) (Figure 5A), suggesting that *Irf6* and *Jag2*-Notch signaling act synergistically to downregulate p63 during periderm differentiation. P63 has been shown to repress transcription of *p21* in vitro and in vivo (Westfall et al., 2003; Laurikkala et al., 2006; Welsh and O'Brien, 2009). Thus, the *Irf6* and *Jag2*-Notch signaling pathways drive periderm differentiation through indirect activation of p21 mediated cell cycle exit, with continued proliferation of the basal epithelial cells and new tight junctions that form between the suprabasal cells (Yoshida et al., 2012) contributing to stretching and flattening the periderm cells (Figure 5B).

The functions of many other genes, including *Grhl3*, *Ikka*, and *Sfn*, are required for periderm differentiation. Mutations in *GRHL3* have been associated with a subset of VWS patients with no linkage to *IRF6* (Peyrard-Janvid et al., 2014). *Grhl3*^{-/-} mice also exhibit aberrant inter-epithelial adhesions function (Peyrard-Janvid et al., 2014). Studies in zebrafish showed that *Grhl3* is specifically expressed in periderm cells and its expression is dependent on *Irf6* (de la Garza et al., 2013). *Ikka*^{-/-} and *Sfn*^{Er/Er} mice exhibit failure of periderm differentiation similar to *Irf6*^{-/-} mice, but they do not appear to be regulated by *Irf6* and it is not clear yet how they regulate periderm differentiation (Richardson et al., 2014). Mice lacking *Fgf10* or its epithelial receptor *Fgfr2b* also exhibit aberrant palate-mandible or palate-tongue adhesions (Alappat et al., 2005; Rice et al., 2004). Alappat et al. (2005) showed that *Fgf10*^{-/-} embryos exhibit loss of *Jag2* expression in the oral and palatal epithelium, suggesting that *Fgf10* signals through *Fgfr2b* to maintain *Jag2* expression in the oral epithelium. Recently, Ferone et al. (2012) showed that *Fgfr2* is a direct target of p63 in the developing epithelium (Ferone et al., 2012). Together with previous studies showing upregulation of *Jag2* expression by p63 and the loss of periderm integrity in *Jag2*^{-/-} mice (Jiang et al., 1998a; Sasaki et al., 2002; Casey et al., 2006; Candi et al., 2007), these studies suggest that p63 indirectly regulates *Jag2* expression in the basal epithelial cells through *Fgfr2b* and that *Jag2* signals to the suprabasal cells to maintain the integrity of the periderm (Dotto, 2012) (Figure 5B).

4. Palatal fusion: formation and dissolution of inter-shelf epithelial seam by cell convergence and extrusion

In order for the paired palatal shelves to initiate adhesion and fusion after they have elevated to the horizontal position above the dorsum of the developing tongue, the periderm covering the medial edge of the shelves has to be disrupted (Yoshida et al., 2012). Classic embryological as well as transmission and scanning electron microscopy studies showed that, just prior to inter-shelf adhesion, the periderm cells at the medial edge change shape dramatically by elongating and contracting and their nuclei become pyknotic (Waterman and

Meller, 1974; Fitchett and Hay, 1989; Griffith and Hay, 1992; Yano *et al.*, 1996). Similar apoptotic events occur in the periderm cells of the edge epithelia of medial nasal and maxillary prominences prior to lip fusion (Sun et al., 2000). The desquamation of the periderm cells enables the apposing pair of palatal shelves to adhere to each other at the midline, with the adhered medial edge epithelial layers (MEE) subsequently undergoing intercalation to form the midline epithelial seam (MES) (Yoshida et al. 2012).

Although the cellular processes of palatal fusion have been extensively studied, the exact mechanisms regulating palatal periderm desquamation and MES dissolution are still incompletely understood (Sun et al., 2000; Cuervo and Covarrubias, 2004; Bush and Jiang, 2012; Hu et al., 2015; Kim et al., 2015). Historically, three distinct but non-exclusive cellular mechanisms driving MES dissolution, including epithelial-mesenchyme transformation, apoptotic cell death, and migration of MES cells into the oral and nasal sides of the palatal epithelia, were proposed and supported by experimental evidence from palatal culture studies (Sun et al., 2000; Cuervo and Covarrubias, 2004; reviewed by Dudas et al., 2007; Gritli-Linde, 2007; Nawshad, 2008; Bush and Jiang, 2012). With the development of Cre/loxP-mediated genetic lineage labeling methods, the fate of the MES cells during palatal fusion in mouse embryos have been analyzed by several laboratories using different epithelial Cre-driver transgenic mice (Vaziri Sani et al., 2005; Xu et al., 2006; Jin and Ding, 2006a). Since no genetically labeled derivatives of the MES are found in the post-fusion palatal mesenchyme, results from these studies mostly favored the apoptosis hypothesis for MES dissolution although MES migration was also detected (Bush and Jiang, 2012) (reviewed by Bush and Jiang, 2012). However, direct analysis of the requirement for important apoptosis regulators in palatal fusion have been inconclusive (Cecconi et al., 1998; Cuervo et al., 2002; Takahara et al., 2004; Jin and Ding, 2006b). Most recently, Kim et al. (2015) examined cell behavior during palatal fusion using a combination of genetic lineage labeling, tissue-specific gene inactivation, and live imaging. These studies reveal an essential role for actomyosin contractility-driven convergence and cell intercalation in the formation of MES and subsequent cell displacement and extrusion during MES breakdown (Figure 5C). Whereas previously an argument against cell death as the major mechanism for MES dissolution suggested that extensive cell death of the MES cells would weaken the fusion site and lead to the bilateral palatal shelves been pulled apart (Sun et al., 2000), Kim et al. (2015) demonstrate by using live imaging the process of MES cell extrusion, during which converging MES cells form rosettes and the cells in the center of these rosettes are squeezed out by multicellular actin cables. Immunodetection of active Caspase-3 and E-cadherin of E14.5 mouse embryonic palatal tissues showed that about half of the apoptotic cells in the MES were part of the cellular rosettes. Thus, apoptosis in the MES, at least during early stages of MES breakdown, does not involve simultaneous death of neighboring cells that might weaken the fusion site but rather through extrusion of the apoptotic cell by its neighbors. Previous studies showed that an epithelial cell destined for apoptosis initiates signaling to its neighbors to form a contractile ring of actin and myosin prior to procaspase activation (Rosenblatt et al., 2001). Furthermore, pharmacological inhibition of stretch-activated ion channels blocked palatal fusion in explant culture, indicating that live cell extrusion due to crowding, in addition to apoptosis, also plays a key role in MES dissolution. Together with a series of genetic and pharmacological experiments

demonstrating the requirement for Rho kinase- and myosin light chain kinase-mediated activation of non-muscle myosin-II in MES cell intercalation and displacement during palatal fusion, these studies reveal the mechanistic connections of all previously observed cellular behaviors during palatal fusion, including extensive epithelial filopodia and cell shape changes at the beginning of palatal shelf adhesion, cell displacement and collective cell migration in the oronasal directions during MES formation and breakdown, and apoptotic cell death, to actomyosin-driven MES cell convergence (Figure 5C).

What are the molecular mechanisms underlying the spatiotemporal regulation of MEE fusion competence and the fusion process? Embryological and genetic studies have demonstrated an essential role for *Tgfb3* signaling regulating palatal fusion. During mouse palate development, *Tgfb3* expression is specifically activated in the MEE by E13 (Fitzpatrick et al., 1990; Pelton et al., 1990). Mice lacking *Tgfb3* function and mice with epithelium-specific deletion of either *Tgfb1* or *Tgfb2* exhibit cleft palate due to failure of palatal fusion (Kaartinen et al., 1995; Proetzel et al., 1995; Dudas et al., 2006; Xu et al., 2006). In *Tgfb3*^{-/-} embryos, although the palatal shelves grow and elevate normally, approach and contact each other at the midline, appropriate adhesion does not occur. Even when placed in direct contact with each other in explant culture, the *Tgfb3*^{-/-} mutant palatal shelves adhere poorly or not at all (Kaartinen et al., 1997). Recent studies demonstrated that periderm cells persisted as an intact single layer covering the palatal shelves in *Tgfb3*^{-/-} mutant embryos (Wu et al., 2013; Hu et al., 2015). Remarkably, whereas initial differentiation of the periderm cells requires *Irf6* function, recent studies suggest that *Irf6* is also required to mediate *Tgfb3*-induced palatal fusion. This second important function of *Irf6* in palate development is brought about by *Tgfb3* activation of its expression in the basal layer of the MEE cells just prior to palatal fusion (Fakhouri et al., 2012; Iwata et al., 2013). *Tgfb3*^{-/-} as well as *Tgfb2*^{fl/fl}; *K14-Cre* mutant embryos show significantly reduced *Irf6* expression in MEE cells (Knight et al., 2006; Iwata et al., 2013). Transgenic expression of *Irf6* in the basal epithelial layer driven by the *keratin-14* gene promoter was able to rescue palatal fusion in *Tgfb2*^{fl/fl}; *K14-Cre* mutant mice (Iwata et al., 2013). Iwata et al. (2013) suggest that *Irf6* might employ the same downstream molecular cascade, involving repression of p63 and indirectly activating p21 as in periderm differentiation, to regulate palatal MES degeneration (Morreti et al., 2010; Iwata et al., 2013). Whereas the up-regulation of p21 likely contributes to MEE cell cycle exit, whether *Irf6* contributes to *Tgfb3* regulation of periderm disruption remains to be investigated. On the other hand, *Irf6* is required downstream of *Tgfb3* for MES breakdown since *Irf6*^{R84C/R84C} mutant embryos showed persistence of the aberrantly adhered MEE and tongue epithelial cells whereas the aberrant palate-tongue epithelial seam was disintegrated in *Jag2*^{-/-} mutant embryos (Casey et al., 2006; Richardson et al., 2009). Like *Tgfb3*, *Irf6* function is also required for the expression of *Mmp13* in MEE cells (Blavier et al., 2001; Richardson et al., 2009). Thus, *Irf6* might also mediate *Tgfb3* induced MES disintegration through the up-regulation of *Mmp13* and other factors involved in degradation of the basal lamina (Figure 5C).

Upon activation of the receptor complexes, *Tgfβ* signaling activates receptor activated Smads, including Smad2 and Smad3, which then partner with the common mediator Smad4 to regulate expression of downstream target genes (Shi and Massague, 2003). Receptor

Smads can also bind to Trim33, a chromatin reader (He et al., 2006). In addition, Tgfb signaling can activate Smad-independent pathways, including the Tgfb-activated kinase-1 (Tak1) and p38 MAPK kinase cascade (Derynck and Zhang, 2003). Studies of mice with epithelium-specific inactivation of *Smad4*, *Tak1*, and Trim33, show that all three pathways act partly redundantly to mediate Tgfb3 signaling in palatal MES breakdown (Xu et al., 2008; Lane et al., 2015).

Mice with *K14-Cre* mediated deletion of *Tgfb1* or *Tgfb2*, or *Tgfb3*, exhibit milder palatal fusion defects than the *Tgfb3*^{-/-} germ line knockout mice, such that inter-palatal shelf adhesion occurred initially but the MES failed to disintegrate in the *K14-Cre* conditional mutant mouse strains (Karttinen et al., 1995; Proetzel et al., 1995; Dudas et al., 2006; Xu et al., 2006; Lane et al., 2014). This has been attributed to lack of Cre activity in the palatal periderm cells in *K14-Cre* embryos (Lane et al., 2014). The milder phenotypes in the *K14-Cre* conditional mutants than in the *Tgfb3* null mice indicate that direct effects of Tgfb3 signaling on the periderm are critical for disruption of periderm integrity and initiation of inter-shelf adhesion. Whereas a recent report suggested that Tgfb3 regulates periderm removal through repression of Np63 (Hu et al., 2015), it is likely that Tgfb3 affects another pathway in the periderm cells for their desquamation since Np63 is already down-regulated during periderm differentiation, as discussed above. On the other hand, some other transcription factors expressed in the MEE, in particular Runx1 and Snail1, have been shown required for palatal fusion (Murray et al., 2007; Charoenchaikorn et al., 2009). Charoenchaikorn et al. (2009) showed that *Runx1*^{-/-} mutant embryos with a transgenic rescue of hematopoietic defects exhibit defects in MEE cell behavior and cleft anterior palate. Whether *Runx1* deficiency affected expression of *Tgfb3* in the MEE was characterized, however. Whereas *Snail1*^{-/-} embryos die during early embryogenesis and *Snail2*^{-/-} mice exhibit an incomplete penetrance of cleft palate, all *Snail1*^{+/-}*Snail2*^{-/-} compound mutant mice had cleft palate (Jiang et al., 1998b; Carver et al., 2001; Murray et al., 2007). Although the palatal shelves grow and elevated normally and made contact at the midline, they remained covered with periderm cells and failed to form the MES in *Snail1*^{+/-}*Snail2*^{-/-} compound mutant embryos. Expression of *Tgfb3* was not affected in the *Snail1*^{+/-}*Snail2*^{-/-} mutant MEE, indicating that these transcription factors regulate inter-palatal shelf adhesion downstream of, or in parallel to, Tgfb3 signaling. Since the Snail family transcription factors have been implicated in epithelial-mesenchymal transition by directly repressing the expression of components of epithelial cell adhesive complexes (Nieto, 2002), it is possible that Snail1 and Snail2 act downstream of or in corporation with Tgfb3 signaling to loosen adhesion between the MEE periderm cells at the onset of palatal fusion. Further studies are necessary to delineate these molecular relationships and how they relate to activation of the actomyosin contractility-driven cell convergence behavior during MES formation.

5. Concluding remarks

Nearly 30 years ago, the introduction of the gene targeting technology for manipulating the mouse genome via homologous recombination revolutionized mouse genetics and propelled the laboratory mouse to the forefront of biomedical research (reviewed by Capecchi, 2005). Since then, mice carrying each of thousands of constitutive or conditional alleles have been

generated and analyzed, which have provided much of the current understanding of mammalian biology and mechanisms of human diseases. Much of the progress in our understanding of the cellular and molecular mechanisms of palatogenesis is also due to the widespread application of sophisticated genetic manipulations in mice and detailed morphological and molecular analysis of mutant mouse models (Bush and Jiang, 2012). Whereas the major signaling pathways governing palatogenesis have been well studied genetically, the underlying biochemical mechanisms remain largely uncharacterized. Moreover, as whole exome and whole genome sequencing approaches are increasingly effectively applied for human disease gene discovery (Newman and Black, 2014; Tabor et al., 2014; The Deciphering Developmental Disorders Study, 2015), it can be expected that the number of genes associated with craniofacial and palate defects will increase rapidly. The major challenge is to integrate new discoveries into the understanding of the gene regulatory networks controlling craniofacial and palate development. By combining high-throughput molecular and biochemical approaches, such as chromatin immunoprecipitation and high throughput sequencing (ChIP-seq), whole transcriptome RNA-seq based gene expression profiling, and mass spectrometry with bioinformatics analysis will help generate gene regulatory and protein-protein interaction network models that can be further tested genetically and biochemically to provide new insights into the mechanisms of palate development. Moreover, the recent adaptation of the versatile CRISPR-Cas9 system for genome editing has once again revolutionized genetics and developmental biology research and enabled unprecedented access to investigating the detailed functions of proteins, genes, RNAs, and other elements as well as cellular and molecular processes in the endogenous context (Doudna and Charpentier, 2014; Harrison et al., 2014). Together, these new technological tools will help rapidly advance our understanding of the mechanisms of palate development and lead to development of new and better treatment or prevention strategies for cleft palate birth defects.

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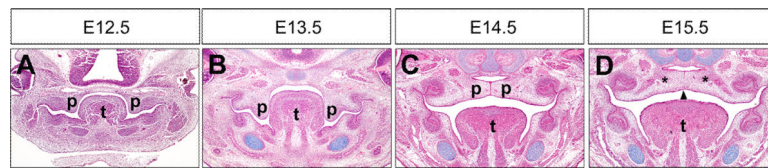


Figure 1.

Palate development in mice. (A-D) Representative HE-stained coronal sections through the middle of the anterior-posterior axis of the developing palatal shelves at E12.5 (A), E13.5 (B), E14.5 (C), and E15.5 (D). The palatal shelves grow vertically from the oral side of the maxillary processes from E11.5 to past E13.5 (A and B). By E14.5, the palatal shelves have elevated to the horizontal position above the tongue, adhered to each other at the midline and formed the midline epithelial seam (MES) (C). At around E15.5, the MES is disintegrated to allow confluence of the palatal mesenchyme (D). Arrowhead in D point to the disintegrating MES. Asteroids in D mark the sites of ossification to form the palatal bone. p, palatal shelf; t, tongue.

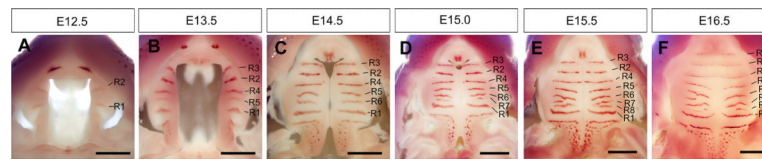


Figure 2.

Whole mount oral view of growth and patterning of the developing palatal shelves in mice. Patterns of *Shh* mRNA expression were detected by whole mount in situ hybridization. R1 – R8 mark the *Shh*-expressing palatal rugae in the sequence of their formation from E12.5 (A) to E16.5 (F). R1 marks the anterior-posterior boundary (all panels are oriented with the tip of the snout pointing up). The patchy *Shh* expression in the posterior palatal mark the sensory papilla buds. Scale bar, 500 μ m.

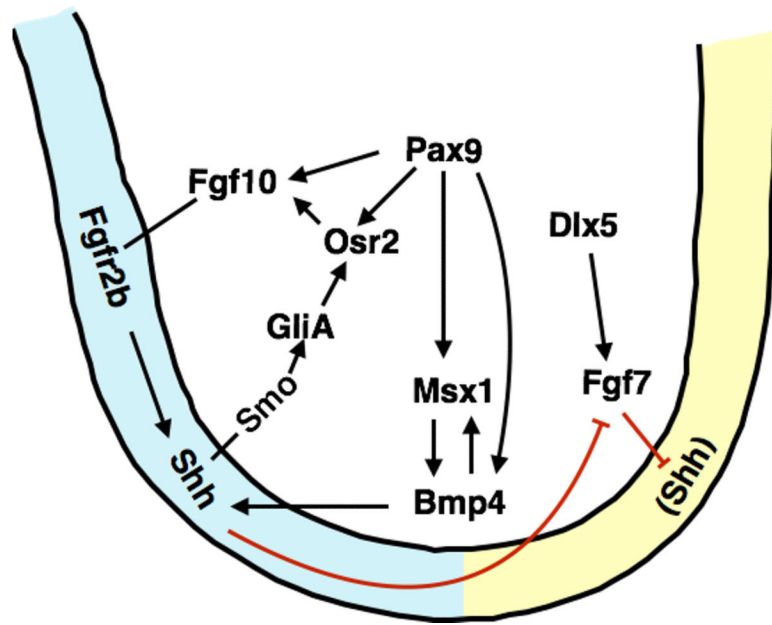


Figure 3.

Molecular regulation of palatal shelf growth and oronasal patterning. Schematic diagram of a coronal section of the developing palatal shelf, with the oral side to the left. Black arrows indicate positive regulation whereas red lines indicate repression. Shh is expressed in the palatal epithelium and positively regulates Fgf10 expression through the Osr2 transcription factor in the palatal mesenchyme. Fgf10 signals through the Fgfr2b receptor to maintain Shh expression in the palatal epithelium. Dlx5 activates Fgf7 expression in the palatal mesenchyme. Fgf7 and Shh represses the expression of each other such that Fgf7 expression is restricted in the nasal side of the palatal mesenchyme and Shh in the oral side of the palatal epithelium. Msx1 maintains Shh expression through Bmp4 in the anterior palate whereas Pax9 acts upstream of Bmp4, Fgf10, Msx1, and Osr2 in the palatal mesenchyme.

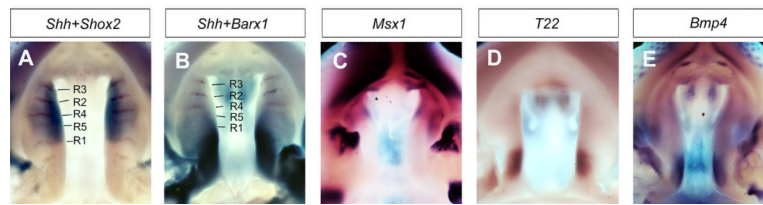


Figure 4.

Differential patterns of gene expression along the anterior-posterior axis of the developing palatal shelves at E13.5. (A) Dual color in situ hybridization detection of *Shh* (brown) and *Shox2* (blue) mRNA expression. *Shh* is expressed in the palatal rugae (marked as R1 – R5 in the sequence of their formation), whereas *Shox2* mRNAs are restricted to the anterior half of the developing palatal shelves. R1 coincides with the posterior boundary of *Shox2* mRNA expression. (B) Dual color in situ hybridization detection of *Shh* (brown) and *Barx1* (blue) mRNA expression. *Barx1* is mainly expressed in the posterior half of the developing palatal shelves. (C) whole mount in situ hybridization detection of *Msx1* (purple) mRNA expression. *Msx1* mRNAs were detected in the anterior-most quarter of the developing palatal shelves. (D) *Tbx22* mRNA expression is highly restricted in the posterior half of the developing palatal shelves. (E) *Bmp4* mRNA expression was detected in the anterior and posterior subregions of the developing palatal shelves.

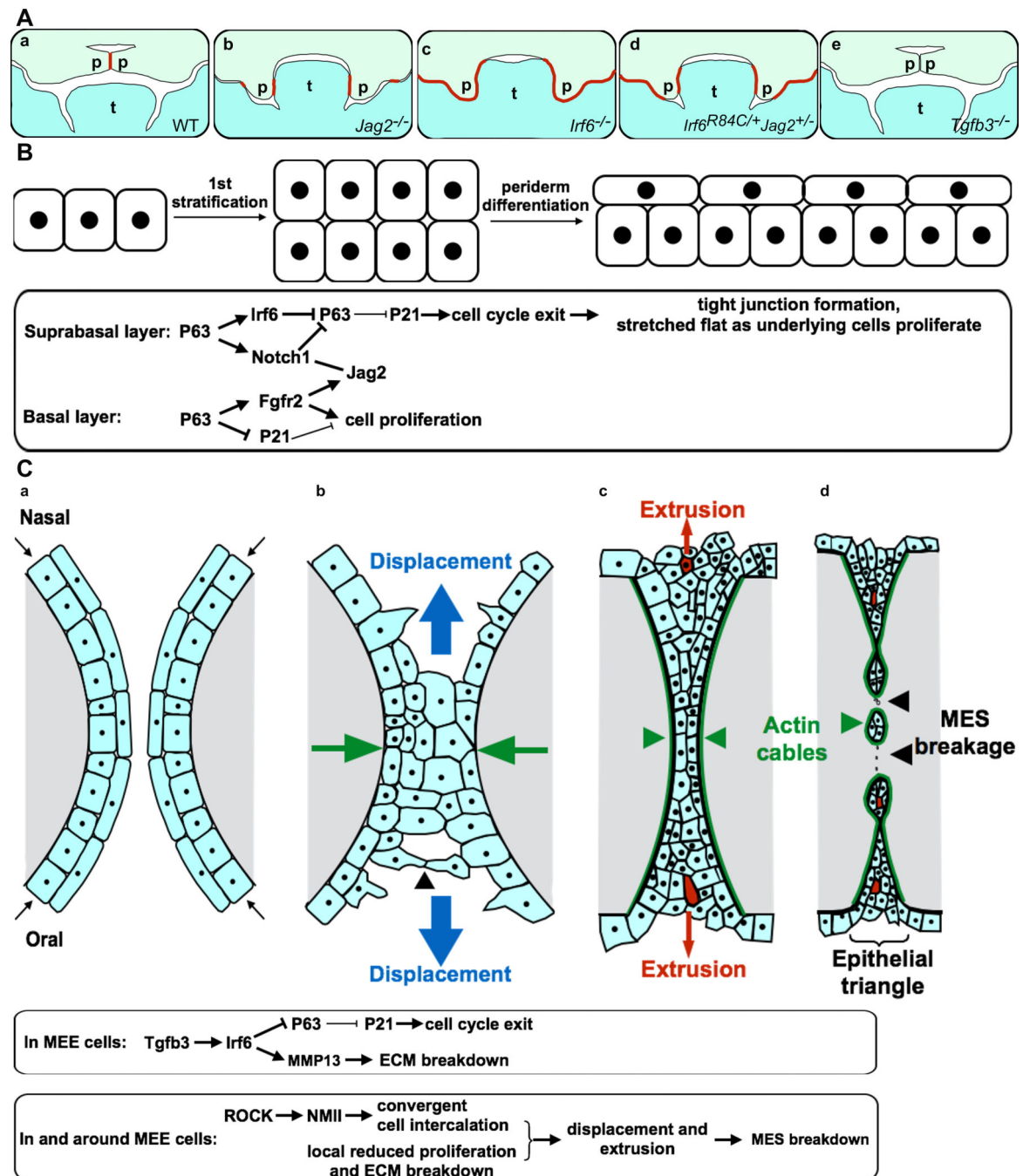


Figure 5.

Periderm differentiation plays a critical role in palatogenesis. (A) Schematic diagrams depicting palatal shelf adhesion at the onset of palatal fusion in wildtype mouse embryos (a), palate-tongue and maxillary-mandibular adhesions in the *Jag2*^{-/-} mutant embryos (b), extensive intra-oral epithelial adhesions in *Ir6*^{-/-} mutant embryos (c), palate-tongue, palate-mandible, and maxillary-mandibular adhesions in the *Ir6*^{R84C/+}*Jag2*^{+/-} compound heterozygous mouse embryos (d), and failure of palatal adhesion in *Tgfb3*^{-/-} mutant mouse embryos. Red line marks sites of inter-epithelial adhesion. p, palatal shelf; t, tongue. (B)

Schematic diagram of 1st epithelial stratification and periderm differentiation, with the molecular and cellular pathways in the suprabasal and basal cells outlined in the rectangular box below. (C) Schematic diagram of coronal sections of palatal shelves depicting cell convergence and extrusion during palatal adhesion and fusion, with the molecular and cellular processes regulating MES breakdown outlined in the rectangular boxed below. The cell convergence and extrusion diagrams are modified from Kim et al. (2015). Palatal epithelial cells are in light blue color and the palatal mesenchyme in gray. The paired palatal shelves are each covered with a single layer of periderm cells prior to inter-palatal adhesion (a). At the onset of palatal fusion, periderm cells and basal MEE cells extend protrusions and converge toward (green arrows) the midline (b), with some cells in the multicellular seam displaced toward the oral or nasal side. As the MES forms, cellular rosettes form and cells at the center of the rosettes are squeezed out by extrusion (marked in red) (c). The actomyosin cables pull the MES apart and surround the epithelial islands, continuing to extrude cells from cellular rosettes (d). Palatal MES breakdown is driven by both the nonmyosin II mediated cell convergence and extrusion as well as by Tgfb3-Irf6 regulated local cell cycle arrest and ECM breakdown.