

Combined Treatment of Heterocyclic Analogues and Benznidazole upon *Trypanosoma cruzi In Vivo*

Denise da Gama Jaén Batista¹, Marcos Meuser Batista¹, Gabriel Melo de Oliveira¹, Constança Carvalho Britto², Ana Carolina Mondaine Rodrigues², Chad E. Stephens³, David W. Boykin⁴, Maria de Nazaré Correia Soeiro¹*

1 Laboratório de Biologia Celular, Fundação Oswaldo Cruz-Instituto Oswaldo Cruz, Rio de Janeiro, Brazil, 2 Laboratório de Biologia Molecular e Doenças Endêmicas, Fundação Oswaldo Cruz-Instituto Oswaldo Cruz, Rio de Janeiro, Brazil, 3 Department of Chemistry and Physics, Augusta State University, Augusta, Georgia, United States of America, 4 Department of Chemistry, Georgia State University, Atlanta, Georgia, United States of America

Abstract

Chagas disease caused by *Trypanosoma cruzi* is an important cause of mortality and morbidity in Latin America but no vaccines or safe chemotherapeutic agents are available. Combined therapy is envisioned as an ideal approach since it may enhance efficacy by acting upon different cellular targets, may reduce toxicity and minimize the risk of drug resistance. Therefore, we investigated the activity of benznidazole (Bz) in combination with the diamidine prodrug DB289 and in combination with the arylimidamide DB766 upon *T. cruzi* infection *in vivo*. The oral treatment of *T.cruzi*-infected mice with DB289 and Benznidazole (Bz) alone reduced the number of circulating parasites compared with untreated mice by about 70% and 90%, respectively. However, the combination of these two compounds decreased the parasitemia by 99% and protected against animal mortality by 100%, but without providing a parasitological cure. When Bz (p.o) was combined with DB766 (via ip route), at least a 99.5% decrease in parasitemia levels was observed. DB766+Bz also provided 100% protection against mice mortality while Bz alone provided about 87% protection. This combined therapy also reduced the tissular lesions induced by *T. cruzi* infection: Bz alone reduced GPT and CK plasma levels by about 12% and 78% compared to untreated mice group, the combination of Bz with DB766 resulted in a reduction of GPT and CK plasma levels of 56% and 91%. Cure assessment through hemocultive and PCR approaches showed that Bz did not provide a parasitological cure, however, DB766 alone or associated with Bz cured ≥13% of surviving animals.

Citation: Batista DdGJ, Batista MM, Oliveira GMd, Britto CC, Rodrigues ACM, et al. (2011) Combined Treatment of Heterocyclic Analogues and Benznidazole upon Trypanosoma cruzi In Vivo. PLoS ONE 6(7): e22155. doi:10.1371/journal.pone.0022155

Editor: Silvia N. Moreno, Univ. Georgia, United States of America

Received December 14, 2010; Accepted June 16, 2011; Published July 26, 2011

This is an open-access article, free of all copyright, and may be freely reproduced, distributed, transmitted, modified, built upon, or otherwise used by anyone for any lawful purpose. The work is made available under the Creative Commons CCO public domain dedication.

Funding: The present study was supported by grants from Fundação Carlos Chagas Filho de Amparo a Pesquisa do Estado do Rio de Janeiro (FAPERJ-APQ1 and Pensa Rio), Conselho Nacional Desenvolvimento Científico e Tecnológico (CNPq), PAPES V/Fundação Oswaldo Cruz (FIOCRUZ) (403451/2008-6) and the Consortium for Parasitic Drug Development (CPDD). Funding to DWB by the Bill and Melinda Gates Foundation is gratefully acknowledged. The funders had no role in study design, data collection and analysis, decision to publish, or preparation of the manuscript.

1

Competing Interests: The authors have declared that no competing interests exist.

* E-mail: soeiro@ioc.fiocruz.bi

Introduction

Discovered by the Brazilian physician Carlos Chagas one century ago, Chagas disease (CD) is a zoonosis caused by kinetoplastid flagellated *Trypanosoma cruzi* [1]. It is well known that CD is an endemic illness in poor areas of 15 developing countries of Latin America, affecting about 12 to 14 million people. Less well known is that CD is becoming a health problem in non-endemic areas such as Europe and United States largely due to the migration of infected people to these regions [2–4]. Due to the lack of an efficient therapy, mainly for chronic chagasic patients, and since it has been considered by many pharmaceutical industries to have limited economical potential, CD has been designated a neglected tropical disease [5].

The main route of transmission of *T. cruzi* infection to humans is through the feces of blood-sucking triatomine insects but other routes also exist including blood transfusion, transplacentally, organ transplantation, laboratory accidents and oral ingestion of contaminated food [6–12]. CD is the leading cause of infectious myocarditis worldwide, which is one of its most serious and

frequent clinical manifestations observed during the chronic phase of the disease that appears in about 20–40% of infected individuals years or decades after the acute infection [13–15]. The available treatment is based on two nitroheterocycles: nifurtimox (4-[(5-nitrofurfurylidene)-amino]-3-methylthio morpholine-1,1-dioxide), a nitrofuran produced only in El Salvador by WHO-Bayer, and benznidazole (*N*-benzyl-2-nitro-1-imidazoleacetamide), a nitroimidazole produced by LAFEPE-Brazil. Both are indicated for the treatment of all acute and early chronic cases, exhibiting about 60–80% efficacy [16]. Nevertheless, neither compound is highly effective against the late chronic phase (about 20% cures), both require long-term therapy in addition to displaying side-effects that can lead to interruption of the treatment. These deficiencies justify the search for new chemotherapeutic options [5,17,18,19].

Many studies have demonstrated the excellent activity of aromatic diamidines (AD), pentamidine and related compounds, against many pathogens, such as bacteria, fungi and protozoa [20]. Although the exact mechanism of action is still not precisely known, it has been proposed that the binding of these cationic molecules in the DNA minor groove, mainly at AT-rich regions,

contributes, at least in part, to their effect upon trypanosomatids [16,21–22]. We have previously reported the *in vitro* and *in vivo* activity of AD and analogues such as arylimidamides (AIA) upon *T.cruzi* [23–26]. A recent study demonstrated that the AIA, DB766 shows superior efficacy than Bz upon different parasite strains, including those naturally resistant to Bz [27].

Combination therapy represents a promising approach for the enhancement of drug efficacy since it (i) allows the use of at least two compounds that may act upon different cellular elements and metabolic pathways (ii) may reduce drug concentrations and number of doses thus contributing to the lowering of toxic effects, and (iii) may minimize the risk of drug resistance [28]. For the reasons stated above, the combination of different trypanocidal compounds merits exploration [16,28–29]. Our present goal is to evaluate *in vivo* the combined effect of Bz with the prodrug DB289 and with the arylimidamide DB766, to determine if a scheme of therapy with these drugs could reduce toxicity and improve efficacy in an animal model for *Trypanosoma cruzi-*infection.

Materials and Methods

Compounds

The aromatic diamidine DB289 (pafuramidine maleate; 2,5-bis[4-(N-methoxyamidino)phenyl]furan monomaleate) and the arylimidamide DB766 (Fig. 1) were synthesized according to methodology previously reported by us [30–32]. A DB289 stock solution was made in a solvent consisting of sterile distilled water (99.4%), Tween 80 (0.1%), and ethanol, which was freshly prepared immediately before use each day. The route of administration used was oral gavage. DB289 and DB766 were dissolved in DMSO and then freshly diluted with sterile distilled water before use by intraperitoneal (ip.) or p.o. routes. The stock solution of Benznidazole (N-benzyl-2-nitroimidazol acetamide, Rochagan, Roche) was prepared in sterile distilled water with

$$H_3CON$$
 NH_2
 NH_2
 NH_2

NH HN NH NH NH

Figure 1. Chemical structures of DB289 (A) and DB766 (B). doi:10.1371/journal.pone.0022155.g001

3%Tween 80, and before use was diluted in sterile distilled water for p.o. administration.

Parasites

Bloodstream trypomastigotes (BT) of the Y strain were used throughout and were harvested by heart puncture from *T. cruzi*-infected Swiss mice on the day of peak parasitemia, as described [33].

Mice infection

Male Swiss mice (20–24 g) were obtained from the animal facilities of the Oswaldo Cruz Foundation (CECAL, Rio de Janeiro, Brazil). Mice were housed at a maximum of 8 per cage and kept in a specific pathogen free (SPF) room at 20–24°C under a 12/12 h light/dark cycle and provided with sterilized water and chow ad *libitum*. The animals were allowed to acclimate for 7 days before starting the experiments. Infection was performed by ip injection of 10⁴ BT. Age-matched non-infected mice were maintained under identical conditions.

Treatment schemes

The animals were divided into the following groups (Table 1): uninfected (non-infected and non-treated); untreated (infected but non-treated); and treated (infected and treated with the different compounds combined or not with Bz) [24–25]. Drug therapy was performed by 20 daily consecutive doses (ip. and p.o., Table 1), starting at the onset of the parasitemia (5 dpi). In all assays, only mice with positive parasitemia were used in the infected groups.

Parasitemia, mortality rates and ponderal curve analysis

The level of parasitemia was checked by the Pizzi–Brener method. Mice were individually checked by direct microscopic counting of parasites in 5 μ L of blood [34]. The mortality rates were checked daily until 60 dpi and expressed as cumulative mortality (% CM). Body weight was evaluated from 0 up to 60 dpi, and expressed as percentage of weight variation [24–25].

Histopathological analysis

At 14 dpi (peak of cardiac parasitism and inflammation in this experimental model as described in de Souza et al., 2006 [24], the heart tissues were removed, cut longitudinally, rinsed in ice-cold phosphate buffered saline (PBS), and fixed in Millonig-Rosman solution (10% formaldehyde in PBS). The tissues were dehydrated and embedded in paraffin. Sections (3 μ m) were then stained with hematoxylin-eosin and analyzed by light microscopy. The number of amastigote nests was determined in at least 60 fields (total magnification, 40×) for each slide. The mean number of amastigotes' nests per field was obtained from at least three mice per group, with three sections from each mouse.

Biochemical analysis

At 14 day post infection (dpi), mice blood was collected and immediately submitted to analysis for biochemical determination of plasma tissular markers including glutamate pyruvate transaminase (GPT) and total creatine kinase (CK) using the Reflotron System (Roche Diagnostics, F. Hoffmann-La Roche Ltd, Basel, Switzerland) [35].

Cure assessment

Cure criteria were based on two parasitological methods: polymerase chain reaction (PCR) and hemoculture assays which detect kDNA minicircle specific sequences or the parasite itself, respectively. Animals presenting negative results by both tests were

В

Table 1. Cure assessment of DB289 and DB766 combined or not with benznidazole (Bz) in murine model of acute *T. cruzi*-infection.¹

Experimental groups	Therapy route (2,3)	Number of surviving/total number of animals	Assays performed after 60 days post treatment	
			Number of negative hemoculture samples/ number of mice	Number of negative blood PCR samples/number of mice
Uninfected		13/13	-	-
Untreated	-	4/15	0/4	0/4
Bz 50 mg/kg/day	p.o.	14/15	11/14	0/14
DB289 25 mg/kg	p.o.	5/6	2/5	0/5
DB289 25 mg/kg+Bz 50 mg/kg	p.o.+p.o.	6/6	1/6	0/6
DB766 50 mg/kg	ip	6/15	0/6	0/6
DB766 50 mg/kg+Bz 50 mg/kg	ip+p.o.	15/15	3/15	2/15
DB766 50 mg/kg	p.o.	3/7	1/3	1/3
DB766 50 mg/kg+Bz 50 mg/kg	p.o.+p.o.	8/8	0/8	0/8

¹Swiss male mice weight 20 to 24 g inoculated with 10⁴ blood trypomastigotes (Y strain).

Treatment was initiated at 5° dpi followed by 20 daily doses.

²Intraperitoneal – ip.

³per oral – p.o.

doi:10.1371/journal.pone.0022155.t001

considered cured. Briefly, after 40 days of drug treatment, about 700 µL of blood were collected from the heart of anesthetized mice and then 500 µL and 200 µL were used for PCR and hemoculture analysis, respectively. For PCR, the blood was diluted in 1:3 volume of guanidine solution (6 M guanidine-HCl/0.2 M EDTA), and heated for 90 s in boiling water in order to cleave the parasite kDNA network [36] and the PCR performed using the primers: (5'AAATAATGTACGGG(T/G)GAGATGCATGA3') and (5'GGTTCGATTGGGGTTGGTGTAATATA3'), which amplify a 330 bp sequence from the kinetoplast DNA (aprox 120 000 copies per parasite), as previously described by Wincker et al. (1994) [37]. The PCR was carried out using a GeneAmp® PCR System 9700 (Applied Biosystems) as follows: one step at 94°C for 3 min (to activate the Taq DNA polymerase), 2 cycles at 98°C for 1 min and 64°C for 2 min, 38 cycles at 94°C for 1 min and 64°C for 1 min, followed by a final extension at 72°C for 10 min. The amplification products were detected on a 1.5% agarose gel electrophoresis following staining with ethidium bromide (5 mg/mL). For hemoculture, 200 µL of blood was added to 5 mL LIT medium and incubated at 28°C for 60 days, being weekly examined by light microscopy to detect epimastigote

All procedures were carried out in accordance with the guidelines established by the FIOCRUZ Committee of Ethics for the Use of Animals (protocol approved - CEUA 0099/01).

Results

Since (i) in a previous study we found that a phenyl-substituted analogue of furamidine gave a trypanocidal effect upon a *T. cruzi* infection *in vivo* [23], and (ii) oral administration of only two doses at onset (5 dpi) and at parasitemia peak (8 dpi) of 25 and 50 mg/kg/day of the furamidine prodrug (DB289) resulted in about a 60% decrease of parasitemia (Fig. 2A), we evaluated the combination of DB289 with Bz to determine if an enhancement of efficacy against the parasite was observed. Our results show that although treatment with 25 mg/kg/day of DB289 or 50 mg/kg/day of Bz, both alone, lowered the parasitemia peak levels by

about 70% and 90%, the combined treatment reduced the number of circulating parasites at 8 dpi by more than 99% (Fig. 2B; Table 2). Mice survival rates of about 85% and 40% were found for DB289 treated and untreated mice groups, respectively. The combination of the prodrug DB289 with Bz resulted in 100% animal survival (Fig. 2C). At three weeks post infection when the highest body weight lose is observed in this *T. cruzi* experimental model [27], both DB289 alone and Bz+DB289 showed considerable lose of mice body weight similar to or even as high as that for the untreated animals (Fig. 2D). At 60 dpi, the group treated with only DB289 still showed high rates of weight loss, even more than the untreated mice group (Fig. 2D). Cure assessment evaluated by both hemoculture and PCR did not reveal a parasitological cure in any mice groups (Table 1).

Since our recent study demonstrated the high efficacy of DB766 upon T. cruzi infection in vivo and in vitro [27], its combination with Bz was evaluated. Using the same therapy scheme as above, we found that the treatment of infected mice with 50 mg/kg/day of Bz or DB766 (ip.) or with DB766 (ip.) plus Bz (50 mg/kg/day each) resulted in decreases in mice parasitemia by about 90%, >96% and 100%, respectively, as compared to the untreated mice group (Fig. 3A, Table 2). The analysis of cumulative mortality revealed that while DB766 treated, Bz treated and untreated groups resulted in 50, 12.5 and 100% of death, the combined therapy of Bz plus DB766 resulted in 100% of protection, avoiding animal death (Fig. 3B). We found at 20 dpi, that the Bz treated and the combined therapy group showed partial restoration of the mice body weight compared to uninfected mice, however, the group treated with DB766 alone displayed even higher body weight loss than that of the untreated mice group (Fig. 3C).

In these experimental groups, at the 14 dpi, we found that the *T. cruzi* infection led to an increase in biochemical markers, resulting in a rise of 2- and 29-fold for GPT and CK levels, respectively (Fig. 3 D–E). Bz treatment alone did not reverse the hepatic damage induced by parasite infection [35], however, DB766 alone or in combination with Bz produced a decrease of about 69% and 57% in GPT levels when compared to untreated control (Fig. 3E). Muscle lesions, as evaluated by CK plasma levels

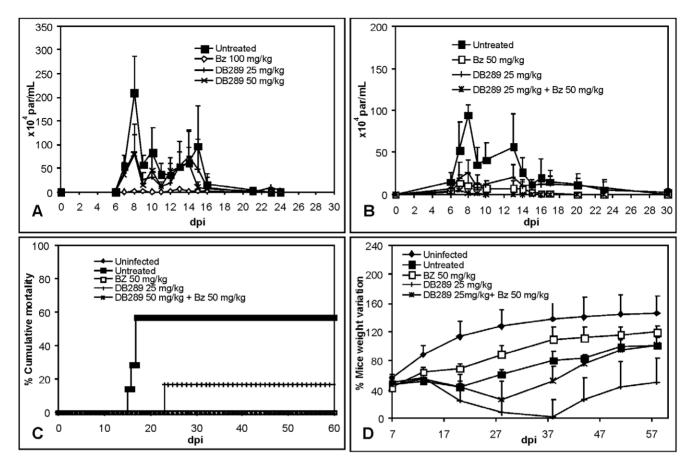


Figure 2. Activity of DB289 alone or in combination with benznidazole (Bz) upon T. cruzi-infection in mice. (A): Parasitemia curve of infected mice that were either not treated or treated at 5 and 8 dpi with 25 and 50 mg/kg/day DB289 and 100 mg/kg/day Bz. (B): Parasitemia curve, (C) Cumulative Mortality and (D) Ponderal Curve of infected mice treated or not for twenty daily doses with 25 mg/kg/day DB289 combined or not with 50 mg/kg/day.

doi:10.1371/journal.pone.0022155.g002

Table 2. Parasitemia peak of T. cruzi-infected mice treated or not with DB289 and DB766 associated or not with Benznidazole (Bz).

Experimental group	Therapy route	Parasitemia peak ($\times 10^4$ par/mL) and (% parasite reduction)
	-	150.98±27.3
Bz 50 mg/kg ¹	p.o.	9.6±10.2 (93%)*
DB766 50 mg/kg ¹	ip	0.9±1.1 (99.4%)*
DB766 50 mg/kg+Bz 50 mg/kg ¹	ip+p.o.	0.0±0.0 (100%)* and **
Untreated ²	-	95±12.8
Bz 50 mg/kg²	p.o.	10.5±14.4 (89%)*
DB766 50 mg/kg ²	p.o.	78±88 (17%)
DB766 50 mg/kg+Bz 50 mg/kg ²	p.o.+p.o.	43.6±31 (54%)*
DB766 50 mg/kg ²	ip	4±3 (96%)*
DB766 50 mg/kg+Bz 50 mg/kg ²	ip+p.o.	0.5±1 (99.5%)* and **
DB289 25 mg/kg ²	p.o.	26.4±14.4 (72%)*
DB289 25 mg/kg+Bz 50 mg/kg ²	p.o.+p.o.	1.2±1 (99%)* and **

¹ and 2=two independent representative studies.

^{**}The double asterisk indicates statistically significant differences (p≤0.05) between the animal group that received the compound alone and in combination with Bz. doi:10.1371/journal.pone.0022155.t002



^{*}The single asterisk indicates statistically significant differences ($p \le 0.05$) between untreated and treated groups.

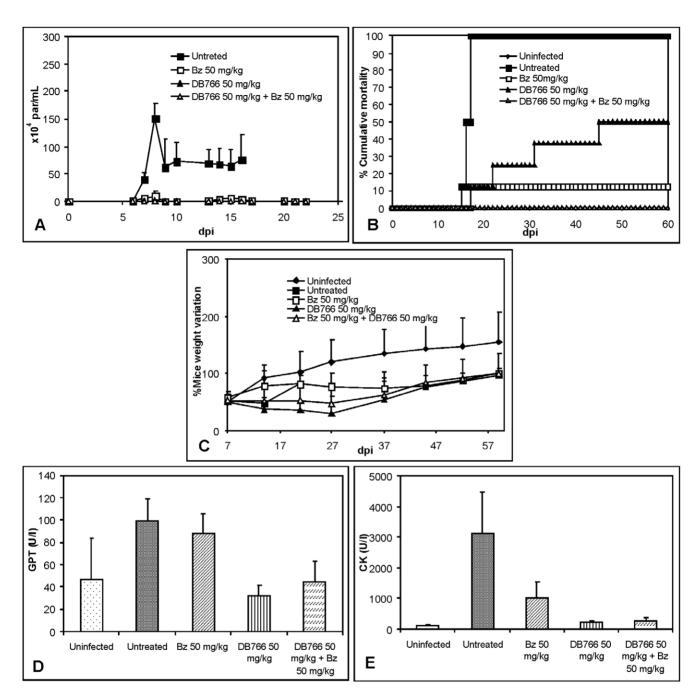
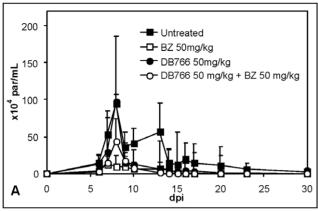


Figure 3. Activity of DB766 (ip.) combined or not with benznidazole (Bz) upon 7. cruzi-infection in mice. (A): Parasitemia curve, (B) Cumulative Mortality and (D) Ponderal Curve of infected mice treated or not for twenty daily doses with 50 mg/kg/day DB766 combined or not with 50 mg/kg/day Bz. Plasma levels of (D) Glutamate pyruvate transaminase (GPT) and of (E) Creatinine kinase (CK) at 14 dpi from uninfected, untreated, DB766, Bz and combined therapy treated mice. doi:10.1371/journal.pone.0022155.q003

were decreased with Bz treatment by about 70%. Treatment with DB766 alone or combined with Bz resulted in reductions greater than 91% when compared to untreated control (Fig. 3D). Histopathological assays confirmed the high efficacy of DB766 combined with Bz which resulted in 100% reduction in cardiac parasitism as compared to untreated animals (data not shown). Cure assessment also revealed that the administration of 50 mg/kg/day DB766 (ip.) plus 50 mg/kg/day Bz (p.o.) resulted in a 13% parasitological cure, as evaluated by both hemocultive and PCR analysis (Table 1).

Since DB766 shows high trypanocidal efficacy against *T. cruzi* in *vivo* on oral administration at 100 mg/kg dose [27], we evaluated another combination dosing regimen using sub-optimum oral doses of both DB766 (50 mg/kg/day by p.o.) and Bz (50 mg/kg/day by p.o.). DB766 (p.o.) alone reduced parasitemia by only about 20% (Fig. 4A) and the mortality rates were reduced by about 25% (data not shown). The administration of Bz plus DB766 (both p.o) decreased the parasitemia by 54% (Fig. 4A, Table 2), and gave a 100% mice survival rate similar to that of Bz alone (data not shown). At 20 dpi, both Bz alone and the



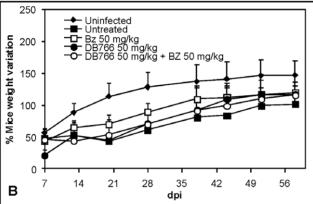


Figure 4. Activity of DB766 (p.o.) combined or not with benznidazole (Bz) upon *T. cruzi*-infection in mice. (A): Parasitemia curve, and (B) Ponderal Curve of infected mice treated or not for twenty daily doses with 50 mg/kg/day DB766 (per oral) combined or not with 50 mg/kg/day Bz. doi:10.1371/journal.pone.0022155.q004

combined therapy provide a partial recovery of mice body weight, however DB766 alone displayed similar body weight loss to that of untreated animals (Fig. 4B). In the oral treatment studies, the only parasitological cure noted by the hemoculture and PCR methods was for the group treated with 50 mg/kg/day DB766 (p.o.) (Table 1).

Discussion

Since the introduction of Nifurtimox and Bz (1960–1970), despite the urgent need for new CD therapies, only allopurinol and a few azoles have moved to clinical trials, possibly due to (i) limited investment in this research field, (ii) an earlier mistaken concept that during the later phase of CD parasitism was absent and thus was not relevant to disease outcome and pathogenesis, and (iii) the absence of universal standardized protocols for drug screening [16]. The current profile for development of new drug candidates for CD includes 1) efficacy against different stocks, 2) efficacy against parasite forms relevant to the infection of mammalian hosts for both the acute and chronic phases, 3) oral administration in a minimum number of doses, 4) reduced toxicity, 5) yield high levels of tissue accumulation and long terminal half lives and 6) low costs [16,39–40].

In this study using a murine model of *T. cruzi* acute infection, the trypanocidal efficacy of pafuramidine (DB289) and the arylimidamide DB766 either alone or in combination with benznidazole was evaluated over a relatively short period of

treatment (20 days) employing both intraperitoneal and oral administration.

Diamidine-containing compounds such as pentamidine and furamidine are DNA minor groove binders with broad-spectrum activity upon different species of human and veterinary pathogens [20]. DB289 is the orally active prodrug of DB75 (furamidine) that exerts microbicidal effects upon different pathogens including Trypanosoma brucei, Pneumocystis jiroveci and Plasmodium falciparum, [41-45]. Interestingly, DB289 showed good oral efficacy in murine models of human African trypanosomes (HAT) suggesting that sufficient quantities are absorbed from the mouse gastrointestinal tract, delivering this dicationic molecule across the gut mucosa [43,46]. Similar to the therapy of HAT [43], oral efficacy is a desirable feature for treatment of CD. However, in contrast to the studies performed with T. brucei [43], DB289 alone was not very effective against T. cruzi. This difference may be due to the fact that in contrast to the African trypanosomes, T. cruzi has intracellular stages living inside the cytoplasm of host cells, which represents an additional obstacle for drug access and delivery. We have found that the combination of Bz with DB289 improved the efficacy of the diamidine by reducing parasitemia and resulted in protection against mortality. In addition, this combined therapy provided a 9-fold enhancement of activity compared to that of Bz alone. Despite showing efficacy in Phase III clinical trials against HAT and initial indications of low toxicity in African, Asian, Caucasian and Hispanic populations, further studies with DB289 revealed considerable side effects leading to its withdrawal from advanced human trials [16,43]. In fact, when higher doses of DB289 (≥100 mg/kg/day) were evaluated against T. cruzi infection in vivo (unpublished data of DGJB), higher numbers of circulating parasites and mortality rates were noticed as compared to untreated mice, perhaps a consequence of compound toxicity.

A previous study by our group demonstrated the beneficial effect of DB766 upon T.cruzi in vivo: a ten-day regimen of treatment reduced both blood and cardiac tissue parasitism, resulting in 90-100% protection against death even with an infection with naturally resistant T. cruzi strain (Colombian) to benznidazole [27]. Also, this AIA ameliorated electric heart alterations and reduced hepatic and heart lesions induced by the parasite infection [27]. Despite the promising trypanocidal effects of this AIA via ip (up to 50 mg/kg/day) and by p.o (100 mg/kg/ day) routes which showed efficacy similar to Bz (100 mg/kg/day), DB766 (as well as Bz) failed to provide a parasitological cure [27]. This result may be a consequence of the highly stringent protocol employed (maximum of 10 days of drug administration). In fact, previous studies performed in T. cruzi-infected murine models with Bz and azoles reported high rates of parasitological cure only when dosing was continued for longer periods (≥40 days) [47–49], which supports using longer periods of therapy for our combination studies.

Our studies show that AIA are more active against *T.cruzi* than diamidine compounds [26,50]. The greater activity may be related to differences in their physical properties since AD are highly basic molecules with pK_a values near 11 while AIA pK_a values are near 7. At physiological pH, AD are protonated and thus cationic molecules while AIA are essentially neutral molecules enabling their passive diffusion through the plasma membranes of both parasites and host cells. This large difference in properties likely affects absorption and distribution and may play an important role in the different activity of these two classes of compounds.

Our data showed that while DB766 alone reduced parasitemia giving a superior result to that of Bz, the combination of Bz and DB766 leads to undetectable parasitism, thus improving the efficacy of both compounds, especially Bz, whose potency was

increased at least 20-fold. The improved activity of the combined therapy may reflect different targets (still incompletely understood for both) and/or effects upon different parasite forms. As reported, intracellular parasites must be considered the main parasite stage for drug targeting in CD since *T. cruzi is* an obligatory intracellular parasite [28].

As previously reported, DB766 displayed oral efficacy against an experimental *T. cruzi* infection when high but non-toxic doses (100 mg/kg/day) are employed [27]. However, when we evaluated the p.o. treatment with Bz and DB766 using sub-effective doses of both compounds (50 mg/kg/day each), the combined therapy only enhanced the activity of the AIA by 1.8 fold. The combined therapy showed a lower effect on parasitemia (but not on mortality rates) as compared to Bz treatment alone, suggesting an antagonistic effect that deserves to be further explored. One out of three surviving mice treated with DB766 by p.o. was cured as assessed by both hemocultive and PCR analysis. Although we did not find a considerable reduction in the mean parasitemia in this mice group, the cured animal was the one that displayed the lowest level of circulating parasitism, reaching undetectable parasitism (by light microscopy counting) after 23 dpi.

Although no visible adverse effects were noticed for DB289 and DB766, when they were used alone, both increased the cachexia induced by the parasite infection. This effect raises the possibility of drug toxicity and/or up-regulation of inflammatory mediator levels such as TNF-alpha that is implicated in loss of mice weight during *T. cruzi* acute infection [51]. Although no detectable acute toxicity was observed in mice treated up to a cumulative dose of 200 mg/kg/day of DB766 [27] and 100 mg/kg/day DB289 [43], and our data showed reduced hepatic and muscle lesions during the treatment of infected mice with DB766, a detailed biochemical and histopathological analysis is needed to clarify this matter.

The measurement of pro and anti-inflammatory cytokines in the plasma of infected and treated mice would contribute to the understanding of the possible role of these mediators upon drug

References

- Chagas C (1909) Nova tripanozomíase humana. Estudos sobre a morfologia e o ciclo evolutivo do Schizotrypanum n.gen, n. sp., agente etiológico de nova entidade mórbida do homem. Mem Inst Oswaldo Cruz 1: 159–118.
- Milei J, Guerri-Guttenberg RA, Grana DR, Storino R (2009) Prognostic impact of Chagas disease in the United States. Am Heart J 157: 22–29.
- Muñoz J, Gómez i Prat J, Gállego M, Gimeno F, Treviño B, et al. (2009) Clinical profile of *Trypanosoma cruzi* infection in a non-endemic setting: immigration and Chagas disease in Barcelona (Spain). Acta Trop 111: 51–55.
- Coura JR, Dias JC (2009) Epidemiology, control and surveillance of Chagas disease-100 years after its discovery. Mem Inst Oswaldo Cruz 104: 31–40.
- WHO (2009) World Health Organization. Control of neglected tropical disease (NTD) http://www.who.int/neglected_diseases/en/. Accessed July 25, 2009.
- Pereira KS, Schmidt FL, Guaraldo AM, Franco RM, Dias VL, et al. (2009) Chagas' disease as a foodborne illness. J Food Prot 72: 441–446.
- Nóbrega AA, Garcia MH, Tatto E, Obara MT, Costa E, et al. (2009) Oral transmission of Chagas disease by consumption of açaí palm fruit, Brazil. Emerg Infect Dis 15: 653–655.
- Dias JC (2006) Notes about of *Trypanosoma cruzi* and yours bio-ecology characteristics with agents of the transmission by meals. Rev Soc Bras Med Trop 39: 370–375.
- Novicki MJ, Chinchilla C, Corado L, Matsuoka L, Selby R, et al. (2006) Prevalence of antibodies to *Trypanosoma cruzi* among solid organ donors in Southern California: a population at risk. Transplantation 81: 477–479.
- Leiby DA, Herron RM, Jr., Read EJ, Lenes BA, Stumpf RJ (2002) Trypanosoma cruzi in Los Angeles and Miami blood donors: impact of evolving donor demographics on seroprevalence and implications for transfusion transmission. Transfusion 42: 549–555.
- WHO (2002) Control of Chagas disease. World Health Organ Tech Rep Ser 905: i-109.
- Herwaldt BL (2001) Laboratory-acquired parasitic infections from accidental exposures. Clin Microbiol Rev 14: 659–688.
- Rassi A, Jr., Rassi A, Marin-Neto JA (2009) Chagas heart disease: pathophysiologic mechanisms, prognostic factors and risk stratification. Mem Inst Oswaldo Cruz 104: 152–158.

toxicity and efficacy. Although no data is available for AIA, some studies suggest a regulatory effect by pentamidine upon proinflammatory cytokines [52-53]. Additionally, Bz down-regulates the synthesis of TNF-alpha by murine stimulated macrophages [54], ameliorates LPS-induced inflammatory response in mice by decreasing peak levels of this serum cytokine [55] and markedly reduces the production of pro-inflammatory cytokines and NOderived metabolites in experimentally T. cruzi-infected rats [56]. These data may explain the weight recovery found in Bz-infected treated mice as compared to untreated mice since this proinflammatory mediator is strongly expressed in T. cruzi-infected mice [56–57], and is thought to be related to mice weight loss [51]. In our studies, we found a correlation between mice cachexia and mortality rates, including in the DB766 groups (ip. and p.o.) that may explain the lower protection against animal mortality in the animal groups that only received the AIA.

In conclusion, this study has shown that DB766 is much more potent in this mouse experimental model of *T. cruzi* infection than DB289 and that the trypanocidal activity is improved by combination therapy of both AD and AIA with Bz. Our data support additional studies with other diamidines and AIAs alone or in combination with other drugs with the goal of identification of new candidate therapies for the treatment of Chagas disease.

Acknowledgments

The authors thank Dr. Solange L de Castro (Laboratório de Biologia Celular/IOC/Fiocruz) for careful revision of the manuscript.

Author Contributions

Conceived and designed the experiments: DdGJB CCB CES DWB MdNCS. Performed the experiments: DdGJB MMB GMdO ACMR CES. Analyzed the data: DdGJB GMdO CCB CES DWB MdNCS. Contributed reagents/materials/analysis tools: DdGJB GMdO CCB CES DWB MdNCS. Wrote the paper: DdGJB CCB CES DWB MdNCS.

- Tanowitz HB, Machado FS, Jelicks LA, Shirani J, de Carvalho AC, et al. (2009) Perspectives on *Trypanosoma cruzi*-induced heart disease (Chagas disease). Prog Cardiovasc Dis 51: 524–539.
- Bilate AM, Cunha-Neto E (2008) Chagas disease cardiomyopathy: current concepts of an old disease. Rev Inst Med Trop São Paulo 50: 67–74.
- Soeiro MNC, Dantas AP, Daliry A, Silva CF, Batista DGJ, et al. (2009) Experimental chemotherapy for Chagas disease: 15 years of research contributions from in vivo and in vitro studies. Mem Inst Oswaldo Cruz 104: 301–310.
- Soeiro MNC, De Castro SL (2009) Trypanosoma cruzi targets for new chemotherapeutic approaches. Expert Opin Ther Targets 13: 105–121.
- Coura JR, De Castro SL (2002) A critical review on Chagas disease chemotherapy. Mem Inst Oswaldo Cruz 97: 3–24.
- Urbina JA, Docampo R (2003) Specific chemotherapy of Chagas disease: controversies and advances. Trends Parasitol 19: 495–501.
- Soeiro MNC, De Souza EM, Stephens CE, Boykin DW (2005) Aromatic diamidines as antiparasitic agents. Expert Opin Investig Drugs 14: 957–972.
- Soeiro MNC, De Castro SL, De Souza EM, Batista DGJ, Silva CF, et al. (2008)
 Diamidine Activity Against Trypanosomes: The State of the Art. Curr Mol Parmacol 1: 151–161.
- Werbovetz K (2006) Diamidines as antitrypanosomal, antileishmanial and antimalarial agents. Curr Opin Investig Drugs 7: 147–157.
- De Souza EM, Lansiaux A, Bailly C, Wilson WD, Hu Q, et al. (2004) Phenyl substitution of furamidine markedly potentiates its anti-parasitic activity against *Trypanosoma cruzi* and *Leishmania amazonensis*. Biochem Pharmacol 68: 593–600.
- De Souza EM, Oliveira GM, Boykin DW, Kumar A, Hu Q, et al. (2006)
 Trypanocidal activity of the phenyl-substituted analogue of furamidine DB569
 against Trypanosoma cruzi infection in vivo. J Antimicrob Chemother 58: 610–614.
- Silva CF, Batista MM, Batista DGJ, De Souza EM, da Silva PB, et al. (2008) In vitro and in vivo studies of the trypanocidal activity of a diarylthiophene diamidine against Trypanosoma cruzi. Antimicrob Agents Chemother 52: 3307–3314.
- Pacheco MG, da Silva CF, de Souza EM, Batista MM, da Silva PB, et al. (2009) Trypanosoma cruzi: activity of heterocyclic cationic molecules in vitro. Exp Parasitol 123: 73–80.



- 27. Batista DGJ, Batista MM, Oliveira GM, Borges P, Lannes-Vieira J, et al. (2010) The arylimidamide DB766: A potential chemotherapic candidate for Chagas disease. Antimicrob Agents Chemother 54: 2940-2952.
- 28. McKerrow JH, Doyle PS, Engel JC, Podust LM, Robertson SA, et al. (2009) Two approaches to discovering and developing new drugs for Chagas disease. Mem Inst Oswaldo Cruz 104: 263-269.
- 29. Francisco AF, de Abreu Vieira PM, Arantes JM, Pedrosa ML, et al. (2008) Trypanosoma cruzi: effect of benznidazole therapy combined with the iron chelator desferrioxamine in infected mice. Exp Parasitol 120: 314-319
- 30. Boykin DW, Kumar A, Xiao G, Wilson WD, Bender BC, et al. (1998) 2,5-bis[4-(N-alkylamidino)phenyl]furans as anti-Pneumocystis carinii agents. J Med Chem 41. 194-199
- 31. Stephens CE, Tanious F, Kim S, Wilson WD, Schell WA, et al. (2001) Diguanidino and "reversed" diamidino 2,5-diarylfurans as antimicrobial agents. J Med Chem 44: 1741–1748.
- 32. Wang MZ, Zhu X, Srivastava A, Liu Q, Sweat JM, et al. (2010) Novel Arylimidamides for the Treatment of Visceral Leishmaniasis, Antimicrob Agents Chemother 54: 2507-2516.
- 33. Meirelles MN, de Araújo Jorge TC, de Souza W (1982) Interaction of Trypanosoma cruzi with macrophages in vitro: dissociation of the attachment and internalization phases by low temperature and cytochalasin B. Z Parasitenkd 68:
- 34. Brener Z (1962) Therapeutic activity and criterion of cure on mice experimentally infected with Trypanosoma cruzi. Rev Inst Med Trop São Paulo 4. 386-396
- 35. Salomão K, de Souza EM, Henriques-Pons A, Barbosa HS, de Castro SL (2009) Brazilian Green Propolis: Effects In Vitro and In Vivo on Trypanosoma cruzi. Evid Based Complement Alternat Med. Available: http://www.ncbi.nlm.nih.gov/ pmc/articles/PMC2529390/?tool = pubmed. Accessed 2010 Jun 23.
- 36. Britto C, Cardoso MA, Wincker P, Morel CM (1993) A simple protocol for the physical cleavage of Trypanosoma cruzi kinetoplast DNA present in blood samples and its use in polymerase chain reaction (PCR)-based diagnosis of chronic Chagas disease. Mem Inst Oswaldo Cruz 88: 171-172.
- 37. Wincker P, Britto C, Pereira JB, Cardoso MA, Oelemann W, et al. (1994) Use of a simplified polymerase chain reaction procedure to detect Trypanosoma cruzi in blood samples from chronic chagasic patients in a rural endemic area. Am J Trop Med Hyg 51: 771-777.
- 38. Filardi LS, Brener Z (1987) Susceptibility and natural resistance of Trypanosoma cruzi strains to drugs used clinically in Chagas disease. Trans R Soc Trop Med Hyg 81: 755-759.
- 39. Nwaka S, Hudson A (2006) Innovative lead discovery strategies for tropical diseases. Nat Rev Drug Discov 5: 941-955.
- Urbina JA (2009) Ergosterol biosynthesis and drug development for Chagas disease. Mem Inst Oswaldo Cruz 104: 311-318
- 41. Wenzler T, Boykin DW, Ismail MA, Hall JE, Tidwell RR, et al. (2009) New treatment option for second stage African sleeping sickness: In vitro and in vivo efficacy of aza analogs of DB289. Antimicrob Agents Chemother 53:
- 42. Chen D, Marsh R, Aberg JA (2007) Pafuramidine for Pneumocystis jiroveci pneumonia in HIV-infected individuals. Expert Rev Anti Infect Ther 5:

- 43. Thuita JK, Karanja SM, Wenzler T, Mdachi RE, Ngotho JM, et al. (2008) Efficacy of the diamidine DB75 and its prodrug DB289, against murine models of human African trypanosomiasis. Acta Trop 108: 6-10.
- 44. Nyunt MM, Hendrix CW, Bakshi RP, Kumar N, Shapiro TA (2009) Phase I/II evaluation of the prophylactic antimalarial activity of pafuramidine in healthy volunteers challenged with Plasmodium falciparum sporozoites. Am J Trop Med Hvg 80: 528-535.
- Yeramian P, Meshnick SR, Krudsood S, Chalermrut K, Silachamroon U, et al. (2005) Efficacy of DB289 in Thai patients with Plasmodium vivax or acute, uncomplicated Plasmodium falciparum infections. J Infect Dis 192: 319-322.
- 46. Hall JE, Kerrigan JE, Ramachandran K, Bender BC, Stanko JP, et al. (1998) Anti-Pneumocystis activities of aromatic diamidoxime prodrugs. Antimicrob Agents Chemother 42: 666-674.
- 47. Bustamante JM, Bixby LM, Tarleton RL (2008) Drug-induced cure drives conversion to a stable and protective CD8. Nat Med 14: 542-550.
- 48. Molina J, Martins-Filho O, Brener Z, Romanha AJ, Loebenberg D, et al. (2000) Activities of the triazole derivative SCH 56592 (posaconazole) against drugresistant strains of the protozoan parasite Trypanosoma (Schizotrypanum) cruzi in immunocompetent and immunosuppressed murine hosts. Antimicrob AgentsChemother 44: 150-155.
- 49. Urbina JA, Payares G, Contreras LM, Liendo A, Sanoja C, et al. (1998) Antiproliferative effects and mechanism of action of SCH 56592 against Trypanosoma (Schizotrypanum) cruzi: in vitro and in vivo studies. Antimicrob Agents Chemother 42: 1771-1777.
- Silva CF, Batista MM, Mota RA, De Souza EM, Stephens CE, et al. (2007) Activity of "reversed" diamidines against Trypanosoma cruzi in vitro. Biochem Pharmacol 73: 1939-1946.
- 51. Tarleton RL (1988) Tumour necrosis factor (cachectin) production during experimental Chagas' disease. Clin Exp Immunol 73: 186-190.
- 52. Quay J, Rosenthal G, Becker S (1993) Effect of pentamidine on cytokine (IL-1 beta, TNF alpha, IL-6) production by human alveolar macrophages in vitro. Exp Lung Res 19: 429-443.
- 53. Revelli S, Gómez L, Wietzerbin J, Bottasso O, Basombrio MA (1999) Levels of tumor necrosis factor alpha, gamma interferon, and interleukins 4,6, and 10 as determined in mice infected with virulent or attenuated strains of Trypanosoma cruzi. Parasitol Res 85: 147-150.
- 54. Pascutti MF, Pitashny M, Nocito AL, Guermonprez P, Amigorena S, et al. (2004) Benznidazole, a drug used in Chagas' disease, ameliorates LPS-induced inflammatory response in mice. Life Sci 76: 685-697.
- 55. Manarin R, Bottasso E, Bottasso O, Serra E, Revelli S (2008) Beneficial effects of benznidazole during an infectious-based situation of systemic inflammatory response: cecal ligation and puncture. Am J Trop Med Hyg 79: 793-806.
- 56. Lima ES, Andrade ZA, Andrade SG (2001) TNF-alpha is expressed at sites of parasite and tissue destruction in the spleen of mice acutely infected with Trypanosoma cruzi. Int J Exp Pathol 82: 327-336.
- 57. Starobinas N, Russo M, Minoprio P, Hontebeyrie-Joskowicz M (1991) Is TNF alpha involved in early susceptibility of Trypanosoma cruzi-infected C3H/He mice? Res Immunol 142: 117-122.