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## Clinical Applications of Near-Infrared Diffuse Correlation Spectroscopy and Tomography for Tissue Blood Flow Monitoring and Imaging

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# Clinical Applications of Near-Infrared Diffuse Correlation Spectroscopy and Tomography for Tissue Blood Flow Monitoring and Imaging

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## TOPICAL REVIEW

# Clinical applications of near-infrared diffuse correlation spectroscopy and tomography for tissue blood flow monitoring and imaging

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4 **Clinical Applications of Near-infrared Diffuse Correlation Spectroscopy and**  
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7 **Tomography for Tissue Blood Flow Monitoring and Imaging**  
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**Abstract**

Blood flow is one such available observable promoting a wealth of physiological insight both individually and in combination with other metrics. Near-infrared diffuse correlation spectroscopy (DCS) and, to a lesser extent, diffuse correlation tomography (DCT), have increasingly received interest over the past decade as noninvasive methods for tissue blood flow measurements and imaging. DCS/DCT offers several attractive features for tissue blood flow measurements/imaging such as noninvasiveness, portability, high temporal resolution, and relatively large penetration depth (up to several centimeters). This review first introduces the basic principle and instrumentation of DCS/DCT, followed by presenting clinical application examples of DCS/DCT for the diagnosis and therapeutic monitoring of diseases in a variety of organs/tissues including brain, skeletal muscle, and tumor. Clinical study results demonstrate technical versatility of DCS/DCT in providing important information for disease diagnosis and intervention monitoring.

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## 1. Introduction

Near-infrared (NIR) diffuse optical technologies have gained popularity in recent years as simple, fast, continuous, portable, and relatively inexpensive methods for noninvasive quantification of hemodynamics and metabolism in deep tissues up to several centimeters (Vardi and Nini, 2008; Schachner *et al.*, 2008; Bouye *et al.*, 2005; Boas *et al.*, 2001; Ferrari *et al.*, 2011; Jobsis, 1977; Murkin and Arango, 2009; Shuler *et al.*, 2009). One type of NIR technology, namely near-infrared spectroscopy (NIRS) or diffuse optical spectroscopy (DOS), takes advantage of the low absorption spectrum of biological tissues in the NIR range (650-950 nm) and penetrates deep tissues to detect light absorption by oxy-hemoglobin ( $\text{HbO}_2$ ) and deoxy-hemoglobin (Hb) in red blood cells (RBCs) (Kim *et al.*, 2005; Strangman *et al.*, 2003). As a result, oxy-, deoxy-, total- hemoglobin concentrations (i.e.,  $[\text{HbO}_2]$ ,  $[\text{Hb}]$ , and THC) and tissue blood oxygen saturation ( $\text{StO}_2$ ) in local tissue microvasculature can be quantified (Liu *et al.*, 1995; Boas *et al.*, 2001; Wolf *et al.*, 2003; Fantini *et al.*, 1995). Over past decades, a variety of NIRS/DOS technologies have been extensively explored to study various diseases affecting blood oxygenation levels in local and regional tissues (Liu *et al.*, 1995; Wolf *et al.*, 2003; Quaresima *et al.*, 2004; Fantini *et al.*, 1995; Patterson *et al.*, 1989; Al-Rawi and Kirkpatrick, 2006). Correspondingly, diffuse optical tomography (DOT) based on NIRS/DOS has also been developed for 3-dimensional (3-D) imaging of oxygenation distributions in organs or regional tissues (Intes *et al.*, 2010; Eggebrecht *et al.*, 2014; Deghani *et al.*, 2009; Zhang *et al.*, 2013; Arridge and Hebden, 1997; Jermyn *et al.*, 2013).

Another emerging NIR technology, diffuse correlation spectroscopy (DCS), has also been developed to directly measure blood flow variations in deep tissue microvasculature (Boas *et*

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4 *al.*, 1995; Maret and Wolf, 1989; Pine *et al.*, 1988; Yu *et al.*, 2005a; Jaillon *et al.*, 2007; Boas,  
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7 1996; Durduran, 2004; Choe, 2005; Zhou, 2007; Irwin, 2011; Gurley, 2012; Cheng, 2013; He,  
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10 2015; Dong, 2015). DCS uses *coherent* NIR light to penetrate deep tissues and monitors  
11  
12 temporal light intensity fluctuation caused by moving scatterers (primarily RBCs in the  
13  
14 microvasculature) to extract a blood flow index (BFI) (Irwin *et al.*, 2011; Cheung *et al.*, 2001).  
15  
16  
17 The relative change of blood flow (rBF) is calculated by normalizing BFI to its baseline value  
18  
19 before the physiological change occurs. DCS measurements of tissue blood flow changes  
20  
21 have been extensively validated against other standards, including power spectral Doppler  
22  
23 ultrasound (Yu *et al.*, 2005b), Doppler ultrasound (Buckley *et al.*, 2009; Roche-Labarbe *et al.*,  
24  
25 2010), laser Doppler (Durduran, 2004; Shang *et al.*, 2011a), Xenon computed tomography  
26  
27 (Xenon-CT) (Kim *et al.*, 2010), fluorescent microsphere flow measurement (Zhou *et al.*,  
28  
29 2009), and arterial spin labeling magnetic resonance imaging (ASL-MRI) (Yu *et al.*, 2007). In  
30  
31 some studies, DCS has been combined with NIRS/DOS in hybrid instruments to  
32  
33 simultaneously measure tissue blood flow and oxygenation (Durduran *et al.*, 2004; Yu *et al.*,  
34  
35 2005a; Cheng *et al.*, 2012; Munk *et al.*, 2012; Shang *et al.*, 2012; Gurley *et al.*, 2012), which  
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37 allows for the derivation of metabolic rate of tissue oxygen consumption.  
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47 Despite advances in DCS applicability, there have been limited tomographic imaging  
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49 realizations. An early contact-measurement based 3-D diffuse correlation tomography (DCT)  
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51 approach using an optical fiber array was applied to tissue phantoms with a semi-infinite  
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53 geometry (Boas and Yodh, 1997), but is disadvantaged *in vivo* due to the irregular geometries  
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55 of biological tissues. A few noncontact-measurement based DCT examinations have been  
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57 recently conducted to avoid tissue hemodynamic variations induced by the probe compression  
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4 or the disturbance of sensitive tissue areas (Culver *et al.*, 2003; Huang *et al.*, 2015a; Zhou *et*  
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7 *al.*, 2006; Lin *et al.*, 2014; He *et al.*, 2015; Huang *et al.*, 2015b). In these noncontact  
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9  
10 measurement systems, lenses were positioned between a sample and an optical fiber array  
11  
12 connected to the light sources and detection elements. The noncontact DCS/DCT has been  
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14  
15 successfully applied in examining blood flow distributions in animal models (Zhou *et al.*,  
16  
17  
18 2006; Culver *et al.*, 2003) and human subjects (Li *et al.*, 2013; He *et al.*, 2015; Lin *et al.*,  
19  
20  
21 2012; Huang *et al.*, 2015c; Huang *et al.*, 2015b).

22  
23 Since NIRS/DOS/DOT technologies for tissue blood oxygenation measurements have  
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25  
26 been broadly reviewed (Durduran *et al.*, 2010a; Ferrari *et al.*, 2011; Ghosh *et al.*, 2012; Wolf  
27  
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29 *et al.*, 2007), our review focuses on the DCS/DCT technologies for tissue blood flow  
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32 measurements in the clinic. We first introduce the principle and instrumentation of DCS/DCT.  
33  
34 We then provide typical clinical examples of DCS/DCT for the diagnosis of diseases and  
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37 therapeutic monitoring of interventions in a variety of organs/tissues such as brain, skeletal  
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40 muscle, and tumor. Finally, we highlight the limitations of DCS/DCT and point out future  
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43 perspectives in technology development and clinical applications.

## 44 45 **2. DCS/DCT Methods**

### 46 47 48 **2.1 Diffuse Correlation Spectroscopy (DCS)**

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51 DCS originates from the concept of “dynamic light scattering (DLS)”, a technology that  
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53  
54 can be used to quantify the motion of moving scatterers in a thin solution through  
55  
56  
57 investigating the correlation of light electric field after photons are scattered once by the  
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59  
60 moving scatterers (i.e., single light scattering) (Brown, 1993; Fletcher, 1976). The extension  
from single light scattering to multiple light scattering has been explored since 1980s (Maret

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4 and Wolf, 1987; Pine *et al.*, 1988; Boas *et al.*, 1995). This extension, called diffusing-wave  
5  
6 spectroscopy (DWS) (Pine *et al.*, 1988; Li *et al.*, 2005; Jaillon *et al.*, 2006) or diffuse  
7  
8 correlation spectroscopy (DCS) (Cheung *et al.*, 2001; Yu *et al.*, 2005a; Gagnon *et al.*, 2008;  
9  
10 Boas and Yodh, 1997; Boas *et al.*, 1995), makes it possible to quantify the motion of moving  
11  
12 scatterers in a thick sample, such as red blood cells (RBCs) flowing through biological  
13  
14 tissues.  
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20 The principle and instrumentation of DCS have been described elsewhere (Boas *et al.*,  
21  
22 1995; Cheung *et al.*, 2001; Durduran and Yodh, 2014; Irwin *et al.*, 2011; Yu, 2012b, a; Yu,  
23  
24 2012c). Briefly, a long-coherence laser delivers NIR light via an optical fiber to the tissue  
25  
26 (**Fig. 1a**). Photons entering into the tissue are either absorbed or more dominantly, scattered  
27  
28 by static scatterers (e.g., organelles and mitochondria) and dynamic scatterers (mainly moving  
29  
30 RBCs). Due to the scattering effect photons may change directions many times while  
31  
32 traveling throughout the tissue, resulting in light diffusion. Only a few photons can eventually  
33  
34 reach tissue surface and be collected by a single-mode detector fiber placed millimeters or  
35  
36 centimeters away from the source fiber. Photons collected by the detector fiber are detected  
37  
38 by a single photon-counting avalanche photodiode (APD) to yield light intensity signals (**Fig.**  
39  
40 **1b**).  
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49 The detected light intensity fluctuates with time (**Fig. 1b**), which is caused by the motion  
50  
51 of moving scatterers (mainly RBCs) inside the tissue volume measured. To quantify the  
52  
53 motion of RBCs (i.e., blood flow) the normalized light intensity temporal autocorrelation  
54  
55 function ( $g_2(\tau)$ ) is calculated by a hardware correlator board or a software correlator, which  
56  
57 can then be converted to the normalized electric field temporal autocorrelation function ( $g_1(\tau)$ ),  
58  
59  
60

**Fig. 1c)** through the Siegert relation (Rice, 1954):

$$g_2(\vec{r}, \tau) = 1 + \beta |g_1(\vec{r}, \tau)|^2 \quad (1)$$

where  $\tau$  is the correlation delay time,  $\vec{r}$  is the position vector, and  $\beta$  is a parameter which is dependent of laser stability, coherence length, and the number of speckles detected.

The  $g_1(\tau)$  can be expressed in an integral form (Boas and Yodh, 1997; Li *et al.*, 2013; Pine *et al.*, 1988; Maret and Wolf, 1987)

$$g_1(\tau) = \frac{\langle E(0)E^*(\tau) \rangle}{\langle |E(0)|^2 \rangle} = \int_0^\infty P(s) \exp(-\frac{1}{3}k_0^2 \langle \Delta r^2(\tau) \rangle \frac{s}{l^*}) ds \quad (2)$$

Here  $E(0)$  and  $E^*(\tau)$  are the scattered light electric field at time 0 and its conjugation at time  $\tau$ , respectively.  $P(s)$  is the normalized distribution of detected photon path length  $s$ ,  $k_0$  is the wave vector magnitude of the light in the medium, and  $l^*$  is the photon random-walk step length, which is equal to  $1/\mu_s'$  ( $\mu_s'$  is the medium reduced scattering coefficient).

The unknown  $\langle \Delta r^2(\tau) \rangle$  represents the mean-square-displacement of moving scatterers, which is conventionally difficult to be solved directly using **Eq. 2**. Alternately, the integral form of autocorrelation function can be converted to a partial differential equation form (Pine *et al.*, 1990). As such, the unnormalized electric field autocorrelation function  $G_1(\tau) = \langle E(0)E^*(\tau) \rangle$  satisfies a correlation diffusion equation (Cheung *et al.*, 2001; Boas and Yodh, 1997)

$$\left( D\nabla^2 - \nu\mu_a - \frac{1}{3}\nu\mu_s'k_0^2 \langle \Delta r^2(\tau) \rangle \right) G_1(\vec{r}, \tau) = -\nu S(\vec{r}) \quad (3)$$

Here,  $\nu$  is the light speed in the medium;  $\mu_a$  is the medium absorption coefficient;  $D \approx \nu/3\mu_s'$  is the medium photon diffusion coefficient, and  $S(\vec{r})$  is the continuous-wave

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4 isotropic source. The form of  $\langle \Delta r^2(\tau) \rangle$  depends on a flow model specifically adopted. For  
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7 example, a diffuse model, i.e.,  $\langle \Delta r^2(\tau) \rangle = 6D_B\tau$ , has been found to fit experimental data well  
8  
9  
10 over a wide range of different tissues (Cheung *et al.*, 2001; Irwin *et al.*, 2011). Here,  $D_B$  is the  
11  
12 effective diffusive coefficient. To account for the fact that not all scatterers are “moving” in  
13  
14 the tissue, a factor  $\alpha$ , representing the ratio of “moving” scatterers to the total number of  
15  
16 scatterers, is added to  $\langle \Delta r^2(\tau) \rangle$  (i.e.,  $\langle \Delta r^2(\tau) \rangle = 6\alpha D_B\tau$ ). The combined term,  $\alpha D_B$ , is referred  
17  
18 to as blood flow index (BFI) in biological tissues. The  $\alpha D_B$  can be extracted by fitting the  
19  
20 measured autocorrelation function curve to an analytical solution of the correlation diffusion  
21  
22 equation (Eq. 3) under certain geometries (e.g., semi-infinite boundary) (Cheung *et al.*, 2001;  
23  
24 Dong *et al.*, 2012a; Roche-Labarbe *et al.*, 2010; Irwin *et al.*, 2011).

## 2.2 Diffuse Correlation Tomography (DCT)

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33 The extension of DCS to DCT is comparable to that of DOS extension to DOT, which  
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35 images the optical property distribution based on photon diffusion equation and its inverse  
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37 solutions (i.e., image reconstruction). A DOT instrument typically illuminates tissue and  
38  
39 measures the diffusive light leaving the tissue with multiple sources and detectors on the  
40  
41 tissue boundary (Intes *et al.*, 2010; Eggebrecht *et al.*, 2014; Dehghani *et al.*, 2009; Zhang *et al.*,  
42  
43 2013). The diffusive propagation of light in tissue can be characterized with photon  
44  
45 diffuse equation and parameterized in terms of the unknown  $\mu_a(\vec{r})$  and  $\mu'_s(\vec{r})$  at different  
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47 locations ( $\vec{r}$ ) of the measured tissue volume. One can then “invert” the propagation model to  
48  
49 recover these unknown parameters. Imaging with DOT has been described in many papers  
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51 covering computer simulations, phantom tests, and *in vivo* applications (Franceschini *et al.*,  
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53 2006; Durduran *et al.*, 2010a; Eggebrecht *et al.*, 2014; Arridge and Lionheart, 1998; Arridge  
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and Hebden, 1997; Jermyn *et al.*, 2013; Dehghani *et al.*, 2009).

Similarly, DCT requires a large number of sources and detectors to measure autocorrelation functions on the tissue boundary. Early DCT approaches rely on analytical solutions of **Eq. 3** with the assumption of simple semi-infinite geometries and/or strict heterogeneities (e.g., spherical anomaly) of tissues (Zhou *et al.*, 2006; Culver *et al.*, 2003), which precludes the transition to complex boundaries and imperfect heterogeneities in realistic tissues.

The finite-element-method (FEM) framework has been applied to model light transport in highly diffuse media to resolve the geometry and heterogeneity limitations for DOS/DOT (Arridge and Lionheart, 1998; Arridge and Hebden, 1997; Eggebrecht *et al.*, 2014; Dehghani *et al.*, 2009; Jermyn *et al.*, 2013). For example, NIRFAST ([www.nirfast.org](http://www.nirfast.org)) (Dehghani *et al.*, 2009; Jermyn *et al.*, 2013) and TOAST++ (<http://web4.cs.ucl.ac.uk/research/vis/toast/>) (Schweiger and Arridge, 2014) are publically available image reconstruction toolboxes based on the diffusive model and FEM for DOT

Exploiting the high mathematical similarity of the forward and inverse problems (e.g., boundary conditions and mathematical assumptions) between DOT and DCT, our group first reported the application of FEM in DCT (Lin *et al.*, 2014; Huang *et al.*, 2015a; He *et al.*, 2015; Huang *et al.*, 2015b). We introduced this concept into the FEM-based light transport and image reconstruction modules in NIRFAST (Dehghani *et al.*, 2009), as a shortcut for FEM implementation of DCT. Specifically, we used the “effective  $\mu_a(\vec{r})$ ” (i.e.,  $\mu_a(\vec{r}) + 2\mu_s'(\vec{r})k_0^2\Delta\alpha D_b(\vec{r})\tau$ ) and measured  $G_1(\vec{r}, \tau)$  to replace the  $\mu_a(\vec{r})$  and photon fluence rate  $\Phi(\vec{r}, t)$  respectively in the NIRFAST for the accomplishment of DCT in tissues

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4 with complex boundaries (Lin *et al.*, 2014; Huang *et al.*, 2015a; He *et al.*, 2015; Huang *et al.*,  
5  
6  
7 2015b). Computer simulations, phantom tests, and *in-vivo* studies have verified the accuracy  
8  
9  
10 of our modifications of NIRFAST adapted for DCT. As a result, the realm of DCT becomes  
11  
12 available for comprehensive imaging under complex geometries and heterogeneous optical  
13  
14  
15 properties.

### 17 **2.3 DCS/DCT Instrumentation**

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20 Typical DCS/DCT systems are illustrated in **Fig. 2**. The DCS/DCT systems consist of  
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22 long-coherence NIR lasers (e.g., 785 nm, Crystalaser, USA), single photon-counting APDs  
23  
24 (e.g., SPCM-AQR-12, Perkin Elmer Inc., Canada), and digital correlator boards (e.g.,  
25  
26 FLEX03LQ, www.correlator.com, USA). A control panel (laptop or desktop) is used to  
27  
28 control the DCS/DCT system for data collection and calculation of temporal autocorrelation  
29  
30  
31 function via the correlator board. Blood flow index ( $\alpha D_B$ ) can be extracted by fitting the  
32  
33 measured autocorrelation function curve to an analytical solution of **Eq. 3** under certain  
34  
35 geometries. In contrast to the portable DCS device (**b**) with a limited number of sources and  
36  
37 detectors, the DCT instrument (**c**) has a large number of sources and detectors for 3-D flow  
38  
39  
40  
41  
42 imaging.

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44  
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46  
47 A variety of fiber-optics probes have been designed for DCS (**Fig. 3**) and DCT (**Fig. 4**)  
48  
49 measurements in different applications (Huang *et al.*, 2015c; Durduran *et al.*, 2005; Yu *et al.*,  
50  
51 2011; Shang *et al.*, 2011b; Huang *et al.*, 2015b) (see **Section 3**). These probes are connected  
52  
53 to the DCS/DCT instruments (**Fig. 2**) through optical fibers for light delivery and detection.  
54  
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57 Examples of DCS probes for the studies of brains, skeletal muscles, and tumors are illustrated  
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59 in **Fig. 3a-e**, respectively. For instance, a hand-held probe was designed to scan over a breast  
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4 tumor in both horizontal and vertical directions for diagnostic purpose (Durduran *et al.*, 2005)  
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6  
7 (**Fig. 3d**). For the tissues whose shapes promote hemodynamic variations induced by  
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10 compression or disturb sensitive areas, DCS probes were designed in a noncontact manner  
11  
12 (Huang *et al.*, 2015c) (**Fig. 3f**). In the noncontact measurement design, a lens system with  
13  
14 separated source and detector paths was utilized to focus the light from the source and  
15  
16 detector fibers on the measured tissue surface. The noncontact DCS (ncDCS) probe was also  
17  
18 extended to a noncontact imaging probe head for DCT measurements, which consisted of a  
19  
20 linear array of 15 photodetectors and two laser sources connected to a mobile lens-focusing  
21  
22 system (**Fig. 4**) (Lin *et al.*, 2014; He *et al.*, 2015; Huang *et al.*, 2015b). A motorized stage was  
23  
24 utilized for automatic scanning (**Fig. 4a**), enabling large ROI coverage and flexible S-D  
25  
26 arrangements without greatly increasing hardware requirements and costs. This new design of  
27  
28 noncontact DCT (ncDCT) probe, combined with a novel FEM framework for DCT image  
29  
30 reconstruction, has been validated in a tissue-like phantom with anomaly flow contrast design  
31  
32 (**Fig. 4d**) (Lin *et al.*, 2014) and has been applied in detection of breast tumors (He *et al.*, 2015;  
33  
34 Huang *et al.*, 2015b). In practice, any innovations adopted in DOS/DOT probes can be  
35  
36 adapted for the design of DCS/DCT probes, and a combined probe integrating DOS/DOT and  
37  
38 DCS/DCT measurements can be constructed by adding extra optical fibers.  
39  
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49

### 50 **3. Clinical Application Examples**

51  
52 DCS/DCT technologies have been extensively explored to be used in animal models and  
53  
54 human subjects for the diagnosis and therapeutic monitoring of diseases in various tissues and  
55  
56 organs including brains (Cheng *et al.*, 2014; Hou *et al.*, 2014; Busch *et al.*, 2016a; Kim *et al.*,  
57  
58 2014; Kim *et al.*, 2010; Favilla *et al.*, 2014; Lin *et al.*, 2016; Dehaes *et al.*, 2014; Durduran *et*  
59  
60

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3  
4 *al.*, 2010b; Shang *et al.*, 2011b; Buckley *et al.*, 2013; Zirak *et al.*, 2014), skeletal muscles  
5  
6  
7 (Henry *et al.*, 2015; Mesquita *et al.*, 2013; Yu *et al.*, 2005a; Shang *et al.*, 2012; Gurley *et al.*,  
8  
9 2012), and tumors (Chung *et al.*, 2015; Choe *et al.*, 2014; Zhou *et al.*, 2007; Durduran *et al.*,  
10  
11 2005; He *et al.*, 2015; Sunar *et al.*, 2006; Dong *et al.*, 2012b; Dong *et al.*, 2016). Since this  
12  
13 review focuses on the clinical applications, only typical clinical examples are presented in the  
14  
15 following subsections based on different types of tissues/organs. For more details, readers are  
16  
17 encouraged to read primary papers that are cited but not discussed here and to learn from  
18  
19 recent reviews (Yu, 2012a; Yu, 2012c; Durduran and Yodh, 2014; Mesquita *et al.*, 2011).  
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### 25 **3.1 Brain**

#### 26 **3.1.1 Diagnosis of cardio-cerebral diseases**

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30  
31 DCS has been explored for the diagnosis and evaluation of cardio-cerebral diseases  
32  
33 affecting cerebral blood flow (CBF) in adults, children, and neonates. For example, DCS was  
34  
35 utilized to investigate CBF responses in adult patients with cerebral diseases including  
36  
37 vasovagal syncope (Cheng *et al.*, 2014), obstructive sleep apnea-hypopnea (Hou *et al.*, 2014;  
38  
39 Busch *et al.*, 2016a), traumatic brain injury (Kim *et al.*, 2010; Kim *et al.*, 2014), and ischemic  
40  
41 stroke (Durduran *et al.*, 2009; Favilla *et al.*, 2014).  
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48 Vasovagal syncope (VVS) is the sudden loss of consciousness, which can be fatal if  
49  
50 occurring in public such as driving and flying. In a study of CBF variations to predict VVS  
51  
52 (Cheng *et al.*, 2014), a 70-degree head-up-titling (HUT) protocol was applied to 14 healthy  
53  
54 adults, and relative changes of CBF (rCBF) to the baseline were continuously monitored  
55  
56 using a fiber-optic probe illustrated in **Fig. 3a**. In addition, relative changes of main artery  
57  
58 blood pressure (rMAP) were also continuously monitored using a noninvasive finger sensor  
59  
60



1  
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3  
4 (Portapres, FMS Inc., Netherlands). In the subjects having presyncope symptoms during HUT,  
5  
6  
7 physiological responses to the tilting were observed to have two stages; while Stage I showed  
8  
9  
10 a small changes, Stage II demonstrated a rapid and dramatic decreases in both rCBF and  
11  
12 rMAP that were coincided with presyncope symptoms (**Fig. 5**). On average, rCBF reached the  
13  
14 Stage II earlier and decreased larger ( $76 \pm 8\%$ , from a baseline of 100%) than rMAP ( $39 \pm$   
15  
16  $19\%$ , assigning a baseline value of 100%) during presyncope. Moreover, a threshold of  $\sim 50\%$   
17  
18 rCBF decline was determined to completely separate the subjects with or without presyncope.  
19  
20  
21  
22 This study suggests that continuous monitoring of CBF variations by the portable DCS device  
23  
24  
25 may provide predictive information to prevent VVS (e.g., using an automatic feedback to  
26  
27  
28 maintain MAP and CBF at normal levels).  
29  
30

31  
32 Another example of DCS applications is the study of obstructive sleep apnea-hypopnea  
33  
34 (OSAH) (Hou *et al.*, 2014), a disease characterized by repetitive pausing of breath resulted  
35  
36 from upper airway obstruction during sleep. The impeded airflow during OSAH may cause  
37  
38 cerebral ischemia and disturb CBF. Although OSAH can be diagnosed through monitoring of  
39  
40 overnight sleep with a polysomnography, evaluation of cerebral ischemia and hypoxia  
41  
42 induced by OSAH is not routinely conducted, due to lack of appropriately technologies.  
43  
44  
45 Using a dual-wavelength DCS flow-oximeter (Shang *et al.*, 2009), our group conducted  
46  
47  
48 continuous and simultaneous measurements of relative changes of CBF, oxy- and deoxy- and  
49  
50  
51 total hemoglobin concentrations (rCBF,  $\Delta[\text{HbO}_2]$ ,  $\Delta[\text{Hb}]$ ,  $\Delta\text{THC}$ ) in adult subjects with  
52  
53  
54 OSAH for  $\sim 8$  hours overnight (Hou *et al.*, 2014). Two fiber-optic probes connected to the  
55  
56  
57 DCS flow-oximeter were taped on both sides of the subject's forehead for cerebral monitoring  
58  
59  
60 during sleep (illustrated in **Fig. 3b**). To minimize the disturbance to patients, we remotely

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4 operated the optical measurements in a control room and designed special fiber-optic  
5  
6  
7 connectors which could easily disconnect the probes when the patient went to bathroom. The  
8  
9  
10 results showed that apneic events caused significant variations in rCBF and  $\Delta$ THC. Moreover,  
11  
12 the degrees of these hemodynamic variations were significantly correlated with the severity of  
13  
14  
15 OSAH.  
16

17  
18 Similarly, DCS was also adopted to measure CBF responses to hypercapnia during  
19  
20 wakefulness rather than during sleep in children with obstructive sleep syndrome (OSA)  
21  
22 and/or snores (Busch *et al.*, 2016a). Both OSA and snore subjects were found to have  
23  
24  
25 significant less changes in CBF during hypercapnia than health controls, indicating the  
26  
27  
28 diseased-induced blunted brain responses.  
29

30  
31 DCS was also utilized to monitor CBF variations in adults with traumatic brain injury  
32  
33 (Kim *et al.*, 2014; Kim *et al.*, 2010) or ischemic stroke (Favilla *et al.*, 2014; Durduran *et al.*,  
34  
35  
36 2009). In those studies, CBF changes were found to be associated with large variations in  
37  
38  
39 cerebral blood pressure induced by physiological manipulations (Kim *et al.*, 2010; Favilla *et*  
40  
41  
42 *al.*, 2014; Durduran *et al.*, 2009), indicating the impairments of cerebral autoregulation to  
43  
44  
45 maintain a constant CBF.  
46

47  
48 In addition to the applications in adults and children, DCS was employed to assess CBF  
49  
50  
51 in neonates with malfunctions/defects and during surgical treatments, including those with  
52  
53  
54 congenital heart disease (CHD) (Durduran *et al.*, 2010b) , hypoxic ischemic encephalopathy  
55  
56  
57 (Dehaes *et al.*, 2014), single-ventricle CHD undergoing surgery (Dehaes *et al.*, 2015), as well  
58  
59  
60 as the neonates during open heart surgery (Busch *et al.*, 2016b). In those studies, DCS

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4 measurements benefited from higher signal-to-noise ratio (SNR) due to the thinner skulls of  
5  
6  
7 neonates.

8  
9  
10 When subjected to a protocol of CO<sub>2</sub> inhalation for inducing hypercapnia (Durduran *et*  
11  
12 *al.*, 2010b), CBF values in neonates with CHD were elevated significantly ( $158 \pm 6\%$ ,  
13  
14 assigning a baseline of 100%), which were detectable by both DCS and ASL-MRI  
15  
16 measurements. Since complex CHD may lead to impaired cerebral autoregulation and  
17  
18 low-baseline CBF, this study explored the potential of DCS for longitudinally probing  
19  
20 cerebral defects in critically ill neonates.  
21  
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24  
25  
26 Apart from physiological challenging mentioned above, CBF values before and after  
27  
28 heart surgeries were measured and compared between the neonates with single-ventricle CHD  
29  
30 and healthy controls (Dehaes *et al.*, 2015). The results showed impaired cerebral development  
31  
32 in diseased neonates, as characterized by decreased CBF. Furthermore, CBF was  
33  
34 continuously monitored during neonatal open heart surgery, an intervention aiming to treat  
35  
36 heart defects (Busch *et al.*, 2016b). Significant variations in CBF during deep hypothermia,  
37  
38 circulatory arrest, and rewarming were observed, indicating the capability of DCS for cerebral  
39  
40 hemodynamic monitoring in a highly challenging clinical environment.  
41  
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47  
48 In study of cerebral hemodynamics in premature neonates (Roche-Labarbe *et al.*, 2010),  
49  
50 a steady increase (28%, from a baseline of 100%) in CBF was found over the first six weeks  
51  
52 of life, indicating that the neonates gained improvements in brain microcirculation since birth.  
53  
54 In another study of extremely preterm neonates, the subjects with hemorrhage were found to  
55  
56 have lower CBF when compared with those without hemorrhage (Lin *et al.*, 2016). Similarly,  
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4 lower CBF levels in neonates with hypoxic ischemic encephalopathy were reported,  
5  
6 compared to age-matched healthy neonates (Dehaes *et al.*, 2014).  
7  
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9  
10 In summary, many cardio-cerebral diseases affect nervous system, cerebral  
11  
12 microvasculature, and cerebral oxygen kinetics, leading to abnormality in CBF (Durduran and  
13  
14 Yodh, 2014; Mesquita *et al.*, 2011). Therefore, CBF is considered as an important biomarker  
15  
16 of brain health, which links the oxygen demand, supply, and consumption. Continuous  
17  
18 measurements of CBF in the clinical setting, however, are not easily achievable due to  
19  
20 technology unavailability. DCS offers a continuous, fast, portable, and low-cost tool to  
21  
22 noninvasively monitor CBF variations at the bedside of the clinic. Studies presented in this  
23  
24 subsection demonstrate that CBF abnormalities are associated with a variety of cerebral  
25  
26 diseases. While the explicit relationships between CBF abnormalities and clinical outcomes  
27  
28 need to be further investigated, these studies support DCS as a useful tool for the diagnosis of  
29  
30 cerebral diseases in adults, children, and neonates.  
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### 39 **3.1.2 Therapeutic monitoring of cardio-cerebral diseases**

40  
41 DCS has been used to evaluate the effects of surgical interventions on CBF in adults and  
42  
43 infants. Those surgeries included carotid endarterectomy in adults (Shang *et al.*, 2011b),  
44  
45 thrombolysis in adults (Zirak *et al.*, 2014), and cardiac surgery in infants (Buckley *et al.*,  
46  
47 2013).  
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51  
52 Carotid endarterectomy (CEA) is a surgical intervention to restore the blood supply to  
53  
54 brain through removal of the blockage in carotid artery (Shang *et al.*, 2011b). During CEA,  
55  
56 some of major vessels are temporarily clamped, causing a shutdown of blood supply to local  
57  
58 cerebral tissues. Thus, intraoperative monitoring of CBF variation is particularly important as  
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3  
4 it permits acute assessment of cerebral hemodynamic level during surgery and post-surgical  
5  
6 hemodynamic improvement in the brain. Electroencephalography (EEG) is an often-used  
7  
8 technology for cerebral monitoring during CEA, which offers indirect assessment of cerebral  
9  
10 ischemia through analysis of brain waves. In a comparison study of EEG and DCS  
11  
12 measurements for evaluating cerebral hemodynamic variations during CEA, EEG electrodes  
13  
14 were placed all over the scalps of eleven patients undergoing CEA, and two optical probes  
15  
16 were taped on both sides of forehead for simultaneous measurements of CBF and cerebral  
17  
18 oxygenation. The internal carotid artery (ICA) clamps during CEA resulted in significant  
19  
20 CBF decreases ( $-24.7 \pm 7.3\%$ , assigning a baseline of 100%) at the surgical sides (**Fig. 6a**).  
21  
22 On the other hand, post-CEA CBF values were significantly higher ( $+43.2 \pm 16.9\%$ , assigning  
23  
24 a baseline of 100%) than pre-CEA CBF values. Flow compensation via circle of Willis was  
25  
26 also observed at the nonsurgical side (**Fig. 6b**). CBF responses to ICA clamping were found  
27  
28 to be significantly faster, larger, and more sensitive than EEG responses (**Fig.7**).  
29  
30 Simultaneous monitoring of CBF and EEG provided a comprehensive evaluation of cerebral  
31  
32 physiological status and showed potential for the adoption of acute interventions (e.g.,  
33  
34 shunting, medications) during CEA to reduce the risks of severe cerebral ischemia and  
35  
36 cerebral hyperperfusion syndrome.  
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49 DCS was also applied to a patient with acute ischemic stroke, who received  
50  
51 thrombolytic therapy to restore CBF (Zirak *et al.*, 2014). CBF was monitored by DCS  
52  
53 throughout the 60-minute thrombolytic therapy. DCS data showed an acute improvement in  
54  
55 CBF after thrombolytic therapy, which agreed with the improvement in stroke scale score.  
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60 This study suggested the potential of continuous DCS monitoring for therapeutic evaluation

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4 of acute stroke.  
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6  
7 DCS measurements of CBF during interventions were also reported in infants. For  
8  
9 example, CBF, cerebral oxygenation, and cerebral oxygen metabolism were continuously  
10  
11 monitored during the period of postoperative neonatal cardiac surgery using a hybrid optical  
12  
13 instrument (Buckley *et al.*, 2013). Due to the complicated communications between the  
14  
15 cerebral and cardiac vessels, the surgeries on hearts were found to significantly affect cerebral  
16  
17 oxygen extraction fraction, but not CBF and cerebral metabolic rate of oxygen consumption.  
18  
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22  
23 In summary, many intervention strategies for cardio-cerebral diseases are to restore  
24  
25 tissue blood flow. Studies presented in this subsection show high sensitivity of DCS for  
26  
27 continuous monitoring of CBF variations during interventions, which holds the potential for  
28  
29 dynamic assessment and optimization of cardio-cerebral interventions to maintain CBF in a  
30  
31 normal level.  
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## 35 36 37 **3.2 Skeletal muscle**

### 38 39 40 **3.2.1 Diagnosis of muscular diseases**

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42  
43 DCS has been adopted to evaluate the vascular diseases affecting skeletal muscle  
44  
45 perfusion such as fibromyalgia and peripheral arterial disease (Shang *et al.*, 2012; Mesquita *et*  
46  
47 *al.*, 2013). Evaluation of muscular diseases was often performed in a dynamic manner  
48  
49 because those diseases restrict patients from performing leg or arm exercises. Blood flow  
50  
51 responses to exercise reflect how skeletal muscles properly perform physiological functions.  
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57 In a study of fibromyalgia (FM) (Shang *et al.*, 2012), women with FM were instructed to  
58  
59 perform knee extension exercises with steadily increasing intensity. Calf muscle  
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4 hemodynamics was continuously monitored by a hybrid instrument during exercise using a  
5  
6 probe illustrated in **Fig. 3c**. Results showed that subjects with FM had significantly lower  
7  
8 oxygen extraction rate during exercise than healthy controls, and the time of oxygenation  
9  
10 recovery were significantly longer. These results suggested an alteration of muscle oxygen  
11  
12 utilization in the FM population.  
13  
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16

17  
18 In another study investigating the influence of peripheral arterial disease (PAD) on  
19  
20 skeletal muscle hemodynamics (Mesquita *et al.*, 2013), calf blood flow values were found to  
21  
22 occur at more depressed levels in PAD population after treadmill and pedal exercises,  
23  
24 compared to those in age-matched healthy people. These results indicated adverse impact of  
25  
26 PAD on blood flow responses to exercise.  
27  
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31  
32 Limitations existed when using DCS techniques to continuously monitor muscle  
33  
34 hemodynamic changes *during* exercise, such as the nature of relative measurement (rBF) and  
35  
36 the motion artifact induced by the exercise. To overcome these limitations, our group recently  
37  
38 created a calibration protocol for absolute flow measurements and a gating algorithm to  
39  
40 minimize motion artifacts during exercise (Gurley *et al.*, 2012; Henry *et al.*, 2015). Briefly, a  
41  
42 hybrid DCS/NIRS instrument along with a pre-exercise arterial occlusion protocol was  
43  
44 utilized to quantify the absolute baseline blood flow value before exercise. The absolute  
45  
46 baseline flow value was then used to calibrate the measured rBF during exercise in order to  
47  
48 obtain absolute flow measurements over the entire exercising period. Motion artifacts were  
49  
50 minimized using a novel dynamometer-based gating algorithm embedded in the DCS control  
51  
52 software. Essentially, this software determined muscle contraction status based on signals  
53  
54 from the dynamometer and recorded data only when muscle fiber motion was minimal.  
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4 The innovative calibration and gating algorithms have been recently applied on patients  
5  
6 with FM and compared with age-matched healthy controls. Blood flow responses in forearm  
7  
8 muscles to handgrip exercise were continuously monitored and patients with FM exhibited  
9  
10 less capability to perform handgrip exercise than healthy controls, evidenced by the weaker  
11  
12 blood flow responses during exercise (**Fig. 8**).  
13  
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16

17 Overall, deficiency of skeletal muscle function may result from mitochondrial  
18  
19 dysfunction (Cordero *et al.*, 2010), lower capillary density (Lindh *et al.*, 1995; Morf *et al.*,  
20  
21 2005), reduced capillary permeability (Grassi *et al.*, 1994) and impaired vasodilatory capacity  
22  
23 (Kasikcioglu *et al.*, 2006; McIver *et al.*, 2006), all of which are difficult to measure  
24  
25 noninvasively. Hybrid DCS/NIRS devices enable noninvasive dynamic quantification of  
26  
27 blood flow, blood oxygenation, and oxidative metabolism during exercise, providing unique  
28  
29 and comprehensive diagnostic information for skeletal muscle diseases.  
30  
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### 36 **3.2.2 Therapeutic monitoring of muscular diseases**

37

38 A few studies have been reported using DCS to investigate the impacts of surgical  
39  
40 interventions on skeletal muscle diseases (Yu *et al.*, 2011; Huang *et al.*, 2015c). For muscular  
41  
42 revascularization, ultrasound Doppler is routinely used in surgical rooms to test post-surgical  
43  
44 reperfusion in large vessels. However, ultrasound Doppler cannot directly assess the  
45  
46 restoration of tissue microcirculation, which is generally the major goal of revascularization.  
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51

52 Using a portable DCS flow-oximeter and the probe illustrated in **Fig. 3c** (Shang *et al.*,  
53  
54 2009), we continuously monitored calf muscle blood flow variations on twelve human limbs  
55  
56 undergoing artery revascularization (Yu *et al.*, 2011). The high sensitivity of DCS in  
57  
58 detecting blood flow changes was confirmed through clamping or ballooning on/off the  
59  
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4 femoral or aorta arteries during surgeries. Furthermore, immediate hyperemia following the  
5  
6  
7 release of occlusions and post-surgery flow improvements in calf muscles were observed,  
8  
9  
10 indicating the potential of the DCS for objective assessment of revascularization effects.

11  
12 Another representative application of DCS is the assessment of blood flow in free  
13  
14 transfer muscle flaps following salvage surgeries in patients with head and neck cancer.  
15  
16  
17 Conventional approaches to evaluate the success of tissue flaps rely on visual examination  
18  
19 along with blood flow measurements in large vessels by ultrasound Doppler. DCS offers a  
20  
21  
22 tool to directly assess tissue blood flow in peripheral muscle flaps, which is crucial to  
23  
24  
25 evaluate the success of surgeries. For intraoperative monitoring of reconstructive flaps, we  
26  
27  
28 designed a lens system which focused the sources and detectors on the tissue surface,  
29  
30  
31 permitting noncontact measurements of flap blood flow (see **Fig. 3f**) (Huang *et al.*, 2015c).  
32  
33  
34 The noncontact DCS probe was applied to eight free muscle flaps at multiple time points of  
35  
36  
37 blood flow measurements during and post the surgical operations. **Fig. 9** shows comparison  
38  
39  
40 results obtained from seven successful flaps and one unsuccessful flap. Postoperative blood  
41  
42  
43 flow values in the successful flaps were significantly higher than the intraoperative baseline  
44  
45  
46 values, indicating a gradual recovery of flap vascularity after the tissue transfer. By contrast,  
47  
48  
49 postoperative blood flow recovered much less in the unsuccessful flap. Measurement of blood  
50  
51  
52 flow recovery after flap anastomosis holds the potential to act early to salvage ischemic flaps.

### 52 **3.3 Tumor**

#### 53 54 55 **3.3.1 Diagnosis of tumors**

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57  
58 The first translational case of DCS for clinical cancer diagnosis was reported on human  
59  
60 breast tumors (Durduran *et al.*, 2005). Through scanning over the breast tumors (n = 5) using

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3  
4 a contact optical probe illustrated in **Fig. 3d**, higher blood flow contrasts were found in  
5  
6 malignant (230% by averaging over three subjects) and benign (153% by averaging over two  
7  
8 subjects) tumors, respectively, as compared to the surrounding normal tissues (assigning  
9  
10 100%). Similar measurement configuration was thereafter applied to a larger population with  
11  
12 breast tumors (n = 32) (Choe *et al.*, 2014), confirming the high blood flow contrasts in breast  
13  
14 tumors (225~227% in mean value and 190~270% in 95% confidence intervals).  
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20  
21 Moreover, a recent pilot study investigated the correlations between tumor hemodynamic  
22  
23 parameters (i.e., blood flow, [HbO<sub>2</sub>], [Hb], StO<sub>2</sub>, THC) and tumor histopathological  
24  
25 biomarkers. Increased blood supply to breast tumors was observed, which agreed with the  
26  
27 high expression level of Ki67 nuclei in the confirmed breast tumors (Chung *et al.*, 2015). This  
28  
29 study suggested that the macroscopic measurements of tissue hemodynamics could reveal  
30  
31 pathological properties of breast cancer in microscopic level.  
32  
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36  
37 A significant problem with contact DCS measurements described above is the deformation  
38  
39 of soft breast tissue, which may distort blood flow distribution in the soft breast. To solve this  
40  
41 problem, noncontact DCS/DCT (ncDCS/ncDCT) systems with unique fiber-optic probes were  
42  
43 recently developed enabling fully noncontact measurement/imaging of blood distributions in  
44  
45 deep tissue volumes with complex boundaries (Lin *et al.*, 2014; Lin *et al.*, 2012; Li *et al.*,  
46  
47 2013; Huang *et al.*, 2015c; He *et al.*, 2015; Huang *et al.*, 2015b). The noncontact probe was  
48  
49 attached to a motorized stage that scanned linearly or rotationally over a ROI (**Fig. 4**). **Fig. 10**  
50  
51 shows *in vivo* imaging results from two breast carcinomas. Higher blood flow contrasts (5.9-  
52  
53 and 10.9-fold) in the tumor regions compared to the surrounding tissues were observed. The  
54  
55 reconstructed locations of the two tumors matched ultrasound imaging results when the tumor  
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4 was within the sensitivity region of diffuse light. The ncDCT system showed the promise to  
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6  
7 image blood flow distributions in soft and vulnerable tissues without distorting tissue  
8  
9  
10 hemodynamics.

11  
12 The autonomic growth and spread of tumors are dependent on increased angiogenesis  
13  
14 arising from the increased metabolic demand. Since functional alternations in tumors often  
15  
16  
17 appear earlier than detectable morphological changes, functional imaging of tumor blood flow  
18  
19  
20 by DCT is a new strategy for early cancer diagnosis and localization.  
21

### 22 **3.3.2 Therapeutic monitoring of tumor treatments**

23  
24  
25 It has been found that the patients with hypoxic tumors show incomplete clinical  
26  
27  
28 responses when receiving chemo-radiation therapy that requires tissue oxygen for treatment  
29  
30  
31 efficacy (Busch *et al.*, 2000; Carlson, 2006). Many tumors are hypoxic because of abnormal  
32  
33  
34 vasculature, malignancy-related anemia, and/or high oxygen consumption by tumor cells.  
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36  
37 Studies have shown that pretreatment tumor hypoxia is associated with significantly poor  
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39  
40 responses to the therapy when compared to oxygenated tumors. However, some  
41  
42  
43 well-oxygenated tumors failed to respond while some hypoxic tumors responded well,  
44  
45  
46 possibly due to the dynamic changes during treatment in tumor oxygen status induced by  
47  
48  
49 radiation. Therefore, repeated monitoring of individual tumor hemodynamic status during  
50  
51  
52 therapy may provide predictive information for treatment outcomes.

53  
54 To date, DCS has been utilized to monitor the tumor hemodynamic responses to  
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56  
57 chemo-radiation therapy in breast tumors (Zhou *et al.*, 2007) and head/neck tumors (Sunar *et*  
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60 *al.*, 2006; Dong *et al.*, 2012b; Dong *et al.*, 2016). In a case study of breast cancer using a  
hybrid DCS/NIRS device, significant changes in tumor blood flow and blood oxygenation

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4 were observed in the first week of chemo-radiation therapy (Zhou *et al.*, 2007).  
5  
6

7 In another pilot study of head/neck tumors using a hybrid DCS/NIRS instrument, tumor  
8  
9 hemodynamic responses in a small group of patients (n = 8) were continually measured once  
10  
11 a week over the period of chemo-radiation therapy (Sunar *et al.*, 2006). Tumors exhibited  
12  
13 significant dynamic flow and oxygenation changes during the first four weeks of the  
14  
15 treatment. This study, however, was limited by the small number of patients examined and  
16  
17 only one patient out of 8 showed a partial response to the treatment.  
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22  
23 Very recently, our group employed a hybrid DCS/NIRS instrument to continually  
24  
25 monitor tumor hemodynamic responses to chemo-radiation therapy for early prediction of  
26  
27 treatment outcomes in a relative large patient population with head/neck cancers (Dong *et al.*,  
28  
29 2016). Forty-seven patients were measured once per week over 7 weeks of treatment period to  
30  
31 evaluate the hemodynamic status of clinically involved cervical lymph nodes. Patients were  
32  
33 classified into two groups: complete response (CR) (n = 29) and incomplete response (IR) (n  
34  
35 = 18). Interestingly, tumor hemodynamic responses were found to be associated with clinical  
36  
37 outcomes (CR/IR), wherein the associations differed depending on human papillomavirus  
38  
39 (HPV-16) status. In HPV-16 positive patients, significantly lower levels in tumor [HbO<sub>2</sub>] at  
40  
41 weeks 1 to 3, THC at week 3, and StO<sub>2</sub> at week 3 were found in the IR group. In HPV-16  
42  
43 negative patients, significantly higher levels in tumor BFI and  $\mu_s'$  at week 3 were observed in  
44  
45 the IR group. These hemodynamic parameters exhibited significantly high accuracies for  
46  
47 early prediction of clinical outcomes, within the first three weeks of therapy, with the areas  
48  
49 under the receiver operating characteristic curves (AUCs) ranging from 0.83 to 0.96 (**Fig. 11**).  
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4 Overall, tumor hemodynamic parameters exhibited significantly high accuracies for early  
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6 prediction of clinical outcomes. Such predications, based on frequent optical measurements,  
7  
8 may ultimately be used to optimize individual therapeutic outcomes at an early time of  
9  
10 therapy. For example, treatment outcomes may be improved by dynamically promoting  
11  
12 oxygenation levels (e.g., hyperbaric oxygen therapy) in HPV-16 positive tumors or inhibiting  
13  
14 angiogenesis (e.g., anti-VEGF antibody) in HPV-16 negative tumors.  
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#### 20 **4. Summary and future perspectives**

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22  
23 In contrast to large imaging modalities such as CT, MRI, and PET, optical instruments  
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25 such as NIRS/DOS/DOT and DCS/DCT are portable, fast, inexpensive, and suitable for  
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27 continuous measurements at the bedside of clinical settings. NIRS/DOS/DOT techniques have  
28  
29 been extensively used to measure tissue oxygenation in the clinic. Compared to  
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31 NIRS/DOS/DOT, DCS/DCT is a relatively new technique that enables direct measurement of  
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33 tissue blood flow. DCS/DCT or hybrid DCS/NIRS is being increasingly employed worldwide  
34  
35 in a large variety of clinical contexts for the diagnosis and therapeutic monitoring of various  
36  
37 diseases affecting tissue hemodynamics and metabolism. Overall, these pilot clinical studies  
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39 in relatively small populations have shown the technique's versatility and demonstrated that  
40  
41 the method provides new and complementary information about patient pathophysiology in a  
42  
43 noninvasive fashion. It should be noticed that DCS/DCT has only been applied to a small  
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45 population of patients with short measurement time frames (minutes to several weeks).  
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4       There has been a concern on the physical modeling of blood flow (i.e., the motion of red  
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7 blood cells) in the microvasculature. It was found that diffusive motion (see Section 2.1) fits  
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10 the experimental autocorrelation curves rather well over a broad range of tissue types  
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12 (Durduran, 2004; Zhou, 2007). Intuitively, however, random ballistic flow would be  
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14 considered as a better model to fit the DCS/DCT data. Modified mixture models were  
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16 proposed to include both ballistic flow and diffusive motion (Carp *et al.*, 2011; Boas *et al.*,  
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18 2016). Experimental data supported the proposed models for capturing the transition from  
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20 early ballistic to subsequent diffusive motion. Computer simulations on the tissue with varied  
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22 vessel diameters and spacing showed that the diffusive motion dominates the correlation  
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24 decay in typical DCS measurements, and the blood flow index is modulated proportionally by  
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26 the concentration of hemoglobin and the average diameter of blood vessels. Nevertheless,  
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28 more clinical investigations are needed for accurate extracting of blood flow information in  
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30 deep tissues.  
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39       Some technical issues exist when applying NIR diffuse optical technologies to deep  
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41 tissues with heterogeneous properties. Since NIRS and DCS techniques rely on the transport  
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43 of NIR light through top layer tissues (e.g., skin, skull), both methods must account for partial  
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45 volume contributions from the top layer-structure to the deep tissue signals (e.g., brain,  
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47 muscle, and tumor). In addition, measurement signal-to-noise ratio (SNR) and penetration  
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49 depth are two interrelated and important parameters that affect the utility of both DCS and  
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51 NIRS. Furthermore, most research with DCS reports only relative changes of blood flow  
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53 index with respect to some baseline condition.  
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4 The “partial volume effect” substantially affects the accuracy of DCS measurements, as  
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7 discussed in literature (Durduran and Yodh, 2014; Yu, 2012a; Strangman *et al.*, 2003).  
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9 Slab-layered models were proposed to reduce the partial volume effect (Jaillon *et al.*, 2006; Li  
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11 *et al.*, 2005; Verdecchia *et al.*, 2016). A recently developed method, “Modified Beer-Lambert  
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13 law for blood flow”, has been proved to be effective in pressure modulation experiments to  
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15 reduce the skin-effect on cerebral blood flow measurements (Baker *et al.*, 2014; Baker *et al.*,  
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17 2015). However, those methods ignored the influence of irregular tissue geometries. Recently,  
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19 we created a new algorithm integrating a linear model of autocorrelation function with the  
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21 Monte Carlo simulation of photon migrations in heterogeneous tissues with arbitrary  
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23 geometries for simultaneous extraction of blood flow indices in multiple layered tissues  
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25 (Shang and Yu, 2014).  
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33 Compared to NIRS/DOS/DOT, DCS/DCT measurements have relatively lower SNRs  
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35 when probing deep tissue blood flow with large S-D separations (e.g., >2.5 mm). This is due  
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37 to the utilization of single-mode detector fibers with a small core diameter of 5  $\mu\text{m}$  in  
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39 DCS/DCT measurements to ensure the detection of autocorrelation functions of light intensity.  
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41 Efforts have been made to improve SNR through the spatial average of multiple  
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43 autocorrelation functions detected by a detector fiber bundle (Dietsche *et al.*, 2007) or the  
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45 temporal average of DCS signals obtained by a fast software correlator (Wang *et al.*, 2016).  
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52 A potential remedy for the absolute blood flow measurement problem is to calibrate  
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54 DCS/DCT against a gold standard. As mentioned early, comparison studies in small  
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56 populations have been done in skeletal muscles, tumors, and brains against other established  
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58 methods including power spectral Doppler ultrasound (Yu *et al.*, 2005b), Doppler ultrasound  
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4 (Buckley *et al.*, 2009; Roche-Labarbe *et al.*, 2010), laser Doppler (Durduran, 2004; Shang *et*  
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7 *al.*, 2011a), Xenon-CT (Kim *et al.*, 2010), fluorescent microsphere flow measurement (Zhou  
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10 *et al.*, 2009), and ASL-MRI (Yu *et al.*, 2007). Results from these studies show the promise to  
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12 obtain absolute flow measurements although further validation works need to be done with  
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15 different types of tissues in large populations.  
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18 DCT/ncDCT enables 3-D imaging of blood flow distributions in deep tissues. While  
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20 effective, ncDCS/ncDCT employs a limited number of expensive APDs for blood flow  
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23 detection, leading to low spatiotemporal resolution and high instrument cost (Lin *et al.*, 2014;  
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26 He *et al.*, 2015; Huang *et al.*, 2015b). With current ncDCT, the ROI must be mechanically  
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28 scanned for a complete tissue coverage, which can take up to 40 minutes and may result in  
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31 motion artifacts. To overcome these limitations, we recently developed and tested a  
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34 non-scanning, noncontact, fast, portable, cost-effective device, namely speckle contrast  
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37 diffuse correlation tomography (scDCT), for 3-D imaging flow distributions (Huang *et al.*,  
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40 2015a; Huang *et al.*, 2016). The scDCT used a charge-coupled-device (CCD) as a 2-D  
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43 detector array to cover a ROI, thus eliminating the mechanical scanning and consequent  
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46 problems. Thousands of detectors provided by the CCD significantly improved  
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49 spatiotemporal resolution and reduced instrument cost/size. The scDCT prototype has been  
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52 tested using computer simulations and tissue phantoms with anomaly flow contrast design.  
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55 We are currently translating this novel optical technique to the clinic.

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58 It is well known that many diseases are associated with tissue hypoxia, which is  
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61 influenced by oxygen supply (i.e., blood flow) and tissue oxygen consumption. Simultaneous  
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64 measurements of tissue blood flow and blood oxygenation using combined DCS and NIRS



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4 instruments enable the evaluation of tissue metabolic rate of oxygen consumption (Durduran  
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6 *et al.*, 2004; Roche-Labarbe *et al.*, 2010; Lin *et al.*, 2016; Dehaes *et al.*, 2014; Durduran *et al.*,  
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8 2010b; Buckley *et al.*, 2013; Henry *et al.*, 2015; Shang *et al.*, 2012; Gurley *et al.*, 2012;  
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10 Chung *et al.*, 2015). This metabolic parameter is potentially a more direct indicator of tissue  
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12 metabolic activities, which integrates many factors and provides further insight about tissue  
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14 pathophysiology. It is expected that with further technology development and more clinical  
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16 applications, DCS/DCT and hybrid DCS/NIRS technologies will be eventually utilized as  
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18 routine diagnostic and intervention monitoring tools for clinical investigations of various  
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20 diseases.  
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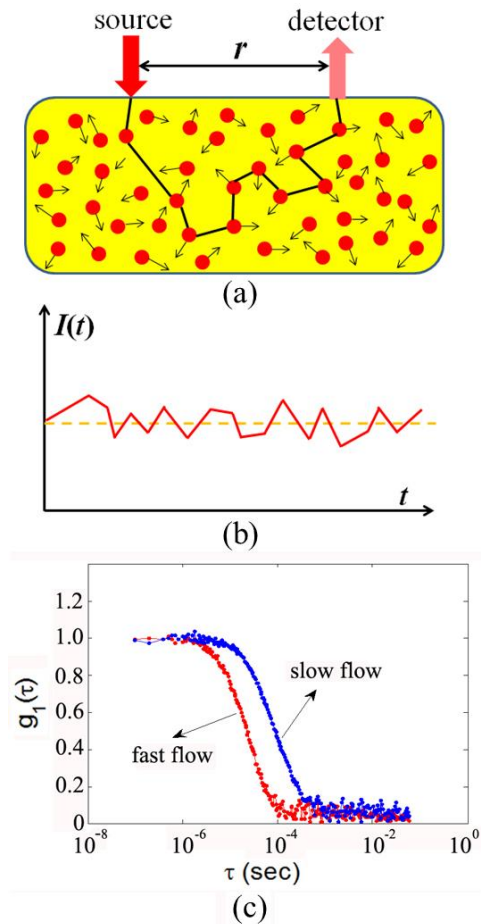
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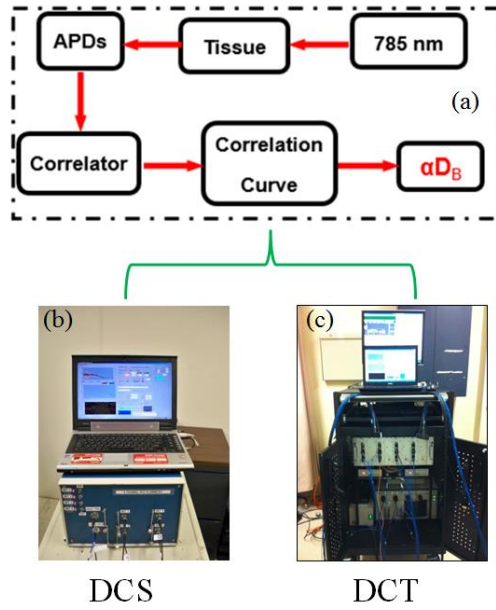
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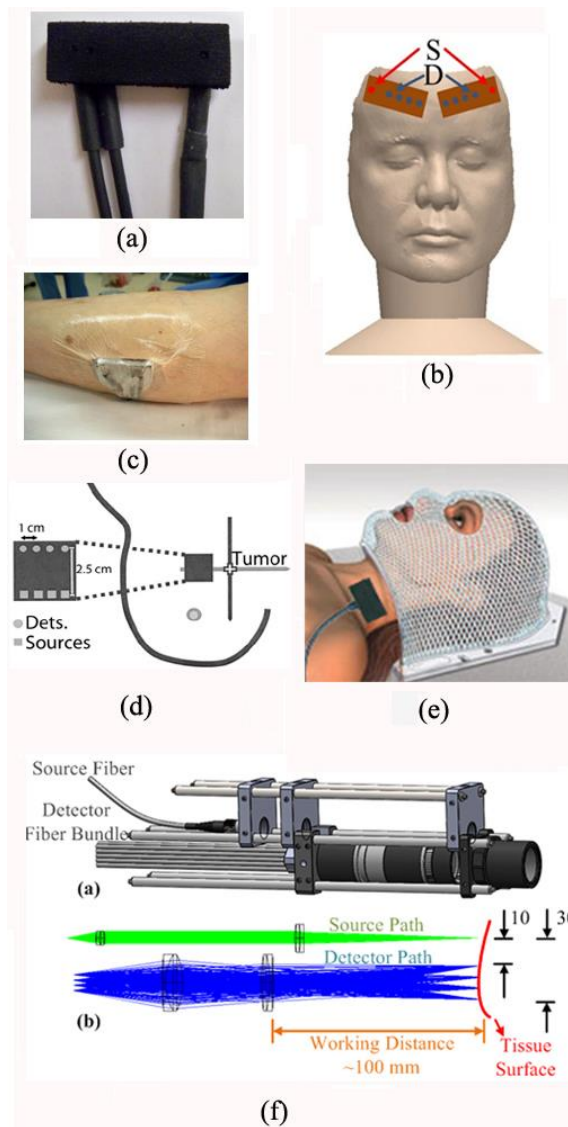


**Fig. 1:** The principle of diffuse correlation spectroscopy (DCS) for blood flow measurements in deep/thick tissues. (a) Source and detector fibers are placed on the tissue surface within a distance of  $r$  for light delivery and collection; (b) Light intensity  $I(t)$ , detected by the APD, fluctuates with time due to the motions of RBCs; (c) Blood flow change can be quantified from the shift of temporal electric field autocorrelation function curves.

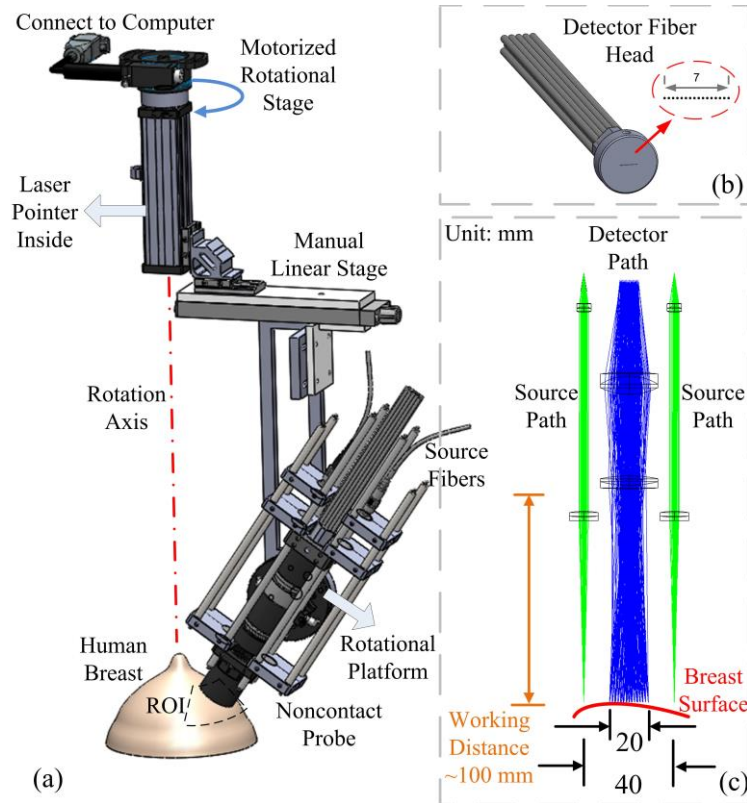


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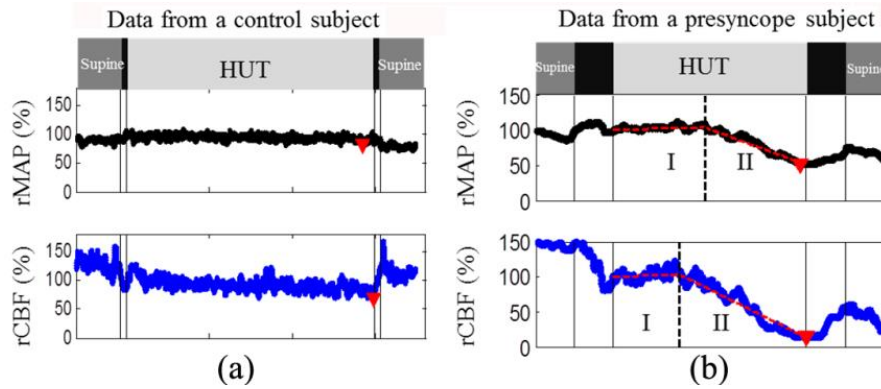
**Fig. 2:** The schematic diagram (a) and instrument photos of typical DCS (b) and DCT (c) systems.



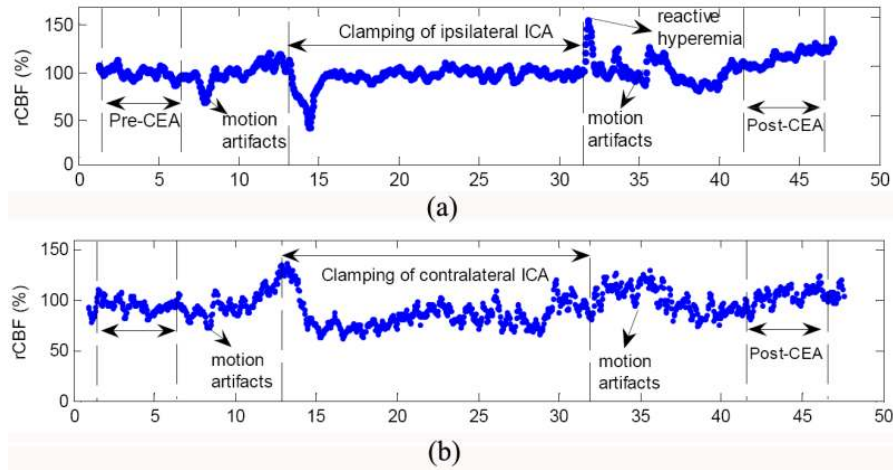
**Fig. 3:** A variety of optical probes for DCS/DCT measurements. (a) A typical DCS probe consisting of source and detector fibers; (b) Two DCS probes taped on both sides of a frontal head for cerebral blood flow measurements; (c) A DCS probe taped on top of the calf muscle; (d) A hand-held DCS probe scanning over a breast tumor; (e) A DCS probe placed on top of the head/neck tumor; (f) A noncontact DCS probe with lens system focusing the source and detectors on the surface of tissue. Some of the figures are reproduced from the subfigures in the references (Huang *et al.*, 2015c; Durduran *et al.*, 2005)



**Fig. 4:** A noncontact DCT probe with rotational scanning system. (a) Noncontact DCT probe head was scanned over a region of interest (ROI) on the breast by a motorized rotational stage, (b) A linear array of single-mode detector fibers, (c) Source and detector fibers were projected on the breast surface using achromatic lenses; two source paths were attached to the sides of the detector path. This figure is reproduced from Fig. 1 in the reference (Huang *et al.*, 2015b).

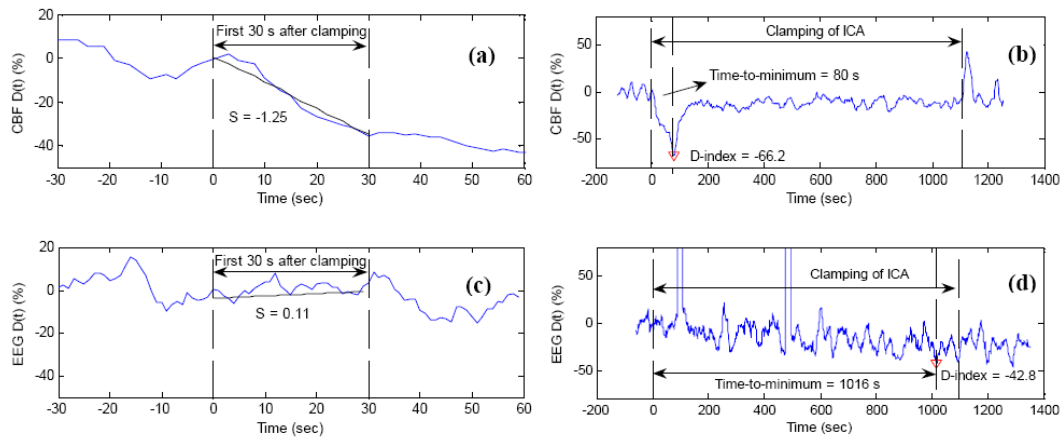


**Fig. 5.** Relative changes in mean artery blood pressure (rMAP) and cerebral blood flow (rCBF) from a control subject **(a)** and a presyncope subject **(b)** during Head-Up-Tilting (HUT). The solid vertical lines indicate the beginning or ending of tilting up and tilting down. The triangles indicate the minima of rMAP and rCBF during HUT. The two connected dashed lines on top of the raw data **(b)** demonstrate the two-line fitting results. The dashed vertical lines indicate the break-points separating Stage I and Stage II. This figure is reproduced from the subfigures of Fig. 1 in the reference (Cheng *et al.*, 2014).

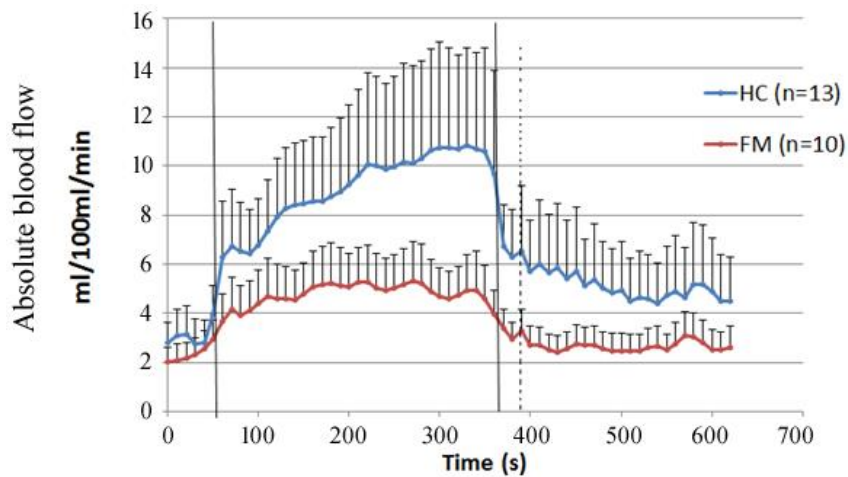


**Fig. 6.** Typical relative changes in cerebral blood flow (rCBF) **(a)** at the surgical side (ipsilateral) and **(b)** at the nonsurgical side (contralateral). This figure is reproduced from subfigures of Fig. 2 in the reference (Shang *et al.*, 2011b).

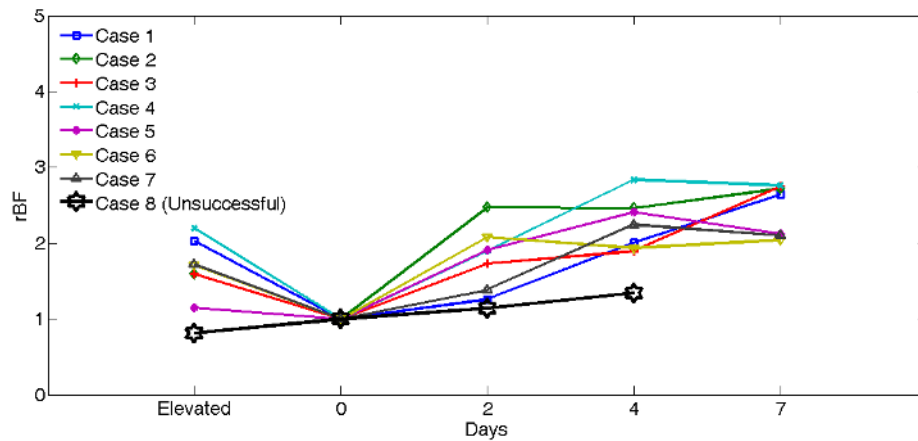




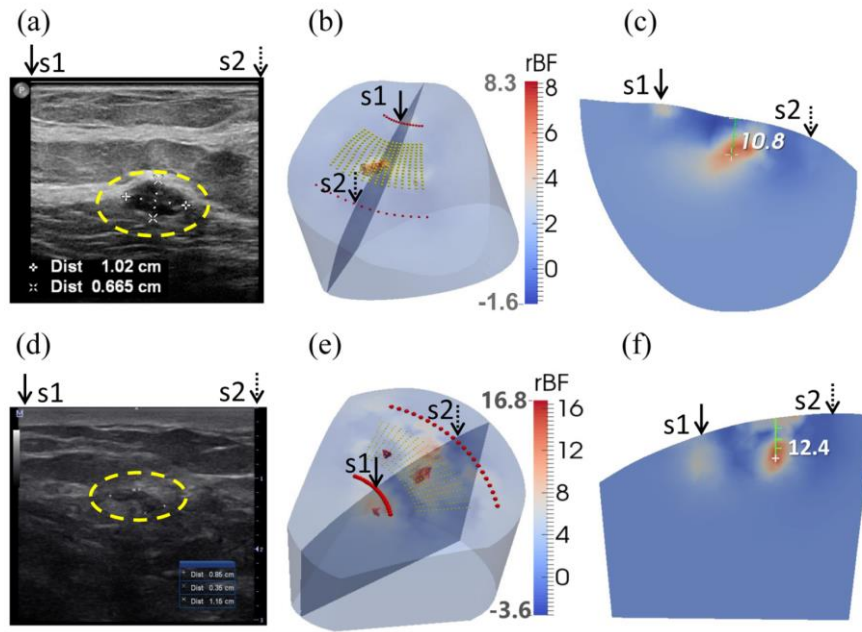
**Fig. 7:** Comparison of DCS and EEG measurement results in a typical patient during carotid endarterectomy (CEA) when the internal carotid artery (ICA) was temporarily clamped. The resulted ischemic status by the ICA clamping was characterized by the slope ( $S$ ),  $D$ -index, and time-to-minimum for both CBF (top panel) and EEG (bottom panel) at the surgical side. Here the slope ( $S$ ) is the decreasing rate of variable  $D(t)$  during the first 30-second clamping period, and  $D(t)$  represents the percentage change of variable (CBF or EEG spectral power) at time  $t$ , when compared to pre-clamping baseline. The minimum of  $D(t)$  during the entire period of clamping is defined as  $D$ -index, representing the most severe cerebral hypoperfusion during ICA clamping. The period from the beginning of clamping to the time of  $D(t)$  attaining its minimum ( $D$ -index) is defined as time-to-minimum. The large negative CBF slope ( $S = -1.25$ ) during the first 30-second clamping period indicates the rapid CBF decrease due to ICA clamping (a). The time duration of CBF decrease and maximal CBF decrease during the entire clamping period were characterized by time-to-minimum (80 s) and  $D$ -index (-66.2%), respectively (b). By contrast, the EEG power changes were small and slow ( $S = 0.11$ ) (c), and reached its minimum ( $D$ -index = -42.8%) in a long period of time (time-to-minimum = 1016 s) (d). This figure is reproduced from Fig. 4 in the reference (Shang *et al.*, 2011b).



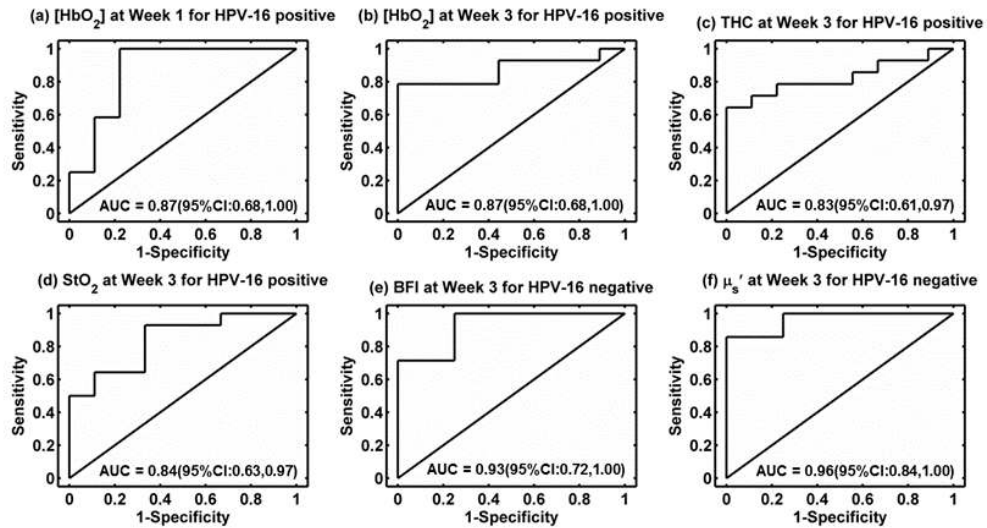
**Fig. 8:** Average absolute blood flow responses to handgrip exercise in 10 subjects with fibromyalgia (FM) and 13 age-matched healthy controls (HC). The vertical lines indicate the beginning and end of exercise. Average pre-exercise blood flow value, determined as the average of data points 30 s before the onset of exercise, was  $3.19 \pm 1.03$  ml/100 ml/min for the healthy subjects and  $2.63 \pm 0.71$  ml/100 ml/min for the FM subjects ( $p = 0.444$ ). Plateau blood flow value, determined as the average of points 30 s before the end of exercise was  $10.71 \pm 3.91$  ml/100 ml/min for healthy subjects and  $4.83 \pm 1.42$  ml/100 ml/min for FM subjects ( $p = 0.018$ ).



**Fig. 9:** Comparison of rBF changes between seven successful and one unsuccessful flaps. The rBF values over the seven successful cases (Cases 1 to 8) during operation and on postoperative days 2, 4, 7 are presented individually. rBF from the unsuccessful flap case (Case 8) was measured at the time of flap elevation and on postoperative days 2 and 4. The data from the unsuccessful case (Case 8) at Day 7 are not available due to the subsequent re-flap before that day. This figure is reproduced from Fig. 6 in the reference (Huang *et al.*, 2015c).



**Fig. 10:** Clinical examples of two low-grade carcinomas in situ. (a) Ultrasound image of breast with a tumor (inside the yellow dashed circle) in the first patient. The tumor mass center is located at 19.2 mm beneath the skin surface. (d) Ultrasound image of breast with a tumor (inside the yellow dashed circle) in the second patient. The tumor mass center is located at 13.3 mm beneath the skin surface. (b) and (e) show the reconstructed 3-D tumor blood flow contrasts imaged by the ncDCT in the first and second patients, respectively. For the comparison of ultrasound and ncDCT results, an ultrasound imaging plane along the transducer line and across the overlapped two specific light sources (S1 and S2) of ncDCT (see Fig. 4) is presented in the 3-D reconstructed image. The backgrounds are presented with 30% transparency of the original color clarity. (c) and (f) show the cross-section views through the reconstructed tumor centers, which can be directly compared to the 2-D ultrasound tumor images [(a) and (d)], respectively. This figure is reproduced from Fig. 8 in the reference (He *et al.*, 2015).



**Fig. 11:** Receiver operating characteristic curves (ROC) and the associated areas under the curve (AUC) for discriminating tumors with incomplete response (IR) or complete response (CR). (a, b) [HbO<sub>2</sub>] at Week 1 and Week 3 in HPV-16 positive patients, (c) THC at Week 3 in HPV-16 positive patients, (d) StO<sub>2</sub> at Week 3 in HPV-16 positive patients, (e) BFI in HPV-16 negative patients at Week 3, and (f)  $\mu_s'$  in HPV-16 negative patients at Week 3. This figure is reproduced from Fig. 5 in the reference (Dong *et al.*, 2016).