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# DEFECT MEASURES OF EIGENFUNCTIONS WITH MAXIMAL $L^{\infty}$ GROWTH 

by Jeffrey GALKOWSKI (*)

Abstract. - We characterize the defect measures of sequences of Laplace eigenfunctions with maximal $L^{\infty}$ growth. As a consequence, we obtain new proofs of results on the geometry of manifolds with maximal eigenfunction growth obtained by Sogge-Toth-Zelditch, and generalize those of Sogge-Zelditch to the smooth setting. We also obtain explicit geometric dependence on the constant in Hörmander's $L^{\infty}$ bound for high energy eigenfunctions, improving on estimates of Donnelly.

Résumé. - Nous caractérisons les mesures de défauts de séquences de fonctions propres de Laplace avec croissance $L^{\infty}$ maximale. En conséquence, nous obtenons des nouvelles preuves de résultats sur la géométrie des variétés avec une croissance des fonctions propres maximale obtenus par Sogge-Toth-Zelditch, et nous généralisons ceux de Sogge-Zelditch au cas lisse. Nous obtenons également une dépendance géométrique explicite de la constante de Hörmander $L^{\infty}$ liée aux functions propres de haute énergie, améliorant les estimations de Donnelly.

## 1. Introduction

Let $(M, g)$ be a $C^{\infty}$ compact manifold of dimension $n$ without boundary. Consider the solutions to

$$
\begin{equation*}
\left(-\Delta_{g}-\lambda_{j}^{2}\right) u_{\lambda_{j}}=0, \quad\left\|u_{\lambda_{j}}\right\|_{L^{2}}=1 \tag{1.1}
\end{equation*}
$$

as $\lambda_{j} \rightarrow \infty$. It is well known [1, 11, 14] (see also [25, Chapter 7]) that solutions to (1.1) satisfy

$$
\begin{equation*}
\left\|u_{\lambda_{j}}\right\|_{L^{\infty}(M)} \leqslant C \lambda_{j}^{\frac{n-1}{2}} \tag{1.2}
\end{equation*}
$$

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and that this bound is saturated e.g. on the sphere. Estimates for $L^{p}$ norms of eigenfunctions improving on those given by interpolation between (1.2) and $\left\|u_{\lambda_{j}}\right\|_{L^{2}}=1$ have been available since the seminal work of Sogge [16]. Since there are examples where these estimates are sharp, it is natural to consider situations which produce sharp examples for (1.2). Previous works $[2,12,19,20,21,22,23,24]$ have studied the connections between growth of $L^{\infty}$ norms of eigenfunctions and the global geometry of the manifold $M$. The works of Sogge [18] and Blair-Sogge [4, 5] study similar questions for low $L^{p}$ norms.

In this article, we study the relationship between $L^{\infty}$ growth and $L^{2}$ concentration of eigenfunctions (this direction of inquiry was initiated in [9]). We measure $L^{2}$ concentration of eigenfunctions using defect measures, a sequence $\left\{u_{h_{j}}\right\}$ has defect measure $\mu$ if for any $a \in C_{c}^{\infty}\left(T^{*} M\right)$,

$$
\begin{equation*}
\left\langle a\left(x, h_{j} D\right) u_{h_{j}}, u_{h_{j}}\right\rangle \rightarrow \int_{T^{*} M} a(x, \xi) \mathrm{d} \mu \tag{1.3}
\end{equation*}
$$

We write $a(x, h D)$ for a semiclassical pseudodifferential operator given by the quantization of the symbol $a(x, \xi)$ (see [25, Chapters 4, 14]) and let $h_{j}=\lambda_{j}^{-1}$ when considering the solutions to (1.1).

By an elementary compactness/diagonalization argument it follows that any $L^{2}$ bounded sequence $u_{h}$ possesses a further subsequence that has a defect measure in the sense of (1.3) [25, Theorem 5.2]. Moreover, a standard commutator argument shows that if

$$
p(x, h D) u=o_{L^{2}}(h)
$$

for $p \in S^{k}\left(T^{*} M\right)$ real valued with

$$
|p| \geqslant c\langle\xi\rangle^{k} \text { on }|\xi| \geqslant R,
$$

then $\mu$ is supported on $\Sigma:=\{p=0\}$ and is invariant under the bicharacteristic flow of $p$; that is, if $G_{t}=\exp \left(t H_{p}\right): \Sigma \rightarrow \Sigma$ is the bicharacteristic flow, $\left(G_{t}\right)_{*} \mu=\mu, \forall t \in \mathbb{R}[25$, Theorems 5.3, 5.4].

Remark 1.1. - We will usually write $G_{t}(q)$ for the bicharacteristic flow applied to a point $q \in T^{*} M$. However, it will sometimes be useful distinguish between the position and momentum of $q$ and in these cases we will write $q=(x, \xi)$ and write $G_{t}(x, \xi)$ for the bicharacteristic flow applied to $(x, \xi) \in T^{*} M$.

Rather than studying only eigenfunctions of the Laplacian, we replace $-\Delta_{g}-\lambda_{j}^{2}$ by a general semiclassical pseudodifferential operator and replace
eigenfunctions with quasimodes. To this end, we say that $u$ is compactly microlocalized if there exists $\chi \in C_{c}^{\infty}(\mathbb{R})$ with

$$
O p_{h}(1-\chi(|\xi|)) u=O_{\mathcal{S}}\left(h^{\infty}\|u\|_{L^{2}(M)}\right)
$$

where $O p_{h}$ is a quantization procedure giving pseuodifferential operators on $M$ (see e.g. [8, Appendix E], see also Appendix A). For $P \in \Psi^{m}(M)$ i.e. an $h$-pseudodifferential operator of order $m$, we say that $u$ is a quasimode for $P$ if

$$
P u=o_{L^{2}}(h), \quad\|u\|_{L^{2}}=1 .
$$

Remark 1.2. - Although $u$ implicitly depends on $h$, we suppress this in our notation to avoid overburdening the writing.

For $x_{0} \in M$, let $\Sigma_{x_{0}}:=\Sigma \cap T_{x_{0}}^{*} M$ and define respectively the flow out of $\Sigma_{x_{0}}$ and time $T$ flowout of $\Sigma_{x_{0}}$ by

$$
\Lambda_{x_{0}}:=\bigcup_{T=0}^{\infty} \Lambda_{x_{0}, T}, \quad \Lambda_{x_{0}, T}:=\bigcup_{t=-T}^{T} G_{t}\left(\Sigma_{x_{0}}\right)
$$

Remark 1.3. - Note that in the case that $P=-h^{2} \Delta_{g}-1, \Sigma=S^{*} M$ and $\Sigma_{x_{0}}=S_{x_{0}}^{*} M$.

Let $\mathcal{H}^{r}$ denote the Hausdorff- $r$ measure with respect to the Sasaki metric on $T^{*} M$ or more precisely the metric induced on $T^{*} M$ by pulling back the Sasaki metric on $T M$ (see for example [3, Chapter 9] for a treatment of the Sasaki metric). Note that we choose to use the Sasaki metric on $T^{*} M$ induced by the metric on $M$ for concreteness, but any other metric on $T^{*} M$ will work equally well for our purposes. For a Borel measure $\rho$ on $T^{*} M$, let $\rho_{x_{0}}:=\left.\rho\right|_{\Lambda_{x_{0}}}$ i.e. $\rho_{x_{0}}(A):=\rho\left(A \cap \Lambda_{x_{0}}\right)$. Recall that two Borel measures on a set $\Omega, \mu$ and $\rho$, are mutually singular (written $\mu \perp \rho$ ) if there exist disjoint sets $N, P \subset \Omega$ so that $\Omega=N \cup P$ and $\mu(N)=\rho(P)=0$.

The main theorem characterizes the defect measures of quasimodes with maximal growth.

Theorem 1.4. - Let $P \in \Psi^{m}(M)$ be an $h$-pseudodifferential operator with real principal symbol $p$ satisfying

$$
\begin{equation*}
\partial_{\xi} p \neq 0 \text { on }\{p=0\} . \tag{1.4}
\end{equation*}
$$

Suppose $u$ is a compactly microlocalized quasimode for $P$ with

$$
\begin{equation*}
\limsup _{h \rightarrow 0} h^{\frac{n-1}{2}}\|u\|_{L^{\infty}}>0 \tag{1.5}
\end{equation*}
$$

and defect measure $\mu$. Then there exists $x_{0} \in M$ and $x(h) \rightarrow x_{0}$ so that

$$
\begin{equation*}
\limsup _{h \rightarrow 0} h^{\frac{n-1}{2}}|u(x(h))|>0, \quad \mu_{x_{0}}=\rho_{x_{0}}+f \mathrm{~d} \mathcal{H}_{x_{0}}^{n} \tag{1.6}
\end{equation*}
$$

where $0 \neq f \in L^{1}\left(\Lambda_{x_{0}}, \mathcal{H}_{x_{0}}^{n}\right)$, $\rho_{x_{0}} \perp \mathcal{H}_{x_{0}}^{n}$, and both $f \mathrm{~d} \mathcal{H}_{x_{0}}^{n}$, and $\rho_{x_{0}}$ are invariant under $G_{t}$.

One way of interpreting Theorem 1.4 is that a quasimode with maximal $L^{\infty}$ growth near $x_{0}$ must have energy on a positive measure set of directions entering $T_{x_{0}}^{*} M$. That is, it must have concentration comparable to that of the zonal harmonic. (See [9, Section 4] for a description of the defect measure of the zonal harmonic.)

Theorem 1.4 is an easy consequence of the following theorem (see section 2 for the proof that Theorem 1.5 implies Theorem 1.4).

Theorem 1.5. - Let $x_{0} \in M$ and $P \in \Psi^{m}(M)$ be an $h$-pseudodifferential operator with real principal symbol $p$ satisfying

$$
\partial_{\xi} p \neq 0 \text { on }\{p=0\} .
$$

There exists a constant $C_{n}$ depending only on $n$ with the following property: Suppose that $u$ is compactly microlocalized quasimode for $P$ and has defect measure $\mu$. Define $\rho_{x_{0}} \perp \mathcal{H}_{x_{0}}^{n}$ and $f \in L^{1}\left(\Lambda_{x_{0}} ; \mathcal{H}_{x_{0}}^{n}\right)$ by

$$
\mu_{x_{0}}=: \rho_{x_{0}}+f \mathrm{~d} \mathcal{H}_{x_{0}}^{n} .
$$

Then for all $r(h)=o(1)$,

$$
\limsup _{h \rightarrow 0} h^{\frac{n-1}{2}}\|u\|_{L^{\infty}\left(B\left(x_{0}, r(h)\right)\right)} \leqslant C_{n} \int_{\Sigma_{x_{0}}} \sqrt{f} \sqrt{\frac{\left|\nu\left(H_{p}\right)\right|}{\left|\partial_{\xi} p\right|_{g}}} \mathrm{v}_{\operatorname{vol}_{\Sigma_{x_{0}}}}
$$

where $\nu$ is a unit (with respect to the Sasaki metric) conormal to $\Sigma_{x_{0}}$ in $\Lambda_{x_{0}}, \operatorname{vol}_{\Sigma_{x_{0}}}$ is the measure induced by the Sasaki metric on $T^{*} M$, and $\left|\partial_{\xi} p\right|_{g}=\left|\partial_{\xi} p \cdot \partial_{x}\right|_{g}$. Furthermore, $f \mathrm{~d} \mathcal{H}_{x_{0}}^{n}$ is $G_{t}$ invariant.

In particular, if $\mu_{x_{0}} \perp \mathcal{H}_{x_{0}}^{n}$, then

$$
\|u\|_{L^{\infty}\left(B\left(x_{0}, r(h)\right)\right)}=o\left(h^{\frac{1-n}{2}}\right) .
$$

Remark 1.6.
(1) We may assume without loss of generality that $\Sigma$ is compact. This follows from the fact that $u$ is compactly microlocalized. In particular, let $\chi \in C_{c}^{\infty}(\mathbb{R})$ have $O p_{h}(1-\chi(|\xi|)) u=O_{\mathcal{S}}\left(h^{\infty}\right)$. Then $u$ is a quasimode for $\widetilde{P}=P+N O p_{h}\left(\langle\xi\rangle^{m}\right) O p_{h}(1-\chi(|\xi|))$ and for $N$ large enough, $\{\widetilde{p}=0\}$ is compact. Therefore, we may work with $\widetilde{p}$ rather than $p$. This furthermore implies that we may assume $\Sigma_{x_{0}}$ is a manifold since $\partial_{\xi} p \neq 0$ on $\Sigma$.
(2) Note that $\partial_{\xi} p \cdot \partial_{x}=d \pi H_{p}$ where $\pi: T^{*} M \rightarrow M$ is the natural projection map. Therefore, $\partial_{\xi} p \cdot \partial_{x}$ is a well defined invariant vector field. The appearance of this factor in Theorem 1.5 quantifies the fact that bicharacteristics of $H_{p}$ are not tangent to vertical fibers. It is precisely the tangency of these bicharacteristics which causes a change of behavior when $\partial_{\xi} p=0$.
(3) Finally, observe that if one fixes geodesic normal coordinates at $x_{0}$, then the Sasaki metric on $T_{x_{0}}^{*} M$ is equal to the Euclidean metric and hence, in these coordinates, $\mathrm{dvol}_{\Sigma_{x_{0}}}$ is the volume induced by the Euclidean metric.
To see that Theorem 1.5 applies to solutions of (1.1), let $h_{j}=\lambda_{j}^{-1}$. Writing $u=u_{\lambda_{j}}$ and $h=h_{j}$,

$$
\left(-h^{2} \Delta_{g}-1\right) u=0
$$

Then, $\left(-h^{2} \Delta_{g}-1\right)=p(x, h D)$ with $p=|\xi|_{g}^{2}-1+h r$ and therefore, the elliptic parametrix construction shows that $u$ is compactly microlocalized. Since $\partial_{\xi_{j}} p=2 g^{i j} \xi_{i}, \partial_{\xi} p \neq 0$ on $p=0$ and Theorem 1.5 applies. In Section 2, we use Theorem 1.5 with $P=-h^{2} \Delta_{g}-1$ to give explicit bounds on the constant $C$ in (1.2) in terms of the injectivity radius of $M, \operatorname{inj}(M)$, thereby improving on the bounds of [7] at high energies.

Corollary 1.7. - There exists $\widetilde{C}_{n}>0$ depending only on $n$ so that for all $(M, g)$ compact, boundaryless Riemannian manifolds of dimension $n$ and all $\varepsilon>0$, there exists $\lambda_{0}=\lambda_{0}(\varepsilon, M, g)>0$ so that for $\lambda_{j}>\lambda_{0}$ and $u_{\lambda_{j}}$ solving (1.1)

$$
\left\|u_{\lambda_{j}}\right\|_{L^{\infty}} \leqslant\left(\frac{\widetilde{C}_{n}}{\operatorname{inj}(M)^{1 / 2}}+\varepsilon\right) \lambda_{j}^{\frac{n-1}{2}}
$$

Theorem 1.5 is sharp in the following sense. Let $P=-h^{2} \Delta_{g}-1$ and $G_{t}$ as above.

Theorem 1.8. - Suppose there exists $z_{0} \in M, T>0$ so that $G_{T}\left(z_{0}, \xi\right)=\left(z_{0}, \xi\right)$ for all $\left(z_{0}, \xi\right) \in S_{z_{0}}^{*} M$. Let $\rho_{z_{0}} \perp \mathcal{H}_{z_{0}}^{n}$ be a Radon measure on $\Lambda_{z_{0}}$ invariant under $G_{t}$ and $0 \leqslant f \in L^{1}\left(\Lambda_{z_{0}}, \mathcal{H}_{z_{0}}^{n}\right)$ be invariant under $G_{t}$ so that

$$
\|f\|_{L^{1}\left(\Lambda_{z_{0}}, \mathcal{H}_{z_{0}}^{n}\right)}+\rho_{z_{0}}\left(\Lambda_{z_{0}}\right)=1
$$

Then there exist $h_{j} \rightarrow 0$ and $\left\{u_{h_{j}}\right\}_{j=1}^{\infty}$ solving

$$
\begin{gathered}
\left(-h_{j}^{2} \Delta_{g}-1\right) u_{h_{j}}=o\left(h_{j}\right), \quad\left\|u_{h_{j}}\right\|_{L^{2}}=1 \\
\limsup _{j \rightarrow \infty} h_{j}^{\frac{n-1}{2}}\left\|u_{h_{j}}\right\|_{L^{\infty}} \geqslant(2 \pi)^{\frac{1-n}{2}} \int_{\Sigma_{z_{0}}} \sqrt{f} \mathrm{~d} \operatorname{Vol}_{\Sigma_{z_{0}}}
\end{gathered}
$$

and having defect measure $\mu=\rho_{z_{0}}+f \mathrm{dvol}_{\Lambda_{z_{0}}}$.
Notice that we do not claim the existence of exact eigenfunctions having prescribed defect measures in Theorem 1.8, instead constructing only quasimodes.

### 1.1. Relation with previous results

As far as the author is aware, the only previous work giving conditions on the defect measures of eigenfunctions with maximal $L^{\infty}$ growth is [9]. Theorem 1.5 improves on the conditions given in [9, Theorem 3]; replacing $\mathcal{H}_{x_{0}}^{n}\left(\operatorname{supp} \mu_{x_{0}}\right)=0$ with the sharp condition $\mu_{x_{0}} \perp \mathcal{H}_{x_{0}}^{n}$. To see an example of how these conditions differ, fix $x_{0} \in M$ such that every geodesic through $x_{0}$ is closed and let $\left\{\xi_{k}\right\}_{k=1}^{\infty} \subset S_{x_{0}}^{*} M$ be a countable dense subset. Suppose that the defect measure of $\left\{u_{\lambda_{j}}\right\}$ is given by

$$
\mu=\sum_{k} a_{k} \delta_{\gamma_{k}}, \quad a_{k}>0
$$

where $\gamma_{k}$ is the geodesic emanating from $\left(x_{0}, \xi_{k}\right)$. Then $\operatorname{supp} \mu_{x_{0}}=\Lambda_{x_{0}}$, but $\mu_{x_{0}} \perp \mathcal{H}_{x_{0}}^{n}$, so Theorem 1.5 applies to this sequence but the results of [9] do not. Furthermore, Theorem 1.5 gives quantitative estimates on the growth rates of quasimodes in terms of their defect measures.

We are able to draw substantial conclusions about the global geometry of a manifold $M$ having quasimodes with maximal $L^{\infty}$ growth from Theorem 1.5. The results of Sogge-Toth-Zelditch [19, Theorems 1 (1), 2] and hence also Sogge-Zelditch [20, Theorem 1.1] are corollaries of Thoerem 1.5. For $x_{0} \in M$, define the map $T_{x_{0}}: \Sigma_{x_{0}} \rightarrow \mathbb{R} \sqcup\{\infty\}$ by

$$
\begin{equation*}
T_{x_{0}}(\xi):=\inf \left\{t>0 \mid G_{t}\left(x_{0}, \xi\right) \in \Sigma_{x_{0}}\right\} \tag{1.7}
\end{equation*}
$$

Then, define the loop set by

$$
\mathcal{L}_{x_{0}}:=\left\{\xi \in \Sigma_{x_{0}} \mid T_{x_{0}}(\xi)<\infty\right\}
$$

and the first return map $\eta_{x_{0}}: \mathcal{L}_{x_{0}} \rightarrow \Sigma_{x_{0}}$ by

$$
G_{T_{x_{0}}(\xi)}\left(x_{0}, \xi\right)=\left(x_{0}, \eta_{x_{0}}(\xi)\right)
$$

Finally, define the set of recurrent points by

$$
\mathcal{R}_{x_{0}}:=\left\{\xi \in \Sigma_{x_{0}} \left\lvert\, \begin{array}{c|c}
\xi \in\left(\bigcap_{T>0} \overline{\bigcup_{t>T} G_{t}\left(x_{0}, \xi\right) \cap \Sigma_{x_{0}}}\right)  \tag{1.8}\\
\cap\left(\bigcap_{T>0} \overline{\bigcup_{t>T} G_{-t}\left(x_{0}, \xi\right) \cap \Sigma_{x_{0}}}\right)
\end{array}\right.\right\}
$$

where the closure is with respect to the subspace topology on $\Sigma_{x_{0}}$.

Corollary 1.9. - Let $(M, g)$ be a compact boundaryless Riemannian manifold and $P$ satisfy (1.4). Suppose that $\operatorname{vol}_{\Sigma_{x_{0}}}\left(\mathcal{R}_{x_{0}}\right)=0$. Then for any $r(h)=o(1)$ and $u$ a compactly microlocalized quasimode for $P$,

$$
\|u\|_{L^{\infty}\left(B\left(x_{0}, r(h)\right)\right)}=o\left(h^{\frac{1-n}{2}}\right)
$$

Moreover, the forward direction of [21, Theorem 1.1] with the analyticity assumption removed is an easy corollary of Theorem 1.5. To state the theorem recall that d vol $\Sigma_{x_{0}}$ denote the measure induced on $\Sigma_{x_{0}}$ from the Sasaki metric on $T^{*} M$. We define the unitary Perron-Frobenius operator $U_{x_{0}}: L^{2}\left(\mathcal{R}_{x_{0}}, \mathrm{dvol}_{\Sigma_{x_{0}}}\right) \rightarrow L^{2}\left(\mathcal{R}_{x_{0}}, \mathrm{~d} \operatorname{vol}_{\Sigma_{x_{0}}}\right)$ by

$$
\begin{equation*}
U_{x_{0}}(f)(\xi):=\sqrt{J_{x_{0}}(\xi)} f\left(\eta_{x_{0}}(\xi)\right), \tag{1.9}
\end{equation*}
$$

where, writing

$$
G_{t}\left(x_{0}, \xi\right)=\left(x_{t}\left(x_{0}, \xi\right), \eta_{t}\left(x_{0}, \xi\right)\right),
$$

we have that

$$
\begin{equation*}
J_{x_{0}}(\xi)=\left|\operatorname{det} D_{\xi} \eta_{t}\right|_{t=T_{x_{0}}(\xi)} \mid \tag{1.10}
\end{equation*}
$$

is the Jacobian factor so that for $f \in L^{1}\left(\Sigma_{x_{0}}\right)$ supported on $\mathcal{L}_{x_{0}}$,

$$
\int \eta_{x_{0}}^{*} f J_{x_{0}}(\xi) \mathrm{d} \operatorname{vol}_{\Sigma_{x_{0}}}=\int f(\xi) \mathrm{d} \operatorname{vol}_{\Sigma_{x_{0}}}
$$

See $\left[15\right.$, Section 4] for a more detailed discussion of $U_{x_{0}}$. We say that $x_{0}$ is dissipative if

$$
\begin{equation*}
\left\{f \in L^{2}\left(\mathcal{R}_{x_{0}}, \operatorname{d~vol}_{\Sigma_{x_{0}}}\right) \mid U_{x_{0}}(f)=f\right\}=\{0\} \tag{1.11}
\end{equation*}
$$

Corollary 1.10. - Let $(M, g)$ be a compact boundaryless Riemannian manifold and $P$ satisfy (1.4). Suppose that $x_{0}$ is dissipative. Then for $r(h)=o(1)$ and $u$ a compactly microlocalized quasimode for $P$,

$$
\|u\|_{L^{\infty}\left(B\left(x_{0}, r(h)\right)\right)}=o\left(h^{\frac{1-n}{2}}\right) .
$$

The dynamical arguments in [22] show that if $(M, g)$ is a real analytic surface and $P=-h^{2} \Delta_{g}-1$, then $x_{0}$ being non-dissipative implies that $x_{0}$ is a periodic point for the geodesic flow, i.e. a point so that there is a $T>0$ so that every geodesic starting from $\left(x_{0}, \xi\right) \in S_{x_{0}}^{*} M$ smoothly closes at time $T$.

### 1.2. Comments on the proof

While the assumption $P u=o_{L^{2}}(h)$ implies a global assumption on $u$, similar to that in [9], the analysis here is entirely local. The global consequences in Corollaries 1.9 and 1.10 follow from dynamical arguments using invariance of defect measures.

We take a different approach from that in [9] choosing to base our method on the Koch-Tataru-Zworski method [13] rather than explicit knowledge of the spectral projector. This approach gives a more explicit explanation for the $L^{\infty}$ improvements from defect measures. In Section 4 we sketch the proof of Theorem 1.5 in the case that $\mu_{x_{0}} \perp \mathcal{H}_{x_{0}}^{n}$ using the spectral projector.

The idea behind our proof is to estimate the absolute value of $u$ at $x_{0}$ in terms of the degree to which energy concentrates along each bicharacteristic passing through $\Sigma_{x_{0}}$. Either too much localization or too little localization will yield an improvement over the naive bound. By covering $\Lambda_{x_{0}}$ with appropriate cutoffs to tubes around bicharacteristics we are then able to give $o\left(h^{\frac{1-n}{2}}\right)$ bounds whenever $\mu_{x_{0}} \perp \mathcal{H}_{x_{0}}^{n}$. The proof relies, roughly, on the fact that if a compactly microlocalized function $u$ on $\mathbb{R}^{m}$ has defect measure supported at $\left(y_{0}, \eta_{0}\right)$, then $\|u\|_{L^{\infty}}=o\left(h^{-m / 2}\right)$ rather than the standard estimate $O\left(h^{-m / 2}\right)$.

## 2. Consequences of Theorem 1.5

We first formulate a local result matching those in [19, 20] more closely.
Corollary 2.1. - Let $x_{0} \in M$ and $P \in \Psi^{m}(M)$ satisfying the assumption of Theorem 1.5. Then there exists a constant $C_{n}$ depending only on $n$ with the following property. Suppose that $u$ is a compactly microlocalized quasimode for $P$, and has defect measure $\mu$. Define $\rho_{x_{0}} \perp \mathcal{H}_{x_{0}}^{n}$ and $f \in L^{1}\left(\Lambda_{x_{0}} ; \mathcal{H}_{x_{0}}^{n}\right)$ by

$$
\mu_{x_{0}}=: \rho_{x_{0}}+f \mathrm{~d} \mathcal{H}_{x_{0}}^{n} .
$$

Then for all $\varepsilon>0$, there exists a neighborhood $\mathcal{N}(\varepsilon)$ of $x_{0}$ and $h_{0}(\varepsilon)$ such that for $0<h<h_{0}(\varepsilon)$,

$$
\|u\|_{L^{\infty}(\mathcal{N}(\varepsilon))} \leqslant h^{-\frac{n-1}{2}}\left(C_{n} \int_{\Sigma_{x_{0}}} \sqrt{f} \sqrt{\frac{\left|\nu\left(H_{p}\right)\right|}{\left|\partial_{\xi} p\right|_{g}}} \mathrm{~d}_{\operatorname{vol}_{\Sigma_{x_{0}}}}+\varepsilon\right)
$$

Proof that Theorem 1.5 implies Corollary 2.1. - Let

$$
\widetilde{A}_{x_{0}}:=C_{n} \int_{\Sigma_{x_{0}}} \sqrt{f} \sqrt{\frac{\nu\left(H_{p}\right)}{\left|\partial_{\xi} p\right|_{g}}} \mathrm{~d} \operatorname{vol}_{\Sigma_{x_{0}}}
$$

and suppose that there exists $\varepsilon>0$ such that for all $r>0$,

$$
\begin{equation*}
\limsup _{h \rightarrow 0} h^{\frac{1-n}{2}}\left\|u_{h}\right\|_{L^{\infty}\left(B\left(x_{0}, r\right)\right)}>\widetilde{A}_{x_{0}}+\varepsilon \tag{2.1}
\end{equation*}
$$

Fix $r_{0}>0$. Then by (2.1) there exists $x \in B\left(x_{0}, r_{0}\right), h_{0}>0$ so that

$$
\left|u_{h_{0}}(x)\right| h_{0}^{\frac{n-1}{2}} \geqslant \widetilde{A}_{x_{0}}+\frac{\varepsilon}{2} .
$$

Assume that there exist $\left\{h_{j}\right\}_{j=0}^{N}$ and $\left\{x_{j}\right\}_{j=0}^{N}$ so that

$$
h_{j} \leqslant \frac{h_{j-1}}{2}, \quad x_{j} \in B\left(x_{0}, r_{0} 2^{-j}\right), \quad h_{j}^{\frac{n-1}{2}}\left|u\left(x_{j}\right)\right| \geqslant \widetilde{A}_{x_{0}}+\frac{\varepsilon}{2} .
$$

By (2.1), there exists $h_{k} \downarrow 0$ and $x_{k} \in B\left(x_{0}, r_{0} 2^{-N-1}\right)$ such that

$$
h_{k}^{\frac{1-n}{2}}\left|u_{h_{k}}\left(x_{k}\right)\right| \geqslant \widetilde{A}_{x_{0}}+\frac{\varepsilon}{2} .
$$

Therefore, we can choose $k_{0}$ large enough so that $h_{k_{0}} \leqslant \frac{h_{N}}{2}$ and let $\left(h_{N+1}, x_{N+1}\right)=\left(h_{k_{0}}, x_{k_{0}}\right)$, Hence, by induction, there exists $h_{j} \downarrow 0, x_{j} \rightarrow$ $x_{0}$ such that

$$
h_{j}^{\frac{n-1}{2}}\left|u_{h_{j}}\left(x_{j}\right)\right| \geqslant \widetilde{A}_{x_{0}}+\frac{\varepsilon}{2}
$$

contradicting Theorem 1.5.
Proof that Theorem 1.5 implies Theorem 1.4. - Compactness of $M$ together with Corollary 2.1 with $f \equiv 0$ implies the contrapositive of Theorem 1.4, in particular, if $\mu_{x_{0}} \perp \mathcal{H}_{x_{0}}^{n}$ for all $x_{0}$, then $\|u\|_{L^{\infty}}=o\left(h^{\frac{1-n}{2}}\right)$.

### 2.1. Proof of Corollaries 1.9 and 1.10 from Theorem 1.5

Lemma 2.2. - Fix $x_{0} \in M$ and suppose that $u$ is compactly microlocalized with $P u=o_{L^{2}}(h)$. Define $\rho_{x_{0}} \perp \mathcal{H}_{x_{0}}^{n}$ and $f \in L^{1}\left(\Lambda_{x_{0}} ; \mathcal{H}_{x_{0}}^{n}\right)$ by

$$
\mu_{x_{0}}=\rho_{x_{0}}+f \mathrm{~d} \mathcal{H}_{x_{0}}^{n}
$$

Then $\left.f\right|_{\Sigma_{x_{0}}} \in L^{1}\left(\operatorname{vol}_{\Sigma_{x_{0}}}\right)$ and $\left.f\right|_{\Sigma_{x_{0}}}\left(1-1_{\mathcal{R}_{x_{0}}}\right)=0$ almost everywhere.
Proof. - For $\xi_{0} \in \Sigma_{x_{0}}$ and $\varepsilon>0$ let $B\left(\xi_{0}, \varepsilon\right) \subset \Sigma_{x_{0}}$ be the open ball of radius $\varepsilon$ and

$$
V:=\bigcup_{-2 \delta<t<2 \delta} G_{t}\left(B\left(\xi_{0}, \varepsilon\right)\right)
$$

Observe that by Theorem 1.5 the triple $\left(\Lambda_{x_{0}}, f \mathrm{~d} \mathcal{H}_{x_{0}}^{n}, G_{t}\right)$ forms a measure preserving dynamical system. The Poincaré recurrence theorem [6, Propositions 4.2.1, 4.2.2] implies that for $f \mathrm{~d} \mathcal{H}_{x_{0}}^{n}$ a.e. $(x, \xi) \in V$ there exists $t_{n}^{ \pm} \rightarrow \pm \infty$ so that $G_{t_{n}^{ \pm}}(x, \xi) \in V$. By the definition of $V$, there exists $s_{n}^{ \pm}$ with $\left|s_{n}^{ \pm}-t_{n}^{ \pm}\right|<2 \delta$ such that $G_{s_{n}^{ \pm}}(x, \xi) \in B\left(\xi_{0}, \varepsilon\right)$. In particular, for $f \mathrm{~d} \mathcal{H}_{x_{0}}^{n}$ a.e. $(x, \xi) \in V$,

$$
\begin{equation*}
\bigcap_{T>0} \overline{\bigcup_{t \geqslant T} G_{t}(x, \xi) \cap B\left(\xi_{0}, \varepsilon\right)} \neq \emptyset, \quad \bigcap_{T>0} \overline{\bigcup_{t \geqslant T} G_{-t}(x, \xi) \cap B\left(\xi_{0}, \varepsilon\right)} \neq \emptyset . \tag{2.2}
\end{equation*}
$$

Let

$$
\mu_{\Sigma_{x_{0}}}:=\left.\left.f\right|_{\Sigma_{x_{0}}}\left|\nu\left(H_{p}\right)\right|\right|_{\Sigma_{x_{0}}} \mathrm{dvol}_{\Sigma_{x_{0}}} .
$$

We next show that (2.2) holds for $\mu_{\Sigma_{x_{0}}}$ a.e. point in $B\left(\xi_{0}, \varepsilon\right)$. To do so, suppose the opposite. Then there exists $A \subset B\left(\xi_{0}, \varepsilon\right)$ with $\mu_{\Sigma_{x_{0}}}(A)>0$ so that for each $(x, \xi) \in A$, there exists $T>0$ with

$$
\begin{equation*}
\left(\left[\bigcup_{t \geqslant T} G_{t}(x, \xi)\right] \bigcup\left[\bigcup_{t \geqslant T} G_{-t}(x, \xi)\right]\right) \bigcap B\left(\xi_{0}, \varepsilon\right)=\emptyset \tag{2.3}
\end{equation*}
$$

Let

$$
A_{\delta}:=\bigcup_{t=-\delta}^{\delta} G_{t}(A)
$$

Then $A_{\delta} \subset V$ and for all $(x, \xi) \in A_{\delta}$, there exists $T>0$ so that (2.3) holds. Moreover, invariance of $f \mathrm{~d} \mathcal{H}_{x_{0}}^{n}$ under $G_{t}$ together with Lemma 3.4 implies that

$$
\left(f \mathrm{~d} \mathcal{H}_{x_{0}}^{n}\right)\left(A_{\delta}\right)=2 \delta \mu_{\Sigma_{x_{0}}}(A)>0
$$

which contradicts (2.2). Thus (2.2) holds for $\mu_{\Sigma_{x_{0}}}$ a.e. point in $B\left(\xi_{0}, \varepsilon\right)$.
Let $\left\{B\left(\xi_{i}, \varepsilon_{i}\right)\right\}$ be a countable basis for the topology on $\Sigma_{x_{0}}$. Then for each $i$, there is a subset of full measure, $\widetilde{B}_{i} \subset B\left(\xi_{i}, \varepsilon_{i}\right)$ so that for every point of $\widetilde{B}_{i}(2.2)$ holds with $\xi_{0}=\xi_{i}, \varepsilon=\varepsilon_{i}$. Noting that $X_{i}=\widetilde{B}_{i} \cup\left(\Sigma_{x_{0}} \backslash B\left(\xi_{i}, \varepsilon_{i}\right)\right)$ has full measure, we conclude that $\widetilde{\Sigma}_{x_{0}}=\cap_{i} X_{i} \subset \mathcal{R}_{x_{0}}$ has full measure and thus, $\mu_{\Sigma_{x_{0}}}\left(\mathcal{R}_{x_{0}}\right)=\mu_{\Sigma_{x_{0}}}\left(\Sigma_{x_{0}}\right)$, finishing the proof of the lemma.

Proof of Corollary 1.9. - Let $u$ solve $P u=o_{L^{2}}(h)$. Then we can extract a subsequence with a defect measure $\mu$. By Lemma 2.2, $\mu_{x_{0}}=\rho_{x_{0}}+f \mathrm{~d} \mathcal{H}_{x_{0}}^{n}$ with $\rho_{x_{0}} \perp \mathcal{H}_{x_{0}}^{n}$ and $\left.\operatorname{supp} f\right|_{\Sigma_{x_{0}}} \subset \mathcal{R}_{x_{0}}$. Now, if $\operatorname{vol}_{\Sigma_{x_{0}}}\left(\mathcal{R}_{x_{0}}\right)=0$,

$$
\int_{\Sigma_{x_{0}}} \sqrt{f} \mathrm{dvol}_{\Sigma_{x_{0}}}=0
$$

Plugging this into Theorem 1.5 proves the corollary.

Proof of Corollary 1.10. - Let $u$ solve $P u=o_{L^{2}}(h)$. Then we can extract a subsequence with a defect measure $\mu$. By Lemma 2.2 and Theorem 1.5, $\mu_{x_{0}}=\rho_{x_{0}}+f \mathrm{~d} \mathcal{H}_{x_{0}}^{n}$ where $\rho_{x_{0}} \perp \mathcal{H}_{x_{0}}^{n}$, supp $\left.f\right|_{\Sigma_{x_{0}}} \subset \mathcal{R}_{x_{0}}$, and $f \mathrm{~d} \mathcal{H}_{x_{0}}^{n}$ is $G_{t}$ invariant.

Let $T_{x_{0}}$ be as in (1.7). Fix $T<\infty$ and suppose

$$
A \subset \Omega_{T}:=\left\{\eta \in \Sigma_{x_{0}} \mid T_{x_{0}}(\eta) \leqslant T\right\}
$$

Write $(0, T]=\bigsqcup_{i=1}^{N(\varepsilon)}\left(T_{i}-\varepsilon, T_{i}+\varepsilon\right]$ and

$$
\Omega_{T}=\bigsqcup_{i=1}^{N(\varepsilon)} \Omega_{i}^{\varepsilon}, \quad \Omega_{i}^{\varepsilon}:=T_{x_{0}}^{-1}\left(\left(T_{i}-\varepsilon, T_{i}+\varepsilon\right]\right)
$$

Then, by Lemma 3.4 (using that in the case of $-h^{2} \Delta_{g}-1,\left|\nu\left(H_{p}\right)\right| \equiv 2$ ) for any $0<\delta$ small enough

Next, using invariance of $f \mathrm{~d} \mathcal{H}_{x_{0}}^{n}$ under $G_{t}$, we have

$$
\frac{1}{2 \delta} \sum_{i} \int 1_{\bigcup_{-\delta}^{\delta} G_{t}\left(A \cap \Omega_{i}^{\varepsilon}\right)} f \mathrm{~d} \mathcal{H}_{x_{0}}^{n}=\sum_{i} \frac{1}{2 \delta} \int 1_{\bigcup_{T_{i}-\delta}^{T_{i}+\delta} G_{t}\left(A \cap \Omega_{i}^{\kappa}\right)} f \mathrm{~d} \mathcal{H}_{x_{0}}^{n}
$$

Then, by the definition of $\Omega_{i}^{\varepsilon}$, for $q \in \Omega_{i}^{\varepsilon},\left|T_{x_{0}}(q)-T_{i}\right|<\varepsilon$ and

$$
\sum_{i} 1 \bigcup_{T_{i}-\delta}^{T_{i}+\delta} G_{t}\left(A \cap \Omega_{i}^{\epsilon}\right) \underset{\varepsilon \rightarrow 0}{\longrightarrow} \bigcup_{-\delta}^{\delta} G_{t}\left(\eta_{x}(A)\right) \quad f \mathrm{~d} \mathcal{H}_{x_{0}}^{n} \text { a.e. }
$$

In particular, by the dominated convergence theorem

$$
\lim _{\varepsilon \rightarrow 0} \sum_{i} \frac{1}{2 \delta} \int 1_{\bigcup_{T_{i}-\delta}^{T_{i}+\delta} G_{t}\left(A \cap \Omega_{i}^{\varepsilon}\right)} f \mathrm{~d} \mathcal{H}_{x_{0}}^{n}=\frac{1}{2 \delta} \int \bigcup_{\bigcup_{-\delta}^{\delta} G_{t}\left(\eta_{x}(A)\right)} f \mathrm{~d} \mathcal{H}_{x_{0}}^{n}
$$

So, sending $\delta \rightarrow 0$ gives

$$
2 \int 1_{A} f{\mathrm{~d} \operatorname{vol}_{\Sigma_{x_{0}}}=2 \int 1_{\eta_{x}(A)} f \mathrm{~d} \operatorname{vol}_{\Sigma_{x_{0}}} \text { }}
$$

for all $A \subset \Omega_{T}$ measurable. Taking $T \rightarrow \infty$ then proves this for all $A \subset \mathcal{L}_{x_{0}}$ measurable. In particular, changing variables, using that $\operatorname{supp} f \subset \mathcal{R}_{x_{0}} \subset$ $\mathcal{L}_{x_{0}}$, and writing $J_{x_{0}}(\xi)$ as in (1.10)

$$
f(\xi) \mathrm{d}_{\operatorname{vol}_{\Sigma_{x_{0}}}}(\xi)=f\left(\eta_{x_{0}}(\xi)\right) \cdot J_{x_{0}}(\xi) \mathrm{d}_{\operatorname{vol}_{\Sigma_{x_{0}}}}(\xi)
$$

which implies $U_{x_{0}} \sqrt{f}=\sqrt{f}$ where $U_{x_{0}}$ is defined in (1.9). Observe that since $x_{0}$ is dissipative and $\sqrt{f} \in L^{2}\left(\mathcal{R}_{x_{0}}, \mathrm{~d}_{\operatorname{vol}}^{\Sigma_{x_{0}}}{ }\right.$ ), (1.11) implies $\sqrt{f}=0$. Theorem 1.5 then completes the proof.

### 2.2. Spectral cluster estimates for $-\Delta_{g}$

Let $(M, g)$ be a smooth, compact, boundaryless Riemannian manifold of dimension $n, p=|\xi|_{g}^{2}-1, G_{t}=\exp \left(t H_{p}\right)$ and

$$
A_{x}:=\frac{C_{n}}{2}\left(\frac{\operatorname{vol}_{\Sigma_{x_{0}}}\left(\mathcal{R}_{x_{0}}\right)}{\inf _{\xi \in \mathcal{R}_{x_{0}}} T_{x_{0}}(\xi)}\right)^{1 / 2}
$$

where $T_{x_{0}}$ is as in (1.7) and $C_{n}$ is the constant in Theorem 1.5. We consider an orthonormal basis $\left\{u_{\lambda_{j}}\right\}_{j=1}^{\infty}$ of eigenfunctions of $-\Delta_{g}$ (i.e. solving (1.1)) and let

$$
\Pi_{[\lambda, \lambda+\delta]}:=1_{[\lambda, \lambda+\delta]}\left(\sqrt{-\Delta_{g}}\right)
$$

Corollary 2.3. - For all $\varepsilon>0, x_{0} \in M$, there exists $\delta=\delta\left(x_{0}, \varepsilon\right)>0$, a neighborhood $\mathcal{N}\left(x_{0}, \varepsilon\right)$ of $x_{0}$, and $\lambda_{0}=\lambda_{0}\left(x_{0}, \varepsilon\right)>0$ so that for $\lambda>\lambda_{0}$,

$$
\begin{align*}
&\left\|\Pi_{[\lambda, \lambda+\delta]}\right\|_{L^{2}(M) \rightarrow L^{\infty}\left(\mathcal{N}\left(x_{0}, \varepsilon\right)\right)}^{2}  \tag{2.4}\\
&=\sup _{y \in \mathcal{N}\left(x_{0}, \varepsilon\right)} \sum_{\lambda_{j} \in[\lambda, \lambda+\delta]}\left|u_{\lambda_{j}}(y)\right|^{2} \leqslant\left(A_{x_{0}}^{2}+\varepsilon\right) \lambda^{n-1} .
\end{align*}
$$

Note that since $\left.G_{t}\right|_{S^{*} M}$ parametrizes the speed 2 geodesic flow and therefore

$$
\begin{gathered}
\inf _{\xi \in \mathcal{R}_{x_{0}}} T_{x_{0}}(\xi) \geqslant \frac{1}{2} L\left(x_{0}, M\right) \geqslant \operatorname{inj}(M) \\
L\left(x_{0}, M\right):=\inf \left\{t>0 \left\lvert\, \begin{array}{r}
\text { there exists a geodesic of length } t \\
\text { starting and ending at } x_{0}
\end{array}\right.\right\},
\end{gathered}
$$

and $\operatorname{inj}(M)$ denotes the injectivity radius of $M$. Therefore, we could replace $A_{x_{0}}$ in (2.4) by either of

$$
A_{x_{0}}^{\prime}=C_{n}\left(\frac{\operatorname{vol}_{\Sigma_{x_{0}}}\left(\mathcal{R}_{x_{0}}\right)}{2 \cdot L\left(x_{0}, M\right)}\right)^{1 / 2}, \quad A_{x_{0}}^{\prime \prime}=C_{n}\left(\frac{\operatorname{vol}_{\Sigma_{x_{0}}}\left(\mathcal{R}_{x_{0}}\right)}{4 \cdot \operatorname{inj}(M)}\right)^{1 / 2}
$$

to obtain a weaker, but more easily understood statement. Corollary 2.3 is closely related to the work of Donnelly [7] and gives explicit dependence of the constant in the Hörmander bound in terms of geometric quantities.

Proof. - We start from the fact that for $U \subset M$

$$
\begin{equation*}
\left\|\Pi_{[\lambda, \lambda+\delta]}\right\|_{L^{2}(M) \rightarrow L^{\infty}(U)}^{2}=\sup _{x \in U} \sum_{\lambda_{j} \in[\lambda, \lambda+\delta]}\left|u_{\lambda_{j}}(x)\right|^{2} \tag{2.5}
\end{equation*}
$$

For $w \in L^{2}(M)$,

$$
\begin{equation*}
\left\|\left(-\Delta_{g}-\lambda^{2}\right) \Pi_{[\lambda, \lambda+\delta]} w\right\|_{L^{2}} \leqslant 2 \lambda \delta\left\|\Pi_{[\lambda, \lambda+\delta]} w\right\|_{L^{2}} \tag{2.6}
\end{equation*}
$$

Suppose that for some $\varepsilon>0$ no $\delta, \mathcal{N}\left(x_{0}\right)$, and $\lambda_{0}$ exist so that (2.4) holds. Then for all $\delta>0, r>0$,

$$
\limsup _{\lambda \rightarrow \infty} \lambda^{\frac{1-n}{2}}\left\|\Pi_{[\lambda, \lambda+\delta]}\right\|_{L^{2}(M) \rightarrow L^{\infty}\left(B\left(x_{0}, r\right)\right)}>A_{x_{0}}+\varepsilon
$$

Therefore, for all $0<m \in \mathbb{Z}$, there exists $\lambda_{k, m} \uparrow \infty$ so that

$$
\begin{equation*}
\lambda_{k, m}^{\frac{1-n}{2}}\left\|\Pi_{\left[\lambda_{k, m}, \lambda_{k, m}+m^{-1}\right]}\right\|_{L^{2}(M) \rightarrow L^{\infty}\left(B\left(x_{0}, r\right)\right)}>A_{x_{0}}+\varepsilon . \tag{2.7}
\end{equation*}
$$

Moreover, we may assume that for $m_{1}<m_{2}, \lambda_{k, m_{2}}>\lambda_{k, m_{1}}$. Indeed, assume we have chosen such $\lambda_{k, m}$ for $m<M$. Then there exists $\lambda_{k, M}>$ $\max \left(\lambda_{k, M-1}, \lambda_{k-1, M}\right)$ so that (2.7) holds with $m=M$. By convention, we let $\lambda_{-1, m}=0$. Now, for $m_{1} \leqslant m_{2}$,

$$
\left\|\Pi_{\left[\lambda, \lambda+m_{2}^{-1}\right]}\right\|_{L^{2}(M) \rightarrow L^{\infty}\left(B\left(x_{0}, r\right)\right)} \leqslant\left\|\Pi_{\left[\lambda, \lambda+m_{1}^{-1}\right]}\right\|_{L^{2}(M) \rightarrow L^{\infty}\left(B\left(x_{0}, r\right)\right)}
$$

letting $\lambda_{l}=\lambda_{l, l}, \lambda_{l} \rightarrow \infty$ and

$$
\lambda_{l}^{\frac{1-n}{2}}\left\|\Pi_{\left[\lambda_{l}, \lambda_{l}+l^{-1}\right]}\right\|_{L^{2}(M) \rightarrow L^{\infty}\left(B\left(x_{0}, r\right)\right)}>A_{x_{0}}+\varepsilon
$$

By (2.6) for $w \in L^{2}(M)$

$$
\left\|\left(-\lambda_{l}^{-2} \Delta_{g}-1\right) \Pi_{\left[\lambda_{l}, \lambda_{l}+l^{-1}\right]} w\right\|_{L^{2} \rightarrow L^{2}}=o\left(\lambda_{l}^{-1}\right)\left\|\Pi_{\left[\lambda_{l}, \lambda_{l}+l^{-1}\right]} w\right\|_{L^{2} \rightarrow L^{2}}
$$

Fix $w_{l} \in L^{2}(M)$ with $\left\|w_{l}\right\|_{L^{2}}=1$, so that

$$
\lambda_{l}^{\frac{1-n}{2}}\left\|v_{l}\right\|_{L^{\infty}\left(B\left(x_{0}, r\right)\right)}>A_{x_{0}}+\varepsilon, \quad v_{l}:=\Pi_{\left[\lambda_{l}, \lambda_{l}+l^{-1}\right]} w_{l} .
$$

Then extracting a further subsequence if necessary, we may assume that $v_{l}$ has defect measure $\mu$ with $\mu_{x_{0}}=\rho_{x_{0}}+f \mathrm{~d} \mathcal{H}_{x_{0}}^{n}$ and hence that Corollary 2.1 applies to $v_{l}$. Furthermore, since $\left\|v_{l}\right\|_{L^{2}} \leqslant\left\|w_{l}\right\|_{L^{2}}=1$,

$$
\begin{equation*}
\int_{\Lambda_{x_{0}}} f \mathrm{~d} \mathcal{H}_{x_{0}}^{n} \leqslant 1 \tag{2.8}
\end{equation*}
$$

By computing in normal geodesic coordinates at $x_{0}$, observe that for $p=|\xi|_{g}^{2}-1,\left|\nu\left(H_{p}\right)\right|=\left|\partial_{\xi} p\right|_{g}=2$. Thus, Corollary 2.1, implies the existence of $r>0$ small enough so that

$$
\begin{equation*}
A_{x_{0}}+\varepsilon \leqslant \limsup _{l \rightarrow \infty} \lambda_{l}^{\frac{1-n}{2}}\left\|v_{l}\right\|_{L^{\infty}\left(B\left(x_{0}, r\right)\right)} \leqslant C_{n} \int_{\Sigma_{x_{0}}} \sqrt{f} \mathrm{~d}_{\operatorname{vol}_{\Sigma_{x_{0}}}} \tag{2.9}
\end{equation*}
$$

Finally, by Lemma 2.2 and (2.8), $\operatorname{supp} f \subset \mathcal{R}_{x_{0}}$ and $\|f\|_{L^{1}\left(\Lambda_{x_{0}}, \mathcal{H}_{x_{0}}^{n}\right)} \leqslant 1$. Therefore,

$$
\begin{aligned}
& C_{n} \int_{\Sigma_{x_{0}}} \sqrt{f} \mathrm{~d} \operatorname{vol}_{\Sigma_{x_{0}}} \\
& \leqslant C_{n}\left(\frac{1}{2} \int_{\Sigma_{x_{0}}} f\left|\nu\left(H_{p}\right)\right| \mathrm{d} \operatorname{vol}_{\Sigma_{x_{0}}}\right)^{1 / 2}\left(\operatorname{vol}_{\Sigma_{x_{0}}}\left(\mathcal{R}_{x_{0}}\right)\right)^{1 / 2} \\
& =C_{n}\left(\frac{1}{4 \cdot \inf _{\xi \in \mathcal{R}_{x_{0}}}\left(T_{x_{0}}(\xi)\right)} \int_{\Lambda_{x_{0}, \inf _{\mathcal{R}_{x_{0}}}} T_{x_{0}(\xi)}} f \mathrm{~d} \mathcal{H}_{x_{0}}^{n}\right)^{1 / 2}\left(\operatorname{vol}_{\Sigma_{x_{0}}}\left(\mathcal{R}_{x_{0}}\right)\right)^{1 / 2} \\
& \leqslant \frac{C_{n}}{2}\left(\frac{\operatorname{vol}_{\Sigma_{x_{0}}}\left(\mathcal{R}_{x_{0}}\right)}{\inf _{\xi \in \mathcal{R}_{x_{0}}}\left(T_{x_{0}}(\xi)\right)}\right)^{1 / 2}=A_{x_{0}}
\end{aligned}
$$

contradicting (2.9).
Compactness of $M$, the fact that $\operatorname{vol}_{\Sigma_{x_{0}}}\left(\mathcal{R}_{x_{0}}\right) \leqslant \operatorname{vol}\left(S^{n-1}\right)$, and Corollary 2.3 imply Corollary 1.7.

## 3. Dynamical and measure theoretic preliminaries

### 3.1. Dynamical preliminaries

The following lemma gives an estimate on how much spreading the geodesic flow has near a point.

Lemma 3.1. - Fix $x_{0} \in M$. Then there exists $\delta_{M, p}>0$ small enough and $C_{1}>0$ so that uniformly for $t \in\left[-\delta_{M, p}, \delta_{M, p}\right]$,

$$
\begin{align*}
\frac{1}{2} d\left(\left(x_{0}, \xi_{1}\right),\left(x_{0}, \xi_{2}\right)\right) & -C_{1} d\left(\left(x_{0}, \xi_{1}\right),\left(x_{0}, \xi_{2}\right)\right)^{2}  \tag{3.1}\\
& \leqslant d\left(G_{t}\left(x_{0}, \xi_{2}\right), G_{t}\left(x_{0}, \xi_{1}\right)\right) \\
& \leqslant 2 d\left(\left(x_{0}, \xi_{1}\right),\left(x_{0}, \xi_{2}\right)\right)+C_{1} d\left(\left(x_{0}, \xi_{1}\right),\left(x_{0}, \xi_{2}\right)\right)^{2}
\end{align*}
$$

where $d$ is the distance induced by the Sasaki metric. Furthermore if $G_{t}\left(x_{0}, \xi_{i}\right)=\left(x_{i}(t), \xi_{i}(t)\right)$,

$$
\begin{equation*}
d_{M}\left(x_{1}(t), x_{2}(t)\right) \leqslant C_{1} d\left(\left(x_{0}, \xi_{1}\right),\left(x_{0}, \xi_{2}\right)\right) \delta_{M, p} \tag{3.2}
\end{equation*}
$$

where $d_{M}$ is the distance induce by the metric $M$.

Proof. - By Taylor's theorem

$$
\begin{aligned}
G_{t}\left(x_{0}, \xi_{1}\right)- & G_{t}\left(x_{0}, \xi_{2}\right) \\
& =d_{\xi} G_{t}\left(x_{0}, \xi_{2}\right)\left(\xi_{1}-\xi_{2}\right)+O_{C^{\infty}}\left(\sup _{q \in \Sigma}\left|d_{\xi}^{2} G_{t}(q)\right|\left(\xi_{1}-\xi_{2}\right)^{2}\right)
\end{aligned}
$$

Now,

$$
G_{t}\left(x_{0}, \xi\right)=\left(x_{0}, \xi\right)+\left(\partial_{\xi} p\left(x_{0}, \xi\right) t,-\partial_{x} p\left(x_{0}, \xi\right) t\right)+O\left(t^{2}\right)
$$

so

$$
d_{\xi} G_{t}\left(x_{0}, \xi\right)=(0, I)+t\left(\partial_{\xi}^{2} p,-\partial_{\xi x}^{2} p\right)+O\left(t^{2}\right)
$$

In particular,

$$
G_{t}\left(x_{0}, \xi_{1}\right)-G_{t}\left(x_{0}, \xi_{2}\right)=((0, I)+O(t))\left(\xi_{1}-\xi_{2}\right)+O\left(\left(\xi_{1}-\xi_{2}\right)^{2}\right)
$$

and choosing $\delta_{M, p}>0$ small enough gives the result.

### 3.2. Measure theoretic preliminaries

We will need a few measure theoretic lemmas to prove our main theorem.
Lemma 3.2. - Suppose that $\mu_{x_{0}}=\rho_{x_{0}}+f \mathrm{~d} \mathcal{H}_{x_{0}}^{n}$ is a finite Borel measure invariant under $G_{t}$ and $\rho_{x_{0}} \perp \mathcal{H}_{x_{0}}^{n}$. Then $\rho_{x_{0}}$ and $f \mathrm{~d} \mathcal{H}_{x_{0}}^{n}$ are invariant under $G_{t}$.

Proof. - Since $\rho_{x_{0}} \perp \mathcal{H}_{x_{0}}^{n}$, there exist disjoint $N, P$ such that $\rho_{x_{0}}(P)=$ $\mathcal{H}_{x_{0}}^{n}(N)=0$ and $\Lambda_{x_{0}}=N \cup P$. Suppose $A$ is Borel. Then the invariance of $\mu_{x_{0}}$ implies

$$
\begin{equation*}
\int\left(1_{A} \circ G_{-t}-1_{A}\right) \mathrm{d} \rho_{x_{0}}=\int\left(1_{A}-1_{A} \circ G_{-t}\right) f \mathrm{~d} \mathcal{H}_{x_{0}}^{n} \tag{3.3}
\end{equation*}
$$

Now, if $A \subset N$ then the fact that $G_{t}$ is a diffeomorphism implies that it maps 0 Hausdorff measure sets to 0 Hausdorff measure sets and hence $\mathcal{H}_{x_{0}}^{n}(A)=\mathcal{H}_{x_{0}}^{n}\left(G_{t}(A)\right)=0$. Therefore,

$$
\begin{equation*}
\rho_{x_{0}}(A)=\rho_{x_{0}}\left(G_{t}(A)\right), \quad A \subset N \tag{3.4}
\end{equation*}
$$

In particular,

$$
\rho_{x_{0}}(N)=\rho_{x_{0}}\left(G_{t}(N)\right)=\rho_{x_{0}}\left(\Lambda_{x_{0}}\right) .
$$

Using again that for $t \in \mathbb{R}, G_{t}: \Sigma \rightarrow \Sigma$ is a diffeomorphism, we have

$$
\rho_{x_{0}}\left(G_{t}(P)\right)=\rho_{x_{0}}\left(\Lambda_{x_{0}} \backslash G_{t}(N)\right)=\rho_{x_{0}}\left(\Lambda_{x_{0}}\right)-\rho_{x_{0}}\left(G_{t}(N)\right)=0 .
$$

So, in particular,

$$
\begin{equation*}
\rho_{x_{0}}\left(G_{t}(A)\right)=0, \quad A \subset P . \tag{3.5}
\end{equation*}
$$

Combining (3.4) with (3.5) proves that $\rho_{x_{0}}$ is $G_{t}$ invariant and hence (3.3) proves the lemma.

Let $B(\xi, r) \subset \Sigma_{x_{0}}$ be the ball of radius $r$ around $\xi$ for the distance induced by the Sasaki metric on $\Sigma_{x_{0}}$ and define

$$
\begin{equation*}
T_{\delta}(\xi, r):=\bigcup_{t=-\delta}^{\delta} G_{t}\left(\left\{\left(x_{0}, \xi_{0}\right) \mid \xi_{0} \in B(\xi, r)\right\}\right) \tag{3.6}
\end{equation*}
$$

Lemma 3.3. - Suppose $\delta>0$ and $\rho_{x_{0}}$ is a finite measure invariant under $G_{t}$ and $\rho_{x_{0}} \perp \mathcal{H}_{x_{0}}^{n}$. Then for all $\varepsilon>0$, there exist $\xi_{j} \in \Sigma_{x_{0}}$ and $r_{j}>0, j=1, \ldots$ so that

$$
\begin{equation*}
\sum r_{j}^{n-1}<\varepsilon, \quad \rho_{x_{0}}\left(\bigcup_{j} T_{\delta}\left(\xi_{j}, r_{j}\right)\right)=\rho_{x_{0}}\left(\Lambda_{x_{0}, \delta}\right) \tag{3.7}
\end{equation*}
$$

Proof. - Fix $\delta>0$ so that

$$
[-\delta, \delta] \times \Sigma_{x_{0}} \ni(t, q) \mapsto G_{t}(q) \in \Lambda_{x_{0}, \delta}
$$

is a diffeomorphism and use $(t, q)$ as coordinates on $\Lambda_{x_{0}, \delta}$.
We integrate $\rho_{x_{0}}$ over $\Lambda_{x_{0}, \delta}$ to obtain a measure on $\Sigma_{x_{0}}$. In particular, for $A \subset \Sigma_{x_{0}}$ Borel, define the measure

$$
\begin{equation*}
\widetilde{\rho}_{x_{0}}(A):=\frac{1}{2 \delta} \rho_{x_{0}}\left(\bigcup_{t=-\delta}^{\delta} G_{t}(A)\right) \tag{3.8}
\end{equation*}
$$

Then, the invariance of $\rho_{x_{0}}$ implies that $\partial_{t}^{*} \rho_{x_{0}}=0$, where for $F \in$ $C_{c}^{\infty}(-\delta, \delta) \times \Sigma_{x_{0}}, \partial_{t}^{*} \rho_{x_{0}}(F)=\rho_{x_{0}}\left(\partial_{t} F\right)$. In particular, for all $F \in$ $C_{c}^{\infty}(-\delta, \delta) \times \Sigma_{x_{0}}$,

$$
\int \partial_{t} F \mathrm{~d} \rho_{x_{0}}=0
$$

Now, fix $\chi \in C_{c}^{\infty}(-\delta, \delta)$ with $\int \chi \mathrm{d} t=1$. Let $f \in C_{c}^{\infty}\left((-\delta, \delta) \times \Sigma_{x_{0}}\right)$ and define

$$
\bar{f}(q):=\int f(t, q) \mathrm{d} t
$$

Then $f(t, q)-\chi(t) \bar{f}(q)=\partial_{t} F$ with

$$
F(t, q):=\int_{-\infty}^{t} f(s, q)-\chi(s) \bar{f}(q) \mathrm{d} s \in C_{c}^{\infty}\left((-\delta, \delta) \times \Sigma_{x_{0}}\right)
$$

Therefore, for all $f \in C_{c}^{\infty}\left((-\delta, \delta) \times \Sigma_{x_{0}}\right)$ and $\chi \in C_{c}^{\infty}(-\delta, \delta)$ with $\int \chi \mathrm{d} t=1$,

$$
\int f(t, q) \mathrm{d} \rho_{x_{0}}(t, q)=\int \chi(t) \bar{f}(q) \mathrm{d} \rho_{x_{0}}(t, q)=\iiint f(s, q) \mathrm{d} s \chi(t) \mathrm{d} \rho_{x_{0}}(t, q)
$$

Now, let $B \subset \Sigma_{x_{0}}$ be Borel, $I \subset(-\delta, \delta)$ Borel, and $f_{n}(t, q) \uparrow 1_{I}(t) 1_{B}(q)$. Then by the dominated convergence theorem,

$$
\rho_{x_{0}}(I \times B)=\iint|I| 1_{B}(q) \chi(t) \mathrm{d} \rho_{x}(t, q)
$$

Next, let $\chi_{n} \uparrow \delta^{-1} 1_{[0, \delta]}$ with $\int \chi_{n} \equiv 1$. Then we obtain

$$
\rho_{x_{0}}(I \times B)=\frac{|I|}{\delta} \rho_{x_{0}}([0, \delta] \times B)
$$

So, letting $\widetilde{\rho}_{x_{0}}(B):=\delta^{-1} \mu([0, \delta] \times B)$, we have that for rectangles $I \times B$, $\rho_{x_{0}}(I \times B)=\mathrm{d} t \times \mathrm{d} \widetilde{\rho}_{x_{0}}(I \times B)$. But then, since these sets generate the Borel sigma algebra,

$$
\begin{equation*}
\rho_{x_{0}}=\mathrm{d} t \times \widetilde{\rho}_{x_{0}} \tag{3.9}
\end{equation*}
$$

Now, notice that $\mathcal{H}_{x_{0}}^{n}=g(t, q) \mathrm{d} t \times \mathrm{d}_{\operatorname{vol}}^{\Sigma_{x_{0}}}$ where $0<c<g \in C^{\infty}$. In particular, since

$$
\mathrm{d} t \times \widetilde{\rho}_{x_{0}} \perp \mathrm{~d} t \times \mathrm{d}_{\operatorname{vol}}^{\Sigma_{x_{0}}},
$$

we have that $\widetilde{\rho}_{x_{0}} \perp \mathrm{~d}_{\operatorname{vol}}^{\Sigma_{x_{0}}}$.
Thus, there exists $N, P \subset \Sigma_{x_{0}}$ so that $\widetilde{\rho}_{x_{0}}(P)=\operatorname{vol}_{\Sigma_{x_{0}}}(N)=0$ and $\Sigma_{x_{0}}=N \sqcup P$. Hence for any $\varepsilon>0$, there exist $\xi_{j} \in \Sigma_{x_{0}}$ and $r_{j}>0$ so that

$$
\sum_{j} r_{j}^{n-1}<\varepsilon, \quad \tilde{\rho}_{x_{0}}\left(\bigcup_{j} B\left(\xi_{j}, r_{j}\right)\right)=\widetilde{\rho}_{x_{0}}\left(\Sigma_{x_{0}}\right)
$$

The lemma then follows from (3.9) and invariance of $\rho_{x_{0}}$.
Lemma 3.4. - Suppose that $0 \leqslant f \in L^{1}\left(\Lambda_{x_{0}}, \mathcal{H}_{x_{0}}^{n}\right)$ with $f \mathrm{~d} \mathcal{H}_{x_{0}}^{n}$ invariant under $G_{t}$. Then for $\delta_{0}>0$ small enough, write

$$
\left[-\delta_{0}, \delta_{0}\right] \times \Sigma_{x_{0}} \ni(t, q) \mapsto G_{t}(q) \in \Lambda_{x_{0}}
$$

for coordinates on $\Lambda_{x_{0}, \delta_{0}}$. We have

$$
f 1_{\Lambda_{x_{0}, \delta_{0}}} \mathrm{~d} \mathcal{H}_{x_{0}}^{n}=\widetilde{f}(q) 1_{\left[-\delta_{0}, \delta_{0}\right]}(t) \mathrm{d} t \times \mathrm{d}_{\operatorname{vol}}^{\Sigma_{x_{0}}},
$$

where

$$
\widetilde{f}(q)=f(0, q)\left|\nu\left(H_{p}\right)\right|(0, q)
$$

and $\nu$ is a unit normal to $\Sigma_{x_{0}} \Subset \Lambda_{x_{0}, \delta_{0}}$ with respect to the Sasaki metric.
Proof. - Observe that $1_{\Lambda_{x_{0}, \delta_{0}}} \mathrm{~d} \mathcal{H}_{x_{0}}^{n}$ is the volume measure on $\Lambda_{x_{0}, \delta_{0}}$. Therefore, $1_{\Lambda_{x_{0}, \delta_{0}}} \mathrm{~d} \mathcal{H}_{x_{0}}^{n} \ll 1_{\left[-\delta_{0}, \delta_{0}\right]}(t) \mathrm{d} t \times \mathrm{d}_{\operatorname{vol}}^{\Sigma_{x_{0}}}$ and in particular,

$$
f 1_{\Lambda_{x_{0}, \delta_{0}}} \mathrm{~d} \mathcal{H}_{x_{0}}^{n}=f(t, q) \frac{\mathrm{d} \mathcal{H}_{x_{0}}^{n}}{\mathrm{~d} t \times \mathrm{dvol}_{\Sigma_{x_{0}}}}(t, q) 1_{\left[-\delta_{0}, \delta_{0}\right]}(t) \mathrm{d} t \times \mathrm{d} \operatorname{vol}_{\Sigma_{x_{0}}}
$$

Since $f \mathrm{~d} \mathcal{H}_{x_{0}}^{n}$ is invariant under $G_{t}$, it is invariant under translation in $t$ and we have

$$
f(t, q) \frac{\mathrm{d} \mathcal{H}_{x_{0}}^{n}}{\mathrm{~d} t \times \mathrm{dvol}_{\Sigma_{x_{0}}}}(t, q)=\widetilde{f}(q)
$$

is constant in time.
To compute $\widetilde{f}(q)$, we need only compute

$$
\frac{\mathrm{d} \mathcal{H}_{x_{0}}^{n}}{\mathrm{~d} t \times \mathrm{dvol}_{\Sigma_{x_{0}}}}(0, q)
$$

For this, observe that $1_{\Lambda_{x_{0}, \delta}} \mathcal{H}_{x_{0}}^{n}$ is the volume measure on $\Lambda_{x_{0}, \delta}$ with respect to the Sasaki metric. Therefore, we have $\left.\mathrm{d} \operatorname{vol}_{\Sigma_{x_{0}}}=N\right\lrcorner \mathrm{d} \operatorname{vol}_{\Lambda_{x_{0}, \delta_{0}}}$ where $N$ is a unit normal to $\Sigma_{x_{0}}$. More precisely, if $r \in C^{\infty}\left(\Lambda_{x_{0}, \delta_{0}}\right)$ has $\left.\mathrm{d} r\right|_{\Sigma_{x_{0}}}(V)=$ $\langle N, V\rangle_{g_{s}}$ where $g_{s}$ denotes the Sasaki metric and $V \in T_{\Sigma_{x_{0}}} \Lambda_{x_{0}, \delta_{0}}$, then $\nu=\left.\mathrm{d} r\right|_{x_{x_{0}}}$ is a unit conormal to $\Sigma_{x_{0}}$ and

$$
\frac{\mathrm{d} \mathcal{H}_{x_{0}}^{n}}{\mathrm{~d} t \times{\mathrm{d} v{ }_{\Sigma_{x_{0}}}}}(0, q)=\left|\partial_{t}\left(r \circ G_{t}\right)\right|_{t=0}\left|(q)=\left|\nu\left(H_{p}\right)\right|(q) .\right.
$$

## 4. A proof of Theorem 1.5 for the Laplacian

One can use a strategy similar to that in [9] to prove Theorem 1.5 for eigenfunctions of the Laplacian. We sketch the proof in the case $\mu_{x_{0}} \perp \mathcal{H}_{x_{0}}^{n}$ for the convenience of the reader. Following the arguments in Section 6.2, replacing Lemma 6.2 with (4.10) it is possible to give a proof of the full theorem in this way. Note however, that much greater care would be needed to eliminate the dependence of the constant on $M$. We wish to stress that the analysis in the next sections gives an effective geometric explanation for the gains in $L^{\infty}$ norms that is not available through use of the spectral projector. Moreover, it shows that the structure of the $L^{\infty}$ gains depends only on quantitative control on the transversality of the flow to the fibers.

We start by constructing a convenient partition of unity. This partition will also be used in the proof of the general case, so we write a careful proof.

Lemma 4.1. - Fix $\left(x_{0}, \xi_{j}\right) \in \Sigma_{x_{0}}$ and $r_{j}>0, j=1, \ldots K<\infty, \delta>0$. Then there exist $\chi_{j} \in C_{c}^{\infty}\left(T^{*} M ;[0,1]\right), j=1 \ldots K$ so that

$$
\begin{array}{cc}
\operatorname{supp} \chi_{j} \cap \Lambda_{x_{0}} \subset T_{4 \delta}\left(\xi_{j}, 2 r_{j}\right) \cap \Lambda_{x_{0}, 4 \delta}, & H_{p} \chi_{j} \equiv 0 \text { on } \Lambda_{x_{0}, 3 \delta} \\
\sum_{j} \chi_{j} \equiv 1 \text { on } \bigcup_{j=1}^{K} T_{4 \delta}\left(\xi_{j}, r_{j}\right) \cap \Lambda_{x_{0}, 3 \delta}, & 0 \leqslant \sum_{j} \chi_{j} \leqslant 1, \text { on } \Lambda_{x_{0}} \tag{4.1}
\end{array}
$$

Furthermore, if

$$
\begin{equation*}
\bigcup_{j=1}^{K} T_{4 \delta}\left(\xi_{j}, 2 r_{j}\right) \supset \Lambda_{x_{0}, 3 \delta} \tag{4.2}
\end{equation*}
$$

there exists $\chi_{j}$ satisfying (4.1) and

$$
\begin{equation*}
\sum_{j} \chi_{j} \equiv 1 \text { on } \Lambda_{x_{0}, 3 \delta} \tag{4.3}
\end{equation*}
$$

Proof. - Let $\widetilde{\chi}_{j} \in C_{c}^{\infty}\left(\Sigma_{x_{0}} ;[0,1]\right)$ satisfy

$$
\begin{gathered}
\sum_{j} \widetilde{\chi}_{j} \equiv 1 \text { on } \bigcup_{j=1}^{K} B\left(\xi_{j}, r_{j}\right), \quad \operatorname{supp} \widetilde{\chi}_{j} \subset B\left(\xi_{j}, 2 r_{j}\right) \cap \Sigma_{x_{0}} \\
0 \leqslant \sum_{j} \widetilde{\chi}_{j} \leqslant 1
\end{gathered}
$$

Next, let $\psi \in C_{c}^{\infty}(\mathbb{R} ;[0,1])$ with $\psi \equiv 1$ on $[-3 \delta, 3 \delta]$ and $\operatorname{supp} \psi \subset(-4 \delta, 4 \delta)$. For $\delta>0$ small enough, $G_{t}:[-4 \delta, 4 \delta] \times \Sigma_{x_{0}} \rightarrow \Lambda_{x_{0}, 4 \delta}$ is a diffeomorphism and so we can define $\chi_{j} \in C_{c}^{\infty}\left(\Lambda_{x_{0}, 4 \delta} ;[0,1]\right)$ by

$$
\chi_{j}\left(G_{t}\left(x_{0}, \xi\right)\right)=\psi(t) \widetilde{\chi}_{j}\left(x_{0}, \xi\right)
$$

so that $H_{p} \chi_{j} \equiv 0$ on $\Lambda_{x_{0}, 3 \delta}$. Finally, extend $\chi_{j}$ from $\Lambda_{x_{0}, 4 \delta}$ to a compactly supported function on $T^{*} M$ arbitrarily. Then $\chi_{j} j=1, \ldots K$ satisfy (4.1).

If (4.2) holds, then we may take $\widetilde{\chi}_{j}$ a partition of unity on $\Sigma_{x_{0}}$ subordinate to $B\left(\xi_{j}, 2 r_{j}\right)$ and hence obtain (4.3) by the same construction.

Sketch proof for Laplace eigenfunctions. - Fix $\delta>0$ and let $\rho \in S(\mathbb{R})$ with $\rho(0)=1$ and $\operatorname{supp} \hat{\rho} \subset[\delta, 2 \delta]$. Let

$$
S^{*} M(\gamma):=\left\{(x, \xi)|\| \xi|_{x}-1 \mid \leqslant \gamma\right\}
$$

and $\chi(x, \xi) \in C_{0}^{\infty}\left(T^{*} M\right)$ be a cutoff near the cosphere $S^{*} M$ with $\chi(x, \xi)=$ 1 for $(x, \xi) \in S^{*} M(\gamma)$ and $\chi(x, \xi)=0$ when $(x, \xi) \in T^{*} M \backslash S^{*} M(2 \gamma)$.

Suppose that $\left(-h^{2} \Delta_{g}-1\right) u_{h}=0$, and $u_{h}$ has defect measure $\mu$ with $\mu_{x_{0}} \perp \mathcal{H}_{x_{0}}^{n}$. Then

$$
\begin{align*}
u_{h}=\rho\left(h^{-1}[ \right. & \left.\left.\sqrt{-h^{2} \Delta_{g}}-1\right]\right) u_{h}  \tag{4.4}\\
& =\int_{\mathbb{R}} \hat{\rho}(t) e^{i t\left[\sqrt{-h^{2} \Delta_{g}}-1\right] / h} \chi(x, h D) u_{h} \mathrm{~d} t+O_{\gamma}\left(h^{\infty}\right)
\end{align*}
$$

Setting $V(t, x, y, h):=\left(\hat{\rho}(t) e^{i t\left[\sqrt{-h^{2} \Delta_{g}}-1\right] / h} \chi(x, h D)\right)(t, x, y)$, by propagation of singularities,

$$
\begin{aligned}
W F_{h}^{\prime}(V(t, \cdot & \cdot \cdot, h)) \\
& \subset\left\{(x, \xi, y, \eta)\left|(x, \xi)=G_{t}(y, \eta),\left||\xi|_{x}-1\right| \leqslant 2 \gamma, t \in[\delta, 2 \delta]\right\}\right.
\end{aligned}
$$

Let $b_{x_{0}, \gamma}(y, \eta) \in C_{c}^{\infty}\left(T^{*} M\right)$ have

$$
\operatorname{supp} b_{x_{0}, \gamma} \subset\left\{(y, \eta) \left\lvert\, \begin{array}{r}
(y, \eta)=G_{t}(x, \xi) \text { for some }(x, \xi) \in S^{*} M(3 \gamma) \\
\text { with } d_{M}\left(x, x_{0}\right)<2 \gamma,|t| \leqslant 4 \delta
\end{array}\right.\right\}
$$

with

$$
b_{x_{0}, \gamma} \equiv 1 \text { on }\left\{(y, \eta) \left\lvert\, \begin{array}{r}
(y, \eta)=G_{t}(x, \xi) \text { for some }(x, \xi) \in S^{*} M(2 \gamma) \\
\text { with } d_{M}\left(x, x_{0}\right)<\gamma,|t| \leqslant 3 \delta
\end{array}\right.\right\}
$$

Then, by wavefront calculus, it follows that

$$
\begin{equation*}
u_{h}\left(x_{0}\right)=\int_{M} \bar{V}\left(x_{0}, y, h\right) b_{x_{0}, \gamma}\left(y, h D_{y}\right) u_{h}(y) \mathrm{d} y+O_{\gamma}\left(h^{\infty}\right) \tag{4.5}
\end{equation*}
$$

where,

$$
\bar{V}(x, y, h):=\int_{\mathbb{R}} \hat{\rho}(t)\left(e^{i t\left[\sqrt{-h^{2} \Delta_{g}}-1\right] / h} \chi(x, h D)\right)(t, x, y) \mathrm{d} t
$$

By a standard stationary phase argument [17, Chapter 5],

$$
\begin{equation*}
\bar{V}(x, y, h)=h^{\frac{1-n}{2}} \sum_{ \pm} e^{ \pm i d_{M}(x, y) / h} a_{ \pm}(x, y, h) \hat{\rho}\left(d_{M}(x, y)\right)+O_{\gamma}\left(h^{\infty}\right) \tag{4.6}
\end{equation*}
$$

where $a_{ \pm}(x, y, h) \in S^{0}(1)$.
Then, in view of (4.6) and (4.5),

$$
\begin{array}{r}
u_{h}\left(x_{0}\right)=(2 \pi h)^{\frac{1-n}{2}} \sum_{ \pm} \int_{\delta<\left|y-x_{0}\right|<2 \delta} e^{ \pm i d_{M}\left(x_{0}, y\right) / h} a_{ \pm}\left(x_{0}, y, h\right) \hat{\rho}\left(d_{M}\left(x_{0}, y\right)\right)  \tag{4.7}\\
b_{x, \gamma}\left(y, h D_{y}\right) u_{h}(y) \mathrm{d} y+O_{\gamma}\left(h^{\infty}\right)
\end{array}
$$

Let $\chi_{j}$, be as in (4.1) with $T_{4 \delta}\left(\xi_{j}, r_{j}\right)$ satisfying (6.4) and $\sum r_{j}^{n-1}<\varepsilon$. Define $\psi=1-\sum_{j} \chi_{j}$. Then

$$
u_{h}\left(x_{0}\right)=\sum_{ \pm} I_{ \pm}+I I_{ \pm}+O_{\gamma}\left(h^{\infty}\right)
$$

where

$$
\begin{array}{r}
I_{ \pm}=(2 \pi h)^{\frac{1-n}{2}} \int_{\delta<\left|y-x_{0}\right|<2 \delta} e^{ \pm i d_{M}\left(x_{0}, y\right) / h} a_{ \pm}\left(x_{0}, y, h\right) \hat{\rho}\left(d_{M}\left(x_{0}, y\right)\right) \\
\psi\left(y, h D_{y}\right) b_{x_{0}, \gamma}\left(y, h D_{y}\right) u_{h}(y) \mathrm{d} y \\
I I_{ \pm}=\sum_{j}(2 \pi h)^{\frac{1-n}{2}} \int_{\delta<\left|y-x_{0}\right|<2 \delta} e^{ \pm i d_{M}\left(x_{0}, y\right) / h} a_{ \pm}\left(x_{0}, y, h\right) \hat{\rho}\left(d_{M}\left(x_{0}, y\right)\right)  \tag{4.8}\\
\chi_{j}\left(y, h D_{y}\right) b_{x_{0}, \gamma}\left(y, h D_{y}\right) u_{h}(y) \mathrm{d} y
\end{array}
$$

An application of Cauchy-Schwarz to $I_{ \pm}$gives

$$
\begin{equation*}
\limsup _{h \rightarrow 0} h^{\frac{n-1}{2}}\left|I_{ \pm}\right| \leqslant C \limsup _{h \rightarrow 0}\left\|\psi\left(y, h D_{y}\right) b_{x_{0}, \gamma}\left(y, h D_{y}\right) u_{h}\right\|_{L^{2}} . \tag{4.9}
\end{equation*}
$$

Next observe that

$$
\begin{aligned}
& \limsup _{\gamma \rightarrow 0} \limsup _{h \rightarrow 0}\left\|\psi\left(y, h D_{y}\right) b_{x_{0}, \gamma}\left(y, h D_{y}\right) u\right\|_{L^{2}}^{2} \\
&=\limsup _{\gamma \rightarrow 0} \int_{S^{*} M}|\psi|^{2}\left|b_{x_{0}, \gamma}(y, \xi)\right|^{2} \mathrm{~d} \mu \\
& \leqslant C \mu\left(\operatorname{supp} \psi \cap \Lambda_{x_{0}, 4 \delta}\right) \\
& \leqslant C \mu_{x_{0}}(\operatorname{supp} \psi) \leqslant C \varepsilon .
\end{aligned}
$$

Note that the first inequality follows from the fact that $\lim _{\gamma \rightarrow 0} b_{x_{0}, \gamma} \leqslant$ $1_{\Lambda_{x_{0}, 4 \delta}}$. On the other hand, by propagation of singularities, for each $\chi_{j}$ in $I I_{ \pm}$, we may insert $\varphi_{j} \in C_{c}^{\infty}(M)$ localized to

$$
\pi\left(T_{4 \delta}\left(\xi_{j}, r_{j}\right) \cap\left\{\delta<d_{M}\left(x, x_{0}\right)<2 \delta\right\}\right)
$$

where $\pi: T^{*} M \rightarrow M$ is projection to the base. In particular, replacing $\chi_{j}\left(y, h D_{y}\right)$ by $\varphi_{j}(y) \chi_{j}\left(y, h D_{y}\right)$ and applying Cauchy-Schwarz to each term of $I I$, we have
(4.10) $\quad \limsup _{h \rightarrow 0} h^{\frac{n-1}{2}}\left|I I_{ \pm}\right| \leqslant C \sum_{j}\left\|\varphi_{j}\right\|_{L^{2}} \limsup _{h \rightarrow 0}\left\|\chi_{j} b_{x_{0}, \gamma}\left(y, h D_{y}\right) u_{h}\right\|_{L^{2}}$.

Now, since $\varphi_{j}$ is supported on a tube of radius $r_{j},\left\|\varphi_{j}\right\|_{L^{2}} \leqslant C r_{j}^{(n-1) / 2}$. Furthermore,

$$
\begin{aligned}
& \lim _{\gamma \rightarrow 0} \lim _{h \rightarrow 0}\left\|\chi_{j}\left(y, h D_{y}\right) b_{x_{0}, \gamma}\left(y, h D_{y}\right) u\right\|_{L^{2}}^{2} \\
&=\lim _{\gamma \rightarrow 0} \int_{S^{*} M} \chi_{j}^{2}\left|b_{x_{0}, \gamma}(y, \xi)\right|^{2} \mathrm{~d} \mu \leqslant \int_{\Lambda_{x_{0}}} \chi_{j}^{2} \mathrm{~d} \mu
\end{aligned}
$$

Thus, applying Cauchy-Schwarz once again to the sum in (4.10),

$$
\limsup _{h \rightarrow 0} h^{\frac{n-1}{2}}\left|I I_{ \pm}\right| \leqslant C\left(\sum_{j} r_{j}^{n-1}\right)^{1 / 2}\left(\int \sum_{j} \chi_{j}^{2} \mathrm{~d} \mu\right)^{1 / 2} \leqslant C \varepsilon^{1 / 2}
$$

Sending $\varepsilon \rightarrow 0$ proves the theorem.

## 5. $L^{\infty}$ estimates microlocalized to $\Lambda_{x_{0}}$

For the next two sections, we assume that $u$ is compactly microlocalized and $P u=o_{L^{2}}(h)$ where $P$ is as in Theorem 1.5.

Lemma 5.1. - Suppose that $P$ is as in Theorem 1.5, $u$ is compactly microlocalized, and $P u=o_{L^{2}}(h)$. Then for $q, a \in S^{\infty}\left(T^{*} M\right)$

$$
\begin{aligned}
\|a(x, h D) q(x, h D) u\|_{L^{2}}^{2} & =\int|a|^{2}|q|^{2} \mathrm{~d} \mu+o(1) \\
\|a(x, h D) P q(x, h D) u\|_{L^{2}}^{2} & =h^{2} \int|a|^{2}\left|H_{p} q\right|^{2} \mathrm{~d} \mu+o\left(h^{2}\right)
\end{aligned}
$$

Proof. - First observe that since $u$ is compactly microlocalized, there exists $\chi \in C_{c}^{\infty}\left(T^{*} M\right)$ so that

$$
u=\chi(x, h D) u+O_{\mathcal{S}}\left(h^{\infty}\right)
$$

Therefore, we may assume $q, a \in C_{c}^{\infty}\left(T^{*} M\right)$. The first equality then follows from the definition of the defect measure and the fact that $[a(x, h D)]^{*}=$ $\bar{a}(x, h D)+O_{L^{2} \rightarrow L^{2}}(h)$. For the second, note that

$$
\begin{aligned}
P q(x, h D) u & =q(x, h D) P u+[P, q(x, h D)] u \\
& =q(x, h D) P u+\frac{h}{i}\{p, q\}(x, h D) u+O_{L^{2}}\left(h^{2}\right)
\end{aligned}
$$

The lemma follows since $P u=o_{L^{2}}(h)$.
At this point, following the argument in Koch-Tataru-Zworski [13], we work $h$-microlocally. The first step is to reduce the $L^{2} \rightarrow L^{\infty}$ bounds to a neighbourhood of $\Sigma=\{p=0\}$.

Lemma 5.2. - Suppose that $u$ is compactly microlocalized and $P u=$ $o_{L^{2}}(h)$. Then for $\chi_{\Sigma} \in C_{c}^{\infty}\left(T^{*} M\right)$ with $\chi_{\Sigma} \equiv 1$ in a neighborhood of $\Sigma=\{p=0\}$,

$$
\begin{equation*}
\left\|\left(1-\chi_{\Sigma}(x, h D)\right) u\right\|_{L^{\infty}}=o\left(h^{\frac{2-n}{2}}\right) \tag{5.1}
\end{equation*}
$$

Proof. - Since $u$ is compactly microlocalized, there exists $\chi \in C_{c}^{\infty}\left(T^{*} M\right)$ so that

$$
u=\chi(x, h D) u+O_{\mathcal{S}}\left(h^{\infty}\|u\|_{L^{2}(M)}\right)
$$

For $\chi_{\Sigma} \in C_{c}^{\infty}\left(T^{*} M\right)$ with $\chi_{\Sigma} \equiv 1$ in a neighborhood of $\Sigma,|p| \geqslant c>0$ on $\operatorname{supp}\left(1-\chi_{\Sigma}\right) \chi$. Therefore, by the elliptic parametrix construction, for any $q \in S^{\infty}\left(T^{*} M\right)$, there exists $e \in C_{c}^{\infty}\left(T^{*} M\right)$ so that

$$
e(x, h D) P=\left(1-\chi_{\Sigma}\right)(x, h D) q(x, h D) \chi(x, h D)+O_{\mathcal{D}^{\prime} \rightarrow \mathcal{S}}\left(h^{\infty}\right)
$$

and in particular,

$$
\begin{equation*}
\left(1-\chi_{\Sigma}\right)(x, h D) q(x, h D) u=o_{L^{2}}(h) . \tag{5.2}
\end{equation*}
$$

The compact microlocalization of $u$ together with (5.2) (for $q \equiv 1$ ) and the Sobolev estimate [25, Lemma 7.10] implies

$$
\left\|\left(1-\chi_{\Sigma}(x, h D)\right) u\right\|_{L^{\infty}} \leqslant C h^{-\frac{n}{2}}\left\|\left(1-\chi_{\Sigma}(x, h D)\right) u\right\|_{L^{2}(M)}=o\left(h^{\frac{2-n}{2}}\right)
$$

To simplify the writing somewhat, we introduce the notation $u_{\Sigma}:=$ $\chi_{\Sigma}(x, h D) u$.

### 5.1. Microlocal $L^{\infty}$ bounds near $\Sigma$

In view of (5.1), it suffices to consider points in an arbitrarily small tubular neighborhood of $\Sigma=\{p=0\}$. More precisely, we cover supp $\chi_{\Sigma}$ by a union $\cup_{j=0}^{N} B_{j}$ of open balls $B_{j}$ centered at points $\left(x_{j}, \xi_{j}\right) \in \Sigma \subset\{p=0\}$. We let $\chi_{j} \in C_{0}^{\infty}\left(B_{j}\right)$ be a corresponding partition of unity with

$$
u_{\Sigma}=\sum_{j=0}^{N} \chi_{j}(x, h D) u_{\Sigma}+O_{\mathcal{S}}\left(h^{\infty}\right)
$$

By possible refinement, the supports of $\chi_{j}$ can be chosen arbitrarily small.
Since the argument here is entirely local, it suffices to $h$-microlocalize to supp $\chi_{0} \subset B_{0}$ where $B_{0}$ has center $\left(x_{0}, \xi_{0}\right) \in\{p=0\}$. Since we have assumed $\partial_{\xi} p \neq 0$ in $\{p=0\}$, we may assume that $\partial_{\xi_{1}} p\left(x_{0}, \xi_{0}\right) \neq 0$ and $\partial_{\xi^{\prime}} p\left(x_{0}, \xi_{0}\right)=0$. Therefore, choosing supp $\chi$ supported sufficiently close to $\left(x_{0}, \xi_{0}\right)$, it follows from the implicit function theorem that

$$
p \chi=e(x, \xi)\left(\xi_{1}-a\left(x, \xi^{\prime}\right)\right)
$$

with $e(x, \xi)$ elliptic on supp $\chi_{0}$ provided the latter support is chosen small enough. Thus,

$$
P \chi_{0}=E(x, h D)\left(h D_{x_{1}}-a\left(x, h D_{x^{\prime}}\right)\right) \chi_{0}(x, h D)+h R \chi_{0}(x, h D)
$$

Note that by adjusting $R$, we may assume that for each fixed $x_{1}$, $a\left(x_{1}, y, h D_{y^{\prime}}\right)$ is self adjoint on $L_{y^{\prime}}^{2}$. Therefore,

$$
\begin{aligned}
& \left(h D_{x_{1}}-a\left(x_{1}, x^{\prime}, h D_{x^{\prime}}\right)\right) \chi_{0} q(x, h D) u \\
& \quad=E^{-1}(x, h D) P \chi_{0} q(x, h D) u+h R_{1} \chi_{0}(x, h D) q(x, h D) u
\end{aligned}
$$

In particular, from the standard energy estimate (see for example [13, Lemma 3.1]) with $\left(x_{1}, x^{\prime}\right) \in \mathbb{R}^{n}$,

$$
\begin{align*}
& \left\|\chi_{0} q(x, h D) u_{\Sigma}\left(x_{1}=s, \cdot\right)\right\|_{L_{x^{\prime}}^{2}\left(\mathbb{R}^{n-1}\right)}  \tag{5.3}\\
& \leqslant\left\|\chi_{0} q(x, h D) u_{\Sigma}\left(x_{1}=t, \cdot\right)\right\|_{L_{x^{\prime}}^{2}\left(\mathbb{R}^{n-1}\right)} \\
& \quad+C h^{-1}|s-t|^{1 / 2}\left(\left\|P \chi_{0} q(x, h D) u_{\Sigma}\right\|_{L_{x}^{2}\left(\mathbb{R}^{n}\right)}\right. \\
& \left.\quad+h\left\|R_{1} \chi_{0} q(x, h D) u_{\Sigma}\right\|_{L_{x}^{2}\left(\mathbb{R}^{n}\right)}\right)
\end{align*}
$$

### 5.2. Microlocalization to the flowout

Our next goal will be to insert microlocal cutoffs restricting to a neighborhood of $\Lambda_{x_{0}, \delta}$ for some $\delta>0$ into the right hand side of (5.3).

Let $\left.\varepsilon \ll \delta, \chi_{\varepsilon, x_{0}} \in C_{c}^{\infty}(M ;[0,1])\right)$ with

$$
\chi_{\varepsilon, x_{0}} \equiv 1 \text { on } B\left(x_{0}, \varepsilon\right), \quad \operatorname{supp} \chi_{\varepsilon, x_{0}} \subset B\left(x_{0}, 2 \varepsilon\right)
$$

Let $b_{\varepsilon, x_{0}} \in C_{c}^{\infty}\left(T^{*} M ;[0,1]\right)$ with

$$
\begin{gather*}
\operatorname{supp} b_{\varepsilon, x_{0}} \cap\{p=0\} \subset \bigcup_{x \in B\left(x_{0}, 3 \varepsilon\right)} \Lambda_{x, 3 \delta},  \tag{5.4}\\
\operatorname{supp} b_{\varepsilon, x_{0}} \subset\{q \mid d(q,|p| \leqslant \varepsilon)<2 \varepsilon\}
\end{gather*}
$$

$$
\begin{align*}
& b_{\varepsilon, x_{0}} \equiv 1 \text { on }  \tag{5.5}\\
& \left.\left\{q \mid d\left(q, \bigcup_{t=-2 \delta}^{2 \delta} G_{t}\left\{(x, \xi)| | p(x, \xi) \mid \leqslant \varepsilon, d\left(x, x_{0}\right)<2 \varepsilon\right\}\right)<\varepsilon\right)\right\} .
\end{align*}
$$

Lemma 5.3. - There exists $C_{0}>0, \varepsilon_{0}>0$ and $U$ a neighborhood of $\left(x_{0}, \xi_{0}\right)$ so that for all $\chi_{0} \in C_{c}^{\infty}\left(T^{*} M\right)$ supported in $U, 0<\varepsilon \ll \delta<\varepsilon_{0}$, $\chi_{\varepsilon, x_{0}}, b_{\varepsilon, x_{0}}$ as above, $q \in S^{\infty}\left(T^{*} M\right)$, and $y_{1} \in \mathbb{R}$

$$
\begin{align*}
& \left\|\left.\left(q \chi_{\varepsilon, x_{0}} \chi_{0}\right)(x, h D) u_{\Sigma}\right|_{x_{1}=y_{1}}\right\|_{L_{x^{\prime}}^{2}\left(\mathbb{R}^{n-1}\right)}  \tag{5.6}\\
& \leqslant 2 \delta_{0}^{-1 / 2}\left\|b_{\varepsilon, x_{0}}(x, h D) q(x, h D) \chi_{0}(x, h D) u_{\Sigma}\right\|_{L_{x}^{2}\left(\mathbb{R}^{n}\right)} \\
& \quad+C_{0} \delta_{0}^{\frac{1}{2}} h^{-1}\left\|b_{\varepsilon, x_{0}}(x, h D) P q(x, h D) \chi_{0}(x, h D) u_{\Sigma}\right\|_{L_{x}^{2}\left(\mathbb{R}^{n}\right)}+o_{\varepsilon, \delta}(1)
\end{align*}
$$

where $\delta_{0}:=\delta\left|\partial_{\xi} p\left(x_{0}, \xi_{0}\right)\right|_{g}$ and $\left|\partial_{\xi} p\right|_{g}:=\left|\partial_{\xi} p \cdot \partial_{x}\right|_{g}$.

Remark 5.4.

- In (5.6), the local defining functions $x_{1}$ depend on $j$, but we will abuse notation somewhat and suppress the dependence on the index.
- Note that the constant $C_{0}$ may depend on $P$ and $M$ in unspecified ways. In order to remove this dependence in Theorem 1.5, we choose $\delta$ sufficiently small when applying Lemma 5.3.

Proof. - Let

$$
A\left(x_{1}, y_{1}, x^{\prime}, h D_{x^{\prime}}\right):=-\int_{y_{1}}^{x_{1}} a\left(s, x^{\prime}, h D_{x^{\prime}}\right) \mathrm{d} s
$$

and $w=\chi_{0} q(x, h D) u_{\Sigma}$. Then

$$
w\left(y_{1}, x^{\prime}\right)=\left.e^{-\frac{i}{h} A\left(t, y_{1}, x^{\prime}, h D_{x^{\prime}}\right)} w\right|_{x_{1}=t}-\frac{i}{h} \int_{y_{1}}^{t} e^{-\frac{i}{h} A\left(s, y_{1}, x^{\prime}, h D_{x^{\prime}}\right)} f\left(s, x^{\prime}\right) \mathrm{d} s
$$

where

$$
\begin{equation*}
f(x):=E^{-1}(x, h D) P \chi_{0} q(x, h D) u_{\Sigma}+h R_{1} \chi_{0}(x, h D) q(x, h D) u_{\Sigma} \tag{5.7}
\end{equation*}
$$

Moreover, since we have arranged that $a\left(s, x^{\prime}, h D_{x^{\prime}}\right)$ is self adjoint for each fixed $s, e^{-\frac{i}{h} A\left(s, y_{1}, x^{\prime}, h D_{x^{\prime}}\right)}$ is unitary.

Let $\delta_{0}:=\delta\left|\partial_{\xi} p\left(x_{0}, \xi_{0}\right)\right|_{g}$ and $\psi \in C_{c}^{\infty}(\mathbb{R} ;[0,1])$ with $\operatorname{supp} \psi \subset\left[0, \delta_{0}\right]$ and $\int \psi=1$. Then, integrating in $t$,

$$
\begin{align*}
& w\left(y_{1}, x^{\prime}\right)=\left.\int \psi(t) e^{-\frac{i}{h} A\left(t, y_{1}, x^{\prime}, h D_{x^{\prime}}\right)} w\right|_{x_{1}=t} \mathrm{~d} t  \tag{5.8}\\
& \quad-\frac{i}{h} \int \psi(t) \int_{y_{1}}^{t} e^{-\frac{i}{h} A\left(s, y_{1}, x^{\prime}, h D_{x^{\prime}}\right)} f\left(s, x^{\prime}\right) \mathrm{d} s \mathrm{~d} t
\end{align*}
$$

Now, let $\widetilde{b}_{\varepsilon, x_{0}}$ satisfy

$$
\begin{align*}
& \widetilde{b}_{\varepsilon, x_{0}} \equiv 1 \text { on }  \tag{5.9}\\
& \left.\left\{q \mid d\left(q, \bigcup_{t=-2 \delta}^{2 \delta} G_{t}\left\{(x, \xi)| | p(x, \xi) \mid \leqslant \varepsilon, d\left(x, x_{0}\right)<2 \varepsilon\right\}\right)<\varepsilon / 2\right)\right\}
\end{align*}
$$

and have $\operatorname{supp} \widetilde{b}_{\varepsilon, x_{0}} \subset\left\{b_{\varepsilon, x_{0}} \equiv 1\right\}$. This is possible by (5.5). We next aim to prove

$$
\begin{align*}
& \chi_{\varepsilon, x_{0}} w\left(y_{1}, x^{\prime}\right)  \tag{5.10}\\
& =\left.\int \psi(t) \chi_{\varepsilon, x_{0}} e^{-\frac{i}{h} A\left(t, y_{1}, x^{\prime}, h D_{x^{\prime}}\right)}\left(\widetilde{b}_{\varepsilon, x_{0}}(x, h D) w\right)\right|_{x_{1}=t} \mathrm{~d} t \\
& \quad-\frac{i}{h} \chi_{\varepsilon, x_{0}} \int \psi(t) \int_{y_{1}}^{t} e^{-\frac{i}{h} A\left(s, y_{1}, x^{\prime}, h D_{x^{\prime}}\right)}\left(\widetilde{b}_{\varepsilon, x_{0}}(x, h D) f\right)\left(s, x^{\prime}\right) \mathrm{d} s \mathrm{~d} t \\
& \quad+o_{\varepsilon, \delta}(1)_{L_{y_{1}}^{\infty} L_{x^{\prime}}^{2}}
\end{align*}
$$

To do this, we show that for $q_{1} \in S^{0}\left(T^{*} M\right), s \in\left[0, \delta_{0}\right]$

$$
\begin{align*}
& \chi_{\varepsilon, x_{0}}\left(y_{1}, x^{\prime}\right) e^{-\frac{i}{h} A\left(s, y_{1}, x^{\prime}, h D_{x^{\prime}}\right)}\left(I-\widetilde{b}_{\varepsilon, x_{0}}(x, h D)\right)  \tag{5.11}\\
& \chi_{0}(x, h D) q_{1}(x, h D) u_{\Sigma}=o_{\varepsilon}(h)_{L_{x}^{2}} .
\end{align*}
$$

Let $\varphi \in C_{c}^{\infty}(\mathbb{R})$ with $\varphi \equiv 1$ on $[-1,1]$. By (5.2)

$$
\begin{aligned}
\chi_{\varepsilon, x_{0}}\left(y_{1}, x^{\prime}\right) e^{-\frac{i}{h} A\left(x_{1}, x^{\prime}, h D_{x^{\prime}}\right)}\left(I-\widetilde{b}_{\varepsilon, x_{0}}(x, h D)\right) \\
\chi_{0}(x, h D) q_{1}(x, h D)\left(I-\varphi\left(\varepsilon^{-2} p(x, h D)\right)\right) u_{\Sigma}=o_{\varepsilon}(h)_{L_{x}^{2}} .
\end{aligned}
$$

Therefore, we need only estimate

$$
\begin{align*}
\chi_{\varepsilon, x_{0}}\left(y_{1}, x^{\prime}\right) e^{-\frac{i}{h} A\left(s, y_{1}, x^{\prime}, h D_{x^{\prime}}\right)}\left(I-\widetilde{b}_{\varepsilon, x_{0}}(x, h D)\right)  \tag{5.12}\\
\chi_{0}(x, h D) q_{1}(x, h D) \varphi\left(\varepsilon^{-2} p(x, h D)\right) u_{\Sigma}
\end{align*}
$$

In order to estimate (5.12), we apply propagation of singularities for $e^{-\frac{i}{h} A}$. Let $\widetilde{G}_{t}$ denote the Hamiltonian flow of $\xi_{1}-a\left(x, \xi^{\prime}\right)$. We show that for $\delta$ small enough and $|t| \leqslant \delta_{0}$,

$$
\begin{equation*}
\operatorname{supp} \chi_{\varepsilon, x_{0}} \cap \widetilde{G}_{t}\left(\operatorname{supp}\left(1-\widetilde{b}_{\varepsilon, x_{0}}\right) \varphi\left(\varepsilon^{-2} p\right) \chi_{0}\right)=\emptyset \tag{5.13}
\end{equation*}
$$

Since $\operatorname{supp} \psi \subset\left[0, \delta_{0}\right]$ propagation of singularities then implies that

$$
\begin{align*}
\psi(s) \chi_{\varepsilon, x_{0}}\left(y_{1}, x^{\prime}\right) e^{-\frac{i}{h} A\left(s, y_{1}, x^{\prime}, h D_{x^{\prime}}\right)}\left(I-\widetilde{b}_{\varepsilon, x_{0}}(x, h D)\right)  \tag{5.14}\\
q_{1}(x, h D) \varphi\left(\varepsilon^{-2} p(x, h D)\right) u_{\Sigma}=O_{\varepsilon}\left(h^{\infty}\right)_{L_{x}^{2}}
\end{align*}
$$

We now prove (5.13). For $p\left(y_{0}, \eta_{0}\right)=0$, if $G_{t}\left(y_{0}, \eta_{0}\right)=\left(x_{1}(t), x^{\prime}(t), \xi(t)\right)$, then $\widetilde{G}_{x_{1}(t)}\left(y_{0}, \eta_{0}\right)=\left(x_{1}(t), x^{\prime}(t), \xi(t)\right)$. Since we assume that $\partial_{\xi^{\prime}} p\left(x_{0}, \xi_{0}\right)=$ $0, \partial_{\xi_{1}} p\left(x_{0}, \xi_{0}\right) \neq 0$ we may choose $U$ small enough so that for $q \in U$

$$
\frac{2}{3}\left|\partial_{\xi} p\left(x_{0}, \xi_{0}\right)\right|_{g} \leqslant\left|\partial_{\xi_{1}} p(q)\right| \leqslant \frac{3}{2}\left|\partial_{\xi} p\left(x_{0}, \xi_{0}\right)\right|_{g}
$$

Thus, for $q \in \operatorname{supp} \chi_{0}$,

$$
\frac{2}{3}\left|\partial_{\xi} p\left(x_{0}, \xi_{0}\right)\right|_{g} t+O\left(t^{2}\right) \leqslant\left|x_{1}\left(G_{t}(q)\right)-x_{1}(q)\right| \leqslant \frac{3}{2}\left|\partial_{\xi} p\left(x_{0}, \xi_{0}\right)\right|_{g} t+O\left(t^{2}\right)
$$

Now, suppose $q \in\left\{|p| \leqslant C \varepsilon^{2}\right\} \cap \operatorname{supp} \chi_{0}$ so that $\widetilde{G}_{t}(q) \in \operatorname{supp} \chi_{\varepsilon, x_{0}}$ for some $|t| \leqslant \delta_{0}$. Then, there exists $t \in[-2 \delta, 2 \delta]$ and $C>0$ such that

$$
d\left(x\left(G_{t}(q)\right), x_{0}\right) \leqslant \varepsilon+C \varepsilon^{2}
$$

In particular, by (5.9), $\widetilde{b}_{\varepsilon, x_{0}} \equiv 1$ in a neighborhood of $q$ and hence $q \notin$ $\operatorname{supp}\left(1-\widetilde{b}_{\varepsilon, x_{0}}\right)$. In particular, this proves (5.13) and hence (5.14).

Together (5.12) and (5.14) give (5.11) and in particular, applying (5.11) with $q_{1}=1$ for the first term in (5.8) and

$$
q_{1}=E^{-1}(x, h D) P \chi_{0} q(x, h D)+h R_{1} \chi_{0}(x, h D) q(x, h D)
$$

for the second term in (5.8) gives (5.10). In turn, (5.10) implies

$$
\begin{aligned}
& \left\|\chi_{\varepsilon, x_{0}} w\left(y_{1}, \cdot\right)\right\|_{L_{x^{\prime}}^{2}\left(\mathbb{R}^{n-1}\right)} \\
& \leqslant \delta_{0}^{-1 / 2}\left\|\widetilde{b}_{\varepsilon, x_{0}}(x, h D) w\right\|_{L_{x}^{2}\left(\mathbb{R}^{n}\right)}+C_{0} \delta_{0}^{\frac{1}{2}} h^{-1}\left\|\widetilde{b}_{\varepsilon, x_{0}}(x, h D) f\right\|_{L_{x}^{2}\left(\mathbb{R}^{n}\right)}+o_{\varepsilon, \delta}(1) .
\end{aligned}
$$

Now,

$$
\begin{aligned}
q(x, h D) \chi_{\varepsilon, x_{0}} \chi_{0}(x, h D) u_{\Sigma}=\chi_{\varepsilon, x_{0}} \chi_{0}( & x, h D) q(x, h D) u_{\Sigma} \\
& +\left[q(x, h D), \chi_{\varepsilon, x_{0}} \chi_{0}(x, h D)\right] u_{\Sigma}
\end{aligned}
$$

Therefore, applying the Sobolev embedding [25, Lemma 7.10] in 1 dimension

$$
\left\|\left[q(x, h D), \chi_{\varepsilon, x_{0}} \chi_{0}(x, h D)\right] u_{\Sigma}\left(x_{1}, \cdot\right)\right\|_{L_{x^{\prime}}^{2}\left(\mathbb{R}^{n-1}\right)}=O_{\varepsilon}\left(h^{1 / 2}\right)
$$

we have the following $L^{2}$ bound along the section $x_{1}=y_{1}$ of $\operatorname{supp} \chi_{0} \subset$ $\operatorname{supp} \chi_{\Sigma}$.

$$
\begin{align*}
& \left\|q(x, h D) \chi_{\varepsilon, x_{0}} \chi_{0}(x, h D) u_{\Sigma}\left(y_{1}, \cdot\right)\right\|_{L_{x^{\prime}}^{2}\left(\mathbb{R}^{n-1}\right)}  \tag{5.15}\\
& \leqslant \delta_{0}^{-1 / 2}\left\|\widetilde{b}_{\varepsilon, x_{0}}(x, h D) w\right\|_{L_{x}^{2}\left(\mathbb{R}^{n}\right)} \\
& \quad+C_{1} \delta_{0}^{1 / 2} h^{-1}\left\|\widetilde{b}_{\varepsilon, x_{0}}(x, h D) f\right\|_{L_{x}^{2}\left(\mathbb{R}^{n}\right)}+o_{\varepsilon, \delta}(1)
\end{align*}
$$

Observe that,

$$
\begin{aligned}
& \left\|\widetilde{b}_{\varepsilon, x_{0}}(x, h D) f\right\| \\
& \qquad \begin{array}{l}
\leqslant\left\|\widetilde{b}_{\varepsilon, x_{0}}(x, h D) E^{-1}(x, h D) P \chi_{0} q(x, h D) u_{\Sigma}\right\| \\
\quad+h\left\|\widetilde{b}_{\varepsilon, x_{0}}(x, h D) R_{1} \chi_{0}(x, h D) q(x, h D) u_{\Sigma}\right\| \\
\leqslant
\end{array} \quad C_{2}\left\|b_{\varepsilon, x_{0}}(x, h D) P \chi_{0}(x, h D) q(x, h D) u_{\Sigma}\right\| \\
& \quad+C_{2} h\left\|b_{\varepsilon, x_{0}}(x, h D) \chi_{0}(x, h D) q(x, h D) u_{\Sigma}\right\|+o_{\varepsilon, \delta}(h)
\end{aligned}
$$

and

$$
\left\|\widetilde{b}_{\varepsilon, x_{0}}(x, h D) w\right\|_{L_{x}^{2}\left(\mathbb{R}^{n}\right)} \leqslant\left\|b_{\varepsilon, x_{0}}(x, h D) \chi_{0}(x, h D) q(x, h D) u_{\Sigma}\right\|+o_{\varepsilon, \delta}(1)
$$

Taking $\varepsilon_{0}>0$ so small so that for $\delta<\varepsilon_{0}, C_{1} C_{2} \delta_{0}^{1 / 2} \leqslant \delta_{0}^{-1 / 2}$, and letting $C_{0}=C_{1} C_{2}$ we have

$$
\begin{align*}
& \left\|q(x, h D) \chi_{\varepsilon, x_{0}} \chi_{0}(x, h D) u_{\Sigma}\left(y_{1}, \cdot\right)\right\|_{L_{x^{\prime}}^{2}\left(\mathbb{R}^{n-1}\right)}  \tag{5.16}\\
& \leqslant
\end{aligned} \begin{aligned}
& \\
& \quad \delta_{0}^{-1 / 2}\left\|b_{\varepsilon, x_{0}}(x, h D) \chi_{0}(x, h D) q(x, h D) u_{\Sigma}\right\|_{L_{x}^{2}\left(\mathbb{R}^{n}\right)} \\
& \quad+C_{0} \delta_{0}^{1 / 2} h^{-1}\left\|b_{\varepsilon, x_{0}}(x, h D) P \chi_{0}(x, h D) q(x, h D) u_{\Sigma}\right\|_{L_{x}^{2}\left(\mathbb{R}^{n}\right)} \\
& \quad+o_{\varepsilon, \delta}(1)
\end{align*}
$$

Lemma 5.5. - Suppose that for some $\delta>0, q \in S^{0}\left(T^{*} M\right)$ has $q \equiv 0$ on $\Lambda_{x_{0}, 3 \delta}$. Then for $r(h)=o(1)$.

$$
\limsup _{h \rightarrow 0} h^{\frac{n-1}{2}}\left\|q(x, h D) u_{\Sigma}\right\|_{L^{\infty}\left(B\left(x_{0}, r(h)\right)\right)}=0
$$

Proof. - Observe that Lemma 5.3 gives for each $j=1, \ldots N$,

$$
\begin{aligned}
& \left\|\left.\left(q \chi_{\varepsilon, x_{0}} \chi_{j}\right)(x, h D) u_{\Sigma}\right|_{x_{1}=y_{1}}\right\|_{L_{x^{\prime}}^{2}\left(\mathbb{R}^{n-1}\right)} \\
& \quad \leqslant \\
& \quad 2 \delta_{0}^{-1 / 2}\left\|b_{\varepsilon, x_{0}}(x, h D) q(x, h D) \chi_{j}(x, h D) u_{\Sigma}\right\|_{L_{x}^{2}\left(\mathbb{R}^{n}\right)} \\
& \quad+C_{0} \delta_{0}^{\frac{1}{2}} h^{-1}\left\|b_{\varepsilon, x_{0}}(x, h D) P q(x, h D) \chi_{j}(x, h D) u_{\Sigma}\right\|_{L_{x}^{2}\left(\mathbb{R}^{n}\right)}+o_{\varepsilon, \delta}(1)
\end{aligned}
$$

Observe that since $r(h)=o(1)$, for $h$ small enough, $\chi_{\varepsilon, x_{0}} \equiv 1$ on $B\left(x_{0}, r(h)\right)$. Hence, applying the Sobolev estimate [25, Lemma 7.10] and Lemma 5.1 gives

$$
\begin{aligned}
& \limsup _{h \rightarrow 0} h^{n-1}\left\|\left(q \chi_{j}\right)(x, h D) u_{\Sigma}\right\|_{L^{\infty}\left(B\left(x_{0}, r(h)\right)\right)}^{2} \\
& \leqslant 2 \delta_{0}^{-1} \int b_{\varepsilon, x_{0}}^{2}(x, h D) q^{2}(x, h D) \chi_{j}^{2} \mathrm{~d} \mu \\
& \quad+C_{0} \delta_{0} \int b_{\varepsilon, x_{0}}^{2}(x, h D)\left|H_{p}\left(q(x, h D) \chi_{j}\right)\right|^{2} \mathrm{~d} \mu
\end{aligned}
$$

Sending $\varepsilon \rightarrow 0$ and using the dominated convergence theorem proves the lemma since $\mu\left(T^{*} M\right)=1<\infty, \lim _{\varepsilon \rightarrow 0} b_{\varepsilon, x_{0}}^{2} \leqslant 1_{\Lambda_{x_{0}, 3 \delta}}, H_{p}$ is tangent to $\Lambda_{x_{0}}$, and so the fact that $q$ vanishes identically on $\Lambda_{x_{0}, 3 \delta}$ implies the same for $H_{p} q$.

## 6. Decomposition into wave packets

We now choose a convenient partition $\chi_{j}$ and functions $q_{j, i}, i=2, \ldots n$ to prove the main theorem. The $\chi_{j}$ localize to individual bicharacteristics, and $\sum_{i} q_{j, i}$ will measure concentration in neighborhoods of each bicharacteristic. We then show that understanding the mass localization to finer and finer neighborhoods of geodesics yields the structure of the defect measure.

## 6.1. $L^{\infty}$ contributions near bicharacteristics

We need the following version of the $L^{\infty}$ Sobolev embedding.
Lemma 6.1. - There exists $C_{n, l}>0$ depending only on $n$ and $l$ so that for all $v \in H^{l}\left(\mathbb{R}^{n-1}\right)$ with $l>(n-1) / 2$ and all $\varepsilon>0$

$$
\|v\|_{L^{\infty}}^{2} \leqslant C_{n, l} h^{-n+1}\left(\varepsilon^{n-1}\|v\|_{L^{2}}^{2}+\varepsilon^{n-2 l-1} \sum_{i=1}^{n-1}\left\|\left(h D_{x_{i}}\right)^{l} v\right\|_{L^{2}}^{2}\right) .
$$

In particular this holds if $v$ is compactly microlocalized.
Proof. - Let $\zeta \in C_{c}^{\infty}([-2,2])$ with $\zeta \equiv 1$ on $[-1,1]$ and $\zeta_{\varepsilon}(x)=\zeta\left(\varepsilon^{-1} x\right)$.
Then

$$
v(x)=(2 \pi h)^{-n+1} \int e^{i\langle x, \xi\rangle / h}\left[\zeta_{\varepsilon}(|\xi|)+\left(1-\zeta_{\varepsilon}(|\xi|)\right)\right] \mathcal{F}_{h}(v)(\xi) \mathrm{d} \xi
$$

Applying the triangle inequality and Cauchy-Schwarz, and letting $w_{l}(\xi)=$ $\sqrt{\sum_{i=1}^{n-1} \xi_{i}^{2 l}}$

$$
\begin{equation*}
\|v\|_{L^{\infty}}^{2} \leqslant h^{-2(n-1)}\left(\varepsilon^{n-1}\|\zeta\|_{L^{2}}^{2}\left\|\mathcal{F}_{h} v\right\|_{L^{2}}^{2}+\left\|\left(1-\zeta_{\varepsilon}\right) w_{l}^{-1}\right\|_{L^{2}}^{2}\left\|w_{l} \mathcal{F}_{h} v\right\|_{L^{2}}^{2}\right) \tag{6.1}
\end{equation*}
$$

Now,

$$
\begin{gathered}
\left\|\left(1-\zeta_{\varepsilon}\right) w_{l}^{-1}\right\|_{L^{2}}^{2}=\varepsilon^{n-2 l-1}\left\|(1-\zeta) w_{l}^{-1}\right\|_{L^{2}}^{2} \\
\left\|w_{l} \mathcal{F}_{h} v\right\|_{L^{2}}^{2}=\int \sum_{i=1}^{n-1} \xi_{i}^{2 l}\left|\mathcal{F}_{h} v(\xi)\right|^{2} \mathrm{~d} \xi=\sum_{i=1}^{n-1}\left\|\mathcal{F}_{h}\left(h D_{x_{i}}^{l} v\right)\right\|_{L^{2}}^{2}
\end{gathered}
$$

Using this in (6.1) together with the fact that by Parseval's theorem for $u \in L^{2},\left\|\mathcal{F}_{h} u\right\|_{L^{2}}=(2 \pi h)^{\frac{n-1}{2}}\|u\|_{L^{2}}$ proves the Lemma.

Lemma 6.2. - There exists $C_{n}>0$ depending only on $n, \delta_{1}>0$ and $r_{0}>0$ so that for $0<\delta<\delta_{1}$ if $\left(x_{0}, \xi_{j}\right) \in \Sigma_{x_{0}}, 0<r<r_{0}$ and $\chi_{j} \in$ $C_{c}^{\infty}\left(T^{*} M\right)$ with

$$
\operatorname{supp} \chi_{j} \cap \Lambda_{x_{0}} \subset T_{4 \delta}\left(\xi_{j}, r\right), \quad H_{p} \chi_{j} \equiv 0, \text { on } \Lambda_{x_{0}, 3 \delta}
$$

where $T_{4 \delta}\left(\xi_{j}, r\right)$ is as in (3.6). Then

$$
\begin{align*}
& \limsup _{h \rightarrow 0} h^{n-1}\left\|\chi_{j} u_{\Sigma}\right\|_{L^{\infty}\left(B\left(x_{0}, r(h)\right)\right)}^{2}  \tag{6.2}\\
& \qquad \leqslant C_{n} \delta^{-1}\left|\partial_{\xi} p\left(x_{0}, \xi_{j}\right)\right|_{g}^{-1} r^{n-1} \int_{\Lambda_{x_{0}, 3 \delta}} \chi_{j}^{2} \mathrm{~d} \mu
\end{align*}
$$

Proof. - Let $a_{j, i}\left(x_{1}\right), i=2, \ldots n$ so that $\xi_{i}-a_{j, i}\left(x_{1}\right)$ vanishes on the bicharacteristic emanating from $\left(x_{0}, \xi_{j}\right)$. This is possible since we have chosen coordinates so that $\partial_{\xi_{1}} p\left(x_{0}, \xi_{j}\right) \neq 0$ and hence a bicharacteristic may be written locally as

$$
\gamma=\left\{(x, \xi) \mid x_{1} \in(-3 \delta, 3 \delta), x^{\prime}=x^{\prime}\left(x_{1}\right), \xi=a\left(x_{1}\right)\right\}
$$

Let $2 l>n-1$ and $q_{j, i}=\left(\xi_{i}-a_{i}\left(x_{1}\right)\right)^{l}$. Then, using $q=q_{j, i}$ in (5.6) gives

$$
\begin{aligned}
& \left\|\left(h D_{x_{i}}-a_{i}\left(x_{1}\right)\right)^{l} \chi_{\varepsilon, x_{0}} \chi_{j}(x, h D) u_{\Sigma}\left(x_{1}, \cdot\right)\right\|_{L_{x^{\prime}}^{2}\left(\mathbb{R}^{n-1}\right)} \\
& \leqslant \\
& \quad 2 \delta_{0}^{-1 / 2}\left\|b_{\varepsilon, x_{0}}(x, h D) q_{j, i}(x, h D) \chi_{j}(x, h D) u_{\Sigma}\right\|_{L_{x}^{2}\left(\mathbb{R}^{n}\right)} \\
& \quad+C_{0} \delta_{0}^{1 / 2} h^{-1}\left\|b_{\varepsilon, x_{0}}(x, h D) P q_{j, i}(x, h D) \chi_{j}(x, h D) u_{\Sigma}\right\|_{L_{x}^{2}\left(\mathbb{R}^{n}\right)}+o_{\varepsilon, \delta}(1)
\end{aligned}
$$

where $\left|\partial_{\xi} p\right|_{g}=\left|\partial_{\xi} p \cdot \partial_{x}\right|_{g}$. Next, $q=1$ in (5.6) gives

$$
\begin{aligned}
\left\|\chi_{\varepsilon, x_{0}} \chi_{j} u_{\Sigma}\right\|_{L_{x^{\prime}}^{2}} \leqslant & 2 \delta_{0}^{-1 / 2}\left\|b_{\varepsilon, x_{0}}(x, h D) \chi_{j}(x, h D) u_{\Sigma}\right\|_{L_{x}^{2}\left(\mathbb{R}^{n}\right)} \\
& +C_{0} \delta_{0}^{1 / 2} h^{-1}\left\|b_{\varepsilon, x_{0}}(x, h D) P \chi_{j} u_{\Sigma}\right\|_{L_{x}^{2}\left(\mathbb{R}^{n}\right)}+o_{\varepsilon, \delta}(1) .
\end{aligned}
$$

Therefore, letting $w=e^{-i\left\langle x^{\prime}, a_{j}\left(x_{1}\right)\right\rangle / h} \chi_{\varepsilon, x_{0}} \chi_{j} u$ with $a_{j}\left(x_{1}\right)=\left(a_{j, 2}\left(x_{1}\right)\right.$, $\left.\ldots, a_{j, n}\left(x_{1}\right)\right)$ we see that

$$
\begin{aligned}
&\left\|\left(h D_{x_{i}}\right)^{l} w\right\|_{L_{x^{\prime}}^{2}} \leqslant 2 \delta_{0}^{-1 / 2}\left\|b_{\varepsilon, x_{0}} q_{j, i} \chi_{j} u_{\Sigma}\right\|_{L_{x}^{2}\left(\mathbb{R}^{n}\right)} \\
&+C_{0} \delta_{0}^{1 / 2} h^{-1}\left\|b_{\varepsilon, x_{0}} P q_{j, i} \chi_{j} u_{\Sigma}\right\|_{L_{x}^{2}\left(\mathbb{R}^{n}\right)}+o_{\varepsilon, \delta}(1)
\end{aligned}
$$

and

$$
\begin{aligned}
&\|w\|_{L_{x^{\prime}}^{2}} \leqslant 2 \delta_{0}^{-1 / 2}\left\|b_{\varepsilon, x_{0}} \chi_{j} u_{\Sigma}\right\|_{L_{x}^{2}\left(\mathbb{R}^{n}\right)} \\
&+C_{0} \delta_{0}^{1 / 2} h^{-1}\left\|b_{\varepsilon, x_{0}} P \chi_{j} u_{\Sigma}\right\|_{L_{x}^{2}\left(\mathbb{R}^{n}\right)}+o_{\varepsilon, \delta}(1)
\end{aligned}
$$

Applying Lemma 6.1 to $w$ (with $\varepsilon=\alpha$ ) and using the fact that $\|w\|_{L^{\infty}}=$ $\left\|\chi_{\varepsilon, x_{0}} \chi_{j} u_{\Sigma}\right\|_{L^{\infty}}$ gives for any $\alpha>0$ and $r(h)=o(1)$

$$
\begin{aligned}
& \limsup _{h \rightarrow 0} h^{n-1}\left\|\chi_{j} u_{\Sigma}\right\|_{L^{\infty}\left(B\left(x_{0}, r(h)\right)\right.}^{2} \\
& \leqslant C_{n, l} \alpha^{n-1}\left(\limsup _{h \rightarrow 0}\left[4 \delta_{0}^{-1}\left\|b_{\varepsilon, x_{0}} \chi_{j} u_{\Sigma}\right\|_{L_{x}^{2}}^{2}+C_{0}^{2} \delta_{0} h^{-2}\left\|b_{\varepsilon, x_{0}} P \chi_{j} u_{\Sigma}\right\|_{L_{x}^{2}}^{2}\right]\right) \\
& +C_{n, l} \alpha^{n-2 l-1}\left(\sum _ { i = 2 } ^ { n } \operatorname { l i m s u p } _ { h \rightarrow 0 } \left[4 \delta_{0}^{-1}\left\|b_{\varepsilon, x_{0}} q_{j, i} \chi_{j} u_{\Sigma}\right\|_{L_{x}^{2}}^{2}\right.\right. \\
& \\
& \left.\left.+C_{0}^{2} \delta_{0} h^{-2}\left\|b_{\varepsilon, x_{0}} P q_{j, i} \chi_{j} u_{\Sigma}\right\|_{L_{x}^{2}}^{2}\right]\right)
\end{aligned}
$$

In particular, applying Lemma 5.1,

$$
\begin{aligned}
& \limsup _{h \rightarrow 0} h^{n-1}\left\|\chi_{j} u_{\Sigma}\right\|_{L^{\infty}\left(B\left(x_{0}, r(h)\right)\right)}^{2} \\
& \qquad \leqslant C_{n, l} \alpha^{n-1} \int b_{\varepsilon, x_{0}}^{2}\left(4 \delta_{0}^{-1} \chi_{j}^{2}+C_{0}^{2} \delta_{0}\left|H_{p} \chi_{j}\right|^{2}\right) \mathrm{d} \mu \\
& \quad+C_{n, l} \alpha^{n-2 l-1} \sum_{i=2}^{n} \int b_{\varepsilon, x_{0}}^{2}\left(4 \delta_{0}^{-1} \chi_{j}^{2} q_{j, i}^{2}+C_{0}^{2} \delta_{0}\left|H_{p} \chi_{j} q_{i, j}\right|^{2}\right) \mathrm{d} \mu .
\end{aligned}
$$

Observe that by (5.4) together with $0 \leqslant b_{\varepsilon, x_{0}}^{2} \leqslant 1$, we have

$$
\lim _{\varepsilon \rightarrow 0} b_{\varepsilon, x_{0}}^{2} \leqslant 1_{\Lambda_{x_{0}, 3 \delta}} .
$$

Sending $\varepsilon \rightarrow 0$ and using $H_{p} \chi_{j}=0$ on $\Lambda_{x_{0}, 3 \delta}$ (together with $\mu\left(T^{*} M\right)=1$ to apply the dominated convergence theorem) we have

$$
\begin{align*}
& \limsup _{h \rightarrow 0} h^{n-1}\left\|\chi_{j} u_{\Sigma}\right\|_{L^{\infty}\left(B\left(x_{0}, r(h)\right)\right)}^{2}  \tag{6.3}\\
& \leqslant C_{n, l} 4 \delta_{0}^{-1} \alpha^{n-1} \int_{\Lambda_{x_{0}, 3 \delta}} \chi_{j}^{2} \mathrm{~d} \mu \\
& \quad+C_{n, l} \alpha^{n-2 l-1} \sum_{i=2}^{n} \int_{\Lambda_{x_{0}, 3 \delta}} \chi_{j}^{2}\left(4 \delta_{0}^{-1} q_{j, i}^{2}+C_{0}^{2} \delta_{0}\left|H_{p} q_{i, j}\right|^{2}\right) \mathrm{d} \mu
\end{align*}
$$

Now, $\chi_{j}$ is supported on $T_{4 \delta}(\xi, r)$ (see (3.6)). Letting $\gamma$ be the bicharacteristic through $(x, \xi)$, we have by (3.1) that for $\delta<\frac{\delta_{M, p}}{3}$ and $r<C_{1}^{-1}$ small enough

$$
\sup \left\{d\left(\left(x, \xi_{1}\right), \gamma\right) \mid\left(x, \xi_{1}\right) \in T_{4 \delta}(\xi, r) \cap \Lambda_{x_{0}, 3 \delta}\right\} \leqslant 3 r
$$

Hence, since $H_{p}\left(\xi_{i}-a_{i}\left(x_{1}\right)\right) \equiv 0$ on $\gamma, H_{p} q_{j, i}=l\left(\xi_{i}-a_{i}\left(x_{1}\right)\right)^{l-1} H_{p}\left(\xi_{i}-\right.$ $\left.a_{i}\left(x_{1}\right)\right)$ vanishes to order $l$ on $\gamma$ and there exists $C_{2}>0$ so that

$$
\sup _{T_{4 \delta}(\xi, r) \cap \Lambda_{x_{0}, 3 \delta}}\left|H_{p} q_{j, i}\right| \leqslant C_{2} r^{l} .
$$

Furthermore, by (3.1) for $\eta \in B(\xi, r)$, and (3.2)

$$
\begin{gathered}
\left|\xi_{i}\left(G_{t}\left(x_{0}, \eta\right)\right)-\xi_{i}\left(G_{t}\left(x_{0}, \xi\right)\right)\right| \leqslant 2 r+C_{1} r^{2} \\
\left|a_{i}\left(x_{1}\left(G_{t}\left(x_{0}, \eta\right)\right)\right)-a_{i}\left(x_{1}\left(G_{t}\left(x_{0}, \xi\right)\right)\right)\right| \leqslant C_{3} C_{1} \delta r .
\end{gathered}
$$

Therefore,

$$
\sup _{T_{4 \delta}(\xi, r) \cap \Lambda_{x_{0}}, 3 \delta}\left|q_{j, i}\right| \leqslant r^{l}\left(2+C_{1} C_{3} \delta+C_{1} r\right)^{l}
$$

In particular,

$$
\chi_{j}^{2}\left(4 \delta_{0}^{-1} q_{j, i}^{2}+C_{0}^{2} \delta_{0}\left|H_{p} q_{i, j}\right|^{2}\right) \leqslant r^{2 l}\left[4 \delta_{0}^{-1}\left(2+C_{1} C_{3} \delta+C_{1} r\right)^{2 l}+\delta_{0} C_{0}^{2} C_{2}^{2}\right] \chi_{j}^{2}
$$

Thus, letting $\delta_{1}<\min \left(C_{1}^{-1} C_{3}^{-1},\left(C_{0} C_{2} \sup \left|\partial_{\xi} p\right|_{g}\right)^{-1}, \widetilde{\delta}\right)$ and $r_{0}<C_{1}^{-1}$ we obtain

$$
\chi_{j}^{2}\left(4 \delta_{0}^{-1} q_{j, i}^{2}+C_{0}^{2} \delta_{0}\left|H_{p} q_{i, j}\right|^{2}\right) \leqslant \delta_{0}^{-1} r^{2 l}\left(1+4^{2 l+1}\right) \chi_{j}^{2}
$$

Using this in (6.3) that

$$
\begin{aligned}
& \underset{h \rightarrow 0}{\limsup } h^{n-1}\left\|\chi_{j} u_{\Sigma}\right\|_{L^{\infty}\left(B\left(x_{0}, r(h)\right)\right)}^{2} \\
& \quad \leqslant C_{n, l} \delta_{0}^{-1} \int_{\Lambda_{x_{0}, 3 \delta}} \chi_{j}^{2}\left(4 \alpha^{n-1}+\alpha^{n-2 l-1}(n-1)\left(4^{2 l+1}+1\right) r^{2 l}\right) \mathrm{d} \mu
\end{aligned}
$$

Choosing $\alpha=r$ and fixing $l=n$ gives (6.2).
We now find an appropriate cover of $\Lambda_{x_{0}}$ that is adapted to $\mu_{x_{0}}$.

### 6.2. Decomposition of $\Lambda_{x_{0}}$

Proof of Theorem 1.5. - Recall that

$$
\mu_{x_{0}}=\rho_{x_{0}}+f \mathrm{~d} \mathcal{H}_{x_{0}}^{n}
$$

where $\rho_{x_{0}} \perp \mathcal{H}_{x_{0}}^{n}$ and $\mu_{x_{0}}$ is invariant under $G_{t}$. Therefore, by Lemma 3.2, $\rho_{x_{0}}$ and $f \mathrm{~d} \mathcal{H}_{x_{0}}^{n}$ are invariant under $G_{t}$.

Fix $0<\varepsilon \ll \delta$ arbitrary. By Lemma 3.3, with $\delta$ replaced by $4 \delta$ there exist $\left(\left(x_{0}, \xi_{j}\right), r_{j}\right) \in \Sigma_{x_{0}} \times \mathbb{R}_{+}$satisfying (3.7). Let $K$ be large enough so that

$$
\begin{equation*}
\rho_{x_{0}}\left(\Lambda_{x_{0}, 4 \delta} \backslash \bigcup_{j=1}^{K} T_{4 \delta}\left(\xi_{j}, r_{j}\right)\right)<\varepsilon \tag{6.4}
\end{equation*}
$$

Let $\chi_{j} \in C_{c}^{\infty}\left(T^{*} M ;[0,1]\right)$ satisfy (4.1) for $\left(\left(x_{0}, \xi_{j}\right), r_{j}\right) j=1, \ldots K$.
Define $\psi=1-\sum \chi_{j}$. Applying Lemma 6.2 (with $\xi=\xi_{j}, r=r_{j}, \chi=\chi_{j}$ ), summing and using the triangle inequality, we have

$$
\begin{align*}
& \limsup _{h \rightarrow 0} h^{\frac{n-1}{2}}\left\|(1-\psi(x, h D)) u_{\Sigma}\right\|_{L^{\infty}\left(B\left(x_{0}, r(h)\right)\right)}  \tag{6.5}\\
& \leqslant C_{n, \delta} \sum_{j=1}^{K} r_{j}^{(n-1) / 2}\left(\int_{\Lambda_{x_{0}}} \chi_{j}^{2} \mathrm{~d} \mu\right)^{1 / 2} \\
& \leqslant C_{n, \delta}\left(\sum_{j} r_{j}^{n-1}\right)^{1 / 2}\left(\int_{\Lambda_{x_{0}}} \sum_{j} \chi_{j}^{2} \mathrm{~d} \mu\right)^{1 / 2} \\
& \leqslant C_{n, \delta} \delta^{1 / 2} \mu\left(\Lambda_{x_{0}, 4 \delta}\right)
\end{align*}
$$

where in the last line we use $0 \leqslant \chi_{j} \leqslant 1$ and $0 \leqslant \sum \chi_{j} \leqslant 1$.

Next we estimate $\psi(x, h D) u_{\Sigma}$. By the Besicovitch-Federer Covering Lemma [10, Theorem 1.14, Example (c)], there exists a constant $C_{n}$ depending only on $n$ and $\gamma_{0}=\gamma_{0}\left(\Sigma_{x_{0}}\right)$ so that for all $0<\gamma<\gamma_{0}$, there exists $\xi_{1}, \ldots \xi_{N(\gamma)}$ with $N(\gamma) \leqslant C \gamma^{1-n}$ so that

$$
\Sigma_{x_{0}} \subset \bigcup_{j=1}^{N(\gamma)} B\left(\xi_{k}, \gamma\right)
$$

and each point in $\Sigma_{x_{0}}$ lies in at most $C_{n}$ balls $B\left(\xi_{k}, \gamma\right)$. Let $\psi_{k}, k=$ $1, \ldots N(\gamma)$ satisfy (4.1), (4.3) (with $\xi_{j}=\xi_{k}, 2 r_{j}=\gamma$, and $K=N(\gamma)$ ). Observe that applying Lemma 6.2 (with $\xi=\xi_{k}, r=\gamma$, and $\chi_{j}=\psi_{k} \psi$ ),

$$
\begin{aligned}
& \limsup _{h \rightarrow 0} h^{n-1}\left\|\psi(x, h D) \psi_{k}(x, h D) u_{\Sigma}\right\|_{L^{\infty}\left(B\left(x_{0}, r(h)\right)\right)}^{2} \\
&
\end{aligned}
$$

Notice that

$$
\sum_{k} \psi \psi_{k} \equiv 1 \text { on } \Lambda_{x_{0}, 3 \delta}
$$

and therefore Lemma 5.5 implies

$$
\limsup _{h \rightarrow 0} h^{\frac{n-1}{2}}\left\|\psi(x, h D)\left[1-\sum_{k} \psi_{k}(x, h D)\right] u_{\Sigma}\right\|_{L^{\infty}\left(B\left(x_{0}, r(h)\right)\right)}=0
$$

So, applying the triangle inequality,

$$
\begin{aligned}
& \limsup _{h \rightarrow 0} h^{\frac{n-1}{2}}\left\|\psi(x, h D) u_{\Sigma}\right\|_{L^{\infty}\left(B\left(x_{0}, r(h)\right)\right)} \\
& \leqslant \\
& \quad C_{n, \delta} \sum_{k}\left(\int_{\Lambda_{x_{0}, 3 \delta}} \psi_{k}^{2} \psi^{2} \gamma^{n-1} \mathrm{~d} \rho_{x_{0}}\right)^{1 / 2} \\
& \quad \quad+C_{n} \delta^{-1 / 2} \sum_{k}\left(\int_{\Lambda_{x_{0}, 3 \delta}}\left|\partial_{\xi} p\left(x_{0}, \xi_{k}\right)\right|_{g}^{-1} \psi_{k}^{2} \psi^{2} \gamma^{n-1} f \mathrm{~d} \mathcal{H}_{x_{0}}^{n}\right)^{1 / 2} \\
& = \\
& = \\
& C_{n, \delta} I+I I
\end{aligned}
$$

Use (6.4) to estimate

$$
\begin{aligned}
& I \leqslant C \gamma^{\frac{n-1}{2}} N(\gamma)^{1 / 2}\left(\int_{\Lambda_{x_{0}, 3 \delta}} \sum_{k} \psi_{k}^{2} \psi^{2} \mathrm{~d} \rho_{x_{0}}\right)^{1 / 2} \\
& \\
& \quad \leqslant C \rho_{x_{0}}\left(\Lambda_{x_{0}, 3 \delta} \backslash \bigcup_{j=1}^{K} T_{4 \delta}\left(\xi_{j}, r_{j}\right)\right)^{1 / 2} \leqslant C \varepsilon^{1 / 2}
\end{aligned}
$$

Now, using that $f \mathrm{~d} \mathcal{H}_{x_{0}}^{n}$ is $G_{t}$ invariant and applying Lemma 3.4

$$
I I \leqslant C_{n} \sum_{k}\left(\int_{\Sigma_{x_{0}}}\left|\partial_{\xi} p\left(x_{0}, \xi_{k}\right)\right|_{g}^{-1} \psi_{k}^{2} \psi^{2} \gamma^{n-1} f(0, q)\left|\nu\left(H_{p}\right)\right|(0, q) \mathrm{d} \operatorname{vol}_{\Sigma_{x_{0}}}\right)^{1 / 2}
$$

Define for $0 \leqslant \theta \in L^{1}\left(\operatorname{vol}_{\Sigma_{x_{0}}}\right)$

$$
\begin{aligned}
& T_{\gamma} \theta:=C_{n} \sum_{k}\left(\int_{\Lambda_{x_{0}, 3 \delta}}\left|\partial_{\xi} p\left(x_{0}, \xi_{k}\right)\right|_{g}^{-1} \psi_{k}^{2} \psi^{2} \gamma^{n-1}\right. \\
&\left.\theta(0, q)\left|\nu\left(H_{p}\right)\right|(0, q) \mathrm{d} \operatorname{vol}_{\Sigma_{x_{0}}}\right)^{1 / 2}
\end{aligned}
$$

Then,

$$
\begin{aligned}
T_{\gamma} \theta \leqslant & C_{n} N(\gamma)^{\frac{1}{2}} \gamma^{\frac{n-1}{2}} \\
& \quad\left(\int \sum_{k}\left|\partial_{\xi} p\left(x_{0}, \xi_{k}\right)\right|_{g}^{-1} \psi_{k}^{2} \psi^{2} \theta(0, q)\left|\nu\left(H_{p}\right)\right|(0, q) \mathrm{d} \operatorname{vol}_{\Sigma_{x_{0}}}\right)^{1 / 2} \\
& \leqslant C\|\theta\|_{L^{1}}^{1 / 2}
\end{aligned}
$$

where $C$ is independent of $\gamma$.
Now, suppose that $\theta \geqslant 0$ is continuous. For $\gamma$ small enough, $C_{n}^{-1} \gamma^{n-1} \leqslant$ $\operatorname{vol}_{\Sigma_{x_{0}}}\left(B\left(\xi_{k}, \gamma\right)\right) \leqslant C_{n} \gamma^{n-1}$, where $C_{n}$ depends only on $n$. To see this, recall that on any compact Riemannian manifold $\widetilde{M}$ of dimension $n-1$, there is $C_{n}$ depending only on $n$ and $C>0$ depending on $\widetilde{M}$ so that for all $q \in \widetilde{M}$

$$
\left|\operatorname{vol}_{\widetilde{M}}(B(q, \gamma))-C_{n} \gamma^{n-1}\right| \leqslant C \gamma^{n}
$$

This follows from computing in geodesic normal coordinates. In fact, $C$ depends only on bounds on the curvature of $\widetilde{M}$.

Using this, we have

$$
\begin{aligned}
& T_{\gamma} \theta \leqslant C_{n} \int_{\Sigma_{x_{0}}} \sum_{k} 1_{B\left(\xi_{k}, \gamma\right)}\left(\frac{1}{\left|\partial_{\xi} p\left(x_{0}, \xi_{k}\right)\right|_{g} \operatorname{vol}_{\Sigma_{x_{0}}}\left(B\left(\xi_{k}, \gamma\right)\right)}\right. \\
&\left.\int_{B\left(\xi_{k}, \gamma\right)} \theta(0, q)\left|\nu\left(H_{p}\right)\right|(0, q) \mathrm{d}^{\operatorname{vol}} \Sigma_{x_{x_{0}}}\right)^{1 / 2} \mathrm{~d} \operatorname{vol}_{\Sigma_{x_{0}}}
\end{aligned}
$$

Now, as discussed in Remark 1.6, we may assume $\Sigma_{x_{0}}$ is compact. Then, since $\theta$, the metric, $g$, and $p$ are continuous, they are uniformly continuous. In particular, for any $\varepsilon_{0}>0$ there exists $\gamma$ small enough so that for all
$\xi \in \Sigma_{x_{0}}$ and $q_{0} \in B(\xi, \gamma)$,

$$
\begin{aligned}
&\left(\frac{1}{\left|\partial_{\xi} p\left(x_{0}, \xi\right)\right|_{g} \operatorname{vol}_{\Sigma_{x_{0}}}(B(\xi, \gamma))} \int_{B(\xi, \gamma)} \theta(0, q)\left|\nu\left(H_{p}\right)\right|(0, q) \mathrm{d} \operatorname{vol}_{\Sigma_{x_{0}}}\right)^{1 / 2} \\
& \leqslant \sqrt{\frac{\theta\left|\nu\left(H_{p}\right)\right|}{\left|\partial_{\xi} p\right|_{g}}}\left(q_{0}\right)+\frac{\varepsilon_{0}}{\operatorname{vol}_{\Sigma_{x_{0}}}}
\end{aligned}
$$

Thus,

$$
T_{\gamma} \theta \leqslant C_{n} \int \sqrt{\frac{\theta\left|\nu\left(H_{p}\right)\right|}{\left|\partial_{\xi} p\right|_{g}}} \mathrm{~d} \operatorname{vol}_{\Sigma_{x_{0}}}+C_{n} \varepsilon_{0}
$$

Next, let $\theta_{m} \geqslant 0$ continuous with $\theta_{m} \rightarrow f$ in $L^{1}$. We may assume by taking a subsequence that $\theta_{m} \rightarrow f$ a.e. Fix $\varepsilon_{0}>0$. Then since $\sqrt{a+b} \leqslant$ $\sqrt{a}+\sqrt{b}$,

$$
\left|T_{\gamma} f\right| \leqslant T_{\gamma}\left|f-\theta_{m}\right|+T_{\gamma} \theta_{m} \leqslant C\left\|f-\theta_{m}\right\|_{L^{1}}^{1 / 2}+T_{\gamma} \theta_{m}
$$

For $m \geqslant M, C\left\|f-\theta_{m}\right\|_{L^{1}}^{1 / 2} \leqslant \varepsilon_{0}$ and hence

$$
\left|T_{\gamma} f\right| \leqslant \varepsilon_{0}+T_{\gamma} \theta_{m}
$$

Now,

$$
\begin{aligned}
& \int \sqrt{\frac{\theta_{m}\left|\nu\left(H_{p}\right)\right|}{\left|\partial_{\xi} p\right|_{g}}} \mathrm{~d} \operatorname{vol}_{\Sigma_{x_{0}}} \\
& =\int\left[\sqrt{\left.\frac{\max \left(\theta_{m}, 1\right)\left|\nu\left(H_{p}\right)\right|}{\left|\partial_{\xi} p\right|_{g}}\right] \mathrm{d} \operatorname{vol}_{\Sigma_{x_{0}}}}\right. \\
& \quad+\int 1_{\theta_{m} \geqslant 1}\left[\sqrt{\frac{\theta_{m}\left|\nu\left(H_{p}\right)\right|}{\left|\partial_{\xi} p\right|_{g}}}-\sqrt{\frac{\left|\nu\left(H_{p}\right)\right|}{\left|\partial_{\xi} p\right|_{g}}}\right] \mathrm{d} \operatorname{vol}_{\Sigma_{x_{0}}}
\end{aligned}
$$

Observe next that $\max \left(\theta_{m}, 1\right) \rightarrow \max (f, 1)$ a.e. and by the dominated convergence theorem,

$$
\int\left[\sqrt{\frac{\max \left(\theta_{m}, 1\right)\left|\nu\left(H_{p}\right)\right|}{\left|\partial_{\xi} p\right|_{g}}}\right] \mathrm{d} \operatorname{vol}_{\Sigma_{x_{0}}} \rightarrow \int\left[\sqrt{\frac{\max (f, 1)\left|\nu\left(H_{p}\right)\right|}{\left|\partial_{\xi} p\right|_{g}}}\right] \mathrm{d} \operatorname{vol}_{\Sigma_{x_{0}}}
$$

Next,

$$
\begin{aligned}
\left\lvert\, \int 1_{\theta_{m} \geqslant 1}\left[\sqrt{\frac{\theta_{m}\left|\nu\left(H_{p}\right)\right|}{\left|\partial_{\xi} p\right|_{g}}}-\right.\right. & \left.\sqrt{\frac{f\left|\nu\left(H_{p}\right)\right|}{\left|\partial_{\xi} p\right|_{g}}}\right] \mathrm{d} \operatorname{vol}_{\Sigma_{x_{0}}} \mid \\
& =\left|\int 1_{\theta_{m} \geqslant 1} \frac{\left(\theta_{m}-f\right) \sqrt{\left|\nu\left(H_{p}\right)\right|}}{\sqrt{\left.\partial_{\xi} p\right|_{g}}\left(\sqrt{\theta_{m}}+\sqrt{f}\right)} \mathrm{d} \operatorname{vol}_{\Sigma_{x_{0}}}\right| \\
& \leqslant C\left\|\theta_{m}-f\right\|_{L^{1}} .
\end{aligned}
$$

In particular, this proves that

$$
\int \sqrt{\frac{\theta_{m}\left|\nu\left(H_{p}\right)\right|}{\left|\partial_{\xi} p\right|_{g}}} \mathrm{~d} \operatorname{vol}_{\Sigma_{x_{0}}} \rightarrow \int \sqrt{\frac{f\left|\nu\left(H_{p}\right)\right|}{\left|\partial_{\xi} p\right|_{g}}} \mathrm{~d} \operatorname{vol}_{\Sigma_{x_{0}}}
$$

Therefore, for $m \geqslant M_{1}$,

$$
\int \sqrt{\frac{\theta_{m}\left|\nu\left(H_{p}\right)\right|}{\left|\partial_{\xi} p\right|_{g}}} \mathrm{~d} \operatorname{vol}_{\Sigma_{x_{0}}} \leqslant \int \sqrt{\frac{f\left|\nu\left(H_{p}\right)\right|}{\left|\partial_{\xi} p\right|_{g}}} \mathrm{~d}_{\operatorname{vol}_{\Sigma_{x_{0}}}+\varepsilon_{0}}
$$

Let $m \geqslant \max \left(M, M_{1}\right)$ and choose $\gamma$ small enough so that

$$
T_{\gamma} \theta_{m} \leqslant C_{n} \int \sqrt{\frac{\theta_{m}\left|\nu\left(H_{p}\right)\right|}{\left|\partial_{\xi} p\right|_{g}}} \mathrm{dvol}_{\Sigma_{x_{0}}}+\varepsilon_{0}
$$

Then,

$$
T_{\gamma} f \leqslant \varepsilon_{0}+T_{\gamma} \theta_{m} \leqslant 2 \varepsilon_{0}+C_{n} \int \sqrt{\frac{f\left|\nu\left(H_{p}\right)\right|}{\left|\partial_{\xi} p\right|_{g}}} \mathrm{~d} \operatorname{vol}_{\Sigma_{x_{0}}}+C_{n} \varepsilon_{0}
$$

In particular,

$$
\limsup _{\gamma \rightarrow 0} I I=\limsup _{\gamma \rightarrow 0} T_{\gamma} f \leqslant C_{n} \int \sqrt{\frac{f\left|\nu\left(H_{p}\right)\right|}{\left|\partial_{\xi} p\right|_{g}}} \mathrm{~d} \operatorname{vol}_{\Sigma_{x_{0}}} .
$$

Therefore, sending $h \rightarrow 0$ then $\gamma \rightarrow 0$ and finally $\varepsilon \rightarrow 0$ proves the theorem.

## 7. Construction of Modes - Proof of Theorem 1.8

Proof of Theorem 1.8. - We apply the construction in [19, Lemma 7]. Let $p=\frac{1}{2}\left(|\xi|_{g}^{2}-1\right)$ and $G_{t}=\exp \left(t H_{p}\right)$ so that $\left.G_{t}\right|_{S^{*} M}$ is the unit speed geodesic flow. Let $g_{1} \in L^{2}\left(S_{z_{0}}^{*} M\right)$ have $\left|g_{1}\right|^{2}=\left.f\right|_{S_{z_{0}}^{*} M}$ and $g_{1, \varepsilon} \in C^{\infty}\left(S_{z_{0}}^{*} M\right)$ have $\left\|g_{1, \varepsilon}-g_{1}\right\|_{L^{2}\left(S_{z_{0}}^{*} M\right)}<\varepsilon$. For $A \subset S_{z_{0}}^{*} M$ Borel, define the measure

$$
\widetilde{\rho}_{z_{0}}(A)=\frac{1}{2 \delta} \rho_{z_{0}}\left(\bigcup_{t=-\delta}^{\delta} G_{t}(A)\right)
$$

Let $g_{2, \varepsilon} \in C^{\infty}\left(S_{z_{0}}^{*} M\right)$ have $\left|g_{2, \varepsilon}\right|^{2} \mathrm{~d} S_{\phi} \underset{\varepsilon \rightarrow 0}{\longrightarrow} \widetilde{\rho}_{z_{0}}$ as a measure where $S_{\phi}$ is the surface measure on $S^{n-1}$. Finally, define $g_{\varepsilon}=g_{1, \varepsilon}+g_{2, \varepsilon}$.

We apply the arguments [19, Section 2.3.1] to see that there exists $\Phi_{\varepsilon, j}$ such that

$$
\left\|\left(-h_{j}^{2} \Delta_{g}-1\right) \Phi_{\varepsilon, j}\right\|_{L^{2}}=O_{\varepsilon}\left(h_{j}^{2}\right), \quad C+O_{\varepsilon}\left(h_{j}\right) \geqslant\left\|\Phi_{\varepsilon, j}\right\|_{L^{2}} \geqslant c+O_{\varepsilon}\left(h_{j}\right) .
$$

and, in normal geodesic coordinates at $z_{0}$, we have

$$
\Phi_{\varepsilon, j}(x)=\left(2 \pi h_{j}\right)^{\frac{1-n}{2}} \int e^{i\left\langle x, \frac{\theta}{|\theta|}\right\rangle / h_{j}} g_{\varepsilon}\left(\frac{\theta}{|\theta|}\right) \chi_{R}(|\theta|) \mathrm{d} \theta
$$

where $\chi_{R} \in C_{c}^{\infty}((0, \infty) ;[0,1])$ with $\chi_{R} \equiv 1$ on $[1, R], \operatorname{supp} \chi_{R} \subset(0,2 R)$ and

$$
\begin{equation*}
\int \chi_{R}(\alpha) \alpha^{n-1} \mathrm{~d} \alpha=1 \tag{7.1}
\end{equation*}
$$

The remainder of the proof consists of analyzing this oscillatory integral.
Choose $\varepsilon_{j} \rightarrow 0$ so slowly that

$$
\begin{gathered}
\lim _{j \rightarrow \infty}\left\|\left(-h_{j}^{2} \Delta_{g}-1^{2}\right) \Phi_{\varepsilon_{j}, j}\right\|_{L^{2}} h_{j}^{-1} \rightarrow 0, \\
2 C \geqslant
\end{gathered} \limsup _{j \rightarrow \infty}\left\|\Phi_{\varepsilon_{j}, j}\right\|_{L^{2}} \geqslant \liminf _{j \rightarrow \infty}\left\|\Phi_{\varepsilon_{j}, j}\right\|_{L^{2}}>c / 2 . .
$$

Then,

$$
\left\|\left(-h_{j}^{2} \Delta_{g}-1\right) \Phi_{\varepsilon_{j}, j}\right\|_{L^{2}}=o\left(h_{j}\left\|\Phi_{\varepsilon_{j}, j}\right\|_{L^{2}}\right)
$$

Fix $N>0$ to be chosen large and $\varepsilon_{j} \rightarrow 0$ slowly enough so that

$$
\begin{equation*}
\sup _{|\alpha| \leqslant N} \sup _{S_{z_{0}}^{*} M}\left|\partial^{|\alpha|} g_{\varepsilon_{j}}\right| h_{j} \rightarrow 0 . \tag{7.2}
\end{equation*}
$$

Under this condition, we compute the defect measure of $\Phi_{\varepsilon_{j}, j}$. Note that since $\left\|\Phi_{\varepsilon_{j}, j}\right\|$ is uniformly bounded, we may assume by taking subsequences that the defect measure exists. Let $b \in C_{c}^{\infty}\left(T^{*} M\right)$ supported in

$$
A_{\delta}:=\left\{x\left|\delta \leqslant\left|d_{M}\left(z_{0}, x\right)\right| \leqslant 2 \delta\right\}\right.
$$

where $d_{M}$ is the distance on $M$. Then, letting $\psi \in C_{c}^{\infty}(\mathbb{R} \backslash\{0\})$ have $\psi \equiv 1$ on $[\delta, 2 \delta]$,

$$
\begin{aligned}
& b\left(x, h_{j} D\right) \Phi_{\varepsilon_{j}, j} \\
& =\left(2 \pi h_{j}\right)^{\frac{1-3 n}{2}} \int e^{i\left(\langle x-y, \xi\rangle+\left\langle y, \frac{\theta}{|\theta|}\right\rangle\right) / h_{j}} b(x, \xi) \psi(|y|) g_{\varepsilon_{j}} \\
& \\
& \quad\left(\frac{\theta}{|\theta|}\right) \chi_{R}(|\theta|) \mathrm{d} \theta \mathrm{~d} y \mathrm{~d} \xi+O_{L^{2}}\left(h_{j}^{\infty}\right) .
\end{aligned}
$$

Performing stationary phase in the $(y, \xi)$ variables gives

$$
\begin{aligned}
& b\left(x, h_{j} D\right) \Phi_{\varepsilon_{j}, j} \\
& =\left(2 \pi h_{j}\right)^{\frac{1-n}{2}} \int e^{i\left\langle x, \frac{\theta}{|\theta\rangle}\right\rangle / h_{j}}\left[b\left(x, \frac{\theta}{|\theta|}\right)+h_{j} e(x, \theta)\right] g_{\varepsilon_{j}} \\
& \\
& \quad\left(\frac{\theta}{|\theta|}\right) \chi_{R}(|\theta|) \mathrm{d} \theta+O_{L^{2}}\left(h_{j}^{\infty}\right)
\end{aligned}
$$

where $e \in C^{\infty}\left(\mathbb{R}^{2 n}\right)$ has supp $r \subset \operatorname{supp} b$ and is independent of $\varepsilon$.

$$
\begin{aligned}
& \left\langle b\left(x, h_{j} D\right) \Phi_{\varepsilon_{j}, j}, \Phi_{\varepsilon_{j}, j}\right\rangle \\
& \quad=\left(2 \pi h_{j}\right)^{1-n} \int_{A_{\delta}} \int e^{i \frac{|x|}{h_{j}}\left\langle\frac{x}{|x|}, \frac{\theta}{|\theta|}-\frac{\omega}{|\omega\rangle}\right\rangle} g_{\varepsilon_{j}}\left(\frac{\theta}{|\theta|}\right) \\
& \quad\left[b\left(x, \frac{\theta}{|\theta|}\right)+h_{j} e(x, \theta)\right] \overline{g_{\varepsilon_{j}}\left(\frac{\omega}{|\omega|}\right)} \chi_{R}(|\theta|) \chi_{R}(|\omega|) \mathrm{d} \theta \mathrm{~d} \omega \mathrm{~d} x \\
& +O\left(h_{j}^{\infty}\right)
\end{aligned}
$$

We write the integral in polar coordinates $x=r \phi, \theta=\alpha \Theta$, and $\omega=$ $\beta \Omega$. Since $|r|>\delta$ on $A_{\delta}$, we may perform stationary phase in $\Omega$ and $\Theta$. Using (7.2) with $N>n+2$ together with the remainder estimate [25, Theorem 3.16] to control the error uniformly as $j \rightarrow \infty$, gives

$$
\begin{aligned}
& \int_{S^{n-1}} \int_{\mathbb{R}_{+}^{3}}\left[\left|g_{\varepsilon_{j}}(\phi)\right|^{2} b(r \phi, \phi)+\left|g_{\varepsilon_{j}}(-\phi)\right|^{2} b(r \phi,-\phi)\right. \\
& \left.\quad+c_{1} e^{2 i r / h} g_{\varepsilon_{j}}(\phi) \overline{g_{\varepsilon_{j}}(-\phi}\right) b(r \phi, \phi) \\
& \left.\left.+c_{2} e^{-2 i r / h} g_{\varepsilon_{j}}(-\phi) \overline{g_{\varepsilon_{j}}(\phi}\right) b(r \phi,-\phi)\right] \alpha^{n-1} \beta^{n-1} \\
& \quad \chi_{R}(\alpha) \chi_{R}(\beta) \psi(r) \mathrm{d} \alpha \mathrm{~d} \beta \mathrm{~d} r \mathrm{~d} S_{\phi}+o(1)
\end{aligned}
$$

Integration by parts in $r$ then shows that the second two terms are lower order and yields

$$
\begin{aligned}
& \int_{S^{n-1}} \int_{\mathbb{R}_{+}^{3}}\left[\left|g_{\varepsilon_{j}}(\phi)\right|^{2} b(r \phi, \phi)+\left|g_{\varepsilon_{j}}(-\phi)\right|^{2} b(r \phi,-\phi)\right] \\
& \alpha^{n-1} \beta^{n-1} \chi_{R}(\alpha) \chi_{R}(\beta) \mathrm{d} \alpha \mathrm{~d} \beta \mathrm{~d} r \mathrm{~d} S_{\phi}+o(1)
\end{aligned}
$$

Sending $j \rightarrow \infty$ gives

$$
\begin{aligned}
&\left(\int_{0}^{\infty} \chi_{R}(\alpha) \alpha^{n-1} \mathrm{~d} \alpha\right)^{2} \int_{\mathbb{R}} \int_{S^{n-1}} b(r \phi, \phi)\left(\mathrm{d} \widetilde{\rho}_{z_{0}}(\phi)+\left|g_{1}\right|^{2} \mathrm{~d} S_{\phi}\right) \mathrm{d} r \\
&=\int_{\Lambda_{z_{0}}} b(x, \xi)\left(\mathrm{d} \rho_{z_{0}}+f \mathrm{~d} \operatorname{Vol}_{\Lambda_{z_{0}}}\right)
\end{aligned}
$$

where we use (7.1).
Using that the defect measure of $\Phi_{\varepsilon_{j}, j}$ is invariant under $G_{t}$ then shows that $\Phi_{\varepsilon_{j}, j}$ has defect measure

$$
\mu=\mathrm{d} \rho_{z_{0}}+f \mathrm{~d} \operatorname{vol}_{\Lambda_{z_{0}}} .
$$

This implies that for $\chi \in C_{c}^{\infty}\left(T^{*} M\right)$ with $\chi \equiv 1$ on $|\xi|_{g} \leqslant 2$,

$$
\left\langle\chi\left(x, h_{j} D\right) \Phi_{\varepsilon_{j}, j}, \Phi_{\varepsilon_{j}, j}\right\rangle_{L^{2}(M)} \rightarrow 1
$$

Now, since $\left(-h_{j}^{2} \Delta_{g}-1\right) \Phi_{\varepsilon_{j}, j}=o_{L^{2}}\left(h_{j}\right)$, an elliptic parametrix construction as in (5.2) implies $\left(I-\chi\left(x, h_{j} D\right)\right) \Phi_{\varepsilon_{j}, j}=o_{L^{2}(M)}\left(h_{j}\right)$ and hence $\left\|\Phi_{\varepsilon_{j}, j}\right\|_{L^{2}} \rightarrow 1$.

Next observe that

$$
\begin{aligned}
\Phi_{\varepsilon_{j}, j}\left(z_{0}\right)=\left(2 \pi h_{j}\right)^{\frac{1-n}{2}} \int_{\mathbb{R}^{n}} & g_{\varepsilon_{j}}\left(\frac{\theta}{|\theta|}\right) \chi_{R}(|\theta|) \mathrm{d} \theta \\
& =\left(2 \pi h_{j}\right)^{\frac{1-n}{2}} \int_{S^{n-1}}\left(g_{1, \varepsilon_{j}}(\phi)+g_{2, \varepsilon_{j}}(\phi)\right) \mathrm{d} S_{\phi}
\end{aligned}
$$

Since $\widetilde{\rho}_{z_{0}} \perp \mathrm{~d} \operatorname{vol}_{\Sigma_{z_{0}}}$ and $\left|g_{2, \varepsilon_{j}}\right|^{2} \mathrm{~d} S_{\phi} \rightarrow \widetilde{\rho}_{z_{0}}$ as a measure, for any $\delta>0$, there exists $A \subset S^{n-1}$ so that

$$
\int_{A^{c}}\left|g_{2, \varepsilon_{j}}\right|^{2} \mathrm{~d} S_{\phi} \rightarrow 0, \quad \int_{A} \mathrm{~d} S_{\phi}<\delta
$$

Therefore,
$\left|\int_{S^{n-1}} g_{2, \varepsilon_{j}}(\phi) \mathrm{d} S_{\phi}\right| \leqslant C\left(\int_{A^{c}}\left|g_{2, \varepsilon_{j}}\right|^{2} \mathrm{~d} S_{\phi}\right)^{1 / 2}+\left(\int_{S^{n-1}}\left|g_{2, \varepsilon_{j}}\right|^{2} \mathrm{~d} S_{\phi}\right)^{1 / 2} \delta^{1 / 2}$ so, for all $\delta>0$,

$$
\limsup _{j \rightarrow \infty}\left|\int_{S^{n-1}} g_{2, \varepsilon_{j}}(\phi) \mathrm{d} S_{\phi}\right| \leqslant C \delta^{1 / 2}
$$

In particular,

$$
\lim _{j \rightarrow \infty} \int_{S^{n-1}} g_{2, \varepsilon_{j}}(\phi) \mathrm{d} S_{\phi}=0
$$

Finally, using that $g_{1, \varepsilon_{j}} \rightarrow g_{1}$ in $L^{2}$ and hence also in $L^{1}$

$$
\lim _{j \rightarrow \infty} u_{j}\left(z_{0}\right) h_{j}^{\frac{n-1}{2}}=(2 \pi)^{\frac{1-n}{2}} \int_{S^{n-1}} g_{1}(\phi) \mathrm{d} S_{\phi}
$$

Letting $u_{j}=\Phi_{\varepsilon_{j}, j} /\left\|\Phi_{\varepsilon_{j}, j}\right\|_{L^{2}}$ then proves the lemma.

## Appendix A. Semiclassical notation

We next review the notation used for semiclassical operators and symbols and some of the basic properties. Recall that for a compact manifold $M$ of dimension $n$, we write
$S^{m}\left(T^{*} M\right):=\left\{a(\cdot ; h) \in C^{\infty}\left(T^{*} M\right):\left|\partial_{x}^{\alpha} \partial_{\xi}^{\beta} a(x, \xi ; h)\right| \leqslant C_{\alpha \beta}(1+|\xi|)^{m-|\beta|}\right\}$ and $S^{\infty}\left(T^{*} M\right)=\bigcup_{m} S^{m}$. We write $\Psi^{m}(M)$ for the semiclassical pseudodifferential operators of order $m$ on $M, \Psi^{\infty}(M)=\bigcup_{m} \Psi^{m}(M)$ and

$$
O p_{h}: S^{m}\left(T^{*} M\right) \rightarrow \Psi^{m}(M)
$$

for a quantization procedure with $O p_{h}(1)=\mathrm{id}+O_{\mathcal{D}^{\prime} \rightarrow C^{\infty}}\left(h^{\infty}\right)$ and for $u$ supported in a coordinate patch, $\varphi \in C_{c}^{\infty}(M)$ with $\varphi \equiv 1$ on supp $u$ we have
$O p_{h}(a) u(x)=\frac{1}{(2 \pi h)^{n}} \iint e^{\frac{i}{h}\langle x-y, \xi\rangle} \varphi(x) a(x, \xi) u(y) \mathrm{d} \xi \mathrm{d} y+O_{\mathcal{D}^{\prime} \rightarrow C^{\infty}}\left(h^{\infty}\right) u$.
We will often write $a(x, h D)$ for $O p_{h}(a)$.
There exists a principal symbol map

$$
\sigma: \Psi^{m}(M) \rightarrow S^{m}\left(T^{*} M\right) / h S^{m-1}\left(T^{*} M\right)
$$

so that

$$
\begin{gathered}
O p_{h} \circ \sigma(A)=A+O_{\Psi^{m-1}}(h), \quad A \in \Psi^{m} \\
\sigma \circ O p_{h}=\pi: S^{m} \rightarrow S^{m} / h S^{m-1}
\end{gathered}
$$

where $\pi$ is the natural projection map. Moreover, for $A \in \Psi^{m_{1}}, B \in \Psi^{m_{2}}$,

- $\sigma(A B)=\sigma(A) \sigma(B) \in S^{m_{1}+m_{2}} / h S^{m_{1}+m_{2}-1}$,
- $\sigma([A, B])=\frac{h}{i}\{\sigma(A), \sigma(B)\} \in h S^{m_{1}+m_{2}-1} / h^{2} S^{m_{1}+m_{2}-2}$,
where $\{\cdot, \cdot\}$ denotes the poisson bracket. For more details on the semiclassical calculus see e.g. [25, Chapters 4,14] [8, Appendix E].


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