

Complement-Mediated Opsonic Activity in Normal and Infected Human Cerebrospinal Fluid: Early Response During Bacterial Meningitis

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A local defense mechanism in bacterial meningitis was evaluated in humans by measuring complement-mediated opsonic activity (CMOA) in normal and infected cerebrospinal fluid (CSF) with a complement-dependent phagocytic bactericidal assay. CMOA was absent in normal untreated CSF and remained undetectable in 20 samples of CSF from patients with viral meningitis and five samples from patients with acute meningococemia. In contrast, 15 of 27 samples of CSF from patients with acute bacterial meningitis had a measurable CMOA, which was correlated with protein concentrations ($P < 0.01$) and C4 hemolytic activity ($P < 0.001$) in the CSF. A favorable outcome of bacterial meningitis was associated with the presence of CMOA in CSF ($P < 0.005$). Recovery was also correlated with higher levels of C4 ($P < 0.01$) and C3 ($P < 0.05$) in CSF and with lower concentrations of microorganisms in the sample of CSF collected at the time of admission ($P < 0.01$). Thus, CMOA, although absent in normal CSF, can appear in CSF during acute bacterial meningitis, particularly in patients who recover completely.

Mortality and morbidity from acute bacterial meningitis are still high despite substantial progress in diagnosis and treatment [1-3]. The development and course of meningeal infection are governed by the complex interaction of many variables [4], including (1) microbial virulence factors such as encapsulation [5, 6], (2) clearance of bacteria from the blood [7-9], (3) antibacterial mechanisms in the subarachnoid space [10], (4) anatomic and functional changes resulting from inflammation [11, 12], and (5) antibiotic therapy. Because bacterial meningitis is in essence a closed-

space infection, local defense mechanisms may be important factors that limit bacterial growth. Normal cerebrospinal fluid (CSF) can be considered as a site of a "local defect in host defense," because it contains no phagocytic cells, has a low protein concentration with a predominance of albumin [13], contains no IgM, and has low levels of C3 and C4 [14-16]. Furthermore, recent studies have suggested that neither CH_{50} (the amount of complement required to lyse 50% of sensitized erythrocytes) nor overall bactericidal and opsonic activities are detectable in normal CSF [17, 18]. As a result, seeding of the CSF with $>10^3$ organisms overcomes the clearance mechanisms of the CSF and leads to a rapid multiplication of the microorganisms [19]. Thus, CSF from patients with meningitis often yields initial bacterial counts of 10^5 - 10^8 bacteria/ml; the higher values are associated with clinical complications [20]. Once established, bacterial meningitis initiates inflammatory reactions in the CSF that result in the generation of chemotactic factors [21, 22] and in the appearance of CH_{50} activity [18], various classes of immunoglobulins [23, 24], and polymorphonuclear leukocytes (PMNLs), all of which would be expected to improve the local host defense mechanisms.

Effective opsonization of bacteria by complement and immunoglobulin is an essential step for phagocytosis by PMNLs [25]. Thus, in susceptible

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Table 1. Clinical data of 27 patients with bacterial meningitis and five patients with acute meningococemia and positive cultures of cerebrospinal fluid (CSF).

Patient no. (sex/age [years])	Outcome	Bacteria cultured (cfu/ml)	Blood culture	CSF findings				Glucose ratio (CSF: plasma)
				Leukocytes	PMNLs	Erythrocytes	Protein (mg/100 ml)	
1 (F/7)	Complete recovery	<i>Neisseria meningitidis</i> group B (3×10^4)	-	10,000	8,000	0	363	0.09
2 (F/18)	Cauda equina syndrome	<i>N. meningitidis</i> group B (1.5×10^7)	+	800	800	0	270	0.005
3 (M/27)	Complete recovery	<i>N. meningitidis</i> group B (2.7×10^8)	-	800	700	0	775	0
4 (M/45)	Complete recovery	<i>N. meningitidis</i> (ND)	ND	26,900	26,000	0	852	0.17
5 (M/50)	Complete recovery	<i>N. meningitidis</i> group C (8×10^7)	+	9,800	9,800	170	592	0.26
6 (F/18)	Complete recovery	<i>N. meningitidis</i> (7×10^4)	-	12,500	12,500	0	776	0.03
7 (F/14)	Complete recovery*	<i>N. meningitidis</i> group B (3×10^4)	-	3,530	3,415	0	42	0.44
8 (M/18)	Complete recovery	Gram-negative diplococci (ND)	-	1,870	1,755	53	62	0.47
9 (M/54)	Complete recovery	Gram-negative diplococci (ND)	ND	4,625	4,525	0	336	0.43
10 (M/52)	Complete recovery	<i>Streptococcus pneumoniae</i> (3.7×10^6)	+	7,130	6,630	170	700	ND
11 (M/53)	Complete recovery	<i>S. pneumoniae</i> (ND)	-	1,000	900	0	240	0.17
12 (M/26)	Complete recovery	<i>S. pneumoniae</i> (ND)	+	17,500	17,150	0	650	ND
13 (M/2)	Hydrocephalus	<i>S. pneumoniae</i> (10^7)	+	517	437	0	236	0.003
14 (M/19)	Complete recovery	<i>S. pneumoniae</i> (1.3×10^6)	+	570	570	0	64	0.37
15 (M/2)	Hydrocephalus, ataxia	<i>Haemophilus influenzae</i> type b (1.4×10^6)	+	789	731	200	133	0.13
16 (F/3)	Complete recovery	<i>H. influenzae</i> type b (ND)	-	7,575	6,950	0	128	0.53
17 (M/3)	Hemiparesis, ataxia	<i>H. influenzae</i> type b (3.7×10^7)	ND	2,275	2,150	25	133	0.34
18 (M/67)	Complete recovery	<i>Listeria monocytogenes</i> (ND)	ND	195	104	14	238	0.37
19 (M/71)	Complete recovery	<i>L. monocytogenes</i> (4.1×10^3)	-	4,300	4,128	0	301	0.11
20 (F/61)	Complete recovery	<i>L. monocytogenes</i> (1.3×10^4)	-	400	380	105	345	0.12
21 (F/25)	Complete recovery*	Gram-positive rods (ND)	-	8,000	7,360	0	112	0
22 (F/81)	Complete recovery	<i>Escherichia coli</i> (4×10^5)	+	1,680	1,616	70	481	0.09

continued

Table 1 (continued).

Patient no. (sex/age [years])	Outcome	Bacteria cultured (cfu/ml)	Blood culture	CSF findings					Glucose ratio (CSF: plasma)
				No. of cells/mm ³		Erythrocytes	Protein (mg/100 ml)	Leukocytes	
				PMNLs	Leukocytes				
23 (M/19)	Death	<i>E. coli</i> (1.2×10^8)	+	173,000	173,000	0	1,235	ND	
24 (F/81)	Complete recovery	<i>E. coli</i> (ND)	+	450	350	50	306	0.006	
25 (F/49)	Death	<i>Klebsiella pneumoniae</i> (ND)	ND	7,600	7,370	0	105	ND	
26 (M/52)	Complete recovery*	Gram-negative rods (ND)	-	1,600	1,520	10	78	0.42	
27 (F/3)	Cranial nerve palsy	<i>Peptostreptococcus, Propionibacterium</i> (ND)	ND	2,800	1,568	10	91	0.25	
28 (F/20)	Hemiparesis, ataxia	<i>N. meningitidis</i> group B (ND)	+	8	6	100	29	ND	
29 (M/14)	Complete recovery	<i>N. meningitidis</i> group B (8×10^7)	+	38	34	0	38	0.73	
30 (F/7)	Complete recovery	<i>N. meningitidis</i> group B (ND)	+	10	7	0	14	0.55	
31 (M/64)	Death	<i>N. meningitidis</i> group B (ND)	+	4	1	0	36	0.70	
32 (F/29)	Complete recovery	<i>N. meningitidis</i> group C (ND)	+	12	7	0	26	ND	

NOTE. Patients nos. 1-27 had bacterial meningitis; patients nos. 28-32 had meningococemia. PMNLs = polymorphonuclear leukocytes; ND = not done.
* Partially treated meningitis.

subjects, complement-mediated opsonization may play a crucial role during the early phase of meningitis when specific antimicrobial antibodies are lacking in the serum and CSF.

In the present study we evaluate qualitative and quantitative changes of complement-mediated opsonic activity (CMOA) in normal and infected CSF and try to establish the relation of CMOA to the course and outcome of bacterial meningitis. CMOA and complement levels were measured in the CSF and plasma from uninfected control patients and from patients with viral meningitis.

Materials and Methods

Patients. Patients who had a diagnostic spinal tap at the University Hospital, Geneva, were prospectively included in the study. Conditions for acceptance were (1) an unequivocal diagnosis based on clinical findings and a CSF sample; (2) availability of a CSF sample from a spinal tap immediately after admission; (3) absence of contamination of the CSF sample by blood, as demonstrated by an erythrocyte count of <200 cells/mm³ and/or a negative hemoglobin test (Labstix®; Diethelm Co., Zurich) that detected an admixture of blood in CSF at a dilution of 1:25,000; (4) delay of <6 hr between lumbar puncture and freezing of the CSF (median, 1.5 hr; range, 1-6 hr); and (5) absence of degenerative or demyelinating disease of the central nervous system and absence of spinal subarachnoid block. The patients were divided into four groups.

Group 1 consisted of patients with normal CSF. Samples of CSF were taken from 10 patients who had an acute, self-limited, febrile illness and from 15 afebrile patients with suspected disk herniation who underwent diagnostic gas myelography and had normal neuroradiologic findings. Each sample of CSF in this group had a normal protein concentration and a normal cell count. A CSF pool of 15 ml was obtained from a third cohort of 24 normal patients who had spinal anesthesia for surgery.

Group 2 consisted of 20 patients who had viral meningitis; these patients all had a febrile, self-limited disease with signs of meningeal infection that subsided without antibiotic treatment. The patients ranged in age from three to 88 years (median, 29 years). The delay between the onset of symptoms and the diagnostic lumbar puncture

ranged from 18 to 240 hr (mean, 96 hr). Viral cultures and serologic studies were not routinely performed, but bacterial cultures of CSF and blood were consistently negative. CSF in this group was characterized by a median leukocyte count of 120 cells/mm³ with a predominance of lymphocytes, a normal glucose level, and a moderate increase in protein concentration (mean, 45 mg/100 ml; range, 20–76 mg/100 ml).

Group 3 consisted of five patients (nos. 28–32) who had fulminant meningococemia—that is, septic shock, petechiae, disseminated intravascular coagulation, and presence of *Neisseria meningitidis* both in blood and CSF (table 1). One patient died and one was discharged with permanent neurologic sequelae—that is, ataxia and left-sided hemiparesis. The patients' ages ranged from seven to 64 years. Despite CSF cultures that were positive for *N. meningitidis*, these patients had minimal inflammation of CSF, as evidenced by a low leukocyte count (mean, 38 cells/mm³), normal protein concentration, and normal glucose level.

Group 4 consisted of 27 patients (nos. 1–27) who had bacterial meningitis (table 1). Their ages ranged from two to 81 years (median, 25 years). The delay between the onset of symptoms and hospital admission ranged from 12 to 120 hr (mean, 39 hr). Samples of CSF included in the study were always obtained during the first lumbar puncture and were stored within a median time of 90 min. Pertinent clinical and bacteriologic data and CSF findings are listed in table 1. Of this group, 20 patients recovered completely, five survived with neurologic sequelae (cauda equina syndrome, hydrocephalus, ataxia, and palsy due to cranial nerve damage), and two died of extensive brain damage.

CSF and blood. To minimize in vitro complement activation, all CSF samples were collected and mixed in tubes that contained EDTA (final concentration, 5 mM) and were centrifuged at 1,500 g for 15 min; the supernatants were stored immediately at -70°C . To obtain serum, blood was allowed to clot at room temperature ($\sim 20^{\circ}\text{C}$) for 60 min, and serum was separated by centrifugation at 1,500 g for 15 min and stored at -70°C . To obtain plasma, blood was collected in tubes that contained EDTA (final concentration, 20 mM) and centrifuged; the supernatant was immediately stored at -70°C . Protein concentrations were measured in all of the samples of CSF and sera by the Bio-Rad protein assay (Bio-Rad Labo-

ratories, Munich). A pool of normal human serum that was obtained from 20 donors was used as a standard. All samples were tested in duplicate. Samples of blood and CSF were cultured, and the microorganisms were identified by standard bacteriologic techniques [26]. Quantitative cultures were obtained from the CSF of 15 patients with bacterial meningitis and one patient with meningococemia according to the method described by Feldman [27].

Measurements of CMOA in CSF and serum.
Preparation of CSF and serum samples. Before being used in the phagocytic assay, each sample of CSF or serum was diluted and reconcentrated three times in an ultrafiltration device with an exclusion limit of 10,000 daltons (model no. PTGC 001-K5; Millipore Corp., Kloten, Switzerland). This procedure, carried out at 4°C , was used to eliminate EDTA and to concentrate the immunoglobulins and complement components in Dulbecco's phosphate-buffered saline (pH 7.4; Grand Island Biological Co., Basel, Switzerland).

CMOA was not eliminated by this ultrafiltration procedure as demonstrated by the following experiment: six samples of 1% normal human serum were submitted either to three consecutive dilution-concentration cycles or to no manipulation; we observed a slight and reproducible loss of CMOA of $44\% \pm 12\%$ (mean \pm SD)—that is, less than one dilution—when CMOA was evaluated in a phagocytic assay. Similarly, for one patient (no. 22) with bacterial meningitis, a sample of CSF that was obtained before the onset of antibiotic therapy was studied for CMOA before and after the dilution-concentration procedure; the samples showed 50% killing (κ_{50}) opsonic titers of 19.8 and 11.9 units/ml, respectively—that is, a loss of 40% in opsonic activity after manipulation. Furthermore, no increase of C3d was detected in ultrafiltered plasma. There was no residual antibiotic activity in ultrafiltered samples of serum or CSF as tested by agar diffusion [26] against *Staphylococcus aureus* variant strain Wood 46.

Preparation of PMNLs. Leukocytes from healthy volunteers were separated from citrated blood by dextran sedimentation. The leukocytes were washed twice and suspended in phosphate-buffered saline at a concentration of 1.25×10^7 PMNLs/ml.

Phagocytic bactericidal assay. The CMOA of the samples was evaluated by a modified phagocytic bactericidal assay [28] using the Wood 46 strain

of *S. aureus*. As outlined by Lew et al. [29], strain Wood 46 depends entirely on complement for its opsonization, and no significant phagocytosis or killing occurs in serum that has been inactivated by heating to 56 C for 30 min. Ingestion and killing of the test strain, however, are optimal (>90% of the inoculum) in the presence of either normal, agammaglobulinemic, C3-deficient, or Mg₂EGTA-treated 10% serum. For each 0.5-ml assay, an aliquot of 0.05 ml of bacteria (3×10^6 bacteria/ml) was added to a mixture of 0.4 ml of purified leukocytes (5×10^6 PMNLs/ml) and 0.05 ml of serially diluted CSF or serum. The cell suspensions were incubated at 37 C in a shaking water bath, and duplicate samples of the test suspension were drawn at time 0 and after incubation for 30 min. The samples were diluted, and the PMNLs were osmotically lysed with distilled sterile water and plated on Mueller-Hinton agar; the number of residual bacterial colonies was counted after incubation for 24 hr. Each of the samples was tested with two controls: (1) heat-inactivated serum or CSF with PMNLs and (2) serum or CSF without PMNLs.

Definition of the K_{50} opsonic titers. The K_{50} opsonic titer (expressed in units/ml) was defined as the inverse of the dilution of serum or CSF that promoted 50% killing of *S. aureus* strain Wood 46.

Measurements of complement factors in CSF and plasma. CH_{50} was measured in a continuous flow system [30]. C4 hemolytic activity was also tested in a continuous flow system using the plasma of C4-deficient guinea pigs as a source of the other complement components in excess amount [31]. The activity of plasma factor B was assessed by lysis of ⁵¹Cr-labeled rabbit erythrocytes in the presence of serum devoid of functional factor B activity [32] and was expressed in units/ml. C3 and C3d levels were measured by immunodiffusion [33, 34], using monospecific antisera (Behringwerke, Marburg-Lahn, Federal Republic of Germany). The levels of the various complement components were measured in duplicate and were expressed as percentages of the levels obtained with a pool of reference standard plasma.

Samples of normal or infected CSF, which were stored in EDTA, were assessed for C4 hemolytic activity as well as for levels of C3 and C3d. The techniques that were used to test plasma were used for CSF measurements, but the sensitivity of the assays was increased by using lower dilutions of

the samples. The levels of the CSF complement factors were expressed as percentages of those of the pool of standard plasma.

Statistical evaluation. Statistical tests were chosen according to Meddis [35]. Differences between groups were assessed by Student's unpaired *t*-test. Linear correlation coefficients were calculated by a standard program. Mean dose response curves (figure 1) were calculated using the equation described by Wagner [36].

Results

CMOA in normal CSF and sera. Normal CSF had to be concentrated in order to exhibit CMOA,

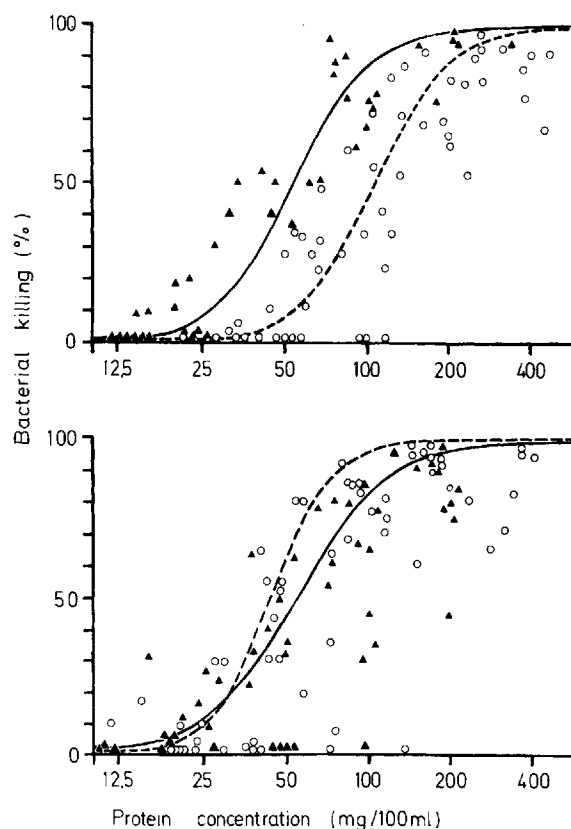


Figure 1. Heat-labile opsonic activity in (O) human cerebrospinal fluid (CSF) and (▲) serum. The results show the effects of protein concentration in the opsonic source (untreated, concentrated, or diluted CSF and diluted sera) on the percentage of killing of *Staphylococcus aureus* variant strain Wood 46. Mean dose-response curves were calculated for (---) CSF and (—) serum: (top) 15 samples of CSF and paired sera from subjects without meningitis; (bottom) 15 samples of CSF and paired sera from patients who had acute bacterial meningitis and measurable opsonic activity.

because neither diluted nor undiluted samples of CSF were able to opsonize *S. aureus* strain Wood 46 (table 2). Addition of purified IgG (3 mg/ml) or 10% heat-inactivated serum to untreated CSF did not promote opsonization of the test bacteria. In contrast, a 10-fold concentration of 15 samples of normal CSF obtained during gas myelography (when tested at a final mean \pm SD) protein concentration of 354 ± 135 mg/100 ml) allowed for detection of a heat-labile opsonic activity comparable to that of 10% normal serum. Further evidence for the complement-mediated nature of this opsonic activity was obtained by testing the sample of CSF that was taken at the time of admission from an agammaglobulinemic patient who had acute meningococcal meningitis (patient no. 5). When tested at a protein concentration of 296 mg/100 ml, this sample of CSF promoted 65% bacterial killing.

The relationship between CMOA, expressed as the percentage of bacteria that were killed, and protein concentration in CSF was further studied in the group of 15 samples of normal concentrated CSF referred to above. A sigmoidal relationship was observed when the 16-fold concentrated sam-

Table 2. Opsonization of *Staphylococcus aureus* variant strain Wood 46 by human cerebrospinal fluid (CSF) and serum in a phagocytic bactericidal assay.

Source of opsonic activity, treatment	Percentage of bacterial killing*	No. of experiments
CSF		
Normal, 10% dilution	0	10
Normal, 50% dilution	0	25
Normal, untreated	0	15
Normal, 10-fold concentration	66-97	15
Normal, 10-fold concentration, heated†	0-2	3
Agammaglobulinemic, 50% dilution‡	65	1
Serum		
Normal, 10% dilution	90-99	10
Normal, 10% dilution, heated†	0-5	10
Agammaglobulinemic, 10% dilution	72	1

* Percentage of initial inoculum killed after 30 min of incubation. Data are ranges when more than one experiment were performed.

† Heated at 56 C for 30 min.

‡ This sample of CSF was obtained from a patient with acute meningitis and was tested at a protein concentration similar to that of normal CSF at a 10-fold dilution.

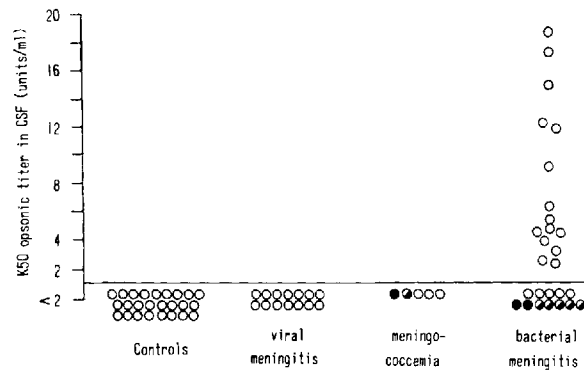


Figure 2. Complement-mediated opsonic activity measured in the cerebrospinal fluid (CSF) of 25 control patients and patients with viral meningitis (14 patients), meningococemia (five), or bacterial meningitis (27). Clinical outcome was reported as (O) complete recovery, (◐) recovery with neurologic sequelae, or (●) death. The horizontal line represents the detection level of opsonic activity with the assay used; the first CSF dilution tested was 1:2. κ_{50} opsonic titers were defined as the inverse of the dilution of serum or CSF that promoted 50% killing of *Staphylococcus aureus* variant strain Wood 46 (see Materials and Methods).

ples of CSF were serially diluted to the normal range of protein concentration in the CSF (figure 1, top). A similar sigmoidal curve was also observed when sera from the same patients were serially diluted, but the levels of bacterial killing increased at lower protein concentrations when compared with the samples of CSF ($P < 0.001$). Normal CSF had to be concentrated an average of 4.2 times to kill 50% of the test bacteria. Thus, the mean (\pm SD) κ_{50} opsonic titer of the 15 samples of CSF was estimated at 0.242 ± 0.122 units/ml of untreated CSF. By comparison, the mean κ_{50} opsonic titer in the paired sera was 151 ± 38 units/ml. When adjusted for protein concentration, 1 mg of CSF protein corresponded to 0.82 ± 0.33 κ_{50} opsonic units as compared with 2.12 ± 0.64 units in 1 mg of serum protein ($P < 0.001$). When CMOA was expressed in κ_{50} units, we found a linear correlation of this parameter with the CSF protein concentration ($r = 0.68$; $P < 0.001$). CH_{50} was also assayed in 10 of the 15 samples of concentrated CSF and was found to be positively correlated with the κ_{50} opsonic titers ($r = 0.70$; $P < 0.02$).

CMOA in inflammatory CSF. The most striking variations in the CMOA of CSF were observed in group 4 (bacterial meningitis) patients (figure 2). Because of the small volumes of the samples from patients with meningitis, CMOA could only

be estimated at an initial CSF dilution of 1:2. At this dilution, group 1 (control patients), group 2 (patients with viral meningitis), and group 3 (patients with meningococemia) showed complete absence of CMOA. In contrast to these results, 15 of 27 patients in group 4 had evidence of CMOA in their CSF. When further tested at serial dilutions, the CMOA-positive samples of CSF had κ_{50} opsonic titers ranging from 2.4 to 18.5 units (mean \pm SD, 8.13 ± 5.45). These κ_{50} titers of CSF were not significantly correlated with κ_{50} titers in the corresponding sera but were correlated with the protein concentrations in inflammatory CSF ($r = 0.56$; $P < 0.01$) (figure 3). Several samples of CSF, however, had undetectable levels of CMOA in spite of a marked increase in their protein concentration. The relationship between protein concentration and CMOA was further tested in the 15 CMOA-positive samples of CSF from patients with bacterial meningitis and exhibited a sigmoidal dose-response curve (figure 1, bottom) as noted above for normal CSF (figure 1, top). In contrast to the normal curve, there was no shift of the inflammatory CSF curve. Because 1 mg of CSF protein contained 1.81 ± 0.84 (mean \pm SD) κ_{50} opsonic units vs. 2.0 ± 0.94 units/mg of serum protein (difference not significant), we concluded that the inflammatory process observed in 15 of 27 patients with bacterial meningitis restored

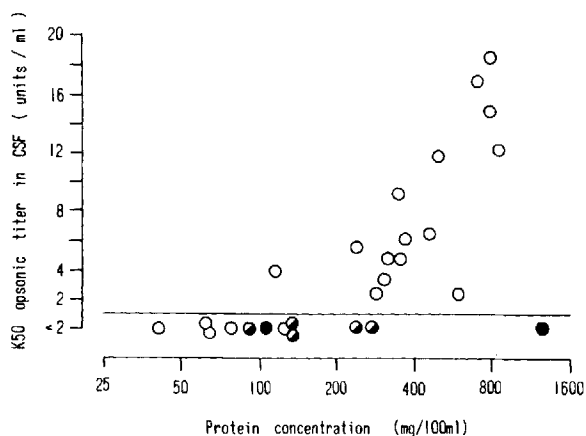


Figure 3. Opsonic activity measured in the cerebrospinal fluid (CSF) of 27 patients who had bacterial meningitis; results are expressed as a function of the protein concentration in CSF. Clinical outcome is reported as (O) complete recovery, (◐) recovery with neurologic sequelae, or (●) death. The horizontal line represents the detection level of opsonic activity with the assay used; the first CSF dilution tested was 1:2.

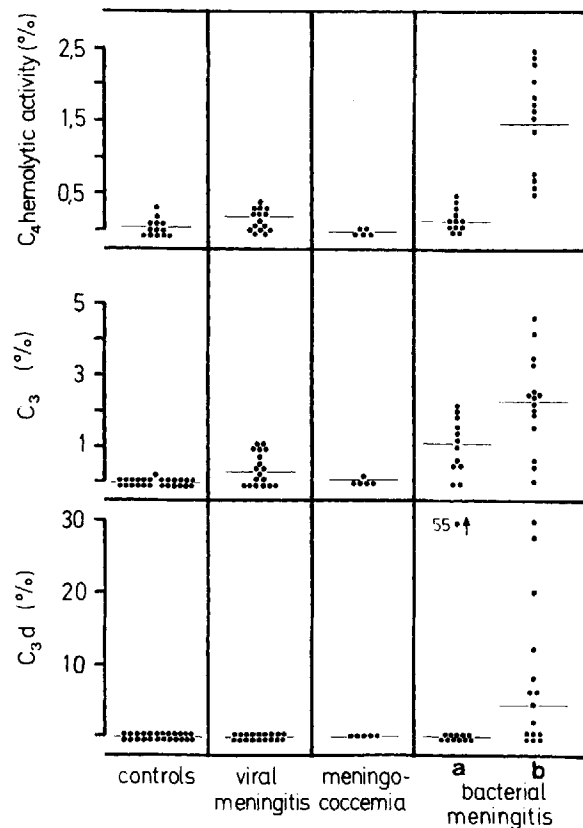


Figure 4. Levels of complement components in the cerebrospinal fluid (CSF) of control patients and patients who had viral meningitis, meningococemia, or bacterial meningitis. The percentages of activity or concentration of complement in pooled normal plasma are shown for (top) C4 hemolytic activity, (middle) C3 concentrations, and (bottom) C3d concentrations. Patients with bacterial meningitis were divided into (a) those who had detectable and (b) those who had undetectable levels of opsonic activity in the CSF. Detectable levels of opsonic activity were defined as κ_{50} opsonic titers (the inverse of the dilution of CSF that promoted 50% killing of *Staphylococcus aureus* variant strain Wood 46) of ≥ 2 units/ml. Horizontal lines show averages of complement levels for each group of patients.

the levels of CMOA observed in samples of uninfected CSF to those observed in serum.

CSF complement factors were assayed in the four groups of patients (figure 4); patients from group 4 were divided into two subgroups according to whether their CSF was CMOA-positive or -negative. A striking increase of C4 hemolytic activity was observed in the CMOA-positive samples of CSF from patients with bacterial meningitis as compared either with CMOA-negative CSF or with CSF obtained in the other three groups ($P < 0.001$). C4 activities in the CSF of patients in

Table 3. Heat-labile opsonic activity (κ_{50}), hemolytic activity of complement, and concentrations of complement components in sera and plasma from normal control patients and patients with acute meningitis.

Complement factors	Control patients (<i>n</i> = 20)	Viral meningitis (<i>n</i> = 18)	Meningococemia (<i>n</i> = 5)	Bacterial meningitis (<i>n</i> = 26)
κ_{50} opsonic titers*				
Experimental values†	151 ± 38	156 ± 92	52 ± 34‡	104 ± 46‡
Values adjusted for protein concentration§	2.12 ± 0.64	2.63 ± 1.7	0.96 ± 0.88‡	2.00 ± 0.96
Hemolytic activity of				
CH ₅₀ #	96 ± 20	124 ± 27‡	52 ± 20‡	110 ± 24
C4#	99 ± 27	85 ± 22	77 ± 39	91 ± 46
Factor B†	58 ± 18	54 ± 18	39 ± 19	59 ± 21
Concentration of				
C3**	96 ± 17	100 ± 13	54 ± 34‡	121 ± 22‡
C3d**	5 ± 8	13 ± 7	33 ± 22‡	31 ± 25‡
Total protein††	73 ± 9	65 ± 7‡	54 ± 9‡	56 ± 9‡

NOTE. Data are means ± SD; *n* = no. of patients tested.

* The inverse of the dilution that promoted 50% killing of *Staphylococcus aureus* variant strain Wood 46.

† Expressed as units/ml.

‡ Differs significantly from control values ($P < 0.01$).

§ Expressed as units/mg.

|| Total hemolytic activity of complement.

Expressed as the percentage of activity in pooled normal serum.

** Expressed as the percentage of concentration in pooled normal serum.

†† Expressed as g/liter.

group 4 showed a close correlation with CSF κ_{50} opsonic titers ($r = 0.79$; $P < 0.001$) and with CSF protein concentrations ($r = 0.59$; $P < 0.005$). CMOA-positive samples of CSF also showed an increase in their immunochemically measured levels of C3 as compared with CMOA-negative samples of CSF ($P < 0.02$). C3d, the breakdown product of C3, was demonstrated in eight CMOA-positive samples and in one CMOA-negative sample of CSF but was never detected in the CSF from patients in groups 1, 2, or 3. Levels of C3d in CSF, when expressed per milligram of protein, were three to 48 times higher than the protein-adjusted levels of C3d in plasma obtained from the same patients. Thus, the presence of measurable levels of CMOA in CSF of patients with bacterial meningitis is associated with an increase of C4 activity and C3 level and with evidence of local activation of C3.

Serum CMOA and plasma complement levels were measured in the four groups of patients to learn whether the local changes in the CSF during bacterial infection resulted from simultaneous modifications in the plasma (table 3). Definite changes were observed in the plasma of patients who had fulminant meningococemia: lower levels of κ_{50} opsonic titers ($P < 0.01$), CH₅₀ ($P < 0.001$), and factor B activities ($P < 0.05$) and higher levels

of C3d ($P < 0.01$) when compared with control patients (group 1). Levels of C3d also increased in the plasma of patients with bacterial meningitis when compared with group 1 subjects ($P < 0.01$). No correlation was found between the levels of either component in paired samples of CSF and plasma.

Correlation between opsonic activity of CSF and clinical course of bacterial meningitis. Among the 27 patients with bacterial meningitis, 20 recovered completely, two died from the disease, and five developed permanent neurologic sequelae. All of the 15 patients who had measurable levels of CMOA in their CSF recovered completely from the disease, whereas all seven patients who had neurologic sequelae or a lethal outcome were among the 12 patients who had undetectable levels of opsonic activity in their CSF (table 4). Therefore, the presence of CMOA in the CSF from patients with bacterial meningitis was correlated with a favorable clinical outcome ($P < 0.005$; Fisher's exact test). Complete recovery was also associated with a higher mean C4 hemolytic activity in CSF ($P < 0.001$), with higher C3 levels ($P < 0.05$), and with a lower mean bacterial count in the sample of CSF taken at the time of admission ($P < 0.001$) (table 5). No significant differences could be observed in the mean protein concentration or in the

Table 4. Clinical outcome in patients with bacterial meningitis and the presence of measurable opsonic activity in cerebrospinal fluid (CSF).

Opsonic activity	Clinical outcome (no. of patients)		Total no. of patients
	Complete recovery	Sequelae or death	
Present	15	0	15
Absent	5	7	12
Total	20	7	27

NOTE. Samples of CSF were tested first at a dilution of 1:2, which corresponded to an opsonic activity of $\geq 2 \kappa_{50}$ (50% killing) units/ml. The association between complete recovery and the presence of opsonic activity in CSF is statistically significant ($P < 0.005$ by Fisher's exact test).

mean PMNL counts in CSF between the two groups of patients. Patient groups with a favorable or unfavorable clinical course had similar plasma κ_{50} opsonic titers and complement levels; further analysis of the various clinical data failed to reveal a significant association of neurologic complications or death with age, sex, duration of symptoms prior to the start of antibiotic therapy, bacteremia on admission, or presence of a particular etiologic agent.

Discussion

The rationale for studying CMOA in normal and infected CSF resides in the fact that in nonimmune patients, opsonically active complement is one of the first defense mechanisms against pathogenic organisms [37, 38] and might contribute to host

defense at an early phase of bacterial meningitis when specific antibodies are still lacking. The data presented above demonstrate that CMOA was undetectable in normal untreated CSF but was measurable after concentration; levels of CMOA also remained undetectable in the unconcentrated CSF of patients who had viral meningitis or fulminant meningococemia at an early stage of the disease when noninflammatory CSF was already culture-positive. In contrast, CMOA appeared in 15 of 27 samples of CSF obtained during the early phase of bacterial meningitis, and its presence was correlated with a favorable clinical outcome. Such a favorable clinical evolution was also associated with an increase in complement levels and with lower concentrations of infecting microorganisms in CSF.

Several methodologic aspects of the technique used in this study should be discussed. In our phagocytic assay we did not use encapsulated bacteria causing meningitis as biological effectors; we used *S. aureus* strain Wood 46 because we wanted to measure early, nonspecific, functional CMOA in CSF, rather than individual immune response to specific microorganisms in nonimmune patients. Furthermore, it is generally accepted that bacterial meningitis develops only in patients who lack type-specific, functional serum antibodies [39]. It is therefore likely that the study of early, specific immune response in CSF to the offending organisms would have given negative results. For ethical reasons, the phenomenon of the time-dependent appearance of specific antibodies can only be examined in an animal model. Previous studies in our laboratory have shown that the opsonization

Table 5. Correlation of clinical outcome in patients with bacterial meningitis and κ_{50} (50% killing) opsonic titers, complement levels, and bacterial counts in cerebrospinal fluid (CSF).

CSF factors	Complete recovery ($n = 20$)	Sequelae or death ($n = 7$)	Association with recovery
κ_{50} opsonic titers (units/ml)*	6.1 ± 5.91	<2	$P < 0.005$
C4 hemolytic activity†	1.12 ± 0.90	0.15 ± 0.13	$P < 0.01$
Concentration of C3†	0.50 ± 0.34	0.32 ± 0.19	$P < 0.05$
Bacterial counts (log cfu/ml)‡	5.11 ± 1.16	7.22 ± 0.75	$P < 0.001$
Protein concentration (mg/100 ml)	372 ± 268	$160 \pm 74§$	NS

NOTE. Data are means \pm SD and probabilities of association with recovery calculated by Fisher's exact test. NS = not significant.

* κ_{50} = the inverse of the dilution of CSF that promoted 50% killing of *Staphylococcus aureus* variant strain Wood 46.

† Expressed as the percentage of activity or concentration in pooled normal serum.

‡ Performed in samples from 10 patients who recovered and from five patients who either died or had sequelae.

§ Mean calculated for six of the seven patients who either died or had sequelae; patient no. 23 was excluded because of an unusually high concentration of protein in the CSF (1,230 mg/100 ml).

of *S. aureus* strain Wood 46 by human serum depends mainly on the complement system, and the role played by antibody is minimal [29]. The results of the present studies, which use CSF as the source of opsonic activity, confirm the earlier data (table 2). The correlation found between CMOA and χ_{50} in 10 samples of normal concentrated CSF ($P < 0.02$) and between CMOA and C4 activities in samples of CSF from patients with meningitis ($P < 0.001$) provides further evidence that the heat-labile opsonic activity in CSF that was measured by our phagocytic assay was indeed complement-mediated.

The method used to obtain and store CSF samples for measurement of complement levels or opsonic activity turned out to be a crucial methodologic point; spontaneous decay of complement occurs in untreated frozen CSF [15] and may even be accelerated when CSF that is taken from patients with systemic lupus erythematosus and central nervous system involvement is stored at -45 C [40]. To minimize this problem, all samples of CSF were drawn into vials containing EDTA and were immediately frozen at -70 C. Blood contamination of the CSF, which would have resulted in falsely high levels of complement activities, was eliminated by excluding all CSF samples with an admixture of blood of $\geq 1:25,000$.

We started our study with the hypothesis that the phagocytic test developed by Lew et al. [29] could be adapted to untreated CSF because the mean χ_{50} opsonic titers measured in pooled serum (236 units/ml) approximated the protein ratio found between normal untreated CSF and serum (1:250). However, CMOA was not detected in fresh undiluted CSF with this assay. By concentrating large volumes of normal CSF obtained during gas myelography, we were able to show that normal untreated CSF was devoid of CMOA. The absence of CMOA in CSF was evidenced by the low protein concentration in CSF; moreover, CMOA, expressed per milligram of protein, could be demonstrated to be lower in the CSF than in the serum from the same patient (figure 1, top). These findings are consistent with the data of Tofte et al. [17], who described an absence of opsonization of various encapsulated bacteria by normal CSF, whereas one sensitive strain of *S. aureus* (strain 502A) was opsonized by CSF. Our results are also in agreement with those published by Simberkoff et al. [18], who used various pathogenic and non-

pathogenic test bacteria and showed no bactericidal and no opsonic activity in normal CSF.

Our experiments with concentrated CSF suggest that the opsonic defect is not qualitative but merely quantitative. Sensitization of the phagocytic test by ultrafiltration had the additional advantages of eliminating all potential traces of antibiotics and EDTA from the samples and allowing us to test CSF under native conditions but in a well-buffered system. To minimize any error introduced by manipulating the CSF, we systematically prepared each sample of CSF and serum by ultrafiltration shortly before use. Control experiments showed that the ultrafiltration-concentration procedure resulted in a minimal, reproducible loss of CMOA and was not accompanied by any evidence of complement activation.

Early appearance of CMOA in CSF during bacterial meningitis—as opposed to viral meningitis—was paralleled by increases in C3 activity and C3 levels, which confirmed the presence of χ_{50} [18] and various other complement components [24, 41, 42] in the CSF of patients with meningitis. The early appearance of CMOA in CSF was further correlated with changes in the protein concentrations in CSF early in the course of the disease. χ_{50} opsonic titers in the CSF, however, when adjusted for protein concentration, never exceeded χ_{50} values in serum, which were also adjusted for protein concentration. It is therefore probable that the appearance of CMOA in CSF is one of the numerous changes induced by local inflammation of the subarachnoid space. The appearance of CMOA may be the result of an increase in the permeability of the blood-brain barrier for large molecules, as suggested by the appearance of IgM in infected CSF [23]. A part of complement is probably activated in the CSF during meningitis, as evidenced by the presence of C3d, the breakdown product of C3, in the CSF of nine patients.

The clinical relevance of the correlation found between the presence of CMOA in the CSF and a favorable clinical outcome for patients with bacterial meningitis needs to be put in proper perspective. First, CMOA—as assessed by the phagocytic assay with *S. aureus* strain Wood 46—does not measure possible specific opsonins in CSF and serum or the bactericidal defense mechanisms that each patient produces in response to the particular microorganism that causes the infection. How-

ever, these factors are unlikely to be present initially and were undetectable in the CSF of patients with acute bacterial meningitis [18]. In contrast, complement activity—as measured in our assay—is a nonspecific but immediately available host defense factor [38], and its level in the CSF may be important in limiting the rate of bacterial growth, as shown under other conditions [25, 37, 43]. Also, it should be stressed that the association between the presence of CMOA in the CSF and a favorable outcome for patients with meningitis is purely descriptive and that the present data do not prove a causal relationship. In fact, we cannot exclude the possibility that a common mechanism (for example, greater permeability of the blood-CSF barrier for both complement components and antibiotics) simultaneously influences several factors. However, patients who recovered completely from meningitis not only had higher K_{50} opsonic titers but also had lower mean initial bacterial counts in their CSF than did patients with complications, as previously observed by Feldman [20]. Thus, any mechanism that is able to moderate bacterial growth in the CSF may be an important determinant of the course of the disease and may allow the patient to receive medical therapy before complications arise. The possibility that CMOA in CSF might not merely reflect the permeability of the blood-meningeal barrier but may express an important biologic role of complement that is independent of the inflammatory process is illustrated by one subject in our study. Patient no. 23 had fatal post-traumatic meningitis due to *E. coli*; his initial sample of CSF contained over 10^8 cfu of bacteria/ml and had undetectable levels of C4, C3, and opsonic activity, in spite of a massive increase in protein concentration in the CSF. This situation was associated with very high levels of C3d, the breakdown product of C3, in the CSF. Thus, bacterial infection of the subarachnoid space may occasionally lead to a state of local consumption of opsonins and complement as previously demonstrated for pleural empyema [29, 44, 45].

Our results show that despite its barely detectable concentration in normal CSF, CMOA rapidly appears during the course of bacterial meningitis. The current results suggest that CMOA in CSF might be one of the numerous factors that influence the outcome of the disease. Increasing the level of opsonic activity in the CSF had already

been suggested in the preantibiotic era [46] as a means of influencing the outcome of bacterial meningitis, and this therapeutic strategy can now be evaluated in animal models.

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