

CONGRUENCES FOR THE SECOND-ORDER CATALAN NUMBERS

LI-LU ZHAO, HAO PAN, AND ZHI-WEI SUN

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ABSTRACT. Let p be any odd prime. We mainly show that

$$\sum_{k=1}^{p-1} \frac{2^k}{k} \binom{3k}{k} \equiv 0 \pmod{p}$$

and

$$\sum_{k=1}^{p-1} 2^{k-1} C_k^{(2)} \equiv (-1)^{(p-1)/2} - 1 \pmod{p},$$

where $C_k^{(2)} = \binom{3k}{k} / (2k+1)$ is the k th Catalan number of order 2.

1. INTRODUCTION

The well-known Catalan numbers are those integers

$$C_n = \frac{1}{n+1} \binom{2n}{n} = \binom{2n}{n} - \binom{2n}{n-1} \quad (n = 0, 1, 2, \dots).$$

(As usual we regard $\binom{x}{-k}$ as 0 for $k = 1, 2, \dots$.) There are many combinatorial interpretations for these important numbers (see, e.g., [St, pp. 219-229]). With the help of a sophisticated binomial identity, H. Pan and Z. W. Sun [PS] obtained some congruences on sums of Catalan numbers; in particular, by [PS, (1.16) and (1.8)], for any prime $p > 3$ we have

$$(1.0) \quad \sum_{k=0}^{p-1} C_k \equiv \frac{3\left(\frac{p}{3}\right) - 1}{2} \pmod{p} \quad \text{and} \quad \sum_{k=1}^{p-1} \frac{C_k}{k} \equiv \frac{3}{2} \left(1 - \left(\frac{p}{3}\right)\right) \pmod{p},$$

where the Legendre symbol $\left(\frac{a}{3}\right) \in \{0, \pm 1\}$ satisfies the congruence $a \equiv \left(\frac{a}{3}\right) \pmod{3}$. Recently Z. W. Sun and R. Tauraso [ST1, ST2] obtained some further congruences concerning sums involving Catalan numbers.

For $m, n \in \mathbb{N} = \{0, 1, 2, \dots\}$, we define

$$C_n^{(m)} = \frac{1}{mn+1} \binom{mn+n}{n} = \binom{mn+n}{n} - m \binom{mn+n}{n-1}$$

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and call it the n th Catalan number of order m . Clearly

$$C_n^{(1)} = C_n \quad \text{and} \quad C_n^{(2)} = \frac{1}{2n+1} \binom{3n}{n}.$$

In contrast with (1.0), we have the following result involving the second-order Catalan numbers.

Theorem 1.1. *Let p be an odd prime. Then*

$$(1.1) \quad \sum_{k=1}^{p-1} 2^k C_k^{(2)} \equiv 2 \left((-1)^{(p-1)/2} - 1 \right) \pmod{p}$$

and

$$(1.2) \quad \sum_{k=1}^{p-1} \frac{2^k C_k^{(2)}}{k} \equiv 4 \left(1 - (-1)^{(p-1)/2} \right) \pmod{p}.$$

Actually Theorem 1.1 follows from our next two theorems.

Theorem 1.2. *Let $p > 5$ be a prime. Then*

$$(1.3) \quad \sum_{k=0}^{p-1} 2^k \binom{3k}{k} \equiv \frac{6(-1)^{(p-1)/2} - 1}{5} \pmod{p},$$

$$(1.4) \quad \sum_{k=0}^{p-1} 2^k \binom{3k+1}{k} \equiv \frac{4(-1)^{(p-1)/2} + 1}{5} \pmod{p}.$$

Theorem 1.3. *For any prime p we have*

$$(1.5) \quad \sum_{k=1}^{p-1} \frac{2^k}{k} \binom{3k}{k} \equiv 0 \pmod{p}.$$

For any odd prime p we can also prove the following congruences:

$$5 \sum_{k=1}^{p-1} 2^k \binom{3k+2}{k} \equiv (-1)^{(p-1)/2} - 1 \pmod{p},$$

$$\sum_{k=1}^{p-1} \frac{2^{k-1}}{k} \binom{3k+1}{k} \equiv (-1)^{(p-1)/2} - 1 \pmod{p},$$

$$\sum_{k=1}^{p-1} \frac{2^{k-1}}{k} \binom{3k+2}{k} \equiv \frac{3}{2} \left((-1)^{(p-1)/2} - 1 \right) \pmod{p}.$$

We omit their proofs, which are similar to those of Theorems 1.2 and 1.3.

With the help of Theorems 1.2 and 1.3, we can easily deduce Theorem 1.1.

Proof of Theorem 1.1 via Theorems 1.2 and 1.3. Clearly (1.1) and (1.2) hold for $p = 3, 5$. Assume $p > 5$. By (1.3) and (1.4),

$$\begin{aligned} \sum_{k=0}^{p-1} \frac{2^k}{2k+1} \binom{3k}{k} &= 3 \sum_{k=0}^{p-1} 2^k \binom{3k}{k} - 2 \sum_{k=0}^{p-1} 2^k \binom{3k+1}{k} \\ &\equiv 2(-1)^{(p-1)/2} - 1 \pmod{p}. \end{aligned}$$

This proves (1.1). For (1.2) it suffices to note that

$$\sum_{k=1}^{p-1} \frac{2^k}{k(2k+1)} \binom{3k}{k} = \sum_{k=1}^{p-1} \frac{2^k}{k} \binom{3k}{k} - 2 \sum_{k=1}^{p-1} \frac{2^k}{2k+1} \binom{3k}{k}.$$

This concludes the proof. □

We are going to provide two lemmas in the next section. Theorems 1.2 and 1.3 will be proved in Sections 3 and 4 respectively.

2. SOME LEMMAS

Lemma 2.1. *For $m, n \in \mathbb{N}$ we have*

$$\begin{aligned} (2.1) \quad & 2^n \sum_{k=0}^{\lfloor m/3 \rfloor} (-2)^k \binom{n}{m-3k} \binom{3k-m+n}{k} \\ &= (-1)^m \sum_{j=0}^n \binom{n}{j} \sum_{k=0}^m (-2)^k \binom{n}{m-k} \binom{2j}{k}. \end{aligned}$$

Proof. Let $P(x) = (2 + 2x - 4x^3)^n$, and denote by $[x^k]P(x)$ the coefficient of x^k in the expansion of $P(x)$. Then

$$\begin{aligned} 2^{-n} [x^m]P(x) &= [x^m]((1+x) - 2x^3)^n \\ &= \sum_{k=0}^{\lfloor m/3 \rfloor} \binom{n}{k} (-2)^k [x^{m-3k}](1+x)^{n-k} \\ &= \sum_{k=0}^{\lfloor m/3 \rfloor} (-2)^k \binom{n}{k} \binom{n-k}{m-3k} \\ &= \sum_{k=0}^{\lfloor m/3 \rfloor} (-2)^k \binom{n}{m-3k} \binom{3k-m+n}{k}. \end{aligned}$$

Since

$$P(x) = (1-x)^n((2x+1)^2 + 1)^n = \sum_{j=0}^n \binom{n}{j} (1-x)^n (2x+1)^{2j},$$

we also have

$$[x^m]P(x) = \sum_{j=0}^n \binom{n}{j} \sum_{k=0}^m 2^k \binom{2j}{k} (-1)^{m-k} \binom{n}{m-k}.$$

Therefore (2.1) is valid.

For any prime p , if $n, k \in \mathbb{N}$ and $s, t \in \{0, 1, \dots, p-1\}$, then we have the well-known Lucas congruence (cf. [Gr] or [HS]), $\binom{pn+s}{pk+t} \equiv \binom{n}{k} \binom{s}{t} \pmod{p}$. This will be used in the proof of the following lemma. □

Lemma 2.2. *Let $p > 5$ be a prime. Then we have*

$$(2.2) \quad \sum_{s=0}^{p-1} (-1)^s \sum_{t=0}^{p-1} 2^t \binom{2s}{t} \equiv \frac{3(-1)^{(p-1)/2} + 2}{5} \pmod{p}$$

and

$$(2.3) \quad \sum_{s=0}^{p-1} (-1)^s \sum_{t=0}^{p-1} 2^t \binom{2s}{p+t} \equiv \frac{3}{10} \left(1 - (-1)^{(p-1)/2}\right) \pmod{p}.$$

Proof. Observe that

$$\begin{aligned} & \sum_{s=0}^{p-1} (-1)^s \sum_{t=0}^{p-1} 2^t \binom{2s}{t} \\ &= \sum_{s=0}^{(p-1)/2} (-1)^s \sum_{t=0}^{2s} 2^t \binom{2s}{t} + \sum_{s=(p+1)/2}^{p-1} (-1)^s \sum_{t=0}^{p-1} 2^t \binom{2s}{t} \\ &= \sum_{s=0}^{(p-1)/2} (-1)^s 3^{2s} + \sum_{s=(p+1)/2}^{p-1} (-1)^s \sum_{t=0}^{p-1} 2^t \binom{2s}{t} \\ &= \sum_{s=0}^{(p-1)/2} (-1)^s 3^{2s} + \sum_{s=(p+1)/2}^{p-1} (-1)^s \left(\sum_{t=0}^{2s} 2^t \binom{2s}{t} - \sum_{t=p}^{2s} 2^t \binom{2s}{t} \right) \\ &= \sum_{s=0}^{p-1} (-1)^s 3^{2s} - \sum_{s=(p+1)/2}^{p-1} (-1)^s \sum_{t=p}^{2s} 2^t \binom{2s}{t} \\ &= \sum_{s=0}^{p-1} (-9)^s - \sum_{s=(p+1)/2}^{p-1} (-1)^s \sum_{r=0}^{2s-p} 2^{p+r} \binom{2s}{p+r}. \end{aligned}$$

For $s = (p+1)/2, \dots, p-1$, by Lucas' congruence we have

$$\sum_{r=0}^{2s-p} 2^r \binom{p+(2s-p)}{p+r} \equiv \sum_{r=0}^{2s-p} 2^r \binom{2s-p}{r} = 3^{2s-p} \pmod{p}.$$

Thus, with the help of Fermat's little theorem, we get

$$\begin{aligned} \sum_{s=0}^{p-1} (-1)^s \sum_{t=0}^{p-1} 2^t \binom{2s}{t} &\equiv \frac{1 - (-9)^p}{10} - \sum_{s=(p+1)/2}^{p-1} (-1)^s \frac{2}{3} \cdot 9^s \\ &\equiv 1 - \frac{2}{3} (-9)^{\frac{p+1}{2}} \frac{1 - (-9)^{(p-1)/2}}{10} \\ &\equiv \frac{3(-1)^{(p-1)/2} + 2}{5} \pmod{p}. \end{aligned}$$

This proves (2.2).

In view of Lucas' congruence and Fermat's little theorem, we also have

$$\begin{aligned}
 & \sum_{s=0}^{p-1} (-1)^s \sum_{t=0}^{p-1} 2^t \binom{2s}{p+t} \\
 \equiv & \sum_{s=(p+1)/2}^{p-1} (-1)^s \sum_{t=0}^{p-1} 2^t \binom{2s-p}{t} = \sum_{s=(p+1)/2}^{p-1} (-1)^s 3^{2s-p} \\
 = & 3^{-p} (-9)^{(p+1)/2} \frac{1 - (-9)^{(p-1)/2}}{10} = (-1)^{(p+1)/2} \frac{3}{10} \left(1 + (-1)^{(p+1)/2} 3^{p-1} \right) \\
 \equiv & \frac{3}{10} \left(1 - (-1)^{(p-1)/2} \right) \pmod{p}.
 \end{aligned}$$

So (2.3) is also valid. We are done. \square

3. PROOF OF THEOREM 1.2

In order to prove Theorem 1.2, we first present an auxiliary result.

Theorem 3.1. *Let $p > 5$ be a prime, and let $d, \delta \in \{0, 1\}$. Then*

$$\begin{aligned}
 (3.1) \quad & \frac{(-1)^{d+\delta}}{2^\delta} \sum_{\delta p-d \leq 3k \leq \delta p+p-1-d} 2^k \binom{3k+d}{k} \\
 \equiv & \frac{4-\delta}{10} + \frac{(3\delta-2)(5d-3)}{10} (-1)^{(p-1)/2} \pmod{p}.
 \end{aligned}$$

Proof. Applying (2.1) with $n = p - 1$ and $m = \delta p + p - 1 - d$, we get

$$\begin{aligned}
 & 2^{p-1} \sum_{k=0}^{\lfloor (\delta p+p-1-d)/3 \rfloor} (-2)^k \binom{p-1}{\delta p+p-1-d-3k} \binom{3k+d-\delta p}{k} \\
 = & (-1)^{\delta p+p-1-d} \sum_{j=0}^{p-1} \binom{p-1}{j} \sum_{k=0}^{\delta p+p-1-d} (-2)^k \binom{p-1}{\delta p+p-1-d-k} \binom{2j}{k}.
 \end{aligned}$$

Observe that

$$\begin{aligned}
 & \sum_{k=0}^{\lfloor (\delta p+p-1-d)/3 \rfloor} (-2)^k \binom{p-1}{\delta p+p-1-d-3k} \binom{3k+d-\delta p}{k} \\
 = & \sum_{\delta p-d \leq 3k \leq \delta p+p-1-d} (-2)^k \binom{p-1}{p+\delta p-1-d-3k} \binom{3k+d-\delta p}{k} \\
 \equiv & \sum_{\delta p-d \leq 3k \leq \delta p+p-1-d} (-2)^k (-1)^{\delta p+p-1-d-3k} \binom{3k+d}{k} \\
 \equiv & (-1)^{d+\delta} \sum_{\delta p-d \leq 3k \leq \delta p+p-1-d} 2^k \binom{3k+d}{k} \pmod{p}
 \end{aligned}$$

and

$$\begin{aligned}
& (-1)^{\delta p + p - 1 - d} \sum_{j=0}^{p-1} \binom{p-1}{j} \sum_{k=0}^{\delta p + p - 1 - d} (-2)^k \binom{p-1}{\delta p + p - 1 - d - k} \binom{2j}{k} \\
& \equiv \sum_{j=0}^{p-1} (-1)^j \sum_{\delta p - d \leq k < \delta p + p - d} 2^k \binom{2j}{k} = \sum_{j=0}^{p-1} (-1)^j \sum_{t=0}^{p-1} 2^{\delta p - d + t} \binom{2j}{\delta p - d + t} \\
& \equiv 2^{\delta - d} \sum_{s=0}^{p-1} (-1)^s \sum_{t=0}^{p-1} 2^t \binom{2s}{\delta p - d + t} \pmod{p}.
\end{aligned}$$

Therefore

$$\begin{aligned}
& \sum_{\delta p - d \leq 3k \leq \delta p + p - 1 - d} 2^k \binom{3k + d}{k} \\
& \equiv (-2)^{\delta - d} \sum_{s=0}^{p-1} (-1)^s \sum_{t=0}^{p-1} 2^t \binom{2s}{\delta p - d + t} \pmod{p}.
\end{aligned}$$

Recall that $d \in \{0, 1\}$. We have

$$\begin{aligned}
& \sum_{s=0}^{p-1} (-1)^s \sum_{t=0}^{p-1} 2^t \binom{2s}{\delta p - d + t} \\
& = \sum_{s=0}^{p-1} (-1)^s \sum_{t=-d}^{p-1-d} 2^{d+t} \binom{2s}{\delta p + t} \\
& = \sum_{s=0}^{p-1} (-1)^s \left(\sum_{t=0}^{p-1} 2^{d+t} \binom{2s}{\delta p + t} + d \left(\binom{2s}{\delta p - 1} - 2^p \binom{2s}{\delta p + p - 1} \right) \right) \\
& = 2^d \sum_{s=0}^{p-1} \sum_{t=0}^{p-1} (-1)^s 2^t \binom{2s}{\delta p + t} + d \sum_{s=0}^{p-1} (-1)^s \left(\binom{2s}{\delta p - 1} - 2^p \binom{2s}{\delta p + p - 1} \right)
\end{aligned}$$

and hence

$$\begin{aligned}
& (-1)^{d+\delta} \sum_{\delta p - d \leq 3k \leq \delta p + p - 1 - d} 2^k \binom{3k + d}{k} - 2^{\delta} \sum_{s=0}^{p-1} \sum_{t=0}^{p-1} (-1)^s 2^t \binom{2s}{\delta p + t} \\
& \equiv d 2^{\delta - d} \sum_{s=0}^{p-1} (-1)^s \left(\binom{2s}{\delta p - 1} - 2 \binom{2s}{\delta p + p - 1} \right) \\
& \equiv d 2^{\delta - 1} (3\delta - 2) \sum_{s=0}^{p-1} (-1)^s \binom{2s}{p-1} \equiv d (3\delta - 2) 2^{\delta - 1} (-1)^{(p-1)/2} \pmod{p}.
\end{aligned}$$

Since

$$\sum_{s=0}^{p-1} (-1)^s \sum_{t=0}^{p-1} 2^t \binom{2s}{\delta p + t} \equiv \frac{4 - \delta}{10} + \frac{3}{10} (2 - 3\delta) (-1)^{(p-1)/2} \pmod{p}$$

by Lemma 2.2, we finally get

$$\begin{aligned} & \frac{(-1)^{d+\delta}}{2^\delta} \sum_{\delta p-d \leq 3k \leq \delta p+p-1-d} 2^k \binom{3k+d}{k} \\ & \equiv \frac{4-\delta}{10} + \frac{3}{10}(2-3\delta)(-1)^{(p-1)/2} + \frac{d}{2}(3\delta-2)(-1)^{(p-1)/2} \\ & \equiv \frac{4-\delta}{10} + \frac{(3\delta-2)(5d-3)}{10}(-1)^{(p-1)/2} \pmod{p}. \end{aligned}$$

This proves (3.1). □

Proof of Theorem 1.2. Let $d \in \{0, 1\}$. If $(2p-d)/3 \leq k \leq p-1$, then $2k+d+1 \leq 2k+2 \leq 2p \leq 3k+d$ and hence

$$\binom{3k+d}{k} = \frac{(3k+d) \cdots (2k+d+1)}{k!} \equiv 0 \pmod{p}.$$

Therefore

$$\sum_{2p-d \leq 3k \leq 3p-3} 2^k \binom{3k+d}{k} \equiv 0 \pmod{p}.$$

With the help of Theorem 3.1, we have

$$\begin{aligned} \sum_{k=0}^{p-1} 2^k \binom{3k+d}{k} & \equiv \sum_{-d \leq 3k \leq 2p-1-d} 2^k \binom{3k+d}{k} \\ & \equiv \sum_{\delta=0}^1 \sum_{\delta p-d \leq 3k \leq \delta p+p-1-d} 2^k \binom{3k+d}{k} \\ & \equiv \sum_{\delta=0}^1 (-1)^d (-2)^\delta \left(\frac{4-\delta}{10} + \frac{(3\delta-2)(5d-3)}{10} (-1)^{(p-1)/2} \right) \\ & \equiv \frac{(-1)^{d-1}}{5} \left(1 + (10d-6)(-1)^{(p-1)/2} \right) \pmod{p}. \end{aligned}$$

This yields (1.3) and (1.4). We are done. □

4. PROOF OF THEOREM 1.3

Proof of Theorem 1.3. Obviously (1.5) holds for $p = 2, 3$. Below we assume $p > 3$.

Let $\delta \in \{0, 1\}$. Applying (2.1) with $m = p + \delta p$ and $n = p$ we get

$$\begin{aligned} & 2^p \sum_{k=0}^p (-2)^k \binom{p}{p+\delta p-3k} \binom{3k-\delta p}{k} \\ (4.1) \quad & = (-1)^{\delta+1} \sum_{j=0}^p \binom{p}{j} \sum_{k=0}^{p+\delta p} (-2)^k \binom{p}{p+\delta p-k} \binom{2j}{k}. \end{aligned}$$

Observe that

$$\begin{aligned}
& \sum_{k=0}^p (-2)^k \binom{p}{p+\delta p-3k} \binom{3k-\delta p}{k} \\
&= \sum_{\delta p \leq 3k \leq p+\delta p-1} (-2)^k \binom{p}{3k-\delta p} \binom{3k-\delta p}{k} \\
&= 1-\delta + \sum_{\delta p < 3k < p+\delta p} (-2)^k \binom{p}{3k-\delta p} \binom{3k-\delta p}{k}.
\end{aligned}$$

For $j = 1, \dots, p-1$ clearly

$$\binom{p}{j} = \frac{p}{j} \binom{p-1}{j-1} \equiv p \frac{(-1)^{j-1}}{j} \pmod{p^2}.$$

Thus

$$\begin{aligned}
& \sum_{\delta p < 3k < p+\delta p} (-2)^k \binom{p}{3k-\delta p} \binom{3k-\delta p}{k} \\
&\equiv \sum_{\delta p < 3k < p+\delta p} (-2)^k p \frac{(-1)^{3k-\delta p-1}}{3k-\delta p} \binom{3k-\delta p}{k} \\
&\equiv (-1)^{\delta+1} \sum_{\delta p < 3k < p+\delta p} (-2)^k p \frac{(-1)^k}{3k} \binom{(3k-\delta p)+\delta p}{k} \\
&\hspace{15em} \text{(by Lucas' congruence)} \\
&\equiv (-1)^{\delta+1} \frac{p}{3} \sum_{\delta p < 3k < p+\delta p} \frac{2^k}{k} \binom{3k}{k} \pmod{p^2}.
\end{aligned}$$

Notice that

$$\begin{aligned}
& \sum_{j=0}^p \binom{p}{j} \sum_{k=0}^{p+\delta p} (-2)^k \binom{p}{p+\delta p-k} \binom{2j}{k} \\
&= \sum_{\delta p \leq 2j \leq 2p} \binom{p}{j} \sum_{k=\delta p}^{p+\delta p} (-2)^k \binom{p}{k-\delta p} \binom{2j}{k} \\
&= \sum_{\delta p < 2j < 2p} \binom{p}{j} \sum_{k=\delta p}^{p+\delta p} (-2)^k \binom{p}{k-\delta p} \binom{2j}{k} \\
&\quad + \sum_{2j \in \{\delta p, 2p\}} \binom{p}{j} \sum_{k=\delta p}^{p+\delta p} (-2)^k \binom{p}{k-\delta p} \binom{2j}{k}.
\end{aligned}$$

Clearly

$$\begin{aligned}
 & \sum_{\delta p < 2j < 2p} \binom{p}{j} \sum_{k=\delta p}^{p+\delta p} (-2)^k \binom{p}{k-\delta p} \binom{2j}{k} \\
 \equiv & \sum_{\delta p < 2j < 2p} \binom{p}{j} \left((-2)^{\delta p} \binom{p}{0} \binom{2j}{\delta p} + (-2)^{p+\delta p} \binom{p}{p} \binom{2j}{p+\delta p} \right) \\
 \equiv & \sum_{\delta p < 2j < 2p} \binom{p}{j} (-2)^{\delta p} \binom{2j-\delta p}{0} \\
 & + (1-\delta) \sum_{p < 2j < 2p} \binom{p}{j} (-2)^{p+\delta p} \binom{2j-p}{p-p} \text{ (by Lucas' congruence)} \\
 \equiv & (-2)^{\delta} 2^{1-\delta} (2^{p-1} - 1) + (1-\delta) (-2)^{1+\delta} (2^{p-1} - 1) \\
 \equiv & (-1)^{\delta} \delta (2^p - 2) = -\delta (2^p - 2) \pmod{p^2}.
 \end{aligned}$$

(Note that $\delta \in \{0, 1\}$ and $2 \sum_{p/2 < j < p} \binom{p}{j} = \sum_{j=1}^{p-1} \binom{p}{j} = 2^p - 2$.) Also,

$$\sum_{2j=\delta p} \binom{p}{j} \sum_{k=\delta p}^{p+\delta p} (-2)^k \binom{p}{k-\delta p} \binom{2j}{k} = (1-\delta) \sum_{k=0}^p (-2)^k \binom{p}{k} \binom{0}{k} = 1 - \delta$$

and

$$\begin{aligned}
 & \sum_{2j=2p} \binom{p}{j} \sum_{k=\delta p}^{p+\delta p} (-2)^k \binom{p}{k-\delta p} \binom{2j}{k} \\
 \equiv & \sum_{k \in \{\delta p, p+\delta p\}} (-2)^k \binom{p}{k-\delta p} \binom{2p}{k} \\
 \equiv & (-2)^{\delta p} \binom{2}{\delta} + (-2)^{p+\delta p} \binom{2}{1+\delta} = 4^{\delta p} - 2^{p+1} \pmod{p^2}.
 \end{aligned}$$

(Recall that $\frac{1}{2} \binom{2p}{p} = \binom{2p-1}{p-1} \equiv 1 \pmod{p^3}$ by the Wolstenholme congruence (cf. [Gr] or [HT]).)

Combining the above with (4.1), we have

$$\begin{aligned}
 & 2^p \left(1 - \delta + (-1)^{\delta+1} \frac{p}{3} \sum_{\delta p < 3k < p+\delta p} \frac{2^k}{k} \binom{3k}{k} \right) \\
 \equiv & (-1)^{\delta+1} (\delta(2-2^p) + 1 - \delta + 4^{\delta p} - 2^{p+1}) \pmod{p^2}.
 \end{aligned}$$

Setting $\delta = 0$ and $\delta = 1$ respectively, we obtain

$$2^p - 2^p \frac{p}{3} \sum_{0 < 3k < p} \frac{2^k}{k} \binom{3k}{k} \equiv 2^{p+1} - 2 \pmod{p^2}$$

and

$$2^p \frac{p}{3} \sum_{p < 3k < 2p} \frac{2^k}{k} \binom{3k}{k} \equiv 2 - 2^p + 4^p - 2^{p+1} \pmod{p^2}.$$

It follows that

$$\frac{2}{3^p} \sum_{0 < 3k < 2p} \frac{2^k}{k} \binom{3k}{k} \equiv 4^p - 4 \cdot 2^p + 4 = (2^p - 2)^2 \equiv 0 \pmod{p^2}.$$

If $2p \leq 3k < 3p$, then

$$\binom{3k}{k} = \frac{3k \cdots (2k+1)}{k!} \equiv 0 \pmod{p}.$$

Therefore

$$\sum_{k=1}^{p-1} \frac{2^k}{k} \binom{3k}{k} = \sum_{0 < 3k < 2p} \frac{2^k}{k} \binom{3k}{k} + \sum_{2p \leq 3k < 3p} \frac{2^k}{k} \binom{3k}{k} \equiv 0 \pmod{p}.$$

This completes the proof of Theorem 1.3. \square

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DEPARTMENT OF MATHEMATICS, NANJING UNIVERSITY, NANJING 210093, PEOPLE’S REPUBLIC OF CHINA

E-mail address: zhaolilu@gmail.com

DEPARTMENT OF MATHEMATICS, NANJING UNIVERSITY, NANJING 210093, PEOPLE’S REPUBLIC OF CHINA

E-mail address: haopan79@yahoo.com.cn

DEPARTMENT OF MATHEMATICS, NANJING UNIVERSITY, NANJING 210093, PEOPLE’S REPUBLIC OF CHINA

E-mail address: zwsun@nju.edu.cn