

1 **Protein misfolding and ER stress**

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24 **Abstract**

25 The endoplasmic reticulum (ER) is a major site of protein synthesis, most strikingly in
26 the specialised secretory cells of metazoans, which can produce their own weight in
27 proteins daily. Cells possess a diverse machinery to ensure correct folding, assembly
28 and secretion of proteins from the ER. When this machinery is overwhelmed, the cell
29 is said to experience ER stress, a result of the accumulation of unfolded or misfolded
30 proteins in the lumen of the organelle. Here we discuss the causes of ER stress and
31 the mechanisms by which cells elicit a response, with an emphasis on recent
32 discoveries.

33 **Introduction**

34 The biogenesis of secretory and cell surface proteins begins at the endoplasmic
35 reticulum (ER). Newly synthesized polypeptides enter the ER via a
36 proteinaceous pore called the translocon (33, 46, 55, 151). ER-resident enzymes
37 guide protein folding towards the native state by chaperoning and post-
38 translational modification. Proteins that fail to adopt their native conformation
39 are retained in the ER and eventually targeted for ER-associated degradation
40 (ERAD) (Figure 1). The processes governing protein production, quality control
41 and degradation help to maintain protein homeostasis (proteostasis).

42

43 Efficient protein folding within the ER requires tight matching of the load of new
44 proteins entering the organelle with the capacity of its folding machinery. When
45 the load of client proteins outweighs the capacity, the cell is said to experience
46 ‘ER stress’, which represents a threat to accumulate unfolded aggregation-
47 prone species. In the face of ER stress, an unfolded protein response (UPR) is
48 employed to restore proteostasis. In metazoans, three UPR signal transducers,
49 IRE1, PERK and ATF6, govern distinct but overlapping transcriptional programs
50 to increase folding capacity, while measures to attenuate the rate of secretory
51 protein translation simultaneously reduce the protein load (Figure 1). In this
52 review we will highlight recent advances in the field of ER stress.

53

54 **Protein folding in the ER**

55 Whilst some denatured proteins can refold *in vitro* without auxiliary factors, in
56 the crowded molecular environment of the cell a folding machinery is required.

57 Protein folding in the ER is supported by a variety of chaperones and folding
58 factors. These include enzymes that facilitate post-translational modifications,
59 such as N-linked glycosylation and disulfide bond formation (141, 164) (14).

60

61 Chaperones of the heat shock protein 70 (HSP70) and HSP90 families are
62 present in abundance within the ER. BiP (also known as GRP78) is the major
63 HSP70, binding to short stretches of hydrophobic residues exposed by non-
64 native proteins. It functions to reduce the effective concentration of aggregation
65 prone sequences. The process of aggregation is highly concentration-dependent
66 and so by shielding aggregation prone sequences BiP discourages aggregation
67 and promotes native folding, i.e. its so-called holdase function. In order to allow
68 the progression of folding, BiP cycles through release and rebinding to its
69 substrates, whilst consuming ATP in the process. With each release cycle the
70 client protein has the opportunity to fold. In this sense, folding competes with
71 chaperone binding, both processes offering thermodynamic stability. Whether
72 BiP and other HSP70s actively catalyze the folding process (a foldase function)
73 remains unclear.

74

75 Two classes of auxiliary proteins contribute to the HSP70 chaperone cycle. J-
76 domain proteins (J-DP), which contain a conserved domain from the ancestral
77 DnaJ co-chaperone of bacteria, play two major roles in the HSP70 chaperone
78 cycle (68). Firstly, some J-DPs can interact with unfolded substrates, which they
79 deliver to the ATP-bound, substrate-receptive conformation of the HSP70.
80 Secondly, interaction with both substrate and J-domain induces the HSP70 to
81 hydrolyze its bound ATP to promote a tight substrate binding conformation.

82 This latter function is conserved amongst all J-DPs and is essential for HSP70
83 chaperoning. Following J-DP dissociation, a nucleotide exchange factor (NEF)
84 associates with the HSP70 to facilitate ADP release. Subsequent rebinding of
85 ATP induces substrate release and a return to the 'open' substrate-receptive
86 conformation (94). In humans there are at least 41 J-DPs, of which 7 are thought
87 to have J-domains in the ER lumen (68). Different J-DPs display a variety of
88 substrate specificities and interact with their partner HSP70 through specific
89 contact residues (159) and both the identity of the interacting J-DP and NEF
90 determine HSP70 chaperone activity *in vitro* (128). It has been estimated that
91 BiP clients may constitute up to 50% of protein within the ER lumen (34) and
92 consequently BiP is essential for embryonic growth (139). In addition to BiP,
93 non-classical HSP70s, such as GRP170, are also present within the ER, but are
94 less well characterised. While GRP170 binds to unfolded client proteins in a
95 classical chaperone fashion, it lacks the expected requirement for nucleotide
96 binding (123). This may relate to a large unstructured loop in its putative
97 substrate binding site that may destabilize substrate interaction and facilitate
98 client exchange (4).

99

100 Following their interaction with HSP70s, a subset of ER client proteins requires
101 interaction with an HSP90 called GRP94. Within the cytosol, HSP90 client
102 proteins are frequently kinases involved in mitogenic signalling and so are
103 currently being targeted by novel anti-cancer agents (92, 99, 127, 146). Within
104 the ER, the clients of GRP94 are less easy to classify including, for example,
105 insulin-like growth factors, α_1 -antitrypsin and apoprotein B (91). However, the
106 existing inhibitors of HSP90 are relatively non-selective, also inhibiting GRP94,

107 and so it is unclear to what extent their effects are mediated by altered protein
108 folding within the ER.

109

110 The ability to increase the availability of chaperones to match the demand of
111 client proteins is critical for an effective UPR. Classically, this is achieved by
112 transcriptional reprogramming of the cell triggered during ER stress (29, 52,
113 172) (Figure 1). Whilst it is clear that insufficient chaperone activity would be
114 toxic, it is less well appreciated that excessive chaperoning would have
115 deleterious effects through limiting protein secretion (39, 169). Consequently,
116 the mechanisms by which chaperone availability is reduced with declining stress
117 have, until recently, been neglected. The chaperone BiP has a half-life of between
118 6 and 48 hours and does not appear to be rapidly degraded when ER stress
119 subsides (56, 64). Instead, its activity has recently been shown to be regulated
120 by ADP-ribosylation of its substrate-binding domain (17, 56, 74, 80). This
121 reversible modification reduces interaction with client proteins and thus enables
122 rapid down-regulation of chaperone activity (19) (Figure 2). To date, the ADP-
123 ribosylation of BiP has only been observed in vertebrates, which may reflect the
124 complex secretory requirements and longer lifespans of higher organisms.

125

126 Efficient protein folding during ER stress is further promoted by increasing the
127 volume of the ER (7). Accordingly, components of the membrane lipid
128 biogenesis machinery are induced as targets of the UPR (28). In yeast, this
129 process requires the transcription factors Ino2 and Ino4, which induce
130 expression of lipid synthetic enzymes in response to ER stress, causing the
131 expansion of the ER membrane (138). In mammalian cells, overexpression of

132 spliced XBP1 is sufficient to promote ER expansion and leads to increased
133 production of the membrane precursor lipids phosphatidylcholine and
134 phosphatidylethanolamine (140, 149). ATF6 α signalling is thought to elicit a
135 distinct but complementary mechanism involving up-regulation of choline kinase
136 to promote production of phosphatidylcholine via the cytidine diphosphocholine
137 pathway (13, 88). In addition, maturation of sterol regulatory element binding
138 protein 1 (SREBP1), a transcription factor that controls lipogenic enzyme
139 expression, has been found to be compromised in *Perk* knockout fibroblasts, and
140 is completely blocked by mutating eIF2 α to a non-phosphorylatable form (10).

141

142 Ablation of the lipid synthetic response to ER stress in yeast can be compensated
143 for by up-regulation of chaperones, but equally, expansion of the ER can protect
144 cells unable to induce ER chaperones, suggesting that reduced protein crowding
145 is sufficient to relieve ER stress (138). In pancreatic β -cells the volume of the
146 rough ER can increase by 3-fold in response to glucose infusion and the resultant
147 increased synthesis of insulin (150). It is likely that reduced protein crowding
148 may promote correct folding over aggregation simply by reducing client
149 concentration within the lumen. The morphology of the newly synthesised ER
150 membranes seems unimportant, since in the yeast model the promotion of
151 lamellar or reticular structures does not impact on the benefits of membrane
152 expansion (138). Interestingly, during the expansion of the ER, the UPR
153 simultaneously induces a number of autophagy genes which promote autophagic
154 degradation of the ER (7). While this may appear counter intuitive, this may
155 assist in the removal of luminal aggregates of misfolded proteins

156

157 **Oxidative protein folding**

158 A characteristic feature of protein folding in the ER is the ability to generate
159 disulfide bonds. These bonds promote proper folding and stabilize native
160 protein conformations; consequently, perturbations of oxidative folding leads to
161 ER stress (41). The formation of disulfide bonds is driven by an oxidative folding
162 machinery and in contrast to the reducing environment of the cytosol, is
163 supported by an oxidizing glutathione buffer system within the ER lumen (66).
164 For many years, the ER oxidase 1 proteins, ERO1 α and the pancreatic isoform
165 ERO1 β , were presumed to drive the generation of disulfide bonds, since yeast
166 Ero1p is an essential protein (41, 126). ERO1 forms an inter-molecular disulfide
167 bond with protein disulfide isomerase (PDI) with molecular oxygen as the
168 ultimate electron acceptor. This bond is rearranged and subsequently used to
169 oxidized ER client proteins (42). The pancreatic β -cell is dependent upon
170 efficient oxidative protein folding, since its primary secretory protein insulin
171 possesses three disulfide bonds per molecule. Unexpectedly, deletion of both
172 *Ero1 α* and *Ero1 β* within the whole animal causes only a mild diabetic phenotype
173 (176). This observation led to the identification of peroxiredoxin 4 (PRDX4) as
174 an alternative source of disulfide bonds; PRDX4 utilizes hydrogen peroxide as
175 the source of oxidizing equivalents (47, 152, 178). Remarkably, when a mouse
176 lacking PRDX4 and both ERO1 isoforms was generated, it was able to form
177 disulfide bonds albeit with abnormalities of collagen folding (177). This result
178 points to the existence of yet more unidentified components of the oxidizing
179 machinery within the mammalian ER.

180

181 In mammalian cells it appears that the redox balance of the ER is well buffered
182 during physiological fluctuations in protein load (2), although fluctuations in ER
183 calcium concentration can cause dramatic changes in the redox state (2, 9). Since
184 the ER is the major store for calcium within the cell and many signalling and
185 metabolic pathways can trigger calcium release, such a link between ER calcium
186 and redox state may have far reaching implications. The inositol 1,4,5
187 triphosphate receptors (IP3R) and ryanodine receptor (RyR) are ER membrane
188 protein channels that control the efflux of calcium ions from the ER in response
189 to physiological stimuli; this efflux of calcium ions functions as a second
190 messenger. The activity of both channels can be modulated by protein thiol
191 redox state, suggesting the intriguing possibility that fluctuations in ER redox
192 could potentially help to define the intensity and duration of cellular calcium
193 signalling (1, 40, 69, 98). Further research in this area is eagerly awaited.

194

195 **Pathology of ER protein folding**

196 Perturbations of ER protein folding manifest as disease through a variety of
197 mechanisms. In their simplest form, such perturbations arise from loss-of-
198 function mutations of the folding machinery or toxic gain-of-function mutations
199 of the client protein. For example, mutants of the ER client protein collagen or of
200 its selective ER chaperone HSP47 each lead to the connective tissue disorder
201 osteogenesis imperfecta (22). Similarly, failure to fold the epithelial chloride
202 conductance CFTR within the ER underlies the human disease cystic fibrosis
203 (165). Many of the pathogenic mutants of CFTR fail to fold sufficiently well to
204 exit the ER and instead are degraded (20, 165). But not all mutated ER proteins

205 can be degraded as efficiently. The P23H and K296E mutants of rhodopsin are
206 extracted from the ER but subsequently form ubiquitinated aggregates in the
207 cytosol (135). These may inhibit normal functioning of the proteasome leading
208 to cell death, which has been suggested as the pathogenic mechanism for P23H
209 autosomal dominant retinitis pigmentosa (67). Accordingly, in P23H-expressing
210 rats, viral delivery of BiP reduced UPR signalling and photoreceptor apoptosis
211 without affecting rhodopsin localisation, supporting a for ER dysfunction in the
212 pathogenesis of the disease (45). However, even without genetic defects, protein
213 translation is sufficiently error-prone to permit a missense mutation of the
214 protein every 1,000 to 10,000 amino acid, resulting in defects in between 4% to
215 36% of all new proteins made (15, 108). This can be tolerated if these proteins
216 can be degraded, but when the load is excessive, as occurs during β -cell
217 exhaustion in type II diabetes, cell death can ensue (65, 75).

218

219 In contrast to diseases caused by aberrant protein folding and ER stress, many
220 patients who are homozygous for the Z variant of α_1 -antitrypsin accumulate large
221 quantities of ordered protein polymers within the lumen of their hepatocytes
222 without high levels of ER stress (59, 60, 114). These patients typically develop
223 pulmonary emphysema at an accelerated rate owing to the loss of circulating α_1 -
224 antitrypsin, which normally functions as an inhibitor of neutrophil elastase.
225 When unopposed, elastase degrades the extracellular matrix causing alveolar
226 destruction (95). Moreover, the failure of airway epithelial cells to secrete α_1 -
227 antitrypsin appears also to deprive them of an important autocrine anti-
228 inflammatory signal, leading to elevated ERK signalling and cytokine secretion
229 (158). In addition, the accumulation of Z α_1 -antitrypsin as large protein

230 polymers within the ER of hepatocytes, while failing to trigger ER stress directly,
231 increases the sensitivity of these cells to activation of the UPR when faced with a
232 second insult (59, 60, 114). This may explain the apparently stochastic nature of
233 liver failure observed in some paediatric cases of α_1 -antitrypsin.

234

235 **Quality control and ER associated Degradation (ERAD)**

236 In addition to expanding the folding capacity of the ER, the UPR increases the
237 cell's ability to dispose of terminally misfolded proteins (49, 112). One
238 mechanism takes advantage of the N-linked glycosylation found on many ER
239 client proteins (37). Calnexin and calreticulin are lectin-like ER chaperones that
240 interact periodically with glycosylated clients. This is governed by the removal
241 and re-addition of glucose moieties to the glycans of their substrates. Clients
242 that continue to cycle for prolonged periods without achieving their native state
243 are eventually targeted for ERAD. This involves the time-dependent trimming of
244 a mannose residue from the glycan, which is monitored by ER degradation
245 enhancer alpha-mannosidase-like protein 1 (EDEM1) (27, 63). The difference in
246 the kinetics of glucose vs mannose trimming is believed to determine the time
247 allotted to folding a protein before it is deemed terminally misfolded. Data
248 suggest that variation in the efficiency of this machinery may impact on the
249 pathogenesis of protein folding related disease states. A single nucleotide
250 polymorphism was identified in ER mannosidase I (ERManI), an enzyme
251 responsible for mannose trimming in ERAD (3), was suggested to increase the
252 likelihood of fulminant liver disease in children homozygous for Z α_1 -antitrypsin
253 (121).

254

255 Both calnexin and calreticulin associate with ERp57, a PDI family member that
256 isomerizes non-native disulfides during the folding process. Recent work in
257 *C. elegans* suggests that for many substrates N-glycosylation may be rate-limiting
258 in their quality control (32). Gain of function mutants in the *gfat-1* gene, a
259 component of the hexosamine synthetic pathway required for production of N-
260 linked glycans, enhance ERAD, reduce ER stress, and extend lifespan. Similarly,
261 supplementation of growth medium with the glycan precursor N-
262 acetylglucosamine had similar beneficial effects, implicating glycan-dependent
263 quality control as a crucial determinant of proteostasis and aging (32).

264

265 Proteins destined for ERAD are removed from the lumen of the ER in a process
266 that results in their ubiquitination by membrane-associated E3 ligases that
267 include HRD1 and GP78. The substrate is ubiquitinated on the cytosolic side of
268 the ER membrane before its complete extraction and proteasomal degradation
269 (18, 23). Many components have been implicated in the retrotranslocation and
270 ubiquitination events with evidence for significant substrate specificity (25).
271 Disulfide bonded proteins require the reductase activity of the PDI family
272 member ERdj5 prior to their retrotranslocation (156). This enzyme is not
273 dedicated solely to ERAD as it also facilitates native disulfide bond formation in
274 low-density lipoprotein receptor (LDLR) (110). In a manner analogous to the
275 interaction between ERp57 and the lectin-chaperones, ERdj5 requires BiP for
276 substrate selection. Thus, in addition to its role in preventing aggregation, BiP
277 delivers terminally misfolded proteins to the ERAD machinery (54). Unlike the

278 lectin chaperones, however, there is no obvious mechanism by which BiP can
279 distinguish partially folded intermediates from terminally misfolded species.

280

281 The ERAD of a number of non-glycosylated substrates of BiP has been shown
282 also to utilise the E3-ligase HRD1 and HERP, which interacts both with the
283 proteasome and ubiquitinated ERAD substrates (113). Although glycosylated
284 mutants of α_1 -antitrypsin have been suggested not to require HERP during
285 ERAD (113), it has been suggested more recently that HERP is required for the
286 degradation of both glycosylated and non-glycosylated transmembrane proteins
287 (79). Similarly, EDEM1 was shown recently to interact with non-glycosylated
288 ERAD substrates as well as misfolded glycoproteins (143). This suggests
289 significant overlap between glycan-dependent and independent ERAD pathways.

290

291 ER quality control and ERAD ensure that newly synthesised proteins are
292 afforded sufficient opportunity to achieve their native conformation whilst
293 preventing the accumulation of unstable folding intermediates. Indeed, the
294 removal of unfolded proteins by ERAD appears to be essential for maintaining
295 the synthetic output of professional secretory cells (38). Processes that cause a
296 dramatic increase in secretion, for example glucose stimulation of insulin
297 production or differentiation of B lymphocytes into more secretory plasma cells,
298 can briefly overwhelm quality control leading to activation of the UPR as part of
299 normal cellular homeostasis (51, 129). Conversely, destabilising mutations and
300 stressful insults can saturate ERAD leading to pathological ER stress and cell
301 death (104, 116, 148). Thus, during short-term 'physiological' stress, UPR
302 signalling acts to promote efficient protein folding through enlargement of the ER,

303 increased synthesis of chaperones and more effective ERAD, but during chronic
304 ER stress, through mechanisms that are yet to be fully understood, the UPR can
305 activate cell death pathways and contribute to pathogenesis, The mechanisms
306 by which cells detect and respond to ER stress will now be discussed.

307

308 **ER stress signal transduction**

309 **IRE1**

310 IRE1 governs the most evolutionary conserved arm of the UPR, being found in all
311 eukaryotes. In the absence of stress, IRE1 is thought to be held inactive by the
312 binding of BiP to its luminal domain. Current models suggest that during ER
313 stress, BiP is titrated away by increased levels of unfolded proteins leading to
314 UPR signalling (8, 142). However, structural studies have suggested that the
315 luminal domain of yeast Ire1p might be capable of interacting directly with
316 unfolded polypeptides by forming a peptide-binding groove reminiscent of that
317 found in MHC class I molecules (30), although the equivalent structure of
318 mammalian IRE1 does not appear to support this model (175). More recent
319 work suggests that these models are not mutually exclusive, whereby BiP
320 binding desensitizes Ire1 to activation by the direct binding of unfolded proteins
321 in the absence of stress. During stress, BiP dissociation then lowers the energy
322 barrier of Ire1 activation by unfolded proteins (125).

323

324 Detection of ER stress by the luminal domain of Ire1p leads to trans-
325 autophosphorylation of its cytosolic kinase domain, promoting back-to-back
326 dimer stabilising salt bridges (72, 78). The resulting conformational changes

327 lead to a rearrangement of the RNase domain of Ire1p to promote binding and
328 cleavage of a single mRNA substrate, XBP1 in mammals or HAC1 in yeast, to
329 initiate an unconventional splicing event. For XBP1, splicing causes a shift in
330 reading frame resulting in a change in the sequence of the C-terminal portion of
331 the protein. For HAC1, by contrast, splicing leads to the removal of a
332 translational repression structure (131). When spliced mRNA is translated and
333 an active transcription factor is generated, downstream targets mediate
334 increased ER folding capacity, membrane biogenesis and autophagy (76, 107).

335

336 In recent years, an additional role for the endonuclease domain of IRE1 has
337 emerged in the form of ‘regulated IRE1 dependent decay’ (RIDD) (61, 62, 93).
338 Under conditions of ER stress, IRE1 cleaves a subset of mRNAs. This appears to
339 be a non-random process, with a degree of transcript sequence specificity (93,
340 109) and preferential degradation of mRNAs localised to the ER membrane (62,
341 109). In this manner, the cell can reduce the number of mRNA transcripts being
342 translated at the surface of ER and thus reduce the rate of secretory protein
343 biosynthesis. Engineered variants of Ire1 such as the Shokat mutant have been
344 designed to allow activation of XBP1 splicing by the addition of an exogenous
345 ligand (122). Remarkably, activation of XBP1-directed nuclease activity in this
346 way appears to be insufficient to trigger RIDD. Instead, *bona fide* ER stress was
347 required to enable IRE1 to degrade mRNAs, suggesting a more complex
348 mechanism for the activation of IRE1 than was first anticipated (61). Moreover,
349 evidence suggests that basal RIDD may also occur under conditions in which
350 XBP1 splicing is not activated (recently reviewed in (93)). In addition to back-to-
351 back dimers, higher order oligomers of IRE1 have also been observed in both

352 yeast and mammalian cells during ER stress (72, 82). It is tempting to speculate
353 that the different degrees of oligomerisation, for example single dimers vs higher
354 order oligomers, of active IRE1 might differ in their functional output, but further
355 evidence is required.

356

357 Recent studies have begun to clarify the physiological and pathological relevance
358 of RIDD. If unchecked, RIDD can impair the synthesis of secreted and membrane
359 proteins that impact on immune function. Deletion of XBP1 in murine
360 B lymphocytes leads to hyperactivation of IRE1 and degradation of mRNA
361 encoding μ heavy chains. This appears to be mediated by RIDD, since the
362 deficiency of IgM can be rescued partially by also ablating IRE1 (5). The
363 incompleteness of this rescue reflects the requirement for XBP1 in the efficient
364 maturation of plasma cells. Silencing of either XBP1 or IRE1 impairs the
365 production of immunoglobulin through de-commitment from full plasma cell
366 differentiation (81). Interestingly, loss of XBP1 and its target genes have been
367 observed in bortezomib-resistant myeloma cells (81). Bortezomib is
368 chemotherapeutic agent that kills myeloma cells by blocking ERAD and thereby
369 worsening ER stress. The loss of XBP1 in this setting may protect these cells by
370 reverting them to a less secretory, and consequently ER stress-resistant,
371 phenotype.

372

373 RIDD appears to play a role in innate immunity, specifically through the
374 initiation of inflammation. Binding of cholera toxin to the luminal portion of
375 IRE1 induces an inflammatory response in a manner dependent upon the
376 nuclease activity of IRE1 but independent of XBP1 (21). Fragments of cleaved

377 mRNA generated by RIDD appear to activate RIG-I, which in turn induces
378 effectors of the innate immune response. Since RNase-L activates RIG-I by the
379 production of chemically similar fragments of mRNA during viral infection, this
380 may hint at a common evolutionary ancestry for these responses.

381

382 The RIDD component of the UPR has been implicated in modulating lipid
383 metabolism. Ablation of XBP1 in the liver was previously shown to impair
384 hepatic lipid metabolism leading to hypocholesterolemia and
385 hypotriglyceridemia (77). Although it was initially thought that ER stress due to
386 the deficiency of XBP1 might impair the secretion of very low-density lipoprotein
387 (VLDL), it is now believed that increased RIDD observed in XBP1-ablated cells
388 degrades transcripts encoding components of lipid metabolic pathways (145).
389 Indeed, ablation of XBP1 in leptin-deficient *ob/ob* obese mice reduces the
390 accumulation of hepatic triglycerides, while XBP1-deficient animals are
391 protected against developing hypercholesterolemia when fed a high fat diet
392 (145).

393

394 The failure to observe RIDD in the budding yeast *S. cerevisiae* led to a
395 presumption that RIDD was a metazoan innovation, but now similar activities
396 have been reported in plants and fission yeast. In plants, IRE1 cleaves mRNA
397 encoding bZIP60 to generate an active transcription factor and initiate the plant
398 UPR (102). But when ER stress is induced in bZIP60 deficient *Arabidopsis*, the
399 degradation of secretory protein mRNAs has been observed in an IRE1-
400 dependent manner (97). Moreover, in fission yeast IRE1 initiates an ER stress
401 response related to RIDD. The UPR in *S. pombe* has long presented a paradox

402 because although it possesses IRE1, no mRNA substrate encoding a transcription
403 factor could be detected. Recently, RIDD-like IRE1-dependent reduction of
404 secretory pathway mRNAs was observed during ER stress in fission yeast (71).
405 Strikingly, IRE1 was observed to cleave the mRNA of *Bip1*, the major ER HSP70 of
406 this organism, at a conserved RIDD target sequence; however, unlike all other
407 known RIDD substrates, which are destabilized when cleaved by IRE1, the *Bip1*
408 transcript was stabilized leading to its increased expression. Thus, in *S. pombe*
409 this UPR target mRNA is regulated post-transcriptionally. It is tempting to
410 speculate that such RIDD-like processing may be an ancient mechanism acquired
411 from the ancestral IRE1, but it was subverted in budding yeast to process HAC1
412 transcripts and persists both as degradation and selective processing in
413 multicellular organisms.

414

415 **PERK (protein kinase RNA-like endoplasmic reticulum kinase)**

416 PERK regulates a younger arm of the UPR, which evolved in metazoans. Whilst
417 simple eukaryotes maintain ER proteostasis through transcriptional
418 programming and depleting the mRNAs of secretory proteins by RIDD, animals
419 directly regulate the rate of protein translation during ER stress (Figure 1). The
420 accumulation of unfolded proteins in the ER triggers the dimerization of the
421 luminal domains of two PERK protomers due to the dissociation of BiP, similar to
422 the activation of IRE1. The PERK dimer undergoes *trans*-autophosphorylation to
423 activate its cytosolic kinase domain, which phosphorylates the α subunit of
424 eukaryotic initiation factor 2 (eIF2). Unusually for kinases, activated PERK binds
425 its substrate avidly via a heavily phosphorylated insert-loop domain, but has

426 much less affinity for the phosphorylated product which is subsequently
427 released (89). During the initiation of protein translation, eIF2 α participates in
428 the recruitment of the initiator methionine-tRNA forming a ternary complex of
429 eIF2:GTP:Met-tRNA that binds to the ribosome. During this process GTP is
430 hydrolyzed and subsequent cycles require exchange of GDP for GTP catalysed by
431 the guanine nucleotide exchange factor (GEF) eIF2B. Phosphorylated eIF2 α
432 forms a non-productive complex with eIF2B, blocking its GEF activity and
433 attenuating cap-dependent translation (120). The resultant downturn in global
434 translation reduces the load of new proteins entering the ER. In addition, a small
435 subset of transcripts is translated more efficiently, most notably that of
436 activating transcription factor 4 (ATF4) (Figure 3). ATF4 induces another
437 transcription factor, CCAAT/Enhancer-Binding Protein Homologous Protein
438 (CHOP), and in combination these transcription factors lead to the up-regulation
439 of a regulatory subunit of protein phosphatase 1 (PP1) named GADD34 (or
440 PPP1R15a). GADD34 directs PP1 specificity to dephosphorylate eIF2 α allowing
441 the recovery of translation (90). Other targets of ATF4 and CHOP contribute to a
442 number of cytoprotective mechanisms, including amino acid import and
443 synthesis. CHOP additionally promotes disulfide bond formation in the ER
444 through induction of ERO1 α . Whilst ERO1 α generates disulfide bonds required
445 for ER protein folding, it is also a source of reactive oxygen species (ROS) that
446 contribute to cytotoxicity in prolonged stress. The effects of these ROS are in
447 part ameliorated by ATF4-driven induction of enzymes that combat oxidative
448 stress.

449

450 In addition to RIDD and the phosphorylation of eIF2 α , other mechanisms enable
451 the cell to regulate protein translation during ER stress. The initiation factor
452 eIF4E forms another control point, both by regulation of its expression and
453 phosphorylation of its inhibitory binding partner 4E-BP by mammalian target of
454 rapamycin (mTOR) complex 1 (6, 86, 124). Induction of ATF4 driven by PERK
455 has been shown to induce 4E-BP in a number of cell types and promotes
456 pancreatic β -cell survival during ER stress (166). The long half-life of 4E-BP may
457 afford protective inhibition of translation long after GADD34-mediated
458 dephosphorylation of eIF2 α .

459

460 The durations of IRE1 and PERK signalling are important in determining the fate
461 of cells during prolonged stress (84, 85). While the mechanisms governing these
462 processes are still unclear, in prolonged stress the UPR switches from a
463 protective mechanism to cytotoxicity. For example, β -cell death in type 2
464 diabetes results at least in part from the downstream effects of PERK signalling
465 in response to prolonged ER stress (115). Conversely, the highly secretory
466 nature of many tumors makes them potential targets for therapeutics that
467 sensitize cells to ER stress and exaggerate the cytotoxic effects of the UPR. Cell
468 type and disease context must be key considerations in such strategies,
469 exemplified by the differential effects of GADD34 induction. Although the
470 downstream effects of GADD34 are considered to be toxic in the face of
471 prolonged stress (and its antagonism has been shown to be cytoprotective)
472 (155), in the context of prion disease GADD34 overexpression leads to increased
473 survival of hippocampal neurons by the virtue of increased translation rates
474 (100).

475

476 Research now points towards additional roles for PERK outside of the classical
477 UPR. Cross talk between the ER and mitochondria is generating much interest
478 and PERK has been implicated as a potential facilitator of this. Mitofusin 2
479 (Mfn2) is a small GTPase that resides in the outer mitochondrial membrane. It
480 participates in mitochondrial fusion and was recently shown to bind directly to
481 PERK (101). Ablation of Mfn2 led to induction of all three arms of the UPR as
482 well as to mitochondrial calcium overload. This suggested that the interaction
483 with PERK is potentially important for ER-mitochondrial signalling. Indeed, the
484 deletion of PERK ameliorated mitochondrial dysfunction and ROS production in
485 Mfn2-deficient cells, while PERK overexpression induced mitochondrial
486 fragmentation. In a separate study, PERK-mediated interactions were shown to
487 be important for ROS-driven mitochondrial apoptotic mechanisms (160). ROS
488 production in both the ER and mitochondria contribute to ER stress, and the
489 interplay between these compartments deserves further study.

490

491 **ATF6**

492 ATF6 performs dual roles as both a sensor and a direct effector of the UPR. Upon
493 ER stress, BiP dissociates from the luminal domain of ATF6, allowing it to exit the
494 ER and traffic to the Golgi apparatus (Figure 1). Within the Golgi, ATF6 is
495 cleaved by site-1 and site-2 proteases (S1P and S2P) to yield a soluble cytosolic
496 fragment that functions as a transcription factor. This migrates to the nucleus
497 where it up-regulates factors involved in protein folding, lipid biogenesis and
498 ERAD (171). The transcriptional targets of ATF6 overlap only partially with

499 those of XBP1 (76, 111, 168). A recent study employed artificial activation of
500 either XBP1 or ATF6 in the absence of stress to define these targets further (144).
501 This identified three groups of genes that were specific either to XBP1 and ATF6
502 or common to both; thirty-one genes displaying cooperative regulation by these
503 two arms of the UPR.

504

505 Experimental evidence has linked ATF6 functionality to the susceptibility to
506 diabetes. β -cells harvested from Akita mice show higher levels of ATF6
507 activation and enhanced expression of ATF6 target genes compared with
508 controls consistent with the heightened levels of ER stress found in this model of
509 diabetes (105). ATF6, in fact, exists as two isoforms, ATF6 α and ATF6 β (157,
510 173) of which ATF6 α is 200-times more active than ATF6 β (154). Whilst
511 individual loss of either isoform is tolerated, ATF6 α /ATF6 β double knockout in a
512 mouse model caused embryonic lethality (167), likely due to enfeebled induction
513 of BiP (87). *Atf6 α* ^{-/-} mice are euglycaemic and have normal levels of circulating
514 insulin, but when made obese by feeding with a high-fat diet are more prone to
515 hyperinsulinaemia than wildtype controls (157). This suggests that impaired
516 function of ATF6 α might increase an animal's vulnerability to diabetes, perhaps
517 through increased ER stress-induced insulin resistance. In humans, genetic
518 evidence also implicates ATF6 in the susceptibility to diabetes. Polymorphisms
519 of the *ATF6* gene have been shown to associate with type 2 diabetes in different
520 ethnic (24, 96, 153). Three of these variants of *ATF6* display complete linkage
521 disequilibrium with type 2 diabetes in Pima Indians and have a marginal impact
522 on insulin levels (153).

523

524 A number of other ATF6-like members of the CREB/ATF family have been
525 identified. One such protein, BBF2H7/CREB3L2, is preferentially expressed in
526 chondrocytes of developing cartilage and was recently shown to possess a novel
527 function in addition to its role as a transcription factor (132). Upon ER stress,
528 the luminal domain of BB2H7 is released from the membrane and subsequently
529 secreted by the cell. It appears to function as an activator of hedgehog signaling,
530 promoting chondrocyte proliferation and inhibiting hypertrophic differentiation
531 (133). While ATF6-like proteins share significant N-terminal homology, their
532 luminal C-terminal domains vary greatly, with the potential to support a wide
533 variety of hitherto unknown functions if others are shown to generate secreted
534 factors.

535

536 **The role of ER stress in disease**

537 While the UPR is cytoprotective in the face of acute ER stress, chronic UPR
538 signalling promotes cell death (90). As a result, both insufficient and hyperactive
539 UPR signalling is pathogenic. PERK signalling is necessary for β -cell function and
540 development, with *Perk* knockout mice developing diabetes mellitus due to loss
541 of β -cell mass (51, 174). These animals mirror the disease seen in humans with
542 Wolcott-Rallison syndrome, a recessive genetic disorder caused by loss-of-
543 function mutations of the *PERK* gene, which results in the failure to
544 phosphorylate eIF2 α during physiological levels of ER stress (31). Indeed, in
545 cultured cells, inhibition of PERK leads to increased proinsulin synthesis and its
546 rapid accumulation in the ER (53). It has been suggested that the toxicity
547 associated with loss of PERK function may not be driven by uncontrolled protein

548 synthesis, as translation rates of wild-type and *Perk*^{-/-} mice were comparable
549 (48). Instead, *Perk*^{-/-} mice displayed reduced ER to Golgi transport and
550 impaired protein retrotranslocation in ERAD, leading to accumulation of
551 proinsulin in the ER lumen. Moreover, loss of PERK led to constitutive ATF6
552 signalling and a concomitant up-regulation of a number of ER folding factors.
553 Intriguingly, the onset of the diabetic phenotype in mice carrying the pathogenic
554 Akita *Ins2* mutation was delayed in response to *Perk* haploinsufficiency and was
555 hastened by over-expression of PERK (48). Somewhat surprisingly, Akita *Ins2*
556 mice showed an expanded β -cell mass and islet size at the time of progression to
557 frank diabetes. Another study has attributed reduced glucose-stimulated insulin
558 secretion in cultured PERK-deficient β -cells to aberrations in calcium signalling.
559 PERK was implicated as a positive regulator of the SERCA pump, which
560 maintains the high concentration calcium stores of the ER. Inhibition of PERK led
561 to reduced exocytosis of insulin in a manner dependent both on ER calcium and
562 the calcium-dependent protein phosphatase calcineurin (163), which has
563 previously been shown to interact with PERK (12). These data suggest
564 additional layers of complexity in the role of PERK signalling in the diabetic
565 phenotype.

566

567 By contrast, type 2 diabetes (T2D) is associated early in the disease with
568 elevated levels of insulin production in response to peripheral insulin resistance,
569 which results in β -cell exhaustion and apoptosis mediated by chronic PERK
570 activation (115, 147). Ablation of the downstream PERK effector CHOP was
571 shown to be protective in mouse models of T2D, leading to increased β -cell mass
572 and improved glycemic control (147). ER stress has been implicated in the

573 peripheral resistance to insulin seen in T2D, particularly that of adipose tissue in
574 obesity (11, 118), while ER stress in the liver is a hallmark of T2D (103, 119).
575 The causative mechanisms of ER stress in obesity are incompletely understood,
576 but recent work revealed impaired autophagy in the livers of *ob/ob* mice due to
577 reduced expression of ATG7, leading to ER stress and hepatic insulin resistance
578 (170). Restoration of ATG7 to levels of lean controls ameliorated the ER stress
579 and rescued the defect in insulin signalling thus reducing the expression of genes
580 involved in gluconeogenesis. Disruption of ER calcium signalling within the liver
581 of obese mice appears also to induce ER stress via an additional mechanism (43).
582 Obese mice express some genes involved in lipid biosynthesis more strongly
583 than lean controls, which increases the ratio of phosphatidylcholine (PC) to
584 phosphatidylethanolamine (PE). Aberrant ER stress signalling could be corrected
585 by increasing the capacity for ER-calcium uptake through overexpression of the
586 sarco/endoplasmic reticulum calcium ATPase (SERCA) pump, or by redressing
587 the altered PC to PE ratio (43). Previous studies have demonstrated that SERCA
588 activity is sensitive to the lipid composition of the ER membrane. For example,
589 cholesterol loading of the ER membrane impairs SERCA activity (83). However,
590 the precise mechanism by which PC/PE ratio alters SERCA activity remains
591 unclear.

592

593 ER stress has also been linked to the metabolic syndrome through its
594 hypothalamic effects. In mice with diet-induced obesity, elevated ER stress in
595 hypothalamic neurons impairs the response to the anorexigenic hormone leptin,
596 contributing further to obesity (117). Recently, diet-induced obesity was shown
597 to decrease Mfn2-mediated mitochondrial to ER contacts in anorexigenic pro-

598 opiomelanocortin (POMC) neurons of the hypothalamus (137). Mice lacking
599 *Mfn2* in POMC neurons developed early onset leptin resistance with elevated ER
600 stress and mitochondrial ROS production. Intriguingly, the obese phenotype of
601 these animals could be reversed by ER stress-ameliorating chemical chaperones,
602 suggesting a potential for therapeutic intervention in leptin resistance (137).

603

604 Many neurodegenerative diseases are associated with aberrant protein folding
605 and the formation of insoluble protein aggregates. Often the proteins involved
606 are located in compartments other than the ER, but disturb proteostasis
607 throughout the cell to cause ER stress leading to induction of the UPR (recently
608 reviewed in (36, 57, 130). The accumulation of protein aggregates within
609 neurons appears to overload the proteasomal and autophagic degradation
610 machinery to cause ER stress (36, 50). Pathogenic mutations in the superoxide
611 dismutase 1 gene (*SOD1*) are causative in some inherited cases of familial
612 amyotrophic lateral sclerosis (FALS). Although *SOD1* is primarily expressed in
613 the cytosol, in some cell types it is secreted, requiring its maturation in the ER.
614 Pathogenic mutations lead to the ER accumulation of misfolded *SOD1* causing ER
615 stress by saturation of the ERAD pathway (104). A *Perk*^{+/-} mouse expressing
616 the pathogenic G85R mutant of *SOD1* showed more rapid loss of motor neurons
617 (162). This likely reflects the loss of cytoprotective ER stress-induced
618 translational repression and failure to induce ATF4 and CHOP in the *Perk*
619 haploinsufficient animals (162). This suggests that phosphorylation of eIF2 α is
620 protective in this disorder. Accordingly, treatment with the drug salubrinal,
621 which promotes eIF2 α phosphorylation, delayed the onset of FALS in a separate
622 study (136) and inactivating mutations of *Gadd34*, one of the eIF2 α phosphatases,

623 also ameliorated this disease (161). Intriguingly, loss of XBP-1 or IRE1 was
624 protective against mutant SOD1 (58). However, this appeared to be mediated by
625 increased autophagy that helped clear aggregates of SOD1. This finding is
626 surprising given that autophagy is believed to be induced by ER stress (107).
627 Mechanisms have been described for both IRE1 and PERK-mediated induction of
628 autophagy (35, 73, 107, 134), however, in the context of FALS, it seems likely
629 that the downstream effects of PERK signalling form the dominant mechanism.

630

631 Our understanding of the role of ER stress in cancer is far from complete, but has
632 now reached a level where it has produced viable drug targets and therapeutic
633 strategies (26). These studies are also uncovering exciting new concepts in the
634 field, such as the potential for transmissible ER stress between cells. The pro-
635 apoptotic factor Par-4 was recently shown to be secreted into the extracellular
636 milieu in response to ER stress, where it caused apoptosis of surrounding cells
637 (16). Somewhat surprisingly, the authors of this study showed that the ER
638 chaperone BiP acted as the pro-apoptotic receptor for prostate apoptosis
639 response-4 (Par-4) at the cell surface. Other studies have also suggested
640 secretion of ER factors, including BiP, in response to ER stress (44, 70, 106),
641 making this an attractive subject for future research.

642

643 **Concluding Comments**

644 Current understanding of ER stress and the resultant cellular response
645 mechanisms are providing a gateway for drug discovery and therapeutic
646 strategies in human disease. However, a number of long standing questions

647 regarding the basic biology of ER stress still remain unanswered. For example,
648 how are non-glycosylated targets of ERAD recognized and what is the precise
649 mechanism by which chronic ER stress brings about toxicity? In addition, many
650 of the recent advances in this field have raised new questions, such as what is the
651 physiological role of RIDD and what are the implications of ER-mitochondrial
652 communication for cellular physiology? Our growing understanding of these
653 concepts will no doubt continue to inform translational medicine.

654

655 Figure 1

656 **Proteostasis in the endoplasmic reticulum**

657 Polypeptide chains enter the ER co-translationally (white arrow) and rapidly
658 associate with ER chaperones and resident factors that promote folding such as
659 BiP, PDI and calreticulin (CRT). Upon adopting the native state, proteins are
660 released from the ER to pass down the secretory pathway via the Golgi (blue
661 arrow). Proteins which fail to adopt their native conformation are retained in
662 the ER and eventually targeted for retro-translocation and proteasomal
663 degradation by ERAD (yellow arrow). Accumulation of unfolded proteins in the
664 lumen leads to activation of the unfolded protein response (UPR) signalling
665 molecules IRE1, ATF6, and PERK (red arrows). IRE1 activation up-regulates UPR
666 target genes by unconventional splicing of the transcription factor XBP1,
667 whereas ATF6 activation causes it to traffic to the Golgi where proteolytic
668 processing releases a nuclear targeted transcription factor domain. Both XBP1
669 and cleaved ATF6 up-regulate components of the ER folding and degradation
670 machineries. PERK activation phosphorylates eIF2 α , leading to translational
671 attenuation that prevents further accumulation of unfolded proteins.
672 Phosphorylation of eIF2 α paradoxically induces translation of the transcription
673 factor ATF4, promoting oxidative folding, amino acid synthesis, and recovery of
674 normal translation rates. XBP1 is also thought to reduce translation during
675 stress, by degrading ER-localized mRNA transcripts in a process termed
676 regulated IRE1-dependent decay (RIDD).

677

678 Figure 2

679 **ADP-ribosylation of BiP modulates the size of the active chaperone pool in**
680 **line with ER client load.**

681 The amount of active BiP in the ER is tightly coupled to the load of unfolded
682 proteins. BiP chaperone activity is driven by rounds of ATP binding and
683 hydrolysis in the nucleotide binding domain (light blue), which cycles the
684 substrate binding domain (dark blue) between high and low substrate affinity
685 conformations. An increase in ER unfolded protein load (as seen in ER stress)
686 leads to up-regulation of BiP through the transcriptional reprogramming by the
687 unfolded protein response (UPR). A reduction in unfolded protein load leads to
688 deactivation of BiP by ADP-ribosylation of its substrate-binding domain. This
689 modification converts both the ATP and ADP bound forms of BiP to a low
690 substrate affinity conformation, creating a latent chaperone pool. This
691 modification is thought to be catalysed by an ADP-ribosyl transfease and
692 removed by an ADP-ribosyl hydrolase. The identities of these enzymes and the
693 exact mechanism of their regulation are currently unknown.

694

695

696 Figure 3

697 **Translation of ATF4 is up-regulated by ER stress induced**
698 **eIF2 α phosphorylation.**

699 (a) The ATF4 transcript contains two upstream open reading frames (uORFs),
700 the most 3' uORF (uORF2) overlaps out of frame with the ATF4 open reading
701 frame. (b) The GTP loaded 43S pre-initiation complex (43S-PIC) scans along the
702 transcript until it reaches uORF1, where the 60S ribosomal subunit is recruited
703 and translation is initiated. After uORF1 translation is complete, the ribosome
704 disassembles and the 40S ribosomal subunit continues to scan the transcript for
705 subsequent ORFs. Prior to a second round of translation, GTP-loaded eIF2 must
706 bind the 40S subunit. In the absence of stress, the relative abundance of eIF2-
707 GTP promotes this interaction before the scanning subunit reaches uORF2,
708 resulting in uORF2 translation, which prohibits translation of ATF4. (c) During
709 ER stress, phosphorylation of eIF2 α phosphorylation leads to a relative depletion
710 of eIF2-GTP. This reduces the probability of eIF2-GTP interaction with the
711 scanning 40S subunit prior to uORF2 and increases the likelihood of initiation at
712 the ATF4 ORF, thus increasing ATF4 expression.

713

714

715

716

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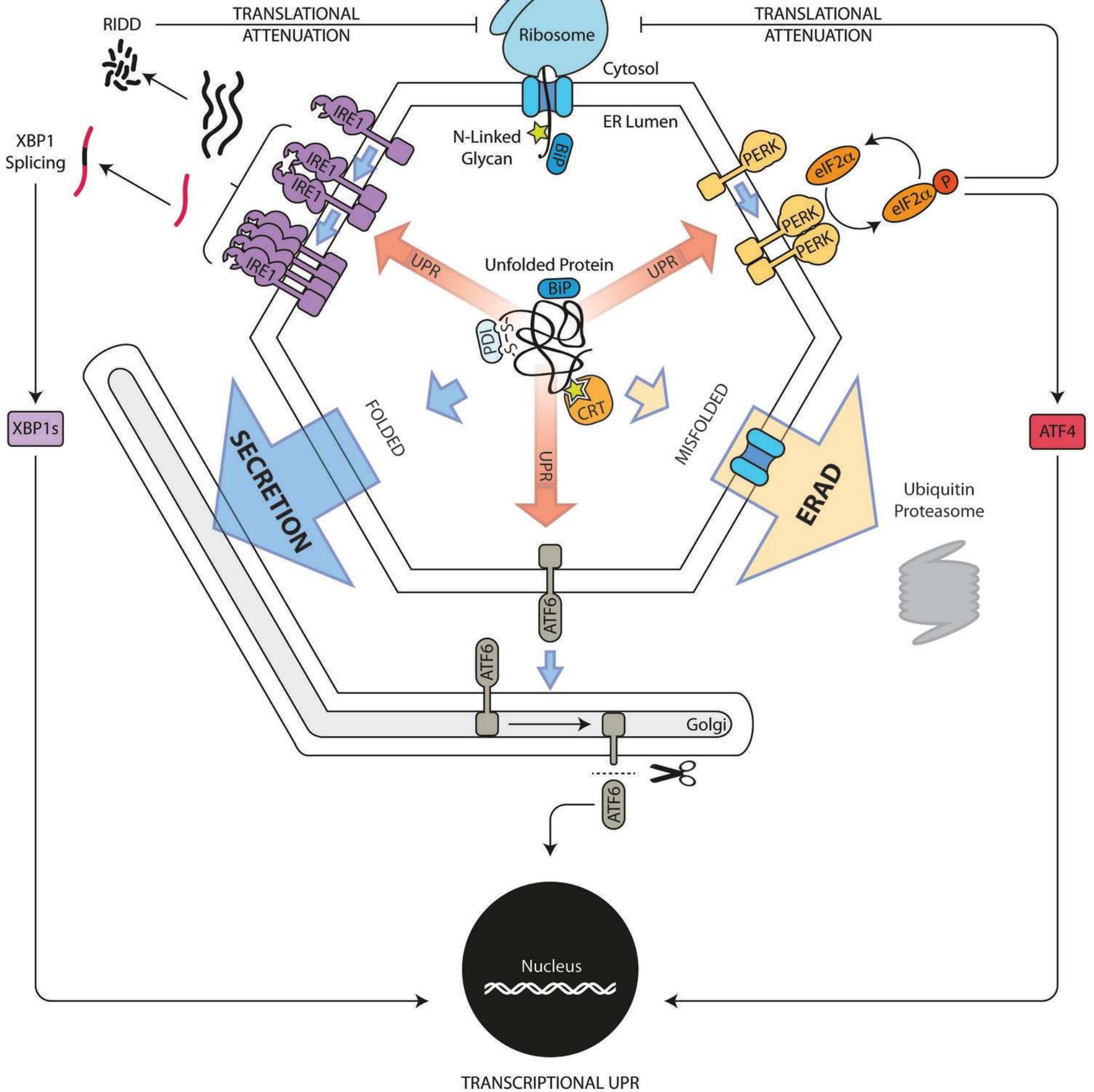
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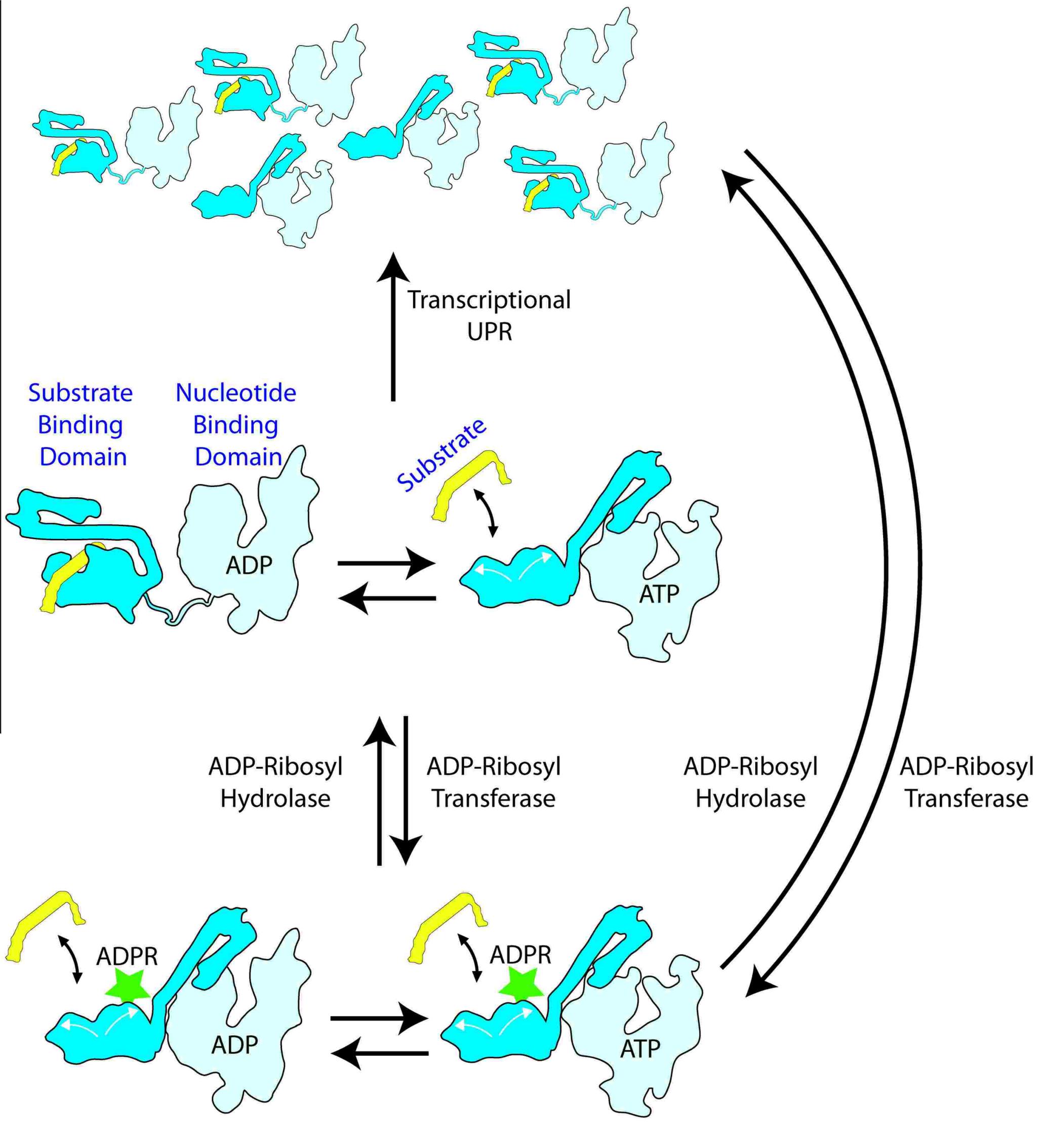
PROTEIN SYNTHESIS





ACTIVE CHAPERONE POOL

LATENT CHAPERONE POOL

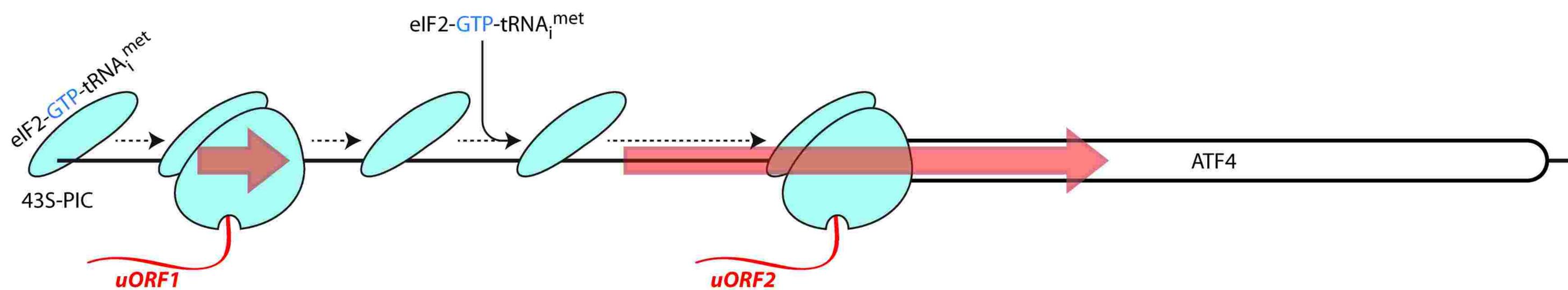


A.



B.

Unstressed \longrightarrow Low eIF2a-P \longrightarrow **eIF2-GTP**
eIF2-GDP



C.

Stressed \longrightarrow High eIF2a-P \longrightarrow **eIF2-GDP**
eIF2-GTP

