

## CLINICAL VALUE OF THYMIDINE KINASE AND TISSUE POLYPEPTIDE SPECIFIC ANTIGEN IN BREAST CANCER

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### SUMMARY

Thymidine kinase (TK) and tissue polypeptide specific antigen (TPS) were determined in breast cancer (BC) patients (n=83), normal healthy women (n=30) and 18 women with different benign mastopathies. Mean serum levels of TK and TPS in BC patients showed significant increases from their corresponding levels in healthy women and those with benign breast diseases. Diagnostic sensitivity of TK and TPS was 47% and 58% respectively at the selected cut-off values 8 U/L for TK and 110 U/L for TPS (96% specificity).

Pre-operative serum levels of TK and TPS showed significant correlation with the stage of disease and with other classical prognostic factors; clinical stage, tumour size, lymph node involvement and distant metastasis.

Nineteen BC patients were followed-up by serial monthly measurements of TK and TPS (4-10 samples). Both markers seemed to be valuable in monitoring drug efficacy. TK and TPS were able to detect systemic recurrence before clinical diagnosis (average 2 months lead time). TPS was greatly affected by liver diseases.

KEY WORDS Thymidine Kinase TPS Breast Cancer

### INTRODUCTION

Thymidine kinase is a cellular enzyme which is involved in the salvage pathway of DNA synthesis. It is activated in the G1/S phase of the cell cycle (Bello, 1974), and its activity has been shown to correlate with proliferative activity of the tumour cells (Gronowitz *et al.*, 1984). Clinical studies have reported elevated serum TK level in hematological tumours (Hagberg *et al.*, 1984) and solid tumours such as prostatic, breast and small cell lung cancers (Hallek *et al.*, 1992).

Tissue polypeptide specific antigen (TPS) was developed to react specifically with the M<sub>3</sub> essential epitope of tissue polypeptide antigen (TPA). It is synthesized during the late S- and G<sub>2</sub> phases of the cell cycle and released immediately after mitosis (Bjorklund and Bjorklund, 1983). It was reported that TPS is closely related to cell proliferation as demonstrated by DNA synthesis and cell viability studies (Madersbacher *et al.*, 1992). However, some authors have demonstrated that TPS is one of the normal basic keratins in the cell and suggest that it has nothing to do with the proliferation rate of the malignant cells (Oehr, 1992). Apart from these conflicting concepts, some clinical investigations

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have established the usefulness of TPA and TPS as markers for the proliferative activity of cancer cells (Van Dalen, 1992; Bremer et al., 1992).

MATERIALS AND METHODS

The present work included 83 women with primary breast cancer (operable n=75 and inoperable n=8), attending the National Cancer Institute. They were categorized as follows:

Category and No.	Menopause		Clinical stage				Tumor size Cm.			Axillary Lymph node		Histological Type			Histological Grade		
	Pre.	Post	I	II	III	IV	≤2	>2-<4	≥4	N-	N+	IDC	LC	M	I	II	III
No.	38	45	4	29	42	8	15	20	40	17	58	65	7	3	11	35	29

IDC: Intraductal carcinoma

LC: Lobular carcinoma

M: Miscellaneous

Preoperative serum samples were withdrawn from them. Nineteen patients were followed-up during hormonal and/or cytostatic chemotherapy by monthly measurement of serum TK, TPS and routine clinical investigation. Samples were taken before each cytostatic dose, Sonography and/or bone scan were done to identify the metastatic deposits. Serum samples were also withdrawn from 18 women with different benign mastopathies and from 30 age-matched normal healthy women as reference controls.

Serum TK was determined by radioenzyme assay reagents, supplied by Sangtec Medical Bromma, Sweden. Sample was added to <sup>125</sup>I labeled substrate, incubated for 4 hours, reaction stopped and phosphorylated reaction product separated. The radioactivity of the separated product as measured is directly proportional to the enzyme in the original sample. Serum TPS was assayed using immunoassay reagents, supplied by BEKI Diagnostics AB, Bromma, Sweden. TPA in the sample was allowed to react with peroxidase-conjugated anti-TPA antibodies (monoclonal) and anti-TPA antibodies (polyclonal) bound to plastic bead. Non-bound peroxidase anti-TPA antibodies were removed by washing the bead. O-phenylenediamine was added to the bead as a substrate for peroxidase enzyme. The reaction was stopped after an appropriate incubation time. The intensity of the developed colour is proportional to TPS in the original serum sample.

RESULTS

Mean serum level TK and TPS showed significant increases from the corresponding levels for the normal healthy women and benign breast disease patients, (Table 1). Cut-off values of both markers were calculated as  $\bar{x} \pm 2S.D.$  of the means for the non-cancer group (normal + benign disease, n=48). It was 8 U/L for TK and 110 U/L for TPS. Sensitivity at that level was 47% for TK, 58% for TPS and 63% for combined markers.

Significant correlations were found between marker levels and certain prognostic factors, (table 2), but not with menstrual status, histological type and grade of tumour.

Table 1. Serum TK and TPS in normal control, patients with benign mastopathies and breast cancer patients.

Groups	Markers	TK	U/L	TPS	U/L
Normal (n=30)	mean $\pm$ SEM.	2.8 $\pm$ 0.4		54 $\pm$ 5.5	
Benign (n=18)	mean $\pm$ SEM.	2.7 $\pm$ 0.6		58 $\pm$ 6.2	
Non-Metastatic Breast Cancer (n=75)	mean $\pm$ SEM.	12.1* $\pm$ 1.3		180* $\pm$ 16	
Metastatic Breast Cancer (n=8)	mean $\pm$ SEM.	39.7* $\pm$ 5.1		877* $\pm$ 206	

\* Significant difference from normal and/or benign group at  $P < 0.01$

Table 2. Serum TK and TPS in the different stages of breast cancer patients.

Prognostic Factors	Clinical stage		Tumor size		Axillary Lymph node		Distant Metastasis		
	I+II n=33	III n=42	$\leq 2$ cm n=15	$\geq 4$ cm n=40	N- n=17	N+ n=58	MO n=75	M1 n=8	
Markers									
mean	8.3	15.2*	6.5	18.7*	6.1	17.2*	12.1	39.7*	
TK									
U/L	$\pm$ SEM.	0.8	1.4	0.8	1.7	0.7	1.6	1.3	5.1
TPS									
mean	86	233*	69	224*	82	311*	180	877*	
U/L	$\pm$ SEM.	9	22	7	21	10	29	16	206

\* Significant difference from the corresponding stage at  $P < 0.01$

Serum TK level reacted faster than TPS to radical mastectomy. Mean serum TK  $\pm$  S.E.M. level showed a significant decrease shortly after surgery ( $7.7 \pm 1.0$  U/L), while a slight (insignificant) decrease of mean serum TPS level ( $156 \pm 15$  U/L) was observed at this period (4–7 days).

Four months after radical mastectomy, two patients without evidence of metastasis showed dramatic increases in TPS level ( $>2000$  U/l). Investigations confirmed viral hepatitis in both patients as the probable cause.

Post-operatively the BC patients who were considered to be free of disease, showed a consistent decrease (see case 1) or fluctuation of TK and TPS levels below their cut-off values. A consistently raised TPS level above its reference range was shown in chronic bilharzial women without evidence of breast cancer.

The BC patients who developed metastasis post-operatively (n=7), showed an upward trend of both TK and TPS levels (6/7) with two months as the average lead-time (see case 2).

Bone metastasis was detected in case 3 one month after surgery. On applying Tamoxifen therapy both marker levels were normalized after two months with evident regression of disease. Case 4 was treated with CMF cytotoxic combination for 5 courses. During this period both markers remained above their reference range. Assessment of the patient showed progression of disease without any response to the treatment.

## DISCUSSION

Serum TK and TPS were assayed separately in different studies to measure the proliferation rate of tumour and change in tumour burden. Their mean levels in BC patients showed a significant increase as compared to normal control or benign disease patients (Robertson *et al.*, 1990; Oehr *et al.*, 1992; Marino *et al.*, 1992; Galloux *et al.*, 1988; Spyrtos *et al.* 1992; McKenna *et al.*, 1988). This finding is confirmed in the present work. Diagnostic sensitivities of TK and TPS were 47% and 58% respectively. The observed sensitivity of TPS, was very close to that obtained by Oehr *et al.* (1992) (51%) and Marino *et al.* (1992) (47%). It is obvious that these markers are too non-specific to be considered as diagnostic tools for breast cancer. However, both parameters showed significant correlation with factors known to be valuable in prognosis such as clinical stage, pathological tumour size and number of invaded axillary lymph nodes. Galloux *et al.* (1988) and Spyrtos *et al.* (1992) have found that TK activity is significantly related to the disease free survival in node negative BC patients. McKenna *et al.* (1988) have reported that pre-operative serum TK level can reflect the stage of breast cancer.

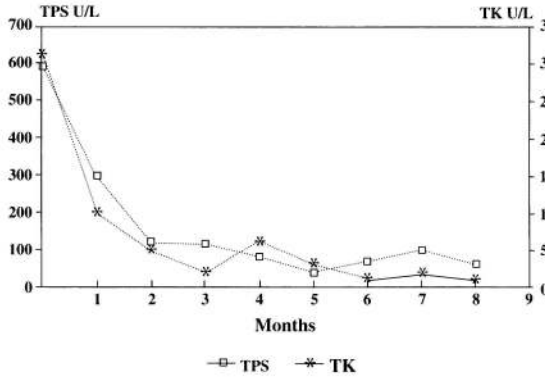
Van Dalen (1992) also have found a good correlation between serum TPS and stage of disease. In the present work, no correlation of either TK or TPS level to menstrual status, histological type and grade of tumour were observed.

Liu *et al.* (1992) have found no correlation between TPS stainability and histological grade of breast cancer.

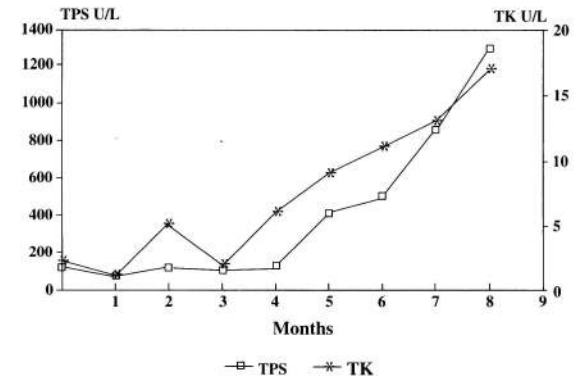
Serum TK seems to react faster to radical mastectomy than TPS; the immediate post-operative level of the latter was not significantly changed from the pre-operative one. The short biological half life of TK (2.5 days) (Gronowitz and Küllander, 1984) may be responsible for this difference in response to radical mastectomy.

The present findings emphasize the close relationship between TPS level and liver function. TPS is excreted mainly through the biliary system and to lesser extent via the kidneys. This fact could explain the dramatic increase of TPS level in patients with acute viral hepatitis or chronic bilharziasis. Elevated TPS level was also found in steatosis hepatis, alcohol abuse, chronic and acute hepatitis (Bremer *et al.*, 1992).

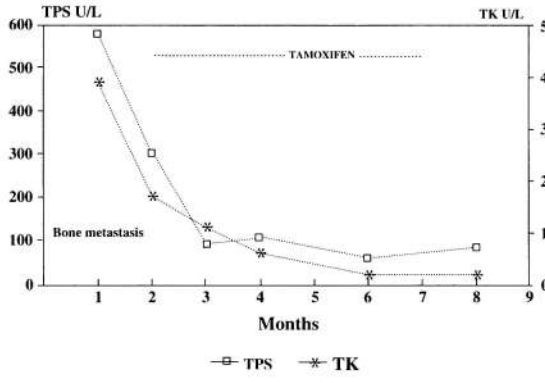
In the present work, serum TK and TPS levels showed a good sensitivity for detection of systemic metastasis in six out of seven patients (85%) with average lead-time 2 months before clinical diagnosis. Other investigators have found 90% sensitivity for



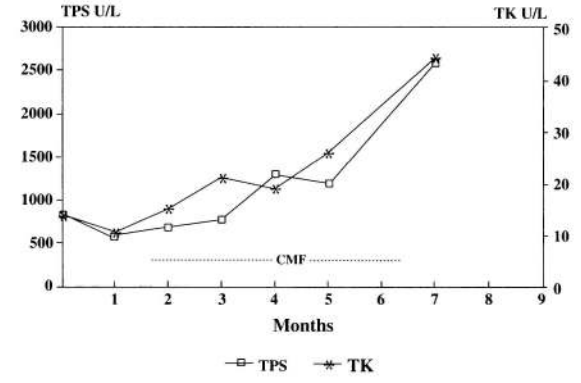
Case No. 1



Case No. 2



Case no. 3



Case No. 4

TPS (Van Dalen, 1992) and 100% for TK (Robertson *et al.*, (1990) in detecting metastatic spread.

In the present findings, both serum markers showed significant changes parallel to regression or progression of disease on therapy. These results have confirmed the findings of other workers about the role of TPS and TK in therapeutic monitoring (Bremer *et al.*, 1992; Robertson *et al.*, 1990; Marino *et al.*, 1992).

In conclusion, serum TK and TPS have low diagnostic sensitivity for primary breast cancer. However, their serial determination after mastectomy can detect systemic recurrence. Preoperative serum TK and TPS levels may have prognostic value. Both markers could be used in assessment of therapeutic efficacy. Finally, the presence of liver disease should be considered when interpreting TPS level.

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