

# Correlation between cytotoxicity in cancer cells and free radical-scavenging activity: *In vitro* evaluation of 57 medicinal and edible plant extracts

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Received December 9, 2018; Accepted August 6, 2019

DOI: 10.3892/ol.2019.11054

**Abstract.** Cancer is a complex interaction among multiple signaling pathways involving a variety of target molecules. Cancer causes morbidity and mortality in millions of people worldwide, and due to its prevalence, the discovery of novel anticancer drugs is urgently required. Nature is considered an important source of the discovery of anticancer treatments, and many of the cytotoxic medicines in clinics today are derived from plants and other natural sources. Reactive oxygen species (ROS) induce a variety of human cancers, and antioxidants or scavengers are used to counteract them. The current study reports on the screening of extracts from 57 plants that are used in the galilee district as a food and/or for traditional medicine. Investigating the free radical scavenging capacity and these plants, and their cytotoxicity, may prove helpful to high-throughput screening projects that use antioxidants and cytotoxic natural products. The current study assessed the correlation between free radical scavenging and cytotoxicity. Correlational analysis is important for increasing the efficiency of the screening process. In the present study, free radical scavenging was assessed using a DPPH assay, while cytotoxicity was measured using a XTT assay. A total of 9 extracts were indicated to exhibit EC<sub>50</sub> values <250 µg/ml, and 4 others exhibited a high antioxidant content, with EC<sub>50</sub> values, for free radical scavenging, of <0.5 µg/ml. An in-depth analysis of the results revealed that the extracts of plants that exhibit an EC<sub>50</sub> of free radical scavenging ≤10 µg/ml show a degree of enrichment

toward increased cytotoxicity. It is recommended that future studies test the validity of the conclusions of the current study on other cancer cell-lines, and isolate and identify the bioactive agents that are found in the most cytotoxic extracts of plants.

## Introduction

A large variety of plant-based nutrients and phytochemicals consumed by humans has long been considered to be associated with human health, and has even proved to reduce the risk of inflammation (1-3) and illnesses such as diabetes (4), cardiovascular (5), neurodegenerative (6), microbial-related diseases (7,8), and certain types of cancer (9-13). Cancer continues to be a major health challenge, constituting the second-leading cause of death worldwide, despite intensive and extensive research that has revealed much about its biology in last few decades (14,15). In parallel, considerable progress in anti-cancer therapies has been made, allowing the cure of cancer patients and helping to prolong their survival rate. Despite such advances in its early detection, and improvements in treatment and prevention, cancer remains a major challenge in terms of morbidity and mortality. Therefore, enormous scientific and commercial endeavors have been made to discover further anti-cancer agents. In view of this, natural products that have been studied for a long time, have been found to have pharmacologic activity, and have proved to be safe with long-term exposure (16). Some of these plant-extracted products are currently available on the pharmaceutical market as antioxidants or scavengers, and are used to counteract reactive oxygen species (ROS), the triggers for various types of human cancer (17). ROS, produced either endogenously or by exogenous stimuli, can damage DNA, proteins, and lipids, which can lead to the transformation of normal cells into cancer cells through the mutation of key genes (18). Cancer initiation and progression can also occur due to an unbalanced redox equilibrium, an inherent defense system of cells that endogenously generate and scavenge ROS, leading to increased DNA damage, prevention of cell apoptosis, and consequently, to a higher rate of cell survival (19,20). Given this, the excessive production of intracellular ROS has been targeted by

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**Key words:** cytotoxicity, antioxidant, free radical scavenging, medicinal plant, edible plant

antioxidants as therapeutic agents to prevent or suppress the development or propagation of cancer cells (21). Many plants have been found to have significant ROS-scavenging activity (antioxidant activity), which is associated with cytotoxicity (antiproliferative activity) toward cancer cells, and thus could be used as therapeutic and preventive agents (22-24). This association is clear in the observations that curcumin, a natural polyphenol derived from the rhizome of turmeric, and quercetin, an anti-oxidant derived from fruits and vegetables, have been shown to have potent free radical-scavenging and cytotoxic activity (25,26).

As cancer cells have developed the capability to escape apoptosis through a number of mechanisms-cellular transformation, apoptosis dysregulation, proliferation, migration, angiogenesis, and metastasis. Patients with cancer have been treated and managed by conventional surgery, chemotherapy, or radiotherapy. However, researchers have begun to find encouraging clinical results pointing to the value of plant-based products in cancer treatment, and physicians have started to use these medications. They support, and even strengthen, various systems of the body that are under stress due to chemical toxicity or traumatic events. In contrast to chemotherapy, which often induces a number of undesired toxic side effects, natural therapies, such as the use of plant-derived products, may have the capability to reduce some of these toxicities (27). Plants and other natural products have for a long time been the main source of anti-tumor drug candidates. Many of the anticancer drugs used today, such as vinblastine, vincristine, Paclitaxel, and camptothecin, are based mainly on natural drugs (14,28).

ROS are unstable species that pair up their odd free electrons by attacking healthy cells, causing a loss of cell structure and/or function (29). The impaired cells are key contributors to degenerative diseases such as cancer, inflammation, immune system weakening, liver disease, brain dysfunction, cardiovascular conditions, diabetes, and renal failure (30). Therefore, antioxidants/free radical-scavenging agents are vital to controlling the damaging effect of free radicals in the human body (31). As a result, verifying the type of correlation between free radical-scavenging of plant extracts and their cytotoxicity to cancer cells is an issue of great importance. The purpose of this study is to evaluate the free radical-scavenging of dozens of plant-based extracts, as well as their cytotoxicity to the HepG2 cell line (liver cancer). To the best of our knowledge to date, the correlation between free radical-scavenging and cytotoxicity has not yet been tested on a large scale nor reported in scientific journal. To explore and possibly verify this correlation, we tested fifty-seven methanolic extracts derived from regional plants that see heavy use as food and as traditional medicines.

Finding the type of correlation between free radical-scavenging of plant extracts and their cytotoxicity could be helpful in high-throughput screening projects that search for cytotoxic natural products. If a positive correlation exists, then, it may not imply that a change in the value of one parameter will cause a change in the value of the other parameter.

## Materials and methods

*Materials and cells.* All plants that were used in this study were purchased from Al-Alim Ltd. (Medicinal Herb Center)

or from the local market (those that are labeled with a symbol <sup>a</sup> in Table I). All our research involving wild-type species are not at risk of extinction and not registered in the endangered species flora list. The gallic acid, DPPH, and the solvents were purchased from Sigma. HepG2 liver cancer cell line was purchased from the American Tissue Culture Collection (ATCC; catalog no. HB-8065; passage 05-10). Eagle's minimum essential medium (EMEM), fetal bovine serum, antibiotics, and the XTT kit were purchased from Biological Industries.

*Extraction of plants.* To perform the extraction, one gram of dried plant material was packed in a tube, soaked with 10 milliliters of methanol, sonicated for 75 min at 40°C, and then left in for 3 h to cool down. After complete extraction, the methanolic extract solution was filtered with Whatman paper, grade 1, dried under vacuum, weighed, and then dissolved by DMSO at a concentration of 100 mg/ml. The extract was kept at 4°C until it was used.

*Free radical scavenging (FRS).* The FRS of the methanolic extracts of the various plants was measured by microdilution using the DPPH assay protocol, with slight modifications (32,33). The microdilution of DPPH was performed using two-fold serial dilution in ddH<sub>2</sub>O. The tests were carried out in 96-well, flat-bottomed plates. 100 μl of ethanolic DPPH solution (200 ppm) was added to 100 μl of the plant extract at the concentration stated in Table I. The mixture was then shaken and allowed to settle for 30 min in the dark at room temperature. The absorbance of the solution was measured at 517 nm and converted into a percentage of FRS using the following equation:

$$\text{FRS}\% = 100 * \{1 - [(A_{\text{sample}} - A_{\text{blank}_1}) / (A_{\text{control}} - A_{\text{blank}_2})]\}$$

where

$A_{\text{sample}}$  is the absorbance of the mixture (of plant extract and DPPH),

$A_{\text{blank}_1}$  is the absorbance of the plant extract,

$A_{\text{control}}$  is the absorbance of the ethanolic solution of DPPH, and  $A_{\text{blank}_2}$  is the absorbance of ethanol.

Gallic acid at a concentration of 100 μg/ml was used as a positive control. FRS was expressed in terms of the EC<sub>50</sub> (the amount of antioxidant necessary to decrease the initial DPPH absorbance by 50%). The EC<sub>50</sub> value for each extract was determined by extracting the value from the equation for the linear part of the graph. We substituted 50% for the y value, while calculating the concentration value of the x-axis.

*Cell culture and cytotoxicity assay.* HepG2 cells were cultured in EMEM medium supplemented with 10% fetal bovine serum and 100 U/ml of penicillin streptomycin (Biological Industries). The cells were cultured at 37°C in an incubator with 5% CO<sub>2</sub>. The cytotoxic effect of the extracts on the cells was assessed using a cell proliferation kit (XTT-based). In short, 2.5x10<sup>3</sup> HepG2 cells were seeded into each well of a 96-well plate and cultured for 24 h. The cells were treated with various concentrations of plant extract (0, 10, 20, 30, 40, 50, 100, 200, 300, 400 and 500 μg/ml) for 48 h and then incubated with XTT reagents for 3 h at 37°C, and

Table I. A list of medicinal and edible plants that were used in the current study and their yield of methanolic extraction, EC<sub>50</sub> for free radical scavenging, percentage of inhibition at a concentration of 250 µg/ml of plant extract and 4-EC<sub>50</sub> cytotoxicity for the most active plant.

Scientific name (part of the plant)	The extract yield (%)	EC <sub>50</sub> of free radical scavenging (µg/ml)	% Inhibition at concentrations of 250 µg/ml of (%)	EC <sub>50</sub> of cytotoxicity (µg/ml)
<i>Vitis vinifera</i> (leaf)	6.32	4.63	13	
<i>Stevia rabaudiana</i> (leaf)	19.38	9.77	12	
<i>Rosmarinus officinalis</i> (leaf)	11.72	3.45	95	131
<i>Rubus idaeus</i> (leaf)	4.82	4.25	22	
<i>Punica granatum</i> (fruit peel)	38.02	87.30	49	
<i>Origanum vulgare</i> (leaf)	10.00	1.67	90	180
<i>Vitex agnus-castus</i> (seeds)	3.60	166.43	99	42
<i>Thymus vulgaris</i> (leaf)	11.63	1.98	33	
<i>Mentha piperita</i> (leaf)	10.97	1.68	30	
<i>Melissa officinalis</i> (leaf)	9.70	0.28	36	
<i>Urtica urens/pilulifera</i> (leaf)	7.33	220.92	0	
<i>Orea europaea</i> (leaf)	25.20	2.98	30	
<i>Camelia sinensis</i> (leaf)	11.26	54.2	33	
<i>Cynara cardunculus</i> (leaf)	20.15	17.61	95	152
<i>Foeniculurn vulgare</i> (seeds)	4.06	26.74	0	
<i>Petroselinum crispum</i> (leaf)	18.78	282.70	0	
<i>Pelargonium spp</i> (leaf)	11.30	2.83	53	
<i>Lippia citriodora</i> (leaf)	8.33	4.14	92	197
<i>Ocimum basilicum</i> (leaf)	11.22	8.73	3	
<i>Sumac</i> (ripe fruit)	30.44	<0.5	66	
<i>Zingiber officinale</i> (root)	4.32	81.0	95	109
<i>Cinnamomum aromaticum</i> (bark)	4.26	1.67	100	162
<i>Cuminum cyminum</i> (seeds)	10.14	23.90	10	
<i>Portulaca oleracea</i> (leaf and stem)	10.08	47.33	14	
<i>Centaurea</i> (leaf and stem)	12.10	249.97	18	
<i>Scolymus maculatus</i> (leaf and stem)	3.82	259.03	0	
<i>Cichorium intybus</i> (leaf)	15.08	83.96	0	
<i>Malva<sup>a</sup></i> (leaf)	14.77	<0.5	0	
<i>Allium cepa</i> (leaf)	8.15	215.20	0	
<i>Corchorus olitorius</i> (leaf)	11.23	10.64	0	
<i>Gundelia tournefortii<sup>a</sup></i> (stem)	10.44	140.79	0	
<i>Hyssopus</i> (leaf)	3.60	13.10	0	
<i>Green tea</i> (leaf)	14.73	0.38	0	
<i>Petroselinum</i> (leaf and stem)	6.96	35.97	0	
<i>Thymus capitatus</i> (leaf)	9.28	2.12	37	
<i>Foeniculurn vulgare</i> (leaf and stem)	4.76	20.86	33	
<i>Melissa officinalis</i> (leaf)	8.80	24.0	0	
<i>Petroselinum</i> (leaf)	17.55	381.20	4	
<i>Laurus nobilis</i> (leaf)	12.74	8.92	93	182
<i>Salvia officinalis</i> (leaf)	9.22	267.92	90	142
<i>Cymbopogon citratus</i> (leaf)	11.54	9.80	24	
<i>Linum usitatissimum</i> (seeds)	0.40	4,523.5	0	
<i>Avena sativa</i> (seeds)	22.00	635.51	1	
<i>Ceratonia siliqua</i> (ripe fruit)	25.06	130.9	12	
<i>Origanum syriacum</i> (leaf)	13.53	1.84	15	
<i>Camomile</i> (leaf and flowers)	16.25	29.00	7	
<i>Salvia hispanica</i> (seeds)	0.50	3,736.5	4	
<i>Crocus<sup>a</sup></i> (seeds)	0.96	765.2	31	
<i>Vitex agnus-castusa</i> (stem + leaf)	12.00	266.51	0	

Table I. Continued.

Scientific name (part of the plant)	The extract yield (%)	EC <sub>50</sub> of free radical scavenging (µg/ml)	% Inhibition at concentrations of 250 µg/ml of (%)	EC <sub>50</sub> of cytotoxicity (µg/ml)
<i>Marrubium vulgare</i> <sup>a</sup> (leaf)	2.56	51.3	0	
<i>Ficus religiosa</i> <sup>a</sup> (stem)	4.22	215.92	23	
<i>Lepidium sativum</i> <sup>a</sup> (seeds)	0.84	2,529.8	0	
<i>Angelica sylvestris</i> <sup>a</sup> (leaf)	10.10	2.00	3	
<i>Gentiana</i> <sup>a</sup> (leaf)	30.76	396.03	0	
<i>Pelargonium sp.</i> <sup>a</sup> (stem)	3.88	146.5	3	
<i>Eryngium</i> <sup>a</sup> (stem)	4.32	253.31	0	
<i>Humulus lupulus</i> <sup>a</sup> (leaf)	12.36	4.22	3	

<sup>a</sup>Plants purchased at the local market.

absorbance was measured at 450 nm. The mean absorbance of non-treated cells served as the reference value for calculating the percentage of cellular viability. The assay was carried out in triplicate. Culture medium without cells was used as a background control (blank) and was subtracted from the other measurements.

**Model assessments.** Parameters such as the Matthews correlation coefficient (MCC), accuracy, the precision enrichment factor, and the area under the ROC curve (AUC) were used to assess the quality of the cytotoxicity/free radical-scavenging correlation models.

Equation 1. Matthews correlation coefficient (MCC).

$$MCC = \frac{(PN) - (P_f N_f)}{\sqrt{(N + N_f)(N + P_f)(P + N_f)(P + P_f)}}$$

where

$P$ ,  $N$ ,  $P_f$  and  $N_f$  are the numbers of true positive, true negative, false positive, and false negative predictions, respectively. A perfect prediction gives MCC=1.0, while a random performance gives MCC=0.0. MCC=-1.0 indicates a completely erroneous prediction.

Equation 2. Accuracy.

$$\text{Accuracy} = (P + N) / (P + N + P_f + N_f)$$

Equation 3. Precision.

$$\text{Precision} = P / (P + P_f)$$

Equation 4. Enrichment factor.

$$EF = T_{FRS} / T_{RS}$$

where

$T_{FRS}$  is the % of actives when using the FRS threshold criterion, and  $T_{RS}$  is the % of actives by random selection.

**Statistical analysis.** All statistical analyses were conducted using Excel spreadsheet software (v16.0; Microsoft). The quality of correlation between any two parameters was evaluated using a regression analysis based on the value of the coefficient of determination ( $R^2$ ). Reliability decreases with

a decrease in the  $R^2$  value ( $R^2=1$  means completely reliable, while  $R^2=0$  means completely unreliable).

## Results and Discussion

Fifty-seven edible medicinal plants were studied by measuring their free radical-scavenging (by DPPH assay) and their cytotoxic activity (by XTT assay). All results are summarized in Table I. The average yield of extraction by methanol was 11.2%, and as shown in Fig. 1, no correlation was detected between the % of extraction yield and free radical scavenging. However, the four plants that gave a % of yield of <1% (*Linum usitatissimum*, *Salvia hispanica*, *Lepidium sativum* and *Crocus*) possess the lowest free radical-scavenging activity (EC<sub>50</sub> values, of 4,523, 3,736, 2,529 and 765 µg/ml, respectively). A review of column 3 of Table I reveals that *Malva*, sumac, *Melissa officinalis*, and green tea have the highest content of antioxidants, with EC<sub>50</sub> values of free radical-scavenging of <0.5 µg/ml. Cytotoxicity was first verified by screening all extracts for their activity, using one concentration of 250 µg/ml; column 4 depicts the % of inhibition at this concentration. The extracts that gave a % of inhibition above 90% were tested in the second round at lower concentrations in dose response manner to extract their EC<sub>50</sub> values. The results are summarized in column 5. Nine extracts were found to have EC<sub>50</sub> values of <250 µg/ml (*Rosmarinus officinalis*, *Origanum vulgare*, *Vitex agnus-castus*, *Cynara cardunculus*, *Lippia citriodora*, *Zingiber officinale*, *Cinnamomum aromaticum*, *Laurus nobilis*, and *Salvia officinalis*). Their EC<sub>50</sub> values are 131, 180, 42, 152, 197, 109, 162, 182 and 142 µg/ml, respectively. Three other extracts [*Punica granatum* (fruit peel), *Pelargonium spp* (leaf), *Sumac* (ripe fruit)] have EC<sub>50</sub> values close to 250 µg/ml, where treatment with 250 µg/ml inhibit viability of liver cancer cells by 49, 53 and 66%, respectively.

Rules-based analysis using Matthew's correlation coefficient (MCC) scores and enrichment factors as criteria for the evaluation of the models' efficiency revealed that the plant extracts whose EC<sub>50</sub> for free radical scavenging ≤10 µg/ml showed some degree of enrichment toward more cytotoxicity (Table II). The values for the enrichment factor, the MCC, accuracy, and precision are 2.6, 0.28, 0.67 and 0.5, respectively.

Table II. MCC scores and enrichment factors were utilized as criteria for evaluating the models. All calculations are based on the assumption that a % of cytotoxicity  $\geq 30\%$ , at a concentration of  $250 \mu\text{g/ml}$  of plant extract, is considered active (a true positive); otherwise, it is considered inactive. One third of the tested plants (nineteen extracts) showed activity  $\geq 30\%$  cytotoxicity.

Criteria	EC <sub>50</sub> cutoff of FRS ( $\leq$ )			
	10 $\mu\text{g/ml}$	50 $\mu\text{g/ml}$	250 $\mu\text{g/ml}$	No limit
No. active plants (true positives) <sup>a</sup>	11	13	17	19
No. inactive plants (false positives) <sup>b</sup>	11	19	28	38
No. inactive plants (true negatives) <sup>c</sup>	27	19	10	-
No. active plants (false negatives) <sup>d</sup>	8	6	2	-
Precision	0.5	0.41	0.38	0.34
Accuracy	0.67	0.56	0.47	0.34
Enrichment factor	1.5	1.22	1.13	1.0
MCC	0.280	0.175	0.183	0.0

<sup>a</sup>Number of plant extracts that have an EC<sub>50</sub> of FRS less than the indicated threshold and  $\geq 30\%$  cytotoxicity against HepG2 cancerous cells at a concentration of  $250 \mu\text{g/ml}$  plant extract; <sup>b</sup>Number of plant extracts that have an EC<sub>50</sub> of FRS less than the indicated threshold and  $< 30\%$  cytotoxicity against HepG2 cancerous cells at a concentration of  $250 \mu\text{g/ml}$  plant extract; <sup>c</sup>Number of plant extracts that have an EC<sub>50</sub> of FRS greater than the indicated threshold and  $< 30\%$  cytotoxicity against HepG2 cancerous cells at a concentration of  $250 \mu\text{g/ml}$  plant extract; <sup>d</sup>Number of plant extracts that have an EC<sub>50</sub> of FRS greater than the indicated threshold and  $\geq 30\%$  cytotoxicity against HepG2 cancerous cells at a concentration of  $250 \mu\text{g/ml}$  plant extract. MCC, Matthew's correlation coefficient.

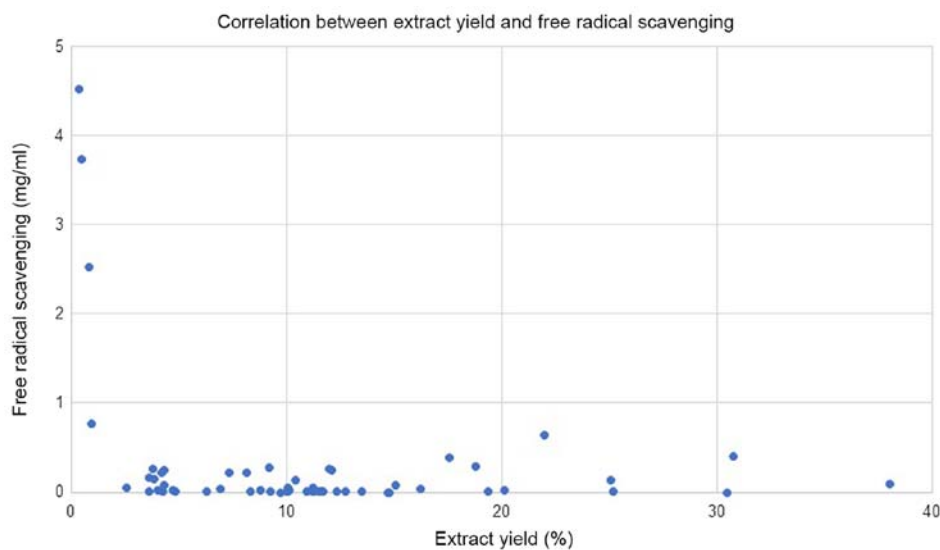


Figure 1. Correlation between % of yield that was obtained by extraction with methanol and free radical scavenging.

No correlation was detected between the % of cytotoxicity (using a concentration of  $250 \mu\text{g/ml}$  of plant extract) and the EC<sub>50</sub> for free radical scavenging (Fig. 2). Moreover, the correlation between the EC<sub>50</sub> for cytotoxicity and the EC<sub>50</sub> for free radical scavenging for the nine most cytotoxic plant extracts (Fig. 3) tends slightly toward the negative. The most cytotoxic plant extract (*Vitex agnus-castus*) showed, by several orders of magnitude, free radical-scavenging less than seven other extracts (*Rosmarinus officinalis*, *Origanum vulgare*, *Cynara cardunculus*, *Lippia citriodora*, *Zingiber officinale*, *Cinnamomum aromaticum*, and *Laurus nobilis*) out of the nine most cytotoxic plants. The obtained results show that differences in cytotoxic activities among the extracts are not mainly

accredited to the level of antioxidants but could also be associated with the inhibitory effects via other signaling pathways.

Figs. 4 and 5 depict the enrichment plot and the receiver operating characteristic (ROC) plot for the cytotoxicity/free radical-scavenging correlation model. It is worth noting that a fully random model should yield an AUC value around 0.5. The area under the curve (AUC) that was attained for the current model, as shown in Fig. 5, is 0.705, which means that the model is very poor, indicating a very weak correlation between cytotoxicity and free radical scavenging. The enrichment plot that is shown in Fig. 4 illustrates how quickly cytotoxic extracts of plants can be identified when they are sorted according to their free radical scavenging activity. If the enrichment plot of the

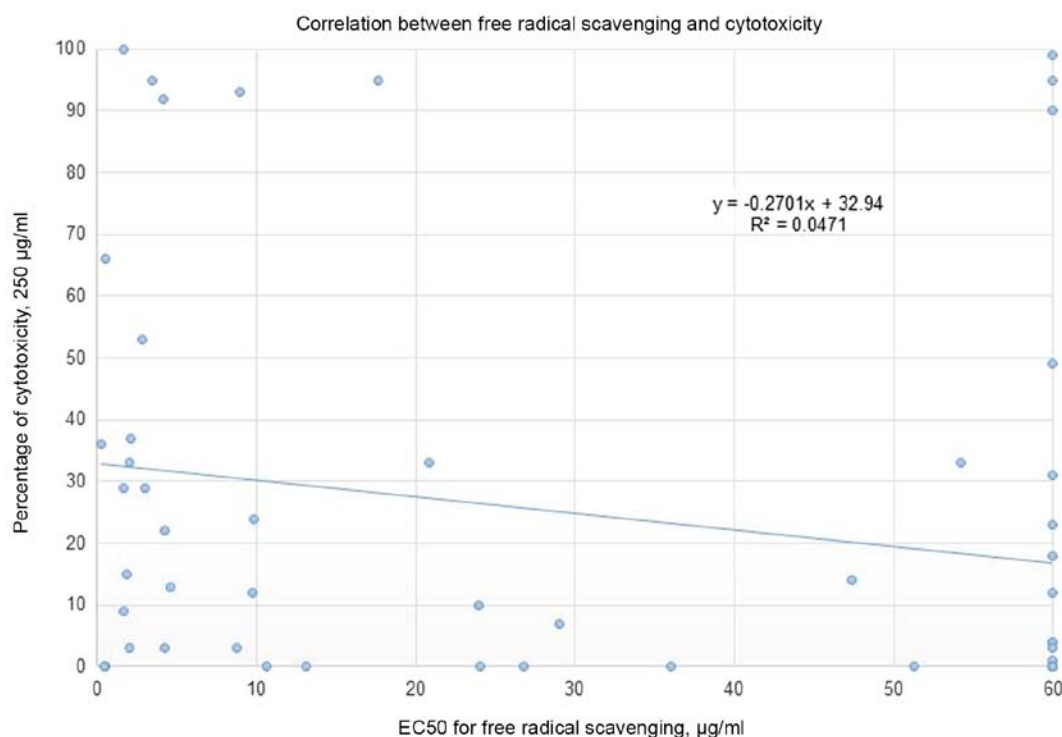


Figure 2. Correlation between the % of cytotoxicity at a concentration of 250 µg/ml of plant extract and an EC<sub>50</sub> for free radical scavenging expressed in units of µg/ml. The EC<sub>50</sub> of free radical scavenging for each plant extract, which is >60 µg/ml, was set at 60 µg/ml.

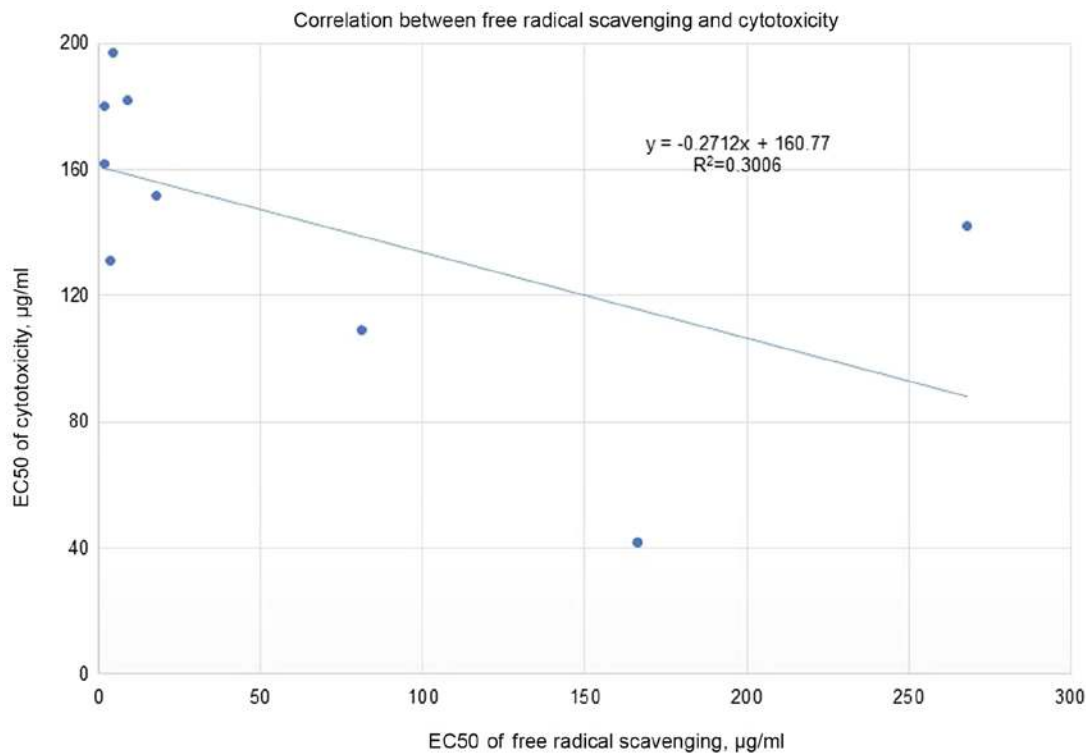


Figure 3. Correlation between the EC<sub>50</sub> for cytotoxicity and the EC<sub>50</sub> for free radical scavenging for the nine most cytotoxic plant extracts.

proposed model is close to the perfect model, it indicates high prioritization power. A close look reveals that the shape of the figure fits well with the conclusions drawn from the detailed analysis of Table II, which disclosed that plant extracts with an EC<sub>50</sub> of free radical scavenging ≤10 µg/ml display some degree

of enrichment toward more cytotoxicity. At this point, the model line is closer to the experimental line than to the random line.

In mid-October 2018, the electronic database PubMed was searched using the scientific names of the demonstrably cytotoxic plants disclosed herein and the keyword anticancer. Eight out of

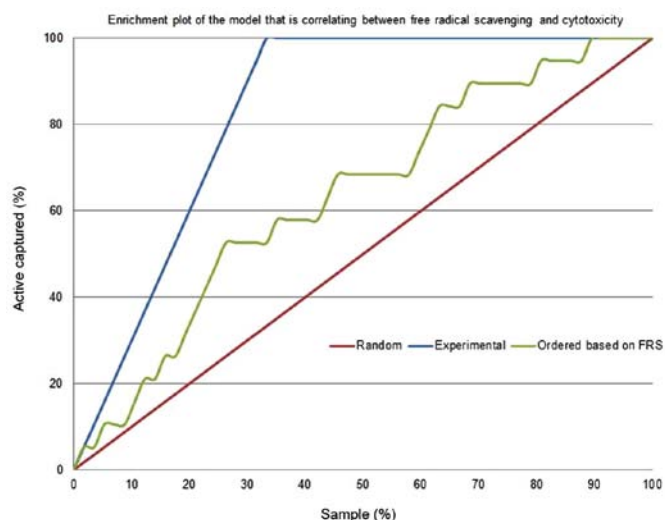


Figure 4. Enrichment plot of the prediction model for the cytotoxicity of the plant extracts, based on their free radical-scavenging activity. FRS, free radical scavenging.

the nine cytotoxic plant extracts were reported to be active against cancer cell lines. As well, half of the eight were reported as active against HepG2, while the rest are reported here for the first time as showing activity against HepG2. *Rosmarinus officinalis* (34,35) and its components, the phenolic compound rosmarinic acid (36) and the abietane diterpenoid sageone (37), were reported to show anticancer properties, but had not been tested on HepG2. *Origanum vulgare* (38) and its main constituents (carvacrol, thymol, citral, and limonene) have been tested on HepG2 cell line (liver cancer) and were reported as active against cancer. *Cynara cardunculus* L. has evidenced anticancer potential (39) on triple-negative breast cancer (TNBC). It highlights the antiproliferative effects of lipophilic extracts from the leaves and florets of *C. cardunculus* L., and of their major constituents, namely cynaropicrin and taraxasteryl acetate, against MDA-MB-231 cells. A review article by Bahramsoltani (40) reported anticancer effects for *Lippia citriodora* against human colon cancer (HT29) cells; its extract enhances BAX (a pro-apoptotic gene) and reduces the expression level of Bcl-2 (an anti-apoptotic gene). *Zingiber officinale* extract significantly inhibited the proliferation of HepG2 cells and induced apoptosis (41). *Cinnamomum cassia* (syn. *Cinnamomum aromaticum*) extracts were reported to have anticancer activity (42). *Laurus nobilis* was reported as active against cancer cell lines (43) such as HeLa cells, but its activity on HepG2 had not been tested. *Salvia officinalis* extracts were confirmed to have cytotoxic effects on HepG2 cells (44). Recently, Kikuchi *et al* (45) demonstrated that an extract from the ripe fruit of *Vitex angus-castus* (*Vitex*), might be a promising anticancer candidate. It was the only scientific report to mention its cytotoxicity, which was tested by its effects on HL-60 cells, but not on HepG2; no phytochemicals were identified as the source of its cytotoxicity. We are currently working on isolating and identifying its bioactive chemical ingredients.

Since reactive oxygen species (ROS) are known to be triggers of various human cancers, and antioxidants or scavengers are used to counteract these dangerous species, we have raised a question regarding the correlation between free radical scavenging and the cytotoxicity of plant extracts. Free radical

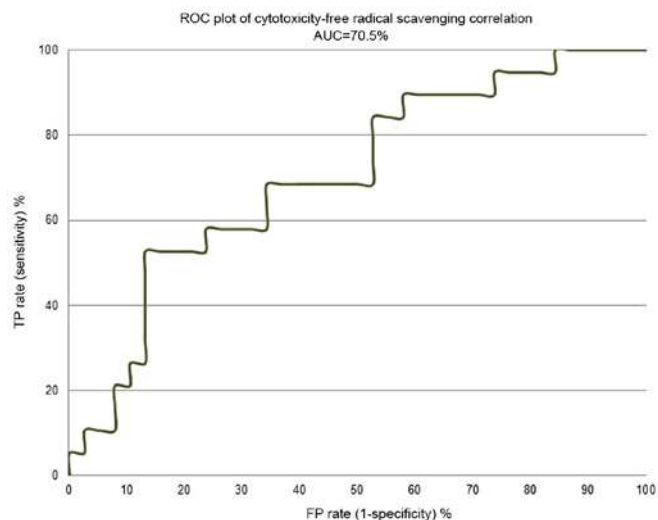


Figure 5. A receiver operating characteristic curve showing the performance of the cytotoxicity/free radical-scavenging correlation model. TP, true positive; FP false positive.

scavenging was assessed by DPPH assay, while cytotoxicity was measured by XTT assay. Nine extracts were found to be cytotoxic with  $EC_{50}$  values of  $<250 \mu\text{g/ml}$ , and four others had a high content of antioxidants, with  $EC_{50}$  values of free radical scavenging of  $<0.5 \mu\text{g/ml}$ . Upon looking on the results which were obtained from screening fifty-seven plants for their cytotoxic activity, we concluded, from first inspection, that there is no correlation between free radical scavenging and cytotoxicity. However, an in-depth analysis of the results reveals that the extracts of plants that had an  $EC_{50}$  for free radical scavenging  $\leq 10 \mu\text{g/ml}$  exhibited a certain enrichment toward more cytotoxicity (enrichment factor of 1.5). We suggest checking further the validity of the conclusions that are drawn from the current study on other cancer cell-lines, and also by utilizing aqueous or other organic solvents to perform the extraction. The nine active extracts of plants disclosed here could be a source of anticancer hits/lead phytochemicals, worth the effort it would take to isolate and chemically identify them.

#### Acknowledgements

Not applicable.

#### Funding

This work was partially supported by the Al-Qasemi Research Foundation and the Ministry of Science, Space and Technology, Israel.

#### Availability of data and materials

The datasets used and/or analyzed during the current study are available from the corresponding author on reasonable request.

#### Authors' contributions

AR conceived the study, designed the experiments, and contributed to writing and editing the manuscript. MF

interpreted the data and wrote the original manuscript. BAF and IR collected the plants, performed their extraction and the run free radical-scavenging experiments. MS designed and performed the cytotoxicity experiments, interpreted the data and wrote the original draft.

### Ethics approval and consent to participate

Not applicable.

### Patient consent for publication

Not applicable.

### Competing interests

The authors declare that they have no competing interests.

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