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Published on: 18 Nov 2020 - bioRxiv (Cold Spring Harbor Laboratory)

Topics: Olfactory system, Olfactory epithelium, Olfactory bulb, Olfactory mucosa and Anosmia

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COVID-19-associated olfactory dysfunction reveals SARS-CoV-2 neuroinvasion and persistence in the olfactory system

Short title: SARS-CoV-2 neuroinvasion and persistence

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Conflict of interest: The authors have declared that no conflict of interest exists.

40 **Abstract**

41 While recent investigations have revealed viral, inflammatory and vascular factors involved in SARS-
42 CoV-2 lung pathogenesis, the pathophysiology of neurological disorders in COVID-19 remains poorly
43 understood. Yet, olfactory and taste dysfunction are rather common in COVID-19, especially in pauci-
44 symptomatic patients which constitutes the most frequent clinical manifestation of the infection. We
45 conducted a virologic, molecular, and cellular study of the olfactory system from COVID-19 patients
46 presenting acute loss of smell, and report evidence that the olfactory epithelium represents a highly
47 significant infection site where multiple cell types, including olfactory sensory neurons, support cells
48 and immune cells, are infected. Viral replication in the olfactory epithelium is associated with local
49 inflammation. Furthermore, we show that SARS-CoV-2 induces acute anosmia and ageusia in golden
50 Syrian hamsters, both lasting as long as the virus remains in the olfactory epithelium and the olfactory
51 bulb. Finally, olfactory mucosa sampling in COVID-19 patients presenting with persistent loss of smell
52 reveals the presence of virus transcripts and of SARS-CoV-2-infected cells, together with protracted
53 inflammation. Viral persistence in the olfactory epithelium therefore provides a potential mechanism
54 for prolonged or relapsing symptoms of COVID-19, such as loss of smell, which should be considered
55 for optimal medical management and future therapeutic strategies.

56

57 **Key words:** Anosmia, Ageusia, Loss of smell, Dysgeusia, Neuroinflammation, Olfactory sensory
58 neurons, Olfactory bulb, Long COVID-19, Viral persistence.

59 **Introduction**

60 COVID-19, caused by SARS-CoV-2 commonly induces airway and pulmonary symptoms, and in
61 severe cases leads to respiratory distress and death (1). While COVID-19 is primarily regarded as a
62 respiratory disease, many patients exhibit extra-respiratory symptoms of various severity. Among these,
63 a sudden loss of olfactory function in SARS-CoV-2-infected individuals was reported worldwide at the
64 onset of the pandemic. Loss of smell (anosmia) and/or of taste (ageusia) are considered now as cardinal
65 symptoms of COVID-19 (2-4). Likewise, a wide range of central and peripheral neurological
66 manifestations have been observed in severe patients. Although neuropilin-1 was recently found to
67 facilitate SARS-CoV-2 entry in neural cells (5), and thus a neurotropism of SARS-CoV-2 could be
68 suspected, a direct role of the virus in the neurological manifestations remains highly debated (2, 6).

69 The *bona fide* virus entry receptor is the angiotensin-converting enzyme 2 (ACE2), which is
70 expressed along the entire human respiratory system, thereby accounting for SARS-CoV-2 respiratory
71 tropism (7, 8). In the upper airways, in the superior-posterior portion of the nasal cavities resides the
72 olfactory mucosa. This region is where the respiratory tract is in direct contact with the central nervous
73 system (CNS), via olfactory sensory neurons (OSN), of which their cilia emerge within the nasal cavity
74 and their axons project into the olfactory bulb (9). As loss of smell is a hallmark of COVID-19 and
75 several respiratory viruses (influenza, endemic human CoVs, SARS-CoV-1) invade the CNS through
76 the olfactory mucosa via a retrograde route (10), we hypothesized that SARS-CoV-2 might be
77 neurotropic and capable of invading the CNS through OSNs.

78 SARS-CoV-2 can infect neurons in human brain organoids (11) and recent reports have
79 confirmed the presence of SARS-CoV-2 in olfactory mucosa OSNs that express neuropilin-1 (5) and
80 deeper within the CNS at autopsy (12, 13). Yet, the portal of entry of SARS-CoV-2 in the CNS remains
81 elusive, as well as the exact mechanism leading to the olfactory dysfunction in COVID-19 patients.
82 Various hypotheses have been proposed such as conductive loss due to obstruction of the olfactory cleft
83 (14), alteration of OSN neurogenesis (15) and secondary CNS damage related to edema in the olfactory
84 bulb (16, 17). Detailed study of the olfactory system and olfaction in living COVID-19 patients is thus
85 needed to investigate the SARS-CoV-2 neuroinvasiveness in the olfactory epithelium.

86 Complementary to this approach, animal models recapitulating the biological and clinical
87 characteristics of SARS-CoV-2-related anosmia would constitute useful tools to address deeper
88 mechanisms. In this regard, wild-type mice are poorly susceptible to SARS-CoV-2 infection as the
89 mouse ACE2 ortholog is not acting as a receptor for this virus (18), and the various transgenic mouse
90 lines expressing the human version of the virus entry receptor (hACE2) under the control of different
91 promoters, display disproportionate high-levels of CNS infection leading to fatal encephalitis (19-22),
92 which rarely occurs in COVID-19 patients. This mismatch likely reflects the artefactual ectopic and
93 high level of hACE2 expression caused by the different transgene promoters. In contrast, the golden
94 Syrian hamster (*Mesocricetus auratus*) expresses an endogenous ACE2 protein able to interact with
95 SARS-CoV-2 (18) and constitutes a naturally-permissive model of SARS-CoV-2 infection (23-25).
96 Previous reports have shown infection in hamster olfactory mucosa, but whether olfactory neurons can
97 be infected or only non-neuronal, epithelial sustentacular cells, is still controverted (26, 27). Moreover,
98 the link between infection, neuroinflammation and tissue disruption of the olfactory neuroepithelium is
99 unclear. Likewise, how damage of the neuroepithelium correlates with anosmia, and the potential
100 SARS-CoV-2 neuroinvasion from the olfactory system to its downstream brain structures, remains
101 highly debated.

102 Here, we report the interactions of SARS-CoV-2 with the olfactory system and its
103 pathophysiological mechanisms. We first investigated SARS-CoV-2 infection of the olfactory mucosa
104 in COVID-19 patients with recent loss of smell. Because olfactory mucosa biopsy is an invasive
105 procedure, which cannot be used for research purpose in COVID-19 patients, we performed nasal
106 mucosa brush sampling, a non-invasive technique previously used in patients to study
107 neurodegenerative and infectious diseases (28-30). We next attempted to model SARS-CoV-2-
108 associated anosmia/ageusia in golden Syrian hamsters to further investigate the pathogenesis of
109 neuroepithelium and CNS infection. Finally, we investigated the olfactory mucosa of post-COVID-19
110 patients presenting long-lasting olfactory dysfunction.

111

112

113 **Results**

114 **SARS-CoV-2 detection in the olfactory mucosa of COVID-19 patients with acute olfactory** 115 **function loss**

116 We enrolled 5 patients that were referred to the ear, nose and throat (ENT) department for olfactory
117 function loss and COVID-19 suspicion in the context of the COVID-19 first wave in Paris, France,
118 alongside with 2 healthy controls. The main clinical features of patients and controls are listed in
119 Table 1. The time from first COVID-19 related symptoms to inclusion in the study ranged from 1 to 13
120 days. None of the patients required hospitalization. Their prominent symptom was recent loss of
121 olfactory function (sudden for 4 patients but progressive for case #1) and was accompanied with taste
122 changes (except case #3) and at least one symptom belonging to the clinical spectrum of COVID-19,
123 such as diarrhea, cough, dyspnea, conjunctivitis, fever, fatigue, headache, muscle pain, laryngitis or a
124 sore throat (Supplemental Figure S1A). Olfactory function loss was the first symptom related to
125 COVID-19 in case #5 while it was preceded by, or concomitant with other symptoms in the remaining
126 patients. Smell loss was deemed severe for cases #1, #2, #4 and #5, and moderate for case #3. Taste
127 loss was deemed severe for cases #1, #2, #4 and #5, and mild for case #3. The characteristics of the
128 taste and smell abnormalities are listed in Supplemental Table S1. Other otolaryngologic symptoms
129 were rhinorrhea for 4 patients, not concomitant with smell loss, nasal irritation for 2 patients and
130 hyperacusis for case #1. Nasal obstruction was not reported in any of the patients. Taste changes were
131 characterized in the 4 patients by dysgeusia where they had a reduced acuity for sweet taste, had a bad
132 taste in the mouth, reduced or increased acuity for bitter, reduced acuity for salt or sour were reported
133 in 3 out of the 4 patients with dysgeusia. Two patients (#2 and #4) were unable to discriminate between
134 different foods such as meat and fish.

135 To investigate whether infection in the olfactory mucosa is associated with olfactory functional
136 loss, all patients underwent olfactory mucosa brush cytological sampling. Only two patients had
137 detectable SARS-CoV-2 RNA, using the conventional nasopharyngeal samples at inclusion (Table 1).
138 However, all patients – but none of the controls – had detectable SARS-CoV-2 RNA in cytological
139 samples from the olfactory mucosa using the RT-qPCR SYBR green technique, unambiguously

140 confirming the diagnosis of COVID-19 (Table 1). Patient #2 had a strong viral load in the olfactory
141 mucosa ($2.25 \cdot 10^6$ RNA copies/ μ L), while other cases were positive (RT-qPCR SYBR green) but not
142 quantifiable (less 200 RNA copies/ μ L using the RT-qPCR Taqman technique).

143 We further investigated the viral presence in the patient's olfactory mucosa by
144 immunofluorescence labeling of the cytological samples. Variable cell density between olfactory
145 mucosa samples from the COVID-19 and control patients was found, but all samples contained mature
146 OSNs, positive for OMP, validating the quality of the swabbing procedure (Figure 1, A and B and
147 Supplemental Figure S1B). Immunostaining revealed the presence of SARS-CoV-2 antigens
148 (nucleoprotein, NP) in 3 patients (RT-qPCR+) out of 5 but not in controls (Table 1, Figure 1). We
149 observed numerous Iba1⁺ cells in the olfactory mucosa of all patients whereas few to no Iba1⁺ cells in
150 controls (Table 1; Figure 1E and Supplemental Figure S1D). These data suggest that SARS-CoV-2
151 infection is associated with inflammation of the olfactory mucosa in patients with olfactory impairment,
152 thus we measured the profile of local cytokine and inflammatory mediators (Table 1). Whereas there
153 was no change in the transcript levels of *Ccl5*, *Cxcl10*, *Isg20* and *Mx1* genes as compared to controls,
154 transcript levels for the proinflammatory cytokine *IL6* were elevated in the 3 patients with detectable
155 SARS-CoV-2 antigens as compared to control patients, and the 2 other patients positive for CoV-2
156 RNA but without detectable CoV-2 antigens (Table 1).

157 Together, this first set of data indicates that SARS-CoV-2 exhibits a clear tropism for the
158 olfactory epithelium, and this infection is associated with increased local inflammation. We next
159 investigated the identity of the cell types targeted by SARS-CoV-2. We detected SARS-CoV-2-infected
160 mature sensory neurons (OMP⁺; Figure 1, B and C); other SARS-CoV-2 infected cells were
161 sustentacular cells (expressing CK18, see Figure 1D and Supplemental Figure S1C), and myeloid cells
162 (expressing Iba1, Figure 1E). We detected the presence of several immature sensory neurons (Tuj-1⁺)
163 in the olfactory mucosa of all patients, some of them being infected. Interestingly, some Iba1 and SARS-
164 CoV-2 positive cells were engulfing portions of Tuj-1 cells in the olfactory mucosa of COVID case #2,
165 suggesting that infected immature sensory neurons were in the process of being phagocytosed by brain
166 innate immune cells (Figure 1E). These results show that a variety of cell types are infected in the
167 olfactory epithelium of COVID-19 patients. Among them, the mature OSN are critically relevant in the

168 context of the anosmia. To assess the impact of the neuroepithelium infection by SARS-CoV-2, we
169 infected Syrian golden hamsters to experimentally reproduce anosmia and ageusia, and investigate the
170 potential SARS-CoV-2 infection of the olfactory system and upstream brain tissues.

171

172 **Modeling SARS-CoV-2 taste and smell function loss using nasal instillation in golden hamsters**

173 Syrian golden hamsters (both sexes) were intranasally inoculated with $6 \cdot 10^4$ PFU of SARS-CoV-2 and
174 followed-up for several days. Clinical, sensorial and behavioral functions were assessed at different
175 timepoints (Supplemental Figure S2A). SARS-CoV-2 inoculation resulted in a decrease in body weight
176 and a degradation in the clinical score as early as 2 days post-inoculation (dpi), with a peak between 4
177 and 6 dpi, and sickness resolution by 14 dpi (Figure 2, A and B). High viral loads were detected
178 throughout the airways of infected hamsters at 2 and 4 dpi and remained detectable even at 14 dpi
179 (Figure 2C), consistent with the well-established respiratory tropism of SARS-CoV-2. In line with our
180 observations in human samples, the nasal turbinates of infected hamsters exhibited high viral loads as
181 soon as 2 dpi. Strikingly, viral RNA was also detected from 2 dpi in various parts of the brain, including
182 the olfactory bulb, cerebral cortex, brainstem (diencephalon, midbrain, pons and medulla oblongata)
183 and cerebellum. The olfactory bulb was by far the most infected brain region, from 2 dpi and onward
184 (Figure 2D). Having shown the concomitant infection of nasal turbinates and the CNS, we further
185 investigated their impact on sensory and behavioral responses.

186 We assessed both gustatory and olfactory function of SARS-CoV-2-inoculated hamsters. At 2
187 dpi, we subjected hamsters to a sucrose preference test. As expected, mock-infected animals displayed
188 a clear preference towards sucrose-complemented water vs. control water, whereas infected hamsters
189 had no preference towards the sucrose-complemented water (Figure 3A), indicative of a SARS-CoV-
190 2-associated dysgeusia/ageusia (and/or sickness-induced anorexia/anhedonia). Moreover, infected
191 animals exhibited signs of hyposmia/anosmia during food findings experiments, as they needed more
192 time to find hidden (buried) food than uninfected hamsters, and a significant proportion of them (50%
193 at 3dpi and 37.5% at 5 dpi) failed to find the food at the end of the test (Figure 3, B and C). Nevertheless,
194 all infected hamsters succeeded to find visible food (Figure 3C) demonstrating that no sickness
195 behavior, visual impairment or locomotor deficit accounted for the delay in finding the hidden food.

196 Also, no locomotor deficit was observed either during the open field (Supplemental Figure S2B) or
197 painted footprint tests (Supplemental Figure S2C), further excluding a motor deficit bias during the
198 food finding test. At 14 dpi, when weight and clinical score had resumed to standard levels (Fig. 2, A
199 and B), all animals successfully found the hidden food, indicating that infection-associated anosmia
200 recovered spontaneously in this animal model.

201

202 **SARS-CoV-2 promotes cellular damage in both upper and lower airways in infected hamsters**

203 We then investigated the impact of SARS-CoV-2 infection on hamster olfactory mucosa which
204 exhibited high viral loads (Figure 2C). The uppermost part of nasal turbinates is overlaid by the
205 olfactory epithelium (Figure 4A), a neuroepithelium composed of sensory neurons and support
206 sustentacular cells with both cell populations being ciliated. Imaging by scanning electron microscopy
207 of the olfactory neuroepithelium showed an important loss of ciliation as early as 2 dpi (Figure 4, B and
208 C) on large portions of the epithelial surface, indicating cilia loss in both OSNs and sustentacular cells
209 (Supplemental Figure S3). At 4 dpi, viral particles were seen budding from deciliated cells (Figure 4D).
210 At 14 dpi, the olfactory mucosa appeared ciliated anew, indistinguishable from that of mock-infected
211 animals (Figure 4E and Supplemental Figure S3), consistent with the recovery of olfaction seen in
212 infected hamsters (Figure 3C).

213 In line with the detection of viral particles by electron microscopy at 4 dpi, SARS-CoV-2
214 immunostaining was detected in the hamsters' olfactory mucosa at this time point which was associated
215 with an infiltration of myeloid Iba1⁺ cells (Figure 5, B-E). In the olfactory mucosa, SARS-CoV-2
216 antigens were found in the cytoplasm of mature (OMP⁺; Figure 5B) and immature (Tuj1⁺; Figure 5D)
217 sensory neurons and in sustentacular cells (CK18⁺; Supplemental Figure S4B). Some Iba1⁺ immune
218 cells seen infiltrating the neuroepithelium were positive for SARS-CoV-2, consistent with a potential
219 secondary infection resulting from the phagocytosis of infected cells (Figure 5D, arrow). Of note, the
220 areas of neuroepithelium containing infected cells were disorganized (see Figure 5, B and D, and
221 Supplemental Figure S4B), while adjacent areas without SARS-CoV-2 remained stratified
222 (Supplemental Figure S4C). Cilia of OMP⁺ neurons located at the apical part of olfactory epithelium
223 were lost in the disorganized infected neuroepithelium (Supplemental Figure S4C).

224 SARS-CoV-2 dissemination to the brain and neuroinflammation in infected hamsters

225 Having shown that SARS-CoV-2 infects OSNs, and that SARS-CoV-2-infected hamsters exhibit signs
226 of anosmia and ageusia, we wondered whether SARS-CoV-2 invades the CNS *via* a retrograde route
227 from the olfactory system. SARS-CoV-2 was detected in olfactory nerve bundles close to the
228 neuroepithelium, as demonstrated by the co-localization of SARS-CoV-2 nucleoprotein antigen and
229 OMP⁺ sensory neuron axons reaching the olfactory bulb (Figure 5E), consistent with a retrograde
230 infection of axons. Furthermore, SARS-CoV-2 nucleoprotein was detected at the junction of the
231 olfactory nerve and olfactory bulb, seemingly infecting cells of neuronal/glial morphology (Figure 5F).
232 In the olfactory bulb, SARS-CoV-2 nucleoprotein was detected in Iba1⁺ cells (Figure 5H) and in
233 uncharacterized cells (Figure 5I) in the glomerular layer of the olfactory bulb. The viral nucleoprotein
234 was not detected in other areas of the brain. The high viral RNA loads in the nasal turbinates and in the
235 olfactory bulb, together with the observation of viral antigens along the entire route from the olfactory
236 sensory organ to the bulb, suggests that SARS-CoV-2 enters the CNS through the olfactory system.

237 In the nasal turbinates, we detected an intense pro-inflammatory environment, with an
238 upregulation of *Il6*, *Cxcl10*, *Ifnb1* and *Il1b* at 2 dpi, and a slight decrease at 4 and 14 dpi (Figure 5J).
239 Similarly, the olfactory bulb exhibited an important upregulation in the expression of these genes
240 (Figure 5K), but in a different and delayed pattern compared to the nasal turbinates: While *Cxcl10* was
241 significantly overexpressed throughout the infection, the increase in *Il6*, *Ifnb1* and *Il1b* RNA levels was
242 observed only at 4 dpi, with *Il1b* being up-regulated up to 14 dpi. These data reveal bulbar inflammation
243 during SARS-CoV-2 infection, possibly in response to signaling via olfactory nerves.

244 Using RNA-seq, we observed 374 and 51 differentially expressed genes (DEG; increased or
245 decreased, respectively) in the bulbs of SARS-CoV-2 infected hamsters at 4 dpi (Figure 6A). The DEG
246 were classified according to KEGG (Kyoto Encyclopedia of Genes and Genomes) pathways
247 (Figure 6B) and the GO (gene ontology) terms based on their biological processes, molecular functions
248 and cellular components (Figure 6C). Upregulated genes were mainly involved in inflammatory
249 responses and responses to virus infection, with innate immunity components (type-I IFN-mediated
250 response, NK cell activation, TLRs, RLRs, NF- κ B and Jak-STAT signaling pathways), adaptive
251 immunity components (T_{H1}, T_{H2}, CD4⁺ T-cells) and functions related to chemokine signaling. Other

252 biological processes related to nervous system functions were synapse pruning, upregulation of the
253 neuroinflammatory response, and astrocyte and microglial activation. To validate the involvement of
254 these signaling pathways, we analyzed the expression of selected targets in the olfactory bulb by RT-
255 qPCR (Figure 6D). The genes *Mx2*, *Irf7*, *Ddx58* and *Stat1* gene transcripts were found significantly
256 upregulated early in the infection (2 and 4 dpi), whereas *Ccl5* was upregulated only at 4 dpi. The
257 overexpression of *Ccl5* and *Irf7* persisted even at 14 dpi. Altogether, SARS-CoV-2-associated
258 inflammation in the bulb confirmed by unbiased RNA-seq analysis, along with the increased viral load
259 detected in the brain parenchyma, supports the assumption that SARS-CoV-2 neuroinvasion drives
260 neuroinflammation. Of note, *Cxcl10*, *Il1b*, *Ccl5* and *Irf7* overexpression persisted up to 14 dpi, when
261 animals had recovered from ageusia/anosmia. These data indicate that an infectious or post-infectious
262 inflammatory process persist even in the asymptomatic, or in a delayed post-symptomatic phase, in this
263 animal model.

264

265 **SARS-CoV-2 persistence in human olfactory mucosa with long-lasting/relapsing loss of smell**

266 In some patients, neurological impairments and/or sensory dysfunctions persist even 3 months later
267 from the onset of COVID-19 symptoms, and this may be linked to persistent viral infection and/or
268 inflammation (31, 32). We recruited 4 patients seen with prolonged/recurrent olfactory function loss
269 after COVID-19. The main characteristics of these patients are listed in Table 2. They were recruited in
270 the cohort between July 15 and 29, 2020, at a time where viral circulation in Paris was very low (<10
271 cases/100,000 inhabitants/week), implying that SARS-CoV-2 reinfection of these patients was very
272 unlikely. In this case, the time from first COVID-19 related symptoms to inclusion ranged from 110 to
273 196 days.

274 All patients have been previously diagnosed with COVID-19 between January and March 2020,
275 based on their initial clinical assessment, including sudden anosmia at disease onset, accompanied with
276 taste changes (except case #8) and at least one clinical sign related to COVID-19, such as fever, fatigue,
277 diarrhea, cough, dyspnea, headache, muscle pain, laryngitis, sore throat, but also paresthesia and vertigo
278 in some patients (Figure 7A). Smell loss was complete at disease onset for these patients. Other

279 otolaryngologic symptoms were rhinorrhea for 2 patients, not concomitant with smell loss and nasal
280 irritation for 3 patients. Nasal obstruction was reported in patient #10.

281 All had persistent smell loss, persistent taste dysfunction (except case #8) and/or other
282 neurological deficits after COVID-19 at inclusion (Figure 7A) and were seen at the ENT department
283 for this reason. Neurological signs were stereotypical crises of wriggling nose, left intercostal and non-
284 specific arm pain (case #8), paresthesia (case #9) and vertigo (case #10). The characteristics of taste
285 and smell abnormalities at inclusion are described in Supplemental Table S2. Two patients complained
286 of bad taste (Supplemental Table S2). Reduced or increased acuity for bitter, reduced acuity for salt or
287 sour were reported by the two patients with dysgeusia. None of the patients required hospitalization.

288 No patient had detectable SARS-CoV-2 RNA in nasopharyngeal samples at inclusion during
289 the prolonged phase by the mean of routine diagnosis RT-qPCR. However, all patients had detectable
290 SARS-CoV-2 RNA in olfactory mucosa cytological samples from the olfactory mucosa, using the RT-
291 qPCR SYBR technique (Table 2). Three patients (but not case #6) had a high viral load in the olfactory
292 mucosa (1.68 to 4.35 10^5 RNA copies/ μ L; Taqman technique). We further evaluated olfactory mucosa
293 infection by immunofluorescence labeling. We found variable cellularity between olfactory mucosa
294 samples within patients, but all samples contained immature OSNs, positive for Tuj1, indicating the
295 efficient sampling of the neuroepithelium. Immunostaining revealed the presence of SARS-CoV-2
296 antigens (N protein) in 3 out of 4 patients (Table 2, Figure 7).

297 We observed abundant Iba1⁺ immune cells in the olfactory mucosa of all patients (Table 2,
298 Figure 7). Quantification of *IL6* gene expression revealed an upregulation of this proinflammatory
299 cytokine in the olfactory mucosa of the 3 patients with high viral load, but not in the case #6, which
300 nevertheless presented SARS-CoV-2 antigens in the neuroepithelium. *IL6* levels in the patients with
301 persistent signs of COVID-19 were similar to those of patients with acute COVID-19 (Tables 1-2,
302 Figure 7C). No changes were observed in *Ccl5*, *Cxcl10*, *Isg20* and *Mx1* transcripts. Collectively, these
303 data indicate that the olfactory neuroepithelium from patients with persistent olfactory function loss
304 remains inflamed and infected, with persistent SARS-CoV-2 RNA in all of them.

305

306 **Discussion**

307 By combining investigations of COVID19-associated olfactory function loss in patients and
308 experimentally-infected hamsters, both naturally permissive to SARS-COV-2 infection, we
309 demonstrate that multiple cell types of the olfactory neuroepithelium are infected during the acute phase,
310 at the time when loss of smell manifests, and that protracted viral infection in the olfactory
311 neuroepithelium likely accounts for prolonged hyposmia/anosmia.

312 Strikingly, olfactory mucosa cytological sampling collected from acute or chronically COVID-
313 19 patients with olfactory function loss revealed the presence of the SARS-CoV-2 in 7/9 patients (78%)
314 while the virus was undetected by RT-qPCR performed at inclusion on conventional nasopharyngeal
315 swabs. Therefore, diagnosing SARS-CoV-2 infection in olfactory mucosa sampled by use of nasal
316 cytobrushes might be a more sensitive approach, at least in patients with olfactory function loss, than
317 conventional nasopharyngeal samples. This presence of SARS-CoV-2 RNA and proteins (although the
318 virus infectivity could not be assessed) may influence care management of COVID-19 patients as it
319 may play a role in virus transmission from patients who are thought to be viral-free based on
320 conventional testing, particularly in individuals with mild or no symptoms.

321 We therefore confirm that SARS-CoV-2 has a significant tropism for the olfactory mucosa (33)
322 and, most importantly, we demonstrate that it can persist locally, not only a few weeks after general
323 symptoms resolution (34-36), but during several months in both mature and immature olfactory sensory
324 neurons. Hence, we found that SARS-CoV-2 persists in the olfactory mucosa of patients with prolonged
325 olfactory function loss, up to 6 months after initial diagnosis. Sampling of the olfactory mucosa revealed
326 viral RNA as well as viral antigens, indicating that long-lasting olfactory function loss in these patients
327 correlates with persistence of both viral infection and inflammation, as shown by high levels of
328 inflammatory cytokines including *IL6*, and the presence of myeloid cells in cytological samples. While
329 reinfection by SARS-CoV-2 could not be formally excluded in these patients (31), the fact that they
330 showed uninterrupted olfactory dysfunction since the onset of the disease, as well as the very low
331 incidence of COVID-19 in France at the time of inclusion, does not support this hypothesis.

332 To further study anosmia and the inflammatory process in the olfactory system in the context
333 of COVID-19, we used the golden hamster as an animal model for COVID-19. We show that intranasal
334 SARS-CoV-2 inoculation in hamsters leads to infection of OSNs and induces anosmia, accurately
335 recapitulating what is observed in patients, both clinically and histopathologically. Infection of OSNs
336 in SARS-CoV-2-inoculated hamsters has been reported in experiments using similar viral inoculum
337 (26), but not when the inoculum was lower (21), suggesting a dose-dependent susceptibility of OSNs
338 to infection (5, 27, 37, 38). As observed in the tracheal epithelium (39), infection of the neuroepithelium
339 is associated with cilia loss of the OSNs. Once cilia are restored in the late phase of infection (*i.e.*, 14
340 dpi), olfaction resumes, despite the presence of inflammatory signs. Anosmia thus likely reflects an
341 infection-associated sensorineural dysfunction rather than a simple nostril obstruction or tissue
342 inflammation.

343 Along with OSNs infection and deciliation, a significant inflammatory process takes place in
344 the nasal cavity and spreads to the olfactory bulb. This inflammatory transcriptional signature, as shown
345 by RNA Seq and confirmed by qPCR for *Il6* but also for *Cxcl10* and *Ifnb1*, is consistent with the recent
346 neuropathological description of deceased COVID-19 patients, where microgliosis was seen in the
347 olfactory bulb (12). Importantly, the fact that similar neuropathological alterations are observed in
348 COVID-19 patients and infected animals implies that SARS-CoV-2 infection is likely the cause rather
349 than a consequence of intensive care provided to COVID-19 patients, as was hypothesized (40).

350 Although several viruses are known to invade and infect the brain, whether SARS-CoV-2 does
351 so is highly debated. For instance, viral RNA has been detected in the cerebrospinal fluid and other
352 brain tissues collected from patients who died from COVID-19 (12), but the neurological significance
353 of these observations remains unclear (6, 13, 41). The potential SARS-CoV-2 portals of entry to the
354 CNS are (*i*) retrograde neuroinvasion (via olfactory sensory neurons, glossopharyngeal and/or vagal
355 nerve), (*ii*) via the blood-brain barrier endothelium (13, 42) and (*iii*) via peripheral immune cells
356 infiltration (*e.g.*, T-cells and/or peripheral macrophages). Although this does not rule out other routes,
357 our study indicates that SARS-CoV-2 does invade the CNS via the retrograde olfactory pathway.
358 Importantly, in addition to the olfactory bulb, SARS-CoV-2 RNA was also detected in more remote
359 brain areas of infected hamsters, such as the cerebral cortex and the brainstem, yet without clear

360 visualization of viral antigens. Similarly, viral RNA or protein were observed in the brainstem of
361 COVID-19 human patients (12, 37), the location of central cardiorespiratory nuclei. This feature might
362 participate to the pathogenesis of the respiratory distress reported in COVID-19 patients and this study
363 therefore constitutes an important step towards elucidating COVID-19-associated putative neurological
364 dysfunctions. Whether neuronal structures are directly targeted by SARS-CoV-2, as opposed to damage
365 by systemic immune responses, is of particular clinical relevance since these two scenarios would
366 require different therapeutic strategies.

367 The persistence of long-lasting COVID-19 symptoms is an important topical issue as the
368 pandemic continues (43). Altogether, this work demonstrates a persistent loss of olfactory function in
369 humans with SARS-CoV-2, for multiple months, lasting as long as the virus remains in the same
370 microenvironment. This might result from direct damage to the OSNs which detect odor in the olfactory
371 epithelium. Further, it provides evidence of SARS-CoV-2 retrograde neuroinvasion via the olfactory
372 route leading to neuroinflammation, and shows the association between viral presence in the olfactory
373 epithelium and anosmia, in both acute (hamsters and humans) and long-lasting in COVID-19 patients.
374 The findings we present are clinically relevant in the care to COVID-19 patients, since olfactory
375 function loss could be regarded as a sensitive sign of persistent viral infection, and should be considered
376 in patient management, in particular when antiviral treatments become available.

377

378 **Methods**

379 **Patients and study design**

380 Subjects with recent olfactory function loss consulting in the Lariboisière hospital (Paris, France) in the
381 context of the COVID-19 screening care for a suspected or confirmed SARS-CoV-2 infection were
382 included in spring and summer 2020. We also recruited subjects with long-lasting/recurrent loss of
383 smell after COVID-19. Those patients were recruited at the Hotel Dieu Hospital clinic dedicated for
384 long COVID patients. We also recruited in this study control subjects consulting in the Ear, Nose and
385 Throat department at the Lariboisière hospital (Paris, France) with no biologically confirmed COVID-
386 19 or suspected COVID-19 in the past 8 weeks, and no symptoms suggestive of COVID-19 or another
387 respiratory disease and therefore no recent taste and smell function loss. All patients had a detailed
388 standardized clinical and rhinological examination performed by a certified ear nose throat consultant.
389 Following measures were performed at inclusion: *i*) Taste and olfactory function evaluation by a self-
390 questionnaire taste and smell survey (TTS) (44), and a visual analogue scale (VAS) (45), and *ii*) Nasal
391 brushing for collection of neuroepithelium cells and olfactory mucus. The participants self-assessed
392 their smell and taste perception using a 100-mm VAS, where 0 mm indicated the inability to smell or
393 taste and 100 mm indicated normal smell or taste perception (45).

394

395 **Human nasal cytobrushes sampling**

396 A certified ear nose throat (ENT) physician sampled olfactory mucosa of each participant by nasal
397 brushing with safety precautions and after local xylocaine application (Lidocaine 5%) following the
398 method previously described (30). Briefly, sampling was performed with a sterile 3.5 mm endocervical
399 brush (02.104, Gyneas, Goussainville, France) inserted and gently rolled five times around the inside
400 of both nostrils (360°). Swabs (one per nostril) were placed on ice immediately following collection,
401 and frozen at -80°C or put in formalin solution 10% neutral buffered (HT-5011-1CS, Sigma).

402

403

404

405 **Production and titration of SARS-CoV-2 virus**

406 The strain 2019-nCoV/IDF0372/2020 (EVAg collection, Ref-SKU: 014V-03890) was provided by
407 Sylvie Van der Werf, Institut Pasteur, Paris. Viral stocks were produced on Vero-E6 cells infected at a
408 multiplicity of infection of 1.10^4 PFU (plaque-forming units). The virus was harvested 3 days post
409 infection, clarified and then aliquoted before storage at -80°C . Viral stocks were titrated on Vero-E6
410 cells by classical plaque assay using semisolid overlays (Avicel, RC581-NFDR080I, DuPont)(46).

411

412 **SARS-CoV-2 model in hamsters**

413 Male and female Syrian hamsters (*Mesocricetus auratus*) of 5-6 weeks of age (average weight 60-80
414 grams) were purchased from Janvier Laboratories and handled under specific pathogen-free conditions.
415 Hamsters were housed by groups of 4 animals in isolators in a Biosafety level-3 facility, with *ad libitum*
416 access to water and food. Before any manipulation, animals underwent an acclimation period of one
417 week. Animal infection was performed as previously described with few modifications (47). Briefly,
418 the animals were anesthetized with an intraperitoneal injection of 200 mg/kg ketamine (Imalgène 1000,
419 Merial) and 10 mg/kg xylazine (Rompun, Bayer), and 100 μL of physiological solution containing 6.10^4
420 PFU (plaque-forming units) of SARS-CoV-2 (strain 2019-nCoV/IDF0372/2020, from Pr Sylvie van
421 der Werf) was administered intranasally to each animal (50 μL /nostril). Mock-infected animals received
422 the physiological solution only. Infected and mock-infected animals were housed in separated isolators
423 and all hamsters were followed-up daily when the body weight and the clinical score were noted. The
424 clinical score was based on a cumulative 0-4 scale: ruffled fur, slow movements, apathy, stress when
425 manipulated. At predefined time-points post-infection, animals were submitted to behavioral tests or
426 euthanized, when samples of nasal turbinates, trachea, lungs and the brain (separated in olfactory bulbs,
427 cerebellum, cortex and brainstem) were collected, immediately frozen at -80°C or formalin-fixed after
428 transcardial perfusion with a physiological solution containing 5.10^3 U/mL heparin (choay, Sanofi)
429 followed by 4% neutral buffered formaldehyde.

430

431

432

433 **Behavioral tests**

434 All behavioral assessment was performed in isolators in a Biosafety level-3 facility that we specially
435 equipped for that.

436 Sucrose preference test. We measured taste in hamsters by a sucrose preference test based on a two-
437 bottle choice paradigm which paired 2% sucrose with regular water (48). A reduction in the sucrose
438 preference ratio in experimental infected relative to mock animal is indicative of taste abnormalities.
439 After 6 hours water deprivation, we realized an individual overnight testing which corresponds to a
440 natural activity period of the hamster. The preference was calculated using the following formula:
441 $\text{preference} = \text{sucrose intake} / \text{total intake} \times 100\%$. The total intake value is the sum of the sucrose intake
442 value and the regular water intake

443 Buried food finding test. To assess olfaction, we used the buried food finding test as previously
444 described (49) with few modifications. Hamsters were used only once for each test. Four days before
445 testing, Hamsters received chocolate cereals (Coco pops, Kellogg's) that they ate within one hour.
446 Twenty hours before testing, hamsters were fasted and then individually placed into a fresh cage (37 x
447 29 x 18 cm) with clean standard bedding for 20 minutes. Hamsters were placed in another similar cage
448 for 2 minutes when about 10-12 pieces of cereals were hidden in 1.5 cm bedding in a corner of the test
449 cage. The tested hamster was then placed in the opposite corner and the latency to find the food (defined
450 as the time to locate cereals and start digging) was recorded using a chronometer. The test was carried
451 out during a 15 min period. As soon as food was uncovered, hamsters were removed from the cage.
452 One minute later, hamsters performed the same test but with visible chocolate cereals, positioned upon
453 the bedding.

454

455 **Scanning electron microscopy**

456 For scanning electron microscopy, following animal transcardial perfusion in PBS then 4% neutral
457 buffered formaldehyde, hamster whole heads and lungs were fixed in formalin solution 10% neutral
458 buffered (HT-5011-1CS, Sigma), for one week at 4°C to allow neutralization of the virus. Lung and
459 olfactory epithelium small samples were then finely dissected and post-fixed by incubation in 2.5%
460 glutaraldehyde in 0.1 M cacodylate buffer for 1 h at room temperature then 12 h at 4°C. The samples

461 were washed in 0.1 M cacodylate then several times in water and processed by alternating incubations
462 in 1% osmium tetroxide and 0.1 M thiocarbohydrazide (OTOTO method), as previously described (50).
463 After dehydration by incubation in increasing concentrations of ethanol, samples were critical point
464 dried, mounted on a stub, and analyzed by field emission scanning electron microscopy with a Jeol
465 JSM6700F operating at 3 kV.

466

467 **Immunofluorescence**

468 Tissues from PFA-perfused animals were post-fixed one week in PFA 4%, and olfactory brushes from
469 patients were kept in PFA until further use. After post-fixation, hamster whole heads (without skin and
470 lower jaw) were decalcified in TBD-2 (6764003, ThermoFisher) for 3-5 days, then sagittally cut in half
471 and rinsed in PBS. Organs or brushes were then washed in PBS and dehydrated in 30% sucrose. They
472 were then embedded in O.C.T compound (4583, Tissue-Tek), frozen on dry ice and cryostat-sectioned
473 into 20 µm-thick (hamster organs) or 14 µm-thick (brushes) sections. Sections were rinsed in PBS, and
474 epitope retrieval was performed by incubating sections for 20min in citrate buffer pH 6.0 (C-9999,
475 Sigma-Aldrich) at 96°C for 20min, or overnight at 60°C for whole head sections as they are prone to
476 detaching from the slides. Sections were then blocked in PBS supplemented with 10% goat serum, 4%
477 fetal calf serum and 0.4% Triton X-100 for 2h at room temperature, followed by overnight incubation
478 at 4°C with primary antibodies: rat anti-CD11b (1/100, 550282, BD-Biosciences), rabbit anti-SARS-
479 CoV nucleoprotein (1/500, provided by Dr Nicolas Escriou, Institut Pasteur, Paris), mouse anti-OMP
480 (1/250, sc-365818, Santa-Cruz), chicken anti-Iba1 (1/500, 234006, SynapticSystems), mouse anti-Tuj1
481 (1/250, MA1-118, ThermoFisher). After rinsing, slides were incubated with the appropriate secondary
482 antibodies (1/500: goat anti-rat Alexa Fluor 546, A11081; goat anti-rabbit Alexa Fluor 488, A11034;
483 goat anti-mouse IgG2a Alexa Fluor 546, A21133; goat anti-chicken Alexa Fluor 647, A32933,
484 Invitrogen) for 2 hours at room temperature. All sections were then counterstained with Hoechst
485 (H3570, Invitrogen), rinsed thoroughly in PBS and mounted in Fluoromount-G (15586276, Invitrogen)
486 before observation with a Zeiss LM 710 inverted confocal microscope.

487

488

489 **RNA isolation and transcriptional analyses by quantitative PCR from Human nasal cytobrushes**

490 Frozen cytobrushes samples were incubated with Trizol (15596026, Invitrogen) during 5 minutes and
491 the total RNA was extracted using the Direct-zol RNAMicroPrep Kit (R2062, Zymo Research). The
492 presence of the SARS-CoV-2 in these samples was evaluated by one-step qRT-PCR in a final volume
493 of 25 μ L per reaction in 96-well PCR plates using a thermocycler (7500t Real-time PCR system,
494 Applied Biosystems, Applied Biosystems). Briefly, 5 μ L of diluted RNA (1:10) was added to 20 μ L of
495 Superscript III Platinum One-Step qRT-PCR mix (Invitrogen 11746-100) containing 12.5 μ L reaction
496 mix, 0.4 μ L 50 mM MgSO₄, 1.0 μ L superscript RT and 6.1 μ L of nuclease-free water containing the
497 nCoV_IP2 primers (nCoV_IP2-12669Fw: 5'-ATGAGCTTAGTCCTGTTG-3'; nCoV_IP2-12759Rv:
498 5'-CTCCCTTTGTTGTGTTGT-3') at a final concentration of 1 μ M (51). The amplification conditions
499 were as follows: 1 cycle of 55°C for 20 min, 1 cycle of 95°C for 3 min, 50 cycles of 95°C for 15 s and
500 58°C for 30 s, 1 cycle of 40°C for 30 s; followed by a melt curve, from 60 °C to 95 °C. The viral load
501 quantification in these samples was assessed using a Taqman one-step qRT-PCR, with the same
502 nCoV_IP2 primers and the nCoV_IP2 probe (5'-FAM-AGATGTCTTGTGCTGCCGGTA-3'-
503 TAMRA). Total RNA from human cytobrushes was also reverse transcribed to first strand cDNA using
504 the SuperScript™ IV VILO™ Master Mix (11766050, Invitrogen). To quantify host inflammatory
505 mediators' transcripts (IL-6, CXCL10, CCL5, Mx1 and ISG20), qPCR was performed in a final volume
506 of 10 μ L per reaction in 384-well PCR plates using a thermocycler (QuantStudio 6 Flex, Applied
507 Biosystems). Briefly, 2.5 μ L of cDNA (12.5 ng) was added to 7.5 μ L of a master mix containing 5 μ L
508 of Power SYBR green mix (4367659, Applied Biosystems) and 2.5 μ L of nuclease-free water
509 containing predesigned primers (#249900, Qiagen; QuantiTect Primer Assays *IL-6*: QT00083720;
510 *CXCL10*: QT01003065; *CCL5*: QT00090083; *Mx1*: QT00090895; *ISG20*: QT00225372; and *GAPDH*:
511 QT00079247). The amplification conditions were as follows: 95°C for 10 min, 45 cycles of 95°C for
512 15 s and 60°C for 1 min; followed by a melt curve, from 60 °C to 95 °C. Variations in the gene
513 expression were calculated as the n-fold change in expression in the tissues compared with the tissues
514 of the control #1.

515

516

517 **RNA isolation and transcriptional analyses by quantitative PCR from Golden hamsters' tissues**

518 Frozen tissues were homogenized with Trizol (15596026, Invitrogen) in Lysing Matrix D 2 mL tubes
519 (116913100, MP Biomedicals) using the FastPrep-24™ system (MP Biomedicals). Total RNA was then
520 extracted using the Direct-zol RNA MicroPrep Kit (R2062, Zymo Research: olfactory bulb, trachea and
521 nasal turbinates) or MiniPrep Kit (R2052, Zymo Research: lung, brainstem, cerebral cortex and
522 cerebellum) and reverse transcribed to first strand cDNA using the SuperScript™ IV VIL0™
523 Master Mix (11766050, Invitrogen). qPCR was performed in a final volume of 10 µL per reaction in
524 384-well PCR plates using a thermocycler (QuantStudio 6 Flex, Applied Biosystems). Briefly, 2.5 µL
525 of cDNA (12.5 ng) was added to 7.5 µL of a master mix containing 5 µL of Power SYBR green mix
526 (4367659, Applied Biosystems) and 2.5 µL of nuclease-free water with the nCoV_IP2 primers
527 (nCoV_IP2-12669Fw: 5'-ATGAGCTTAGTCCTGTTG-3'; nCoV_IP2-12759Rv: 5'-
528 CTCCCTTTGTTGTGTTGT-3') at a final concentration of 1 µM. The amplification conditions were as
529 follows: 95°C for 10 min, 45 cycles of 95°C for 15 s and 60°C for 1 min; followed by a melt curve,
530 from 60 °C to 95 °C. Viral load quantification in hamster tissues was assessed by linear regression using
531 a standard curve of eight known quantities of plasmids containing the *RdRp* sequence (ranging from
532 10⁷ to 10⁰ copies). The threshold of detection was established as 200 viral copies/µg of RNA. The
533 Golden hamsters' gene targets were selected for quantifying host inflammatory mediators' transcripts
534 in the tissues using the *Hprt* (hypoxanthine phosphoribosyltransferase) and the *γ-actin* genes as
535 reference (Table S3). Variations in the gene expression were calculated as the n-fold change in
536 expression in the tissues from the infected hamsters compared with the tissues of the uninfected ones
537 using the 2^{-ΔΔCt} method (52).

538

539 **Transcriptomics analysis in Golden hamsters' olfactory bulb**

540 RNA preparation was used to construct strand specific single end cDNA libraries according to
541 manufacturers' instructions (Truseq Stranded mRNA sample prep kit, Illumina). Illumina NextSeq 500
542 sequencer was used to sequence libraries. The complete RNA-seq analysis approach is described in the
543 Supplemental information.

544 **Statistics**

545 Statistical analysis was performed using Stata 16 (StataCorp LLC, Texas, USA) and Prism software
546 (GraphPad, version 8, San Diego, USA), with $p < 0.05$ considered significant. Quantitative data were
547 compared across groups using Mann-Whitney non-parametric test. Categorical data was compared
548 between groups using Fisher exact test. Associations between the viral load, the olfactory and taste
549 scores, the cytokine level, and the time from the first disease symptom were estimated with Spearman
550 non-parametric test. In the animal experiences, time to event were analyzed using Kaplan-Meier
551 estimates and compared across groups using the Logrank test. Level of expression of markers at
552 different dpi were compared to the level pre-infection using Kruskal-Wallis followed by the Dunn's
553 multiple comparison test for unmatched data.

554

555 **Study approval**

556 Humans: Patients presenting with suspected COVID and recent loss of smell and control subjects were
557 recruited in the CovidSmell study (Study of the Pathogenesis of Olfactory Disorders in COVID-19,
558 ClinicalTrials.gov identifier NCT 04366934). This interventional study received the approval from the
559 ethical committee "Comité de Protection des Personnes SUD EST IV" under reference 20.04.15.64936
560 and is compliant with French data protection regulations. All the research participants were included at
561 the Lariboisière Hospital, Paris. They received an oral and written information about the research.
562 Informed consent was obtained by the investigator before any intervention related to the research. The
563 Covidsmell study was performed according to the approved protocol.

564 Hamsters: All animal experiments were performed according to the French legislation and in
565 compliance with the European Communities Council Directives (2010/63/UE, French Law 2013-118,
566 February 6, 2013). The Animal Experimentation Ethics Committee (CETEA 89) of the Institut Pasteur
567 approved this study (2020-23) before experiments were initiated.

568

569

570

571 **Author contributions**

572 GDM, F Lazarini, SL, CH, RH, YM, ER, DS, ML, HB and PML designed research studies; F Lazarini,
573 GDM, SL, F Larrous, VM, VM and LK performed the experiments; F Lazarini, GDM, SL, CH, BV, F
574 Larrous, VM, EK, TC and LK acquired data; F Lazarini, GDM, SL, F Larrous, GG, ML, VM, EK, TC,
575 HB and PML analyzed and discussed data; SW developed behavioral material for hamsters; CH and
576 BV collected olfactory mucosa samples and acquired informed consent; YM supervised statistical
577 analyses; F Lazarini, GDM, SL wrote the manuscript, which was edited by HB, ML and PML. All
578 authors revised and approved the final version of the manuscript.

579

580 **Acknowledgments**

581 We thank all participants for volunteering for the clinical study. The human sample from which strain
582 2019-nCoV/IDF0372/2020 was isolated has been provided by X. Lescure and Y. Yazdanpanah from
583 the Bichat Hospital, Paris, France. We thank Clement Jourdain, Department of Otorhinolaryngology,
584 Lariboisière Hospital, Paris, France. The clinical research (“CovidSmell”) is sponsored by Institut
585 Pasteur, Paris. We thank Elodie Turc and Laure Lemée, Biomics Platform, C2RT, Institut Pasteur, Paris,
586 France, supported by France Génomique (ANR-10-INBS-09-09), IBISA and the Illumina COVID-19
587 Projects’ offer. We also thank Anaïs Perilhou, Olivia Chény and Tan-Phuc Bui Van, Clinical Core,
588 CRT, Institut Pasteur, Paris, France. We thank Kurt Sailor, Erwan Poivet, Gabriel Lepousez and Tarek
589 Sharshar for critical reading of the manuscript, Sylvie Van der Werf (National Reference Centre for
590 Respiratory Viruses hosted by Institut Pasteur, Paris) for the SARS-CoV-2 isolate used in this study,
591 and Nicolas Escriou (Innovation lab: Vaccines, Institut Pasteur, Paris) for providing the anti-SARS-
592 CoV-2 nucleoprotein antibody, Marion Berard, Laeticia Breton and Rachid Chennouf for their help in
593 implementing experiments in the Institut Pasteur animal facilities. This work was supported by Institut
594 Pasteur SARS COV2 TASK FORCE (NeuroCovid project), the *Investissements d’Avenir* program
595 managed by the *Agence Nationale de la Recherche* (ANR) under the reference ANR-11-IDEX-0004-
596 02 and ANR-10-LABX-73, the *Agence Nationale de la Recherche* (ANR-15-CE37-0004-01
597 “SmellBrain”) and the Life Insurance Company “AG2R-La Mondiale”.

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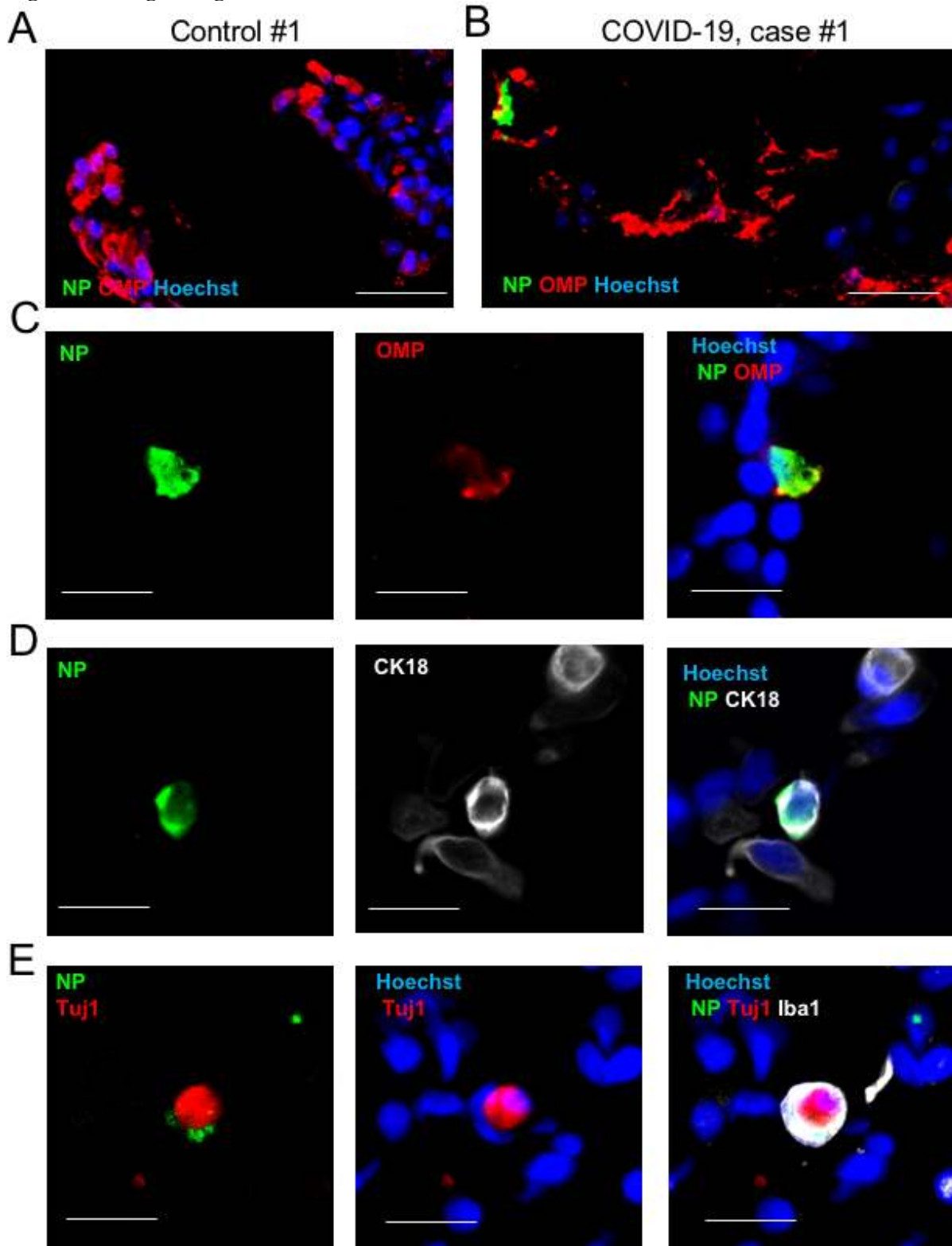
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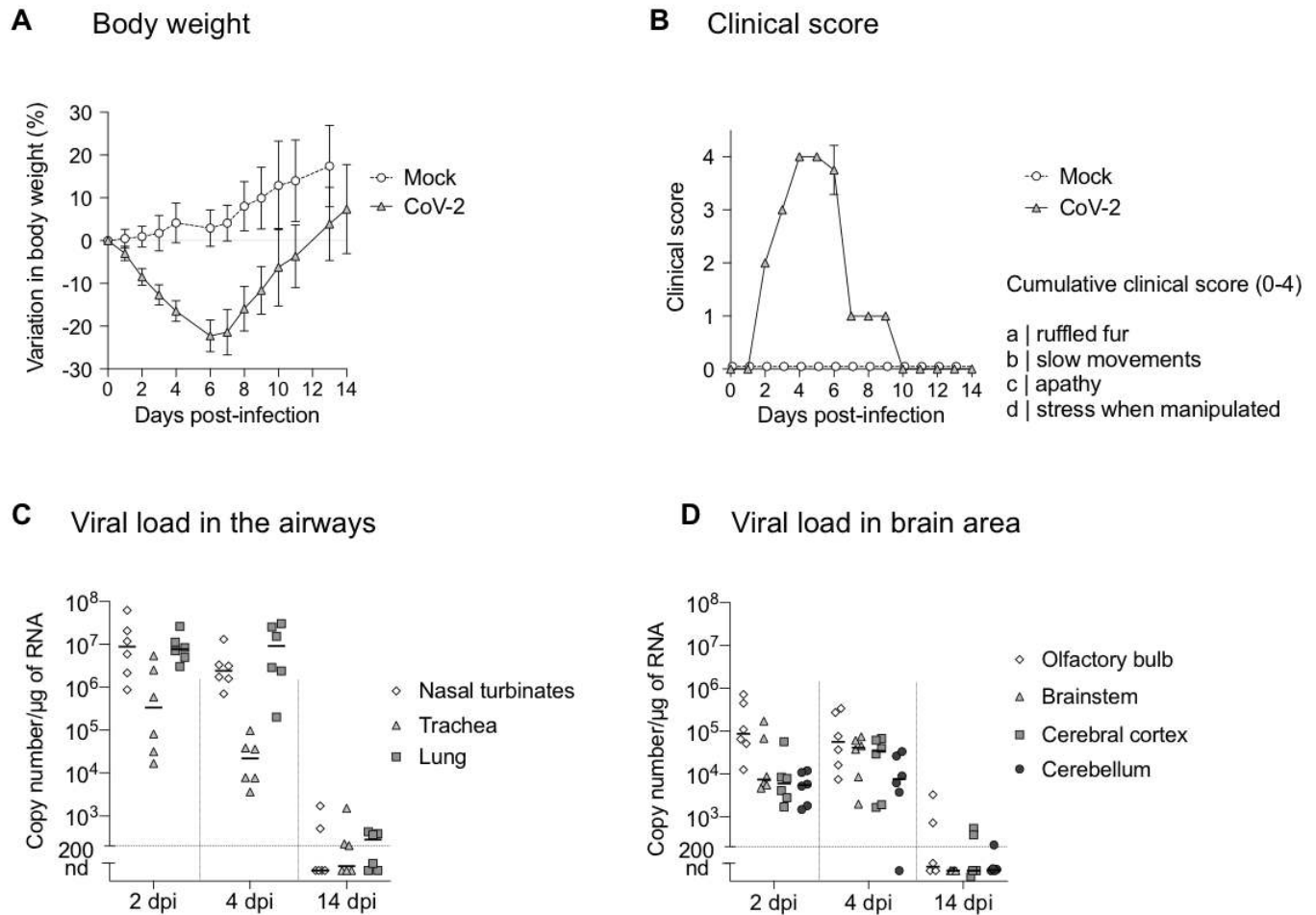
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705 **Figures and figure legends**



706
707 **Figure 1 – Analysis of olfactory mucosa from COVID-19 patients with acute olfactory function**
708 **loss, at early stage of infection. (A)** Immunofluorescence of cells retrieved from the olfactory mucosa
709 of the control subject #1. **(B)** Cells retrieved from the olfactory mucosa of the COVID-19 patient #1.
710 **(C-E)** Close-up immunofluorescence images of olfactory epithelium samples from the COVID-19
711 patient #2. Infected mature olfactory neurons (OMP⁺) are observed (C), alongside sustentacular CK18⁺
712 cells (D) and Iba1⁺ myeloid cells engulfing Tuj1⁺ neuron parts (E). SARS-CoV-2 is detected by
713 antibodies raised against the viral nucleoprotein (NP). Scale bars = 20µm (A, B) or 10µm (C-E).

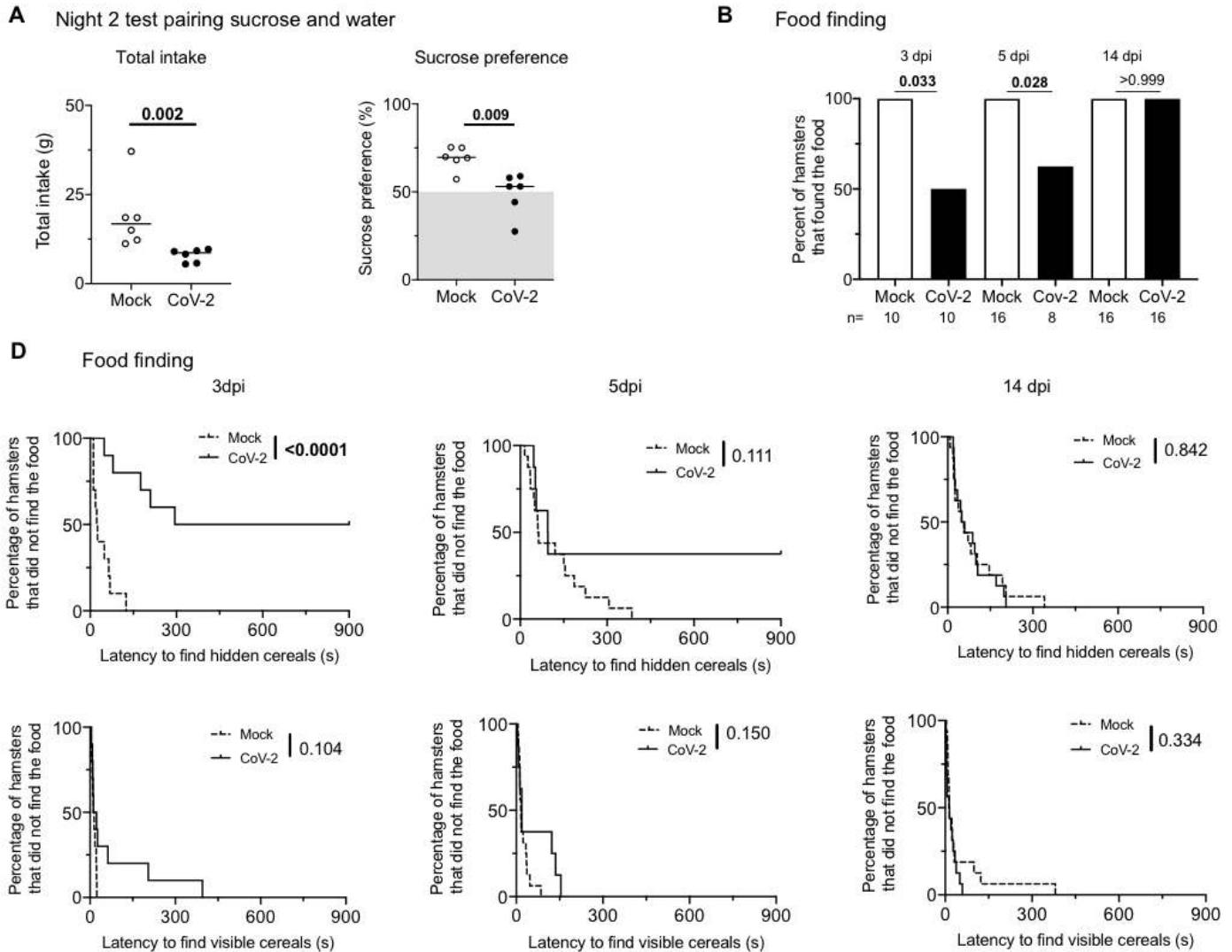
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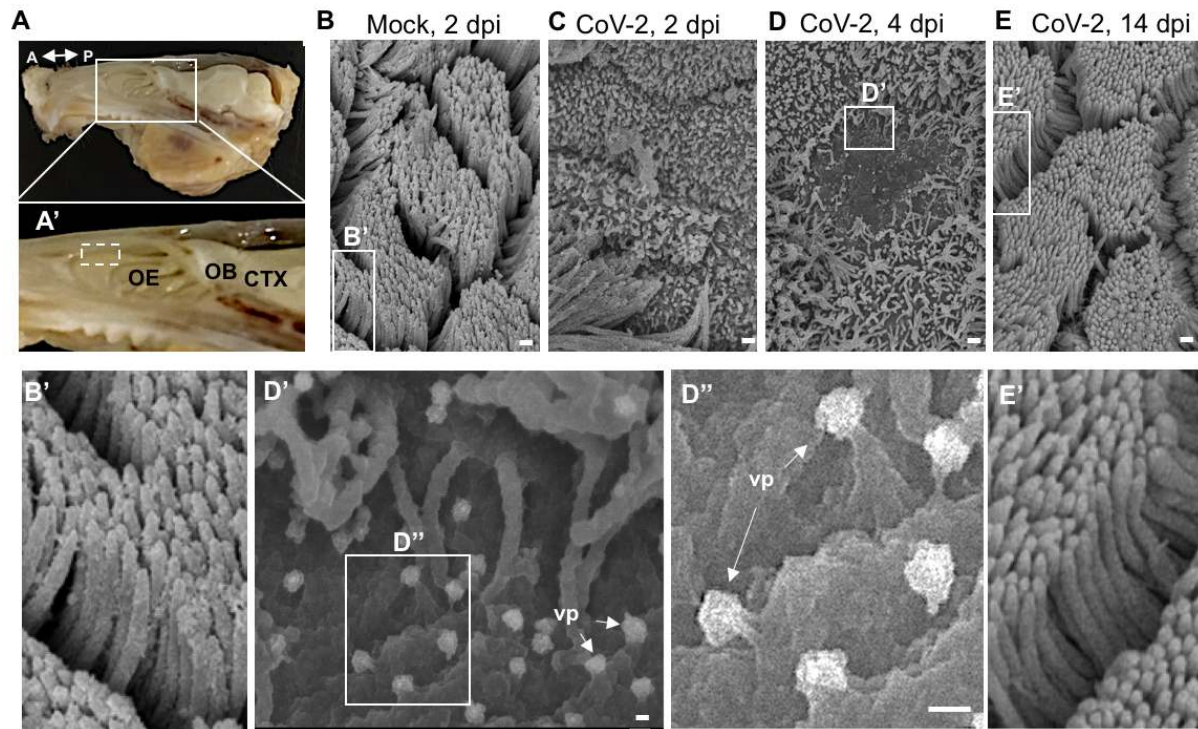
Figure 2 – Clinical and molecular characteristics of experimental infection with SARS-CoV-2 in golden hamsters. (A-B) Variation in body weight (A) and clinical score (B) of mock- and SARS-CoV-2 infected hamsters for 14 days post-infection (dpi). (C, D) Quantification of SARS-CoV-2 RNA in hamster airways (C) and in different brain areas (D) at 2, 4 and 14 dpi. Horizontal lines indicate medians. N=4-8/ timepoint in (A, B); N=6/timepoint in (C, D).

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Figure 3 – Experimental infection with SARS-CoV-2 in golden hamster induces transient anosmia and ageusia. (A) Variation in total consumption of liquid overnight and preference towards 2% sucrose-containing water of control and SARS-CoV-2 infected hamsters at 2 dpi. (B) Fraction of control or infected hamsters successfully finding hidden food in 15 minutes. (C) Fraction of control or infected hamsters successfully finding hidden or visible food over time. Food-finding assays were performed at 3, 5- and 14-dpi. Mann-Whitney test (A), Fisher’s exact test (B) and Log-rank (Matel-Cox) test (C). P value is indicated in bold when significant. Bars indicate medians. N=6-16 per group.



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Figure 4 – SARS-CoV-2 induces loss of ciliation in the olfactory epithelium. (A) Dissected hamster head, skin and lower jaw removed, sagittally cut in half. Double-headed arrow denotes the antero-posterior (A-P) axis. Close-up in A' shows the tight relationship between the olfactory epithelium (OE), the olfactory bulb (OB) and the cerebral cortex (CTX). Discontinuous square indicates the area collected for scanning electron microscopy. (B-E) Scanning electron microscope imaging showing changes in olfactory epithelium following CoV-2 infection. The olfactory epithelium of mock- (B, B') and CoV-2 inoculated hamsters at 2 dpi (C), 4 dpi (D, D', D'') and 14 dpi (E, E'). A loss of cilia is observed at 2 and 4 dpi for infected hamsters. Viral particles (vp) are seen emerging from deciliated cells (D'-D'', white arrows). Scale bars: 1 μ m (B-E), 100 nm (D', D'').

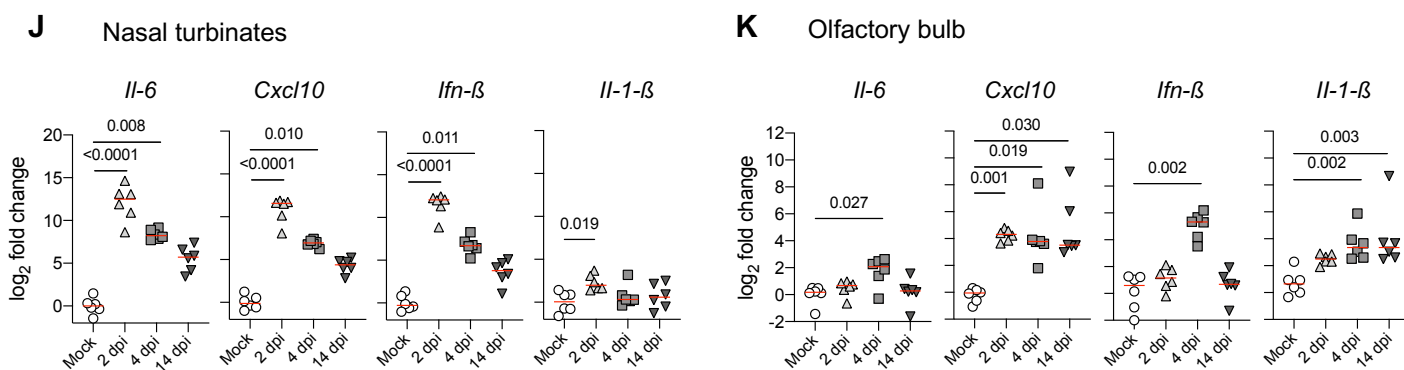
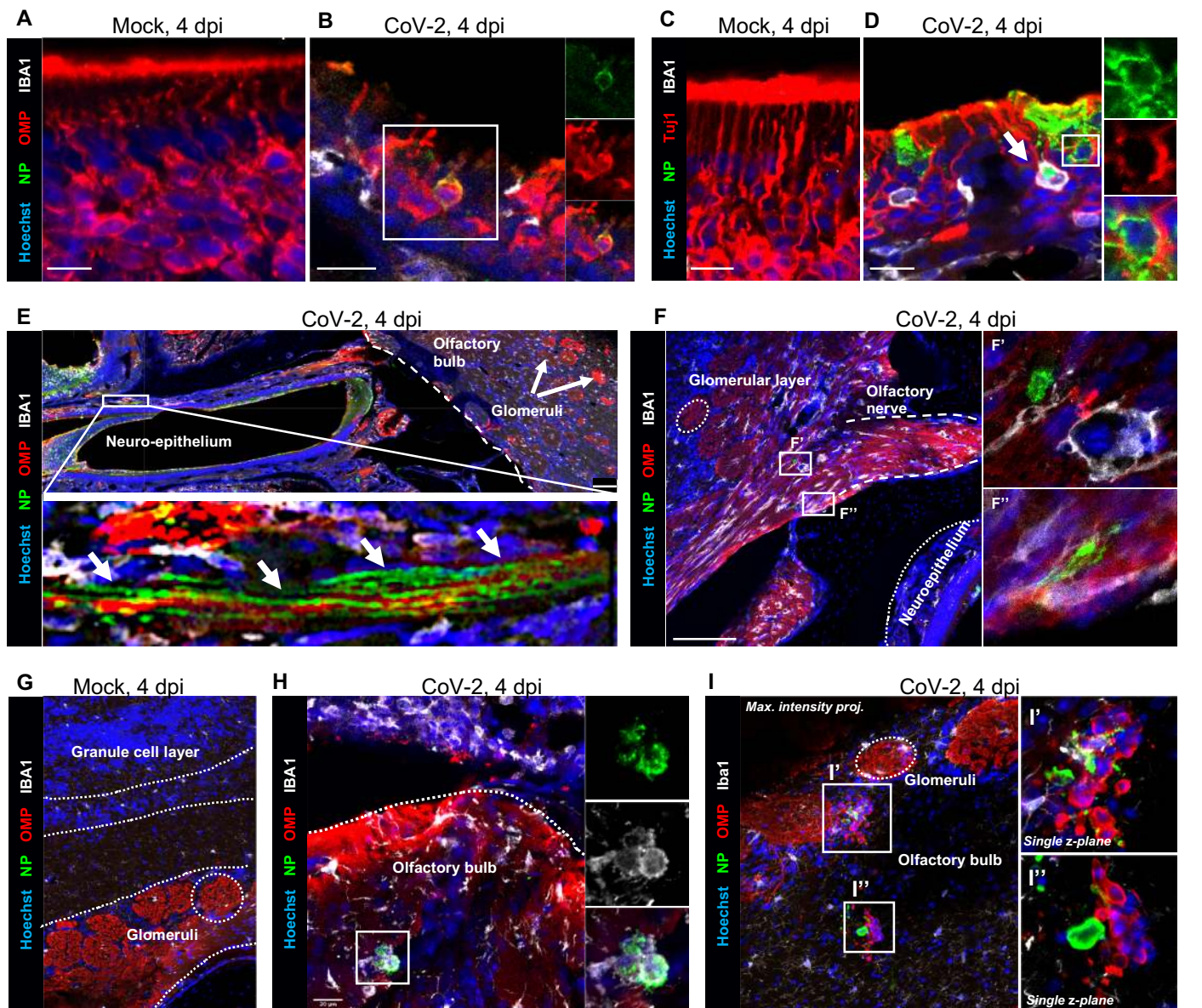
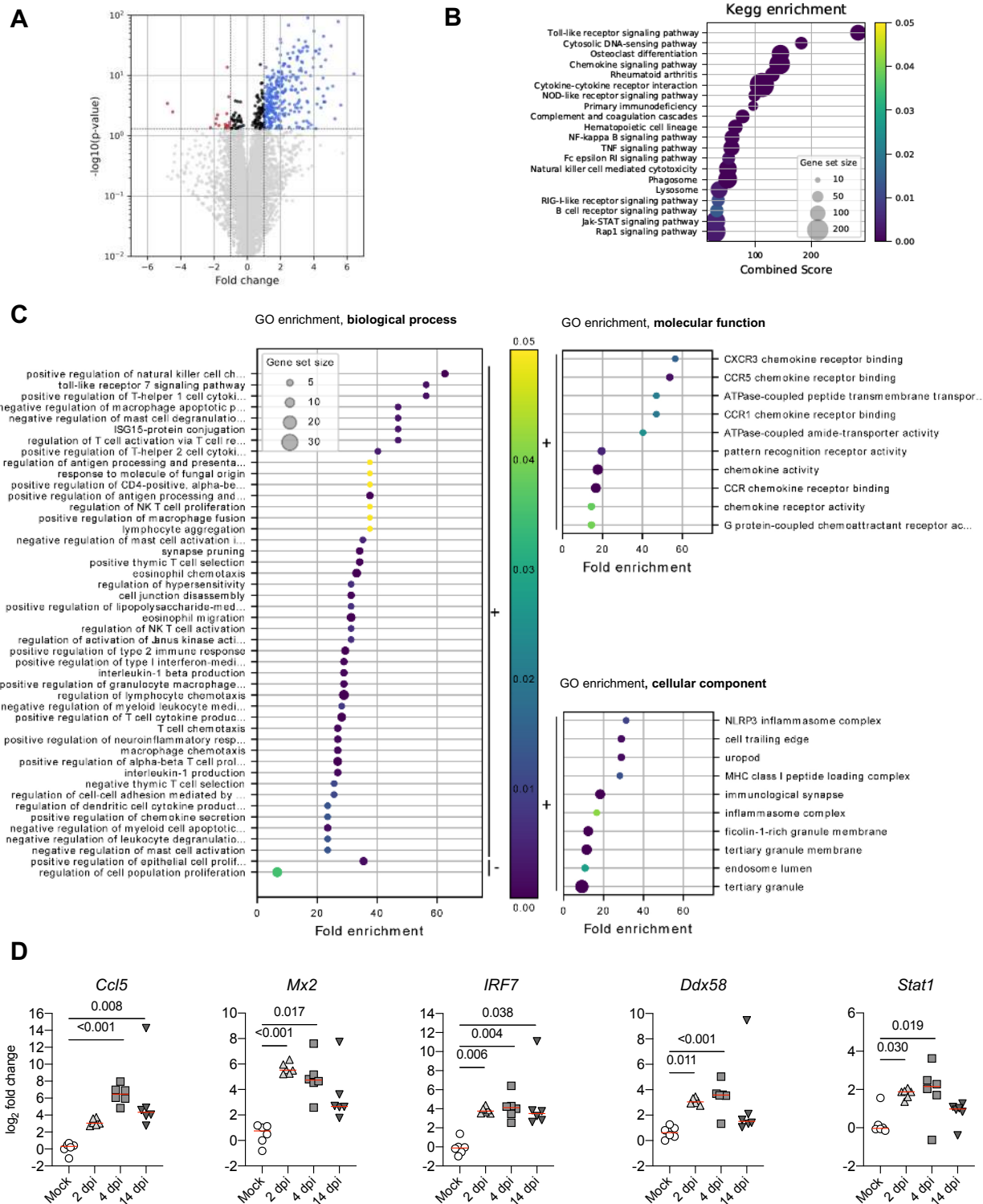


Figure 5 – SARS-CoV-2 antigens detection and cytokine/chemokine transcripts quantification in the olfactory system of hamsters. (A-D) Olfactory epithelium of mock- (A, C) and SARS-CoV-2 (B, D) infected hamsters at 4 dpi. Insets show infected OMP⁺ mature olfactory sensory neurons (B), or infected Tuj1⁺ immature olfactory sensory neurons (D). The arrow in D indicates an infected Iba1⁺ cell. (E) Sagittal section showing nasal turbinates and olfactory bulb of SARS-CoV-2 infected hamster at 4 dpi. Inset depicts the high density of SARS-CoV-2 staining in olfactory sensory neuron axons. (F) Olfactory sensory axons projecting into glomeruli in the olfactory bulb of SARS-CoV-2 inoculated hamsters at 4 dpi. Insets (F', F'') show infected cells. (G-I) Olfactory bulb of mock-(G) or SARS-CoV-2 (H, I) infected hamsters at 4 dpi. Iba1⁺ infected cells are shown in (H) and several infected cells are observed in (I). SARS-CoV-2 is detected by antibodies raised against the viral nucleoprotein (NP). Scale bars: 20μm (A-D, G-I), 100μm (E, F). Images are single z-planes (A-H) or maximum intensity projection over a 6μm depth (I). (J, K) Cytokines and chemokines transcripts in the nasal turbinates (J) and in the olfactory bulb (K) at 2, 4 and 14 dpi. Kruskal-Wallis followed by the Dunn's multiple comparison test (J, K). The p value is indicated when significant. Horizontal lines indicate the medians.



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 755 **Figure 6 – Differentially expressed genes in the olfactory bulb of golden hamsters infected by**
 756 **SARS-CoV-2 (at 4 dpi) derived by RNA-seq. (A).** Volcano plot of the comparisons between infected

757 and non-infected samples. Y-axis represents the Benjamini-Hochberg corrected p-value on a logarithmic
758 scale ($-\log_{10}$). Grey dots represent genes not passing a threshold of $FDR < 0.05$. Black dots represent
759 genes passing the FDR threshold but having fold changes between -1 and 1. Red and blue dots correspond
760 to significant down and up-regulated genes with a fold change inferior to -1 or superior to 1, respectively.
761 **(B)**. KEGG-pathways enrichment based on the differentially regulated genes between infected and non-
762 infected samples. Only the 20 highest combined scores are plotted. Circle sizes are proportional to the
763 gene set size. Circle color is proportional to the corrected p-values and corresponds to the scale presented
764 in C, D and E. **(C)**. GO enrichment analysis considering biological process only. Selected GO terms are
765 based on the up and down-regulated genes between infected and non-infected samples. The black bars
766 on the right-hand side of the scatter plot indicate enrichment based on down (“-”) and up (“+”) regulated
767 gene sets. Only the 50 highest fold enrichments are plotted for the up regulated gene set. Circle sizes are
768 proportional to the gene set size, which shows the total size of the gene set associated with GO terms.
769 Circle color is proportional to the corrected p-values and corresponds to the scale presented between C,
770 D and E. GO enrichment analysis considering molecular function and cellular components related The
771 figures follow the same construction as in biological process, with the exception that only the 10 highest
772 fold enrichments are plotted for the up regulated gene set. **(D)** Validation targets in the olfactory bulb at
773 2, 4 and 14 dpi. $n=6$ /time-point. Kruskal-Wallis followed by the Dunn’s multiple comparison test (J, K).
774 The p value is indicated when significant. Horizontal lines indicate the medians.
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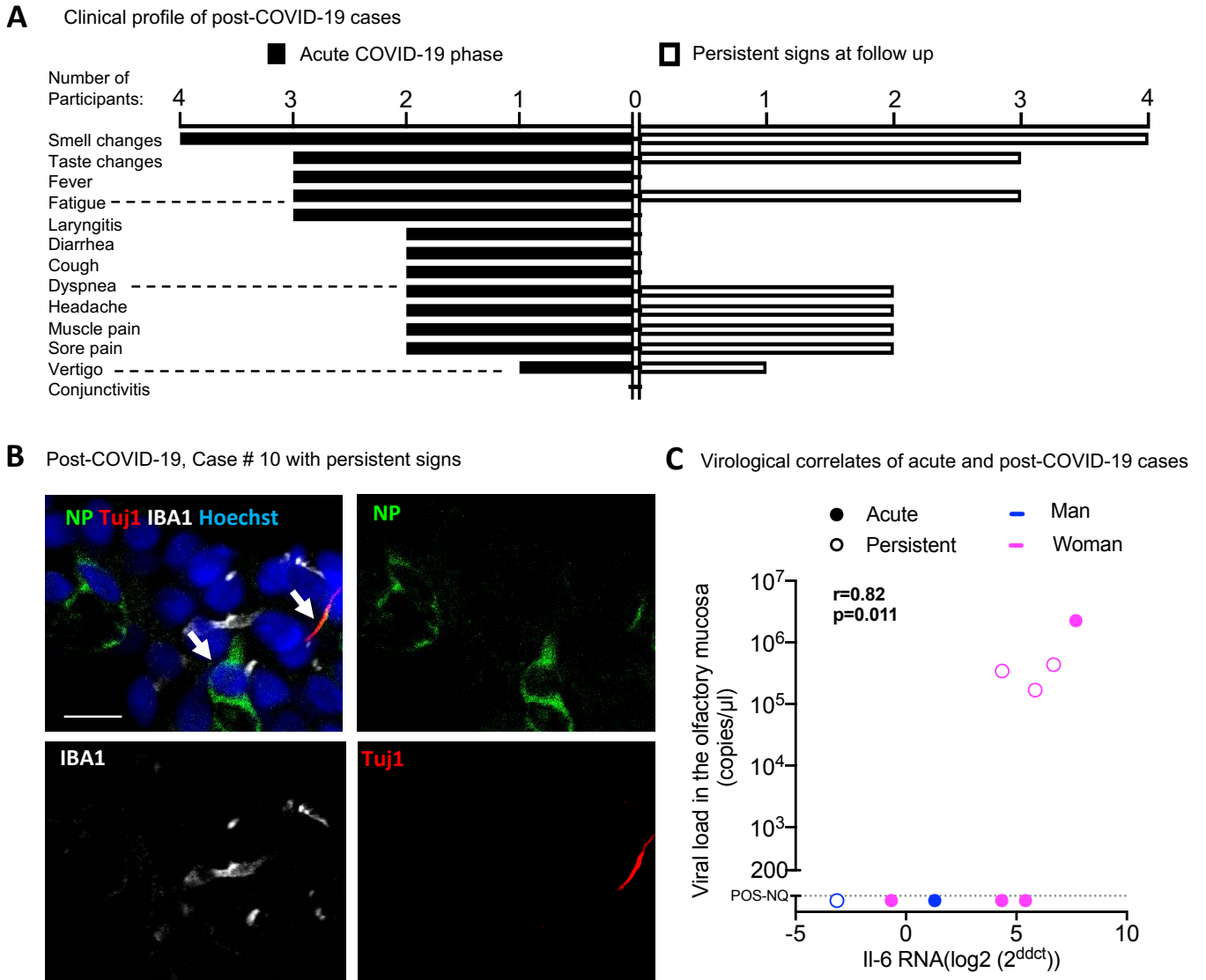


Figure 7 – SARS-CoV-2 is present in the olfactory mucosa from patients with persistent loss of smell post-COVID-19. (A) Clinical profile of the 4 patients with prolonged loss of smell post-COVID-19. The general symptoms at the acute phase and at the follow up (inclusion in CovidSmell study) are shown. (B) Immunofluorescence of infected cells in the olfactory mucosa of the case #10 presenting with persistent olfactory dysfunction at 196 days after COVID-19 onset. The left arrow indicates an infected cell with viral NP staining. The right arrow indicates a Tuj1-NP co-labelling in another cell. (C) Graph depicting the correlation between the *IL-6* mRNA expression and the viral load in the 9 patients with acute COVID-19 (“acute”: n=5) or persistent olfactory dysfunction post-COVID-19 (“persistent”, n=4). Viral load values were assessed by Taqman qPCR; when not quantifiable (nq; <200 copies / μ L), they were arbitrary given the 50 value for Spearman test (C). Variations in the cytokine gene expression were calculated as the n-fold change in expression in the swabs compared with the swab value of control #1 that was arbitrary put on zero value. Spearman test (C). Scale bar (B): 20 μ M.

777 Tables

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779 Table 1. Features at inclusion of the participants with recent loss of smell associated to COVID-19.
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Patient/Control	COVID #1	COVID #2	COVID #3	COVID #4	COVID #5	Control #1	Control #2
Years/Sex	53/W	31/W	61/W	40/W	46/M	31/W	47/M
Neurological features at inclusion	Anosmia- Ageusia- Hyperacusis	Anosmia- Phantosmia- Ageusia	Hyposmia	Anosmia- Parosmia- Ageusia	Anosmia- Ageusia	-	-
Comorbidities^a	Overweight	-	Diabetes- Hypertension	-	-	-	-
Smoking status	Nonsmoker	Previous (5 years ago)	Nonsmoker	Current	Nonsmoker	Nonsmoker	Nonsmoker
Time between the first disease symptoms^b and inclusion	7	8	2	1	13	-	-
Time between the first disease symptoms^b and olfactory loss	2	5	0	0	0	-	-
SARS-CoV-2 PCR in the nasopharynx	Neg	Pos	Neg	Neg	Pos	Not done	Neg
SARS-CoV-2 PCR in the olfactory mucosa^c (copy number/μL^d)	Pos (<200)	Pos (2.25. 10 ⁶)	Pos (<200)	Pos (<200)	Pos (<200)	Neg	Neg
SARS-CoV-2 antigens in the olfactory mucosa	Yes	Yes	Yes	No	No	No	No
IBA-1 positive cells in the olfactory mucosa	Yes	Yes	Yes	Yes	Yes	No	No
IL-6 RNA in the olfactory mucosa (log₂ (2ddct))	5,41	7,69	4,33	-0,67	1,3	0	2,79
CXCL10 RNA in the olfactory mucosa (log₂ (2ddct))	3.38	6.97	1.51	1.65	0.85	0	-4.35
CCL5 RNA in the olfactory mucosa (log₂ (2ddct))	-0.80	-0.27	-0.80	0.17	1.02	0	3.96
ISG20 RNA in the olfactory mucosa (log₂ (2ddct))	-1.88	-0.98	0.41	0.66	1.06	0	2.88
Mx1 RNA in the olfactory mucosa (log₂ (2ddct))	-4.31	0.53	2.18	2.71	3.46	0	0.45
Smell changes scores^e Score range: 0-5	5	5	3	4	4	0	0
Taste changes scores^e Score range: 0-10	6	10	1	10	9	0	0
Combined taste & smell changes scores^e Score range: 0-15	11	15	4	14	13	0	0
Visual analogue scale score for smell^e Score range: 0-100	5	2	45	11	95	100	100
Visual analogue scale score for taste^e Score range: 0-100	6	5	100	0	75	100	100

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782 W: woman; M: man; ^aOverweight: 25-29.9 kg/m²; ^bTwo or more of the following signs or symptoms: Fever, cough,
783 headache, fatigue, muscle pain, sore throat, diarrhea, conjunctivitis, laryngitis; dyspnea, anosmia; ^cRT-PCR Sybr;
784 ^dRT-PCR Taqman; ^eTTS: Taste and Smell Survey: Sum of smell changes scores and taste changes scores; Smell
785 changes scores from 0 normal to 5 anosmia; Taste changes scores from 0 normal to 10 ageusia; ^fVAS: Visual
786 Analogue Scale from 0 (anosmia or ageusia) to 100 normal. Five shades of gray are used for scoring from 0 no
787 color to maximum dark.

788 **Table 2. Individual features at inclusion of the participants with persistent olfactory dysfunction.**

Patient	COVID #6	COVID #8	COVID #9	COVID #10
Years/Sex	24/M	43/W	71W	56/W
Clinical features at the 1st episode	Anosmia -Ageusia	Anosmia -Ageusia	Anosmia -Ageusia	Anosmia -Ageusia-Vertigo
Long lasting clinical features at inclusion	Anosmia-Parosmia-Ageusia	Intermittent anosmia-Asthenia-Burning sensations-Stereotypical crises: wriggling nose, left arm pain, left intercostal pain	Hyposmia-Ageusia-Paresthesia-memory loss-concentration	Hyposmia-Asthenia-Vertigo-Queasiness Paresthesia- Burning sensations-memory loss-hyperemotivity Thoracic oppression, diarrhea, oesophageal pain
Treatments	-	Antiviral (hydroxychloroquine)-antihistaminic-Zinc	Antidepressant (fluoxetine)-B-bloquant	-
Comorbidities^a	-	Flammer syndrome-Allergy	Overweight-Allergy	-
Smoking status	Nonsmoker	Nonsmoker	Previous (24years ago)	Nonsmoker
Time between the first disease symptoms^b and inclusion	110	136	158	196
Time between the first disease symptoms^b and olfactory loss	15	45	35	0
SARS-CoV-2 PCR in the nasopharynx	Neg	Neg	Neg	Neg
SARS-CoV-2 PCR in the olfactory mucosa^c (copy nb/μL^d)	Pos (<200)	Pos (3.43. 10 ⁵)	Pos (4.35. 10 ⁵)	Pos (1.68. 10 ⁵)
SARS-CoV-2 antigens in the olfactory mucosa	Yes	Yes	No	Yes
IBA-1 positive cells in the olfactory mucosa	Yes	Yes	No	Yes
IL-6 RNA in the olfactory mucosa (log₂ (2ddct))	-3,13	4,35	6,68	5,85
CXCL10 RNA in the olfactory mucosa (log₂ (2ddct))	2.63	2.43	2.47	3.60
CCL5 RNA in the olfactory mucosa (log₂ (2ddct))	0.92	-0.95	0.12	1.56
ISG20 RNA in the olfactory mucosa (log₂ (2ddct))	1.06	1.13	0.81	1.12
Mx1 RNA in the olfactory mucosa (log₂ (2ddct))	3.46	2.62	2.35	2.49
Smell changes scores^e	5	4	3	2
Score range: 0-5				
Taste changes scores^e	5	0	5	2
Score range: 0-10				
Combined taste & smell changes scores^f	10	4	8	4
Score range: 0-15				
Visual analogue scale score for smell^g	43	65	60	100
Score range: 0-100				
Visual analogue scale score for taste^f	65	100	60	100
Score range: 0-100				

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 790 W: woman; M: man; ^aOverweight: 25-29.9 kg/m²; ^bTwo or more of the following signs or
 791 symptoms: Fever, cough, headache, fatigue, muscle pain, sore throat, diarrhea, conjunctivitis,
 792 laryngitis; dyspnea, anosmia; ^cRT-PCR Sybr;; ^dRT-PCR Taqman; ^eTTS: Taste and Smell Survey:
 793 Sum of smell changes scores and taste changes scores; Smell changes scores from 0 normal to 5
 794 anosmia; Taste changes scores from 0 normal to 10 ageusia; ^fVAS: Visual Analogue Scale from 0
 795 (anosmia or ageusia) to 100 normal. Five shades of gray are used for scoring from 0 no color to
 796 maximum dark.

797 **Supplemental material: Figures S1-5. Tables S1-3. Additional methods (open field, painted**
798 **footprints, transcriptomics) and references.**