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## Cross-talk between hypoxia and insulin signaling through Phd3 regulates hepatic glucose and lipid metabolism and ameliorates diabetes

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### Abstract

Signaling initiated by hypoxia and insulin powerfully alters cellular metabolism. The protein stability of hypoxia-inducible factor-1 alpha (Hif-1 $\alpha$ ) and Hif-2 $\alpha$  is regulated by three prolyl hydroxylase domain-containing protein isoforms (Phd1, Phd2 and Phd3). Insulin receptor substrate-2 (Irs2) is a critical mediator of the anabolic effects of insulin, and its decreased expression contributes to the pathophysiology of insulin resistance and diabetes<sup>1</sup>. Although Hif regulates many metabolic pathways<sup>2</sup>, it is unknown whether the Phd proteins regulate glucose and lipid metabolism in the liver. Here, we show that acute deletion of hepatic *Phd3*, also known as *Egln3*, improves insulin sensitivity and ameliorates diabetes by specifically stabilizing Hif-2 $\alpha$ , which then increases Irs2 transcription and insulin-stimulated Akt activation. Hif-2 $\alpha$  and Irs2 are both necessary for the improved insulin sensitivity, as knockdown of either molecule abrogates the beneficial effects of *Phd3* knockout on glucose tolerance and insulin-stimulated Akt phosphorylation. Augmenting levels of Hif-2 $\alpha$  through various combinations of *Phd* gene knockouts did not further improve hepatic metabolism and only added toxicity. Thus, isoform-specific inhibition of Phd3 could be exploited to treat type 2 diabetes without the toxicity that could occur with chronic inhibition of multiple Phd isoforms.

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Note: Any Supplementary Information and Source Data files are available in the online version of the paper.

#### AUTHOR CONTRIBUTIONS

C.M.T., E.C.F., A.J.K., E.L.L., K.W. and L.M.M. designed and performed experiments and analyzed data. C.W. and A.N.D. generated the knockout animals and contributed to design of all animal experiments. J.Y. and C.J.K. generated and purified the adenoviruses and contributed to experimental design of all adenovirus experiments. C.M.T. and A.J.G. wrote the manuscript and oversaw all aspects of this project.

#### COMPETING FINANCIAL INTERESTS

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Under normoxia, PHD-containing proteins hydroxylate critical pro-line residues on Hif-1 $\alpha$  and Hif-2 $\alpha$ , regulating their stability<sup>3,4</sup>. To date, three oxygen-dependent prolyl hydroxylases<sup>5</sup> have been identified (Phd1, Phd2 and Phd3), but their relative roles in regulating the protein levels of the Hif isoforms in normal tissues and general effects on metabolism are poorly defined. To address this issue, we created mice with all possible combinations of homozygously floxed alleles encoding the Phd isoforms (*Phd1*<sup>fl/fl</sup>, *Phd2*<sup>fl/fl</sup>, *Phd3*<sup>fl/fl</sup>, *Phd1*<sup>fl/fl</sup>; *Phd2*<sup>fl/fl</sup>, *Phd3*<sup>fl/fl</sup>; *Phd1*<sup>fl/fl</sup>; *Phd2*<sup>fl/fl</sup>; *Phd3*<sup>fl/fl</sup>; *Phd1*<sup>fl/fl</sup>; *Phd2*<sup>fl/fl</sup>; *Phd3*<sup>fl/fl</sup> and *Phd1*<sup>fl/fl</sup>; *Phd2*<sup>fl/fl</sup>; *Phd3*<sup>fl/fl</sup>) that have been previously described<sup>6</sup>. We injected 8-week-old male littermates of each individual homozygous floxed genotype with control adenoviral GFP (adGFP) or adenoviral Cre (adCre) by tail vein to achieve liver-specific deletion of an individual *Phd* gene or a combination of *Phd* genes<sup>7</sup>.

Injection of adCre resulted in an approximate 80–90% deletion of *Phd1*, *Phd2* or *Phd3* in the liver compared to control adGFP, as quantified in immunoblots (Fig. 1a). Knockout of *Phd2* in the liver stabilized Hif-1 $\alpha$  protein expression but not that of Hif-2 $\alpha$ , and deletion of other *Phd* genes in addition to *Phd2* further stabilized Hif-1 $\alpha$  (Fig. 1a). Conversely, abrogation of *Phd3* specifically stabilized Hif-2 $\alpha$  expression over that of Hif-1 $\alpha$  (Fig. 1a). Knockout of other *Phd* genes in combination with knockout of *Phd3* enhanced Hif-2 $\alpha$  expression in an additive fashion (Fig. 1a), which correlated with increased expression of known Hif-2 $\alpha$  targets such as vascular endothelial growth factor (*Vegfa*) and erythropoietin (*Epo*, Supplementary Fig. 1). These data demonstrate both overlapping and isoform-specific regulation of Hif-1 $\alpha$  and Hif-2 $\alpha$  by the Phd proteins in the liver.

*Phd3*<sup>fl/fl</sup> animals treated with adCre to achieve a liver-specific knockout exhibited lower fasting glucose and fasting insulin levels (Fig. 1b) compared to adGFP-treated controls. Deletion of additional *Phd* genes further lowered fasting glucose and fasting insulin compared to littermate adGFP-treated control mice. The changes in blood glucose for all genotypes were stable over at least 30 d (Supplementary Fig. 2a). *Phd3*<sup>fl/fl</sup>; *Phd1*<sup>fl/fl</sup>; *Phd3*<sup>fl/fl</sup>; *Phd2*<sup>fl/fl</sup>; *Phd3*<sup>fl/fl</sup> and *Phd1*<sup>fl/fl</sup>; *Phd2*<sup>fl/fl</sup>; *Phd3*<sup>fl/fl</sup> mice treated with adCre demonstrated similarly higher glucose tolerance (Fig. 1c–f) and insulin tolerance (Fig. 1g–j) compared to their age-matched littermate controls treated with adGFP. These differences in glucose tolerance and insulin tolerance were statistically significant for the *Phd3*-containing genotypes, as determined by area-under-the-curve calculations (\**P* < 0.05 compared to adGFP controls, Supplementary Fig. 2b,c). However, *Phd1*<sup>fl/fl</sup>; *Phd2*<sup>fl/fl</sup> and *Phd1*<sup>fl/fl</sup>; *Phd2*<sup>fl/fl</sup> mice treated with adCre showed no improvements in fasting glucose, insulin, glucose tolerance or insulin tolerance compared to adGFP-treated controls (Supplementary Fig. 3a–d), despite detectable expression of Hif-1 $\alpha$  in the knockout combinations lacking *Phd2* (Fig. 1a). These data indicate that *Phd3* is the dominant Phd isoform in the hepatic regulation of glucose metabolism, and that other Phd isoforms are not able to completely compensate for loss of *Phd3*, as has been suggested in other studies<sup>8</sup>.

Abrogation of hepatic *Phd3* through treatment with adCre led to lower expression of mRNAs encoding key gluconeogenic enzymes, *Pck1*, *G6pc* and *Ppargc1a*, but not *Ppargc1b*, compared with adGFP control treatment (Fig. 2a). The deletion of additional *Phd* genes in combination with *Phd3* deletion did not further decrease gluconeogenic gene

expression and, furthermore, the loss of *Phd1* or *Phd2* appeared to make no difference in gluconeogenic gene regulation compared to controls (Supplementary Fig. 4a).

Isoforms of sterol regulatory element-binding protein 1 (*Srebf1*) regulate nearly all aspects of lipid metabolism, with *Srebf1c* controlling lipogenesis and fatty acid synthase (Fas) levels and *Srebf1a* having broader control over fatty acid metabolism and cholesterol synthesis<sup>9</sup>. In mice with deletion of hepatic *Phd3*, expression of *Srebf1c* and *Fas* were lower than in adGFP control mice, whereas the expression of *Srebf1a* was unchanged (Fig. 2a). Deletion of either *Phd1* or *Phd2* in addition to *Phd3* further diminished *Srebf1c* and *Fas* expression when compared to their individual controls. Animals lacking all three *Phd* genes in the liver exhibited a 15-fold increase in the expression of *Srebf1a*, (Fig. 2a). This increase may be related to *Phd1*, as knockouts of *Phd1* showed seven- and fivefold increases in *Srebf1a* and *Srebf1c*, respectively, that trended toward statistical significance compared to littermate controls (Supplementary Fig. 4b,  $P = 0.06$ ).

*Slc2a1* (also known as *Glut1*) is a hypoxia-inducible gene that increases intracellular glucose levels to be used by glycolysis and other metabolic pathways<sup>10</sup>. *Phd2<sup>fl/fl</sup>*; *Phd3<sup>fl/fl</sup>* and *Phd1<sup>fl/fl</sup>*; *Phd2<sup>fl/fl</sup>*; *Phd3<sup>fl/fl</sup>* mice treated with adCre exhibited a 4.5-fold and a 42-fold increase in *Slc2a1* expression, respectively, compared to adGFP-treated mice. In addition, adCre treatment of *Phd2<sup>fl/fl</sup>*; *Phd3<sup>fl/fl</sup>* and *Phd1<sup>fl/fl</sup>*; *Phd2<sup>fl/fl</sup>*; *Phd3<sup>fl/fl</sup>* mice was associated with lower expression of a key regulator of mitochondrial  $\beta$ -oxidation, carnitine palmitoyl transferase-1a (*Cpt1a*) by 50% and 83%, respectively, compared to littermates treated with adGFP (Fig. 2b).

Germline knockouts of multiple *Phd* genes<sup>11</sup> and transgenic animals expressing activated Hif-1 $\alpha$  or Hif-2 $\alpha$  develop hepatic steatosis (ref. 12). *Phd2<sup>fl/fl</sup>*; *Phd3<sup>fl/fl</sup>* and *Phd1*; *Phd2*; *Phd3<sup>fl/fl</sup>* mice treated with adCre exhibited higher hepatic triglyceride levels (Fig. 2c), and a grossly fatty liver (Supplementary Fig. 5a) confirmed by steatosis seen at microscopic level by H&E and oil red O staining (Fig. 2d), compared to littermate controls treated with adGFP. The other single or combination *Phd* knockout animals showed no alterations in liver triglycerides (Fig. 2c,d and Supplementary Figs. 5b,c and 6). The marked fat accumulation in the livers of *Phd1<sup>fl/fl</sup>*; *Phd2<sup>fl/fl</sup>*; *Phd3<sup>fl/fl</sup>* mice treated with adCre (Fig. 2c) may be caused by a combination of increased glucose uptake through increased *Slc2a1* expression, and increased lipogenesis caused by increased *Srebf1a* expression and decreased  $\beta$ -oxidation evidenced through low *Cpt1a* levels.

The hepatic dysfunction in *Phd1<sup>fl/fl</sup>*; *Phd2<sup>fl/fl</sup>*; *Phd3<sup>fl/fl</sup>* mice treated with adCre also manifested as progressive hypoglycemia (Supplementary Fig. 5d) that culminated with hypoglycemic seizures and death by 12 d after adenoviral treatment (Fig. 2e). There was no such toxicity in *Phd1<sup>fl/fl</sup>*; *Phd2<sup>fl/fl</sup>*; *Phd3<sup>fl/fl</sup>* mice treated with adGFP. Thus, the simultaneous deletion of multiple *Phd* genes causes marked hepatotoxicity without additional metabolic benefits over those observed in mice with only *Phd3* knockout.

Loss of *Phd3* altered expression of *Irs1* and *Irs2*, which are critical components of insulin signaling<sup>7</sup>. *Irs1* expression was unchanged by any *Phd* abrogation, but *Irs2* mRNA levels (Fig. 3a) were higher in mice containing a *Phd3* deletion, either alone or in combination

with other *Phd* genes, compared to their littermate adGFP-treated controls. For instance, adCre treatment of *Phd3<sup>fl/fl</sup>* mice increased *Irs2* protein expression by threefold compared to adGFP control treatment (Fig. 3b). This enhanced *Irs2* expression led to a threefold increase in the insulin-stimulated phosphorylation of protein kinase B (Akt) and the transcription factor FoxO1 compared to insulin-stimulated adGFP-treated mice. Akt and FoxO1 are critical regulators of gluconeogenesis<sup>13</sup>, and this may be an important step by which *Phd3* and *Hif-2 $\alpha$*  improve glucose homeostasis.

To determine whether the induction of *Irs2* by *Hif-2 $\alpha$*  occurs directly or indirectly, we created luciferase reporter constructs for the human IRS2 promoter and mutated the two hypoxia response element (HRE) consensus sites at nucleotide positions –900 and –123 from the +1 initiation site<sup>14</sup> (Supplementary Fig. 7a). We transfected these constructs into Fao hepatocytes along with an expression vector encoding GFP or constitutively active human HIF-1 $\alpha$  or HIF-2 $\alpha$  (ref. 15). HIF-2 $\alpha$ , but not HIF-1 $\alpha$ , specifically activated the wild-type human IRS2 promoter (Fig. 3c). A point mutation of the HRE at –900 did not alter the activation of the human IRS2 promoter by HIF-2 $\alpha$ , but this activation was abolished by the mutation of the HRE at –123 (Fig. 3c).

We confirmed the specificity of *Irs2* induction by *Hif-2 $\alpha$*  with *in vivo* chromatin immunoprecipitation (ChIP) assays from intact livers of mice infected with adenoviruses encoding hemagglutinin-tagged constitutively active human HIF-1 $\alpha$ , constitutively active human HIF-2 $\alpha$  or Fc control. We found three major HRE sites within the mouse *Irs2* promoter (mmIRS2), and the HREs at –643 and –543 displayed enrichment of HIF-2 $\alpha$  binding over HIF-1 $\alpha$  (Fig. 3d). Although the HRE at –643 in the mmIRS2 promoter is not conserved in humans (Supplementary Fig. 7b), the HRE at –543 is embedded within a conserved E-box that is essential for IRS2 activation<sup>16</sup>. These data demonstrate that *Hif-2 $\alpha$*  activates *Irs2* in an isoform-specific manner through a conserved site within the *Irs2* promoter.

To test the therapeutic efficacy of *Phd3* deletion, we treated *Phd3<sup>fl/fl</sup>* mice with a high-fat diet (HFD) or normal chow for 6 weeks and then acutely deleted *Phd3* through administration of adCre. Both adGFP and adCre treatment groups gained 25–30% more weight compared to normal chow, but there was no difference in weight gain between adGFP and adCre animal on either diet (Supplementary Fig. 8a). The HFD treatment induced hyperglycemia, hyperinsulinemia and glucose intolerance, which is consistent with diabetes, in the control adGFP animals (Fig. 3e). The acute loss of *Phd3* from adCre in HFD cohort of animals decreased fasting blood glucose by 30% (Supplementary Fig. 8b) and fasting serum insulin by 50% compared to the diabetic adGFP controls (Supplementary Fig. 8c). Notably, the diabetic phenotype induced by the HFD was completely ameliorated by the loss of *Phd3*, as evidenced by glucose tolerance returning to normal levels with adCre treatment (Fig. 3e, quantified in Supplementary Fig. 8d).

To determine whether either *Hif-2 $\alpha$*  or *Irs2* is necessary for the metabolic phenotype of *Phd3* knockout animals, we constructed adenoviral shRNAs against both molecules<sup>17</sup> and injected a mixture of adenoviruses containing adCre or control adGFP) along with an shRNA adenovirus at a constant titer. *Phd3<sup>fl/fl</sup>* mice treated with adCre and a control shRNA

adenovirus against GFP (shGFP) showed an induction of Hif-2 $\alpha$  and *Irs2* expression, whereas *Phd3*<sup>fl/fl</sup> mice treated with both adCre and an shRNA adenovirus against Hif-2 $\alpha$  (shHIF2) displayed a 70% decrease in Hif-2 $\alpha$  and *Irs2* expression compared to adGFP controls (Fig. 4a). The reduced expression of Hif-2 $\alpha$  decreased the activation of Akt and FoxO1 (Fig. 4a) and consequently reversed the improvements in fasting blood glucose (Fig. 4b), insulin levels (Fig. 4c) and glucose tolerance (Fig. 4d, quantified in Supplementary Fig. 8e) in *Phd3* knockout animals. In a similar vein, when *Irs2* was knocked down in *Phd3* knockout mice by an shRNA adenovirus targeting *Irs2* (shIRS2, Fig. 4e), insulin-stimulated Akt and FoxO1 activation decreased, and fasting blood glucose (Fig. 4f), insulin levels (Fig. 4g) and glucose tolerance (Fig. 4h, quantified in Supplementary Fig. 8f) returned to levels seen in wild-type mice.

In this study, we demonstrate a direct link between oxygen sensing and insulin signaling through *Phd3*, which specifically stabilizes Hif-2 $\alpha$  and augments *Irs2* expression. *Phd3* appears to be a critical and specific regulator of Hif-2 $\alpha$  *in vivo*. These data are distinct from *in vitro*<sup>5</sup> and global knockout<sup>8</sup> data, which do not demonstrate such a relationship between *Phd3* and Hif-2 $\alpha$ , probably owing to chronic compensatory mechanisms that are invoked in germline knockout models.

We show that Hif-2 $\alpha$  directly promotes the transcription of *Irs2* in both the human and mouse *Irs2* promoter constructs (Fig. 3c,d and Supplementary Fig. 7a,b). Despite potential pleiotropic effects of *Phd3* deletion, the mechanism of metabolic improvements appears to require both *Hif2a* and *Irs2*, as knockdown of either molecule with shRNA adenovirus was sufficient to reverse the improvements in fasting glucose metabolism in liver-specific knockouts of *Phd3*. *Irs2* may be the major mediator of these metabolic improvements since *Irs2* has previously been shown to be critically important for metabolic homeostasis in the fasted state<sup>18</sup> and is necessary and sufficient to prevent type 2 diabetes<sup>19</sup>.

As summarized in Figure 4i, the loss of *Phd3* alone stabilizes Hif-2 $\alpha$  at a low level that is capable of improving glucose tolerance without discernible toxicity. The deletion of additional *Phd* alleles increases Hif-2 $\alpha$  expression; however, it also causes hepatic steatosis without any further metabolic improvements (Fig. 2d and Supplementary Fig. 6). It is not known whether this increased toxicity is a dose-dependent effect of Hif-2 $\alpha$ , an Hif-independent effect of *Phd* deletion or some combination of these scenarios. However, when taken at face value our data suggest that there may be a therapeutic window of Hif-2 $\alpha$  expression that maximizes metabolic improvement while minimizing toxicity that can be achieved by inhibiting *Phd3* in an isoform-specific fashion.

Notably, we demonstrate that long-term *Phd3* inhibition causes minimal toxicity, and this is corroborated by germline knockouts of *Phd3* that do not demonstrate any obvious deleterious phenotype<sup>8,20</sup>. Pan-prolyl hydroxylase inhibitors are being tested for a wide variety of maladies, including anemia<sup>21</sup>, bone fractures<sup>22</sup> and wound healing<sup>23</sup>, although the toxicity displayed in the pan-*Phd* knockouts of our study might caution against the chronic use of such nonspecific inhibitors. However, the isoform-specific inhibition of *Phd3* could represent a new therapeutic approach to treat diabetes with a mechanism distinct from those of other available treatments and with potentially lower toxicity.

## ONLINE METHODS

### Animals and breeding strategy

All animals were housed on a 12-h light-dark cycle and fed a standard rodent chow unless otherwise indicated. All procedures involving mice were performed in accordance with the NIH guidelines for use and care of live animals and were approved by the Stanford University Institutional Animal Care and Use Committee. All mice in this study were of a mixed C57BL/6-FVB genetic background; therefore, all studies used only littermate homozygous floxed mice with adGFP as controls. The breeding strategy in this study involved the crossing of triple-heterozygous (*Phd1*<sup>fl/+</sup>, *Phd2*<sup>fl/+</sup> and *Phd3*<sup>fl/+</sup>) mice to generate all the possible genotypes and has been described previously<sup>6</sup>. At least three different breeders were used to generate each floxed genotype, and the phenotypes were checked among the litters of all breeders. Genotyping analysis of these *Phd*<sup>fl/fl</sup> conditional mice has been previously described<sup>20</sup>. After this initial generation of each genotypes, the individual *Phd* phenotypes were maintained as single or multiple homozygous floxed alleles (for example, *Phd1*<sup>fl/fl</sup> or *Phd1*<sup>fl/fl</sup>; *Phd2*<sup>fl/fl</sup>; *Phd3*<sup>fl/fl</sup>), and experiments involving adenoviral treatments and diet were only compared among male littermate controls to account for subtle differences in genetic background. No female mice were used in the metabolic analyses in this manuscript. For the adenovirus injections studies, 8-week-old male C57BL/6 mice were purchased from Jackson Laboratories (Bar Harbor, ME). A sample size of six to eight male mice per treatment was deemed appropriate based on the magnitude of the phenotype in preliminary studies. All animals within an experimental cohort were included in the final analysis, although there were no preset inclusion or exclusion criteria. The mice in this study were not randomized to their treatments and were selected based purely on availability. No blinding was done for the investigators performing these studies.

### Generation and use of adenoviral constructs

Purified adCre and adGFP was obtained from University of Iowa Gene Transfer Vector Core. Human HIF-1 and HIF-2 adenoviruses for the *in vivo* ChIP experiment were produced from cDNA constructs obtained through Addgene. HIF-1 contains proline-to-alanine mutations at P402 and P564 (Addgene #18955), and HIF-2 contains proline-to-alanine mutations at P405 and P531 (Addgene #18956) (ref. 15). These constructs were cloned into the pShuttle-IRES-GFP2 vector (Agilent, Palo Alto, CA) to generate adenoviruses through the AdEasy system<sup>24</sup>. The shHIF2, shIRS2 and Fc control adenoviruses were a gift from C.J.K. and colleagues<sup>25</sup>. All viruses were purified on a CsCl gradient then dialyzed into 20 mM Tris (pH 8.0), 25 mM NaCl + 5% glycerol solution. For adCre-mediated deletion,  $1 \times 10^9$  PFU of adCre was injected as a 100- $\mu$ l bolus. For hemagglutinin-tagged HIF-1 and hemagglutinin-tagged HIF-2 overexpression,  $1 \times 10^8$  PFU was injected as a 100- $\mu$ l bolus. For shRNA studies, a 50/50 mixture of adenoviruses was used, with the total of  $5 \times 10^9$  PFU injected as a 200- $\mu$ l bolus into the tail vein.

### Quantitative RT-PCR analysis

Total RNA was isolated from mouse tissues using an RNeasy Mini Kit (QIAGEN, Valencia, CA). cDNA was prepared from 1  $\mu$ g of RNA using the QuantiTect Kit (QIAGEN, Valencia,



CA) with random hexamer primers, according to manufacturer's instructions. The resulting cDNA was diluted 100-fold, and a 2.5- $\mu$ l aliquot was used in a 10- $\mu$ l PCR reaction (SYBR Green, ABI) containing primers at a concentration of 300 nM each. PCR reactions were run in triplicate and quantified in the ABI 7900HT Sequence Detection System. Cycle threshold (Ct) values were normalized to TATA box-binding protein (TBP) expression, and results were expressed as a fold change of mRNA compared to the indicated control mice. Primers were optimized over exon-exon junctions whenever possible and were optimized to a calculated  $T_m$  of 60 °C. Primer sequences are as follows: *Irs1* forward 5'-TCC CAA ACA GAA GGA GGA TG-3' and *Irs1* reverse 5'-CAT TCC GAG GAG AGC TTT TG-3', *Irs2* forward 5'-GTA GTT CAG GTC GCC TCT GC-3' and *Irs2* reverse 5'-TTG GGA CCA CCA CTC CTA AG-3', *Pgc1a* forward 5'-GTC AAC AGC AAA AGC CAC AA-3' and *Pgc1a* reverse 5'-TCT GGG GTC AGA GGA AGA GA-3', *Pgc1b* forward 5'-TCC TGT AAA AGC CCG GAG TAT-3' and *Pgc1b* reverse 5'-GCT CTG GTA GGG GCA GTG A-3', *Srebpf1a* forward 5'-GAA CTG GAC ACA GCG GTT TT-3' and *Srebpf1a* reverse 5'-GGC CAG AGA AGC AGA AGA GA-3', *Srebpf1c* forward 5'-GAG CCA TGG ATT GCA CAT TT-3' and *Srebpf1c* reverse 5'-CTC AGG AGA GTT GGC ACC TG-3', *Fas* forward 5'-GAG GAC ACT CAA GTG GCT GA-3' and *Fas* reverse 5'-GTG AGG TTG CTG TCG TCT GT-3', *Cpt1* forward 5'-CCA ATC ATC TGG GTG CTG G-3' and *Cpt1* reverse 5'-AAG AGA CCC CGT AGC CAT CA-3', *Slc2a1* forward 5'-CCA TGT ATG TGG GAG AGG TGT-3' and *Slc2a1* reverse 5'-TTG CCC ATG ATG GAG TCT AAG-3', *Epo* forward 5'-CAT CTG CGA CAG TCG AGT TCT G-3' and *Epo* reverse 5'-CAC AAC CCA TCG TGA CAT TTT C-3', *Vegfa* forward 5'-CCA CGT CAG AGA GCA ACA TCA- ' and *Vegfa* reverse 5'-TCA TTC TCT CTA TGT GCT GGC TTT-3' and *Tbp* forward 5'-ACC CTT CAC CAA TGA CTC CTA TG-3' and *Tbp* reverse 5'-TGA CTG CAG CAA ATC GCT TGG-3'.

### Metabolic studies

Only male mice that were littermate and weight matched were used in metabolic analyses. For GTTs, mice were fasted overnight, and then blood samples were obtained at 0, 15, 30, 60 and 120 min after intraperitoneal (i.p.) injection of 2 g per kg body weight dextrose. ITTs were performed by injecting 0.5 U per kg body weight insulin (Novolin, Novo Nordisk) i.p. into mice after a 4-hr fast, followed by blood collection at 0, 15, 30 and 60 min after injection. Blood glucose values were determined using a One Touch II glucose monitor (Lifescan, Milipitas, CA). Serum insulin levels were measured by ELISA using mouse insulin as a standard (Crystal Chem, Chicago, IL). Triglyceride levels in liver were measured using a kit from Sigma-Aldrich. For HFD, mice were fed a chow that consisted of 60% fat (D14292, Research Diets) for a total of 6 weeks, and normal chow was a standard 17% fat diet (D12451, Research Diets). Metabolic studies on these HFD-fed mice were carried out in the same manner as above.

### In vivo insulin signaling

Following an overnight fast, mice were anesthetized with 2,2,2-tribromoethanol in PBS (Avertin) and injected with 5 U per kg body weight of regular human insulin (Novolin, Novo Nordisk, Denmark) through tail vein. Five minutes after the insulin bolus, mice were euthanized and tissues were removed and frozen in liquid nitrogen. Immunoblot analyses of

insulin signaling molecules were performed using tissue homogenates prepared in a tissue homogenization buffer that contained 25 mM Tris-HCl (pH 7.4), 10 mM Na<sub>3</sub>VO<sub>4</sub>, 100 mM NaF, 50 mM Na<sub>4</sub>P<sub>2</sub>O<sub>7</sub>, 10 mM EGTA, 10 mM EDTA, 2 mM phenylmethylsulfonyl fluoride, 1% Nonidet-P40 and 0.1% SDS supplemented with the cOmplete Protease Inhibitor Cocktail (Roche). All protein-expression data were quantified by Chemi-Doc XRS + system (Bio-Rad).

### Nuclear-cytoplasmic purification

This procedure has been described previously<sup>26</sup>, but we provide a detailed version here. Buffer A consisted of 10 mM Tris-HCl (pH 7.8), 1.5 mM MgCl<sub>2</sub>, 10 mM KCl, cOmplete Protease Inhibitor Cocktail (Roche), Pepstatin (Roche), 0.5 mM dithiothreitol (DTT), 0.4 mM PMSF and 1.0 mM Na<sub>3</sub>VO<sub>4</sub>. Buffer C consists of 20 mM Tris-HCl (pH 7.8), 1.5 mM MgCl<sub>2</sub>, 420 mM KCl, 20% glycerol, Complete Inhibitor Cocktail (Roche), Pepstatin (Roche), 0.5 mM DTT, 0.4 mM PMSF and 1.0 mM Na<sub>3</sub>VO<sub>4</sub>. Buffer D consisted of 20 mM Tris-HCl (pH 7.8), 1.5 mM MgCl<sub>2</sub>, 100 mM KCl, 20% glycerol and 0.2 mM EDTA. 250 mg of freshly isolated liver was homogenized in ice-cold Buffer A. The cells were further lysed by passing through a 26-gauge needle. The homogenate was then centrifuged for 5 min at 4,500g at 4 °C. The cytoplasmic fraction was obtained by recentrifugation of the supernatant for 10 min at 20,000g. The pelleted nuclei were resuspended in 500–750 µl of Buffer C for 30 min at 4 °C with gentle agitation. The extracted nuclei were centrifuged at 10,000g for 30 min at 4 °C and then dialyzed in a 3,500–molecular weight cut off (MWCO) dialysis cassette MWCO for 2 h with two buffer exchanges in 1 L of Buffer D (otherwise, the extracts form an insoluble precipitate in Laemmli buffer). The final nuclear lysate was obtained after centrifugation at 10,000g for 10 min at 4 °C.

### General western blotting and antibodies

Rabbit polyclonal antibodies to HIF-1 (#ab2185), HIF-2 (#ab199) and PHD1 (#ab108980) were purchased from Abcam and used at a concentration of 1:500. Rabbit polyclonal antibody to PHD3 was purchased from Novus (NB100-139) and was used at a concentration of 1:500 (ref. 8). Rabbit monoclonal antibodies against PHD2 (#4835), IRS1 (#3407), p-Akt (S473, #4060), actin (#8456) and histone H3 (#4499) were purchased from Cell Signaling Technologies and used at a dilution of 1:1,000. Rabbit polyclonal antibodies against Irs2 (#4502) antibody (IRS-2), Akt (#9272), p-FoxO1 (#9456) and FoxO1 (#9454) were purchased from Cell Signaling Technology and used at a concentration of 1:1,000. Antibodies were diluted in Superblock TBS solution (Pierce) and maintained at 4 °C. Western blotting was run using precast gradient gels (4–15%) from Bio-Rad, and protein ranges of the relevant ranges were cut out and blotted with the individual antibodies to save on reagent costs. Whenever possible, 50 µg of protein were loaded per well.

### Immunohistochemistry

Livers were dissected and fixed in 10% formalin using standard technique, and then dehydrated in ethanol followed by paraffin embedding and sectioning for H&E analysis by Histo-Tec Laboratory (Hayward, CA). For oil red O stains, fresh liver chunks were embedded in OCT and then cryosectioned for oil red O analysis. Images were taken with a



Leica DM6000 B microscope. Scale bars were taken using the native Leica imaging software. These data are representative of observations of at least six animals per group.

### ***In vivo* chromatin immunoprecipitation**

Liver tissue (3–4 g) was cross-linked with 1% formaldehyde for 10 min and with 0.5 M glycine for 5 min, followed by centrifugation. The pellets were rinsed in 1× PBS, homogenized, centrifuged and resuspended in cell lysis buffer and protease inhibitors, incubated on ice for 15 min and centrifuged. Pellets were then resuspended in nuclear lysis buffer + protease inhibitor, sonicated 5 × 30 s with power of 5 W and centrifuged. 10 μL of sonicated sample was removed and combined with 400 μL elution buffer + 16 μL 5M NaCl and incubated at 65 °C overnight. The next day, 950 μL ethanol was added, followed by precipitation overnight at –20 °C and chromatin quantification using the QIAquick PCR purification kit (QIAGEN, Valencia, CA). The immunoprecipitation was performed with 100 μg of sonicated chromatin incubated with 18 μg of anti-hemagglutinin antibody (Abcam, Cambridge, MA) or 18 μg of normal rabbit IgG (Santa Cruz Biotechnology, Santa Cruz, CA). Following overnight incubation, complexes were incubated with 25-μL Dynabeads (1:1 mix protein A/G) for 2 h at room temperature (Invitrogen, Grand Island, NY), followed by a series of washes and elution from beads. 16 μL of 5M NaCl was added for overnight incubation at 65 °C, followed by addition of 100% ethanol and –20 °C precipitation overnight. Samples were run through the QIAquick PCR Purification Kit, and quantitative RT-PCR was performed as described above, using a titration of pooled input samples as a standard curve and samples in duplicate (at a minimum). Signals were normalized to IgG, with *Vegf* serving as a positive control and m-5Ve as a negative control. Significance was determined using a two-tailed Student's *t*-test. The mmIRS-2 HRE1 primers used were 5'-GCC CCA AAC CGT GTT CAC-3' and 5'-AAA GGC CAC GTA GAT AGA GAA ATT CA-3'. The mmIRS-2 HRE2 primers used were 5'-CGA CGG ACA GCG AGA CGG AC-3' and 5'-AAC GCA GCC CGG TGT CGG-3'. The mmIRS-2 HRE3 primers used were 5'-CCG CCG CAC AGT GAG TAA C-3' and 5'-GCA GAG TCA CGT GTT GTT TTG C-3'. The mmVEGF HRE primers (+ control) were 5'-CGC GTC CTC CCT CAC GC-3' and 5'-CTC GGC CAT CAC GGG G-3'. The m-5Ve (–control) primers were 5'-GGG GGA TAA TGA TTG CAA AA-3' and 5'-GCG TGG ACA GAG ATC TAG GC-3'.

### **Cell culture and IRS2 promoter studies**

The human IRS2 promoter<sup>14</sup> from –963 to +1 was synthesized directly into the BamHI- and HindIII-flanked region of the pUC57 vector (Genscript, NY, USA). All mutant promoters were synthesized in a similar fashion. For the specific sequences of the mutations, see Supplementary Figure 8. The BamHI- and HindIII-flanked fragments for each of the promoter constructs were excised and then ligated into the compatible BglII- and HindIII-flanked sites in the pGL3 basic vector (Promega). Fao hepatoma cells (a gift from the laboratory of S. Biddinger) were cultured in RPMI + 10% FBS + 12.5 mM HEPES and 1 mM pyruvate and were rigorously tested to be mycoplasma negative. Cells were transfected using TransIT2020 (Mirus) using the manufacturer's standard protocol. For instance, a six-well plate was transfected with 2.5 μg of luciferase construct, 2.25 μg of HIF or control DNA and 0.25 μg of *Renilla* luciferase along with 15 μl of TransIT-2020. The assay was

scaled down accordingly for 12- or 24-well plates. The transfection was incubated for 36 h, and then the cells were serum-starved for 12 h before luciferase measurements. Luciferase data were measured with a Tecan Infinite M1000 luminometer and normalized to Renilla signal.

### Statistical analyses

Data are presented as  $\pm$  s.e.m. Student's *t*-test was used for statistical analysis between two groups, whereas statistical significance between multiple treatment groups was determined by analysis of variance and Tukey's *t*-test using Prism 6.0 for Macintosh. The data met assumptions of a normal distribution as determined by statistical software, and variance was estimated with s.d. and s.e.m. as reported in the manuscript. Kaplan-Meier analysis was performed using Prism 6.0 for Macintosh.

### Supplementary Material

Refer to Web version on PubMed Central for supplementary material.

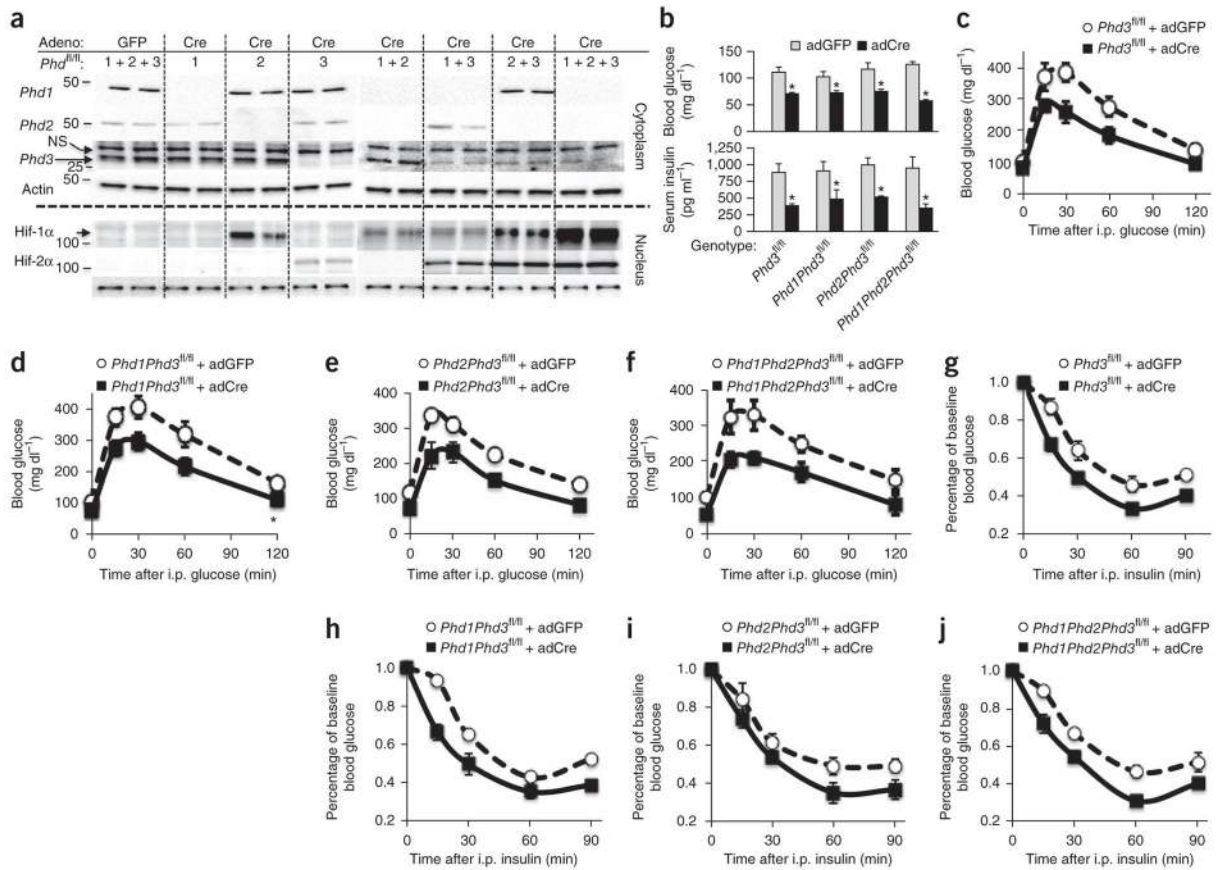
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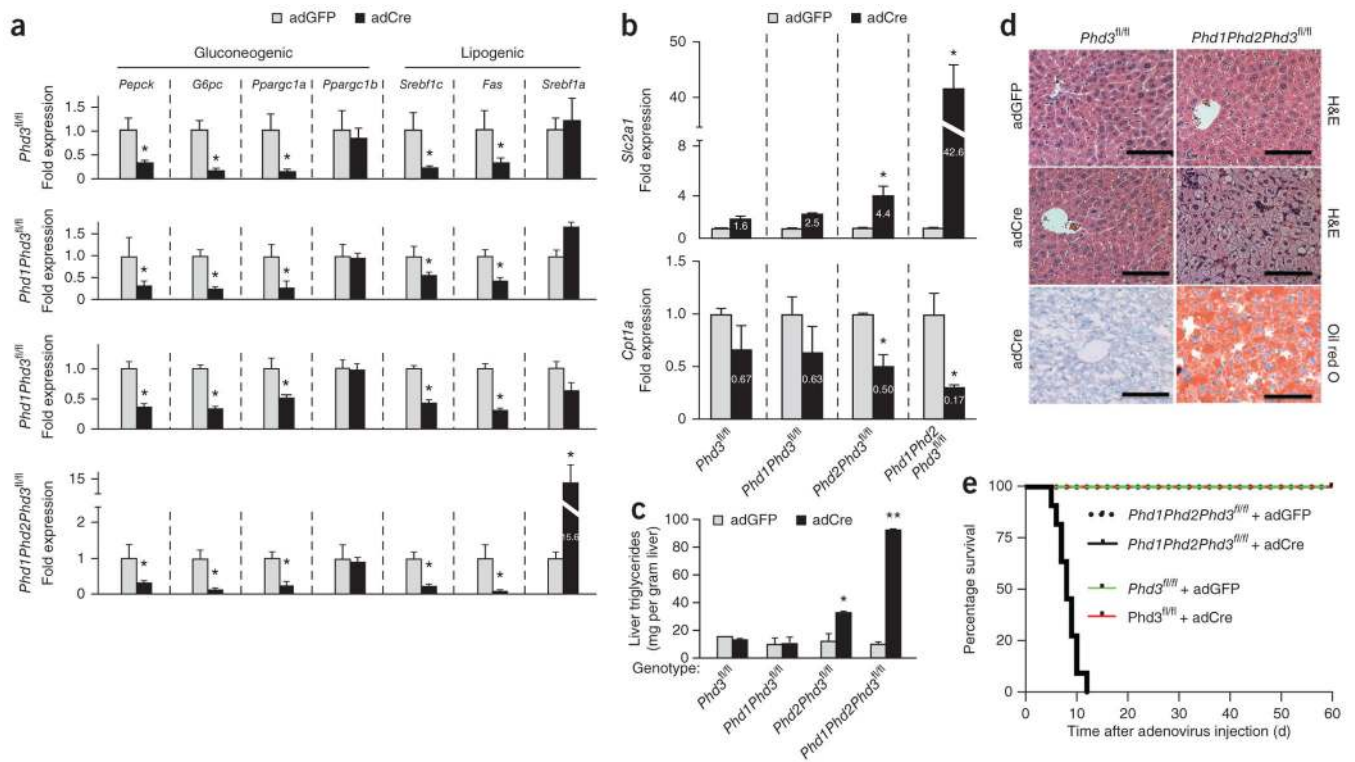
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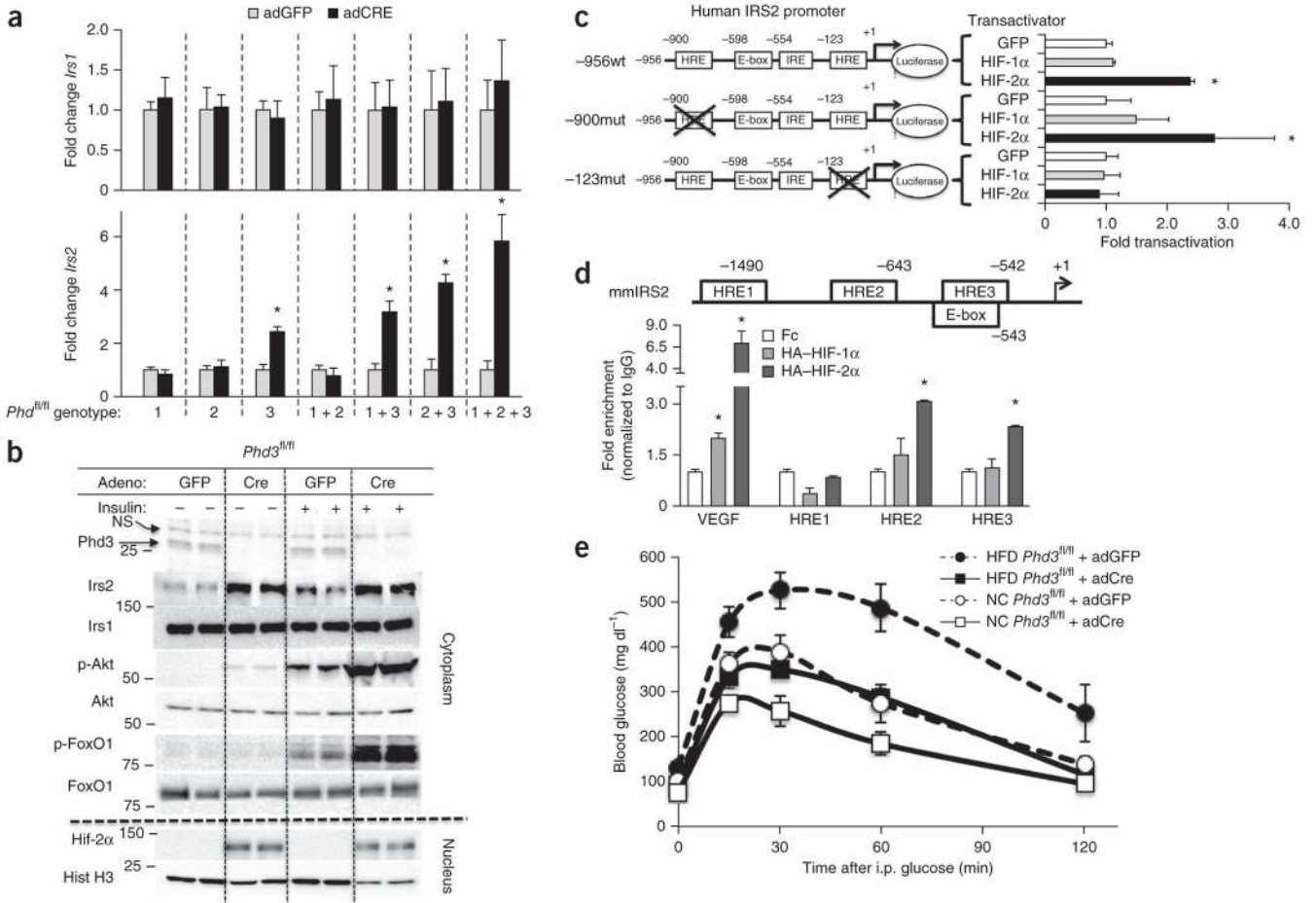
**Figure 1.**

*Phd3* specifically regulates hepatic Hif-2 $\alpha$  expression and glucose metabolism *in vivo*. (a) Western blots from nuclear and cytoplasmic lysates for the indicated proteins and genotypes. *Phd1*<sup>fl/fl</sup>, *Phd2*<sup>fl/fl</sup> and *Phd3*<sup>fl/fl</sup> mice treated with adGFP used as expression control. For the other genotypes, mice were treated with adCre by tail vein injection to achieve a liver-specific knockout. Each lane represents lysates from an individual mouse liver. Molecular weights in kDa are shown at left. Adeno, adenovirus; NS, nonspecific. (b) Fasting blood glucose and insulin levels from the indicated knockout animals. (c–j) Glucose tolerance tests (GTTs) (c–f) and insulin tolerance tests (g–j) of mice of the indicated genotypes and adenoviruses. Data are expressed as mean  $\pm$  s.e.m. ( $n = 8$  male mice per group).

**Figure 2.**

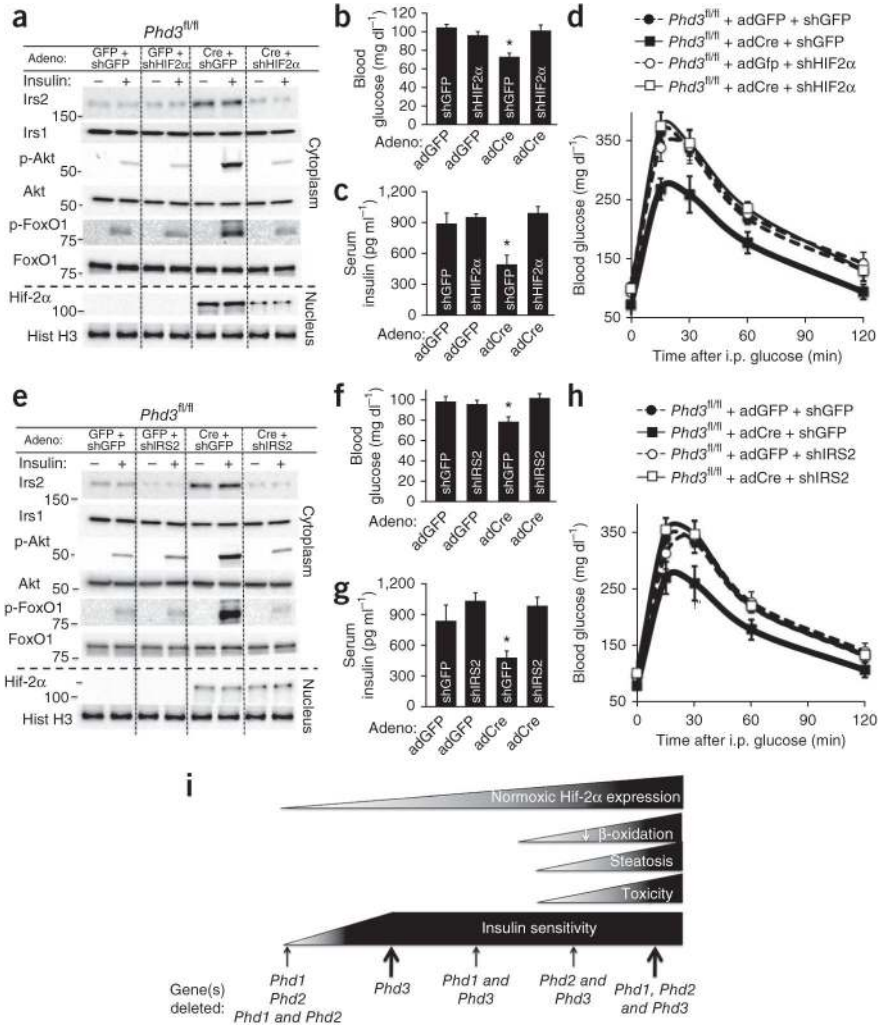
Worsened hepatotoxicity without improved metabolism in combination *Phd* knockout animals. **(a)** Quantitative PCR for relative mRNA levels of the indicated gluconeogenic and lipogenic genes in the livers in the indicated mice of the indicated genotypes and treatments ( $n = 8$  male mice per group). **(b)** Gene expression data for *Slc2a1* (top) and *Cpt1a* (bottom) in the livers of animals with the indicated genotypes. **(c)** Liver triglyceride measurements in control and knockout animals as indicated. Data are expressed as mean  $\pm$  s.e.m. ( $n = 6$  male mice per group). \* $P < 0.05$  compared to adGFP controls and \*\* $P < 0.001$  compared to adGFP controls. **(d)** H&E-stained and oil red O-stained sections of mouse livers of the indicated genotypes treated with adGFP or adCre. Scale bars, 100  $\mu$ m. **(e)** Kaplan-Meier analysis of survival after adenoviral injection. ( $n = 8$  male mice per treatment group). Log-rank analysis with  $P < 0.0001$  for the *Phd1Phd2Phd3<sup>fl/fl</sup>* + adCre compared to *Phd1Phd2Phd3<sup>fl/fl</sup>* + adGFP controls.





**Figure 3.** A Hif-2α-mediated increase in *Irs2* expression in mice lacking hepatic *Phd3* improves insulin action and reverses diabetes. **(a)** Quantitative PCR of *Irs1* and *Irs2* from livers of the indicated genotype and adenovirus treatments. Bars represent mean ± s.e.m. ( $n = 8$  age-matched male mice,  $*P < 0.05$ ). **(b)** Insulin-stimulated liver lysates from *Phd3<sup>fl/fl</sup>* mice infected with adGFP or adCre; molecular weights in kDa are shown at left. Each lane represents a lysate from a different mouse. p-Akt, phosphorylated Akt; p-FoxO1, phosphorylated FoxO1; Hist, histone. NS, nonspecific. **(c)** Luciferase reporter assay in Fao hepatoma cells with human *IRS2* promoter-luciferase constructs containing wild-type sequence (-956wt) or mutations of distal (-900mut) or proximal (-123mut) HREs with HIF-1α, HIF-2α or GFP controls. **(d)** *In vivo* ChIP assay. Eight-week-old male C57/BL6 mice were treated with HA-HIF-1, HA-HIF-2 or control Fc control adenoviruses; liver lysates subjected to a ChIP assay to detect the enrichment HIF binding on the indicated HREs within the mouse *Irs2* promoter (mmIRS2) are shown. **(e)** Glucose tolerance tests on *Phd3<sup>fl/fl</sup>* mice that were fed either a HFD or normal chow (NC) then treated with adGFP or adCre to induce deletion of *Phd3*. Data are expressed as mean ± s.e.m. ( $n = 8$  mice per group).





**Figure 4.** Both Hif-2 and Irs2 are required for improved metabolism in mice with a liver-specific knockout of *Phd3*. **(a)** Insulin signaling studies on mice lacking hepatic *Phd3* with an additional shRNA knockdown of *Hif2a*. Total adenovirus amount for each group was the same ( $5 \times 10^9$  PFU bolus) but was divided equally between the two indicated adenoviruses (see Online Methods). Each vertical lane represents a different mouse liver of the indicated treatments. Molecular weights in kDa are shown at left. **(b,c)** Fasting blood glucose **(b)** and insulin levels **(c)** from the indicated adenoviral treatments ( $n = 6$  male mice per treatment group; data are mean  $\pm$  s.e.m.; \* $P < 0.05$ ). **(d)** GTTs performed on *Phd3<sup>fl/fl</sup>* mice treated with the indicated adenovirus combinations. Data are expressed as mean  $\pm$  s.e.m. ( $n = 8$  male mice per treatment group). **(e)** Insulin signaling studies on mice lacking hepatic *Phd3* with an additional shRNA knockdown of *Irs2*. **(f,g)** Fasting blood glucose **(f)** and insulin levels **(g)** from the indicated adenoviral treatments ( $n = 6$  male mice per treatment group; data are mean  $\pm$  s.e.m.; \* $P < 0.05$ ). **(h)** GTTs performed on *Phd3<sup>fl/fl</sup>* mice treated with the

indicated adenovirus combinations. (i) Proposed model of metabolic improvements and toxicity in *Phd* knockout animals.