

Multimedia Appendix 1 – Online survey questions presented in this study

Qu #	Area/sub area	Question text	Answer options/format
1	Demographics	What is your gender?	<p><i>Select one:</i></p> <ul style="list-style-type: none"> - Male - Female - Other - Prefer not to answer
2	Demographics	What is your age?	Numerical entry box
3	Demographics	What is your country of residence?	Country list dropdown box from Qualtrics
4	Self-identified player type	Regarding video games, I would consider myself a:	<p><i>Select one</i></p> <ul style="list-style-type: none"> - Hard core gamer - Casual gamer - Something in between - I have no idea - Prefers not to say
10	Video game use	Prior to the COVID-19 shutdown, how many <u>days a week</u> were you playing either <i>Pokémon GO</i> or <i>Wizards Unite</i> ?	Numerical entry box

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11	Video game use	Prior to the COVID-19 shutdown, <u>how many hours a day</u> were you playing either <i>Pokémon GO</i> or <i>Wizards Unite</i> during the days that you did play?	Numerical entry box
12	Video game use	Are you still playing either <i>Pokémon GO</i> or <i>Wizards Unite</i> during the shutdown?	<i>Select one</i> - Yes - No
13	Video game use	How many days a week do you play <u>now</u> ?	<i>[Noted only presented if 'yes' was selected for Q12]</i> Numerical entry box
14	Video game use	How many hours a day do you play <u>now</u> , during the days that you do play?	<i>[Noted only presented if 'yes' was selected for Q12]</i> Numerical entry box
15	Exercise	Prior to the COVID-19 shutdown, <u>how many days a week</u> were you exercising?	Numerical entry box
16	Exercise	Prior to the COVID-19 shutdown, <u>how many hours a day</u> were you	Numerical entry box

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		exercising during the days that you did physical exercises?	
17	Exercise	How many days a week do you exercise <u>now</u> ?	Numerical entry box
18	Exercise	How many hours a day do you exercise <u>now</u> , during the days that you do physical exercises?	Numerical entry box
20	Mental well-being (WHO-5)	<p>During the past 2 weeks...</p> <ul style="list-style-type: none"> - I have felt cheerful and in good spirits - I have felt calm and relaxed - I have felt active and vigorous - I woke up feeling fresh and rested - My daily life has been filled with things that interest me 	<p><i>Likert scale- select one per item</i></p> <ul style="list-style-type: none"> - All of the time - Most of the time - More than half the time - Less than half the time - Some of the time - At no time
21	Motivation to play	What motivates you to playing <i>Pokémon GO</i> or <i>Wizards Unite</i> during the COVID-19 shutdown?	Open-ended text box

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29	Mental well-being	How has playing video games affected your mental health during the shutdown?	Open-ended text box