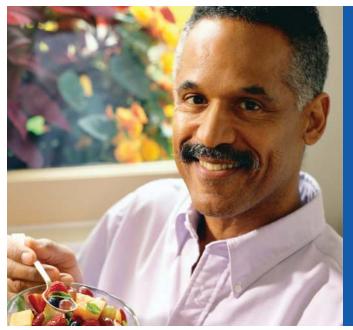


# Health Information

National Trends Survey



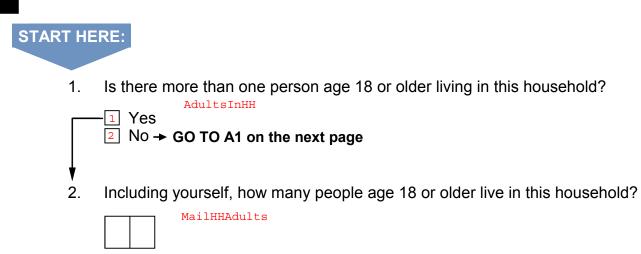


National Institutes of Health U.S. Department of Health and Human Services

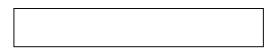


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Annotated Form Cycle1, Next-Birthday, Full-Content, English Version

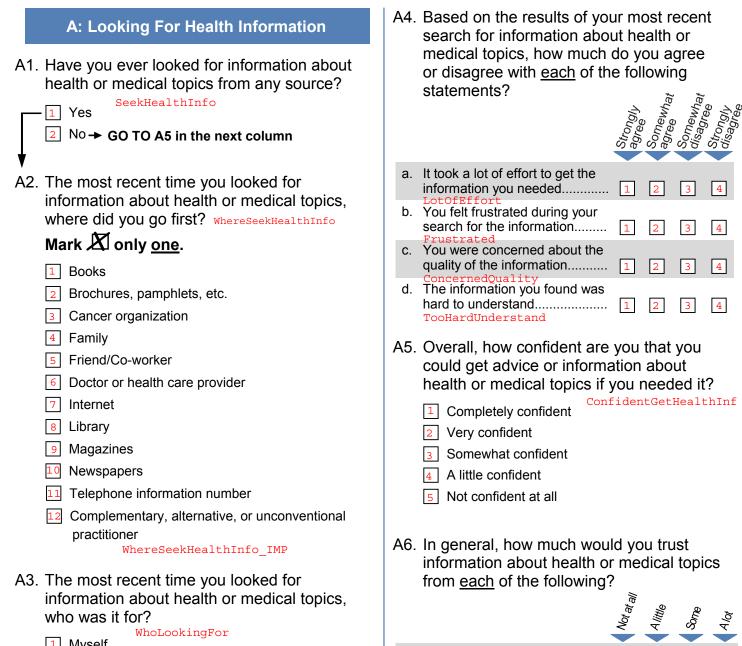


- 3. The adult with the next birthday should complete this questionnaire. This way, across all households, HINTS will include responses from adults of all ages.
- 4. Please write the first name, nickname, or initials of the adult with the next birthday. This is the person who should complete the questionnaire.



Si prefiere recibir la encuesta en español, por favor llame 1-888-738-6812





- 1 Myself
- Someone else
- Both myself and someone else

e. Internet..... TrustInternet Television.... g. Government health agencies... h. Charitable organizations..... Religious organizations and leaders..... TrustReligiousOrgs 

A doctor.....

Newspapers or magazines.....

b. Family or friends.....

d. Radio.....



a.

C.

f.

i.

A7.	Imagine that you had a strong need to get information about health or medical topics. Where would you go first?		B: Using the Internet to Find	Infor	mati	on
	Mark X only one. StrongNeedHealthInfo	B1.	Do you ever go on-line to acce			
	1 Books		Internet or World Wide Web, or and receive e-mail?	א נט פ	ena	
	2 Brochures, pamphlets, etc.		UseInternet			
	Cancer organization		- 1 Yes 2 No → GO TO B4 on the next p	200		
	4 Family			aye		
	5 Friend/Co-worker	V				
	Octor or health care provider	B2.	When you use the Internet, do	) you	acce	ss it
	7 Internet		through		Yes	No
	8 Library	2	A regular dial-up telephone line		1	2
	9 Magazines		Internet DialUp Broadband such as DSL, cable, or F			2
			Internet BroadBnd A cellular network (i.e., phone, 3G/40			2
	Telephone information number		Internet_Cell A wireless network (Wi-Fi)	-		2
	12         Complementary, alternative, or unconventional practitioner	u.	Internet_Wifi		🖃	
	91 Other-Specify -> StrongNeedHealthInfo_OS	B3.	How often do you access the l		et	. 0
	StrongNeedHealthInfo_IMP		through each of the following?	hes		licabi
A8.	Have you ever looked for information about <u>cancer</u> from any source?		Daily	Sometimes	Never	Vot applicable
	1     Yes     SeekCancerInfo	a.	Computer at home 1 WhereUseInternet_Home	2	3	4
	2 No	b.	Computer at work	2	3	4
			Computer at school.	2	3	4
• •		d.	Computer in a public place (library, community center,			
A9.	In the past 12 months, have you used the Internet to look for information about		other)1	2	3	4
	cancer for yourself?	e.	WhereUseInternet_PublicPlace On a mobile device (cell			
	Image: InternetCancerInfoSelf		phone/smart phone/tablet) 1 WhereUseInternet MobileDevice	2	3	4
	2 No	f.	On a gaming device/ "Smart TV"	2	3	4
	_		WhereUseInternet_GamingDevice			



B4. In the past 12 months, have you used a computer, smartphone, or other electronic means to do any of the following...

Yes No

a.	Looked for health or medical information for yourself Electronic_SelfHealthInfo	1	2
b.		_	_
	for someone else Electronic HealthInfoSE	1	2
C.	Bought medicine or vitamins online Electronic BuyMedicine	1	2
d.	Looked for a health care provider	1	2
e.	Used e-mail or the Internet to		
	communicate with a doctor or a doctor's		_
	office. Electronic_TalkDoctor	1	2
f.	Made appointments with a health care	_	_
	provider	1	2
g.	Electronic MadeAppts Track health care charges and costs Electronic TrackedHealthCosts	1	2
h.	Filled out forms or paperwork related to		
	your health care Electronic_CompletedForms	1	2
i.	Look up test results	1	2
	Electronic_TestResults		

B5. Please indicate if you have each of the following.

			Yes	No
	a.	Tablet computer like an iPad, Samsung Galaxy, Motorola Xoom, or Kindle Fire	1	2
	b.	HaveDevice_Tablet Smartphone, such as an iPhone, Android, Blackberry, or Windows phone HaveDevice_SmartPh	1	2
	C.	Basic cell phone only HaveDevice_CellPh	1	2
E	86.	On your <u>tablet or smartphone</u> , do you any "apps" related to health and well TabletHealthWellnessApp 1 Yes 2 No	ness	

3 Don't know4 Do not have a tablet

or smartphone -> GO TO B8 in the next column B7. Has your tablet or smartphone...

		,	Yes	No
	a.	Helped you track progress on a health-related goal such as quitting smoking, losing weight, or increasing		
		physical activity? Tablet AchieveGoal	1	2
	b.	Helped you make a decision about how to treat an illness or condition? Tablet MakeDecision	1	2
	C.	Helped you in discussions with your health care provider? Tablet_DiscussionsHCP	1	2
E	38.	Other than a tablet or smartphone, you used an electronic device to m track your health within the last 12 Examples include Fitbit, blood gluo meters, and blood pressure monito 1 Yes 2 No	ionito mon cose	or or

B9. Have you shared health information from either <u>an electronic monitoring device or</u> <u>smartphone</u> with a health professional within the last 12 months?

SharedHealthDeviceInfo

- 1 Yes
- 2 No
- 3 Not Applicable
- B10. Sometimes people use the Internet to connect with other people online through social networks like Facebook or Twitter. This is often called "social media".

In the last 12 months, have you used the Internet for any of the following reasons?

		Yes	No
а	I. To visit a social networking site, such as Facebook or LinkedIn	1	2
b	<ul> <li>To share health information on social networking sites, such as Facebook or Twitter Introduction SharedSocNet</li> </ul>	. 1	2
	. To write in an online diary or blog	. 1	2
	<ul> <li>(i.e., Web log)</li> <li>IntRSN WroteBlog</li> <li>I. To participate in an online forum or support group for people with a similar health or medical issue</li></ul>	. 1	2
e	YouTube	. 1	2
	IntRSN_YouTube	5168	



- B11. Have you sent or received a <u>text message</u> from a doctor or other health care professional within the last 12 months?
  - 1 Yes
  - 2 No
  - 3 Don't know

## **C: Your Health Care**

C1. Not including psychiatrists and other mental health professionals, is there a particular doctor, nurse, or other health professional that you see most often?

RegularProvider

1	Yes

- 2 No
- C2. About how long has it been since you last visited a doctor for a routine checkup? A routine checkup is a general physical exam, not an exam for a specific injury, illness, or condition. MostRecentCheckup2
  - 1 Within the past year
  - 2 1-2 years ago
  - 3 3-5 years ago
  - 4 More than 5 years ago
  - 5 Never
  - 6 Don't know
- C3. <u>In the past 12 months</u>, not counting times you went to an emergency room, how many times did you go to a doctor, nurse, or other health professional to get care for yourself?
  - 0
     None → GO TO C7 on the next page

     1
     1 time

     FreqGoProvider
  - 1 time
  - 2 2 times
  - 3 3 times
  - 4 times
  - 5 5-9 times
  - 6 10 or more times

C4. The following questions are about your communication with all doctors, nurses, or other health professionals you saw <u>during</u> <u>the past 12 months.</u>

	How often did they do each of the following:	Aways	(Ikualiy	Sometimes	<b>Never</b>
a.	Give you the chance to ask all the health-related questions you had ChanceAskQuestions	1	2	3	4
b.	Give the attention you needed to your feelings and emotions	1	2	3	4
C.	FeelingsAddresed Involve you in decisions about your health care as much as you wanted InvolvedDecisions	1	2	3	4
d.	Make sure you understood the things you needed to do to take care of your health UnderstoodNextSteps	1	2	3	4
e.	Explain things in a way you could understand	1	2	3	4
f.	ExplainedClearly Spend enough time with you SpentEnoughTime	1	2	3	4
g.	Help you deal with feelings of uncertainty about your health or health care	1	2	3	4

- C5. Overall, how would you rate the quality of health care you received in the past 12 months? QualityCare
  - 1 Excellent
  - 2 Very good
  - Good
  - 4 Fair
  - 5 Poor



- C6. <u>In the past 12 months</u>, when getting care for a medical problem, was there a time when you...
- Yes No a. Had to bring an X-ray, MRI, or other type of test result with you to the appointment?..... 2 b. Had to wait for test results longer than 2 you thought reasonable?..... c. Had to redo a test or procedure because the earlier test results were not 2 available?..... d. Had to provide your medical history again because your chart could not be found?..... 2 ProbCare\_ProvideHist
- C7. Are you <u>currently</u> covered by any of the following types of health insurance or health coverage plans?

		Yes	No
a.	Insurance through a current or former employer or union HealthIns InsuranceEMP	1	2
b.		1	2
C.		1	2
d.	Medicaid, Medical Assistance, or any kind of government-assistance plan for those with low incomes or a disability HealthIns Medicaid	1	2
e.	TRICARE or other military health care HealthIns Tricare	1	2
f.	VA (including those who have ever used or enrolled for VA health care)	1	2
g.	Indian Health Service	1	2
h.	Any other type of health insurance or health coverage plan (specify)	1	2
	HealthIns_Other HealthIns_Ot	her_C	S

#### **D: Medical Records**

Next, we are going to ask you some questions about your medical records. Medical records are defined as medical history, such as laboratory test results, clinical notes, and current list of medications.

- D1. Do any of your doctors or other health care providers maintain your medical records in a computerized system?
  - 1 Yes
  - 2 No
  - 3 Don't know
- D2. Have you ever been offered online access to your medical records by your...

		Yes	No	know
a.	health care provider?	1	2	3
b.	health insurer? OfferedAccessInsurer2	1	2	3

D3. Have any of your health care providers, including doctors, nurses, or office staff ever encouraged you to use an online medical record?

HCPEncourageOnlineRec

- 1 Yes
- 2 No



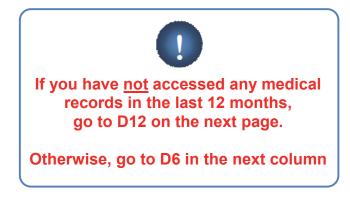
Don't

D4. How many times did you access your online medical record in the last 12 months? AcccessOnlineRecord

0 0	
1 to 2 times	1
2 3 to 5 times	GO TO D6
3 6 to 9 times	in the next
4 10 or more times	
↓ ↓	

D5. Why have you <u>not</u> accessed your medical records online? Is it because...

		Yes	No
	You prefer to speak to your health care provider directly? NotAccessed_SpeakDirectly You do not have a way to access the	1	2
b.	You do not have a way to access the website?	1	2
C.	You did not have a need to use your online medical record?	1	2
d.	You were concerned about the privacy or security of the website that had your medical records?	1	2
e.	NotAccessed ConcernedPrivacy You don't have an online medical record NotAccessed NoRecord	1	2
f.	Other (specify)	1	2
	NotAccessed_Other NotAccessed_Other_OS		



D6. Do any of your online medical records include the following types of medical information?

		Yes	No	Don't know
а.	Laboratory test results	1	2	3
b.	RecordsOnline Labs Current list of medications RecordsOnline Meds	1	2	3
c.	List of health/medical problems RecordsOnline HealthProbs	1	2	3
d.	Allergy list	. 1	2	3
e.	Summaries of your office visit RecordsOnline_VisitSummary	1	2	3
f.	Clinical notes RecordsOnline ClinNotes	1	2	3
g.	Immunization or vaccination history RecordsOnline Immunizations	1	2	3

- D7. In the past 12 months, have you used your <u>online</u> medical record to...
- Yes No a. Make appointments with a health care 1 2 provider?..... cordsOnline MakeAppt b. Request refill of medications?..... 1 2 rdsOnline RefillMed c. Fill out forms or paperwork related to 1 2 your health care?.... RecordsOnline Paperwork d. Request correction of inaccurate information?..... 2 RecordsOnline\_RequestCorrection
- D8. In the past 12 months, have you used your online medical record to...

		Yes	No
a.	Securely message health care provider and staff (e.g., e-mail)	1	2
b.	RecordsOnline MessageHCP Look up test results RecordsOnline ViewResults	1	2
C.	· · · · · · · · · · · · · · · · · · ·	1	2
d.	Download your health information to your computer or mobile device, such as a cell phone or tablet RecordsOnline DownloadHealth	1	2
e.	Add health information to share with your health care provider, such as health concerns, symptoms, and side-effects	1	2
f.	RecordsOnline_AddHealthInfo Help you make a decision about how to treat an illness or condition RecordsOnline_MakeDecision	1	2



- D9. Have you electronically sent your medical information to....?
- a. Another health care provider?..... 1

Yes No

- b. A family member or another person involved with your care?.....
   1
   2
   Esent\_Family
- c. A service or app that can help manage and store your health information?..... 1 2 ESent\_HealthApp
- D10. How easy or difficult was it to understand the health information in your online medical record?
  - UnderstandOnlineMedRec

     UnderstandOnlineMedRec
  - 2 Somewhat easy
  - Somewhat difficult

  - 4 Very difficult
- D11. In general, how useful is your online medical record for monitoring your health?
  - 1 Very useful

UsefulOnlineMedRec

- 2 Somewhat useful
- 3 Not very useful
- 4 Not at all useful
- 5 I do not use my online medical record to monitor my health
- D12. How confident are you that safeguards (including the use of technology) are in place to protect your medical record from being seen by people who aren't permitted to see them? ConfidentInfoSafe
  - Very confident
  - 2 Somewhat confident
  - 3 Not confident
- D13. Have you ever kept information from your health care provider because you were concerned about the <u>privacy</u> or <u>security</u> of your medical record?
  - 1 Yes
  - 2 No

- D14. If your medical information is sent <u>electronically</u> – that is, by computer – from one health care provider to another, how concerned are you that an unauthorized person would see it?
  - ElectInfoSafe

     1
     Very concerned

     2
     Somewhat concerned
  - 3 Not concerned
- D15. How many times did you access a <u>family</u> <u>member or close friend's</u> online medical record in the last 12 months?
  - None → GO TO E1 below
    - AccessFamilyMedRec
  - 1
     1 to 2 times

     2
     3 to 5 times
  - 3 6 to 9 times
  - 4 10 or more times
- D16. How did you access a family member or close friend's personal health information?
  - - E: Caregiving
- E1. Are you currently caring for or making health care decisions for someone with a medical, behavioral, disability, or other condition?

## Mark 🕅 <u>all that apply</u>.

- 1 Yes, a child/children Caregiving\_Child
- 1 Yes, a spouse/partner Caregiving\_Spouse
- 1 Yes, a parent/parents Caregiving\_Parent
- 1 Yes, a close family member, Caregiving\_Family
- 1 Yes, a friend or other non-relative Caregiving\_Friend

#### 1 No → GO TO F1 on the next page Caregiving\_No

CaregivingWho\_Cat



E2. Please check all conditions for which you have provided care for this person.

If you selected more than one person in E1, please think about the individual for whom you have provided the most care.

## Mark $\lambda$ all that apply.

1 **Cancer** Caregiving Cancer 1 Alzheimer's, confusion, dementia, forgetfulness Caregiving Alzheimers 1 Orthopedic/Musculoskeletal Issues (examples: back problems, broken bones, arthritis, mobility problems, can't get around, feeble, unsteady, falling) Caregiving OrthoMusc 1 Mental Health/Behavioral/Substance Abuse Issues (examples: mental illness, emotional problems, 1 depression, anxiety, substance/drug/alcohol abuse) Caregiving MentalHealth **1** Chronic Conditions (examples: high blood pressure/hypertension, diabetes, heart disease, heart attack, lung 1 disease, emphysema, Chronic Obstructive Pulmonary Disease (COPD), Parkinson's) 1 Neurological/Developmental Issues (examples: brain damage or injury, developmental or intellectual disorder, mental retardation, Down syndrome, stroke) **1** Acute Conditions (examples: surgery, wounds/injuries) 1 Aging/Aging related health issues Caregiving\_Other Other (specify) → Caregiving\_Other\_OS Not sure/Don't know Caregiving\_NotSure CaregivingCond\_Cat E3. Thinking of all of the kinds of help you provide for this person or persons, about how many hours do you spend in an average week providing care? Caregiving\_HoursPerWeek 1 Less than 5 hours per week 2 5-14 hours per week 3 15-20 hours per week 4 21-34 hours per week 5 35 or more hours per week Not sure 1 Other-Specify -

#### F: Medical Research

F1. Doctors use DNA tests to analyze someone's DNA for health reasons. Have you heard or read about this type of genetic test? HeardDNATest



- No GO TO G1 on the next page
- F2. Which of the following uses of a genetic test have you heard of?

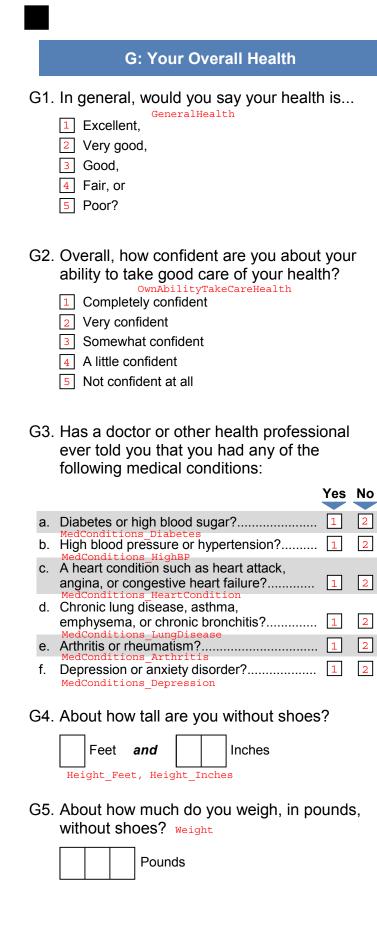
# Mark X all that apply.

- 1 Determining risk or likelihood of getting a particular disease GeneticTestUse DetermineRisk
- Determining how a disease should be treated after diagnosis GeneticTestUse DetermineTx
- 1 Determining which drug(s) may or may not work for an individual GeneticTestUse DetermineMed
- Determining the likelihood of passing an inherited disease to your children GeneticTestUse DeterminePass GeneticTestUse Cat
- F3. Have you ever had any of the following type(s) of genetic tests?

## Mark $\lambda$ all that apply.

- **Paternity testing:** To determine if a man is the father of a child HadTest\_Paternity
- **Ancestry testing:** To determine the background or geographic/ethnic origin of an individual's **ancestors** HadTest Ancestry
- **DNA fingerprinting:** To distinguish between or match individuals using hair, blood, or other biological material HadTest DNAFing
- **1** Cystic Fibrosis (CF) carrier testing: To determine if a person is at risk of having a child with cystic fibrosis HadTest CFCarrier
- **BRCA 1/2 testing:** To determine if a person has more than an average chance of developing breast cancer or ovarian cancer HadTest\_BRCA
- **Lynch syndrome testing:** To determine if a person has more than an average chance of developing colon cancer HadTest Lynch
- 1 None of the above HadTest\_None HadTest NotSure HadTest Other, HadTest Other OS HadTest Cat





G6. Over the past 2 weeks, how often have you been bothered by any of the following problems?

		< Nearly every da	More than half	Several days	Vot <sub>atall</sub>
a.	Little interest or pleasure in doing things LittleInterest	1	2	3	4
b.	Feeling down, depressed, or hopeless	1	2	3	4
C.	Feeling nervous, anxious, or on edge	1	2	3	4
d.	Not being able to stop or control worrying	1	2	3	4

G7. Is there anyone you can count on to provide you with emotional support when you need it - such as talking over problems or helping you make difficult decisions?

1	Yes
2	No

- G8. Do you have friends or family members that you talk to about your health?
  - 1 Yes
  - 2 No
- G9. If you needed help with your daily chores, is there someone who can help you?
  - 1 Yes
  - 2 No
- G10. Are you deaf or do you have serious difficulty hearing?

Deaf

1	Yes

2	No
---	----



#### H: Health and Nutrition

- H1. When available, how often do you use menu information on calories in deciding what to order? UseMenuCalorieInfo
  - 1 Always
  - 2 Often
  - 3 Sometimes
  - 4 Rarely
  - 5 Never
- H2. About how many cups of fruit (including 100% pure fruit juice) do you eat or drink
  - each day?
    Fruit
    None
    1 ½ cup or less
    2 ½ cup to 1 cup
- 1 cup of fruit could be: - 1 small apple
- 1 large banana
  - 1 large orange
     8 large strawberries
  - 1 medium pear
- 4 2 to 3 cups
- 5 3 to 4 cups

3 1 to 2 cups

- 6 4 or more cups
- 2 large plums
  32 seedless grapes
  1 cup (8 oz.) fruit juice
- ½ cup dried fruit
- 1 inch-thick wedge of
- watermelon
- H3. About how many cups of vegetables (including 100% pure vegetable juice) do you eat or drink each day?



H4. Which of the following health conditions do you think can result from drinking too much alcohol?

		Yes	No	Don't know
a.	Cancer	1	2	3
b.	AlcoholConditions_Cancer Heart Disease	1	2	3
C.	AlcoholConditions_HeartDisease Diabetes	1	2	3
d.	AlcoholConditions_Diabetes High cholesterol	1	2	3
e.	AlcoholConditions_Cholesterol Liver disease	1	2	3
f.	AlcoholConditions_LiverDisease Being overweight or obese AlcoholConditions_Overweight	1	2	3

H5. How much do you agree or disagree with <u>each</u> of the following statements?

	Strongly agreedly	Somewhat agreewhat	Somewhat disagrafiat	Strongly disagree
a. Alcohol increases your risk of cancer	1	2	3	4
<ul> <li>b. Drinking alcohol in moderation reduces your risk of heart disease</li></ul>	1	2	3	4



#### I: Physical Activity, Exercise, and UV Exposure

- I1. <u>In a typical week</u>, how many days do you do any physical activity or exercise of at least moderate intensity, such as brisk walking, bicycling at a regular pace, and swimming at a regular pace?
  - None → GO TO I4 in the next column
     1 day per week
     2 days per week
  - 3 3 days per week4 days per week
  - 5 5 days per week
  - 6 6 days per week
  - 7 days per week
- I2. On the days that you do any physical activity or exercise of at least moderate intensity, how long do you typically do these activities?

#### Write a number in <u>one</u> box below.



13. <u>In a typical week</u>, outside of your job or work around the house, how many days do you do leisure-time physical activities specifically designed to strengthen your muscles such as lifting weights or circuit training (do not include cardio exercise such as walking, biking, or swimming)?

TimesStrengthTraining

- None1 day
- 1 day per week
   2 days per week
- 3 3 days per week
- 4 days per week
- 5 days per week
- 6 days per week
- 7 days per week

I4. How many times in the past 12 months have you used a tanning bed or booth?

TanningBed

1 to 2 times

0 times

- 2 3 to 10 times
- 3 11 to 24 times
- 4 25 or more times
- I5. Do you ever have your skin examined by a health professional for signs of skin cancer? <u>SkinCancerHPExam</u>
  - 2 No
  - 1 Yes, but not regularly
  - 3 Yes, regularly
  - 4 I don't know
- I6. Do you ever check your skin for signs of skin cancer?
  SkinCancerSelfCheck
  - 2 No
  - 1 Yes, but not regularly
  - 3 Yes, regularly

## J: Tobacco Products

J1. Have you smoked at least 100 cigarettes in your entire life? Smoke100

-1 Yes

- 2 No → GO TO J5 on the next page
- J2. How often do you now smoke cigarettes?
  - 1 Every day
- SmokeNow
- 2 Some days
- 3 Not at all → GO TO J5 on the next page
- J3. At any time in the past year, have you stopped smoking for one day or longer because you were trying to quit?
  - 1 Yes 2 No

TriedQuit

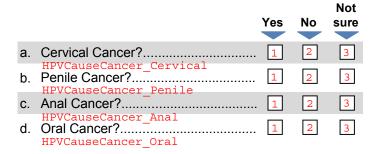


<ul> <li>J4. Are you seriously considering quitting smoking in the next six months?</li> <li>1 Yes</li> <li>2 No</li> </ul>	J10. A hookah pipe (or shisha) is a large water pipe. People smoke tobacco using hookah pipes in groups at cafes or bars. Compared to smoking cigarettes, would you say that smoking tobacco using a hookah is
J5. New types of cigarettes are now available called electronic cigarettes (also known as e-cigarettes or personal vaporizers). These products deliver nicotine through a vapor. Compared to smoking cigarettes, would you say that electronic cigarettes are	<ol> <li>Much less harmful,</li> <li>Less harmful,</li> <li>Just as harmful,</li> <li>More harmful,</li> <li>Much more harmful, or</li> <li>I've never heard of Hookah.</li> </ol>
<b>1</b> Much less harmful, <b>ElectCigLessHarm</b>	
<ul> <li>2 Less harmful,</li> <li>3 Just as harmful,</li> <li>Mare harmful,</li> </ul>	K: Screening for Cancer
<ul> <li>4 More harmful,</li> <li>5 Much more harmful, or</li> </ul>	K1. Are you male or female?
<ul> <li>I've never heard of electronic cigarettes&gt; GO TO</li> <li>J8 below</li> </ul>	GenderC 1 Male → GO TO K4 below
J6. Have you ever used an e-cigarette, even	↓
one or two times? UsedECigEver	K2. How long ago did you have your most recent
<ul> <li>1 Yes</li> <li>2 No → GO TO J8 below</li> <li>J7. Do you now use an e-cigarette every day, some days, or not at all? UseECigNow</li> <li>1 Every day</li> <li>2 Some days</li> <li>3 Not at all</li> </ul>	<ul> <li>Pap test to check for cervical cancer? <sup>WhenPapTest</sup></li> <li>A year ago or less</li> <li>More than 1, up to 2 years ago</li> <li>More than 2, up to 3 years ago</li> <li>More than 3, up to 5 years ago</li> <li>More than 5 years ago</li> <li>I have never had a Pap test</li> </ul>
J8. At any time in the past year, have you talked with your doctor or other health	K3. When did you have your most recent mammogram to check for breast cancer, if ever? WhenMammogram
professional about having a test to check	
for lung cancer? DrTalkLungTest 1 Yes 2 No 3 Don't know	<ol> <li>A year ago or less</li> <li>More than 1, up to 2 years ago</li> <li>More than 2, up to 3 years ago</li> <li>More than 3, up to 5 years ago</li> <li>More than 5 years ago</li> <li>I have never had a mammogram</li> </ol>
<ul> <li>J9. In your opinion, do you think that some smokeless tobacco products, such as chewing tobacco, snus, and snuff are less harmful to a person's health than cigarettes?</li> <li>1 Yes</li> <li>2 No</li> </ul>	<ul> <li>K4. A PSA test is used to check for prostate cancer.</li> <li>Have you ever had a PSA test?</li> <li>1 Yes</li> </ul>
3 Don't know	2 No
	5168

#### L: HPV Awareness

- L1. Have you ever heard of HPV? HPV stands for Human Papillomavirus. It is not HIV, HSV, or herpes.
  - -1
     Yes

     2
     No → GO TO L5 below
- L2. Do you think HPV can cause...



L3. Do you think that HPV is a sexually transmitted disease (STD)?

1	Yes
2	No

- 3 Not sure
- L4. Do you think HPV requires medical treatment or will it usually go away on its own without treatment?

HPVMedicalTreatment

 I
 Requires medical treatment

2 Will usually go away on its own

L5. A vaccine to prevent HPV infection is available and is called the HPV shot, cervical cancer vaccine, GARDASIL®, or Cervarix®.

Before today, have you ever heard of the cervical cancer vaccine or HPV shot?

1	Yes
2	No

- L6. In your opinion, how successful is the HPV vaccine at preventing cervical cancer?
  - 1 Not at all successful
  - 2 A little successful
  - 3 Pretty successful
  - 4 Very successful
  - 5 Don't know
- L7. Including yourself, is anyone in your immediate family between the ages of 9 and 27 years old?

FamBetween9and27

- 2 No → GO TO M1 on the next page
- L8. In the last 12 months, has a doctor or health care professional ever <u>talked</u> with you or an immediate family member about the HPV shot or vaccine?

1	Yes
 _	

1 Yes

- 2 No
- Don't know
- L9. In the last 12 months, has a doctor or health care professional <u>recommended</u> that you or someone in your immediate family get an HPV shot or vaccine?

2 No

Don't know



RecommendHPVShot

M: Your Cancer History	M5. Which of the following cancer treatments have you ever received?			
<ul> <li>M1. Have you ever been diagnosed as having cancer? EverHadCancer</li> <li>1 Yes</li> <li>2 No → GO TO N1 on the next page</li> <li>M2. What type of cancer did you have?</li> </ul>	a. Chemotherapy (IV or pills)       1       2         CancerTx_Chemo       1       2         CancerTx_Radiation       1       2         CancerTx_Radiation       1       2         CancerTx_Surgery       1       2         CancerTx_Other       1       2			
<ul> <li>Mark  all that apply.</li> <li>1 Bladder cancer CaBladder</li> <li>1 Bone cancer CaBone</li> <li>1 Breast cancer CaBreast</li> <li>1 Cervical cancer (cancer of the cervix) CaCervical</li> <li>1 Colon cancer CaColon</li> <li>1 Endometrial cancer (cancer of the uterus)</li></ul>	<ul> <li>M6. About how long ago did you receive your last cancer treatment? HowLongFinishTreatment_Cat</li> <li>5 Still receiving treatment - GO TO M10 on the next page</li> <li>1 Less than 1 year ago</li> <li>2 1 year ago to less than 5 years ago</li> <li>3 5 years ago to less than 10 years ago</li> <li>4 10 or more years ago</li> <li>M7. Did you ever receive a summary document from your doctor or other health care professional that listed <u>all</u> of the treatments</li> </ul>			
<ol> <li>Liver cancer CaLiver</li> <li>Lung cancer CaLung</li> <li>Melanoma CaMelanoma</li> <li>Non-Hodgkin lymphoma CaNonHodgkin</li> <li>Oral cancer CaOral</li> <li>Ovarian cancer CaOvarian</li> <li>Pancreatic cancer CaPancreatic</li> <li>Pharyngeal (throat) cancer CaPharyngeal</li> <li>Prostate cancer CaProstate</li> <li>Rectal cancer CaRectal</li> <li>Renal (kidney) cancer CaRenal</li> </ol>	<ul> <li>M8. Were you ever denied health insurance coverage because of your cancer?</li> <li>Yes</li> <li>Yes</li> <li>Yes</li> <li>Yes</li> <li>Yes</li> <li>No</li> </ul>			
1       Skin cancer, non-melanoma caskin         1       Stomach cancer         1       Other-Specify →         CaOther, CaOther_OS         Cancer_Cat         M3. At what age were you first told that you had cancer?         WhenDiagnosedCancer         Age	<ul> <li>M9. Looking back, since the time you were first diagnosed with cancer, how much, if at all, has cancer and its treatment hurt your financial situation?</li> <li>CancerHurtFinances</li> <li>Not at all</li> <li>A little</li> <li>Some</li> <li>A lot</li> </ul>			
<ul> <li>M4. Did you ever receive any treatment for your cancer? UndergoCancerTreatment</li> <li>1 Yes</li> <li>2 No → GO TO M8 in the next column</li> </ul>				



- M10. At any time since you were first diagnosed with cancer, did any doctor or other health care provider ever discuss with you the impact of cancer or its treatment on your ability to work? CancerAbilityToWork
  - 1 Discussed it with me in detail
  - 2 Briefly discussed it with me
  - 3 Did not discuss it at all
  - 4 I don't remember
  - **5** I was not working at the time of my diagnosis
- M11. Clinical trials are research studies that involve people. They are designed to test the safety and effectiveness of new treatments and to compare new treatments with the standard care that people currently get. Have you ever participated in a clinical trial for treatment of your cancer?
  - 1 Yes
  - 2 No
  - 3 Don't know
- M12. Has a doctor or other member of your medical team discussed clinical trials as a treatment option for your cancer?

1 Yes

2 No

#### N: Beliefs About Cancer

- Think about cancer in general when answering the questions in this section.
- N1. How likely are you to get cancer in your lifetime? ChanceGetCancer
  - 1 Very unlikely
  - 2 Unlikely
  - 3 Neither unlikely nor likely
  - 4 Likely
  - 5 Very likely
- N2. How much do you agree or disagree with each of the following statements?

	, and the second se	Strongly agree	Somewhat	Somewhat	Strongly disagree
а.	It seems like everything causes cancer EverythingCauseCancer	1	2	3	4
b.	There's not much you can do to lower your chances of getting cancer	1	2	3	4
C.	There are so many different recommendations about preventing cancer, it's hard to know which ones to follow	1	2	3	4
d.	TooManyRecommendations In adults, cancer is more common than heart disease CancerMoreCommon	1	2	3	4
e.	When I think about cancer, I automatically think about death	1	2	3	4

- N3. How much do you agree or disagree with this statement: "I'd rather not know my chance of getting cancer." RatherNotKnowChance
  - 1 Strongly agree
  - 2 Somewhat agree
  - 3 Somewhat disagree
  - 4 Strongly disagree
- N4. How worried are you about getting cancer?
  - I
     Not at all
     FreqWorryCancer
  - 2 Slightly
  - Somewhat
  - 4 Moderately
  - 5 Extremely



N5. Have any of your family members ever had	O5. What is your marital status?
Cancer? FamilyEverHadCancer	Mark 🕅 only <u>one</u> .
1 Yes	1 Married
2 No	2 Living as married
4 Not sure	3 Divorced
	4 Widowed
	5 Separated
O: You and Your Household	6 Single, never been married
O1. What is your age?	Of What is the highest grade or level of
Age	O6. What is the highest grade or level of schooling you completed?
Years old	Education
	1 Less than 8 years
	2 8 through 11 years
O2. What is your current occupational status?	3 12 years or completed high school
Mark X only <u>one</u> .	<ul> <li>Post high school training other than college (vocational or technical)</li> </ul>
1 Employed Employed	5 Some college
2 Unemployed Unemployed	6 College graduate
3 Homemaker Homemaker	7 Postgraduate
4 Student Student	
5 Retired Retired	O7. Were you born in the United States?
6 Disabled Disabled	BornInUSA
91 Other-Specify  OccupationStatus_OS	1 Yes → GO TO O9 below
OtherOcc MultiOcc	
O3. Have you ever served on active duty in the	▼
U.S. Armed Forces, military Reserves or	O8. In what year did you come to live in the
National Guard? Active duty does not	United States? YearCameToUSA
include training in the Reserves or National	Veer
Guard, but DOES include activation, for example, for the Persian Gulf War.	Year
ActiveDutyArmedForces	
1 Yes, now on active duty	O9. How well do you speak English?
Yes, on active duty in the last 12 months but not now	SpeakEnglish
3 Yes, on active duty in the past, but not in the	1 Very well
last 12 months	2 Well 3 Not well
4 No, training for Reserves or GO TO O5	3 Not well 4 Not at all
National Guard only	
5 No, never served in the military <b>column</b>	
▼	
O4. In the past 12 months, have you received	
some or all of your health care from a VA	
hospital or clinic? ReceivedCareVA	
1 Yes, all of my health care	
2 Yes, some of my health care	
3 No, no VA health care received	
	516



O10. Are you of Hispanic, Latino/a, or Spanish origin? One or more categories may be selected.

## Mark 🕅 <u>all that apply</u>.

- 1 No, not of Hispanic, Latino/a, or Spanish origin
- 1 Yes, Mexican, Mexican American, Chicano/a
- 1 Yes, Puerto Rican
- 1 Yes, Cuban
- Cuban Yes, another Hispanic, Latino/a, or Spanish origin OthHisp Hisp Cat
- O11. What is your race? One or more categories may be selected.

## Mark X <u>all that apply</u>.

- 1 White White
- I
   Black or African American Black
- 1 American Indian or Alaska Native AmerInd
- 1 Asian Indian AsInd
- 1 Chinese Chinese
- 1 Filipino Filipino
- 1 Japanese Japanese
- 1 Korean Korean
- 1 Vietnamese Vietnamese
- 1 Other Asian OthAsian
- 1 Native Hawaiian Hawaiian
- 1 Guamanian or Chamorro Guamanian
- 1 Samoan Samoan
- 1 Other Pacific Islander OthPacIs1

Race\_Cat2

- O12. Do you think of yourself as...
  - SexualOrientation

     I
     Heterosexual, or straight
  - 2 Homosexual, or gay or lesbian
  - Bisexual
  - 91 Something else Specify —

SexualOrientation\_OS

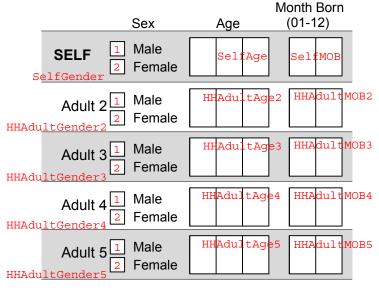
SexualOrientation\_I

O13. <u>Including yourself</u>, how many people live in your household? <u>TotalHousehold</u>



Number of people

O14. <u>Starting with yourself</u>, please mark the sex, and write in the age and month of birth for each adult 18 years of age or older living at this address.



O15. How many children under the age of 18 live in your household?

chitutenthin				
Number o	f children	under	18	

- O16. Do you currently rent or own your home?
  - 1 Own
  - 2 Rent
  - 3 Occupied without paying monetary rent
- O17. Does anyone in your family have a working cell phone? CellPhone
  - 1 Yes
  - 2 No
- O18. Is there at least one telephone inside your home that is currently working and is not a cell phone? PhoneInHome
  - 1 Yes
  - 2 No



O19. Thinking about members of your family living in this household, what is your combined annual income, meaning the total pre-tax income from all sources earned in the past year?

IncomeRanges

- 1 \$0 to \$9,999
- 2 \$10,000 to \$14,999
- 3 \$15,000 to \$19,999
- 4 \$20,000 to \$34,999
- 5 \$35,000 to \$49,999
- 6 \$50,000 to \$74,999
- 7 \$75,000 to \$99,999
- 8 \$100,000 to \$199,999
- 9 \$200,000 or more
- O20. About how long did it take you to complete the survey?

Write a number in <u>one</u> box below.



O21. At which of the following types of addresses does your household currently receive residential mail?

# Mark 🕅 <u>all that apply</u>.

- 1 A street address with a house or building number
- 1 An address with a rural route number
- 1 A U.S. post office box (P.O. Box)
- 1 A commercial mailbox establishment (such as Mailboxes R Us, and Mail Boxes Etc.®) TypeOfAddressD

Thank you!

Please return this questionnaire in the postage-paid envelope within 2 weeks.

If you have lost the envelope, mail the completed questionnaire to:

HINTS Study, TC 1046F Westat 1600 Research Boulevard Rockville, MD 20850

