



CLINICAL IMPACT AND PROGNOSTIC VALUE OF TUMOR INFILTRATING LYMPHOCYTES IN ESOPHAGEAL SQUAMOUS CELL CARCINOMA

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ABSTRACT

Background: Esophageal Squamous cell carcinoma is the most prevalent type of Esophageal cancer in the world. The presence of Tumour infiltrating lymphocytes indicates a good prognosis of the cancer and this may suggest a good response to immunotherapy. Numerous immunological inhibitors have been developed to treat a variety of cancers; however, the role of Tumour Infiltrating Lymphocytes in Esophageal Squamous Cell Carcinoma has not been substantiated with proper evidence. **Methodology:** The study enrolled 27 patients of Esophageal Squamous Cell Carcinoma between the years 2014-2019. The evaluation was based on the criteria laid down by the International Tumour Infiltrating Lymphocytes Working Group 2014 and scoring of the same was done in 400x field and were reported. **Results:** A total of 27 cases were studied, of which 17 were males and 10 were females. The commonest age group was 60-70 years. 22 cases had tumours sized between 3-7cm. Tumour grading of pT1 was seen in 1 case, grading of pT2 in 10 cases and pT3 in 16 cases. Tumour Infiltrating Lymphocytes were scored based on the standard scoring system, and the results showed that 3 cases were of Score 0, 14 cases of Score 1, 4 cases of Score 2, and 6 cases of Score 3. **Conclusion:** The commonest score of 1 was seen in 51.8% of the cases and that of score 3 was seen in 22.22% of the cases. Tumour Infiltrating Lymphocytes can hence serve as a predictor for good prognosis of Esophageal Squamous Cell Carcinoma following surgery or radiotherapy/chemotherapy.

KEYWORDS : Tumor Infiltrating Lymphocytes, Tumor immunomarker, Esophageal Squamous Cell Carcinoma, Prognosis

INTRODUCTION:

Esophageal carcinoma refers to malignancies associated with the esophagus, that runs from the pharynx to the stomach (1). It is the sixth most common cause of death due to cancer worldwide (2). Esophageal carcinoma can be subcategorized into two main sub-types, namely, Esophageal Squamous Cell Carcinoma (ESCC) and Esophageal Adenocarcinoma (EAC) (1).

Esophageal Squamous Cell Carcinoma arises from the epithelial cells of the esophagus (3). It is one of the malignancies associated with poor prognosis, mainly due to delay in diagnosis as well as its tendency to metastasize (4). The commonest age of onset is over 60 and is more frequently seen in males (1). The most attributing etiological factors seem to be cigarette smoking and alcohol abuse, frequent consumption of hot drinks, not having a proper nutritious diet, and chewing of betel nut (5,6). There is an evident inclination of ESCC to other disorders of the esophagus, such as idiopathic achalasia, where patients with achalasia have an increased risk, as much as 50 times, of developing ESCC than the general population (7).

Suspicion of ESCC usually arises based on the symptoms presented by the patient, such as dysphagia, loss of weight, odynophagia, cough, hoarseness of voice and chest pain; along with the age and sex of the patient (8). The diagnosis of ESCC is solely based on endoscopy and biopsy (9).

Treatment of ESCC is based on age of the patient, stage of the tumor, location of the lesion, presence of other co-morbidities in the patient, as well as individual choices (9). Endoscopic, surgical resection as well as chemoradiation have helped in the reduction of the mortality rate associated with ESCC (10).

Tumour infiltrating lymphocytes (TILs) are immune cells (T cells and B cells) that migrate towards tumors and are

implicated in killing them (11). They are found floating around the tumor cells without actually penetrating them. Their abundance depends on the type and stage of the tumor (12, 13). A higher number of TILs in a tumor, specifically CD3+ T cells, indicates better survival in patients with ESCC (14) (15). ESCC is often associated with loco regional recurrence and extensive metastasis which leads to poor prognosis with a five-year survival rate of about 15% (16). Hence, there is a dire need to study the various immunological inhibitors of the disease, such as TILs, that could serve as prognostic factors as well.

MATERIALS AND METHODS:

In this study, data were collected between the years 2014 and 2019 in the Department of Pathology in Sri Ramachandra Institute of Higher Education and Research. A total of 27 cases were studied.

The evaluation was based on the criteria laid down by the International Tumour Infiltrating Lymphocytes Working Group 2014 (17). It is believed that this standardized scoring system could be a universal guideline for research involving the role of TILs in various cancers and could be integrated into routine diagnostic modalities in the future (18,19,20).

TABLE 1: GUIDELINE FOR TIL SCORING

1. TILs should be evaluated within the borders of the invasive tumour.
2. TILs should be reported for the stromal compartment in the area occupied by mononuclear inflammatory cells over total intra-tumoral stromal area.
3. Exclude TILs outside of the tumour border.
4. Exclude TILs in tumour zones with crush artifacts, necrosis and areas of hyalinization.
5. All mononuclear cells (including lymphocytes and plasma cells) should be scored, but polymorphonuclear leukocytes are excluded.

- 6. Full sections are preferred over biopsies whenever possible. One section (4–5 μm, magnification ×200–400) per patient is currently considered to be sufficient.
- 7. The percentage of stromal TILs is a semi-quantitative parameter for this assessment, for example, 80% stromal TILs means that 80% of the stromal area shows a dense mononuclear infiltrate.

The scoring of lymphocytes was done in 400x field as follows:

- Score 0- No infiltrating lymphocytes were seen
- Score 1- Mild increase in infiltrating lymphocytes observed in the tumor nest or stroma
- Score 2- Increase in infiltrating lymphocytes interwoven with the tumor tissue
- Score 3- Prominent infiltrating lymphocytes seen incorporated in the tumor tissue.

RESULTS

27 patients were studied, of which 17 were males (63%) and 10 were females (37%). The commonest age group was 60-70 years (12 cases- 44.4%). 22 cases had tumors sized between 3-7cm (81.4%). Tumour stage of pT1 was seen in 1 case (0.03%), pT2 was seen in 10 cases (37.03%) and pT3 in 16 cases (59.25%). The tumor was commonly seen in the distal esophagus of the specimen obtained from esophagectomy.

TILs were then assessed using H&E slides of the specimens mentioned above and scored based on the standard scoring system (Image 1). The results showed the 11.11% of the cases were of score 0 with no infiltrating lymphocytes, 51.8% were of score 1 with a few lymphocytes seen in the tumor nest or stroma, 14.8% were of score 2 with lymphocytes interwoven with the tumor tissues and 22.22% were of score 3 with high numbers of lymphocytes incorporated into the tumor tissues.

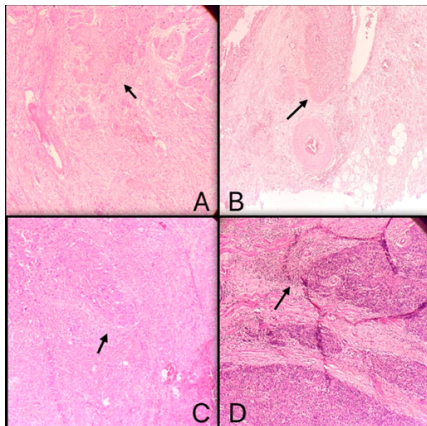


IMAGE 1: H&E slides in 200X magnification (A- Score 0, B- Score 1, C- Score 2, D- Score 3)

DISCUSSION:

Specimens of esophageal carcinoma were obtained and H&E slides were prepared and TILs were analyzed and scored to see if they can provide a prognostic tool for ESCC. Statistical analysis according to Cramer's V technique was done to find the correlation between the two variables, which was based on the Chi-square exact test that helped assess the independence between the two variables (21).

This study incorporated 27 patients, with a male predominance of 17 cases, which was in concordance to the results that were obtained by Chu Y, Liao J, Li J, et al (22), which further advocates that males have a higher incidence of developing ESCC (1).

The mean age seen in this study was the age group of 60-70, that is similar to the epidemiological studies reported by

Jiang, D. et al, where the mean age was 62 (37-83 years) within a sample size of 235 (23). This is in concordance with the fact that ESCC occurs in patients over the age of 60 (1).

The tumor grading that was commonly seen was pT3 in 16 out of the 27 cases, which was comparable to the findings seen by Chen K, Zhu Z, Zhang N, et al, where stage 3 tumor (scored according to the 7th IUCC/AJCC staging system) was prominently seen in 273 out of 536 patients (50.9%) (24), which further confirms that ESCC is usually asymptomatic in the early stages and is only diagnosed at later stages.

A high TIL score was mainly seen in males in comparison to females, which was in accordance with the results reported by Chu Y, Liao J, Li J, et al (22). However, this finding is contrary to that laid out by Noble F, Mellows T, McCormick Matthews LH, et al, that showed a female predominance in the presence of higher score TILs in Esophageal Adenocarcinoma (25).

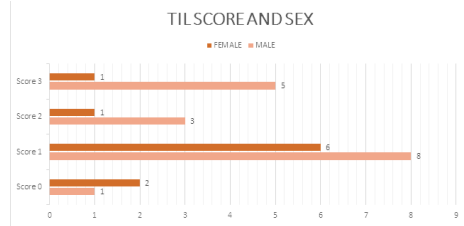


IMAGE 2: COMPARISON BETWEEN TIL SCORE AND SEX

The correlation between TIL SCORE AND SEX is 0.313 P value is 0.448

Furthermore, in TIL Score 1, 2 and 3, the odds of a patient being male is high. This observation is tabulated in Table 2.

TABLE 2: ODDS RATIO FOR TIL SCORE AND SEX

TIL SCORE	MALE	FEMALE	ODDS FOR MALE	ODDS FOR FEMALE
0	1	2	0.5	2
1	8	6	1.333333333	0.75
2	3	1	3	0.333333333
3	5	1	5	0.2

Additionally, on comparing the TIL score with the stage of the tumour, it was observed that a TIL score of 3 was mainly seen in T3 stage of the tumour, which tells us that higher grade tumours have higher concentration of TILs. This finding was in concordance to the results reported by Chu Y, Liao J, Li J, et al (22).

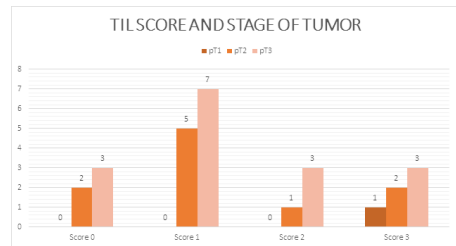


IMAGE 3: COMPARISON BETWEEN TIL SCORE AND STAGE OF TUMOR

The correlation between TIL SCORE AND STAGE OF TUMOR is 0.272

P value is 0.674

On comparing the TIL score with the age of the patients, this study showed that a high TIL score of 3 was seen in 6 cases belonging to the age group of 51-70. This was in accordance with the results reported by Chu Y, Liao J, Li J, et al (22).

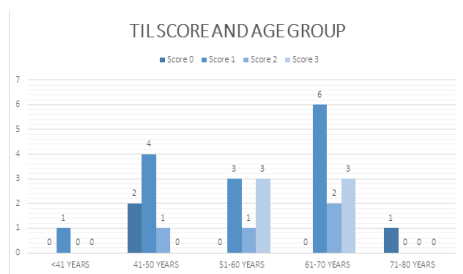


IMAGE 4: COMPARISON BETWEEN TIL SCORE AND AGE GROUP

The correlation between TIL SCORE AND AGE GROUP is 0.446

P value is 0.185

Since the P-value is greater than 0.05 in all the parameters, there is no significant relationship between TIL Score and Sex, Age group and Tumor Stage. This could probably be due to the small sample size of 27 patients.

Furthermore, studies show that generalized infiltration of TILs in an entire tumor mass shows a better clinical outcome compared to those with minimal or no infiltrating lymphocytes. This observation was seen in the hypothesis laid down by Hendry S, Salgado R, Gevaert T, et al, that stated that dense lymphocytic infiltration correlates with better clinical outcomes in breast carcinoma (26). Moreover, the location and extent of infiltration play an important role in determining the prognostic value of TILs in solid tumors (4). A study by Yu X, Zhang Z, Wang Z, Wu P, Qiu F, Huang J, showed that analyzing the spatial orientation of the TILs in a tumor mass would further help understand the predictive value of TILs as prognostic biomarkers in breast cancer (27). Furthermore, various subpopulations of TILs and their local density in a primary tumor would also affect the analysis of these immune cells as a prognostic biomarker (28). Studies by Matsutani S, Shibutani M, Maeda K, et al and Hao J, Li M, Zhang T, et al, suggest that the density of TILs, irrespective of their location, does not confer to a better prognosis of patients with ESCC (29, 30). This could have been due to different methodologies of conducting the experiment. Hence, understanding the mechanism of action of these TILs with the tumor cells is vital.

CONCLUSION:

TILs can be used as a prognostic factor to evaluate better clinical outcome in patients with ESCC in the future with a better understanding of their mode of action, in addition to analyzing more studies using homogenous groups of patients having similar tumor details like size, location, and stage, along with comparable treatment modalities.

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FOOTNOTE:

CONFLICTS OF INTEREST:

Conflicts of Interest: All authors have completed the ICMJE uniform disclosure form. The authors have no conflicts of interest to declare.

ETHICAL STATEMENT:

Ethical clearance for this research was obtained (REF: CSP/20/AUG/COVID/02) from the 'ETHICS COMMITTEE FOR STUDENTS PROJECTS' of Sri Ramachandra Institute of Higher Education and Research, Chennai, India.

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